

# Star Presidian

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## Baby safe after fall from third floor window



SFC Lisa Nelson: "I happened to be at the right place at the right time."

by Liz Greeley and Kay Couch-Lopez

SFC Lisa G. Nelson, a licensed practical nurse assigned to the 13th Evacuation Hospital, may have saved the life of an 18-month-old child who fell from a three-story window on Dec. 30.

The accident happened at bldg. 1204. Nelson was in the parking lot when she saw it. "I was carrying luggage when it happened. At first I didn't realize what fell. Then he moved."

"I said, 'Oh, my God it's a child!' and ran over there. When I reached him his forehead and head were covered with blood. I was concerned when I first saw him because he wasn't crying. He was breathing—but he was cyanotic (oxygen level low, causing him to turn blue). He started crying within about 30 seconds after I reached him and I felt better," she said.

"His dad gave me his T-shirt, I wiped him off and then held ice on the wounds. The baby suffered deep lacerations on his forehead. Cervical traction was initiated and maintained until the baby was in the emergency room.

"Cervical traction is like CPR—once you start it you can't stop," she said.

Nelson didn't allow her emotions to interfere with the situation. But after the emergency ended, her emotions got the best of her.

"Once the hospital took over I had to talk to the Military Police and sign a sworn statement. It wasn't until I got back to bldg. 1203 that what had happened really hit me—what I had really experienced. I was shaking, I had the chills and I started crying," Nelson said.

"I might still be a little bit shaken, (she said Dec. 31). I can still see it happening over and over.

"I have never experienced anything that has had this much impact on me. I've worked in emergency rooms and on ambulance crews, but this has been different.

"I guess if I hadn't actually seen it, I probably wouldn't feel this way.

"I think it's made me realize what a real miracle life is—and the resiliency of children....I don't see how any 18-month-old child could live through that. It just amazes me. I've heard people say children recover rapidly from injuries, but I never realized how true that really is.

"I'm not a parent, but it seems to me that would be one of the most helpless feelings in the world to see your child injured and not be able to help," she said.

Nelson said she didn't want the incident blown out of proportion.

"Basically, I'm a medical person and this is a medical facility. I just don't want this to be made into something more than it was. I happened to be at the right place at the right time," she continued.

Nelson arrived at the Presidio on Dec. 29 for advance coordination of her unit's two weeks of active duty. She is the Active Guard/Reserve (AGR) Operations NCO for the 13th Evacuation Hospital, Wisconsin National Guard from Madison.

Although the baby fell from a three-story window, he was released from the hospital the next day with no other apparent injuries.

## News Briefs

### MUNI stops service, 45 Shuttle cancelled

Beginning tomorrow, MUNI will discontinue evening service (6 p.m. and after) to the post bus station for the 45 Shuttle to Presidio and the 43 to Masonic lines.

Muni routes 29 Sunset and 30x Stockton are not affected by these changes.

For more information concerning Municipal Railway (MUNI) routes serving the Presidio, call 923-6100.

### Litter pick-up

Litter pick-up and on-call collection requirements that were previously accomplished by post police and Directorate of Engineering and Housing (DEH) personnel (packing boxes, grass clippings, old furniture etc.) are now being done by civilian contract.

Requests for all litter pick-up and on-call collection requirements should be directed to C. G. Manning, at the Contract Services and Utility Sales Branch of the DEH, at 561-3769, 561-6021 or 561-6000.

please see page 3

## Post holds McAllister memorial

A Memorial Service was held at the Main Post Chapel Tuesday at noon for Lt. Col. William F. McAllister.

Interment with full military honors was Monday at Williamette National Cemetery, Portland, Ore., after services at Immanuel Lutheran Church, Silverton, Ore.

Additionally, the Novato community will hold a memorial service at the Good Shepherd Lutheran Church, 1180 Lynwood Dr. (between South Novato Boulevard and Midway Boulevard) at 2 p.m. Sunday.

McAllister, 45, was the Deputy Director of Reserve Component Support. Born Dec. 10, 1941 in Portland, he was living in Silverton, when he came on active duty for an Active Guard/Reserve (AGR) tour in 1983.

He is a graduate of the University of Puget Sound, Wash., with a Master's Degree in Business Administration.

He is survived by his wife, Sharon; one son, Sean and one daughter, Lori.

McAllister died as a result of a stab wound received at the Mall Area of the Post Exchange on Dec. 31. A suspect apprehended shortly after the



stabbing is being held at the U.S. Army Confinement Facility at Fort Ord.

The incident is under investigation by the U.S. Criminal Investigation Command.



# Opinions

## TAKE A BITE OUT OF CRIME

### Sharing the road

by David Polomski

The key to traffic safety for both motorists and motorcyclists is the ability to recognize each other on the road, and to respect each other. Drivers in automobiles tend to look out for other cars and don't look for motorcycles. Thus, automobile drivers see what they expect to see. The key to traffic safety for both the automobile driver and motorcyclists is to recognize each other and share the roadway.

One way for motorists to do this is to learn to look for motorcycles and yield to their right of way. Motorcyclists must make themselves visible by wearing brightly colored clothing and reflective vests.

The motorist must look for motorcycles and expect to see them. As a motorcyclist, realize that you are relatively inconspicuous in traffic. Make yourself more visible with bright-colored clothing, a reflective vest and keep your headlight on at all times. Use hand signals to augment the electric turn signal.

Requirements while operating a motorcycle on all military facilities for all military and civilian

personnel (including employees and family members) are: (a) Wear an approved helmet, long legged pants and shirt or jacket, leather boots or shoes, and a high visibility garment such as a reflective vest; (b) Turn on the headlights; (c) Have a rearview mirror mounted on each side of the handlebars; (d) Don't use headphones and earphones while riding. It is prohibited. It is highly recommended that Presidians also use these safety measures while operating a motorcycle on civilian roadways.

The Presidio Provost Marshal's Office recommends you follow safety tips for you and your family not only during the holidays, but all year long. Keep yourself and your family safe and help to make our post safe and accident-free. The people of the Presidio are our most precious asset. Let's do our part for safety.

### Some statistics to think about

- Mile for mile, a motorcycle rider is between 10 and 15 times more likely to die in a crash than is an automobile passenger.
- Since 1976, almost 45,000 Americans have been killed in motorcycle crashes.
- Motorcycle riders not wearing helmets are three times more likely to suffer a fatal head injury than riders wearing helmets.
- Only 19 states require all motorcyclists to wear helmets, compared with 47 states a decade ago.
- The U.S. Department of Transportation estimates that if every motorcyclist wore a helmet, between 1,000 and 1,500 lives would be saved each year.

- A helmet use law took effect in Maryland in 1968. Over the next decade, fatalities from motorcycle crashes averaged 40 per year. In 1979 the law was weakened to cover only those younger than 18 years of age. In 1980, the number of motorcyclists killed in accidents jumped to 98.

- Louisiana is the only state to reinstate a helmet use law after repealing it in the '70s. In 1982, the first year after the law was reinstated, fatalities in motorcycle accidents in Louisiana decreased 30 percent, even though motorcycle registrations increased six percent.

- A large portion of the cost of motorcycle accidents is borne by taxpayers. A study done at the University of California at Davis showed that hospital costs per injured motorcyclist averaged \$17,704, with 72 percent of that cost being paid by the state.

### Crime report

- There were two reports of damage to government property.
- There were two reports of damage to private property.
- There were four abandoned vehicle reports.
- There was one lost property report.
- There were two vehicle-to-vehicle traffic accidents.
- One person was apprehended for driving under the influence.
- There was one housebreaking report.
- There were two larceny reports.
- Four people were apprehended for shoplifting.

## Ramblin' Sam

"What question would you like to ask the post commander?"



SP4 Charles Wells, financial records specialist, Finance Office: "I'd ask him how does he intend to raise the post's military bearing? There seems to be too much emphasis on civilians around here."



Pvt. 2 Eric Elliott, German language student, Company G, Defense Language Institute (DLI): "Why is the Finance office so screwed up? They still haven't corrected my pay."



Karen Bratcher, clerk typist, Training-Audiovisual Support Center: "I don't care what people think of my question, but all I would ask is 'Why?'"



Sgt. Rodney Joyner, S-4 NCOIC, 353 Psychological Operations Unit: "Why don't we have an NCO Club? We have an officers' club."

## Hansen: Handicapped resent being patronized

By Debbie Robinson

"Partners through Understanding" was the theme for the Handicapped Awareness Seminar sponsored by the Presidio Civilian Personnel Office (CPO).

Ann Williams, handicapped coordinator, set the tone for the seminar.

The session began with remarks by Deputy

Post Commander Col. D. Peter Gleichenhaus who said, "We're not doing them [handicapped] a favor by taking them into the workforce so much as we're doing ourselves a favor."

Other speakers followed the same lines saying employers and managers should be willing to overlook their employees' limitations, as everyone

has some kind of skill or expertise to offer at the workplace.

Lt. Col. Diana Lelonek, spoke of her success with the California State Department of Rehabilitation's volunteer/hire program, which she used to hire 12 people.

please see page 3

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# Quarters of excellence harvest awards

story and photo by Debbie Robinson

Many soldiers probably feel that in an inspection, the inspector is only looking to find what is wrong and not what is right about their uniform or barracks room.

They probably don't realize the inspector is there not only to be sure standards are upheld, but also to recognize those soldiers who make an extra effort to present themselves at their best.

Soldiers living in quarters are not exempt from inspections. Their lawns or living areas are inspected—the same as their uniforms or a barracks room. And when a quarters resident and his or her family make an extra effort to maintain their area, the Presidio rewards them.

Presidio's "Quarters of Excellence" program gives those soldiers and their families the recognition they deserve.

The purpose of the "Quarters of Excellence" program is to recognize the most attractive quarters within the Presidio housing complex, on a bi-monthly basis. (This includes Forts Barry, Baker and Mason.)

Recognition comes in the form of a letter of appreciation from the post

commander and a plaque, which is placed on the front lawn for 30 days.

Post CSM John P. Carvalho, who is in charge of the program, conducts weekly inspections on post. He said he covers as much of the housing areas as possible each week, sometimes covering on foot the places which are harder to see from the road.

"People have to keep their yards up consistently because if they look good only one or two weeks out of the two-month period, they won't win.

"We've given out as many as 15 awards at a time, but that doesn't mean we always will. They have to meet the standards. The standards are set high, and if no one meets them, we don't give awards," Carvalho explained.

According to Carvalho, it's important to remember to clean up all debris and trash. This includes branches and leaves that fall from trees. Also, remember the whole effect of the yard should be pleasing to the eye.

"We're happy to be able to give the families recognition, but we also want the Presidio to be attractive and a nice place to live," he added.



Lone Andreen, 400 area resident, keeps her quarters and yard in top condition.

## Handicapped from page 2

Lelonek took these people who, for many reasons, would have trouble getting hired in the civilian job market on through the volunteer/hire program. They volunteered to work for job experience. Once there was an opening, if they met the job criteria, they could be hired as a regular employee.

Lelonek emphasized that though these people may not be as competitive in the job market, or quite as marketable to a prospective employer, they have done excellent work for her. She stressed that none of the job descriptions were altered to accommodate the employees and they are all doing fine jobs.

As part of the seminar LAMC Commander Brig. Gen Frederick N. Bussey, gave Lelonek the award for Patriotic Civilian Service.

Peter Dolezal presented an Outstanding Service Award to Marilyn Ridgeway, State Rehabilitation counselor.

Perhaps the most eloquent remarks though, were made by Judy Hansen, a clerk-typist at the Directorate of Engineering and Housing (DEH).

Hansen described herself as having had everything going for her until she had an accident in which she sustained severe head injuries and almost died.

She has since recovered, but has a speech impediment.

She said, "We, the 'handicapped,' resent being patronized by those who have never experienced limitations except of their own choosing. Patronization is an affront to human dignity....

"The resentment that is felt by people with physical limitations of one kind or another wells up like bile, into a tremendous frustration. The resulting depression and self-doubt manifest themselves in many ways. (Please remember that self-doubt on the part of a supervisor, promotes self-doubt in the worker.) Unchecked or reinforced self-doubt results in the immobility of depression. This is doubly difficult to work with.

"I, for one, will not have my life curtailed by someone else's limited perceptions. The solution for the productive utilization of the 'handicapped' lies in the presentation of possibilities, not dwelling on impossibilities. Positive versus negative."

The Presidio CPO has had great success promoting the hiring of handicapped workers, though as Ann Williams said, help is needed from managers and supervisors to maintain and improve on this level of success.

In January 1985, Mayor Dianne Feinstein awarded the Presidio the "Handicapped Employer of the Year." In October 1985, the California governor's committee recognized the Presidio as one of California's most progressive employers of the handicapped.

Again in February 1986, the State of California recognized the Presidio for outstanding public service. The post won the Mayor's Award of Merit in March 1986. Then the Presidio was nominated for the Distinguished Service Award in September 1986, and received the California State Outstanding Achievement Award in October 1986.

This long list of achievements represents the progressive nature of the staff at Presidio's CPO and their determination to improve conditions under which handicapped workers are accepted into and maintained in the workforce, as well as the numerous supervisors and managers who gave handicapped workers a chance. And that is what the Handicapped Awareness Seminar was all about.

## News Briefs continued from page 1

### Child care classes begin

Presidio family members will have the chance to earn money at home, provide an important community service, and learn about child development through upcoming training provided by the Presidio's Family Child Care Program.

This program is a part of Child Development Services and it trains, certifies and monitors family child care providers who care for children in their homes. Pre-certification training for the program will be held Tuesday through Jan. 16 from 9 a.m. to 4 p.m. in bldg. 563. All four days of training are required.

The Family Child Care (FCC) Program is based on AR-608-10 and local guidelines. The program sets minimum standards in the areas of health, safety and developmental programming for these home-based providers.

According to Karen Jupe, FCC program director, FCC helps potential providers meet these standards by giving them training in child development, first aid, CPR, emergency procedures, business practices, and a wide range of other resources. classes are taught by CDS staff and other Presidio professionals.

Jupe said, "Health and safety are very important, but providing an enriching child care environment is essential, too. Many children are with their

child care providers for the majority of their waking hours. It is not enough that they are simply watched all day.

"The providers need to be knowledgeable and interested in the positive development of children. Providing challenging and rewarding activities can make a big difference in children's development."

If you are interested in providing child care in your home, call Jupe at 561-4712.

The dates for pre-certification training are Tuesday through Jan. 16. Certification is mandatory for those who wish to offer child care in their quarters on the Presidio and its sub-posts.

## Tax Season nears

As the holiday season ends, tax season begins. The Internal Revenue Service (IRS) reminds Presidians to file early, but filing before you receive your W-2 may actually slow down your refund.

Although you can file your income tax return without your W-2, by totalling the withholding and income information from your 1986 leave and earning statements, the IRS processes these returns after returns which are submitted with the W-2 form.

If you need assistance in preparing your tax return, the 1987 Presidio Tax Assistance Program will have free tax return preparation services available at each organization, unit and at the Presidio Tax Center, which will be located in bldg. 223.

Starting on Feb. 2, there also will be a "Tax Hotline," 561-2TAX which you can use to call for an appointment at the tax center or if you have a tax question.

## Tax preparers needed

The Client Services Branch, Staff Judge Advocate's Office, needs volunteer tax preparers. Volunteers will prepare federal and state income tax returns.

Volunteers will attend a five-day tax preparation course Jan. 26 to 30. Volunteer's hours will be flexible.

Legal clerical support is also needed to answer the "tax hotline" and distribute state and federal tax forms.

For more information, call Maris Norton, Installation Volunteer Coordinator, at 561-2442.



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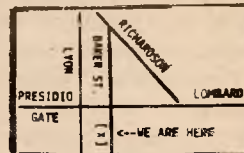


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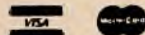
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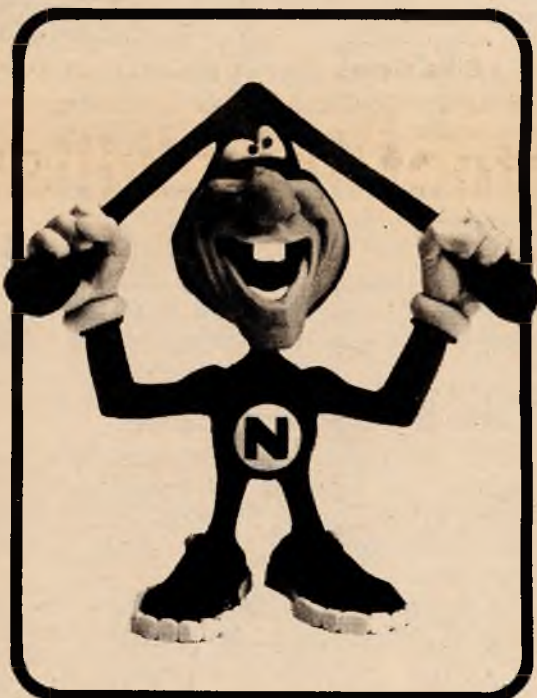
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# Goins sets sights on Soldier of the Year award

story and photo by Pleasant Lindsey

A member of Presidio's medical facilities seized a top award for soldiering in December for the third straight month.

SP4 Ellis Goins, food inspector, Letterman Army Medical Center (LAMC) Veterinary Services, is the December Soldier of the Month. Goins is assigned to the Defense Depot in Tracy, Calif. He inspects food and other goods that are destined for military commissaries in all branches of the military. It is his job to make sure the goods are fresh enough to be shipped to commissaries overseas.

Goins previously won Soldier of the Month in June 1985, and went on to win Soldier of the Year for LAMC and the LAMC region, which covers all of California and Nevada. He's now trying for a repeat performance as Health Services Command (HSC) Soldier of the Year.

After winning the regional award, Goins had to compete with the winners of other medical regions for the HSC award.

"The HSC was a good board. I thought I wouldn't do too well because I was no longer concentrating on the competition," he said.

Goins placed second in spite of himself.

"The HSC board lasted two days. The first day we reported, wearing our BDUs, we displayed our basic soldiering skills."

That first day was similar to a soldier's common tasks testing (CTT). Goins had to successfully complete all tasks. The second day Goins reported to the review board in Class A uniform, where he was judged on his military knowledge.

This time Goins is making a sincere effort to win the HSC Soldier of the Year—but he has to start again from the bottom.

"Once you are eliminated from any of the levels of competition, it all stops right there," he said.

"You have to start all over from the lowest level and work your way back up."

In other words, Goins will be competing for LAMC and LAMC's regional Soldier of the Year—for the second year in a row.

"The competition for the regional board wasn't so bad," he claimed. "Last year's region board was similar to LAMC's board. There were a few hands-on stations where I had to show some aspect of my soldiering skills, but none of it was as intense as the HSC board."

Goins' competitiveness is a credit to himself and to LAMC's veterinary activity. LAMC has veterinary detachments at other military posts and bases in the Southwest United States.

"We have people detached to naval and Air Force bases, as well as Army installations because the Army is the only service that has a veterinary activity," Goins said.

Though he is in veterinary services, Goins explained he was *not* what some people would call an "animal doctor."

When people hear the term 'veterinary services' they usually think of animals. Well, when you're dealing with food you have to know something about animal-related diseases, microbiology and chemistry. All of that is part of veterinary medicine, but I'm a 91T, food inspector. My job is totally different from the 91Rs, the animal care specialists."

Goins is in his second enlistment and has been assigned to Defense Depot Tracy since 1983. He said he considered working as a civilian after his first enlistment, but didn't like the prospects and re-enlisted for three more years.

"I'll be in the Army until 1989. In my spare time I'll be taking classes at the junior college in Stockton [Calif., where he lives,] to build on my Army experience," he said.

Goins said his duty can open the door to a number of government and civilian jobs, but he might make the Army a career.

"As far as promotions is a good job," he said. "Food inspectors can be assigned anywhere around the world; wherever the military has a commissary."

Once again the medical activity on the Presidio has a soldier it can be proud of. Goins is a fitting example of a soldier being all he can be.



SP4 Ellis Goins checks the expiration dates of drinking products.

## New retirement system goes into effect for civilians

by Odessa Livingston,  
Chief of Technical Services Office,  
Civilian Personnel

The new Federal Employees Retirement System (FERS) became effective January 1. All new employees hired after Dec. 31, 1983, are automatically covered by FERS. Federal employees not automatically covered by FERS will have the option to transfer to FERS later this year.

When President Ronald Reagan signed Public Law 99-335, the Federal Employees' Retirement System Act of 1986, he brought to a close a long period of legislative deliberation, in which Congress wrestled with the question of how to coordinate federal government pensions and Social Security coverage.

The Office of Personnel Management (OPM) is currently distributing information materials on FERS to the different Federal agencies. Each full-time permanent employee will be given a copy of FERS regardless of the retirement system they are currently enrolled in.

Employees are not required to make any decision at this time, although the Civilian Personnel Office began the conversion process in December.

Employees with less than five years of Civilian Service who are currently paying 1.3 percent into the Civil Service Retirement System (CSRS) were automatically covered under FERS effective January 1.

If you have worked for Civil Service less than five years, you are not entitled to a choice between CSRS and FERS.

If you had five or more years of creditable Civil Service as of Dec. 31,

1986, for the time being you will continue to be covered under CSRS at the current rate. Beginning July 1, you will have the opportunity to convert to FERS.

If you are currently a CSRS employee and have not made a deposit for post 1956 military service, you may want to consider it at this time. A 1982 change in law distinguishes between pre-Oct. 1, 1982, hires and those employees who first became subject to CSRS on or after that date.

Employees first hired in positions subject to CSRS after Sept. 30, 1982, can receive post-1956 military service credit only if they make a deposit covering their military service. Employees hired in positions subject to CSRS before Oct. 1, 1982, can receive credit for post-1956 military service without making the deposit, but will be subject to elimination of this service credit, if they become eligible (or would become eligible upon proper application) for Social Security old-age benefits at age 62. This group of employees can avoid the age 62 recomputation (or lowered computation of the initial rate, if retiring later) only if they make the deposit.

Those employees automatically converted to FERS having post 1956 military service may make a deposit. Basically, military service creditable under CSRS is creditable under FERS, except that all post-1956 military service must be covered by a deposit to receive credit. Even if an employee covered by FERS was first hired before Oct. 1, 1982, post-1956 military service cannot be credited unless the required deposit is com-

pleted. The amount of the deposit is 3 percent of the military *basic* pay for the period, plus interest. Interest is computed at the same variable rate as applicable to CSRS deposits. Interest begins on Jan. 1, 1989, or two years after first becoming subject to FERS, whichever is later, but, as under CSRS, no interest will actually be charged if the deposit is completed before the end of the year after interest begins.

Under the FERS savings plan, you may contribute up to 10 percent of your paycheck, tax-deferred, into an individual account established by the government. (Employees covered by CSRS may contribute only up to 5 percent). In addition, the agency will match a percent of your elected savings.

All employees covered by FERS on Jan. 1, 1987, are eligible to contribute to the plan, while employees hired after that date must wait six to twelve months.

Even if you choose to contribute nothing, the agency will contribute an amount equivalent to 1 percent of your pay. Then, for the first 3 percent contribution you make, the agency will match your contribution dollar-for-dollar. For the next 2 percent, the agency matches half of your contribution. The agency does not match contributions you make from the final 5 percent of pay.

Because the thrift board chosen to manage the investment of the savings plan funds will not be in place until April 1, the amount that can be contributed by an employee and the amount provided by the agency are increased for the third and fourth quarters of FY86, under the budget

reconciliation bill.

Four options are available for the investment of the money you set aside through the thrift plan. These are:

- Government securities—All money not designated for a particular fund and all money contributed by employees covered by CSRS will be invested in special-issue, government-guaranteed securities offering a competitive rate of return.

- Fixed income investment—Investment is made in Guaranteed Investment Contracts, bank certificates of deposit or other private-sector securities and provides a fixed rate of return for a set period of time.

- Common stock—Money is invested in a variety of common stock that provides long-term growth whose returns fluctuate with the market.

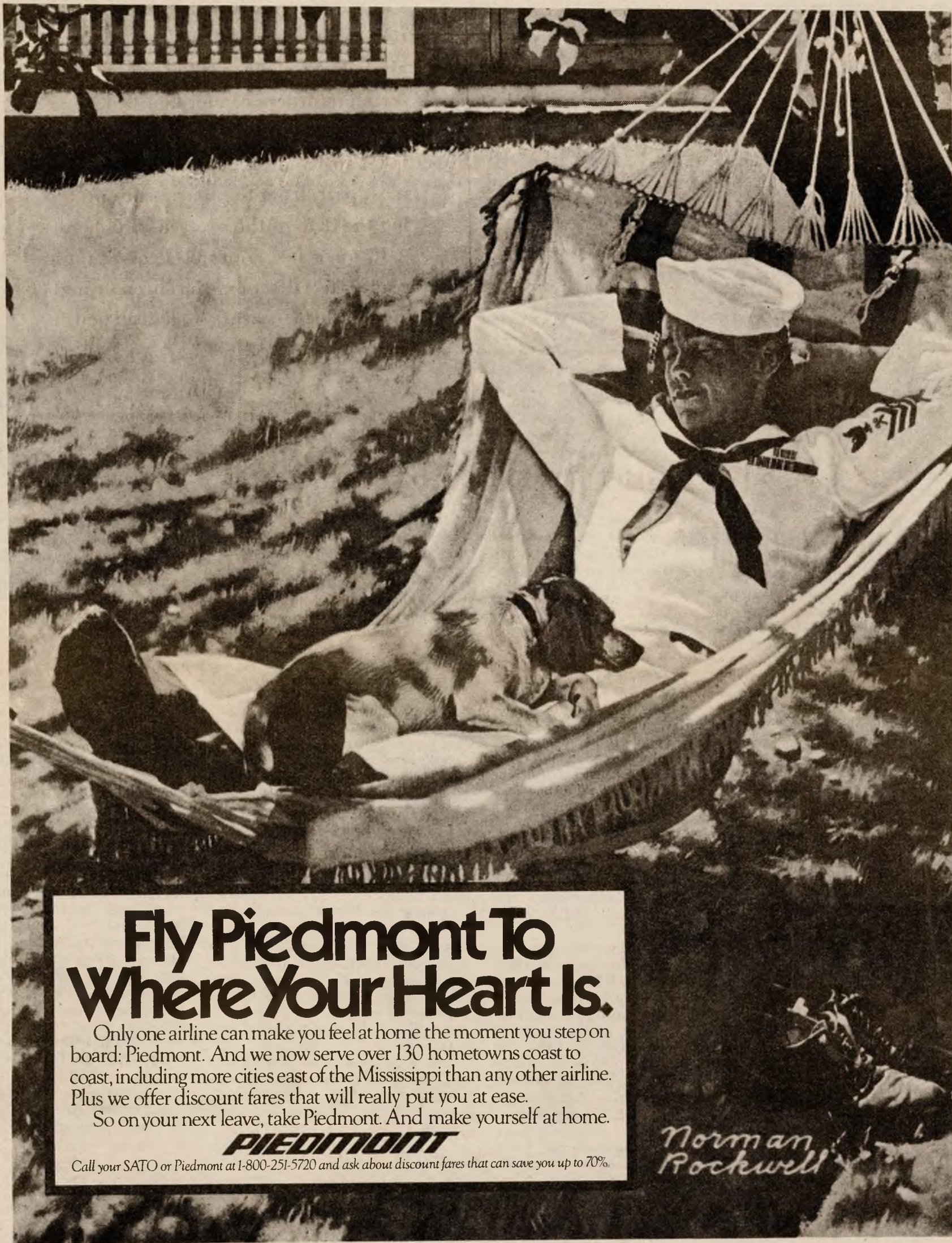
- Private-sector investment—By 1992, all employee contributions may be invested in private stock, if you choose.

You may not withdraw your funds from the savings plan while you are employed in the federal government. However, should you leave federal service after you are eligible for payments from the basic benefit plan, you may withdraw your savings in a lump sum once you begin receiving basic benefit payments.

If you leave the government before you are eligible for basic benefit payments, you may withdraw your savings only if you roll it over into an IRA or similar plan.

CPO will continue to inform employees as more guidance is received from OPM.





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*Norman Rockwell*



# Good body work only takes thirty minutes

story and photos by Pleasant Lindsey

**L**ooking for a way to get in shape? Gym No. 1 has an easy and effective exercise program that allows you to strengthen your body and cardiovascular system in a half-hour or less.

The gym recently received 18 Nautilus exercise machines which are designed to exercise and strengthen all of the body's muscle groups.

"Nautilus is like the Cadillac of weightlifting equipment," said Bobbie H. Gascon, sports director. "The best things about Nautilus are that you can do a complete workout in 30 minutes, three times a week and that will be enough exercise to keep your body in good physical condition."

The gym provides a course that teaches the proper use of Nautilus equipment. No one is allowed to use the equipment unless they take the course. The instructor, Serge Brown, said the course is important because many people don't know how to use the proper form when they work with weights.

"Most people aren't trained properly," Brown said. "They do their exercises too quickly and allow their muscles to relax, or they do them too slowly and strain themselves. When working with weights, proper form is everything."

Brown said Nautilus allows a person to exercise one muscle at a time without making other muscles share the load.

"You don't need a lot of weight with Nautilus. The body's limbs move in a rotary fashion, and Nautilus is designed in a rotary fashion to complement the body. You can work each muscle separately and keep tension on the muscle throughout the whole exercise."

Brown said many people hurt themselves using free weights because they don't know enough about body structure. Nautilus' design allows the user to get the maximum amount of muscle exercise with less strain.

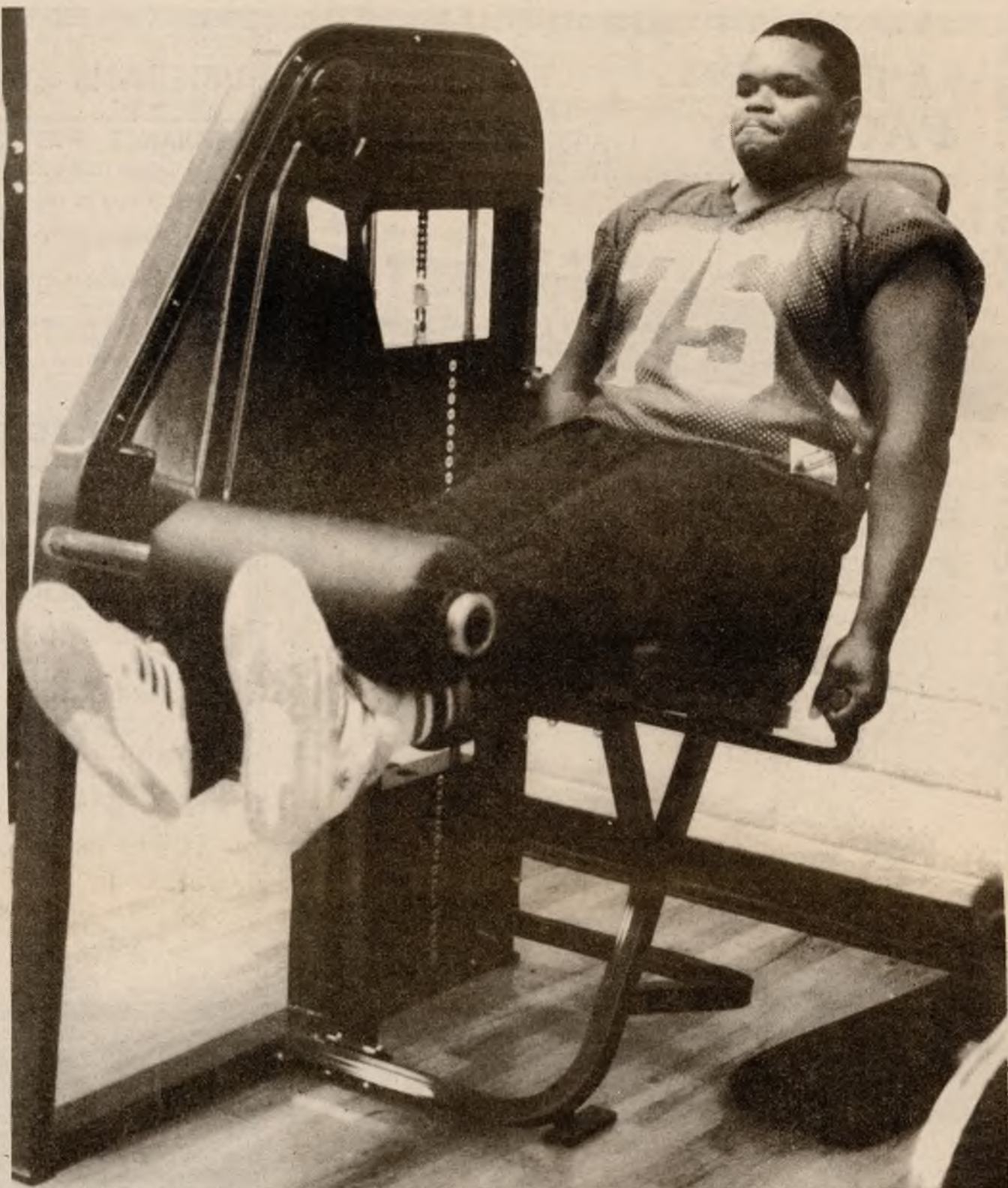
"Nautilus offers a full range of motion and complete resistance for the muscles," Brown said. "The user builds strength and flexibility."

Brown said there is over \$50,000 worth of Nautilus machinery in the gym, including three machines for back exercises, two for the chest, four for leg exercises and four more for the shoulders.

Still, a person can exercise with all the weights in the world without improving anything. As it turns out, weight training is only a part of physical fitness.

"A Nautilus workout is only one-third of the fitness program," Brown said. "You also have to eat properly and get plenty of rest. If you don't maintain a balanced diet your body won't have the nourishment to produce healthy muscles. If you don't get enough sleep, you strain your body unnecessarily."

If true physical fitness is your goal, Gym No. 1 has the equipment for you. Eat right, get plenty of rest and work out with Nautilus three times weekly. The body you save will be your own.



15-year-old Alex Cottman strengthens his legs to prepare for the next football season.



Nautilus instructor Serge Brown explains the correct way to perform leg-press exercises.



Ron Whitney, FBI: "Nautilus allows you to build strength and flexibility."



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# Community Calendar

## College courses

San Francisco State University courses will begin on post Jan. 26. Meeting until May 21 are: **First Year Composition**, Thursday, 6 to 8:45 p.m. and **Second Year Composition**, Tuesday, 6 to 8:45 p.m.; and **General Microbiology and Public Health**, Wednesday, 5 to 7:45 p.m. Meeting for eight weeks are: **U.S. History Since 1865**, Monday and Wednesday, 6 to 8:45 p.m., and **Psychological Statistics**, Tuesday and Thursday, 5 to 7:45 p.m.

Courses are recommended for any college degree.

For more information, call the Fort Scott Education Center, at 561-2974 or 561-4445.

## Film honors King

In memory of Dr. Martin Luther King Jr.'s birthday, the film, **From Montgomery to Memphis** will be shown every hour, 11 a.m. to 1 p.m., Thursday, at the Religious Activities Center.

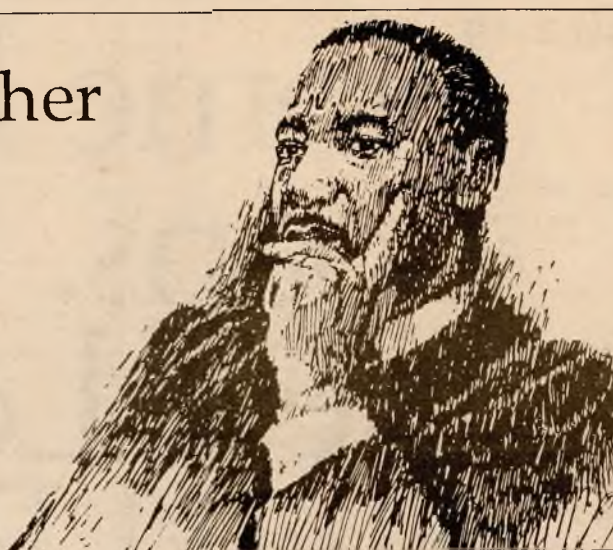
## Rec Center closure

The Recreation Center and Information, Ticket and Office will be closed Jan. 17 in observance of Martin Luther King's Birthday.

## Book Buddies

Read to a child! Book Buddies volunteers of the San Francisco Public Library help hospitalized children cope with fear and loneliness by transporting them into the exciting imaginary worlds found in good children's books. For more in-

## Martin Luther King Jr's Birthday January 15th



formation about Book Buddies, call 431-7479.

## Overseas orientation

An overseas orientation will be held Thursday for soldiers scheduled for a permanent change of station (PCS) to an overseas location.

The orientation will begin at 8 a.m. in the Audiovisual Theater, bldg. 603.

Representatives from Finance, Personnel Service Center, Transportation (Personal Property, Household Goods and Travel), Housing, LAMC and Dental Clinic will be available to assist soldiers in preparing to PCS.

Spouses are encouraged to attend. For more information, call 1st Lt. Michelle A. Koster at 561-2741.

## YA classes

Youth Activities offers karate on Mondays and Wednesdays from 5:30

to 6:30 p.m. The price is \$20 for eight lessons. Pre-ballet is on Wednesdays at 3:30 and 4:30 p.m., and the cost is \$18 per month. Ballet classes are on Monday, Tuesday, Thursday and Friday at 4 or 5 p.m. Cost depends on the number of times you go per week. For more information call Youth Activities at 561-5143 or 561-5910.

## ACS needs help

Army Community Services is looking for a Volunteer Supervisor. This responsible job includes overseeing several volunteer programs. It is a good way to gain or improve supervisory skills, to meet people and to stay in touch with the community. The volunteer supervisor will attend ACS staff meetings and provide liaison between volunteers and ACS staff. The position requires 2-3 mornings or afternoons.

For more information, call the In-

stallation Volunteer Coordinator, Maris Norton, at 561-2442.

## Word processing

Learn word processing from Jan. 13 to March 20. Students must be able to type at least 20 net words per minute. To register, call the Education Center at 561-2974 or 561-4445.

## Weight Watchers

If one of your New Year's resolutions is to lose weight, maybe the Weight Watcher's Cooking Demonstration with Chef Joan Alimonte can increase your odds for success! The demonstration will be Wednesday from 7 to 8:30 p.m. at the Golden Gate Community Club Ballroom bldg. 135.

## Harlem Globetrotters

The Harlem Globetrotters will perform at the Oakland Coliseum on Jan. 17th. ITT has discount tickets for \$9.

ITT is located in bldg. 135 (Golden Gate Community Club) in the left alcove off the main lobby. Operating hours are: Tuesday through Saturday, 9:30 a.m. to 6 p.m. For more information call 561-3992.

## East-West game

Free tickets are available to the East-West Shrine Game, scheduled for tomorrow, for all military personnel and their families. The game will be at Stanford University Stadium. For transportation to the game, be at the Main Parade Ground parking lot at 9 a.m. Pre-game festivities begin at 10:30 a.m. Kick-off is at noon. Call the ITT Office at 561-3992.

# ...the write stuff...

by Ted Weller

The new year is upon us and it should prove a constructive one for the Presidio...if we keep our eyes and ears open...!

But first we must set our resolutions in front of us:

- Resolved, we won't park in front of the PSC on Graham Street if we work in building 34, 37, 86 or 87. Some customers drive hundreds of miles to use our facilities.
- Resolved, to honor our fallen comrades by rendering the proper honors during reveille and retreat.
- Resolved, to earn at least six semester hours of college credit toward a degree.
- Resolved, to overcome all fears of automated equipment and unlock the secrets of LOTUS 1-2-3, dBASE II, PCFile....
- Resolved, to discover the secrets and motivations of PIE....or was that PRIDE....

The new year brings the start of a new semester at the Army Education Centers at Fort Winfield Scott and LAMC. Some classes begin next week with others to follow. Take some time and see your education advisor about how you fit into the ivy-covered halls.

For all the sharpshooters: The **Installation Marksmanship Competition** will be shot February 10 to 24. This annual return to the basic purpose of an Army will take place in the Indoor Range on Fort Winfield Scott with a choice of weapons: M-16A1 or M1911/A1. All active duty soldiers assigned or attached as permanent party to the Presidio can try their hand....eye....in this endeavor by contacting their unit training NCO or Capt. Martin and SSgt. Hurlburt at 561-6182. "X's" for all!!!

The San Francisco Sports and Boat Show

begins today at 1 p.m. in the Cow Palace. Features include the latest in sailboats, powerboats, fishing boats, houseboats and marine accessories, fishing and hunting exhibits, campers, trucks and RVs. The show will continue through the 18th with doors opening at 1 p.m. weekdays and at 11 a.m. on weekends. For more information call 563-5100.

The National Audubon Society is sponsoring a **kayak paddle** on Jan. 31 to search for wintering birds and other wildlife. All equipment and instruction is provided. Sign-up deadline is Jan. 16. For more information, call the Richardson Bay Audubon Center at 338-2524.

For the "Black and Blue:" the **Berkeley Lacrosse Club**, member of the Northern California Lacrosse League, is inviting both experienced and beginning players to practice at Kleeburger Field, UC Berkeley, on Thursdays. League play begins in two weeks. If interested, call 524-9886 or 522-8598.

**Winter Hikes:** The California Department of Parks and Recreation sponsors a winter hiking program. The hikes are led by park personnel trained in natural and human history, and are designed to appeal to both experienced hikers and family groups. Snowshoes, cross-country skis and winter clothing are required. For trip details and directions, call 525-7232.

**Packaged Ski Trips:** There still is room for skiers on the Jan. 30 weekend ski trip No. 3 sponsored by Outdoor Recreation. These trips are a steal at \$60 to \$70 per person and include round-trip transportation, two nights' lodging and ski equipment rental. Final date to sign up for this trip is Jan. 15. Call 561-4356 or 561-4324 for all the details.

This Week in Presidio's History: Jan. 9, 1769—the frigate, *San Carlos* sails from San Blas,

Mexico for California with Lieutenant Pedro Fages and 25 members of the 1st Battalion, 2nd Regiment, Catalan Volunteers aboard. The Catalan Volunteers, an infantry regiment, was the first military unit to see service in Alta California. On two occasions the regiment provided the garrison for the Presidio of San Francisco.

This expedition by sea, along with a land expedition led by Captain Gaspar de Portola, represented attempts of Spain to protect its claim to Alta California from encroachment by the empires of Russia and Great Britain.

Jan. 14, 1861—Brevet Brig. Gen. Albert Sidney Johnston arrives in San Francisco to assume command of the Department of the Pacific and immediately orders Company I, 3rd Artillery, to occupy Fort Point and withdraws Companies A and B from Fort Vancouver. Johnston also ordered 10,000 rifled muskets and 150,000 cartridges sent from the Benicia Arsenal to Alcatraz for security. Captain Gilmer, engineering officer, Fort Point, is directed to ignore an earlier War Department order halting construction and at once make the fort ready for troops.

Jan. 9, 1866—Major Harvey A. Allen, 2nd Artillery, assumes command of the Presidio. Jan. 9, 1900—Major Calvin D. Cowles, 17th Infantry, assumes command.

Jan. 12, 1973—Operation Steadfast begins resulting in major changes to the Army command structure in the continental United States with the Presidio becoming a FORSCOM installation and the Sixth Army becoming a continental U.S. Army.

Final resolution for this year, just for "the person with the green eye shade:" Resolved, to meet deadline 99 percent of the time...well, after this gets in...100 percent of the time.



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# Sports

## Unpretentious teen cops Bay Area honors

story and photo  
by Debbie Robinson

A Presidio youth has done himself and his family proud by excelling in high school football. Eighteen-year-old senior, Robert A. Greenspane, was recently named League Lineman of the Year, All-City Offense and Defense and All-Bay Area Second Team Offense.

This unpretentious teenager represented George Washington Senior High School for the last two years in varsity football as well as baseball.

He is the son of Lt. Col. Ronald and LuAnn Greenspane. Greenspane is assistant Deputy Chief of Staff, Resource Management, Sixth U.S. Army.

The young Greenspane, at 6 feet 2 inches and 205 pounds, presents a formidable force for his team's opposition.

Greenspane said he is looking forward to playing football in college, but as yet, has not decided on a school. He maintained a "B" average in high school and said his interests lie mostly in math and science.

According to Greenspane, life in an Army family has presented a lot of challenges which many youngsters would never have.

For instance, traveling seems to make children learn to adjust more quickly to new environments and playing sports can be a way of easing that adjustment, his father said.

"I started playing football in Naples, Italy at nine. There was a team there. I feel traveling has helped me because I've had different football coaches and I've learned different philosophies, different points of view on the game," he explained.

The young man has a reserved, yet confident manner which lets you know he feels good about what he has done. Yet he insists he's not one of the star players on his team.

"The high schools here are different. Everyone's an individual. In Texas football is more important," he said. (The family's last duty assignment was in San Antonio, Texas.)

"It's [football] just one aspect of life here, it doesn't make you over-

whelmed with your own importance," Lt. Col. Greenspane said.

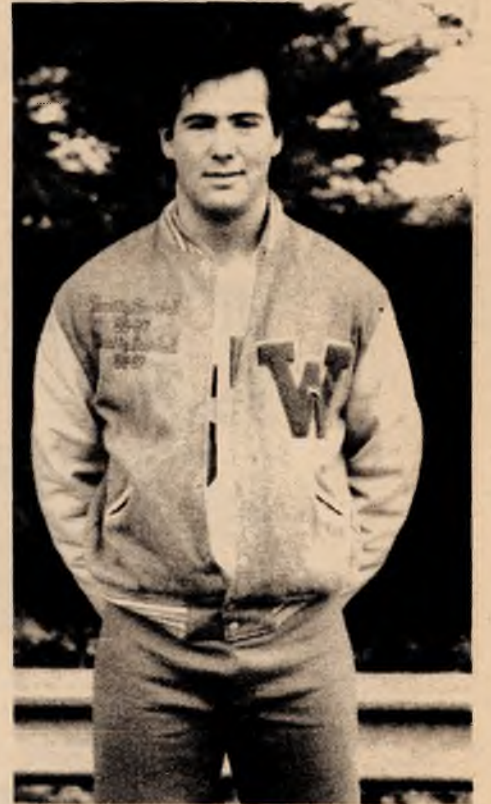
Some other people in the football league here seem much more impressed by the youth's talent. The elder Greenspane explained how one of the coaches from the team that beat Washington in the championship came over one Friday night and talked for a half-hour about Robert as a college prospect.

"He said that their head coach had said that Robert was the best lineman on the team and that they had set up their entire offense around him.

"He told us what to expect because he knew Robert would have a lot of offers from different schools," the senior Greenspane admitted.

How refreshing to see a young person who is good at what he does but hasn't let this consume him. His father said. "If no one at all comes up and offers him an opportunity in football, he'll just walk on..."

That's consolation for his father, but something the Greenspanes probably won't have to worry too much about.



Robert A. Greenspane has won All-City Offense, Defense and other football awards.

## Sports Notes

### Christmas tournament results

#### Racquetball

##### Open Division

Carlos Farias beat Bruce Eggers, 15-7, 15-6.

Butch Alexander blasted Jim Kelly, 15-2, 15-2.

Carlos Farias won by default over Warren Crecy who was injured.

Butch Alexander defeated John Inase, 15-8, 15-14.

Loser's Bracket (one game to 21 points)

William Ely defeated Randy Bryant, 21-5.

Jim Worrowski defeated Tony Hernandez, 21-5.

William Ely defeated Bruce Eggers, 21-9.

Jim Worrowski defeated Tony Todd, 21-10.

William Ely defeated Ron Sharp, 21-9.

William Ely defeated John Inase, 21-20.

##### Senior Division

John Ramsey defeated Ed Begley, 15-8, 15-7.

John Funes defeated Will Mercado, 14-15, 15-1, 11-3.

John Ramsey defeated John Funes, 9-15, 15-13, 11-1.

#### Loser's Bracket

Paul Hanson trounced John Purcell, 21-3.

William Mercado got by Bill Livingston, 21-20.

Paul Hanson outscored Ed Begley, 21-15.

William Mercado beat Paul Hanson, 21-17.

#### Women's Division

Kimberly Sladen defeated Tracy Davis, 15-5, 12-15, 11-5.

#### Loser's Bracket

Tracy Davis defeated Fredia Alexander, 21-16.

#### Squash

Mike Bronshvag defeated Lou Lopez, 15-14, 9-15, 15-5, 15-10.

John Funes defeated John Traylor, 15-8, 10-15, 15-7, 15-3.

Fred Woerner defeated Howard Schafer, 15-10, 15-5, 15-10.

Chip Woerner defeated Rob Woerner, 15-8, 15-8, 15-11.

Fred Woerner defeated Lou Lopez, 15-6, 15-7, 13-15, 15-13.

#### Bowling

High Team Series: LAIR-2279, EO-2238.

High Series Scratch: Freddie Thomas

Letterman Army Medical Center (LAMC)-622, Brian Nicoloff (LAIR)-602.

High Series Handicap: Freddie Thomas (LAMC)-652, Brian Nicoloff (LAIR)-650.

High Game Scratch: Freddie Thomas (LAMC)-244, Linda Laws, 232.

High Game Handicap: Freddie Thomas, (LAMC)-254, Linda Laws, 250.

#### Basketball results

DPTMSEC 53, LEC 44; 864th Engineers 64, 16th AG (Postal) 50; Sixth U.S. Army 72, DPTMSEC 42; 864th Engineers 45, USAISC 56; 16th AG (Postal) 51, LEC 68; and 864th Engineers 46, DPTMSEC, 42.

### Academy testing

Gym No. 1, bldg. 63, will be used for testing candidates for the U.S. Air Force Academy on Sunday.

The basketball court and exercise room will be closed from 9 a.m. to 12:30 p.m. They will reopen after the testing is completed. All other parts of the gym will be open as usual. Gym No. 2, bldg. 1152, will be open during the testing.

### Ski packages

Outdoor Recreation has the ski package for you! You can spend a weekend in beautiful Lake Tahoe skiing and visiting the casinos.

Two cross country ski trips are being offered for beginning or intermediate-level skiers. The cost is \$70 per person to include ski equipment rental, two nights lodging (based on double occupancy), round-trip transportation, one and one-half-hour lesson and two-day trail pass. Meals are not included in the cost. Trip A is set for Jan. 30 to Feb. 1—sign-up deadline is Jan. 15. Trip B is from March 6 to 8—sign-up deadline is Feb. 19.

Also, several downhill ski trips are scheduled throughout the winter. The cost is \$70 per person which includes ski equipment rental, or \$60 per person for those who have their own ski equipment or do not wish to ski. The price includes round-trip transportation and two nights' lodging (based on double occupancy). Meals and lift tickets are not included in the cost. The trip schedule is as follows: Trip No. 3, Jan. 30 to Feb. 1—sign-up deadline is Jan. 15. Trip No. 4, Feb. 20 to 22—the sign-up deadline is Feb. 5. Trip No. 5, Mar. 6 to 8—sign-up deadline is Feb. 19. Trip No. 6, Mar. 27 to 29—sign-up deadline is Feb. 19. Trip No. 7, Apr. 10 to 12—sign-up deadline is Mar. 26.

To be eligible you must be active duty, retired military, a family member, a reservist or DoD civilian.

For more information, call Outdoor Recreation at 561-4324 or 561-4356.

### At the movies

#### Presidio Theatre

Fri, Jan. 9	Streets of Gold (R)	7 p.m.
Sat, Jan. 10	Flight of the Navigator (PG)	1 p.m.
Sun, Jan. 11	Aliens (R)	7 p.m.
Mon, Jan. 12	Aliens (R)	7 p.m.
Tue, Jan. 13	Something Wild (R)	7 p.m.
Wed, Jan. 14	Something Wild (R)	7 p.m.
Thu, Jan. 15	An American Tail (G)	7 p.m.
Fri, Jan. 16	An American Tail (G)	7 p.m.

#### Schwartz Theater

Mon, Jan. 12	Streets of Gold (R)	7 p.m.
Wed, Jan. 14	Aliens (R)	7 p.m.
Thu, Jan. 15	Something Wild (R)	7 p.m.

#### Hamilton Theater

Fri, Jan. 9	Ferris Beuller's Day Off (PG-13)	7 p.m.
Sat, Jan. 10	Treasures of the Snow (G)	1 p.m.
Sat, Jan. 10	Ferris Beuller's Day Off (PG-13)	7 p.m.
Wed, Jan. 14	Manhattan Project (PG-13)	7 p.m.
Thu, Jan. 15	Death Stalker (R)	7 p.m.
Fri, Jan. 16	Rocky (PG)	7 p.m.





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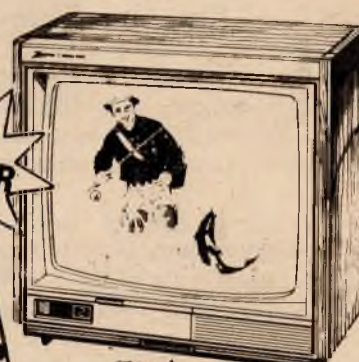


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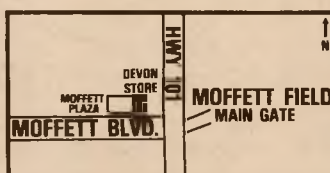
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# Star Presidian

Vol. 30, No. 2

"Published in the interest of the people of the Presidio of San Francisco."

Jan. 16, 1987

## 'I have a dream' symbolizes King's ideals

On August 28, 1963, more than 200,000 people held a peaceful demonstration in the nation's capitol to focus attention on the demands of the Black American, for equality in jobs and civil rights.

After assembling at the Washington Monument on that historic morning, the marchers filed in two columns down to the Lincoln Memorial.

A little later, 10 civil rights leaders met with President Kennedy at the White House and subsequently returned to the Lincoln Memorial, where each of them addressed the assembled throng. As measured by crowd reaction, the speech given by Martin Luther King was the high point of the day.

*Editor's note: Since we are celebrating the birthday of Martin Luther King Jr. this week and Monday, we thought what better way to tell you about him—than by sharing with you the speech he made that day.*

Five score years ago, a great American, in whose symbolic shadow we stand today, signed the Emancipation Proclamation. This momentous decree came as a great beacon light of hope to millions of Negro slaves who had been seared in the flames of withering injustice. It came as a joyous daybreak to end the long night of their captivity.

But one hundred years later, the Negro still is not free; one hundred years later, the life of the Negro is still sadly crippled by the manacles of segregation and the chains of discrimination.

One hundred years later, the Negro lives on a lonely island of poverty in the midst of a vast ocean of material prosperity. One hundred years later, the Negro is still languished in the corners of American society and finds himself in exile in his own land. So we have come here today to dramatize a shameful condition.

In a sense we've come to our nation's capital to cash a check. When the architects of our republic wrote the magnificent words of the Constitution and the Declaration of Independence, they were signing a promissory note to which every American was to fall heir. This note was the promise that all men, yes, black men as well as white men, would be guaranteed the unalienable rights of life, liberty, and the pursuit of happiness.

It is obvious today that America has defaulted on this promissory note insofar as her citizens of color are concerned. Instead of honoring this sacred obligation, America has given the Negro people a bad check; a check which has come back marked "insufficient funds."

But we refuse to believe that the bank of justice is bankrupt. We refuse to believe that there are insufficient funds in the great vaults of opportunity of this nation. So we have come to cash this check—a check that will give us upon demand the riches of freedom and the security of justice.

We have also come to this hallowed spot to remind America of the fierce urgency of now. This is no time to engage in the luxury of cooling off or to take the tranquilizing drug of gradualism. Now is the time to make real the promises of democracy. Now is the time to rise from the dark and desolate valley of segregation to the sunlit path of racial justice. Now is the time to lift our nation from the quicksands of racial injustice to the solid rock of brotherhood. Now is the time to make justice a reality for all God's children.

It would be fatal for the nation to overlook the urgency of the movement and to underestimate the determination of the Negro. This sweltering

summer of the Negro's legitimate discontent will not pass until there is an invigorating autumn of freedom and equality.

Nineteen sixty-three is not an end, but a beginning. And those who hope that the Negro needed to blow off steam and will now be content, will have a rude awakening if the nation returns to business as usual.

There will be neither rest nor tranquility in America until the Negro is granted his citizenship rights. The whirlwinds of revolt will continue to shake the foundations of our nation until the bright day of justice emerges.

But there is something that I must say to my people who stand on the warm threshold which leads into the palace of justice. In the process of gaining our rightful place, we must not be guilty of wrongful deeds.

Let us not seek to satisfy our thirst for freedom by drinking from the cup of bitterness and hatred. We must forever conduct our struggle on the high plain of dignity and discipline. We must not allow our creative protest to degenerate into physical violence. Again and again we must rise to the majestic heights of meeting physical force with soul force.

**please see page 6**



## Warning: Do not remove this tag without consent

by Kay Couch-Lopez

One minute Lisa is a little girl on her way to school, the next, she's an accident victim who can't even tell you her name....

Fortunately, attached to a shoelace is a Lifesaver Emergency Alert Tag that you got from the Enlisted Spouses' Club. That can mean the difference between life and death. (This is not a true story, but it could be.)

"The tag gives the name and ad-

dress that she can't," said Kathleen Wilson, vice president of the Enlisted Spouses' Club. "It's also quick identification if she's lost or needs to call in an emergency."

"It lists three phone numbers and gives the person's blood type, any allergies or medications and any other special health problems so treatment can begin immediately."

"It also lists the doctor who has your medical records. It provides

parental consent, for treatment to ensure her safety," Wilson said.

"We have been giving these tags out for several months at different locations. We gave them out at the Christmas Bazaar and we give them out each month when we have our bake sale at Letterman Army Medical Center. The tags can be sewn into clothes or they can be worn on shoelaces, as they come with a hole already punched in them. The only

thing you have to be careful of is that you use the correct ink—indelible," Wilson said. "And we recommend that you put tags name-down for the safety of the kids."

"The organization that makes these gave us the first 2,000; if we want to hand out more, we'll have to buy them. But if the community shows an interest we will be happy to do that. They were designed for kids,

**please see page 2**

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# Opinions

## TAKE A BITE OUT OF CRIME

### Vehicular larcenies

by John Flynn

Vehicular larcenies accounted for approximately four out of every 10 larcenies on the Presidio in the last quarter of 1986. Some of these larcenies were from secured vehicles, but the majority were from unsecured vehicles.

A thief will not normally take the chance of breaking into your vehicle unless he sees something valuable or easy to steal. Leaving anything of value, in plain view, creates a target of opportunity. Car thieves walk by cars looking for visible items and high priced stereos. If they see a vehicle that is unlocked or one that has a partially-open window, they can get into it, steal what they want, and be gone in a matter of minutes or even seconds. If you do own a high-priced car stereo, you should consider installing a car alarm system.

Some insurance companies even offer a discount for policy holders who install alarm systems.

### Help prevent vehicular larcenies

- Always lock your car and take the keys with you.
- Lock the trunk and/or tailgate.
- Close all windows and sunroofs tightly (but don't leave children or pets in the car).
- If you have a T-top, engrave your vehicle identification number on valuables. This will make it difficult for the thief to "fence" the items.
- Park in well-lighted areas with pedestrian traffic.
- Do not leave your vehicle in an unattended parking lot for extended periods of time.

### Report suspicious activity

If you observe an individual looking into cars or trying to pry a door lock, notify the Military Police at once. Even if it's the owner of the vehicle who accidentally locked his keys in his or her car, it will only take a minute to confirm who the owner is. Besides, in many cases Military Police can help the owner access his car with a special tool that lessens the chance of damage. Military Police would much rather "check out" at dozen suspicious persons that to have to write a Military

Police Report on your losses. When MPs are in the station writing reports, they can't prevent crime. Remember, the next car stereo stolen may be yours!

### Crime report

- There was one report of found property.
- There was one report of lost property.
- There were three reports of abandoned vehicles.
- There was one report of damage to government property.
- There were two reports of damage to private property.
- One person was apprehended for vandalism.
- There were five vehicle-to-vehicle traffic accidents.
- One person was apprehended for shoplifting.
- Two people were apprehended for assault.
- There was one report of domestic disturbance.
- One person was apprehended for wrongful distribution of a controlled substance—cocaine.
- Three people were apprehended for wrongful possession and use of a controlled substance—marijuana.
- There were eight reports of larceny.

## Ramblin' Sam

"Who most deserves recognition on post?"



PFC Gary Valiere, cook, Company D, 864th Engineers: "Cooks deserve the recognition. People have to eat and we provide the nourishment for the troops."



SSgt. Karl Ramsey, property book officer, Department of Housing and Engineering (DEH): "The post commander deserves the recognition. He is responsible for the post and the welfare of the troops."



Sgt. Barzel McKinney, administrative clerk, Company H, Defense Language Institute-San Francisco: "The person who deserves recognition is the post commander. He spins the wheels and makes sure things happen."



Marleen Fermon, military personnel/records clerk, Personnel Service Center, Military Personnel Division, DLI-San Francisco: "As records clerk, I deserve the recognition. I make sure DLI students have the necessary information in their personnel files...at least that's what everyone in this office says."

### Safety tag from page 1

but the Club feels they have a wider use. They could be used for joggers, people with Alzheimer's or really just for anyone—you never know when you will be in an accident and have no identification. You could even be robbed of all ID—so there are many uses," Wilson said.

"Anyone who is interested in getting tags for themselves or their kids should call me at 922-8147, or write to the Enlisted Spouses' Club, Box 29173, Presidio of San Francisco, CA 94129," she advised.

Wilson will take over as president

of the Enlisted Spouses' Club in February. She said their goal for this year is to do more for the community.

"We want to concentrate on the youth—especially those 10 to 18 years old. Often these ages, especially teens, think there is nothing to do on the Presidio. We know there is lots to do and we want to help them learn about the different things. We want to mesh the two together—the activities and the youths. There have been several functions for both teens and adults that weren't well attended and we think it is because people didn't get the word. We want to try and change that," Wilson said.

"We hold our meetings at 7:30 p.m. the first Monday of every month at the Girl Scout Hut, next to the Exchange Cafeteria. We are interested in getting more lower ranking spouses. It's a myth that only older spouses join. We would also like to get more male spouses—they usually hesitate because historically it was a woman's club. We do more than socialize. As a matter of fact, we don't socialize as much as we would like to," Wilson said.

"We do lots of work for the community and the money we raise goes back into the community. One thing we do is give a \$500 scholarship to a

Presidio teenager," Wilson said.

"Joining the club is a good way for newcomers to meet people and find out about all the free or nominal fee things to do both on the Presidio and in the local area," Wilson said. "We have had several people join who said they sat home for the first six months they were here, not knowing what to do, and they have really enjoyed being in the club," she concluded.

If you are interested in joining the club, you can call Wilson at 922-8147 or you can just show up at the club meeting on the first Monday of the month.

The Star Presidian is published weekly by Coast Publishing as a civilian enterprise in the interest of the military and civilian personnel at the Presidio of San Francisco, California.

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# EO educates soldiers, EEO protects civilians



Gina Razel, EO program manager: "Primarily our job is prevention training and education for the military."

story and photo by Pleasant Lindsey

A civilian employee believes his military supervisor didn't recommend him for promotion because of his race. Who does he complain to—EO or EEO?

A soldier is offended by what she believes to be sexual advances from her boss, a civilian supervisor. Where should she take her complaint—to EEO or to EO?

What's the difference?

Actually, there is a big difference between the two organizations, although *both are designed to eliminate discrimination.*

Equal Employment Opportunity (EEO) is governed by federal law. It is set up to guard against discrimination on the job.

Equal Opportunity (EO) is a Department of the Army program. EO's function is to eliminate and arrest discrimination wherever it occurs; on the job, between the ranks and in all other aspects of military life.

Another difference between the programs is the way they operate.

EEO is basically set up for civilian employees who feel they have been discriminated against by their supervisors or fellow employees. The person

committing the *alleged* discrimination can be military or civilian.

The victim fills out a form explaining why he/she feels they were discriminated against. They also describe the discriminating act on the form.

According to Manuel Facundo, EEO officer, complaints range from lack of promotion to losing a job because of discrimination. Regardless of the complaint, EEO will listen. The complaints can be made by individuals or by groups.

After the victim makes a complaint, EEO goes to work.

"We send the person making the complaint to an EEO counselor, who has 21 days to make an inquiry," Facundo said. "After the inquiry, the counselor lets the plaintiff know the results."

If the inquiry takes longer than 21 days the counselor will ask the plaintiff for more time to complete the inquiry.

"For example; a witness may have left the post and the counselor can only contact him or her by letter," Facundo explained. "It takes time to receive a response through the mail."

If the victim wants to file a formal complaint after the inquiry they file it with Facundo. But he has some rules to follow before excepting a formal complaint.

"Formal complaints have to be filed thirty days from the time the person finds out they were discriminated against," he said, "and the action must be covered under Title 7."

Facundo said his office doesn't take sides in a discrimination case. He and his staff perform an advisory role.

"When someone 'issues' a complaint we advise them of their rights and the possible solutions to the problem. But during the next hour, their supervisor may contact us and we'll give him or her advice as well. We have to advise the alleged discriminating official of what they are being accused of."

EEO also has two special interest programs. The Hispanic Employment Program (HEP) was mandated by Congress because there were not enough Hispanics being hired in Civil Service jobs. The program ensures Hispanics will have an opportunity to work in Civil Service and will receive the same treatment in federal employment that is given to all citizens.

The Federal Women's Program exists to address the special issues and concerns of women employees. The Equal Employment Opportunity Act of 1972 states that all personnel actions will be free from discrimination, including sex discrimination.

EEO's purpose is to aid civilian employees. But military members have similar help.

"The Equal Opportunity office is geared for the

protection of soldiers. It is the policy of the Army to provide equal opportunity and treatment for soldiers and their families, regardless of race, color, age, religion, gender, or national origin," said Gina Razel, Equal Opportunity program manager. "EO is also set up to provide an environment free of sexual harassment."

One service of the EO office is equal opportunity training. EO continuously provides classes on discrimination and equal opportunity to post units.

EO also coordinates ethnic and special observances designed to enhance awareness between cultures. These observances are designed to promote harmony among soldiers, their families, and the civilian workforce.

SFC Robert Keating, Equal Opportunity advisor, said soldiers with a complaint should utilize their chain of command.

"A lot of times there is someone in the unit who can handle the situation. That is what NCOs are trained to do," he said.

Keating said soldiers should come to EO if help can't be found in the chain of command. EO will accept the claim and will advise the commander of their findings.

EO's mission is to direct and maintain a comprehensive program that guarantees fair treatment for all soldiers. Fair treatment on the Presidio is based solely on individual merit, fitness, capability and potential. The Army has no place in its ranks for discrimination.

Keating said EO and EEO do work together when it comes to special observances. But they don't share discrimination cases.

"We may work together on a case if it involves a family member who works for the Army," he said. "The family member can go to the EEO because he or she is civilian, or they can come to our office because they are a family member. We will keep each other informed as to what we are doing on post."

"Primarily our job is preventive education and training for the military," Razel said. "We also accept and manage the EO complaint system. Additionally, we coordinate ethnic events within the military community. Those are EO's primary functions."

The difference between the post's Equal Opportunity Office and the Equal Employment Opportunity Office is easy to remember after all. EO's purpose is to prevent discrimination in the military environment. EEO is designed to protect civilian employees from discrimination on the job.

For more information about these two organizations, call the Equal Opportunity office at 561-5730 or contact the Equal Employment Opportunity Office at 561-2035.

## Soldiers must pay federal and state tax

by Patricia Halsey

As you begin to consider filing your 1986 income tax returns, be sure to consider whether or not you must file a state income tax return.

If you are a domiciliary (legal resident) of a state that requires you to file a state income tax return, filing your federal income tax return does not fulfill this requirement.

If you have had state tax withheld from your pay, and you are due a refund, your money will not be refunded to you until you have filed your state income tax return.

If you are a soldier, who is not a resident of California, but your spouse is here with you and works in California, then your spouse will need to file a California state income tax return. To receive the maximum tax benefits, your spouse should file, "Married Filing Separately," otherwise you will be subjecting your military pay to California income tax.

The following indicates which states have no income tax, which grant soldiers some form of military exemption, and which treat soldiers

the same as civilian taxpayers. You are reminded to check the filing requirement for your state each year, as these laws change.

### No state income tax

States which have no income tax include:

Alaska, Florida, Nevada, South Dakota, Texas, Washington and Wyoming.

Connecticut has no personal income tax, but taxes certain dividends, some capital gains, and interest income.

New Hampshire has no general income tax but taxes certain interest and dividend income. Military compensation is not taxed.

Tennessee has no personal income tax but taxes certain interest and dividend income.

### Military exemption

Some states have a military exemption for nonresident soldiers. They are:

California, Connecticut, Illinois, Michigan, Missouri, Montana,

Nebraska, New York, and Pennsylvania.

### Must file state return

In some states soldiers are liable for state income tax. These states are:

Alabama, Arizona, Arkansas, Colorado, Delaware, District of Columbia, Georgia, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Utah, Vermont, Virginia, West Virginia and Wisconsin.

The Presidio Tax Assistance Program has begun and the Tax Center will open Feb. 2, in bldg. 223. There will also be a "Tax Hotline" you can call with questions or to make an appointment to have your tax return prepared.

The "Tax Hotline" number will be 561-2TAX.

## Vet clinic opens

The Veterinary Clinic is now open from 9 a.m. to 3 p.m., Monday through Friday for over-the-counter sales (vitamins, grooming aids, flea products, etc.).

Vaccinations will be given on Wednesdays from 9 a.m. to noon and 1 p.m. to 3 p.m.

Sick call (skin, ear, parasites, and other minor problems) will be held on Tuesdays and Thursdays from 9 a.m. to noon. Animals will be seen by appointment only.

Animals must be on a leash, in a cage or box while in the clinic. Animals should have an empty bladder before entering the building.

Children under 12 will not be allowed in the clinic unless accompanied by and under the careful supervision of an adult.

The clinic is in bldg. 668, on McDowell Ave. near Crissy Field Ave. For more information and/or an appointment call 561-3744.

Charges and fees are not quoted over the phone, but the average dog and cat can receive its rabies plus annual booster shots or less than \$15.



# Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.

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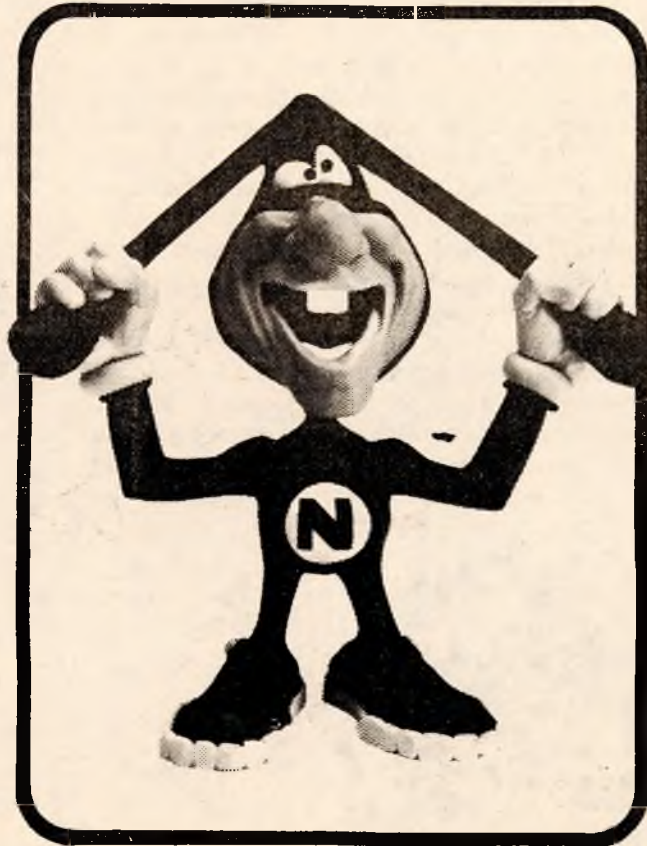
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# I remember the Captain...

by Forrest W. Aurentz

(Editor's note: The following story is the full text of a winning entry in the U.S. Army Writing Contest.)

The author, Maj. Forrest W. Aurentz, is the S-2 and S-3 officer of the 4th Training Brigade at Fort Knox, Ky. While enrolled at the Armed Forces Staff College, Aurentz was required to write a paper explaining his personal leadership philosophies. Aurentz's inspiration was renowned World War II correspondent Ernie Pyle. The first section (set in bold face) is Pyle's work; the rest is Aurentz's work.)

by Ernie Pyle (Italy, 1944)

"This one is Capt. Waskow," one of them said quietly.

Two men unlashed his body from the mule and lifted it off and laid it in the shadow beside the stone wall.

The men in the road seemed reluctant to leave. They stood around, and gradually I could sense them moving, one by one, close to Capt. Waskow's body. Not so much to look, I think, as to say something in finality to him and to themselves. I stood close by and I could hear.

One soldier came and looked down and he said out loud, "God damn it!"

Another man came. I think he was an officer. It was hard to tell officers from men in the dim light, for everybody was bearded and grimy. The man looked down into the dead captain's face and spoke directly to him, as though he were alive, "I'm sorry, old man."

Then a soldier came and stood beside the officer and bent over, and he too spoke to his dead captain, not in a whisper but awfully tenderly, and he said, "I sure am sorry, Sir."

Then the first man squatted down, and he sat there for a full five minutes holding the dead hand in his own and looking intently into the dead face. And he never uttered a sound all the time he sat there.

Finally he put the hand down. He reached over and gently straightened the point of the captain's shirt collar, and then he sort of rearranged the tattered edges of the uniform around the wound, and then he got up and walked down the road in the moonlight, all alone.

## Somewhere near Trenton, 1776

I remember the Captain. I was a very young soldier in the Continental Line.

All was dark and silent as we stood close to the river's edge waiting for our call to move forward. As a private, I knew little of where we were going. Our dark clothes, not really uniforms, were turning white as a fine sprinkling of snow fell upon us. We could look down from our positions in the column on the riverbank and see murky figures steadying long, strange-looking boats as ragged soldiers boarded. They huddled forlornly in the bitter cold.

In uneasy shuffles, we moved closer to what we all dreaded. Regardless of where it would happen, we knew that within a few hours the calm would vanish in the terrible shouts and exploding flashes. Men would die—we were all very afraid.

While we waited our turn to enter the boats, I saw the captain near a group of finely dressed officers. A tattered piece of white ribbon in his hat was the only visible sign that he was an officer in the Continental Army. His skinny legs were shaking violently from the cold wind coming from the river.



We continued to move carefully down the slopes that hundreds of men had transformed into a muddy mire. As we got closer, I could see that the captain was with our regimental commander and several staff officers. Although the captain was near this small group of important men, he was paying little attention to their fitful gestures and low-toned commands.

He was smiling, at least we all thought he was smiling, and his voice quivered with excitement. He greeted each of us in turn. We knew that he was making a final effort to relieve our fear. As I approached, I could hear him say to the man in front

of me how proud he was of our company. Still, due to the cold, I was not paying much attention to his encouragements. I had a gaping hole in the bottom of my right shoe, and the freezing mud was my main concern.

I stepped forward and felt his uncovered hand on my shoulder. I could just make out his face as he asked in a quiet voice whether I had gotten the hole in my shoe fixed. I lied and said that I had. There were men in other companies who had wrapped linen around their feet to serve as shoes, so I was not about to complain.

"Fine, no soldier in our company should go without good shoes," he answered in a firm voice. "Merry Christmas, Captain," I said.

"Merry Christmas," he replied.

Trenton was our destination. We won a crucial victory for our faltering revolution. Many things happened in that battle, but the things I remember most were the Captain's hand on my shoulder, his smile, and his concern for us as individuals. We were afraid and he was concerned. Officers sometimes spend too much time looking up the chain of command and not enough down it. Not my Captain.

## Texas, 1877

I remember the Captain. I was a corporal in his cavalry troop.

He was courageous, forthright, competent and possessed a quick mind; but he was not a person you would pick out from a crowd as a born leader. He had all the qualities of a good officer, but he was also rather quiet.

I remember the time we conducted a patrol in the New Mexico territory. One of the sergeants described our location as 100 miles from trees, 50 miles from water, and one mile from hell. We were all filthy, bearded, hungry and thirsty from the grueling pursuit of a small raiding party of Comanches.

Congress had not seen fit to pay the Army for over five months, so the men were not too anxious to find, much less fight, any Indians. As we were returning to Fort Davis, the Captain rode down the column to check on us. One young trooper immediately in front of me couldn't control his built-up anger and frustrations. He shouted out as the Captain rode past, "Cap'n, we could die out here and nobody would give a damn."

## Dream continued from page 1

The marvelous new militancy, which has engulfed the Negro community, must not lead us to a distrust of all white people, for many of our white brothers, as evidenced by their presence here today, have come to realize that their destiny is tied up with our destiny and they have come to realize that their freedom is inextricably bound to our freedom. This offense we share mounted to storm the battlements of injustice must be carried forth by a bi-racial army. We cannot walk alone.

And as we walk, we must make the pledge that we shall always march ahead. We cannot turn back. There are those who are asking the devotees of civil rights, "When will you be satisfied?" We can never be satisfied as long as the Negro is the victim of the unspeakable horrors of police brutality.

We can never be satisfied as long as our bodies, heavy with the fatigue of travel, cannot gain lodging in the motels of the highways and the hotels of the cities. We cannot be satisfied as long as the Negro's basic mobility is from a smaller ghetto to a larger one.

We can never be satisfied as long as our children are stripped of their self-hood and robbed of their dignity by signs stating "For Whites Only". We cannot be satisfied as long as a Negro in Mississippi cannot vote and a Negro in New York believes he has nothing for which to vote. No, we are not satisfied, and we will not be satisfied until

justice rolls down like waters and righteousness like a mighty stream.

I am not unmindful that some of you have come here out of excessive trials and tribulations. Some of you have come fresh from narrow jail cells. Some of you have come from areas where your quest for freedom left you battered by the storms of persecution and staggered by the winds of police brutality. You have been the veterans of creative suffering. Continue to work with the faith that unearned suffering is redemptive.

Go back to Mississippi; go back to Alabama; go back to South Carolina; go back to Louisiana; go back to the slums and ghettos of our Northern cities, knowing that somehow this situation can, and will be changed. Let us not wallow in the valley of despair.

I say to you, my friends, that even though we must face the difficulties of today and tomorrow, I still have a dream. It is a dream deeply rooted in the American dream. I have a dream that one day this nation will rise up and live out the true meaning of its creed—we hold these truths to be self-evident, that all men are created equal.

I have a dream that one day on the red hills of Georgia, sons of former slaves and sons of former slave-owners will be able to sit down together at the table of brotherhood.

I have a dream that one day even the state of Mississippi, a state sweltering with the heat of injustice, sweltering with the heat of oppression, will be transformed into an oasis of freedom and justice.

I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character. I have a dream today!

I have a dream that one day down in Alabama, with its vacuous racists, with its Governor having his lips dripping with the words of interposition and nullification, that one day, right there in Alabama, little black boys and black girls will be able to join hands with little white boys and white girls as sisters and brothers.

I have a dream today!

I have a dream that one day every valley shall be exalted and every hill and mountain shall be made low, the rough places shall be made plain and the crooked places shall be made straight, and the glory of the Lord will be revealed, and all flesh shall see it together.

This is our hope. This is the faith that I shall go back to the South with.

With this faith we will be able to hew out of the mountain of despair a stone of hope. With this faith we shall be able to transform the jangling discords of our nation into a beautiful symphony of brotherhood.

With this faith we will be able to work together, to pray together, to struggle together, to go to jail together, to stand up for freedom together, knowing that we will be free one day. This will be the day when all of God's children will be able to sing with new meaning—"My country 'tis of thee, sweet land of liberty, of thee I sing. Land where





The Captain wheeled his horse and rode beside the young soldier. He never said a word for over 20 miles. He brushed the dust from his uniform and adjusted his yellow scarf. He always liked to keep his uniform in perfect order.

I could tell the trooper was getting anxious. He gave the Captain nervous, fleeting glances and began adjusting perfectly situated items on his saddle.

Finally, the Captain said, "I would. Is that enough?"

"Yes Sir," the trooper meekly responded.

"I think," the Captain began. Then he paused, and remained silent for a moment. He removed his hat and mopped his brow. I noticed how blond his hair was in the bright sunlight.

"I think you're an awfully brave soldier," he said.

I saw a faint smile on the young soldier's face as their eyes met. The Captain then returned to the head of the column.

I remember the Captain. I remember how he would have told that trooper to keep quiet or have given him some long patriotic harangue. He could have been impatient; instead, he took the time to tell an impetuous recruit what we veterans already knew. Some captains merely tell soldiers to be quiet. Not my Captain.

## France, 1918

I remember the Captain. I was the administrative sergeant in his company. "Rock of the Marne" is what the newspapers called us.

Bewildered and exhausted, we had settled into the village of Passelle only two days prior. After fighting for three straight weeks, rest was our main need.

The Captain had slept the first day, but he had been drafting letters to mothers, fathers and wives since then. He was new at writing condolence letters, and he was not making much progress. There were so many letters to write.

I read the first letter that he wrote. It contained a lot of phrases such as "finest traditions of the United States Army," "sacrifice above and beyond," and "I was proud to lead him into battle." After writing that letter, he asked me to make copies of it for his signature. He said it would serve as the pattern for all others.

As I was about to finish the first copy, the Captain entered my tent and politely asked me to return the letter. He left and began to write again. I never copied another letter for him.

I saw one of his later letters. You should listen carefully to his words.

Dear Mr. and Mrs. Haroldson,

I have the very sad task of informing you of the death of your son, Sgt. Steven Haroldson, on July 2, 1918, near Vaux, France. We all miss him dearly.

I know that these few words will do little to help you to bear the grief of Steven's death, but I would like to share some of my thoughts of him.

Steven did not like "soldiering." I knew that. He was, however, proud to be a soldier. I remember his wide-eyed excitement at being in France, his roaring laughter, and his sincere concern for the soldiers in his squad. I remember his love of poetry. Only last week, he gave me a book of poetry by Rudyard Kipling. I shall always treasure it.



The saddest thing is for a soldier to die anonymously. To die is hard enough, but to give your life for others and not be individually recognized is truly sad. I want you to know that we have not forgotten Steven. None of us ever will.

Company Commander

I remember the Captain. We all knew that he would not let us be forgotten. That means a lot to young soldiers, and old ones too. He could have

sent a standard letter, or no letter at all. Not my Captain.

## Norfolk, 1986

I remember the Captain. I was his first sergeant.

I first met him at Kasserine Pass in North Africa when he was a lieutenant and I was his platoon sergeant. We were getting our butts kicked, and several of the men were running anywhere the Germans weren't. I looked up from my foxhole and saw two skinny legs attached to a second loogie's bar standing in front of me.

"Sergeant," he said to me in a calm voice, "good men are acting like cowards. We only have men in our platoon—not cowards. Now get up from there and let's remind them of that."

He was as scared as the rest of us, but we believed that he was brave. I asked him about it later. He smiled and quoted a Frenchman—something about realizing that the courage of troops must be reborn daily. But, you should have seen those skinny legs shaking after the battle was over.

I also remember the high standards of appearance, discipline and training that he set for us. We were just plain "dogface" infantrymen—nothing special like the Marines or Airborne. But, he made us think that we were very special; and we all knew that he was someone very special.

He could have used his rank for privilege; instead, he served with us. He was firm, but also fair; he was proud, but not vain; he was courteous, but not timid. He was an extraordinary leader of ordinary men.

The Captain always carried a small book of poems by Rudyard Kipling. I found it on his body when they brought him down from the mountains. Marking the poem "If," was an old, tattered white ribbon and a torn piece of yellow cloth with crossed cavalry sabers on it. I later found out that they were relics from his father and grandfathers who had served as soldiers all the way back to the Revolution. I sent them, along with his captain's bars, to his son.

Yes, I remember that night in Italy over 42 years ago when they brought his body down. I held his hand, gazed into his face, and silently thanked him for being such a fine soldier. I had never done that when he was alive. I hope he somehow heard my thoughts that night.

"Thanks my Captain—thanks for caring."

(Reprinted with the permission of the newspaper "Inside The Turret," published at Fort Knox, Ky.)

# King could 'walk the walk'

The Reverend Dr. Martin Luther King, Jr. was a man of destiny who changed the course of history and whose leadership still speaks clearly to the conscience of mankind.

He not only preached his ideals with uncommon passion and eloquence, but he also led people in a nonviolent struggle for the fulfillment of those ideals.

As Sidney Poitier said in a tribute in 1957, some people can "talk the talk," but Martin Luther King, Jr. could "walk the walk."

## Family background

King was born Jan. 15, 1929, in Atlanta, Ga., the second child and first son of Reverend Martin Luther King, Sr., and Mrs. Alberta Williams King.

King was married June 18, 1953, to Coretta Scott in Marion, Ala. They had four children: Yolanda Denise was born Nov. 17, 1955; Martin Luther III was born Oct. 23, 1957; Dexter Scott was born Jan. 30, 1961 and Bernice Albertine was born March 28, 1963.

## Education

King received his elementary and secondary education in Atlanta public schools. He graduated from Morehouse College, Atlanta in 1948 (at the age of 19) with a Bachelor of Arts degree.

He attended Crozer Theological Seminary in Chester, Pa. He was the first Black person elected student body president and graduated first in his class—the class of 1951. He pursued a doctoral program in systematic theology at Boston University, and studied at Harvard University.

## Religion and philosophy

As both a student, and later as a civil rights leader, he drew on the ideas and writings of a wide variety of thinkers. He was an avid reader of the great philosophers and theologians.

He also learned from experience. While studying at Morehouse, King declined opportunities for easy employment and instead became a laborer on two jobs, saying that he wanted to work with the masses "to learn their plight and to feel their feelings."

As he came to a total commitment to non-violence—a commitment he reaffirmed to staff members of the Southern Christian Leadership Conference on the last day of his life—he was particularly impressed by the lives of Jesus Christ and Mohatma Gandhi of India.

Dr. King was assassinated on April 4, 1968 in Memphis, Tenn.

My fathers died, land of the pilgrim's pride, from every mountain side, let freedom ring"—and if America is to be a great nation, this must become true.

And so let freedom ring from the prodigious hilltops of New Hampshire

Let freedom ring from the mighty mountains of New York

Let freedom ring from the heightening Alleghenies of Pennsylvania

Let freedom ring from the snowcapped Rockies of Colorado

Let freedom ring from the curvaceous slopes of California.

But not only that.

Let freedom ring from Stone Mountain of Georgia

Let freedom ring from Lookout Mountain of Tennessee

Let freedom ring from every hill and molehill of Mississippi, from every mountainside, let freedom ring.

And when this happens, and when we allow freedom to ring, when we let it ring from every village and every hamlet, from every state and city, we will be able to speed up that day when all God's children—black men and white men, Jews and Gentiles, Protestants and Catholics—will be able to join hands and sing in the words of the old Negro spiritual: "Free at last, free at last; thank God Almighty, we are free at last."



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# Community Calendar

## YA needs instructors

Youth Activities is currently looking for instructors to give piano, guitar, cooking and cake decorating classes. They are also seeking people to teach additional classes. If you have a program aimed at youth ages 6 to 19 contact Youth Activities. Instructors are paid and classes are arranged to meet your schedule. Call 561-5143 for more information.

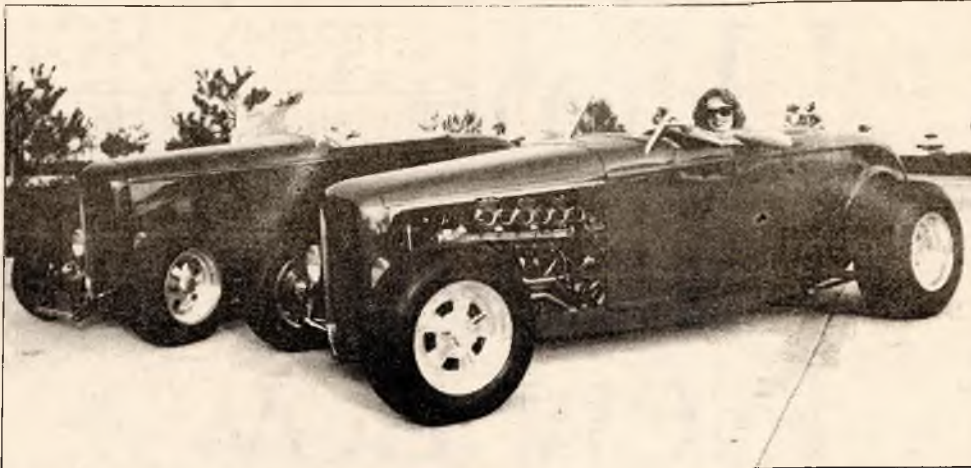
## German class

A German Headstart class will be held at the Army Education Center, bldg. 1216, from Jan. 28 to March 25. The class will meet Monday and Wednesday from 6 to 8:30 p.m. The class is offered primarily for soldiers, adult family members and DA civilians on orders or alerted for Germany, but others can enroll on a space-available basis. The class is an excellent opportunity to learn practical German.

The course is free and books and materials will be provided by the Education Center. To enroll call the Education Center at 561-2974.

## Education Center needs teacher

The Education Center is seeking an instructor for their Continuing Education Program. The person must have an ABE credential and a minimum of two years experience—in the past five years teaching basic skills to adults with an emphasis on writing. Knowledge of computers and



**Roadsters, roadsters, roadsters.** These two variations on the '32 Ford—an enduring American hot rod art form—are among a record number of roadsters, customs, trucks, vans and resto-rods on view in the 38th edition of the Grand National Oakland Roadster Show, Jan. 21 to 25 at the Oakland Coliseum.

diagnostic testing are preferred.

If you are interested send your resume by Jan. 28 to the Army Education Center, bldg. 1216, Presidio of San Francisco, CA 94129.

## Commissary open

The commissary will be open Tuesday from 10 a.m. to 2 p.m. It is usually closed on Tuesday when there is a Monday holiday. For more information call F. J. Lohman, commissary officer, 561-4346.

## SF State classes

Courses offered on post by San Francisco State University will begin on Jan. 26. Courses being offered are *First and Second Year Composition*, *General Microbiology*, *Public Health*, *U.S. History Since 1865* and *Psychological Statistics*.

For more information, call the Fort Scott Education Center, at 561-2974 or 561-4445.

## Golden Gaters

The Golden Gaters will hold their annual meeting to plan the year's recreational events at 6:30 p.m., Jan. 24, at the Religious Activities Center, bldg. 682.

All eligible members, over age 40, single, and affiliated with any branch of the military, or DoD civilians, are encouraged to attend.

A \$5 contribution will help defray expenses. Everyone is asked to bring a dish of hors d'oeuvres; beverages will be provided.

For more information call Pat Pavlisin, at the Presidio Post Chapel, 561-4711 or Diane Newcomb, Army

Community Services, Oakland Army Base, 466-3457. The group is co-sponsored by the Presidio Post Chaplains and Oakland Army Base Community Services.

## Rec Center closes

The Recreation Center and Information, Ticket and Tour Office will be closed tomorrow in observance of Martin Luther King's Birthday.

## Bus service change

Muni announced route changes last week. They went into effect Jan. 10. The 45 Shuttle has been canceled.

The 43 Masonic, evening service (after 6 p.m.) no longer operates to Anza and Lincoln on the Presidio (main parade ground).

## YA ballet

Pre-ballet is on Wednesdays at 3:30 and 4:30 p.m. The cost is \$18 per month. Ballet classes are held on Monday, Tuesday, Thursday and Friday at 4 or 5 p.m. Cost depends on the number of classes you take per week.

For more information call Youth Activities at 561-5143.

## Harlem Globetrotters

ITT has tickets for the Harlem Globetrotters game which will be played at the Oakland Coliseum tomorrow. Tickets are available for \$9 in the Golden Gate Community Center, bldg. 135. Hours are 9:30 a.m. to 6 p.m. Tuesday through Saturday.

For more information call 561-3992.

# ...the write stuff...

by Ted Weller

Finally, a weekend without a significant professional football game scheduled.

I really don't know which group of people is more thankful, the football "widows," the fans, the CQs, the street vendors, the tourist "traps," or the squirrels in Strybing Arboretum...the peanuts are always few and far between during the final days of the season.

For me, I really don't know how to handle the hordes of squinty-eyed newcomers re-acquainting themselves with the rest of the world.

I really think that all the newly awakened should take it easy this weekend, just get out and walk around this beautiful post and the city that surrounds it...just take it slow.

One...or even a group...might take in the Presidio Army Museum in bldg. 2, discover the history that is the Presidio and then grab a Historical Trail Guide and "take a hike" around the installation for a leisurely step back into the "oldest continuously manned military installation in the United States."

For the more adventurous, the SS Jeremiah O'Brien Liberty Ship Memorial will fire up its boilers in the four-story engine room for all to see tomorrow and Sunday from 11 a.m. until 4 p.m. If the weather holds steady, the O'Brien could be the warmest place to be at Fort Mason Center. Admission is \$3 for adults, \$1 for kids and \$6 for families at Pier 3, Fort Mason.

Also at Fort Mason Center, Psychic Horizons is conducting a reading fair for anyone who wants a FREE psychic reading or healing. The fair will be open 1 - 3 p.m. tomorrow in bldg. C....

...the San Francisco PC Users Group will hold its monthly meeting tomorrow, 7 - 10 p.m. in bldg. C. Admission is \$2. Call 781-4109 for more information.

Closer to home, the Exploratorium will present its All Hands-On Deck Festival this weekend from 10 a.m. until 5 p.m. both days. The festival is dedicated to the science of sailing and to the technology of the America's Cup. Artifacts, films, lecture-demonstrations, an actual 20-foot, three-ton buoy, sailboats, weather and radar stations and a model sailboat racing on the Palace of Fine Arts Lagoon are featured. All lectures, films and demonstrations are included in the price of admission to the Exploratorium. Call 563-7337 for further information.

Tonight and tomorrow night, The Lab, 1805 Divisadero Street presents Duncan Macfarland, Clare Whistler and Danceart Company dancing in the premier of Linda Fowler's *Private Survivor*, a dance/drama set in the living room of a woman who, with her child, is faced with the homecoming of her husband, a reclusive Vietnam veteran. Curtain is at 8:30 p.m. both nights, admission is \$5. Call 346-4063 for more information.

And tonight you can disco 'til the wee-hours of the morn' at the Golden Gate Community Club beginning at 4:30 p.m.

Join the stampede...the 11th Annual San Francisco Zoo Run will take place on Sunday...with race-day registration beginning at 7 a.m. There are two races for bipeds of all shapes, ages and sizes...the three-mile family classic begins at 9 a.m. and the more challenging seven-mile race starting at 8 a.m. Race-day registration is \$15. Call 661-7456 for more information.

**This Week in Presidio's History:** Jan. 16, 1861—Fort Point is completed and garrisoned by two companies of the 3rd Artillery Regiment. This massive fortification became the first real coastal

fortification on the Pacific Coast. Built at a cost of more than two and a half million dollars, the fort is an irregular quadrangle, 250 feet long, 150 feet wide and 45 feet high. The walls, ranging from five to 12 feet thick, present an unbroken surface except for three tiers of gun ports on the three sides that face the water. A barbettes atop the fort concealed the fourth tier of guns, which covered both the water and land approaches. Jan. 21, 1877—Capt. Edwin V. Sumner, 1st Cavalry, assumes command of the Presidio. Jan. 21, 1888—By order of the Secretary of the Army, a portion of the Presidio is set aside for the Treasury Department to use as a Life Saving Service Station. The Station was moved to its present location (U.S. Coast Station, Fort Point) in 1915 at the expense of the Panama Pacific International Exposition. Jan. 19, 1900—Lieutenant Colonel Richard I. Eskridge, 22nd Infantry, assumes command of the Presidio.

Jan. 17, 1958—Captain Lenora B. Wierick, Letterman Army Hospital, is the first recipient of the Evangeline G. Bovard Award for professional achievement in nursing for 1957 at Letterman. Jan. 16, 1959—The NIKE-AJAX site at Fort Funston is renamed the "Westlake Battery Site," as part of a U.S. Army Air Defense Command program of identifying each NIKE site with its locality. The site is manned by soldiers of Battery A, 4th Missile Battalion, 61st Artillery.

...for the individual who began to copy-edit an edition of this paper using AR 340-15 as a guide and then left the issue stuck on the wrong bulletin board...Army newspapers, including the *Star Presidian*, have been using the Associated Press Stylebook modified rank style for over ten years because not everyone knows what "SSG" or "LTC" represent...!



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# Sports

## Gradually build exercise level for heart's sake

by Evelyn D. Harris

NOW is always the best time to think about exercise. Getting regular exercise is one of the more widely recommended ways of protecting yourself from heart disease—along with not smoking, keeping your diet low in fat and cholesterol and preventing or treating high blood pressure.

While experts agree that moderate exercise is good for your heart, strenuous exercise, such as running in marathons, may be dangerous for persons with certain risk factors for heart attacks. You can look fit enough for a recruiting poster and still be at high risk for heart disease.

If someone in your immediate family died from a heart ailment before age 50, you have four or five times greater risk for heart disease than someone with no risk factors. Dr. (Col.) Jules Bedynek, chief of the Army Surgeon General's Task Force on Fitness, offers a reason. You can inherit the inability to handle cholesterol properly, causing it to build up in your bloodstream—even if you are slim.

Bedynek cited former tennis star Arthur Ashe as an example. Ashe was a first-rate athlete who suffered a heart attack in his early 30s because of the inherited condition.

The following list of risk factors for heart disease was compiled from a list prepared by the British Columbia Ministry of Health and reprinted in the Navy health magazine, *Navy Lifeline*, and from the Army's over-40 major coronary risk-factor list. If you answer yes to any of the following questions, you should see your doctor before starting an exercise program.

- Do you have a high cholesterol level or suspect that you might?
- Have you had a heart attack, or has your doctor said you have a heart murmur or heart trouble?
- Has your father, mother, sister or brother had a heart attack before the age of 50?

- Do you smoke? This is the most controllable risk factor for heart disease.

- Do you frequently have pains or pressure in the left or midchest area, neck, left shoulder or arm—during or right after you exercise?

- Do you often feel faint or have dizzy spells?

- Do you have high blood pressure?

- Are you over 40 and unaccustomed to vigorous exercise?

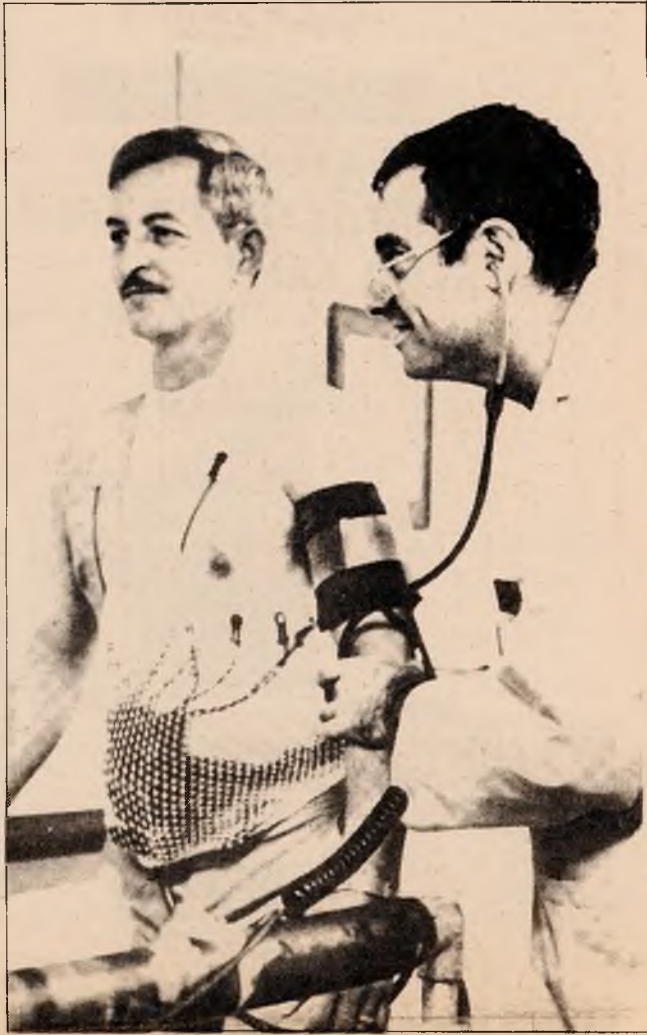
- Do you have diabetes or another medical condition that may require special attention in an exercise program?
- If you did answer yes to any of these questions, your doctor may order further tests—probably including a treadmill test—to determine your level of risk of heart disease. He can then give you advice on a personal exercise program, plus lifestyle changes to lower your risk of heart disease.

If you have had a heart attack, a doctor's advice is especially important to help you prevent heart pain or damage from overexertion. In addition, a safe, sensible exercise program can help you do more than before without pain or shortness of breath.

Incidentally, while arthritis does not place you at risk for a heart attack, if you have arthritis, you'll want your doctor's advice to avoid joint injury when exercising.

Even if you didn't answer yes to any question, it is still a good idea to build up your exercise level gradually. Don't try to run four miles your first time. Start with brisk walks, then jog/walk, jog and gradually add to your distance or reduce your time. Listen to your body while you are doing this, and you're less likely to have any unpleasant surprises.

American Forces Press Service



A treadmill test can help your doctor spot hidden heart disease.

## Sports Notes

### Shooting range

The Presidio Indoor Range, bldg. 1369, will be closed to open shooting on Mondays and Wednesdays during January and February.

The range is reserved for teams and individuals desiring to practice for the Installation Commander's Marksmanship Competition.

For more information contact Capt. Martin or SSgt. Hurlburt at 561-3089 or 561-6182.

### Gym No. 1 closes

The basketball court, weight room and exercise room in Gym No. 1, bldg. 63 will be closed until noon on Jan. 25. Candidates for the U.S. Military Academy will be tested in the gym that day. All other sections of the gym will be open.

### YA wrestling

Youth Activities wrestling for boys ages 6 to 16 will begin on Jan. 24 and run through the end of March. Classes will be held in Gym No. 1 on Mondays and Wednesdays from 5:30 to 6:30 p.m. and on Saturdays from 10 to 11:30 a.m. The registration fee is \$12.50.

For additional information call Youth Activities at 561-5910.

### Intramural basketball

A practice round started off the 1987 Intramural Basketball program. Last week, a total of 12 teams were entered in this single round-robin competition. The top eight teams from this round-robin will be eligible for the Post Championship.

Last week's results:  
864th got by DPTMSEC 44-41;  
DLI mauled 6th Army 59-31;  
DOL squeaked by LEC 33-30;  
DLI beat 864th 52-41; and  
USAISC devastated 16th AG 76-51.

DOL meets DPTMSEC, 864th faces DLI and LEC plays 16th AG on Jan. 20. On Jan. 21, Company A, LAMC goes against DEH. Company B, LAMC faces 6th Army and MEP-COM squares off against USAISC. On Jan. 22, DOL and DLI get it on, DPTMSEC faces 16th AG and 864th goes head to head with DEH. Competition starts at 5 p.m. each night.

### YA karate

Youth Activities is currently offering karate on Mondays and Wednesdays from 5:30 to 6:30 p.m. The price is \$20 for eight lessons.

Call Youth Activities at 561-5910 for more information.

### Ski packages

Outdoor Recreation has the ski package for you! You can spend a weekend in beautiful Lake Tahoe skiing and visiting the casinos.

Two cross country ski trips are being offered for beginning or intermediate-level skiers. The cost is \$70 per person to include ski equipment rental, two nights lodging (based on double occupancy), round-trip transportation, one and one-half-hour lesson and two-day trail pass. Meals are not included in the cost. Trip B is from March 6 to 8—sign-up deadline is Monday.

Also, several downhill ski trips are scheduled throughout the winter. The cost is \$70 per person which includes ski equipment rental, or \$60 per person for those who have their own ski equipment or do not wish to ski. The price includes round-trip transportation and two nights' lodging (based on double occupancy). Meals and lift tickets are not included in the cost. The trip schedule is as follows: Trip No. 3, Jan. 30 to Feb. 1—sign-up deadline is Jan. 15. Trip No. 4, Feb. 20 to 22—the sign-up deadline is Feb. 5. Trip No. 5, March 6 to 8—sign-up deadline is Feb. 19. Trip No. 6, March 27-29—sign-up deadline is Feb. 19. Trip No. 7, April 10 to 12—sign-up deadline is March 26.

### At the movies

#### Presidio Theatre

Fri, Jan. 16	An American Tail (G)	7 p.m.
Sat, Jan. 17	Three Amigos (PG)	7 p.m.
Sun, Jan. 18	Three Amigos (PG)	7 p.m.
Mon, Jan. 19	Three Amigos (PG)	7 p.m.
Tue, Jan. 20	Night of the Creeps (R)	7 p.m.
Wed, Jan. 21	About Last Night (R)	7 p.m.
Thu, Jan. 22	The Wraith (PG-13)	7 p.m.
Fri, Jan. 23	The Wraith (PG-13)	7 p.m.

#### Schwartz Theater

Mon, Jan. 19	An American Tail (G)	7 p.m.
Wed, Jan. 21	Three Amigos (PG)	7 p.m.
Thu, Jan. 22	The Night of the Creeps (R)	7 p.m.

#### Hamilton Theater

Fri, Jan. 16	Rocky (PG)	7 p.m.
Sat, Jan. 17	Hercules (PG)	1 p.m.
Sat, Jan. 17	Heartburn (R)	7 p.m.
Wed, Jan. 21	Rocky II (PG)	7 p.m.
Thu, Jan. 22	Invaders From Mars (PG)	7 p.m.
Fri, Jan. 23	The Fly (R)	7 p.m.



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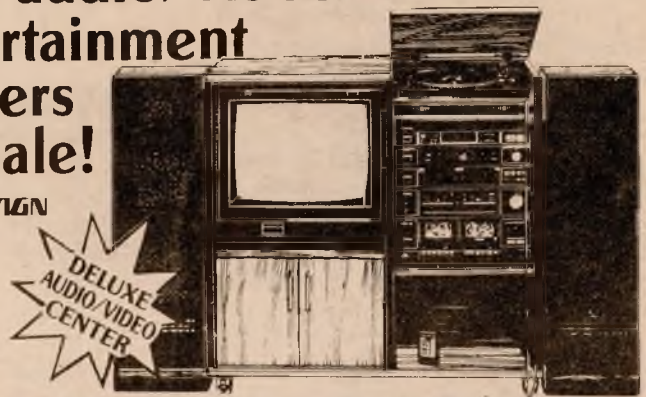
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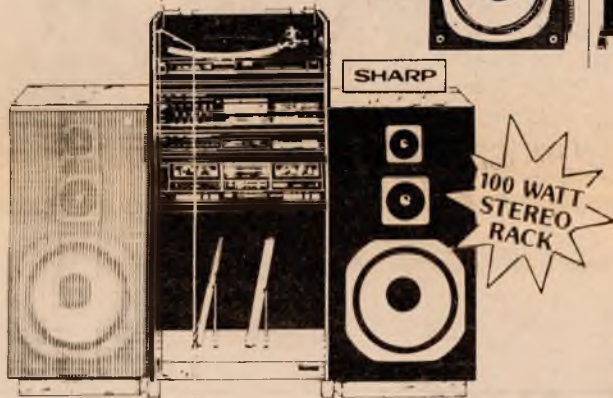
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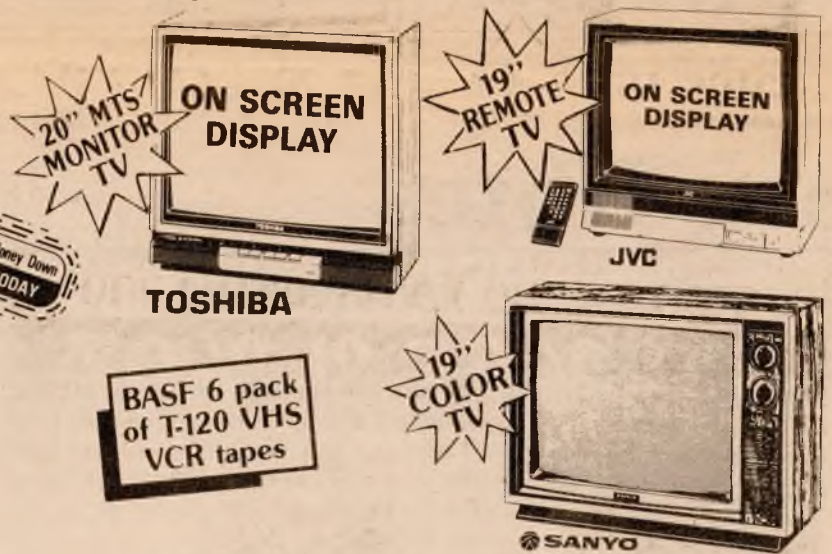


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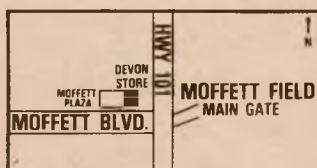


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# Star Presidian

Vol. 30, No. 3

"Published in the interest of the people of the Presidio of San Francisco."

Jan. 23, 1987

## MP wins NCO of Year competition



"I believe you should try to achieve as much as you can," says Sgt. Brenda Ludwig, NCO of the Year.

story and photo by Pleasant Lindsey

Motivation and the will to succeed drove a Law Enforcement Company (LEC) NCO to the top to win the post's highest honor for NCOs.

Sgt. Brenda Ludwig was named the Presidio's NCO of the Year Jan. 13. She competed with three other NCOs for the honor.

Ludwig said the NCO of the Year board was tough and the competition was based on the knowledge and training NCOs receive during their career.

Ludwig has competed in Soldier of the Month boards before, but said they weren't as difficult as the top NCO contest.

"The Soldier of the Month boards helped by showing me what to expect when facing a review board, but they weren't part of the criteria for attempting NCO of the Year," she said.

Ludwig said she competed because she felt it would be a challenge. However she didn't volunteer for the challenge.

"My first sergeant and sergeant major suggested I compete," she said. "I hadn't thought about competing, but they kept saying 'C'mon, you can do it,' and in the end they really motivated me."

Ludwig said her husband, Sgt. Chris Ludwig, was also a strong source of support. He too is an MP with the Law Enforcement Company.

"Chris would quiz me on the topics I had to study, whether we were at work or at home," she said.

"I may have helped a little," Chris Ludwig said, "but basically she did most of the studying and

preparation on her own. She really applied herself. This was her thing—she did it."

Ludwig has been applying herself to her job with LEC for three years. She started her assignment driving a vehicle, patrolling the Presidio community, and is now the post Crime Prevention NCO and works in the Crime Prevention office in the Military Police Station. Ludwig's job requires her to brief the post's units and activities on crime prevention techniques for office and home security.

"We handle everything from the Helping Hands program to the Neighborhood Watch program," she said. "We compute MP reports and put articles in the paper about crime awareness."

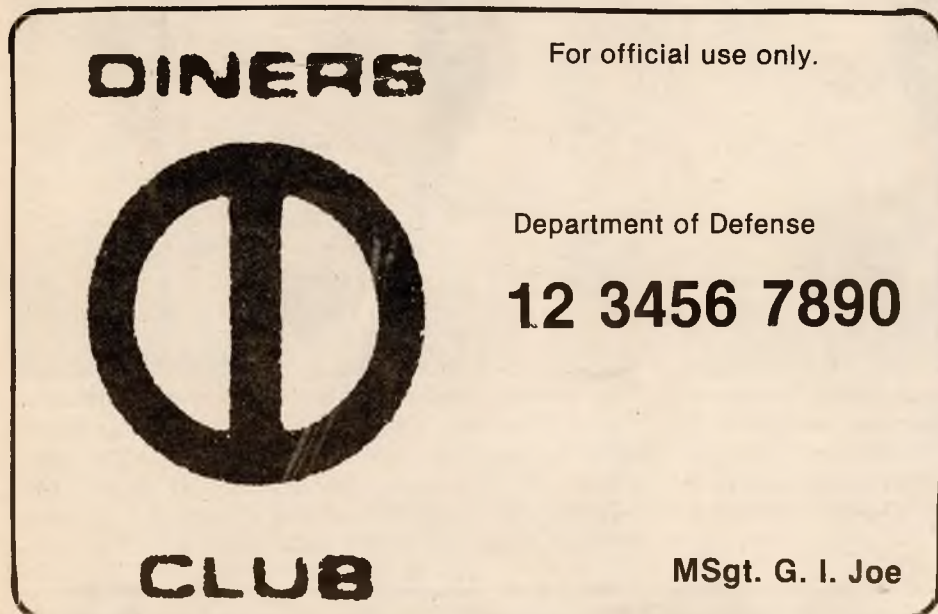
The article Ludwig refers to is Crime Watch, carried in the *Star Presidian* every week. The article provides helpful tips on home and personal security and features a condensed MP report at the end of the article. However, Ludwig will be vacating her writing talents at the end of the month.

"Chris will be going to Germany soon," she said. "Our second child is due for the first of March, so I'll be leaving my active duty status and will join the Reserves when we go to Germany." The Ludwigs already have one son, Christopher, 17 months old.

Ludwig said she hopes to remain in law enforcement. "I like the job. I believe you should try to achieve as much as you can. Therefore, I set my goals to do as much as I can in my career."

Winning post NCO of the Year seems to show she means it.

## Army now travels TDY with Diners' Club cards



by Edward P. Begley Jr.

The Army currently is providing charge cards to soldiers and employees for use while traveling on official business. This system was implemented to improve the government's cash flow by reducing

cash advances and to provide a tool for monitoring expenditures. Administrative costs for travel also will be reduced.

The program offers some benefits for Army travelers. Large amounts of cash will no longer be necessary, thus enhancing security in case of loss or theft. Personal check cashing privileges are extended at most hotels for cardholders. No interest or late charges are assessed to the holder. Travel reimbursement should be completed before receipt of the bill from Diners' Club. This will mean employees will not have to take cash out of pocket.

The cards are issued to civilian employees, GS-11 and above, or to soldiers E-7 or above. Those below the grade threshold can be issued cards by approving authorities if their job involves frequent travel.

With the implementation of the charge cards, the amount of travel advance authorized for travelers has

been decreased. For people eligible to receive a card, a travel advance will not exceed 40 percent of the projected per diem. Additionally, an advance for rental car charges will not be authorized.

For people below the grade threshold or for travel to military posts or overseas, the current advance policy of 75 percent will remain in effect.

A follow-on system is coming which will allow the Transportation Office to use a charge account to purchase airline tickets through the Scheduled Airline Ticket Office (SATO). This system, when implemented, also will offer all travelers \$150,000 coverage for accident travel insurance.

In summary, the Army is offering a service which outside cardholders pay \$65 a year to have, at no cost to the individual. Of course, it is only for use while on official business of the government.



# Opinions

## FORSCOM commander explains philosophy, goals

**G**en. Joseph T. Palastra Jr., FORSCOM commanding general, recently answered several questions about FORSCOM's mission and himself. He was interviewed by SSgt. Collin Murphy and Cathy Shanks of the *Fort McPherson Sentinel*. Palastra's candid remarks provide insight into the formation of his command philosophy and the goals he has set for FORSCOM.

**Sentinel:** As you look around the post what impresses you the most about the installation?

**Palastra:** I guess the most impressive thing is the people. The thing you look for when you go into a unit is the attitude of the people. The attitude of the people in an organization will reflect the general attitude of the leadership.

**Sentinel:** What motivated you to go to West Point and to stay with a career in the Army? Was it any one thing?

**Palastra:** It was a number of things. In early high school, at the conclusion of World War II, we had a lot of confused signals about what was going on. The Russians had been our allies during the war; the Germans had been the enemy. And there were one or two people who influenced me. Gen. "Wild Bill" Donovan was one. Walter Winchell was one. Gen. Medaris, later on, was one. There were a few who very clearly perceived the long-term relationship among countries, especially for a democracy, as having cleared only one hurdle. But we were still in a war that was full of danger.

Winston Churchill was probably the most eloquent spokesman of that time period. He had a kind of historical perspective, that this country, the United States, has undergone a relatively short-lived experiment in self-rule. Put in historical context, the U.S. has not been around long enough to have convincingly demonstrated

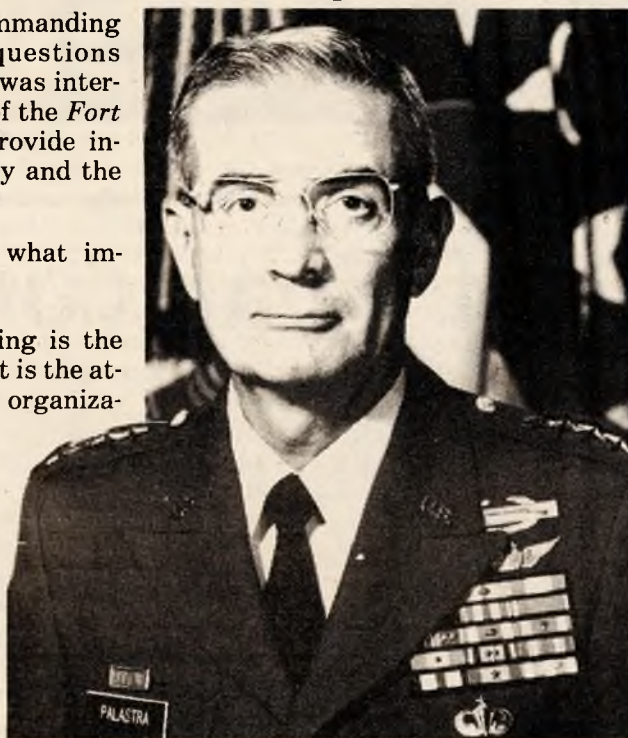


photo courtesy PSF TASC

Gen. Joseph T. Palastra Jr.

that it can stand the test of time and all the different assaults from without and within. The United States is an exception rather than a rule in that it is a country that is truly ruled by the people. And, therefore, that very fragile experiment in democracy is worth a dedicated effort on the part of a lot of people to preserve.

I was subjected to a lot of writing and speaking about this on the part of people who shaped my thinking. That, taken in conjunction with my Christian upbringing, said it's worth whatever it is you do to preserve it. I was not going to be content unless I could find a way to make my little con-

tribution to it meaningfully. While I was still in high school, I set out to find a way to do that. West Point was one of the three options I looked at when I graduated. I'd been accepted for an ROTC scholarship to Dartmouth, and I'd been accepted at Annapolis, and I chose West Point. Why West Point? Because my high school ROTC Professor of Military Science was a paratrooper and he influenced the daylights out of me.

**Sentinel:** When you were first commissioned, what kind of ambitions did you have and have you been able to make them a reality for yourself?

**Palastra:** When I was commissioned, and most of my company-grade and field-grade service, I was concerned that I really had no driving personal ambitions. I was seized with the task at hand, and the task always seemed monumental. I had to master whatever collection of responsibilities I'd been given. So, I really did not perceive clear-cut goals of reaching the stars when I was commissioned. I was told, along with the rest of my classmates, that we could look forward to a 25- to 30-year career and retire as a lieutenant colonel.

**Sentinel:** But that's not the way you went.

**Palastra:** No, but it had nothing to do with my personal ambitions. I took everything as it came.

**Sentinel:** What kind of goals lie ahead now?

**Palastra:** Pretty much the same. I will continue to try to figure out how to grab hold of this elephant I've inherited here at FORSCOM. I'll spend a few years trying to keep it moving and improve the piece of the Army I'm responsible for.

please see page 3

## Ramblin' Sam

"What things do you hear people complain about most? How would you fix it?"



**SFC Marvin Northam, EOD sergeant, 548th Ordnance Detachment:** "The biggest complaint is the lack of time available to adequately get the job done. The solution—give us more soldiers."



**SP4 Tony B. Keiling, clerk typist 548th Ordnance Detachment (EODDC):** "The biggest complaint I hear about is the housing for enlisted soldiers. More emphasis should be placed in fixing quarters and barracks and making vacant quarters available to soldiers quickly."



**Pat Dobbs, radio technician/operator, Military Police Station:** "Dog complaints—barking dogs, loose dogs, noisy dogs. Dogs generate a lot of complaints on this post. The solution is to call the mayor of the neighborhood and try to solve the problem in a calm, informal manner."

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## Palastra continued from page 2

**Sentinel:** What has been your first priority as FORSCOM commander and why?

**Palastra:** My first priority is to ensure the highest possible level of training readiness in the Forces Command. I've tried to enunciate that to the commanders who work directly for me. I laid out very clearly to them that training is the number one priority in Forces Command. Our mission requires we devote energy and resources toward that goal. When there is a question of trade-offs, limited time and limited resources, this priority has to be overriding.

That's not to neglect the very real importance of taking care of the Army Family. I tried to enunciate that in the two-page letter I sent out on command philosophy and in the nine-minute videotape I did to accompany the letter. In addition to training the soldier and getting him ready for his wartime mission, you have to make sure the soldiers understand that there is a corresponding chain of concern that's working for his family. You can't ignore the very real fact that the soldier is concerned about how his family is going to be taken care of while he's doing his job. If you do that for him, you free him to devote his talent and energy to getting ready for the combat mission.

**Sentinel:** What do you feel is your biggest challenge in this command?

**Palastra:** I guess the greatest challenge that I see is ensuring we have a philosophy and approach to executing our mission that consistently

applies decentralized execution of the mission at every echelon and in every functional area.

We use decentralized execution and rely on the initiative of our junior leaders and commanders as the base—the underpinning—of our approach to fighting the AirLand Battle. To make that real and not just rhetoric, you not only have to apply that in the tactical training sense, you have to apply it in every functional area that you approach in doing soldier's business in Forces Command. You have to give authority and make sure the authority to do a job is fixed where you hold the responsibility for getting it done.

I say that's the greatest challenge I see, because over the last 10 to 20 years there has been a steady trend toward accumulating the authority at successively higher and higher echelons. As the technology for managing information has improved, the tendency has been for commanders at successively higher authority. We've seen a proliferation of vertical organizations—I call them "stovepipes"—that cut across command boundaries. One of the priority tasks that I have is to check and reverse that trend. We must keep in mind the combat environment that we train for, which is our total purpose. We understand clearly that there is no other way to execute the combat mission except in the decentralized mode. We owe it to the leaders we're training to come after us to bring them up in that decentralized mode of operation. Given the trend of industry and government during the last 20 years, that may be a little harder to do than it is to say.

(Next week: Part II—Soldiers).

## TAKE A BITE OUT OF CRIME

### Prevent vandalism

by John Flynn

During the first two weeks of January, there has been a notable increase in vandalism on the Presidio. It is quite disturbing that this occurred in the middle of the day when the chance of discovery is the highest.

Vandalism is perhaps the most senseless crime that is committed. The perpetrator receives no monetary gain from vandalizing property. Every year, millions of dollars worth of property are vandalized in the United States and every year insurance companies pay almost the same amount in claims. Insurance companies don't pay these claims out of the goodness of their hearts. We are all paying the price in the form of increased insurance premiums.

### How to prevent vandalism:

- Be a concerned neighbor. This doesn't mean that you have to invade your neighbor's privacy, but it *does* mean being concerned and curious about strangers and unusual activity. You are the only one who really knows what is going on in your neighborhood.
- Report any suspicious activity to the Military Police.
- Teach your children the value of property and instill in them just how hard and long you have to work to obtain it.

### On the Lighter Side



- Keep all spray paints out of the reach of children.

Remember, whenever government property is vandalized, funds are diverted from the budget for repairs...funds which were intended for new purchases. Vandals are lowering your quality of life. We are all fortunate to be stationed at such a beautiful post as the Presidio. Let's all make an effort to keep it that way.

### Crime report

- One person was apprehended for theft of government property.
- Two people were apprehended for possession of drugs—(one for possession of cocaine and one for the possession of marijuana).
- There were three larceny reports.
- One person was apprehended for burglary and vandalism.
- One stolen vehicle was recovered.
- There were four vandalism reports.

## News briefs

### National Prayer Breakfast

The Presidio National Prayer Breakfast will be held on Feb. 4, from 7 to 8:15 a.m. at the Presidio Officers' Club. This year's guest speaker will be Maj. Gen. James Dozier, retired. Dozier compiled a brilliant career record and was the focus of worldwide attention in 1981 when he was kidnapped and held hostage by the Red Brigade terrorists in Italy where he was serving as Deputy Chief of Staff Logistics and Administration, Allied Forces, Southern Europe. He is in much demand as a speaker, sharing his convictions about a personal relationship with God.

Tickets are now on sale at \$5 each. For more information call 561-4719 or 561-4239.

### Sixth Army anniversary

Sixth U.S. Army, headquartered at the Presidio, marks its anniversary on Sunday, signifying 44 years of service to the nation.

Sixth Army was activated at Fort Sam Houston, Texas, January 25, 1943, with the mission of recapturing the vast chain of islands seized by Japan during the early months of World War II in the Pacific Theater.

In helping fulfill General MacArthur's vow, "I shall return," Sixth U.S. Army fought its way across 3,600 miles of the Pacific Theater. These battles were highlighted by engagements at New Britain, The Admiralties, New Guinea, Leyte, and finally, Luzon and the recapture of the Philippines.

Now under the command of Lt. Gen. Fred F. Woerner, Sixth Army geographically is the largest of the five Continental Armies. Its area of responsibility covers 12 western states—1.25 million square miles and includes more than 100,000 members. Of these, 800 are active duty soldiers, 1,300 civilian employees, 64,000 are Army National Guard members and 37,000 are Army Reservists.

The Sixth Army's anniversary of service to the nation will be celebrated during a retirement ceremony on Thursday at 3:45 p.m. on the main parade field on post. The Sixth U.S. Army Band will perform and Presidio soldiers will pass in review. The public is invited to attend the ceremony.

### Passports

Effective immediately, the following hours of operation for the Passport Office, Enlisted Personnel Branch, bldg. 86, are Monday, 9 a.m. to noon; and Tuesday and Thursday from 8 a.m. to noon.

The Passport Office processes requests for Official No Fee Passports for active duty soldiers, family members and DA civilians who are on assignment or temporary duty (TDY) instructions to overseas locations **only**. Requests for passports should be made immediately following the reassignment interview. For more information, call 561-3356.

### Early ETS

The Department of the Army has started a program that lets soldiers leave active duty up to two months before their official ETS date. Soldiers leaving active duty will use the following schedule:

If ETS is Feb. 1 through 28, the early transition date is Feb. 1 through 10; if ETS is March 1 through 31, ETS is Feb. 11 through 20; for the month of April the ETS is Feb. 21 through 28 and soldiers who are scheduled to ETS from May 1 through Sept. 30 will leave the service two months before the scheduled date.

There are exceptions to the involuntary early transition. For more information, contact the Personnel Actions Center at 561-3478.



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.



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# PSF helps SF prepare for emergencies

by Ginger K. Cooper

The city of San Francisco has called upon the Presidio of San Francisco for assistance several times. This time, however, the city had asked the post to help them prepare for future emergencies.

In the past, the Presidio was called upon to establish and maintain law and order after the 1906 earthquake. Housing, medical care, etc., also were provided to thousands of refugees from that disaster. The Presidio also aided the city by adding to its depleted water supply during the severe drought several years ago.

This time the city is planning ahead for possible crises. Such situations include the threat of another major earthquake, fires which could leave families homeless, and emergencies which might keep commuters from getting home.

The aid this time is in the form of Armed Forces surplus cots.

"We started looking at organizations that could help us locate these cots," said Dan Nicholas, City Emergency Planning coordinator. "We naturally looked to the Presidio because of their previous assistance."

A request was made through the mayor's office

to the commander of the Presidio for a donation of several hundred cots. The request was sent to the Directorate of Logistics (DOL) where it ended up as a project for the Supply and Services Division.

"Our first priority is to take care of our own," said Maj. Michael Riley, assistant director of DOL, "however, being a part of the city, we obviously want to support the city within our capacity."

Capable is what they are.

Jim Hampton, director of Supply and Services, Marge Johnson, Wylodine Patton and Bill Pesetski set to work on the project.

"We found we were able to donate the cots," Hampton said, "under provisions in Public Law 94-519."

This law "...permits the donation of Federal surplus personal property to the States and local organizations for public purposes..." Therefore we were allowed to make the donation. The law also states that the donated surplus goods are to be "for public, non-profit organizations for public use."

After the transfer of the goods was declared legal, came the task of locating them.

Calling on her 30 years of Civil Service experience, Marge Johnson, chief of the Material Management Section, put the Army Logistics System to work. Her colleague, Patton, described part of the process.

"We interrogated the computer to locate excess cots," Patton said, "first checking Alameda, then Camp Pendleton. Pendleton had the amount of cots the city was looking for and by checking the Property Disposal Office, we found they were the closest to us."

The cots arrived Dec. 15, and were stored over the holidays. On Jan. 14, Nicholas arrived to oversee their loading and act as the city's representative in the official transfer of possession.

The nearly 700 cots will be put into storage once again by the city while their destinations are determined by Emergency Planning and Services. The office is planning to introduce a supplemental budget to the Board of Supervisors requesting the purchase of additional, needed cots, according to Nicholas.

Nicholas let it be known that the Presidio's assistance is a giant first step in meeting the needs of any future emergency.

## How did the famous Sgt. York win the Medal of Honor?



photo courtesy Department of Army Public Affairs  
Sgt. Alvin York, WWI hero.

by Pleasant Lindsey

Wars are not something to look forward to. But as guardians of freedom, American soldiers have

performed heroic deeds in service to their country.

One hero who stands out in history is Sgt. Alvin York. York was a religious mountain man from Fentress County, Tennessee. He was so religious that he became a conscientious objector to avoid the draft during World War I. His pastor, and the commanding officer of the unit York was assigned to, had to convince him that serving his country in the military was the morally correct thing to do.

York accepted his fate and became a member of the 82nd Division, known as the All-American Division because of the ethnic variety of its soldiers.

On October 8, 1918, (then PFC) York and 15 men of the 328th Infantry Regiment, led by their sergeant, attacked a German machine-gun battalion during the battle of the Argonne Forest.

The platoon worked its way around a series of machine-gun nests and rushed them from the rear. They captured one crew, but other Germans 50 yards away spotted them and turned their guns on the platoon. Six Americans died and three more were wounded, including the platoon's sergeant. That's when York took over.

York placed the German prisoners in the hands of the four unwounded Americans. He then relied on a method he learned in turkey-shooting contests in Tennessee to beat the Germans.

In turkey-shooting contests, the bird would be tied and placed behind a log. Whenever the bird raised its head the shooter had to aim and shoot quickly. Unfortunately for the Germans, they had to raise their heads above their protective sandbags to fire at York. York picked off 12 Germans

in a row. A Prussian officer with six or seven men then charged York's position. Once again, York relied on his hunting skills to defeat the enemy.

When a group of wild turkeys are spotted a hunter would shoot the turkey in the back of the group first, according to York. That way, the turkeys in front wouldn't know the ones behind were being hit. Using this same method, York dropped all the German soldiers before the Prussian officer realized what was happening. The German major in command of the immediate area surrendered with his command of 90 men.

As the Germans came toward him, York noticed one of the soldiers carrying a half-concealed grenade. York shot him too, then lined up the Germans and headed for the American lines. At every machine-gun post they passed, the major would tell the crews to surrender. He had no choice. York had a revolver in the major's back.

By the time he and the remainder of his platoon reached their company, York had captured more than 40 machine guns and 132 German prisoners. When American officers asked how he did it, York replied, "I surrounded them."

On November 1, 1918, York was promoted to sergeant. He later was awarded the Medal of Honor, the French *Croix de Guerre* and some 50 other medals and decorations to become one of the most celebrated heroes of World War I.

Many people perform heroic deeds, but few manage such stunning feats or ones in which movies are made about them as in Alvin York's case. He was a man who added color to America's history through his military service and honor to that service.



## Avoid the W-4 form blues now!

by Patricia Halsey, SJA

As you begin work on your 1986 income tax return, you may wonder about the new tax laws, the Tax Reform Act (TRA) of 1986. The new law does not effect your 1986 income tax return, but you will need to understand the changes when you file your 1986 income tax return.

One aspect of the TRA of 1986 that you should act on soon is the requirement that you file a new W-4, Employee's Withholding Allowance Certificate. The new W-4 must be filed not later than Oct. 1, 1987, and it is to your advantage to submit your new W-4 to your unit administrative section as soon as possible, as a new W-4 form will best allow you to determine the amount of withholding that is correct for your situation.

The new W-4 will be distributed to you with

your January Leave and Earnings Statement, and if you do not receive one, be sure to contact post finance to get this form.

The Client Services Branch, Staff Judge Advocate's office has an Internal Revenue Service (IRS) videotape entitled, "How to Complete the New W-4 Form." This videotape is available for all organizations and units to copy and use in completing the new forms.

The IRS has two publications that will assist you in completing the new W-4—Publications 505 and 919. You can call 1-800-424-FORM to order these and other publications and forms. The Presidio Tax Center, which opens Feb. 2, will also have these publications and forms.



# Giving blood doesn't worry them!

story and photos by Pleasant Lindsey

An extreme shortage of blood donors prompted the Irwin Memorial Blood Bank to ask a Presidio unit to hold its blood drive four weeks ahead of schedule to meet the needs of Bay Area hospitals.

The Defense Language Institute-San Francisco (DLI-SF) moved its blood drive from the beginning of February to Jan. 15 because of the shortage.

Cami Kuykendall, a field consultant at Irwin, said the holiday season took a heavy toll on the amount of blood used in hospitals.

"During the holidays you have a rise in the number of traffic accidents. Some of the victims need extra blood to survive their injuries," she said.

"On the other hand, many people don't find the time to donate blood during the holiday season and this creates a shortage for the hospitals."

Kuykendall said the blood shortage is being felt throughout the Bay Area. Irwin supplies blood to hospitals throughout the area, including Letterman Medical Army Center (LAMC).

Kuykendall said Irwin contacted DLI-SF because the school was the only group she knew of that could supply a large number of donors on short notice.

"A group was supposed to send Irwin about 200 donors to Irwin, but cancelled with one week's notice," she said. "Our blood supply is really critical and we had to get donors immediately."

Kuykendall said she could rely on DLI-SF because the school has always given Irwin strong support. She said DLI averages more donations

than any unit on post. Lt. Col. William Devine, commander of DLI-SF, confirmed her statement.

"We average an 80 to 90 percent donation rate each quarter. Irwin is impressed with our support," he said.

"We were scheduled to donate blood on Feb. 13. When Irwin called Capt. [Rafael] Linero and asked if we could move the date up, we got the support of the students and the faculty."

Linero, the adjutant, said DLI-SF donated 200 pints of blood for the drive. He said that accounted for 70 percent of the students and staff at the school, and another five percent will be donating before the end of the month.

But even with such a high turnout, Irwin is still seeking donors.

"Surgery can require up to 80 pints of blood," Kuykendall said. "We need to collect 400 units of blood per day just to meet the needs of the hospitals in the area. We need 500 units if we want to stay out of a deficit."

"And this problem is not isolated to the Bay Area. If it were, we could get blood from another supplier. But the shortage is occurring across the country." She said the blood shortage is so severe, Irwin considered asking local hospitals to cancel their surgery schedules.

The rest of the post will get a chance to keep that from happening. The DLI-SF drive was part of a series of three drives to get blood donors from the post. The other two drives will be aimed at the Presidio community and tenant units including

medical facilities of LAMC and Letterman Army Institute of Research (LAIR).

These drives will be held the beginning of February and are being coordinated by Terry Hallinan, occupational health nurse, and Dr. (Col.) Robert Fellini, director of Health Services.

Hallinan said the biggest problem with getting donors from the rest of the post is lack of awareness.

"We are trying to help increase the blood drives by using the media on post," she said. "Our support will have to come from the command level."

Hallinan said the military educates its soldiers in the value of giving blood, but civilians need the same type of education.

The blood drive for the post will be held Feb. 19 and 20.

"It would be a shame to tell someone they couldn't get service at a hospital because there isn't enough blood," Hallinan said. "We are going to need full support from the Presidio community, because LAMC benefits from this drive too."

Donors don't have to wait for the drives to begin to give blood. Donors are needed *now*. To get more information about being a blood donor, contact Terry Hallinan or Fellini at 561-3924, or call Cami Kuykendall at the Irwin Memorial Blood Bank at 567-6400, extension 490.

Like Hallinan said, "Giving blood is like money in the bank—it's there when you need it."

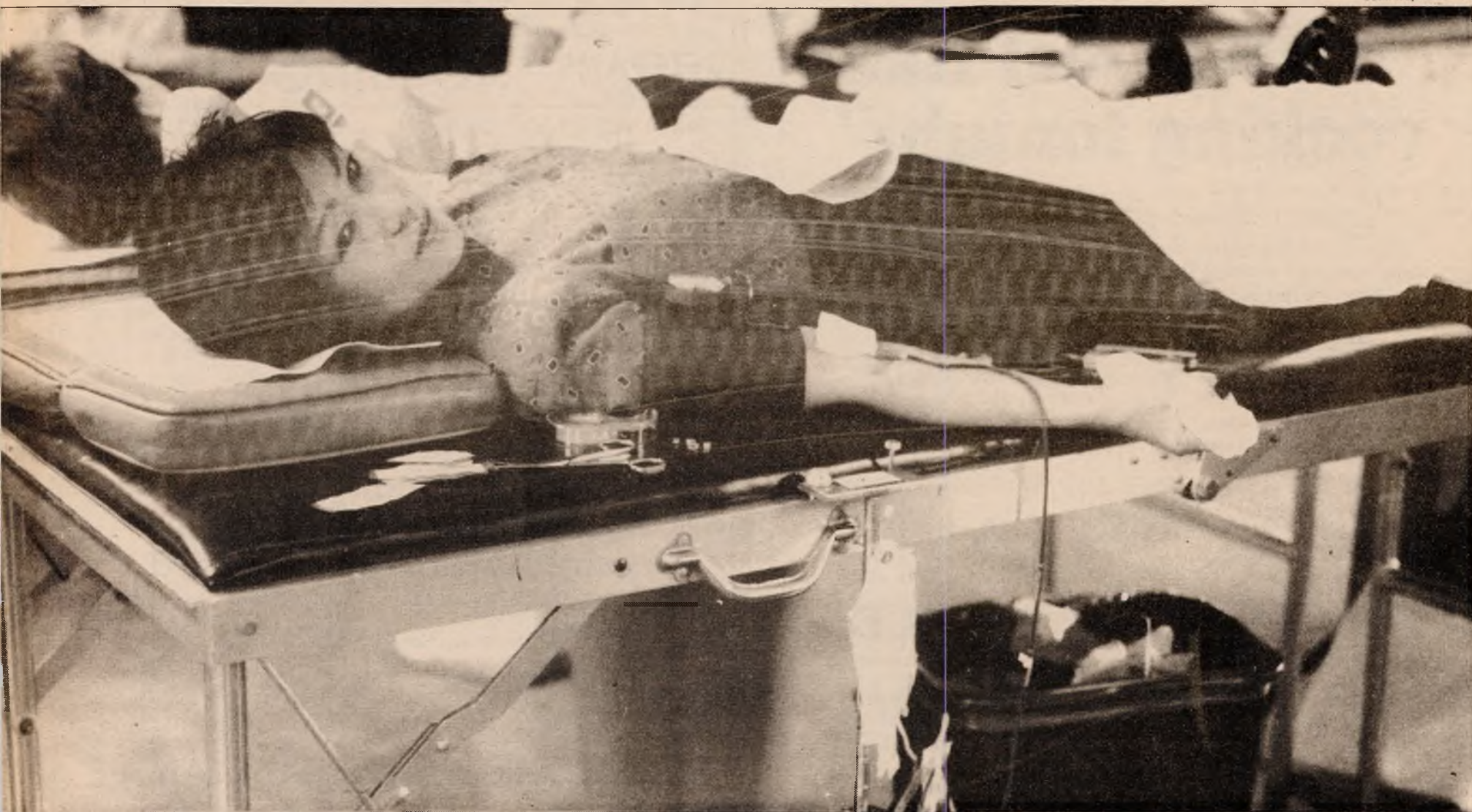


Good things come to those who wait—especially if they're giving blood like these DLI-SF soldiers.

There  
a tim

Capt.  
having





It's nothing like the setting a good example, as Korean instructor Lee Myung knows. She was only one of many who helped Irwin Memorial Blood Bank at the time of urgent need.



Byron A. Ramirez, the commander of Co. G, DLI-SF, seems to be happy about just giving blood.



The sight of a few needles don't shake these DLI-SF students waiting to give blood.



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# Community Calendar

## AUSA meeting

The Association of the United States Army (AUSA) in cooperation with the General Swing Chapter of the 11th Airborne Association will hold a luncheon on Feb. 18 at the Presidio Officers' Club. The luncheon will begin with an 11:30 a.m. "no host" reception followed by a noon luncheon.

The month's luncheon will honor the members of the 11th Airborne Division of the Filipino guerrilla organization whose daring raid deep within enemy territory in February of 1945 liberated over 2,200 men, women and children who were held captive at the Los Banos prison south of Manila.

Tickets are \$8 per person and tables of 10 are available at \$80. The only reserved seating will be for tables of 10. Otherwise, seating is open on a first-come, first-served basis.

Payment for a table must be accompanied by complete payment and reserved under a single name—either organization or individual. The public is invited to attend.

For more ticket information, call Michele Ranta a 561-4700. The deadline for reservations is Feb. 13.

## Proper address

Correspondence intended for dress Intra-government correspondence should be addressed to the wrong place. Activities that address Intra-government correspondence with "IG" are actually sending it to the Inspector General.

All correspondence for Intra-government should be addressed "INTRA-GOV'T" or "AFZM-DRM-FAI." Only correspondence being sent to the Inspector General can be addressed with "IG."



photo courtesy ITT

## Still playing

'Hitz,' a rock and novelty band, plays the Oakland Coliseum Roadster Show through Sunday. The band specializes in 60s rock numbers and parodies of Tina Turner and Prince, among others.

## Exchange closure

The Main Service Station at the Presidio will close Sunday and the Main Exchange and Four Seasons store will be closed Monday for year-end inventory. The service station will reopen Monday. The stores reopen Tuesday.

## Vet Clinic hours

The Presidio Veterinary Clinic announces new hours of operation. Effective immediately, the clinic will be open Monday through Friday for over the counter sales (vitamins, grooming aids, flea products, etc.) from 9 a.m. to 3 p.m., including the

lunch hour. Vaccinations will be given on Wednesdays from 9 a.m. to noon and 1 p.m. to 3 p.m. Sick call (skin, ear, parasites, and other minor problems) will be on Tuesdays and Thursdays from 9 a.m. to noon. Animals will be seen by appointment only.

Animals must be on a leash, in a cage or box while in the clinic, and should be allowed to relieve themselves prior to entering the building. Children under 12 will not be allowed in the clinic unless accompanied by, and under the careful supervision of an adult.

The clinic is in bldg. 668, on McDowell Avenue near Crissy Field

Avenue. For more information and/or an appointment, call 561-3744.

Charges and fees are not quoted over the phone, but the average dog or cat can receive its rabies plus annual booster shots for less than \$15.

## Computer programming

City College of San Francisco will hold a course on the programming language of BASIC at the Fort Scott Education Center.

The class will meet Mondays, 6 to 9 p.m., Feb. 9 to March 23, and will award one unit of college credit.

Some previous programming knowledge or experience is recommended. The cost is \$5, plus book, for California residents and soldiers or family members with orders dated after Jan. 12, 1986.

To enroll, visit the LAMC (bldg. 1007) or Fort Scott (bldg. 1216) Education Center.

## Overseas orientation

An overseas orientation will be held Feb. 5 for soldiers scheduled for a permanent change of station (PCS) to an overseas location.

The orientation will begin at 8 a.m. in the Audiovisual Theater, bldg. 603.

Representatives from Finance, Personnel Service Center, Transportation (Personal Property, Household Goods and Travel), Housing, LAMC and the Dental Clinic will be available to assist soldiers in preparing to PCS.

Spouses are encouraged to attend. For more information, call 1st Lt. Michelle A. Koster at 561-2741.

# ...the write stuff...

by Ted Weller

Well folks, it is time for that great American institution, THE SUPER BOWL; for all the folks I mentioned last week, hang tough only one more weekend to go!

Now the question is, what to do for a Sunday if football holds no fascination:

- Plant all spring bulbs in your garden...
- Start spring cleaning two months early...
- Plan your America's Cup party...
- Visit Golden Gate Park, the Zoo, or any other attraction, there will not be any crowds...
- Visit Disneyland, Marine World or points between, same reason as above. Tickets available through your local I.T.T. Office...
- Finish the model airplanes that have been collecting dust on the bookshelf since Christmas...
- Count the days until the 49ers (Bears, Rams; enter team of choice) go to the Super Bowl...
- Invest in a copy of "The Sporting News" for the latest on the San Francisco Giants or...
- Other choices for the weekend include:

Tomorrow's FREE guided tour of Fort Mason Center and the 50 plus arts, environmental and cultural groups that have museums, theaters, galleries, classes and workshops open to the public throughout the year. Call 441-5706 to reserve space on the tour.

Auditions for the 1987 San Francisco Ethnic Dance Festival will be held throughout the weekend at the Palace of Fine Arts Theater. The auditions are open to the public for FREE from 10 a.m. until 6 p.m. tomorrow and Sunday.

The annual All Breed Cat Show will be at the San Francisco Fair Building near 9th Avenue and Lincoln Way in Golden Gate Park tomorrow and Sunday, 9 a.m. until 5 p.m. Admission is \$3.

Tomorrow night at 8 p.m., the Young People's Musical Theater Company will present a tribute to Dr. Martin Luther King Jr. featuring music from Duke Ellington, Fats Waller, Billie Holiday and others. Admission is FREE at the Josephine D. Randall Junior Museum, 199 Museum Way.

On Sunday, the American Youth Hostel offers whale watching opportunities from the shoreline at Point Reyes Lighthouse. After the whale watching, groups will venture on five-to six-mile hikes into nearby trails. For details, call trip leader at 776-8318.

For the two-wheelers, the Paskenta 100 is happening on Sunday. Bicycle for 100 from Bidwell Park in Chico. NO FEES, no registration. For information call 891-8156.

The American Conservatory Theatre's Plays-in-Progress program will present a staged reading of "Tolstoy's Wife" Monday at 5 p.m. in its studios across from the Geary Theatre, 450 Geary Street. This drama by Bill Broder explores the struggle between the Russian novelist's wife and daughter for his love. The reading is open to the public and is FREE.

**This Week in Presidio's History:** Jan. 24, 1893—After three years of negotiations, the land above Point Lobos is acquired by the U.S. Army. In 1890, Col. George Mendel, engineer in charge

of the defense construction of the San Francisco region, had selected a 73-acre tract of land near Point Lobos for fortification. The land belonged to the City of San Francisco and since 1868 had been the Golden Gate Cemetery. After various political maneuvers, the federal government bought 54 acres for \$75,000. The Point Lobos Military Reservation was later renamed Fort Miley in 1900 for Lt. Col. John D. Miley, U.S. Volunteers. Miley housed coastal artillerymen assigned to Batteries Buck, Call, Chester, Land, Livingston-Springer and Lobos. Today, Miley is the site of the Veterans Administration Medical Center, San Francisco.

January, 1857—The first hospital in the San Francisco area and the first permanent structure built by the U.S. Army on the Presidio is completed. Built on a foundation of stones and bricks salvaged from the razing of the Castillo de San Joaquin, Wright General Hospital, bldg. 2, today houses the Presidio Army Museum.

Jan. 25, 1864—Lt. Col. C. C. Sibley, 9th Infantry assumes command of the Presidio. Jan. 28, 1914—Col. George Bell Jr., 16th Infantry assumes command. Jan. 26, 1931—Col. Charles B. Stone Jr., 30th Infantry assumes command.

...Congratulations to the Sixth United States Army on its 44th anniversary. The Sixth U.S. Army was activated at Fort Sam Houston, Jan. 25, 1943.

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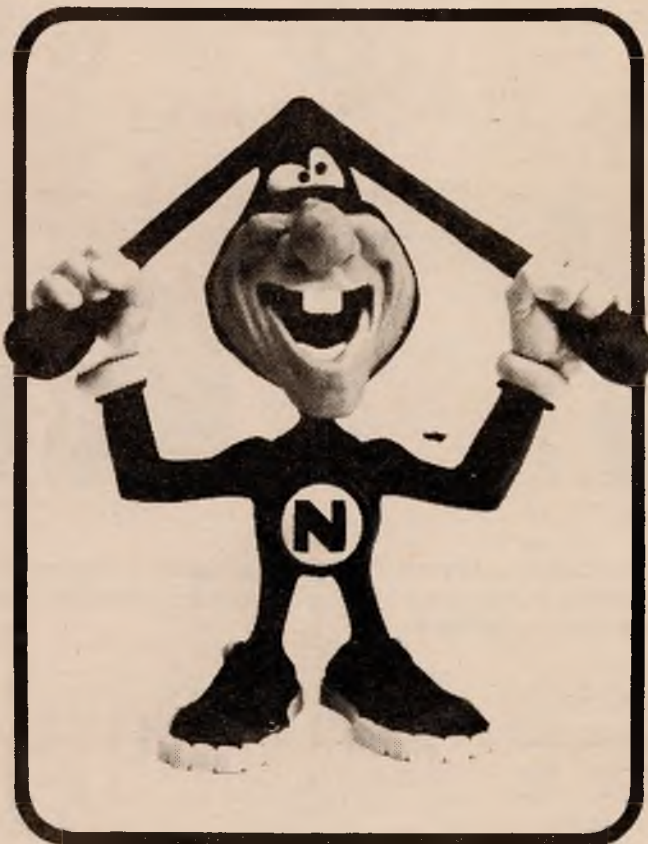
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## Sports

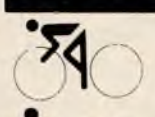

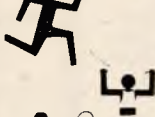


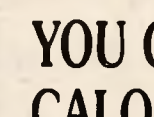
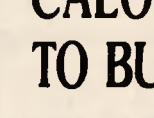
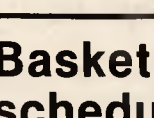
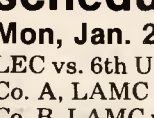
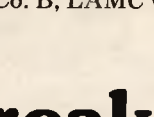
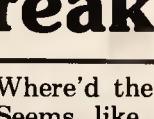
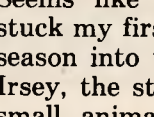
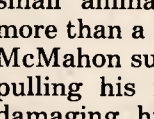
## Basketball

The basketball players have finished their first week of league play. At this early stage, no one team looks as though it might dominate the league. There are a few individual players from various teams who look good, however.

The Defense Language Institute-San Francisco's (DLI-SF's) Reggie Thomas scored 20 points in the first half and 10 more in the second half of a game against MEPCOM (Military Entrance Processing Command). MEPCOM's James Williams made 27 points in that same game. USAISC's (U.S. Army Information Systems Command's) Joe Anderson scored 28 points against the 16th AG (Postal).

## Scores

Results from last week's games are: USAISC 70, 16th AG (Postal) 50; Sixth U.S. Army 39, Directorate of Engineering and Housing (DEH) 24; DLI-SF 50, Co. A, LAMC 45; Directorate of Logistics (DOL) 42, Law Enforcement Company (LEC) 19; Co. D, 864th Engineers 66, Co. A, LAMC 48; Co. B, LAMC, 42, DPTMSEC (Directorate of Plans, Training, Mobilization and Security) 32; DLI-SF 52, MEPCOM 44; 864th Engineers 52, DOL 50; DPTMSEC 33, LEC 32; Co. B, LAMC 52, 16th AG (Postal) 38; DEH 61, MEPCOM 50; USAISC 45, Sixth U.S. Army 37.

	WEIGHT ►		100		150		200	
	TIME EXPENDED ►		1 hour 1 minute		1 hour 1 minute		1 hour 1 minute	
 Bicycling 6 MPH			160	3	240	4	320	5.5
 Bicycling 12 MPH			273	4.5	410	7	547	9
 Walking 2 MPH			160	2.5	240	4	320	5.5
 Walking 3 MPH			213	3.5	320	5.5	427	7
 Walking 4½ MPH			293	5	440	7.5	587	10
 Jogging 5½ MPH			493	8	740	12	987	16.6
 Jogging 7 MPH			613	10	920	15	1227	20.5
 Running 10 MPH			853	14	1280	21	1707	28.5
 Jumping rope			500	8.5	750	12.5	1000	16.5
 Running in place			433	7	650	11	867	14.5
 Tennis singles			267	4.5	400	6.5	533	9
 Swimming 1500 yards			183	3	275	4.5	367	6
 Swimming 3000 yards			333	5.5	500	8.5	667	11

HAVE  
YOU GOT  
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Curious about how many calories you're burning off in that diet/exercise program you've started? Help has arrived!

The chart above shows average calories spent per hour and per minute in various activities depending upon a person's weight. While precise figures are not available, those shown were averaged from several sources. Note that lighter people will burn fewer calories and heavier ones will burn more while participating in the same exercise.

Worth remembering: Exercising harder or faster for a given activity will only slightly increase the calories spent. A better way to burn more calories is to exercise longer and cover more distance.

Basketball  
schedule

## Mon, Jan. 26

LEC vs. 6th U.S. Army ..... 5 p.m.  
Co. A, LAMC vs. USAISC ..... 6 p.m.  
Co. B, LAMC vs. MEPCOM ..... 7 p.m.

## Tue, Jan. 27

DOL vs. 16th AG (Postal) ..... 5 p.m.  
DLI-SF vs. DEH ..... 6 p.m.  
DPTMSEC vs. 6th U.S. Army ..... 7 p.m.

## Wed, Jan. 28

864th Engineers vs. USAISC ..... 5 p.m.  
LEC vs. MEPCOM ..... 6 p.m.  
Co. A, LAMC vs. Co. B, LAMC ..... 7 p.m.

## Thu, Jan. 29

DOL vs. DEH ..... 5 p.m.  
16th AG (Postal) vs. 6th U.S. Army ..... 6 p.m.  
DLI-SF vs. USAISC ..... 7 p.m.

## Gym closure

Gym No. 1, bldg. 63, will be closed partially on Sunday until noon. The basketball court, weight room and exercise room will be closed while U.S. Military Academy candidates are tested. All other gym sections (locker rooms, saunas and racquetball courts) will be open.

For more information, please call 561-4120 or 561-4131.

## YA wrestling

Youth Activities wrestling for boys ages 6 to 16 will begin tomorrow and run through the end of March. Classes will be held in Gym No. 1 on Mondays and Wednesdays from 5:30 to 6:30 p.m. and on Saturdays from 10 to 11:30 a.m. The registration fee is \$12.50.

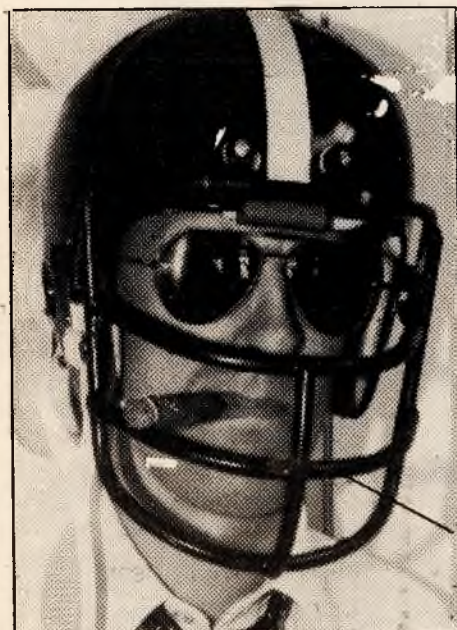
For additional information call Youth Activities at 561-5910.

## YA karate

Youth Activities is currently offering karate on Mondays and Wednesdays from 5:30 to 6:30 p.m. The price is \$20 for eight lessons.

Call Youth Activities at 561-5910 for more information.

## Jimmy the Freak



Hellooo, everybody! Today's column marks the end of another football season.

Where'd the last six months go?!?! Seems like only yesterday that I stuck my first ugly barb of the 1986 season into the sodded hide of Bob Irsey, the stealer of colts and other small animals. Has it really been more than a score of weeks since Jim McMahon suffered his first injury by pulling his foot out crookedly and damaging his teeth? Has it really been that long since the Dallas cheerleaders had something to cheer about? Oh, well...time waits for no man...or at least until they have a chance to check it on the instant replay. With that, I'll just say goodbye for another season. Maybe, God willing and the budget cutters don't get me, I'll be back for the baseball season. If I do return, that's no reason not to read the rest of the paper. Bye, kids....

Some random remembrances of this past NFL season:

- Mike Ditka joining Ozzie

Osborne on a rock tour and biting the head off an NFL referee on stage.

- "Fridge" Perry missing a meal, losing a couple of ounces of weight, swooning from the resultant weakness and being put on injured reserve while "beefing up."

- Rod Dowhower missing the Vatican "cit" for the final team roster by just a couple of weeks. One full year working for Bob Irsey as coach supposedly qualifies one for automatic sainthood as well as Islamic martyrdom.

- Doug Flutie moonlighting as an elf in the Chicago production of "Nutcracker Suite." The props department provides the necessary elevator shoes....

- Mrs. Bob Irsey wins half of the Colts' franchise in her divorce settlement. She sues again, saying that she wants something of real value.

- Irving Fryer is fined for leaving a game early, driving to Wyoming,

running out of gas and missing three weeks of practice. He claims all resulted from missing his exit on Route 93 near Methuen.

- To make the locker room a happier place, the Patriots hired funny man and "party animal" Dennis "Oil Can" Boyd as assistant coach for hospitality.

- Bill Walsh, in a weak moment, actually admitted that one of his ideas about the '49ers wasn't that great....

- Glenn Dickey, of the *Chronicle*, seeks therapy after having a breakdown when a letter was received from Sister Theresa calling him a "journalistic poop"....

For what it's worth, I predict the final score of Super Bowl XXI will be:

**New York Giants 27,  
Denver 16**

## At the movies

## Presidio Theatre

Fri, Jan. 23	The Wraith (PG-13)	7 p.m.
Sat, Jan. 24	Song of the South (G)	7 p.m.
Sun, Jan. 25	Heartbreak Ridge (R)	7 p.m.
Mon, Jan. 26	Heartbreak Ridge (R)	7 p.m.
Tue, Jan. 27	Heartbreak Ridge (R)	7 p.m.
Wed, Jan. 28	Ferris Bueller's Day Off (PG-13)	7 p.m.
Thu, Jan. 29	Fire Walker (PG)	7 p.m.
Fri, Jan. 30	Fire Walker (PG)	7 p.m.

## Hamilton Theater

Mon, Jan. 26	The Wraith (PG)	7 p.m.
Wed, Jan. 28	Song of the South (G)	7 p.m.
Thu, Jan. 29	Heartbreak Ridge (R)	7 p.m.

## Schwartz Theater

Fri, Jan. 23	The Fly (R)	7 p.m.
Sat, Jan. 24	A Minor Miracle (G)	1 p.m.
Sat, Jan. 24	The Fly (R)	7 p.m.
Wed, Jan. 28	Maximum Overdrive (R)	7 p.m.
Thu, Jan. 29	Maximum Overdrive (R)	7 p.m.
Fri, Jan. 30	Aliens (R)	7 p.m.





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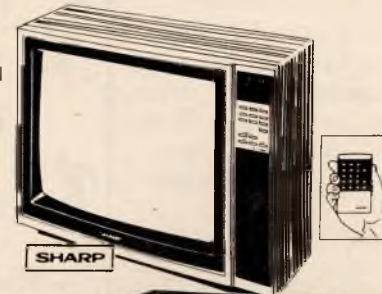
(example)

## ALL 19" & 13" TV's on sale!

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**SHARP** (example)

- 17 function random access remote control
- 110 channel cable compatible electronic tuner
- Automatic color system (ACS)
- Rapid on picture and sound
- LED channel indicator



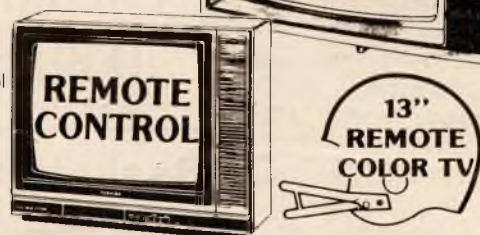
**ZENITH** (example)

- 157 channel capability
- Quartz controlled electronic tuning
- Chromasharp picture tube
- Auto control color system



**TOSHIBA** (example)

- 117 channel cable capable
- Random access remote control
- Automatic switch off timer up to 90 minutes
- LED digital channel indicator
- Blackstripe 2 picture tube



## ALL VCR's on sale!

**Panasonic** (example)

- 14 day/4 event programmable
- 99 channel voltage synthesized tuner
- 28 function wireless remote with random access keypad tuning
- HQ picture enhancement
- Omniseach/frame still/slow motion/2Xplay (SLP mode)



**SANYO** (example)

- 14 day/4 event programmable
- Auto power on/auto playback
- 107 channel voltage synthesized cable compatible tuner
- Quick start recording
- 3 speed operation (SP, LP and EP)



## ALL Frigidaire washers and dryers on sale!

**Frigidaire**

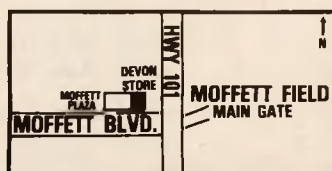
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# Star Presidian

Vol. 30, No. 4

"Published in the interest of the people of the Presidio of San Francisco."

Jan. 30, 1987

## News briefs

### Black History Month activities

"The theme for this year's Black History Month celebration is "Black Defenders of the Constitution: Colonial Times to the Present," announced Gina Razel, Presidio Equal Opportunity manager.

Razel said that in keeping with the theme various educational and cultural activities will be held throughout the month.

There will be a Black History Month display at the Post Exchange Mall from Monday through Feb. 6, featuring the Black Defenders of the Constitution.

From Monday through Feb. 28 the Fort Point Museum will feature "Ready and Forward" an exhibit honoring the black soldier.

"A highlight of the month will be a discussion group at the Golden Gate Community Center on Feb. 11 from 11:30 a.m. to 1 p.m. The seminar is entitled, 'Why Black History Month—is the need still there?' This is open to all Presidians," Razel said.

On Feb. 13, a Black History Month Luncheon will be held from 11:30 a.m. to 1:15 p.m. in the Presidio Officers' Club. The guest speaker will be Robert L. Harris, Chairman of the NAACP Legal Redress Committee, from the San Francisco Regional Office. Tickets can be purchased from the Equal Opportunity Office.

For more information, call 561-3701 or 561-6084.

### National Prayer Breakfast

The Presidio National Prayer Breakfast will be held Wednesday from 7 to 8:15 a.m. at the Presidio Officers' Club. This year's guest speaker will be Maj. Gen. James Dozier, retired.

Tickets are now on sale at \$5 each. For more information call 561-4719 or 561-4239.

### Early ETS

The Department of the Army has started a program that lets soldiers leave active duty up to two months before their official ETS date. Soldiers leaving active duty will use the following schedule:

If ETS is Feb. 1 through 28, the early transition date is Feb. 1 through 10; if ETS is March 1 through 31, ETS is Feb. 11 through 20; for the month of April the ETS is Feb. 21 through 28 and soldiers who are scheduled to ETS from May 1 through Sept. 30 will leave the service two months before the scheduled date.

There are exceptions to the involuntary early transition. For more information, contact the Personnel Actions Center at 561-3478.



photo by Pleasant Lindsey

Volunteers study diligently to help unravel difficult 1986 tax return forms.

## Need help with your taxes?

by Patricia Halsey, SJA

The 1987 Presidio Tax Assistance Program officially started Jan. 26, when Col. Joseph V. Rafferty, post commander, welcomed Unit Tax Representatives (UTAs) and Army Community Service (ACS) volunteers to a tax preparation training course at the Presidio Education Center.

The course was conducted by the Internal Revenue Service as part of the "Volunteer Income Tax Assistance" program, commonly called "VITA."

During the week-long course Unit Tax Representatives and Army Community Service Volunteers learned valuable information about income tax return preparation. The UTAs and ACS volunteers are now ready to help you prepare your 1986 income tax return.

The Staff Judge Advocate (SJA) is adding a new program to the 1987 Presidio Tax Assistance Program. They are opening the Presidio Tax Center in bldg. 223, the SJA offices. The center will have all the state and federal tax forms you may need, as well as ACS volunteers to prepare your tax returns free of charge.

Tax returns will be prepared by appointment. To make an appointment you should call the "Tax Hotline" at 561-2TAX. Volunteers manning the "Tax Hotline" also will answer tax questions.

The following is a list of Unit Tax Representatives, who completed the IRS VITA course. You are encouraged to contact your Unit Tax Representative for free tax preparation or call the "Tax Hotline" at 561-2TAX.

The tax advisors are:

**Sixth Army Band:** SP4 David Leresche, 561-2625.

**864th Engineers:** SFC Liberto Presto, 2nd Lt. Dana Vallmont or 1st Lt. Raymond Prisk, 561-4474.

**DLI-SF:** SFC Robert Kwak, Capt. Rafael Linero and SFC John Tate, 561-0369.

**Finance and Accounting:** David Gauch, 561-6063.

**HQ, USAG:** 1st Lt. Clarence Jones and Sgt. Katherine Harper, 561-5195.

**Western MEPCOM:** 1st Lt. Robert Tuchman, 561-5851, ext. 42.

**Sharpe Army Depot:** Capt. Kenton Ashworth, AV 462-2461.

**Sixth Army DCSLOG:** SGM Marvin Tobe, 561-4847.

**902nd MI:** CWO 2 Donald Murdock, 561-4060.

**Sixth Army SIDPERS:** SFC E. Castro, 561-3733.

**Parks RFTA:** Paula Rydolph, 561-4238.

**Sixth Army DCSPER:** SFC Grover Amie, 561-2960.

**HQ CMD BN:** Sgt. Michael Coppen, 561-6218, and Capt. Thomas Brennand, 561-3405.

**Co. A, LAMC:** Capt. Fredia Alexander, 561-2896.

**Co. B, LAMC:** Capt. Franklin Krogman, 561-5017; MSgt. Warren Wielandt, 561-3069.

**LAMC, Nursing Svc:** MSgt. John DeVance, 561-2536.

**LAIR:** SSgt. John Cunero, 561-4208.

**6th Recruiting Bde:** Capt. Roy Tippet, 561-7390, or SSgt. Kevin Wright, 561-2776.

**16th AG Detachment (Postal):** 1st Lt. Mary Vanetta, 561-4452.

**USAISC:** PFC Michael Eastley, 561-236; Richard Harrison, 561-2135.

**Corps of Engineers, South Pacific Division:** SFC Anthony McAlister, 556-5219.

**91st Tng Div:** SSgt. Elly McKenzie, 561-6234.

**Pharmacy:** MSgt. Wielandt, 561-3069.

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# Opinions

## FORSCOM commander talks about goals, soldiers



photo courtesy PSF TASC

Gen. Joseph T. Palastra Jr.

by Collin Murphy and Cathy Shanks

**T**his week concludes the interview with Gen. Joseph T. Palastra Jr., FORSCOM commanding general. This candid interview with the *Fort McPherson Sentinel* reveals Gen. Palastra's philosophy and goals, especially concerning soldiers.

**SENTINEL:** What past experiences do you feel will be of particular benefit to you as FORSCOM commander?

**PALASTRA:** Thirty-two years of service, everything I learned as a platoon leader, as a com-

pany commander, as a battalion commander, as a brigade commander, as a division commander, as a corps commander; all that accumulated knowledge and experience has to be applied. Of immediate utility is experience as a division, post and corps commander within Forces Command. The almost five years I spent in those jobs, working with the total force—Active, National Guard, U.S. Army Reserve—make me understand very clearly what impact the policies and allocation of resources has at the operating level. Hopefully, I will not lose sight of that first-hand knowledge while I'm trying to direct the overall organization.

**SENTINEL:** Everyone would like to leave a mark behind when they complete a job. What kind of mark would you like to leave behind?

**PALASTRA:** I would like to be sure I have prepared the immediate FORSCOM Headquarters, as well as all the subordinate commanders who work for me, to execute their job so well that I'm dispensable. Nothing in executing the FORSCOM mission would then rely on me as an individual. If I have been able to do my job, the way I see it should be done, then my moving aside would cause no ripple in the progress that was made.

**SENTINEL:** What do you feel is the most important thing we can do for our soldiers?

**PALASTRA:** The single biggest benefit we can give them is to be sure they are mentally tough, physically tough, and so skilled at the tools of their trade that they are the equal or better of anyone they're likely to confront. If I do nothing else but inculcate that attitude in everybody who has command responsibility in Forces Command, then we will have made a giant stride forward.

**SENTINEL:** Fort McPherson, like many other Army installations, has Reserve Component soldiers who work and train here. What are you doing to improve the quality of life for them?

**PALASTRA:** There are about two or three separate ways you have to approach that. First, you have to make sure you set standards for Reserve Component soldiers that are the same standards you expect of the active force—it's absolutely of overriding importance that there be no dual standards in any functional area. In training, maintenance, personnel support, family support, the same set of standards has to apply.

Now, having said that, the circumstances are different. They are more demanding on the Reserve Component soldier. He has a civilian occupation that he has to pursue to make a living for himself and his family. And he has a family that deserves a good piece of his quality time. Where you and I spend our weekends with the family or enjoy 15, 20 or 30 days of vacation, he will spend his weekends with his reserve unit and his two or three weeks of vacation time working with his unit on annual training. So he has an added burden.

It's up to us to direct support programs to let the families of these reserve soldiers understand how important the job is that the spouse is doing. We must make some tangible rewards and benefits that the family can see for the sacrifices they and the soldier are making for the service. This is especially important as we increase the load we're putting on our Reserve units and the role that they're playing in preparing our forces for war. Since General Shoemaker put CAPSTONE into operation for Forces Command, we have involved the Reserve Component units progressively more and more in our mission planning and our training. And they are, in fact a full partner in preparing to

please see page 2

## Ramblin' Sam

"How can we get more people to donate blood?"



**Maj. Bruce Jessup, Mobilization/Plans officer, 124th Army Reserve Command (ARCOM), Fort Lawton, Wash:** "I donate blood. If more people knew how important it is to donate blood, there would probably be more donors. People need to be educated about its value."



**Randi Hernandez, cashier, Photo Process Store, Main Exchange:** "We could have a Blood Drive Fair. It would be aimed at attracting everyone. People would be shown how sterile the equipment is, because many people are afraid of catching an illness or disease."



**SFC Jacqueline Pine, Operations Branch NCOIC, Deputy Chief of Staff, Personnel, Sixth U.S. Army:** "There is a fear out there among possible donors because they don't truly understand the nature of the AIDS disease. With better education and information on the AIDS crisis we can attract more donors."



**SSgt. Calixto Marquez, Enlisted Personnel Branch supervisor, Personnel Service Center (PSC):** "It would help if posters were put up announcing a blood drive. Putting posters and flyers in offices would attract the military, but there also should be some posters placed outside where civilians who drive through the post can see them. This way you attract everyone."

The *Star Presidian* is published weekly by Coast Publishing as a civilian enterprise in the interest of the military and civilian personnel at the Presidio of San Francisco, California.

The *Star Presidian* is not an official Army newspaper. The views and opinions expressed in the newspaper represent individual writers and are not to be considered those of the Department of the Army or any of its agencies.

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## Palastra continued from page 2

execute the wartime mission of the Army. So we owe it to them to do those two things.

There is a third avenue, and one that I have been trying to put increasing emphasis on. It is working to get employers of these people not only to go along with their commitment to the Reserve unit, but to actively encourage their people to make a commitment to the Reserve forces. There is a difference. And if we can get beyond tolerance to active support and encouragement, then we have gone a long way toward benefits for the Reserve Component soldier. I am pursuing all three of those right now.

**SENTINEL:** The Army is moving to improve both physical and emotional health for soldiers with increasing emphasis on drug and alcohol programs, suicide prevention, smoking cessation, etc. Largely the success of these programs rests with the Army leadership. But what is the individual soldier's responsibility?

**PALASTRA:** That goes back to when I talked about mental toughness. We're talking about discipline, that's the most commonly accepted term. When someone says discipline, the immediate connotation is enforced compliance with rules and regulations. But that's not the real guts of discipline. Discipline is a learned and earned characteristic which permits the individual to do what he or she knows is required regardless of what circumstances, instincts, or personal desires would have him do.

That same discipline that is bedrock to the soldier's profession is what you have to rely on to work your way through the very real problems you're confronted with today.

For me, as a young soldier growing up, the drug problem was not there. Alcohol was, because it was prevalent. I used to have a deep-seated resentment at unit parties. I drank by choice more Coca-Cola than bourbon, subsidizing the heavy drinking of a lot of older officers. But we don't do that sort of thing anymore. We have started actively discouraging activities which would appear to put pressure on somebody to drink. Beyond the alcohol problem that my generation grew up with, the current generation has a drug problem. It requires the same disciplined approach. Now that disciplined attitude is something we rely on the chain of command to set, it's so encouraging, working with the young soldiers today. A five year span in the Army has seen an incredible down-turn in the discipline trends.

AWOL and desertion are at the lowest rate ever in a peacetime Army. Drug use is down, but the pressure to use it is there in this society. That's why I applaud President Reagan for personally leading the charge to turn that attitude around in the country. Because, if the attitude is turned around in society, and we neither encourage nor tolerate drug abuse, then it makes it much easier in the Army for commanders to set the right attitude and for young soldiers to do their part.

The bulk of the problem is self discipline. They must understand that physical toughness and the skill of their trade will count as nothing if they

have not developed the strength of character and discipline to execute under pressure.

**SENTINEL:** What do you feel are the qualities of a good soldier, and how has the increased emphasis on values developed these good soldiers?

**PALASTRA:** What I consider the bedrock of a good soldier is a disciplined soldier. He's also physically tough in addition to being mentally tough. Ours is a demanding profession. In long gaps of peacetime, we lose sight of the fact that combat is a very draining, debilitating, and bone-weary experience. Overriding depression from months and months of combat and never-ending fatigue.

You can't gear up for that overnight. A good soldier has to get into physical condition and stay there, because he'll only have a week or two to peak if a war breaks out. If he's in good shape, that peaking is possible.

Another hallmark of a good soldier is a dedication to being all he can be. Absolutely a great slogan. You want to make a commitment to being the best at your job that you can be. Being the best will provide some tangible benefits of its own. But the ultimate motive for being the best is that the potential adversary, the enemy soldier, is the mark that you're shooting for. If you're the best, you can win. If you're not the best, you lose. In our business, you get no payoff for being number two.

We have been very fortunate. Secretary of the Army Marsh and Army Chief of Staff, General Wickham have made a personal commitment to progressively guiding the Army through a series of annual themes to stress a continuous coherent development. We've gone through family and leadership. Last year we stressed values that are fundamental to being a soldier and an American. It's a bedrock dedication to discipline and then a commitment to the nation and to the Constitution.

That's essential for soldiers to share among themselves. The sense of loyalty to the country, to the unit, to the flag; those are the things that provide the foundation that you build on to form strong units. When the stress of combat hits, the soldier is going to stand and fight because of that shared commitment with the other soldiers around him. These values have been thoroughly ingrained in him. He'd rather die than let down the other people in his unit. Those who have been to combat understand that, because they've seen it. It's only developed in good units, and that's what makes the difference between winning and losing. That's why values are so important.

**SENTINEL:** Could you please discuss your feeling on the importance of military courtesy?

**PALASTRA:** One of my favorite subjects. Military courtesy is an outward expression of the attitude of the soldier. If he really considers himself a professional soldier, and values what he does and what the Army stands for, then military courtesy will be a natural expression of that. It's

that kind of pride in being a soldier that exemplifies a professional.

Those who look the other way so they don't have to salute have an attitude problem. They may have not been properly trained. And normally when I detect that the first time, I give the soldier the benefit of the doubt, and ensure he gets some additional training. No disciplinary action; just training.

Where the leaders have not thoroughly indoctrinated that soldier on what it is to be a soldier, I give them the benefit of the doubt on the first go-around. The second go-around, they don't get the benefit of the doubt.

**SENTINEL:** What piece of personal advice would you like to give today's soldiers?

**PALASTRA:** I'd tell them to found their approach to being a soldier on the bedrock values, become as tactically and technically proficient in whatever piece of soldiering you choose to do. Then work at not only knowing your job well, but know the jobs of the people who will be working for you so well that you can show your soldiers how to do the job. And above all, set an example. Never wind up in a position where you have to tell somebody to do something that you haven't first been able to tackle yourself.

Following that simple approach to being a soldier, you are going to be thoroughgoing professionals who can hold your head up in any company. Promotions may or may not come. Those are not completely controllable. But that's secondary to being a professional.

**SENTINEL:** Is there a special message you'd like to give our soldiers?

**PALASTRA:** I'd just tell them that whether they realize it or not, we have the best soldiers I've ever seen in the Army. A lot of people have said that over time and not really understood it or meant it. The soldiers we have today are so much better than any soldiers I've worked with in 32 years. They are smarter, stronger, more patriotic, more dedicated to bedrock values and more capable of executing the difficult mission we have.

I was talking to a brigade commander while we were watching soldiers train. He summed it up well by saying: "If we can't lead these soldiers we're in the wrong business."

**SENTINEL:** Is there anything you'd like to add?

**PALASTRA:** I enjoy what I do and I hope everybody else does too. That's the advice I will give to young officers, but it's applicable to anybody in the Army. When you get up in the morning, if you look forward to what you're doing, then you're in the right business. If you don't you better consider changing, because you can never really be good enough to be the best unless you enjoy what you're doing.

## TAKE A BITE OUT OF CRIME

### Check out salesmen

by John Flynn

The MP desk has received inquiries recently concerning solicitors on post. Army Regulation 210-7 and Presidio Supplement 1 to AR 210-7 directly address this issue.

When a prospective salesman wants to do business on the Presidio, his first stop is the Directorate of Personnel and Community Activities (DPCA) office in the Post Headquarters building. There the company

that he or she represents and the individual will be checked against the post file to see if that person or company has been barred from post, or if there is any other adverse information. Next, they will be required to read the rules and regulations concerning on-post sales. After that, a letter will be issued for one year. This doesn't allow the salesman's activities to go unchecked. At any time, with sufficient cause, the authorization can be suspended or revoked by DPCA. Sufficient cause can range from complaints about the quality of goods or services to possessing allotment forms. For the specifics, read AR 210-7.

So when a salesman knocks on your quarters door, the first thing that you should do is ask for his or

her authorization letter. The letter must be written on Army letterhead from the Presidio of San Francisco—a letter from another installation is not sufficient. If you're interested in the product or service offered, listen to the sales pitch. Keep in mind however, the salesman's earnings depend on your purchase so "Let the buyer beware." If you do decide to buy the product and you still have second thoughts, you are still protected by the Federal Trade Commission Rule (16CFR) which allows you to cancel an order before midnight of the third business day after the transaction. Individual soldiers are encouraged to seek advice from a legal assistance officer or from his own lawyer before making substantial loan or credit commitments.

Help the Military Police identify unauthorized solicitors by calling the MP desk sergeant whenever a salesman cannot produce an authorization letter. Try to observe the direction that he or she traveled after leaving your door. Most salesmen are reputable; help the DPCA and the Military Police to identify those who are not.

### Crime report

- One person was arrested for false use of a military ID card.
- One person was arrested for shoplifting.
- There was one report of damage to government property—(broken window).
- Two wallets were turned into the Lost and Found Section.

For more information, call 561-3811.



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.



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with the JIMMY BLASS

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Dancing 7:30 to 10:30 p.m.



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Music: 5:30 to 10:30 p.m.

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# Quality NCOs lead, train by example

story and photo by Pleasant Lindsey

So, you want to be an NCO? If you have the will to lead, the drive to be the best and the strength to teach by example, you may have what it takes to be a high quality noncommissioned officer.

Today's enlisted soldiers need strong leadership qualities, professional competence and must be competitive in their field.

"The qualities of a good NCO are nurtured in the lower enlisted ranks," said SGM Anthony F. Costa of Headquarters Command Battalion, U.S. Army Garrison. "The qualities start with a good, positive attitude and the will to work harder and give extra effort to get the job done."

Costa said the Army nurtures strong qualities through its NCO Education System (NCOES). The system is designed to develop the NCO's leadership qualities and MOS training.

NCOES training bolsters the Army with trained leaders and trainers, provides mobilization support and upgrades readiness. NCOES applies to all enlisted soldiers in the Army and is a major part of the Enlisted Personnel Management System. NCOES guides the NCO's development throughout his or her career.

There are four levels in the system. The first level is the Primary Leadership Development Course (PLDC). The Army requires all enlisted soldiers to take PLDC before they can be promoted to staff sergeant. Other levels include the Basic Noncommissioned Officers' Course (BNOC), Advanced Noncommissioned Officers' Course (ANOC) and the First Sergeants' Course.

"These courses teach the NCO how to be a trainer, a manager of people and time," said SGM John H. Brown, Operations Sergeant Major for the Deputy Chief of Staff, Training, at Sixth U.S. Army.

"These courses also teach advanced leadership in the NCO's occupational specialty and the duties of a platoon sergeant. And there is the Sergeant Majors' Academy for those who aspire to be the highest ranking NCO in the battalion—the sergeant major. This NCO is the link between the lowest ranking soldier and the battalion commander, and oversees the development of all the enlisted ranks below him or her."

A soldier can take all the leadership courses he or she wants, but there are other qualities that can't be taught in school.

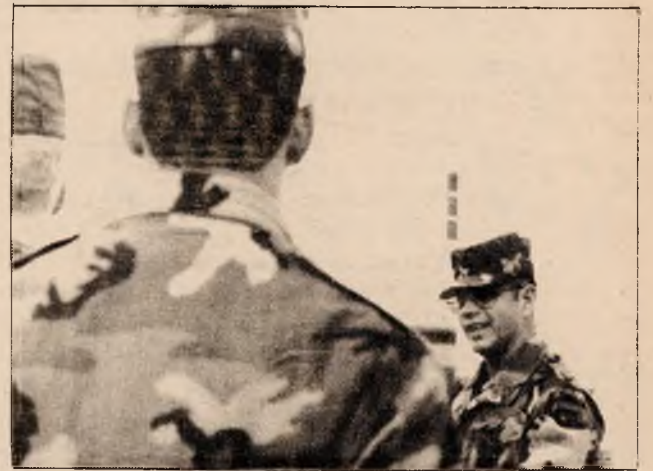
"An NCO must be highly competent in his or her field and must be professional in all aspects of work," said Sgt. Maj. Lucie Rivera-O'Ferrall, operations NCO, Finance and Accounting Division, Directorate of Resource Management.

"One of the best ways of learning good NCO qualities is by observing the actions of outstanding NCOs," O'Ferrall said. Soldiers can learn positive attitudes about physical fitness, work habits and appearance in uniform by studying those NCOs.

"A soldier who looks at a quality NCO and sees how sharp he looks in uniform and how well he trains his troops will say 'I want to be like him!'" said CSM Raymond J. Alegria, of Sixth U.S. Army. "Senior NCOs have experience. Senior NCOs have experiences they should share with their soldiers. The soldier should emulate their best qualities and make them his or her own."

"All NCOs are expected to be leaders," he said. "Their primary function is training the soldier. They are responsible for the daily guidance and direction of soldiers. They must set the example for the soldier, in and out of uniform. Everything they do is under scrutiny."

In addition to good leadership qualities and



SFC Juan Ruiz, platoon sergeant, briefs the Ceremonial Platoon on the training schedule for the day.

positive attitude, the NCO also must show the will to succeed.

"To be an NCO you must show people you want the responsibility," said CSM Robert L. Yates, of Letterman Army Medical Center. "NCOs need a high moral standard and integrity. They must care strongly about improvements and conduct themselves as soldiers at all times."

Yates said NCOs are responsible for handling a soldier's problems and training. NCOs have to teach, correct and motivate the soldier. He said a unit's effectiveness can be gauged by the effectiveness of its NCOs.

"A good NCO is one who will come forward and say 'What can I do to make your job more efficient?'" he explained. "Our primary business is taking care of and leading people."

If you have the drive to lead by example and be the best in your field, you can become a noncommissioned officer in today's Army.

## How PSF Dental Clinic can help Army families

by Wayne W. Herman, Dental Clinic

It is now a year and a half after the Defense Authorization Act of 1985 permitted space available dental care for family members. Since initiation of this program in July 1985, there have been a number of changes which modify the ability of the Presidio Dental Clinic to deliver care to active duty family members. This article reviews the recent changes affecting dental services at the clinic, discusses the dental services which are presently available, and describes the means to obtain them.

One of the most important recent changes is the Health Services Command mandated reduction of the staff and elimination of the three advanced dental specialty residencies. The net effect of these actions is the professional staff has been reduced from 19 to 11 dentists—a reduction of 42 percent. A cut of this size clearly reduces the amount of dental care that can be delivered, especially for space available services.

Another pending change is the conversion of dental positions at the Dental Clinic from military to civilian contract positions. Health Services Command has recently reduced the number of active duty dentists by 81 slots, with these individuals to be replaced by civilian contract dentists. Presidio Dental Activity (DENTAC) initially had been advised that essentially all of its positions except for the commander were to be converted. This decision has recently been reviewed and it is now projected that only two positions will be converted for the present. Implementation will probably occur between this coming spring and the beginning of fiscal year 1988.

Despite these staff reductions and personnel changes, the Dental Clinic remains committed to providing as much care as it can to eligible family members within the available resources. If a sponsor receives care from the clinic, then their family members also are eligible to receive routine care. The timing of this care is determined by the birth month of the military sponsor. The period of eligibility extends from one month before the sponsor's birth month to one month after. This window

of eligibility applies only to the initial appointment and not to subsequent ones.

The first step in this process is to make an appointment for an initial examination during the time period described above. Appointments can be made by contacting the clinic at 561-2877 or 561-2385 from 8 a.m. to 4 p.m. on normal duty days. At the examination appointment, a dental record will be initiated or updated, a clinical examination performed, X-rays taken as indicated, and a treatment plan formulated. Those services which the clinic can provide will be indicated by the examining dentist. Following is a brief discussion of services which are of general interest.

The availability of oral hygiene (cleanings) has actually improved since last year. Cleanings in the last several months, family members have been able to obtain appointments for cleaning after their initial evaluation. Cleanings continue to be the most requested service.

Restorative care (fillings and crowns) for family members are essentially not available on a routine basis. The restorative staff has been reduced by 50 percent and almost all patient treatment time is required by active duty soldiers. Occasionally, on a strictly space available basis, family members have been able to obtain minor restorative treatment due to last minute cancellations. Family members who require multiple restorations or have deep cavities are advised they should seek this care from other sources without delay.

The prosthodontic replacement of missing teeth through removable partial dentures or complete dentures is available on a limited basis. At present, this area is not able to accept any new patients but this is expected soon. People requiring such services must have examinations as described above before being seen in this specialty section.

Oral surgery, including removal of impacted wisdom teeth, continues to be available as required. The clinic also will perform oral surgical procedures which have been requested by a civilian dentist if this request is presented in writing. Such

care can be accomplished by appointment only and is not available on a "walk in" basis. Periodontal surgery is substantially different from oral surgery and is not available.

The specialty services of endodontics and fixed prosthodontics (crowns and bridges) are available only to active duty soldiers. Services such as children's dentistry and orthodontics are not available at the Dental Clinic. People who require these services should contact directly civilian dentists or one of the two local dental schools and begin their treatment without undue delay.

Emergency care continues to be available without regard to the sponsor's birth month. People in pain or with a dental infection should report for care early in the morning or afternoon. This treatment is provided on a "walk in" basis between appointed patients and people should be prepared to wait until they can be seen and treated. Care is directed toward relief of the immediate problem and, if restorations are placed, they usually are of a temporary nature. The repair of partial and complete dentures is generally available if it is possible to repair the prosthesis. People who need such care should report early in the duty day to allow sufficient time for laboratory repair. A summary of dental services and their availability is included below.

### Availability of dental services at Dental Clinic for families of active duty soldiers:

Emergency care	Yes
Exams/consults	Yes
Dental hygiene	Yes
Restorations	No
Endodontics	No
Crowns/bridges	No
Partial/dentures	Limited
Oral Surgery	Yes
Periodontics	No
Children's dentistry	No
Orthodontics	No

(Next week: Family dental care insurance)



# PSF youth get a kick out of life

story and photos by Pleasant Lindsey

HHHHHHHHHHHHHHHHH!!!

That mighty scream resonating against the walls of Gym No. 2, sends a chill through the stoutest of hearts. He who knows no fear is suddenly stopped by a wall of frightening sonic energy. A quick peek into a small, white room, isolated from the rest of the gym, confirms the source of that chilling sound...you have just entered—the Youth Activities Tae Kwon Do class.

The Tae Kwon Do class meets twice a week Monday and Wednesday from 5:30 to 6:30 p.m. and has some enthusiastic students. The instructor is Capt. Alan D. Arthur, Chief of the Family Support Division of the Directorate of Personnel and Community Activities. Arthur said he took the job after seeing the opening listed in the *Star Presidian*. The class is open to youths from age 6 to 18 years old.

The style of karate taught here is Tae Kwon Do, or Korean-style martial arts. "This style puts more emphasis on using the feet,"

Arthur explained, "whereas the Japanese style concentrates more on the hands."

Arthur begins each class with a bow which is returned by the students. Next they perform 10 to 15 minutes of stretching exercises to loosen their muscles. Then, the real exercise begins.

The students perform side kicks, front snap kicks, double punches, triple punches, crescent

kicks and a series of techniques which combines these moves.

In general, they execute their movements with quasi-military precision. It is amazing how attentive the class is, considering the average student is 9 or 10 years old.

"They show a lot of enthusiasm," Arthur said. Indeed! The youngest member of the class is 4-year-old John Arthur, who tried his best to match the class move for move.

Arthur said it helps if a child is 7 years old or older when he or she enrolls in a martial arts class. It is harder to keep their attention when they are any younger.

For those who do get into the class the experience can be quite fun.

"The exercises are pretty tough," said Tina Lemley, one of the students. "You have to get them perfect. But the class itself is fun."

Arthur said the students will learn 10 basic self-defense techniques. His students will progressively build on the basic movements they have learned.

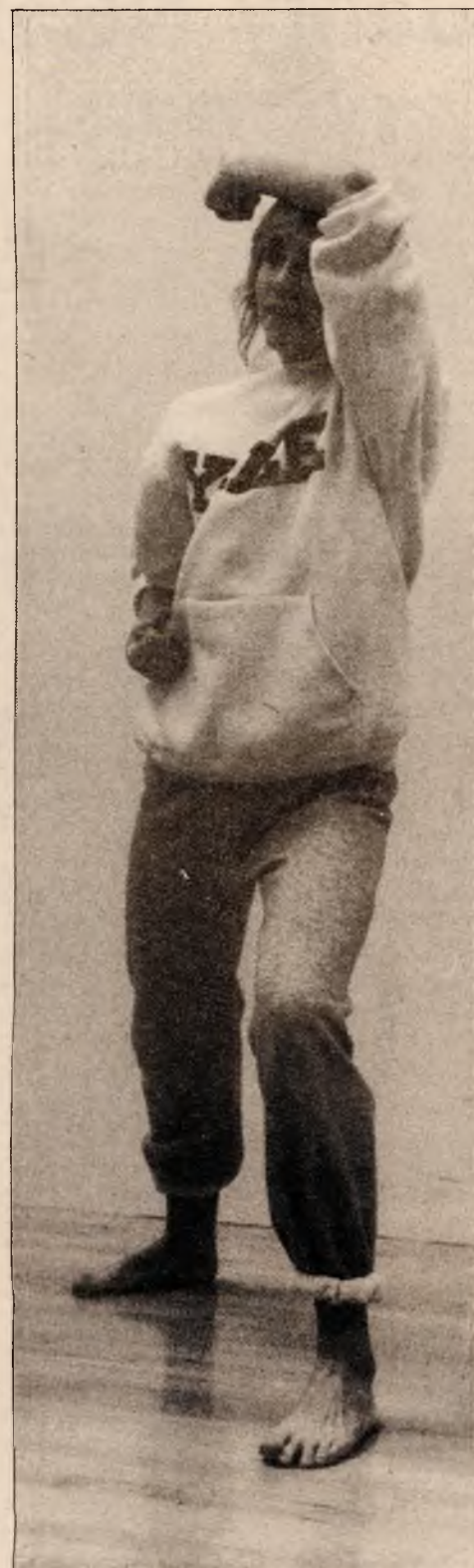
"These classes provide good physical training," Arthur said. "The students will build their strength, and gain flexibility and agility. You can get a good workout from these classes."

For more information about the martial arts class, call Youth Activities at 561-5143. Give the youngsters something to *really* scream about.

HHHHHHHHHHHHHHHHH!!!



Capt. Alan D. Arthur leads the class through a series of punching exercises.



The student

Lea Lemley shows she can block anyone's punches and snap a few of her own.



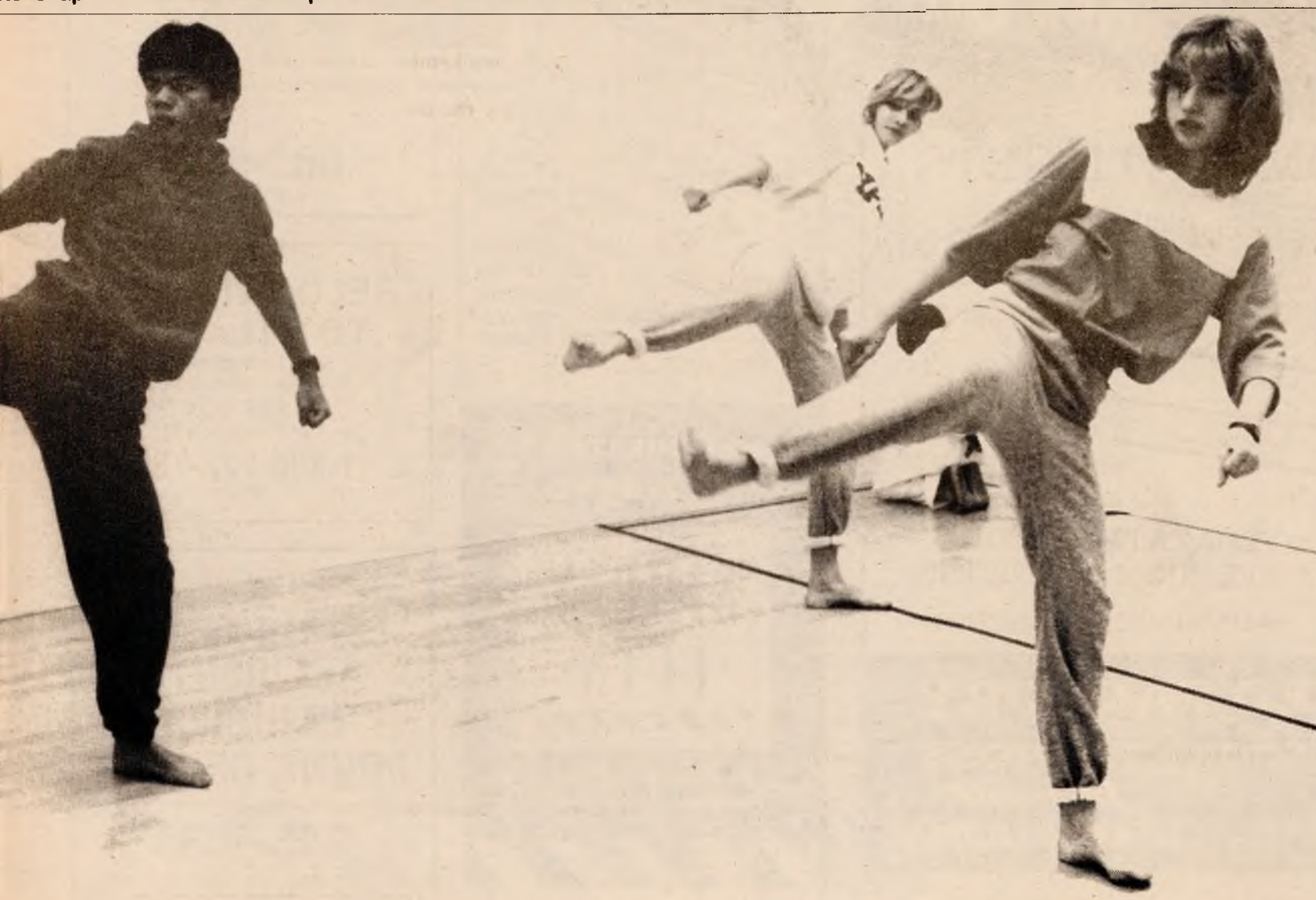
These feet mean business!

The Jack





ts' snap kick exercises could put the Rockettes to shame.



sons could learn a few moves from these students.



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# Community Calendar

## New LAMC CO

Col. William H. Heydorn, chief of the Department of Surgery, will assume command of Letterman Army Medical Center (LAMC) on Feb. 20.

Col. Paul L. Shetler will take over command of LAMC beginning in July after his graduation from the U. S. Army War College.

Brig. Gen. Frederick N. Bussey is being reassigned to command Dwight David Eisenhower Army Medical Center, Fort Gordon, Ga.

## Art auction

An Art Exhibition and Auction will be held at the Presidio Officers' Club on Feb. 27. Featured will be original graphics, oils and watercolors by international award-winning artists such as Hinte, Kelly, School of Paris artists and world-famous masters Dali, Picasso, Miro and Chagall. All works of art are framed.

The exhibition will begin at 6 p.m. with a wine tasting, hors d'oeuvres and a no-host bar. The auction will begin at 8 p.m. Admission is free to all military and civilian employees, families and friends. Major credit cards will be accepted.

The Letterman Auxiliary and Presidio Officers' Wives' Club are jointly hosting the event. All proceeds go to Presidio welfare committees.

## POWC

The Presidio Officers' Wives' Club (POWC) will hold their monthly luncheon on Thursday at the Presidio Officers' Club. The social hour begins at 11:30 a.m. and the luncheon will be served at noon. The speaker will be



*'La Sylphide'*

photo courtesy of the San Francisco Ballet

Ludmila Lupokhova reaches new heights with the San Francisco Ballet in *'La Sylphide.'*

Jodi Allen of the M. H. deYoung Memorial Museum. Her topic will be "Women as Artistic Masters."

Final day for reservations is

Monday. Please call Sarah Dyson at 387-8107, Bettie Roeber at 221-5183 or Lynn Ryan at 923-1375 to make reservations.

## Enlisted Spouses Club

The Presidio Enlisted Spouses Club will meet Monday at 7:30 p.m. in the Girl Scout Hut, next to the AAFES Cafeteria. The program will include a tour of the Presidio Arts and Craft Center.

Board elections were held in December and the new officers were installed on Jan. 23, during an installation dinner at the Chief Petty Officers' Club at Treasure Island.

The new officers are: Kathleen Wilson, president; Anna Waller, vice-president; Peggy Fuhrmann, treasurer; and Joyce Robb as secretary and publicity chairman.

## Overseas orientation

An overseas orientation will be held Feb. 5 for soldiers scheduled for a permanent change of station (PCS) to an overseas location.

The orientation will begin at 8 a.m. in the Audiovisual Theater, bldg. 603.

Spouses are encouraged to attend.

For more information, call 1st Lt. Michelle A. Koster at 561-2741.

## Litter pick-up

Litter pick-up and on-call collection previously done by post police and Directorate of Engineering and Housing (DEH) personnel (packing boxes, grass clippings, old furniture, etc.) are now being done by civilian contract.

Requests for all litter pick-up and on-call collection should be directed to the Contract Services and Utility Sales Branch, DEH, at 561-3769 or 561-6000.

## ...the write stuff...

by Ted Weller

I know you don't realize that today is the second day of the Lunar Year 4685...you did, well...what about the fact that yesterday was the first day of the Year of the Hare, *Toe Nien*?

Well, okay...so you did, but did you know the Annual Chinese New Year Celebration kick-off is tomorrow from noon until 1:30 p.m. in Union Square?...Good, I hoped I would find something you didn't know.

Anyway, the kick-off will include an 8-foot tall red wicker hare from Hong Kong, high-stepping celestial lions...the Sze-tse..., kung fu and folk dance artists from Chinatown's Chung Ngai troupe, magician Fanny Tjin, and the 16 Miss Chinatown USA contestants from all over the U.S. After the official opening of the celebration, the lion dancers, preceded by firecrackers, drums, cymbals and gongs will perform in Chinatown along Grant Avenue and then move to "new Chinatown" along Clement Street (300 to 800 blocks) just outside the Arguello Boulevard gate.

The rest of the Chinese New Year 4685 celebration continues on Sunday with the Asian Week/YMCA Chinatown Run from the Chinatown YMCA, 855 Sacramento. Registration begins at 6:30 a.m. The Queen's Cup Volleyball Tournament begins at 11:30 a.m. at the Chinese Playground, Sacramento Street and Hang Ah Alley.

Next Saturday, Feb. 7, the Chinese Spring Festival will turn the Chinese Cultural Center, 750 Kearny Street, into a folk arts arena from 11 a.m. until 5 p.m. with folk and classical music, martial arts and lion dancing.

Also on Feb. 7, the **Golden Dragon Parade**, starring 160-foot Gum Lung, includes a Ch'ing dynasty wedding procession, illuminated floats, towering Oriental deities, figures from Chinese legend, hundreds of costumed marchers and musicians and prides of lion dancers and hare effigies.

The parade begins at 7 p.m. from Second and Market Streets and moves west on Market to Stockton, north on Stockton to Post, then east to Kearny, north to Columbus, passing the reviewing stand on the east side of Kearny between Washington and Jackson Streets.

A word to the wise...do not try to drive to the parade, take a bus and enjoy a San Francisco tradition without the headaches of parking!!!!

Twenty-four hundred purebred canines...that's a lot of wagging...will be at the Cow Palace through the weekend for the **77th annual Golden Gate Kennel Club Dog Show**. The show will be open 9 a.m. until 7 p.m. both days. Check the I.T.T. and USO for tickets.

Members of the **Chicago Symphony Winds** will perform tomorrow at 8 p.m. in Hellman Hall, San Francisco Conservatory of Music. Brahms and Mozart will highlight the evening. Tickets are \$6 at the door.

Seek the past of the "Guardians of the Gate" with an easy one-mile walk, visiting three different types of coastal defenses used by the Army to protect the San Francisco harbor. Meet Sunday at the Visitor Center, Marin Headlands, Fort Barry. Call 331-1540 for more information.

**This Week in Presidio's History:** Jan. 30, 1847—The small pueblo of *Yerba Buena* is renamed San Francisco by the first American *alcalde*, Lt. Washington Bartlett, USN. Feb. 2, 1848—The Treaty of Guadalupe Hidalgo is ratified by the U.S. Congress and California is ceded to the United States. Feb. 4, 1868—Capt. Joseph G. Ramsay, 2nd Artillery assumes command of the Presidio. Feb. 4, 1902—A board of officers, sitting by authority of the Secretary of the Army, recommends the Presidio as a permanent post for the accommodation, instruction and training of Army forces to consist, exclusive of coastal defense structures, of two batteries of field artillery and necessary coast artillery and one company of Signal Corps, with one completely equipped telegraph train. Jan. 31, 1913—Col. Cornelius Gardener, 16th Infantry assumes command of Presidio.

Jan. 30, 1919—Batteries Howe and Bruff at Fort Funston are turned over to the Coast Artillery. Feb. 1, 1958—XV U.S. Army Corps (Reserve) is activated at the Presidio. XV Corps' mission was to serve as a coordinating body for Army Reserve activities in California, Arizona and Nevada. Jan. 30, 1959—The Presidio "Toreros" capture the Sixth Army Basketball Championship crown for the third consecutive year by defeating Fort Lewis in final game, 70-47. Feb. 1, 1959—Col. Marian M. Brown assumes command.

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—General George Washington.

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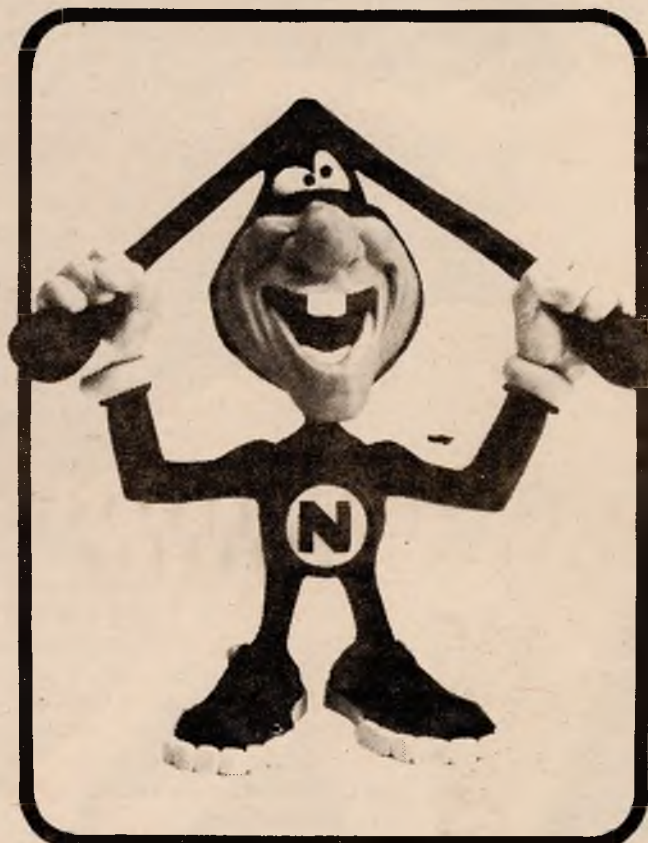
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# Sports

## Top players take courts

story and photo by Pleasant Lindsey

That slamming and banging heard daily in Gyms No. 1 and 2 belongs to the All-Army Basketball Team. The All-Army Team is holding its trial camp at the Presidio now through March, when they will square off against all-star teams from the other services in the Armed Forces Championship.

The team is coached this year by Comer Baker, who also coached the team in 1982 and 1986.

"We've got 21 potential starters on this team," he said. "These players represent posts from all across the country and some players come from as far away as Germany."

Baker is putting his team through a strenuous workout during their stay here. The team practices at least four hours per day; seven days a week. The practices are split between morning and afternoon sessions. The All-Army Team gets to display its skills in tournaments against semi-pro teams from the Bay Area.

"We will be in some type of tournament every weekend between now and Feb. 11," Baker said. "Half of the games will be here and half will be played elsewhere."

Feb. 11 is the day of decision for the players on the team. That's when Baker will make his final cut, paring

the team down to 12 players. That is the only cut he will make on the team.

"I want to give all of the players a chance to show their enthusiasm and give their best effort," Baker said. "I'm going to keep all the players until then to give them all an equal chance at becoming one of the final 12. Where they come from, each of these players was the best in his league."

Baker said the All-Army Team won't be playing teams from the Presidio or from any other post for that same reason.

"Other posts don't have the caliber of player we need to make these guys play their best," he explained. "That's why we are playing strictly semi-professional teams."

The All-Army Team will be playing a semi-pro team in Manteca, Calif., tomorrow.

Baker said the rigorous training schedule was necessary for team discipline.

"I hope to get these guys mentally and physically conditioned for the all-military tournament," he said.

Anyone wanting to see how good these guys are can catch them in action in the All-Army East-West Game at Gym No. 1 on Wednesday.



David Watkins, of Ford Hood, Texas, lays up two points during a practice session for the All-Army team.

## Sports Notes

### Intramural basketball

Only two teams remain undefeated in the Presidio Intramural Basketball League after two weeks of play. Overall competition is well balanced, with no team dominating the league and no team too weak to be taken lightly.

The game of the week featured two undefeated teams with DLI-SF (Defense Language Institute-SF) going against the racehorses of the 864th Engineers. Led by Ron Joyner's 20 points, 864th pounded DLI-SF 61 to 45. Elvis Williams added 14, Gregory Dominique scored 13 and Ted Chavez fired off 12 more for 864th. The game's high scorer was DLI-SF's Reginald Thomas with 23 points.

Thomas was also one of the week's two high scorers in the league with 31 points against DOL (Directorate of Logistics). 16th AG's Dale Kennedy

followed with 29 points against LEC (Law Enforcement Company).

### Last week's results

DPTMSEC 45, DOL 40; 864th Engineers 61, DLI-SF 45; 16th AG (Postal) 61, LEC 59; Co. A, LAMC 63, DEH 44; 6th Army 60, Co. B, LAMC 45; USAISC 73, MEPCOM 61; DLI-SF 55, DOL 43; DPTMSEC 59, 16th AG (Postal) 41; and 864th Engineers 53, DEH 46.

### League standings

Team	Won	Lost
864th Engineers	4	0
USAISC	3	0
DLI-SF	3	1
DPTMSEC	3	1
6th Army	2	1
Co. B, LAMC	2	1
Co. A, LAMC	1	2
DOL	1	3
DEH	1	3
16th AG (Postal)	1	3
LEC	0	3
MEPCOM	0	3

### Schedule for the week

#### Mon, Feb. 2

DLI-SF vs. USAISC	5 p.m.
864th Engineers vs. Co. B, LAMC	6 p.m.
LEC vs. Co. A, LAMC	7 p.m.

#### Tue, Feb. 3

DOL vs. 6th Army	5 p.m.
DEH vs. USAISC	6 p.m.
16th AG (Postal) vs. Co. A, LAMC	7 p.m.

#### Wed, Feb. 4

DLI-SF vs. Co. B, LAMC	5 p.m.
DPTMSEC vs. Co. A, LAMC	6 p.m.

#### Thu, Feb. 5

DOL vs. USAISC	5 p.m.
6th Army vs. 864th Engineers	6 p.m.
DEH vs. Co. B, LAMC	7 p.m.

All games will be played at Gym No. 1, bldg. 63.

### YA wrestling

Youth Activities wrestling for boys ages 6 to 16 will begin tomorrow and run through the end of March.

Classes will be held in Gym No. 1 on Mondays and Wednesdays from 5:30 to 6:30 p.m. and on Saturdays from 10 to 11:30 a.m. The registration fee is \$12.50.

For additional information call Youth Activities at 561-5910.

### All-Army basketball trial camp

The All-Army Basketball Team will take on the San Francisco Bay Raiders, led by former San Francisco Warrior Les Conners, starting at 8 p.m. on Wednesday at Gym No. 1. The All-Army Team consists of 21 of the top basketball players in the Army *worldwide*. They are trying to win one of the 12 positions on the All-Army team that will compete in the Armed Forces Championship in March, scheduled to be played in Germany.

### At the movies

#### Presidio Theatre

Fri, Jan. 30	Firewalker (PG)	7 p.m.
Sat, Jan. 31	No Mercy (R)	7 p.m.
Sun, Feb. 1	No Mercy (R)	7 p.m.
Mon, Feb. 2	No Mercy (R)	7 p.m.
Tue, Feb. 3	Touch and Go (R)	7 p.m.
Wed, Feb. 4	Stand By Me (R)	7 p.m.
Thu, Feb. 5	King Kong Lives (PG-13)	7 p.m.

#### Hamilton Theater

Fri, Jan. 30	Aliens (R)	7 p.m.
Sat, Jan. 31	Care Bears Movie (G)	1 p.m.
Sat, Jan. 31	Aliens (R)	7 p.m.
Wed, Feb. 4	(To be announced)	
Fri, Feb. 6	Gremlins (PG-13)	7 p.m.

#### Schwartz Theater

Mon, Feb. 2	Firewalker (PG)	7 p.m.
Wed, Feb. 4	No Mercy (R)	7 p.m.
Thu, Feb. 5	Touch and Go (R)	7 p.m.



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## GOLDEN GATE Community Club

Feb. 5: **BOSSSES NIGHT** . . . . . 4:30 to Midnight  
Feb. 13: **ALL NIGHT DISCO** . . . . . 10 p.m.-4 a.m.  
**SUNDAY BRUNCH** every Sunday . . . . . 10 a.m.-2 p.m.



# Star Presidian

Vol. 30, No. 5

"Published in the interest of the people of the Presidio of San Francisco."

Feb. 6, 1987

## News briefs

### Presidio Tax Center

Monday, Feb. 2, Colonel Joseph V. Rafferty, post commander, opened the Presidio Tax Center by cutting a ribbon made of dollar bills.

The Presidio Tax Center is located in bldg. 223, the Staff Judge Advocate offices. The Tax Center will be open throughout the tax season to prepare your tax returns and answer your tax questions, free of charge. The center is operated by the Staff Judge Advocate and tax preparation services are provided by Army Community Service Volunteers.

The Tax Center has a complete library of federal and state tax forms, plus IRS publications and instruction booklets for use.

Also, new to the Presidio Tax Assistance Program is a "Tax Hotline" operated by the Tax Center.

For appointments and tax questions, call 561-2TAX.

### Black History Month activities

"The theme for this year's Black History Month celebration is 'Black Defenders of the Constitution: Colonial Times to the Present,'" announced Gina Razel, Presidio Equal Opportunity manager.

Razel said that in keeping with the theme, various educational and cultural activities will be held throughout the month.

From Monday through Feb. 28, the Fort Point Museum will feature "Ready and Forward" an exhibit honoring the black soldier.

"A highlight of the month will be a discussion group at the Golden Gate Community Center on Wednesday from 11:30 a.m. to 1 p.m. The seminar is entitled 'Why Black History Month—is the need still there?' This is open to all Presidians," Razel said.

On Feb. 13, a Black History Month luncheon will be held from 11:30 a.m. to 1:15 p.m. in the Presidio Officers' Club. The guest speaker will be Robert L. Harris, Chairman of the NAACP Legal Redress Committee, from the San Francisco Regional Office. Tickets can be purchased from the Equal Opportunity Office.

For more information, call 561-3701 or 561-6084.

### Job help for spouses

With the passage of the Military Family Act of 1985 and the DoD Authorization Act for Fiscal Year 1987, DoD military spouses will now be given employment preference when relocating with their spouses to new duty stations within the United States, its territories and possessions, and the District of Columbia.

Positions covered by this new program must be open to competition and be between GS-5

please see page 3



photo by Ginger K. Cooper

### Home from Honduras!

Sgt. Todd R. Erickson, Co. D, 864th Engineers, gets a big welcome from son, Bryan, when his unit returned from Honduran training Monday night.

## Top soldier credits experience

story and photo by Pleasant Lindsey

An infantry soldier from the Ceremonial Platoon proved practice and personal experience pays off when he was named the Presidio's top soldier for 1986.

SP4 Tracy Rogers, of Headquarters Company, U.S. Army Garrison (USAG) recently was named Post Soldier of the Year for 1986.

Rogers said he faced some stiff competition, but his practical knowledge of military matters gave him an advantage over his opponents.

"There were three sergeants major on the board," Rogers said. "Two of them asked us questions from our study guides and the third asked improvised, practical questions about general military knowledge. Some of the questions he asked were about things I had already experienced during my career...things my opponents weren't familiar with.

"I can memorize answers as well as anyone, but I read more than the study guide. Next, I'll go for the NCO of the Year."

Rogers said it isn't hard to win a contest such as this, and the competition should be tougher. Going before a Soldier of the Year board is good experience and has its rewards.

"If you can go before a board for half an hour

and win a thousand dollar savings bond, why not go for it?" he asked.

His competition came from the Law Enforcement Company and Rogers said more soldiers should become involved in the competition. However, the Ceremonial Platoon has participated in Soldier of the Month boards on a number of occasions and Rogers said they seem to be influencing the rest of Headquarters Company.

"Headquarters Company has become more active in the monthly boards and the competition has increased," he said.

"I hope to encourage younger soldiers to go before the boards. I was a PFC when I won Soldier of the Month at Fort Rucker, Ala.," he said, "so I know we can have a more competitive board here."

Don't get him wrong—he knew he was facing stiff competition at the Soldier of the Year board.

"They studied harder, but my experience paid off," he said. "When I saw there were only three of us competing, I said, 'Hey, I'm going to win this thing!'" As the saying goes, 'Ain't nothin' to it but to do it,' and Rogers did it.

He started his military career in a similar way. Simply put, he just went for it.

"I was tired of working for minimum wage and

please see page 3



# Opinions

## Don't let fear stop you from donating blood

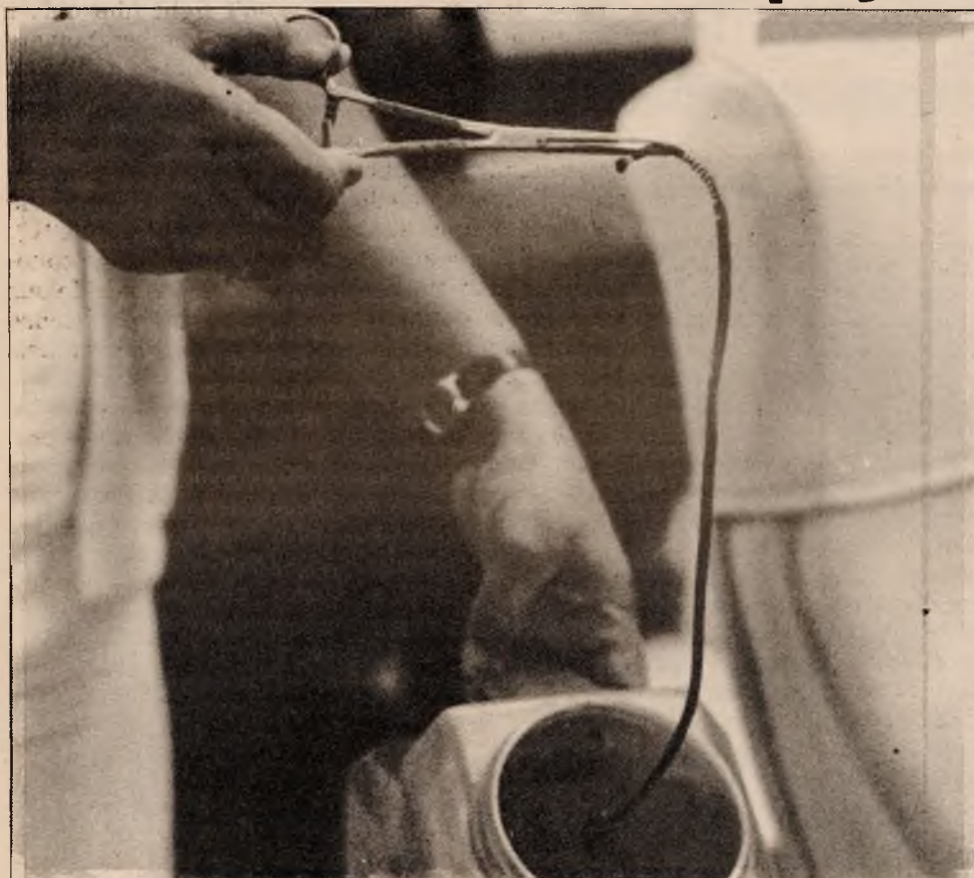


photo by Ginger K. Cooper

Once used, a needle used for blood donation is thrown away.

by Liz Greeley

**A**IDS—Acquired Immune Deficiency Syndrome—has become a scary word to people—with good reason. There is nothing wrong in being afraid of AIDS, especially in taking precautions to prevent it. But there is something wrong when fear, which is not grounded in fact, prevents people from helping other people.

That is what has happened across the country with blood donations.

And it has happened at the Presidio too.

The fear of getting AIDS is understandable, but the Presidio community cannot afford to let an irrational fear prevent them from performing a community service—not just the San Francisco community, but our community too. Letterman is dependent on its blood supply from Irwin Memorial Blood Bank along with 40 other hospitals.

Let's review the facts. Some ways

to be exposed to the AIDS virus include:

- Intimate contact with someone who has AIDS, because it is a sexually transmitted disease;
- Sharing body fluids with a person with AIDS (although there are no documented cases of someone getting AIDS from a kiss);
- Sharing hypodermic needles can transmit AIDS—drug users are at high risk of contracting the AIDS virus; and
- Sharing a razor or toothbrush with someone exposed to AIDS may transmit the disease because of the possibility of mixing body fluids.

That is how you *can* get the AIDS virus. You *cannot* be exposed to the AIDS virus from:

- Talking to someone who has AIDS;
- Working with someone who has AIDS;
- Going to school with someone who carries the virus (that would be like catching leukemia because the person next to you at the movies has it);
- Donating blood.

This last one seems to be the most difficult for people to understand. Consequently, blood donations are down. For example, Presidians donated 1,326 units of blood in 1984, but only 1,042 in 1985. The donations for 1986 were only 682 units.

But here's the embarrassing part: with less than 300 people, DLI-SF donated 924 units of blood last year. LAMC (Letterman Army Medical Center and LAIR (Letterman Army Institute of Research) together donated 1,062 units of blood in 1986—more than the rest of the

Presidio. Doesn't it seem logical that if there were any danger to giving blood, the doctors and nurses at LAMC would know about it?

Just to make sure, let's examine the blood donation process.

First, a nurse or technician takes a fresh, sterile needle and inserts it in your arm. Second, you give your blood. And third, they take the needle out of your arm and *throw it away*. In the course of an average day, that needle is probably the one thing known to be sterile to which you have been exposed.

But there is another important factor to consider when thinking about giving blood: What do you owe your community?

Soldiers, their spouses and children sometimes need blood transfusions. If people are afraid to give blood, where is the blood to come from when a neighbor's wife needs blood for an operation or, perhaps, *your* child is in an accident?

The Presidio has a long and proud tradition of helping each other and the San Francisco community. The way Presidians pitched in to help after the 1906 earthquake is but one example.

I only hope the Presidio community—soldiers, families and DA civilians—does not let groundless fears get in the way of natural generosity.

If you want to prove you are not afraid of phantoms which disappear when the light of fact is turned upon them, the next Presidio blood drive is Feb. 19 and 20. If you have any questions about the blood drive, Presidio's blood drive coordinator is Capt. Alan Arthur at 561-3701.

## Ramblin' Sam

"If you had an idea on how to improve the Presidio, what would you do with it?"



Samantha Gray, sales clerk, Roth's in San Rafael; Presidio family member: "It depends on the subject. I'd take the idea to the head of the program or activity that my suggestion pertains to."



Sgt. Thomas E. Pope, euphonium (baritone horn) player and assistant training NCO, Sixth U.S. Army Band: "I would take my idea to my immediate commander, and the chain of command should get the idea to the post commander."



SSgt. Edward F. Rodgers, French horn section leader and NBC NCO, Sixth U.S. Army Band: "I would send my idea through the chain of command to my battalion commander. He is the battalion's contact to the post commander."



MSgt. Alvin D. Vales, NCOIC Personnel Management Division, Deputy Chief of Staff, Personnel, Sixth U.S. Army: "For me, my contact would be the Human Resources Division. They take care of ideas and suggestions for Sixth U.S. Army."

The Star Presidian is published weekly by Coast Publishing as a civilian enterprise in the interest of the military and civilian personnel at the Presidio of San Francisco, California.

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Staff Journalist..... SP4 Pleasant Lindsey

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# TAKE A BITE OUT OF CRIME

## Home security

by John Flynn

A prowler enters someone's home every 15 seconds! Next time, it could be your home or barracks room. Of the \$400 million worth of goods stolen each year, only five percent is recovered. Despite all the publicity concerning the effectiveness of high-tech alarm systems, the best precautionary measures are still old-fashioned common sense and a good, modern lock.

### Discourage burglars

You can't make a house absolutely burglar-proof, but you can decrease the opportunity available to a burglar by taking precautionary measures now. Burglars avoid delay, risk or noise. If you make entry simple, then you increase your chances of being victimized.

### Outthink the thief

Make him think you're home even when you're not. The average burglar will probably know the same tricks, but without spending the time to study your habits, he would much rather try a house that is obviously vacant.

Leave some lights on while you're away. If it's just for the evening, leave on a light that prevents him from peeking in to see if you are really home. If your absence is going to be for an extended length of time, you should buy some small appliance timers and hook them up to the lamps in your house. Try to set the timers for the approximate times that you would normally have the

lights on when you are really home. You also might consider installing exterior lights. Exterior lights remove the thief's cover of darkness, and he doesn't want to work under a spotlight.

Don't allow newspapers or mail to accumulate while you are gone. Notify your post office to hold your mail and your newspaper carrier to hold your papers. In the summer, arrange to have your lawn watered and mowed.

Be wary of strange phone calls aimed at finding out when you will not be home. Don't fall for the call which tells you that you have won a valuable prize—often burglars count on your greed to get you to tell them when you will be home and when you won't.

Don't let a stranger inside unless he can show identification indicating that he has legitimate reason to be there. All Directorate of Engineering and Housing (DEH) employees carry a DEH ID card. If you have doubts about someone, call their employer.

### What you can do

Participate in community crime prevention programs such as the Neighborhood Watch and Operation Identification. For more information on these programs, call the Presidio Crime Prevention Office at 561-4925 or 561-5011.

If you witness a crime or something that looks suspicious, call the police.

Be suspicious if someone offers you an item at a bargain price under unusual circumstances...it may be stolen property. Buy only from bonafide dealers. In addition, it is against both military and civilian laws to receive stolen property.

### What if you meet a burglar?

If, when you return from a trip, there are obvious signs of burglary, DO NOT ENTER your home!!!! Call the Military Police from a neighbor's house and wait until they arrive. If you return to the house, you might run into the burglar or the

police might mistake you for one while the real burglar escapes. If you are already in your house and you have to deal with a burglar face-to-face, be cooperative but try to remember what he looks like—his approximate height, weight, and how he's dressed to aid the police in his capture. Don't pull a gun or weapon—he might respond with his own or take yours away. Don't fight him unless you are attacked; in that event remember, you are fighting for your life. Use every means available.

### If you are robbed

Notify the police at once. Inventory your property regularly and keep the list in a safe place so the police can immediately place the items into the National Crime Information Computer (NCIC). This will allow any police department in the country to identify the property as being stolen. If your property is engraved with your driver's license number and state, the process will work even better.

Notify your insurance company. Use your inventory to prepare a complete list of the stolen property. Give the claims representative any purchase receipts you have for the stolen items. Answer all questions and cooperate fully for quickest possible handling of your claim.

Crime prevention should never take a holiday because burglars don't!

### Crime report

- Two people were arrested for driving under the influence of alcohol.
- One soldier was apprehended for being Absent Without Official Leave (AWOL).
- There was one report of an unsecured building.
- There were three reports of larceny of private property. In all three cases, the items were left unsecured.
- There were two non-injury traffic accidents.

## Soldier of the Year continued from page 1

"I wanted to support myself," he said. "I found out about Airborne training, went to Fort Benning, Ga., to try it and started liking it."

Rogers has been in the Army for three years now. He is stationed at the Presidio on a compassionate reassignment, but has definite plans for the future: returning to the Airborne Infantry, furthering his civilian education and attending Officer Candidate School (OCS). For now, though, ceremonies consume his daily routine.

Rogers described his Ceremonial Platoon assignment as unique. Sometimes, the ceremonies leave special memories.

"We performed a ceremony for a Filipino community meeting. When we marched into the room the rock band on stage started playing 'It's A

Grand Old Flag.' They also played a rock version of the Philippines National Anthem," he explained. "Of course, we were looking sharp in our Dress Blue uniforms and the audience went wild."

But being in the Ceremonial Platoon isn't all fun and games for an infantry soldier. The job requires constant work and dedication. "Some people think we're lucky, but we don't get much time to train," he said. "We do a lot of funerals and ceremonies; we're on the road constantly."

With such a busy schedule, it could seem difficult for a soldier to find the time to prepare for a review board. But Rogers' actions show one way to approach the problem...just go for it.



SP4 Tracy Rogers teaches fellow infantry soldiers about the proper use of the M-21 anti-tank mine.

## Job help continued from page 1

and GS-15 (plus equivalent Wage Grade) which are paid by appropriated funds.

To be eligible for employment preference, a spouse must present a copy of the sponsor's PCS orders to the Civilian Personnel Office (CPO) when applying for jobs. Preference will be given to those rated best qualified and at a grade level no higher than the spouse has permanently held in the competitive Civil Service.

A Presidio regulation to implement this new program locally has been developed and is being staffed with all organizations serviced by the Presidio CPO and with the labor unions which currently represent civilian workers.

As soon as the regulation is approved, military spouses can begin applying for employ-

ment preference through the CPO Job Information Center in bldg. 37.

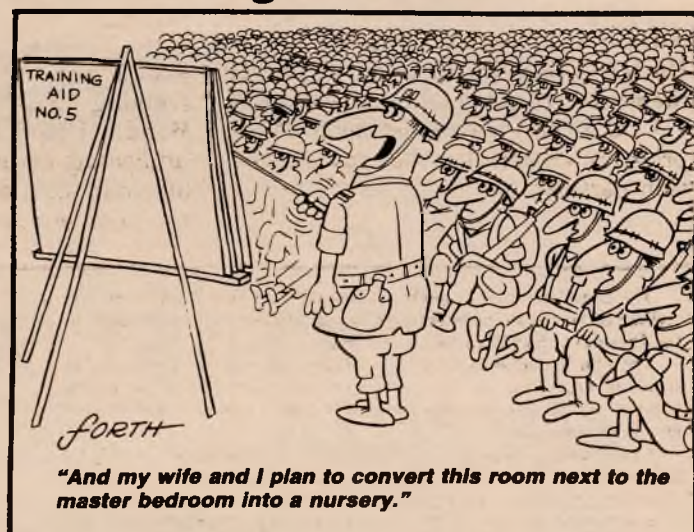
## Maximum interest rates

According to a Veterans Administration Information Bulletin, maximum interest rates have been decreased for the following types of loans to the new rates shown below:

Home and condominium loans.....	8½%
Graduated Payment Mortgage loans..	8¾%
Home improvement and energy conservation loans.....	10%
Manufactured home	
Unit loans.....	11%
Lot loans.....	10½%
Combination loans.....	10½%

For more information, contact the Veterans Administration Regional Office in downtown San Francisco at 211 Main Street.

## On the Lighter Side





## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.

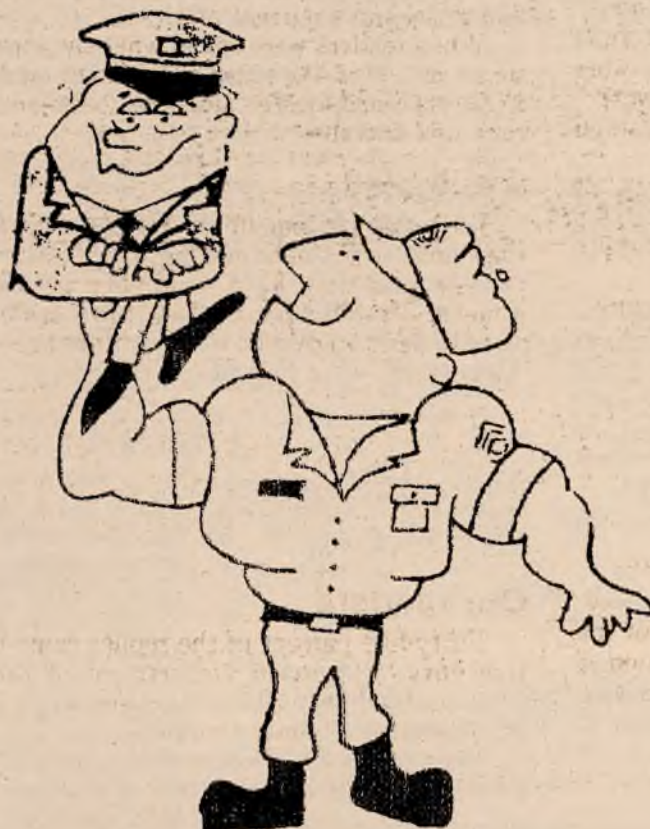


## Valentine's Day Dance

with the JIMMY BLASS  
orchestra

**Sat., Feb. 14**

A La Carte Dining 5:30 to 9:30 p.m.  
Dancing 7:30 to 10:30 p.m.



## Right Arm Night

Show your appreciation for that  
**RIGHT ARM!**

**Wed., Feb. 18**

Buffet: 5 to 7 p.m.  
Music: 5:30 to 10:30 p.m.  
**FREE SNACKS**

## SEAFOOD BUFFET

Wed., Feb. 11

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**FRI., FEB. 13**

7:30-Midnight

in honor of

**BLACK HISTORY MONTH**

## SUNDAY BRUNCH

10 a.m. to 2 p.m.

## ATTIC LOUNGE

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7 p.m.-Midnight

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# Star Presidian announces reader survey results

by Kay Couch-Lopez, Command Information, PAO

The best-liked column in the *Star Presidian*, according to a recent survey, is "News briefs." Tied for second was the "Community Calendar" and "Ramblin' Sam." "Crime Watch" came in a close third.

The results come from a readership survey made by the Public Affairs Office, Command Information staff. The survey was made to gain a better understanding of how you, our readers, view the *Star Presidian* and accept it as a source of information and entertainment. The responses also will help the staff establish policies and goals for the newspaper during the next two years.

In future issues we will address additional questions and comments made on the survey.

As you probably know, the *Star Presidian* is a weekly publication published 50 times each calendar year by Coast Publishing in El Sobrante. You may not know that it has a circulation of 7,500.

We used the "simple" Random Sample Method on our survey. A total of 1,250 surveys were distributed and 368 good surveys were returned.

The survey was sent to various places both on and off post.

On-post distribution included residents of government quarters. Sending surveys to quarters gave the staff the opportunity to get the family members' view of the publication.

Because there is such a large retiree community near the Presidio, the off-post surveys went to retirees who live within a 25-mile radius of the Presidio and who were felt to have access to the *Star Presidian*. Toward the end of the survey period, surveys were given to people who asked for them—the staff felt this also would fit the random selection criteria.

## Survey findings and conclusions

In both this survey and the last valid survey, which was performed in 1981, the majority of the population surveyed read the paper and found it reliable. In the most recent survey, 39 percent stated they read every issue, 44 percent stated they read most issues.

Both surveys listed coverage of the following items as "about right": military news, DA civilian news, sports, community, topical/controversial, editorials/commentaries, feature material, and

ceremonies and current affairs. In both surveys the overall appearance and photography were listed as good.

Thirty-eight percent of those surveyed indicated they regularly find the *Star Presidian* a reliable source of news. Fifty-two percent wrote they sometimes find it a reliable source.

Forty-two percent wrote that they read most of the paper and 28 percent said they read all of it. Sixty-two percent of the respondents indicated they believe most of it, while 21 percent said they believe all of it.

## More or less

When asked what they would like to see more of in the paper, 22 percent said they would like more military news, 18 percent said they would like more community news and 15 percent would like to see more current affairs.

When readers were asked what they would like to see less of in the paper, 24 percent said sports, 17 percent said awards and ceremonies and 10 percent said travel.

## Available?

Only two percent of the people surveyed said they have a problem getting every issue and 11 percent said they have a problem getting most issues. Forty-four percent said they seldom have trouble and 43 percent said they never have a problem getting the paper.

Fifty-three percent of our readers said they share their paper with other people.

The results were almost equally divided for those who like the teasers (the boxes at the top of the front page)—48 percent—and those who don't—52 percent.

## Our readers

Forty-five percent of the replies came from active duty, 33 percent Department of the Army Civilians (DACs), 14 percent retirees and eight percent were from family members.

Most of our readers are well educated: 24 percent have postgraduate study or degrees. Thirty-one percent have one to four years of college. Those with bachelor's degrees made up 18 percent

of the survey. Nine percent of the respondents have AA degrees and 17 percent have high school diplomas or GEDs.

Sixty-four percent of those responding to the survey were men and 36 percent were women.

The average age of our readers is 35.

## Complaints, comments

One of the biggest complaints mentioned on the surveys was that the paper has too much advertisement.

However, the *Star Presidian* is printed at no expense to the government because of the advertisements. If the Presidio had to pay for printing the paper, it would cost the Army about \$45,000 a year. The paper actually has fewer ads than regulations allow.

Some of the most controversial things which drew complaints were stories about condoms and AIDS. The comments ranged from this comment: "I'm tired of reading about condoms, AIDS, etc., in your paper. Are you promoting something special? What do I tell my five-year-old? I know we are in San Francisco, but who do you think reads these things?" to this statement: "Good article on AIDS. Do more." Both of these comments came from captains.

One reader commented he would read the paper if they were delivered to Hamilton—check the commissary please, that's where they are dropped off.

One reader said we should accept submissions of photos from our readers—we do. We also accept stories and story ideas. However, we can use only black and white photos. Our numbers are 561-3908 and 561-2005.

## Don't wait

Also, you don't have to wait until the next survey to voice your opinion. The *Star Presidian* staff looks forward to receiving your comments and letters to the editor throughout the year.

Call, or write the *Star Presidian* at:

Presidio Public Affairs Office

ATTN: *Star Presidian*

Bldg. 37, Room 212

Presidio of San Francisco, CA 94129-6520

# LAMC employee exemplifies 'can do' attitude

by Pleasant Lindsey and Gloria Hetherington

A woman of giant character muscled her way into the Nutrition Care Directorate five Decembers ago as a food service worker in the dish room and started a dramatic climb to the top.

Odessa Davis, dishroom supervisor at Letterman Army Medical Center (LAMC), is not quite average height; tiny, in fact. And she was already 50 years old when she first applied for a job at LAMC.

"They weren't sure they wanted to hire me," she said. "I guess they thought I wouldn't be able to do the work."

That was five years ago. No one questions her ability now. To hear her boss, Lt. Col. Diana Lelonek, Nutrition Care director, tell it, the 4-foot-11-inch Davis "can outrun and outwork anyone around here."

Davis was the wife of an Air Force service member and the mother of two children when she moved to the West Coast in 1954. She started doing domestic work, had two more children, and found time to look after or take care of eight other children in her Oakland neighborhood.

Does that sound like a lot of work?

"I could clean houses good and fast," Davis said. "I had seven houses to clean; I could completely clean each house in two hours."

Davis left a good impression on her former employers. "When I came to work here, they [the homeowners] were all crying about my leaving," she said.

But, just as people appreciate her, Davis appreciates people...like her boss, Lelonek. "She just makes my day," Davis said. "She is so genuine, so pleasant."

Her attitude about people also shows in her work. "My work is my hobby," she explained. "I really like it and the people I work for."

Another reflection of her positive attitude is the fact that she has not missed a day due to illness or any type of absenteeism. Not one day. She has taken only annual leave.

Such dedication to duty cannot be overlooked. Davis has received a Sustained Superior Performance Award for 1981 through 1982; an Exceptional Performance Award for 1983 through 1984; plus a letter of appreciation for not taking any sick leave.



photo by Pleasant Lindsey

"When shorthanded, I do it all!" says Odessa Davis as she changes milk cartons.

Her story isn't long but it is inspiring... someone, somewhere, is probably asking how does she do it?

Here's some big advice from the little lady: "Don't let the years get to you—keep moving!"



# Viet vet explains why he rejoined the Army

story and photos by Liz Greeley

**O**n Sept. 10, 1986, a Vietnam vet, former Long-Range Reconnaissance Patrol (LRRP) team leader and Ranger taught Presidio soldiers how to successfully ambush an enemy.

A spectator didn't need to look into every soldier's face to know his eyes were locked on that vet's every instruction, his (or her) ears *listening* to every word uttered (many of them unprintable).

But they were good words. They were words which told those soldiers the way it *is* in an ambush—both what they could expect and what they would have to do—all in simple, often earthy, language.

And there lies the paradox of George W. Hatcher, the Ranger, former LRRP, combat veteran and former civilian who taught that class.

In talking about Vietnam and the Army, words and phrases such as "aware politically," "media war," "unequivocally," and "innate ability" also crop up in Hatcher's speech.

Oh, one might say that's not so odd. Many people gear their speech to a particular situation.

Fair enough, but there's more. Hatcher served in the Army for seven years, and then left and got into law enforcement. Since September's live-fire exercise, Hatcher has *reenlisted* after nine years as a civilian.

Few drill instructors expect their "raw recruits" to be 38-year-old Rangers and combat vets. Why?

"I just got bored with civilian life—I hate civilian life," he said.

While Hatcher was in law enforcement, Headquarters Command Battalion Executive Officer Maj. William I. Chadwick, an old friend of Hatcher's, had a chance to observe Hatcher's so-called "boring" civilian life.

"I rode with George one weekend," Chadwick said, "and I watched him disarm a guy who had steak knives and scissors and he wasn't sure what he was going to do with them—but I watched George disarm this guy down in Alameda. It was amazing."

Though they have differing recollections of how they first met, both were assigned to the 1st Battalion, 12th Cavalry at the time. Whether it was Fort Hood, Texas, or when their unit rotated to Germany, the two got to know each other.

In fact, when Chadwick returned from a 6-month rotation to Germany, he was offered a scout platoon leader position...but he had a requirement.

"I said fine, but...*here I am a lieutenant giving a colonel conditions...* I said, 'I want Hatcher for my platoon sergeant.'"

"So George and I got together in a scout platoon and we put together probably one of the finest platoon-



Civilian George W. Hatcher teaches a Company D, 864th Engineer Squad how to ambush an enemy on Sept. 10, 1986.

sized elements—we tore all the tests up at Fort Hood."

"In fact, Hatcher said, "an evaluator for that last ARTEP [Army Training and Evaluation Program] said that we were unequivocally the finest platoon that he'd ever evaluated for any Army training exercise."

"We had some good soldiers and we trained them hard too. We turned them into a little bit of a Rat Patrol-type unit. We got camouflage fatigues when you couldn't find camo fatigues at Fort Hood."

"A lot of people at Fort Hood were getting hurt in field-training exercises," Chadwick said. "[Yet] we convinced the battalion commander that we needed to go without our steel pots, and we just wore our scout caps. We took our windshields out of our jeeps and, you know, just did outrageous things."

"But we got away with it," Hatcher explained, "because we didn't have any accidents, we didn't hurt anybody and when it came time to show for that IG inspection we did real well. We scored like 78 percent on that IG, which was unheard of for having 10 vehicles."

One would have to be completely unobservant to miss the mutual respect and admiration Chadwick and Hatcher have for each other. That's why they stayed in touch over the years. Then when Chadwick had a live-fire training exercise coming up and knew Hatcher was in the Bay Area....

"He asked me if I wanted to teach a class," Hatcher said.

Chadwick was looking for someone with combat experience and ambush knowledge. Hatcher fit the bill with the experience from his first Army tour. As a LRRP in Vietnam, Hatcher spent time in Long Binh, Chu Lai and Da Nang, which he described as a rear area.

"Freedom Hill, they called it," he said.

"We would live back in the rear. That was one of the comforts of being with the LRRPs—you could stage out of the rear area. So you had a permanent bunk and hootch and everything back in the rear," he said.

"You'd just prepare and mount these operations and the helicopter would fly you out and drop you off in the AO, or Area of Operations.

"We'd be out there from five to 10 days and develop whatever intelligence and do whatever they wanted us to do, and we could come back to the rear area where they had cold sodas and that sort of thing."

And what else did LRRPs do?

"Conducted ambushes and H and I [Harassment and Interdiction] missions when you would just go out into an area and walk around, and try to find a target of opportunity and do whatever you had to do to them and then kind of get out."

Hatcher said he would not go into detail about those missions other than talking about being dropped into the jungle for five to 10 days to patrol for the enemy. He seemed bothered by those memories.

Yet when asked what the hardest thing for him to do on partols was, he answered:

"Bugs. Dealing with the bugs, the insects, I think, and a couple of things like wet feet all the time."

"Primarily, we didn't get caught in too many ambushes. We'd like to gain the upper hand. We'd like to do all the ambushing. I think it's things like the insects," he said. Leeches were prominent on his list of least favorite insects.

So went Hatcher's first tour in the Army. Fort Hood, Texas, rotations to Germany and his assignment under Chadwick all came later. And now he's back in the Army as a specialist four. To what is this paradoxical—at least unusual—man looking forward?

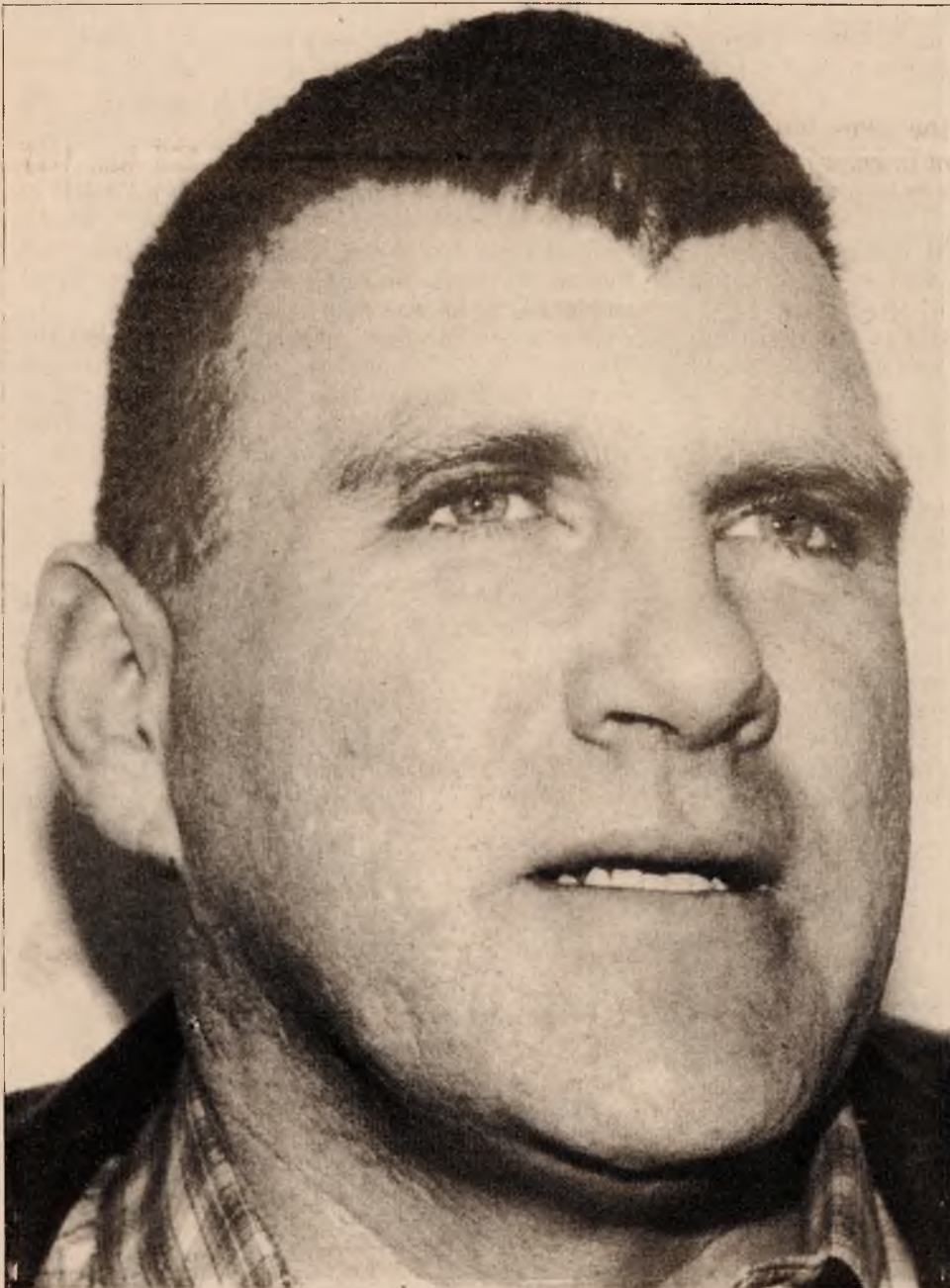
"I love to teach," he said. "One of my favorite pastimes is teaching classes like that [ambush class] and real good classes...to teach grid patrolling or something like that. To me, that's what I'm here for. That's what I should do the rest of my time in the Army—I love working with troops."

Here's a soldier who loves to work with troops, and he commands the admiration of *at least* one Presidio officer. He left the Army, was bored by civilian life, and returned to the Army.

Still, he's irreverent about the Army in some small ways (his feelings about steel pots are a case in point), yet drawn to it nonetheless.

So who is this paradox, SP4 George W. Hatcher?

In at least one person's opinion, one helluva good soldier.



"If you give clear and concise and succinct instructions, then they [soldiers] know exactly where you stand and where they stand. They know what you want of them, how they can please you. You can motivate people to listen or you can talk in a monotone and bore 'em to death," says George W. Hatcher, now SP4 Hatcher.





Tom MacKenzie of Sixth Army Public Affairs and Wendy Darby help her husband, Bruce...hospitalized for cancer...rise for the National Anthem.

## Sixth Army Band plays a special concert

story and photos by Kay Couch-Lopez

There was hardly a dry eye in the crowd as the Sixth U.S. Army Band played a concert for a critically ill Vietnam veteran at the St. Francis Memorial Hospital cafeteria on Feb. 1.

Dressed in a beret and sweatshirt with the 173rd Airborne Brigade insignia, Bruce Darby struggled to his feet with the help of his wife, Wendy, and Tom MacKenzie, of Sixth Army Public Affairs, as the band played the National Anthem.

The band played marches and other patriotic songs for Darby, who is dying of cancer. A smile came to his face as he listened to the music. But only when one of his favorite songs was played did he become emotional.

When the Staff Band Officer, Capt. John Clanton played "Jesu, Joy of Man's Desiring," by J. S. Bach, on the piano, both Darby and his wife wept.

Other songs played by the band included "You're a Grand Old Flag," "This Is My Country," Stars and Stripes Forever," and the "Army Song."

Sixth Army Assistant Chaplain (Lt. Col.) John Torp told Clanton about Darby's condition and his love for music. That's when Clanton suggested the concert for Darby.

"Everyone agreed that was a good idea and we got permission from the hospital to do it on Sunday [Feb. 1]. We wanted to do it later, but Darby's

doctor said he might not live that long. The band was leaving on Monday [Feb. 2] for a week, so I thought it would have to be on Sunday," Clanton said. "We put the show together in about three days."

Although Torp was in the same brigade as Darby in Vietnam, he only got to know him after a 173rd Airborne Association was formed in the San Francisco area.

"There are several [173rd Airborne Brigade] 'sky soldiers' in the area as well as several of us from here on the post. Bob Rodriguez, one of the concert attendees and president of the 173rd Airborne Brigade Association, announced at one of our meetings that Bruce was sick and, as the Association chaplain, I went to see him in the hospital. That is how I got to know him and Wendy," Torp said.

"I don't remember Bruce from Vietnam; he was in the 3rd Battalion and I was in the 2nd and 4th Battalions. But it is possible that I saw him. He worked for my brother who was the command surgeon. We were all there at the same time," he said.

"At one time Bruce was supposed to be in the Army band, but then he became a medic," Wendy Darby said. "He is very patriotic. [But] he felt that he didn't get the recognition he deserved. So getting the band to play for him was my way of showing recognition."

"He served in Vietnam from 1966 to 1967, and saved a lot of lives. He was at Bien Hoa. I understand that he was in a very elite group—the 173rd Airborne Brigade. He was in the Army from 1964 to 1967. He really loved his time in the Army," she said.

"He really likes band music and was very disappointed at the last Veteran's Day Parade in November when there were no military bands. That is when I decided that I wanted to get some kind of tribute for him," she said. "That was about the last time he was really out and around."

As a combat medic Darby was awarded the Bronze Star for heroism in 1967. Darby, who is co-owner of a San Francisco advertising and public relations firm, has been hospitalized off and on for the past nine months with spreading cancer.

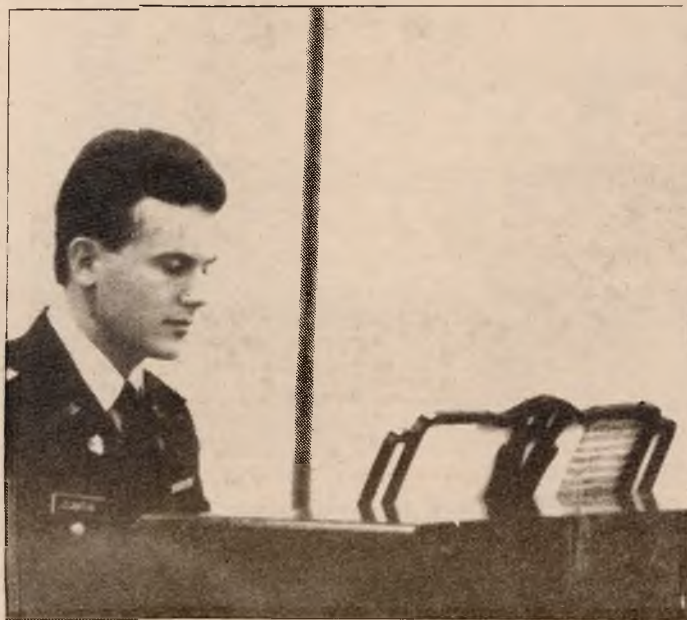
Darby said her husband came down with cancer in May of 1986 just before his 40th birthday. "He started with stomach cancer and now it has spread throughout his body and to his brain," she said.

"Here he is 20 years after Vietnam fighting another battle," his wife said. "We have only been married for three years, and have known each other for five years, so I didn't know him when he was in Vietnam, but I feel I have been there in my mind."

Several other 173rd members were at the concert and wore 173rd insignia sweatshirts like Darby's.



CWO3 Freddie Vinson Jr. leads the band during its special concert for Bruce Darby.



Staff Band Officer Capt. John Clanton plays "Jesu, Joy of Man's Desiring," for Darby.



Darby listens intently to the Sixth U.S. Army Band concert.



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# Community Calendar

## Golden Gloves

The Civic Auditorium features Golden Gloves Boxing from Feb. 25 through 28. Military Night will be Feb. 26 at 7 p.m. On that night, active duty soldiers can get a \$3 discount by showing a military ID at the box office.

For more information, call Ruth Dorsey at the USO at 561-2436.

## Volunteers needed at Laguna Honda

Volunteers are needed to help move patients at Laguna Honda Hospital on Tuesday, Feb. 17, during the hospital's annual Valentine's Day Dinner.

Volunteers would help elderly patients from their rooms to the dinner site within the hospital.

The dinner will be from 5:30 to 9:30 p.m. Those who volunteer will be provided dinner as well.

Interested Presidians should call the Pastoral Staff Office at Laguna Honda at 664-1580.

## Toastmasters/ITC

"By the way Ann and Bill, I want you to brief the commander from now on. It'll be good experience for you both," their boss says.

Ann and Bill gulp and smile wanly, wishing all the time they had some experience before briefing the commander.

Well, whether Ann or Bill knows it or not, they can get just the type of training they need—through Presidio Toastmasters or ITC (International Training in Communications).

Both Presidio Toastmasters and the ITC (formerly Toastmistress) Clubs offer training in getting up before a group and giving speeches, introducing other speakers and think-



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ing on your feet, not to mention leadership training.

If you would like to develop this important career skill, you can join Presidiannes or Logisticals ITC, or

Presidio Toastmasters—both groups are open to men and women.

The Presidiannes ITC Club meets the second and fourth Tuesdays from 4:45 to 6 p.m. at the Golden Gate

Community Club. The Logisticals ITC Club meets every third Wednesday from 6 to 9 p.m. in the Logistic Control Activity Conference Room on the second floor of bldg. 651.

Presidio Toastmasters meet the second and fourth Thursdays in the Civilian Personnel Office Training Room on the second floor of bldg. 37.

For more information about the ITC clubs, call Annie Tatum at 561-2131 or 561-5705. For information about Toastmasters, call Bill Clyde at 561-2554 or 561-4285.

## Valentine's Day special

The Golden Gate Community Center will present horsedrawn carriage rides on the Presidio from 11 a.m. to 1 p.m. on Feb. 13. The center says reward your mate or friend with a \$5 ride for two. They also are sponsoring a "Roses are Red" poem contest. Deadline for entries is Wednesday. Four winners will be selected. Poems should be turned in at the Information, Tour and Travel Office, bldg. 135, between 9:30 a.m. and 6 p.m., Tuesday through Saturday.

## Whale Watch

A Whale Watch tour is scheduled from 8:30 a.m. to 2 p.m. on Feb. 28. The cost is \$23 and will be leaving from bldg. 135. You can register at bldg. 135.

## Scholarships

Applications for scholarships given by the Presidio Officers' Wives Club (POWC) can be picked up by calling Arietta Valenti at 346-1767 or by calling any board member. Applications must be turned in by April 10. These applications are available to family members of active duty soldiers assigned to the Presidio and its subposts, and to all members of POWC and their family members.

## ...the write stuff...

by Ted Weller

The Commander's Marksmanship Competition is still on the schedule for next week at the Indoor Range, Fort Winfield Scott...if you have the desire to test your ability in the most basic of soldier skills in competition, contact your unit training personnel TODAY...final practice and rosters are due soon. See you there!!!

The 1987 Army theme is "The Constitution." The linkage between the Army and the United States Constitution begins in the Preamble of the Constitution. The fourth purpose cited in the Preamble is to provide for the common defense, the sixth purpose is secure the blessings of liberty. "You cannot have the blessing of liberty unless you provide for the common defense," explained Secretary of the Army, John O. Marsh Jr., in a recent Army News Service release.

...GUNG HAY FAT CHOY!! The Golden Dragon Parade celebrating the Lunar Year 4685, the Year of the Hare begins at 7 p.m. tomorrow at Second and Market Streets...don't drive, take a bus! TOE NIEN....

Tomorrow is Recycling Day for the Girl Scouts and Cub Scouts on the Presidio. Please have your newspapers and aluminum cans ready between 10 a.m. and 1 p.m. for pick-up. Please no magazines...not only are they heavy, but the Scouts cannot recycle them.

Tonight is PARENTS' Night Out at the Religious Activities Center (RAC) from 7 to 11 p.m. Check with the RAC for available space, 561-3535.

Tonight at the Mexican Museum, bldg. D, Fort Mason, the Folk Art Symposium will present Aztec ritual dances by *Esplendor Mexicana* and "musica ranchera" by *Campesinos de Michoacan* in a special evening of music and dance. Admission is \$3. Call 441-0404 for more information.

Tomorrow at Fort Mason Center, the African American Historical and Cultural Society will present a Black College Day Fair beginning at 1 p.m. in bldg. C. On Sunday, the Society will present a Gospel Heritage Program beginning at 3 p.m. Both programs are FREE and are part of a month-long series of activities celebrating "The Afro-American and the Constitution: Colonial Times to the Present." Call the Society at 441-0640 for more information.

Final auditions for the 1987 San Francisco Ethnic Dance Festival will be held tomorrow and Sunday at the Palace of Fine Arts Theatre. Auditions begin at 10 a.m. with a lunch break between 1 and 2 p.m. and continue until 6 p.m. Admission is FREE. Call 474-3914 for more information.

...Next week is National Condom Week....

Once again the Friends of the San Francisco Public Library are having a Mini-Book Sale—hardcover and softcover books, 30 cents each or four for a dollar, in bldg. A, Fort Mason Center this

Sunday, 11 a.m. to 4 p.m. Admission is FREE.

...Happy 77th Anniversary to the Boy Scouts of America....

This Week in Presidio's History: Feb. 9, 1859—Brevet Lt. Col. William Hoffman (Maj., 6th Infantry Regiment) assumes command of the Presidio. Feb. 12, 1908—The 161st Company, Coast Artillery Corps garrisons Fort Barry for the first time. Originally part of Fort Baker, Barry was known unofficially as the Point Bonita Military Reservation. It was designated Fort Barry in 1904, in honor of Brig. Gen. William F. Barry (Col., 2nd Artillery), who had died in 1879. The 161st occupied the 21 frame buildings and five batteries, Mendall, Alexander, Edwin Guthrie, Samuel Rathbone and Patrick O'Rourke.

Feb. 6, 1911—Four troops of the 1st Cavalry are assembled at the Presidio in response to the spilling over of the perpetual Mexican revolution into the United States. Equipped for a 30-day deployment, the force, 60 men to a troop, marched out of the Presidio to Third and Townsend Streets where it boarded special trains for the border. Assigned to Yuma, Calexico, Tucson and Nogales, the 1st Cavalry patrolled the border against marauding bands of armed Mexicans.

"To be a successful soldier you must know history. Read it objectively...—General George Patton, 1944.



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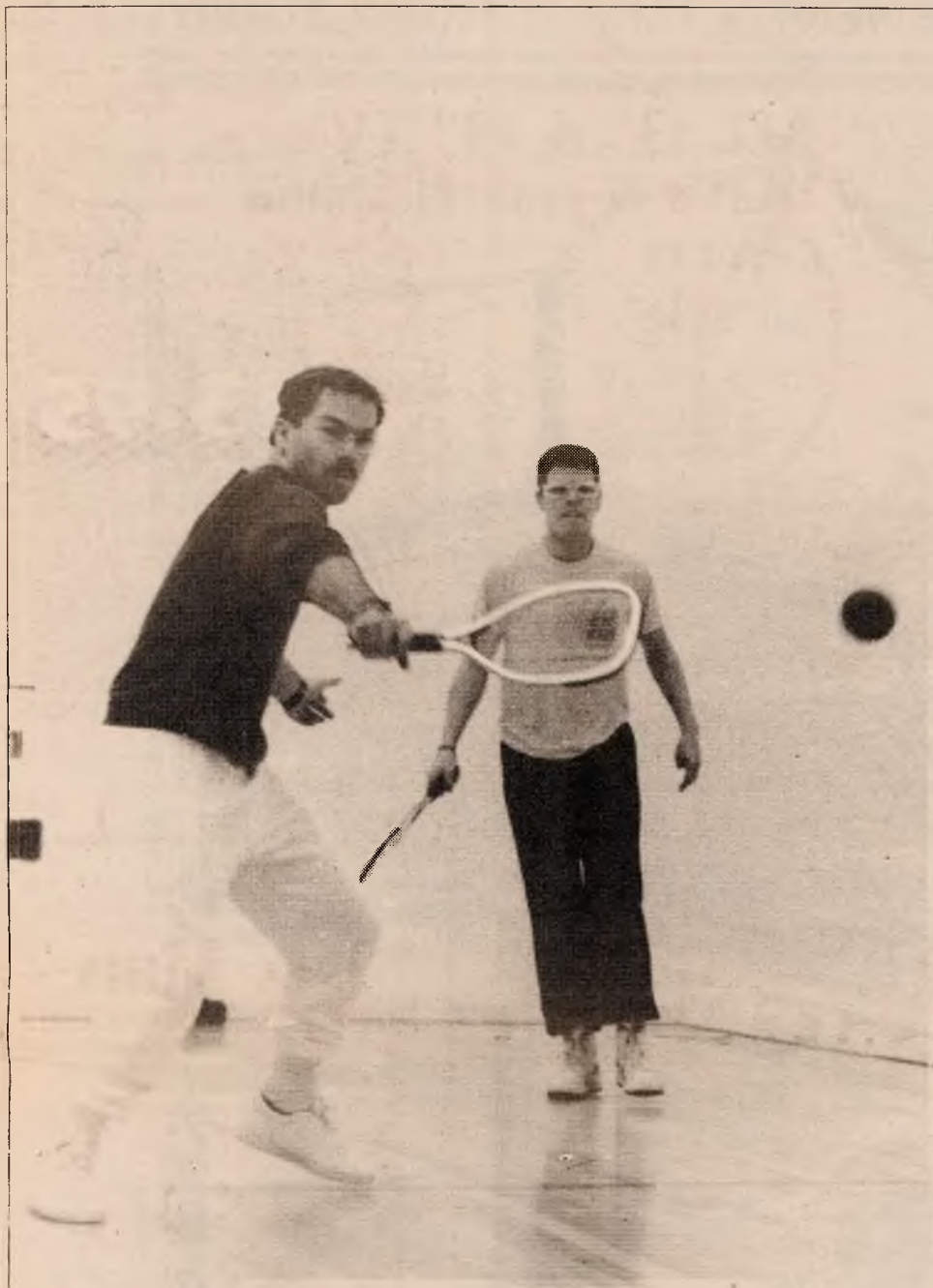
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# Sports

## Racquetball—enjoy fast, healthy workout



PO2 Ed Baxter backhands a volley as his opponent, PO2 Scott Clowdus, waits for the return.

story and photo by Pleasant Lindsey

Want to burn calories and get a good aerobic workout? A nice game of racquetball can bring out the sweat and competition in anyone, and a good game is as close as the post gyms.

In Gym No. 1 the racquetball courts are heavily used during the lunch hour and after duty hours. Men and women, young and old, are learning about the relaxing effects of playing a tough game...or a not-so-tough game.

John Manson and Bill Mori, special agents for the U.S. Treasury Department, use the courts up to three times a week.

"We also try to skip lunch before playing," Mori said. "This way we can watch our weight and get a good workout at the same time." They play two or three games, work up a good sweat and grab a light lunch while returning to work.

"It's an invigorating game," Manson said. "If we were committed to jogging, we would have problems on rainy days."

The game is played similar to handball. The racket is smaller than a tennis racket, but the player doesn't have to worry about wearing out his or her hand. The game court is surrounded by four walls. The person serving the ball is the only one who can score a point.

"If I serve the ball and my opponent misses the return, the point is mine," explained Manson. "However, if I serve and later miss my opponent's return shot, we switch serves."

So what is a serve? Let's start from the beginning.

The serve area is a rectangular box, almost as wide as the court and

about three feet deep (front to rear). When the ball is first put into play it is called a serve.

Once a player hits the ball it must bounce off the front wall before hitting the floor. And it can only touch the floor once before the other player hits it.

What happens between that time must be seen to be appreciated.

The ball can (and usually does) ricochet from two or more walls after bouncing off the court floor. The players have to time the bounces and good players can run a novice through the floorboards in no time.

If you've never played the game, try chasing a ball that is slapped off the wall in front of you, comes off the wall to your right and bounces off the wall behind you to dribble lifelessly on the floor. If you let it bounce on the floor more than once before hitting it, your opponent wins a point. A timid player should never challenge a regular.

PO2 Ed Baxter, from the Naval Air Station at Lemoore, Calif. and PO2 Scott Clowdus, Naval Hospital, Oakland, Calif., have proven that many parts of the body can be involved in a racquetball game. The two petty officers were constantly rolling on the floor, diving for shots and bounces that only a contortionist could reach. They play a fast, furiously paced style...guerrilla racquetball.

"The game is fast and fun," Baxter said.

"And it's thrilling," said Clowdus. "It's good exercise."

Racquetball—whether it be the acrobatic, finesse-style of Manson and Mori, or the hard-charging game of the petty officers, here is a game that releases energy, exercises the body and makes the blood flow.

## Sports Notes

### Basketball

USAISC beat the 864th Engineers to remain as the only unbeaten team in the Presidio Basketball program. Before both teams met, the 864th was also unbeaten with 4-0 win-loss record.

In that game both teams started out slow in the scoring department through the first half. At halftime the scores read 28-23 in favor of USAISC.

In the second half, USAISC and the 864th both played a good tight defense, neither team allowing the

other any easy shots and controlling the offensive boards as well. Final score: USAISC 46, 864th Engineers 43. USAISC's Jeff Anderson had 24 points and 864th's Ron Price had 10.

### Next week's games

#### Mon., Feb. 9

16th AG (Postal) vs. MEPCOM... 5 p.m.  
DLI-SF vs. LEC... 6 p.m.  
DPTMSEC vs. 864th Engineers... 7 p.m.

#### Tues., Feb. 10

DOL vs. MEPCOM... 5 p.m.  
USAISC vs. Co. B, LAMC... 6 p.m.  
Sixth U.S. Army vs. Co. A, LAMC... 7 p.m.

### Wed, Feb. 11

DEH vs. LEC... 5 p.m.  
16th AG (Postal) vs. 864th Engineers... 6 p.m.  
All-Army basketball game... 8 p.m.

### Thurs., Feb. 12

DOL vs. Co. B, LAMC... 5 p.m.  
MEPCOM vs. Co. A, LAMC... 6 p.m.  
USAISC vs. LEC... 7 p.m.

### Learn to swim

San Francisco is situated on a peninsula. If you live or work here you are surrounded by H<sub>2</sub>O. Do you know how to swim?

The Post Swimming Pool is offering an adult beginning-level swim course for all Presidians over 18 years old.

Classes will be held on Tuesdays and Thursdays from 4:30 to 5:30 p.m. starting Feb. 12. Course length will be about eight weeks.

For information and registration, call the swimming pool office at 561-3673.

### At the movies

#### Presidio Theatre

Fri, Feb. 6	King Kong Lives (PG-13)	7 p.m.
Sat, Feb. 7	Lady and the Tramp (G)	7 p.m.
Sun, Feb. 8	Top Gun (PG)	7 p.m.
Mon, Feb. 9	Top Gun (PG)	7 p.m.
Tue, Feb. 10	Quiet Cool (R)	7 p.m.
Wed, Feb. 11	Quiet Cool (R)	7 p.m.
Thu, Feb. 12	52 Pickup (R)	7 p.m.
Fri, Feb. 13	52 Pickup (R)	7 p.m.

#### Hamilton Theater

Fri, Feb. 6	Gremlins (PG)	7 p.m.
Sat, Feb. 7	The Golden Seal (PG)	7 p.m.
Sat, Feb. 7	The Aviator (No rating available)	7 p.m.
Wed, Feb. 11	The Killing Fields (R)	7 p.m.
Thu, Feb. 12	Sudden Impact (R)	7 p.m.
Fri, Feb. 13	The Money Pit (PG)	7 p.m.

#### Schwartz Theater

Mon, Feb. 9	King Kong Lives (PG-13)	7 p.m.
Wed, Feb. 11	Lady and the Tramp (G)	7 p.m.
Thu, Feb. 12	Quiet Cool (R)	7 p.m.





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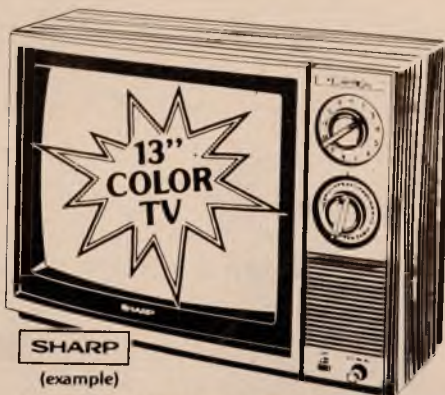
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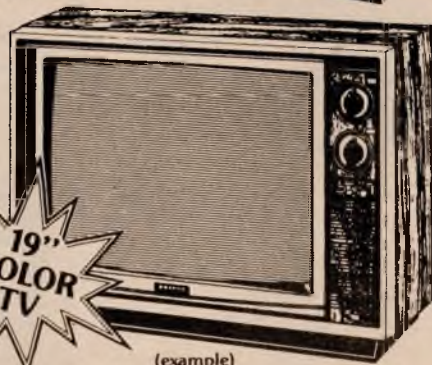


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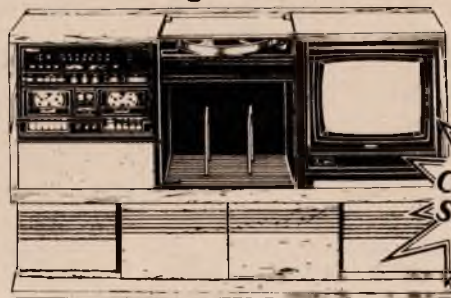
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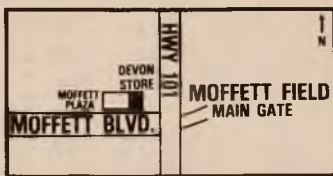
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# Star Presidian

Vol. 30, No. 6

"Published in the interest of the people of the Presidio of San Francisco."

Feb. 13, 1987

## News briefs

### Commissary closure

The Presidio Commissary will be closed on Tuesday, the day following the Presidents' Day holiday, according to F. J. Lohman, Commissary officer.

### Halleck construction

As most Presidians have noticed, construction on Halleck Street began Feb. 9. Road work will be Mondays through Thursdays and is estimated to take 10 days.

While the initial construction is going on, West Halleck Street will be closed and blocked, while East Halleck will be open to two-way traffic.

In the next step, construction will continue north to the Staff Judge Advocate office where a manhole will be put in the street. At that time, East Halleck Street will be closed, and West Halleck will be open to south-bound one-way traffic *only*—with barricades posted—this should take another two days. (North-bound travelers may use Bank Street [behind the Wells Fargo Bank] as an alternate route which will lead them back to Halleck, past the construction.)

After the manhole is in place and covered, Halleck Street will resume two-way traffic.

### Military leaders tops

A recent Harris survey of public confidence in leaders of key U.S. institutions made late last year ranked the military with the highest approval rating.

The poll, taken between Nov. 26 and Dec. 2, 1986, found that 36 percent of the American public holds the highest level of confidence in the military leadership among those American institutions subject to the survey.

The poll reflects a four-percent rise in public confidence from the 1985 Harris survey.

After military leaders, the survey lists educators second, with 34 percent and physicians third, grabbing 33 percent.

Since 1971, the highest rating for military leadership measured 45 percent in 1984; the lowest measured 23 percent in 1976.

A cross-section of 1,250 Americans figured in the polling.

Army News Service

### Spring clean-up

Spring Clean-up will be held on the Presidio from March 16 to 23. As usual, residents of the various housing areas are required to clean up their neighborhoods.

All trash must be picked up and weeds removed from sidewalks and from around quarters. It is the residents' responsibility to

please see page 3



James L. Dozier, a retired major general, recounts his experiences as a Red Brigade hostage for a Presidio audience on Feb. 4.



Interested listeners with questions surround Dozier after his speech. photos by Pleasant Lindsey

## Vet shares story of hostage life

by Debbie Robinson

A brigadier general in the Army is normally a man in control. He's worked hard to get where he is; thousands of people look at him as a role model; he is a proud representative of the United States.

Each of these points is a perfect reason for terrorists to kidnap this man.

At least, that's what members of the Italian terrorist group, the Red Brigade, thought when they planned to kidnap Army Brig. Gen. James L. Dozier in December of 1981. That was the subject of both the Prayer Breakfast and a presentation on Feb. 4, at which Dozier spoke about terrorism to an audience of about 300 at the Officers' Club.

Dozier, who was living with his wife, Judy, in Verona, Italy, at the time, was the Deputy Chief of Staff, Logistics, Combined Army, Southern Europe.

His captors apparently saw his capture as an ideal vehicle through which to get attention and undermine the power of the Italian Christian Democratic Party; the party in power.

Dozier was kidnapped and held for six weeks. He lived in a space, six-by-six, an arm and a leg chained to a metal bunk.

At the end of six weeks, the Italian police broke into the terrorists' apartment, which was one of the Red Brigade headquarters, and rescued Dozier.

Dozier, who retired as a major general, spoke at length about the ordeal. His presentation included slides which helped explain why the Red Brigade singled him out and how they carried out their plan for his capture.

Dozier also spoke about international terrorism and the Code of Conduct, as well as safety tips on how to help minimize the terrorist threat to soldiers and their families while overseas.

In recounting his story, it was obvious that Dozier's life had been endangered. But, even though he initially didn't know the whereabouts of his wife, or whether she was safe, he dealt

reasonably and with dignity with his captors.

"I was generally well-treated. They gave me three meals a day," he said. "I asked for, and was given, playing cards and reading materials which mostly consisted of international editions of *Time* and *Newsweek*."

"I decided to have them look at me as a human being, an individual, hoping that this would appeal to them. This turned out to work for me.

"I established a daily routine, exercising and doing different activities at the same time each day. I hoped that if they felt they could depend on me doing the same things each day, they'd trust me.

"That worked and I got to take off the ear-phones they made me wear to disorient me. This way I ended up keeping track of time pretty well; I ended up losing only two days which I probably lost track of when I was first kidnapped," Dozier said.

Toward the end of the six weeks, Dozier said the terrorists' spirits had begun to drop. They didn't seem so confident that their plan was working in their favor.

The rescue came so suddenly there was not time for the captors to react. They had to surrender because the building was surrounded by an Italian Special Weapons and Tactics Team, Dozier said.

"It was the most exciting experience. I was hustled out during the noon rush hour. We literally blasted our way uptown. People and vehicles were parting like the Red Sea," Dozier recalled. "At one point I noticed the speedometer read 140 kilometers per hour. I was thinking, after six weeks, it all boils down to a traffic accident!"

This special brand of humor is what seemed to make Dozier so popular with the crowd at the Officers' Club. After the presentation, Dozier

please see page 3



# Opinions



## Dying to quit?

by Dr. Lowell Snitchler, USAF

**P**eople are dying to quit smoking. Are you? For thousands each year the only release from the effects of smoking is death. That's not pretty, but it's a fact.

Researchers have identified more than 200 poisonous substances in tobacco smoke, including arsenic, cyanide, carbon monoxide, formaldehyde and phenol.

Smokers suffer from about 22 percent more diseases than non-smokers, and require 10 percent longer to recover from illness than persons who don't smoke.

Don't kid yourself. Each cigarette injures your body.

Tobacco smoke also attacks "passive smokers," non-smokers who cannot escape from smoke-fouled air. A study of office workers trapped in air polluted by their smoking coworkers showed lung damage equal to that of smokers who consumed 10 cigarettes per day for 20 years.

### Children's danger

A passively smoking spouse will suffer lung cancer more often than a non-smoker. Children with parents who both smoke have less healthy lungs, have more sick days during school, and are twice as likely to have pneumonia, bronchitis and tonsillitis than the children of non-smokers.

Danger from passive smoking begins in the womb. Women who smoke while pregnant increase the likelihood of infant death during birth or shortly thereafter.

Why do you think cigarettes are called "coffin nails?"

These facts frighten many away from conquering this killer. If you're scared, if you're tempted to deny that the problem exists, if you've resigned yourself to doing nothing for yourself or others because you believe there's nothing to be done, hang on.

There's hope. We have a plan for ourselves and those around us. We have an opportunity.

The military has declared war on smoking because of its effects. Remember, cigarettes declared war on us first. This is self-defense. Smokers and passive smokers, all of us, are in this together.

We're all dying to stop cigarette smoking in one way or another. We're dying to win the war on the effects of the weed, aren't you?



photos by Kay Couch-Lopez

## MOPP training

SP4 Ginger K. Pierce takes a look around during training with MOPP gear.

Pvt. 2 Pamela Anderson makes sure her gear is clean after the MOPP training.

## Ramblin' Sam

"As a customer, where have you been treated best on the Presidio?"



Sung Levitt, clerk typist, Resource Services Office, Logistics Control Activity: "LAMC. The children's ward is great. The doctors are good, the ward is clean and the nurses are very helpful and nice."



PO2 Bobby D. Ferreira, keyboard player, Navy Band-San Francisco, Treasure Island: "I like the Main Exchange, especially the Barber Shop. They don't have a long wait, the people are nice, and Navy barbers don't know how to cut hair."



Sgt. Retha Tarkington, clinical specialist, nursery, Letterman Army Medical Center (LAMC): "I get the best service at the Optical Store. Their service is fast, their people are nice and if I need any repairs, I get my glasses back within the week."



SSgt. Chris C. Fernandez, trumpet player, Sixth U.S. Army Band: "The Four Seasons and the Clothing Sales stores. At Clothing Sales they serve you right away and are eager to assist you. If you need to find something at Four Seasons, the salesperson will take you straight to it."

The Star Presidian is published weekly by Coast Publishing as a civilian enterprise in the interest of the military and civilian personnel at the Presidio of San Francisco, California.

The Star Presidian is not an official Army newspaper. The views and opinions expressed in the newspaper represent individual writers and are not to be considered those of the Department of the Army or any of its agencies.

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Staff Journalist..... SP4 Pleasant Lindsey

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stayed to answer questions one-on-one for about 30 minutes.

As soldiers, Presidians should be aware of the terrorist threat overseas (and at home). There are many ways to avoid being caught by terrorists,

one of the most important is to know your environment, according to Dozier.

Sometimes it's hard to get people to open their eyes to potential danger overseas. Dozier helped do that, without sensationalizing his story. By

taking his words to heart, we all can help ourselves and our families avoid becoming victims of terrorism.

## Community LifeLine

by Anthony Powell

Several new mayors have joined the Community Life Program mayors. Many Presidio neighborhoods now have mayoral representation...with the exception of the 1200 Storey/Ruckman area, the 1200 Ramsell/Lendrum Court area, the 900 Lincoln Boulevard area and quarters 1552, 1556 through 1562 (even numbers) and 1566 through 1576 (even numbers) in the Pershing area.

The current listing of Presidio mayors is as follows:

100 Riley Ave.—June Weller, 923-9020; Funston Ave.—Lynn Phillips, 921-8574; 700 Liggett Ave.—Bev Ramsay, 567-3479; 700 Morton/Sanches—Sharon Russell, 931-6304; 700 Portola St.—Brenda Finch, 922-1774; 800 MacArthur Ave.—Edmee Botwright, 922-7939; 800 Quarry Rd.—Kathy Plambeck, 931-6250; Infantry Terrace—Lynn Ryan, 923-1375; 400 Washington

Blvd.—Olivia Edmundson, 752-0355; 1300 Kobbé Ave.—Judie Ely, 387-3923; 1400 Washington Blvd.—Mary Ann Ihlenfeld, 751-4420; O'Reilly/Simonds Loop/Presidio Blvd.—Linda Roscelli, 567-5769; Pershing "R"—Kathy Jessee, 751-4861; Pershing "S"—Doris Herndon, 668-1073; Pershing "T"—Karen Jacobsen, 751-1368; Pershing "U"—Suzanne Barnett, 386-8204; Pershing "V"—Jennie Jackman, 387-6364; 1700 area—Anna Waller, 386-7321; 1800 DLI-SF area—Donna Fellows, 221-7048; Fort Mason—Dinah Sisson, 928-2861; Fort Baker—Barbara Bennett, 331-0379; Parks

RFTA—Gayle Smith, 829-7275; and Fort Barry—Debbie Six, 332-8730.

New mayors soon will be needed for the 1400 Washington Blvd. area and quarters 1561 through 1581 (odd numbers) and 1582 through 1598 (even numbers) in Pershing area "V."

It is important that all Presidio neighborhoods have a mayor, so if anyone is interested in serving in this position, please call the Community Life Program coordinator at 561-5155 or 561-5057.

If your area has a mayor, please feel free to call her to see if you can help out with a project or serve on a committee. You can make a difference.

## TAKE A BITE OUT OF CRIME

### Pedestrian safety

by John Flynn

To ensure the safety of both pedestrians and drivers on the Presidio, the Crime Prevention Office presents the following rules and guidelines which are the responsibilities of both drivers and pedestrians.

### Drivers' responsibilities

Pedestrians have the right-of-way at intersections, where streets join at approximate right angles, whether or not the crosswalks are marked by painted white lines

Stop for the safety of anyone

crossing the street on foot. Do not pass a car from behind that has stopped at a crosswalk. A pedestrian hidden from your view may be crossing.

Do not drive on a sidewalk, except to cross it at a driveway or alley. When crossing, yield to any pedestrian.

You must give the right-of-way to any pedestrian using a guide dog or carrying a white cane. Only blind people or nearly blind people are permitted to carry these canes.

### Pedestrians' responsibilities

When crossing or walking in a roadway at places which are not intersections or marked crosswalks, you must yield the right-of-way to vehicles. If you "jaywalk" across the street between intersections, where no pedestrian crosswalks are provided, you must yield the right-of-way to all vehicles.

pedestrian wears corduroy clothing and is struck by the bumper of a car traveling 45 mph, the corduroy ac-

You must not suddenly leave a curb or other safe place and walk or run into the path of a vehicle which is close enough to be a danger to you. This is true even though you are in a crosswalk and the law states that any driver must take care for the safety of pedestrians. But if the driver can't stop in time, the law won't help you.

When walking or jogging on a roadway where there is no sidewalk, you must walk or run facing traffic.

At an intersection where traffic is not controlled by signals, drivers are required to yield the right-of-way to you within any crosswalk, marked or unmarked; but you must give the driver a chance to yield to you.

When a car travels 35 miles per hour (mph), it needs 106 feet to stop safely. Traffic investigators have recorded evidence that when a

tually makes an indentation in the metal. Imagine what happens to the human body!

If you have any questions on pedestrian or drivers' rules, call the Crime Prevention Office at 561-4925 or 561-5011. Let's make the Presidio a safer place for all of us.

### Crime report

- One building was found unsecured by Military Police.
- One soldier was arrested by civil authorities for desertion.
- Two soldiers surrendered themselves for being AWOL.
- One soldier was arrested by civil authorities for driving under the influence.
- There was one report of a larceny. The property was unsecured.
- There was a report of larceny of travelers' checks from a secured room.

## News briefs from page 1

ensure the playgrounds and sport fields in their areas are cleaned.

Area coordinators are expected to make sure their assigned areas are clean, and residents of the Bachelor Enlisted Quarters and Bachelor Officers' Quarters are responsible for cleaning around their buildings.

The post commander has requested soldiers living on post be given time off from normal duty to allow them to clean up their housing areas.

The following is a clean-up schedule for each housing area:

March 16—1 to 100 area, 300 area, 700 area and 1500 area;

March 17—400 area, 500 area and 800 area;

March 18—900 area, 1000 area and 1200 area;

March 19—1300 area, 1400 area, 1700 area and 1800 area; and

March 20—500 area, Fort Baker; 600 area, Fort Baker; 800 area, Fort Baker; Fort Barry and Fort Mason.

### 'AIDS' update

All Presidians are invited to attend a film and

discussion dealing with "AIDS in the workplace."

This film will be shown on Wednesday in the Post Theatre, bldg. 99 at 9 a.m. and will last about 90 minutes.

The film has just been acquired by the Occupation Health Branch of LAMC (Letterman Army Medical Center) and is considered extremely informational and up-to-date.

Presidio supervisors are urged to allow any interested personnel to attend this worthwhile program.



## At the movies

### Presidio Theatre

Fri, Feb. 13	52 Pickup (R)	
Sat, Feb. 14	Star Trek IV: The Voyage Home (PG-13)	7 p.m.
Sun, Feb. 15	Star Trek IV: The Voyage Home (PG-13)	7 p.m.
Mon, Feb. 16	Star Trek IV: The Voyage Home (PG-13)	7 p.m.
Tue, Feb. 17	Star Trek IV: The Voyage Home (PG-13)	7 p.m.
Wed, Feb. 18	Let's Get Hairy (R)	7 p.m.
Thu, Feb. 19	Solar Babies (PG-13)	7 p.m.

### Hamilton Theater

Mon, Feb. 16	52 Pickup (R)	7 p.m.
Wed, Feb. 18	Star Trek IV: The Voyage Home (PG-13)	7 p.m.
Thu, Feb. 19	Quiet Cool (R)	7 p.m.

### Schwartz Theater

Fri, Feb. 13	The Money Pit (PG)	7 p.m.
Sat, Feb. 14	Twelve Months (PG)	7 p.m.
Sun, Feb. 15	Stand By Me (PG)	7 p.m.
Wed, Feb. 18	Cocoon*	7 p.m.
Wed, Feb. 19	A View to a Kill*	7 p.m.
Thu, Feb. 20	Space Camp (PG)	7 p.m.

\*No rating available.



## Backing

Although they're almost always preventable, backing accidents happen frequently. To prevent them, always use a ground guide, especially in larger vehicles where there are blind spots. If no ground guide is available and you can't see what's behind you, get out and walk around the vehicle to make sure you will not hit anything while backing.



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.

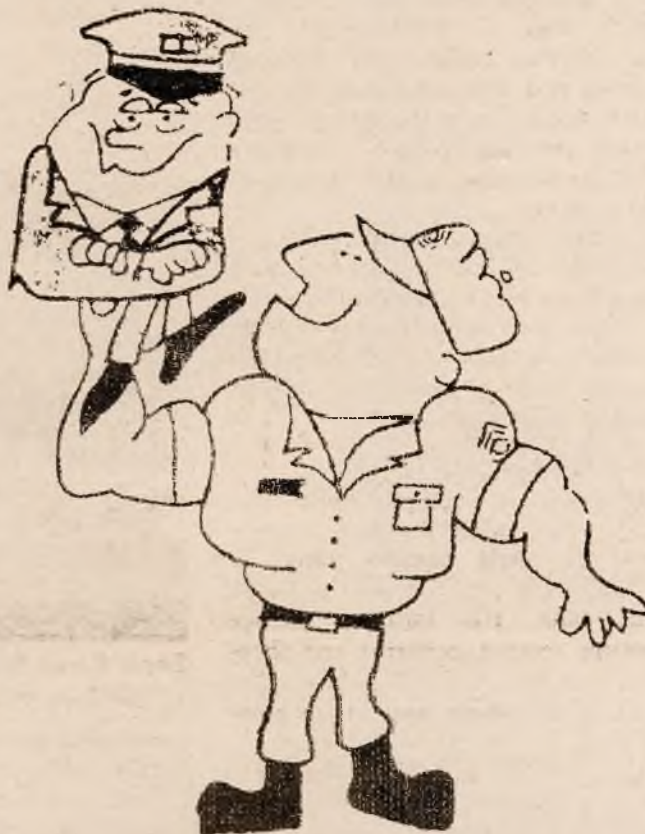


### Valentine's Day Dance

with the JIMMY BLASS  
orchestra

**TOMORROW!** Sat., Feb. 14

A La Carte Dining 5:30 to 9:30 p.m.  
Dancing 7:30 to 10:30 p.m.



### Right Arm Night

Show your appreciation for that  
**RIGHT ARM!**

**Wed., Feb. 18**

Buffet: 5 to 7 p.m.  
Music: 5:30 to 10:30 p.m.  
**FREE SNACKS**

### SUNDAY BRUNCH

10 a.m. to 2 p.m.

### ATTIC LOUNGE

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# How kids get larger deductions

by Patricia F. Halsey, SJA

If your income is less than \$11,000 and you have a child, you may qualify for a larger tax refund based on the **earned income credit**. As you prepare your federal income tax return for 1986, you should be aware of this valuable credit which could mean more money for you.

The earned income credit is a refundable credit, which means even if you did not have any withholding or even if you would not otherwise rate a refund, you still could receive this refund. The earned income credit

could be as much as \$550.

To qualify, the taxpayer must:

1. Have earned income and adjusted gross income of less than \$11,000. This is line 6 and line 14 of Form 1040A and line 7 and line 32 of Form 1040;
2. Have some earned income (wages, salaries, tips, etc.);
3. File as Head of Household, Married Filing Jointly, or (if filing Form 1040) qualifying widow(er); and
4. Have a child living with him or her over half the year in the United States. If the soldier is out of the

United States, he or she may still qualify for this credit as temporary absences are excused.

There are special rules which apply to each filing status listed above and you should consult your **Unit Tax Advisor** or the **Presidio Tax Center**, telephone 561-2TAX, if you have any questions about the earned income credit or other tax matters.

The important thing to remember is that if your income is less than \$11,000 and you have a child, you may qualify for a larger refund based on the earned income credit.

## Top Scout

# Teenager wins Eagle

story and photo by Pleasant Lindsey

A Presidio youth was presented with the highest rank in Scouting by the Sausalito City Council on Feb. 3.

Brian Farmer, 15, of Troop 8, Marin Council, was awarded the rank of Eagle Scout by a Court of Honor on Jan. 13. The Sausalito City Council responded by presenting a Resolution of Commendation to him Feb. 3. Farmer is a Fort Barry resident and his troop, led by Scoutmaster Larry Vaughn, is in Sausalito.

Farmer started in Scouting as a Cub Scout when he was 8 years old and worked his way through the Webelos and eventually to the Boy Scouts. His last troop was in Tacoma, Wash., where he participated in camping, special projects and earned a number of merit badges.

Farmer's interest in scouting stuck with him when his family came to the Presidio three years ago. But until he met a fellow resident who was in scouting, Russell Davis, he was unaware there were any troops in the area.

Farmer said he got along well with Davis and the other boys in the neighborhood and it was Davis who invited him to join a troop.

"Russell asked me if I wanted to

be in scouting and I told him I already was, in Washington," he said. "I was looking for a troop anyhow, so I went to a meeting one Friday night, liked the people, and got involved with Troop 8." Farmer's father is now one of the Assistant Scoutmasters.

Farmer's experience with Troop 8 soared. But he had to repeat a rank before it got off the ground.

"There were some things I had to do again, because I had forgotten them by the time I joined Troop 8," he said. "I had to repeat my First Class rank, and then I went to work on my merit badges."

It was some inspiring work. During this time with Troop 8 Farmer earned 23 merit badges, only 13 of which were required for the Eagle Scout rank. His badges include canoeing, rowing, cooking and three citizenship badges: citizenship in the world, in the nation and in the community.

For a service project, he hosted a Crime Prevention booth at Bayside School's Halloween Carnival. He is also a member of the highly regarded Boy Scout society, the Order of the Arrow.

Farmer said his father is being



Eagle Scout Brian Farmer receives a commendation from the Sausalito City Council on Feb. 3 in recognition of his achievements.

reassigned to another post and his family will be moving soon. This helped motivate his drive to the Eagle rank.

"I didn't want to go through the hassle of repeating any ranks," he said. "I decided to get as many merit badges as I can and to make Eagle

before we moved again. That way I wouldn't have to repeat anything with the next troop I join."

Farmer has proven to himself and fellow Scouts that a boy can go as far as he wants in Scouting; he just has to apply himself.

# PC Abuse: How to lose information in one easy lesson

story and photo by Pleasant Lindsey

Tossed out that cumbersome Royal? Dumped the old Olivetti, the one that types only every other letter? Then, perhaps you've acquired one of modern technology's latest conveniences, one of those new-fangled personal computers.

Because personal computers come in different models and sizes, different ones do different things and in different ways, but they all have one thing in common. They all hold large amounts of information on magnetic media, whether it be a hard disk, a floppy disk or diskette. Unfortunately, Murphy's Law applies strongly to magnetic disks—they are easily ruined just when everything seems to be going right.

The quality of the disk is rarely a problem when using personal computers. Problems start when users mishandle the disks. The disks store all the information; the personal computers can't do anything without them. A blown disk can leave the user with a job for which he or she doesn't want to take credit.

Pat Farrell, instructor for the personal computer course in the Fort Scott Education Center said computers are *simple* machines which can't defend themselves from misuse.

"In 10 or 20 years, these machines will have the same feel to us as Model T cars," Farrell said. "They are very basic tools and people have to take special care of them."

"As sophisticated as they are, they are also pretty elementary," he said.

The easiest way to damage a hard disk is by moving the computer. Hard disks are housed permanently inside the computer and rarely need to be removed. Moving the computer can cause the mechanisms which read from and write to the disk to "crash" the disk, resulting in missing or scrambled information.

Farrell said the best prevention against crashing a disk is simple; **don't move the computer**. But if the computer *must* be moved, obtain a program which tells the computer to physically lock the disk in place.

Diskettes are easier to damage than hard disks because they are put into the computer by hand. The personal computer requires the use of two diskettes if the user doesn't have a hard disk. If the user doesn't watch where he or she touches the diskette, valuable information could be erased.

**Don't put your finger on the tape!**

Many users pull their diskettes from the envelope and don't pay attention to the read/write window. If the window is touched, a large block of information will be destroyed.

Farrell said users also should pay attention to which direction the diskette is facing when they try to put it in the machine.

"I've seen people stick the diskette into the machine sideways," he said. "One of the first things we teach is that the diskette should be handled on the end with the label on it, opposite of the read/write window."

Diskettes are nothing more than magnetic disks

of tape. Even a little paper clip could easily disrupt its fields; the best way to protect a diskette is by keeping it in its paper jacket.

And, of course, keep food away from diskettes; the crumbs can clog the holder, besides making a general mess.

Keep diskettes away from heat. Heat causes the tape to warp. Conversely, water will make the diskette *housing* warp, because the housing is made of paper. Keep the disk in a dry place.

Never place the diskette on top of the computer's monitor. "Monitors generate energy which will scramble the diskette's fields," Farrell said. Many electrical appliances also generate some type of field. Therefore, diskettes should not be placed on top of appliances.

Don't bend the diskette; it won't spin properly in the system, and don't leave diskettes lying around. Besides the dirt and dust which can cause damage, it could be embarrassing to find someone else's work on your diskette.

One final don't: Don't let these hints get you down; they are nothing more than common sense tips. For hard disks, lock the disk before moving the computer and move the computer as seldom as possible. Floppy disks should be kept in their jackets and fingers should never touch the tape. By following these rules the user can avoid messages like:

ERROR,  
BAD FILE NAME, OR  
PROGRAM NOT FOUND!



# Promotions!

## How to earn rank, more money

story and photos by Pleasant Lindsey

No one wants to work 40 or more hours a week, 52 weeks a year, without some type of incentive. Earning a paycheck isn't an incentive; it's making a living. Earning a *fatter* paycheck is an incentive, but the only way you're going to get it is by *earning* it.

In the Army, a fair, unbiased system is used to reward the best workers. The reward is promotion, and here's a brief look at how to get it.

In general, soldiers are recommended for promotion once they have developed skills and the ability to perform the duties of a higher rank. Also, they must be able to handle the extra responsibilities which go with the rank.

A soldier's present rank is one of the determining factors in promotions. Unit commanders can recommend promotion for soldiers in pay grades E-1 through E-3. Soldiers in the E-4 and E-5 pay grades usually can measure their chances for promotion with predetermined promotion point factor. Soldiers of higher grades can judge their qualifications by comparing them to other soldiers in their Military Occupational Specialty (MOS).

The promotion system is spelled out in Army Regulation (AR) 600-200. This AR not only provides the official guidelines, but it also gives examples of how promotion points are scored. If a soldier is *serious* about getting a promotion, especially from the lower enlisted ranks, he or she should be familiar with this regulation and promotion point system.

As the AR explains, points are awarded in two categories. **Administrative** points are awarded for medals and badges the soldier earned, military education, civilian education and

military training (such as marksmanship and physical training).

**Board** points can be awarded only through promotion boards. The soldier is scored on oral expression, familiarity with military programs and basic soldiering. The soldier also is scored on current events in world affairs.

"A soldier has to know what's going on in the world to be effective," said SFC Gerald Gallegos, Retention NCO at the Presidio Reenlistment Office. "A soldier must prove to the board that he or she reads and keeps up with the times. If a soldier doesn't know current events he isn't prepared to do the job of a soldier."

Promotion boards score the soldier on appearance, bearing and confidence. Appearance includes grooming, cleanliness and proper wear of the uniform. Bearing reflects the soldier's attitude.

"A soldier can approach a board with an outstanding appearance, but if he does it with his hands in his pockets, he isn't going to get promoted," Gallegos explained. Young soldiers can't expect promotions to appear like magic; they must work to earn them.

The Army's enlisted promotion system fills authorized enlisted spaces with qualified soldiers. It allows the soldier's career to grow and awards rank, indicating the soldier's potential.

The system recognizes the best qualified soldiers. This in turn attracts and retains the highest quality soldiers for Army careers.

Soldiers who advance steadily throughout their careers get their rank the old-fashioned way; they earn it.



SP4 Arnold Gyant performs one of the necessary details which is part of a soldier's life.

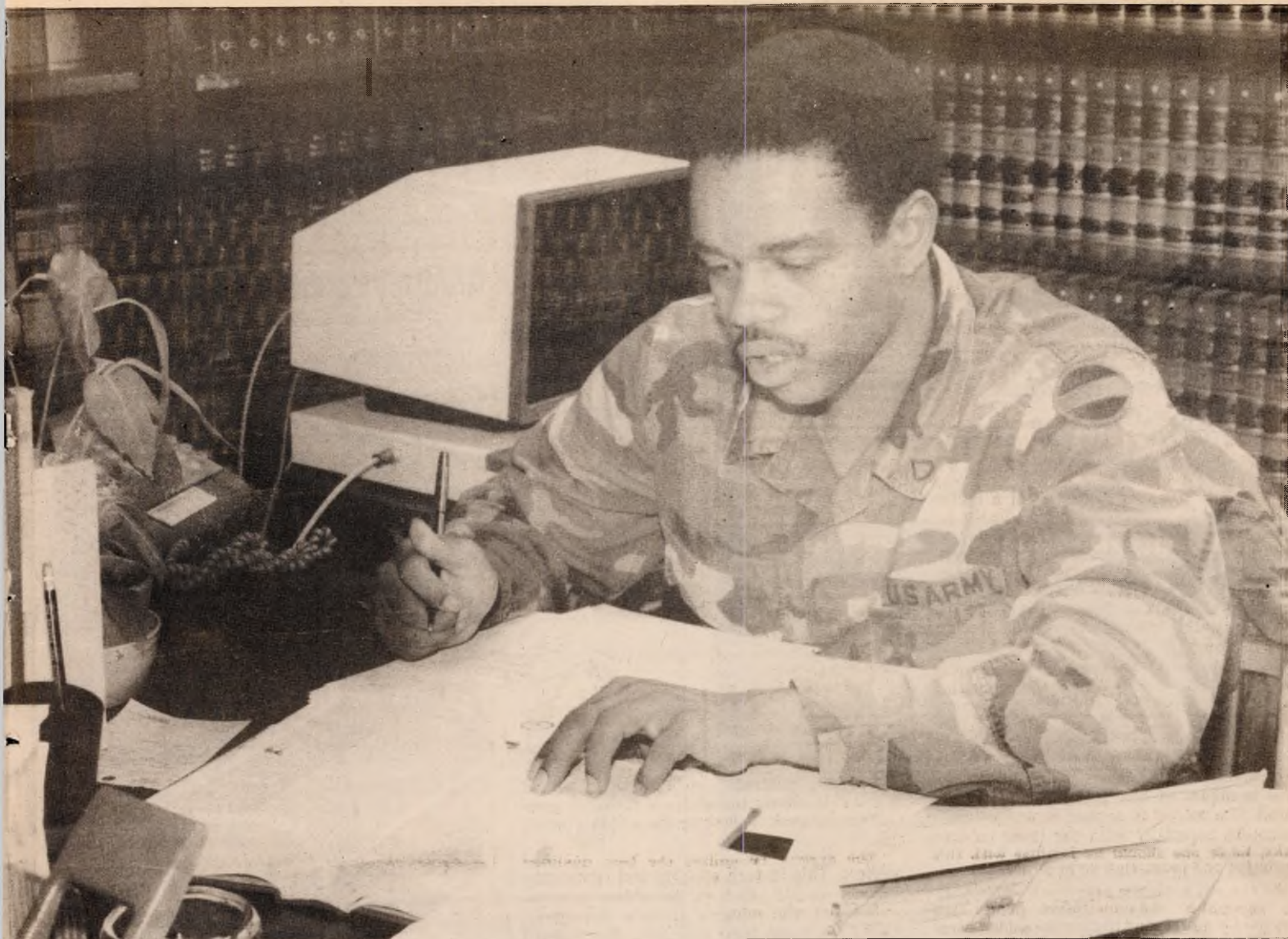


PFC Daniel R. Link takes physical training with help from SP4 Brett Dilts. Today's soldier is a fit soldier.

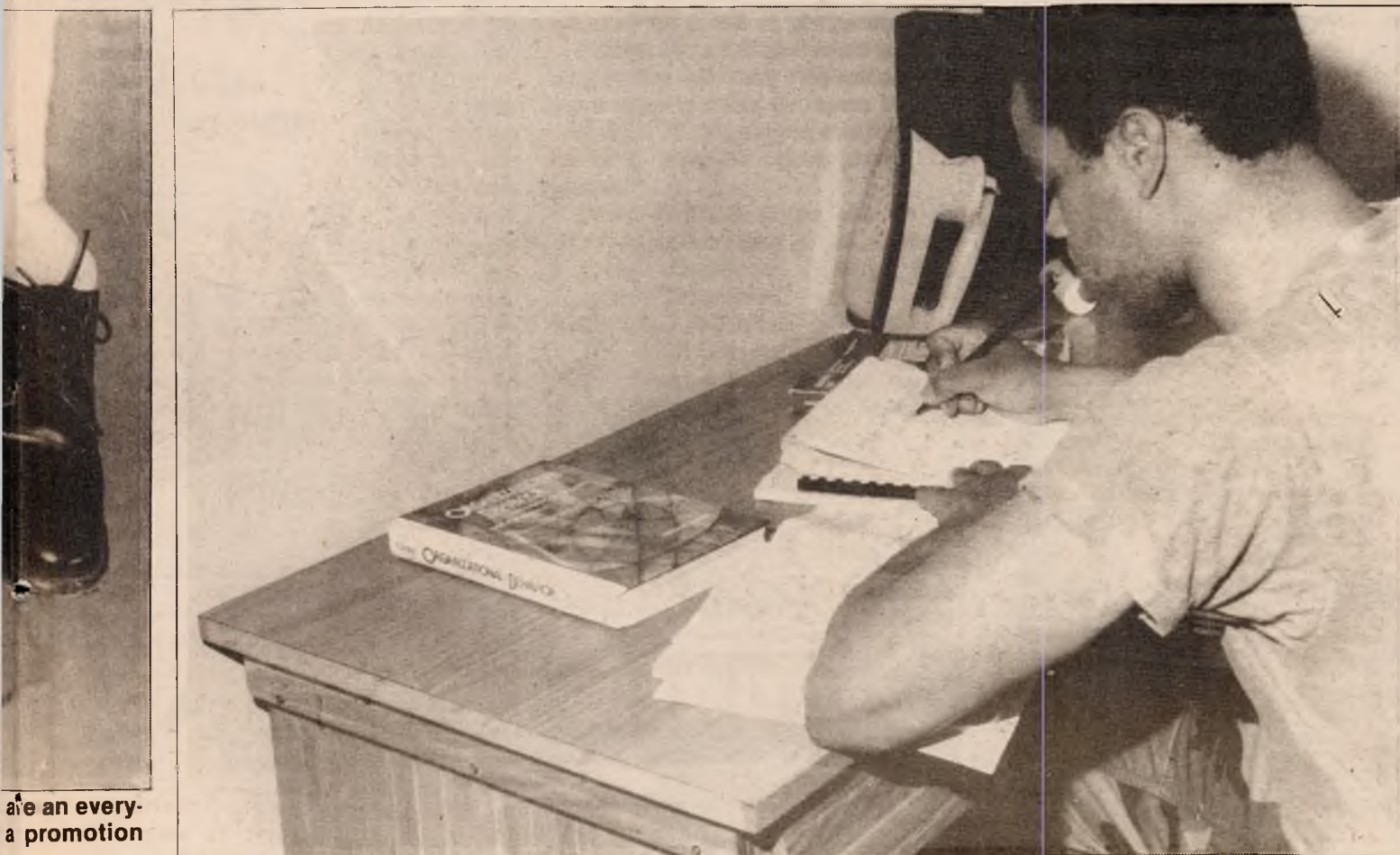


For the ambitious soldier, highly polished shoes day item—not just something to wear before board.





FC Julius Armstrong, SJA, shows the ability to work independently. Knowledge, initiative and responsibility are all traits soldiers who want promotions should cultivate.



Armstrong studies quietly. He knows how important civilian education is because it shows the desire for self-improvement.

are an every-  
a promotion



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- 4) Job defense (D.O.D. civilians)
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# Community Calendar

## Help for separating soldiers

Are you an enlisted soldier within eight months of scheduled separation? The new Army-wide Transition Management Program offers you an opportunity to discuss with a counselor many of the options you are considering. Some examples of the information you may want include: educational benefits available to you if you remain on active duty or join the reserves; where ROTC is available and eligibility requirements; tuition costs at your home town college; what colleges offer the degree you want; how your interests can help you select a civilian job or career and what college credit is recommended for your Army experience.

When you receive your invitation letter to participate in this new program, it is in your best interest to respond right away. Months of lead time might be necessary to gain college admission or to arrange for financial aid.

For more information about the Transition Management Program, contact Angela Salsbury, Monday through Friday, 7:30 to 11:30 a.m. at 561-2975 or 561-4445, or see your education counselor.

## Golden Gaters

The Golden Gaters (formerly the Over Forty Single Social Club), will enjoy a brunch at the Officers' Club on Sunday at 11 a.m.

To join the fun, call Pat at the Presidio Post Chapel at 561-4711. The group is co-sponsored by the Presidio Post Chaplains and Army Community Service, Oakland Army Base.

## Parent support group

The Exceptional Family Member Program is forming a new parent support group for parents having a special child with a learning disability, developmental or physical handicap, or chronic serious illness.

You are invited to join the group and receive emotional support and en-

### Tax Hotline

Need help with your tax forms? Contact your tax advisor or call the **Tax Hotline: 561-2TAX** for free assistance.

couragement, resource and information exchange, and parent education within a supportive network of other parents and family members with exceptional needs.

Meetings will be held at Presidio Army Community Services, bldg. 566, beginning Wednesday from 5:30 to 7 p.m.

For more information, call Vicki LaGrone at 561-5057 or 561-5155.

## Parent-to-parent support network

The ACS (Army Community Services) Exceptional Family member Program is looking for volunteers to support families going through a crisis with an exceptional family member.

The volunteer will receive 12 hours

of professional training and then will visit a family in crisis to give support. The volunteer must be willing to continue contact throughout the crisis.

The goal of this program is to establish a support network of families who can help each other make adjustments to their exceptional family member.

For more information, contact Installation Volunteer Coordinator Maris Norton at 561-2442 in the basement of bldg. 223.

## Museum closure

The Presidio Army Museum will be closed for Directorate of Engineering and Housing renovation until Feb. 21. The museum will reopen on Feb. 22. For more informa-

tion, call Elizabeth A. Poulliot, at 561-4115.

## Los Banos

A luncheon commemorating the liberation of the Los Banos Prison in February of 1945 is scheduled for Wednesday at 11:30 a.m. at the Officers' Club.

The luncheon is being sponsored by the San Francisco Chapter of the Association of the United States Army and the General Swing Chapter of the 11th Airborne Association. The sponsors would like to contact anyone who participated in, or who has an interest in, this daring raid of World War II which resulted in the liberation of more than 2,200 men, women and children.

For more information and to make reservations, call Michele Ranta at 561-4700.

## Bible study

Bible Study Fellowship (BSF) classes meet each week at the Presidio Religious Activities Center (RAC) with classes for men and women. BSF is an interdenominational, non-sectarian Bible study which emphasizes basic biblical truths. This year's study is about Israel and the minor prophets.

The men's class meets on Mondays at 7:30 p.m. at the RAC and is open to new members each week.

The women's class meets on Wednesdays at 9:10 a.m. at the RAC. An introductory class for new members is offered on the first Wednesday of each month.

A children's program is available for pre-schoolers after a parent has attended the introductory class.

For more information, call Joyce or Pat Stokes at 775-2283. Everyone is invited.

## Parking

The Transportation Motor Pool (TMP) is not a parking lot for all military vehicles, it is for the use of TMP vehicles only. Do not park your tactical vehicles at the Transportation Motor Pool parking lot unless prior permission is given by the Motor Pool Officer or his dispatchers.

For more information, call 561-2505 or 561-3533.

## ...the write stuff...

by Ted Weller

Mea Culpa....Error in Fact!!!! 50 points!  
My apologies to all the folks who diligently placed their newspapers and cans outside Saturday hoping that a Scout would be by to pick them up...I was only a week ahead in my writings....

For those of you who did not place your newspapers and cans outside for the Scouts...and those who did, please do so tomorrow between 10 a.m. and noon. Please, no magazines...not only are they heavy, but the Scouts cannot recycle them.

Happy Valentine's Day to all....

Tomorrow at McLaren Park off Shelly Drive, the San Francisco Dog Training Club will sponsor a Dog Tracking Class from 7 a.m. until noon.

At the Exploratorium tomorrow, James Hogan will speak on Space Photography and its influence on science fiction writing beginning at 2 p.m.

Explore the flora, geology and history of Mount Tamalpais on a three- to four-hour, six-mile

hike on the mountain, led by an experienced guide. Meet at 9:30 a.m. in the Rock Springs Parking Lot. Bring your own lunch and liquids. Call 388-2070 for more information.

For the runners: Two Valentine's Day Runs benefiting the American Heart Association begin at 10 a.m. on Sunday at Lake Merritt in Oakland. Entry fee for each run, 10k or 5k, is \$10. Call 632-9606 for more information.

For your Sunday evening information gathering, the Golden Gate National Recreation Area will present a slide program on the National Parks of the West at 7 p.m., in the Founders Room, Youth Hostel, bldg. 240, Fort Mason.

Also on Sunday, Exhibit A will perform an avant-garde jazz concert beginning at 5 p.m. in the Blue Bear School of Music featuring Bruce MacLeod on electric guitar and synthesizer, Dick Egner on bass and Dan McLaughlin on drums. Admission is \$3 in bldg. D. Call 731-7735 for more information.

**This Week in Presidio's History:** Feb. 13, 1847—Brevet Maj. Gen. Stephen W. Kearny assumes governorship of California by proclamation. Kearny had commanded Military Department No. 10, the Department included, "so much of the two Californias as has been or may be subject to the arms or authority of the United States."

Feb. 13, 1931—A permit is issued to the Golden Gate Bridge District (State of California) for 55 acres. Feb. 15, 1939—Battery Richmond P. Davis, Fort Funston is completed. Feb. 19, 1942—Executive Order No. 9066 authorizes Gen. John L. DeWitt, commander, Western Defense Command and Fourth Army to evacuate ethnic Japanese from strategic West Coast defense areas.

"The courage of a soldier is heightened by knowledge of his profession."—**Vegetius, 378.**



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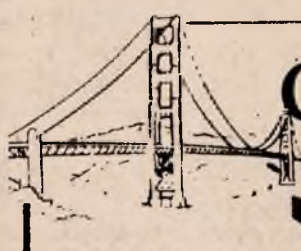
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## Sports

## How opposites complement winning team



Gregory Dominique (15) and Rodney Joyner (24) use teamwork to snatch the rebound from their opponents.

story and photo by Pleasant Lindsey

Intramural basketball is producing some fairly exciting games and spotlighting some interesting talent. A couple of teams have one or two players who more or less dominate their team. But is that what being a team player is all about?

On the other hand, among the players are two men who contribute to their team in an important way—they share the court with their teammates. After all, what fun is there playing on a team if someone else has the ball all the time?

This has nothing to do with who is the best player in the league. The statistics and individual effort will answer that question. But sitting through a game featuring the 864th Engineers, one has to wonder where they would be without Gregory Dominique and Rodney Joyner. Not that these guys are superstars, but they do something that is not expected from team players—they both play guard and forward together, from one minute to the next, all game long.

Joyner is a take-charge type of player. Dominique is cool and controlled. They complement each other well. Teamed with center Elvis Williams, they form a tough, steady offense with an average height of 6 feet 5 inches.

Joyner penetrates well. He is not afraid to ramble through the defense on a one-on-three fast break, dive straight to the basket...then pass the ball to the open man.

"A lot of guys expect me to keep going straight to the basket," he explained, "and they're trying to figure out how they are going to get out of my way. But the open man has to run all the way down court too. It doesn't make sense for me to take an unnecessary chance when the open man can hit a clean shot."

Dominique gets good penetration too. He will pass or shoot at his discretion; with two opponents cornering him. He's not easily intimidated.

"You can't be intimidated if you don't want to be," he said. "You have to keep your head and maintain your cool, or you won't get the job done."

But how can these two play guard and forward at the same time?

"I guess we just have that ability," Dominique said. "We have to utilize our ability or we are no good to the team." Both men can be found underneath their basket, freezing out opponents and hauling in rebounds. Then, they proceed up-court to dominate their opponents' net.

"I may not have much body, but what I have I use," Joyner said. "When I'm under the net you may see nothing but my arms; but the ball is there, somewhere."

"That's the name of the game," Dominique said. "You have to protect the ball."

Don't dare think these are the only players on the team. In fact, the whole team plays as a unit. That's another reason these two stand out among other intramural players. Their style of play masks the silky style of Williams and the explosive quickness of the rest of the team.

"Elvis has a smooth jump shot," Joyner said of Williams. "He fades away from the basket and consistently avoids fouls."

And Williams isn't the only one who benefits. With Dominique and Joyner leading the fast breaks, the 864th always has an open man. It is part of the team's concept and has made them consistent winners.

Who are the best players in the intramurals? That's for the fans to decide. But it doesn't take long to see Dominique and Joyner know what it means to give their best to support the team.

"Scoring isn't everything if there is only one productive player," Joyner said. "But when the team gets the point, everything is cool."

## Sports Notes

## Basketball

USAISC continues to dominate league play as they are the only unbeaten team in Presidio intramural basketball. The 864th Engineers are riding high in second place with just one loss. They were defeated by USAISC a couple of weeks ago (46-43). Sixth U.S. Army is in third place with just two losses to both USAISC and 864th Engineers.

The records show it's a close race for top positions. The top eight teams will be eligible to play in the Presidio Post Championships which will start on March 2. There will be an organizational meeting for all playoff coaches for this double-elimination tournament at 1 p.m. on Feb. 25.

## Acronym soup

Acronym soup can be so...undernourishing...and sometimes it may seem as if you need an interpreter just to read the sports page. Well, this should help:

The 864th Engineers are properly titled Co. D, 864th Engineers; USAISC stands for U.S. Army Information Systems Command; DLI-SF is short for Defense Language Institute-San Francisco; DPTMSEC

means Directorate of Plans, Training, Mobilization and Security (whew!); 6th Army is short for Sixth U.S. Army; while Co. B, LAMC is shortened from Co. B, Letterman Army Medical Center; and the same goes for Co. A, LAMC, which should be Co. A, Letterman Army Medical Center; meanwhile, DOL is the Directorate of Logistics; DEH is the Directorate of Engineering and Housing; the 16th AG (Postal) is the 16th Adjutant General Detachment (Postal); LEC is short for Law Enforcement Company; and finally, MEPCOM is really Military Entrance Processing Command.

After looking at the titles of some of the Presidio teams, maybe acronym soup doesn't taste so bad after all...

## Last week's results

USAISC vs. DLI-SF, 63-52; 864th Engineers vs. Co. B, LAMC, 58-49; Co. A, LAMC vs. LEC, 53-41; 6th Army vs. DOL, 56-45; USAISC vs. DEH, 82-45; Co. A, LAMC vs. 16th AG (Postal) 53-51; Co. B, LAMC vs. DLI-SF 43-34; DPTMSEC vs. Co. A, LAMC, 44-43; 864th Engineers vs. 6th Army, 46-44; and Co. B, LAMC vs. DEH 56-32.

## Team standings

Team	Win	Loss
USAISC	7	0
864th Engineers	6	1
6th Army	6	2
Co. B, LAMC	5	2
DPTMSEC	4	2
DLI-SF	4	3
Co. A, LAMC	3	4
DOL	3	4
LEC	1	5
16th AG (Postal)	1	6
DEH	1	7
MEPCOM	0	5

## Final league schedule

## Tue, Feb. 17

6th Army vs. MEPCOM... 5 p.m.  
DEH vs. DPTMSEC... 6 p.m.  
16th AG (Postal) vs. DLI-SF... 7 p.m.

## Wed, Feb. 18

DOL vs. Co. A, LAMC... 5 p.m.  
Co. B, LAMC vs. LEC... 6 p.m.

## Thu, Feb. 19

USAISC vs. DPTMSEC... 5 p.m.  
6th Army vs. DLI-SF... 6 p.m.  
DEH vs. 16th AG (Postal)... 7 p.m.

## Mon, Feb. 23

Co. A, LAMC vs. Co. B, LAMC... 5 p.m.

DPTMSEC vs. MEPCOM... 6 p.m.  
864th Engineers vs. LEC... 7 p.m.

## Tue, Feb. 24

DLI-SF vs. DPTMSEC... 5 p.m.  
MEPCOM vs. 864th Engineers... 6 p.m.

## Tae Kwon Do

The Department of the Army is seeking qualified Tae Kwon Do athletes and coaches (men and women). This will help determine if the Army has enough experienced competitors to have an All-Army Trial Camp at a later date.

There will not be an Armed Forces Championship in 1987. However, a World Military Championship Conseil Internationale Sports Militaire (CISM) is scheduled for Oct. 25 through Nov. 2 in Seoul, Korea.

Tae Kwon Do competition will be held at the 1987 Pan-American Games Aug. 7 through 23 in Indianapolis, Ind., and for the first time, at the 1988 Olympic Games Sept. 17 through Oct. 2, 1988, in Seoul.

For more information and applications, contact Bob Darling at Gym No. 1, bldg. 63, at 561-4120 or 561-5022.



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# Star Presidian

Vol. 30, No. 7

"Published in the interest of the people of the Presidio of San Francisco."

Feb. 20, 1987



SP4 Mark Andronis is currently the only MP legally qualified to testify as an expert in traffic court.

## PSF MP wins honor grad, shines at Texas course

story and photo by Pleasant Lindsey

A diligent Presidio military policeman outclassed higher ranking soldiers from the Army and other services to be named the honor graduate of his investigation course at Lackland Air Force Base, Texas.

SP4 Mark S. Andronis, Law Enforcement Company, was named the honor graduate of the Traffic Management and Investigation course. The course trains MPs from each branch of the service.

Andronis attended the course Jan. 2 through 28 and stood out above higher ranking MPs in a class of 22 people, including eight other Army MPs. His accomplishment gives the Provost Marshal's Office a traffic investigator who has the legal right to testify as an expert in a court of law.

"There should be someone present in court who is an expert on the subject of traffic accidents," said SGM Daniel Folan. "The expert has the court approved knowledge to explain how and why an accident happened. Having an expert is a strong part of a court case."

Because the course is intensive and class sizes are small, Andronis is the first person the Provost Marshal's Office could get into the school. Folan said it is one of the toughest enlisted schools in the military.

"This school won't pass you on effort alone," Andronis said. "You've got to prove you know your stuff." "Stuff" means learning to secure

evidence from the scene of an accident, examine road gradients and weather conditions to find clues to an accident's cause and taking photos of the accident scene.

"After an accident happens it must be determined if something was wrong with the road or if the car itself was in such condition that it should not have been operated at that time," Folan said. "Finding those answers is Andronis' job."

Andronis was taught how to gather visual evidence regarding the results of accidents, too.

"We had to learn photography and how to triangulate the photos to show the driver's position as the accident happened, where it occurred and the result of the accident," Andronis said. "The course also taught how to draw a diagram of the accident scene, overlay it over the photograph and pinpoint every position the investigator used to take their photographs." He said the course was so intensive that he spent most of his nights studying and only went out once.

A large portion of his studies were in mathematics. He said algebraic formulas were used to determine angles and conditions in accident investigations.

Folan said having someone named honor graduate on the first try is a major accomplishment. "Andronis is in the top five percent of my MPs," he said.

"He's very diligent, which is one of the reasons he was selected for the course."

### W-2s wanted

## No W-2 form yet? Here's what you should do

All employers, including the federal government, are required to supply each employee with a Form W-2, Wage and Tax Statement, by Jan. 31, said Patricia Halsey, chief of Client Services at the Staff Judge Advocate's office. "All Presidio employees should have received their W-2s by now."

Taxpayers who have not received their W-2 form, should contact their employer. On the Presidio, call the Accounting and Finance Office. For civilians, the number is 561-5235, and for military it's 561-3262. Reserve soldiers who haven't received a W-2 should contact their unit.

If you have contacted a previous employer outside the Presidio, and have not been able to get your W-2, you should contact the IRS. When contacting the IRS for assistance, Presidians are asked to provide the employer's name, address and employer identification number as well as their own name, address and social security number. Having the necessary information will prevent the need for taxpayers to call again.

All taxpayers who were employed during 1986 should receive a W-2 form, even if they had more than one employer or worked for a particular employer for only part of the year.

Taxpayers should be aware that if they leave an employer they may request that their employer give them their W-2 form within 30 days after they leave.

The W-2 form is important, not only because a copy must be attached to your federal tax return, but also as a personal record.

The form should list the wages received and the amount of federal income tax withheld, social security tax withheld, any uncollected employee social security tax on tips, social security wages, social security tips, advance earned income credit payments, and the cost of group-term

life insurance over \$50,000.

If the Form W-2 contains an error, such as the wrong amount of wages received, the employer should be asked to issue Form W-2c showing the corrected information. If the employee's name, social security number, or address is incorrect, copies B and C of the W-2 should be corrected and the employer notified. The IRS says in this case it is not necessary to obtain a new form.

If you need tax forms or assistance in filling out your tax return you should go to the Tax Center in bldg. 223 or call the Tax Hotline at 561-2TAX.

American Forces Press Service



# Opinions

## What 'Ideas of Excellence' program means



by Kay Couch-Lopez

At FOCUS '87, Post Commander Col. Joseph V. Rafferty said he wants to make the Presidio the best small post in Forces Command (FORSCOM). Now he is initiating a program which could speed achievement of this goal.

"My staff and I realize that the people in the Presidio family are our most important asset," Rafferty said.

"We have known for a long time that excellent installations reflect a deeply ingrained philosophy that says in effect: 'respect the individual, encourage ordinary people to become heroes and provide quality customer service.'

"We should promote the idea of excellence in every aspect of work. Our most untapped resources are individual abilities, creativity and teamwork of our people—workers, leaders, residents and customers.

"The new Presidio Ideas of Excellence Program will make it easy to unleash creativity by establishing a simple system to promote good ideas that help us work smarter. We need people with good ideas. We will help energize these ideas to upgrade customer service as well as improve work and home environments.

"Our focus will be that of taking care of our soldiers, their family members, the civilian work force and the customers we serve.

"Excellent installations take ideas and experiment—they try

things out," Rafferty said. "Ideas are useless unless used.

"We are establishing the Presidio Ideas of Excellence office with the mission of looking for and implementing good ideas. Submitting an idea is just the beginning. The program credo says that within 72 hours you will receive notification that your idea has been received and is being worked. In almost all cases, within two weeks you will know if the idea will be instituted at the Presidio. If your idea happens to be one that I can't approve—one that must be sent to FORSCOM, even Department of the Army—you will also know that within 15 days," he said.

"In the past some people have had to wait months, even years to know the outcome of their ideas—not anymore.

"Once an idea is accepted in one office we will do what some people call networking. I call it teamwork. We will share the idea with everyone on post. That will help us improve the whole installation faster," he said.

"With good ideas, teamwork and customer service, we'll be well on our way to meeting the goal of excellence at the Presidio, and the by-product will be a more productive and contented work force as well as more satisfied customers," Rafferty said.

For those who have ideas they want to submit, the forms will be available for the Presidio Ideas of Excellence Program in early March.

## Ramblin' Sam

"What was the best advice you were ever given about facing promotion boards?"



SP4 Steven Coburn, MP, Law Enforcement Company: "Take a number of civilian correspondence courses. The promotion board takes a long look at civilian education."



SFC Bayani San Jose, Installation Deputy Training and Standards Officer: "Be prepared and ask good NCOs for help if you need it. Going before Soldier of the Month boards will help prepare you for promotion boards."



SSgt. Anthony Brown, Administrative NCO, Defense Language Institute-San Francisco: "Always maintain eye contact when facing the board. The board wants to measure your confidence and your ability to answer questions."



SFC Daniel Eckert, Operations NCO, Directorate of Plans, Training, Mobilization & Security: "Study hard and take a couple of preboards. The Soldier of the Month board and similar boards offer good practice for promotion boards."

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# TAKE A BITE OUT OF CRIME

## Barracks theft

by John Flynn

Barracks are home for many of our single soldiers at the Presidio. The occupants of the barracks are not immune to larcenies. They are losing not only their money, but televisions, tapes and other expensive items. Remember that crime prevention applies to barracks occupants the same as it does to people who live in quarters. To ensure the safety of personal belongings, barracks occupants should:

- Become familiar with the unit crime prevention programs and be familiar with previous larcenies to learn how to better protect your personal belongings.

- Keep TVs, stereos, cameras and other high-value items secured by lock and key when not in use. These items should also be engraved with your social security number. Ideally, pictures of the items along with your high-value item checklist, should be filed with your first sergeant for safekeeping.

- Always secure your wallet and personal items, and lock your door before going to bed or out of your room, even if it is "just for a minute." Never keep extra keys to your wall locker in that hidden place—places where thieves usually look first.



- When leaving your room be sure all valuables and windows are locked. Many barracks occupants lose valuables by leaving their windows open.

- Have your paycheck sent directly to a checking or savings account. Do not carry large sums of money and don't keep money in your room. Use the company safe for temporary safekeeping of cash and high-value items. Never mention or show anyone the amount of money you carry.

- Use the buddy system to keep watch over your area when you are away. Have people who are responsible and trustworthy keep an eye on your things and do the same for him or her.

- Park your vehicle in a well-lit area that is periodically patrolled by the Military Police. Do not leave your valuables exposed for passersby to see. Also, if you own a bicycle, ensure that you always leave it locked in a well-lit area.

- Report any larcenies or other crimes to your chain-of-command and then to the Military Police. If you have any questions about Crime Prevention, call 561-5011. If you see a crime in progress, call the MP desk at 561-2251 or 561-HELP.

## Crime report

- There were two larcenies. Property was left unsecured.

- One soldier was apprehended for desertion.

- One person was apprehended for outstanding warrants.

- Military Police returned a stolen boat to its owner.

- One soldier was apprehended for being absent without leave.

# What dental insurance will mean to your family

by Wayne W. Herman, Dental Clinic

Congress passed a bill authorizing a limited dental care insurance plan for family members. The Presidio Dental Activity has not received any additional information on this other than that which is readily available through military channels.

It apparently provides 100 percent of preventive, diagnostic and emergency dental services and 80 percent of the cost of basic restorative services.

The cost of enrolling in the program has not been determined, but it is hoped that the premium will be below \$10 a month per family member with family rates for service members with more than two dependents.

Many details still need to be released. It is hoped that this will provide some of the important dental care that families need. Information on the developments in this area should be watched for by all concerned.

This year assuredly will bring more changes in the availability of dental care for active duty family members. The Presidio Dental Clinic is expecting a substantial turn-over in personnel this summer due to normal rotations. It is not likely the size of the staff will return to its former levels. The impact of the newly authorized family member dental care insurance plan is yet to be assessed.

Without question, there are a number of developments in progress which will affect the availability of dental care for active duty family members. Many of these changes are taking place at levels well above that of the Presidio Dental Activity. The staff is committed to providing as much dental care as it can with available resources for active duty family members and wishes they could provide more of the needed services.

In the meantime, please use the services available.



## News Briefs

### Maintenance checks

The motor pool has discovered that some drivers, both military and civilian, are pencil-checking their maintenance forms. They are not even checking the oil, much less reporting vehicle problems.

"We are requesting that supervisors re-emphasize the importance of pre-operation maintenance and ensure that drivers are familiar with TM 38-600, chapter 6," said Richard L. Hosking, chief of the Transport Branch.

For more information call 561-2660 or 561-4807.

### Driver's license

"We are asking that supervisors ensure both civilian and military personnel are familiar with TM 38-600 chapter 6, before they come to

transportation to get an operators identification card," said Richard L. Hosking, chief of the Transport Branch.

Units also must train their people before sending them for their driver's test. For more information on the procedure, call Dick Emswiler, Driver Testing Section, at 561-4710.

### Bus schedule change

Shuttle bus schedules for Forts Baker and Barry will change as of March 2, according to Richard L. Hosking, chief of the Transport Branch.

"We are changing the schedule to provide better service to military and authorized civilian riders. You can request a schedule from your bus driver or call 561-2505 or 561-3533," Hosking said.

### Tax Hotline



Need help with your tax forms? Contact your tax advisor or call the Tax Hotline: 561-2TAX for free assistance.



## Presidio of San Francisco Officers' CLUB

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## Falls

There's nothing mysterious about them—falls usually happen when people don't pay attention. Some of the most common falls include: falls from windows or balconies; falls from vehicles; falling up or down steps; stumbling on level surfaces; tripping or falling on rough surfaces; stepping into holes; falls during darkness; and falls from ladders.

# New safety program: phone in accidents

by Debbie Robinson

It's early in the morning and you're your usual bleary-eyed self. 'Why were mornings invented?' you ask yourself. You go into the restroom to fill the office coffee pot with water with visions of a perfect morning ahead; after all, this is the coffee generation....

You hum the tune to your favorite coffee commercial and get lost in your thoughts. As you're walking back from the restroom with the full coffee pot, the handle suddenly slips from your hand. Before you know it, water and little slivers of glass slide across the floor, and you go down with it. You spend the morning in the post hospital having glass picked out of your skin.

Falls are a common on-the-job accident. This accident should be reported to the Post Safety Office, and the Presidio Safety Office has a new and easy way to do that.

Even though every supervisor is obligated to report every accident, it doesn't always happen, according to Bobbie Mowery, Safety director. The new program, Accident Reporting by Phone, makes it simple to report accidents.

The Safety Office has two categories of accidents: recordable accidents and reportable accidents. All accidents must be phoned in under the new program, but only *recordable* accidents require the supervisor to fill out a DA Form 285.

Not every accident is recordable, Mowery said, but every accident is reportable. For example:

- Recordable accidents include:
- Deaths;

- Disabling cases resulting in more than one day of lost work;

- Accidents in which the resulting total cost of property damage is \$700 or greater;

- Accidents resulting in hospitalization of five or more Army personnel;

- Cumulative occupational illness resulting in lost workdays; and

- Special accident categories prescribed by the higher commands for each fiscal year.

The office supervisor must fill out a DA Form 285 for these accidents.

"We were trying to come up with an easier way for supervisors to report accidents, so we went to the telephonic system. It should improve our record-keeping," Mowery explained.

If you have an accident which doesn't fall into the "recordable" category, it should still be reported by phone.

Those accidents which should be reported to the Presidio Safety Office include on-the-job injuries to soldiers and Department of Army Civilians, off-the-job injuries to active duty soldiers, and Army vehicle accidents, whether they are recordable or not.

Though Presidio's tenant units are not required to report accidents, they are encouraged to do so, Mowery said.

Accident reporting will help the Safety Office make assessments about accident trends so counter-measures can be taken.

Remember, *all* accidents *must* be reported by phone by calling 561-3294 or 561-4424.

# Fire alarms

## Post modernizes residents' fire protection

story and photo by Debbie Robinson

Installation of the Presidio's new fire alarm system is now 50 percent complete and tentatively scheduled for completion by April, according to Fire Capt. Frank S. Rihtarshich of the Presidio Fire Department.

Residents don't have to worry if the fire alarm in their neighborhood hasn't been installed yet, because the alarms are meant to be back-up systems for the telephone.

In an emergency, residents should call 561-3535 for fire, ambulance, emergency or rescue service. However, the fire alarm system will provide extra protection, especially for Presidians living in the more isolated housing areas, Fire Chief William J. Williams Jr. said.

The new fire alarms are being installed in about 85 places throughout the Presidio, including Forts Baker, Barry and Cronkhite. Work was started on post in July 1986, after it

was decided to replace the old street box fire alarms, Williams said.

According to a story from the July 3, 1986, issue of the *Star Presidian* the new alarms, called "smart boxes," are radio-controlled and computer-programmable. Firefighters no longer have to go to the field to manually check the alarms. With the new system, the "smart boxes" send a signal to the fire station if there is a problem.

The old hard-wire cable system was vulnerable to falling tree branches and flooding. The new system is virtually fail-safe, according to Williams.

"Each field transmitter has a battery back-up, and the system is capable of transmitting a signal independently that does not have to rely on the vulnerability of a hard-wire cable system," he said.



Though just a back-up system, the Presidio is replacing the old (and currently inoperative) fire alarms with new "smart boxes."



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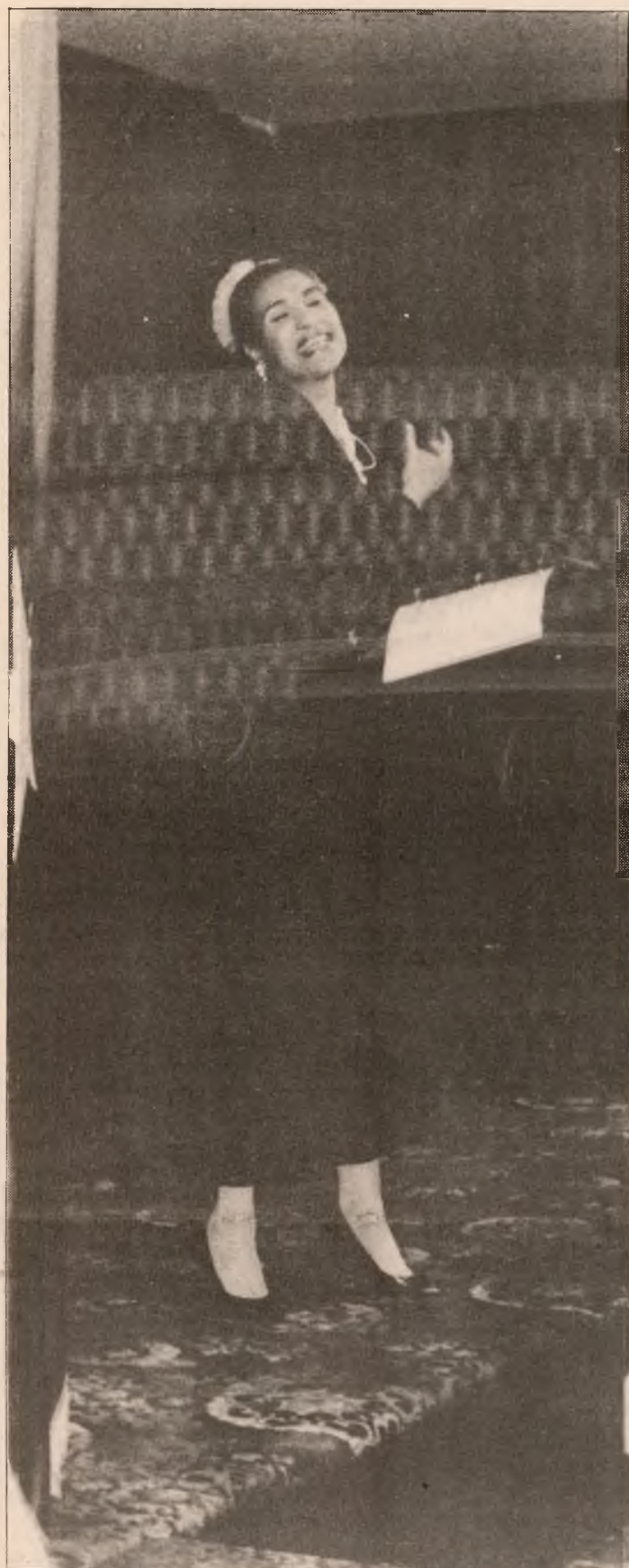


photo by Debbie Robinson  
Ellen Foster Randle puts her heart into her song as she sings at the Black History luncheon.



photo by Charles Blancet  
Keynote speaker Robert Harris sets the tone for the Feb. 13 Black History luncheon.

## PSF celebrates Black History

by Debbie Robinson

Is there still a need for Black History Month? This was the theme at the Black History Seminar on Feb. 11 at the Golden Gate Community Club.

About 35 people met for the luncheon where the discussion centered mostly around the need to promote the month. Many people seemed to agree that the attitude of blacks today has been increasingly apathetic toward improving the way of life and maintaining black awareness.

Maj. James A. Belin, deputy director, U.S. Army Information Systems Command, led the discussion. His comments centered around the need to educate our children about black heritage.

The recurring theme seemed to be that our children are not getting a complete education. Many participants said that they've noticed their children aren't being taught about famous blacks in history, and that this could be one of the reasons for apathy among young people today.

According to Belin, it's not that children don't want to know about black history. He said that in talking to youngsters, he has found a real desire to learn.

Another participant made the comment

that as adults, we have the responsibility to educate children, thus eliminating that apathy. The same goes not only for children, but for any adult who has lost interest in the cause for equality in our country.

The concern for black awareness carried over into the Feb. 13 Black History Luncheon which attracted a near standing-room-only crowd in the Main Ballroom of the Officers' Club.

Post Commander Col. Joseph V. Rafferty made the welcoming remarks and introduced the guests.

Guests included singer Ellen Foster Randle, and the keynote speaker, Robert Harris, Chairman of the National Association for the Advancement of Colored People, Legal Redress Committee.

Black History Month is alive and well on the Presidio for the remainder of February. Some upcoming events include a "Black Family" Seminar on Wednesday and a "Black Soldiers Yesterday and Today" luncheon on Thursday. Both are being held at the Golden Gate Community Club and are scheduled from 11:30 a.m. to 1 p.m.

Also on Feb. 28 a service called "Religion and the Black Church," is being held at the Fort Scott Chapel at 6 p.m.



Maj. James A. Belin, deputy director of USAISC, addresses the Feb. 11 Black History seminar.



photo by Debbie Robinson



James Jay Seltzer

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# Community Calendar

## Enlisted spouses

The Presidio Enlisted Spouses Club will meet at Army Community Services, bldg. 566, at 7 p.m. The guest speaker will be Linda Mitchell. She will be giving demonstrations on Tole painting and Rosemaling. Some of her items will be for sale and attendees will be able to order merchandise at that time.

The club wants to give special congratulations to Sgt. Brenda Kay Ludwig for winning the NCO of the Year, and to SP4 Tracy Leroy Rogers for winning Soldier of the Year. Both received a \$50 check from the Presidio Enlisted Spouses Club, and many other gifts from other organizations.

The next monthly bake sale will be held at LAMC on March 12 from 7:30 to 11 a.m. The theme will be St. Patrick's Day; come and enjoy the green goodies with your morning coffee.

Members of the Presidio Enlisted Spouses Club will be attending the Afternoon Show hosted by Ann Fraser and Ross McGowan on channel 5 KPIX-San Francisco today. The show airs at 4 p.m.

## Youth baseball

Sign-ups will be held on Feb. 27, from 4 to 6 p.m.; Feb. 28, from 10 a.m. to 1 p.m.; March 2, from 4 to 6 p.m.; and March 6, from 4 to 6 p.m. at the Youth Activities Office, bldg. 1331.

The registration fee is \$15 and family discounts are available. The program is for young people ages 5 to 18, starting with a T-Ball program



photo courtesy San Francisco Zoo

**Awww!**

**My what big brown eyes...Yes, Senegal bushbabies do have big brown eyes, and you can see them at the San Francisco Zoo's Primate Discovery Center's Nocturnal Gallery. Reversed-cycle lighting creates a midnight world in which to watch these rarely seen primates at the peak of their activity.**

and offering competitive baseball for the older ages. Please bring proof of age. Deadline for all sign-ups is March 13.

For more information, call Youth Activities at 561-5143 or 561-5910.

## Pot luck supper

The Support of Parents with Special Children Organization is hosting a pot luck supper on Wednesday at 6 p.m. The group will meet at The Incarnation Episcopal Church at

1750 29th Ave. (between Noriega and Moraga). There will be a panel discussion concerning sibling issues—brothers and sisters of individuals with special needs.

For more information, contact Vicki Lagrone at Army Community Services at 561-5057 or 561-5155.

## GRE offered

The Graduate Record Examination (GRE) will be given April 16, at 8 a.m. at the Fort Scott Education

Center, bldg. 1216. This test is for soldiers with bachelor's degrees who are applying for graduate school. There is no fee for soldiers who take the test at the Education Center. To order your exam, contact an education counselor by Thursday. Counselors are located at the LAMC Education Center, bldg. 1007, at 561-3692 or 561-4030, or the Fort Scott Education Center, bldg. 1216, at 561-2974 or 561-4445.

## Parent-to-parent support network

The ACS (Army Community Services) Exceptional Family Member Program is looking for volunteers to support families going through a crisis with an exceptional family member.

The volunteer will receive 12 hours of professional training and then will visit a family in crisis to give support. The volunteer must be willing to continue contact throughout the crisis.

The goal of this program is to establish a support network of families who can help each other make adjustments to their exceptional family member.

For more information, contact Installation Volunteer Coordinator, Maris Norton, at 561-2442 in the basement of bldg. 223.

## Scholarships

Applications for scholarships given by the Presidio Officers' Wives Club (POWC) can be picked up by calling Arietta Valenti at 346-1767 or by calling any board member. Applications must be turned in by April 10. These applications are available to family members of active duty soldiers assigned to the Presidio and its subposts, and to all members of POWC and their family members.

# ITT

## What sounds like a phone company, has discounts?

by Char Morris

The mention of ITT generally conjures up images of the conglomerate. But for Armed Forces soldiers around the world the initials ITT stand for the Information, Tour and Travel. On the Presidio, the ITT Office serves active duty soldiers, retirees, family members as well as Department of the Army civilians.

The program offers information on local recreational, cultural and entertainment activities in the San Francisco Bay Area. There is also information on public transportation in and around the Bay Area, lodgings and car rental discounts for the military and government employees in the United States.

For the day traveler there are day tours to state parks, museums, wineries, amusement parks and

parades. At holiday times there are tours that capture the spirit of the occasion, such as the Chinese New Year's Day Parade, Valentine's Day Horse and Carriage Ride or the St. Patrick's Day Snake Race.

In the near future, ITT will be expanding services to include package tours and cruises to favorite vacation spots. Working in conjunction with the Scheduled Airlines Traffic Office (SATO), ITT will offer tours for individuals, families and groups.

An essential part of the program not covered in the initials are the discount tickets, publications and cards either sold or distributed through the office. There are tickets to baseball and basketball games, tennis and volleyball matches, Broadway

plays, concerts, ballets and amusement parks.

People can buy books detailing specifics on military space available flights, military guest housing and military camping and recreation areas.

Visitor maps of California, San Francisco, guides to the wineries, the state parks and tourists packets are also on sale. Discount cards and coupons to amusement parks and local attractions are distributed to the community.

The ITT Office is located in the Golden Gate Community Club, bldg. 135, in the left alcove off the main lobby. Operating hours are: Tuesday through Saturday, 9:30 a.m. to 6 p.m. The phone number is 561-3392 and the hotline number is 561-5480.

## At the movies

### Presidio Theatre

Fri, Feb. 20	Solar Babies (PG-13)	
Sat, Feb. 21	The Golden Child (PG-13)	7 p.m.
Sun, Feb. 22	The Golden Child (PG-13)	7 p.m.
Mon, Feb. 23	The Golden Child (PG-13)	7 p.m.
Tue, Feb. 24	The Color Purple (PG-13)	7 p.m.
Wed, Feb. 25	The Morning After (R)	7 p.m.
Thu, Feb. 26	The Morning After (R)	7 p.m.
Fri, Feb. 27	The Morning After (R)	7 p.m.

### Schwartz Theater

Mon, Feb. 23	Solar Babies (PG-13)	7 p.m.
Wed, Feb. 25	The Golden Child (PG-13)	7 p.m.
Thu, Feb. 26	The Color Purple (PG-13)	7 p.m.

### Hamilton Theater

Fri, Feb. 20	Space Camp (PG)	
Sat, Feb. 21	The Rescuers (G)	1 p.m.
Sat, Feb. 21	Labyrinth (PG)	7 p.m.
Wed, Feb. 25	Once Bitten (PG)	7 p.m.
Thu, Feb. 26	Flight of the Navigator*	7 p.m.
Fri, Feb. 27	Shanghai Surprise (PG-13)	7 p.m.

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## Sports

## PSF units shoot it out at pistol competition

story by Pleasant Lindsey

Soldiers from as far away as Oakland Army Base battled with their counterparts from the Law Enforcement Company, the 16th Adjutant General (Postal), the 864th Engineer Battalion and Headquarters Company USAG, for the right to wear a badge of excellence Feb. 11.

Fifty-four people created thunder and raised the roof trying to prove who was the top gun on post.

There were two matches in the event. The second match was the Excellence In Competition (EIC Leg) Match. The Department of the Army awards badges to the participants who score in the top 10 percent. Rules for the match can be found in Army Regulation (AR) 350-6 and a Forces Command (FORSCOM) and Training and Doctrine Command (TRADOC) supplement to the regulation.

The first match also followed AR 350-6. This was the Individual Combat Pistol Match in which 47 participants showed their shooting skills. The participants in both matches fired .45 caliber semi-automatic pistols from three different positions including the combat prone, the duel standing and the rapid-fire standing positions. Their overall scores were totaled for the official standings.

Some of the contestants competed as teams, and their scores were tallied together for team standings.

The highest possible score in Individual Combat Pistol was 450 points. SFC Michael Burcham, Directorate of Plans, Training, Mobilization and Security (DPTMSC), led all shooters with a high of 415 points followed by Maj. Earl Morgan, Letterman Army Institute of Research (LAIR), with 396. Close behind Morgan was SSgt. Euland Williams of Company D, 864th Engineers at 395. 1st Sgt. Melvin Johnson and SFC Liberato Presto both from Company D, tied at 386.

Capt. John Davis, U.S. Army Garrison; Sgt. Ben Blackmore from Oakland Army Base; SFC Theodore Weller, of Headquarters Company, USAG; SFC David Cooper, along with Sgt. Robert Kellog of Law Enforcement Company; completed the top 10 standings.

The contest also featured team competition which used the combined scores of individual contestants. There were six teams in the competition, with four people per team. Each member's score from the Individual Combat Pistol competition was added to make an overall team score.

Company D fielded two of the teams. One team

the competition with a combined score of 1,500.

They were closely followed by Headquarters Company, USAG, which scored 1,496. The other teams included Oakland Army Base with 1,261, Law Enforcement Company with 1,047 and D Company, 864th's other team scored 743. The 16th AG (Postal) secured the sixth spot with a score of 397.



photo by Charles Blancet

It may not be the O.K. Corral, but contestants check their aim carefully before firing.

## Sports Notes

## Presidio sells series badge

FORSCOM has allotted the Presidio one series badge to the 1987 Master's Golf Tournament in Augusta, Ga., on April 9 through 12. The series badge is \$85 and is available to active duty soldiers.

Anyone interested should call Bob Darling at 561-4120 or 561-5032 at Post Gym 1, bldg. 63, to sign up or get more information. The deadline is Tuesday.

## Basketball

U.S. Army Information Systems Command continues to lead the league with three games remaining. The championship playoffs start March 2 so the pressure is on.

A meeting will be held at 1 p.m. on Wednesday at Gym No. 1, bldg. 63, for coaches and managers of the

top eight teams participating in the 1987 Presidio Post Championships. The meeting will include rules interpretation and drawing for positions in this double-elimination tournament.

All tournament games will be held at Gym No. 1, bldg. 63. The tournament will consist of the following schedule:

**March 2**—There will be a game each hour from 5 through 8 p.m.

**March 3**—The schedule is the same as that of March 2.

**March 4**—There will be games at 5 and 6 p.m.

**March 5**—The schedule is the same as that of March 4.

**March 9**—There will be one game at 5:30 p.m.

**March 10**—The finals begin at 5:30 p.m.

## Last week's results:

MEPCOM vs. 16th AG (Postal), 80-22; LEC vs. DLI-SF, 60-37; 864th

Engineers vs. DPTMSEC, 60-52; DOL vs. MEPCOM, 44-42; USAISC vs. Co. B, LAMC, 71-48; Co. A, LAMC vs. Sixth U.S. Army, 58-42; LEC vs. DEH, 73-64; 864th Engineers vs. 16th AG (Postal) 70-19; DOL vs. Co. B, LAMC, 41-37; Co. A, LAMC vs. MEPCOM, 47-27; and USAISC vs. LEC, 58-40.

## Standings as of Feb. 13

Team	Win	Loss
USAISC	9	0
864th Engineers	8	1
Sixth U.S. Army	6	3
Co. A, LAMC	5	4
Co. B, LAMC	5	4
DOL	5	4
DPTMSEC	4	3
DLI-SF	4	4
LEC	3	6
MEPCOM	1	7
16th AG (Postal)	1	8

## Tae Kwon Do

Calling all Tae Kwon Do experts!

The Department of the Army is seeking qualified Tae Kwon Do athletes and coaches (men and women). This will determine if the Army has enough experienced competitors to have an All-Army Trial Camp at a later date.

There will not be an Armed Forces Championship in 1987. However, a World Military Championship *Conseil Internationale Sports Militaire* (CISM) is scheduled for Oct. 25 through Nov. 2 in Seoul, Korea.

Tae Kwon Do competition will be held at the 1987 Pan-American Games Aug. 7 through 23 in Indianapolis, Ind., and for the first time, at the 1988 Olympic Games Sept. 17 through Oct. 2, 1988, in Seoul.

For more information and applications, contact Bob Darling at Gym No. 1, bldg. 63, at 561-4120 or 561-5032.





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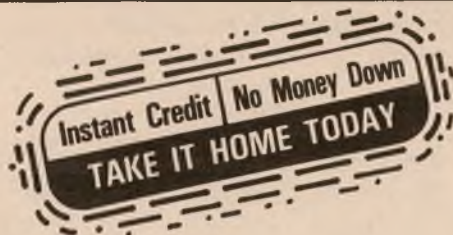
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Winner will be chosen Friday, April 10, 1987

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- 4th Prize — 19" Color Television
- 5th Prize — AM/FM Dual Cassette Player

Visit your nearest DEVON Store for an entry form and full contest rules.

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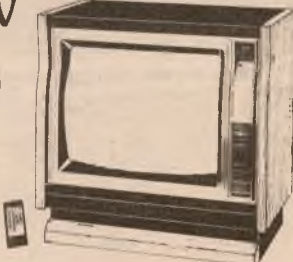
#### Zenith 19" color TV (example)

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- Auto control color system



#### Sanyo 25" console color TV (example)

- Direct access remote control
- 112 channel cable ready
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#### Our entire stock of Frigidaire washers & dryers on sale!



#### Sanyo 120 watt stereo rack system (example)

- 120 watt stereo integrated amplifier
- 14 band graphic equalizer
- AM/FM stereo PLL synthesizer tuner
- Dual transport stereo cassette deck with Dolby\* NR
- Semi-automatic turntable
- 3 way 15" speakers

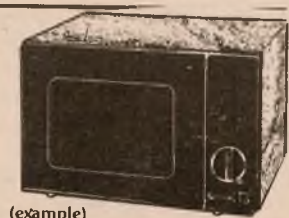


#### Kenwood 125 watt stereo rack system (example)

- FM/AM digital tuner
- 7 band graphic equalizer
- 140 watt maximum input power speakers
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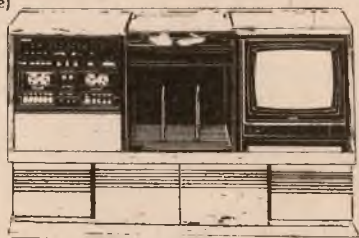
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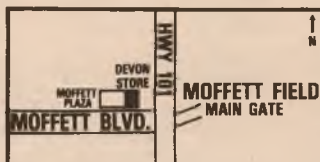
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SALE ENDS FEBRUARY 26th



**Women:** meet the Women's History Week panel, **pages 5 and 7**

**Women's History:** from Hatshepsut to Betty Friedan, **pages 8 and 9**

**864th Engineers:** back from Honduras with stories to tell! **page 11**

# Star Presidian

Vol. 30, No. 8

"Published in the interest of the people of the Presidio of San Francisco."

Feb. 27, 1987

## News Briefs



photo by Debbie Robinson

### All aboard!

This way please; next stop Lombard Gate... A group of protesters from "Pledge of Resistance" loads onto a bus in front of headquarters, Sixth U.S. Army after they attempted to demonstrate against Sixth Army's role in the use of U.S. Army Reserve and National Guard units in Central America. The major demonstration was held along Lyon Street outside the Lombard and Gorgas entrances to the Presidio. Eight protesters were cited with trespassing and obstructing a public official after attempting to block Gorgas Gate and must appear before the Federal Magistrate in San Francisco.

### Errors!

Last week two serious errors were published in the *Star Presidian*. The most important was the wrong emergency phone number printed in the story about the new fire alarms. The correct number is, and remains 561-5656.

For those who may have tried the number listed in the *Star Presidian*, the number belonged to the Religious Activities Center. As soon as the mistake was discovered, the Religious Activities number was hooked up into the emergency phone system. Alternate phone numbers for the Religious Activities Center are: 561-4440, 561-5513 and 561-3100.

The other error was a typographical error which went unnoticed in the story about the W-2 forms. The correct number to call for civilians who haven't received their W-2 forms is 561-5135 at Finance and Accounting. The Finance number listed for soldiers is correct.

Our humblest apologies for these mistakes. We wish we could do more than print a correction and apologize, but we do wish to thank the people who called and brought these errors to our attention.

### Women's History Week Activities

Beginning March 8 through 14, Women's History Week will be observed on post.

There will be two Techniques for Job Ad-  
please see page 3



photo by Pleasant Lindsey

Though the new Ideas Program doesn't officially start until Thursday, this soldier already is writing up a suggestion.

## Submit those new ideas!

by Kay Couch-Lopez

Have you ever felt your ideas and suggestions have gone unrecognized? Then a new Presidio program which starts Thursday is tailor-made for you! This new program is the Presidio Ideas of Excellence Program.

If you have ideas which never seemed to get off the ground or ideas you never took the time to submit—it is time to submit them. Ideas can take the form of "working smarter," saving resources, or improving productivity, morale or customer service.

The Ideas Program Team is holding open house beginning about noon on Thursday. Drop by and meet the team, have some refreshments and discuss your ideas with them.

The program staff wants good ideas, and you are guaranteed acknowledgement of your idea within 72 hours and a status report on whether the idea will be accepted at the Presidio level within 15 days.

An idea form has been designed so it should take only a few minutes to fill out. But if you need help, there are Idea Expeditors in your unit to help. Or you can ask for help in the Ideas Office in bldg. 220, room 104.

The Presidio Ideas of Excellence Program will accept good ideas from anyone on post. (By the way, the name "Presidio Ideas for Excellence Program" came from an idea submitted by a Presidian.) The goal of the program is to hack away at the red tape which can trip up big organizations when they try to get things done more efficiently.

"Another aim of the program is to 'break the mind-set' people have when they respond to

change with, 'But it's always been done that way!'" Col. Joseph V. Rafferty said when talking about the program.

"The program is designed to be a team effort that will take ideas from people to energize the community to improve productivity, service to customers and quality of life on the Presidio," he said.

Rafferty added that if an idea makes sense, we should try it!

Even though the Presidio Ideas of Excellence Program is new to us, the concept is not new within the Department of Defense (DoD). There are several similar programs including the Model Installation Program, Graduate Program and Installation of Excellence Program. These programs have enjoyed success for several years at different bases and posts around the country. The Model Installation program was set up to allow local commanders more freedom to run their installations without many of the restraints which frequently restrain productivity and innovation.

DoD leaders have said, "...the program has demonstrated clearly that commanders can and will operate more efficiently if given more authority to run their daily business."

In addition, contrary to what everyone expected, they are finding the vast majority of ideas submitted can be approved at installation level; that is, they need not be forwarded to the MACOM (Major Army Command) or the Pentagon for approval.

There are no complicated regulations governing the new program. The point is to encourage think-

please see page 3



# Opinions

## Do what you really want to do for a living

by Liz Greeley

**F**rankly, my head is spinning. I have done a great deal of research about women's history in the last week and I seem to come up with two main theories about women's place in history.

One theory (advocated primarily by men) has it that women simply haven't had anything meaningful to contribute and that is the reason they are seldom or never mentioned in most historical references.

The second theory states that women can do anything they want if they just put their minds to it.

Hmmm...I have to state I categorically reject the first theory, but I don't *quite* believe the second theory either. It seems to deny the existence of obstacles to women's achievements.

I guess I will have to propose a third theory: Women have been oppressed sorely in the past. However, great achievements have been made, and a woman today can accomplish

virtually anything to which she sets her mind.

**Women were hampered,** discriminated against and oppressed in the past. In many places today, they still are...don't kid yourself; it's true. If fact, you may think I'm being too generous. Simone de Beauvoir's "The Second Sex" *dissects* the oppression of women throughout history, even including the Middle Ages.

Today, it is hard to imagine women without rights as citizens without the right to vote, without even the right to incur a debt without her husband's permission.

Imagine, if you will, a 19th century woman at the dressmaker's. She finds a fabric to her liking, but it costs a bit more than she has brought with her. She has two options: go home and ask her husband for the money; ask him to give his permission for her to have an account at the dressmaker's. Mind you, it would not matter in the least if the woman in question had been patronizing this dressmaker's for the last 20 years.

Yes, it is hard to imagine this situation today. But there are some situations which are *not* hard to imagine. How many women have been *encouraged* to become mathematics teachers when they really wanted to be mathematicians? How many women have been steered into nursing careers when what they *really* wanted was to become doctors? How many women today are secretaries or assistants who wanted to be supervisors, department heads, creative directors or corporate chief executive officers?

**How many women** out there have heard the magic words, "But you *can't* (fill in whatever it is you really wanted to do)!" How many women believed those words—words spoken by a concerned parent, lover, spouse, friend or confidant?

Yes, of course, they meant well. And, of course, there is absolutely nothing wrong with being a teacher, nurse, secretary or assistant. There is also nothing wrong with being a mathematician, doctor, supervisor, department head, creative director or corporate chief executive officer.

In my opinion, TODAY is a wonderful time to be a woman. Discrimination still exists, though it is more subtle. Yet it is my belief there is little that can stand in the way of a truly determined woman. In fact, I might even say stubborn—actually, I often do.

I always have hated the word "can't." As an excuse for not achieving your goals, it's limp at best. As an "explanation" for not being in the career field you really want; it is definitely lacking. You see, for almost any career field you want to name there have been, and are, women already there.

**So the next time** some well-meaning friend says, "But you *can't*..." just say, "Oh yeah? Well, I didn't know that, so I went ahead and did it anyway."

If you're ready to ignore all the negativists (or maybe you already *have*), then be sure to attend the Women's History Week activities publicized in this edition of the *Star Presidian*.



## Ramblin' Sam "How much do you think women have achieved in terms of equality?"



SP4 Rosa Rivera, supply specialist, Company A, Letterman Army Medical Center (LAMC): "We've come very far. Women now serve in the military and hold leadership positions."



SP4 Michael Eastley, administrative clerk, USAISC-Presidio: "They've come a long way. Women have proven they can work as hard as a men and a couple have run for President."



Nicole Villa, sophomore, University of San Francisco (USF), Presidio community member: "We've made some gains in the job market, but overall we really haven't gotten as far as we should."



Odessa Livingston, Supervisory Personnel Management specialist and chief of the Technical Services Office (TSO): "We've come quite a way, but we have quite a way to go. Right now, I see more equality in the federal government than I see in the private sector."

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## New ideas continued from page 1

ing men and women to share their ideas about saving time, money and making the Presidio a better place to work and live.

Idea forms will be available from Idea Expeditors, Presidio mayors, and at various customer

service areas such as the Finance and Accounting Office, Transportation, the Staff Judge Advocate's office, the Tax Center, the main post gym, the clubs, commissary, Main Exchange, Self-Service Supply Center, Military Personnel Divi-

sion ID Section, Education Center and the Ideas Office, in room 104, bldg. 220.

To find out the exact locations of forms, call the Ideas Office at 561-IDEA.

## TAKE A BITE OUT OF CRIME

### Child safety

by John Flynn

It is troubling that parents have to warn their children regarding child molesters. It is hard to find the right way to tell them they must respect adults, while at the same time warning them to stay away from strangers. To a child, everyone is a stranger outside of their friends, relatives and family.

What parents must do then is impress upon their children that harm-

ful situations can occur almost anywhere. They must try to be aware of their surroundings and careful to approach uncommon situations with caution. Another important aspect is for children to know what to do and where to go if they feel they are in danger. Running away, screaming, or going to a neighbor's house are all good points, but they must be put into perspective by the child's parents. Parents know best their children's personalities and habits, and these aspects should be taken into consideration whenever prevention of child molesting is discussed.

A basic element is for parents to strive for such a loving and trusting relationship that no matter what happens, their children will not be afraid to confide in them.

Since both boys and girls may encounter molesters anywhere, at any time, specific instructions should replace vague warnings against strangers. Even small children should be informed clearly that *no one* except a doctor or parent should touch their bodies with any intimacy.

Some points to discuss with children:

- Refuse rides from strangers;
- Avoid accepting candy and other gifts from a stranger;
- Refuse to go near a stranger's car who is asking for directions or other information;
- Go straight home after school;
- Always let your parents know where you are;
- Avoid playing in deserted areas or around public restrooms;

• If anyone tries to touch or grab you—run, scream and immediately tell your parents; and

• A Military Policeman is a child's friend and should be called upon for help whenever necessary.

### Crime report

• One civilian was apprehended for assault.

• One soldier was arrested by civilian police for grand theft.

• There was a report of hub cap theft.

• There was one shoplifting apprehension.

• One stolen vehicle was recovered.

• There was a report of unsecured government tools.

## How to collect tax-wise on PCS moves

If you had a Permanent Change of Station (PCS) move during 1986, you might be able to get back some of your out-of-pocket expenses Uncle Sam didn't cover, even if you don't itemize deductions.

PCS expenses are considered an adjustment to income, not itemized deductions. That means there isn't a minimum amount required to file IRS Form 3903, Moving Expenses. But to file the 3903, you have to file the Form 1040. You still don't have to itemize, but you do have to use the 1040.

PCS expenses that can be claimed include:

- Cost of temporary lodging for

the first 30 days at your new duty station;

• If you are able to deduct the cost of temporary lodging for 30 days, you also may deduct the cost of food for those same 30 days;

• Additional insurance coverage on household goods enroute;

• The cost of shipping the family pet;

• Charges for renting trailers, roof racks and other moving items;

• Extra expenses resulting from shipping your car overseas; and

• Added costs for exceeding your weight allowance.


All of the above may qualify as adjustments less any money the

government paid you for your move.

There is no limit on the amount you can claim for moving household goods and travel expenses. But there is a limit on how much you can deduct for premove travel and temporary lodging. Premove lodging costs and expenses incurred in buying or selling a house cannot exceed \$3,000; not more than \$1,500 of that can be used for a house-hunting trip and temporary lodging.

If you need tax forms or assistance in filling out your tax return you should see your unit tax advisors or go the Tax Center in bldg. 223 or call the Tax Hotline at 561-2TAX.

American Forces Press Service



### Tax Hotline

Need help with your tax forms? Contact your unit tax advisor or call the Tax Hotline: 561-2TAX for free help.

## News briefs continued from page 1

vancement workshops. The workshops will be held on March 9 and 10 from 8 a.m. to noon. You must register no later than Wednesday for one of the workshops; you must register for the panel on Wednesday as well. The workshop will be held in the Civilian Personnel Office Training Room in bldg. 37.

A panel entitled "Achieving Job Advancement" will be held on March 12 from 11 a.m. to noon in the theater in bldg. 603. The members of the panel are: Marjory Hill, Susan Kuniyuki, Barbara Merino and Carolyn Peters. Each of these women is featured in this issue of the *Star Presidian*.

The Post Library, bldg. 386, will have a Women's History Week display from March 8 through 14.

San Francisco Supervisor Willie B. Kennedy will speak at the luncheon honoring Women's History Week at the Presidio Officers' Club on March 13, from 11:30 a.m. to 1 p.m. The cost for the luncheon is \$7.

For more information, call Federal Women's Program Manager Angela Love at the EEO Office at 561-2022 or 561-2035.

### Spring Clean-up

It's that time of year again! Yes, the annual Spring Clean-up is just around the corner.

The Presidio Spring Clean-up will be held from March 16 to 23. As usual, housing area residents are required to clean up their neighborhoods.

All trash must be picked up and weeds removed from sidewalks and from around quarters. It is the residents' responsibility to ensure the playgrounds and sports fields in their areas are cleaned.

Area coordinators are expected to make sure their assigned areas are clean, and residents of Bachelor Enlisted Quarters and Bachelor Officers' Quarters are responsible for cleaning around their buildings.

The post commander has requested soldiers living on post be given time off from normal duty to allow them to clean up their housing areas.

The following is a clean-up schedule for each housing area:

**March 16**—1 to 100 area, 300 area, 700 area and 1500 area;

**March 17**—400 area, 500 area and 800 area;

**March 18**—900 area, 1000 area and 1200 area;

**March 19**—1300 area, 1400 area, 1700 area and 1800 area; and

**March 20**—500 area, Fort Baker; 600 area, Fort Baker; 800 area, Fort Baker; Fort Barry and Fort Mason.

### Army Days

Army Days 1987 is right around the corner. There are four action-filled days on the agenda which should offer something for everyone.

Among the many attractions, the U.S. Army "Golden Knights" once again will perform their

world-class parachute demonstrations.

The Golden Knights will perform on each of the four days beginning April 2.

More information about Army Days events will be publicized in upcoming editions of the *Star Presidian*.

### On the Lighter Side





# Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.

## Seafood Buffet

**Wed., March 11**

A combination of our CRAB FEAST  
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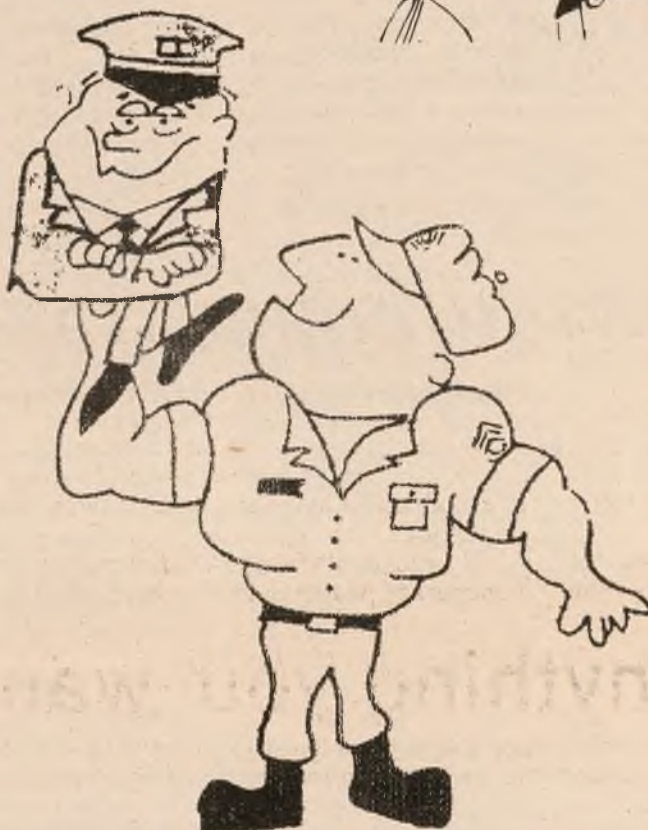


## Right Arm Night

Show your appreciation for that  
**RIGHT ARM!**

**Wed., March 18**

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Music: 5:30 to 10:30 p.m.  
**FREE SNACKS**



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# Management analyst urges women to achieve

photo and story by Debbie Robinson

"I feel there are a lot of opportunities for women. If a woman wants to get ahead, yes, she can. But she has to sit down and decide what she wants to do and go for it."

Young women today probably have heard words like these hundreds of times. If you want something, all you have to do is set your mind to it; you have endless options.

For their mothers things were different. It took a strong will and a real sense of purpose to shed their traditional roles and go out to make a place for themselves in the world. The women who were able to do this were the real pace-setters for their time and for their children.

Susan K. Kuniyuki, Chief of the Management Analysis Branch, Directorate of Resource Management (DRM), whose words appear above, is a woman whose life reflects these changes.

"I was born and raised in Honolulu, Hawaii. In Hawaii, the Oriental culture puts a heavy influence on you. You're not supposed to go against your parents' wishes. But I kind of broke away," Kuniyuki said.

"My ideas just didn't fit. My sister had the more traditional ideas. She's a nurse now and my mother loves it. My parents wanted me either to become a nurse or a teacher.

"I just didn't want to be in that small-town environment. I wanted to do what I wanted, rather than following tradition. I knew there was something better out there and I was going to find it," she said.

After graduating from the University of Hawaii with a degree in business administration, Kuniyuki started working for the General Services Administration in San Francisco, where she worked for five years.

After finishing a training program in Washington, D.C., Kuniyuki came back to San



"I feel there are a lot of opportunities for women," says Susan K. Kuniyuki, chief of the DRM Management Analysis Branch. Kuniyuki will be a member of the "Achieving Job Advancement" panel discussion during Women's History Week on March 12.

Francisco where she had been offered an intern position in DRM.

Kuniyuki said she and her husband, who also works for the government, are not at all competitive about their work. "He has his interests, his friends, and I have mine. We do make important decisions together. He's not as outspoken as I am so I think that's a good complement," she said.

Kuniyuki is pursuing her master's in business administration. "I wanted to see if I could do it. It is a challenge but I enjoy it. It's really helped me on the job," she said.

"I bring in textbooks to show people new ideas. I encourage people to go to school. I feel it exposes

you to new ideas and to what other people think."

Kuniyuki's work is management, where she says there are no real rules. "I've found we can watch what others are doing and use their ideas for ourselves. Even though we're not in it for the profit, we can still put ourselves in their place," she said.

Kuniyuki's management studies shop is always open to new ideas. "If someone wants to do something, they can bring it to us. I always say, 'Nothing is impossible. No new idea is stupid.'"

Kuniyuki stays busy with activities outside of work as well. "I was involved in the Business and Professional Women's Clubs in San Francisco because I found their goals were the same as mine at the time. I learned about where the women's movement was going. I found many of the women there very fascinating, their stories seemed so similar to mine."

Kuniyuki also was a committee member for the Education and Child Care Committee in San Mateo County, where she said they found there were many women at, or below, poverty level.

"Our main goal was in getting information out to these women, telling them their alternatives. We held Women's Day each year, with all these topics on how to help women get ahead.

"I don't think women have been oppressed because everyone makes their own decisions. But, women have been put in traditional roles, and now they are finding they can do more. Some are perfectly happy in the traditional roles, but they still have the opportunities," Kuniyuki said.

"I always tell everyone nothing's impossible. But it takes creativity to get around road blocks and problems, and many people can help you because they've had the same problems themselves," she said.

In our world anything can happen.

## 'You can do anything you want'

story and photo by Debbie Robinson

"Anything you can do I can do better, I can do anything better than you!"

Some people seem to feel this is a woman's reason for wanting to work in non-traditional roles; she wants to prove herself better than a man. The truth is that women who work in so-called non-traditional jobs do it because it provides them with a valuable skill and a chance to make more money, according to Carolyn M. Peters, an electrician at the Directorate of Engineering and Housing (DEH).

Peters, a slightly built woman, seems to think nothing of having to lug around a tool belt filled with electrician's tools which is probably a quarter of her weight.

But then again, filling the traditional women's role just doesn't seem to be in the cards for Peters. She seems perfectly happy doing what she does.

Peter's life in the work world started out in the same manner as many women's.

"I started working for the government 10 years ago as a GS-2; I was a secretary," she recalled.

"I had spent one and one-half years in college and didn't know what to do. My father is the one who said, 'Why don't you get into the government?'"

"Luckily, I met a woman early in my career who inspired me not to be afraid to try anything. I wasn't making much money as a secretary, but I was always interested in advancing myself. So, I got a new job cleaning airplane fuel tanks," Peters said, smiling.

"It was kind of fun, and very different. I made good money.

"We used diesel water guns with a lot of pressure for cleaning. That was about the most strenuous work at that job, but when people heard about what I was doing, especially because of my small build, they'd say, 'You're doing what?' and I'd say, 'So what?'"

Though Peters went back to secretarial work for the next few years after she met her husband, she said she just wasn't satisfied. That's when she

got a job doing gardening. At that time, because her husband was in the Army, they were living in Denver.

"I really enjoyed working outside," she said.

Then Peters said she was lucky enough to meet someone who worked for DEH who told her of an opening in the electrician's apprenticeship program.

"My husband and I both realized that it would be good for me to have a skill like that because we would be moving a lot in the Army, and I wouldn't have as much trouble getting new jobs," Peters said.

"I had a real good experience. My husband went into ROTC at the University of San Francisco, and we transferred out here. So in the three years that we've been here, I finished the four-year apprenticeship program and had a baby.

"I really feel as if I've accomplished something. I'm still learning, but it's just fun being out there and having the freedom to be creative with the work. Each job is different," she explained.

Peters said the people here really don't treat her differently as a woman.

"I noticed that they treated me the same as the male apprentices. If you show an interest, they're really willing to help," she said.

Peters said she feels lucky because in her family, working in non-traditional roles is no big deal.

"My husband is a nurse. He's very supportive of my work. It's funny, because we taught our two-year-old to say, 'My daddy's a nurse and my mommy's an electrician.' One time an older man heard that and said, 'No, I think you have that backwards, son.' Our boy said, 'No, I don't!'"

"It just helps if you don't have those predetermined thoughts about who people are and what they should do," Peters said.

She said she hopes to move on into estimating. An estimator goes into a job and determines how long the work will take and what tools will be needed.

Peters said she feels that women should try anything they want to. She gets aggravated at



Carolyn Peters checks an electrical outlet. She will discuss how she became an electrician as part of the "Achieving Job Advancement" panel discussion on March 12.

women who set limits for themselves.

"Some women say things like, 'I would, but my husband won't let me.' I just don't go for that," she said.

Peters doesn't seem to set up boundaries between the sexes as far as who can and should do certain things.

On setting goals for yourself, she said, "Bigger challenges bring more pressure. But the more you learn and the harder you work, the greater the reward."

Words of wisdom from a woman who knows.



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# Presidian serves as example of determination



photo by Pleasant Lindsey

"It is hard for someone to say, 'Well, you're not qualified for this position,' when you can prove you *produced* in this position with papers and work with your name on them," says Marjory Hill, DRM's Manpower, Equipment and Documentation Division chief.

story and photo by Pleasant Lindsey

It takes dedication and determination to climb the ladder of success in any field. For some jobs it is possible to skip a level or two when promoted. But a worker must really be career-oriented to work his or her way up the ladder by 11 grades, one grade at a time. If Marjory Hill is any indication, this type of worker knows the secrets of success.

Hill is the chief of the Manpower, Equipment and Documentation Division of the Directorate of Resource Management.

She also sits on the board of the Church of God Association of northern California, northern Nevada and Hawaii. Locally, she is the only woman on the six-member deacon board of the Hillside Church of God where she also plays the organ and piano.

Originally from Little Rock, Ark.,

Hill's family moved to Hanford, Calif., when she was 9 years old.

Hill's childhood included a unique family life.

"I'm the youngest of 20 children," she said, with a look of pride. That's right, 20 children. Her father's first and second wives died after giving birth to five children each, and his third wife, Hill's mother, gave birth to 10.

"Of all my father's children, I was the only born in a hospital," she claimed. "All the other births were aided by midwives."

One of the things Hill learned during her youth was hunting, an activity she still enjoys. As it turned out, she picked up the art from her father. She said she hunts ducks and pheasants with her hunting dogs, two Brittany spaniels.

"My dad always managed to put game on the table, even when no one

else had meat on their table," she said. "I used to go hunting with him, using his old 12-gauge shotgun."

"Now I carry my own Remington pump," she said.

The unusual size of Hill's family didn't get in the way of her education or her fight for success. After graduating from Hanford High school she went straight into civil service.

"I graduated in 1955 and moved to the big city of Oakland," she said with a grin. "I had a sister living there, so I moved in with her, took the civil service exam and went right to work." Soon after, she started her own family.

She was working at the GS-2 level as a clerk typist at Naval Station Treasure Island when she married Prince Hill in 1956. Their daughter was born in 1958 and they had a son on 1959. She said two children is enough to make a family. Yet, rearing children didn't get in the way of being productive in other ways. She managed to find the time to enrich her education while rising in her new-found career.

Hill attended Skyline College and the University of San Francisco (USF), earning credit for a degree in business. "I had to drop out of school in my junior year for medical reasons," she said, "and I never did go back. But I'm not too old to go back." Her work history shows that nothing keeps her from her goals.

Unlike some people who may skip a grade as they rise through the government service levels, she rose to her present level of GS-12 *one grade at a time*. How did she stick through it?

"It wasn't easy," she emphasized. "It wasn't all fun and games. I had a few good supervisors and I had some rotten ones; I made up my mind I

wasn't going to be like the rotten ones."

She also learned that neither sex nor the color of her skin could get in the way of her success.

"There were older blacks there who encouraged me to work hard and not to give up," she said. "They taught me how to learn everything I could by being aware of the things around me. Just because you sit at a desk doesn't mean your eyes are closed."

Hill said she learned new jobs by watching and listening to other employees. A person can learn a job, even if no one else wants to teach them how to do the job.

"I used to volunteer for jobs when other people were absent," she said. "It is hard for someone to say, 'Well, you're not qualified for this position,' when you can prove you *produced* in the position with papers and work with your name on them," she said. Hill could always prove she was qualified for her job. She's had to prove it throughout her career.

With a smile, Hill said she is looking forward to retirement in about five years. However, she didn't say she was in a hurry to leave.

"My coworkers are very supportive of me and of each other," Hill said. "I really like working with them, and I like the job that I do."

"I'm the type of supervisor who believes in helping people achieve their potential," she said. She added people should take responsibility for their careers.

"You should manage your career; don't let someone else do it. Move up the career ladder when you are ready and move in the direction you chose." She said workers should move into positions with a positive attitude, knowing they can do the job before they apply for it.

## Labor relations officer offers career guidance

by Pleasant Lindsey

The *Star Presidian* now has a chance to showcase a woman in one of the post's most important positions and she has valuable advice for fellow workers.

Barbara Merino is the Labor Relations Officer for the Presidio. She was an employee relations specialist for Letterman Army Medical Center (LAMC) when her present position opened. Merino said the job has proven to be quite a challenge.

"I've learned a lot here," she said. "I discovered everything isn't always laid out in black and white on the pages of some book when you are trying to find answers to questions. There is a lot of interpretation, evaluation and comparison done to find answers and negotiate settlements between parties."

Merino said arbitration is a part of her job, but she also is involved with contract negotiations, advising managers on how to work with the unions, responding to union bargaining requests, and overseeing the basic relations between labor and management on the Presidio.

"There are more unions involved with the Presidio than many people realize," Merino said. Eight major unions can call upon the labor rela-

tions officer for anything that affects workers.

"For instance, management may want to institute a no-smoking policy, or a new promotion merit system. These activities affect union workers," she said. "We have to at least notify the unions, and sometimes we have to bargain with them over these changes."

Merino said she likes the Presidio because of its convenience and because it is an interesting place to work. She said she has time to be with her family because the commute doesn't take too much time between the job and her home in Marin.

She has been employed on the Presidio for nine years and said she has no plans to leave soon.

Merino said her free time is spent with her children, but went on to add that she does enjoy singing and needlepoint.

"I've been getting involved with the Craft Center, doing picture framing," she said. "And I like to cook. I'm not talking about dinner every night, but special recipes. I like to read cookbooks and I have a large collection of them. If you were to look at my husband you might conclude that I'm a pretty good cook."

Merino has used her free time to become involved in professional activities such as an organization for personnel specialists and the Society of Federal Labor Relations Professionals. She recently has been selected to join the committee of the Federal Women's Program.

Merino said she tries to assist people in making decisions about their careers and professional goals. She said she will use her expertise in personnel to assist women with career decisions.

"I've always made time for people when they need help with career choices," she said. "I can be a resource to women."

"I have a pretty good idea of how the system works, what kinds of things people need to consider for job applications and how to make applications for people whose priority is getting ahead," she said.

Merino said the Federal Women's Program is the first local organization with which she has been involved.

Merino's career didn't follow the exact path she had planned, but it did bring her to the level she had envisioned for herself.

"I've been fortunate that all the jobs I have held have been profes-

sional jobs," she explained. "I may have had an easier time than someone who started out in a clerical position. But there have been many decisions made in the past that related to me being a woman—for a long time the word had been put out that a woman couldn't perform in the employee/labor relations field, that she wouldn't have the strength to fire someone."

She said that when she started working in the Management Employee Relations Division there was one female technician and one female professional. "In the five years that I've been in this division no other females have come in," she said, "however, I would certainly encourage women interested in a challenge to consider this work."

Merino said she studied sociology but never thought she would be in labor relations. She said her training, goals and her parent's goals for her have all been met through perseverance and hard work.

"A person needs to look at his or her ultimate goals and pursue them to the best of his or her ability," she said. "If one course of action doesn't work out, choose another option and keep trying."



## Remembering

# Women who made a difference

by Debbie Robinson

How do we begin to honor the women in our country's past? These women, as much as the men, helped make the United States. Women's History Week, which is set for March 8 through 14 this year, allows us to take a look at some of the women on whose strength the foundation for our country was laid.

The women who made their mark in history almost always had to overcome adversity to succeed. This doesn't mean they only had to overcome a lack of money, or interest. They also had to overcome, in many cases, the negativism of their male counterparts, even other women, who felt that women shouldn't go out in the world and make waves.

Well, many of these women found ways to change theirs, as well as other people's, lives for the better by finding ways to get around obstacles and making changes that really counted.

(Information for the following biographies was found in the book, "Liberty's Women," edited by Robert Matterny.)

### Dorothea Dix

Dorothea Lynde Dix was born in April, 1802 in Hampden, Maine. She started life rather unhappily, leaving home at 12 to study and live with her grandmother in Boston.

At 14, Dix began teaching in a girl's school in Worcester, Mass., using her own curriculum, which stressed natural sciences.

In 1836, weakened by tuberculosis, she left teaching and went to live in England. After two years, she returned to find that she had inherited enough money to last her through her lifetime.

Rather than sit at home, Dix began teaching Sunday school in 1841 at the East Cambridge House of Correction.

In the prison, she observed the treatment of insane and disturbed people who lived in subhuman conditions with criminals.

Dix began traveling throughout Massachusetts, inspecting other institutions where she found similar conditions.

In January 1843, she submitted to the Massachusetts legislature a detailed report of prison conditions. Her dignity, feverish compassion and determination, as well as the issue, moved the legislators, and despite public apathy, a bill passed for enlargement of the Worcester insane asylum.

In the next 40 years, Dix went on to travel throughout 15 states and Canada, inspiring legislators to establish state hospitals for the mentally ill.

Her efforts prompted the building of 32 institutions in the United States.

In June 1861, Dix was appointed superintendent of Army nurses for Civil War service.

After the war she returned to work with hospitals; when she died in Trenton, N.J. in 1887, it was in a hospital which she had founded.

### Mary McLeod Bethune

Mary McLeod Bethune was born in July 1875, in Mayesville, S.C., the daughter of former slaves.

Bethune graduated from the Scotia Seminary in Concord, N.C., in 1893, and the Moody Bible Institute in Chicago in 1895. She then taught in a succession of small southern schools. In May of 1898, she married Albertus L. Bethune.

In 1904, Bethune moved to the east coast of Florida where there was a large black population and opened the Daytona Normal and Industrial Institute for Negro Girls.

In 1923, the school merged with Cookman Institute for Men in Jacksonville to form what was known as Bethune-Cookman College in Daytona Beach.

She was president of the college until 1942 and resumed the presidency from 1946 to 1947 before retiring as president emeritus.

Under her administration the college won full



courtesy U.S. Postal Service

accreditation and grew to an enrollment of 1,000.

Bethune was awarded the Spingarn Medal by the National Association for the Advancement of Colored People in 1935, and the next year, was appointed the administrative assistant for Negro Affairs of the National Youth Administration by President Franklin D. Roosevelt, a position which she held until 1944.

In 1935, she founded the National Council of Negro Women, and was the council's president until 1949. She was also vice-president of the NAACP from 1940 to 1955.

Bethune was the advisor on minority affairs to President Roosevelt and advised the Secretary of War on the selection of officer candidates for the Women's Army Auxiliary Corps in 1942.

Widely honored, Bethune died in Daytona Beach in May of 1955.

### Oveta Culp Hobby

Oveta Culp Hobby was born in January 1905, in Killeen, Texas. She was educated privately and attended the Mary Hardin-Baylor College and the University of Texas Law School.

In 1931 she married William Pettus Hobby, a publisher of the *Houston Post* and former governor of Texas.

Hobby worked for the *Post*, rising to executive vice-president by 1938 and introduced a number of features of interest to women.

In 1941, she was appointed chief of the Women's Division of the Bureau of Public Relations in the War Department. There she helped plan for a women's auxiliary branch for the Army, and on creation of the WAAC in May 1942, she was appointed director.

Hobby directed the WAAC and later the Women's Army Corps through World War II until July 1945, at which time the WAC strength had reached 100,000.

After the war, Hobby returned to the *Post* as co-editor and publisher.

She was active in the election of President Dwight D. Eisenhower and in 1953, was named director of the Federal Security Administration (FSA).

In March 1953, the FSA was elevated to cabinet status as the Department of Health, Education and Welfare (HEW). Before she resigned in 1955, Hobby, as the first secretary of HEW,

became the second woman to serve in the Cabinet.

Hobby then became chairman of the board of the *Post* in 1965. She also was elected chairman of the board of Channel Two TV Company in 1970.

Hobby was the Director of the Corporation for Public Broadcasting in 1968. Also she held positions in a number of other business corporations. She remained prominent in Republican politics and served on a great many advisory boards and commissions.

### Betty Friedan

Betty Naomi Goldstein Friedan was born in February 1921 in Peoria, Ill. She graduated from Smith College with a degree in psychology in 1942. In 1947, she married Carl Friedan. For 10 years she was a mother and housewife and did freelance work for magazines.

Friedan did extensive studies on women, formulated her findings, and in 1963 she published "The Feminine Mystique"; the book was an immediate success.

Her thesis in the book was that women as a class suffered a variety of more or less subtle forms of discrimination, but, in particular, they were victims of a pervasive system of delusion and false values under which they were urged to find personal fulfillment, even identity, through their husbands and children. Husbands and children were the people to whom they were supposed to cheerfully devote their lives.

According to Friedan, this restricted role of wife/mother led almost inevitably to a sense of unreality or general spiritual unease in the absence of genuine, creative self-defining work.

In 1966, Friedan founded the National Organization for Women, a group dedicated to equality for women. As the president, she conducted campaigns to end sex-classified employment, for greater representation of women in government, for child care centers for working mothers, for legalized abortion and other reforms.

NOW has remained the largest and probably the most effective organization in the women's movement.

Friedan stepped down from the presidency in 1970 but continued to work helping to organize the Women's Strike for Equality held on Aug. 26, 1970, the 50th anniversary of woman suffrage, and leading in the campaign for ratification of the proposed Equal Rights Amendment to the U.S. Constitution.

These women represent just a fraction of the women who have worked toward a better life and greater representation for women in society. Though it may be difficult to devote themselves to the women's cause, as these women have, young women today have the means to make "their own history."





# Women of history

*Do you know about the exotic women of the past?*



by Liz Greeley

Women's history—most accounts of this sort start with Susan B. Anthony or Elizabeth Cady Stanton. Certainly these women were an important part of the history of women's suffrage...but they also certainly were not *all* of it.

The history of extraordinary women disappears into the river of Time itself. And as the River Time swirls into forgotten eddies...

## Hatshepsut

The river becomes the River Nile about 1490 to 1469 B.C. Hatshepsut ruled Egypt with her husband and half-brother Thutmose II. Later she became regent to his son and then assumed the powers and title of pharaoh. (According to legend, she declared herself a man to receive the pharoanic title.)

Hatshepsut presided over a period of prosperity and built the great temple of Deir-el-Bahri near Thebes, according to "The New American Desk Encyclopedia."

But back to the river...to wash ashore at Halicarnassus around 480 B.C.

## Artemisia

Artemisia ruled this city since the death of her husband. Halicarnassus was a Greek colony ultimately ruled by the Persian emperor, Xerxes.

As it was the time of the Persian War with Greece, Xerxes asked for ships with which to fight.

According to Herodotus in "The Histories," Artemisia took part in the campaign against Greece.

"...she sailed with the fleet in spite of the fact that she had a grown-up son and that there was consequently no necessity for her to do so. Her own spirit of adventure and manly courage were her only incentives," Herodotus wrote.

Herodotus went on to state Artemisia sailed in command of the men of Halicarnassus, Cos, Nisyra and Calynda, besides furnishing five warships.

A Halicarnassian himself, Herodotus also reported the Athenians resented a woman taking arms against them and offered a 10,000 drachmae reward for her capture.

Fortunately, though the Persian fleet was defeated, Artemisia fought well that day, for neither the Athenian captains nor the waters of the Aegean captured the wily Artemisia.

Now the waters of time swirl to the coast of Phrygia, about 401 B.C.

## Mania

Pharnabazus ruled Phrygia, of which the satrapy of Aeolis was a part. During his lifetime, Zenis of Dardanus governed Aeolis for Pharnabazus, according to Xenophon in "A History of My Time."

However, after Zenis died, Pharnabazus was planning to give the satrapy to someone else when Zenis' wife, Mania, visited him with many attendants and gifts for Pharnabazus' concubines and the influential people of his court.

Xenophon wrote that Pharnabazus granted Mania an audience and she was reported to have

said, "Pharnabazus, my husband was always a good friend to you and used to pay you all the tributes due. For this you praised and honored him. Now if I serve you just as loyally as he did, what need is there to appoint anyone else as satrap? And if I fail to please you, surely it is in your power to take the satrapy away from me and give it to someone else."

Apparently, Pharnabazus agreed with Mania's reasoning, for she was made satrap of Aeolis and paid the tribute as regularly as her husband had done. Also, she never failed to visit Pharnabazus without bringing him gifts.

Mania not only kept loyal the original cities she had been given, but added the cities of Larissa, Hamaxitus and Colone to Pharnabazus' domain with the use of a Greek mercenary force. Occasionally, she joined forces with Pharnabazus in retaliatory raids against the Mysians and the Pisidians. As one might expect, Pharnabazus gave her special honors and privileges.

Unfortunately, Mania had a jealous son-in-law named Meidias.

As an absolute ruler, Mania took the normal precautions to protect her life. However, she seemed to have a natural fondness for her son-in-law. That fondness gained him entry to her presence where he strangled her (and murdered her 17-year-old son).

Meidias then seized the fortresses of Scepsis and Gergis, but the other cities of the satrapy refused to allow him entry and were held for Pharnabazus by their garrisons.

Then Meidias sent gifts to Pharnabazus and claimed he should be appointed ruler of the province just as his mother-in-law had been.

"But Pharnabazus told him to keep his gifts and look after them well. 'I shall come soon,' he said, 'to take them and you too. For, if I fail to avenge Mania, I would rather not live,'" Xenophon wrote.

Time moves on, this time from Phrygia back to the Nile.

## Cleopatra

Cleopatra must have been about 21 years old when Caesar met her in 48 B.C., when he helped her overthrow her husband-brother and co-ruler, Ptolemy XII.

Cleopatra was queen of Egypt from 51 to 30 B.C., yet she didn't hesitate to follow Julius Caesar back to Rome and she bore him a son, Caesarion. After Caesar was assassinated in 44 B.C., she fled Rome, yet managed to win the affections of Marc Antony.

In 42 B.C., she and Antony returned to Egypt in triumph and married in 36 B.C., choosing to live in Alexandria.

The Roman emperor, Octavian, was furious...possibly because Antony had married his sister, Octavia, in 40 B.C. as a peace gesture.

Octavian stripped Antony of his authority and sent a fleet to destroy him. Antony and Cleopatra's fleet were destroyed off Actium in 31 B.C. Antony killed himself when Octavian entered Alexandria.

However, Cleopatra tried to win over Octavian, but it was a futile gesture. Cleopatra, now about 38 years old, is said to have killed herself with an asp, according to "The Illustrated Encyclopedia of Knowledge."

Traditionally a tragic story, Cleopatra still ruled Egypt nearly 20 years.

There was a still unhappier queen just across the seas to the British Isles where Roman rule was the cause of yet more strife.

## Boadicea

Boadicea was queen of the Iceni in Norfolk. In 60 A.D. she led a revolt against Roman ill-treatment and then plundered Camulodunum (Colchester), Londinium (London) and Verulamium (St. Albans) before being defeated in 61 A.D.

According to legend, this talented but ill-fated British queen took poison to escape capture.

Only a brief pause before crossing the Channel to the France of 1429.

## Joan of Arc

Joan of Arc, a peasant girl from Domremy-la-Purcelle, rallied Frenchmen behind her during the Hundred Years War as she led them to one victory after another. However, she eventually was captured by the Burgundians and turned over to the English, who burned her at the stake, according to John Laffin, author of "Women in Battle."

Only a weak current in Time moves the voyager to Spain at about 1492.

## Queen Isabella

One of the first recorded women strategists didn't actually fight, but was noted by Laffin because of the effect she had on how we fight modern war.

According to Laffin, it was Isabella's idea to build wide roads which could carry artillery to the battlefield and make supplying her troops a much simpler matter. Laffin even credits her with introducing the first battlefield hospital.

And now the currents move to the New World Columbus discovered for Queen Isabella of Spain...and a more modern era.

## Pauline Cushman Fryer

Among all these exotic women, Pauline Cushman Fryer takes her rightful place. Fryer was an actress in the South during the Civil War—at least that is what she wanted her audiences to believe. Actually, she was a spy for the Union Army...and a successful one.

Her war efforts earned her a commission as a major in the Union Army.

Fryer undoubtedly was proud of the service rendered to her country in time of war...for on her tombstone in the San Francisco National Military Cemetery here at the Presidio, it reads "Pauline Cushman Fryer Union Spy."

And so the currents of time wash the voyager ashore, hopefully somewhat enlightened by what the eddies and undertows of time conceal...so much history...and yet not forgotten!



Star Presidian file photo  
Maj. Pauline Cushman Fryer, Union spy.





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# 864th Engineers tell of Honduras jungle training

by Debbie Robinson

Training in Honduras was something to write home about for many of the 30 members of Co. D, 864th Engineer Battalion who went to Central America. The famous line, "Toto, we're not in Kansas anymore," probably would have applied for some of these young soldiers. The engineers returned recently from a nine-week training mission during which they completed a long list of construction projects.

The first thing that may come to many peoples' minds is, Honduras; that means top secret operations in a hostile, foreign land.

Well, the surroundings might have been strange to these soldiers, but their mission was strictly that of training as combat engineers, building vertical concrete and wooden structures, doing electrical wiring, upgrading sections of road, and many other projects.

According to many of the travelers, it was a good experience and well worth the trip. They seemed especially to like the Military Occupational Skill (MOS) training they had during the trip.

According to 1st Lt. Michael D. Manley, the Deployed For Training (DFT) platoon leader, the training was "great because it was the most realistic situation we've been in as engineers."

As PFC Rock Link discovered, you can't get much more realistic than operating a bulldozer along a narrow mountainside road with sheer cliffs only 10 feet away.

Manley added that it was a bonus to be there only for construction work; they didn't have to bother with administrative hindrances like work details and duty rosters.

Why go all the way to Honduras just for training?

One reason is that the area near Palmerola Air

Base sorely needed construction work, according to Manley.

The men went there to work, and work they did. They finished a phenomenal amount of work, yet maintained high morale throughout their nine-week tenure in Honduras.

"We worked six days a week, about 10 hours a day," explained Sgt. Todd Erickson, a plumber cross-training as a carpenter. "There was so much work to do, they could have kept us busy for years."

The engineers also took advantage of the little free time they had. "We played volleyball on the court we built, and had a pig roast and chicken roasts," Erickson said.

They also arranged for eight-man trips to a nearby lake on Sundays and took advantage of a Morale Support trip to Tela Beach on the Caribbean coast on a weekend during Christmas. Most importantly, the men became a lot closer and learned to work as a team, Manley said.

According to SSgt. Harry P. Hentschke, squad leader, his men "went to Honduras as young soldiers and came back as engineers."

Hentschke added, "The best part about going to Honduras was coming home. There's only one America!"

One of the things Manley said impressed him the most was how innovative the men were. "One of the biggest problems we encountered was vehicle down-time. However, the problem was minimized by the mechanics' abilities to improvise. They used a 10-penny nail as a retaining pin for the backhoe and a Ritz cracker can as a wheel hub cover on a trailer," he said.

All in all, the trip was a great success and a terrific experience for the soldiers. They worked hard, maintained high morale, and had only one minor injury; one man needed four stitches for a small cut



photo by Michael Manley  
PFC Richard L. Hennessee, 864th Engineer carpenter, helps pour cement for one of the six perimeter guard towers the 864th built in Honduras.

on his forehead, Manley said.

The next project for the "Delta Dawgs," as the 864th calls themselves, is tentatively scheduled for Fallon, Nev., in April, where the engineers will build a mock-up port and industrial center for naval training operations. They look forward to Fallon, according to many of the men, because they enjoy the work.

"We're Engineers, by God!," Hentschke said.

## Federal study reaffirms passive smoking danger

The people responsible for implementing the Department of Defense's stepped-up anti-smoking program have new ammunition they can use.

A special committee of the National Research Council, the main operating arm of the congressionally chartered National Academy of Sciences, has completed an exhaustive, year-long review of available scientific studies on the health risks of "passive smoking"—non-smokers' inhalation of cigarette, cigar and pipe smoke.

The risk to children, particularly infants, is greatest and most conclusive, according to the report. Citing remarkably consistent scientific data on the effects of small children's exposure to environmental tobacco smoke, the committee concluded it would be prudent to eliminate smoking from their environment.



Children of smoking parents suffer pneumonia, bronchitis and other

lower-respiratory-tract infections up to twice as often during the first

year of life as do children of non-smokers. Furthermore, non-smoking women married to smokers may be more likely to have smaller babies than non-smoking women married to non-smokers.

Although the evidence on health risks to adults is less conclusive, cumulative data from studies conducted throughout the world show that the spouse of a smoker has about a 30 percent increased risk for lung cancer, the committee found.

On the subject of passive smoking at work, one of the report's authors, University of Texas epidemiologist Patricia Buffler, said, "There is no reason to believe that someone who sits next to a smoker at work eight hours a day is at less risk than someone who lives with a smoker . . . but our studies were based on home exposure, not office exposure."

### At the movies

#### Presidio Theatre

Fri, Feb. 27	The Morning After (R)	7 p.m.
Sat, Feb. 28	Crocodile Dundee (PG-13)	7 p.m.
Sun, March 1	Crocodile Dundee (PG-13)	7 p.m.
Mon, March 2	Crocodile Dundee (PG-13)	7 p.m.
Tue, March 3	Crocodile Dundee (PG-13)	7 p.m.
Wed, March 4	Brighton Beach Memoirs (PG-13)	7 p.m.
Thu, March 5	Assassination (PG-13)	7 p.m.

#### Schwartz Theater

Fri, March 6	Assassination (PG-13)	7 p.m.
Mon, March 2	The Morning After (R)	7 p.m.
Wed, March 4	Crocodile Dundee (PG-13)	7 p.m.
Thu, March 5	Brighton Beach Memoirs (PG-13)	7 p.m.

#### Hamilton Theater

Fri, Feb. 27	Shanghai Surprise (PG-13)	7 p.m.
Sat, Feb. 28	D.A.R.Y.L. (Pg-13)	1 p.m.
Sat, Feb. 28	Down and Out in Beverly Hills (R)	7 p.m.

Hamilton March movie schedule not available at press time.



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# Community Calendar

## Art auction

The Letterman Auxiliary and Presidio Officers' Wives Club are jointly hosting an art exhibition and auction at the Presidio Officers' Club tonight.

Original graphics, oils and watercolors by international award-winning artists such as Hinte, Kelly, School of Paris artists and world-famous masters such as Dali, Picasso, Miro and Chagall will be featured.

The exhibition starts at 6 p.m. with wine-tasting, hors d'oeuvres and a no-host bar. The auction will begin at 8 p.m.

Admission is free to all military and civilian employees, families and friends. Major credit cards will be accepted. All proceeds go to the Presidio welfare committees.

## YA baseball

Presidio youths, ages 5 to 18, can sign up for baseball starting today, from 4 to 6 p.m.; tomorrow, from 10 a.m. to 1 p.m.; Monday from 4 to 6 p.m.; and March 6 from 4 to 6 p.m. at the Youth Activities Office in bldg. 1331.

There is a T-ball program and competitive baseball is offered for older kids.

The registration fee is \$15 and family discounts are available. Parents should bring proof of the child's age when registering. The sign-up deadline is March 13.

For more information, call Youth Activities at 561-5143 or 561-5910.



## Shukriya

Shukriya teaches bellydancing at the Golden Gate Community Club, bldg. 135, at 4:30 p.m. on Wednesdays. The classes cost only \$25 a month. For more information, call 561-2000.

## Driver's license

"We are asking that supervisors ensure both civilian and military personnel are familiar with TM 38-600 chapter 6, before they come to transportation to get an operator's identification card," said Richard L. Hosking, chief of the Transport Branch.

Units also must train their people before sending them for their driver's test. For more information on procedure, call Dick Emswiler, Driver Testing Section, at 561-4710.

## Bus schedules

Shuttle bus schedules for Forts Baker and Barry will change as of Monday, according to Richard L. Hosking, chief of the Transport Branch.

"We are changing the schedule to provide better service to military and authorized riders. You can request a schedule from your bus driver or call 561-2505 or 561-3533," Hosking said.

## Americal convention

AttenHUT World War II and Vietnam veterans!

The 23rd Infantry Division (Americal) World War II and Vietnam veterans will hold a convention in Reno, Nev., from June 19 through 21 during the Western Days celebration.

Anyone assigned to the Americal (World War II) Task Force Oregon or 23rd Infantry Division (Vietnam) are welcome, especially Vietnam vets.

For more information, call Lloyd J. Morrell at 933-2188.

# ...the write stuff...

by Ted Weller

That is it folks!!

No, it was not the hand-carried fluorescent ditty bags or even the camouflage equipment sacks...

It is the backpacks, first camouflage, then dark solid colors and now the baby blue, red and pink...yes, PINK...packs that have sprung from whatever lapse of a soldier's memory, that have stretched the blatant disregard for the proper appearance of a soldier in uniform to the limit.

If a soldier cannot carry personal belongings in the approved accessories, then the soldier should limit the amount of personal belongings carried!

I challenge any soldier on this installation to find...in any regulation, policy, or whatever...the authority that allows the carrying of backpacks on one's shoulder! HINT: It is not in Chapter 30, AR 670-1!

Enough of the soapbox, but....

Spring is here...or at least the trade fairs think it is...beginning at noon today in Brooks Hall, Civic Center, the Great Outdoors Adventure Fair will feature backpacking, mountain climbing, white-water rafting and other equipment for your perusal as well as "How-to" workshops, active-wear fashion shows and hands-on demonstrations until 9 tonight. The Fair will also be open 10 a.m. to 6 p.m. tomorrow and 10 a.m. until 4 p.m. on Sunday. Admission is \$7 with children under 12 admitted for FREE.

Tonight at the San Francisco Conservatory is the final performance of Baroque Week featuring student, Gideon Meir performing works by Byrd, Sweelinck, Louis Couperin and Bach. That is tonight at 8 in Hellman Hall, 19th Avenue and Ortega Street.

The Bay Area Women's Philharmonic Orchestra will perform tomorrow at 8 p.m. in the First Congregational Church, Post and Mason Streets. This orchestra, in its sixth season, is the only orchestra of its kind in the United States. Tomorrow's selections, conducted by JoAnn Falletta includes Libby Larsen's "In a Winter Garden," Peggy Gianville-Hicks and Stravinsky.

This is the final week of The Cutting Edge: An Exhibition of Relief Prints by Members of the California Society of Printmakers sponsored by The School of Creative Arts at San Francisco State University. It will be in the Art Department Gallery, Room 201 on Holloway Avenue. Exhibit is open from noon to 4 p.m. weekdays until next Friday. Admission is FREE.

This is your chance to see the great exhibits in the Fine Arts Museums of San Francisco; M. H. DeYoung Asian Art Museum and the Palace of the Legion of Honor. On the first Wednesday of each month, each of the museums opens its doors for FREE...yes, FREE from 10 a.m. until 5 p.m. Don't miss this opportunity to see some of the world's finest pieces of art.

The Lowie Museum of Anthropology at the University of California, Berkeley is OPEN FOR FREE each Thursday from 10 a.m. until 4:30 p.m. The current featured exhibit, "Turning Leaves: Family Albums of Two Japanese American Families" will be on display until June. Call 642-3681 for more information.

This Week in Presidio's History: March 1847—Elements of the 1st New York Volunteers commanded by Col. Jonathan D. Stevenson arrive

in San Francisco. Companies H and K commanded by Brevet Maj. James F. Hardie (1st Lt., 3rd Arty) move into the eroding buildings of the presidial enclosure. Hardie becomes the first American commander of the Presidio of San Francisco.

February 1854—Maj. Gen. John E. Wool arrives late in the month to assume command of the Department of the Pacific (consisting of all the territory west of the Rocky Mountains, except Utah and New Mexico) with headquarters in San Francisco. Under Wool's command, the first permanent structure built by the U.S. Army on the Presidio, Wright Army Hospital, is completed along with two barracks for companies of the 3rd Artillery. Wool also ordered additional guns to be brought from Monterey and placed on the bluffs overlooking the bay's entrance and on Alcatraz Island to bolster the harbor defenses.

Feb. 27, 1915—Lt. Col. F. G. Mauldin, Coast Artillery Corps, assumes command of the Presidio. March 1, 1935—The Hamilton Field Station Complement assumes responsibility for Hamilton Field, replacing the 70th Service Squadron.

March 1, 1946—The Western Defense Command is deactivated and all personnel are transferred to the newly reorganized Sixth Army. March 1, 1954—Lt. Gen. Willard G. Wyman assumes command of the Sixth U.S. Army and the Presidio.

• • • • •

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# Sports

## One...two...three... get fit!

story and photo by Pleasant Lindsey

"...One, two, three, four...Two, two, three, four...Are you with me?...Two, three, four..." Yes, that's the sound of Presidians getting in shape. But this isn't the average physical training class. This class is set to music and the exercises are choreographed to the beat of the latest top 40s hits. This is Sonia Westphal's aerobics class.

The class meets during the lunch hour and again in the evenings in Gym No. 1. The participants gather on racquetball court No. 2 where they stretch, jump, run in place and virtually dance their way to healthier bodies.

Aerobic exercises apparently are fun, but they require a certain amount of dedication. When people call it a "workout" they are being realistic. Aerobics make you sweat when performed properly.

"The object of these exercises is to get the participants to burn fat while strengthening their heart," Westphal said. "The exercise period begins slowly and builds. That's one of the reasons we use music; we can start with slow music to perform the warm-up exercises and gradually build the tempo to a fast beat for the aerobics."

The class reverses the technique to end the exercises. After jumping to the sounds of the Pointer Sisters and Huey Lewis the class performs "cool down" exercises to slower music.

"I always have the class do the cooling down exercises because no one wants to return to work feeling tense and jumpy," Westphal explained. "The slower exercises and the softer music relaxes the participants."

Don't be misled by the musical portion of the program—the music is not for entertainment. The participants exercise to the beat of a number of up-tempo songs. Westphal said the music provides a steady beat or pace for the class to work with and it provides a necessary distraction.

"The music keeps the class from realizing how tired they are getting," she said. "Aerobics only works if you keep up a steady pace."

Westphal said anyone who wants to benefit from aerobics should try to perform the exercises with their heart beating steadily at 70 percent of its maximum rate. She said very athletic people may be able to exercise with a faster heart rate; but 70 percent is sufficient for the average person who is trying to burn fat and condition the heart. Exercising at a faster rate tears down muscle and can cause heart problems.

Healthy exercise is why the class pauses between songs to measure their pulses. After exercising to a dance routine to the music of Janet Jackson the class stopped, counted their heartbeat for six seconds, and multiplied the number of beats by 10 to determine their heart beats per minute. Two songs later they did it again. By constantly checking the heart beats per minute, the participants ensure they won't go beyond 70 percent of the maximum heart rate.

Heart rates differ from person to person. Westphal gives the members of her class a chart which shows the approximate heart rate for the average person in a given age group. For instance, her chart shows the average 30-year-old's maximum heart rate to be 190 beats a minute. Seventy percent of 190 would be 132. Therefore, the average 30-year-old's heart rate would be 132 beats per minute while doing aerobic exercises. Westphal's chart lists the average rates of people from 20 to 65 years old.

Regardless of age, aerobics won't help if they aren't performed properly. A major point to remember is the length of time necessary to get an adequate workout.

Westphal said a good workout requires continuous exercise—from 20 to 40 minutes—so the heart will pump continuously at a steady rate. Continuous exercise not only strengthens the heart, it also strengthens the rest of the cardiovascular system.

That's one reason why Westphal's class looks a lot like the music videos seen on television. Leg raises, shoulder shrugs, running in place, varia-



photo by Pleasant Lindsey  
Sonia Westphal leads her aerobics class to the top 40s beat.

tions of dance steps...even push-ups are performed to the pop music beat. And when Westphal calls the cadence, the beat rarely stops.

"I've been coming to this class for two years," said Capt. Marsha Stroup, Judge Advocate General at Letterman Army Medical Center (LAMC). "It's fun, I've lost weight and improved my P.T. score."

Westphal said exercise makes people feel good and develops confidence. A person doesn't have to be super athletic to participate in aerobics.

"Some people have Volkswagen bodies and some have Ferraris," she said. "You work with what you've got." Westphal structures her class to provide a safe atmosphere for the beginner as well as the athlete.

Classes meet 11:30 a.m. to 12:30 p.m., Tuesdays and Thursdays, and 4:30 to 5:30 p.m., Monday through Thursday. For more information, call Gym No. 1 at 561-4120.

## Sports Notes

### Post championship

USAISC (U.S. Army Information Systems Command) captured the 1987 basketball league competition by going undefeated with a 11-0 record. Now that USAISC has finished its games, it is getting ready for the post championship which starts on Monday. The top eight playoff teams have been established.

Though USAISC has locked up the championship win, there are a few more league games to be played by other teams who are still fighting to gain a high final position.

### Game highlights

Last week's action saw USAISC barely win their last two games by defeating DOL (Directorate of Logistics) 41-38. DOL was behind by just five points at halftime.

In the second half, USAISC had a slow start while DOL picked up enough points to tie the score. DOL then played a controlled ball game by passing the ball around to eat up time on the clock and picked their shots.

Their game plan worked until the closing seconds of the game, when DOL turned over the ball to USAISC's Jeffrey Anderson. Anderson took a fast break pass to score two points as he was fouled.

The foul gave him two additional free throws which he made to clinch the game.

The following night USAISC had their perfect record in jeopardy again while playing DPTMSEC (Directorate of Plans, Training Mobilization and Security). DPTMSEC had a 10-point lead at one point in the first half, but that lead dwindled down to three points by the end of the first half.

By the end of the second half, both teams were tied to put the game into overtime.

During overtime, DPTMSEC had four players fouled out—their player/coach Ron Hurlburt had to put himself in the game to make the fifth player on the floor. Both teams played cautiously with few shots taken.

USAISC's Jeffrey Anderson carried his team to a victory by scoring 26 points with the final score 56-52.

In another game that night, Co. B, LAMC, pulled out a squeaker by beating LEC (Law Enforcement Company) in the closing seconds of the game. LEC led by as much as 12 points during the game, but just could not maintain that lead. LEC's loss to Co. B, LAMC eliminated their chances for the playoffs.

### Game results

Team	Win	Loss
USAISC	11	0
864th Engineers	9	1
Sixth U.S. Army	8	3
Co. B, LAMC	6	4
DOL	6	5
DPTMSEC	5	4
Co. A, LAMC	5	5
DLI-SF	5	5
Out of the playoffs:		
LEC	3	8
16th AG (Postal)	2	9
MEPCOM	1	8
DEH	1	10

### Men's, women's softball team

The Presidio Sports Branch will hold an organizational meeting on March 20 at 5 p.m. to formulate the 1987 post-level mens's and women's softball teams.

Coaches and players interested in playing in post-level competition are urged to attend this meeting.

For more information, call Charles Hurd at 561-4131 or 561-5032.

### Tae Kwon Do

Calling all Tae Kwon Do experts!

The Department of the Army is seeking qualified Tae Kwon Do athletes and coaches (men and women). This will determine if the Army has enough experienced competitors to have an All-Army Trial Camp at a later date.

For more information and applications, contact Bob Darling at Gym No. 1, bldg. 63, at 561-4120 or 561-5032.

### Baseball coaches

Youth Activities is looking for baseball coaches for young people, ages 6 to 18.

The coaches' major duties are teaching participants baseball skills, sportsmanship, teamwork, etc., attending all coaches' meetings and certification training, taking part in fund-raisers and award ceremonies, and keeping in close contact with parents and volunteers. The time commitment is flexible and will require six to eight hours a week, March through June.

For more information, contact Maris Norton, Installation Volunteer coordinator, at 561-2442, or visit her in the basement of bldg. 223.





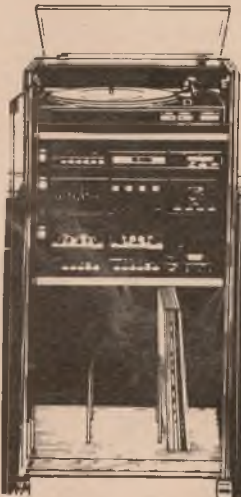
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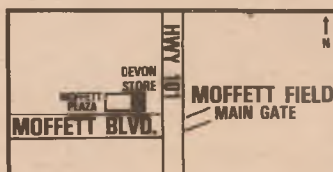


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how the team members  
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**Jeane Redsecker:**  
Presidian wins military  
educators' award, **page 6**



**864th Engineers:** they  
came, they saw, they  
built, **page 7**

# Star Presidian

Vol. 30, No. 9

"Published in the interest of the people of the Presidio of San Francisco."

March 6, 1987

## News Briefs

### Finance closure

The Spring Clean-up fever will hit the Finance and Accounting Office (F&AO) March 24. The F&AO will be closed from 1 to 1:45 p.m. so that finance employees can participate in the Spring Clean-up.

### Women's History Week

Women's History Week, March 8 to 14, gives us the chance to think about all the women in our country's history, famous and not-so famous, who have helped improve our lives.

The Presidio will observe Women's History Week in many ways.

A Women's History Week display will be set up at the Post Library, bldg. 386, from March 8 through 14.

San Francisco Supervisor Willie B. Kennedy will speak at the luncheon honoring Women's History Week at the Presidio Officers' Club March 13 from 11:30 a.m. to 1 p.m. The luncheon cost is \$7 a ticket.

For more information, call Federal Women's Program Manager, Angela Love at the EEO Office at 561-2022 or 561-2035.

### Spring Clean-up

Get out your garden gloves, rakes and shovels! It's time for the annual Presidio Spring Clean-up.

The Spring Clean-up will be held from March 16 to 23. As in the past, housing area residents are required to clean up their own neighborhoods.

Area coordinators are expected to make sure their assigned areas are clean. Residents of Bachelor Enlisted Quarters and Bachelor Officers' Quarters must clean around their buildings.

The post commander has requested soldiers living on post be given time off from normal duty to allow them to clean up their housing areas.

The following is a clean-up schedule for each housing area:

**March 16**—1 to 100 area, 300 area, 700 area and 1500 area;

**March 17**—400 area, 500 area and 800 area;

**March 18**—900 area, 1000 area and 1200 area;

**March 19**—1300 area, 1400 area, 1700 area and 1800 area; and

**March 20**—500 area, Fort Baker; 600 area, Fort Baker; 800 area, Fort Baker; Fort Barry and Fort Mason.

### Army Days

Get ready for more excitement as Army Days 1987 comes back to the Presidio. Beginning April 2 through 5, there will be displays, **please see page 3**



Supervisor Willie B. Kennedy briefly looks up from her Board of Supervisors meeting agenda.

## Supe to speak at PSF lunch

story and photo by Liz Greeley

**O**n March 13, San Francisco Supervisor Willie B. Kennedy will address the Women's History Week Luncheon at the Presidio Officers' Club from 11:30 a.m. to 1 p.m.

Tickets for the event are still available for \$7, and the entire Presidio community, men and women, is encouraged to attend. This will be Supervisor Kennedy's first speech to a Presidio audience...and one which should prove well worth the price of admission.

The first thing one might notice about Supervisor Kennedy is her voice—her rich, resonant voice which might remind you of another politician—Barbara Jordan of Texas. Like Jordan, one senses a scalpel-sharp mind in Kennedy, and, like Jordan, one immediately senses that *here* is a force to be reckoned with...a woman for whom the words "intelligent" and "articulate" simply do not do justice.

However, justice is one of Kennedy's concerns. She is concerned with justice for women...women who work...women who want to get ahead in their

**please see page 3**

## Sixth Army to honor combat medics

Tomorrow Brig. Gen. Patrick H. Brady, First U.S. Army Chief of Staff and Medal of Honor recipient, will be keynote speaker at a Medal of Honor Hall dedication on post at 1:30 p.m.

The hall in bldg. 35, on Keyes Avenue, will honor 49 Medical Department Medal of Honor recipients such as Brady.

Sixth U.S. Army Chief of Staff Brig. Gen. Walter J. Bickston set the project in motion which honors medical personnel.

"The Army Medical Department is near and dear to my heart," Bickston said. "If it wasn't for the Army Medical Department soldiers, I wouldn't be alive today."

Bickston was seriously wounded in combat during the Vietnam War—quick combat medics saved his life.

Combat medics and people like Brady saved a lot of soldiers' lives in Vietnam.

Brady received the Medal of Honor, the country's highest award for heroism for action on Jan. 6, 1968, while he was a helicopter ambulance pilot in Vietnam. In spite of heavy fire, he evacuated 51 seriously wounded men—many of whom might have died without immediate medical attention.

"I actually had worse days than that one," Brady said. "There were days when I lost more aircraft and carried more patients. The missions we were on that day weren't that much different than a typical day over there."

**please see page 3**



photo by Pleasant Lindsey

This partially completed painting will be part of a wall honoring Medical Department Medal of Honor recipients which will be dedicated tomorrow.



# Opinions

## Civilians—show you're part of the Presidio!

by Liz Greeley

I remember the last time I read "Building occupants will police the area around their buildings..." I thought, "Hmmm, that means the soldiers will be out of the office..."

I don't recall ever having seen soldiers and DA civilians picking up around a building together.

Why? Because civilians automatically conclude directives of that sort "don't mean me." Especially directives which have something to do with manual labor. Some of us just automatically assume that is what soldiers are for—tacky but true.

Again, why? Aren't DA civilians "building occupants" too? Of course they are. Partly, I think it is because many Presidio civilians don't think of themselves as part of the Presidio community and some even feel forgotten. Perhaps we stress the Presidio military community too much at times...to the point that DA civilians assume "Presidio community" means soldiers and their family members. But that just isn't the case.

A community is a social group of any size whose people live (or work) in a specific place (the Presidio), share a government (the chain of command)



and have a common cultural and historical heritage (the Presidio culture and history). (Yes, I looked it up in the dictionary.)

Civilians are part of the Presidio community, but I guess we forget. As

part of this community, we have responsibilities to it that go beyond doing our jobs.

But what I am really getting at is the Spring Clean-up. "Building occupants" doesn't translate to "just soldiers." It also means DA civilians who work in that building.

Admittedly, no one can force you to help in the clean-up—no one wants to anyway. Like a blood drive, taking part in the clean-up is voluntary—something you do, if you can, as a community member.

Also, it wouldn't hurt to help support our commander. He wants the Presidio to be the best little post in FORSCOM (Forces Command).

I've worked on the Presidio for 12½ years—since June of 1974. When I think about it, it seems to me the post commander puts me to shame. Could it be that he cares more about this post than I do? Even though I've invested part of my life, my aspirations, my dreams while working on the Presidio? If that is true, it would be a sad fact...but I don't think so.

Okay, most of us do care about the Presidio, and we do want it to be the most beautiful post in FORSCOM (In our heart of hearts, don't we think it

is already?). But, well, what would your boss say? Won't he or she want you at work?

Not if your boss is beside you as you pick up around the building. If your section, branch or division chief doesn't come to you about the Spring Clean-up, then go to him or her and suggest it! That's right, be bold! (Gad, there's so little of that going around these days, it would be refreshing!)

Hopefully, your section, branch or division chief will set aside a specific time when every able-bodied person (not soldier, not civilian, but person) in the division (or whatever) will go out and pick up around your building.

Now, I am not saying that you have to get rakes, hedge-clippers and wheelbarrows. Just go out and pick up trash, pull up weeds and put them in the nearest dumpster. See? It's really not so terrible—just neaten up the place a little.

Since the Spring Clean-up is being held from March 16 through 23, you still have time to get the ball rolling.

But aside from the clean-up, I think it's high time we reminded ourselves and the rest of the Presidio that we're Presidians too!

## Ramblin' Sam

How do you define success?"



PFC Tammy Gowen, MP, Law Enforcement Company: "Success is accomplishing your ambitions and realizing all of your goals. Also, money isn't always a measure of success."



SP4 Lisa Ramsdell, clerk typist, 116th Rear Area Operations Center (RAOC), Camp Lawton, Wash.: "Success is doing what you set out to do and accomplishing the goals you set for yourself."



Dr. (Capt.) Harry Walker, veterinary pathologist, Letterman Army Institute of Research (LAIR): "Success comes from within you. If you meet your own goals, do your best and feel you have accomplished your objectives then you are successful."



Chaplain (1st Lt.) Steven Jordan, department of Pastoral Care and Ministry, Letterman Army Medical Center (LAMC): "By being a spirit led, spirit controlled, and spirit empowered child of the most high God; and by living one day at a time and submitting one's self to the Master's will each day."

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careers...women who work hard, yet who are being paid less than janitors in their buildings.

One issue which seems to especially concern Kennedy is pay equity.

"...You have to have more skills to do various things," she said, "and yet those who are janitors make much more money than a woman who has gone to school and prepared herself for upward mobility—that is what pay equity is all about.

Kennedy said she would like to see equality—parity—in the workplace. She would like to see people compensated for the skills required, rather than pay based on whether or not the job is traditionally filled by a man or woman. And she is hopeful.

"I think that eventually...eventually it will all come about," she said. Yet she sees past victories as well as today's problems.

"I think women have made *great* strides when you think that at one time they couldn't even

vote—and we have had some great women who fought all through the ages to get various rights for women.

"A woman was just considered a person to take care of the house and children and *that's it*. She had no *brains*, so far as the men were concerned in those days.

"So they've come a long way; it's been a tough fight for women to get where they are today.

And now we've got firefighters, we've got police officers, just *name* it. They're in every industry now that you can name. So, yes, they've come a long way...a *long* way," she said.

Asked if she had a message she would like to pass along to all women, she said she did.

"You are as good as any man or anybody else," she said. "You can *do* whatever you make up your mind to do. You can do it. If you want to be President of the United States, eventually, one day, we will see one. I think a woman ought to aim as high

as she can and then strive to reach that goal because women *can*, and they're on the move. I think we ought to just keep moving.

"It's going to take education along those lines somewhere, so I think she should prepare herself, as well, in order to gain some upward mobility. And be the best she can be, *whatever* she does."

Kennedy added, "My daddy used to tell us that all the time. He said, 'I don't care what type of job it is that you do—do it well.' That was one of the things that he left with us: Do it well, regardless of if it's a janitor, sweeping streets, whatever it is...do it well."

And the strong, rich, resonant voice like a well-tuned symphony instrument turned to more mundane topics.

But whatever the topic, the strong, resonant voice never lost what seemed to be an equally strong ring of conviction and sincerity.

## Combat medics continued from page 1

On that "typical" day, Brady's command thought the weather conditions were too bad, but Brady volunteered to go into enemy-held territory and rescue the wounded men.

That day Brady flew three helicopters, two of them until they couldn't be flown anymore, and he flew three separate missions. On his third mission, he landed in a minefield.

Earlier, Brady had landed his helicopter in a landing zone surrounded by the enemy in order to rescue several wounded men. As he took off, he saw more wounded men in the middle of a minefield.

"I went in," Brady said. "I tried to find a rock

or someplace I was sure there wasn't a mine so I could set it down. I said to my crew, 'Go get 'em' and they jumped out and ran into the minefield. You talk about courage—they never hesitated a bit. They set off a mine, though, and it damaged the aircraft pretty bad. But it was still flyable and we managed to get all the wounded out."

Doubtless, it was the kind of courage shown by Brady and his crew which prompted Bickston to get the ball rolling for a hall honoring such heroism. And he found plenty of willing help.

"The Medical Department Medal of Honor Hall has been a real 'team effort,'" Bickston said. "We felt that these brave men should be honored here

at Sixth Army. It's taken a lot of work and cooperation from other organizations such as the Letterman Army Medical Center, and the Presidio commander and his people. We've had help from as far away as Fort Sam Houston, [Texas]."

After a luncheon at the Presidio Officers' Club, Brady will be the keynote speaker at tomorrow's dedication ceremony and hall opening. Also, the Sixth U.S. Army Band will perform at the event.

For more information, call Tom R. MacKenzie or Allen Kenitzer at Sixth U.S. Army Public Affairs at 561-3660 or 561-3952.

Sixth U.S. Army Public Affairs

## TAKE A BITE OUT OF CRIME

### Shoplifting

by John Flynn

Shoplifters cost us more than \$16 billion each year. Retailers set their prices based on the profit they want to make on sales. Shoplifting "steals" the retailers' profits, so they must raise the price to recover those

profits. Additionally, retailers must spend more money for security measures to curtail shoplifting.

Shoplifting is committed for a variety of reasons. Some people shoplift for a living, taking mostly expensive items for resale. Others do it for the excitement and the challenge, thinking it is impossible they will be caught. This is especially true with adults, as their motive is rarely for significant gain.

At the Presidio, more than 90 percent of shoplifted items are valued at less than \$20. Last quarter, out of all of the larcenies committed on post,

42 percent of them were shoplifting.

Don't think your position or service career will save you from prosecution by the Army and Air Force Exchange Service either. The Military Police have processed a broad spectrum of offenders.

Children fall into a special category of shoplifters, where girl shoplifters outnumber boy shoplifters by four to one. Many children do not understand fully our value system and therefore do not understand the consequences of their actions. Military sponsors are reminded they are responsible for the

actions of all of their family members.

The Post Exchange establishments have fully trained store detectives on duty. All cases are subject to prosecution. Don't shoplift—it's a crime!

### Crime report

- There were two reports of larceny of vehicle hood ornaments.
- There was one report of damage to government property.
- One civilian was apprehended for shoplifting.

# Presidio Ideas team explains program goals

by Pleasant Lindsey

Is there something on post that you consider to be an eyesore? Do you have a suggestion which might make the post's services more efficient, or an idea which could benefit Presidio family life? If the answer to any of these questions is "yes," then the Ideas of Excellence program is for you.

The program is a team effort which takes ideas from people to energize the community and promote innovation at the Presidio. Ideas can suggest ways to improve customer service, productivity or the quality of life.

The Ideas Program is a new function of the Directorate of Resource Management (DRM). However, brainstorming and planning for the program has been going on for quite some time.

"This is a viable program that we hope will benefit the Presidio in overall savings, now when we are facing impending budget cuts and in the future," said Lori Hurtado, Ideas Program team member.

The Ideas of Excellence Program is designed to help achieve that goal for the Presidio.

The Ideas Team includes Capt. David Polonski,

operations officer, Provost Marshal's Office, who serves as the officer in charge of the program; Kathee Jessee, a secretary from the Civilian Personnel Office; and Hurtado, a management analyst with DRM. The program staff wants everyone in the community to submit ideas for improvements.

Each directorate will have Idea Expeditors who will provide information about the program. They also will help participants fill out the Ideas form and encourage others to develop new ideas.

Polonski said the program staff will contact the participants within 72 hours after their ideas have been submitted. The program is designed to efficiently research, evaluate and process the idea within two weeks of receiving the Idea form.

There are plenty of forms available and collection points for the Ideas forms are located all over the post. The mayors in the housing areas also are helping the program and 12 customer service locations on the post have additional collection boxes.

"If the idea can be implemented right away, it will be," Polonski said. "We plan to process the

idea and make a final decision within 15 working days."

Hurtado added, "Ideas requiring further evaluation beyond local capabilities will, of course, be closely monitored by our office."

Polonski said that the program goals are to avoid bureaucratic traps and work to eliminate eyesores, cut costs and promote beautification of the post.

"We want the program to help all Presidians and make the Presidio a better place," said Jessee, also a Presidio mayor. "Much of the Presidio is service-oriented and we want to be more responsive to the customer's needs. We have made several improvements to our customer service areas but we feel that there is a great deal more that can be done."

Ideas must come from the Presidio community and some have already been submitted. To get involved in the Ideas of Excellence Program, visit their office in bldg. 220, room 104, or call the Ideas Office at 561-IDEA.

## News briefs continued from page 1

pageants, drill competitions and tours on the Presidio and throughout the Bay Area.

"Sentinels of Freedom," a musical pageant tracing American Army history featuring bands and drill teams, will take place each evening of Army Days 1987 in auditoriums from Cupertino to San Rafael.

Check future issues of the *Star Presidian* for more information on this and other Army Days 1987 events.

## GGNRA hearing

The National Park Service will hold a public hearing on March 26 at 7:30 p.m. in bldg. 201, Fort Mason. The hearing will concern proposed new construction of a branch exchange convenience store and two sets of enlisted men's barracks planned for the Presidio.

## Tax Hotline

Need help with your tax forms? Contact your unit tax advisor or call the Tax Hotline: 561-2TAX for free help.



## Presidio of San Francisco Officers' CLUB

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# Korean language student takes SOM contest

story and photo by Debbie Robinson

Hard worker, super-achiever, perfectionist; these are all words that could describe February's Soldier of the Month. Another description of her would be down-to-earth.

PFC Mary Ellen Spera, a Korean-language student at the Defense Language Institute-San Francisco can boast one of the highest averages in her class, yet she's far from boastful. Instead, she reflects an awe for the difficulty and uniqueness of the Korean language.

Spera comes from Waterford, Conn., where she worked as an administrator for Westinghouse's nuclear power division before she joined the Army. Adapting to the Army's schedule during basic training was nothing new for Spera; she said she worked more than 100 hours a week when she was a civilian.

"I worked 12-hour shifts at Westinghouse, seven days a week. I also worked four hours, five nights a week at Sears. I used to own my own house, but I sold it to my brother when I joined the Army," she explains.

The Army seems to have widened her chances for success, according to Spera, who said she heard a commercial advertising how you can learn a language in the Army, so she decided to try it out.

"I'd always had a facility for accents and languages. I took Spanish and Latin in high school," she said.

Studying for the Soldier of the



PFC Mary E. Spera, February Soldier of the Month, writes some basic Korean figures on the board.

Month board was "something else to study besides Korean" for Spera. She said she spends six hours a day in class so studying for the board was like a break.

"I had a friend who I helped study for the board. After awhile, I kept asking him questions and he finally

said, 'If you know it so well, why don't you go for it?'

"So then it was just a matter of sitting down and learning the details. I also got a lot of help from the cadre, my classmates and, especially, my first sergeant," Spera said.

"We've all become like a family,

anyway. Some days we bicker and the next we make up. The people are really good here," she said.

Spera said she likes the Army and hopes to make a career of it. She also said she plans to continue going for the Soldier of the Month boards when she gets to Goodfellow Air Force Base, Texas, where she'll be training in her Military Occupational Specialty (MOS) (Intelligence Analyst) for another 18 weeks.

"My first choice when coming in was Chinese Mandarin, because I knew that Westinghouse was talking about starting to deal with the Chinese, but I got Korean instead. That's still good. I want to keep up with the language, continue my education and learn as much about nuclear power as I can," Spera said.

If it seems Spera is on her toes, your thoughts would be confirmed by her first sergeant, 1st Sgt. Richard E. Young. According to Young, Spera is an outstanding soldier and student.

Young said Spera is a member of the Human Relations Committee and helps organize social events for other students in the company.

Young added Spera will be promoted to specialist four soon. She was one of two soldiers chosen because of her outstanding conduct and potential, he said.

Well, life goes on for Spera, digging into her classes and studies until she graduates in May. But what lies ahead is sure to include more of the challenges on which she seems to thrive.

## Education leader wins award for helping soldiers

story and photo by Pleasant Lindsey

A Presidio woman was honored by a state association in February for supporting educational excellence among Presidio troops and family members.

Jeane Redsecker, deputy director of the Army Education Center, bldg. 1216, was given the John Brian Service and Leadership award at a meeting of the California Colleges and Military Educators' Association (CCMEA) in Sacramento, Calif.

Redsecker, an Education Services specialist, said the award came as a surprise to her.

"CCMEA holds a conference each year," Redsecker said. "I went to Sacramento to attend the meetings and I got a surprise package." She said she hasn't attended the conference every year because the location changes yearly. But she has been active in the CCMEA since 1979.

"I have served on various committees and held an office in the organization; the award was presented for service to CCMEA," she said.

The award only goes to employees of the Armed Forces who are directly involved with the delivery of voluntary education programs on any military post or base in California. Anyone considered for the award must be nominated in writing by his or her commanding officer or department head.

Redsecker said the John Brian award cannot be presented to anyone who is not connected to the military, but added that CCMEA does have a separate award for civilians who have contributed to educating the

military. Also, nominees for the award must have attended two of the last three conferences.

Though the award surprised Redsecker, she met the criteria for the award. CCMEA limits the award to those who have worked at least two years as an education specialist, education counselor, education technician or education services officer. The job must have been held at the field office level. Of her 17 years in federal service, 16 of them have been spent in the military education field.

"After I received my master's degree in educational psychology, I took a federal service test because I was interested in working for the government," Redsecker said. "I was offered a job as a management intern at Fort Ord, Calif." It was a two-year training program for a manager in military education and gave Redsecker a chance to come to California from Indiana.

"The position was in the education field and I wanted to come to California; but there was a teaching glut here, so the chances of working in the school system were slim," she said.

"It's been an eye-opening experience for me to see the opportunities for education that the military offers," she added. Redsecker has been a counselor, a coordinator for college programs and, since October, the deputy director of the Education Center.

After getting started at Ford Ord, Redsecker worked at Fort MacArthur, Calif., the Presidio, and worked



Jeane Redsecker discusses schedules and operations with an education counselor.

as an Equal Employment Opportunity counselor at the Naval Air Station in Alameda, Calif. She said that job proved to be stressful. So when an opening developed at the Presidio she jumped at the chance to come back. She returned here for a third time after a three-year tour in Germany.

"I think it's really good to move around from time to time; not stay in one place for a long time," Redsecker said. "It's too easy to get into a stagnant routine, even in a professional environment. Most of our staff has been overseas at least once, and that is good for the center and the soldiers we serve." She said travel gives people a chance to learn new ideas

and see different ways of doing things.

Redsecker said California is still her favorite place to live. Although her career isn't exactly what she thought it would be in the beginning, she said that things have worked out in her favor.

"My career has developed into something I enjoy," she said. "I feel my career contributes—not just to the Army—but also to people, individuals. Anyone who improves their education will benefit from it in the long run and so will the Army."

"It feels good to help someone reach their educational goals."



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# 864th—they came, they saw, they built

by Lee W. Wymer

Palmerola Air Base, Honduras—The First Platoon of Company D, 864th Engineer Battalion, recently returned from a 60-day deployment for training exercise in the Republic of Honduras, Central America. The "Delta Dawgs" mission while in Honduras was to perform a variety of construction projects. These included constructing 12 vertical concrete towers at Palmerola Air Base, upgrading a technical facility, relocating two portable steel-frame Air Force hangars, rewiring over 43 CAT-huts (Central America Tropical-Huts) and providing high-voltage power support.

SSgt. Harry Hentschke, Squad Leader of first squad, was responsible for the vertical concrete work. His squad received valuable training in formwork fabrication, building reinforcing steel sections and, of course, the placement of concrete to a height of 20 feet. The first squad placed over 50 cubic yards of vertical concrete during the deployment.

Second squad spent a majority of their time at technical facilities located on and near Palmerola Air Base. They built three wood-framed, 16 by 32 foot CAT-huts. Two of these were connected together by one corridor, which greatly improved a military police operation.

Earthmovers augmented the squad of carpenters and built a new two-mile road. They also constructed generator and fuel berms. PFC Daniel "Rock" Link, D-7 bulldozer operator, was primarily responsible in spearheading the construction of the new road. Second squad significantly improved the living environment of several Military Police and Air Force personnel.

After returning from the technical facility, se-

cond squad disassembled and reassembled two (90 by 160 foot) steel-framed portable Air Force hangars. SP4 Robert Bollis, electrician, and SP4 John Kerner, carpenter, can tell you that this project was labor intensive. Sgt. Todd Erickson, Assistant Squad Leader, and the rest of second squad picked up and removed more than 3,000 panels of perforated steel placemat—used for runways.

SP4 Curtis Gibbons, Interior Electrician Section Leader, and three other electricians headed up the platoon interior electrician section. Over a 45-day period, the electricians rewired more than 43 CAT-huts; that translates into 1.37 miles of electrical wire, 430 outlets, 86 switches and 258 fluorescent lights, according to SP4 Edgar J. Garman, electrician. This was an extremely valuable training experience for the Delta electricians.

Morale of the soldiers was a primary concern, especially over the Christmas and New Year holidays. The soldiers had the opportunity to see other areas of Honduras. The soldiers took advantage of trips to Tela Beach (on the Caribbean Coast of Honduras) and Lake Yojoa (probably the best bass fishing in Central America). Tela Beach had to be one of the nicest and most relaxing of the trips.

While deployed in Honduras, the "Dawgs" lived in an austere and rough environment. The existing living conditions included outhouses, no running water and cold-shower facilities. Water had to be pumped into 250 gallon rubber blivets (tanks) for shower and sink facilities. By the time the Dawgs left, the platoon area had a new brick barbecue, several pieces of hand-made patio furniture (made by Sgt. Ronald A. Johnson, crane

operator), hot-water showers, freshly planted palm trees, new sidewalks and a private telephone booth. Company C, 864th Engineers from Fort Lewis, Wash., deeply appreciates the Dawg's home improvements.

The Dawgs left Honduras with a highly distinguished reputation. They received praises from Col. John A. Fesmire, Joint Task Force-Bravo commander, Lt. Col. Jess J. Franco, JTF-B engineer and Maj. Gen. Richard S. Kem, commander, U.S. Army Engineer School. The Dawgs returned home with their heads held high after another successful deployment. The engineer work in Honduras is at the cutting edge throughout the U.S. Army Corps of Engineers worldwide.

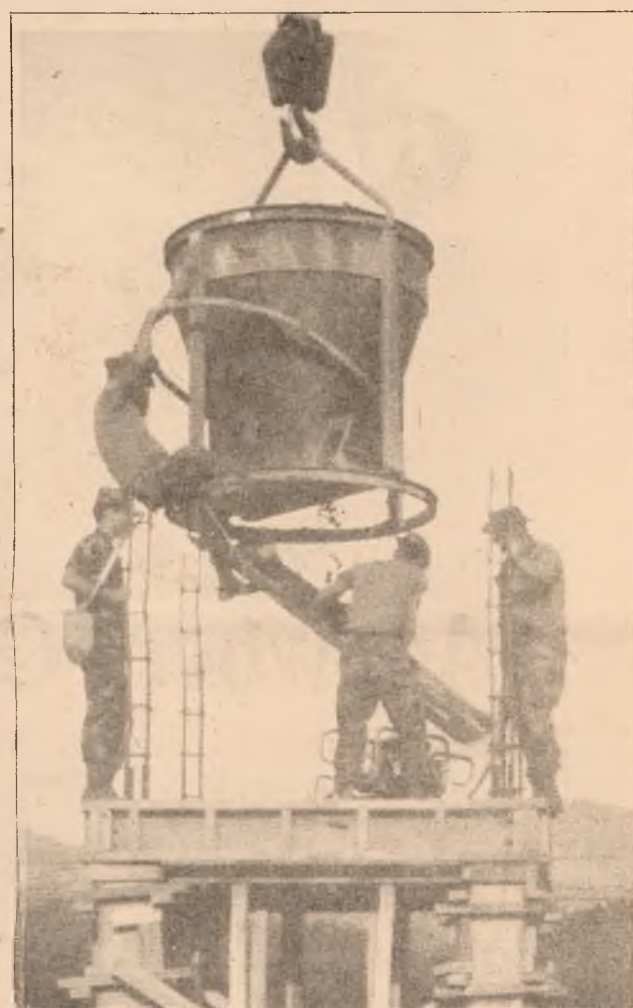
Now the Delta Dawgs can say, "We own a piece of it."

(This article was written by Capt. Lee W. Wymer, 864th Engineer Battalion Task Force commander. He has remained in Honduras as the Task Force commander for the next two months with Company C, 864th Engineers. Capt. Wymer will return to the Presidio next month.)

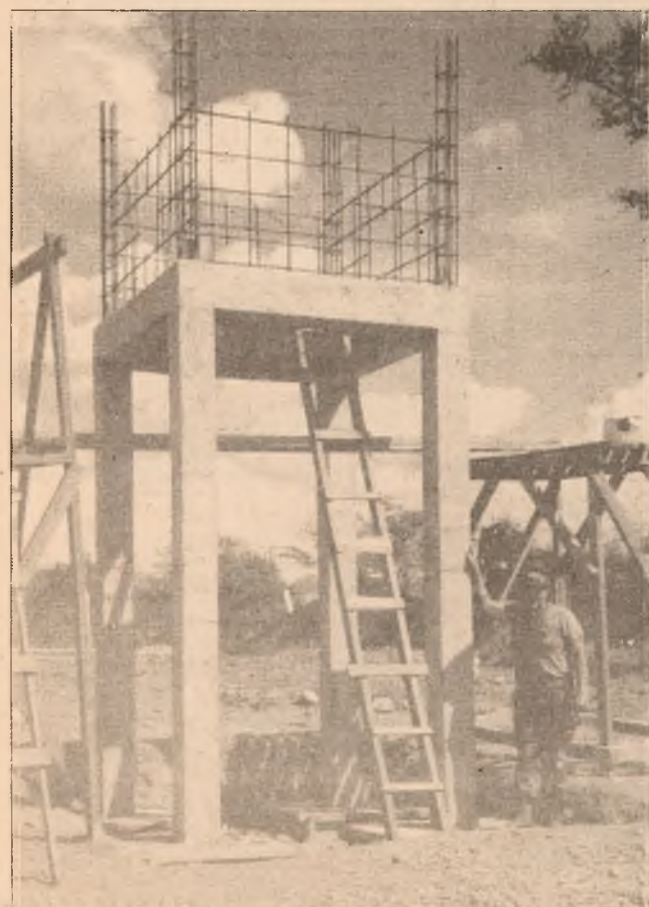


PFC Richard L. Hennessy puts the final touches on the base of a tower.

photos by Michael Manley



First squad pours for effect.

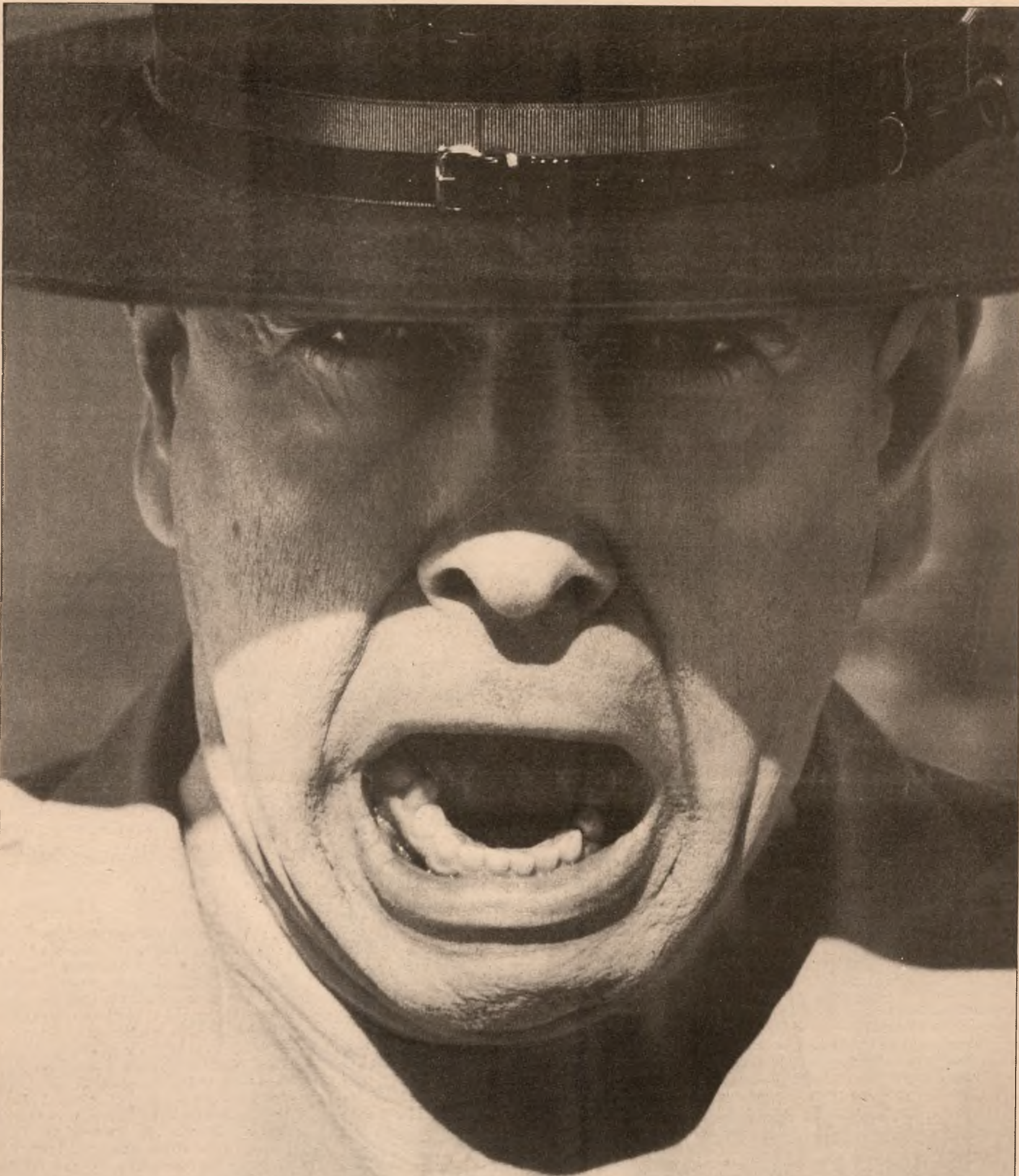


SSgt. Harry Hentschke models one of the six towers built by his squad.



PFC Jerone Hayes frames a tower with a reinforcing bar.





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# Community Calendar

## Ski trips

Now that snow has finally fallen at Lake Tahoe, it's time to go skiing with Outdoor Recreation. There are two more trips left in the 1987 ski season.

Trip No. 6 is scheduled for March 27 through 29; the sign-up deadline is **Thursday**. Trip No. 7 is set for April 10 through 12; the sign-up deadline is **March 26**.

The cost is \$70 per person including ski equipment rental, or \$60 per person for those with their own equipment or who do not wish to ski. The price includes round-trip transportation and two nights' lodging (based on double occupancy).

The bus leaves Outdoor Recreation, bldg. 92, at 4:30 p.m. Fridays and returns about 10:30 p.m. Sundays.

A \$30 deposit holds a space on any trip. The balance is due before the sign-up deadline. You can get a full refund for cancellation before the sign-up deadline.

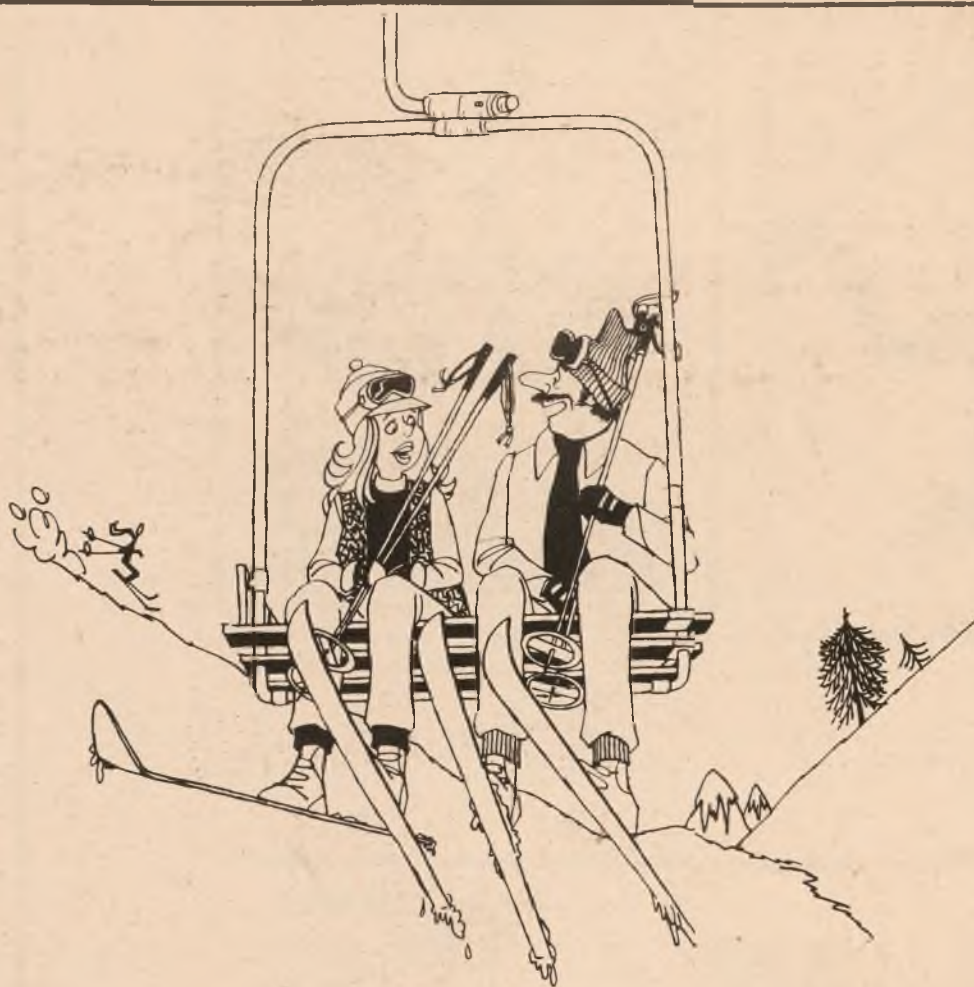
To be eligible, you must be active duty, retired military, a family member (family members younger than 18 must be accompanied and supervised by an adult), a reservist or Department of Defense civilian.

For more information, call 561-4356 or 561-4323, or sign up at Outdoor Recreation. Sign up now, because space is limited.

## Seal viewing

If you enjoy the outdoors and observing wildlife, the Recreation Center, bldg. 135, has a trip for you.

Travel to Ano Nuevo to visit the elephant seals. The trip is scheduled for March 15, leaving at 9 a.m. and returning at 5 p.m. The cost is \$9.



## Jazz dance

Does your child love to dance, but doesn't have an outlet for his or her energy?

Starting tomorrow, Youth Activities will offer jazz dance on Saturdays.

For 4- to 6-year-olds, there will be a pre-jazz class at 9 a.m. Beginning jazz will be offered to 7- to 12-year-olds at 10 a.m. and another beginning

jazz class will be offered to 13- to 18-year-olds at 11 a.m.

All of the classes will be held at the Ballet Studio in bldg. 1390. The monthly registration fee is \$20.

For more information, call Youth Activities at 561-5143 or 561-5910.

## Learn bellydancing

You've heard of dancing yourself into shape, but have you ever considered bellydancing?

Learn bellydancing with Shukriya at the Golden Gate Community Club, bldg. 135. Classes are held every Wednesday at 4:30 p.m. and the cost is \$25 per month. Call 561-2000 for more information.

## Rec Center closure

The Recreation Center in the Golden Gate Community Club, bldg. 135, is now closed on Sundays and Mondays. The hours of operation are: Tuesdays through Friday, 3 to 9 p.m., and Saturday, 1 to 9 p.m.

## Scholarship

In this day of high tuition rates for college students, you need all the help you can get. Apply for a scholarship from the Presidio Officers' Wives' Club (POWC).

Applications are available to family members of active duty soldiers assigned to the Presidio and its subposts. Call Arietta Valenti at 346-1767 for information about how to get an application.

## Golden Gaters

The Golden Gaters will visit the Flying Lady Restaurant and Recreation Area in Morgan Hill this month. The group will enjoy a champagne brunch and tour the aero museum.

Then the group will visit the historic Rosicrucian Egyptian Museum in San Jose. The trip is scheduled for March 22. A bus will leave the Presidio Officers' Club at 8:30 a.m., and the Oakland Army Base Flagpole at 9 a.m.

Make your reservations before March 16 by calling Pat at the Presidio Post Chapel at 561-4239. Tickets are \$11 for the brunch, \$2 for the bus, and \$2 for the Rosicrucian Egyptian Museum.

# ...the write stuff...

by Ted Weller

Once again the wonderful drivers of "The City" have found another method to confound, confuse and bewilder those of us that drive in a civilized...defensive...manner. Witness the "laid-back" driver in the left lane MAKING A RIGHT TURN...oblivious to those in the right lane who didn't really want to make a turn, much less drive on the sidewalk...if you want to observe this local phenomenon, watch the intersection of Lake and Arguello whenever...and I thought ignoring red lights was the worst...!

**ACRONYMS, LETTER GROUPS, ETC., I HAVE KNOWN CATEGORY:** The latest capital letter group that needs to be known throughout the officer corps is MQS or, for short, Military Qualification Standards. The MQSs will identify the critical tasks required of officers...and will be contained in manuals under the guise of STPs or...Soldier Training Publications. Soon to be found in Army Education Centers everywhere.

**COPY, COPY, but never a machine that works:** With the current problems of keeping electrostatic copy machines up and running, it would be very considerate if activities requiring replies to correspondence attach a courtesy copy with the original request...don't worry the BOOK (regulation) says it is okay to send a manifold copy.

...I know, I know, what is a manifold?...Ask a sergeant!

...Welcome to the great big world, Scott Anthony!...saw a hat in the Post Exchange the other day that was emblazoned with the query, "Where in the H--- is Camp Parks?"...I don't know where it is either, but I do know where Parks Reserve Forces Training Area is...right next to Dublin...! Maybe we need a new acronym, PTA or Parks TA or whatever...

**MUSIC TO REMEMBER BY:** Tonit at the Circle Star Theatre in San Carlos, **Vanill Fudge**, **War** and **Rare Earth** together beginning t 8 p.m. Also tonight at the stone, 412 Broadway beginning at 8 p.m. is **Savory Brown**. Doors open at 7 p.m.

**Arlo Guthrie** will be playing Zierbach Auditorium, U.C. Berkeley on April 9 at p.m.

**Paul Butterfield and the Butterfiq Blues Band** are performing tonight at the 1st Day Saloon, 406 Clement at 5th Avenue and tomorrow night at New George's, 842 4th Street in San Rafael beginning at 9:30 p.m.

**The Largest Cat Show on the West Coast**, featuring over 450 representatives of feline breeds purrs at the Cow Palace tomorrow, 10 a.m. to 5 p.m., and Sunday, 10 a.m. to 6 p.m. Admission is \$5 for adults and children are admitted for \$3.50.

The Bay Area's Biggest and Best Rummage Sale, **The 1987 White Elephant Sale**, will be happening tomorrow, 9 a.m. to 4 p.m. and Sunday, 11 a.m. to 4 p.m. at 265 Hegenberger Road, between the Nimitz Freeway and Oakland Airport. All proceeds will benefit the Oakland Museum.

**The Ikenbono Ikebana Flower Show**...that's Japanese flower arranging for us non-speakers... will be at the San Francisco County Fair building, 9th Avenue and Lincoln Way in Golden Gate Park from 10 a.m. until 4 p.m. tomorrow and Sunday. Admission is FREE.

...Happy 75th Anniversary to the Girl Scouts...

On stage tonight at The lab, 1805 Divisadero, **Diamond Fever**, written and performed by Peter Rose, is a dramatic comedy animating the harrowing and hilarious dynamics of power. Curain is at 8:30; admission is \$5. Call 346-4063 for more information.

...If you think Memorial Day weekends are

tough in "The Southland"...be prepared for the 50th Anniversary of the Golden Gate Bridge, May 24...yes, Martha that is the Saturday in the middle of the three-day weekend traditionally known as, "get out of town, summer is here"...this year, the fun will be at our doorstep!

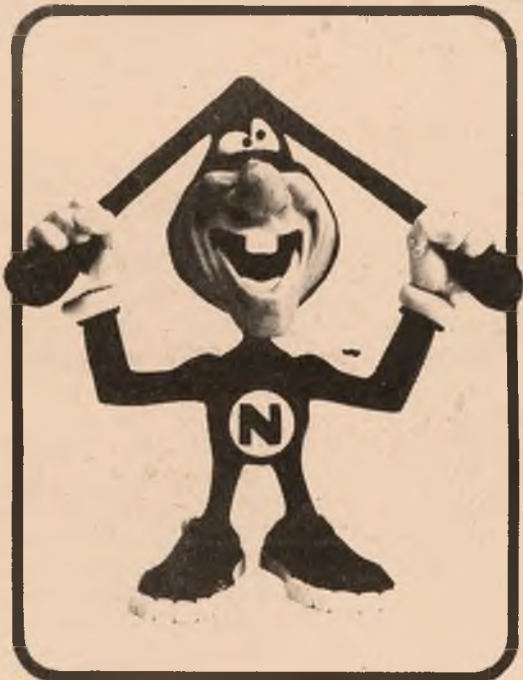
**This Week in Presidio's History:** March 6, 1856—Lt. Horatio G. Gibson, 3rd Artillery assumes command of the Presidio. March 6, 1877—Col. Joseph Roberts, 6th Artillery assumes command. March 10, 1898—The Chief of Engineers, U.S. Army allots \$201,000 for construction of emplacements 12 and 13, Battery Marcus Miller. This was the first Endicott-type battery to be built in San Francisco's defenses. March 8, 1898—The Sixth Artillery Regiment is organized at the Presidio. Also construction of the two center emplacements, Battery Boutelle was authorized.

In early March 1911, elements of the 30th Infantry Regiment commanded by Maj. Gen. Tasker H. Bliss are sent to the Mexican border to provide protection to citizens residing there. March 11, 1947—The U.S. Army celebrates 100 years at the Presidio. March 9, 1959—The 537th Engineer Company (Survey) departs Presidio for its new duty station, Fort Belvoir, Va. During the unit's nine years at Presidio, it managed to survey the Nike sites in the San Francisco Bay Area; Yakima, Washington; the Butte Mountains in Montana and assist with the mapping of Iran.

"There must be, within our Army, a sense of purpose. There must be a willingness to march a little farther, to carry a heavier load, to step out into the dark and the unknown for the safety and well-being of others."—General Creighton Abrams, 1980.



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# Sports



Pvt. 2 Fred Clark, a member of the 864th Engineers' second team, replaces his bolt carrier with a .22 caliber adapter.

## Top guns

### 864th wins team championship

story and photo by Pleasant Lindsey

Two shooters blasted a high score of 39 to outgun a field of 33 contestants and rifle to the top two spots in the marksmanship championships Feb. 18.

Michael Burcham and John Davis placed first and second, respectively, with a score of 39 to beat 31 other contestants in the 1987 Installation Commander's Marksmanship Competition.

The competition was part of the post's training program and the contestants used the M-16 rifle for the course of fire. The match followed the rules found in Army Regulation (AR) 350-6 and Field Manual (FM) 23-9, Change 2.

Though there were a number of ties in the competition, the rankings were computed by comparing individual contestants' scores in three categories. The participants fired in the standing, kneeling and kneeling-supported positions. They also fired in the prone position, but this position was not used to determine tie-breakers.

The match also was scored by teams. As with the pistol matches, the rifle competition combined the scores of team members to make an overall team score. Company D, 864th Engineers took first in the team standings with a score of 167. Headquarters Company was close behind with a 162 total, followed by a second team from 864th with 146 points. The fourth team, the 16th Adjutant General Detachment (Postal), scored 110.

Below are the top 10 individual contestants:

Course of fire: Course "C." (FM 23-9, Change 2)

1. Michael Burcham.....39
2. John Davis.....39
3. Rudolph Martinez.....37
4. Bret Dilts.....37
5. John Krolikowski.....37
6. John Peacock.....35
7. Liberato Presto.....34
8. Floyd Martin.....33
9. Ginger Pierce.....32
10. John Longstreet.....32

## Sports Notes

### Basketball championships

The top eight Presidio teams began bucking heads for the number one spot in the Presidio basketball championship, which started this week.

The semifinals are scheduled to begin Monday at 5:30 p.m. and the finals on Tuesday at 5:30 p.m. All games will be played in Gym No. 1.

In the tournament preliminaries, the March 2 results are:

USAISC (No. 1 seed) vs. Co. B, LAMC, 63-46; Co. A, LAMC vs. DLI-SF, 39-29; Sixth U.S. Army vs. DOL, 56-45; and 864th Engineers (No. 2 seed) vs. DPTMSEC, 60-37.

This is a double-elimination tournament. Come out and cheer your favorite team to victory during the finals which start Tuesday!

### West Point testing

Gym No. 1 will be closed partially Sunday while candidates for the U.S. Military Academy are tested.

The basketball court, weight room and exercise room will be closed until about noon, or whenever the can-

didates finish testing. All other sections of the gym will be open.

For Presidians' convenience, Gym No. 2, bldg. 1152, will be open from 9 a.m. to noon on Sunday.

### Volleyball

The 1987 volleyball season should start competition about March 30. Units or activities which want to enter teams should do so by March 20.

A clinic for coaches, managers, players and officials will be held at 1 p.m. on March 24 at Gym No. 1, bldg. 63.

For more information, call Jim Ragasa, Volleyball Program director, at 561-5328 or the Sports Office at 561-4120.

### Nautilus instruction

The Sports Branch will offer instruction in the Nautilus exercise training program for the adult military community at Gym No. 1 beginning Monday.

These exercise machines allow a person to develop his or her entire

body using the circuit training principles. This develops both muscular strength and endurance.

Classes will be offered on Mondays, Wednesdays and Fridays from 5:30 to 6:30 p.m., and Tuesdays and Thursdays from 11:30 a.m. to 12:30 p.m.

For more information, call Bob Darling at 561-4120 or 561-5032.

### Men's, women's softball team

The Presidio Sports Branch will hold an organizational meeting on March 20 at 5 p.m. to formulate the 198 post-level men's and women's softball teams.

Coaches and players interested in playing in post-level competition are urged to attend this meeting.

For more information, call Charles Hud at 561-4131 or 561-5032.

### Baseball coaches

Youth Activities is looking for baseball coaches for young people, ages 6 to 18.

The coaches' major duties are teaching participants baseball skills,

sportsmanship, teamwork, etc., attending all coaches' meetings and certification training, taking part in fund-raisers and award ceremonies, and keeping in close contact with parents and volunteers. The time commitment is flexible and will require six to eight hours a week, March through June.

For more information, contact Maris Norton, Installation Volunteer coordinator, at 561-2442, or visit her in the basement of bldg. 223.

### Tae Kwon Do

The Department of the Army is seeking qualified Tae Kwon Do athletes and coaches (men and women). This will determine if the Army has enough experienced competitors to have an All-Army Trial Camp at a later date.

For more information and applications, contact Bob Darling at Gym No. 1, bldg. 63, at 561-4120 or 561-5032.

### At the movies

#### Presidio Theatre

Fri, March 6	Assassination (PG-13)	7 p.m.
Sat, March 7	The Bedroom Window (R)	7 p.m.
Sun, March 8	The Bedroom Window (R)	7 p.m.
Mon, March 9	The Bedroom Window (R)	7 p.m.
Tue, March 10	The Mosquito Coast (PG)	7 p.m.
Wed, March 11	The Mosquito Coast (PG)	7 p.m.
Thu, March 12	Wanted: Dead or Alive (R)	7 p.m.
Fri, March 13	Wanted: Dead or Alive (R)	7 p.m.

#### Schwartz Theater

Mon, March 9	Assassination (PG-13)	7 p.m.
Wed, March 11	The Bedroom Window (R)	7 p.m.
Thu, March 12	The Mosquito Coast (PG)	7 p.m.

#### Hamilton Theater

Fri, March 6	Shanghai Surprise (PG-13)	7 p.m.
Sat, March 7	Jungle Book (G)	1 p.m.
Sat, March 7	Down and Out in Beverly Hills (R)	7 p.m.
Wed, March 11	Out of Bounds (R)	7 p.m.
Thu, March 12	Delta Force (R)	7 p.m.
Fri, March 13	Tough Guys (PG)	7 p.m.



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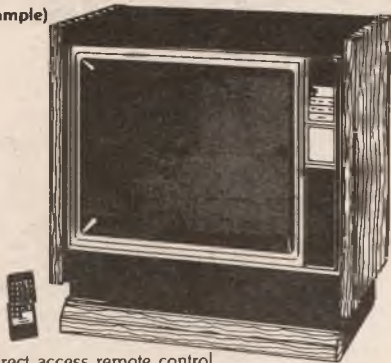
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**Toshiba 20" MTS monitor TV** (example)



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**JVC 4 head VHS VCR** (example)



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**Sharp 100 watt stereo rack**

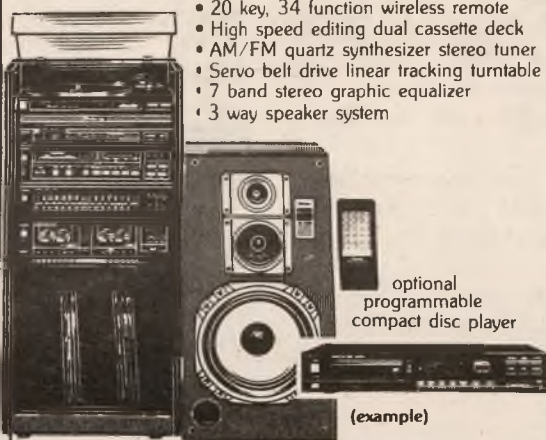
- 14 station preset FM/AM digital synthesized tuner
- Dual cassette deck
- High speed dubbing
- 5 band graphic equalizer



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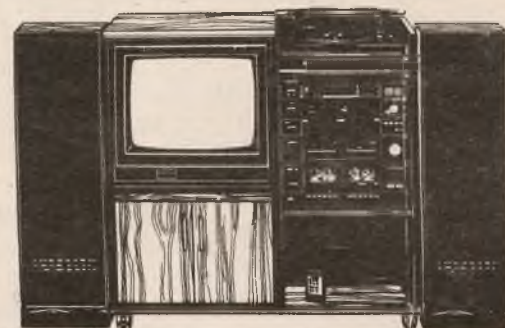
**Technics 110 watt stereo rack**

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- Servo belt drive linear tracking turntable
- 7 band stereo graphic equalizer
- 3 way speaker system



optional programmable compact disc player  
(example)

**Soundesign deluxe audio/video home entertainment center** (example)

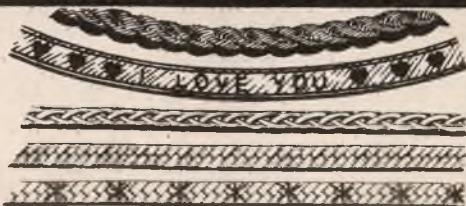


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the program is off and  
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**Promotion:** how to  
survive the board, earn  
the stripe, **page 7**



**Joint STARS:** how  
future wars will  
be fought, **page 11**

# Star Presidian

Vol. 30, No. 10

"Published in the interest of the people of the Presidio of San Francisco."

March 13, 1987

## USAG cook whips competition

story and photo by Pleasant Lindsey

Do you know how to measure a back azimuth? Can you use a M-11 Decontamination Apparatus? These are just two of the questions the contestants in the post's Cook of the Quarter contest were asked Feb. 27.

PFC Jim Clark, cook, Headquarters Company Dining Facility, is the new Cook of the Quarter. The previous winner was from Company D, 864th Engineers Dining Facility. But Clark said he was proud to get the honor for Headquarters Company.

"I feel great," he said. "I really wanted to win this thing."

Clark's efforts were rewarded with a \$60 gift certificate, a savings bond, letter of commendation and a three-day pass. Members of the review board said it is necessary to show the cooks the appreciation they deserve.

"We want to improve the image of our cooks; show them that they are appreciated," said the board president, Maj. William Chadwick, executive officer, Headquarters Command Battalion. He said the board gives the cooks an added objective: "Something more than cooking eggs in the morning. We are also after the training value of this board."

Capt. Richard Thomas, the battalion logistics officer, said the Cook of the Quarter board was developed as a training tool.

"The training was evident at this board," he said. He added that the contestants conducted themselves well, showed that they studied hard for the board, and proved they knew how to do their jobs.

The contest started with a written test. Next, the contestants appeared before the board, one at a

time, to answer questions about general military knowledge, knowledge of their Military Occupational Specialty (MOS) and general knowledge of world affairs.

"We are looking for the whole soldier," Chadwick said.

All questions were scored by a points system and the points were added to the participants' Common Task Training scores, Physical Training test scores and rifle marksmanship scores. They also were judged on appearance and their military bearing.

Chadwick said that soldiers find self-satisfaction with most types of training, but giving them the chance to appear before a board and reach a specific goal shows soldiers that others appreciate their worth.

"Cooks are a big morale factor in any unit," said board member SGM Harry D. Cooke, Food Service supervisor, Sixth U.S. Army. "Food service is the one section that has a direct influence on everyone in the unit and all of their practices must be above par. Soldiers won't be fed without the cooks; these boards give our cooks some of the recognition they deserve."

Clark shared his recognition with others in his unit.

"The people in my chain of command were very supportive," he said. "They backed me all the way."

Besides Chadwick and Cooke, the board members included 1st Sgt. Melvin Johnson of Company D, 864th Engineers; MSgt. Norman Michaud, Post Food Service NCOIC and SGM Anthony Costa of Headquarters Command Battalion.



PFC Jim Clark reports to the Cook of the Quarter board.



photo by Debbie Robinson

## Medal of Honor Hall

Brig. Gen. Patrick H. Brady, a Medal of Honor recipient and Chief of Staff at First U.S. Army, speaks at the Medal of Honor Hall dedication ceremony on March 7.

Sixth U.S. Army dedicated a hall in bldg. 35 to honor 49 U.S. Army Medical Department Medal of Honor recipients, many combat medics.

About 150 people attended the ceremony which included remarks by Brady, a presentation to Brady by Sixth Army Staff Medical Advisor Col. Fred Valenti, viewing the Medal of Honor Hall and music by the Sixth U.S. Army Band.



# Opinions

## Why do Presidians work so darned hard?

by Liz Greeley

During your last 12-hour work-day, did you wonder why you were putting in all that time? You knew the boss probably wouldn't mention the extra hours; you knew no reward awaited you—so why did you do it?

Well, let's consider the possibilities.

**A.** You could be crazy. *Now, now!* In the interest of scientific analysis, we have to consider all the possibilities!

However, I haven't noticed any crazed civil servants or soldiers running around the post in the nearly 13 years I have worked here, so I don't think that is a probability. (Notice I don't say they aren't any...only that I haven't noticed any.) On the other hand, personally I think I'm the exception that proves the rule—should have been locked up years ago on general principle.

**B.** You fear your boss. You could be burning the midnight oil because your boss said—no, promised—that if the report wasn't done on time you'd be strung up by your thumbs

and the flesh flayed from your little body. This kind of "management incentive" is simple, yet effective.

This is a possible reason for extra effort in some cases. I don't think it's what Army Chief of Staff Gen. John A. Wickham Jr. *had in mind* when promoting leadership though.

If this describes your situation, you have my heartfelt sympathy; it's a lousy way to instill subordinate obedience...and I'm afraid such bosses will have to forget subordinate loyalty.

**C.** Ambition and recognition are other possibilities for working extra hard. These are based on the hope that the boss *will* notice your initiative, drive and dedication to the mission.

These are worthy reasons for working harder—you are to be commended, and I hope the boss doesn't let you down.

**D.** The final reason I'll offer for those of you who work harder is your desire to do your job according to high personal standards.

You work harder because you know that someone won't get his or

her promotion on time if you don't. You work some fast and furious hours so a distraught wife can join her husband in Germany a week earlier...and you work a little harder, a little longer because you want the job done *right*.

Maybe your boss would be satisfied with ordinary effort, but you wouldn't. And maybe you feel a little unappreciated, 'But, heck,' you tell yourself, 'I *chose* to work those extra hours...no one made me.'

However, try to remember people don't always realize how much extra trouble you might have gone to for them. Then there are the people who didn't even have a chance to say thanks—but they would have, given the opportunity.

The people who got their promotions on time in spite of your crushing workload may not know how hard you had to work, but they're proud of their new stripe or that new oak leaf. And the wife and children flying to Germany is happily looking forward to being reunited as a family once again.

Besides, the worker who operates

under the principle that a job should be done right, or not at all, probably has developed a reputation for superior performance among colleagues—perhaps inspiring others. And I *have* known people who fit that description.

I think we all would be surprised if we knew how many Presidio workers expend extra effort, or take extra time to make sure the job is done right, and on time.

In fact, I used to know a woman who used to *sneak* back into her office after work so she could finish her towering workload—on time, every time. (Her boss had forbidden her to work overtime because he couldn't pay her.)

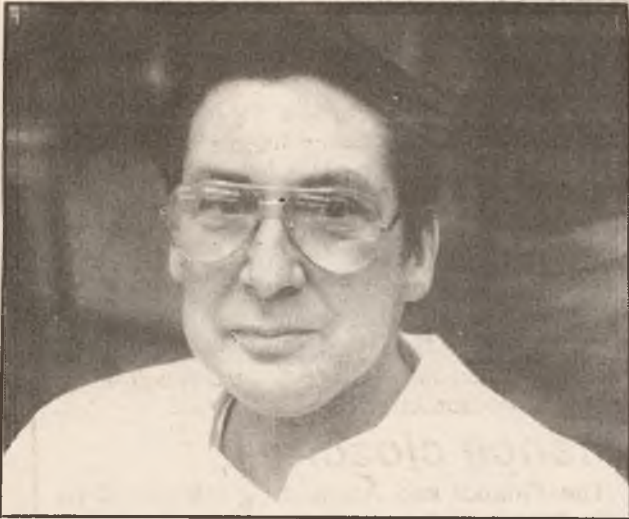
She was an inspiration to me and set an example I'll never forget. She never wasted time moaning that her workload really required three people instead of one—she just continued to march.

To all workers whether military or civilian, who "continue to march"...congratulations.

And if you haven't heard it lately, "Thank you." You deserve it.

## Ramblin' Sam

"What do you think of our country's system of government?"



Warren Smiley, assistant manager, Main Exchange Barber Shop: "Our system of government gives us more freedom of choice and movement than other systems. In some countries the people need special passes to move from place to place."



Barbara Kirk, Logistic Management specialist, Logistic Control Activity: "We have a great system of government. We have individual freedoms that people in other countries don't experience."



SFC James Knight, field recruiter, Richmond Recruiting Station, San Francisco Recruiting Battalion, 6th Recruiting Brigade: "It has worked for over 200 years with very few changes. Anyone who has visited other countries can tell you that no other form of government is as successful as our form."

## Letters to the Editor

Dear Ms. Greeley,

I am submitting the following to you. It is in the form of a complaint and a request.

I am sure you are familiar with the lack of public transportation on the Presidio. Recently, MUNI discontinued the shuttle bus which ran as

far as the Wells Fargo Bank from the front gate. They claimed it cost \$65 a day to run and they could not afford it.

This has caused a hardship on many persons without automobiles, people who cannot walk very well and tourists. Today I just walked with

packages from the Post Exchange to the front gate to board a No. 45 bus.

Recently, I directed a couple of tourists to the Presidio Museum. They asked about a cafe. I directed them to the Cafeteria and had to say I was sorry that they would have to walk back to the front gate as we did

not provide transportation.

I realize there is a No. 29 bus that goes to the post exchange every 30 minutes. That is not adequate service.

My thought is—the No. 43 bus runs a few yards beyond Letterman  
please see page 3

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hospital and turns left. Why couldn't it run perhaps as far as Wells Fargo Bank, then turn left?

I have written to Brig. Gen. [Frederick N.] Bussey and [Walter J.] Bickston—also the manager of MUNI, Mr. Stead.

Thank you for your concern to this matter.

Sincerely,  
Enid Leuthold

Dear Sir:

My wife and I would like to express our appreciation for the services given us at the Presidio Tax Center.

George Seaman, who prepared our tax reports, was most knowledgeable and considerate. We thank you for this fine service and hope it will continue in the future.

Sincerely,  
Name withheld by request

## TAKE A BITE OUT OF CRIME

### Crime's triangle

By John Flynn

For a crime to happen, three factors must be present: desire, a victim and opportunity.

#### Desire

Criminal desire is developed by the reward, either monetary or psychological as in the case of vandalism. We can reduce the criminal's desire by imposing stiff sentences on those who are caught....

#### Victims

It seems as if some people are just asking for trouble. They constantly refuse to heed the warnings of their supervisors or the Military Police (MPs) when told to secure their property.

Unfortunately, some people are unable to care for themselves or aren't always aware they could be robbed—an example of this would be an elderly person. We must all look out for the welfare of these people by helping them secure their property.

#### Opportunity

Secure all property and mark it with your Social Security or driver's license number. More importantly, keep a written record listing all of your property in a safe place. Taking pictures of your property also is a good idea.

If you have signed out government property, make sure that you do a daily inventory checking to see if it's all there and in good condition.

#### Transients

The Provost Marshal's Office would like your help in locating transients whom you suspect are living on the Presidio. If you find a transient, call the MP desk sergeant who will dispatch a patrol to process the offender and release the person at the post boundary.

If, while being processed, the person is found to be mentally unsound, he or she will be released to the San Francisco Police Department.

#### Crime report

- Two people were apprehended for shoplifting.
- One soldier was apprehended for being AWOL (Absent Without Official Leave).
- Three soldiers were apprehended for desertion.
- There was one report of damage to private property.

## Do-It-Yourself Corner

Modern science and technology have surrounded us with a vast assortment of products whose proper function affect our daily lives. Our homes, our automobiles, all our appliances, as well as our hobby and recreational equipment are the result of applied science and technology, and we take it for granted these products always will function properly. Therefore, we are invariably annoyed when a malfunction deprives us of their use and enjoyment.

This annoyance becomes more aggravated when even minor repairs and adjustments are difficult to get, which results in constantly increasing costs. The words "do-it-yourself" have, therefore, become of utmost importance when applied to maintaining and increasing the value, comfort, beauty and performance of practically everything we own or hope to acquire.

This new section of the *Star Presidian* will represent the combined efforts of the DEH (Directorate of Engineering and Housing) staff. This column can provide the "how-to" answers to practically any question about mechanical techniques or crafts.

In this column, the DEH staff will demonstrate that a reader can be motivated with the desire and equipped with the knowledge to "do-it-yourself." With just a few basic tools, readers can gain the confidence to make many repairs and improvements around their homes and the places they work.

The DEH staff invites questions from our readers on problems they may have that don't appear in this column. If the question looks like one that would interest everyone, they will answer it in this column.

Questions should be addressed to the Directorate of Engineering and Housing, Customer Service Section, bldg. 280, Presidio of San Francisco, CA 94129.

So let's put on our work clothes and drag out that rusty old tool box and "do-it-yourself!"

#### Tools

But wait a minute...what about tools for that toolbox?

It is possible to drive a nail by hitting it with a rock, turn a screw by fitting a thin dime into the slot, even crimp a wire splice with your teeth...but who would want to do it that way?

Some people strangely manage to get along without any tools at all—not even a screwdriver or pair of pliers. Apparently, they never break anything, fix anything or make anything.

The facts probably are that they either shell out a lot of dough for handyman repairs or just let everything go to pot and fix things with old string and chewing gum.

Then there's the other extreme...the collectors who buy and bring home every tool that strikes their fancy, even if they don't know for what it's used. They just stash it away in hope that it will come in handy some day. When the time comes, it's unlikely they can dig out the one or two items to do the job.

In this many-sided game, the right place is in the middle. That means owning the tools that meet your particular needs, whether it's a \$25 assortment for the young apartment dweller or a well-fitted shop for the homeowner who can tackle any woodworking or mechanical task.

However, you should take advantage of the versatility of certain tools to serve additional purposes and remember you can rent special tools for one-time use.

But basic tools cost so little, it's silly not to have the ones you'll need—even those that will be used only occasionally.

For minor repairs, this is the minimum assortment of tools suggested for your kit:

Claw hammer, 6-foot rule or tape, putty knife, screw drivers (small and medium), small block plane, scratch awl and slip pliers.

## News Briefs

### Constitution Bicentennial Writing Contest

The National Bicentennial Writing Competition for high school students is being sponsored by the Gannett Company, the Commission on the Bicentennial of the United States Constitution and the American Bar Association. First place is worth \$10,000.

For more information, Presidians should have their students send a postcard to: National Bicentennial Writing Competition, Box 50184, Washington, D.C. 20004-0184 or have them ask their social studies or history teachers.

### Spring clean-up

The post commander has requested soldiers living on post be given time off from normal duty to allow them to clean up their housing areas.

The following is a clean-up schedule for each housing area:

**Monday**—1 to 100 area, 300 area, 700 area and 1500 area;

**Tuesday**—400 area, 500 area and 800 area;

**Wednesday**—900 area, 1000 area and 1200 area;

**Thursday**—1300 area, 1400 area, 1700 area and 1800 area; and

**March 20**—500 area, Fort Baker; 600 area, Fort Baker; 800 area, Fort Baker; Fort Barry and Fort Mason.

### Army Days

Army Days 1987 is just around the corner.

Beginning April 2 through 5, there will be displays, pageants, drill competitions and tours on the Presidio and throughout the Bay Area.

"Sentinels of Freedom," a musical pageant tracing American Army history featuring bands and drill teams will be held each evening of Army Days in auditoriums from Cupertino to San Rafael.

Also there will be disaster relief equipment demonstrations and combat vehicle exhibits at San Francisco's Aquatic Park/Marina Green as well as in other locations throughout the Bay Area. The demonstrations and exhibits will be set up at specific times throughout Army Days.

Check future issues of the *Star Presidian* for more information on Army Days 1987.

### Finance closure

The Finance and Accounting Office will be closed March 24 from 1 to 4:15 p.m., so finance employees can participate in the Spring clean-up.

### Band concert

The Sixth U.S. Army Band will give an outdoor, lunch-time concert Thursday from 11:30 a.m. to 12:30 p.m. in Pershing Square (the flagpole area across from the Officers' Club).

Bandmaster CWO 3 Freddie Vinson Jr. will lead the musicians through selections ranging from jazz and pop tunes to patriotic melodies. It will be an ideal opportunity to relax, enjoy a break at lunch, and hear fine music played by one of the Army's best bands.

### GGNRA hearing

The National Park Service will hold a public hearing on March 26 at 7:30 p.m. in bldg. 201, Fort Mason. The hearing will concern proposed new construction of a branch exchange convenience store and two sets of enlisted men's barracks planned for the Presidio.

All Presidians are encouraged to attend.



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.

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# 1986 last year for some IRA deductions

by Patricia F. Halsey

For your 1986 federal income tax return the old rules regarding IRAs are still in effect. That means any taxpayer who earned compensation is eligible to make contributions to an Individual Retirement Arrangement (IRA). He can then deduct from his taxable income the smaller of: (1) wages, salaries and tips, or (2) contributions to the IRA, up to \$2,000. If the taxpayer is married, files jointly and the spouse does not work, they may contribute up to a total of \$2,250 including the spouse's IRA. (This can be allocated in an array of ratios between the two IRAs.)

Taxpayers have until April 15, 1987, to make contributions to their IRA and still be eligible to deduct it from their 1986 federal income taxes.

**Some military and federally employed taxpayers may be affected by changes in the IRA rules for 1987 tax returns.**

Military taxpayers and federally employed taxpayers may still make IRA contributions. However, the deduction for the IRA contribution is phased out based on Adjusted Gross Income (AGI) for the 1987 federal income tax return. These changes are from the Tax Reform Act of 1986, and these two groups of taxpayers are affected as they are deemed to "participate in an employer's retirement plan..."

The phase-out or reduction in the deductible IRA contribution occurs as follows:

## Your allowable IRA deduction

If your filing status is:	phases out when AGI (Adjusted Gross Income) exceeds:	will be zero when AGI is:
Single, unmarried head of household or qualifying widow(er)	\$25,000	\$35,000
Married, joint return	\$40,000	\$50,000
Married, separate return	\$0	\$10,000

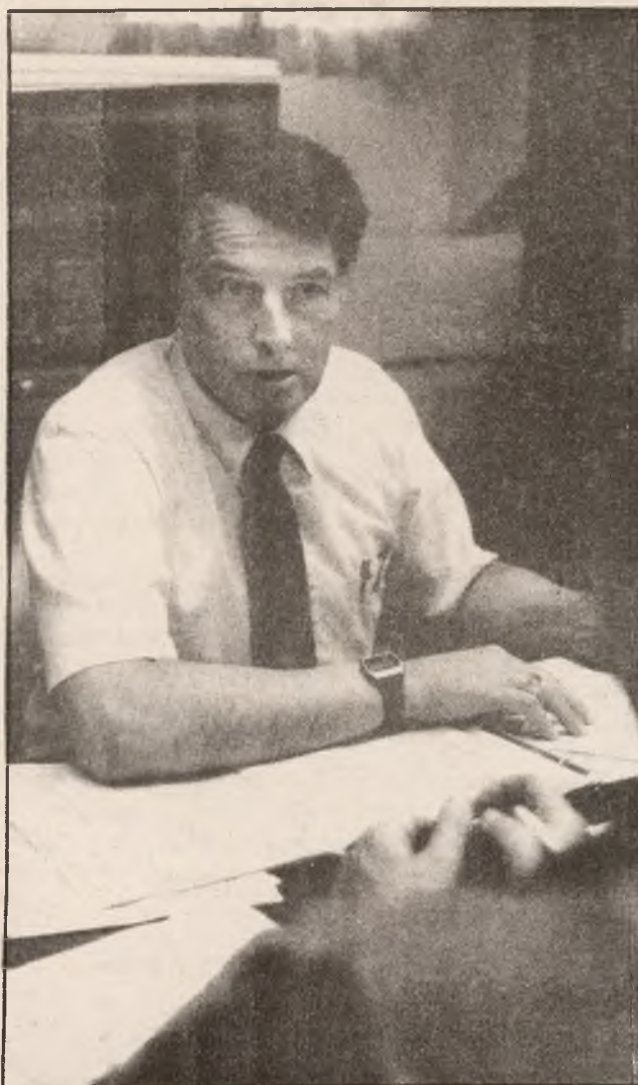


photo by Pleasant Lindsey  
Tax Volunteer George Seaman helps a client at the Presidio Tax Center in bldg. 223. The Tax Center is looking for more volunteers like Seaman.

## How to figure reduction amount

The Internal Revenue Service uses the following example and method to determine the allowable deduction for IRA contributions.

**Example:** A married couple, filing a joint return has an AGI of \$43,000. They both work and have

IRAs. One spouse is an active participant in an employer-maintained retirement plan. Each contributes the maximum allowable amount of \$2,000 for the year to their IRAs. Under the old rules, the couple should take a deduction of \$4,000, but, under new law, because one spouse participates in a retirement plan, and their combined income falls within the \$40,000 to \$50,000 phase-out range for their filing status, they cannot take a deduction for the full \$4,000 amount. They must reduce their deduction in the following way:

## Worksheet

1. Regular deduction limit ..... \$4,000
2. Excess AGI amount (\$43,000-\$40,000) ..... \$3,000
3. \$10,000 ..... \$10,000
4. Divide (2) by (3) ..... 0.3
5. Multiply (1) by (4) ..... \$1,200
6. Allowable deduction, (1) minus (5) ... \$2,800

To use this method, you must be able to accurately project your AGI for 1987. Since most taxpayers cannot do this, you can do one of two things: place your IRA contribution into a separate, nondeductible account and later transfer the portion which will be deductible to your deductible IRA; or wait to make your IRA contribution until you can determine your AGI for 1987.

## Nondeductible IRA contributions

The new IRA rules provide for a new type of IRA contribution that is not tax deductible, and for which the earnings are not taxed until they are distributed. You can make nondeductible IRA contributions up to the excess of (1) \$2,000 or 100 percent of your compensation, whichever is less, over (2) the amount of your allowable IRA deduction. If you make nondeductible and deductible IRA contributions, it is recommended that you consider establishing separate IRAs for these contributions as, in later years, the accounting for deductible and nondeductible IRAs may be difficult if they are in the same IRA.

If you have questions about IRAs or other tax matters, contact your Unit Tax Adviser or the Presidio Tax Center in bldg. 223, or just call 561-2TAX.

(Editor's note: Patricia F. Halsey is the chief of the Client Services Branch at the Staff Judge Advocate office.)

# Ideas for Excellence takes off with enthusiasm

by Debbie Robinson

Your life is what you make it; we all have the power to change certain things. On the Presidio, that statement rings true, especially now that the Presidio Ideas for Excellence Program is in full swing.

Ideas for Excellence gives every Presidian, from generals to privates to family members and Department of Army civilians, the chance to voice an opinion about things they would like to change or have changed.

If, in the past, you made a suggestion, but were disappointed to see your idea going nowhere, now is your chance to submit an idea and see results.

Since the Ideas Program's start, just last week, more than 20 ideas have been submitted and according to Kathee Jessee, program secretary, these ideas are in the works.

**For example,** someone submitted an idea directed at the Directorate of Information Management (DOIM), suggesting that the DOIM notify officers of projected Field Officer of the Week duties through the Professional Office System (PROFS) 30 days before the date for which the duty is scheduled.

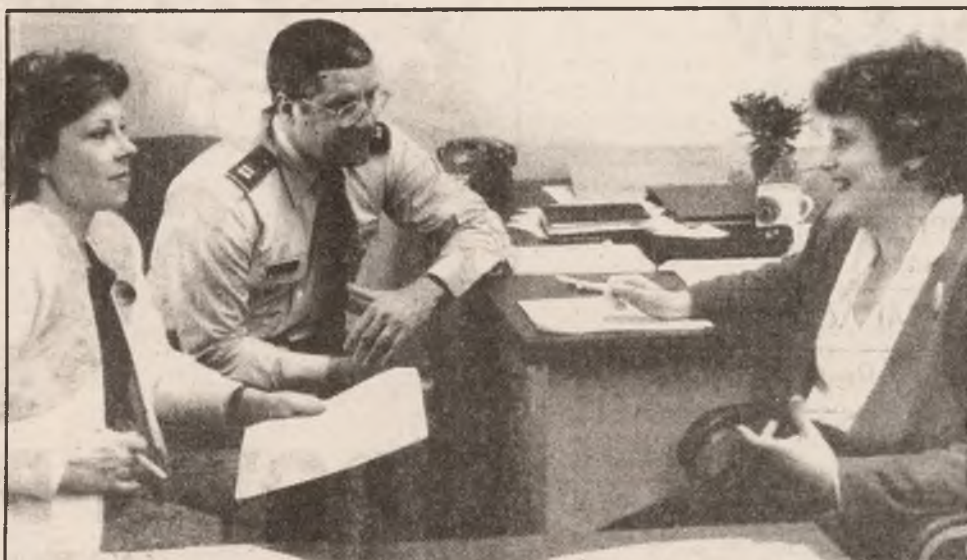


photo by Pleasant Lindsey  
Lori Hurtado, Capt. David Polomski and Kathee Jessee brainstorm during and informal ideas Team meeting.

This suggestion already has been submitted to the DOIM and the person who came up with the idea should receive a response in less than 15 days, according to Jessee.

Another idea is designed to save energy for the Army. Someone suggested the Presidio should turn off every other street light on post to cut back on lighting costs by 50 percent.

This idea is being considered by the officials at the Directorate of Engineering and Housing.

Someone else thinks that since we have several sports fields on the Presidio, we should put them to use by holding different sports tournaments. The post could pit offices against each other to promote competition and esprit de corps. That

way, also, civilians and soldiers could work together as a team.

These are just three examples of ideas that are being considered by different directorates on post. Altogether, 21 people already have contributed to the program.

**The idea contribution list includes:** Maj. Gerald Lee, George Morrison, Pvt. 2 Fred Wingstrom, Robert Jessee, June Landreth, Col. D. Peter Gleichenhaus, Olivia Edmundson, Barbara Morgan, Gordon Royle, John Wiggin, Terry Ginocchio, Maj. Michael Ryan, John D'Aquisto, John McIntyre, Corrine Layman, Charlotte Peterson, Nancy Prinnell, Lori Maree, Rochelle Wright, Alice Chew and Ray Romani.

Not bad for only one week's work! But that doesn't mean you shouldn't submit your ideas too. Any idea is welcomed and all will be considered, according to Jessee.

Ideas should be submitted on idea forms which are available at various customer service areas throughout the post.

For more information about the program, or to find out the exact location of idea forms, call the Ideas Office at 561-IDEA.



# Suffrage

## What did Clara Barton, Helen Keller have in common?

by Debbie Robinson

As children, many of us had heroines from American history like Laura Wilder, writer of children's books about life on the American frontier. Also many children admired Helen Keller, whom everyone probably knows for her work promoting the rights of the handicapped. Most youngsters probably had a great deal of respect for women like Clara Barton, founder of the American Red Cross, and numerous other women who helped build our country.

These women in history all had one thing in common. They all lived in a country whose ideas about freedom and equality were copied the world over—yet not one of them had the legal right to vote.

Imagine not being able to vote. Women in the United States were not able to vote in public elections, nor were they allowed to hold public office until 1919.

When you hear names like Susan B. Anthony, Lucretia Mott, Carrie Chapman Catt or Lucy Stone, remember these women suffragists achieved for all American women a new kind of freedom and equality never known before, and unfortunately, one which we often take for granted.

The women suffrage movement's foundation was laid, according to the "Encyclopedia Americana," in June 1848 at a convention in Seneca Falls, N.Y. At the convention, 68 women and 32 men signed a Declaration of Principles patterned after the American Declaration of Independence.

The declaration said: "We hold these truths to

be self-evident: that all men and women are created equal...The history of mankind is a history of repeated injuries and usurpations on the part of man toward woman, having in direct object the establishment of an absolute tyranny over her..."

The convention demanded for women the right of equal education and the right to preach, to teach, and to earn a living.

After the Seneca Falls convention there were many similar conventions throughout the country which were headed by Susan B. Anthony, Elizabeth Cady Stanton and other notable suffragists.

After the Civil War, the woman suffrage movement split over tactics. There was a group who felt the success of the movement required the enactment of an amendment to the U.S. Constitution. They called themselves the National Woman Suffrage Association with Anthony and Stanton as leaders.

Another group felt woman suffrage should be obtained through amendments to state constitutions. This group was known as the American Woman Suffrage Association, led by Lucy Stone and Julia Ward Howe.

In 1890 the two groups joined to become the National American Women Suffrage Association, espousing both principles.

A first step was taken in 1890 when the Territory of Wyoming was accepted into the Union. It was the first state to provide for woman suffrage in its constitution. Twenty-six more states followed suit by 1918.

However, it became clear that there couldn't be full woman suffrage unless there was an amendment to the U.S. Constitution. The "Anthony Amendment" was introduced by Sen. Aaron A. Sargent of California in 1878, which was defeated in the Senate and lay dormant until 1914.

Then, spurred by a petition with almost 500,000 names presented to Congress by the National American Woman Suffrage Association, the amendment was considered once again, and again, it was defeated by Congress.

The active role that women took in World War I helped greatly to change peoples' attitudes. On Jan. 10, 1918, the amendment was passed by the House and then the Senate on June 4, 1919.

An extensive campaign was waged in the states to pass the amendment. Then on Aug. 18, 1920, Tennessee became the 36th state to pass it and eight days later it was proclaimed part of the U.S. Constitution as the 19th Amendment.

Maybe it's good that today's women take for granted the right to vote. Being able to forget that at one time women weren't legally equal to men is probably a blessing, keeping them from getting hung up on feelings of inequality which could slow down our country's progress.

On the other hand, maybe we *should* remember these brave women and men and their struggle. It may remind you of what a famous philosopher once said...something like, "Without a struggle, there can be no progress."

Sounds like revolutionary rhetoric. But remember, that's what got us, as Americans, where we are today.

## Red Cross: ready to help in times of distress

story and photo by Pleasant Lindsey

Over 100 active volunteers at the Presidio are ready to help if disaster strikes or you need to get in touch with loved ones; and they are available to help both civilians and the military 365 days a year.

These volunteers are members of the Red Cross. Founded in 1881, the Red Cross is a civilian agency made up of paid staff and volunteers. There are Red Cross chapters throughout the United States and through these chapters the agency can verify any emergency situation a soldier may have.

The Red Cross always has functioned as an aid to soldiers in distress, said Sharon Abbott, station manager of the Presidio Red Cross chapter.

In the late 1800s, the Red Cross mission was to comfort injured soldiers on the battlefield. During World War I, the agency recruited doctors and nurses for medical facilities.

During World War II the agency no longer supplied doctors to units, because the military had begun supplying its own doctors. However, the Red Cross continued to supply nurses.

"During World War II and the Korean War, the Red Cross provided recreation to patients and soldiers in the field," Abbott said. "They'd arrive at a unit with food or treats and some games."

But military assistance isn't the only service Red Cross provides. Congress also has mandated that the agency provide disaster assistance to communities throughout the country.

"The 1906 earthquake in San Francisco was the first test of the Red Cross's disaster assistance," Abbott said. "The Red Cross felt there needed to be a system designed to aid victims of natural disasters. While they were making plans and studying ways to handle such events, the earthquake occurred."

Abbott said the Red Cross proved it could help meet the needs of earthquake victims and was soon mandated by Congress to work with disaster relief.

But there is more to the organization than even disaster relief and war. The Red Cross offers aid and comfort in times of emotional distress.

"The Red Cross at one time followed strict procedures," Abbott said. "But today we lean more toward the client. If there is some obstacle that won't allow us to provide a certain type of assistance, we'll help the person get around the obstacle or direct them to someone who can."

"We're here [on the Presidio] to serve the military."

As part of that service to the military, the Red Cross provides a verification service for soldiers during family emergencies. The agency will verify an emergency to make it easier for commanders to make emergency leave decisions.

The system works by communication between chapters. The chapter in the soldier's hometown can gather information on family emergencies and relay the information to the chapter at the soldier's post.

The Red Cross even provides financial assistance for emergency leaves on occasion, however the funds are limited. The assistance can be in the form of a grant or a loan.

"Grants are not expected to be repaid," Abbott said. "That is why there are a limited number of them awarded. Our loans are interest-free, and most of them are repaid through allotments."

Abbott emphasized that the funding for loans does not come from the government.

"We are a non-profit agency that is funded entirely by the public," she said. "We are not one-dimensional; we offer a number of programs to the soldier and to civilians, while other organizations may have gained their popularity by focusing on one problem."

Abbott explained that some organizations offer help for one project, such as a particular disease or disability. But the Red Cross has a broader emotional appeal, and therefore the public doesn't

always focus enough attention on the agency.

Unfortunately, because of funding constraints, some services that were once free aren't free anymore.

Abbott said the Red Cross now charges fees for some classes to support funding for other projects. But the bulk of their funding comes from the United Way and Combined Federal Campaign fund drives. Some of the Red Cross programs are swimming, water safety, first aid and Cardiopulmonary Resuscitation (CPR) classes for soldiers and their family members.

Except for financial assistance, the Red Cross provides the same services to DA civilians.

"We've broadened our focus from the time we were established, but Red Cross has a proud tradition and we continue to uphold our standards of service," Abbott said. "We are still an organization of volunteers working to help others. With more than 100 volunteers on the Presidio, our people have made a commitment—to Red Cross and to the soldier."



Ermelyn Hummel, Red Cross casework chairman, helps a soldier.



# Smart soldiers work hard for promotions

story and photo by Pleasant Lindsey

Look sharp, be sharp and know your stuff. With a lot of confidence and a strong, positive attitude any young soldier can reach his or her goal—promotion.



For that next stripe, the first step is to approach the promotion board with confidence.

The basics for appearing before any board are the same. Soldiers must be prepared and confident, and look as if they know why they are standing before the board.

**Begin** with the simplest point: the wearing of the uniform. The soldier can't be an example to others if he or she isn't properly dressed. Proper wear of the uniform can be found in Army Regulation (AR) 670-1. A soldier can see his or her platoon sergeant or another experienced NCO who can periodically check the uniform, making sure it meets Army standards.

"When soldiers appear before the board they are selling themselves through actions, speech and appearance," said Post CSM John P. Carvalho. "They should have a positive attitude."

Reason dictates a soldier should be able to communicate to the board why he or she should be approved for a promotion; therefore, soldiers must believe in their cause.

**Promotion** also requires soldiers to learn more. To prepare for the promotion board soldiers will have to show sufficient military and civilian knowledge.

Army Regulation (AR) 600-200 is the guideline for promotions and shows knowledge of military and

civilian affairs as two criteria for promotion points. Higher levels of education increase chances for promotion.

Military education includes the Platoon Leadership Development Course (PLDC) and similar courses offered through the Army's NCO Education System (NCOES). According to AR 600-200 the NCOES will be a promotional aid throughout an enlisted soldier's career.

**Civilian education** improves soldiers' basic knowledge of the world around them and shows they have the initiative to learn new things.

Soldiers must maintain their military bearing when appearing before promotion boards. That includes the military courtesy of addressing board members by their rank when answering questions. Part of AR 600-200, paragraph 7-19 reads: "The senior member of an all-enlisted board will be a command sergeant major..." What soldier wants to miss being promoted because he or she failed to address the senior NCO by rank?

"A soldier should learn to control his or her nerves," Carvalho said. "Don't get upset if a question is missed. When soldiers let a mistake get to them, they are more likely to lose their confidence."

**One way** of preparing for the pro-

motion board is stressed by NCOs on the Presidio more than any other—mock boards. Aside from mock boards, soldiers who go before the Soldier of the Month boards and similar boards are getting good practice and experience.

"Soldiers who appear before a number of boards are more relaxed," Carvalho said. "Soldiers should practice appearing before boards whenever possible to eliminate negative points and sharpen the positive ones."

**Preparing** for promotion boards isn't difficult, but it does require some effort on the part of the soldier. When a soldier is told he or she has been selected to appear before the board, somebody, somewhere believed the soldier had a chance to be promoted.

"When a soldier appears before a board, it is really the icing on the cake, so to speak," Carvalho said. "The board itself is made of people the soldier sees every day. The members are only there to ask questions and evaluate the soldier."

So a little practice, attention to detail and confidence can secure for the best soldiers the reward they deserve—promotion.

# Four major food groups = good nutrition

story and photo by Debbie Robinson

If the adage "You are what you eat," is true, then I guess some of us are a pepperoni and sausage pizza with extra cheese.

Let's face it. Americans love "junk food." The interesting thing is what we call junk food doesn't have to be bad for you. In fact, pizza (with certain toppings) contains many of the nutrients we all need to maintain good health.

By being aware of the nutrients or *lack* of nutrients in the foods we eat, we can eat *and* be satisfied, *and* stay healthy.

That doesn't mean you have to count calories, or walk around with a graph describing the nutrients in your food, but a general knowledge of nutrition will help in the long run.

This month is National Nutrition Month, so it seems appropriate that we should all take a minute to think about our health and how we can improve it through good nutrition. And that doesn't mean stopping long enough, mouth agape, to think to yourself, "Yes, this Twinkie is bad for me," and then continue eating it. Most of us need to make changes in our diet, so why not start now?

Living among health-conscious Californians, we all should be aware of how vegetables can enhance our health. But vegetables and fruits represent just one part of the major four food groups.

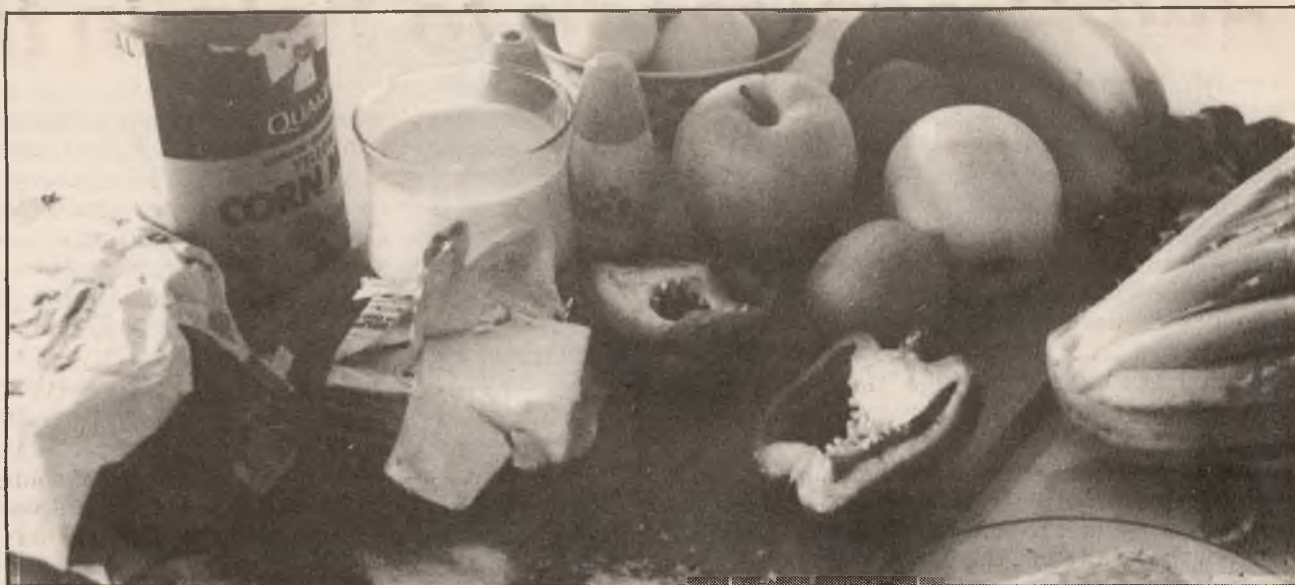
(All information was provided by the "Encyclopedia Americana.")

## Four major food groups

The major four food groups provide almost everything we need to stay healthy. Besides the fruit and vegetable category, there are: dairy products, meat and eggs, and cereals and grains. Fiber or roughage is not a nutrient, but provides bulk.

You should vary selection within the major food groups from day to day, and you should eat a citrus fruit and a leafy vegetable like broccoli, cauliflower or kale each day.

The fruit and vegetable category generally provides us with important vitamins, like vitamins A and C. This category also gives us minerals and dietary bulk, which helps ease digestion.



A balanced diet from the four food groups will help keep you healthy.

## Calcium

The dairy products category gives us protein and is our main source of calcium. According to the Food and Nutrition Board of the National Academy of Sciences, adults need 800 milligrams (mg.) of calcium daily. Just one glass of milk contains 500 mg. of calcium, which is important in maintaining strong bones. You can substitute cheese or yogurt for milk if you're not crazy about milk.

Red meats, poultry, fish, eggs, legumes and nuts are our major providers of protein. Also these foods provide us with iron and B vitamins as well as calories. Calories are units of energy which the body gets from food.

Legumes are vegetables which are often substituted for meat because they contain comparable quantities of protein. (If you went to public school, you probably know what soybean burgers are; good for you, but not always so tasty.)

The last category in the major four food groups is grains and cereals. Grains and cereals are a source of calories with vitamins, minerals and protein. This category is where you find car-

bohydrates, which are an important source of long-lasting energy. Also, grains provide roughage, which can help in digesting more dense foods.

It goes without saying that foods which contain mainly calories, like sugar, should be avoided.

## Excuses

If you use the excuse that you don't know what nutrients certain manufactured foods contain, you are going to have to find another excuse. Manufacturers usually include a listing of ingredients on packages and sometimes a list of the Recommended Daily Allowances of certain nutrients contained in the foods.

Just by reading the labels you're becoming more health-conscious, as long as you apply what you've learned about the major four food groups, and you vary what you eat.

In case you were wondering, you can get protein from the cheese on that pizza, vitamin C from the tomato sauce and an array of vitamins, protein and minerals from the other ingredients you might choose.

Junk food doesn't have to be "junk," but that's all up to you.



# ROTC scholarships make college easier

With college tuition rising an average of 10 percent by the beginning of the school year, students and parents slowly are being priced out of the college education market. Army ROTC scholarships can be a means to obtain a college degree, a commission as a second lieutenant and the skills to become a leader.

A scholarship pays for college tuition, educational fees, and an amount for textbooks and supplies. In addition, students receive \$1,000 each year the scholarship is in effect. Some colleges will pay all, or portions of, room and board for people who bring their scholarship to that school (University of San Francisco, Kent

State, Purdue, Texas A&M, etc., are among those who will pay room and board.)

Scholarship applications are available now to high school juniors for the four-year scholarships. Other students, with at least two years of college remaining before graduation, can apply for two- and three-year

scholarships (including active duty soldiers). All of these scholarships are issued on a competitive basis.

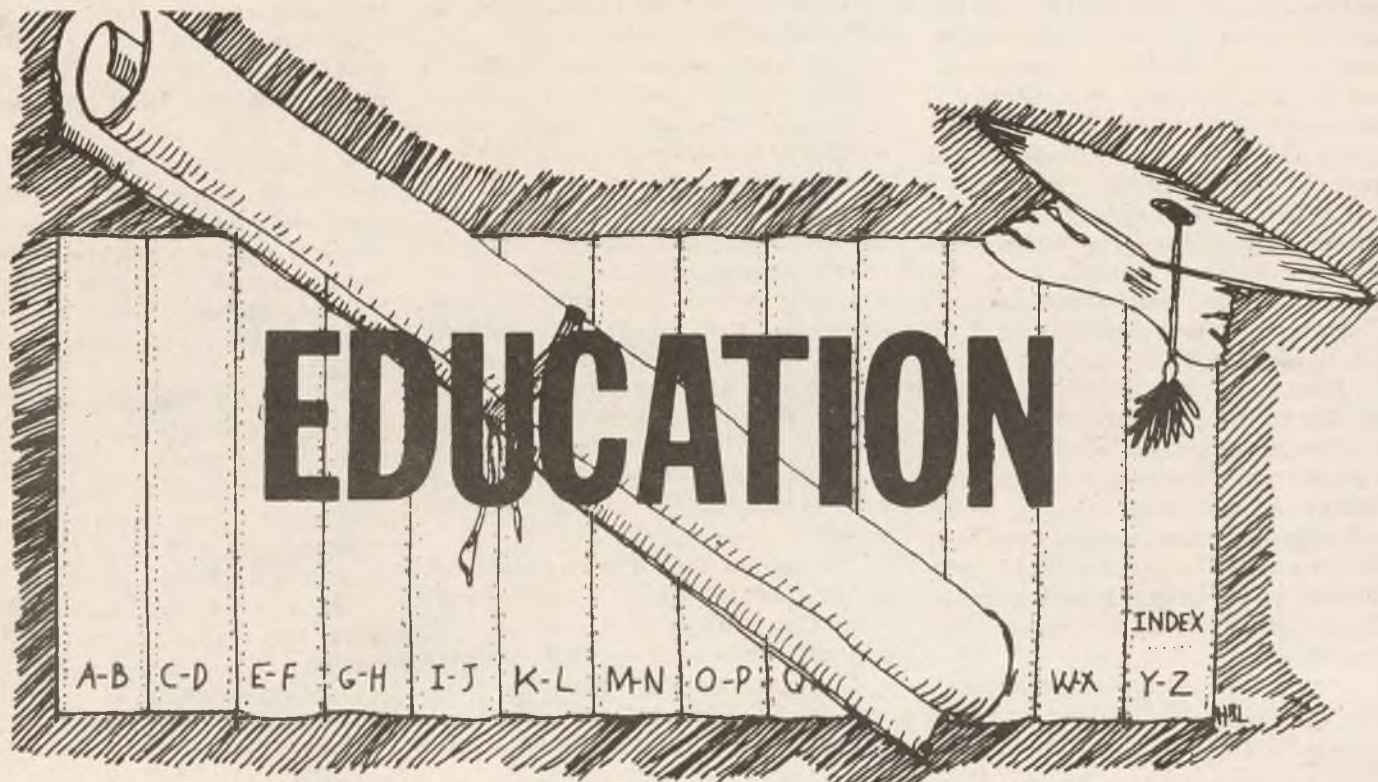
Interested active duty soldiers must apply for a scholarship by March 31.

To be competitive for a four-year scholarship, the applicant must do well on the SAT (1230 is the average score), be active in school and/or the community, and pass a physical exam and interview. Two- and three-year scholarships have slightly different criteria.

Once a student graduates from college, he or she is commissioned as a second lieutenant with a three- or four-year active duty or eight-year reserve commitment. Graduate work or medical school is available to those who qualify.

If you are a student or the parent of a college-bound son or daughter, Army ROTC may be the ticket for becoming more competitive in the job market by learning and practicing leadership skills through college Army ROTC.

For more information about deadlines, applications and the U.S. Military Academy at West Point, call Lt. Col. John H. Shirley or Capt. James Aiello at 567-ROTC, or write to: North California Goldminers, bldg. 1750, Presidio of San Francisco, Calif., 94129.



# Prevent poisoning, foil dangerous discoveries

by Evelyn D. Harris  
American Forces Information Service

Awareness—and protective packaging—work. In 1961, when Congress first passed the law authorizing an annual observance of National Poison Prevention Week, 450 children under age 5 died from accidental poisoning in the United States. As President Reagan noted in last year's proclamation of National Poison Prevention Week, "By 1983, (the last year for which we have complete statistics), the annual death toll for children under 5 years of age had dropped to 55—an 88 percent reduction."

This dramatic reduction has been attributed to the combined effects of greater public awareness of the need to keep children and poisons apart and protective packaging on many dangerous products.

Of the two, awareness is perhaps more important. The first protective packaging law—for aspirin—went into effect in 1972. But accidental poisonings began to decline in the 1960s—when the nation's poison prevention efforts consisted of public awareness campaigns alone.

As one safety official pointed out, "Safety closures won't work if people don't use them."

This year, the National Poison Prevention Week Council is using the same main slogan it has used for the past 26 years, "Children Act Fast...So Do Poisons!" According to the council's secretary, Ken Giles, this year's week will emphasize awareness not only on the part of parents and grandparents, but also by everyone who comes into contact with children.

A recent national study found that children were getting into poisonous substances belonging to people visiting their home or whose homes they visited. For example, a friend visits the family and has tranquilizers in her purse. While the adults are talking, the 2-year-old is exploring *guess where?* Or the child and his family could be visiting in a home with no children—thus, no safeguarding of poisons. Little Johnny or Mary goes under the sink to the bleach, which could look like a bottle of

milk to a toddler, and takes a drink.

Fortunately, today most children accidentally exposed to poisons survive—thanks to the work of the poison control centers and emergency rooms. In 1984, the American Association of Poison Control Centers reported 730,224 human-poisoning exposures—90 percent of which were accidental. There were 293 fatalities—233 of them from intentional poisonings, with the remaining 60 fatalities accidental. Only 21 of the fatalities involved children under 6.

Many of the 500,000 poison exposures in 1984 that involved children under 6 were successfully managed at home—after calling a poison control center—using syrup of ipecac, which induces vomiting. Poison experts caution against using syrup of ipecac if the poison is a corrosive, such as acid or lye (drain cleaner).

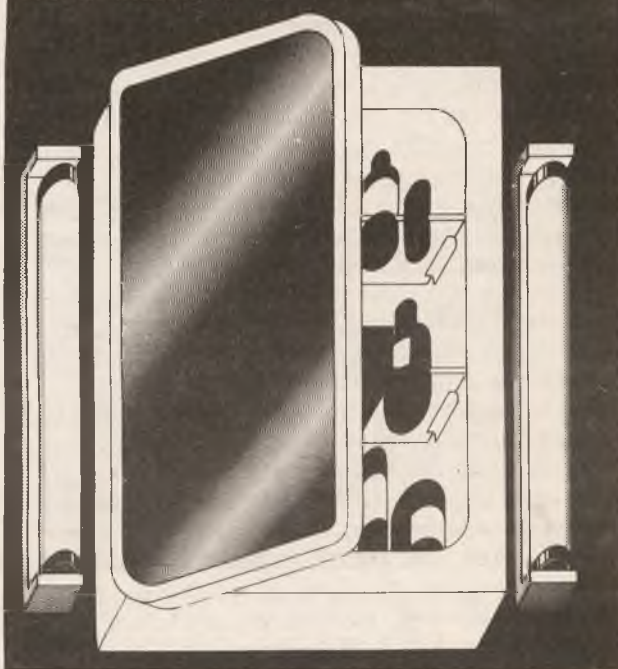
Poison control centers are located around the United States, with trained people to answer questions about what to do about a specific poison. The centers have hotline numbers that are publicized in the community, in military clinic pediatricians' offices and in the telephone book. In the United States, the military are encouraged to call such regional hotlines for poison information. Overseas, call the military hospital emergency room.

However, both in the U.S. and overseas, military emergency rooms have the equipment and trained staff necessary to treat poisonings—including unusual poisons found only in a particular place.

Of course, prevention is much better than cure. Here are some tips that may help you avoid the poison hotline call or emergency room trip:

- Poison-proof your home if you have children or if children visit you regularly.
- If you have children, keep your purse and diaper bag zipped. When visiting a home with children, be more attentive to personal items—purse, briefcase and so on, which may contain cosmetics, medicine, cigarettes or other items little hands could get into. Don't leave alcoholic drinks unattended on a surface children can reach.

## Poison Prevention Week—March 15-21



- Never take medicines in poor light—a common cause of accidental adult poisonings.
- Be careful about using poisonous substances while children are in the home. Don't rely on constant supervision. A child could get into poison in the time it takes you to answer the door.
- Buy a bottle of syrup of ipecac, and keep in where you can find it fast. Don't forget to tell your babysitter where it is. Post the number of the nearest poison control center (or emergency room) by the phone and call if poisoning is suspected. Don't give syrup of ipecac unless told to do so.
- If any substance has gone into a victim's eye, flush it with a gentle stream of water before calling an emergency room. Otherwise harmless substances can cause problems in the eye.
- Never tell a child medicine is "candy."
- Be wary of using old furniture or toys that may be finished with lead-based paint around babies—they chew on everything.



# We deliver!

## Where, oh where, has my Star Presidian gone?

story and photos by Pleasant Lindsey

It's 10 o'clock, do you know where your *Star Presidian* is?

If you don't, here's some help.

Every Friday more than 7,000 copies of the *Star Presidian* are distributed by a member of the paper's staff and placed in strategic locations in directorates and customer-service areas in an effort to catch the eye of soldiers and civilian residents and post employees.

Including Presidio news, events, sports, information about activities and services, awards and promotions on post, the *Star Presidian* provides an open flow of communication and information to and between soldiers and civilian employees, their commanders and Army families.

The newspaper can be found at 37 locations on post. And, with the help of Army Community Services (ACS), more than 1,400 *Star Presidians* are delivered weekly to the post's housing areas by the publisher's part-time employee, Tray Korte, who happens to be a Presidio resident.

"So where do I get my *Star*

*Presidian*?" you may ask.

There are eight locations on post that make the paper easily accessible during the course of the week.

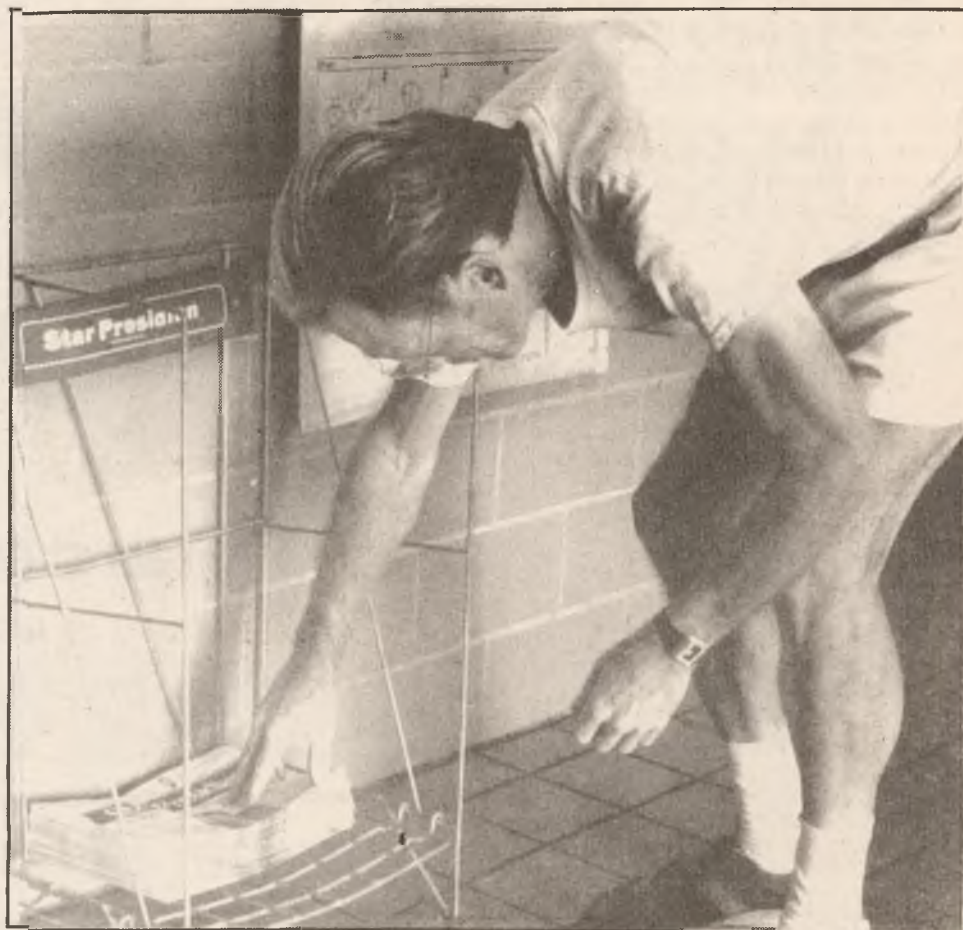
There is a *Star Presidian* rack inside the second floor entrance of Letterman Army Medical Center (LAMC) in the prescription waiting area. Another rack sits beside the cash registers in the AAFES Cafeteria.

As you step through the south entrance of the Main Exchange you will find a *Star Presidian* rack to the left of the doorway, and there is a rack next to the check-out counter at the entrance to the Four Seasons.

*Star Presidians* are delivered to the Fort Scott Bowling Alley. They are placed on the counter by the cash register in the snack bar.

The paper also can be picked up at the Fort Scott Mini-PX and the Fort Baker PX. In both places the paper racks are between the entrance and the counters.

That's just the tip of the iceberg. More than 700 more papers are distributed through the post's Mail



*Star Presidian* newspaper racks can be found at various locations around post.

and Distribution activity and the distribution office of Sixth U.S. Army.

The following is a list of other places on post where you can pick up your *Star Presidian*.

- Post Headquarters, bldg. 220, where a *Star Presidian* rack is in the lobby between the east and west entrances;
- Company B, LAMC barracks, in the orderly room;
- Finance and Accounting Office, bldg. 102, on the information table;
- Headquarters Company Dining Facility, bldg. 101, in a paper rack by the sign-in counter;
- Golden Gate Community Club, on the table at the entrance;
- Presidio Theatre, behind the ticket booth;
- Post Library, on the counter;
- The Officers' Club, on the information table by the manager's office;
- Sixth U.S. Army Headquarters, bldg. 38, in a rack in the first floor lobby;
- The Presidio Museum, by the front door;

- The Hamilton Shuttle bus, behind the driver. The driver delivers the remaining papers to the commissary at Hamilton Army Air Field;

- Transportation Motor Pool, on a table inside the door;

- Logistics Control Activity (LCA), bldg. 652, beside the entrance;

- Company D, 864th Engineers, barracks 1208, at the CQ desk;

- Headquarters Company, barracks 1206, on the table outside of the executive officer's doorway;

- Law Enforcement Company, barracks 1202, in a *Star Presidian* rack inside the entrance;

- Headquarters Command Battalion, bldg. 1214, in a *Star Presidian* rack in the lobby;

- Defense Language Institute-San Francisco (DLI-SF), bldg. 1801, on the fourth floor by the mailroom; and

- The Personnel Service Center, bldg. 38, in the ID card waiting area.

If you have any questions or suggestions about distribution of the *Star Presidian* to buildings on post, please call the editor at 561-3908.



If you don't get a copy at the office, check the PX.

## Military needs more 'hams' on radios

Service members interested in becoming amateur radio operators, or "hams," will have enhanced opportunities for doing so under new Department of Defense plans to support amateur radio training.

An off-duty training program to be offered to interested personnel was developed recently in a meeting between officials of the Defense Department and the American Radio Relay League, chief national organization for amateur radio operators.

Pilot programs are tentatively planned for selected military installations throughout the United States. The American Radio Relay League will locate volunteer in-

structors for amateur radio courses to be held on military installations or in nearby communities. The league also will provide instructors with course outlines, cassettes for Morse code instruction and other audiovisual material.

While providing recreation and an interesting hobby, the program's major goal is to increase the number of licensed amateur radio operators in the military. Defense officials say this will benefit the Military Affiliate Radio System, which requires licensed operators. (That system provides communications to disaster officials during emergencies and relays personal messages from service members to

their families.)

If you are interested in learning about amateur radio or if you are already an amateur radio operator and want to assist in the program, write to the Military Affiliate Radio System group in your service:

**Army:** HQ, Army MARS, U.S. Army Information Systems Command, AS-OPS-OA, Fort Huachuca, AZ 85613

**Navy:** Director, Navy-Marine Corps MARS, Naval Communication Unit, Washington, DC 20390-5161

**Air Force:** Chief, Air Force MARS, HQ, AFCC/DOOCC, Scott Air Force Base, IL 62225-6001

**Armed Forces Press Service**



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**Apr. 17: All Night Disco w/ D&D...** 10 p.m.-4 a.m.

**Apr. 17: Julie Harrosh in the Ballroom...** 8-9:45 p.m.

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## USACIDC SPECIAL AGENTS

The U.S. Army Criminal Investigation Command is currently seeking highly-qualified, active duty military, career-oriented personnel to become Special Agents in the field of criminal investigation. Qualifications include, but are not limited to: two years active military duty (waiverable to one); law enforcement experience (civilian/military); two years college (waiverable to one); no record of disciplinary action (civilian/military); and good physical profile. Other requirements may be found in AR195-3. For more information, contact Special Agent Michael Grass, San Francisco Field Office, 561-5405/5406 or Commercial (415) 561-5405/5406.

## LIBRARY FILE CLERK

Work in San Francisco financial district in legal and accounting libraries filing "loseleaf" materials. On-the-job training. Must have professional appearance. Two part-time positions open. 16 hours per week and 24 hours per week; Mon.-Fri. 8:30 a.m. to 5 p.m., \$5.00/hr.

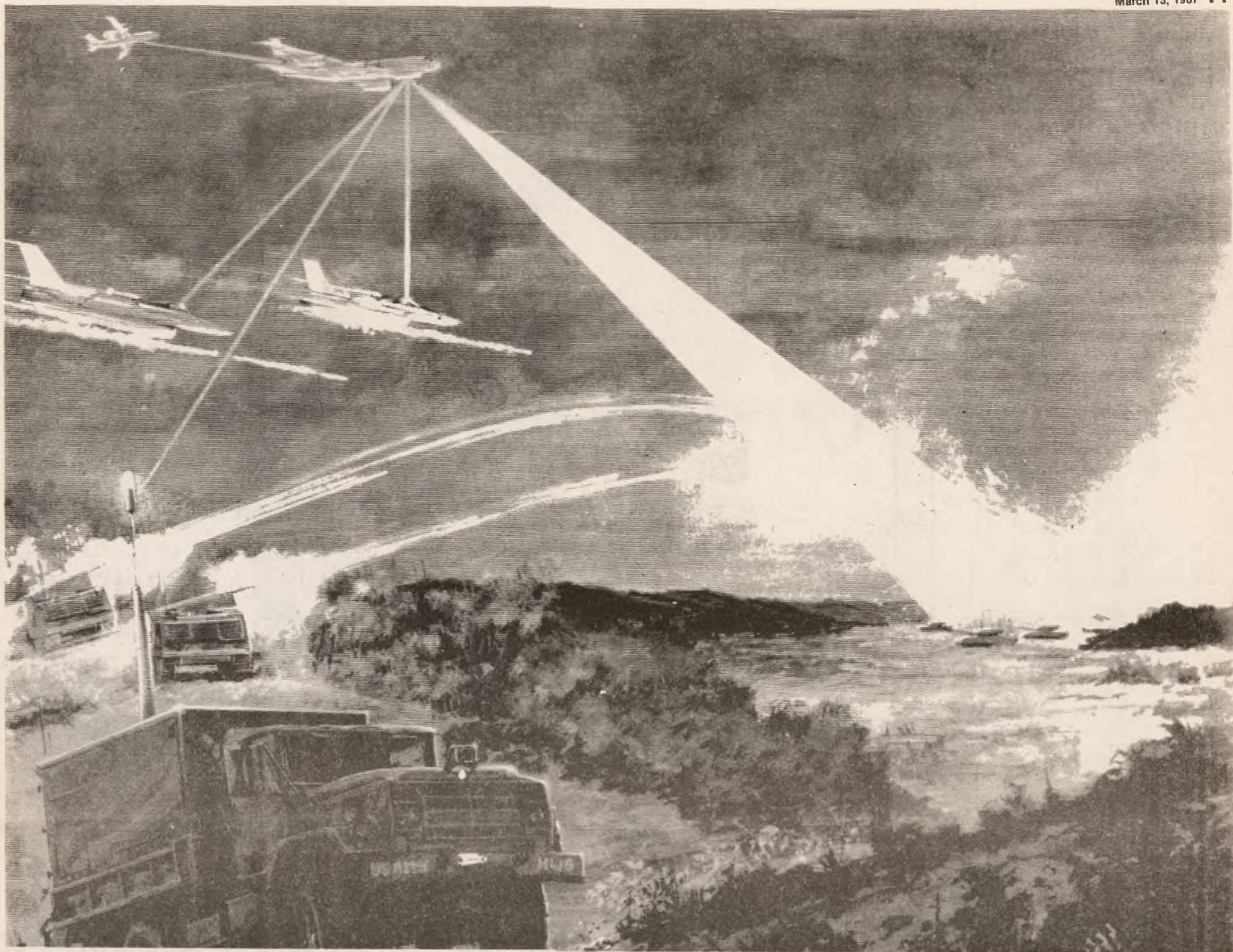
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# Joint STARS sees deep behind enemy lines

by Tom Joyce

American Forces Information Service

One theory as old as war itself is that the side able to understand what the enemy is doing wins. To that end, nations have used spies and observers to find out "what the enemy is doing." Balloons were used in the Civil War, and today the U.S. military has a number of sophisticated systems to survey the battlefield. But that equipment has limitations. None can provide combat decision makers with the "big picture" in real time.

The Air Force Electronic Systems Division at Hanscom Air Force Base, Mass., is developing a new surveillance and target acquisition system which will let area commanders and foot soldiers see what the enemy is doing in the rear echelons and on the battlefield as it happens.

The Joint Surveillance Target Attack Radar System, or Joint STARS, is an Army/Air Force project which is expected to do for land warfare what the E-3A Airborne Warning and Control System—AWACS—does for air warfare.

"Joint STARS will bring an entirely new dimension to battlefield management," said Air Force Col. John J. Colligan, program director for the system. "It is a force multiplier that will make the use of

conventional weapons more accurate, efficient and effective."

The heart of Joint STARS is an innovative, all-weather, side-looking radar which can spot tanks, trucks, helicopters, troop concentrations, missiles or artillery batteries from the front lines to dozens of miles into enemy territory. The information, when relayed to ground commanders, will be extremely useful in every aspect of a battle.

Artillery officers on the front lines, for example, will know where enemy artillery is and where it might be in an hour. Corps commanders will be able to plan and engage the enemy at the most opportune time with the required number of forces. Air support can be "reserved" for anticipated battles based on current battlefield information.

The battlefield foot soldier probably won't be able to see any direct benefits of Joint STARS, according to Col. G. Sidney Smith Jr., deputy program director and Army program manager for the system. However, he said, the foot soldier will benefit indirectly. Commanders on the scene, Smith said, "will have a better ability to send him to do the right thing at the right time." Joint STARS information will allow commanders to determine enemy movements and

reinforce positions if needed, as Smith said, to "keep the troops out of harm's way."

The system, when fully developed, will be deployed on modified Boeing 707 aircraft, which the Air Force has redesignated the E-8A. It will carry a radar which will feed operator consoles capable of processing and distributing millions of bits of information in microseconds. The consoles are located on board the E-8A and in scattered ground stations. Army and Air Force intelligence and weapons control specialists will man the airborne consoles.

The consoles will store the last 60 minutes worth of information, which can be continually updated. "This is important because it will allow comparisons of enemy activity over time, providing a valuable intelligence tool," Colligan said. The E-8A also will receive air-battle data from AWACS aircraft.

A prototype of the Army ground stations will receive the targeting and intelligence information provided by Joint STARS is operating already. The modules are deployed on 5-ton trucks. Future modules may be small enough to be transported on the 8,600-pound Army High Mobility Multi-purpose Wheeled Vehicle, or HUMVEE. Modules house high-

speed computers, communications systems and two consoles. A 100-foot antenna is used to send and receive information.

"Each display, whether in the E-8A or in a ground station, not only will provide locations of ground targets such as tanks, trucks and mobile missiles, but also will provide information on the terrain and road information, key areas for possible engagements and details of enemy formations," Colligan said.

The E-8As will operate closer to the front lines than AWACS aircraft, but how the battle is being fought will determine their exact operating location.

The E-8A will not be armed. "There are lots of high-value assets on the battlefield," Colligan said. "Joint STARS is only one of them. Survivability, not immortality, is the goal. If the enemy is willing to expend the resources necessary to defeat it, he will," Smith said. U.S. and allied defenses will make the cost of downing the Joint STARS aircraft prohibitive.

Two Boeing 707 aircraft are being modified to test Joint STARS technology. The first E-8As are expected to be delivered to the Air Force for joint testing by late 1988. Full deployment is planned to start in 1990.



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# Community Calendar

## Jazz dance

Does your child have jazz in his or her soul? Youth Activities can give your child an outlet for all of that energy in the jazz classes on Saturdays.

For 4- to 6-year-olds, there will be a pre-jazz class at 9 a.m. Beginning jazz will be offered to 7- to 12-year-olds at 10 a.m., and another beginning jazz class will be offered to 13- to 18-year-olds at 11 a.m.

All of the classes will be held at the Ballet studio in bldg. 1390. The monthly registration fee is \$20.

For more information, call Youth Activities at 561-5143.

## Skiing

The skiing season is in full swing at Lake Tahoe and it's time to have fun in the snow with Outdoor Recreation. But there are only two more trips left in the 1987 ski season.

Trip No. 6 is scheduled for March 27 through 29; the sign-up deadline is Thursday. Trip No. 7 is set for April 10 through 12; the sign-up deadline is March 26.

The cost is \$70 per person including ski equipment rental, or \$60 per person for those with their own equipment or who do not wish to ski. The price includes round-trip transportation and two nights' lodging (based on double occupancy).

The bus leaves Outdoor Recreation, bldg. 92, at 4:30 p.m. Fridays, and returns about 10:30 p.m. Sundays.

A \$30 deposit holds a space on any trip. The balance is due before the sign-up deadline. You can get a full refund for cancellation before the sign-up deadline.

To be eligible you must be active duty, retired military, a family member (family members younger than 18 must be accompanied and supervised by an adult), a reservist or Department of Defense civilian.

For more information, call 561-4356 or 561-4323, or sign up at Outdoor Recreation. Sign up now because space is limited.

## Parenting conference

Bananas, a Parent Support Service, and the First Presbyterian Church of Oakland will present a free parenting conference from 9 a.m. to 1 p.m. on March 21 to be held at the church. The church is located at 2619 Broadway in Oakland.

The conference will hold discussions on a wide range of parenting subjects including: Living with Tod-



photo by Kay Couch-Lopez

## St. Anthony's

Fort Baker mayor Barbara Bennett and Judie Ely, 1300 Kobbe area mayor, flank a regular volunteer at St. Anthony's Dining Room as they help at mealtime.

dlers; Child Care at Home; Adult Children of Alcoholics; and Fathering.

Registrations can be picked up at the Naval Air Station Alameda Family Service Center. For more information, call Bananas at 658-1409.

## City College

Take courses from the City College of San Francisco on post beginning Monday. Meeting twice a week for eight weeks are: Introduction to Business (BUS 119), Tuesday and Thursday from 6 to 9 p.m.; and Human Relations for Supervisors (BUS 204), Monday and Wednesday from 6 to 8 p.m. (BUS 204 is a required course for certificate in Supervisory Practices.) IBM PC DOS (CIS 20), will meet March 30 through May 11 from 6 to 9 p.m. on Monday evenings.

Tuition is \$5 to \$15, depending on the course, for California residents and soldiers or their family members with orders dated after Jan. 13, 1986.

For more information, visit the Fort Scott Education Center or call 561-2974 or 561-4445.

## Belly dancing

You've heard of dancing yourself into shape, but have you ever considered bellydancing? Learn bellydancing with Shukriya at the Golden Gate Community Club, bldg. 135. Classes are held every Wednesday at 4:30 p.m. and only cost \$25 per month.

For more information, call 561-2000.

## Presidio Exchange

The Exchange Laundry and Dry Cleaner in bldg. 228 now has a five-day pick-up and delivery service for shoe repair. Also, there will be Saturday specials on laundry and dry cleaning. A listing of the specials will be posted at the laundry/dry cleaning outlets.

## Clerk classes

Four free classes will be held Tuesday through Friday at the Fort Scott Education Center, bldg. 1216, from March 24 through May 29.

Military Correspondence meets 7:30 to 9:30 a.m. and covers the proper format for military letters, messages and other written correspondence.

Beginning and Intermediate Typing, and Introduction to Word Processing meet from 9:30 to 11:30 a.m. Tuesday through Thursday and 9:30 to 10:30 a.m. on Friday. The Beginning Typing class teaches students the typewriter keyboard, and the Intermediate course helps students achieve 40 words per minute. Students must be able to type 40 words per minute to enter the Word Processing course.

These classes are open to soldiers, their family members and DA civilians. Register now by calling 561-2974 or 561-4445.

## Rec Center hours

The Recreation Center located in the Golden Gate Community Club, bldg. 135, is closed Sundays and Mondays. The hours of operation are:

Tuesday through Friday, 3 to 9 p.m., and Saturday, 1 to 9 p.m.

## Seal visit

Do you enjoy the outdoors and observing wildlife? If so, the Recreation Center, bldg. 135, has a trip for you. Travel to Ano Nuevo to visit the elephant seals. The trip is scheduled for Sunday leaving at 9 a.m. and returning at 5 p.m. The cost is \$9.

## West Point Founders' Day

The West Point Society of the San Francisco Bay Area is sponsoring the Annual Founders' Day dinner on March 21 for graduates of the United States Military Academy and their guests. Lt. Gen. Dave Palmer, superintendent of the United States Military Academy, will be the evening's guest speaker.

Benny Havens Hour will start at 6:30 p.m. at the Presidio Officers' Club. Dinner will begin at 8 p.m.

Invitations have been mailed to known graduates in the area. If you know of someone who should have received an invitation but did not, please call Mary Paul at 561-3637 or Lt. Col. Tim Gilbert at 561-3309.

## Scholarships

In this day of high tuition rates for college students, you need all the help you can get. Apply for a scholarship from the Presidio Officers' Wives' Club (POWC). Applications are available to family members of active duty soldiers assigned to the Presidio and its subposts. Call Arietta Valenti at 346-1767 for information on how to get an application.

## Golden Gaters

The Golden Gaters will visit Flying Lady Restaurant and Recreation Area in Morgan Hill this month. The group will enjoy a champagne brunch and tour the aero museum.

Then the group will visit the historic Rosicrucian Egyptian Museum in San Jose. The trip is scheduled for March 22. A bus will leave the Presidio Officers' Club at 8:30 a.m., and the Oakland Army Base flagpole at 9 a.m.

Make your reservations before Monday by calling Pat at the Presidio Post Chapel at 561-4239. Tickets are \$11 for the brunch, \$2 for the bus, and \$2 for the Rosicrucian Egyptian Museum.

## No smoking

The Presidio Exchange Mall, bldg. 606, is now a No Smoking area.

## At the movies

### Presidio Theatre

Fri, March 13	Wanted: Dead or Alive (R)	7 p.m.
Sat, March 14	Little Shop of Horrors (PG-13)	7 p.m.
Sun, March 15	Little Shop of Horrors (PG-13)	7 p.m.
Mon, March 16	Little Shop of Horrors (PG-13)	7 p.m.
Tue, March 17	Widsom (R)	7 p.m.
Wed, March 18	The Karate Kid Part II (PG)	7 p.m.
Thu, March 19	Crimes of the Heart (PG-13)	7 p.m.
Fri, March 20	Crimes of the Heart (PG-13)	7 p.m.

### Schwartz Theater

Mon, March 16	Wanted: Dead or Alive (R)	7 p.m.
Wed, March 18	Little Shop of Horrors (PG-13)	7 p.m.
Thu, March 19	Wisdom (R)	7 p.m.

### Hamilton Theater

(Movie schedule not available as of press time.)



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# Sports

## A wealth of activities awaits DA civilians

story and photo by Debbie Robinson

Department of Army civilians have the best of two worlds. Fact or fallacy?

DA civilians generally work regular office hours, get paid vacations, don't have to pull KP or do PT, and they get some other benefits that would make many private sector employees green with envy.

### Benefits

But look at soldiers' benefits. They get paid vacations too. They get free medical and dental care. Plus, they get to use the convenient, money-saving facilities on post, like the gym and swimming pool; Outdoor Recreation; Information, Tour and Travel; the PX and the commissary.

These are facilities which many DA civilians never use.

This is where the fallacy part comes in.

DA civilians on post are entitled to use almost every post facility on a space-available basis. The only exceptions are the PX, commissary and post theater. The list of facilities open to civilians is long, and it has few restrictions.

How many weekends did you, as a civilian, sit home and wish that you

were on the slopes at Lake Tahoe like your soldier friends? If you thought this was a luxury offered to soldiers only, you're wrong.

### Outdoor Rec

Outdoor Recreation offers equipment for practically any adventure you can dream of. From kayaking to skiing, rafting, backpacking, camping, croquet, etc., the list goes on for things available to DA civilians.

For more information about what Outdoor Rec offers, call 561-4356, or visit them in bldg. 92.

### ITT

Information, Tour and Travel (ITT), in the lobby of the Golden Gate Community Center, offers reduced rates on community events like the ballet and the opera. They sometimes offer free tickets to local sports events among other things. Here is where civilians are restricted, active duty soldiers get first priority on free tickets, according to Char Morris at ITT.

Presidians can call Morris at 561-3992 or stop by the ITT office for more information.

### Gyms

Civilians are invited to use the

gyms and the swimming pool on post as long as they bring their own clothing and a padlock if they want to use a locker, said Bob Darling, sports specialist at Gym No.1.

### Community Recreation

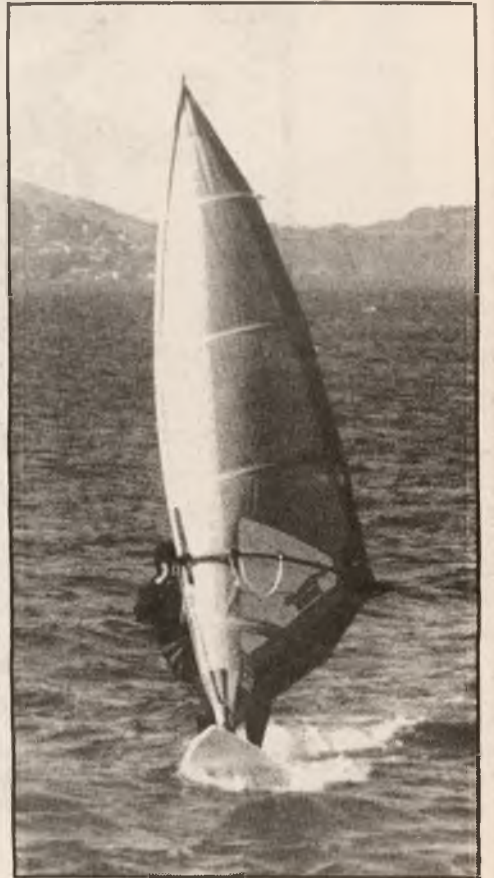
The Community Recreation Division includes those activities already mentioned, as well as the Arts and Crafts Center and the Auto Craft Shop which are in buildings 122 and 662, respectively. These facilities also are open to civilians on a space-available basis.

### Other

Other facilities available to civilians include the Officers' Club, which is open to civilians GS-7 and above, and the Golden Gate Community club, which is open to GS-6s and below. Also, the Education Center, in bldg. 1216, has a variety of classes, all of which are open to civilians.

So, if you've been feeling excluded from Presidio activities because you're 'only a civilian,' guess what? You can jump right in there with everyone else for many things.

If you have a question about an activity not listed here, give them a call. Most likely, you will be more than welcome.



Sailboards are only one of many items available to adventurous DA civilians (and soldiers and family members) at Outdoor Recreation.

## Sports Notes

### Presidio Golf Team

The first golf match for the Presidio Golf Team will be at Travis Air Force Base on April 4. Transportation will be provided. Low handicappers are preferred. Any active duty personnel who wish to play on the team should call SFC Tom Pahl at 561-6219.

### Commander's Cup

The race for the 1987 Commander's Cup is well on its way. U.S. Army Garrison (USAG) has taken the competition for the last four years in a row, but, according to SSgt. Patrick Fiel, platoon sergeant, Law Enforcement Company (LEC), the LEC will give USAG a run for their money.

Fiel organizes and plays on his unit's softball, basketball, bowling, racquetball and volleyball teams.

Teams earn points for the Commander's Cup with: entry points (prorated according to unit size), representation at clinics, league/tournament final standings, participation on post-level teams, and participation on All-Army teams.

The next sport in the competition will be golf beginning Thursday. Volleyball follows golf, beginning March 30. The meeting to organize volleyball will be at 1 p.m. on March 24.

The Post Racquetball Championships will take place the first week of April.

For more information, call John Funes at 561-4131 or 561-5032.

### Basketball Championships

The Post Basketball Championship was down to two teams as of Monday: the 864th Engineers and USAISC. The Engineers lost last week to USAISC, thus putting them in the loser's bracket to compete with DOL.

In the game against DOL Monday, the Engineers came out on top, 43-36. The Engineers were then slated to go up against USAISC once again in the finals, which took place Tuesday. As of press time, the results of that game were not available.

One of the tournament highlights was the game between DOL and DPTMSEC. In the first half of that game, DOL had as much as a 12-point lead, but DPTMSEC cut that down to just six points before the half.

In the second half, DOL played a ball-control game. DPTMSEC played a man-for-man defense and caused a few turnovers to tie the game up with less than two minutes to play.

DOL managed to get ahead and DPTMSEC was forced to foul their opponents in order to get the ball back.

DOL's free-throw shooting for that night was better than 75 percent. The final score was 48-46 in favor of DOL.

Tyrone Turner and Kevin Blackwell of DOL were outstanding players. Thomas Crawford of DPTMSEC also had a good game with 20 points.

### Tournament results:

Game No. 1: USAISC vs. Co. B, LAMC, 63-46.

Game No. 2: Co. A, LAMC vs. DLI-SF, 39-29.

Game No. 3: Sixth U.S. Army vs. DOL, 56-45.

Game No. 4: 864th Engineers vs. DPTMSEC, 60-37.

Game No. 5: USAISC vs. Co. A, LAMC, 52-42.

Game No. 6: 864th Engineers vs. Sixth U.S. Army, 68-60.

Game No. 7: Co. B, LAMC vs. DLI-SF, 49-39 (Loser's bracket).

Game No. 8: DOL vs. DPTMSEC, 48-46.

Game No. 9: Sixth U.S. Army vs. Co. B, LAMC, 59-48 (Loser's bracket).

Game No. 10: DOL vs. Co. A, LAMC, 42-37 (Loser's bracket).

Game No. 11: DOL vs. Sixth U.S. Army, 51-48 (Loser's bracket).

Game No. 12: USAISC vs. 864th Engineers, 57-40.

### Volleyball

The 1987 volleyball season should start competition about March 30. Units or activities which want to enter teams should do so by March 20.

A clinic for coaches, managers, players and officials will be held at 1 p.m. on March 24 at Gym No. 1, bldg. 63.

For more information, call Jim Ragasa, Volleyball Program director, at 561-5328 or the Sports Office at 561-4120.

### Men's, women's softball team

The Presidio Sports Branch will hold an organizational meeting on March 20 at 5 p.m. to formulate the 1987 post-level men's and women's softball teams.

Coaches and players interested in playing in post-level competition are urged to attend this meeting.

For more information, call Charles Hurd at 561-4131 or 561-5032.

### Youth boxing

Youth Activities is starting a boxing program and is looking for experienced volunteer coaches to get the program going. If you enjoy working with youth, call Youth Activities at 561-5143 or 561-5910.

### Lose weight

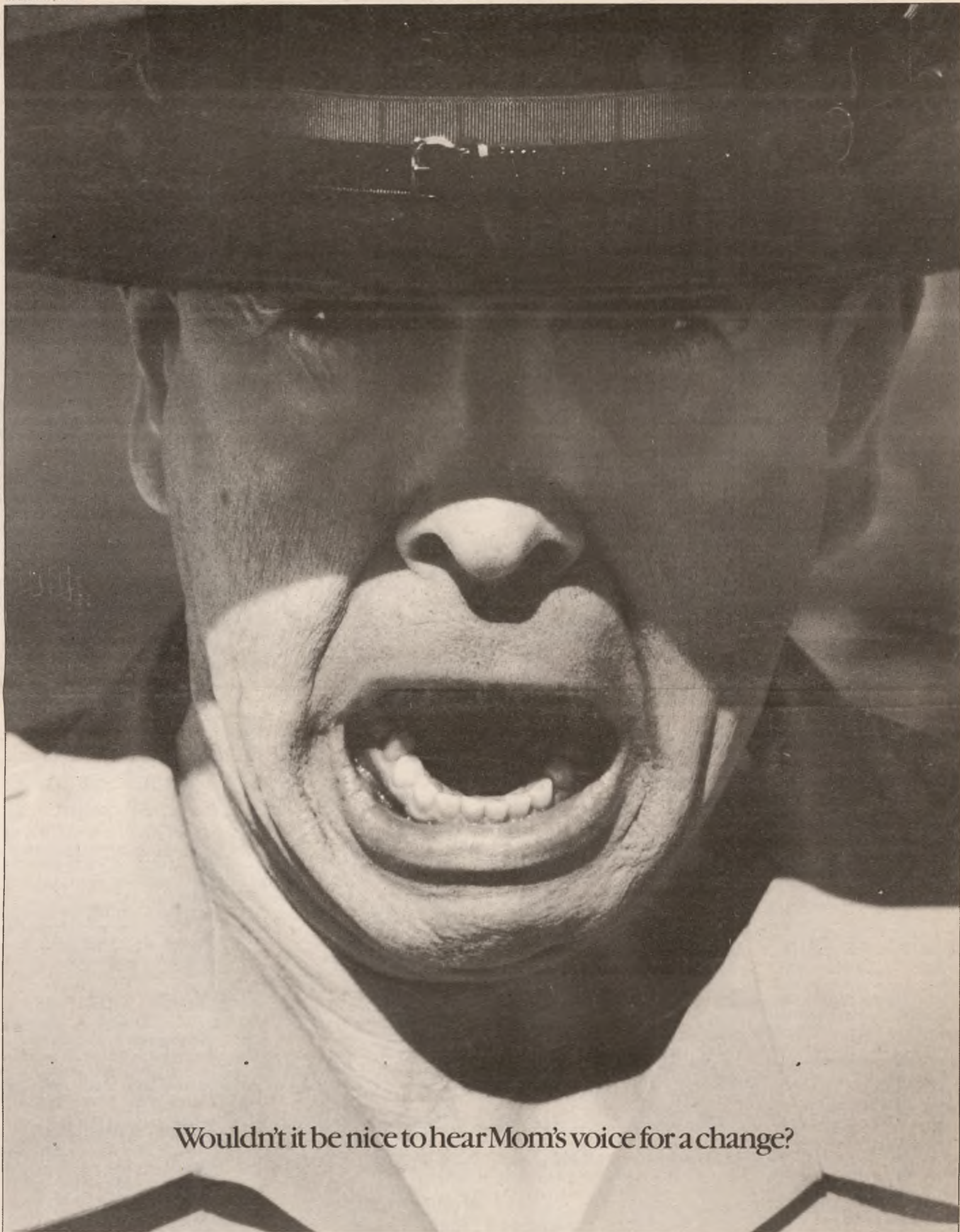
The Take Off Pounds Sensibly (TOPS) group is now meeting Thursdays at the Recreation Center, bldg. 135, from 5:30 to 7 p.m. The sessions are open to everyone.

### Tae Kwon Do

The Department of the Army is seeking qualified Tae Kwon Do athletes and coaches (men and women). This will determine if the Army has enough experienced competitors to have an All-Army Trial Camp at a later date.

For more information and applications, contact Bob Darling at Gym No. 1, bldg. 63, at 561-4120 or 561-5032.





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**Ideas:** take the challenge, make PSF shine! **page 3**

**Taxes:** do childcare costs have to be a burden? **page 5**

**B-ball winners:** nine years old and good as gold! **page 11**

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# Star Presidian

Vol. 30, No. 11

"Published in the interest of the people of the Presidio of San Francisco."

March 20, 1987

## Quarters fire forces family out, damages estimated at \$12,000

by Pleasant Lindsey

Fire gutted a unit of the transient quarters in the Fort Scott area around 8 a.m. March 4, causing extensive damage to the building's structure and to personal property.

A pet was rescued and there were no reported injuries. The cause of the fire is under investigation.

Chief Eugene Day, assistant fire chief, Presidio Fire Department, said the fire was confined to the downstairs unit of 1266-D Storey Ave. Fortunately, no one was home at the time.

Day said the fire station received an emergency call about a fire at 8:30 a.m. Units from the station arrived at the scene at 8:34 a.m. The chief said there was no report of who saw the fire first, but the occupants were out of the quarters before the fire started.

Day said the quick thinking of a passerby may have helped minimized the damage. The passerby, whose identity is still unknown, apparently saw smoke, found a nearby garden hose and managed to enter the quarters and help slow down the spread of the fire before fire fighters arrived. The lack of ventilation in the quarters also contributed to the slow movement of the fire, Day added.

"Apparently the windows and doors to the unit were closed when the fire started," Day said. "As the flames progressed, the fire used up most of the



Photo by Stan Moore

Damage to quarters 1266-D was extensive, but the fire was contained in the downstairs apartment.

available oxygen, causing it to smolder. If there had been more ventilation, the damage would have been much worse."

Structural damage to the unit was estimated to be about \$12,000. Day said there was a family staying in the unit above, but because the fire was contained in the downstairs unit, the upstairs oc-

cupants were unharmed. However, Day said if the fire had been worse, the upstairs occupants could have been in trouble because the smoke alarm for the downstairs unit wasn't working.

"We tell members of our self-help class to check smoke detectors ever pay day to see that they are please see page 3

## Government gives raise to some civilians

As of March 15, many Presidio employees received a special pay raise.

This pay raise is only for GS-7, Step 4 and below employees who have typing, stenography or data transcribing in their job titles. This raise was approved by the Office of Personnel Management (OPM) in Washington, D.C., last week. GS-7 Step 5 and above employees will not receive a pay raise.

"The new pay scale will not affect

GS-7, Step 5 to Step 10. They will retain their current salary. If we went by the special pay chart, they would lost money," said John Campbell, Chief, Recruitment and Placement Division, Civilian Personnel Office (CPO). Several months ago CPO joined other federal agencies around San Francisco and gathering employee turnover data and documenting recruitment difficulties to justify increased pay rates for typists, stenographers and data transcribers that would be

more in line with salaries paid for similar jobs in local private firms.

"We are making every effort to complete the personnel actions so the Accounting and Finance Office can start including the new rates in pay checks issued the first week of April. The rate chart became effective on March 15. When you compare old salaries with those on the chart, you will note that OPM granted a larger pay increase to lower graded personnel," Campbell said.

"Keep in mind that not all jobs requiring typing are covered by this new pay scale. You must have the words typing or typist, stenography or stenographer, or data transcribing or data transcriber in your job title to receive the higher pay rate.

"CPO requested special salary rates for all GS-2 through GS-7 positions. Our employees received a pay raise in January that those with special salary did not. Because of the 3 percent pay raise our GS-7, Step 5 and above will not come under the special salary rates. To put them under these new rates would mean a decrease in pay.

"In May, OPM will review the special salary rates to determine if adjustments, such as higher rates for GS-7 employees in the upper steps should be granted.

"If employees have questions on this pay raise, they should call our office at 561-5759 or 561-5753," Campbell said.

### New pay scale as of March 15

	Step 1	Step 2	Step 3	Step 4	Step 5	Step 6	Step 7	Step 8	Step 9	Step 10
GS-2	\$13,216	\$13,555	\$13,894	\$14,233	\$14,572	\$14,911	\$15,250	\$15,589	\$15,928	\$16,267
GS-3	\$14,896	\$15,278	\$15,660	\$16,042	\$16,424	\$16,806	\$17,188	\$17,570	\$17,952	\$18,334
GS-4	\$15,865	\$16,294	\$16,723	\$17,152	\$17,581	\$18,010	\$18,439	\$18,868	\$19,297	\$19,726
GS-5	\$16,790	\$17,270	\$17,750	\$18,230	\$18,710	\$19,190	\$19,670	\$20,150	\$20,630	\$21,110
GS-6	\$17,645	\$18,180	\$18,715	\$19,250	\$19,785	\$20,320	\$20,855	\$21,390	\$21,925	\$22,460
GS-7	\$18,418	\$19,012	\$19,606	\$20,200	\$20,806*	\$21,418*	\$21,030*	\$22,642*	\$23,254*	\$23,866*

\*Steps 5 through 10 match regular General Schedule rates.



# Opinions

## TAKE A BITE OUT OF CRIME

### Office Watch

by John Flynn

Members of the Installation Crime Prevention Council meeting on March 9 introduced a new program to combat larcenies in the work areas on the Presidio. This new program is called Office Watch.

The Office Watch Program will organize Presidians into a crime-fighting team by appointing a representative in each office to identify all visitors, keep an eye on office property, and notify the Military Police (MPs) of any suspicious activities.

This simple process has cut thefts at other installations by 20 percent. The Office Watch representative will compile a list of names and phone numbers and hold occasional meetings to discuss crime trends within his area of responsibility. That

person also will have access to hand-out materials for office workers.

This "grass roots" program depends on the individual to take responsibility for the security of his or her work area. If you remember the acronym "SECURE" you will help yourself to take a bite out of crime!

- Secure your purse or wallet.
- Engrave your valuables.
- Check and inventory assets often.
- Use operation I.D.
- Report suspicious activities.
- Ensure that safes are locked.

### Crime report

- There was one unsecured office building.
  - There was a theft from an unsecured wall locker.
  - There was a report of theft of an unsecured skateboard.
  - There was a report of theft of an unsecured watch.
- All of the above could have been prevented!

## Ramblin' Sam

"As the post commander for a day, what is the first thing you will do, Sir/Ma'am?"



Kris Ingersoll, florist, Flower Shop, AAFES Mall: "I haven't the slightest idea what I would do."



SP4 Mark Sanchez, M.P., Law Enforcement Company: "I'd try to get to know the soldiers better; see what their needs are and try to meet those needs."



SP4 Donna Harrison, Operating Room technician, 6253rd Headquarters, Letterman Army Medical Center (LAMC): "I would hold a mass inspection for the post. I would make sure all troops could meet the Army's standards."



MSgt. DeWayne Crenshaw, advisor to National Guard and Reserves, Readiness Group, Sixth U.S. Army: "I would exercise more control over the flow of civilian traffic on post. Although it is an open post, tourists and visitors seem to abuse the traffic laws more so than the military and present a hazard to everyone."

## Basic values change little over the years

by Joseph J. Miano

I found a treasure in an antique shop in New Orleans last year. For \$3, I purchased Ralph E. Brown's copy of "The Officer's Guide," printed in 1939.

Brown was an officer in the Coastal Artillery Corps. He stamped his nameplate inside the cover as a first lieutenant in the 202nd Coast Artillery and updated it faithfully as he progressed to the rank of major in the 5th HQ, Special Troops, 4th Army at Camp Swift, Texas.

Within the well-thumbed pages of Brown's book, I found nine yellowed, handwritten pages of notes for a speech he apparently gave newly-commissioned officers during World War II.

The Officer's Guide that served as the foundation for Brown's talk is one of those small lessons in history we so often forget—a reminder that the roots of today's policies and procedures are in our past.

Much has changed; yet much remains the same. Values are a timeless standard of shared beliefs—a cement that binds the aggregate members of the

Army together. I was struck by how true Brown's message rings 40 years later...by how clearly the attitudes and traditions he sought to foster are engrained in our heritage.

I thought about trying to find out more about Brown, who he was...what he did...and I'm still curious. But in the end, I wanted to share his thoughts unencumbered as I found them. His words stand alone. They need no biographic footnote to justify them.

Here are some excerpts of Brown's lecture notes some 40 years ago:

Stand on your own feet. Your seniors are interested in your past only insofar as it may indicate your future worth. The fact that you are well educated, that you spring from a famous family, or that you bear a fine reputation from prior work are all matters of small concern to your superiors. They are interested in how well you execute the tasks of today, so they can better estimate how well you may function tomorrow.

Most of us are men of ordinary capacity. Whenever an officer gets a secret suspicion that he

is something more than an ordinary mortal, he is likely, unintentionally, to disclose his belief to others. The big fall is then not far distant. Ambition is normal and healthy, if wisely controlled. Officers, like other men in this "Land of the Free," are sometimes prone to take advantage of the freedom of speech. I refer to the habit of sneering, carping, grumbling and criticizing those who are above us.

The man who is anybody and who does anything is surely going to be criticized, vilified and misunderstood. This is part of the penalty for greatness; and every man understands it, and understands, too, that it is not proof of greatness. The final proof of greatness lies in being able to endure contumely (rude language or treatment) without resentment.

Mind your own business. Do this, or if for any reason you should prefer not to, then take your choice of these: get out or get in line.

You must do one or the other—make your choice. If you work for a man, in heaven's name,

please see page 3

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# Hearing set to discuss plans for Presidio

The National Park Service will conduct a public hearing on Thursday at 7:30 p.m. in bldg. 201, Fort Mason. The hearing will concern proposed new construction of a branch exchange convenience store and discussion of a Draft Environmental Input Statement for two sets of enlisted soldiers barracks planned for the Presidio.

The new branch exchange will be an AAFES-operated convenience store east of the intersection of Gorgas Avenue and Marshall Street, next to the elevated portion of the Richardson Avenue approach to the Golden Gate Bridge.

This new building will replace a

portion of the Four Seasons store. The Four Seasons store will be demolished to make way for a new commissary.

The new convenience store is planned to be open longer hours than the Post Exchange and will be open to active duty, retired soldiers and their family members.

Three temporary buildings will be demolished to clear the construction site.

The proposed barracks, without dining facilities, will be for 167 single enlisted soldiers assigned to Letterman Army Medical Center (LAMC) and Letterman Army Institute of Research (LAIR).

The project site selected is vacant and is located midway between Lincoln Boulevard and Gorgas Avenue, east of Halleck Street. Parking will be between the buildings and Doyle Drive.

The historic buildings currently used as barracks for these soldiers will not be demolished, but will be converted to administrative buildings.

A second project, a barracks with dining facilities will be for single enlisted soldiers assigned to Presidio garrison units.

Thompson Hall Guest House will be demolished in order to make room for these barracks north of Lincoln

Boulevard. The plans call for 10 three-story barracks modules, one separate one-story dining facility and one one-story operations and supply area.

The barracks will house 313 soldiers and the dining facility will serve 400 people.

This project will replace historic barracks, at Fort Scott which will be converted to administrative and Army Reserve facilities after they are upgraded seismically and safety standards are met.

All Presidians are encouraged to attend the Thursday public hearing since it concerns important Presidio issues.

## Do-It-Yourself Corner

### Maintaining hand tools

The basement where most tools generally are kept is probably the worst place to keep them; few basements are dry enough. A jar of silica gel or magnesium chloride in each drawer will help dry the air. Wipe the metal parts of your hand tools with a rag saturated with light

machine oil or WD-40.

Nothing is as bad for your saw as your own perspiration-laden fingerprints. These help generate rust. Try not to touch the blade any more than necessary; wipe after handling.

If your tools do rust, there are several dependable rust removers

that will work, unless corrosion has pitted the metal. Keep a bottle of rust remover on hand and a package of fine steel wool to use with it.

Store tools carefully. Chisels and other keen-edged tools should be in individual compartments where edges won't be dulled against metal objects. Planes should be laid on their sides. Drills and bits may be racked, rolled in oil canvas, or laid carefully on a wood-lined drawer. Even files will become dull if left in dusty or greasy places.

Check wood handles for splinters or rough spots. Fine sanding followed by a light wiping with linseed oil will keep handles trim.

Accurate work with cutting tools such as saws, chisels, planes, files, gouges, knives, scrapers and screw drivers demands sharpness. Of all these, only the handsaw may need a professional's touch for sharpening. The others you can keep "yourself."

### Values continued from page 2

work for him! If he pays the wages that supply your bread and butter, work for him...speak well of him...stand by him...and stand by the institution he represents.

If put to the pinch, an ounce of loyalty is worth a pound of cleverness.

If you must vilify, condemn or disparage, resign your position; and when you are outside, damn to your heart's content.

But so long as you are part of an institution, do not condemn it. Not that you will injure the institution. But when you disparage it, you disparage yourself.

You cannot help the old man as long as you are explaining in undertone and whisper, by gesture and suggestions, by thought and mental attitude, that he is a curmudgeon and his system dead

wrong. You are not menacing him by stirring up discontent and warming envy into strife, but you are doing this...you are getting yourself upon a well-greased chute that will give you a quick ride down and out.

Avoid thoughtless remarks. Once, in a large building on the East Coast, an officer was standing at a window gazing off over the city. An associate asked what interested him so profoundly.

"I was contemplating the damage we do ourselves by idle conversation. A year ago, I told a friend that sometime I would like to be stationed on the West Coast.

"Recently, my friend has been on duty where he has something to do with assignments. This morning I received a letter telling how happy he

was to obtain my orders for the far west. I am to leave at once because of a casual remark made a year ago. I shall have to go to a distant station, far removed from the part of the country it is now in my great interest to remain."

All this is intended to emphasize the importance of avoiding those thoughtless remarks which may cause reaction counter to your intentions and, in the extreme case, may even create the impression of disloyalty.

You do mean to be loyal. Let no person have any doubt about it whatever. Disloyalty is a garment difficult to shed.

(Capt. Joseph J. Miano is a transportation officer assigned to the Department of Combined Arms, U.S. Army Engineer School.)

### Fire continued from page 1

working," said Arthur Chilson, fire inspector. The self-help class is voluntary and is offered to residents before they move into housing.

Day said the alarms are loud enough for upstairs residents to hear them, but the battery in the alarm of the burned quarters had run down. He said many of the housing units have alarms that are connected to the house's electrical system. But that wasn't the case in the burned quarters so the alarm system should have been checked periodically.

"Eighty percent of the fires on the post have been in family quarters," Day said. "We estimate the death rate due to fires has been cut in half across the country since the introduction of smoke alarms.

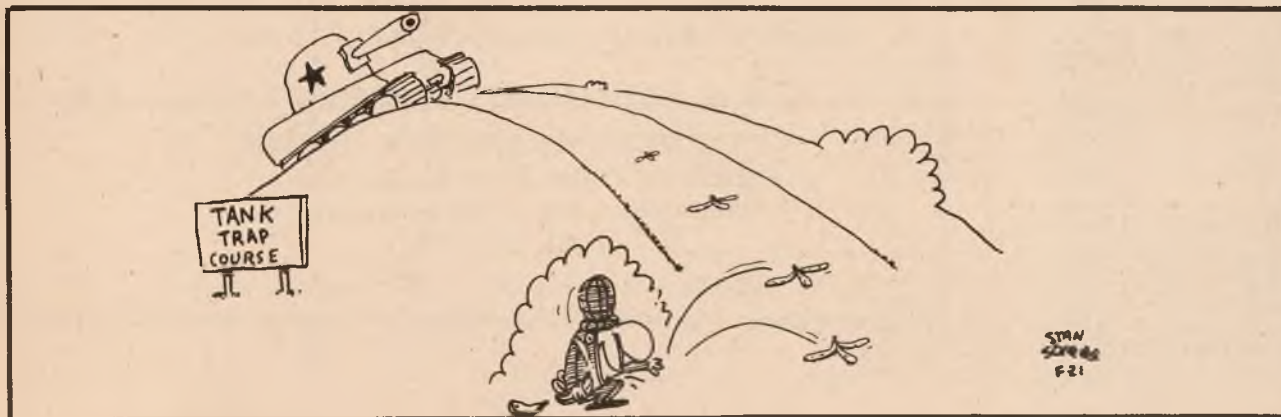
"However, we can point out all types of potential fire hazards, but it is up to the occupants to take steps to prevent fires."

Day said the post fire department will be glad to give suggestions to residents about making escape plans in case of fire, safety hazards and fire prevention tips. The fire department is just a phone call away.

But do not call the emergency number for suggestions. For fire prevention tips, call the Presidio Fire Department at 561-4220, 561-4317 or 561-3914.

The emergency number should only be used when there is an actual fire. The emergency number is 561-5656.

### The Lighter Side



### PSF IDEAS OF EXCELLENCE PROGRAM

The Presidio says thanks to Capt. Richard Thomas, battalion S-4 (logistics officer), Headquarters Command Battalion, and CW2 Francis Sloat, 864th Engineers, for their idea about modifying the M-11 and M-12 racks for the M-16 rifle.

Thomas and Sloat have found that these racks allow the weight of the rifles to rest against their barrels, causing the barrels to bend. They also noted that it requires about \$75 in parts and labor to correct the problem in each defective rifle.

Their idea is to widen the small hole used to support the barrel on the M-11 rack, which would allow the lower receiver group of the rifle to support the impact and weight of the weapon and relieve tension on the barrel. Installing a padded bracket on the M-12 rack also would relieve tension on the rifle barrels in the same way.

Thomas and Sloat also suggested a way to inspect for bent barrels when bore gauges aren't available. They suggest sliding a portion of the M-16 cleaning rod down the barrel of the weapon. If the barrel is bent the rod won't fall freely. According to their idea, the cleaning rods will be sufficient until units can receive M-16 barrel gauges.

Thomas and Sloat have come up with an idea that would preserve equipment and cut costs. Hats off to them for their Ideas of Excellence.



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.

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# Support groups lend insight into self-help

by Terry Wechsler, ACS volunteer

If the 1960s were the "We Generation" and the 1970s the "Me Generation," the 1980s probably will be known as the "Group Generation."

Support groups are a particular phenomenon of recent years. Probably the best known support group, Alcoholics Anonymous, paved the way with its 12-step approach to overcoming alcoholism and a track record that exceeded anything the medical profession could claim.

The Army has recognized the effectiveness of groups to meet various needs of military families. This is due, largely, to Army Chief of Staff Gen. John A. Wickham's 1983 White Paper on "The Army Family."

The White Paper resulted in annual Army Family Action Plans (AFAP) which define areas of concern to Army families. One of the ways to meet those concerns has been through groups.

Family support groups organized on several installations in 1984 and 1985 "emphasized self-help and support to families and soldiers in time of deployment," according to the 1986 AFAP. The plan cited the family support groups operated by the 82nd Airborne Division to "provide an information and assistance network which reduced demands on the force deploying to Grenada." Family members even "became part of the teams that informed families of casualties and provided a support system for the affected family."

Army Community Service (ACS) is organizing groups which will impact local families. Two departments, the Exceptional Family Member Program and Family Advocacy Program, are responsible.

Vicki LaGrone, program coordinator for the Exceptional Family Member Program at Presidio ACS, conducts the Parents' Support Group for parents of children with exceptional needs. These children may have physical handicaps, or a medical, developmental or emotional problem.

The Parents' Support group gives parents in crisis an opportunity to share their experiences and to learn how to deal with the red tape involved in meeting their family's needs. For instance, parents may have to learn how to qualify for compassionate reassignments to locations where the child's medical and/or educational needs can be met.

"Fighting for your rights is not something most of us have had to do before," LaGrone said. "Through the group, we learn the skills needed to do that for our families."

Asked if service members hurt their careers by entering the Exceptional Family Member Program, LaGrone responded, "I don't think so. There's been too much command support for this, from (Chief of Staff) Wickham on down. I do believe that not enrolling guarantees that family problems will surface later, and that will certainly have an adverse effect on their lives and on their careers."

ACS, long involved in assisting families dealing with the problems of abuse, now offers courses through the Army Family Advocacy Program (AFAP) to teach effectiveness skills. Skills including communication, conflict resolution and time management are taught to groups of parents, teens and women through Effectiveness Training courses.

Karen Kaho, Family Violence Specialist with AFAP, said that in working with families dealing with spouse or child abuse, she saw a common need.

"Without exception, these families lacked effective communication. They reacted to pain but did not know how to express needs," she said.

Asked how Effectiveness Training can impact on families, Kaho said, "Many of the perceived problems in our lives are things that we can change." For example, she said, "Many women complain that there is not enough time in their days to do things for themselves. Often, learning

## Groups:

Parents' Support Groups (parents of children with exceptional needs)—Wednesdays, 5:30 to 7 p.m.; call Vicki LaGrone.

Working Parents' Brown Bag Support Group (parent couples who both work)—last Wednesday of every month, noon to 1 p.m.; call Karen Kaho.

## Courses:

Youth Effectiveness Training—Wednesdays, April 8 to June 10, 7 to 9 p.m., call Karen Kaho.

Parent-to-Parent Program (parents helping parents of children with exceptional needs)—March 17 and 19, 5:30 to 9:30 p.m. and March 21, 9 a.m. to 1 p.m.; call Vicki LaGrone.

Offered through Army Community Services, (ACS), bldg. 566, call 561-5057 or 561-5156.

to manage time efficiently results in more than enough time to get everything done."

With the time to learn new skills or pursue interests, a woman (or parent or teen) can feel she is contributing more to her own life and to her family, according to Kaho.

It is important to realize that Effectiveness Training will not change one's environment, but it may change the way one perceives his or her environment.

AFAP Director Starine Cheek said that too often we assume that we are responsible for the problems and the actions of those around us, particularly family members. "We can learn that we are responsible only for our own behavior. Once we accept that, we are back in control of our lives; hopeless situations become hopeful."

Asked what the crux of the Effectiveness Training courses and support groups would be, Cheek said that we can learn to "let go of what we can't control; change what we can control."

That sounds familiar, but is it still a neat trick if one can do it.

# Paying for childcare can pay off at tax time

## Taxes

Whether military or civilian, parents who pay someone to care for a child or dependent while they work or look for work may qualify for a special tax credit, according to the Internal Revenue Service.

This Child and Dependent Care Credit may be taken not only for payments to babysitters and day-care centers, but also to certain relatives paid for this service.

This credit is available to married couples who both work parttime or fulltime or are actively looking for work, and file jointly. If one spouse works fulltime and the other works parttime, is a full-time student, or is disabled, they also are eligible for the credit, according to the IRS.

The credit also may apply to a divorced or separated parent who has custody of a child who is younger than 15 or physically or mentally incapable of self-care, even though the parent may not be entitled to a dependency exemption for the child, according to the IRS.

The parent claiming the credit must, however, have custody for a longer period during the year than the other parent. A married person living apart from his or her spouse is eligible for the credit when the spouse is absent for the last six months of

the taxable year, and a separate return is filed.

## Percentage varies

The credit is from 20 to 30 percent of eligible expenses, depending on the taxpayer's adjusted gross income. The maximum credit that may be taken is limited to \$720 for one qualifying person and to \$1,440 for two or more qualifying persons.

To qualify for the Child and Dependent Care Credit, a taxpayer (1) must have been gainfully employed or in active search of gainful employment when the expense for the child's or dependent's care was incurred, and (2) must have paid over half the cost of maintaining his or her household, which included one or more qualifying individuals. A qualifying individual is a dependent child younger than 15 years of age or a spouse or dependent who is mentally or physically incapable of self-care.

## How to claim

To claim the credit, taxpayers can file Form 1040A, using the worksheet in the Form 1040A tax package to compute the amount of the credit. Taxpayers who file Form 1040 also may claim the credit, even if they do not itemize deductions. These taxpayers compute the credit on Form 2441, *Credit for Child and Dependent Care Expenses*, and attach this form

to the Form 1040.

More information is available in IRS Publication 503, *Child and Dependent Care Credit, and Employment Taxes for Household Employers*, which may be ordered by

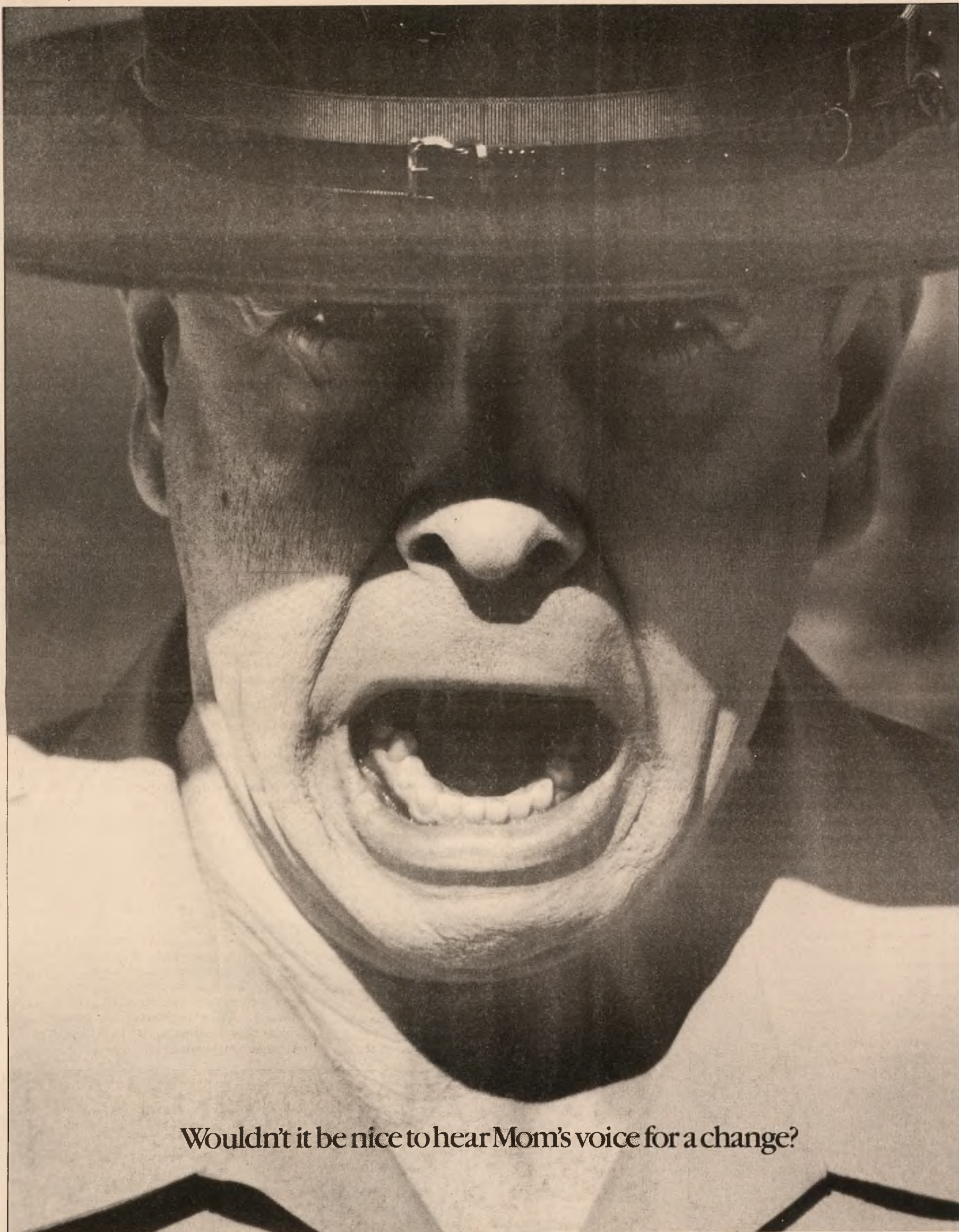
filling out the order blank in the tax package or by calling the IRS Forms/Tax Information number listed in the telephone directory.

Presidians also may call 561-2TAX for more information.



Young or old, officer or enlisted, the Tax Center should have the answers you're seeking in these taxing times.





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# Women can!

## Active Presidians make Women's Week work

story and photos by Debbie Robinson

**P**residians had more activities to keep them busy during Women's History Week than they probably could keep up with. Activities were designed to help enhance women's awareness of work world opportunities.

The theme for the week, March 9 to 13, was, "Upward Bound." Indeed the "Upward Bound" feeling was in the air at each event.

Activities were arranged by members of the Federal Women's Program whose managers were Angela Love of the post Equal Employment Opportunity Office and Noreen Franklin, the Hispanic Employment Program manager at Letterman Army Medical Center.

Techniques for Job Advancement was a workshop held March 9 and 10. The workshop was directed toward anyone interested in getting ahead in civil service as well as on the outside.

Celia Fauntleroy, supervisory staffing specialist at the Civilian Personnel Office, explained certain federal employment guidelines, including the purpose of the X-118 and the X-118c, how to complete the SF 171, and preparing KSAs when applying for positions.

Fauntleroy added that she was willing to help employees who need instruction in how to make the right moves toward job advancement. She said that even though the road to success might be long and sometimes discouraging, you shouldn't lose sight of your goals.

During the second half of the workshop, Bill Clyde, chief of Training and Development, CPO, lent his insight on how to avoid the common pitfalls of interviewing. In addition, E'Lane Bielecki, traffic manager, Directorate of Logistics (DOL), and Randy Beckett, supervisory general engineer, Directorate of Engineering and Housing (DEH), talked about what they, as managers, look for during an interview.



Supervisor Willie B. Kennedy speaks at the Women's History Week luncheon.



Celia Fauntleroy, supervisory staffing specialist shows workshop attendees how to make lateral moves to eventually advance in civil service.

On March 12, there was a panel discussion including four DA civilians who shared their experiences and gave the audience advice on how to achieve goals. The panel included Susan Kuniyuki, supervisory management analyst, Barbara Merino, labor relations specialist, Marjory Hill, supervisory management analyst, and Carolyn Peters, electrician.

They all seemed to share a lot of the same experiences, even though their work wasn't all related. Many of these experiences, like working as clerk typists, were part of their job development processes; something they all shared. However, these aren't the type of women to let themselves be slowed down by what other people might think about them or the type of work women should be doing.

Hill's comments seemed to really hit home, for instance. She said that women shouldn't let themselves be discouraged because they've "only" worked as housewives, or they don't have a lot of work experience. She said that

anyone who can run a household *has* to be adept at time management.

The point was not to let what you have done seem small, because everything you do can be chalked up as experience. If your experiences don't help you get the job, the confidence and self-esteem that you gain from them should carry over to help you in the long run.

The Women's History Week luncheon was held March 13. The guest speaker was Supervisor Willie B. Kennedy of the San Francisco Board of Supervisors. Her remarks were aimed at recognizing women's potential and encouraging them to work toward their goals.

There was something for everyone during this year's Women's History Week activities. Hopefully women on the Presidio will take some of their newfound knowledge and direct it toward helping themselves and their friends to make those "Upward Bound" steps to lifetime achievement.



Col. Joseph V. Rafferty, post commander, makes introductory comments before the Women's History Week panel discussion.



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French Hospital Medical Center, located near the Presidio, seeks caring professionals for per diem positions in the following areas:

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**Psych Unit**

**Acute Hosp. (Med/Surg)**

**PACU (Recovery Room)**

**Extended Care Rehab Center (SNF)**

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All positions require current CA license and experience. Send resume or apply in person to the Human Resources Dept., 4131 Geary Blvd., San Francisco, CA 94118. For more information, call Employment Coordinator at 666-8866. EOE.

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# Community Calendar

## VEAP's last chance!

Did you enter active duty for the first time between Jan. 1, 1977 and June 30, 1985? And you still haven't contributed to your VEAP account?!

Good news! A new law allows you to qualify for educational benefits by contributing up to \$2,700 if you do so by March 31.

Under this two-for-one program, you can receive up to \$8,100 for educational benefits; even more if you qualified for the extra bonus "College Fund."

You can use your benefits to attend the college or university of your choice as well as business, vocational or technical schools. Eligible participants also may be paid benefits for correspondence courses.

Give yourself a chance for an education—remember, you must enroll by March 31.

For more information, call or visit the Fort Scott Education Center, bldg. 1216, 561-2974 or 561-4445; or the LAMC Education Center, bldg. 1007, 561-3692 or 561-4030.

## SF State classes

San Francisco State University on-post courses will start March 30. Holistic Nursing (Nursing 101) will meet on Mondays from 5 to 8:45 p.m. at LAMC until June 1. This is a beginning course required for nursing majors.

Fundamentals of Oral Communication (Speech 150) will meet two nights a week on Mondays and Wednesdays from 6 to 8:45 p.m. at Fort Scott until May 27. Improve your briefing techniques, earn humanities credit and complete a required course for a bachelor's degree all at the same time!

Courses are open to all adults; tuition is \$225 a course. Most soldiers



## Join the Revolution

The Great America 1987 Season opens tomorrow, for weekends only during the Spring. The Revolution is their new ride, a 360-degree swing ship that rocks back and forth until the ship is suspended upside down. ITT has discount tickets for adults at \$11.25, reduced from \$14.95.

For more information, call or visit the Fort Scott Education Center, bldg. 1216, 561-2974 or 561-4445; or the LAMC Education Center, bldg. 1007, 561-3692 or 561-4030.

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## Scholarships

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for college students, you need all the help you can get. Apply for a scholarship from the Presidio Officers' Wives' Club (POWC). Applications are available to family members of active duty soldiers assigned to the Presidio and its subposts. Call Arietta Valenti at 346-1767 for information on how to get an application.

## Working parents

The Support Group for Working Parents will be held on the last Wednesday of each month from noon to 1 p.m.

Bring your brown bag lunch and share both your frustrations and creative coping ideas.

The next meeting will be on Wednesday at Army Community Services (ACS), bldg. 566. Call ACS for more information at 561-5155 or 561-5156.

## No smoking

The Presidio Exchange Mall, bldg. 606, is now a No Smoking area.

## West Point Founder's Day

The West Point Society of the San Francisco Bay Area is sponsoring the Annual Founder's Day dinner tomorrow for graduates of the United States Military Academy and their guests. Lt. Gen. Dave Palmer, superintendent of the United States Military Academy, will be the evening's guest speaker.

Benny Havens Hour will start at 6:30 p.m. at the Presidio Officers' Club. Dinner will begin at 8 p.m.

Invitations have been mailed to known graduates in the area. If you know someone who should have received an invitation but did not, please call Mary Paul at 561-3637 or Lt. Col. Tim Gilbert at 561-3309.

# Get fit, make money with LAIR's research program

Are you a healthy woman, 25-35 years of age who wants to improve your level of fitness? Are you interested in earning \$1,000 while shaping up? Then we are looking for you!

Volunteers are needed for an exercise study to be conducted at the U.S. Department of Agriculture's Western Human Nutrition Research Center located in the Letterman Army Institute of Research (LAIR) facility here on the Presidio.

To be considered as a volunteer, you must be a healthy woman, 25-35 years of age. You must be able to participate in a supervised exercise

workout on a treadmill or stationary bike, and you must take your meals from our metabolic kitchen every day for the entire 70 days of the study. The study is scheduled to begin April 13 and to finish June 20.

The object of the study is to determine how exercise intensity affects energy metabolism. During the course of the study we will be monitoring your energy expenditure, how your body responds to a glucose challenge, whether you use glucose or fat for energy during exercise, and the rate at which your body fat is released for energy utilization.

These metabolic tests will be spaced throughout the study and will require 12 separate test days during which blood will be sampled painlessly at intervals. Some of the blood sampling will be done while you are exercising and some will be done while you are resting quietly.

At the beginning of the study, all volunteers will go through a stabilization period for two weeks. During this time you will eat a prescribed diet and maintain your normal daily activity without exercise. Then each volunteer will rotate through sedentary, moderate and heavy exercise

programs for a total of 54 days. During the exercise programs you will be allowed to choose meals from a wide variety of foods and beverages. You will need to be here for breakfast and dinner, but you may select lunch and snacks to eat away from our center.

So, if you're interested in: becoming aerobically fit, earning \$1,000 for your effort, and having meals prepared for you at no cost, think about volunteering for the study.

For more information, call Sadye between 8 a.m. and 5 p.m. at 556-1075 or 556-1249.

## At the movies

### Presidio Theatre

Fri, March 20	Crimes of the Heart (PG-13)	7 p.m.
Sat, March 21	Critical Condition (R)	7 p.m.
Sun, March 22	Critical Condition (R)	7 p.m.
Mon, March 23	Critical Condition (R)	7 p.m.
Tue, March 24	Sky Bandits (PG)	7 p.m.
Wed, March 25	The Fly (R)	7 p.m.
Thu, March 26	From the Hip (PG)	7 p.m.
Fri, March 27	From the Hip (PG)	7 p.m.

### Schwartz Theater

Mon, March 23	Crimes of the Heart (PG-13)	7 p.m.
Wed, March 25	Critical Condition (R)	7 p.m.
Thu, March 26	Sky Bandits (PG)	7 p.m.

### Hamilton Theater

Fri, March 20	Running Scared (R)	7 p.m.
Sat, March 21	Carnival Magic (G)	1 p.m.
Sat, March 21	The Right Stuff (PG)	7 p.m.
Wed, March 25	Dangerously Close (R)	7 p.m.
Thu, March 26	Just Between Friends (PG-13)	7 p.m.
Fri, March 27	The Boy Who Could Fly (PG)	7 p.m.



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## Sports

## Young hoopsters take charge in tourney

by Pleasant Lindsey

Friday the 13th brought a dose of bad luck to Corpus Christi School students as the post's fourth grade youth basketball team, the Presidio Lakers, whipped them for the Catholic Youth Organization (CYO) league championship by a score of 10-9.

The CYO league consists of 16 teams with eight teams to a division.

The victory drove the Lakers' overall record to 10-1 and capped a division record of eight straight wins, no losses.

The Presidio team's first loss came in championship competition when they lost their first playoff game to Grace Cathedral, 14-8. But the Presidio boys got revenge by pulverizing Grace Cathedral in their second meeting by a score of 14-6 to win their division. This led to the March 13 title game.

The Lakers can be proud of themselves not only for a winning season, but because most of them had never played basketball before.

"Eight out of the ten boys had never played basketball before, and we won our first game 4-2 in overtime," said one of their two coaches, Don Bergin, ophthalmologist, Letterman Army Medical Center (LAMC).

"Originally, there wasn't going to be a team," he said. "But some of the youth had played soccer together and

expressed an interest in playing basketball. The team improved with the season."

And their improvement showed, according to Bergin. In some games, the team scored as many as 20 or more points. Keep in mind that these are only fourth graders, so scoring 20 points is a noticeable achievement. In fact, the Presidio team was the only one in the league with any third grade players—two. And everyone on the team got an equal chance to play.

"League rules state that all kids on a team must play at least one half each game," Bergin said. "We divided the boys into two five-man squads and changed squads each quarter." He said the quarters lasted six minutes each, and all regular season games were played in Gym No. 2.

The Presidio Lakers also practiced in Gym No. 2 twice a week, and under the guidance of Bergin and their other coach, Ben Williams, veterinarian technician, Post Commissary, the team won six of their seven practice games. They not only played like winners, they learned the game as well.

"The important thing is they learned basketball, sportsmanship, self-confidence and how to play as a team," Bergin said. He and Williams also got good parental support; the parents attended every game and



Presidio Lakers Terrence Melton (16) and Donnie Bergin (7), defend against a Cathedral player in the division title game.

none of the players missed any games. These traits can be found in the best teams, and the Lakers proved to their league that this season they were the best.

Their dedication and strong per-

formance during the season earned the Presidio Lakers the league title, individual first place trophies for each member of the team and the honor of becoming the newest champions on post.

## Jimmy the Freak

**H**ellooo, everybody!! We haven't visited since the Giants demolished, as predicted, the Broncos in the Super Bowl. So much for small-time sports...let's talk baseball!! How do you feel about some of these bozos in their little stirrup socks telling you that they can't get motivated since they only make one-half million a year!?! Every time one of these peanuts comes to bat, they make enough money to feed a medium-sized village in Albania. And did you catch the player who said he was "insulted" by a team's offer of one million dollars a year!! That's dollars, not yen, kiddies!!! All I can say is...Mr. Team Owner, insult me...please, oh, please, insult me!!! Now for my predictions for the 1987 season. Please keep in mind, these predictions are for entertainment only. With players still on sitdown strike or negotiating new contracts, a few of these picks will be drastically affected.

## American League East

**1. Boston**—this pick is good only if

Roger Clemens signs his contract shortly. If he's unavailable, or his performance is affected by his salary dispute, put the Bosox down about three positions in the standings. Hopefully Bill Buckner had his knees surgically sewn together to improve his technique on picking up slowly hit grounders!

**2. Cleveland**—No, I haven't been sniffing industrial-strength finge-nail polish. This could be a very good year for the Injuns. They have some of the best young talent in baseball. Their only weakness is their pitching. If Phil Neikro pitches as well as he did when he was younger—say about 45 years of age—the Tribe should challenge for the title.

**3. Baltimore**—the Birds should fly a little higher this year under Cal Ripken, Sr. The team filled their two biggest weaknesses—third base and catcher with National League worthies. Should Eddie Murray play for his pay...watch out!!

**4. Toronto**—The Blue Jays played a little over their heads last year. I don't see their outfield having such monstrous years, and their pitching is on the weak side. Besides, all of their players are too busy complaining that their Canadian dollars are only worth 60 cents in the U.S.

**5. Detroit**—The Tigers lost a lot of leadership and hitting with their loss of Lance Parrish. Their best players are getting long in the tooth—isn't Sparky Anderson getting too gray even for Grecian formula to help?

**6. Milwaukee**—this is a team on the way up. They have gotten a stable full of young pitchers and they are slowly developing one of the best farm systems in the big leagues. However, Rob Deer is not the answer as the team's cleanup hitter. At least the bratwurst is still the best in the American League.

**7. New York**—I hope, I hope, I hope....

## Basketball championships

The champions of this year's Post Basketball Championships were the undefeated USAISC. In semi-final action, the 864th Engineers beat DOL, 43-36, to meet up with the formidable USAISC in the finals on March 10. Both teams had good support from their fans.

The game started with the 864th controlling the tip-off and scoring the first two points. USAISC took quick action, taking the lead for the rest of

the game. The Engineers made a gallant effort, but it wasn't enough to overtake their opponents.

The USAISC team was well-balanced with good shooters, ball handlers and strong rebounding.

The final score was USAISC 52, 864th Engineers 48.

## High scorers

USAISC—Jeffery Anderson, 18 points; Sinclair Riddle, 15 points; Robert Thomas, 12 points.

864th Engineers—Elvis Williams, 14 points; Gregory Dominique, 13 points; Cedric Archie, 12 points.

Jeffery Anderson was selected as the Most Valuable Player.

Congratulations to the 1987 Presidio Basketball Champions, USAISC!

## Commander's Cup

Will U.S. Army Garrison (USAG) take the Commander's Cup for the fifth year in a row? Stay tuned for more Cup coverage in upcoming *Star Presidians*, or, get involved and play for your unit to try to capture the title from the ever-powerful USAG.

Teams earn points for the Com-

mander's Cup with: entry points (prorated according to unit size), representation at clinics, league/tournament final standings, participation on post-level teams, and participation on All-Army teams.

While the golfers have begun their season, competing for Commander's Cup points, volleyball players should start to warm up. There will be an organizational meeting for volleyball March 24 at 1 p.m. The volleyball season begins March 30.

For more information, call Jim Ragasa at 561-5328 or 561-2080 after 11 a.m.





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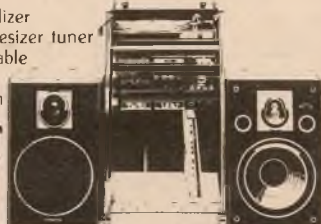
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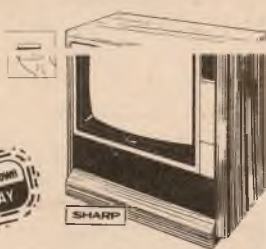


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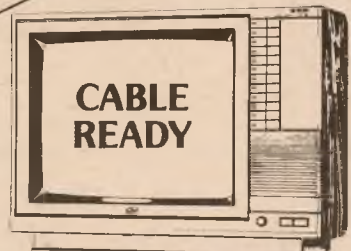
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# ★ Army Days Special Edition ★

## Star Presidian

Vol. 30, No. 12

"Published in the interest of the people of the Presidio of San Francisco."

March 27, 1987

### Concerned citizen risks all in quarters fire

by Debbie Robinson

When fire took hold in quarters 1266-D Storey Avenue on March 4, Cheryl M. Perry noticed. Perry, member service representative at the Pentagon Federal Credit Union, was passing the quarters on her way to work when she saw the smoke "coming out of the cracks around a window."

"At first I just thought, 'Someone doesn't know how to cook.' Then I noticed how black the smoke was. There weren't any doors or windows open, so I knew it was a fire," she explained.

In last week's issue of the *Star Presidian*, we mentioned an unknown passerby, who had managed to help slow the fire's spreading. In fact, there were more than a couple passersby after Perry noticed the fire. One of the passersby kicked down the door to the quarters, and remains unknown. Another of the passersby was Capt. Bruce R. Eggers, aide-de-camp to the deputy commander of Sixth U.S. Army, who was on his way to drop off his children at school on his day off.



photo by Debbie Robinson  
Capt. Bruce R. Eggers describes his actions on March 4.

While Perry went to try to get a neighbor to call for help, Eggers made his way into the burning building, garden hose in hand, where he doused the couch and the living room with water.

According to Eggers the couch was apparently where the fire had begun, or where it seemed to be burning the strongest.

"At first I tried to be brave and go all the way into the kitchen, but I realized that if I did that, they'd have to pull me out. I had on my PT gear, so I took off my sweatshirt and soaked it with water. Then I put the sweatshirt over my face and crawled into the room on my stomach.

"I had my feet hooked around the door and an arm around the couch which was burning real strongly. I was actually afraid that someone was on the couch, but it was so dark, I couldn't even tell. I was spraying what I thought was a doorway, and it turned out to be a wall," Eggers explained.

Eggers didn't find out until later that the family dog, who escaped unharned from the fire, had been no more than a few feet from Eggers as he was spraying the couch.

According to Perry, there actually were two dogs. The larger one ran out of the house as soon as the door was kicked open. The smaller dog was brought out later, after which, although stunned, the dog soon recovered.

By this time, Perry had contacted the police and the fire department. Minutes later, a fire engine arrived to help. According to Eggers, he and some of the firemen pulled the burning couch out, which, at that point, had been fairly well extinguished.

"By then I was black from head to toe," Eggers said. "The fire chief asked me to fill out a report, and I told him I would after dropping off my kids at school. Later, when I went back to fill out the report, the fire chief asked me if I had been to the hospital. I said no.

"I felt fine, but I went anyway, where I was



photo by Stan Moore

As bad as the March 4 damage to these quarters was, quick-acting Presidians helped lessen the damage.

given a blood test and x-rays. I ended up staying overnight, and was treated for smoke inhalation," Eggers said.

Eggers' casual approach to the event seemed to cover up the amount of danger involved in what he did.

"I was on a Vermont rescue team at one time. When things like that happen, you just don't think about the danger," he explained.

Being so closely involved in the fire was a little more unnerving for Perry, who said she "still gets chills just thinking about it."

Fortunately, no one was hurt in the blaze, but that doesn't mean we all shouldn't do all we can to prevent accidents like this. Also, it's good to know that concerned Presidians like Perry and Eggers, as well as the other people involved in the fire, will take the time to stop and help out in such an emergency.

### Give youth a chance

## Summer hires can make workload lighter

by Debbie Robinson

Summertime is funtime for many teens and young adults. Other young people see summertime as a chance to learn a skill, make some money and plan for the future. That's what the Presidio's Summer Employment Program is all about.

In recent years, the program has brought youths from all over the city to the Presidio to help out in different offices and in various job skills.

What better way to supplement our workforce than with young adults, eager to learn and to help out? At the same time, they gain valuable experience.

The Federal Summer Jobs Program is for high school graduates 18 years and older. They are paid a GS or WG (General Schedule or Wage Grade) salary at the level of the position for which they are hired. For instance, clerks or clerk-typists are GS-2 or 3s.

Another employment program is called Summer Employment for Needy Youth. Applicants must meet financial need criteria. They are paid minimum wage, which is \$3.35 an hour.

Both of these programs are funded by the directorate or office doing the hiring.

College-age children of military and Department of Army civilians may apply for summer employment. However, they won't be placed in a position where the relative would have supervision over the employee, or would be in the employee's chain of command.

If you are interested in summer employment, the time to move is now. Applications are now being accepted through April 10.

You may pick up applications at the Civilian Personnel Office (CPO), bldg. 37, or call 561-5732. Along with an application form you can get the Personal Qualifications Statement

form and a copy of the 1987 Supplement to Announcement No. 414, Summer Jobs.

Managers who expect summer vacancies should submit their SF-52s, "Request for Personnel Action" through the proper channels to reach CPO no later than April 10.

For information on summer employment, call Gloria Dixon or Michael Hampton at 561-2595.

Let's lend a hand to San Francisco and Presidio youth through the Summer Employment Program.



# Opinions

## Want to just *try* grass? Read this first

by Liz Greeley

"Jeff" smoked some grass before he left to pick up his companion for the long drive to the mountains.

Since it was only their second outing together, they talked a lot...about his job, exactly what his title *meant* and what her job was like.

Suddenly he noticed they were only 13 miles from Pleasanton—how did they manage to wind up going in the opposite direction? Fortunately, he managed to find a place to turn around.

He told his companion the reason he had gotten turned around was because he hadn't smoked *enough* grass—so he took out a pipe and smoked some more as he was driving.

If she had any sense, his companion would have told Jeff to let her out when they got back in the vicinity of San Francisco. But she noticed he wasn't weaving or making any other dangerous driving maneuvers. Still, she wondered exactly *what* he or she would say to the CHP (California Highway Patrol) if stopped.

Would she say (and be believed), "*I don't smoke...only my friend does.*" Yes, that crossed her mind, because she was riding with an intoxicated driver.

If he had pulled out a bottle of whiskey, instead of a pipeful of marijuana, there was NO doubt in her mind as to whether or not she would have asked to go home. But she didn't think of that analogy until much, much later.

Meanwhile, on they drove to the mountains.

Everything was going fine. They had been driving about three hours when she noticed the moon breaking through the clouds creating a spectacular visual effect. She hoped she would have a clearer view as they rounded the next bend in the road—and her hopes were rewarded.

"What's that?" Jeff asked.

"The moon," she answered, somewhat puzzled.

"Oh! I thought it was Caltrans working up ahead on a spur!"



She laughed and made some quip about Jeff's having had *more* than enough to smoke, but she thought to herself that his intoxication was showing itself. Though she *hadn't* expected hallucinations.

Luckily, she got through the experience without ill effect. The CHP didn't stop them, and they didn't have any accidents. However, he never asked her out again. And that was okay with her. If he had, she would have turned him down.

Probably marijuana-smoking didn't play a part in his reason not to call again, but he smoked heavily and she didn't smoke at all. Every time someone passed around a pipe, she just said, "No, thanks." But no one gave her a hard time about it.

And she didn't give Jeff a hard time about it—she just resolved never to go out with him again.

Jeff not only smoked but he seemed to feel he had to smoke a lot. He had to smoke before every significant activity. In fact, it seemed to her that he thought he wouldn't be able to fully enjoy the activity at hand without grass.

And Jeff's companion didn't smoke...she had her reasons.

Her reasons went something like this:

- She didn't like smoke. Smoke made her cough; it had *always* made her cough, and both her parents had been cigarette smokers.

- Completely aside from smoke, she *hated* drugs—legal or illegal. She had been forced to take prescription drugs since she was 15 years old and hated the effect they had on her...and her grades.

- Marijuana is illegal.

Considering the above, no amount of inducement or peer pressure would have changed her mind about smoking some grass had anyone cared to try.

However, Jeff's companion was 33 years old, not 15. She didn't have to undergo the peer pressure high school kids experience today.

Any place kids gather, any unsupervised party, any time two kids get together, one kid may be exerting pressure on a friend to smoke grass or try something else.

So, I guess what I have to say, I should say to the kids who just *might* read this article:

- If pressured by friends to try drugs of some sort, do you know what this drug might do to you? Don't rely on your friends' advice—drugs affect each person differently—find out;

- Do you know what *all* the consequences are? Could there be some kind of permanent damage? Consider the risks carefully;

- If pressured to be one of the crowd or risk social ostracism, you have to ask yourself, "*Am I just a part of a crowd, or am I an individual capable of making my own decisions?*"; and

- Be an individual; make your own decision.

For all the parents out there—yes, I would have liked to advise young people never to try drugs of any sort. But I also know that few young people listen to their elders once they're out of earshot.

What I *hope* for is kids who will be able to think for themselves, to make informed decisions—without parents or peer groups doing their thinking for them. Eventually, every young person is away from his or her parents' influence and surrounded only by peers.

By the way, for those who might be curious, Jeff is a real person (though "Jeff" is not his real name), and the events described really happened...I prefer not to say to whom.

## Ramblin' Sam

"What's the best thing about being in the Army?"



SP4 Perry Cobb, tenor sax, clarinet and flute, Sixth U.S. Army Band: "The Army is something I can make a career from, but it also opens some educational opportunities for me."



Pvt. 2 Marcus Moore, MP, Law Enforcement Company: "For a single person like me the money is nice, but I joined for the educational opportunities the Army provides."



CW3 Eddie Mallard, property book officer, Military Intelligence Battalion (CI) (CE), 902nd MI Group: "The Army provides new adventures, new ideas and exciting challenges. Above all, it's a rewarding experience."



Capt. Marie May, chief of Reserve Pay Section, Finance and Accounting Office: "The Army has excellent opportunities. It provides a wide variety of career fields, as well as opportunities for educational advancement."

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# Etc.

## Charges dismissed in Child Development Center case

Charges of child sexual abuse against Gary Hambright, a former employee of the Presidio's Child Development Center, were dismissed in U.S. District Court in San

Francisco last Friday, March 20.

The charges were dismissed "without prejudice," meaning that they could be refiled if new evidence is uncovered.

In moving for dismissal, Susan Gray, the Assistant U.S. Attorney prosecuting the case, cited the March 4 ruling of Judge William Schwartzter that certain evidence critical to the

government's case could not be admitted. Schwartzter specifically cited the Sixth Amendment of the Constitution as the basis for his ruling.

## TAKE A BITE OUT OF CRIME

### Auto Insurance

by John Flynn

Buying automobile insurance is required by law. In California, the minimum personal liability coverage you must have is \$15,000. Personal liability insurance protects the driver in case he or she is sued for any injury or property damage caused while driving.

Since the cost of driving and maintaining an automobile is expensive, many soldiers try to limit their costs any way they can by buying the

cheapest insurance levels they can, or worse yet, by not buying insurance at all.

Car insurance isn't a tangible item, so it's easy to be tempted to buy the *absolute minimum*. But you don't miss anything until you have an accident.

### Collision insurance

Collision insurance is designed to protect you against the cost of replacing your car in case of a collision. All banks require this coverage to be in effect for the duration of their car loans. What many soldiers don't understand is that this is the most expensive part of their insurance policies.

Traffic accidents can happen to both good and bad drivers, at any time or place. Imagine finding

yourself responsible for the wreckage of two new cars. A liberal estimate of replacement cost could be \$30,000. Even worse, what if you rear-end that 1987 Porsche 911 you were trying to get a good look at? Your \$15,000 personal liability insurance policy would be inadequate in terms of property damage alone, not to mention your responsibility if the other driver is injured.

Should a court award the driver a large amount of money, 50 percent of your wages could be garnished and your financial situation could be ruined for a long time to come.

### Liability insurance

The irony of car insurance is that the type of coverage that you need the most, liability, is the cheapest. A \$200,000 policy costs an average of

less than \$70 a year. If you still believe that you are a good driver, but you can't afford the additional coverage, you should consider raising your deductible and putting those funds toward increased liability insurance.

All soldiers who want to register a vehicle on post must show proof of insurance when registering the vehicle. As the old saying goes, "Don't be penny wise and pound foolish."

### Crime report

- One civilian was apprehended for petty theft.

- One building was found unsecured.

- Two soldiers were apprehended for desertion.

- There was one theft report of an unsecured wallet.

## PSF

### IDEAS OF EXCELLENCE PROGRAM

Since the Ideas for Excellence program's start, ideas have been flooding the Ideas Office from Presidians eager to voice their opinion, as well as to help change the Presidio for the better.

One of those people is SP4 Ginger K. Pierce, journalist, USAG. Pierce's idea is to establish a Welcome Center on the Presidio for newcomers.

According to Pierce, the center could be set up at the Provost Marshal's Office, or at least somewhere near Lincoln Boulevard. That way, new arrivals who step off the bus at the main bus stop near the post office won't be far from the Welcome Center, where someone could direct them to their new unit, or give them a ride. The center could be manned by the Post Staff Duty Officer and an assistant.

Pierce said that providing this simple service would eliminate a lot of frustration for newcomers, who are confused enough as it is. Let's face it, the Presidio is an easy post on which to get lost!

Also Pierce said that the Presidio could distribute maps to local transportation companies, so that drivers wouldn't be intimidated by the prospect of driving a newcomer from the airport to who-knows-where on the Presidio.

This would save time for the drivers, and money for the new arrival, who might otherwise have spent money for a taxi from downtown or from the airport.

Congratulations to Pierce, whose idea, although simple, would save a lot of people a lot of trouble.

## Tax Hotline

Need help with your tax forms? Contact your unit tax advisor or call the **Tax Hotline: 561-2TAX** for free help.



photo by Debbie Robinson

Jeffrey Vinson shows Post Commander Col. Joseph V. Rafferty his poster which won the Child Development Center's Ideas of Excellence Poster Contest.

## Do-It-Yourself Corner

### Mold and mildew removal

Mold and mildew spores are always present in the air and thrive in damp places. Mold or mildew buildup is not unusual in a home due to the high moisture content of the building material.

To clean mold and mildew from floors and walls, use a solution of ½ cup to 1 cup of household bleach to 1 gallon of water. Rinse with clear water, then dry.

While cleaning, wear gloves and avoid skin contact. Vent the area occasionally by opening windows—which will keep the area dry as well.

This process also will work outdoors to clean patios, siding, windows and exterior signs.



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.

# Seafood Buffet

Wed., April 8

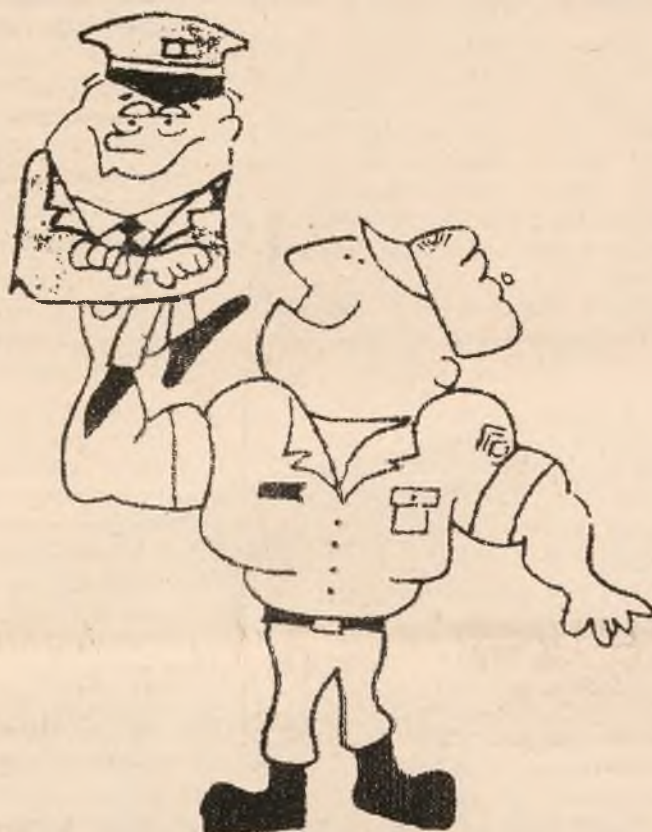
A combination of our CRAB FEAST  
and SHRIMP-A-PEEL!

## Right Arm Night

Wed., April 15

Show your appreciation for that  
RIGHT ARM!

Buffet: 5 to 7 p.m.  
Music: 5:30 to 10:30 p.m.  
FREE SNACKS



## ATTIC LOUNGE

D.J. Music every Friday  
7 p.m.-Midnight

## DISCO

Friday nights

## Easter Sunday Brunch

April 19

## SUNDAY BRUNCH

10 a.m. to 2 p.m.

## FULL SERVICE MENU BREAKFAST

Mon. thru Fri.  
6:30 to 9 a.m.



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# Soldiers & Education

## Soldier studies life in, out of science lab



SP4 Gayle Orner prepares slides for viewing.

story and photo by Pleasant Lindsey

A researcher from Letterman Army Institute of Research (LAIR) whipped her opposition March 19 to be named the post's Soldier of the Month.

SP4 Gayle Orner, biological sciences assistant, LAIR, was named the post's top soldier for March, though it's not the first time she has distinguished herself. In January she was named as the Distinguished Honor Graduate of her Primary Leadership Development Course (PLDC).

Orner said the win didn't surprise her because she has appeared before previous boards. She was named LAIR's Soldier of the Quarter in February, 1986, and was runner-up in LAIR's recent Soldier of the Year contest.

"I've done well with previous boards," she said. "I received encouragement from the NCOs here, who believed I had a chance to win—so I went for it."

Orner's drive also reflects her attitudes about her career. She is taking biology courses at San Francisco State University, preparing herself for a master of sciences degree in biology. She earned her bachelor's degree at Pennsylvania State University and joined the Army to practice her craft.

"The Army offered me the chance to do the type of research I'm interested in," she said. "I work in the

Genetic Toxicology branch, where I test new compounds to determine whether or not they pose a health hazard.

"The tests are conducted in vitro (in a test tube environment), which has proven to be a quick, cost-effective method of testing new compounds in a short time."

It may seem as though there is no spare time left, but Orner manages to fit a little marine biology into her busy schedule.

She works as a volunteer at the Marine Mammal Center in the Marin Headlands. Orner is involved in the rescue of seals and sea lions.

"It's an interesting job because I have the chance to work with animals and study marine life," she said. "Of course, anyone who volunteers to work with seals should be prepared for some dirty stuff—like blowing air into the body of a seal and having it blow whatever's inside back at you."

Gruesome? Maybe. But Orner said her ultimate goal is to earn a doctorate in biology. She spends her time working to fulfill that dream.

"I'm still working toward my master's degree right now, but I've always wanted to be a biologist," she said. "I haven't decided which branch of biology I will focus on, but the Army helps me pursue the career of my choice."

Apparently, Orner is one soldier who wants to excel in everything she does.

## Which educational expenses can be deducted?

**T**axpayers who are enrolled in job-related self-development courses of study may be able to deduct education expenses, according to the Internal Revenue Service (IRS).

### Deductible

To qualify, the expenses must meet at least one of two specific guidelines. Taking the course of study must be mandatory to remain employed—for example, a teacher required to take a course to retain a teaching position. Or, the course must be helpful in maintaining or improving skills which are required in one's present position—for instance, a television repairman taking a course to keep up with the latest technologies.

### Non-deductible

However, the cost of other educational expenses are not deductible. Expenses for education that prepares one for a new trade or business—such as a journalist studying law—may not be deducted, even if the education is required or beneficial in the tax-

payer's present employment. Similarly, the expense for study to help meet the minimum educational requirements for a current position is not an allowable deduction—for example, a full-time engineering student who has a part-time job in a minor engineering capacity.

Educational expenses include amounts spent on tuition, books, supplies, laboratory fees, similar items, and certain travel and transportation costs. Educational expenses other than travel and transportation are itemized deductions and should be listed on Schedule A (Form 1040) as miscellaneous deductions. Travel and transportation are deducted as adjustments to income using Form 2106, Employee Business Expenses.

Additional information on educational expenses appears in free IRS Publication 508, Educational Expenses, available at the Presidio Tax Center, bldg. 223, or call 561-2TAX.

American Forces Information Services



### At the movies

#### Presidio Theatre

Fri, March 27	From the Hip (PG)	7 p.m.
Sat, March 28	Black Widow (R)	7 p.m.
Sun, March 29	Black Widow (R)	7 p.m.
Mon, March 30	Black Widow (R)	7 p.m.
Tue, March 31	Allan Quartermain & the Lost City of Gold (PG)	7 p.m.
Wed, April 1	Allan Quartermain & the Lost City of Gold (PG)	7 p.m.
Thu, April 2	Hoosiers (PG)	7 p.m.
Fri, April 3	Hoosiers (PG)	7 p.m.

#### Schwartz Theater

Mon, March 30	From the Hip (PG)	7 p.m.
Wed, April 1	Black Widow (R)	7 p.m.
Thu, April 2	Allan Quartermain & the Lost City of Gold (PG)	7 p.m.

#### Hamilton Theater

Fri, March 27	The Boy Who Could Fly (PG)	7 p.m.
Sat, March 28	Beartooth (G)	1 p.m.
Sat, March 28	Murphy's Romance (R)	7 p.m.
Wed, April 1	Poltergeist II (PG-13)	7 p.m.
Thu, April 2	Club Paradise (PG-13)	7 p.m.
Fri, April 3	Enemy Mine (PG-13)	7 p.m.



# Special Bands & Units

## Parade, bands, music fill city streets

### Army Days parade

Army Days returns to San Francisco!

More than 1,000 soldiers, band and drill team members from



photo by Ginger K. Cooper

The 91st Division Bagpipes is just one of many distinguished units taking part in the Army Days parade.

Scotland to San Francisco will kick off Army Days '87 with a patriotic parade down Market Street at noon on Thursday.

The groups of marchers and music makers are coming from all over the world to support Army Days '87. The highly skilled entourage will entertain San Franciscans with marches and drill maneuvers.

From Washington, D.C., the Army is sending its finest band, drill teams, fife and drum corps, and Old Guard detachments.

Decked out in kilts and playing bagpipes, the Royal Scots Guard and Royal Scots Guard Fife and Drums from Great Britain will lend their unique style to the procession.

San Francisco will showcase top precision drill performers from the award-winning Balboa, Lincoln and Mission High School drill teams.

The "Light Fighters," members of the 7th Infantry Division (Light) from Fort Ord, Calif., will show off their best soldiers in full battle gear. The 7th Infantry Division (Light) also will show off its marching band.

Camouflaged Special Forces troops from Fort Lewis, Wash., will represent the Army in the Northwest.

The Sixth U.S. Army Band and



photo courtesy U.S. Army Band

The U.S. Army Band from Washington, D.C., will march in Thursday's parade.

soldiers from Letterman Army Medical Center will represent the Presidio of San Francisco.

More than 50 different parade elements will open the four-day extravaganza hosted by Sixth U.S. Army for the second annual Army Days celebration.

Mayor Dianne Feinstein and Lt. Gen. Fred F. Woerner, commander of

Sixth U.S. Army, will be guests of honor at the parade. Mayor Feinstein and Lt. Gen. Woerner will join the other community leaders at the parade's reviewing stand at the intersection of 3rd and Market Streets.

Parking will be available at the Moscone Center and on streets parallel to the parade.

Sixth U.S. Army Public Affairs

## From Washington

### 'Old Guard' adds touch of history to 'Sentinels of Freedom'

San Francisco is one of four Bay Area cities to host a colorful pageant presented by the 3rd United States Infantry, the "Old Guard," during Army Days '87, Thursday through April 5.

The San Francisco performance will be on April 5 at 1 and 7:30 p.m. at the Masonic Auditorium.

#### Sentinels of Freedom

"Sentinels of Freedom," the name of this musical and dramatic attraction, depicts key events and personalities of American history from the Revolutionary War to the present and underscores the Army Days theme: "When we were needed, we were there."

The chronicle is blended with the music of three centuries played by the fife, the bugle and the drum, and a full military band. A precision rifle drill is included in this tribute to America.

Soldiers of the 3rd Infantry's "Old Guard," including the Fife and Drum Corps, the Commander-in-Chief's Guard and the U.S. Army Drill Team will be featured in authentic costume and dress uniforms. The Sixth U.S. Army Band will play the accompaniment.

The "Old Guard" is the oldest active duty infantry unit in the Army, serving the nation since 1784.

There is no admission charge to attend the pageant at the Masonic Auditorium, which is sponsored by Pacific Bell. The public is encouraged to attend.

Additional "Sentinels of Freedom" pageant performances will be held April 3, at 7:30 p.m. at the Flint Center in Cupertino; April 4, at 7:30 p.m. at the Marin Veterans' Memorial Auditorium in San Rafael and, of course, at the Masonic Auditorium on April 5.

#### More about the Old Guard

The Old Guard serves as the Army's official ceremonial unit and escort to the President, as well as providing security for Washington, D.C., in time of national emergency or civil disturbance.

The Old Guard received its unique name from Gen. Winfield Scott (after whom Fort Scott is named) during the victory parade at Mexico City in 1847 following valorous performance in the Mexican War.

Since World War II, the Old Guard has served as the official Army Honor Guard and escort to the President. In that capacity, 3rd Infantry soldiers are responsible for the conduct of military ceremonies at the White House, the Pentagon, national memorials and elsewhere in the nation's capitol. In addition, soldiers of the Old Guard maintain a 24-hour vigil at the Tomb of the Unknown Soldier, provide military funeral escorts at Arlington National Cemetery and take part in parades at Fort Myer and Fort McNair, in addition to participating in historic theatrical productions such as "Sentinels of Freedom."

Sixth U.S. Army Public Affairs



Star Presidian file photo

The Third Infantry "Old Guard" will perform in a historical pageant called "Sentinels of Freedom."



# Music

## Andrews sister to sing for Army Days '87

**M**axene Andrews, one of the famed singing Andrews Sisters, will headline an Army Days '87 concert on Thursday at 7:30 p.m. at San Francisco's Masonic Auditorium.

During the concert, Andrews will sing a 20-minute medley of World War II era hits that made the singing sisters the toast of American troops in European trenches and America itself.

The Army Band and Chorus from Washington, D.C., will be featured with Andrews during the one and one-half-hour concert. They will offer renditions of patriotic music in recognition of Army Days and the Bicentennial of the signing of the United States Constitution.

Andrews is also the Army Days '87 distinguished guest of honor. In addition to her concert performance, Andrews will be honored at an Army Days reception hosted by Mayor Dianne Feinstein at City Hall.

Andrews and her sisters, Patty and LaVerne (LaVerne died in 1967) also will be recognized by the Defense Department during Army Days for their contributions to our national defense effort.

During World War II, the Andrews Sisters spent thousands of hours, both in the United States and overseas, performing for our military men and women. They played an important role in maintaining the morale of our troops and our nation.

"The Encyclopedia of Pop Music" called the sisters "The toast of the country during World War II." Their popularity, both on the home front and with our fighting men, was immense.

Across the United States during the war, the Andrews Sisters drew enthusiastic, standing-room-only crowds at military bases, hospitals, USO shows and at the Hollywood Canteen. They also made a highly successful USO tour of Europe.

One of those who saw the Andrews Sisters perform during the war was San Franciscan Woody

Leavick, a retired printing paper salesman.

"I saw them at Camp Lee, Va., when I was in basic training," Leavick said. "At the time, one of their big hits was 'Boogie Woogie Bugle Boy From Company B,' and I was in Company B at Camp Lee. When they sang that song, they really belted it out, and everybody in my company went wild."

From the late 1930s to the early 1950s, the Andrews Sisters sold more than 50 million records, and turned songs like "Boogie Woogie Bugle Boy," and "In Apple Blossom Time" into standards famous throughout the country.

Their popularity extended to the Army Air Corps, too. Pilots and air crews named their planes after such Andrews Sisters favorites as "Shoo, Shoo, Baby," and "Pistol Packin' Mama."

The Andrews Sisters also played feature roles in 21 popular movies, mostly during the forties, including "Buck Privates," "Hollywood Canteen," "Hold That Ghost," and "The Road to Rio."

During that time, the Andrews Sisters maintained an exhausting schedule of performances, doing five or six shows a day, 50 weeks a year, in addition to recording sessions and making movies.

Despite this, the Andrews Sisters unfailingly found time to entertain military men and women. Maxene Andrews emphasized this when she said, "No matter how many shows a day we did, we always went to the [military] camps and we always made the hospitals when they started bringing the boys back," as author Studs Terkel reported in his Pulitzer Prize-winning book, "The Good War."

Though Maxene has continued to visit and perform at veterans hospitals throughout the country, this is her first appearance in San Francisco since 1985, according to her agent, Linda Wells.

Admission is free to the Thursday show, but seating is limited. For ticket information, call 561-4036.



photo courtesy Maxene Andrews

**Maxene Andrews.**

Leavick, who now serves as a volunteer for the USO at the San Francisco Airport, hopes to attend.

"I'll never forget how the show business performers like the Andrews Sisters entertained us during the war, and I would love to see Maxene again," he said.

Sixth U.S. Army Public Affairs

## Bands from Washington, Great Britain gather at Presidio

A series of musical extravaganzas will be among the many highlights of Army Days '87. Included will be performances by internationally known American and British military musicians, and Maxene Andrews of the Andrews Sisters.

Army Days '87 is a four-day festival which runs from Thursday through April 5. Army Days celebrates the Army's history of service to the Bay Area.

During Army Days, 10 outstanding and colorful Army bands from the

United States and Great Britain will perform at various Bay Area locations.

The U.S. Army Band and Chorale, and The Old Guard Fife and Drum Corps will visit from their home base in Washington, D.C. The Old Guard performs in authentic, replica American Revolutionary Army uniforms.

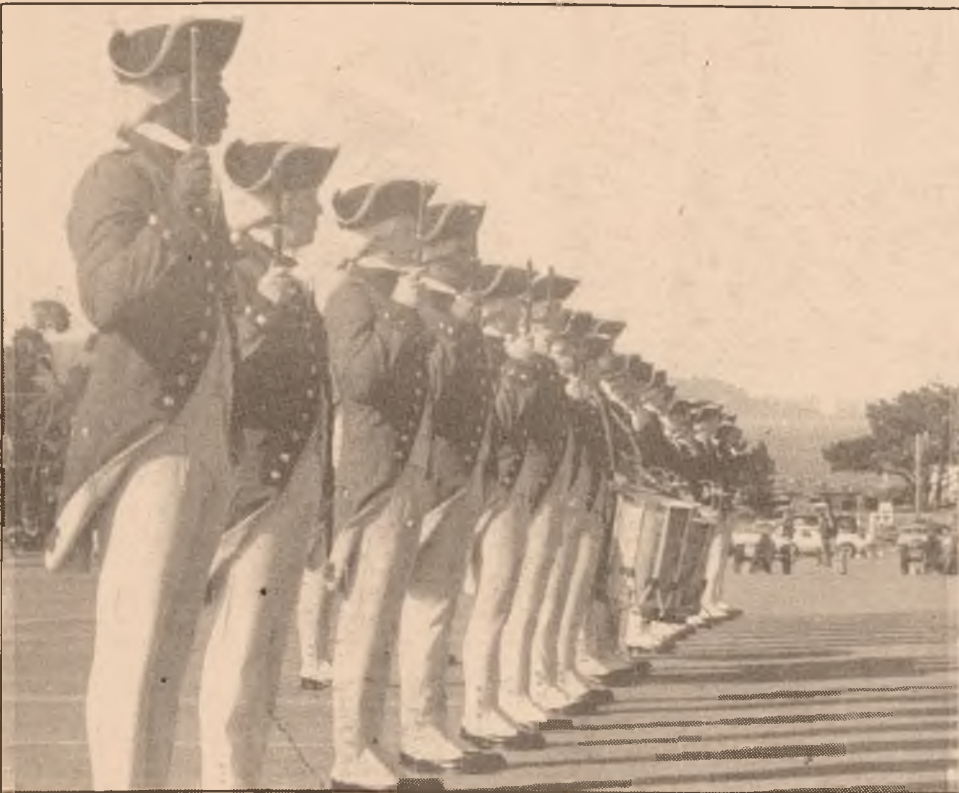
Two fine British Army bands will share the bill with their American counterparts: they are the Pipes and Drums, 2nd Battalion, Scots Guard Battalion Band, and the Falklands Band of the 3rd Battalion, the Parachute Regiment.

On Thursday, Maxene Andrews will perform with the U.S. Army Band and Chorale in a concert at San Francisco's Masonic Auditorium from 7:30 to 9 p.m.

Admission to this special event, and all Army Days activities (except for a nominal fee for the air show) is free, but seating is limited. For advance tickets for the concert featuring Andrews, call 561-4036.

For more information about all other Army Days events, including the "Sentinels of Freedom" musical pageants, the "Wings of Victory" Air Show, and parachute jumps by the famous U.S. Army "Golden Knights," call 561-2470.

Sixth U.S. Army Public Affairs



The "Old Guard" Fife and Drum Corps will be one of many Army units taking part in Army Days '87 events.

photo by Ginger K. Cooper



photo by Ginger K. Cooper

The British Falklands Band Drum Major will be leading his group through Army Days events as well.



# Special Features

## 'Golden Knights' perform throughout Bay Area

The U.S. Army's crack parachute team, "The Golden Knights," will treat the Bay Area to six skydiving demonstrations as part of Army Days '87.

Winners of 60 national and nine world championship titles, the "Golden Knights" are recognized as the finest precision parachute team in the world.

As the Army's only official aerial demonstration team, the "Golden Knights" are human counterparts to the Navy's "Blue Angels" and the Air Force's "Thunderbirds" jet teams.

For them, given a crowd and a beautiful day, taking the step into the blue is just that—stepping into an

open sky that narrows to a tiny spot two miles below on the ground.

Once the eight-person team is in freefall, they maneuver gracefully through the air. Their arms and legs take on the principles of wings and any slight movement will bring about an instantaneous reaction. They're now flying, in a sense, not falling. Capitalizing on their new-found wings, the jumpers will use different movements to speed up, slow down, make left or right turns, or cut laterally across the sky.

In competition, jumpers leave the aircraft at 6,600 feet (instead of 12,500 feet for performances) and can perform a series of backloops and 360-degree turns while in freefall.



photo courtesy U.S. Army Golden Knights

The Golden Knights seem to enjoy freefall.



photo by Charles Blancet

A Golden Knight comes in for a landing.

When a jumper puts both hands by his sides and straightens out his legs, he enters a lateral dive and is able to reach 180 miles an hour. Using his arms and legs to maintain a stable body position, the jumper steadily descends toward the earth...face first at 120 miles an hour.

The jumpers mark their flight with red smoke as it billows from canisters attached to their boots. The smoke is essential to the demonstration. Without it, the two-mile-high freefall performance would go unnoticed by the crowd below.

The first jumper freefalls about 2,000 feet, then pops open his black and gold parachute which has a large American flag flying from the shroud lines. Thirty-seven minutes after the first jump, the performance ends as the last Knight touches down on an

X-shaped target.

During Army Days, the Golden Knights will perform each day throughout the Bay Area.

On Thursday, they can be seen at Gilroy High School at noon and at San Francisco's Marina Green at 4 p.m.

On April 3, they will perform at noon at the San Jose Performing Arts Center and at 4 p.m. at Jack London Village in Oakland.

April 4, the Golden Knights will make a noon jump at the Army Days "Wings of Victory" Air Show at Hamilton Army Airfield in Novato and at 4 p.m. at the Marin Civic Center in San Rafael.

April 5, the Knights will perform again at the air show jumping at 4 p.m.

Sixth U.S. Army Public Affairs

## 'Message to Garcia' runners can race 10K or 1 mile

For the second time in 50 years, the "Message to Garcia" Run is coming back to San Francisco at the Presidio on Saturday morning, April 4.

Sixth U.S. Army will celebrate the second annual foot race as part of the Army Days celebration being held around the Bay Area Thursday through April 5.

Originally, soldiers of "San Francisco's Own," the 30th U.S. Infantry Regiment, ran this race as part of their unit regimental day ceremonies. They wore full field equipment, including boots, pack and rifle. City officials presented a handsome silver cup to the winners to demonstrate the close relationship that existed between the city and the soldiers of

the 30th Infantry.

The actual "Message to Garcia" was connected with events leading up to the Spanish-American War, when the U.S. president wanted to get a personal message of support to the leader of the Cuban Insurrectionists in revolt against Spanish rule.

A young American Army officer, Lt. Andrew Rowan, landed secretly in Cuba and successfully evaded pursuing Spanish to deliver the president's message to Gen. Calixto Garcia, leader of the Cuban freedom fighters.

Rowan showed personal courage, perseverance and stamina in making the hazardous journey and was awarded the Distinguished Service Cross. He ultimately was promoted to colonel and retired in the San

Francisco Bay area where his heroic deeds were commemorated in the "Message to Garcia" race during the 1930s.

This year, the historic foot race will be run again on April 4, although in a slightly different format. The new "Message to Garcia" Run is open to both the public and service members alike around the Bay Area.

Both a one-mile "fun run" and a 10-kilometer (6.2 mile) course are offered.

The race begins at Harmon Hall on Mason Street near Crissy Field. The one-mile race starts at 8 a.m. and the 10K race starts at 8:30 a.m.

The one-mile run will have awards for the first man and woman, and the 10K run will have male and female

divisions in age groups of: 10 and younger; 11 through 15; 16 through 19; 20 through 29; 30 through 39; 40 through 49; 50 through 59; 60 through 69; and 70 and older.

On race day, entry fees are \$12 for a T-shirt, and \$6 to register without receiving a T-shirt. For those interested in entering, make checks to "Message to Garcia Run" and mail the check and entry form to Headquarters, Sixth U.S. Army (AFKC-RM), Presidio of San Francisco, CA 94129-7000. Include a self-addressed, stamped envelope.

For more information about where to get entry forms, information about the race or the team challenge, call SGM John Ramsay, race coordinator, at 561-6230.



# "Wings of Victory" Air Show

## Golden Knights' highlight show

**T**he distinctive rumble from a nostalgic chorus of airplanes again will echo at historic Hamilton Army Airfield on April 4 and 5, from 10 a.m. until 4 p.m.

Hosted by Sixth U.S. Army, the Army Days '87 "Wings of Victory" Air Show will be staged throughout the weekend as one of many featured events.

Lt. Gen. Fred. F. Woerner, commander of Sixth U.S. Army, urged young and old alike to visit the air show "to pay homage to the past and to view some of the newest aspects of present-day Army aviation."

"The Army Days 'Wings of Victory' Air Show will introduce a slice of aviation history to those who may not know much about Army Air Corps Aviation," said Capt. Ron Yates, Presidio Aviation Detachment operations officer. "At the same time, I think the air show will touch the lives of those who had a direct impact on that part of the world's history."

Test pilot and fighter ace Bob Hoover, who flew the chase plane for Chuck Yeager's assault on the sound barrier, will be a star attraction. Hoover will stage two classic aerial demonstrations during the weekend.

Other aviation notables also have been invited, including Gen. Curtis LeMay, Gen. Jimmy Doolittle and Brig. Gen. James Stewart.

The U.S. Army's "Golden Knights" will perform at the air show at noon on April 4, and at 4 p.m. on April 5.

Army aircraft highlighting the equipment displays will be the modern AH-64 Apache Attack Helicopter, the AH-1 Cobra Gunship, the UH-30 Blackhawk Helicopter, the OV-1 Mohawk Reconnaissance Plane, the CH-47 Chinook Transport Helicopter, the standard UH-1 Huey Helicopter and many others.

Vintage warbirds to be on display include the Curtiss P-40, North American P-51

Mustang, Republic P-47, the Royal Air Force Spitfire, the Luftwaffe Bf-109, plus many others, ranging from AT-6 "Texans" to biplanes. In addition, there will be civilian airplanes like the Silver Bullet, the world's smallest jet.

Various WWII bombers, such as the Boeing B-17 Flying Fortress and the North American B-25 Mitchell, will once again touch down at Hamilton Army Airfield. The B-25 bombers were used when (then) Lt. Col. Jimmy Doolittle and a handful of airmen flew off the deck of the USS Hornet to make the famous "30 Seconds Over Tokyo" raid.

Even Army Days '87 guest of honor, Maxene Andrews of "The Andrews Sisters," is expected to take part at the air show. Andrews and her sisters performed throughout Europe for the troops during WWII. In fact, two Flying Fortresses were named for Andrew Sisters' hits: "Shoo, Shoo, Baby," and "Pistol Packin' Mama." The B-17, "Shoo, Shoo, Baby," now is being restored for permanent display at the Air Force Museum at Wright-Patterson Air Force Base in Ohio.

In conjunction with the air show, an antique auto show and display of vintage military and civilian vehicles will be held at Hamilton Army Airfield.

The two-day air show will celebrate the fourth anniversary on the reconstitution of the Aviation Branch as an official branch of the U.S. Army.

Adults will be charged \$5, and children (ages 6 through 12) will be charged \$3 to attend the air show.

The air show is supported by the non-profit California-based corporation, Hamilton Field Associates, Inc., a group formed by former members of both the Army and Air Force.

Sixth U.S. Army Public Affairs



photo by Ginger K. Cooper

The "Golden Knights" will perform at the "Wings of Victory" Air Show.



photo courtesy Sixth U.S. Army Public Affairs

An OV-1 Mohawk, like the one above, will be on display at Hamilton Army Airfield.



photo courtesy Sixth U.S. Army Public Affairs

CH-47s, like this one being loaded, will be represented at the "Wings of Victory" Air Show.



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# Army Days Schedule

## Thursday

### Army Days '87 parade . . . . . noon to 1 p.m.

Embarcadero/Market Street, San Francisco (featuring 50 marching units, 10 bands and mounted cavalry)

### Disaster relief equipment displays . . . 10 a.m. to 4 p.m.

San Francisco: Displays will be at Aquatic Park, Fort Mason, the Marina Green, the Ferry Building and Pier 39.

San Jose: Civic Center.

### Combat vehicle exhibits . . . . . 10 a.m. to 4 p.m.

San Francisco: Exhibits will be at Aquatic Park, Fort Mason, the Marina Green, the Ferry Building and Pier 39.

San Jose: Civic Center.

(An Army field kitchen will serve complimentary cinnamon rolls daily at the San Francisco Marina Green from 10 a.m. to 4 p.m.)

### U.S. Army "Golden Knights"

Gilroy High School . . . . . noon

Marina Green, San Francisco . . . . . 4 p.m.

### U.S. Army Band and Chorus Concert

Special guest performance by Maxene Andrews of the famed "Andrews Sisters."

The musical medley will feature "Boogie Woogie Bugle Boy," "Pistol Packin' Mama," and "Rum and Coke."

Masonic Auditorium . . . . . 7:30 to 9 p.m.

### "Sentinels of Freedom" musical pageant

Tracing American Army history through a musical extravaganza featuring bands and drill teams.

Kaiser Auditorium, Oakland . . . . . 7:30 to 9 p.m.

## April 3

### Presidio of San Francisco Open House . . 9 a.m. to 4 p.m.

Red Devil Parachute Jump . . . . . 9:15 a.m.

Earthquake Stew Line (FREE stew) . . . . . 10 a.m.

Army Museum Tours

Explosive Ordnance Display

Presidio Fire Station Open House

Scenic Tours (Pershing Square Flagpole) . . . . . 10 a.m. & 2 p.m.

Parachute Rigging Demonstration

Recruiting Display

National Cemetery

(Famous Graves Tours) . . . . . 10 a.m. & 1 p.m.

Training Devices Display (Shoot M-16 rifle-trainer)

Combat Engineer Display

Military Police Display

Red Cross Assistance Display

### Colors ceremony . . . . . noon to 1 p.m.

Embarcadero Square, San Francisco

### Health Fair

Free blood pressure test daily

Portable Army field hospital open daily

Marina Green, San Francisco . . . . . 10 a.m. to 4 p.m.

British Paratrooper Skydiving Show . . . . . 4 p.m.

### Disaster relief equipment and demonstrations

### Combat vehicle displays and band performances

(Army field kitchen serving complimentary cinnamon rolls at Marina Green, San Francisco).

San Francisco: Fort Mason, Presidio of San Francisco, Aquatic Park (featuring Floating Bridges), Marina Green (aviation displays), Ferry Building

. . . . . 10 a.m. to 4 p.m.

Oakland: Jack London Village (with aviation displays) . . . 10 a.m. to 4 p.m.

San Jose: Civic Center . . . . . 10 a.m. to 4 p.m.

### Lunchtime band concerts

USO show with cabaret dancers and music.

San Francisco: Marina Green, Pier 39, Union Square, Cannery, Ghirardelli Square, Hallidie Plaza and United Nations Plaza . . . . . noon

San Jose: Park Center Plaza . . . . . noon

Oakland: Jack London Village . . . . . noon

### U.S. Army "Golden Knights"

San Jose Performing Arts Center . . . . . noon

Oakland Jack London Village . . . . . 4 p.m.

### Trooping of the colors

A patriotic flag ceremony featuring bands, drill teams, and Revolutionary War-uniformed soldiers.

San Francisco: Justin Herman Plaza . . . . . noon to 1 p.m.

### "Sentinels of Freedom" musical pageant

Colorful musical panorama of U.S. Army's history featuring bands and drill teams.

Cupertino: Flint Center . . . . . 7:30 to 9 p.m.

## April 4

### Presidio Open House . . . . . 10 a.m. to 4 p.m.

Army Museum tours

Explosive Ordnance display

Presidio Fire Station Open House

Scenic Tours (Pershing Square flagpole) . . . . . 10 a.m. & 2 p.m.

Parachute Rigging demonstration

Recruiting display

National Cemetery (Famous Grave Tours) . . . . . 10 a.m. & 1 p.m.

Junior Reserve Officer Training Corps Drill Competition

Training Devices display (shoot M-16 rifle-trainer)

Combat Engineer display

Earthquake Stew Line

Military Police display

Red Cross Assistance display

NOTE: Free shuttle bus service departs Marina Green, the flagpole, Pershing Square, National Cemetery, the bank at the Presidio, and the Presidio Army Museum at 20-minute intervals.

### "Message to Garcia" 10-kilometer race

plus one-mile fun run, Presidio of San Francisco . . . . . 8 to 11 a.m.

### Disaster Relief Equipment and Demonstrations

### Combat Vehicle Displays and Band Performances

(Complimentary cinnamon rolls from Army field kitchen at Marina Green)

San Francisco . . . . . 10 a.m. to 4 p.m.

Marina Green (aviation display and USO show at noon), Presidio, Aquatic Park (watercraft show) and Fort Mason.

San Jose Civic Center . . . . . 10 a.m. to 4 p.m.

Marin Civic Center . . . . . 1 to 3 p.m.

### Health Fair

AIDS information booth daily

Marina Green, San Francisco . . . . . 8 a.m. to 4 p.m.

### "Ports of Call" Musical Review

Army bands deliver a bagpipe band to your dock, musical performance follows.

Aquatic Park, San Francisco . . . . . 10 a.m.

Sausalito Square . . . . . 11:30 a.m.

Larkspur Landing . . . . . 1 p.m.

### "Wings of Victory" Air Show

A salute to the Army Air Corps featuring aviation from World War I to the present, plus an Antique Auto Show, bands, USO shows: adults, \$5, children (6-12), \$3.

Hamilton Army Airfield, Novato . . . . . 10 a.m. to 4 p.m.  
(Gates open at 8 a.m.)

### JROTC Drill Competition

featuring Bay Area High School and U.S. Army Drill Teams.

Presidio of San Francisco . . . . . 10:30 a.m. to 3 p.m.

### World Class Parachute Demonstration

U.S. Army "Golden Knights."

Hamilton Army Airfield, Novato . . . . . noon

Marin Civic Center . . . . . 4 p.m.

### "Sentinels of Freedom" Musical Pageant

Marin Civic Center, San Rafael . . . . . 7:30 to 9 p.m.

## April 5

### Health Fair

Featuring a nutrition information booth

Marina Green, San Francisco . . . . . 10 a.m. to 3 p.m.

### "Wings of Victory" Air Show

Celebrate Army Aviation from World War I to the present, plus an Antique Auto Show, bands, USO shows.

Adults, \$5, children (6-12), \$3.

Hamilton Army Airfield, Novato . . . . . 10 a.m. to 4 p.m.  
(Gates open at 8 a.m.)

### Disaster Relief Equipment and Demonstrations, Combat Vehicle Displays and Band performances 10 a.m. to 4 p.m.

(Complimentary cinnamon rolls from an Army field kitchen at Marina Green, San Francisco), USO show with cabaret dancers.

San Francisco: Aquatic Park, Marina Green, Golden Gate Park and Fort Mason.

San Jose Civic Center

### "Ports of Call" Musical Review

Band arrives at dock aboard an Army boat, musical performance follows.

Marina Green, San Francisco . . . . . 10 a.m.

Aquatic Park, San Francisco . . . . . 11 a.m.

Jack London Village, Oakland . . . . . 1 p.m.

### World Class Parachute Demonstration

U.S. Army "Golden Knights."

Hamilton Army Airfield, Novato . . . . . 4 p.m.

### Oakland A's Baseball Team salutes Army Days

Pre-game Army Days show at A's vs. Giants game featuring cavalry charge on horseback and band performance.

Oakland Coliseum (call Oakland A's at 638-0500)

### POW/MIA Memorial Service

National Cemetery . . . . . 2:30 to 3:30 p.m.

### "Sentinels of Freedom" Musical Pageant

Celebrating American and Army history through music.

Masonic Auditorium, San Francisco . . . . . 2 to 3:30 p.m.

and . . . . . 7:30 to 9 p.m.

For more information about Army Days events, call 561-2470.



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# Community Calendar

## Lincoln Blvd. closure

The section of Lincoln Boulevard extending from Presidio Boulevard to the Wells Fargo bank will be closed to traffic on April 3 from 8:45 to 9:30 a.m.

In addition, Funston and Halleck Boulevards will be closed at the same time.

## VEAP's last chance!

Did you enter active duty for the first time between Jan. 1, 1977 and June 30, 1985? And you still haven't contributed to your VEAP account?!

Good news! A new law allows you to qualify for educational benefits by contributing up to \$2,700 if you do so by Tuesday.

Under this two-for-one program, you can receive up to \$8,100 for educational benefits; even more if you qualified for the "College Fund."

You can use your benefits to attend the college or university of your choice as well as business, vocational or technical schools. Eligible participants also may be paid benefits for correspondence courses.

Give yourself a chance for an education—remember, you must enroll by Tuesday.

For more information, call or visit the Fort Scott Education Center, bldg. 1216, 561-2974 or 561-4445; or the LAMC Education Center, bldg. 1007, 561-3692 or 561-4030.

## Quitting smoking

If you want to quit smoking, there is plenty of help available, for example:

### LAMC program

The program gives information, education and support. Meetings are held every Friday from 9 to 9:45 a.m. at the LAMC AIM (Ambulatory Internal Medicine) Clinic, and registration is not required.

For more information, call 561-2656.

### Fresh Start Program

The American Cancer Society sponsors six two-hour sessions designed to help smokers get off and stay off cigarettes. Meetings are held on Tuesdays and Thursdays from 6 to 8 p.m. Registration and a small donation to the American Cancer Society are required.

For more information, call 673-7979.

### Smokers' Anonymous

Joining this support group is free and open to anyone who has quit smoking or wants to quit smoking. Meetings are held from 6:30 to 7:30 p.m. in the X-ray waiting room on the first floor of the Kaiser Medical Center at 2200 O'Farrell Street in San Francisco.

No pre-registration is required.

### Stop Smoking Clinic

The Stop Smoking Clinic is a two-month program that focuses on motivation, addiction and avoiding relapse for smokers who quit is open to Kaiser Health Plan members. The clinic meets on Tuesday and Thursday evenings. An interview, pre-



photo by Jack Mitchell

## Alvin Ailey American Dance Theatre

The ITT Office has discount tickets for the company's performance at U.C. Berkeley's Zellerbach Hall for April 4 at 2 p.m. The discount ticket price is \$12.50, reduced from \$14.50 for orchestra seating.

registration and a fee are required.

For more information, call 929-5409, or San Rafael Kaiser Health Education Services at 499-2173.

For more information about any of the programs listed above, call the Presidio Alcohol and Drug Program at 561-2528.

## California Dreamin'

"California Dreamin'" is the theme for the next Teen Dance to be held April 10 from 7 to 10 p.m. at the Golden Gate Community Club.

The dance is for 12- to 14-year-old teens and is sponsored by the Enlisted Spouses Club and Youth Activities.

A DJ will be on hand to spin favorite hits and an assortment of refreshments will be available at a minimum charge.

The dance is open to Presidio teenagers and each Presidio family member may bring a guest. The cost is \$2.

For more information, call Kathy Wilson at 922-8147 or Lee Horstmann at 751-1593.

## Overseas alumni

Did you attend high school overseas? Chances are there's an alumni group looking for you, or a reunion in the works for you to attend.

If you're interested in an alumni group or a possible reunion, write down when and where you went to school, and when you graduated from high school overseas. Mail this information to: Overseas Brats, PO Box 29805, San Antonio, Texas 78229.

"Overseas Brats" is a new publication about those who have lived or gone to school overseas. Its purpose is to help promote, preserve and

share this special heritage, and help those who don't have a sense of "roots."

## Passover

Jewish soldiers and their families have two options for the traditional Seder service this year.

Alameda Naval Air Station will hold a Seder service on April 13. To attend this service, call Rabbi Julie S. Schwartz at 633-5560 before Wednesday for reservations and more information.

Closer to home, Congregation B'Nai Emunah at 3595 Taraval Street in San Francisco will hold a Seder service on April 14 at 6 p.m.

For more information, call Ruth Callman at 561-4397 before Wednesday for reservations.

## POWC luncheon

The Presidio Officers Wives' Club (POWC) monthly luncheon will be held on Thursday at the Presidio Officers' Club. Social hour will start at 11:30 a.m. and lunch will be served at noon.

Call for reservations before Monday. Call Sarah Dyson at 387-8107, Bettie Roeber at 221-5183 or Lynn Ryan at 923-1375 for reservations.

## Finance Corps Association

The new Finance Corps Association was formed in February as part of the activation of the Finance Corps Regiment.

Full and associate memberships are available for active duty, reserve, Army National Guard, retirees and former members of the Finance Corps. In addition, prospective members can become charter

members if they join between now and June 30.

For more information, contact SGM Lucie Rivera-O'Ferrall at the Finance and Accounting Office, bldg. 102, or call 561-2029. Or you may write to the Finance Corps Association, PO Box 16312-A, Fort Benjamin Harrison, IN 46216 for more information.

## Bellydancing

Yes, it's exotic, some think it's erotic, but did you know it's good exercise too? "It" is bellydancing!

Learn bellydancing with Shukriya at the Golden Gate Community Club, bldg. 135. Classes are held every Wednesday at 4:30 p.m. and only cost \$25 per month. Call 561-2000 for more information.

## Rec Center hours

The Recreation Center in the Golden Gate Community Club, bldg. 135, is closed on Sundays and Mondays. The hours of operation are: Tuesday through Fridays, 3 to 9 p.m., and Saturday, 1 to 9 p.m.

## Youth boxing

Youth Activities is starting a boxing program and is looking for experienced volunteer coaches to get the program going. If you enjoy working with young people, call Youth Activities at 561-5143 or 561-5910.

## Effectiveness Training

Army Community Services (ACS) will sponsor an eight-week training course for youth on communication.

The course begins on April 8 and lasts from 4 to 5:30 p.m. for eight Wednesdays.

This course is for teenagers from 13 to 18 years old and it is FREE.

The course will cover all areas of communication, including communicating with parents, peers and teachers.

For more information, call Karen Kaho at ACS at 561-5057 or 561-5155.

## SF State classes

San Francisco State University on-post courses will start Monday.

*Holistic Nursing* (Nursing 101) will meet on Mondays from 5 to 8:45 p.m. at LAMC until June 1. This is a beginning course required for nursing majors.

*Fundamentals of Oral Communication* (Speech 150) will meet two nights a week on Mondays and Wednesdays from 6 to 8:45 p.m. at Fort Scott until May 27. Improve your briefing techniques, earn humanities credit and complete a required course for a bachelor's degree all at the same time!

Courses are open to all adults; tuition is \$225 a course. Most soldiers qualify for 75 percent or 90 percent tuition assistance.

For more information, call or visit the Fort Scott Education Center, bldg. 1216, 561-2974 or 561-4445; or the LAMC Education Center, bldg. 1007, 561-3692 or 561-4030.



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# Sports

## World-class Presidio runner keeps training

story and photo by Pleasant Lindsey

March kicks off the start of the outdoor track season and this season will feature a newcomer to the Presidio who already has streaked into the world-class record books.

The newcomer is PFC Thomas Johnson, of Headquarters Company, U.S. Army Garrison. Johnson is the new physical activity specialist in Gym No. 1, where he gives Nautilus instruction and works in the issue room. But his true claim to fame is running.

On Feb. 2, 1986, Johnson broke the world record for the 500-meter run with a time of 1:00.5 in a dual meet at the University of Florida. Although a college coach later beat his time, Johnson's time still stands as a collegiate record. This year he plans to run in 400- and 800-meter competition.

"I have run in the 400-meter races since 10th grade," he said. "I'm training for the 800-meter events, but I plan to run the 400-meters in the next Olympic Games."

Johnson said he has to train constantly to achieve his goal, but he has been on track teams and in track clubs since attending middle school in Fort Lauderdale, Fla.

While in school, he participated briefly in other sports, but he showed

true talent in running.

"I attended Dilliard High School and had a coach who believed that a person who ran track shouldn't waste time in other sports," he said. "I had to quit the wrestling team after my freshman year and join the cross-country squad if I wanted to remain with the track team."

Johnson said he was already successful in track and sticking to one sport helped him excel. It also landed him a spot on the track team of Florida State University for whom he competed on the collegiate circuit for two years.

"During the time that I was in college I was majoring in two subjects, psychology and criminology," he said. "However, financing the type of education I wanted was pretty expensive so I had to find an alternative."

The alternative he chose was to join the Army.

"I always wanted to join the Army, but I intended to finish school first," he explained. "But being a college student made me ineligible for competition prize money to support my education. By joining the Army, I can start to work on my career, compete in the amateur ranks for prize money and finish my education at the same time."

Obviously that is a lot of work for one person to accomplish, but his running coach, Bob Darling, said Johnson trains hard, is a tough competitor and could possibly break more records.

"Hopefully, I can get back into the indoor track season next year," Johnson said. "The 400-meter indoor record hasn't been broken yet, and I'm training to be the best in my field."

The training schedule Darling has put him on is tough. It includes running four miles each weekday and a flat course for distance and endurance training plus running 10 miles on weekends and using weight machines to build leg and upper body strength. He will be running in future 800-meter races to measure the results of his training and to prepare him for the 400-meter events.

Presidians will have the chance to see the results of Johnson's conditioning program in the Stanford Invitational track meet, today and tomorrow, and at the Fresno Relays on April 3 and 4. These will be good opportunities to support a fellow Presidian and a world-class champion.



World-class runner Thomas Johnson keeps in training trim.

## Jimmy the Freak

Hi, again, sports fanatics!! I've received quite a few responses about last week's picks from the American League Eastern Division. Wait'll next week!!! All those Athletic supporters will really be upset with my prediction.

See...by picking the A's to finish first, it's like a voodoo curse, or the "kiss of death"; the team is guaranteed to have a "freaky" black cloud follow them around, botching grounders and hitting into double plays. Cool out, gang!!! It won't really matter. The American League West is still light years behind the East. So, whoever wins this division will be sucking wind in October.

Did ya hear about the baseball

coach whose wife is so ugly that he takes her to every spring training so he won't have to kiss her goodbye!!!! Bye for now...

**Oakland**—The Athletics will break in their new uniforms with something else that's new...a first-place finish in this weakest of baseball divisions. Canseco will be one of baseball's rarities—a player who actually does well enough to earn what he's making!

**Texas**—Next year will be the Rangers' year, when all of those blue-chip young players mature into world beaters. Look for Bobby Witt (and his stepbrother, who's a half-Witt) to become an overpowering, Nolan Ryan-type of pitcher. Bobby

Valentine will be the next best manager to Dick Howser, if he returns in this division.

**Minnesota**—The Twins are another team that will get much better with age. Look for these bashers in spikes to lead the major leagues in homers in that cozy little bandshell they call a baseball stadium. Even Woody Allen could power one out of there!

**California**—Gene Mauch is a good manager...if you want someone to lead your team into a second place or below. When his mother was carrying him she must have been scared by a winner! This guy just can't finish n first. My question is this—why hasn't he ever managed

the Cubs, a match made in baseball heaven?

**Kansas City**—I look for this team to let down after losing their manager to illness. As proven in 1985, when they can avoid any injuries, the Royals are a decent team. When any of their leading players are hurt, you can call a cab! George Brett will still hit over .300 with a cast on both arms and legs!

**Seattle**—The weakest team in the weakest division. This is the team that traded their best hitter for a number 4 starting pitcher! Thank God that those nice people in the Pacific Northwest have plenty of other recreation during the summer without depending on these bozos for entertainment.

## Sports Notes

### Racquetball Championships

The 1987 Presidio Racquetball Championships will be held Thursday to April 5. All matches are scheduled during off-duty hours and on Saturday and Sunday. A clinic and meeting will be held for all participants at noon, Tuesday at Gym No. 1, bldg. 63. This also is the entry deadline. Competition will be held in the following divisions:

#### Men

Open (34 and younger)  
Seniors (35-39 years old)  
Masters (40 years and older)

#### Women

Open (29 and younger)  
Masters (30 years and older)

The racquetball championship is open to active duty soldiers assigned or attached to the Presidio. For more information, call Tauaese Tauaese at 561-5051 at Gym No. 2, bldg. 115.

### Racquetball schedule

#### Thursday

DPTMSEC-Training vs. Co. A, LAMC (3-on-3), 11:30 a.m.; Wild Willy vs. Mail and Distribution (3-on-3), noon; Co. A, LAMC vs. LEC (5-on-5), 5 p.m.; Sixth U.S. Army vs. USAISC (5-on-5), 6 p.m.; DOL vs. 864th Engineers (5-on-5), 7 p.m.

#### Friday

Sixth U.S. Army vs. Mail and Distribution (3-on-3), 11:30; DPTMSEC-Training vs. Wild Willy (3-on-3), noon; Co. A, LAMC vs. USAISC (5-on-5), 5 p.m.; LEC vs. 864th Engineers (5-on-5), 6 p.m.; Sixth U.S. Army vs. DOL (5-on-5), 7 p.m.

Finals—top two teams

April 4—Gym No. 1, bldg. 63; 3-on-3, 1 p.m.; 5-on-5, 2 p.m.

### Volleyball

Men's and women's tournaments will be held at Gym No. 1, bldg. 63 and Gym No. 2, bldg. 1152 on April 5. The finals are scheduled at Gym No. 1.

The women's finals are set for 2 p.m., and the men's at 3 p.m.





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Contest closes Tuesday, March 31st, 1987—Winner will be chosen Friday, April 10, 1987

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- Programmable favorite channel scanning
- 178 channel capability



**KTV 19" remote control color TV (example)**

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- Quick start, high contrast picture tube



**Sharp 13" color TV (example)**

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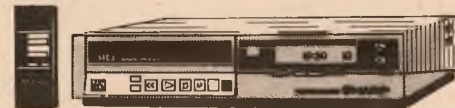
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SALE ENDS APRIL 2nd



**NCO of Quarter:**  
MP takes the honors,  
page 5

**Top nurse:** Pediatrics  
nurse wins Bovard  
award, page 7

**CDS: who**  
cares for your  
kids? page 7



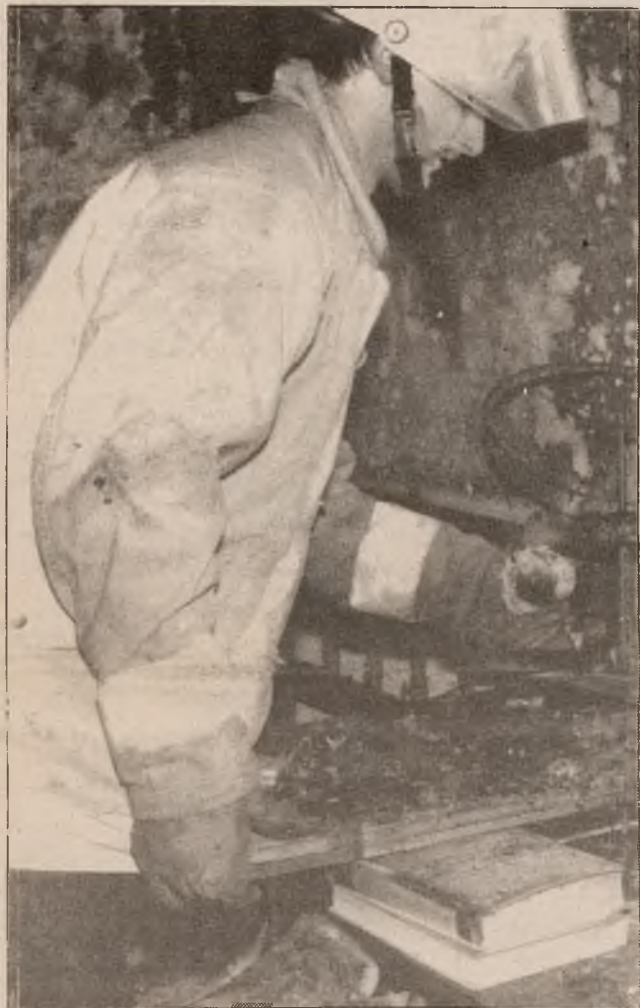
# Star Presidian

Vol. 30, No. 13

"Published in the interest of the people of the Presidio of San Francisco."

April 3, 1987

## Presidians, Fire Dept. douse Pershing fire



Firefighter Kevin McCullough holds a burning ember in Quarters 1540-B.

story and photo by Pleasant Lindsey

An alert soldier risked his life to drag a hose through burning, unlocked quarters and hose down a smoldering upstairs room in the 1500 area of Pershing, March 24.

Sp4 Roger Brady, truck driver, 864th Engineers, and MSgt. Robert Haithcock, housing inspector, Family Housing, alerted fire officials

and freed two dogs that were trapped in 1540-B, Pershing.

Brady and Haithcock were looking at a set of quarters which Brady was about to move into when they heard the alarm coming from the burning quarters nearby.

"At first MSgt. Haithcock thought it sounded like someone had left a dryer on or something," Brady said, "but then we saw some smoke coming from the bathroom window of the quarters."

Brady said Haithcock went to call the fire department while he knocked on the door. After hearing no answer, Brady tried the knob and found the quarters unlocked. Haithcock came back and grabbed a nearby garden hose, and they both fought the smoke and went upstairs to the burning room.

"All I saw was smoke," Brady described. "I didn't see any flames. The smoke seemed to be coming from an upstairs bedroom but I could only get as far as the bedroom door. I couldn't go inside the room because the smoke was too thick."

Brady said he often had to run downstairs to get some fresh air.

The fire department got the call about the fire at 11:11 a.m. and arrived on the scene at 11:16 a.m. The fire was out at 11:24 a.m. Fire Chief William J. Williams said it was caused by an electric blanket.

"As electric blankets get older, the wiring can be damaged," Williams said. "If you wad it up, instead of spreading it out, the heat remains trapped in the blanket."

Williams said all materials are combustible at some point, and when they heat to a certain temperature "you get open flames." Bedding and mattresses were lost in the fire.

The doors of two other rooms were closed, but the upstairs bathroom door was open. The bathroom and the hallway suffered smoke damage.

Williams said the quarters will be unavailable until the apartment can be restored.

No injuries were reported, and Williams praised Army Community Services (ACS) for going to the family's aid.

"ACS should be commended for their fast reac-

tion to help the family right after the fire," he said. "They showed up before we were finished."

"It shows that the mayors program is a valuable asset to the Presidio."

Williams said 99 percent of all fires are preventable. He said that good housekeeping, proper care of appliances and careful cooking habits help eliminate problems.

"You must take extra effort to eliminate problems," he said. "It takes only a few minutes to think about these things."

Williams and Fred Bartow, fire inspector, said residents should check their smoke detectors regularly, form an exit plan in case of fire and should keep a list of emergency numbers. They also should take proper care of electrical appliances.

"Every appliance I've bought has a set of instructions and warnings about safety hazards," Bartow said. "Any time you buy new appliances, thoroughly read the manufacturer's warranty and instructions. Old electric blankets should be replaced, and the electrical cord should be free of obstructions (for instance, don't let the cord get pressed between the box springs and the mattress)."

Bartow said appliances that aren't being used should be turned off. These tips go a long way in preventing fires.

Williams said that once a fire spreads it becomes very intense. Residents should let the other families in the building know there is a fire, and should call the fire department from a fire alarm box or from a neighbor's house.

But don't stay and try to fight the fire yourself—instead, get your family out of danger.

"Safety of the individual is more important than trying to fight the fire," Williams said. "Many of today's materials produce extremely toxic gasses when they burn, and can be fatal when they are breathed."

For more information about fire prevention and safety, call the Presidio Fire Department at 561-4220, 561-4317 or 561-3914. For emergencies only, call 561-5656.

## News Briefs

### Litter Pickup

Litter pick-up and on-call collection of litter which used to be done by post police and Directorate of Engineering and Housing people, is now being done by civilian contract. This includes pick-up of packing boxes, grass clippings, old furniture, etc. To request litter pick-up or on-call collection, call C. G. Manning, Contract Services and Utility Sales Branch at 561-3769, 561-6026 or 561-6000.

### HIV Testing

During National Medical Laboratory Week, the laboratory at Letterman Army Medical Center (LAMC) will offer Human Immunodeficiency Virus (HIV) screening to all eligible beneficiaries who have had blood transfusions from January 1978 to April 1985. Neither

paperwork, referral from a physician, nor appointment is necessary to take this blood test.

Any active duty, retired soldiers and their family members desiring to take the test should bring their medical card to the main laboratory, room 202, bldg. 1100, from 7 to 11 a.m., or 1 to 4 p.m., any day during the week of April 13 to 17.

Negative results will be mailed directly to the patients. Patients whose screening test indicates a need for a follow-up will be notified through the Preventive Medicine Service.

### Military clothing

The Military Clothing Sales store, bldg. 230, will be closed tomorrow, Sunday and Monday because it is relocating to bldg. 913. Building 913 is across from the Fort Point Coast Guard Station on Fort Point.

### Lincoln Blvd. closure

The section of Lincoln Boulevard extending from Presidio Boulevard to the Wells Fargo Bank will be closed to traffic today, April 3, from 8:45 to 9:30 a.m.

In addition, Funston and Halleck Boulevards will be closed at the same time.

### No Smoking

As part of the Presidio's No Smoking policy, all ashtrays will be removed from No Smoking office areas. Ashtrays should be displayed only for use in "designated smoking areas."

For more information on the No Smoking program, call Mark Gumbiner, Alcohol and Drug Control officer, at 561-2528.



# Opinions

## TAKE A BITE OUT OF CRIME

### Protection from sexual assault

by John Flynn

Rape is a crime defined legally as sexual intercourse achieved or attempted without the victim's consent and with the use or threat of force.

Many states now define all forms of sexual conduct carried out against a person's will as a crime—a sexual assault—whether the person is male or female.

If you think of rape as motivated by sex, or that the victim asked for it, look at the facts. Rape can happen to anyone—children, grandmothers, students, working women, mothers, wives, the rich and the poor.

Facing the facts about rape is the first step. You know that anyone can be a victim. So the next step is to learn how to keep it from happening to you.

Remember these preventive measures:

**Outside:** Most rapes occur outside, on the street, in a park, playground or schoolyard. Be alert to your surroundings and the people around you when you're outside...particularly if you're alone or it's dark. Try these tips:

- Stay in well-lighted areas as much as possible.
- Walk confidently, directly, at a steady pace. A rapist looks for someone who appears vulnerable.
- Walk on the side of the street facing traffic.
- Be careful when people stop you for directions. Always reply from a distance.
- If you live alone, don't advertise it. Use only your first initials and last name on your mailbox and phone listing.

**When driving or riding:** Rapes also happen in cars and other vehicles. Most take place in the rapist's car, so be very careful about accepting rides from strangers. A casual offer of a ride from somebody that you don't know, or know only slightly, could mean trouble.

- Always lock your car.
- Check the back seat before you drive.
- Keep the doors locked while you drive.
- Park in well-lighted areas.

- If you think that you are being followed, drive to the nearest police station or public place.

If you've been attacked, get help quickly. Call the police. They can take you to the hospital, put you in touch with community services, and get information from you about the crime that will help them to arrest the rapist.

The most important thing to remember after an attack is that you should not touch anything, change your clothes, wash or douche until you have contacted the police and been to the hospital. If you do, you may accidentally destroy valuable evidence that the police and the prosecutor might need to arrest and convict the attacker.

### Crime report

- One family member was apprehended for shoplifting.
- One soldier was apprehended for being AWOL (Absent Without Official Leave).
- One civilian was apprehended for disturbing the peace.
- One soldier was apprehended for larceny of government property.
- There was one report of a larceny of private property which was left unsecured.

## Ramblin' Sam

"Since the first amendment to the Constitution guarantees freedom of speech, what would you like to say?"



Alfred Dickson, baker and cashier, Main Exchange Mall: "God bless America."



April Rider, bagger, Presidio Commissary: "I don't want to embarrass anyone. I speak my mind, though, when I know the people I'm talking to."



Garold W. Curo, retired U.S. Army Reserve officer: "I would tell young soliders who like the Army to stay in, make it a career. You'll be pleasantly rewarded with the experience and benefits when you get out."



Sgt. John Robinson, infantry, Company D, 631st Infantry, Fort Irwin, Calif.: "I say all military personnel deserve higher pay, especially those of us who have tough, rugged MOSs."



## PSF IDEAS OF EXCELLENCE PROGRAM

The Presidio offers so much for many people, a beautiful setting, conveniently located in one of the most exciting cities in the country.

Presidians are special too, in that they enjoy taking an active part in their post's upkeep and in making it the best military post it can be. Their concern is reflected in the overwhelming number of contributions made to the Presidio Ideas for Excellence program.

This week the ideas that we are highlighting have already been approved and the people submitting the ideas were given awards by Post Commander Col. Joseph V. Rafferty on Wednesday.

Mary Johnson, a family member living at Fort Baker, suggested that a "Caution, deaf child in area," sign be placed in her neighborhood. This

idea would be useful in any of the Presidio neighborhoods where there are residents with exceptional needs.

John D'Aquisto, an auditor with the Internal Review and Auditing Compliance, felt it would be a good idea to sell American flags for Army Days and the Bicentennial of the U.S. Constitution. What better way to show our sense of patriotism during these upcoming special events?

MSgt. Ricky Box, NCOIC, Directorate of Logistics, suggested that the Presidio publish the Presidio Staff Directory in a 3-by-6-inch book. This might make finding important phone and building numbers a little bit easier.

Maj. Gerald Lee: Place the FOW (Field Officer of the Week) Duty Roster on PROFS.

Wylodine Patton: Better managerial work space.

Theresa Pettway: Shuttle bus to go to her work area.

Capt. Donald McCunniff: Revise form requesting officer Official Military Personnel File to include enlisted soldiers and "How to be a good customer" article in the *Star Presidian*.

Raymond Shelmerdine: Install a sound system in bldg. 1188.

Richard Cameron: New engineers joining Directorate of Engineering and Housing (DEH) should spend time with appropriate branch of Operations and Maintenance Division to provide insight to problems in the area.

Becky Poulliot: "Adopt an Artifact Program."

June Landreth: Firewood permits to clear fallen trees.

Bruce Hashitate: Authorize the use of DA Form 4395 in requesting, approving and reporting of leave.

Glenette Crawford: Anti-glare screens for the

please see page 3

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# Etc.

## Ideas of Excellence continued from page 2

VIABLE terminals and other PCs.

Floyd L. Terry, Jr.: Payment to vendors without modification to the purchase request when the invoice is within 10 percent for goods or services and within 25 percent of the freight costs. This was approved regarding the freight, but not when the agreed upon price changes.

George J. Morrison: Give all customer service area employees business cards that contain employee name, office and phone number to ensure better service.

James T. Mays: Time cards to be done by a supervisor not a supply clerk.

David Premenko: Multiple purpose form for DEH customer feedback.

Lt. Col. Howard Curtis: Steam cleaning equipment for self-help.

Steven Oliver: Purchase Turner Hall software

SQ2 for all existing users of the software packages LOTUS 1-2-3 and Symphony.

CWO2 Francis Sloat and Capt. Richard Thomas: Develop a self-help project to repair the M-11 and M-12 rifle racks to alleviate barrel damage on the M-16 rifle.

Wilfred Jacobsen: To have a computer in bldg. 935, Quality Assurance. This would allow them direct access to all parts in stock.

Gordon Royle: Place a sign in each restroom with the name and phone number of those to call in case of a problem with maintenance, cleaning, etc.

CSM John P. Carvalho: Have a Commander's Impact Award which takes only 24 hours to process.

William Pesetski: To realign the parking slots in the parking lot near bldg. 603. (This was not possible, but a part of the guard rail will be re-

moved to allow traffic to leave the lot without having to back out onto Halleck Street.)

Pvt. 2 Fred Wingstrom: To have sports tournaments which include civilians and military working together as a team.

These ideas, like all the ideas submitted to the Ideas Office, are read and sent to the appropriate directorates for consideration. Each person submitting an idea should get an answer within 15 days.

Whether or not your idea can be carried out is, of course, important to you. But if changes can't be made, or at least not right away, don't be discouraged. Your ideas are appreciated and needed. It just shows that you really care about the Presidio. So, keep those Ideas for Excellence coming in!

## Working couples can get special tax break



Married couples who both work are eligible for a special deduction of as much as \$3,000 on 1986 federal tax returns. This deduction may be claimed on either Form 1040A or Form 1040 as a subtraction from gross income, according to the IRS.

The deduction is limited to 10 percent of the qualified income of the lesser-earning spouse. However, the maximum amount allowed is 10 percent of up to \$30,000 for a deduction of \$3,000. To take the deduction, both spouses must have earned income,

such as wages, salaries and tips.

However, income earned by one spouse working for the other does not qualify; nor does such income as interest, dividends, pensions, annuities, IRA distributions, unemployment compensation, deferred compensation or nontaxable income.

More complete information can be found in the tax forms instructions for Form 1040 and Form 1040A and Schedule W. These are available at the Presidio Tax Center, bldg. 223, or call 561-2TAX.

## Do-it-yourself corner

### Drain cleaning

Cleaning clogged plumbing drains need not be difficult.

As a general rule, clean small, easily accessible drains on sinks and tubs, and leave the larger sewer lines to the professionals.

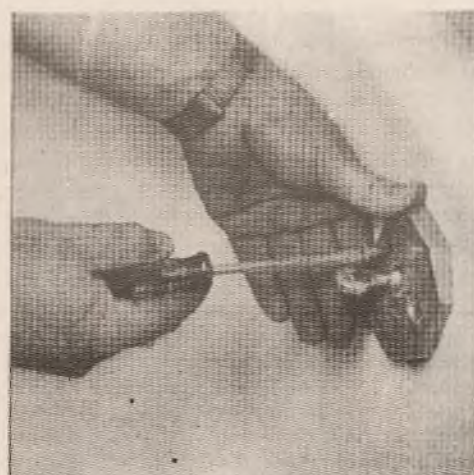
To do a good job, most drains require a two-step cleaning process. First, snake the drain line, then use a plunger and hot water to force the

debris into the larger sewer line. A handheld snake and plunger are good investments for this job. Because you'll probably use the snake every four years, it's better to buy one than to repeatedly borrow or rent one.

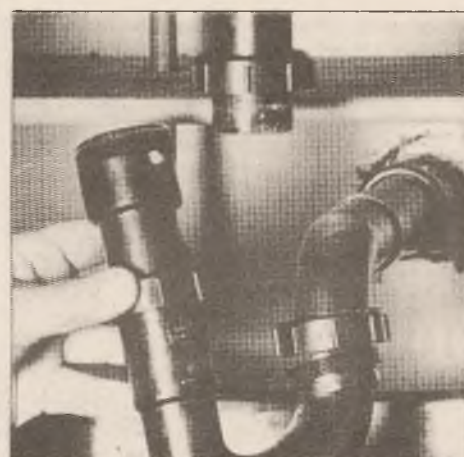
By following these six easy steps you will find that you can "do-it-yourself."



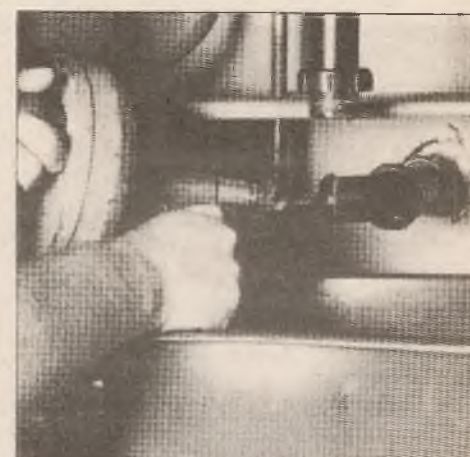
3 After snaking, reconnect trap, then run very hot water into drain line. Plug overflow with rag, then plunge drain opening.



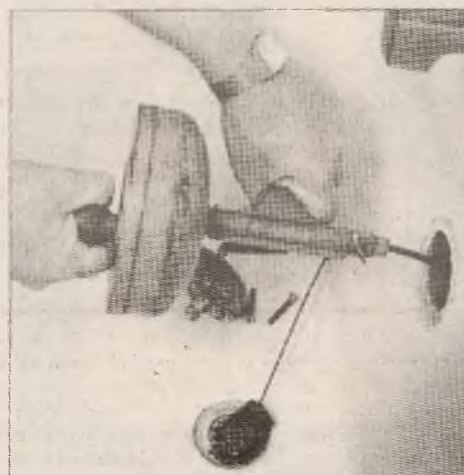
4 Bathtub drains must be snaked through overflow opening, not drain hole. Begin by removing trip-lever plate and mechanism.



1 Begin by removing the trap. Adjustable pliers will loosen plastic fittings, but a pipe wrench is required for chrome.



2 Slide snake cable into drain line one foot at a time. Tighten setscrew on cable, then turn crank and push in cable gradually.



5 Slide snake into overflow opening and crank. Trap is within 2 ft. of opening, so you'll feel resistance almost immediately.



6 Remove snake and run very hot water into drain. Plug overflow opening with rag, then plunge drain opening repeatedly.



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.

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# Excellence

## Presidian earns PLDC Distinguished Honor Grad

story and photo by Pleasant Lindsey

Ceremonial Platoon's Soldier of the Year continues to impress his peers with his soldier skills and leadership qualities.

Sgt. Tracy Rogers, the 1986 Presidio Soldier of the Year, was named the Distinguished Honor Graduate of his Primary Leadership Development Course (PLDC) on March 13.

Rogers was still a specialist 4 when he graduated from PLDC and received his promotion to sergeant on March 20.

Rogers' award put him a notch above his classmates, four of whom were named as Honor Graduates. Rogers received the award for setting and maintaining the highest standards in the class.

Rogers said there were some days when his class included 14 hours of instruction.

"We got up at 4 a.m., did physical training (PT) at 5, had chow (breakfast) at 6 and were in the classroom from 7 a.m., through the rest of the day," he said. "They teach you the highest standards of the Army."

Rogers said the school is tough, but it also

could be fun. Students learn about a number of subjects including combat operations, how to lead PT classes, and Drill and Ceremony. He said the students also learned about values and how to inspire excellence.

"The thing I liked best was the leadership skills they taught," he said. "We learned how to teach, counsel, train and care for troops. They taught us how to march them, motivate them, and set the standards that soldiers should follow."

"And that's what the course is all about—leadership."

Rogers has been in the Army for three years. Although he serves in the Ceremonial Platoon of Headquarters Company, USAG, he entered into the Airborne Infantry when he first joined the Army.

When he was named Presidio's Soldier of the Year, he said his next challenge would be the NCO of the Year board.

It looks as though this young, new leader is ready to meet that challenge.



Sgt. Tracy Rogers, PLDC Distinguished Honor Graduate, briefs other Ceremonial Platoon members about a funeral mission they carried out earlier that day.

## Traffic Section NCOIC wins NCO of Quarter honors

story and photo by Debbie Robinson

Life as a military policeman (MP) seems to have its ups and downs for Sgt. Kevin R. Rumpf, Traffic NCOIC. But lately, things definitely are on the up-side.

Rumpf, who is assigned to the Law Enforcement Company (LEC), was awarded post NCO of the Quarter two weeks ago.

Winning the contest seemed to be a surprise for Rumpf who said, "Just after the board, I thought for sure that I wouldn't win it. I didn't know I did that well," he said.

The NCO of the Quarter win is another of several accomplishments for Rumpf, who is a native of Kingsford, Mich. First of all, he is in charge of the Traffic Section at the Provost Marshal's Office; a big responsibility.

Rumpf recently completed training to be a traffic investigator through Northwestern University's Traffic Institute. The three-week course qualified him to do traffic accident investigations; a job for which only a select few of Presidio's MPs are qualified.

Traffic investigators must pick up evidence from the scene of an accident to help explain why the accident happened. This evidence could be that the road was in poor condition or that a car involved was unsafe to drive.

Another aspect of his job is to perform traffic surveys which involve, for example, studying intersections to determine the best place for a road sign or traffic signal.

Rumpf has taken well to the Army since he enlisted five years ago, and in fact, said he is fulfilling his childhood dream, which was to be a policeman. "I guess as a kid, I looked up to policemen a lot," he said. He said he also enjoys the traveling you get to do in the Army, as well as the

numerous other benefits.

Although Rumpf left the Army after his first three-year enlistment, he soon returned.

"After my first three years, I decided to leave the Army to attend college. I went to school for a year and worked as a deputy sheriff in my hometown, but I ended up being laid off."

"I didn't think I'd miss the Army, but when I got out that's all I talked about. It got to where my friends got

tired of hearing me talk about the Army," Rumpf said smiling, "so I came back in."

Rumpf is looking ahead to his next promotion. In fact, he said that part of the reason he went to the NCO of the Quarter board was to gain experience and prepare for the E-6 promotion board.

If his performance for this contest is any indication, he shouldn't have too much trouble with that promotion.

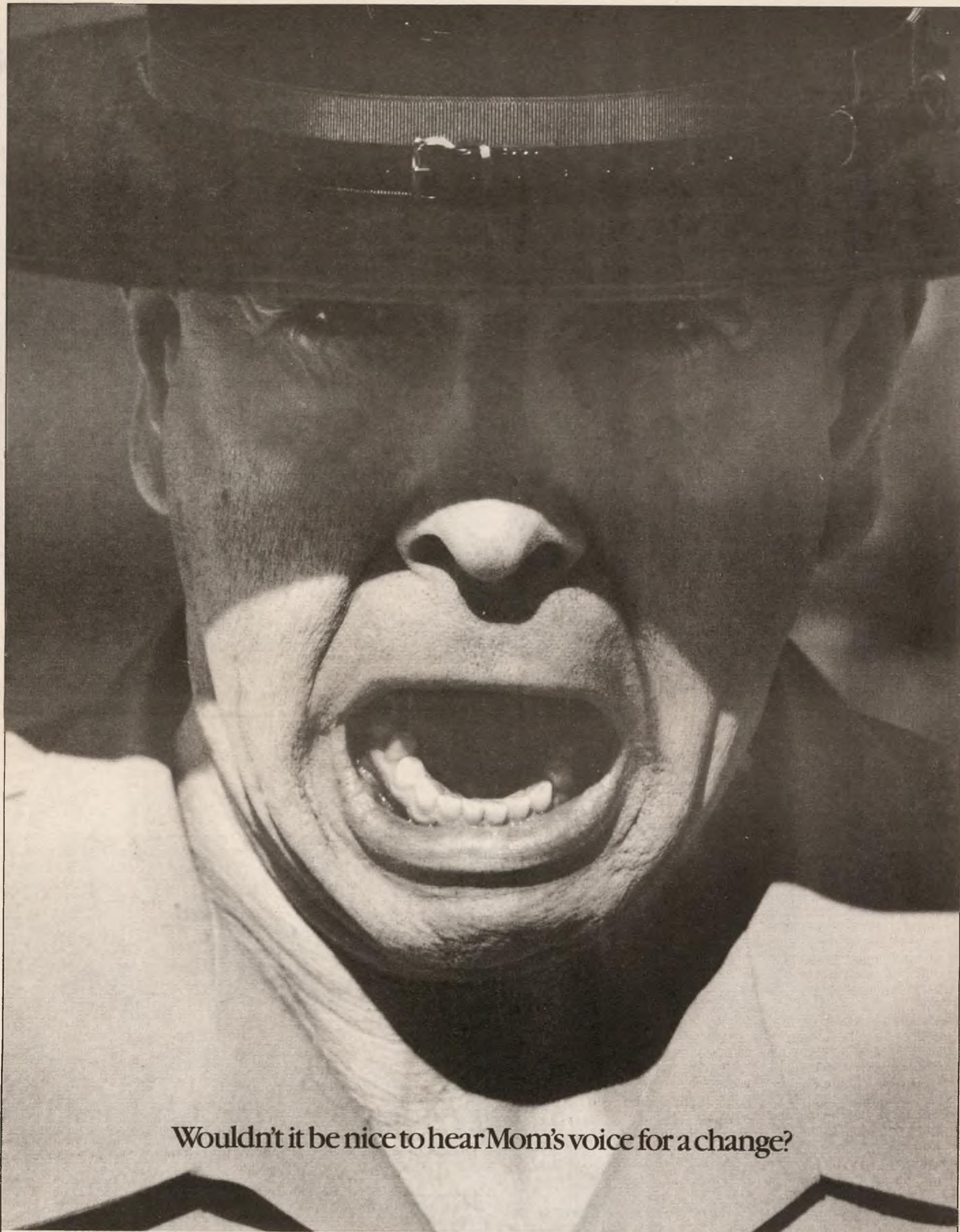
Rumpf wasn't scared off by the NCO board, even though he said he would have liked more time to prepare. He said he studied from a "really good study guide," and he got help from his first sergeant as well as good friends, Sgt. Christopher Ludwig, and his wife, Brenda, who was NCO of the Year for 1986.

Five years is a short time for a soldier to gain rank all the way up to E-6, but at the rate that Rumpf is going, anything seems possible.



Sgt. Kevin Rumpf, NCO of the Quarter, goes over the accident report with SP4 Mark S. Andronis.





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# Caring

## Pediatrics ICU nurse wins award



Lt. Col. Joyce G. Shank, 1986 Bovard Award-winner, attends to 45-minute-old Baby McAllister.

story and photo by Debbie Robinson

How do we describe what drives some people to helping others? We can call it the motherly instinct in women, or we can call the person a Good

Samaritan, or any of a number of other cliché descriptions.

What it boils down to in the case of Lt. Col. Joyce G. Shank, though, is a deep sense of caring and selflessness. It's not easy to say how much some people, like Shank, are appreciated. That's probably why we give awards, those little tokens of appreciation for the innumerable hours of work and effort put in by the awardee.

So, as this year's Evangeline G. Bovard Award went to Shank on Jan. 30, she got her just recognition as LAMC's top nurse for 1986.

Shank is the clinical head nurse of the Intensive Care Nursery at Letterman Army Medical Center (LAMC). According to Shank, when she first was commissioned in 1970, she was interested in working in an Intensive Care Unit (ICU), but got assigned to a pediatrics unit. She's been in pediatrics ever since, but since LAMC also has an ICU in pediatrics she now works in both areas.

Shank said that she had always wanted to be a nurse, so she put herself through school in the military with the Army Student Nurse program. When she first began, she said that she expected to stay in only for those first three years. Obviously, that's not how it worked out.

According to Shank, being in the Army has given her some great opportunities to do things she would never have had a chance to do on the outside.

For instance, Shank was the Officer in Charge at Tripler Army Medical Center during the 1975 Operation Babylift when Vietnamese orphans who had been evacuated from Saigon were brought through Tripler for treatment before being taken to the Presidio where they were adopted by

families from all over the United States.

Also, Shank said that she worked with POWs and their families during the Vietnam conflict.

Shank now works with what she called "a wonderful staff" in pediatrics.

"I see my job not only as managing this unit, but as helping the staff manage their careers, not only as nurses, but as military officers. My job is to try to make them the best Army nurses they can be."

Apparently, people at LAMC think just as highly of Shank. She was nominated for the Bovard award by people on the staff who wrote a nomination letter, or letters. The letters describe the nominee, and explain why that person should be recognized as LAMC's top nurse. This year, Shank came out a winner.

For Shank, life in the Army provides the challenges and the satisfaction she seems to need. She has nothing but praise for the Army.

"If I had it to do over again, I wouldn't do anything differently. The Army Nurse Corps just really offers more," she said.

Life goes on as usual for Shank since the excitement from winning the award has settled a bit. She seems comfortable with her work, and very much in command. She seems to know how to deal with each situation, no matter whether it involves treating a tiny infant under an oxygen tent or whether it's dealing with hospital administrators.

Her people appear at ease and happy at their work; they really seem to respect her. All these things are the reflection of a good leader, someone who really cares. But it's just life as usual for LAMC's top nurse.

## Learn about Presidio's Child Development Services

by Debbie Robinson

Taking care of the Army family has become a top priority for the Army in recent years, and with good reason. More and more soldiers are getting married and having children.

As a result, Presidio's Child Development Services (CDS) is growing by leaps and bounds in an effort to provide Presidio children with the most professional and attentive care possible.

Presidio's CDS is made up of three components: the Child Development Center (CDC), Family Child Care (FCC) and Youth Activities (YA).

The CDC provides on-site care for children ages six weeks to 12 years. This includes part-time, full-time and hourly care, according to Diana Curl, the center's director.

The center divides the children into different age groups from infants to school-age, and puts them in a specially prepared environment; one that has an appropriate curriculum for each age level, Curl said.

"The center's school-age program attendance has gone from 30 to 80 children in the three years since we started offering after-school care," Curl said.

The school-age youngsters can play outside in the fenced-in play areas, work on their homework or on one of the center's computers.

According to many of the children there, the center is a fun place to stay. Eddie Weller, 9, said, "It's fun

here. We play kickball and dodgeball."

Valerie Keating, 9, added, "We have a lot of activities. We get to make things."

According to Curl and Karen Jupe, FCC director, CDS workers are concerned about children who are left at home after school until their parents get home.

"It's frightening for a child to be home alone. It seems there is a lot of pressure to educate children on how to take care of themselves, when they really do need adult supervision. It's just a lot safer here," Curl said.

The three-year-old FCC program is different in that it offers an alternative and an extension to the CDC.

It is a 24-hour service, although the office hours are 7 a.m. to 5 p.m. daily, Jupe said.

The program cares for children starting at four weeks until 12 years old. Child care providers work in their own homes and may watch up to eight children (including their own), depending on the size of the house and the children's ages.

Care providers are certified through FCC and are monitored quarterly by the Department of the Army.

All decisions about fees and other details of child care are made between the parents and the care provider.

To keep your children busy, CDS includes Youth Activities, whose



photo by Pleasant Lindsey

Tina Guerrero comforts a newcomer to the Child Development Center.

director is Eric Davis. Youth Activities provides a variety of recreational activities for kids ages 6 to 19 years.

Activities include swimming, karate, gymnastics, tennis, ballet, jazz dance, competitive swimming and Cub Scouts, Boy Scouts and Girl Scouts.

Some other activities include annual events like the Easter Egg Hunt, the Halloween Dance and the Christmas party, as well as the recycling program which is run by the scouts and the Aquarius Swim Club.

Youth Activities has made some changes recently. They moved their

offices to the old Recreation Center, bldg. 1331 on Fort Scott, where the hours are 7:30 a.m. to 4:15 p.m. The new Youth Center is tentatively scheduled to open in the same building by late summer of this year, after renovations to the building are completed.

Take a moment to consider the advantages of Presidio Child Development Services over a similar civilian child care center. Then call Curl at 561-3588, Jupe at 561-4712, or Davis at 561-5143.

Enrolling your child in one of the CDS programs could make Army life easier not only on your children but on your entire family.



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**MENTAL HEALTH COUNSELORS:** Inpatient psych. exp. required.

**OCCUPATIONAL THERAPISTS:** AOTA registered & recent exp. required.

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# Community Calendar

## Quitting smoking

If you want to quit smoking, there is plenty of help available, for example:

### LAMC program

The program gives information, education and support. Meetings are held every Friday from 9 to 9:45 a.m. at the LAMC AIM (Ambulatory Internal Medicine) Clinic, and registration is not required.

For more information, call 561-2656.

### Fresh Start Program

The American Cancer Society sponsors six two-hour sessions designed to help smokers get off and stay off cigarettes. Meetings are held on Tuesdays and Thursdays from 6 to 8 p.m. Registration and a small donation to the American Cancer Society are required.

For more information, call 673-7979.

### Smokers' Anonymous

Joining this support group is free and open to anyone who has quit smoking or wants to quit smoking. Meetings are held from 6:30 to 7:30 p.m. in the X-ray waiting room on the first floor of the Kaiser Medical Center at 2200 O'Farrell Street in San Francisco.

## To the Presidio community

On the evening of March 26, 1987, a parent reported that an 8-year-old boy did not return home after school. The father, a LAMC soldier, was away on temporary duty.

I am proud to say the Presidio community turned out in force to search for the child. Soldiers from LAMC; Company D, 864th Engineers, and the Military Police Company coupled with the residents of the 1500 and 1700 housing areas immediately made it a community effort. The child was located at a friend's house the next morning, but it could have been a tragic story.

To our soldiers, employees, residents and mayors who assisted in this effort; my thanks and appreciation.

Joseph V. Rafferty  
Colonel, Infantry  
Post Commander

No pre-registration is required.

### Stop Smoking Clinic

The Stop Smoking Clinic is a two-month program that focuses on motivation, addiction and avoiding relapse for smokers who quit is open to Kaiser Health Plan members. The clinic meets on Tuesday and Thursday evenings. An interview, pre-registration and a fee are required.

For more information, call 929-5409, or San Rafael Kaiser

Health Education Services at 499-2173.

For more information about any of the programs listed above, call the Presidio Alcohol and Drug Program at 561-2528.

## NAF job openings

The Civilian Personnel Office, Nonappropriated Funds, is accepting applications for the following positions:

Secretary, AS-05, requires one year of general experience with 50 words-per-minute typing (no typing test);

Clerk-typist, AS-04, requires six months general experience with 40 words-per-minute typing (no typing test);

Club operations assistant, PS-06, PS-04, requires one year general experience and one year specialized experience for PS-06, and six months general experience for PS-04. Applicants must have knowledge of military club operations and an ability to deal with all types of people;

Dining room hostess, PS-04, requires six months general experience. Applicants must have the ability to deal with all types of people; and

Child caregiver, PS-02, requires three months experience working in a formal day care center, nursery, or pre-school/kindergarten. Applicants must be able to read and write English, and must be at least 18 years old and have the ability to lift up to 40 pounds.

Positions above may be full-time, part-time, intermittent, regular or temporary. Applicants should fill out DA-3433, applications for NAF employment, at CPO, bldg. 37 from 8 a.m. to 4 p.m., Monday through Friday.

## National Library Week

# Post Library schedules special events

The theme of this year's National Library Week is "Take Time To Read," and the Post Library System invites all members of the Presidio community to become aware of the many services available in their libraries.

The Main Post Library, bldg. 386, is featuring exhibits and a special event. Guest speaker Jim Hudgins, chief of Community Relations, Presidio Public Affairs Office, will give a slide presentation on 210 years of Presidio history, on Wednesday from 4:15 to 5 p.m. Everyone is invited. Refreshments will be served.

For over 50 years the Presidio Post Library System has served the Army community. The Main Post Library has had various homes, sometimes in one room, sometimes sharing a building with other facilities. Finally, in 1958, a beautifully designed building was completed and the Post Library moved into its present location. Twenty-nine years later, the Main Post Library has a collection of over 50,000 volumes, approximately 200 periodicals, 5,000 records, 400 audio cassettes and 500 video cassettes.

Special features at the library include a Children's Room, a collection of books on military science and a large variety of reference books. The LAMC Branch Library, located on the first floor of

bldg. 1100, room 104, serves the patients and staff of the Letterman Army Medical Center.

Active duty soldiers, military retirees, family members, and civilian employees of the Presidio may use the Post Library System.

The Children's Department of the Post Library System contains over 3,500 books guaranteed to delight the heart of any youngster. Encyclopedias and dictionaries are there to help with difficult homework problems, and 14 different periodicals cater to many tastes.

The weekly Pre-Nursery School Story Hour is a very popular feature. On Thursday mornings the children gather round for a program of stories, games and activities.

The climax of the year-round children's program is the Summer Reading Club. As soon as the school year ends, young readers from the Main Post Library register for membership in the reading club. After two months of reading and reporting orally on books they have chosen, the members are invited to a party complete with games, prizes, certificates of achievement, and cake and pink lemonade for all.

You can get a head start on retirement at the Post Library, where there is a special book collection to help answer such important questions as

when to retire, where to live, how to have a secure financial income in the future, what kind of retirement jobs are available, whether or not to continue your education, and how to maintain good health and enjoy leisure hours to the fullest in the years ahead.

The record and cassette collections of the Post Library System are quite varied. The recordings include operas, popular vocals, poetry readings, western music, foreign language study, complete plays and musicals, international and folk music, classical works, jazz, comedy and choral and band music.

There are four listening booths at the Main Post Library and separate listening facilities at LAMC Branch Library where you can listen to records and cassettes. Records and cassettes may also be checked out for home use.

The Main Post Library has over 500 video cassettes in a variety of categories. Some of the recent additions include *Back To The Future* and *Star Trek III*. Video cassettes are also checked out for home use.

So, the library not only gives you a chance to "Take Time To Read," but to round out your education in many other ways as well.

## At the movies

### Presidio Theatre

Fri, April 3	Hoosiers (PG)	7 p.m.
Sat, April 4	Outrageous Fortune (R)	7 p.m.
Sun, April 5	Outrageous Fortune (R)	7 p.m.
Mon, April 6	Outrageous Fortune (R)	7 p.m.
Tue, April 7	The Color of Money (R)	7 p.m.
Wed, April 8	Deadtime Stories (R)	7 p.m.
Thu, April 9	The Mission (PG)	7 p.m.
Fri, April 10	The Mission (PG)	7 p.m.

### Hamilton Theater

Mon, April 6	Hoosiers (PG)	7 p.m.
Wed, April 8	Outrageous Fortune (R)	7 p.m.
Thu, April 9	Deadtime Stories (R)	7 p.m.

### Schwartz Theater

Fri, April 3	Enemy Mine (PG-13)	7 p.m.
Sat, April 4	Wargames (PG)	1 p.m.
Sat, April 4	A Fine Mess (R)	7 p.m.
Wed, April 8	Bullies (R)	7 p.m.
Thu, April 9	Ladyhawke (PG-13)	7 p.m.
Fri, April 10	Peggy Sue Got Married (PG-13)	7 p.m.



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		with wine & garlic	
Fried Clam Strips	3.50	Mussels Napolatina	6.50
Clam Chowder	cup 1.50 bowl 2.75	Minestrone	cup 1.25 bowl 2.50
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8 oz. of freshly ground chuck, with fries, garnish, with cheese .25 extra		with fresh fruit	
Fisherman's Sandwich	5.50	Eggs Marina	4.50
English Muffin, fries, garnish		scrambled eggs, shrimp, green onions and mushrooms	

### Pasta

Cannelloni Napolitana	4.95	Fettuccine al Pesto	4.95
Fettuccine Alfredo	4.95	Linguine with Fresh Tomatoes and Herbs	5.50
Fettuccine alla Marina	5.95	Fettuccine Alfredo with Smoked Salmon	5.95
mushrooms and Marinara sauce			
Spaghetti alla Siciliana	5.95	Linguine Vongole (red or white)	6.50
spicy			
Spaghetti alla Carbonara	5.95	Linguine with Shrimp alla Alfredo	5.95

### Entrees

— Fresh Vegetable and Rice are included —

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Fresh Fish	Please ask Waiter	Seafood Cannelloni	6.50
Calamari Sauté	5.95	Jumbo Prawns Sauté	8.95
Calamari Steak Doré	6.50	Fresh Eastern Scallops Sauté	8.95
Calamari alla Marina	6.50	Seafood Sauté	8.95
with eggplant		Jumbo Prawns Provencal	8.95
Marina Cioppino	8.95	Marina Fried Seafood Platter	8.95

#### Chicken

Breast of Chicken Sauté	6.50	Chicken Cacciatore	6.50
Chicken Piccata	6.50	Chicken Parmigiana	6.50

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# Sports

## Intramural golf takes off

story and photo by Pleasant Lindsey

The post's intramural golf season swung into action March 26 at the Presidio Golf Course with seven teams competing in 3-point play.

Col. Joseph V. Rafferty, post commander, teed-off first to get the season under way.

The teams were divided into eight foursomes, and each foursome was made up of members of different teams so that each player teed off with an opponent for the entire course.

Jim Ragasa, from Gym No. 3, is in charge of intramural golf. He said this system raised the level of competition and *esprit de corps* among the players.

"In basketball you don't want to play against your teammates; you want to play your opponents," Ragasa said. "It's the same thing with intramural golf."

The scoring makes the competition tight, and the method used to score matches makes the team scores much lower in intramural play than they would normally be in any other golf game.

The intramural competition uses a 3-point system. The player who wins the first nine holes gets one point, and the winner of the back nine holes

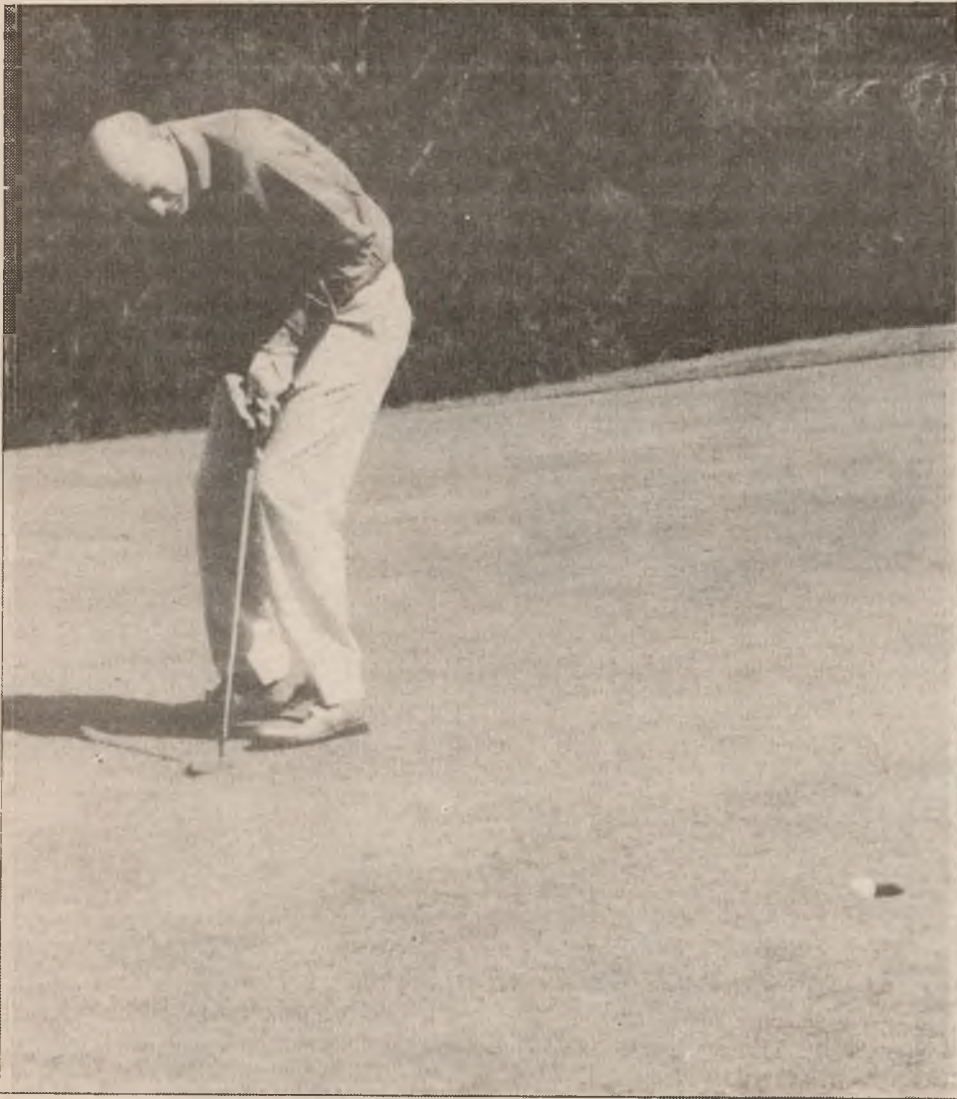
gets one point. The players' score for all 18 holes is added, and the player who has won the most holes gets the third point.

If player A wins the first nine holes 6-to-3, he gets one point, but if he loses the back nine 5-to-4, player B gets the second point. In this case, player A would have won more holes overall, and would therefore win the third point and the game, 2-to-1. If the opponents win an equal number of holes they split the third point.

Although they played in foursomes, each player was paired with someone from another team. This made the competition fierce, as all four players battled their opponent and two other teams to win the most holes.

When competition was finished the three highest scorers on each team had their scores added together for the team's overall score.

Thus, two teams stroked into the intramural season with a bang, two were sliced to virtual silence and two battled to a draw. Sixth U.S. Army Headquarters (HQ 6A) swatted Readiness Group-Presidio (RG-PSF), 8 to 1; LAMC No. 2, blasted LEC, 9 to 0; and LAMC No. 1, tied Headquarters Co., USAG, 4½ to 4½.



Post Commander Col. Joseph V. Rafferty sinks a putt on the fourth green.

## Jimmy the Freak

Helloooo, again, sports gonzo!! Opening day is just around the corner, so I guess I should get down to business and finish with my always-exciting, sometimes-accurate predictions.

I am still flabbergasted by the selfishness and overbloated self-opinion some of the players have exhibited this spring training season. Roger Clemens has one good season, so of course he deserves more money this year than could be paid to an entire hospital staff in a needy country.

I say either tell this bozo to "kiss off" or force him to take some of his filthy lucre to feed some hungry youngsters rather than his own ego.

Clemens is not the only player to

be so greedy. When are these guys going to wake up, take their paltry million and get down to "playing." Wake me up when some sanity is exhibited, will ya??

### National League East

1. New York Mets—If Al Davis owned a baseball team, this would be his team. Arrogant, obnoxious and egotistical, these guys are one more thing...talented. They should win their division by at least 10 games.

2. Philadelphia—The Phillies' signing of Lance Parrish boosted their rating up a few notches. I look for him to supplant Gary Carter as the N.L. All-Star catcher. For all of those infamous boo-birds in Philly...I

advise you to check out the muscles on this cat first!!

3. St. Louis—The Cardinals have two things going for them...a good manager (Whitey's insufferable, but talented) and a good pitching staff. Look for John Tudor to win nearly 20 games again. If the team ever found another hitter to bat behind Jack Clark, watch out!!

4. Pittsburgh—The Woolworths of the baseball world against the Neiman-Marcuses. This "bargain basement" team will finally get out of the basement of their division. Look for the young talent the Pirates received from Yankees to help as much as the youngsters the A's

received from the Yanks in the Ricky Henderson steal...er, deal.

5. Chicago—The Cubs have disappeared from more pennant races than Houdini ever did in his famous act. As the rest of the league goes clockwise, it seems as if Dallas Green goes in a counter-clockwise direction. I don't care what he says in print, Andre Dawson will help his team. After all, he can walk and chew gum at the same time...something some of the Cubbies are still practicing.

6. Montreal—You know this team is in trouble when their best player describes his teammates as "\$1.98 players." This team will really be accomplishing something if they even finish as high as fifth.

## Sports Notes

### Basketball Tournament

USAISC continued its winning streak of three wins and no losses in the Presidio's five-on-five basketball tournament. Sixth U.S. Army also has no losses, but these two teams will soon go head-to-head.

In the three-on-three basketball competition, only Co. A, LAMC, is undefeated. This competition includes players 30 years or older, and games are played during lunch hours.

The top two teams from the Spring Tournament and the three-on-three competition will play each other tomorrow at Gym No. 1, bldg. 63.

Game times are: Three-on-three—half court, 1 p.m.; five-on-five—full court, 2 p.m.

### Standings as of March 27:

Five-of-five competition

USAISC, 3-0

Sixth U.S. Army, 3-0

864th Engineers, 1-2

Co. A, LAMC 1-2

DOL, 1-2

Three-on-three competition

Co. A, LAMC, 3-0

DPTMSEC, 2-0

Sixth U.S. Army, 1-2

Mail and Distribution, 0-2

Wild Willy, 0-2

### Volleyball

The Presidio Volleyball league play is well under way with teams playing Mondays through Thursdays from 5 to 7 p.m. at Gym No. 1. At the end of league competition, the top eight teams will be eligible to play in the Post Championships playoffs.

### Softball

Intramural Softball is just around the corner. Competition starts in May and continues through August. The softball program will consist of league play and various tournaments during holidays. Call Charles Hurd at 561-5032 or 561-4131 for more information.

### Beginning Backpacking class

If you have always wanted to go backpacking, but were hesitant, Outdoor Recreation has the class for you.

Backpacking for Beginners provides the beginner with the knowledge and skills necessary for successful, safe and low-impact backpacking techniques.

The class consists of 12 hours of intensive instruction over a four-week period, plus a practice-day hike followed by a weekend backpacking trip to Point Reyes National Seashore. The areas covered in the course are *trip planning, wilderness permits, cooking/nutrition, safety/survival and low impact concepts*. The weekend backpacking trip includes food, transportation, equipment and a professional guide.

Classes will be held on Tuesday evenings from 6:30 to 9:30 p.m. at Outdoor Recreation, bldg. 92, beginning May 19.

Cost for the class and weekend trip is just \$100. A \$50 deposit will hold a space. Sign-up deadline is May 5. The balance is due before the sign-up deadline.

For more information, call Christa Calvin, program coordinator, at 561-4324 or 561-4356.





## WIN A WEEKEND AT SQUAW VALLEY from DEVON GRAND PRIZE DRAWING

Saturday, April 25th at 3:00PM  
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Register TODAY for the GRAND PRIZE DRAWING  
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- 5 days and 4 nights at the beautiful Krystal Hotel in Cancun, Mexico
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Contest closes Saturday, April 25th, 1987

Winner will be chosen Friday, May 1st, 1987.

Visit your nearest DEVON Store for an entry form and full contest rules.

Attention All Military (E1 & Up) & Civil Service Employees

# SPECTACULAR Storewide SALE

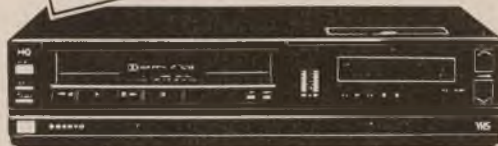


## Sanyo stereo rack w/dual cassette deck (example)

- 25 watts per channel
- 5 band graphic equalizer
- PLL synthesized digital tuner
- 12 station memory presets (6FM/6AM)
- Dual cassette deck with high speed dubbing
- Semi automatic turntable



## STEREO



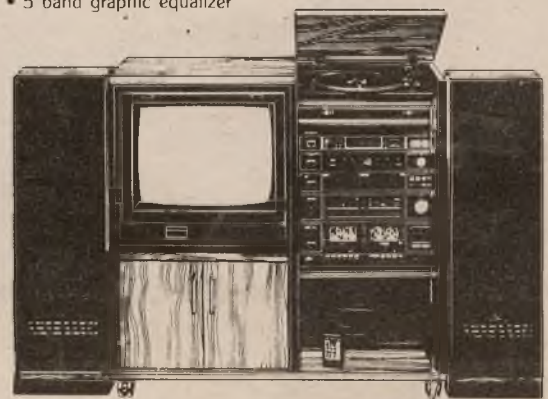
## Sanyo VHR stereo format VCR (example)

- Stereo recording and playback
- Dolby® Noise reduction
- Quick start recording
- 107 channel cable compatible tuner
- 14 day/8 event programmable recording
- HQ picture enhancement
- Infrared remote control with direct access tuning

## Soundesign deluxe audio video home entertainment center (example)

- Stereo FM/AM receiver
- Programmable clock/timer
- 5 band graphic equalizer

- 19" color TV/monitor with 139 channel coverage
- Wireless remote control
- Tower speakers



## Sharp 100 watt stereo rack (example)

- 14 station preset FM/AM digital synthesized tuner
- Dual cassette deck with high speed dubbing
- 5 band graphic equalizer



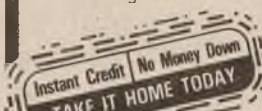
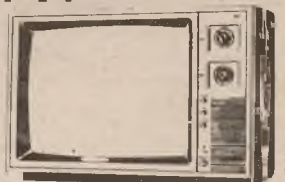
## Kenwood 125 watt stereo rack

- Precision belt-drive FG servo system auto-return turntable
- FM/AM digital tuner quartz synthesized preset LED's
- 7 band stereo graphic equalizer
- 140 watt maximum input power speakers
- Dual cassette deck w/Dolby® NR



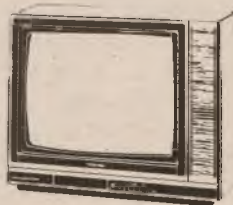
## KTV 19" color TV

- Quick start picture tube
- Automatic fine tuning



## Toshiba 13" remote control color TV

- 117 channel cable capable
- Random access remote control
- LED digital channel indicator
- Automatic switch off timer



## Sharp 19" remote control color TV

- 17 function random access remote control
- 110 channel cable compatible electronic tuner
- Automatic color system (ACS)
- Rapid on picture and sound



## Zenith 4 head VCR with HQ

- 14 day/4 event programmable
- 108 channel quartz electronic tuning
- Auto power on, auto play and play memory
- "Favorite channel" scan programs out unwanted stations
- 14 function wireless remote

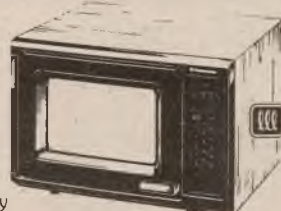


## Frigidaire washers & dryers on sale!



- 18lb. capacity
- Heavy duty
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## Microwave madness!!!

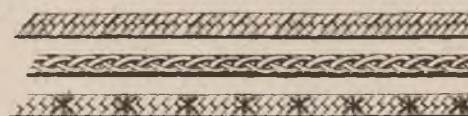


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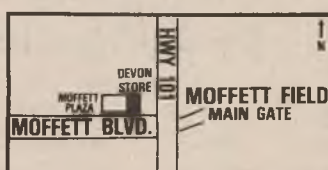


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SALE ENDS APRIL 2nd



**Deadline:** April 15 day of reckoning to file for an extension, **page 3**

**First Sarge:** "Muscle failure" didn't defeat Garrison's "top," **page 5**

**Army Days '87:** How they flew through the air, ready to please, **page 7**

# Star Presidian

Vol. 30, No. 14

"Published in the interest of the people of the Presidio of San Francisco."

April 10, 1987

## News Briefs

### *Earthquake preparation briefing*

As part of the continuing effort to keep the Presidio's residents and workforce prepared for an earthquake, two different multi-media disaster preparedness briefings will be shown in the main post theater.

The first showing details what the Presidio will do when a major earthquake affects the Presidio or one of its sub-installations.

The second briefing prepares the individual and family to plan ahead and react properly in the event of a major disaster.

Each show lasts about an hour and includes a movie, slide presentation, and question-and-answer period.

Presidians are encouraged to attend at least one, if not both of the briefings. Attending both shows will give Presidio families an overview about how to prepare for an earthquake.

The briefings are scheduled as follows:

Presidio Military Response—10 a.m. on Thursday and April 17 at the main post theater; and

Individual/Family Preparation—1 p.m. on Thursday and April 17 at the main post theater.

For more information, call Marshall Goodenough at 561-3961 or 561-3636.

### *Dining facility closed*

The 864th Engineer Dining Facility closed April 9 and will remain closed through May 10. The dining facility will reopen on May 11.

The Headquarters Company, U.S. Army Garrison Dining Facility will be serving three meals a day during this period. The hours of operation will be as follows:

Meal	Weekdays	Weekends and holidays
Breakfast:	6:30 to 8:15 a.m.	8 to 9:30 a.m.
Lunch:	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner:	4:30 to 6 p.m.	4:30 to 6 p.m.

Transportation will be provided for anyone living and working on Fort Scott, and runs will be made to and from the U.S. Army Garrison Dining Facility during meal hours. The bus will leave from bldg. 1206.

For more information, call SSgt. Larry P. Stoudemire at 561-6117 or 561-6203.

### *HIV testing*

During National Medical Laboratory Week, April 12 through 18, the laboratory at Letterman Army Medical Center (LAMC) will offer Human Immunodeficiency Virus (HIV) screening to all eligible beneficiaries who have had blood transfusions from January 1978 to April 1985. Neither paperwork, physician referral, nor appointment is necessary to take this blood test.

Any active duty or retired soldiers and their family members who want to take the test should bring their medical card to the main laboratory, room 202, bldg. 1100, from 7 to 11 a.m., or 1 to 4 p.m., any day next week.

Negative results will be mailed directly to the patients. Patients whose screening test indicates a need for a follow-up will be notified through the Preventive Medicine Service.



photo by Pleasant Lindsey

### *"Wings of Victory"*

SFC Earl Eckbold, of the "Golden Knights" parachute team, straightens the lines of his parachute after completing a jump at the "Wings of Victory" air show. Eckbold left his parachute on display so that he could answer any questions from observers.



# Opinions

## Constitution gives birth to great new ideas

by Liz Greeley

**A**s Post Commander Col. Joseph V. Rafferty remarked during his opening comments for Army Days, this year's celebration of Army Days is intended to celebrate the Bicentennial of the Constitution as well as emphasize the theme, "When we were needed, we were there."

Unless you were a straight A civics student, it's easy to forget we did *not* have a constitution governing our country beginning in 1776. We *did* have the Declaration of Independence in 1776 and "The Articles of Confederation," which were adopted by Congress in 1777—they went into effect in 1781 after ratification.

But the title, "Articles of Confederation" was an apt description. The Articles of Confederation described a "firm league of friendship" between the states. Still, it did provide for "perpetual union for the common defense."

Nevertheless, by 1787 it had become clear that the articles needed revision and 55 men were delegated to achieve that task during the late spring and summer of 1787. However, the delegates devised the Constitution instead and submitted it for ratification, which was achieved in June 1788. The United States began to function under its new constitution in 1789.

Today, it's difficult for many of us to realize how radical the concept of a democracy was in 1776. Many countries didn't consider their people

*We the People* of the United States, in order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

educated enough, wise enough or unselfish enough to govern themselves.

World government had quite a different look in 1776.

In 1776, King George III ruled Great Britain and Ireland—the United States of America had declared its independence, of course. Prussia was ruled by Frederick the Great when the American revolutionaries made their declaration, and Catherine the Great was tsarina of Russia, while Louis XVI still ruled France. Even after the French Revolution, Napoleon crowned himself emperor of France in 1804.

Eventually, Great Britain would adopt a constitutional monarchy, while France and West Germany would become democracies and Russia would become a socialist republic.

But in 1776, it was still too difficult for foreign leaders to conceive of a form of government greatly different from a monarchy. Yet the framers of the Constitution not only were able to conceive of such a form of government, but to build in the

checks and balances necessary to make it work.

When you consider the philosophies then current, you begin to realize what a stunning achievement our Constitution is. So, we set time aside to honor the Constitution and have declared 1987 the "Year of the Constitution."

Surely few would argue that it is not most appropriate that we honor the Constitution. And perhaps we will be forgiven if we marvel at the good sense of the men who set up the legislative, executive and judiciary branches of government and the two houses of Congress.

I believe the framers of our Constitution were a type of person rarely seen—true visionaries. Further, it is a credit to the fledgling nation of 1788 which ratified the document such men created. The basis for all our rights, freedoms and responsibilities can be found in the Constitution...yes, I think we should honor the Constitution and the men who framed such a document, unparalleled in history—promoting such an unheard of method of government...by the people.

## Ramblin' Sam "Do you think condom ads should be run on television as a public service?"



**Cpl. Nancy Shamburger, rigger:** "It's a good idea. People are going to have sex anyway and should be informed. Condoms don't promote sex—they promote protection."



**Alex Stinson, drill sergeant, 91st Division (training), Fort Scott:** "That's what television should do. People need to be informed about the dangers, risks and the protection that's available."



**PFC Edward Bradshaw, rigger, Headquarters Company, USAG:** "I think it's a great idea. They should have done it a long time ago, because it reduces the risk of contracting venereal diseases, AIDS and helps prevent unwanted pregnancies."



**SP4 Monica DiFalco, company clerk, Headquarters Company:** "I think it's a good idea, if it's done tastefully. Too many things can go wrong for people to be taking chances with sex, and television is an easy way of informing people about precautions."

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## Do-it-yourself corner

### Repairing that dripping faucet

The faucets in your home eventually will need repair, and because replacement parts are inexpensive and plumbers are not, it makes sense to do the job yourself.

All that is required is a basic knowledge of faucet components, an adjustable wrench, a utility knife or awl, a screwdriver, heat-proof grease and assorted washer or replacement cartridges, depending on your faucet. These days you are likely to encounter two types: the older valve stem-and-seat units and the newer, washerless cartridge types.

In stem-and-seat units, the moveable valve stem connects to the handle and the valve seat is threaded into the fixture. By turning the handle counter-clockwise, the stem moves off the seat and water passes through. By turning the stem the other way, it bears down on the seat and stops the water.

To get a tight seal in the closed position, the bottom of the stem has a replaceable washer. To

prevent water from leaking around the stem in the open position, the outside of the stem is covered with either graphite packing or a small O-ring.

Because replacing the washer and packing is easier than replacing the valve seat, you undertake the repair as soon as you see water beginning to drip. Otherwise, you can damage the seat by over-tightening the valve stem.

The washerless cartridge-type units work in a similar way. The cartridge simply moves up and down within the fixture to start or stop the flow. When these become worn, however, the entire cartridge must be replaced.

#### To begin

To repair either type, begin by shutting off the water. If the faucet has its own shut-off valves under the sink, just turn these off. If not, shut down the entire system at the entrance of the water service. This should have been pointed out

to you at your pre-occupancy inspection. If you have trouble finding this, call the DEH (Directorate of Engineering and Housing) Work Order Desk and they will be happy to help you.

Next, remove the faucet handle. To do this, you must pry off the decorative cap on top of the handle, if it is that type, and remove the screws underneath. Some faucets have a set screw at the bottom of the handle that holds the handle to the stem.

If you have trouble removing the handle, gently pry under its edge with a screwdriver, working your way around it. With the handle removed, you will see the valve stem and its locknut. Using an adjustable wrench, loosen this nut and back out the entire stem.

You can see if it is a washer and seat type or a cartridge model.

If it's the former, remove the washer screw and discard the old washer. Replace it with a new one that fills the stem flange completely. Then replace the stem O-ring or graphite packing and apply heat-proof grease to the washer and all faucet and stem threads. This grease easily can double the life of washers and make removing the stem easier the next time. Reinstall stem and handle in the reverse process as you removed it.

## Some taxpayers get tax deadline extension

Preparing an income tax return can require a multitude of information papers such as cancelled checks, receipts, and proof of earnings and expenses. Sometimes copies of certain information papers must be obtained and are not received on time to prepare the return and meet the filing deadline. From 1040 and 1040A filers can request an automatic four-month extension of time to file their tax returns, according to the Internal Revenue Service (IRS). However, the

IRS adds that this is not an extension to pay taxes owed.

Taxpayers filing Form 1040EZ or those requesting the IRS to compute their tax are *not* eligible for an automatic extension.

To obtain the four-month extension beyond April 15, 1987, a taxpayer must complete Form 4868, *Application for Automatic Extension of Time to File U.S. Individual Income Tax Return*, and forward it to the service center processing tax returns for

his or her state. Form 4868 must be filed on or before April 15, according to the IRS.

On Form 4868, one must make a tentative estimate of the year's taxes and submit any balance due with the form. Upon filing the tax return, if the unpaid tax is more than 10 percent, there is a penalty for late payment unless the taxpayer can show reasonable cause for not paying the tax when due. The penalty is one half of one percent per month on the un-

paid balance, up to a maximum of 25 percent.

Interest is also assessed on any unpaid balance, according to the IRS.

This is the last weekend before your return is due, so be sure to stop by the Presidio Tax Center in bldg. 223 to pick up tax forms.

The Presidio Tax Center will be open until 4:30 p.m. on April 15 to answer questions. After April 15, it will be open to distribute forms only. Remember, you can call the Presidio Tax Center at 561-2TAX.

## TAKE A BITE OUT OF CRIME

### Streetwise and safe

by John Flynn

If you were a crook, looking for some quick cash, where would you look?

Maybe at a woman's purse dangling from her wrist or resting beside her on the floor. Or at the guy who just walked by with his wallet bulging out of his back pocket. Or at somebody who just flashed a big wad of cash.

Get the picture? Keep the purse with you and hold it tight. Put the wallet in a front pocket. And don't flash your cash. It could impress the wrong people. Better yet, leave most of your cash in the bank. Checks and credit cards are safer.

If you're walking outside, be streetwise.

- Don't make crime easy. Stay out of risky areas and stick to well-lighted, well-traveled parts of town. Avoid doorways, shrubbery and

other dark places where someone might hide.

- Keep your purse close to your body, covering the clasp or flap with your hand or forearm. Don't carry open weave bags or purses without flaps; you're tempting pickpockets. And keep your credit cards separate from your wallet. If the wallet gets stolen, you'll still have that valuable plastic.

- Carrying a weapon? That's asking for trouble. If you are untrained in its use, any weapon will give you a false sense of security and possibly cause you to take stupid chances. Besides, they can be easily turned against you.

- Consider carrying a whistle or any type of noisemaker. If you're in trouble, use it!! Muggers usually won't hang around when attention is drawn their way.

- Report all crimes to the Military Police at 561-2251 or 561-2252.

#### Crime report

- One family member was apprehended at the PX for shoplifting.

- One 1985 Yamaha motorcycle was reported stolen.

- One servicemember from Fort Campbell, Ky., was apprehended for desertion.

- One civilian was apprehended for speeding and driving under the influence.

#### Worth Repeating

"God could not be everywhere, so He made mothers."

—Jewish proverb

"No man can ever appreciate the debt he owes to his mother, but sometimes a little thing may come up to set him thinking."

—Edwin Arlington Robinson, writer

"No man is really old until his mother stops worrying about him."

—William Ryan, writer

"The day you have to be the first one to stand up and say 'follow me' is the day you'll earn every salute you ever got."

—David Donovan, writer

## PSF

### IDEAS OF EXCELLENCE PROGRAM

The Army should have no trouble taking care of its own, especially Army family members, with the help of Presidian CWO 2 Milton A. Feliberty, U.S. Army Garrison. Feliberty submitted an idea to the Ideas for Excellence Program which suggested that Army Community Services (ACS) provide checklists to family members whose spouses could be scheduled for an unaccompanied tour.

Some families have the household duties divided up so one person doesn't have to do everything. This is fine until the soldier gets sent somewhere, leaving his or her spouse behind to run the household alone.

With Feliberty's idea, there could be a checklist of important things to remember, such as:

- Are all immunizations for the family up-to-date?
  - Are the family's identification cards up-to-date?
  - Is money readily available in the event the soldier leaves for an extended period?
  - Does the spouse know the bank account numbers, the names and addresses of banks where the family has accounts, and the types of accounts?
  - Can the spouse locate the bank books?
  - Does the family have a safe deposit or strong box?
  - Does the spouse know of all the payments that must be made, to whom, and for how much?
- These are a few of the household responsibilities which might be included in a checklist for spouses.

Congratulations to Feliberty for his excellent idea, and for his concern for the total Army family!



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.



# EASTER

## SUNDAY BRUNCH

April 19

## Right Arm Night

Wed., April 15

Show your appreciation for that  
**RIGHT ARM!**

Buffet: 5 to 7 p.m.  
Music: 5:30 to 10:30 p.m.  
**FREE SNACKS**



## ATTIC LOUNGE

D.J. Music every Friday  
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## DISCO

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# Community Calendar

## AMSC Anniversary

The Army Medical Specialist Corps (AMSC) will celebrate its 40th anniversary on Thursday. The corps is the newest of the six in the Army Medical Department and is made up of occupational therapists, dietitians and physical therapists.

A reception honoring the AMSC will be held Thursday at Mitchell Dining Hall in Letterman Army Medical Center (LAMC) at 2 p.m. The public is invited to attend.

For more information, call the AMSC personnel counselor at 561-3595 or 561-3126.

## Green Berets in Hawaii

The Special Forces Association will hold its annual convention in Honolulu, from July 1 to 5, 1987. All members of the Special Forces Association and all former members who are interested in attending or would like more information on discount air fares, hotel accommodations or other particulars should write:

MSgt. (Ret.) Ernest A. Leong Jr.  
86-148 Kakaipola St.  
Waianae, HI 96792

## Officer Candidates

An Officer Candidate School selection board is scheduled to meet at the Personnel Services Center this month. Prospective applicants are encouraged to bring or send applications to Soldier Support Branch before 4:15 p.m., April 20.

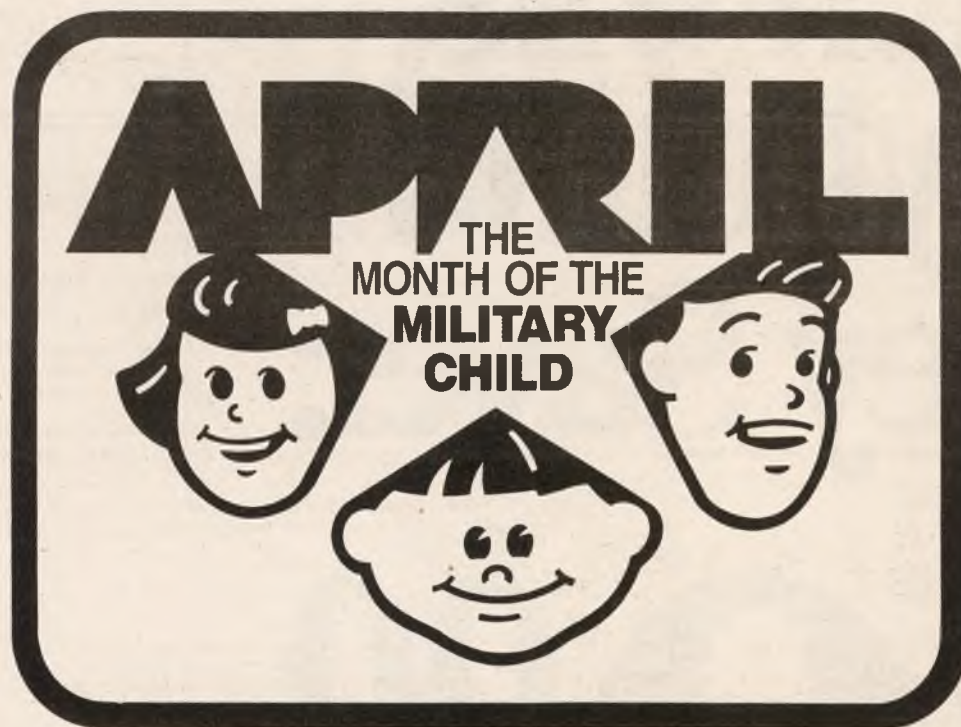
The board will meet on April 22 at 8 a.m., in bldg. 87, in the Military Personnel Division conference room. All prospective applicants (if applications meet the criteria) must wear Class "A" uniforms.

For more information, call SP4 Arnold Gyant at 561-4664 or 561-4665.

## Separation Briefing

All soldiers honorably separating, though not retiring, from the Army during the months of May, June, July and August are required to attend a pre-separation briefing at the Golden Gate Community Club on May 19 from 8 a.m. to noon. Spouses are welcome to attend.

Topics are designed to help soldiers make the transition to civilian life. For more information, call 1st Lt. Lillian A. Dixon at the Soldier Support Branch at 561-4664 or 561-4665; Autovon prefix is 586.



## Easter egg hunt

Youth Activities, Presidio Girl Scouts and the Camp Fire Club will be cosponsoring an Easter Egg Hunt on April 18 from 10 a.m. to noon at the Paul Goode Field. The field is located at the end of Portola Street on the Presidio.

The Easter Egg Hunt will be for toddlers and children ages 5 through 12. All children are to bring their own basket for collecting eggs. There will be a visit from the Easter Bunny as well.

If it rains, the Easter Bunny will hand out eggs in the lobby of Youth Activities, bldg. 1331. Call for more information at 561-5143 or 561-5910.

## Swimming classes

Starting April 25 through June 27, Youth Activities (YA) will hold swimming classes on Saturdays. Classes for pre-beginners are set for 9 a.m.; beginners at 10 a.m.; and beginners/intermediates at 11 a.m. The cost for 10 lessons is \$30.

All lessons will be held under the guidelines of the American Red Cross. For more information, call Youth Activities at 561-5143 or 561-5910.

## Nimitz Run

The Nimitz Run on Treasure Island is scheduled for April 18 at 8:30 a.m. There are two courses for

the run; one is five kilometers on flat land, and the other is 10 kilometers on hilly land. There is a \$7 preregistration fee, or a \$9 fee on the day of the run. All entrants will receive T-shirts.

For more information, call Nick Chase at 765-5089.

## Overseas Orientation

An overseas orientation will be held Thursday at the audiovisual theater, bldg. 603, for soldiers scheduled to PCS (make a Permanent Change of Station) overseas. The orientation will begin at 8 a.m.

Representatives from the Finance and Accounting Office, Personnel Services Center, Transportation (Personal Property/Household Goods and Travel), Housing, LAMC and the Dental Clinic will be there to help soldiers in preparing to PCS.

Spouses are encouraged to attend the orientation. These sessions are held the third Thursday of each month. For more information, call SP4 Tony Bostwick at 561-3356.

## Nursing fair

Those high school or junior college students interested in pursuing nursing degrees are encouraged to attend presentations by six Bay Area nursing college admissions officers,

receive a tour of Letterman Army Medical Center (LAMC), and obtain ROTC scholarship opportunities. Dates and times are: April 23 at 6:30 p.m. or April 24 at 9:30 a.m., in LAMC's Torney Hall.

Call 567-ROTC or 567-3038 for more information.

## Jazz instructor needed

Youth Activities (YA) is looking for a jazz instructor to teach classes on Saturdays. Classes will be for beginner and intermediate levels, ages 4 to 18. Experience is necessary in jazz dance and teaching children of all age groups.

The instructor will be hired on a contract basis and will be paid once a month. If you are interested, please call YA at 561-5143 or 561-5910.

## Umpires sought

Youth Activities (YA) is looking for qualified baseball umpires for the 1987 season. The games will be on Saturdays. If you are high school age or older and have some experience in baseball, call 561-5143 or 561-5910.

## YA needs Youth Commissioner

Youth Activities (YA) is looking for a volunteer to help with the upcoming baseball season. We need a sports commissioner to help recruit volunteers, assist with training, support fund raisers, supervise coaches and help work out problems that may arise.

The volunteer must have experience in coaching and the basic knowledge of baseball. YA has an incentive program for this job. If you are interested, call Mary Metheany, Youth Sports director, at 561-5143 or 561-5910.

## Working parents

The Support Group for Working Parents will be held on the last Wednesday of each month from noon to 1 p.m.

Bring your brown bag lunch and share both your frustrations and creative coping ideas.

The next meeting will be on Wednesday at Army Community Services (ACS), bldg. 566. Call ACS for more information at 561-5155 or 561-5156.

## At the movies

### Presidio Theatre

Fri, April 10	The Mission (R)	7 p.m.
Sat, April 11	An American Tail (G)	7 p.m.
Sun, April 12	Over the Top (PG)	7 p.m.
Mon, April 13	Over the Top (PG)	7 p.m.
Tue, April 14	Heartbreak Ridge (R)	7 p.m.
Wed, April 15	Heartbreak Ridge (R)	7 p.m.
Thu, April 16	Dead of Winter (R)	7 p.m.
Fri, April 17	Dead of Winter (R)	7 p.m.

### Schwartz Theater

Mon, April 13	The Mission (PG)	7 p.m.
Wed, April 15	Over the Top (PG)	7 p.m.
Thu, April 16	Heartbreak Ridge (R)	7 p.m.

### Hamilton Theater

Fri, April 10	Peggy Sue Got Married (PG-13)	7 p.m.
Sat, April 11	ET: The Extraterrestrial (PG)	1 p.m.
Sat, April 11	Peggy Sue Got Married (PG)	7 p.m.
Wed, April 15	Avenging Force (R)	7 p.m.
Thu, April 16	Wild Geese II (R)	7 p.m.
Fri, April 17	The Color of Money (R)	7 p.m.



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## MEDICAL PROFESSIONALS & PARA- PROFESSIONALS EARN EXTRA \$\$\$ IN YOUR OFF-DUTY HOURS

French Hospital Medical Center, located near the Presidio, seeks medical professionals and paraprofessionals for the following per diem positions:

**LVNs:** CA license; some exp. required.

### MENTAL HEALTH

**COUNSELORS:** Inpatient psych. exp. required.

### OCCUPATIONAL

**THERAPISTS:** AOTA registered & recent exp. required.

### ORTHOPEDIC TECHNICIAN:

CPR certification & recent exp. required.

### RESPIRATORY CARE PRAC-

**TICIONER:** CA license & recent exp. required.

### RADIOLOGIC

**TECHNOLOGIST:** CRT & ARRT certified; experience.

### RETIRING OR SEPARATING FROM SERVICE PERSONNEL:

We also have full and part-time positions available.

We offer excellent salaries and a friendly working atmosphere. Send resume or apply in person to the Human Resources Dept., 4131 Geary Blvd., San Francisco, CA 94118. For more information, call 666-8866. EOE.

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## CLERICAL PERSONNEL

## EARN EXTRA \$\$\$ IN YOUR OFF-DUTY HOURS!

French Hospital Medical Center, located near the Presidio, seeks clerical personnel for the following per diem positions:

- **ADMITTING CLERK:** Experience in public contact; type 50 WPM;

- **CLERK SPECIALISTS:** Experience with public and heavy phones; computer familiarity helpful;

### - MEDICAL

**TRANSCRIBERS:** Previous experience and type 60-85 WPM;

- **REGISTRATION TECHNICIANS:** Clerical experience with public contact in medical setting.

### RETIRING OR SEPARATING FROM SERVICE PERSONNEL:

We also have full & part-time positions available.

We offer exc. salaries & a friendly working atmosphere. Send resume or apply in person to the Human Resources Dept., 4131 Geary Blvd., San Francisco, CA 94118. For more information, call 666-8866. EOE.

**FRENCH Hospital  
Medical Center**



On page 6 of our April brochure, due to a printer's error, the copy on the Restonic bedding is wrong. The correct copy should read: **FREE** bed frame with purchase of Restonic bedding.

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# Sports

## Army Days Run— British sweep

The second annual Army Days "Message to Garcia" road race saw the visiting British Army paratroopers sweep the top three places and the team trophy.

More than 850 runners ran a challenging course around the perimeter of the Presidio. The top British runners (3rd Paratroopers) put forth a great team effort as their first three runners came in together in a three-way tie.

John Clark was the official winner with a time of 33:13. The Scots Guard, also a British team, came in second. The Presidio's team came in a close third.

Presidio team members were Bob Darling (Sports Branch), who was fifth overall with a time of 33:45; Jim Warmowski (DENTAC) finished in 34:35; Lon Kincannon (LAIR) in 34:40; Sam Rojas (LAMC) finished in 35:30; and Dan Smith (LAIR) had a time of 39:50.

The first woman finisher was Mary Douglas who finished in 41:30. Valerie Coppes (LAIR) won the women's Masters Division (40 years old and older) in 43:30.

## Slow-pitch softball

The intramural slow-pitch softball season is scheduled to start on or about May 4. Spring fever is in the air as teams prepare for league action.

All play will be governed by 1987 ASA slow-pitch softball rules as modified by the Sports Branch.

Units entering the league must have a representative at the rules interpretation meeting on April 29 at 1 p.m. at Gym No. 1, bldg. 63.

For more information, call Bobbie Gascon at 561-4120 or 561-5032.

## Basketball results

In the three-on-three competition,



Hundreds of runners streaked through the Presidio in the "Message to Garcia" run.  
photo by Pleasant Lindsey

Co. A, LAMC played DPTMSEC for the half-court title. Athletes were 30 years and older with only four participants on a roster. With the modified rules, a player with five fouls was put out of the game. Each basket counted as one point, with 21 points a game.

Both teams played aggressively. At 17 points each, LAMC was down to two players because two players had fouled out. DPTMSEC had the advantage, playing three-against-two until they got to 19 points.

LAMC got the ball and caused one of the DPTMSEC players to foul out, making the teams even.

LAMC scored three baskets before DPTMSEC got another point. The score was tied up and DPTMSEC had the ball. DPTMSEC took a shot and missed, and LAMC recovered the ball, scoring the winning point.

The final score was Co., A, LAMC 21; DPTMSEC, 20.

In the full-court competition, Sixth U.S. Army had beaten USAISC in earlier round robin action. Sixth U.S. Army had a 5-0 record and USAISC had a 4-1 record.

The championship game was played as part of the Army Days festivities. Both teams started off by playing a slow, deliberate game with USAISC leading 26-21 at halftime.

The second half started off the same way, but Sixth U.S. Army managed to tie up the score with less than two minutes remaining in the game.

Both teams scored one more basket each. Then with only two seconds left, USAISC scored two points to win the game. The final score was USAISC 47, Sixth U.S. Army 45.

Congratulations to the winners:

Three-on-three—The champions are Co. A, LAMC. Second place went to DPTMSEC.

Five-on-five—The champions are USAISC. Second place went to Sixth U.S. Army.

## Volleyball

The 1987 Presidio volleyball program is well under way with 13 teams participating. Matches are scheduled from 5 to 7 p.m., Monday through

Friday at Gym No. 1, bldg. 63.

All teams are playing in round robin competition with the top eight teams advancing into the post championships.

## First week results

DLI-SF No. 1 vs. 16th AG (Postal), 15-8, 15-13; Sixth U.S. Army vs. DLI-SF No. 1, 14-15, 15-0, 15-0; 16th AG (Postal) vs. DLI-SF No. 2, 15-3, 15-2; Sixth U.S. Army vs. DLI-SF No. 2, 15-6, 15-4; Co. B, LAMC vs. LCA-IMD, 15-5, 15-8; CRD vs. Co. B, LAMC, 4-15, 15-13, 15-11; CRD vs. LCA-IMD, 11-15, 15-6, 15-7; USAG vs. MI Bn., 15-7, 15-7; Co. B, LAMC vs. MI Bn., 15-3, 15-13; C. B, LAMC vs. LAIR, 15-5, 15-7; and LAIR vs. USAG, 15-11, 15-10.

## Team standings

Team	Win	Loss
CRD	3	0
Sixth U.S. Army	2	0
Co. B, LAMC	3	1
USAG	1	1
LAIR	1	1
DLI-SF No. 1	1	1
16th AG (Postal)	1	1
LCA-IMD	1	2
DLI-SF No. 2	0	2
West Sector	0	2
MI Battalion	0	2
LEC	0	0
Sixth U.S. Army Band	0	0

## Racquetball results Women's Masters Division

Champion: Susan Foss (LAMC)

Runner-up: T. Robinson (Civilian)

## Women's Open Division

Champion: Rae Brown (LAMC)

Runner-up: Caroline Taylor (Co. G, DLI-SF)

## Men's Masters Division

Champion: John R. Ramsay (Sixth U.S. Army)

Runner-up: Dennis Pfaltzgraff (RG-PSF)

## Men's Senior Division

Champion: Johnnie White (LAMC)

Runner-up: Ron Sharp (RG-PSF)

# Jimmy the Freak

Hello, hello, hello...this is the fourth is a series of baseball predictions, so, since there are only four divisions in the major leagues, I guess this will wrap up another session with The Freak until football season.

Even with the distractions of the selfish, "me first, the-hell-with-the-team" attitude of many players, threatened strikes and snowy opening days on the East Coast, I look for 1987 to be a very exciting year. Although I still believe that football is the number one sport in America, I enjoyed spending this time with you. I will be back...just because you all didn't enjoy my column doesn't mean that I didn't enjoy writing it. Until the Autumn, keep the faith, keep your powder dry, and don't send any more contributions to Jim and Tammy.

## National League West

**1. San Francisco**—So who did you expect, the Dodgers?!?? Come on, be serious...I only

expect teams that can field the ball and do other things like run and throw straight to win this division. That's why I'm picking the Giants. Roger Craig and his coaches teach basic baseball...the rest of the teams are all fluff. Big year for Will Clark and Chris Brown (who will also be the poster boy for Blue Cross).

**2. Cincinnati**—Baseball won't be the same without Pete Rose...the only player with a dirty uniform and a mouth to match! The Giants had better stay on top of their game, because the Reds have the best young talent in this division.

**3. Houston**—Best pitching staff in the West will keep the Astros close to the top. However, I don't believe that their hitters will have as good a year as they did in 1986. Doesn't Nolan Ryan ever grow old???

**4. San Diego**—The Padres had better at least try hard...or their psycho manager will do his imitation of Jimmy Piersal on a bad day!! Let's

face it...when it comes to personality, Larry Bowa is wrapped a tad loose. Let's just hope that the Padres' owner never hires Billy Martin as a coach...ouch!

**5. Atlanta**—The Braves can only get better...cuz up is the only direction available when you're at the very bottom. Chuck Tanner must cringe every time he thinks of the talent that the Braves have given away in recent deals, such as Brook Jacoby and Brett Butler. Things are really bad when you depend on a bow wow like Doyle Alexander to be signed to a million-dollar contract to lead your team!

**6. Los Angeles**—Eat your heart out, Tommy Lasorda...you might as well...you eat everything else in the clubhouse that isn't bolted down! The way these guys strut around, you'd think they were the Mets! The only difference is...the Mets can play the game.





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**Consumers Week:** Don't fall prey to pretty packaging, slick slogans, **page 3**

**Cookbook:** LAMC Auxiliary does good deeds, tempts your tummy, **page 5**

**Hypertension:** If you love your life, cut down on sodium, **page 11**

# Star Presidian

Vol 30 No 15  
"Published in the interest of the people of the Presidio of San Francisco."

## News Briefs

### Green Berets in Hawaii

The Special Forces Association will hold its annual convention in Honolulu, from July 1 to 5, 1987. All members of the Special Forces Association and all former members who are interested in attending or would like more information on discount air fares, hotel accommodations or other particulars should write:

MSgt. (Ret.) Ernest A. Leong Jr.  
86-148 Kakaiapola St.  
Waianae, HI 96792

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Topics are designed to help soldiers make the transition to civilian life. For more information, call 1st Lt. Lillian A. Dixon at the Soldier Support Branch at 561-4664 or 561-4665; Autovon prefix is 586.

### National Cemetery invites visitors

The San Francisco National Cemetery (SFNC) invites veterans and their families to visit or call about burial eligibility during National Consumer's Week, Monday through April 24. According to Cemetery Director Cynthia DF. Nunez, the cemetery is open for burial of cremated remains of all honorably discharged military veterans, their spouses and minor children.

Although applications for burial in a national cemetery can be made only upon the death of the eligible person, Nunez said that anyone interested can get the information now that they will need at the time of application.

Burial in a national cemetery is provided free of charge. The headstones or markers are furnished by the Veteran's Administration (VA) for gravesites of veterans at private cemeteries.

The SFNC office is open Monday through Friday from 8 a.m. to 4:30 p.m., but the public can visit the cemetery all week. Call Nunez at 561-2008 or 561-2986 for more information.



A camouflaged member of the 319th Transportation Brigade from Oakland Army Base waits for a convoy as it approaches in a simulated ambush at Camp Parks. The U.S. Army Reserve unit was conducting its monthly drill at Camp Parks.

## Presidians pitch in at Parks

story and photo by Debbie Robinson

Within the rolling hills of the Livermore valley, 44 miles east of San Francisco, lies a Presidio sub-installation that serves U.S. Army Reserve, National Guard, and active duty soldiers from throughout the Bay Area.

Parks Reserve Forces Training Area (PRFTA) appears a little bit too tranquil, too calm to be the center of so much activity. However, on these 2,200 acres during the summer, "Camp Parks" comes alive.

Although Parks is staffed by a group of full-time soldiers, summer activities present enough of a challenge to require help from the outside, and Presidians are ready to rise to that challenge during Camp Parks Support Week.

Camp Parks Support Week, April 27 through May 1, will involve directorates from all over the Presidio who will provide their special brand of assistance, whether it be with supply, transportation for soldiers, maintenance construction, or extra help in the mess hall, Presidians will be there to help out.

What does it take to prepare Camp Parks for Annual Training 1987? Well, with as many as 450 soldiers training at Parks at one time, there has been a lot of coordinating going on to provide food, shelter and other services for these soldiers when it's needed.

The Directorate of Plans, Training, Mobilization and Security (DPTMSEC) will have its hands

full with security briefings, and developing SOPs, among other things.

The engineers from the Directorate of Engineering and Housing (DEH) will be helping out with road maintenance, improving parking lots and ranges, upgrading the recreation facilities, setting up supply warehousing and the dining facility, as well as establishing and maintaining safety standards.

The soldiers from Headquarters Command Battalion will get involved at Camp Parks by helping prepare the CTT test sites, and upgrading and repairing the ranges.

Directorate of Logistics (DOL) will be responsible for supply warehousing, filing, and establishing SOPs for the dining facility, as well as numerous other tasks.

The people at Letterman Army Medical Center (LAMC) will pitch in by supplying dining facility support, and the Directorate of Personnel and Community Activities (DPCA) will be setting up a post exchange, a clothing sales store and helping with the recreation facilities at Camp Parks.

Presidians seem to have always been there when support was needed with a project, and Parks Support Week is no different. With our help, U.S. Army Reserve and National Guard soldiers from all around the Bay Area will receive the best Annual Training this year that Camp Parks can offer.



# Opinions

## Commander and PSF combat child abuse

Dear Presidians:

The past few months have been trying times for many in our community. With the surfacing of allegations of child abuse against a former employee of the Presidio's Child Development Center, many parents have become increasingly concerned with the health and well-being of their children.

As the Commander of the Presidio, I can assure you that this command is equally as concerned and has taken and will continue to take whatever steps necessary to insure that our children receive not only the best care possible but that such care will be in the safest and most secure environment.

In this, the Month of the Military Child as well as Child Abuse Prevention Month, it is incumbent upon us all to share our experiences and knowledge surrounding this situation.

The letter published today in the *Star Presidian* from "an average mom" touches each and every one of us in the Presidio community. I encourage you all to read it.

Now let me share with you the facts as we know

them surrounding this situation:

Information came to light in December 1986 that led us to suspect an employee of the Presidio Child Development Center sexually abused a small child at the center during the preceding month.

As soon as these allegations arose, the individual involved was immediately removed from the Center and given work elsewhere, away from children.

We provided letters to all parents whose children receive care at the Child Development Center, notifying them of the allegation and alerting them to be sensitive to their own children's behavior. We did this hoping to help others who might have been victims.

An investigation was promptly initiated by both the Army Criminal Investigation Command and the Federal Bureau of Investigation and ultimately the individual was indicted.

Before the case could go to trial in Federal Court, the judge ruled that certain key evidence offered by the United States Attorney was not admissible.

The case was withdrawn by the U.S. Attorney based on the court's ruling, but charges can be refiled if additional evidence is uncovered that would substantiate the government's case.

We have asked for and received assistance from both U.S. Army Forces Command and Department of the Army. Just this week, a combined team from both FORSCOM and DA visited the Presidio and looked specifically at the Child Care Center to identify its strengths and weaknesses. Our goal is to make our Presidio Child Development Center a model for the Army.

The investigation continues.

If you have questions or concerns about your child, you should contact Social Work Services at 561-2174, or the Commander's Boss Line at 561-BOSS.

Sincerely,  
Joseph V. Rafferty  
Colonel, U.S. Army  
Commanding

## Ramblin' Sam

"Who do you think deserves recognition by Presidians?"



Terry Moller, mobile equipment servicer, Transportation Motor Pool (TMP): "Some of the people who don't get enough recognition are the ambulance drivers and the M.P.s. They are on call 24 hours per day and they do a good job."



Cecelia Wright, supply technician, Logistic Control Activity (LCA): "LCA should get some recognition. We assist the overseas and continental United States (CONUS) commanders to acquire supplies and materials."



SSgt. Exequiel Enriquez, NCOIC, Headquarters Company dining facility: "MSGT. Michaud, the post food service NCOIC, deserves a lot of recognition for the work he did during Army Days. He didn't take any time off and he made sure everybody's needs were met."



SP4 David Moore, Korean language student, Defense Language Institute-San Francisco: "I think SSgt. Adamson, a foreign language training NCO at DLI, deserves recognition. He cares about his students and their performance. He shows pride in his work."



## Letters to the Editor

Dear Colonel Rafferty:

I have just received the 1st quarter, FY 87, affirmative action reports, showing the accession rate of handicapped and severely handicapped individuals. The employment of the severely handicapped is an important FORSCOM personnel objective. I was very pleased to see that Presidio of San Francisco has more than exceeded the Army goal and has assisted FORSCOM in meeting the goal as a major command. This ac-

complishment is most gratifying and reflects a serious commitment to equal employment opportunity.

Please extend my appreciation to all those at Presidio of San Francisco who have contributed to the excellent results. Obviously your civilian personnel office staff has worked hard to locate quality candidates, and many of the managers and supervisors have been receptive to applicants with handicaps. I urge you to continue

your outstanding efforts.

Sincerely,

Thomas J.P. Jones  
Major General, U.S. Army  
Deputy Chief of Staff,  
Personnel

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# Etc.

CONSUMERS CELEBRATE  
THE CONSTITUTION

*We the People*

Article I

**CONSUMERS'  
BILL OF  
RIGHTS**

**CHOICE**


**INFORMATION**


**SAFETY**

**TO BE HEARD**

**CONSUMER  
EDUCATION**

NATIONAL CONSUMERS WEEK  
APRIL 19-25, 1987

 Sponsored by the United States  
Office of Consumer Affairs

 Officially recognized by the  
Commission on the Bicentennial  
of the United States Constitution

## Consumers Week helps open our eyes to best deals, biggest rip-offs

by Joanne M. Buzan

According to Webster, a consumer is one who uses goods or services for his or her own needs. This makes all of us consumers.

### What's so important about Consumer Affairs Week?

It's a time when you, as a consumer, should become aware of your rights and responsibilities with regard to those products and services we use everyday.

The consumer bill of rights states that you have the right to choose among products and services, the right to accurate information with which to make a free choice, the right to expect that health and safety are taken into account, the right to be heard and to register your dissatisfaction along with receiving an answer to your complaint, and most importantly, the right to consumer education which will enable you to decide what product and services will satisfy your individual needs. So, why not be a smart consumer—get the most for your money and avoid purchasing problems.

### Here are some tips.

Before purchasing:

- Analyze what you need and what features are important to you.
- Compare brands, utilize word of mouth recommendations.
- Check for additional charges, such as delivery and service costs.
- Compare warranties.
- Check the return or exchange policy.

After your purchase:

- Follow proper use and care instructions for products.

- If trouble develops, report the problem as soon as possible.
- Do not try to fix it yourself as this may void the warranty.
- Keep records of people you speak to, time, dates and other pertinent information.
- If all else fails, don't give up, write to the person in charge of consumer complaints at the company's headquarters. If the company does not have a consumer office, direct the letter to the president of the company.

### What's available here on post.

Army Community Service (ACS) has a Consumer Resource Handbook and an information catalog from which you can order pamphlets covering careers, education, health, federal benefits, childcare and money management, to name a few.

At our post library, there are various guides to assist you in finding sources with information on purchasing and maintaining major appliances, automobiles, health care, creative complaining, education and purchasing a home. Also they carry magazines and other publications containing consumer information.

As for events around town, try the Legal Rights Party on Wednesday. It's an oldies-but-goodies dance being held at Club DV8, 55 Natoma, San Francisco. Thirty different legal groups will be represented. Admission is free and it starts at 8 p.m.

Radio and TV station KGO offers a mediation service for consumer complaints at 553-1814.

Remember, it's good to voice your complaints as it helps improve product quality; but businesses like to hear good things about their products and services, too!

## New dental plan provides care for active-duty families

Delta Dental Plan of California will provide civilian dental care for active-duty military families nationwide, under a contract award announced April 3, by Defense officials.

Dental benefits under the new Active-Duty Dependents Dental Insurance Plan will begin Aug. 1. The plan will cover the dependents of active-duty members of the seven Uniformed Services in the 50 states, District of Columbia, Puerto Rico and the U.S. Virgin Islands. Civilian dental care under the plan will not be available to military families overseas.

The new \$121-million contract runs for one year with two additional one-year option periods. It was awarded to the California firm after thorough evaluation of several competitive bids.

Under the contract, Delta Dental Plan of California will set up a nationwide network of participating civilian dentists and dental hygienists.

These dental care providers will make available certain basic and restorative services to the families of active-duty service members who enroll their families in the voluntary program.

Active-duty service members themselves are not eligible for civilian dental care under the new plan. Nor are military retirees and their families, former military spouses, or the surviving family members of deceased active or retired service members.

The plan will offer active-duty dependents such preventive and diagnostic services as routine oral exams, dental X-rays and fluoride treatments for a small monthly deduction from the service member's basic pay—\$3.93 for one dependent, or \$7.86 for two or more dependents.

Some restorative services—fillings, stainless steel or plastic crowns for baby teeth, and repairs to dentures—will be available on a cost-sharing

basis. For these services, the patient or military sponsor will pay 20 percent of the allowable charges, with the insurance plan paying the other 80 percent.

Other types of dental care, such as braces, root canals, tooth extractions, new dentures, and porcelain or gold crowns, are not covered by the dental plan.

Active-duty family members in the U.S. and other areas covered by the program who qualify will be enrolled automatically. Active duty sponsors who don't want their families in the program must submit a disenrollment form to their service. The forms will be available from local personnel offices, Health Benefits Advisors or other sources designated by service, regional or local commanders.

## PSF

### IDEAS OF EXCELLENCE PROGRAM

We all know that living in high-cost San Francisco is not exactly a piece of cake. Especially for lower-ranking soldiers whose income sometimes can't cover the cost of rent and utilities if he or she is not living on post.

That's why the Idea for Excellence from George J. Morrison of the Directorate of Resource Management really hit home. He thinks that there should be a trailer park at Hamilton Army Air Field geared toward the young enlisted



soldier.

The trailers could be available on a lease-to-buy, buy or rent basis for lower prices than what one would pay in other parts of the Bay Area.

The money the soldiers receive for Basic Allowance for Quarters (BAQ) and Variable Housing Allowance (VHA) would offset the per unit cost of the trailers.

For transportation, soldiers can

ride the Hamilton Army Air Field shuttle bus which runs to and from the Presidio.

Not a bad idea, George! It would be nice to see something like that so that young enlisted soldiers could make it more easily in this area, and so they could become more actively involved in being a part of the Army family.



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.



### Easter Sunday BUFFET DINNER

5 to 8 p.m.  
Sunday night

### Secretaries Day Luncheon Special

Show her she's someone special...

Bring your secretary  
to lunch!

Wed., April 22

All members invited. Reservations required



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### DISCO

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# Features

## Cookbook profits go to hospital equipment

by Liz Greeley

Letterman Auxiliary is coming out with a Presidio cookbook called "Fog City Delights" on Monday, April 20.

*Ho hum. A group of doctor's wives put a little cookbook together and that's news. How underwhelming.*

Wait a minute! The Letterman Auxiliary isn't just a group of doctors' wives, though certainly some doctors' wives belong. It's a group of all sorts of people from Letterman Army Medical Center (LAMC), Letterman Army Institute of Research (LAIR), the Dental Activity (DENTAC) and the rest of the Presidio.

*And they're putting out a cookbook—the dessert section probably consists of recipes for brownies and cheesecakes.*

Quite the contrary! "American Truffle," "Victorian Pineapple Upside-down Cake" and "Frozen Amaretto Souffle" are just three examples of what the ambitious cook can find in the dessert section. For those who like simpler desserts, there are cheesecake recipes too.

*Yeah, but is that the most constructive thing they can think of doing—publishing a cookbook?*

It is a very constructive project when you realize that all the profits from cookbook sales benefit Letterman.

*Wait a minute. How?*

Letterman Auxiliary will use the money they raise to buy equipment for LAMC. Actually, that's only where roughly 75 percent of the money goes.

*Aha! And what about the other 25 percent?!*

That money goes to help the community. Frankly, those percentages are really guidelines. The Auxiliary donates money to the Red Cross, the ACS (Army Community Services) Loan Closet and others. A recent example was when Letterman Auxiliary contributed money to a family burned out of their home.

You see, the Letterman Auxiliary is a nonprofit organization that raises money to buy equipment the hospital wouldn't be able to afford otherwise and to help the community when needed.

*Oh. Uh...but the cookbook is probably expensive, huh?*

No, it only costs \$8.95 to buy "Fog City Delights" and it comes with more than 200 recipes as well as original artwork depicting the Golden Gate Bridge on the cover, and LAMC and the Post Chapel on the inside, among other drawings.

"Essentially everyone did chip in a recipe. While we were not able to use all the recipes, we did try and use at least one from everyone who did contribute—that was our goal. So we've had a wonderful, tremendous response," said Jan Gray, a member of the marketing committee.

In fact, a friend of Gray's, whom she describes as a gourmet cook, submitted three recipes.

*Oh.*

Since the hospital has given the Auxiliary a list of equipment it needs, the Auxiliary members already know what to put on their shopping list...and it all depends upon the success of the cookbook sales.

*Well...if someone, theoretically you understand, were interested in buying one of these cookbooks, how would they go about it?*

They would write to:

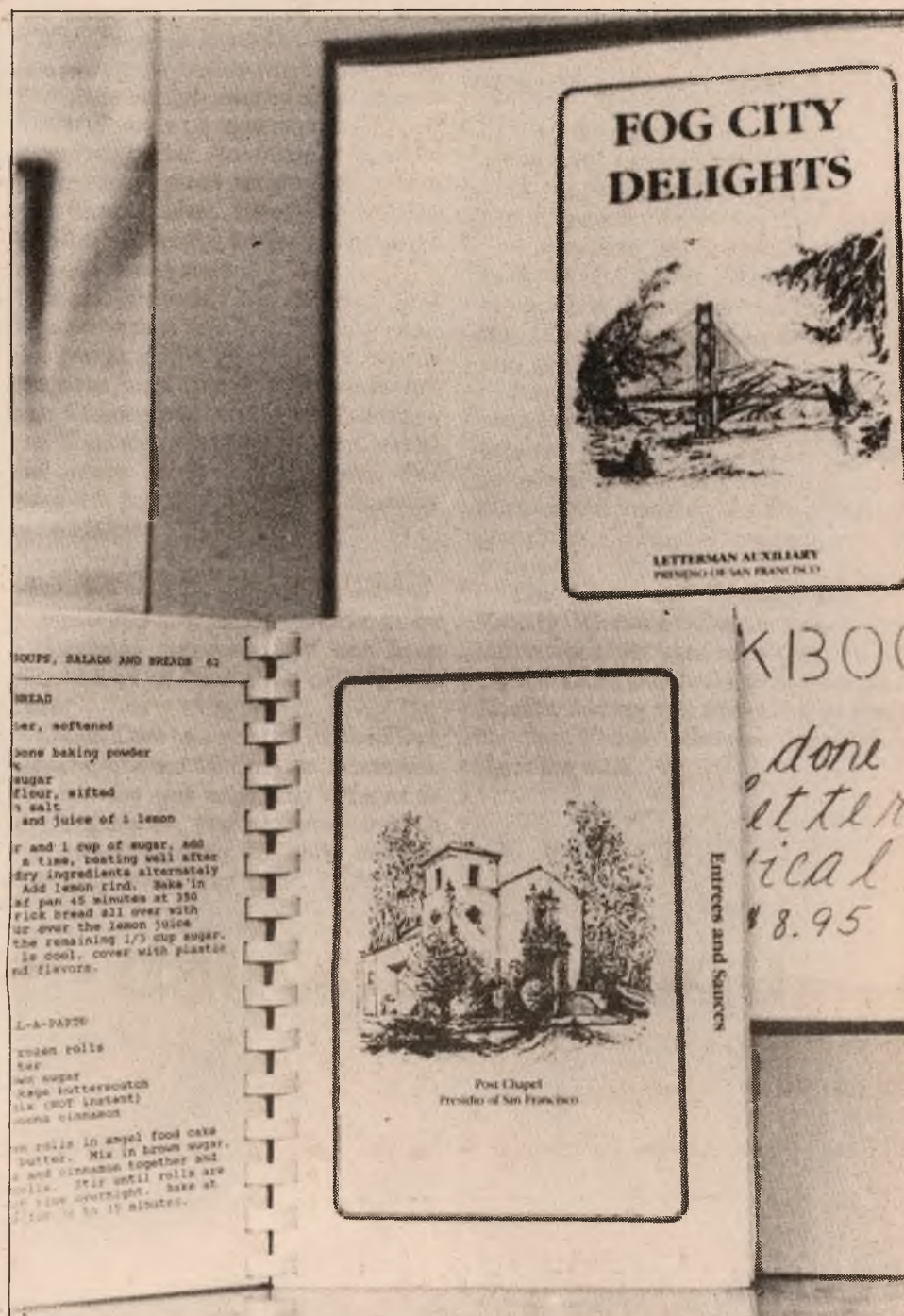
Letterman Auxiliary

PO Box 29276

San Francisco, CA 94129

Potential buyers should be aware that there is a \$1.50 charge for postage and handling if the cookbook is ordered through the mail.

To phone in cookbook orders, interested people can call Beth Richards at (415)332-6283, Janet Lombardo at (415)931-4103 or you can pick up a copy at the Creative Cottage in bldg. 204.



"Fog City Delights" may hold many delights for you and your family, as well as help LAMC buy new equipment.

## Parents help each other overcome problems

by Debbie Robinson

It's not easy to feel alone. Unfortunately, most of us experience loneliness many times during our lives. Sometimes there's no one there to listen when we want to talk about our problems, or just to tell someone how our day is going.

At times, even when we have a problem, we're afraid to talk about it, for fear that we might be thought of as different or strange. Or maybe other people just don't know how to help deal with our special problems.

At the Presidio's Army Community Services (ACS), a new program was developed for some people with special problems and needs. The program is called the Parent-to-Parent Support Group, and it was designed for parents of exceptional children.

Sometimes it's easier to relate to someone who has had similar experiences to yours; they know what you're going through. With the Parent-to-Parent Support Group, parents of exceptional children don't get help or advice from counselors, but from other people like themselves who have a child, a sibling or parent with special needs.

The group of parent-counselors are volunteers who received training during three sessions in March from ACS' Vicki LaGrone and Starine Cheek. The five group members are now prepared to help parents with exceptional family members.

According to LaGrone, Army families with exceptional family members are required to register with the Army's Exceptional Family Member program, so that those families can get help finding the best care available for their child. However, though 10,000 are enrolled in the program Army-wide, LaGrone estimated that another 20,000 haven't joined.

According to LaGrone, one of the reasons that so many parents haven't registered themselves in the program may be that "they sometimes take a long time getting over their feelings of grief from having a disabled child." It may be hard for them to realize that before they can help their child, they must reconcile their feelings with themselves.

"The first things these parents need to do is to open up and talk about how they're feeling," LaGrone said.

The Parent-to-Parent Support Group program will help do just that. The program volunteers will contact the families needing help, listen to determine "where they are" emotionally, and then arrange to meet them at home or at the hospital. There they will begin to work out their problems.

Hopefully, according to LaGrone, the program will help the parents to develop so that they can open up enough to join ACS' Parent Support

Group. The Parent Support Group meets at ACS and deals with the same types of problems, but in a group with other parents.

The information for the program came from the same material used for the Presidio Crisis Line, as well as other parent-to-parent groups across the nation, LaGrone said.

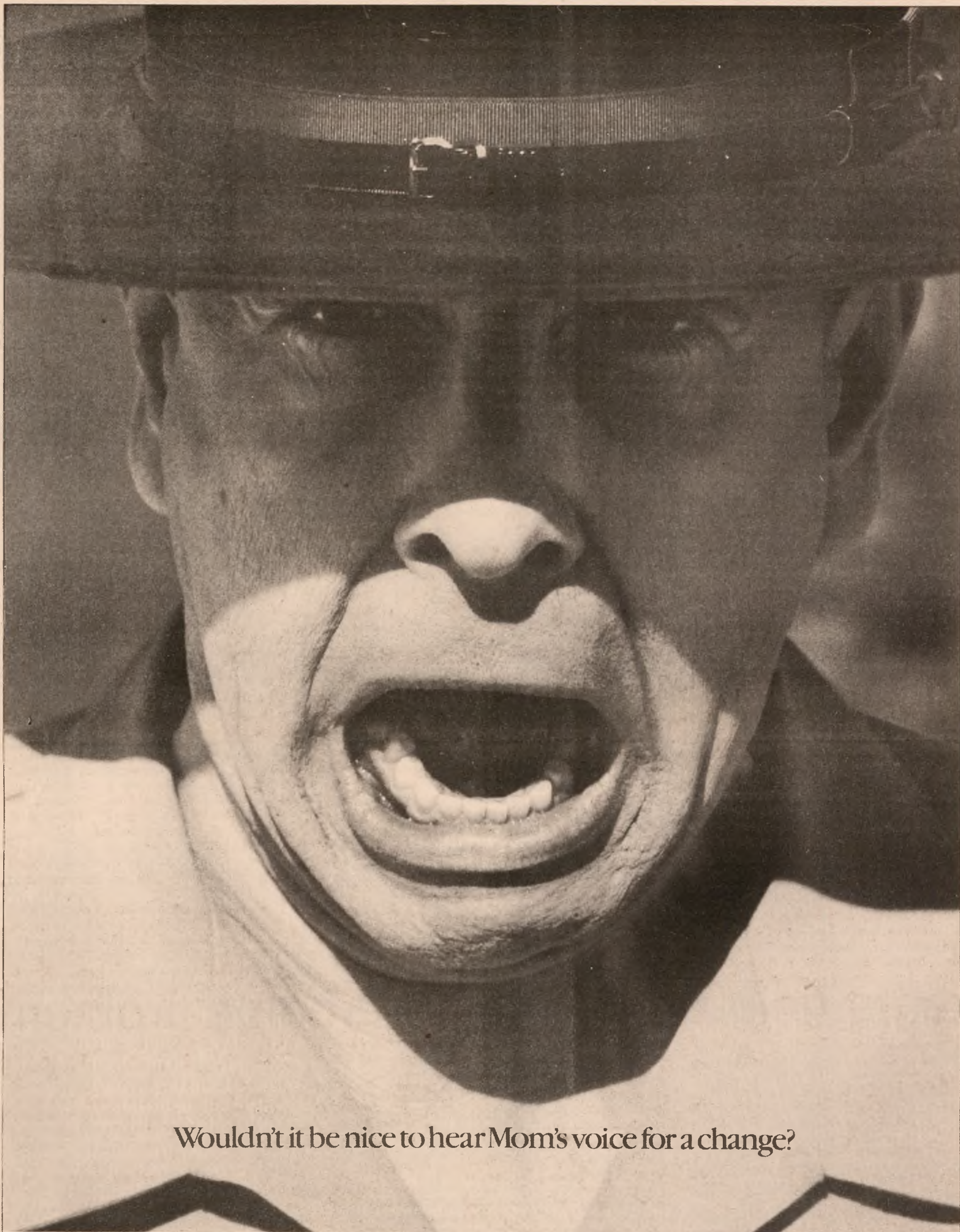
At the training sessions for the volunteers, the group discussed possible problems as well as doing role playing. Also, guest speakers such as 1st Lt. Mary Jordan, of Letterman Army Medical Center (LAMC) pediatrics, added their expertise to the training sessions.

Bibliographies and fact sheets on the most common disabilities were compiled and are now available to the exceptional families.

LaGrone said that the ACS Parent-to-Parent Support Group is the first group of its kind in San Francisco. It seems that the Army has really set the pace for many such programs in San Francisco.

So, if you've been feeling lost and alone, like no one could understand how you may be feeling about your child, please realize that you are not alone. The Parent-to-Parent Support Group is designed just for you. Help yourself so that you can help the rest of your family, and especially, your exceptional child.





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# Presidio mother speaks out on child sex abuse

Dear Parent,

I'd always been skeptical about these types of things. In my experience it simply seemed too unlikely to be true that child sexual abuse was an everyday or every-hour occurrence. We all know how creative a child's imagination is and we hear them make unusual statements every day.

There were other issues as well. Issues like the absolute conviction I held that if someone did something like that to one of my daughters, I would know immediately that something was amiss. Like a responsible parent, I had discussed this with my children, ages three and one-half and seven and one-half. They knew to "tell" and to "say no."

I also believed my intuitive sense of people would stand me in good stead; that a child molester was some sort of evil creature you could pick out of a crowd, or "smell" a mile away!

I'd heard rumors in our area and on post about some "hysterical" family making allegations against some unfortunate, "nice" day-care provider. I assumed that proper authorities were making the proper investigation and that our justice system would protect the innocent—whatever they were. Let the professionals decide, but, it all seemed pretty unlikely to me.

For all these reasons, and many more, I was deeply and irrevocably shocked the day the child psychologist at our post hospital had to inform me that our child had beyond any doubt, been the victim of sexual abuse, and we were not talking about a little game of inappropriate "tickle-tickle."

There is no way to adequately describe what you experience as parents as you absorb what has happened to your child. We had taken her to the psychology clinic on a tip

from a friend that she might have been exposed to abuse.

In our opinion, as parents, we firmly believed that the worst possibility could only be that she had witnessed something having caused anxiety or concern. She had not wet her pants even five times in the two years since she'd been potty trained at 18 months.

Shortly after her third birthday two of those times had occurred within a couple of weeks of each other while at day care when I had to leave her to go to a doctor appointment. I recall with pain that we took her home and spanked her, telling her how disappointed we were. We couldn't imagine what had gotten into her. We also couldn't imagine why it was upon turning three that she had begun to go through such a "stage."

She seemed to begin to cry at the slightest thing and waking at night again and again with a "bad dream." In retrospect, it all made lots of sense. It made even more sense when we saw the dramatic and instantaneous change when she realized we had been told of her trauma and that we still loved her and knew she was a good girl.

We hadn't realized how badly they come to feel about themselves and the acute embarrassment and shame even a three-year-old experiences. We hadn't known that when you teach your children to "tell," if it happens to them they will wish to protect you from the knowledge. Deep inside their young hearts, they somehow know with love's certainty, that telling you is going to break your heart.

Even as the shock of disclosure was rolling over us, our daughter's healing was begun from the emotional wounds that had been tormenting her all those months she had kept her ugly secret tucked away from our view. How good and brave she was to have told the

psychologist we assured her.

Our family is just beginning the long process of healing. As in any death, in this case the death of innocence—our daughter's as our own—grief must run its course. As you work through your denial, anger, frustration, depression and ultimate acceptance, you gradually regain health, stability, and a sense of security.

But this process cannot be set in motion if we refuse the truth or if our young victims are not identified. I often wonder if my daughter became a victim because some other parent somewhere had been a skeptic, like me, refusing to see the subtle clues her child was giving her. I must share our tragedy if it means even one other child could be spared.

Please do not assume your child can or will "report" an unusual, painful or embarrassing situation to you. Do not trust intuition alone to qualify someone to watch your child on even very infrequent occasions. Do not dismiss all new behaviors as merely their latest "stage." Listen in on their play now and then for new "games," checking into their sources. Do communicate to them your belief in what they are saying. Do make the effort to get into your child's world, thoughts and perceptions.

I write this open letter to ask this of you: please allow our child's pain to bring out something good for your child or family. Do not believe it could never happen (or has not possibly happened) to someone you love with all your heart. The best prevention or treatment will be sensitive, understanding and enlightened parents.

From my heart and experience,  
An average mom

## ACS leads the attack teaching signs of child abuse

story and photo by Pleasant Lindsey

During April the Army celebrates the Month of the Military Child. It's good that the Army has set aside this time to think about our children and ways to create the best environment for them.

Child abuse and neglect are issues that we seldom want to think about when it comes to our children. However, it needs to be addressed and dealt with now.

Between two and six percent of all children in the United States are seriously injured by abuse or neglect, according to authorities on child abuse. Even though children should be able to turn to their parents or caretaker for help when they are in pain, sometimes it's their parents who are the cause of the pain. The two to six percent of abused children often feel they can't turn to anyone for help.

Abusive people come from all walks of life, according to Ruth S. and C. Henry Kempe, authors of the book, *Child Abuse*. Abusers can be rich or poor, well-educated, and any race or color. They can be parents, friends, relatives or strangers.

"The Army takes a serious approach to the problems of child abuse," said Starine Cheek, director of the Family Advocacy Program, Army Community Services (ACS). "The Army puts money in programs that identify, treat and prevent child abuse. This is a problem that is taken seriously at the highest levels of command."

Army Regulation (AR) 608-1, chapter 7, defines four categories of child abuse: child physical abuse; child emotional maltreatment; child neglect; and child sexual abuse.

Physical abuse is the intentional, non-accidental, physical injury to a child inflicted by a parent, guardian, or other person who is responsible for the child's welfare.

Signs of physical abuse are the easiest to see, Cheek said. Severe injuries such as bruises, welts or broken bones on infants are signs of physical abuse. Under normal supervision, infants don't suffer from such injuries. Also, older children who are constantly scarred or bruised may be abused.

Cheek said adults must be made aware that there is a difference between discipline and abuse. The definition of abuse has been changed in just the past 20 years.

"Discipline becomes abuse when there is non-accidental physical injury to the child," she said. "Using instruments that leave welts or bruises on a child is a form of abuse."

"We learn how to parent by the way we were parented ourselves," she added. "The type of discipline we received may not have been called abusive when we were growing up, but today extreme physical discipline is not acceptable."

Cheek said the most prevalent form of abuse she has seen on the Presidio is child neglect.

The Army defines neglect as neglecting to provide the following when able to do so: nourishment, clothing, shelter, health care, education, and/or supervision.

"On the Presidio, we have an aware community that is willing to take the responsibility of reporting neglected children," Cheek said. "People often say, 'Well, I don't want to butt into their business.' But children depend on adults to protect them—it is everyone's business when it comes to the welfare of a child."

She said some indicators of neglect include a child being left at home alone for long periods of time; a young child who wanders through the neighborhood without any supervision; a child who isn't in school when he or she should be and is locked out of the house; and children who constantly look dirty and malnourished.

A third form of abuse is perhaps the most difficult to detect. It is child emotional maltreatment. The Army describes it as an act of intentional degrading, withholding love, attention and approval.

"Of the four categories, emotional abuse is the most difficult to determine because it is so subjective," Cheek said. "Emotional abuse is usually discovered by listening to the victim's conversations. Emotionally maltreated children tend to have a low self-esteem and can suffer from severe depression as they get older."

Which brings us to perhaps the ugliest form of abuse there is—child sexual abuse.

Child sexual abuse is defined as the involvement of a child in any sexual act or situation, the purpose of which is to provide sexual gratification or financial benefit to the perpetrator; all sexual

activity between a caretaker and a child is considered as sexual abuse.

"Any sexual activity between an adult and a child for the adult's satisfaction is sexual abuse, whether it be actual intercourse with the child or simply exposing oneself to the child," Cheek said. "This includes rape, incest, fondling, and taking sexually-oriented photos of a child."

Victims of sexual abuse can receive physical and emotional scars that will haunt them well into adulthood.

"We have an active Family Advocacy Program on the post," Cheek said. "It's a combined effort between Letterman Army Medical Center (LAMC) and Army Community Services (ACS). LAMC handles the treatment of victims of abuse. ACS is responsible for the education and training about abuse, and the prevention of abuse."

She said the Family Advocacy Program provides training to professionals and to parents on post.

"We have training at the Child Development Center for children and parents to prevent child sexual abuse and to teach children that they have the right to have control over their own bodies, that they have the right to say 'no' to an adult who touches their body in any way that makes them feel uncomfortable. Youth effectiveness training is available to help adolescents gain positive attitudes about themselves."

Cheek said child abuse is a serious problem, but the situation isn't hopeless. The adult who abuses as child needs help and Presidians who witness cases of child abuse should report it. All reporting can be done anonymously.

If for any reason the child's life may be in danger, call the MPs immediately.

Other services to call are: the LAMC Social Work Service at 561-2174; the Family Advocacy Program (ACS), 561-5057; and a civilian organization, the Child Protective Service of San Francisco at 665-0757. All calls can be made anonymously.

Listen to your children when they report abuse to you. Believe them no matter how unbelievable it may seem. Report it to the appropriate authorities.

The children are our future. Let's do our part to help them survive.



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Fried Clam Strips ..... 3.50	Minestrone ..... cup 1.25 ..... bowl 2.50	
Clam Chowder ..... cup 1.50 ..... bowl 2.75	Hearts of Romaine with Anchovies ..... 3.25	Marina Tomatoes with Anchovies & Capers ..... 3.50
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English Muffin, fries, garnish	scrambled eggs, shrimp, green onions and mushrooms
<b>Pasta</b>	
Cannelloni Napolitana ..... 4.95	Fettuccine al Pesto ..... 4.95
Fettuccine Alfredo ..... 4.95	Linguine with Fresh Tomatoes and Herbs ..... 5.50
Fettuccine alla Marina ..... 5.95	Fettuccine Alfredo with Smoked Salmon ..... 5.95
mushrooms and Marinara sauce	
Spaghetti alla Siciliana ..... 5.95	Linguine Vongole (red or white) ..... 6.50
spicy	Linguine with Shrimp alla Alfredo ..... 5.95
Spaghetti alla Carbonara ..... 5.95	
<b>Entrees</b>	
— Fresh Vegetable and Rice are included —	
<b>Seafood</b>	
Fresh Fish ..... Please ask Waiter	Seafood Cannelloni ..... 6.50
Calamari Sauté ..... 5.95	Jumbo Prawns Sauté ..... 8.95
Calamari Steak Doré ..... 6.50	Fresh Eastern Scallops Sauté ..... 8.95
Calamari alla Marina ..... 6.50	Seafood Sauté ..... 8.95
with eggplant	Jumbo Prawns Provencal ..... 8.95
Marina Cioppino ..... 8.95	Marina Fried Seafood Platter ..... 8.95
<b>Chicken</b>	
Breast of Chicken Sauté ..... 6.50	Chicken Cacciatore ..... 6.50
Chicken Piccata ..... 6.50	Chicken Parmigiana ..... 6.50
<b>Steak</b>	
New York Steak (certified Angus beef) with fries ..... 8.95	New York Steak and Prawns ..... 11.95
<b>Veal</b>	
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Veal Piccata ..... 11.95	Veal alla Parmigiana ..... 11.95
Veal Scallopina alla Marsala ..... 11.95	Veal Cutlet alla Milanese ..... 11.95
Saltimbocca alla Romana ..... 12.95	
<b>Desserts</b>	<b>Beverages</b>
Fresh made cakes & tarts ..... 3.50 and up	Coffee (Marina blend, roasted daily on premises) ..... 1.25
Ice Cream ..... 2.50	Coffee decaffeinated, swiss method ..... 1.25
Sorbeto ..... 2.50	Soft Drink, Milk ..... 1.00
Crepe Caramel ..... 2.50	Espresso ..... 1.50
	Cappuccino ..... 1.75

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Apr. 17: Julie Harrosh in the Ballroom ..... 8-9:45 p.m.  
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# Community Calendar

## Volunteer Week

The Presidio of San Francisco is celebrating National Volunteer Week from April 26 through May 2. The Post Commander is hosting a reception honoring all Presidio volunteers at the Golden Gate Community Club. Also look for a display of volunteer activities at the Post Exchange, the hospital and the Thrift Shop during the week.

If you are a Presidio volunteer and did not receive your invitation to the reception, call the Family Support Division at 561-4602 or 561-3701.

## Golden Gaters

The Golden Gaters will host an "Aloha" party for the group's mentor, Chaplain Roger Bradley, on April 25 at the Religious Activities Center, bldg. 682. The fun will start at 6 p.m. The cost is a dish for our Hawaiian Pot Luck and a suggested contribution of \$5. For more information call Pat Pavlin at the Presidio Post Chapel at 561-4711. The Golden Gaters are co-sponsored by Oakland Army Base Army Community Service and the Presidio Post Chaplains. Any active duty soldier or retiree older than age forty may join.

## Graduate exam

The Graduate Record Examination (GRE) will be given June 11 at 8 a.m. at the Fort Scott Education Center, bldg. 1216. This test is for soldiers with bachelor's degrees who are applying for graduate school. There is no fee for soldiers who take the test at the Education Center. To order your exam, contact an education counselor by Thursday. Counselors are located at the LAMC Education Center, bldg. 1007 at 561-3692 or 561-4030, or the Fort Scott Education Center, bldg. 1216 at 561-2974 or 561-4445.

## Easter egg hunt

Youth Activities, Presidio Girl Scouts and the Camp Fire Club will be cosponsoring an Easter Egg Hunt tomorrow from 10 a.m. to noon at the Paul Goode Field. The field is located at the end of Portola Street on the Presidio.

The Easter Egg Hunt will be for toddlers and children ages 5 through 12. All children are to bring their own basket for collecting eggs. There will be a visit from the Easter Bunny as well.

If it rains, the Easter Bunny will hand out eggs in the lobby of Youth Activities, bldg. 1331. Call for more information at 561-5143 or 561-5910.



photo by Allen Nomura

## "Party of One"

Tickets are now on sale for this clever, bubbly original musical review of the ups and downs of being single, with an inviting cast of five who perform Morris Bobrow's songs and lyrics with just the right note of self-aware amusement. Cost is \$11 for the April 26, 7 p.m. show. The ITT Office is located in the Golden Gate Community Club, bldg. 135 in the left alcove off the main lobby. Operating hours are: 9:30 a.m. to 6 p.m., Tuesday through Saturday (closed for lunch from 1 to 2 p.m.). The phone number is 561-3992.

## FORSCOM festival

Are you a singer, dancer, musician or comedian with a desire to perform? Come to the auditions for the 1987 FORSCOM Festival of Performing Arts. Auditions are on April 28 at the Golden Gate Community Club Green Room from 6 to 9 p.m.

All active duty soldiers, family members and Department of Army civilians are encouraged to participate; although only active duty soldiers will be judged in the competition. The performance is scheduled for June 11 at 7:30 p.m.

If you have talent in set, lights, sound, costume design or construction, please attend. Your talents and energy are needed and welcome. For more information call Char Morris at 561-4630.

## Memorial service

The 10th annual Yom Hashoa Memorial Service will be held at Congregation Emanu-El on Yom Hashoa, April 26, from 10 to 11:45 a.m. The program will begin with a keynote address followed by the Holocaust Memorial Service at 11 a.m. Congregation Emanu-El is located at Arguello and Lake Streets, San Francisco.

On Yom Hashoa eve, April 25, there will be a brief memorial service at the Holocaust Memorial in Lincoln Park in San Francisco at 9 p.m.

A special Holocaust Memorial Service is scheduled for April 29, at

7:30 p.m. at St. Mary's Cathedral, 111 Gough St., San Francisco. This first-time interfaith observance occurs during the week of remembrance and will be held in St. Mary's dramatic main sanctuary.

The public is welcome at all these events.

## Nursing fair

Those high school or junior college students interested in pursuing nursing degrees are encouraged to attend presentations by six Bay Area nursing college admissions officers, receive a tour of Letterman Army Medical Center (LAMC), and obtain ROTC scholarship opportunities. Dates and times are: Thursday at 6:30 p.m. or April 24 at 9:30 a.m., in LAMC's Torney Hall.

Call 567-ROTC or 567-3038 for more information.

## Attention computer users

The Functional Users Group is here again! Enhance your computer expertise and join us on Wednesday from 11:30 a.m. to 12:30 p.m. at the Presidio Education Center, bldg. 1216. Since we are moving towards a computerized world, all computer users are encouraged to attend, and don't forget to bring your brown bag lunch.

## Jazz instructor needed

Youth Activities (YA) is looking for a jazz instructor to teach classes on Saturdays. Classes will be for beginner and intermediate levels, ages 4 to 18. Experience is necessary in jazz dance and teaching children of all age groups.

The instructor will be hired on a contract basis and will be paid once a month. If you are interested, please call YA at 561-5143 or 561-5910.

## Umpires sought

Youth Activities (YA) is looking for qualified baseball umpires for the 1987 season. The games will be on Saturdays. If you are high school age or older and have some experience in baseball, call 561-5143 or 561-5910.

## YA needs Youth Commissioner

Youth Activities (YA) is looking for a volunteer to help with the upcoming baseball season. We need a sports commissioner to help recruit volunteers, assist with training, support fund raisers, supervise coaches and help work out problems that may arise.

The volunteer must have experience in coaching and the basic knowledge of baseball. YA has an incentive program for this job. If you are interested, call Mary Metheany, Youth Sports director, at 561-5143 or 561-5910.

## Swimming classes

Starting April 25 through June 27, Youth Activities (YA) will hold swimming classes on Saturdays. Classes for pre-beginners are set for 9 a.m.; beginners at 10 a.m.; and beginners/intermediates at 11 a.m. The cost for 10 lessons is \$30.

All lessons will be held under the guidelines of the American Red Cross. For more information, call Youth Activities at 561-5143 or 561-5910.

## Nimitz Run

The Nimitz Run on Treasure Island is scheduled for tomorrow at 8:30 a.m. There are two courses for the run; one is five kilometers on flat land, and the other is 10 kilometers on hilly land. There is a \$7 preregistration fee, or a \$9 fee on the day of the run. All entrants will receive T-shirts.

For more information, call Nick Chase at 765-5089.

## At the movies

### Presidio Theatre

Fri, April 17	Dead of winter (R)	7 p.m.
Sat, April 18	Platoon (R)	2, 7 & 9:15 p.m.
Sun, April 19	Platoon (R)	2 & 7 p.m.
Mon, April 20	Platoon (R)	7 p.m.
Tue, April 21	Platoon (R)	7 p.m.
Wed, April 22	Three Amigos (PG)	7 p.m.
Thu, April 23	Three Amigos (PG)	7 p.m.
Fri, April 24	The Kindred (R)	7 p.m.

### Schwartz Theater

Mon, April 20	An American Tail (G)	7 p.m.
Wed, April 22	Platoon (R)	7 p.m.
Thu, April 23	Dead of Winter (R)	7 p.m.

### Hamilton Theater

Fri, April 17	The Color of Money (R)	7 p.m.
Sat, April 18	Mystery Mansion (PG)	1 p.m.
Sat, April 18	The Color of Money (R)	7 p.m.
Wed, April 22	Deadly Friend (R)	7 p.m.
Thu, April 23	The Dirty Dozen (PG)	7 p.m.
Fri, April 24	Crocodile Dundee (PG-13)	7 p.m.



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# Sports

## Volleyball highlights

After two weeks of league play, the teams are rapidly improving and are playing more competitive games. Yet every team in the league has at least one loss.

Although LAMC has been beaten once, they will be the team most likely to take top honors; DLI-SF No. 1 also looks good. The Military Intelligence Battalion could be a dark horse—they have improved greatly since their first game.

## League standings

Team	Win	Loss
Co. B, LAMC	5	1
CRD	5	1
Sixth Army	3	1
16th AG (Postal)	4	2
DLI-SF No. 1	2	1
LAIR	1	1
MI Bn	1	2
USAG	3	3
DLI-SF No. 2	0	3
W-Sector	1	2
Sixth Army Band	0	4
LEC	2	2
LCA	0	4

## What's in a name?

As Shakespeare wrote, "Would not a rose by any other name still smell as sweet?" On the other hand, exactly who are CRD, LEC and W-Sector?

To avoid any confusion, here are the answers:

Co. B, LAMC is Company B, LAMC; LEC is Law Enforcement Company; 16th AG (Postal) is 16th Adjutant General (Postal); DLI-SF



photo by Debbie Robinson

PFC Gary Cooper, of the MI Battalion, returns the ball to opponents, Sixth U.S. Army Band. The MI Bn won this match last Thursday, 15-5, 7-17, 15-9.

No. 1 stands for Defense Language Institute-San Francisco No. 1; CRD is short for Community Recreation Division; Sixth Army is a somewhat abbreviated version of Sixth U.S. Army; USAG stands for U.S. Army Garrison; MI Bn is really Military Intelligence Battalion; and W-Sector is actually Western Region U.S. MEP-COM (Military Entrance Processing Command).

## Last week's game results

Co. B, LAMC vs. LEC	15-5; 19-17
LEC vs. W-Sector	15-5; 0-0
Co. B, LAMC vs. 16th AG (Postal)	15-15; 0-10
16th AG (Postal) vs. W-Sector	15-15; 0-0
DLI-SF No. 1 vs. CRD	15-13; 15-6
CRD vs. DLI-SF No. 2	15-2; 15-4
16th AG (Postal) vs. Sixth Army Band	15-7; 15-10
16th AG (Postal) vs. USAG	15-9; 16-14
Sixth Army vs. Sixth Army Band	15-10; 16-14
USAG vs. Sixth Army	11-15; 15-11; 15-9
MI Bn vs. Sixth Army Band	15-5; 7-15; 15-9
W-Sector vs. Sixth Army Band	15-12; 15-9

# Warning: innocent-looking table salt can be lethal

by Evelyn D. Harris

Hypertension doesn't mean you're too tense. It means your blood pressure is too high.

May is National High Blood Pressure Month. As a member of an organization that believes in good health, you're probably more aware of the need to keep your blood pressure under control than your outside-of-DoD friends.

Every time you go to the clinic, the nurse puts a cuff around your arm and measures your blood pressure with a gauge. A normal reading for an adult male is 120 over 80 millimeters of mercury. The first number is the systolic pressure—the reading when the heart is working hardest, pumping blood out of the heart. The second number—the lower one—tells the diastolic pressure, occurring when the heart is filling with blood again.

A blood pressure reading that stays at a level of 140 over 90 or higher indicates a person has hypertension.

According to Dr. Motilal Pamnani, the connection between stress and high blood pressure is not clear. Pamnani is associate professor of physiology at the Uniformed Services University of the Health Sciences, the nation's only military medical school.

For example, he said, "Death row inmates have no higher blood pressure than the rest of the population. But people in lower economic classes do tend to have higher blood pressure." Pamnani believes this could be related to the stress suffered by the poor, but it could also be related to diet or other factors.

"There is a clear relation between hypertension and a diet that is high in salt and low in potassium," Pamnani said. However, he said, this is true only for people who are more sensitive to salt. "The majority of Americans eat a diet that is

far too high in salt, but they don't all have high blood pressure."

One in four Americans has high blood pressure. The rate for black Americans is almost 40 percent. And about one out of two Americans has high blood pressure by age 60. Other factors that increase the risk of hypertension are being male, obese or diabetic, or taking birth control pills.

Scientists have theories as to why certain people are at higher risk. For example, some speculate that blacks tend to retain salt because they originally came from a hot climate. According to Pamnani, the evidence for this is not conclusive.

Since untreated high blood pressure can result in heart attack, stroke or kidney problems, keeping track of your blood pressure is a good idea. And so is eating less salt and more potassium.

You can get enough potassium by including bananas, citrus fruits and juices and beans in your diet. However, Pamnani warned against taking potassium supplements unless your doctor has prescribed them, since they can cause a variety of side effects, ranging from mouth irritation to stomach ulcers.

Even if you don't think you're sensitive to salt, it's a good idea to cut down. Pamnani said that we get as much salt as we need from foods in their natural state, so there is no need to add salt in cooking or at the table. "But once people are used to eating salt, things don't taste right without it," he said. "It just takes self-discipline and time to get used to a lower salt diet." Cutting down on salt gradually makes it easier.

Some suggested low- or no-salt seasonings are lemon juice, garlic, onion powder (not onion salt) vinegar, herbs and spices. If you don't have hypertension but want to reduce salt, Pamnani suggested not adding salt at the table and going

easy on fast foods and highly processed foods such as canned soups.

Other salty foods include dill pickles, canned tuna (except for the kind packed without salt) and baking soda. Pamnani also advised going easy on salty condiments such as soy sauce, which has 1,379 milligrams of sodium in a tablespoon. Monosodium Glutamate—MSG—a flavor enhancer commonly used in Oriental cooking, and sodium nitrate, a preservative, are also sources of sodium. A tablespoon of salt has 6,589 milligrams of sodium.

Nutrition experts recommend a daily sodium intake of between 1,100 and 3,300 milligrams. Many Americans consume two to three times that amount.

## A salty story

Reading labels can give you a good indication of a food's salt content. The Food and Drug Administration permits food processors to use the following descriptive language in labeling products:

Sodium free—where a product has less than five milligrams of sodium per serving.

Very low sodium—140 milligrams or less.

Reduced sodium—for foods that have at least 75 percent less sodium than usual.

Unsalted or no salt added—for foods that are normally processed with salt but to which none has been added. However, a food so labeled may contain sodium from another source.

All foods that make claims about salt must list the number of milligrams in a serving.

LEC vs. LCA	15-12; 9-15; 15-10
CRD vs. USAG	15-8; 15-3
USAG vs. LCA	15-8; 15-2
CRD vs. LEC	15-10; 15-2

## Tennis court closure

Tennis Court No. 5, on Arguello Boulevard next to the Red Cross building, is closed for surface repairs until further notice.

For more information, call the Sports Branch Office, bldg. 63, at 561-4131.

## Softball field reservations

Yesterday the Sports Office began taking reservations for Fort Scott Softball Fields Nos. 1 and 2 for intramural softball team practice.

Teams can start playing on the fields beginning Monday. Reservations are for one hour only, and a reservation must be used before another can be made.

For more information, call the Sports Office at 561-4131.

## Slow-pitch softball

The intramural slow-pitch softball season is scheduled to start on or about May 4. Spring fever is in the air as teams prepare for league action.

All play will be governed by 1987 ASA slow-pitch softball rules as modified by the Sports Branch.

Units entering the league must have a representative at the rules interpretation meeting on April 29 at 1 p.m. at Gym No. 1, bldg. 63.

For more information, call Bobbie Gascon at 561-4120 or 561-5032.





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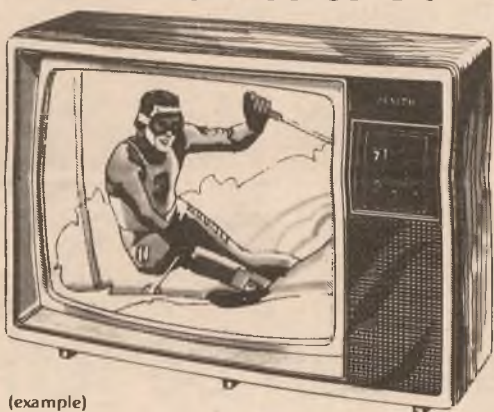
### Sanyo stereo VCR

(example)



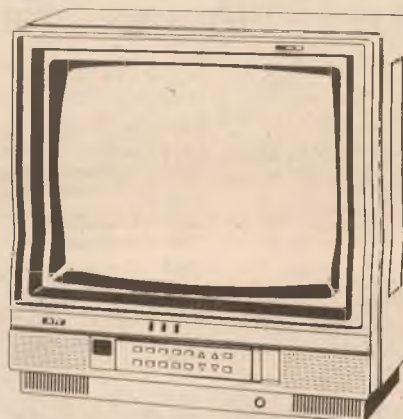
- 14 day/8 event programmable recording
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(example)

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(example)

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(example)

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(example)



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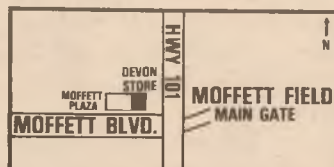


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**Holocaust Week:** Why remember the Holocaust horrors? **page 2**

**Parents:** read the commander's open letter, **page 3**

**Volunteers:** all of Presidio's volunteers recognized—at last! **page 7**

# Star Presidian

Vol. 30, No. 16

"Published in the interest of the people of the Presidio of San Francisco."

April 24, 1987

## News Briefs

### *Separation briefing*

All soldiers honorably separating (though not retiring) from the Army during the months of May, June, July and August are required to attend a preseparation briefing at the Golden Gate Community Club on May 19 from 8 a.m. to noon. Spouses are welcome to attend.

Topics are designed to help in making the transition to civilian life. For more information call 1st Lt. Lillian A. Dixon at the Soldier Support Branch at 561-4664 or 561-4665, Autovon prefix is 586.

### *Asian/Pacific American Heritage Week*

The week of May 4 through 10 is National Asian-Pacific American Heritage Week. The theme for this year is "Striving for Equality."

Activities throughout the Presidio will include the Recreation Center's Asian/Pacific film display, Chinatown walking tour, and sake winery tour.

The Post Library will set up a book display; the Officers' Club will host a Mongolian barbecue May 8, as well as lunch specials during the week of May 4 through 8.

The Golden Gate Community Club will serve assorted Asian/Pacific foods throughout the week for lunch, and Headquarters Command Battalion will have ethnic meals.

The Equal Opportunity Office will provide transportation for a tour of the Asian Art Museum and the Tea Garden. The tour is set for May 6, and the bus leaves LAMC at 10 a.m. The Post Museum will feature an exhibit on Philippine Americans entitled "Forgotten Heroes," which will be displayed daily.

For more information, call SFC Robert Keating, Equal Opportunity advisor at 561-3701.

### *Military Personnel closes*

The Military Personnel Division (MPD) will close May 1 for the annual AG Picnic. Unit PSNCOs should coordinate their personnel transactions and appointments around this date. For more information, call Sgt. Maj. Henley at 561-4480.

### *'Star Presidian' moves*

The office of the *Star Presidian* has moved! Well, it's not too far. We are now located in room 215, instead of 212, in the same building (bldg. 37). And, although our room number has changed, our phone numbers have not!

### *Green Berets in Hawaii*

The Special Forces Association will hold its annual convention in Honolulu, from July 1 to 5, 1987. All members of the Special Forces Association and all former members who are interested in attending or would like more information on discount air fares, hotel accommodations or other particulars should write:

MSgt. (Ret.) Ernest A. Leong Jr.  
86-148 Kakaiapola St.  
Waianae, HI 96792



Ceiling insulation hangs over a charred podium standing in front of a damaged projection screen. Smoke-blackened walls, debris-covered floor complete a partial scene of the damage done by the April 20 fire.

## Fire damages conference room

story and photo by Pleasant Lindsey

A defective propane tank spewed potentially deadly flames that endangered the lives of civilian engineers and spread throughout the southwest corner of the Sixth U.S. Army Command Conference Facility on April 20.

A work crew from the Department of Engineering and Housing (DEH) was performing maintenance on the heating system when the fire started. No injuries were reported. Sonny Cubilo, maintenance engineer, said the fire started while the work crew was replacing the fittings on the heating system's pipes. The propane torch the workers were using failed to properly ignite.

"One of the workers was trying to light the nozzle on the propane torch, but the flames raced through the hose into the tank," said crew supervisor Macario Bura Jr. He said the worker tried to contain the flames but the next sequence of events had no effect on the fire.

"The worker tried to secure the top of the tank, but the tank was too hot," Bura said. "Then he tried to stuff rags into it to smother it."

Unfortunately, the rags burned. Bura said that another worker tried to cool off the tank with a fire

extinguisher, but the extinguisher he used was the wrong type. As Cubilo ran to the fire station, the fire began to spread.

The fire burned a conference table, three chairs, and charred the southwest wall of the conference room. The flames left a large, black V-shaped imprint on the wall from the point where the fire started. The carpet was waterlogged and ruined, the suspended ceiling suffered water and burn damage, and one of the podiums was destroyed. The fire did not reach the audio-visual storeroom, but the rear projection screen that separates the two rooms was damaged.

Electrical power had to be shut off to the area because of damage to wiring in the wall and the ceiling.

Williams said the structural and equipment damage combined could exceed \$45,000, but the damage could have been worse if the tank had exploded. He said such an explosion, called a Boiling Liquid Vapor Explosion (BLVE), could have created a fireball that would have destroyed the whole room.

"Thank God it didn't explode," Bura exclaimed. "Our workers could have been seriously hurt."



# Opinions

## Army observes Holocaust Week

by Liz Greeley

**H**olocaust Week will be observed Sunday through May 2. Now why, one might wonder, would the U.S. Army want to remember something so horrible?

Well, I believe we observe Holocaust Week because it's important that we *never* forget what happened in Auschwitz, Bergen-Belsen, Saarbrücken, Mauthausen, Treblinka, Lublin, Buchenwald, Natzweiler, Ravensbrück, Sachsenhausen and Dachau, among many, many others.

How much already has been forgotten? How many soldiers today know the U.S. Army liberated Dachau, one of the most infamous of the German concentration camps, on April 29, 1945—42 years ago on Wednesday.

And how many know what really went on in the death camps? How many know about the medical experiments in any detail? Many of us know they used the prisoners in experiments, but not what those experiments were.

According to "Concentration Camp Dachau 1933-1945," a catalogue intended for visitors to the Dachau Memorial Museum, in Dachau they used men in usually fatal high altitude experiments. Another common experiment was to put prisoners in baths of icy water, lower their body temperature, then quickly warm them up.

In a secret report on this experiment from a Dr. Rascher dated May 4, 1942, he reported "More than 200 experiments were carried out in which 70-80 persons died."

The Dachau doctors were a busy lot—they experimented with malaria by injecting prisoners with the disease. And then there were the experimental operations—sometimes the wounds were allowed to get infected so the doctors could study the "patient."

If Dachau prisoners managed to escape the attention of the doctors and were spared the outbreaks of dysentery, typhus or tuberculosis, they might simply starve to death. A day's ration at Dachau included:

**Morning**—350-gram ration of bread for the day and half of one substitute coffee;

**Noon**—a light turnip or cabbage soup six times a week and a light noodle soup once a week; and

**Evening**—20 to 30 grams of sausage or cheese four times a week, 3/4 of a light substitute tea and a light soup three times a week.

So you can imagine what the American liberators of Dachau encountered: 30,000 people who were little more than skeletons with flesh loosely draped over their frames.

According to "Deliverance Day, The Last Hours at Dachau," by Michael Selzer; one GI who was there, Ed Campbell, described the prisoners as "crazy, starved rag dolls."

The prisoners *did* get more than a little crazy when they saw the Americans liberating the camp—and they went wild when they saw the SS guards marching by as prisoners themselves. They savored the vision of their guards as prisoners, according to Selzer.

Robert Wiley, a retired brigadier general, was one of the commanders of the American liberating forces, according to "Deliverance Day."

"It was like a bad dream," he reports. "everybody tried to erase it from their minds... You hold on to a bad dream despite yourself," he is quoted as saying in "Deliverance Day."

**But sometimes** even bad dreams have good moments. Gerhard Schmidt was one such moment in the long concentration camp nightmare.



U.S. Army photo

Dachau prisoners celebrate their liberation by American soldiers.

Three days after the liberation of the satellite camp, Dachau-Allach, Gerhard Schmidt arrived at the main gate of the camp, where he explained he had been a camp guard and he had returned to see if there was anything he could do to help the prisoners. Moreover, he said he was afraid of what his neighbors might do since they seemed to have found out that he had helped his Jewish prisoners (he had been in charge of one of the Jewish sections), according to Selzer's book.

The Americans in charge were frankly skeptical, then amazed when the leaders of the Jewish community were brought in and greeted Schmidt enthusiastically. It seems he had saved his wards' lives whenever possible and done whatever he could to help them—this tall, blond Aryan had risked not only his own life, but his wife's, to save Jewish prisoners.

please see page 3

## Ramblin' Sam

"What would you do to eliminate the national debt?"



Char Morris, recreation assistant, Community Recreation Division: "Don't allow Congress to vote in their own pay hikes."



Pvt. 2 Lori J. Stern, chaplain's assistant, LAMC Chaplain's Office: "Whenever somebody needs money we just give it to them instead of keeping it for ourselves. I'm not being selfish or anything, but if we have this big national debt...."



SGM Daniel L. Folan, sergeant major, Provost Marshal's Office: "I think the American public has shown, by and large, they like gambling. So I would say a national lottery would be the fastest and easiest way. I think the public would jump at the chance, and we could solve the national debt in a reasonable amount of time."



Chaplain (1st Lt.) Steven L. Jordan, protestant chaplain, LAMC Chaplain's Office: "I think one of the ways would be to eliminate the social welfare system as it exists in our country and provide jobs to the poverty-stricken people in our land who *can* work. In that way they'll be gainfully employed and will receive training as well as have a positive self-image."

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# Etc.

## Commander writes open letter to concerned parents

Dear Presidians:

Many of you have read my letter to the community published in last week's *Star Presidian* concerning the allegations of child sexual abuse at the Presidio's Child Care Center. Today I want to give you an update on the case with additional information that has come to our attention since that letter was written.

As you can well understand, I am limited as to the details which can be covered because of the criminal investigation which is under way. Specific information concerning the nature of the incidents cannot be discussed without possibly prejudic-

ing that investigation.

Since the beginning of this investigation, my staff and I have been working very closely with Letterman Army Medical Center's Department of Social Work Service. Recently there has been an increase in the number of children identified who may have been abused. As of April 21, 32 children have been screened by our Letterman professional staff, although not all are proving to be actually abused. The Federal Bureau of Investigation is actively pursuing the investigation.

Two parent support groups have

been formed under the auspices of the Department of Social Work Services and the Office of the Post Chaplain to work directly with families of victims. These professionals will continue to provide assistance to these families and children as long as needed.

I felt it important to bring these facts to your attention as soon as possible. I will continue to do so as we obtain more information. Additionally, I will be communicating directly with all of the families we know of whose children were under the direct supervision of the alleged suspect

during the period June 1985 through November 1986 to ensure they have the latest available information.

Once again, if you have questions or concerns about your child, you should contact Social Work Services at 561-2174, Army Community Services at 561-5057, the Post Chaplain at 561-4719 or feel free to use the Commander's BOSS line at 561-BOSS.

Sincerely,  
Joseph V. Rafferty  
Colonel, U.S. Army  
Commanding

## TAKE A BITE OUT OF CRIME

### Your day in court

Report crime. Sounds easy, doesn't it? But only about half of all crimes are ever reported. Too bad, because the police cannot do anything if they don't know what happened. Information from people like you is the key to solving many crimes.

Even an anonymous tip is better than no report at all. So, don't hesitate! If you see something suspicious, report it. Report it when you see it because the longer you wait, the harder it is for the police to find and catch the criminal.

If you should become a crime victim or witness a crime, stick with your case. Help police in their investigations. If they catch a suspect, take your case to trial. It's the only way to see that justice is done. Believe it or not, it pays to prosecute—three out of four cases that go to court result in a verdict of guilt.

What happens when you take

your case to court? You'll meet with police and lawyers. You'll attend hearings and call the district attorney's office occasionally to find out the status of your case.

Don't be frightened by the TV image of a courtroom. Most courtrooms are not as formal as those that you see on TV. If a lawyer asks a question that you don't understand, ask him to explain it to you. And if you don't remember a specific fact, don't be afraid to admit it.

The district attorney will probably talk to you before the trial to give you an idea of what to expect. The most important thing to remember is to be yourself.

Most criminals have committed numerous crimes before they are caught. If you do not prosecute criminals they probably will continue a life of crime comforted by the knowledge that most of their victims won't take the time to testify against them.

### Crime report

- One civilian was arrested for outstanding civilian warrants after being stopped for running a stop sign.

- A civilian employee was cited for altering a time card.

- A soldier from Fort Hood was

apprehended for being Absent Without Official Leave.

- There were two reports of

larceny of unsecured private property.



## Holocaust continued from page 2

There weren't many like Schmidt to be sure. It was a nightmare—so why remember? Why is it important to know such horrors happened a long time ago in a place far away?

I believe we must never forget what happened at Dachau and the other camps, because we must never allow such hideous things to happen again.

Rabbi David Eichorn, an American Army chaplain, led a service at Dachau-Allach on May 6,

1945, in which he said, "You are not and you will not be forgotten men, my brothers. In every country where the lamps of religion and decency and kindness still burn, Jews and non-Jews alike will expend as much time and energy and money as is needful to make good the pledge which is written in our holy Torah and inscribed on that marker in Philadelphia, the city of Brotherly Love."

Rabbi Eichorn was referring to the marker which reads, "Proclaim freedom throughout the

world to all the inhabitants thereof," according to "Deliverance Day."

After what all those men and women went through—Jews, Gentiles, political prisoners, Catholic priests, Jehovah's Witnesses and Gypsies—shall we forget them because the memories are unpleasant? Or shall we remember what happened during the 12 years Dachau existed and let that memory shine as a beacon into the future...a beacon which alights on the words "Never again."

## At the movies

### Presidio Theatre

Fri, April 24	The Kindred (R)	7 p.m.
Sat, April 25	Mannequin (PG)	7 p.m.
Sun, April 26	Mannequin (PG)	7 p.m.
Mon, April 27	Mannequin (PG)	7 p.m.
Tue, April 28	Jumpin' Jack Flash (R)	7 p.m.
Wed, April 29	Jumpin' Jack Flash (R)	7 p.m.
Thu, April 30	Death Before Dishonor (R)	7 p.m.
Fri, May 1	Death Before Dishonor (R)	7 p.m.

### Hamilton Theater

Fri, April 24	Crocodile Dundee (PG-13)	7 p.m.
Sat, April 25	Nutcracker Fantasy (G)	1 p.m.
Sat, April 25	Crocodile Dundee (PG-13)	7 p.m.
Wed, April 29	Howard the Duck (PG)	7 p.m.
Thu, April 30	Pee Wee's Big Adventure (PG)	7 p.m.
Fri, May 1	Foreign Body (PG-13)	7 p.m.

### Schwartz Theater

Mon, April 27	Three Amigos (PG)	7 p.m.
Wed, April 29	Mannequin (PG)	7 p.m.
Thu, April 30	The Kindred (R)	7 p.m.



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This advertisement is for Officers' Club members and guests only.



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# Excellence

## USF rewards Presidian's distinguished service

**D**oris Munstermann is a Presidian whom many people would say keeps things moving. Munstermann, who is the director of Religious Education for the Presidio, has made a lifetime of caring for others, and caring for causes enough to devote herself to keeping them alive.

For these reasons, Munstermann received the Distinguished Service Award from the University of San Francisco (USF) at their Alumni Banquet April 11.

Aside from her work on the Presidio, Munstermann has spent 13 years working on the USF Alumni Society Board. During her association with the Alumni Society, she revitalized the Education Alumni Society as its president.

When the society was going through rough times with some changes that shook its foundation, Munstermann worked to keep the organization together.

"I think I was a bridge in a time when it was really troubled," she explained.

This type of work is what she does best. She seems to really enjoy it.

Munstermann is involved in work with Catholic and private schools, but she also has worked with public school personnel.



**Doris Munstermann helps prepare for Easter services.**

"I've organized workshops for public and private education, giving out ideas. I'm an 'ideas' person; I just try to bring people together," she said.

Munstermann seemed to want to stress the importance of religious education, for both children and adults.

"If you just send your child to church and don't go yourself, it doesn't set a good example."

"I hope that people also realize the importance of human caring. I just don't want to see religions used as barriers to keep people apart."

Caring about others is something that Munstermann seems to do well. Her colleagues at the Religious Activities Center and the chapel repeat a similar refrain: "Doris is great." "She's a wonderful lady." "She really cares about people," and Munstermann seems equally impressed by her colleagues.

Munstermann is obviously proud to have been recognized at the April 11 Alumni Banquet, but she is reserved about it.

"What pleased me was that they felt I had so much faith and believed so much in the importance of quality education," she said.

Through years of dedication and faith, Munstermann has proven that not only does she believe in it, she is determined to uphold it.

## 'Unknown' volunteers benefit post—yet no one knows

story and photos by Liz Greeley

The Presidio has a mysterious benefactor (benefactors actually) who donated \$25,901.47 to the post last year. Like most benefactors, many people have heard of this group, yet few know what they have done—but here's a sample:

- They paid for Presidio's Vietnam Memorial;
- They bought new uniforms for both the Youth Activities soccer and baseball players;
- They donated money to the Red Cross;
- They gave money to both the Boy and Girl Scouts;
- They contributed money to the Dental Activity so they could buy patient educational tapes;
- They give \$90 a week to a new program called "Hands Across the Presidio," which helps enlisted families living off post who are strapped financially;
- They donated about \$7,000 to Letterman Army Medical Center (LAMC) last year, some of which was used to buy small television sets for dialysis patients; and
- They gave money to the Army Community Services (ACS) Loan Closet.

Presidio's "mysterious" benefactors are the Presidio Thrift Shop volunteers.

Pauline D. Smith, who wraps buyers' packages at the Thrift Shop, is one such volunteer.



**Nila Kearney talks with a consignee about pricing.**

Smith likes to keep busy. A few years back (don't ask her how many—she won't tell you) she retired as first sergeant of the WAC Detachment at LAMC. After that, she worked at the phone company for awhile, then she started volunteering at the Thrift Shop.

Besides liking to keep busy, she likes people.

"I like it here because there are people streaming in and out of here all day. You get a chance to talk to them, and after awhile you really get to know them—I mean you're on a first-name basis with a lot of them," she said. "A woman brought her little grandchild in today, and brought him over and introduced him."

It appears Thrift Shop customers are nice, friendly people. But, according to at least one coworker, the customers consider Smith to be an especially nice person, too.

According to the Thrift Shop coworker, when Smith isn't there, the customers ask, "Where is that nice lady who wraps the packages?"

And why *does* Smith devote her three days a week to the Thrift Shop?

"I think you *have* to do something. I can't imagine being retired and just not doing anything," she said.

Smith seemed genuinely horrified at the thought of devoting her days to watching soap operas on television and said she thought it would be depressing.

So would she recommend volunteering at the Thrift Shop to others?

"Oh, absolutely I would, oh surely I would! They need volunteers."

Like Smith, Nila Kearney has volunteered the last four years at the Thrift Shop, but for Kearney the last four years are just the most recent in a 24-year career of volunteering. Kearney usually works as the Thrift Shop's cashier.

Kearney likes to volunteer because "I like doing different things at the Thrift Shop like selling in the back, doing consignments and tagging—that's why I'm here today—and on Tuesday, my regular day, I do cashiering," she said.

The help the Thrift Shop gives to the Presidio seems important to Kearney...so much so that she provided detailed information about the amount the Thrift Shop donated last year and who



**Pauline D. Smith wraps up a Thrift Shop customer's purchase.**

benefited, as well as how they benefited from the donations. Kearney is a Presidio resident who seems sincerely concerned about her community's welfare. But there is another element to volunteering at the Thrift Shop besides community concern—camaraderie.

The volunteers tease and joke with each other and seem to have a great time at what they do.

"It's like a family," Kearney said. "We all care about each other and if someone is sick, we call to make sure everything is going fine. And it's like family, it really is."

But how does the system work? Well, people bring in items for consignment, which the Thrift Shop then sells. Eighty percent of the profit goes to the consignee and 20 percent goes to the Thrift Shop. Anything above and beyond operating costs (which are low since only about four workers are paid—the rest are volunteers) goes to help the Presidio.

Now at least one group of Presidio benefactors are unmasked—the generous volunteers at the Thrift Shop!





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Bobby Dunklee  
Martha Emory  
Donna Fagan  
Farmer Family  
Brenda Finch  
Karen Franks  
Peggy Fuhrmann  
Julie Gallaway  
Maggie Germek  
Gutierrez Family  
Gertrude Gutsfeld  
Gutsfeld Family  
Loretta M. Henley  
Lawino Hartsough  
William Hartsough  
Henley Family  
Harry Hentschke  
Jofbauer Family  
Diane Hoff  
Linda Holmes  
Grace Hotchkiss  
Jennifer Howard  
Carla L. Hoxie  
Julie Jessmer  
Mary A. Johnson  
Ahron Journey  
Wendy Karren  
Kazear Family  
Debbie Keeney  
Keeney Family  
Kellogg Family  
Mary Korte  
Lewis Family  
Nora Lieberman  
Tina Logan  
Janet Lombardo  
Deborah Lown  
Lori Maree  
Junko Matejov  
Stephen Matejov  
Sally Mauldin  
Arleen McCauley  
Sharon McGowan  
Nancy McKelvey  
Barbara Neitzke  
Maris Norton  
Cynthia O'Donnell  
Jane O'Donovan  
O'Neal Family  
Barbara Owles  
Owles Family  
Perkins Family  
Elisabeth Pesonen  
Elizabeth Pierson  
Ann Popp  
Dennis Popp  
Lynn Powe  
Miriam Rieck  
Jean Rood  
Dena Runyan  
Lynn Ryan

Schartz Family  
Mary Schuster  
Scott Family  
Bonnie L. Simpson  
Simpson Family  
Timothy Sokol  
Elizabeth Stein  
Therese Stinnett  
Vickie Stutz  
Mary Temby  
Star Terrell  
Janice Verdugo  
Verdugo Family  
Pauline Vicenti  
Anna Waller  
Mary Jo Williams  
Kyong Suk Womack  
Lisa Wright

## Chapel of Our Lady

Angela Adhiambo  
Courtney Anthony  
Kathleen Anthony  
Margaret Auth  
Betsy Begley  
Brian Begley  
Edward Begley  
Brittany Bergin  
Donie Bergin  
Anita Blain  
Jennifer Blain  
Jeremy Blain  
Julia Blain  
Thom Blain  
Edmee Botwright  
Harold Botwright  
James Botwright  
Debra Braaten  
Giovanna Brennan  
Martin Brennan  
Sean Brennan  
Teresa Butler  
Joseph Calleja  
Gino Cerri  
Rick Cerri  
Deborah Daly  
Katie Dobrowski  
Michael Dobrowski  
Don Dockins  
Carolyn Dragoo  
Lynn F. Dragoo  
Leslie Emory  
Martha Emory  
Shannon Emory  
Dianne Featherston  
Suzanne Fetterolf  
Charles Fischer  
Alison Galvani  
Craig Gord  
Mary Grimley  
Kathleen A. Halverson  
Hill Higdon  
Linda Holmes  
Ralph Hooper  
Amy Howell  
Eleanor Howell  
Henry T. Howell  
Magdalene Howell  
Terri Keefer  
Lisa Knight  
Nancy Koscher  
Janice Lampie  
John Leira  
Dan Linderman  
Pamona K. Makela  
Eric Mayberry  
Lori Mayberry  
Lynn Mayberry  
Melissa McNeil  
Nancy McNelis  
Jennings Mease  
Susan Mease  
Wendy Megnia  
Albert Mei  
Edwin Millson  
Marie Millson  
Stella A. Najera  
Yvette Najera  
Art Nolan  
Helen Nolan  
Lynn Phillips  
William Phillips  
Krista Rafferty  
Sherrill Rafferty  
Vincent Rafferty  
Fritz Feiniger  
Paulette Richards  
Russell Richards  
Michele Satterlund  
Bert Strudel  
Tom Thompson  
Mike Tobin  
Deborah Vitale  
Nancy Vitale  
Nanette Vogelheim  
Eva Walker  
Maria Alicia Wehrle

## Community Life Mayors

Lynn Allmon  
Suzanne Barnett  
Barbara Bennett  
Edmee Botwright  
Olivia Edmundson  
Judie Ely  
Donna Fagan  
Donna Fellows  
Brenda Finch  
Peggy Fuhrmann  
Nancy Garrett  
Doris Herndon  
Mary Ann Ihlenfeld  
Jennie Jackman  
Karen Jacobsen  
Kathy Jessee  
Janet Lombardo  
Lynn Phillips  
Kathy Plambeck  
Beverly Ramsay  
Linda Roscelli  
Sharon Russell  
Lynn Ryan  
Dinah L. Sisson  
Debbie Six  
Gayle Smith  
Karen Tarantola  
Anna Waller  
June Weller

## Community Recreation Division

Lynn Fitzwater  
George Furlough  
Cheryl Goldberg  
Daniel Stevens

## Creative Cottage

Joanne Christie  
Mary Dean  
Rebecca Hawksley  
Yaye Herman  
Doris Herndon  
Ermelyn Hummel  
Pat Kidd  
Katie Kopp  
Aida Lett  
Arleen McCauley  
Cynthia O'Donnell  
Ellie Patton  
Nancy Roberts  
Stella Rodgers  
Amy Wilson  
Laurie Wozniak  
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Lynne Armstrong  
Alvin Benas  
Barbara Bither  
Mary Cara  
Betty Carling  
Lar Caughlan  
George Cookson, USA (Ret.)

Willus Crump  
Elaine De Spain  
Jim Downey  
Catherine Frailing  
Sandy Halsey  
Ann Irvine  
Robert Kotchian  
Alice Kuklok  
Richard Manchester  
Andrew McNitt  
Bernice Means  
Maris Norton  
Bill O'Meara  
Marie Shearer  
Ralph Carlisle Smith  
Wy Spalding  
Linda Stoner  
Carol Taylor  
Ann Thornton  
Bill Whitman

## Hospital Visitors

Albina Bechelli  
Darlene Gilcreast  
Patricia Little  
Jeannette Marchionna  
Nancy McNelis  
Peter McNelis  
Anna Oakley  
John Ryabik  
Phyllis St. Louis  
Coni Tyson  
Precy D. Aguas  
Maureen Bergson  
Gertude Caton

## Joan of Arc CSJ

Mary Howard  
Magdalene Howell  
Dorris Johnson  
Margaret Kundtz  
Rose Claire Mangini  
Carolyn Mucelli  
Frances Snyder  
Kay Thompson  
Frances L. Wood

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Tom Norton  
Inge Peter

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Eleanor Baker  
Joan Barrett  
Barbara Bennett  
Bev Bickell  
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Lorrie Coles  
Judy Day  
Angela Engel  
Barbara Engelhardt  
Kathy Fahey  
Edna Fleurant  
Judy Flynn  
Marybeth Gillespie  
Jan Gray  
Alison Grimes  
Marcia Gupta  
Lisa Harkabus  
Rebecca Hawksley  
Joanne Henderson  
Debra Heppner  
Joan Heydorn  
Karin Hirschkatz  
Carolyn Honl  
Mary Ann Ihlenfeld  
Joan Italiano  
Rosemary Journey  
Wendy Karen  
Nila Kearney  
Katie Kopp  
Kris Kuck  
Janice Lampe  
Sally Lincoln  
Janet Lombardo  
Liane Magelssen  
Arleen McCauley  
Sharon McGowan  
Sabra McNamara  
Nancy McNelis  
Lucie Medbery  
Jean Ninos  
Cynthia O'Donnell  
Donna Osterholzer  
Sarah Owens  
Elizabeth Pierson  
Ellene Place  
Libby Quattromani  
Lisa Quigley  
Cheryl Reddy  
Beth Richards  
Linda Roscelli  
Gretchen Runyan  
Patty Shackleton  
Mary Shaffer  
Suzanne Sutherland  
Sheryl Tierney  
Vicky Tobey  
Nancy Urban  
Susan Vallier  
Terry Wechsler-Frank  
Maria Alicia Wehrle  
Amy Wilson  
Nancy Winslow  
Laurie Wozniak  
Melinda Zimmerman

## Post Chapel

Jack Adams  
Mary Adams  
Michele Adams-Thompson  
Jenny Aguilar  
Richard Allphine  
Julia Ashley  
Kevin Ashley  
Richard Ashley  
Scott Ashley

Jackie Autry  
Rachel Autry  
Freddy Ayaberreno  
Karin Bailey  
Robert P. Becker  
Betsy Begley  
Brian Begley  
Kathy Benjamin  
Kazuko Benjamin  
Willie Benjamin  
Victoria Bigham  
Jennifer Blain  
David Boyd  
Isabelle Bradshaw  
Barbara Bruhn  
Stephanie Bruttig  
Joanne Buzan  
Thad Buzan  
Ruth Callman  
Dorothy A. Cole  
Michael Cole  
Jennifer Compston  
Kim Creis  
Brian Drago  
Francis Dulay  
Greg Dyson  
Sarah Dyson  
Amy Ferraris  
Suellen Ferraris  
Suzanne Fetterolf  
Debbie Six  
Anna Waller  
Lisa Fosdick  
Veronica Fountain  
David Geer  
Christine Geis  
Jenni Gilbert  
Tim Gilbert  
Audrey Gilliam  
Haywood Gilliam  
Eric Golden  
Georgia Golling  
David Hall  
Kimiko Hall  
Sylvia Haris  
Barbara Harrison  
Tom Harrison  
Charlie Hawkins  
Ruth Hawkins  
Holly Hernandez  
Kurt Hernandez  
Marty Hernandez  
Diane Hoff  
Kevin Hoff  
Kay Hoh  
Gretchen Hollenbeck  
Everett Jones  
Ahron Journey  
Diana Kellawan  
Karen Kelly  
Pat Kelly  
Shannon Kingslien  
Sue Kingslien  
Adam Kyser  
Gail Lessig  
Kevin Lessig  
Cherry Liter  
Michael Liter  
Scott Liter  
Janet Lombardo  
Jackie Maker  
Aisha McCain  
Heather McCreery  
Laura McCreery  
Chamin Mills  
Derek Mills  
Debbie Myers  
William Myers  
Vardel Nesmith  
Cindy Ninos  
Maris Norton  
Ann O'Donal  
Cynthia O'Donnell  
Jane O'Donovan  
William O'Donovan  
Andre Perkins  
Jason Pfaltzgraff  
Sean Pittman  
Shannon Pittman  
Ellene Place  
Kathy Plambeck  
Ted Plambeck  
Scott Quattromani  
Mary Ann Rapp  
Karyn Reddy  
Tom Reddy  
Joyce Robb  
Tom Roeber  
David Ross  
Ramona Ryan  
Rich Satterlund  
Martin Schaulier  
Aime Schneider  
Mary Schuster  
Tom Sellars  
Sheila Settle  
Melony Seybert  
Phillip Seybert  
Lisa Skopil  
Regina Smith  
Benedict Sohl  
Dan Stevens  
Dean Ann Stevens  
Jeanine Swift  
Francis Thompson  
Vern Tolar  
Jacqueline Torp  
Jeff Torp  
Jennifer Torp  
John Torp  
Holiday Tuttle  
Jennifer Uldicks  
Anna Verdugo  
Betty Voris  
Betsy Wiley  
Kristin Wiley  
Trish Wiley  
Doris Wilson  
William Witman  
Kevin Witzberger  
Stanford Worner  
Aaron Wozniak

Adam Wozniak  
Marilyn Amini  
Marsha Anderberg  
Becky Boykin  
Jessee Boykin  
John Clanton  
Jane Cole  
Lesley Emery  
Harold Reinecke  
Bob Rippee  
Carl Ross  
Sukie Ross  
Lisa Scopil  
Joyce Stokes  
Mary Zgorecki

## Enlisted Spouses Club

Theresa Alegria  
Suzanne Barnett  
Edmee Botwright  
Louise Dalton  
Breesa Farr  
Peggy Fuhrmann  
Paula Gravile  
Karen Jacobsen  
Sylvia Ramsay  
Joyce Robb  
Debbie Six  
Anna Waller  
Kathy Wilson  
Jena Anne Yates  
Elizabeth Collins  
Lynn Hancock  
Kelly Higgins  
Lee Horstmann  
Patricia Jensen  
Bernice More  
Helen Rosier  
Terry Satterfield  
Kim Thomas

## Officers' Wives Club

Ione Andreen  
Barbara Bickston  
Dorothy A. Cole  
Sarah Dyson  
Martha Emory  
Barbara Engelhardt  
Jennifer Felt  
Barbara Gleichenhaus  
Lu Ann Greenspan  
Sandy Halsey  
Diane Hoff  
Gretchen Hollenbeck  
Helen M. Irvine  
Shannon Kingslien  
Sue Kingslien  
Jane O'Donovan  
Sherrill Rafferty  
Bettie Roebert  
Sharon Russell  
Lynn Ryan  
Nadine Beth Schneider  
Kay Thornton  
Arietta Valenti  
Betty Voris  
Betsy Wiley

## Thrift Shop

Theresa Alegria  
Peg Allison  
Lavinia Sheila Anderson  
Ione Andreen  
Katie Antross  
Joan Barrett  
K. C. Barrett  
Barbara Bickston  
La Manda Blackwood  
Pam Casias  
Dorothy Claytor  
Maria Cohen  
Dorothy A. Cole  
Barbara Engelhardt  
Bradford Evans  
Honor Farnen  
Agnes Flynn  
Marcia Gupta  
Bud Halsey  
Sandy Halsey  
Nila Kearney  
Marilyn Kelly  
Rose Kesselring  
Ruth Lanier  
Joan Little  
Nancy McKelvey  
Mary Kay Menard  
Adeline Michel  
Linda Mitchell  
Vera Molinar  
Audrey Norrod  
Mary Palomares  
Ann Patton  
Marie Potter  
Sherrill Rafferty  
Gina Razel  
Anita Reddy  
Nancy Reid-Johnson  
Nancy Resa  
Lynn Ryan  
Nadine Beth Schneider  
Kathy Sherfey  
Pauline Smith  
Rosemary Smith  
Helen Stetson  
Bernice Straub  
Pam Stump  
Kay Thornton  
Freda Toris  
Elfriede Tucker  
Arietta Valenti  
Val Walker  
Gertrude Wilson  
Gennie Woerner  
Maple Young  
Beverly Carpenter  
Marion Farrell

Beverly Johnson  
Polly Medellin  
Mary Joe Swift  
Channel Ford  
Helen Ford  
Roxanne Ford  
Diane Gardener  
Nancy Goens  
Bob Hawkins  
Brenda Jackson  
Susan Jones  
Dave Kirk  
Mike McCreery  
Patricia Parks  
Laurel Peckham  
Shirley Redwine

## USO

Pat Clarke  
Marina Hall  
Ella Johnson  
Karen Marike  
Suzette Williams

## Youth Activities

Bill Bickell  
Michael Clegg  
James Melton  
Troy Webb  
Ben Williams  
Steve Bruttig  
Lee Horstman  
Othal Morris  
Fletcher Stanford  
Marty Adamson  
Illona Beazley  
Clinton Beckett  
Barbara Bennett  
Don Bergin  
Nancy Bergin  
Anita Blain  
Thom Blain  
Michael Boyd  
Debra Braaten  
Debbie Croak  
Richard Cuadra  
Diane E. Curl  
Kiki D'Ambrosia  
Eric Dahlberg  
John Davis  
Tracy Davis  
Derald Emory  
Martha Emory  
Judy Flynn  
Julie Forbes  
Edgar Gallardo  
Janice George  
Jim Germek  
Patti Harlor  
Karen Hayslett  
Loretta Henley  
Linda Holmes  
Patrick Huggins  
Theodore Huggins  
Beverly Johnson  
Bill Jones  
June Jones  
Jack Kearney  
Hank Kindell  
Kathryn Knight  
Kari Kornack  
Diana Lemley  
Deborah Lown  
John Lown  
Nancy McDonald  
Sharon MacGowan  
Connie MacPherson  
John MacPherson  
Lynn Maher  
Arlene Mays  
Nancy McKelvey  
Wendy Megnia  
Kevin Mihata  
Sue Mihata  
Deloris Moore  
Susan Moore  
Johnnie Mae Myers  
Joyce O'Neal  
Betsy Odom  
Linda Perry  
Dennis Pfaltzgraff  
Kathy Pfaltzgraff  
Janet Pittman  
Allen Posey  
Libby Quattromani  
Ron Rice  
Channell Richards  
Venture Rodriguez  
Dennis Runyan  
Gretchen Runyan  
Dinah L. Sisson  
Frank Sloat  
Jane Sloat  
Dennis Smith  
Cheryll Smith  
Diane Smith  
Nancy Smith  
Jerry Stinnett  
Therese Stinnett  
Heike Stroup  
Russell Sulgrove  
Karen Tarantola  
Michael Tarantola  
Kay Thompson  
Gloria Vinsky  
Anna Waller  
Ted Weller  
Michael Wood

## Tax Center, JAG

Josh Barrak  
Bert Hirsch  
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		with wine & garlic	
Fried Clam Strips	3.50	Mussels Napolatana	6.50
Clam Chowder	cup 1.50 bowl 2.75	Minestrone	cup 1.25 bowl 2.50
Insalata della Casa	2.50	Hearts of Romaine with Anchovies	3.25
Insalata di Spinachi	2.75	Marina Tomatoes with Anchovies & Capers	3.50
Shrimp Louis	6.50	Combination Louis	7.50

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We offer selection of three to five entrees to choose from.  
Inquire with your server for today's choices

### Sandwiches & Eggs

Broiled Burger	4.50	Marina Seafood Omelette	5.50
8 oz. of freshly ground chuck, with fries, garnish, with cheese .25 extra		with fresh fruit	
Fisherman's Sandwich	5.50	Eggs Marina	4.50
English Muffin, fries, garnish		scrambled eggs, shrimp, green onions and mushrooms	

### Pasta

Cannelloni Napolitana	4.95	Fettuccine al Pesto	4.95
Fettuccine Alfredo	4.95	Linguine with Fresh Tomatoes and Herbs	5.50
Fettuccine alla Marina	5.95	Fettuccine Alfredo with Smoked Salmon	5.95
mushrooms and Marinara sauce			
Spaghetti alla Siciliana	5.95	Linguine Vongole (red or white)	6.50
spicy			
Spaghetti alla Carbonara	5.95	Linguine with Shrimp alla Alfredo	5.95

### Entrees

— Fresh Vegetable and Rice are included —

#### Seafood

Fresh Fish	Please ask Waiter	Seafood Cannelloni	6.50
Calamari Sauté	5.95	Jumbo Prawns Sauté	8.95
Calamari Steak Doré	6.50	Fresh Eastern Scallops Sauté	8.95
Calamari alla Marina	6.50	Seafood Sauté	8.95
with eggplant		Jumbo Prawns Provencal	8.95
Marina Cioppino	8.95	Marina Fried Seafood Plater	8.95

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Breast of Chicken Sauté	6.50	Chicken Cacciatore	6.50
Chicken Piccata	6.50	Chicken Parmigiana	6.50

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Veal Piccata	11.95	Veal alla Parmigina	11.95
Veal Scallopina alla Marsala	11.95	Veal Cutlet alla Milanese	11.95
Saltimbocca alla Romana	12.95		

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Fresh made cakes & tarts	3.50 and up
Ice Cream	2.50
Sorbeto	2.50
Crepe Caramel	2.50

### Beverages

Coffee (Marina blend, roasted daily on premises)	1.25
Coffee decaffeinated, swiss method	1.25
Soft Drink, Milk	1.00
Espresso	1.50
Cappuccino	1.75

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Corkage fee: \$7.50 wine/\$10 champagne • 6½ % Tax on all items • 15% gratuity will be added for parties of 6 or more  
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# Community Calendar

## Bridge Weekends

The Exploratorium joins the rest of San Francisco in a celebration of bridges on the weekends of May 16 and 17 and the evening of May 30. The Exploratorium will pose some of the scientific, engineering and aesthetic questions involving bridges as a commemoration of the Golden Gate Bridge's 50th anniversary.

The Bridge Weekends will include exhibits that demonstrate and test "stress" and "strain," the actual in-museum construction of both suspension bridges (which the public can observe being built and walk over) and catenary bridges (which the public can build themselves and then walk over), bridge-building activities for children and adults, and truss models and sections of cable to touch and examine, as well as lectures, films, historical information and much more.

Bridge Weekend activities will take place from 10 a.m. to 5 p.m. each day and are included in the price of admission to the Exploratorium.

Call 563-7337 for a final schedule of the weekend's lectures and events.

## Child care training

Presidio family members can earn money at home, provide a community service, and learn about child development through training provided by the Presidio's Family Child Care Program.

This program is a part of Child Development Services (CDS) and it trains, certifies and monitors child care providers who care for children in their homes.

Precertification training for the program will be held May 11 through 14, from 9 a.m. to 4 p.m. each day, in bldg. 563. All four days of training are required.

The class includes child development, first aid, CPR, emergency procedures, business practices, and other subjects.

If you are interested in providing child care in your home, call Karen Jupe at 561-4712. Certification is mandatory for those wishing to offer child care in their quarters on the Presidio and subinstallations.

## Memorial service

The 10th annual Yom Hashoa Memorial Service will be held at Congregation Emanu-El on Yom Hashoa, Sunday, from 10 to 11:45 a.m. The program will begin with a keynote address followed by the Holocaust Memorial Service at 11 a.m. Congregation Emanu-El is located at Arguello and Lake Streets, San Francisco.

On Yom Hashoa eve, tomorrow, there will be a brief memorial service at the Holocaust Memorial in Lincoln Park in San Francisco at 9 p.m.

A special Holocaust Memorial Service is scheduled for Wednesday, at 7:30 p.m., at St. Mary's Cathedral, 111 Gough Street in San Francisco. This first-time interfaith observance occurs during the week of remembrance and will be held in St. Mary's dramatic main sanctuary.



photo by John Clifford

## 'Making Mr. Right'

Ladies—desperately seeking Mr. Right? No luck through the classifieds? Too cold in the Marina Safeway? Then check out the blueprints in the movie, "Making Mr. Right," which opened at the Vogue in San Francisco earlier this month. Yes, you'll be treated to scenes like this one featuring Laurie Metcalf and John Malkovich.

The public is welcome to all these events.

## National Volunteer Week

The Presidio celebrates National Volunteer Week from Sunday through May 2. The Post Commander is hosting a reception honoring Presidio volunteers at the Golden Gate Community Club. Also, look for a display of volunteer activities at the Post Exchange, the hospital and the Thrift Shop during the week.

If you are a Presidio volunteer and did not receive your invitation to the reception, call the Family Support Division at 561-4602 or 561-3701.

## Golden Gaters celebrate

The Golden Gaters will host an "Aloha" party for the group's mentor, Chaplain Bradley, tomorrow at the Religious Activities Center, bldg. 682. The fun will start at 6 p.m. The cost is a dish for the Hawaiian Pot Luck and a suggested contribution of \$5.

The Golden Gaters are co-sponsored by Oakland Army Base Army Community Service and the Presidio Post Chaplains. Any active duty soldier or retiree older than age 40 may join.

For more information, call Pat Pavlisin at the Post Chapel at 561-4711.

## Luncheon scheduled

An Asian/Pacific American Heritage Week Interagency Luncheon is scheduled for May 7 at 11:45 a.m. The luncheon will be preceded by No-Host Cocktails at 11:30 a.m.

The guest speaker for the luncheon will be Quintin L. Villanueva Jr., regional commissioner to the U.S. Customs Service in Los Angeles.

Transportation is available to the luncheon which will be held at Miriwa Restaurant at 728 Pacific Avenue, in San Francisco. Bus transportation will be available from 450 Golden Gate Avenue at 11:15 a.m. Tickets

are on sale for the bus trip for \$2, and the tickets are roundtrip only.

Tickets for the luncheon are on sale for \$15 and the last day to buy a ticket is Thursday. Tickets are available in advance only and not at the restaurant.

For more information call Tatsuo Taketa at 561-3723.

## Jazz instructor needed

Youth Activities (YA) is looking for a jazz instructor to teach classes on Saturdays. Classes will be for beginner and intermediate levels, ages 4 to 18. Experience is necessary in jazz dance and teaching children of all age groups.

The instructor will be hired on a contract basis and will be paid once a month. If you are interested, please call YA at 561-5143 or 561-5910.

## Umpires sought

Youth Activities (YA) is looking for qualified baseball umpires for the 1987 season. The games will be on Saturdays. If you are high school age or older and have some experience in baseball, call 561-5143 or 561-5910.

## YA needs Youth Commissioner

Youth Activities (YA) is looking for a volunteer to help with the upcoming baseball season. We need a sports commissioner to help recruit volunteers, assist with training, support fund raisers, supervise coaches and help work out problems that may arise.

The volunteer must have experience in coaching and the basic knowledge of baseball. YA has an incentive program for this job. If you are interested, call Mary Metheany, Youth Sports director, at 561-5143 or 561-5910.

## SFSU exhibit

The exhibit, "Luxury and Leisure in Ancient Egypt," which includes selected pieces from the Suto Egyptian collection of San Francisco State University (SFSU), will be on display today through May 15 at Becker-Colonna Egyptian gallery, Science

Building, room 115, at San Francisco State University. The exhibit will be open Mondays through Saturdays from 11 a.m. to 4 p.m., and admission is free.

## Learn to scuba dive

Sign up now for the next scuba class beginning May 16.

Scuba class meets on Saturdays and Sundays May 16 and 17, and May 30 and 31 at the scuba hut, bldg. 667, from 8 a.m. to approximately 4 p.m.

Open water dive for certification is June 6 and 7. The cost for the class is \$85 and \$10 for equipment rental for the entire class. Prepayment of \$95 must be made at Outdoor Recreation, bldg. 92.

For more information, call 561-4324 or come by Outdoor Recreation.

## FORSCOM festival

Are you a singer, dancer, musician or comedian with a desire to perform? Come to the auditions for the 1987 FORSCOM Festival of Performing Arts. Auditions are on Tuesday at the Golden Gate Community Club Green Room from 6 to 9 p.m.

All active duty soldiers, family members and Department of Army civilians are encouraged to participate; although only active duty soldiers will be judged in the competition. The performance is scheduled for June 11 at 7:30 p.m.

If you have talent in set, lights, sound, costume design or construction, please attend. Your talents and energy are needed and welcome. For more information call Char Morris at 561-4630.

## Youth baseball

Youngsters between the ages of 11 and 14 can play baseball on the Presidio. Youth Activities is still recruiting players. The fee is \$15.

For more information, call Youth Activities at 561-1543.

## Catholic youth summer camp

The San Francisco Catholic Youth Organization (CYO) offers a session of summer camp between June 24 and August 18. The program includes activities such as swimming, nature discovery, arts and crafts, horseback riding and other outings.

Camp fees are \$275 for 10 days and \$385 for 14 days. CYO offers financial aid to families. The camp is located in Sonoma County and CYO provides transportation to and from the camp.

For more information, call 665-4400.

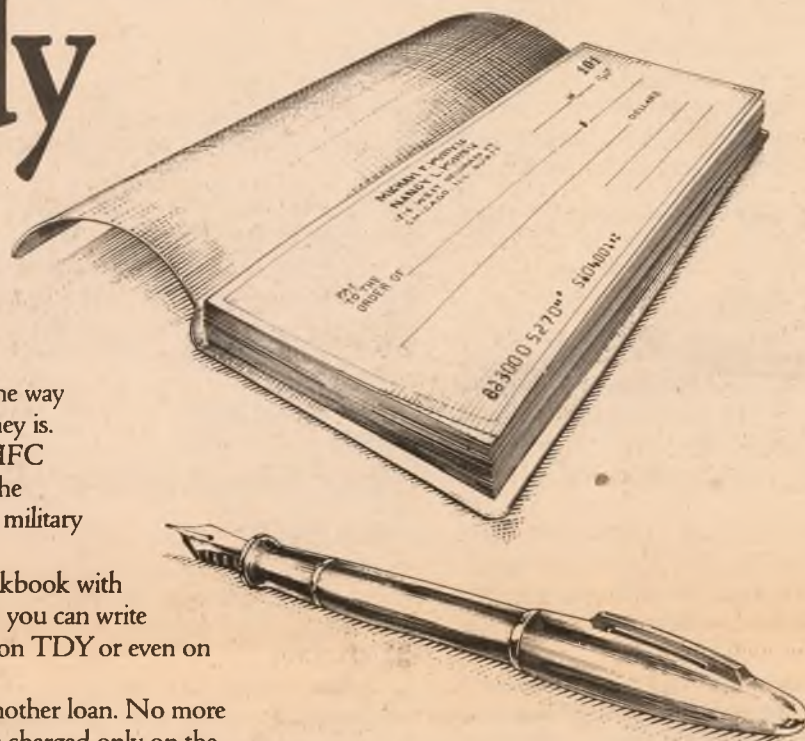
## Win a scholarship

The Presidio Enlisted Spouses Club is offering a \$500 scholarship to a graduating high school senior child of enlisted soldiers assigned or attached to the Presidio or its subinstallations.

To get an application, call Peggy Fuhrmann at 386-5619, or Joyce Robb at 386-9047. Deadline for applications is May 15.



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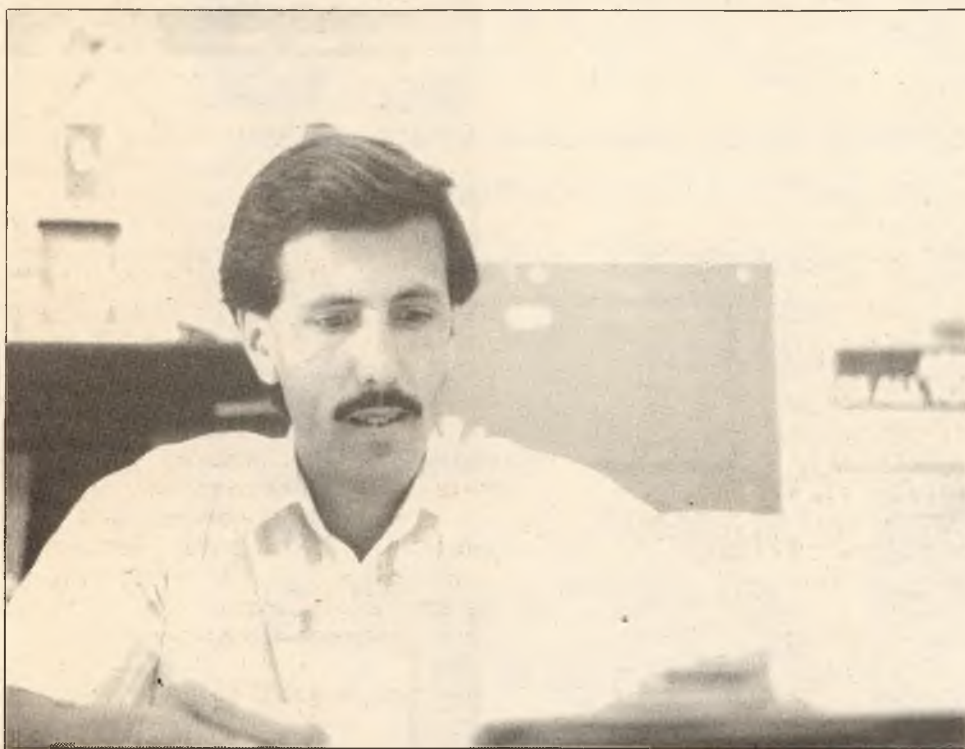
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# Sports

## DA selects Presidian to coach All-Army Track Team



Even though Bob Darling's specialty is distance running, even a sports specialist and All-Army Track Team assistant coach can't avoid administrative work.

story and photo by Liz Greeley

The All-Army Track Team arrived on post April 18 for the team trials. After the team trials, when the final team selections will have been made, the team will compete in the Armed Forces Championship at Cal State Hayward in June. After the Armed Forces Championship, the best athletes of all the services will compete in the CISM (*Conseil Internationale Sports Militaire*) Championship in Warendorf, Germany.

And a Presidian, sports specialist Robert Darling, will be the All-Army Team's assistant coach, specializing in distance running—an honor for which he is well qualified.

Besides having a bachelor's degree in physical education, Darling has been certified as a physical fitness specialist by the Institute for Aerobics Research in Dallas, Texas. In addition to his experience as an athlete and a sports specialist, he has

attended the U.S. Olympic Committee Track and Field Coaches' Camp in Colorado Springs, Colo.

"A combination of education and experience has brought me to where I'm at right now," he said.

Some of that experience includes competing in local road races such as the Bay to Breakers and Bridge to Bridge runs. According to Darling, he races at the national level in his age group. A modest man, he only mentions in passing that he once competed in the Olympic trials as a runner.

Nor does he boast of his selection as assistant coach, though he is proud of the fact he was head coach of the All-Army Team in 1981 and 1982. He said he also considers one of his greatest achievements being selected as an assistant coach for the World Military Cross Country Championship held in Rio de Janeiro, Brazil, in January of this year.

What else does he consider as a great achievement?

"To see some of our athletes qualify for the Olympic Trials," he said.

Darling genuinely seems to care about the athletes he trains and about how well they do—in fact he said seeing them succeed is his main satisfaction.

Asked what he enjoyed about coaching, he said, "One, it's being a physical educator and knowing that I'm educating people in principles and facts that I've learned from my past coaches and experiences. It's like a father to a son or a mother to a

daughter—passing down good, fundamental information and, yet, keeping up on the latest trends in science and techniques and passing on that knowledge to them. And, I'd say, seeing people in a short period of time gain confidence. If they're confident in one activity, sometimes it carries over into something else."

He also enjoys "watching them grow mentally, physically and emotionally...making them a better athlete and a better person," he said.

"When somebody achieves something outstanding and you see the joy on their face—they don't necessarily have to win—but either setting a personal best time or placing very high in a particular championship meet...that's the best pleasure I receive. When you see somebody happy, everybody feels good."

What seems to impress him most as a coach is the athlete who puts forth his or her best effort—like Capt. Carey Hill, a woman who runs the 1,500- to 5,000-meter distances.

Hill, unlike the average runner, has gotten *faster* with age. Darling chalks it up to her perseverance.

"She knew she'd make a breakthrough somewhere along the line to get faster and she has done that, so I'm really impressed with her. She stuck with it; she persevered," he said.

And so has Darling in his 21-year career as both an athlete and a coach...his perseverance has paid off, too.

## Sports Notes

### Tennis court closure

Tennis Court No. 5, on Arguello Boulevard next to the Red Cross building, is closed for surface repairs until further notice.

For more information, call the Sports Branch Office, bldg. 63, at 561-4131.

### Slow pitch softball

The intramural slow pitch softball season is scheduled to start on or about May 4. Spring fever is in the air as teams prepare for league action.

All play will be governed by 1987 ASA slow pitch softball rules as modified by the Sports Branch.

Units entering the league must have a representative at the rules interpretation meeting on Wednesday at 1 p.m. at Gym No. 1, bldg. 63.

Call Bobbie Gascon at 561-4120 or 561-5032 for more information.

### Softball field reservations

The Fort Scott softball fields are now available for intramural softball practice for teams who have made reservations. Reservations are for one hour only and they must be used before another reservation will be issued.

Call the Sports Branch at 561-4131 for more information.

### Intramural golf standings

In the third week of intramural golf, the standings are as follows:  
LAMC Team No. 2—18 points  
Readiness Group, PSF—17 points  
Law Enforcement Company—8½ points  
LAMC Team No. 1—12 points  
U.S. Army Garrison—8 points

### Volleyball league standings

Since April 16, the volleyball league standings are as follows:

Team	Won	Lost
CRD	7	1
Co. B, LAMC	7	1
16th AG (Postal)	6	3
USAG	5	4
LEC	4	2
Sixth Army	4	4
DLI-SF No. 1	2	2
MI Bn	2	3
LAIR	2	1
W-Sector	1	3
DLI-SF No. 2	0	3
Sixth Army Band	0	6

### Fitness and your heart

by Evelyn D. Harris

American Forces Information Service

While experts agree that moderate exercise is good for your heart, strenuous exercise, such as running in marathons, may be dangerous for persons with certain risk factors for heart attacks. You can look fit enough for a recruiting poster and still be at high risk for heart disease.

If someone in your immediate family died from a heart ailment before age 50, you have four or five times greater risk for heart disease than someone with no risk factors. Dr. (Col.) Jules Bedynek, chief of the Army Surgeon General's Task Force on Fitness, offers a reason. You can inherit the inability to handle cholesterol properly, causing it to build up in your bloodstream—even if you are slim.

The following list of risk factors for heart disease was compiled from a list prepared by the British Columbia Ministry of Health and reprinted in the Navy health magazine, *Navy Lifeline*, and from the Army's over-40 major coronary risk-factor list. If you answer yes to any of the following questions, you should see your doctor before starting an exercise program.

☐ Do you have a high cholesterol level or suspect that you might?

☐ Have you had a heart attack, or has your doctor said you have a heart murmur or heart trouble?

☐ Has your father, mother, sister or brother had a heart attack before the age of 50?

☐ Do you smoke? This is the most controllable risk factor for heart disease.

☐ Do you frequently have pains or pressure in the left or midchest area, neck, left shoulder or arm—during or right after you exercise?

☐ Do you often feel faint or have dizzy spells?

☐ Do you have high blood pressure?

☐ Are you over 40 and unaccustomed to vigorous exercise?

☐ Do you have diabetes or another medical condition that may require special attention in an exercise program?

If you did answer yes to any of these questions, your doctor may order further tests—probably including a treadmill test—to determine your level of risk for heart disease. He can then give you advice on a personal exercise program, plus lifestyle changes to lower your risk of heart disease.



# DEVON'S SPRING CLEAR-OUT

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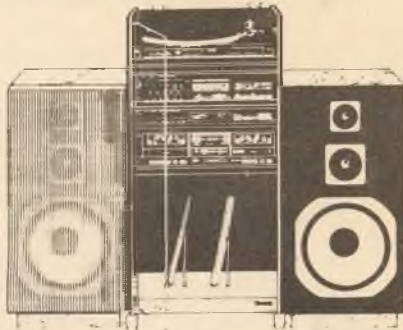
## Sanyo 120 watt stereo rack system

Sanyo example features: 5 band graphic equalizer, dual transport stereo cassette deck, AM/FM stereo synthesizer tuner, semi-automatic turntable and 3 way speakers



## Sharp 100 watt rack system

Sharp example features: 14 station preset FM/AM digital synthesized tuner, dual cassette mechanism, high speed dubbing, 5 band graphic equalizer.



## Zenith 25" remote console

Zenith TV example features: 178 channel capability, electronic tuning, Chromacolor contrast picture tube and auto control color system.



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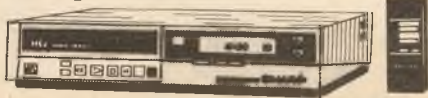
## Pioneer car stereo

Pioneer example features: Front mount cassette with Supertuner III, 18FM/6AM station pre-sets, automatic seek/local seek tuning, 20 watts per channel, auto-replay deck and separate base and treble controls.



## Sharp HQ VCR

Sharp example features: HQ system plus dual comb filter, 14 day/2 event programmable, 110 channel cable compatible, 2 speed video search and large operating function display



## Sharp 13" color TV

Sharp TV example features: Auto color system, auto fine tuning with rapid on picture and sound.



## Pioneer car speakers

Pioneer example features: 6"x9" maxial 4-way speakers, 150 watts max. music power, mounts either from top or from below the deck and square punched metal grille.



## Toshiba 4 head VCR

Toshiba example features: HQ pro image enhancer, 117 channel cable compatible, 7 day/4 event programmable, auto power on/off, 17 function wireless remote control and CCD digital filter.



## Toshiba 20" MTS monitor television

Toshiba TV example features: MTS with dbx noise reduction system, 141 channel cable ready, 29 key random access remote control and comb filter.



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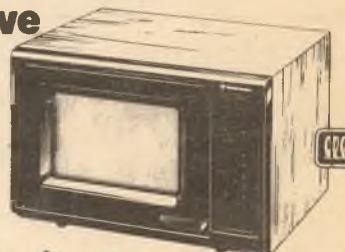
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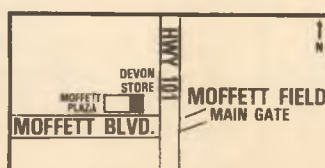


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# Fire guts 2 PSF quarters

by Liz Greeley

A two-alarm fire gutted two four-bedroom quarters at 1595 Pershing the night of April 28. The fire left two families uninjured but homeless.

The fire was called in at 7:48 p.m. The Presidio Fire Department responded quickly and had the blaze completely extinguished by 8:15 p.m.

Of the two homeless families, one is an Army family with five children and the other is a Navy family with three children.

The night of the fire, the Army family stayed with relatives in Fremont, Calif., and the Navy family stayed with friends on post, according to Rosemary Jurney, station chairman of the American Red Cross on the Presidio.

According to firefighter and one-time fire inspector Greg Stewart, damage to the quarters is estimated at more than \$100,000. Though an in-

vestigation into the cause of the fire is under way, it appeared to start in the upstairs kitchen.

"We won't know the facts—probably not until tomorrow [April 30]. We can tell that apparently this fire started in the kitchen and went into the dining room," Stewart said.

"We can tell this was a very hot fire because it disintegrated an aluminum window frame as well as destroying all their furniture in the dining room and the kitchen," Stewart said. "There was heavy smoke damage in the rest of the quarters."

"The folks below [the Navy family] suffered only water damage."

The husband of the Navy family is at sea aboard the U.S.S. Enterprise. However, the American Red Cross was able to get a message to him the night of the fire, according to Jurney.

Not only did the Presidio Fire Department save

all the people involved, they also rescued the Navy family's pet birds (including at least one parrot, Jurney said) and a hamster.

"Whereas the cause of this fire is still unknown, we'd like to remind Presidio residents that overloading outlets, leaving smoking materials unattended, leaving combustibles too close to heating units, not replacing worn or tired electrical appliances, leaving cooking food unattended, leaving children alone at home and poor housekeeping all can lead to fires," Stewart said.

If occupants have any problems with electrical wiring, or if they smell gas, and they believe there is **imminent danger**, they should immediately call the Fire Department at 561-5656 who will respond, and they should call the Emergency Work Order Desk at 561-2104.

## Star Presidian

Vol. 30, No. 17

"Published in the interest of the people of the Presidio of San Francisco."

May 1, 1987

### How can parents protect their children?

by Liz Greeley

**A**sk almost any parent what they consider their greatest treasure and they will answer "my children." Yet how can a parent guard this precious treasure...especially from sexual abuse? Since Child Abuse Prevention Month just ended, this is an issue we should examine.

Most of us don't like to think about this problem, but whether we think about it or not, it goes on—it happens. And, though it may be uncomfortable, it's important for parents to talk to their children about the possibility of sexual abuse and how to prevent it. It's all part of parents protecting their little (and greatest) treasure—their children.

Child Development Services (CDS) is concerned with protecting Presidio children, too. That's why CDS has been training children, parents and CDS staff in child abuse education since 1982. Soon they will offer the classes to children in Family Child Care homes, children in the hourly care program and even to children who are not enrolled in CDS programs.

Aside from the classes, another measure CDS takes to protect Presidio children is to run a background check on all Child Development Center employees. Each Child Development Center employee has: a National Agency check; a CID (Criminal Investigation Division) check; and an Army Central Registry check.

Unfortunately, of course, background checks can only reveal what a prospective employee may have done in the past—it cannot predict what the employee may do in the future.

In the meantime, Family Advocacy Program Manager Starine Cheek has some suggestions to offer parents which may help them protect their children against sexual abuse.

"The best protection children have are their parents, and good, open and honest communication between them and their children," Cheek said. "They really need to take time to be involved in their children's world, both physically and emotionally."

She urged parents to "find out who the people are who take care of your children."

By that she means parents should get to know everyone who looks after their children: babysitters, teachers, coaches, etc. She suggests parents spend some extra time getting to know these people by asking questions about who they are, where they're from and what they do, for example. Though she admits this isn't foolproof in preventing sexual abuse, she said parents are one step closer.

"And believe your child," she said. "When the child tells you something, and if there is any question in your mind that something may have happened, get the child professional help—have a professional talk to them."

In spite of increased awareness and training, child sexual abuse still happens. Why?

One reason, Cheek said, is many children have not taken the child abuse education course. And children still aren't immune from abuse, though the classes help greatly. Children still can be susceptible to abuse, in part because the child abuse prevention classes are taught by people they trust...but child molesters are experts at gaining a child's trust, too.

"The reason these people are successful is that in over 80 percent of the cases, the abuser was a person the child trusted (such as a parent, a family friend, a coach or a teacher). If a person the child has learned to look up to, admire and trust tells them it's okay, then the child believes it's okay—or the child is threatened in some way. For example: 'if you tell your parents, they won't love you anymore.' 'If you tell, something bad will happen to you,'" she explained.

Naturally, this is confusing to children; it causes extreme pain and anguish, Cheek said.

Still, child abuse prevention classes are worth the time; these children are more likely to tell their parents if someone has molested them.

Another possible prevention tool could be the



Army's contract with the University of Minnesota to develop a child abuse risk assessment tool for Child Development Centers and Family Child Care homes.

A couple of weeks ago the Presidio was the first site to field test this tool. As part of the field test, CDS has asked for all CDS classrooms to be assessed by a staff-parent team. CDS now is recruiting at least one parent from each classroom who can attend a one-hour training session, observe and assess a classroom for two to three hours, and attend a one-hour follow-up session.

Parents interested in taking part in this program should contact John Gunnarson or Diana Curl at ACS as soon as possible.

Meanwhile, parents are doing their best to protect their children from abuse, and ACS is not only using tried-and-true prevention methods, but investing in new ways to protect every parent's—and the Presidio's—greatest treasure.

Yet, in spite of everything, children cannot be protected absolutely. If that were possible, no child would ever be injured in a car accident, no child ever hurt on the playground, and no child would ever be struck by stressed-out parents. We all wish it could be so, but realize it cannot be.

So parents still should be on the look-out for sudden unexplained behavior changes which may indicate sexual abuse, such as:

- Unusual interest in or avoidance of all things of a sexual nature;
- Sleep problems or nightmares;

please see page 2





# Opinions

## Just how safe can you feel on post?

by Liz Greeley

I've always believed in my heart of hearts that I'm safer on post than anywhere else. Maybe I've been living in a fool's paradise, but I think I have a lot of company.

If I work late at night, I feel safer walking down the deserted streets of the Presidio than I do at the same hour in my neighborhood (at the foot of Nob Hill—just so you don't think I live on the wrong side of the tracks). I feel perfectly secure working late in my office, even if I'm the only person in the building...like right now.

I've never feared rape, murder or mugging on late walks to the gate on my way home, nor have I ever had reason to be afraid.

Until recently, I've believed the Presidio practically immune from major crime. Things like murder, rape, and molestation happen in other places, but not on the *Presidio*.

But even the Presidio isn't immune from the ills of the rest of society. Society isn't something "out there" or an entity which begins where the Presidio's boundaries end; the Presidio is *part* of society, whether for good or ill.

That is something we've all come to realize, whether consciously or subconsciously, in the past year. We've had a murder and other major crime.

For example, though April was Child Abuse Prevention Month, many people still believe child molestation is a rare crime. It has been rare on the Presidio, but not elsewhere, and I believe it's time for a little perspective.

For example, one of my friends was physically abused by her mother. Once, she even had to climb

out of a second-floor window and jump off the porch—her mother had a knife.

Another friend was fondled by a man in the building where she lived as a young child. When she told her parents, they put a stop to it immediately.

A third friend wasn't so lucky. Her father molested his children. He molested his two daughters (and his son when he couldn't get at his daughters) from infancy onward. That is, until my friend told a school counselor when she was 12 years old. Her father was sent to prison.

And in an interview with Army Community Services Family Advocacy Manager Starine Cheek, I discovered one out of three women in every group of adults was sexually molested before age 18. In addition, one out of every seven men was molested as a boy.

No, we're not *immune* from the evils of society out here in our oasis, the Presidio.

But the crime rate, per capita, is less than it is in the city of San Francisco. While I can't point to any research, I *can* say I remember only two murders on the Presidio during the 13 years I have worked here. With a resident population of about 7,000 people, that isn't many over the course of 13 years.

Folks, all I'm really saying is that it happens...even here. Though I would like to point out you have more protection here than you might off-post.

For example, if you worked in San Francisco, could you be sure your day care center at least per-

formed background checks on its personnel? Even if they did, certainly not National Agency, CID and Army Central Registry checks. Would your child be taught child abuse prevention (physical, emotional and sexual) at this day care center? Probably not.

And if abuse did occur, what then? You could count on a big scandal in the newspapers, but, of course, you would have to take your chances with the courts (some things aren't so different). But do you think any mayor of a large metropolitan city like San Francisco would be as concerned about your individual children as Col. Rafferty is? I'm willing to lay odds there, and everyone in my office knows I *do not* and *never have* gambled. And as far as the Post Commander goes, I still don't.

So while abuse is more common than any of us would like to think, it's an ugly fact of life. But at least *here*, when something like this happens (such as in the Beltran case a couple of years ago), people *care*. Maybe it doesn't make the experience any less heartbreaking, but you know every Presidian is concerned, and help is available.

Starting with the Post Commander, LAMC Social Work Services, ACS' Family Advocacy Program people, the Post Chaplain and the people who man the Presidio Crisis Line not only care, but want to help. All you have to do is let them.

By the way, though it's almost 8 p.m. as I write this, I still plan to walk to the bus stop outside the gate. While we aren't immune to evil while on post, it certainly happens less frequently here than elsewhere.

## Ramblin' Sam

"What is your favorite free entertainment in San Francisco?"



SP4 Robert Burwell, Graphics Illustrator, Training Support Center, DPTMSEC: "Exercising, keeping in shape and being healthy. I exercise to let off stress from work."



Angela Campbell, Travel Clerk, Transportation Division, DOL: "Steinhart Aquarium, Golden Gate Park. They have beautiful natural exhibits, and the 'fish-go-round.'"



Nita Soriana, staffing assistant, Nonappropriated Fund Personnel Section, CPO: "The Halloween party on Polk Street. We go there sometimes. I also like to see the street performers downtown by the Powell Street cable car stop."



Maria Mata, intern, CPO: "The free symphony performances at Golden Gate Park. I'm looking forward to the street fairs—I haven't been here for a summer yet. I'm also looking forward to hearing Tony Bennett for the Golden Gate Bridge birthday. Sounds like fun...fun...fun."

## Parents continued from page 1

- Depression or withdrawal from friends or family;
- Seductiveness;
- Statements that their bodies are dirty or damaged, or fear that there is something wrong with them in the genital area;
- Refusal to go to school or delinquency;
- Secretiveness;
- Aspects of sexual molestation in drawings, games or fantasies;
- Unusual aggressiveness;

- Other radical behavior changes;
- Difficulty in walking or sitting;
- Torn, stained or bloody underclothing;
- Complaints of pain or itching in the genital area;
- Bruises or bleeding in external genitalia, vaginal or anal area;
- Displaying sophisticated or unusual sexual knowledge or behavior; and
- Statements by the child that he or she has been sexually assaulted by a caretaker.

Available Presidio services include: LAMC Social Work Services at 561-2174; the Family Advocacy Program at ACS at 561-5057; the Post Chaplain at 561-4719; and a civilian organization, the Child Protective Service of San Francisco at 665-0757. Also, don't forget the 24-hour Presidio Crisis Line at 929-8255. All calls may be made anonymously.

Every concerned parent should remember these agencies exist to help them—all they have to do is ask.

with the Presidio of San Francisco, California.

The Star Presidian editorial offices may be reached by calling 561-3908.

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# Etc.



DEPARTMENT OF THE ARMY  
HEADQUARTERS PRESIDIO OF SAN FRANCISCO  
OFFICE OF THE COMMANDING OFFICER  
PRESIDIO OF SAN FRANCISCO, CALIFORNIA 94129-5000

All family housing occupants  
Presidio of San Francisco, California 94129

Dear Occupant:

In the past month the Presidio of San Francisco has had two serious fires involving family quarters. There was extensive structural damage and personal property loss as a result of these two incidents. Additionally, these two families will endure hardships and inconveniences in dealing with the emotional and physical stress that are common when fire strikes. Fortunately there were no serious injuries or deaths resulting from either of these fires.

Both fires were determined as accidental in nature. Both fires could have and should have been prevented.

I urge everyone to pay special attention to fire safety at home, at work, or at play. A few common sense practices will do much to succeed in this goal. When purchasing new electrical appliances or equipment abide by the manufacturer's recommendations for installing and using the products. Be sure to turn off these conveniences when not in use. Be careful with smoking materials. Use large ashtrays with the cigarette holder in the middle of the ashtray. Check couches and chairs for smoking materials before leaving or retiring for the evening. Do not store or place anything next to heating appliances. Do not use the heater or mechanical room for storage. Check your smoke detector at least once a month.

These suggestions are just the "Tip of the Iceberg." There are numerous other preventive measures that you can abide by to prevent fires. Why not call the fire department at 561-4220 for a courtesy home fire safety inspection. Fire safety involves you, your family, your neighbors, and our emergency service personnel. As a team, we can ensure the safety of everyone. Your support is important.

Sincerely,  
Joseph V. Rafferty  
Colonel, U.S. Army  
Commanding

## TAKE A BITE OUT OF CRIME

### Drugs and crime

by John Flynn

Considerable evidence shows that drug and alcohol abuse contribute to the frequency and intensity of many types of crime, from property offenses to crimes of violence. Surveys indicate that almost two-thirds of all prisoners in state and federal prison facilities were under the influence of one or more illegal drugs when they committed the crimes for which they were incarcerated, or had drunk heavily just before the offense.

A substantial number of offenders were found to have been involved in drug crimes throughout Forces Command during Calendar Year 1986.

The number of soldiers and Department of the Army civilians charged by the military police on FORSCOM installations for drug offenses was 3,010. Drug offenses include the use, possession and distribution of narcotics, dangerous drugs and marijuana. It does not include alcohol-related offenses although alcohol is also recognized as a drug.

Soldiers who traffic in illicit drugs are, for the most part, small-time dealers. Soldiers traditionally lack the capital to establish themselves as major drug dealers, and probably would not be allowed to do so by the local drug dealers. Most military dealers supply drugs to other soldiers in their

units, and it is unusual to encounter a soldier/dealer who supplies anyone who is not in some way connected to his unit.

Although soldier drug trafficking is down, the number of civilian traffickers is increasing. The demand for cocaine, metamphetamine and LSD by soldiers has increased because of the high return as opposed to that of the sale of marijuana. The drug that has gotten the most publicity recently and is steadily rising in popularity is cocaine.

The number of personnel confined at the United States Army Correctional Activity, Installation Detention Facilities, and the U.S. Army Disciplinary Barracks for drug convictions has increased in the past three years. In calendar year 1986 twenty-one FORSCOM soldiers were sent to Fort Leavenworth with sentences ranging from nine months to nine years confinement at hard labor for cocaine-related offenses.

"Crack," a new form of free-based cocaine has emulated its explosive name as the 'rising star' in the world of drug abuse. Its acceptance by the abuser population far surpasses that of other substances such as PCP or LSD during the last twenty years.

According to the Drug Enforcement Agency (DEA) in New York City, the majority of street sellers and buyers of 'crack' appear to be between 20 and 35 years old; however, increased teen-age abuse is also noted. DEA states that some drug users are switching from heroin and regular cocaine to 'crack.' Some reasons for this are that crack supposedly gives a better high, no pain or needle marks, no fear of AIDS, and since crack is purer, the user does not worry about getting sick from a "bad cut." Some users reportedly become

## News Briefs

### Law Day

For more than 200 years the United States has been the world's citadel of individual liberty and a beacon of hope and opportunity. In 1961 the first of May was set aside by Congress as a "special day of celebration by the American people in appreciation of their liberties and the reaffirmation of their loyalty to the United States of America," and as an occasion for "rededication to the ideals of equality and justice under laws."

As we celebrate the Bicentennial of the United States Constitution, Law Day should be a time for every American citizen to reflect upon the principles and practice of American law and justice, our legal heritage, the role of law in our society, and the rights we enjoy under our Constitution.

That Law Day occupies only a single calendar day is merely symbolic. This day serves as a reminder that while the principles embodied in the law are constant, their vitality cannot be taken for granted, but must be nurtured and sustained by every citizen, every day of the year.

### Civilian Pay Office changes

The Civilian Pay Section has rearranged its office to make service more convenient.

Anyone visiting the Civilian Pay Section should now go to the third floor of bldg. 102 via the main stairwell in the front of the building instead of using the back stairway. Customers are reminded that appointments are required if they want to talk with their payroll clerk. Direct questions to the Civilian Pay Section at 561-4551 or 561-5135.

### Family member dental insurance

Dependent Dental Insurance (DDI) for military family members will become effective at the end of July. rates are \$3.93 for a single family member and \$7.86 for more than one family member. Enrollment is automatic unless refused.

DDI includes routine oral exams, teeth cleaning, fluoride treatment, routine dental X-rays, lab exams, and minor emergency treatment for pain, basic restorative services of fillings and stainless steel crowns for permanent teeth and 80 percent of dental appliance repairs.

DDI does not include braces, tooth extractions, root canals, porcelain or gold crowns, or dental services for cosmetic reasons.

Information letters and insurance brochures have been mailed to individual soldiers. For more information call Finance Services at 561-3262 or 561-2776.

paranoid just after using 'crack,' hear strange things or see things move that are not in motion. Others become violent or paranoid.

### Crime report

- One civilian was apprehended for Driving Under the Influence.
- A soldier from Fort Stewart was apprehended for desertion.
- There were two reports of larceny of unsecured property.
- A soldier who is stationed in Germany was apprehended for desertion.



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# Civil Service

## FERS—how it differs from CSRS

by Debbie Robinson

Like a familiar fast-food chain selling cheeseburgers "Your way," the federal government has a new retirement plan that gives employees a choice in planning for their future.

The act that was needed to create the Federal Employees Retirement System (FERS) was signed into law June 6, 1986, by President Reagan after Public Law 98-21 was passed. That's the law which provided that Federal employees hired after Dec. 31, 1983 would be covered by Social Security.

With the introduction of Social Security to federal employees, it was clear that changes would have to be made in the retirement plan. That's why FERS was developed. The new plan went into effect Jan. 1, 1987. All employees hired after Dec. 31, 1983 are automatically covered by FERS. Federal employees not covered by FERS have the option to transfer into FERS beginning in July 1987.

FERS is a three-tiered retirement plan. As compared to the Civil Service Retirement System (CSRS), which provides only a Basic Benefit or pension plan, FERS goes much further. The three components of the plan include:

- Social Security Benefits
- Basic Benefit Plan
- Savings Plan

You pay full Social Security taxes and a small contribution to the Basic Benefit Plan. Also, you can make tax-deferred contributions to a savings plan and a portion will be matched by the government.

The first part of FERS is Social Security. Social Security provides benefit payments to workers and their family members who qualify as beneficiaries under the Old-Age, Survivors and Disability Insurance (OASDI) programs of the Social Security Act.

OASDI replaces a portion of earnings lost as a result of retirement, disability or death. Also it provides the Medicare Hospital Insurance program, which pays a portion of hospital expenses in-

curred while you are receiving Social Security disability benefits or retirement benefits at age 65 or older.

This program provides a variety of monthly benefits to you and your family members if you are retired, disabled or in case of your death.

Most of the cost of Social Security is paid for through payroll taxes, which is a percentage of your salary.

The second part of FERS is the Basic Benefit Plan.

To receive benefits from the Basic Benefit Plan, even if you leave Federal service before retiring, you must have at least five years of creditable civilian service.

Your contribution to the Basic Benefit Plan is 1.3 percent of your basic pay. This is in addition to 7.15 percent you pay for Social Security and Medicare.

Your benefit is calculated according to this formula:

One percent of your high-three average pay (three highest years) years of creditable service.

The third part of FERS is the savings plan. The plan is comparable to similar plans offered by many large private employers.

The government establishes a savings plan account for you and you make contributions through payroll deductions. You decide how your money will be invested, and the government will match part of your savings.

Your government agency automatically contributes one percent of pay to your savings account each pay period, even if you contribute nothing. You may contribute up to 10 percent of your pay through payroll deductions, the government will only match the first five percent.

You can invest your savings plan account money in one or all of three investment funds. The funds differ in the rate of return and amount of risk involved.

During the first 10 years of the Savings Plan,



you will have the option of investing in private sector investment options.

For the employees who participate in CSRS now, there will be an "open season," from July through December 1987, during which you can change over to FERS. But if you decide to change, your decision is irrevocable.

This is just a brief explanation of FERS. But these basic facts may help you in making the decision to switch to FERS, or to stay with CSRS. It's very important that you understand the new system to get the maximum benefit from your retirement program.

The Presidio Civilian Personnel Office will continue to inform employees as more guidance is received from the Office of Personnel Management.

## How Professional Management System can save time

by Debbie Robinson

As most soldiers and Department of Army (DA) civilians know, the Army and its regulations rarely stay the same for very long. Making changes and revisions in regulations is the name of the game when it comes to keeping on top of things. Sometimes, these revisions make the work easier from the administrative side because they reduce the amount of "red tape" involved.

The people in Civilian Personnel know what it's like to deal with loads of paperwork, so the changes to the Personnel Management System (PMS) should be a welcome one.

The Department of the Army has revised the Performance Appraisal System for civilian employees. The old General Performance Appraisal System (GPAS) has been incorporated into the Performance Management System (PMS).

All GS, WG and career program employees, and employees on temporary appointments of more than 120 days, are covered by the new regulation.

One of the major changes in PMS affects the forms used for preparing performance plans and for doing an-

nual ratings for employees. Previously the forms were set up to run anywhere from two to however many pages the evaluator thought the plan should be, to do the job. The new plan is restricted to two pages. A written Civilian Performance Plan must be issued to each employee within 30 days after assignment.

Another aspect of the new forms is the change in the number of major elements in the performance standards. There must be at least one critical element and one non-critical element in the performance plan. The plan must have a minimum of two major job elements and generally a maximum of six.

The major elements of the performance plan are designed as a communications tool between the employer and the employee. They should tell the new employee what is expected of him or her on the job, and these plans must be reviewed at the midpoint of the rating period, according to Mark R. Leu, chief of Management-Employee Relations, Presidio CPO.

Locally, CPO also has changed the way employee appraisal periods are assigned. Starting Jan. 1, 1987,

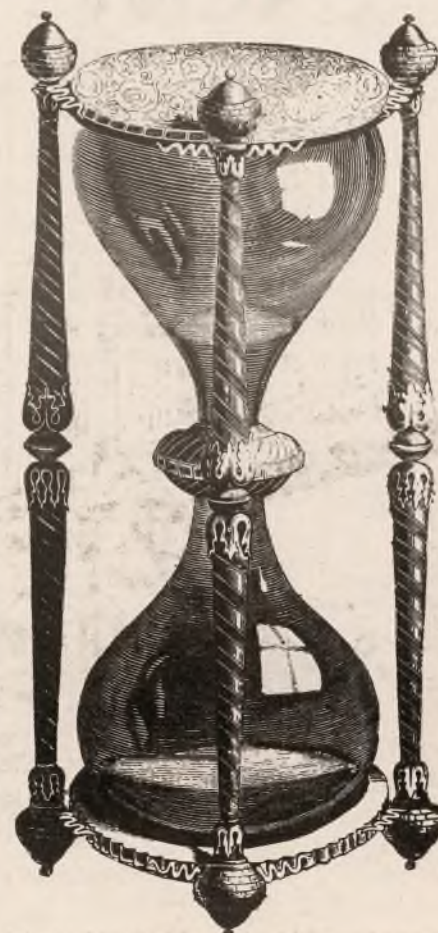
employees' appraisal periods are based on the employee's birth month. Before, employees' appraisal periods were determined by the month they entered the federal government, when they were promoted, or when they were reassigned to a position with different duties and responsibilities.

By using the employee's birth month as the set appraisal period, the system should run much more smoothly, according to Leu.

Also, by staggering all employees' rating periods throughout the year, there should be fewer problems with delinquent performance ratings, Leu said.

The few changes mentioned here are the basics of how PMS has changed. There are other more detailed changes in the system which Leu or Rufus M. Henderson, employee relations specialist, are available to discuss.

So, there's no need to dread changes or revisions in the Personnel Management System, or in the civil service, in general. Even though we may get tired of reviewing regulations for changes, usually the revisions are designed to make the system work for us, not against us.







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# Special Features

## Scared, lonely patients? Hospital visitors help

story and photo by Liz Greeley

**Y**ou're in the hospital for an operation—everyone tells you it's no big deal—but frankly, well, you're scared.

Okay, so it's only an appendectomy. But why did your only visitor have to tell you how Harry Houdini died of peritonitis?

Then you get a visit from a woman you've never met before, and discover she hasn't wandered into the wrong room...she's a hospital visitor from LAMC's Department of Ministry; maybe someone like Dorris Johnson.

Dorris Johnson has been a hospital visitor at Letterman Army Medical Center (LAMC) for about two years. Though she's with the Department of Ministry, "We're all just lay people, we're not ministers in any way," she said.

**Lay person or not**, Johnson can give communion to Catholic patients.

"I, being a Catholic, feel very privileged that I can give communion."

"You know, we are so short of chaplains, and we have no Catholic chaplain, so it helps in that respect, too," she said.

Johnson explained Sister Joan of Arc and Father Edward R. Flynn (a retired Catholic chaplain who comes in twice a week) do their best to serve the needs of the hospital, but having lay people available is a help.

**But the hospital** visitors are visitors first.

"Every particular case is different. Some people want to talk and pour out their problems—what's bothering them. Other people want to keep it all in—don't wish to share, so that's fine. We respect whatever they



"If you have experienced something similar to theirs [the patient's experience], then you can relate it. As I say, every case is different, you have to sort of feel you way in," says Dorris Johnson, LAMC Hospital Visitor.

wish to do. So we have to sort of be flexible and let the patient lead us into what they really want," Johnson said.

And sometimes what a patient really wants is prayer.

"If they indicate they want to pray, we'll pray with them," she said simply.

**Johnson spends** one day a week as a hospital visitor and finds it quite rewarding.

Though she said she finds offering communion the most rewarding experience, she has had some memorable experiences with Letterman patients.

"One lady, who was just a dear, was here all the way from Alaska; an Eskimo lady. She didn't have really anyone. So she was completely alone, and she was here for eye surgery and

treatment. It just so happened that when my husband was living, we were on active duty in Alaska, so I could communicate with her very nicely.

"She was very reluctant to eat a lot of our foods, so that was a big problem as she was here for a long time.

**"I's things like** this that become very rewarding to you as a visitor," she said.

Ahh, but what about the negative side? She does have one negative (sort of) experience to relate.

"This particular person, who was Catholic, wanted to receive communion. He said, 'Oh my Heavens, you're giving communion! What's the church coming to!' Women, he meant, giving communion...we joked

about that afterwards, he and I," she said.

Besides conversation, comfort and communion, Johnson has a special offering for the patients she visits.

**"Having been a** cancer patient 34 years ago and not expected to live, on occasion I've had a nurse ask if I would go in and talk to a patient who was expecting the same type of cancer surgery.

"That makes you feel good that you're able to give a little bit of confidence to someone," she said matter-of-factly.

According to Johnson, the most important thing is to let the patient know what to expect.

"There are many people who are so frightened of surgery. If you can ease their minds at all, in the least little bit, it helps. I think.

**"I think the** thing to do is to tell them what to expect, how long this might last. Then they can hurdle these things," she said.

She also had a point she thought was especially important.

"I think it's important in a military hospital where people are away from family, home and out-of-state, and so forth. So it's nice to have someone to talk to—chat," she said.

**There are about** 20 hospital visitors of all denominations at Letterman. Some of them come by after work, and some stop by during their lunch hour once or twice a week.

But they all manage to devote a little bit of their time to making someone else feel a little more comfortable, a little more at ease, a little less frightened and, perhaps, just a little more hopeful.

## Debtors—know your rights

If you use credit cards, owe money on a loan or are paying off a home mortgage, you are a "debtor." Many service men and women are.

But debts can sometimes lead to problems. You may have gotten too far in debt and be unable to meet your obligations; someone may try to collect money that you don't owe; or a debt collection action you're not aware of may have been taken at a previous duty station.

You may never come in contact with a debt collector, but if you do, the law makes sure you are treated fairly. The Fair Debt Collection Practices Act, passed by Congress in 1977, prohibits certain methods of debt collection.

Of course, the law doesn't get you out of paying any legitimate debt.

Covered under the act are personal, family and household debts. This includes money owed for the purchase of a car, medical care or charge accounts.

A debt collector is any person who regularly collects debts owed to others. Under a 1986 amendment to the Fair Debt Collection Practices Act, this includes attorneys who collect debts on a regular basis. Creditors collecting debts in their

own names and attorneys who handle only debt collection matters a few times a year do not come under the provisions of the act.

A debt collector may contact you in person, by mail, telephone or telegram. However, you may stop him from contacting you by writing a letter to the collection agency telling him to stop. Once the agency receives this letter, a collector may not contact you again except to say there will be no further contact. However, the debt collector is allowed to notify you that some specific action will be taken, but only if it's actually being done.

The collector may not contact anyone but your attorney. If you do not have one, the collector may contact other people only to find out where you live or work.

Within five days after you are first contacted, the debt collector may not contact you again unless you are sent proof of the debt, such as a copy of the bill.

Following are some other debt collection practices prohibited by law:

### Harassment

- Debt collectors may not:
- Use threats of violence;



- Use obscene or profane language;
- Repeatedly use the telephone to annoy you;
- Telephone you without identifying themselves; or
- Advertise your debt.

### False Statements

Debt collectors may not say that:

- You will be arrested if you do not pay up; or
- They will garnish or attach your wages or seize and sell your property, unless that collection agency or the creditor actually intends to do so (and it is legal).

Also, they may not:

- Falsely imply that they are an attorney or government representative;
- Falsely imply that you have committed a crime;

- Misrepresent the amount of the debt; or
- Give false credit information about you to anyone.

If you believe a debt collector is breaking the law, you may contact the legal assistance officer at the Presidio Staff Judge Advocate's office for advice or write to: Federal Trade Commission Office, Division of Credit Practices, Pennsylvania Ave. at 6th Street, NW, Washington, D.C. 20580.

You have the right to sue a debt collector in a state or federal court within one year from the date the law was violated. If you win, you may recover money for the damage you suffered, including court costs and attorney's fees.



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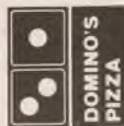
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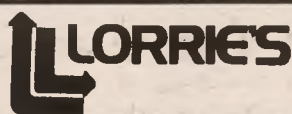
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# Community Calendar

## Bridge Weekends

The Exploratorium joins the rest of San Francisco in a celebration of bridges on the weekends of May 16 and 17 and the evening of May 30. The Exploratorium will pose some of the scientific, engineering and aesthetic questions involving bridges as a commemoration of the Golden Gate Bridge's 50th anniversary.

The Bridge Weekends will include exhibits that demonstrate and test "stress" and "strain," the actual in-museum construction of both suspension bridges (which the public can observe being built and walk over) and catenary bridges (which the public can build themselves and then walk over), bridge-building activities for children and adults, and truss models and sections of cable to touch and examine, as well as lectures, films, historical information and much more.

Bridge Weekend activities will take place from 10 a.m. to 5 p.m. each day and are included in the price of admission to the Exploratorium.

Call 563-7337 for a final schedule of the weekend's lectures and events.

## Child care training

Presidio family members can earn money at home, provide a community service, and learn about child development through training provided by the Presidio's Family Child Care Program.

This program is a part of Child Development Services (CDS) and it trains, certifies and monitors child care providers who care for children in their homes.

Precertification training for the program will be held May 11 through 14, from 9 a.m. to 4 p.m. each day, in bldg. 563. All four days of training are required.

The class includes child development, first aid, CPR, emergency procedures, business practices, and other subjects.

If you are interested in providing child care in your home, call Karen Jupe at 561-4712. Certification is mandatory for those wishing to offer child care in their quarters on the Presidio and subinstallations.

## Jobs available through CPO

The Civilian Personnel Office, Nonappropriated Fund Personnel is accepting applications for the following positions:

**Child Caregiver, PS-02:** It requires three months experience working in formal day care, nursery or pre-school/kindergarten. You must be able to read, speak and write English and must be at least 18 years old. Also you should be able to lift up to 40 pounds.

**Education Technician, UA-05:** This job requires two years' general experience and one year specialized experience. General experience is experience gained in work of clerical nature or which involved dealing with others individually or in groups.

Specialized experience is experience gained in a line of work which is similar or closely related to the work of the position to be filled.

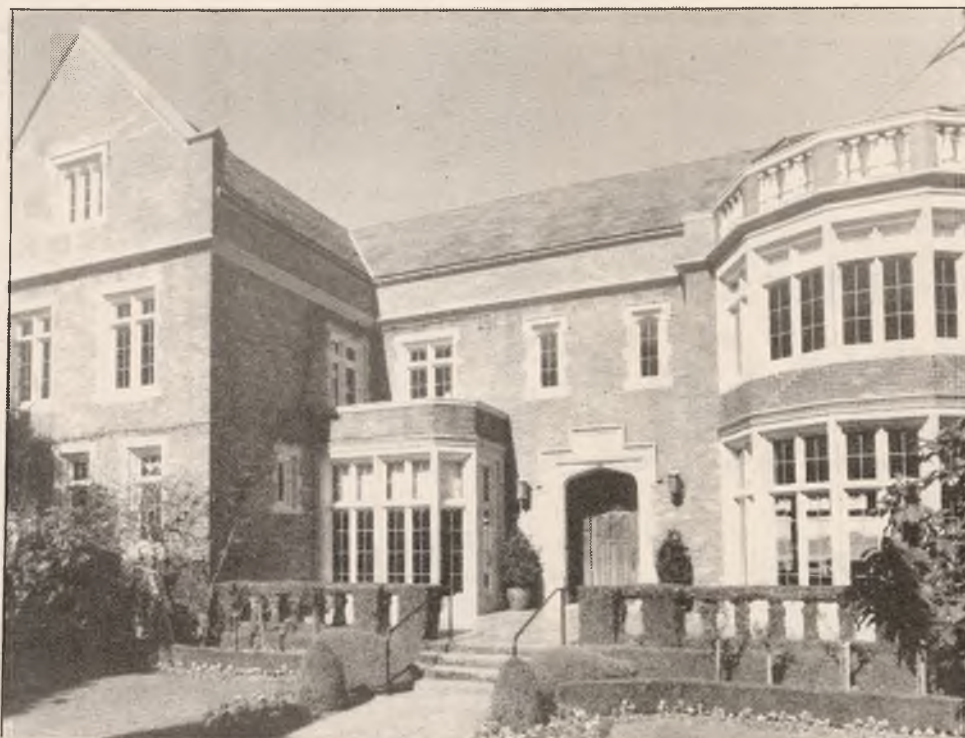


photo courtesy S.F. Decorator Showcase

## Decorator Showcase

Tickets are now on sale at ITT for the San Francisco Decorator Showcase. The house located at 2950 Broadway is the house of Melvin Belli. Some of the country's most talented interior designers' work will be on display. The house may be viewed starting Saturday through May 24. Purchase your tickets from ITT, located in bldg. 135, Golden Gate Community Club, in the left alcove off the main lobby. Operating hours are 9:30 a.m. to 1 p.m. and 2 p.m. to 6 p.m. For more information, call 561-3992.

**Desk Clerk, PS-02:** Requires three months of general experience in clerical work. Two years of senior high school education may be substituted for the general experience.

Positions may be full-time, part-time, intermittent, regular or temporary. Applicants should fill out DA 3433. Applications for Nonappropriated Fund Employment can be obtained from the Civilian Personnel Office, bldg. 37, from 8 a.m. to 4 p.m., Monday through Friday.

## Litter pick-up news

The pick-up and on-call collection of packing boxes, grass clippings, old furniture, etc., are being handled by Directorate of Housing (DEH) personnel. For litter pick-up and on-call collection, call C. G. Manning, Contract Services and Utility Sales Branch, DEH, at 561-3769 or 561-6000.

## Jazz instructor needed

Youth Activities (YA) is looking for a jazz instructor to teach classes on Saturdays. Classes will be for beginner and intermediate levels, ages 4 to 18. Experience is necessary in jazz dance and teaching children of all age groups.

The instructor will be hired on a contract basis and will be paid once a month. If you are interested, please call YA at 561-5143 or 561-5910.

## YA needs Youth Commissioner

Youth Activities (YA) is looking for a volunteer to help with the upcoming baseball season. They need a sports commissioner to help recruit volunteers, assist with training, support fund raisers, supervise coaches

and help work out problems that may arise.

The volunteer must have experience in coaching and the basic knowledge of baseball. YA has an incentive program for this job. If you are interested, call Mary Metheany, Youth Sports director, at 561-5143 or 561-5910.

## Umpires sought

Youth Activities (YA) is looking for qualified baseball umpires for the 1987 season. The games will be on Saturdays. If you are high school age or older and have some experience in baseball, call 561-5143 or 561-5910.

## POWC luncheon

The May luncheon for the Presidio Officers' Wives Club (POWC) will be held on Thursday. Social hour will begin at 11:30 a.m. and lunch will be served at noon. Nancy M. Emsley, area representative, will be the guest speaker.

Reservations may be made until noon Monday. Please call Bettie Roeber at 221-5183 or Lynn Ryan at 923-1375 for reservations.

## Farewell tea held

A farewell tea for Mrs. Fred Woerner will be held on May 14 at the Maj. Gen. T. F. Cole residence at 1337 Pope. All officer's wives are welcome. No RSVPs are necessary.

## Luncheon scheduled

An Asian/Pacific American Heritage Week Interagency Luncheon is scheduled for Thursday at 11:45 a.m. The luncheon will be preceded by no-host cocktails at 11:30 a.m.

The guest speaker for the luncheon will be Quintin L. Villanueva Jr., regional commissioner to the U.S. Customs Service in Los Angeles.

Transportation is available to the luncheon which will be held at Miriwa Restaurant at 728 Pacific Avenue, in San Francisco. Bus transportation will be available from 450 Golden Gate Avenue at 11:15 a.m. Tickets are on sale for the bus trip for \$2, and the tickets are roundtrip only.

For more information call Tatsuo Taketa at 561-3723.

## Youth baseball

Youngsters between the ages of 11 and 14 can play baseball on the Presidio. Youth Activities is still recruiting players. The fee is \$15.

For more information, call Youth Activities at 561-1543.

## Win a scholarship

The Presidio Enlisted Spouses Club is offering a \$500 scholarship to a graduating high school senior child of enlisted soldiers assigned or attached to the Presidio or its subinstallations.

To get an application, call Peggy Fuhrmann at 386-5619, or Joyce Robb at 386-9047. Deadline for applications is May 15.

## PSF

### IDEAS OF EXCELLENCE PROGRAM

Kathie Jessee came up with an idea which should interest every parent on the Presidio.

Jessee suggests that a listing be made of people (of all ages) who are interested in babysitting during evenings and weekends in a private home.

Based on her suggestion, the Child Development Center soon will offer instruction available to babysitters who will be taking care of children less than 10 hours a week. The list of trained babysitters will be available in the Child Development Center and at Army Community Services.

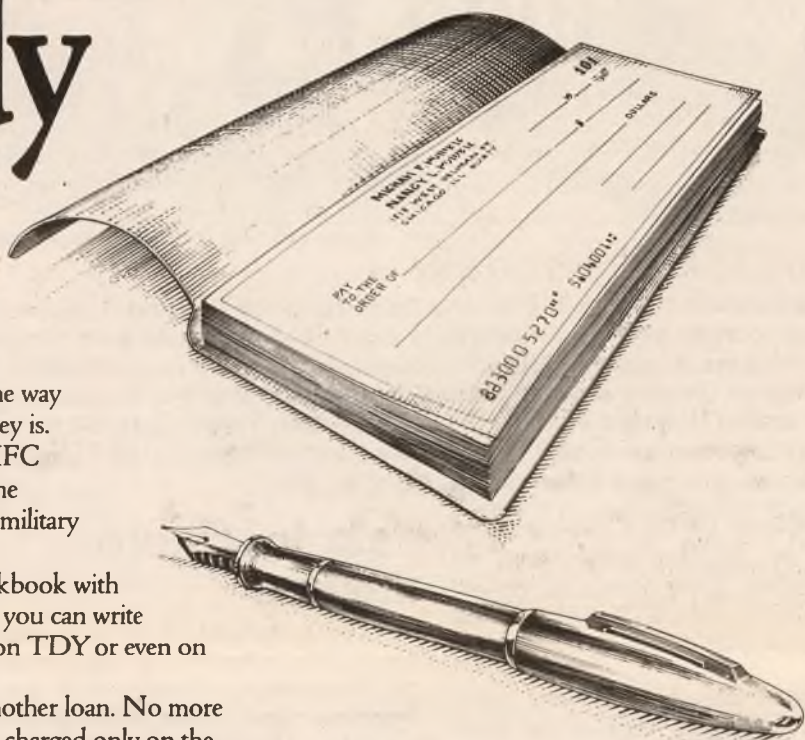
Capt. Alan D. Arthur, chief of the Family Support Division, stated in his letter to Jessee, "The Child Development Center staff is enthusiastic about its implementation."

Congratulations to Kathie Jessee on an eminently sensible Idea of Excellence!





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## GOLDEN GATE Community Club

**Friday Night Happy Hours**.....4:30-11 p.m.  
"BIG B" in the main lounge

**May 7: Boss Night**.....4:30 p.m.-Midnite  
Free food and entertainment!

**May 15: All Night Disco**.....10 p.m.-4 a.m.  
D&D in the ballroom • "Big B" in the main lounge.

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# Sports

## Don't crumble; stand up to osteoporosis

by Evelyn D. Harris

Osteoporosis is sneaky. Over the years, it quietly robs strength and density from the bones, only to reveal itself when it's too late—in the form of lower backache, curvature of the spine, tooth loss and fractured bones.

May is Older Americans Month—a good time to think about what to do now to prepare for healthy golden years. There are steps you can take now to ensure strong bones later.

Although bone density decreases in all people at about age 35, osteoporosis, or severe bone thinning, is more common in women. Men have larger, denser bones and consume more calcium than women. They do not experience the hormonal changes of menopause or the increased need for calcium due to pregnancy, both of which can contribute to osteoporosis in women. Male alcoholics get osteoporosis more often than other men.

Although not getting enough calcium in the diet is the most important factor in osteoporosis, a number of factors can contribute to bone thinning. Women who are small-framed or thin and those

with a family history of osteoporosis are more likely to have the problem. Whites are more likely to get osteoporosis than non-whites.

Scientists believe lifestyle factors may also be involved. Smoking and high alcohol intake may reduce calcium absorption. A greater than 3-1 ratio of phosphorus to calcium in diet may do the same. This could be a problem for those who frequently consume foods and beverages high in phosphorus, such as meat and cola drinks, in place of calcium sources, such as cheese and milk.

The caffeine contained in more than five cups of coffee or nine 12-ounce sodas with caffeine may also reduce calcium absorption. Read labels—colas are not the only sodas with caffeine.

Even "good guys" like protein and fiber may reduce calcium intake if consumed in excess. Nutritionists believe the average American eats two or three times the amount of protein needed for health. Although researchers aren't sure, they believe the extra protein may affect calcium.

Although most Americans don't get enough fiber, going overboard

on fiber consumption can reduce calcium absorption. Drastic increases in fiber intake can also cause gastro-intestinal distress.

Getting enough weight-bearing exercise—such as walking, jogging and dancing—is also important. Research with astronauts and bed-ridden patients shows calcium loss can occur even with adequate dietary calcium if the body is deprived of exercise.

A significant calcium loss in women is caused by menopause. If calcium loss is severe, the doctor may prescribe estrogen therapy.

What is an adequate amount of calcium? Adult men and children need 800 milligrams a day, which is the equivalent of three 8-ounce glasses of milk. Teen-agers of either sex and pregnant women need 1,200 milligrams a day. Based on recent research, the National Institutes of Health now recommends that women get 1,000 milligrams a day until menopause—and then increase that to 1,500.

AFIS



## Sports Notes

### Softball umpires clinic scheduled

The Pacific Officials Association (POA) will conduct a softball umpires clinic at Fort Scott, Field No. 1, beginning at 10 a.m. tomorrow. Anyone interested in learning rules and the mechanics of softball officiating is invited to attend.

Attendees will be tested to qualify membership in the POA at the end of the clinic.

For more information call Bobbie Gascon at the Presidio Sports Office at 561-5032.

### Tennis court closes

Tennis court No. 5 on Arguello Boulevard (next to the Red Cross building), is closed for court surface repairs until further notice. For more information call the Sports Branch at 561-4131.

### All-Army track team

The All-Army track team won seven events and set five meet

records at the Poly Royal Invitational held at Cal-Poly University at San Luis Obispo. This was an outstanding team effort in their first meet of the season.

The best results were in the high jump by Chris Bonner, who finished first with a 7'2" jump, and Earnest Patterson, who came in second.

In the 110-meter high hurdles Mike Benjamin finished in 14:22 seconds, setting a meet record. Tom Johnson of Presidio's U.S. Army Garrison, completed the 800 meters in 1:51.6 and the 1600-meter relay (400-meter split) in 46.8 seconds.

The top women were Kim Parrish, who ran the 100 meters in 12.13 seconds, and Lori Bearson, who completed the 3,000 meters in 9:56, both setting meet records.

Other times recorded were:

Theron Brown in the 400-meter hurdles set a meet record with a time of 51:49;

Joe Molloy ran the 10,000 meters in 31:11; and

Forika McDougald, Theron Brown, Thomas Johnson and Willie

Caldwell completed the 1600-meter relay in 3:11.1 for a meet record.

### Intramural golf

The top team in intramural golf so far is LAMC Team No. 2. The team, which includes Steve Cavalho, David Kim, Roko Smiljanic, and alternates Russell Olson and Lewis Craig, has 25 points. Sixth U.S. Army follows closely with a score of 22 points.

Readiness Group, PSF is third with 19 points.

USAG is fourth with 17 points.

LAMC, Team No. 1 is fifth with 16½ points.

LEC is sixth with 8½ points.

### Softball field reservations

The Fort Scott softball fields for intramural softball practice are now available for teams who have made reservations. Reservations are for one hour only and they must be used before another reservation will be issued. Call the Sports Branch at 561-4131 for more information.

### In this week's schedule:

LAMC Team No. 2 vs. Sixth U.S. Army

Readiness Group, PSF vs. USAG  
LEC vs. LAMC Team No. 1

### Volleyball standings

The volleyball league concluded play Wednesday, with the top eight teams of the 13-team league advancing into the double elimination tournament starting Monday at 5 p.m. The championship is set for Wednesday at 5:30 p.m.

### League Standings:

Team	Won	Lost
CRD	9	1
Co. B, LAMC	9	1
DLI-SF No. 1	8	3
16th AG (Postal)	7	5
USAG	7	5
LEC	6	4
MI Bn.	5	4
Sixth Army	5	7
W-Sector	3	5
LCA	1	8
DLI-SF No. 2	0	12
Sixth Army Band	0	9

### At the movies

#### Presidio Theatre

Fri, May 1	Death Before Dishonor (R)	7 p.m.
Sat, May 2	Song of the South (G)	7 p.m.
Sun, May 3	Heat (R)	7 p.m.
Mon, May 4	Heat (R)	7 p.m.
Tue, May 5	Burglar (R)	7 p.m.
Wed, May 6	Burglar (R)	7 p.m.
Thu, May 7	Some Kind of Wonderful (PG-13)	7 p.m.
Fri, May 8	Some Kind of Wonderful (PG-13)	7 p.m.

#### Hamilton Theater

Fri, May 1	Foreign Body (PG-13)	7 p.m.
Sat, May 2	101 Dalmatians (G)	1 p.m.
Sat, May 2	Back to School (PG-13)	7 p.m.
Wed, May 6	Not available at press time	7 p.m.
Thu, May 7	Not available at press time	7 p.m.
Fri, May 8	Not available at press time	7 p.m.

#### Schwartz Theater

Mon, May 4	Death Before Dishonor (R)	7 p.m.
Wed, May 6	Song of the South (G)	7 p.m.
Thu, May 7	Heat (R)	7 p.m.



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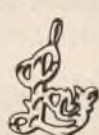
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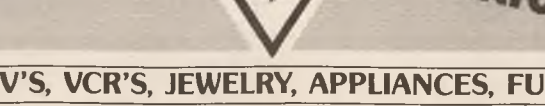
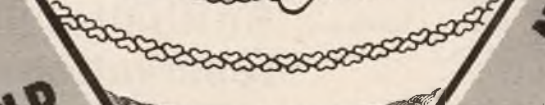
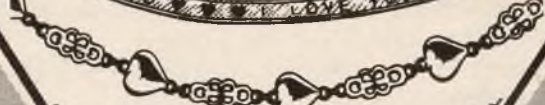
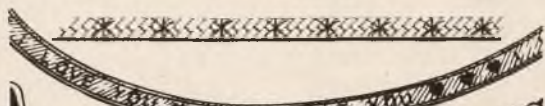
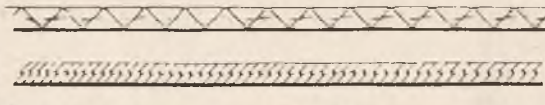
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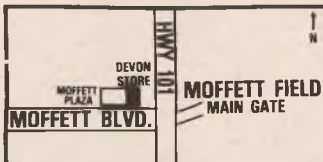
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**Soldier of the Month:** DLI-SF wins again! page 5

**'Arrest Hunger':** will you pitch in and help, page 7

**Racquetball:** Presidian goes out for All-Army Team, page 11

# Star Presidian

Vol. 30, No. 17

"Published in the interest of the people of the Presidio of San Francisco."

May 8, 1987

## News Briefs

### Officer Candidates submit applications

The Soldier Support Branch will hold an Officer Candidate School selection board at the Military Personnel Division, bldg. 87, on July 29 at 8 a.m.

Prospective applicants are encouraged to bring or send applications to the Soldier Support Branch, bldg. 86, first floor. The deadline for submitting applications is July 24 at 4 p.m.

All applications must be prepared and assembled according to Army Regulation (AR) 351-5. Call SP4 Arnold Gyant at 561-4663 or 561-4664 for more information.

### Commissary closes

The Presidio Commissary will close May 26 in observance of the Memorial Day holiday.

### Invest in your future!

The Department of Defense is currently conducting the 1987 Savings Bond Campaign. This is your chance to invest in your future by buying bonds. According to a memorandum from Secretary of Defense Caspar Weinberger, one of the easiest ways to save is through the payroll savings plan, in which a specified amount is automatically set aside from each paycheck which goes to buying savings bonds.

Throughout this month on the Presidio, you should be contacted by someone in your directorate who will help you start saving, or who will give advice or help you increase your present allotment.

Call Capt. J. L. Lyon at AUTOVON 586-5803 or commercial 561-5803 for post, and Capt. R. J. Adkins at AUTOVON 586-6180 or commercial 561-6180.

### Clarification

Last week the *Star Presidian* staff received a call from a Presidian who wanted to know where we got a photo of his son for the story on the front page. We want to assure everyone the front-page photos in the May 1, 1987, edition of the *Star Presidian* are not photos of Presidio children.

Like many newspapers, the *Star Presidian* uses art and photo conversions (such as the high-contrast front-page photo) from companies which sell them for this purpose. In this particular case, a photo conversion was used from a book published by a company in Peoria, Ill. In addition, the book was published in 1981.

Readers also should be aware it is *Star Presidian* policy not to run a photo (photo conversions actually are considered art) without a cutline (most people call them captions) which states who it is and what they are doing. Further, it is our policy not to run a child's photo without the child's parent's express permission.

Under any circumstances, though it is not formalized policy, we would not run a photo of a child with that particular story because of the story content.



photo by Charles Blancet

The charred remains of a child's toy are evidence of the fire that struck 1595 Pershing.

## Neighbors help fire victims

story and photo by Pleasant Lindsey

The April 28 fire at 1595 Pershing was big news because of the effect it had on the occupants. What was not reported were the collective actions of the victim's neighbors.

The Presidio Fire Department received a call from the San Francisco Fire Department at 7:48 p.m. In turn, Presidio notified the Fort Cronkhite Fire Department. Fort Cronkhite is located in the Marin Headlands. All units were on the scene by 7:54 p.m., and the fire was out by 8:15 p.m.

The top floor apartment was gutted in the center, and the ends of the apartment suffered smoke damage. The downstairs apartment escaped the fire, suffering only water damage. Assistant Fire Chief Alan Coon said salvage crews did much to save the first floor apartment. The final estimate of the total damage was set at \$85,000.

"The residents went out of their way to provide support," Coon said. "We've got to give these residents some recognition. I don't know whose idea it was, but the residents brought out thermoses of coffee for us while we were fighting the fire."

But it was more than just coffee that earned recognition for Pershing residents. They banded together to protect a neighbor. Two families of neighbors, in fact.

SFC John Barnett, retention NCO, Strength Management Division, Sixth U.S. Army, helped the victims with personal property and possibly protected their lives.

Aided by SN Larry Terrell, a seaman stationed aboard the USS Carl Vinson, and Kurt Wheeler, Barnett helped remove some family pets from danger.

"Terrell went with me to the first floor apartment where we found that the Navy wife was still inside," Barnett said. "She said she wanted to make some phone calls, probably to notify someone of the fire going on upstairs, but we kept trying to convince her that it would be wiser for her to get outside the apartment and use someone else's phone."

"Once we got her to go outside," Barnett said, "she stopped and remembered her birds."

Terrell and Wheeler, who also are Pershing residents, went back inside the apartment and carried out a large bird cage; Barnett followed with a large parrot. There were two other birds inside, and Barnett rescued them as well.

Apparently, there was more than one heroic action on April 28. Besides the Pershing fire, the Presidio fire department also battled brush fires and sent out rescue teams on other calls during that night.

When representatives from the San Francisco Fire Department arrived, Coon said that they expressed approval about the rapidity of Presidio's units.

"They were shocked that we conquered the fire so quickly with the small amount of manpower we have," Coon said, "our small crews did a great job; the San Francisco people were really impressed."



# Opinions

## Do you have fire insurance...just in case?

by Kay Couch-Lopez

As I left the main post and headed for my destination a chill ran through my body as I thought of the assignment I was going to cover. It was the same chill that I felt the night before when I was told there was a raging fire in the Pershing area—and the TV crews were already there!

As I circled through the streets of the Pershing area there was a strange quiet and peaceful feeling that had to be a huge contrast to the raging inferno in one of the quarters the night before.

I saw a few people in the area and I wondered what they must be thinking and feeling—fear, thankfulness or were they even aware that two families had lost their homes last night?

At first I couldn't find the quarters involved—there appeared to be no outward sign to help me determine which quarters they were. Finally, I asked a lady standing outside. She sent me in the proper direction, but I still wasn't sure. But now I knew at least some of the neighbors knew of the calamity.

As I continued to search for the right address I wondered how can the fire department find a fire in this area, and once they do, how can they get the proper equipment in place to fight these fires—the space between the buildings is so narrow and steep!

Then I walked into the burned-out house. Immediate depression set in! There but for the grace of God....Even though we were all thankful no one was hurt, I knew that the family was devastated—they had to be, there had been so many beautiful things destroyed by fire and smoke damage.

Think of it this way. You have a house full of precious items, some valuable in dollars and some even more valuable in sentiment. You go to a movie and you return to find that a thief has been there and cleaned you out. It is the same thing with a fire but maybe worse, because you can have no hope of getting those things back...the baby pictures, the wedding pictures, the picture of a favorite relative no longer living! How would you feel?? It can't be a good feeling, it wasn't for me, and it wasn't even my house.

You know the sad part? These people didn't have any insurance!

Another friend told me, "The Army doesn't tell you that your household goods aren't covered...." I on my part, said, "Well, people should ask." Maybe that was cold on my part, but it was true. If you have things that you are proud of and that would be hard to replace, you should have insurance. Even if the government covers part of the cost, you probably could never recover the total

cost. Most insurance companies will not cover total replacement costs, or if they would you probably could not afford to pay the rates.

So what can you do? You can be aware of what has happened to other people on post! What caused the previous fires? Are you doing anything that could cause the same thing in your house? The Fire Chief said a couple of years ago there was fire in one of the quarters because someone left combustibles too close to the furnace. Did the other post residents learn from this? Well, not all, because the same thing happened two weeks later a few houses away.

You already know that houses on this post are old—and since the date they were built we have many new electrical appliances, and stereos and.... Do you try to run them all at one time? If so, you are an accident looking for a place to happen.

It can happen to you. It has happened to three families in the past two months. So be careful, read the fire protection tips we will be printing in the next few weeks—listen when the fire inspectors come to your home.

We all want a safe Presidio. We have been lucky so far that no one has been injured in any of the fires, thanks to the alertness of neighbors and to the hard work of our firefighters. But then there is always next time....

## Ramblin' Sam

"What's the most important thing to know about fire safety?"



SP4 Tye Blackwell, radiological technician, Company B, Letterman Army Medical Center: "The most important thing is to be safety-oriented. Always put safety first, and you'll never get into a situation you can't get out of."



Pvt. 2 Edward Martone, supply clerk, Company B, Letterman Army Medical Center: "Take safety into consideration when you're in the home or in the barracks. Keep flammable liquids away from open flames, and don't overload electrical circuits or use a lot of extension cords. Use common sense with whatever you're doing."



Roxana Beattie, supply technician, customer assistance department, Supply and Services, Directorate of Logistics: "The most important thing is safety consciousness. People should be extra careful when they handle combustible materials; they should use appliances with caution, making sure that they are using them in a safe environment. I always think 'safety first!'"



Fire Inspector Fred Bartow, Presidio Fire Department: "The most important thing is common sense. People should be aware of potential problems. However, the typical attitude is, 'It will never happen to me.' Well, that's the wrong attitude. People have to be taught how to be safety conscious. The fire department teaches a fire safety course every two weeks for free. For more information, call the Presidio Fire Department at 561-4220."

## Letters to the Editor

### Kudos

Dear Editor

I would like to thank you for the Feb. 6, 1987 article written on page 7, by Kay Couch-Lopez. Bruce Darby and I were Army buddies who served

together in the 101st Airborne and in the 173rd Airborne Brigade, RVN. We sailed through the Golden Gate on June 6, 1966, and admired the

overcast surroundings of the Golden Gate.

The ashes of Bruce Darby are interred on the grounds of the Presidio

in the National Cemetery, and I was proud of the military funeral given to Bruce Darby by members of the  
please see page 3

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# Etc.

## Letters continued from page 2

Presidio staff, and the services conducted by Lt. Col. Jack Torp.

The members of the 173rd Airborne Brigade (SEP), the 1st U.S. Army Ground Combat Unit in Vietnam will remember the special tributes by the men and women of the U.S. Army, Presidio of San Francisco, 6th U.S. Army Band, Color Guards, and others involved with the funeral arrangements.

I have served with the sons of many generals such as Lt. Gen. Richard Giles Stilwell, Gen. John K. Waters, USARPAC, and have served under Maj. Gen. Michael D. Healy. I was very proud to have participated in the memorial ceremonies with the U.S. Army.

Sincerely,  
Raymond C. Ramirez  
173rd Airborne Brigade

### Editor's note:

I assure you, Ms. Couch-Lopez was happy to give Bruce Darby what recognition she could. She also told us at the newspaper staff how moving the ceremony was—which is no more than Bruce Darby deserved.

★ © ?!!

### Gentlemen:

Within the past several months I requested that the movie schedule for the Oakland Army Base theater be listed in the Star Presidian as there are personnel working at the Presidio, both Active Army, Dept. of the Army Civilians and Reservists who live in the East Bay and would/could utilize this information if published. While I thought it a reasonable and supportable request/suggestion, it was very cordially rejected.

On Wednesday 8 April 87 a friend and I left Oakland for Hamilton theater to see "Outrageous Fortune" starting at 7 p.m. (see attached schedule cut from Star Presidian). I paid the admissions and we sat down only to find out that the movie being shown was "Bullies," which according to your schedule was playing at the Schwartz theater. No wonder only five people were there. It was a real turkey and we left before the first

five minutes were up. Clearly your schedule was in error. The result was not only a wasted admission fee but the wasted energy and time driving from Oakland to Hamilton and back as well as not seeing the movie we wished to see. As a result the evening was shot. If you are unable to honor my request to list the OAB theater schedule, please make sure that the schedules you do list are accurate.

Clarke Gentry

## Reply

Dear Mr. Gentry:

First, to apologize. You are quite right about the error in the movie schedule. When the schedule was pasted up at the publisher's, the schedules for the Hamilton Theater and Schwartz Theater were switched inadvertently and the error was not caught during proofreading.

However, the publisher has been notified and the error corrected in

subsequent editions of the *Star Presidian*.

I doubt that my apology means much to you in face of lost time, effort and money, not to mention not being able to see the movie you wanted. Nevertheless, I apologize.

Regarding the Oakland Army Base movie schedule, *Star Presidian* policy is to run the movie schedules of the Presidio and its subinstallations. However, Oakland is not one of those subinstallations. Moreover, Oakland Army Base is served by the newspaper, the *Western Arrow*, which should carry its post movie schedule. If it does not, I suggest you send your suggestion to the *Western Arrow* editor.

Again, I apologize for my error regarding the *Star Presidian* movie schedule. You can be sure it has been receiving extra attention since I discovered the error.

Thank you for your letter.

The editor

## TAKE A BITE OUT OF CRIME

### Are you a thief?

Think about the government pen that accidentally went into your purse and ended up next to the telephone at home beside a pad that somehow got into your briefcase...or the colored pencils your child needed for a special school project; and the graph paper your wife couldn't find at the store...

What about that battery-powered lantern that used to be at the Charge of Quarters desk for an emergency, that now provides light for your camping trips.

Small items? Sure. The pen costs only seven cents; the yellow writing pad, 42 cents; the lantern, \$6.70. Not much is it. Besides, they're "expendable" anyway. If you feel this way, think about what it's like to be a thief.

Because of its own soldiers and employees, the Army loses thousands of dollars each year on such products. Other commonly stolen items include dictionaries, scissors, tools, locks, batteries and cleaning supplies.

Let's look at an example: If each year you took home five pens, one pair of scissors, a box of paper clips, three felt-tips and five yellow legal tablets,

you cost the government approximately \$8. When multiplied by the entire Army work force, it easily amounts to millions.

Employee pilferage is a problem not only for all managers who must worry not only about the theft of these small items but about items with much more value, such as computer programs, vehicle parts and office machines. The following crime prevention tips are offered as an aid in deterring employee pilferage:

- No materials and no finished goods should be removed without the completion of a requisition form.
- Managers should exercise tight control over invoices, purchase orders, removals and credit slips.
- Don't be casual with your key control.
- In warehouses, have a minimum number of active doors with a supervisor, if necessary, stationed near each door.
- A supervisor should be present when materials or finished goods are being received or shipped and when trash is removed.
- Secure easily pilferable items and tightly control the issue of expendable items.

### Crime report

- A backpack was turned into the lost-and-found section containing various items.
- Two fires were reported.
- One assault was reported.
- There was one report of damage to private property.

so easy for these to overheat.

Don't store things over the stove. People get burned reaching. What a way to ruin an otherwise perfect day!

We all know how busy a kitchen can get at dinner time with hungry children, pets and parents running here and there. Tempers aren't all that can flare in the kitchen when you don't turn all pot handles away from children's groping hands.

Wear tight sleeves when cooking. Loose-fitting clothes can catch fire easily.

These are a few tips for the kitchen to make you and your family aware of fire hazards. It doesn't take much to be aware and can save property, pain and lives in the long run.

## Volunteers

by Kay Couch-Lopez

The Presidio's approximately 800 volunteers have donated more than 65,000 hours of work since last September. In recognition of this achievement, which is well above the national average, a reception was given in their honor April 30 at the Golden Gate Community Club.

The volunteers, from 17 different organizations, were honored by Maj. Gen. Thomas F. Cole, deputy commander, Sixth United States Army; Col. William H. Heydorn, Commander of Letterman Army Medical Center and Post Commander Col. Joseph V. Rafferty.

"Caring properly for soldiers and their families at the Presidio of San Francisco would be impossible without the efforts of our volunteers," Rafferty said in his letter of appreciation to the volunteers.

In addition to the letters of appreciation, the volunteers were given complimentary gifts and a gold circle lapel pin with a red "V" in the center.

Door prizes including a gold bracelet, engraved glasses, tapestry, skateboard, laundry and dry cleaning, hand embroidered table cloth with napkins, charcoal portrait and flower arrangement were donated by the post Concessioners and Commodity Contractors.

Maris Norton, Presidio Installation Volunteer coordinator said, "If you would like to join the volunteer work force for personal satisfaction, the opportunity to help others or to gain job experience, please call my office at 561-2442."

## Fire prevention

With a rash of quarters fires on the Presidio in recent months, it seems apparent that some families may not know the best ways to avoid fires.

Fire prevention in the home is something that should be second nature to every family member, so parents must make their children aware of the dangers of fire at an early age.

Some helpful tips to lead you and your family away from potential danger are:

Very simply, but sometimes not easy to do, don't overload electrical outlets. You've probably heard it a million times, but just look around your quarters; you may find a "hot" extension cord which is being used to carry too many appliances, or an outlet that's loaded with too many plugs. It's





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# Proud Presidians

## PSF celebrates Asian/Pacific Heritage Week

story and photo by Pleasant Lindsey

**"S**triving for Equality" is the theme for Asian/Pacific American Heritage Week which began May 4 and ends Sunday on the Presidio.

There are many Asian/Pacific Americans working and living on the Presidio. The post commemorated the week with book displays in the Post Library, tours and ethnic meals prepared by clubs on post as well as the Headquarters Company Dining Facility.

One Pacific American who can be described as being fairly well known on post is Jim Ragaza, sports specialist and manager of Gym No. 3.

Ragaza hails from the island of Oahu, Hawaii. A retired sergeant major, he joined the Army in 1943 and served his country for 28 years. During his career, Ragaza was stationed in such places as the Philippines in World War II, then Korea and Vietnam. He retired in 1971.

Ragaza said he prefers living on the continent to living in the islands.

"The continent is much larger, for one thing," he explained. "I love to travel, and there are so many things to see and do on the continent. Besides, my children are all grown and they live on the continent, too."

"My wife also is from Oahu, and she wants to go back, but our children are here, our grandchildren are here, and it is nice to be here."

Ragaza said it was hard for him to adjust to life on the continent when he first arrived because of his ethnic background.

"When I first came to the continent I was stationed in South Carolina," he said. "The people in that area only recognized two colors—you were either black or white. They refused to recognize your nationality."

### Appearance counts

## DLI-SF produces another Soldier of the Month

story and photo by Pleasant Lindsey

A Spanish language student with strong Central American interests has been named the Presidio's Soldier of the Month for April.

PFC Timothy Cone, Company H, Defense Language Institute-San Francisco (DLI-SF), said that his goal is to be professional in whatever he does.

"Military bearing counts for a lot," Cone said.

"All of my competitors for Soldier of the Month basically knew the board's questions, but the manner in which a participant answers the questions adds points to their score."

Cone attended college before joining the Army. He went to the University of New Mexico on a music scholarship and studied for a biology major, but didn't finish school.

"I didn't want to devote the necessary time for studying at that point in my life, and after two years I just got tired of it," Cone explained. "The Army offered me a challenge."

"The language school and the college fund convinced me to join the Army."

Cone said that the Army's language course is the toughest class he has experienced, and hopes his

mastery of the language will give him a chance to travel to foreign countries.

"I worked harder here than I ever worked in college," he said. "I didn't have to study hard in college, but here [at DLI] a student has six months of nothing but Spanish, and I spend a lot of free time studying."

"I'd like to go to Central America where I can use my language skills. I like to travel, and a year ago I never thought I'd be in San Francisco."

Cone said that his platoon sergeant, SSgt. Antonio Hernandez, suggested Cone compete for Soldier of the Month.

"Cone stands out, and that is what I based my initial recommendation on," Hernandez said. "I don't have to remind him to do the things that are necessary to maintain a good military bearing."

Hernandez described Cone as an outstanding student and said his instructors have nothing but praise for him.

After his graduation from DLI, Cone will be reassigned to Goodfellow Air Force Base, Texas, where he will be trained for his Military Occupational Specialty (MOS), Electronic Warfare, Signal Intelligence, Voice Interceptor. From there he will go to

"In many places, it is the same way today. Attitudes haven't changed that much in regards to race."

Ragaza said he fought racial prejudice the best way he knew how. He ignored it.

"It was hard to do, but I couldn't physically fight the problems," he reasoned. "I could handle the problem physically in a one-on-one situation, but when it came to a large group of people, ignoring them was the best way to handle the problem. I was segregated from whites just like everyone else."

Ragaza said he had never experienced racial prejudice in Hawaii because of the large assimilation of cultures there.

"We never had that problem at home because we have so many nationalities in Hawaii," explained Ragaza. "We have Japanese, Chinese, Portuguese, blacks, whites, Hispanics, Asians—we all lived together, we didn't have the blatant racism that I experienced when I came to the continent."

The experience was so new to Ragaza that he once had to report to his commanding general after one racial incident occurred on a military vehicle.

"I threw the driver off the bus when he tried to make me sit in the back," he said. "Later, I told the general that I felt I had the right to sit wherever I wanted. But that's the way things were in the '50s."

Ragaza said that the Army helped him learn about other people by assigning him to duty stations in foreign countries. But, he said, many Americans don't know enough about the culture of one of the 50 states.

"The best thing the Army offered me was the chance to go to different places, to see and learn about different cultures," Ragaza said.



"The best thing the Army offered me was the chance to go to different places, to see and learn about different cultures," Jim Ragaza said.

"People have to go to different places to learn about other cultures and how other people live. A lot of people go to Hawaii, but most of them go for vacation; they aren't going there to learn anything. Besides, what can you learn in two and one-half weeks?"

"Many tourists want to see a luau, but Hawaii is more than luaus. There are so many nationalities and cultures that have come together in the islands that a person could really learn something about our state—if they would just take the time."



PSF Soldier of the Month PFC Timothy Cone said, "Military bearing counts...."

jump school at Fort Benning, Ga.

Cone said Goodfellow AFB has competitions for soldiers in which he intends to compete. He also wants to return to school and earn his degree.

"Cone's a fine soldier," Hernandez said. "We have recommended him for U.S. Military Academy Preparatory School. I think he would make a good officer."



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## Post soldiers urged to 'Arrest Hunger'

by Liz Greeley

The post needs your help to "Arrest Hunger" in the Bay Area.

On May 16, 1987, Armed Forces Day, the San Francisco Police Department, Army, Navy, Marine Corps and Coast Guard will collect food for needy families in the Bay Area as part of the "Arrest Hunger" program.

The way it is set up, soldiers (along with police officers) will distribute flyers to shoppers going into a Safeway store where they will be stationed from 11 a.m. to 5 p.m. The flyer asks shoppers to pick up a few extra groceries from a list on the flyer for the "Arrest Hunger" program.

Once inside the store, it is hoped shoppers will look at the list and buy a few items from it. On their way outside, the same soldiers and police officers will be there to collect the shoppers' extra food.

The food then will be distributed to Bay Area centers which regularly give away food such as St. Anthony's Dining Room, Glide Memorial Baptist Church and the United Way. These food centers actually will handle the food distribution.

Okay, but why should you leave your nice cozy room at Fort Scott, or your quarters on Lendrum Court (for example) to spend the day in a Class A uniform giving out literature to shoppers and collecting the shoppers' food?

To help those who might go hungry otherwise.

If that's not a good enough reason, there are plenty of others.

Sixth U.S. Army Public Affairs Officer Lt. Col. Charles J. O'Brien said, "It gives us an opportunity to enhance the image of the military;

"It says, 'Here's the Army—we care about help-



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ing needy folks.' Reservists and National Guard are part of the community. As responsible, patriotic Americans, they also show care and concern by participating in the program.

"If we participate in the program, and if military families should profit from it, we are helping our own."

Lt. Col. Raymond L. Moss, executive officer to Sixth U.S. Army's Deputy Commander Reserve Components, had another reason for volunteering.

Why should they volunteer? "Because soldiers basically are people who have chosen to serve and being that type of person they will want to help," he said.

"This is a very easy way to get involved and help address a problem that is very evident," Moss said.

Both O'Brien and Moss had similar reasons for wanting to be involved in the "Arrest Hunger" program.

"The unique part of the program, and that's why I'm involved, is there isn't a large bureaucracy involved," Moss said.

O'Brien said, "There's no bureaucracy involved. This program does not compete in any way, shape or form with any of our Army programs to assist needy families." However, he added, military families are eligible for the food giveaway.

Besides feeding hungry families, besides enhancing the Army's image in the Bay Area, besides truly serving the community, there is one more, though less important, reason to volunteer for the program.

Haven't you ever wondered who the mysterious people are who shop in the Marina Safeway? At least a few soldiers will find out on May 16.

So what do you do if you want to volunteer? Just call 1-800-CHARITY as soon as possible. If you have volunteered, be sure to tell your commander so the number of Army participants can be tracked.

Though O'Brien said, "There's no pressure; this is not a tasking." What about your conscience?

## Insurance—will your coverage meet your needs?

by Patricia F. Halsey

Insurance is always a confusing and sometimes expensive topic, but it is important; life can be even more expensive if you don't have it.

There are two types of personal insurance for soldiers living in government quarters, or renting. These are: insurance for loss or theft of your household and personal items, and personal liability.

**Renter's insurance or personal property insurance** covers losses due to fire or other unusual occurrences, and/or theft of personal property and household goods when you are living in property you don't own. Often this insurance is forgotten or ignored until it's too late. Then there is no way to recover your losses.

If you live in government quarters, the U.S. government will not reimburse you for every type of loss or damage to your personal property. When the government does reimburse you for losses, reimbursement is not always the full amount of your loss, so insurance can supplement the amount paid by the government.

When purchasing renter's insurance, if you want to insure high value items such as furs, pieces of art, or jewelry, you must declare these items, often with written appraisals of their value. Check with the in-

surance company for the requirements.

**Personal liability insurance** is valuable for families with children. Liability insurance covers you and your family if you do anything that causes damage to another person and/or their property. Even if the accident is not your fault, if you do not have liability insurance you must retain an attorney at your own expense to defend a law suit. If you have liability insurance, the insurance company will handle your defense.

Whenever you shop for any type of insurance, be sure to comparison shop. You do this for most items you purchase and it can be equally beneficial when buying insurance. When you buy insurance compare *monthly rates*. Different insurance companies will charge different rates for the same thousand or ten thousand dollars of coverage using the same deductible. Insurance sales are often done in your home, and can be "high pressure." You may become exhausted with the presentation, or feel obligated to buy insurance since the salesman has spent time with you to explain his or her product. Don't sign until you've had some time to think about it; and don't feel badly about asking for time to think about the insurance contract before you sign it.





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# Community Calendar

## Air Force Village West luncheon

There will be a luncheon briefing about the Air Force Village West at the Presidio Officers' Club May 15. There will be no-host cocktails at 11:30 a.m. and lunch will be served at 12:15 p.m.

The Air Force Village West facility is for retired U.S. military officers from any service, or their surviving spouse. Construction will begin on the Life Care Retirement Community in Riverside, Calif., in August, with completion expected within two years. For more information on the facility call Norman Fleming, Retirement Services officer, at 561-4663.

The cost of the lunch is \$10. Make reservations by calling Doris Peters at (714) 656-6781 or Retirement Services at 561-4663. Reservations must be made no later than Tuesday.

## Professional child care training

Presidio family members can earn money at home, provide a community service and learn about child development through training provided by the Presidio's Family Child Care Program.

This program is a part of Child Development Services (CDS) and it trains, certifies and monitors child care providers who care for children in their homes. Precertification training for the program will be held Monday through Thursday, from 9 a.m. to 4 p.m. each day, in bldg. 563. All four days of training are required.

The classes include child development, first aid, CPR, emergency procedures, business practices and other subjects.

If you are interested in providing child care in your home, call Karen Jupe at 561-4712. Certification is mandatory for those wishing to offer child care in their quarters on the Presidio and its subinstallations.

## Win a scholarship!

The Presidio Enlisted Spouses Club is offering a \$500 scholarship to a graduating high school senior. Applicants' parent (or parents) should be an enlisted soldier(s) assigned or attached to the Presidio or its subinstallations. To get an application, call Peggy Fuhrmann at 386-5619 or Joyce Robb at 386-9047. The deadline for applications is Friday.

## Golden Gaters go to Santa Cruz

The Golden Gaters will take a train trip from Roaring Camp to Santa Cruz on May 23. A barbecue will be held at a member's house upon return. For more information call Pat Pavlisin at the Post Chapel at 561-4711.

## Separation briefing

All soldiers honorably separating (though not retiring) from the Army during the months of May, June, July and August are required to attend a preseparation briefing at the Golden



photo by Pleasant Lindsey

## CDC stars

SSgt. Vanessa McClain explains the value of the Child Development Center (CDC) to a Department of the Army (DA) video team. DA chose to videotape the Presidio's CDC because they consider them exemplary.

Gate Community Club on May 19 from 8 a.m. to noon. Spouses are welcome to attend. For more information, call the Soldier Support Branch at 561-4664 or 561-4665.

## 'Baby Expo' comes to Oakland

A "Baby Expo" is coming to the Oakland Coliseum complex on May 16 and 17. The event will begin at 10 a.m. and last until 4 p.m. each day.

More than 100 exhibits will display the latest and most innovative products and services for babies, small children and parents. Also, there will be speakers and workshops addressing important issues for today's families.

Play areas for children will be provided at the Baby Expo. Call 444-SHOW for more information.

## Litter pick-up news

The pick-up and on-call collection of packing boxes, grass clippings, old furniture, etc., are being handled by Directorate of Housing (DEH) personnel.

For litter pick-up and on-call collection, call C. G. Manning, Contract Services and Utility Sales Branch, DEH, at 561-3769 or 561-6000.

## Give glasses so others can see

Presidio Girl Scout Troop 10 will be collecting used eyeglasses during the next two weeks as a service project. Containers will be placed at the three post chapels.

The glasses will be donated to the "Flying Doctors," a local organization, which has them cleaned, tested and the prescription computerized.

The "Flying Doctors" go to underdeveloped countries where, as part of their service, they examine eyes and write prescriptions for glasses. These prescriptions are matched on the computer with those available in the United States, and the glasses are then delivered to a needy person.

All prescriptions are needed and will be put to good use.

## Reserve band plays at Fort Baker

The 91st Division Band will perform at the Fort Baker chapel at 7:30 p.m. today. The concert, directed by CWO 2 Robert Gross, will include many types of music and feature the trombone section in selections such as "Lassus Trombone." Attendance is free and everyone is welcome!

## Farewell tea held

A farewell tea for Mrs. Fred Woerner will be held on May 14 at the Maj. Gen. T. F. Cole residence at 1337 Pope. All officer's wives are welcome. No RSVPs are necessary.

## Bridge Weekends

The Exploratorium joins the rest of San Francisco in a celebration of bridges on the weekends of May 16 and 17 and the evening of May 30. The Exploratorium will pose some of the scientific, engineering and aesthetic questions involving bridges as a commemoration of the Golden Gate Bridge's 50th anniversary.

The Bridge Weekends will include exhibits that demonstrate and test "stress" and "strain," the actual in-museum construction of both suspension bridges (which the public can observe being built and walk over) and catenary bridges (which the public can build themselves and then walk over), bridge-building activities for children and adults, and truss models and sections of cable to touch and examine, as well as lectures, films, historical information and much more.

Bridge Weekend activities will take place from 10 a.m. to 5 p.m. each day and are included in the price of admission to the Exploratorium.

Call 563-7337 for a final schedule of the weekend's lectures and events.

## YA needs Youth Commissioner

Youth Activities (YA) is looking for a volunteer to help with the upcoming baseball season. They need a sports commissioner to help recruit volunteers, assist with training, support fund raisers, supervise coaches and help work out problems that may arise.

The volunteer must have experience in coaching and the basic knowledge of baseball. YA has an incentive program for this job. If you are interested, call Mary Metheany, Youth Sports director, at 561-5143 or 561-5910.

## Jazz instructor needed

Youth Activities (YA) is looking for a jazz instructor to teach classes on Saturdays. Classes will be for beginner and intermediate levels, ages 4 to 18. Experience is necessary in jazz dance and teaching children of all age groups.

The instructor will be hired on a contract basis and will be paid once a month. If you are interested, please call YA at 561-5143 or 561-5910.

## PSF

### IDEAS OF EXCELLENCE PROGRAM

How many times have you driven through or walked on the Presidio and thought, "Gee, it would be nice to picnic here, it's such a beautiful place for it?"

Well, J. Edward Green of DPTMSEC thinks that it's about time we do something about that. He had the idea of installing picnic benches and garbage cans on the Presidio especially for groups touring the museum.

Green works at the museum and said that many tour groups come through, eat their lunches on the lawn around the museum and leave garbage scattered all over.

Picnic benches would keep them from having to sit on the ground and garbage cans would solve the scattered garbage problem.

Congratulations to Green for submitting an idea that will help keep the Presidio beautiful as well as attract more people to the Presidio Museum!





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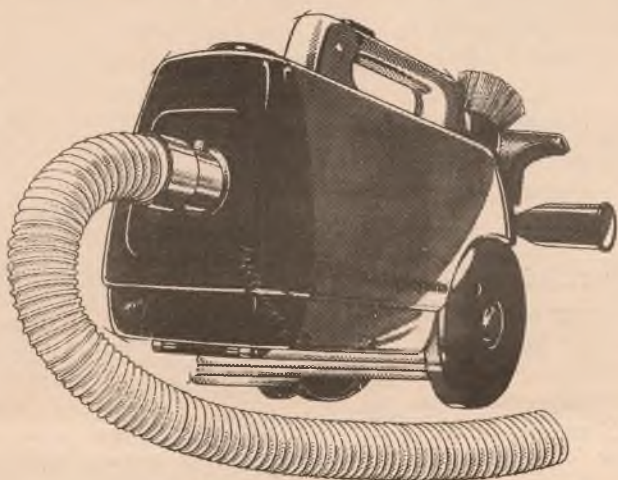
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# Sports

## Presidian vies for All-Army Racquetball Team

story and photo by Pleasant Lindsey

The Presidio's top-ranked racquetball player travelled to Fort Benjamin Harrison, Ind., April 22 to make a bid for his spot on the All-Army Racquetball Team.

Carlos Farias, a certified cardiovascular technologist at Letterman Army Medical Center, is competing for a slot in the team's open division for semi-professional players.

Farias, a staff sergeant, said that his director, Dr. Paris, granted him time off to play on the All-Army team. Farias has been stationed on the Presidio for four years and has won every post racquetball tournament since he got here.

As a semi-pro player, Farias competes in an average of two tournaments per month. These include local, state and national tournaments.

Farias said he plays racquetball

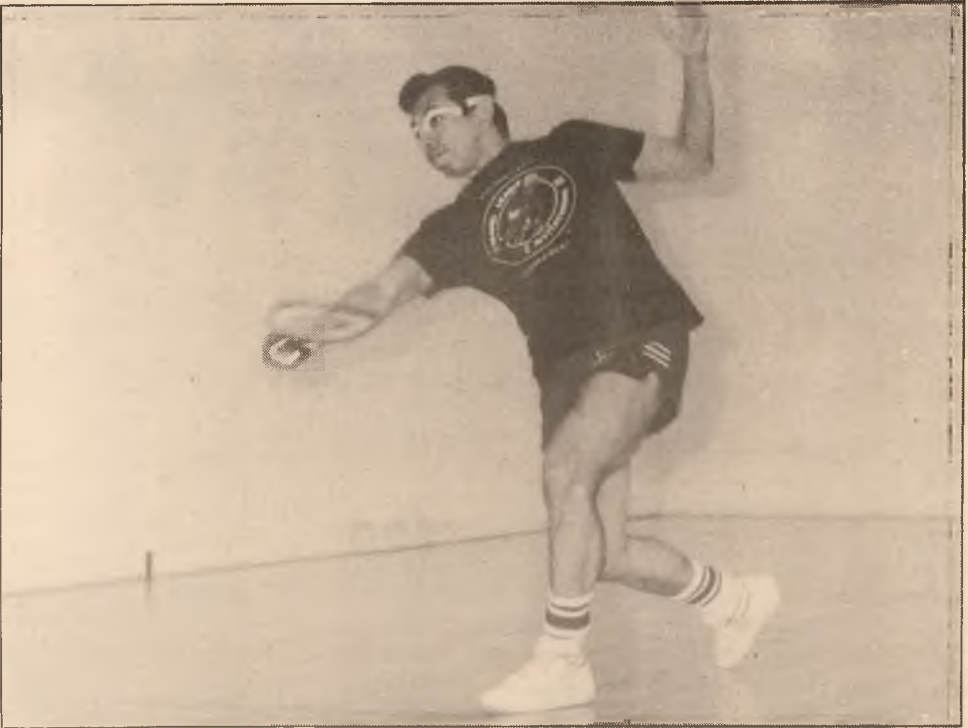
for two reasons: exercise and competition. He said neither reason was any more important than the other.

"The exercise that I get helps me compete," he said. "The more competition I get, the more my game improves."

"Racquetball is part of the Army's exercise program, and the exercise makes me feel better. Playing at my level of competition requires more skill than just hitting a ball."

Farias said he also is a member of a private club that provides strong, competitive opponents.

There are a total of four divisions in these tournaments, including the seniors', masters', women's and open divisions. Should he secure a spot on the All-Army roster, Farias will travel with the team to Little Creek Naval Base, Va., for the Inter-Service Tournament. What a way to help represent the Presidio!



Carlos Farias fires a forehand volley.

## Sports Notes

### Softball field reservations

The Fort Scott softball fields for intramural softball practice are now available for teams who have made reservations. Reservations are for one hour only and they must be used before another reservation will be issued.

For more information, call the Sports Branch at 561-4131.

### Tennis court closes

Tennis court No. 5 on Arguello Blvd. (next to the Red Cross building), is closed for court surface repairs until further notice.

For more information, call the Sports Branch at 561-4131.

### All-Army shines once again

The All-Army track team had another good meet last week at the annual Johnny Mathis track meet at San Francisco State University. The team broke three meet and stadium records as well as won 10 events.

Marty Beauchamp ran a super-quick 3,000-meter steeplechase in 8:50.4, slashing five seconds off the meet and stadium records. Also he is only five seconds from qualifying for the National Championship to be held

in June at San Jose City College.

Other record setters were Charles Swindell in the triple jump, who flew 52' 1/4" inches.

The 1,600-meter relay team remained undefeated as they ran 3:11.1 to set another record. The team consists of Forika McDougald, Theron Brown, Tom Johnson and Willie Caldwell.

The All-Army team's next meet is the world-class Modesto Invitational tomorrow.

### Volleyball standings

In volleyball, the standings looked like this:

Team	Won	Lost
Co. B, LAMC	12	1
CRD	11	2
DLI-SF No. 1	9	3
LAIR	8	4
16th AG (Postal)	7	5
W-Sector	7	5
LEC	7	5
USAG	7	5
MI Bn	6	6
Sixth U.S. Army	5	7
LCA	1	11
DLI-SF No. 2	0	12
Sixth Army Band	0	12

### Umpires sought

Youth Activities (YA) is looking

for qualified baseball umpires for the 1987 season. The games will be on Saturdays. If you are high school age or older and have some experience in baseball, call 561-5143 or 561-5910.

### Golf standings

In intramural golf, LAMC's team No. 2 is holding onto the lead with 30 points.

Sixth U.S. Army has 26 points. LAMC Team No. 1, has 25 points. Readiness Group-PSF has 23 points.

USAG has 22 points. LEC has nine points.

### Learn to scuba dive

Sign up now for the next scuba class beginning May 16.

Scuba class meets on Saturdays and Sundays May 16 and 17, and May 30 and 31 at the scuba hut, bldg. 667, from 8 a.m. to approximately 4 p.m.

Open water dive for certification is June 6 and 7. The cost for the class is \$85 and \$10 for equipment rental for the entire class. Prepayment of \$95 must be made at Outdoor Recreation, bldg. 92.

For more information, call 561-4324 or come by Outdoor Recreation.

### Olympic tickets

The 1988 Winter Olympics set for February 13 through 28 in Calgary, Canada, are selling fast.

If you'd like to attend, contact any travel agency or write:

Olympic Tickets, Post Office Box 1988, Stn M, Calgary, Alberta T2P4E7 or call (403) 270-6088. All tickets will be sold on a first come, first served basis.

### Youth baseball

Youngsters between the ages of 11 and 14 can play baseball on the Presidio. Youth Activities is still recruiting players. The fee is \$15.

For more information, call Youth Activities at 561-5143.

### YA needs sports director

Youth Activities (YA) is looking for a qualified person to run a sports camp from July 6 through 24. You must have experience with team sports, baseball, basketball, soccer and in working with youngsters. Pay will be determined by experience and qualifications. Call YA for more information at 561-5143 or 561-5910.

#### Presidio Theatre

Fri, May 8	Some Kind of Wonderful (PG-13)	7 p.m.
Sat, May 9	Angel Heart (R)	7 p.m.
Sun, May 10	Angel Heart (R)	7 p.m.
Mon, May 11	Angel Heart (R)	7 p.m.
Tue, May 12	Morgan Stewart's Coming Home (PG-13)	7 p.m.
Wed, May 13	Witchboard (R)	7 p.m.
Thu, May 14	The Golden Child (PG-13)	7 p.m.
Fri, May 15	The Golden Child (PG-13)	7 p.m.

#### Schwartz Theater

Mon, May 11	Burglar (R)	7 p.m.
Wed, May 13	Angel Heart (R)	7 p.m.
Thu, May 14	Morgan Stewart's Coming Home (PG-13)	7 p.m.
Hamilton Theater		
Fri, May 8	The Color Purple (PG-13)	7 p.m.
Sat, May 9	The Never Ending Story (PG)	1 p.m.
Sat, May 9	Heartbreak Ridge (R)	7 p.m.
Wed, May 13	The Name of the Rose (R)	7 p.m.
Thu, May 14	Blue City (R)	7 p.m.
Fri, May 15	Invasion U.S.A. (R)	7 p.m.



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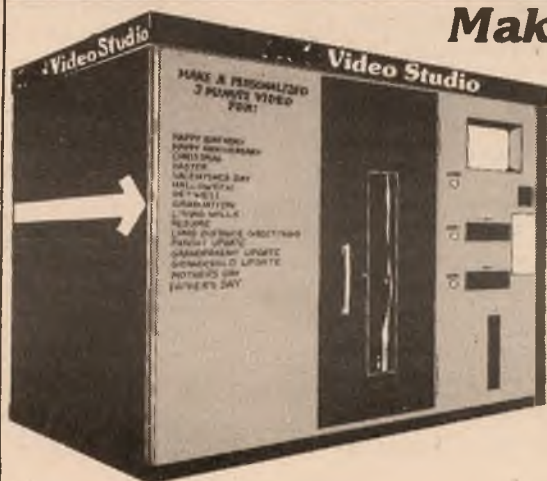
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**Success:** learn to take control of your life, **page 2**

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# Star Presidian

Vol. 30, No. 18

"Published in the interest of the people of the Presidio of San Francisco."

May 15, 1987



Star Presidian file photo

San Francisco's most famous landmark under construction shows the promise of the majestic span of today. Crissy Field hasn't changed too much from this photo, except for the vintage cars.

## Bay City celebrates

### Golden Gate birthday bash centers on Crissy Field, Presidio

On May 23, 24 and 25 the Bay Area will be celebrating the 50th Anniversary of the Golden Gate Bridge. As many as 200,000 people are expected to participate in the celebration which, for the most part, is being held at Crissy Field, Presidio of San Francisco.

In order to support traffic circulation control, area security, emergency medical service, fire department support, and overall safety, the organizers of the event, "Friends of the Golden Gate Bridge," have requested that the Presidio establish access control beginning at midnight to 10 p.m. May 24. All vehicular entrances to the Presidio will be man-

ned during these times. The following will be allowed access to the Presidio and Fort Baker:

- DoD personnel;
- municipal and charter bus systems;
- 50th Anniversary support personnel;
- antique cars; and
- emergency vehicles.

Families living on the Presidio are asked *not* to drive to Crissy Field as parking will be at a minimum.

The following is a schedule of events for the celebration:

#### May 23

Carnival at Crissy Field: 11

a.m. to 10 p.m.

#### May 24

Begin access control throughout the Presidio and Fort Baker: midnight to 10 p.m.

Close bridge to traffic: 4:45 a.m.

Ribbon Cutting and Log Splitting: 6 a.m.

Bridge Walk: 6 to 8 a.m.

Open bridge to traffic and antique cars cross bridge: 9:30 a.m.

Carnival at Crissy Field: 10 a.m. to 10 p.m.

Golden Regatta yachts and big ships: 11:45 a.m. to 2 p.m.

Wings of Gold Air Show (4 loca-

tions: Marin headlands, Crissy Field, Aquatic Park and Fisherman's Wharf): 2 to 4 p.m.

Multi-cultural entertainment, military demonstrations, San Francisco Symphony, and fireworks: 3 to 9:30 p.m.

Municipal and charter bus systems will be the primary means of transportation onto the Presidio on May 24. Organizers are working with the media to inform the general public not to drive to the event but to use public transportation. In any event, we should anticipate traffic within the greater Bay Area to be heavy and stop-and-go the entire day.



# Opinions

## Success—why not try life's best alternative?

by James C. Sanderfer

Based upon our daily experiences and exposure to life, we all have developed various views, attitudes and philosophies. In this regard, I offer an alternative that is simple, direct and easy to accept—be successful.

Having personally experienced many of the other alternatives, I can assure you that success far outdistances the other choices. Being successful is a tough job but someone has to do it. So why not give it a try. Here are five Success elements that may help you become more successful:

1. Attitude
2. Motivation
3. Goal Setting
4. Visualization
5. Affirmations

**Attitude:** If I had to select the single most important element of success, it would be attitude. A positive, healthy attitude is essential for accomplishing anything. Your attitude is the barometer of your success. When you feel "up", no obstacle is too difficult. When you feel "down", even the routine tasks become insurmountable.

You alone should control your attitude. If you don't control it, someone else will control it for you. So learn to carefully filter your thoughts and acceptance of information. Be very selective about who you choose as your experts. They should be people who are not only compatible with your ideals but who also fully support your goals.

Associating with positive, supportive people will help you experience more "up" time, which is the most

productive. By concentrating on the positive instead of the negative, you will gain more time for doing things that interest you.

**Remember—it's your attitude—you control it!**

**Motivation:** This is the spark successful people use to propel them from mediocrity to success. It separates the winners from all the others.

There are only three kinds of motivation: Fear, which is usually of short duration. You either give in to it or move away from it. Reward, which tends to be temporary because, once achieved, the same reward won't be as attractive or compelling as it was initially. Self, which comes from within. It's an inside-out proposition. Successful people learn to depend upon themselves for the needed spark that keeps them on top.

**Goal Setting:** This is the real heart of success. It provides true direction and purpose.

To be meaningful, goals have to meet this criteria:

1. Worthwhile—to you
2. Predetermined—by you
3. Personal—for you

As you can see, you have the ultimate responsibility for your direction. You can choose your own destiny, or let someone else do it for you!

You can do, be or have anything you want through Goal Setting, because it's the strongest human force for success. Once you've set a goal, you will be drawn toward it because it's yours. It helps kindle your burning desire for attainment.

When you set a goal write it down.

Then set a deadline for its attainment using intermediate dates as checkpoints. These intermediate checkpoints let you evaluate your direction and courses of action, which may be fine tuned along the way.

**Be flexible—remember you never fail,** but you may periodically find options that won't work. So adjust your course and continue on.

Describe, in writing, the action steps you will use to achieve your goal. Be explicit. Let these action steps be your personal road map to success. And don't be afraid of obstacles. Face and overcome them by planning ahead your course of action. Remember, you can't jump a chasm in two leaps, so develop your action steps in detail before you begin the pursuit of any goal.

**It's your life—plan it for yourself!**

**Visualization:** It's been said that if you can't see it, you can't believe it; and if you can't believe it, you can't achieve it. Learning to visualize what you want to achieve is critical to your success. Indeed, you are where you are today because of the dominating thoughts you hold in your mind. Adjust and control these thoughts and you control your own destiny.

You rise or fall, succeed or fail, by the images held in your mind. Fill your mind with pictures of your success. Practice sitting quietly, visualizing each action step leading to your goal, to your success. Make the pictures as vivid as possible. With practice your visualization can become so refined that your subconscious mind won't be able to separate an actual event from your



imagination. You have to mentally accomplish your goal before you can physically achieve it!

**Picture your success today!**

**Affirmations:** These are declarations of your success and your beliefs. Some examples of affirmations are:

1. Pledge of allegiance
2. Wedding vows
3. An oath of office

To be truly effective, affirmations must be personally developed and written in concert with your goals. They should be written in the present tense (for instance, I am a great runner).

Writing in the present tense eliminates the potential for procrastination and directly supports

please see page 3

## Ramblin' Sam

"Which do you prefer, CONUS or overseas assignments, and why?"



**CSM Louie J. Mazza, 6th Recruiting Brigade:** "I prefer to work where I can train and help the soldier. I have no preference between CONUS and overseas assignments as long as I can be sent to a place that has soldiers."



**Sgt. Katherine Harper, supply sergeant, Headquarters Company, USAG Presidio:** "I prefer overseas assignments. The training is more serious because you are closer to places where a war may break out. Also, there are many things to see and many places to visit in foreign countries."



**Capt. Gregory L. Robinson, S-1, 6th Recruiting Brigade:** "I prefer a CONUS assignment because of the amenities and the advantages that living in the U.S. has in comparison to other countries. No other country in the world presents the opportunities for growth that the U.S. does."



**SSgt. Charles Johnson, platoon sergeant, Ceremonial Platoon, USAG Presidio:** "I prefer overseas assignments because the military community overseas seems to be closer to one another. I also like the travel and the chance to see different parts of the world and different cultures."

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# Etc.

## TAKE A BITE OUT OF CRIME

### Domestic violence

by John Flynn

Domestic violence is a growing problem, both in California and in the United States. Statistics from the California Department of Justice reveal that in almost one-third of all willful homicides the victim was killed by a spouse, parent, or child. More dramatically, over half of all female homicide victims were killed by a spouse, parent, or child.

Until recently, domestic violence was largely viewed as a "family problem." Police, courts, hospitals and social service agencies hesitated to intervene. However, as a part of the growing concern with women's rights and with violence in general, these agencies and other community groups are beginning to look more closely at the causes of violence within the home and to offer assistance to the victims.

There is no typical profile for domestic violence victims other than that they usually are female. Young, old, black, white, single, married, the professional, the unemployed, the rich, the poor—all may be potential victims of domestic violence.

Children also are victims, even if they are not physically abused themselves. When children witness violence between their parents, they may

learn violence as a way of life and later become involved in abusive relationships themselves. In addition, violence in the home causes emotional suffering and corresponding problems.

Similarly, there is no profile of a domestic abuser. Like the victim, he or she may come from any walk of life. To the public, they may appear to be a good person and a law-abiding citizen. Usually, the abuser refuses to accept responsibility for his or her destructive behavior. Often they are under the influence of alcohol or drugs at the time of the assault. They may claim that they were drunk and didn't know what they were doing, or they sincerely believe that the abuse was justified in some way. In any case, the abuse continues.

One of the most frequently asked questions about domestic violence is, "Why does the victim stay?" There are many reasons why women or men remain in violent relationships: ignorance, love, fear, pride, embarrassment, financial dependence, or a combination thereof.

Domestic violence often is handed down from generation to generation. Many victims experienced family violence during their childhood and now accept it as a normal part of life. In fact, some women do not realize that physical assault of a spouse is a crime.

Religious convictions also may play a part in the decision to remain in a violent relationship. Sometimes priests or pastors encourage victims to "stick it out." The marriage vow, "for better or worse, until death do us part," is taken literally. To leave would mean that they had failed as wives and/or mothers.

Also, many women lack money or job skills,

especially when there are children. They are financially dependent on the abuser.

Family violence can be divided into three phases. They are the tension-building phase, the acute battering incident, and the loving reconciliation.

Tension is a normal factor in everyone's life and in all relationships. Some people, however, react to tension violently. Once violence occurs within the relationship, it compounds the normal tensions. During this period the woman senses the increasing tension. This often causes her to try not to make any "mistakes" that will anger her husband. She takes responsibility for making him feel better. As the tension increases minor episodes of violence occur such as pinching, slapping or shoving.

The tension finally builds to a breaking point in an explosion of violence. The abused spouse may or may not fight back. After the beating the woman is in a state of mental shock. She might not even realize how badly she is hurt.

Just as the abusing spouse went to the extreme of violence to ease tension he or she will also go the other extreme with apologies, gifts and gestures of love to win back the affections of the victim.

This vicious cycle continues until either the victim decides that the relationship is not worth losing her life over, she is killed, or a social or police agency intervenes on her behalf.

If this all seems to be familiar to you, you might consider contacting the Army Community Center, the Crisis Line, your clergy, or the Military Police. It shouldn't hurt to be loved.

## ESCAPE!

Presidio Fire Inspector Fred Bartow submitted this week's fire safety tip as part of an ongoing effort to educate Presidians or give a refresher on how best to avoid dangerous situations at home.

E.D.I.T.H. stands for Exit Drills In The Home, and is a way of ensuring your family's safety in case of a fire or other emergency.

Make a plan to ensure that everyone knows two ways out of every room. Establish a meeting place outside where everyone will gather, so that you will know right away if someone is missing or in trouble.

It's important to remember that even if you and your family establish E.D.I.T.H. in your home, you have to perform regular fire drills so that you can carry out your plan automatically in case of a real emergency.

There are plenty of other ways to prepare your family for a fire. But the best way to prepare is to practice fire prevention. It's good to have an exit plan like E.D.I.T.H., but if you are careful about fire safety, you won't have a reason to use it.

### PSF

#### IDEAS OF EXCELLENCE PROGRAM

There is at least one proud Presidian out there who has made saving Army money a priority. John Wiggin of the Directorate of Resource Management suggests that the outside lighting on Building 102 be converted from mercury vapor to sodium vapor. This would save money because sodium vapor lighting uses approximately 40 percent of the energy mercury vapor lighting uses.

Using sodium vapor lighting would involve changing the bulbs, not the fixtures. According to Wiggin, other buildings in the 100 series also could be candidates for conversion.

Wiggin said that perhaps all outdoor lighting could be converted to sodium vapor. The Army would save money and energy in the long run.

Congratulations to Wiggin for his money-saving idea!



## News Brief

### Arrest Hunger

Military volunteers are needed for a project tomorrow, Armed Forces Day. A program, known as "Arrest Hunger," has been started in San Francisco. This non-profit effort is dedicated to the collection and distribution of food to needy elderly citizens and families on a regular basis. Local organizations such as the San Francisco Police Officers' Association, KGO-TV, and the U.S. Council of Mayors are supporters of this effort.

The military services in the Bay Area have been asked to solicit volunteers who would man collection booths in local stores during Armed Forces Day.

Interested volunteers should call 1-800-CHARITY for additional information and assignment. The requested support would involve collection of food between 11 a.m. and 5 p.m. tomorrow.



## Success

from page 2

your ability to visualize the accomplishment of your goals. Keep your affirmations with you at all times and review them periodically during the day, each morning when arising, and each evening before retiring. This ensures a continuous, positive flow of information into your mind.

### Affirmations—They are your future, today!

You've been shown a lot of information. Some of it may be new to you, parts of it may already have known or recall seeing before. Nonetheless, this information should be a valuable reminder about what is required for becoming successful. Use it daily and you too may experience the best alternative of all—success!





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**NCUA**

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# Contractors keep it all together for Presidio

story and photo by Pleasant Lindsey

The Directorate of Contracting (DOC) now is responsible for issuing contracts for construction, supplies and services on the Presidio. The directorate also handles contracts for the Presidio's subposts.

"We support all of the post activities and the satellite posts, such as the Reserve Centers," said Clarice Dixon, a supervisory contract specialist and chief of the Administrative Support Division. Some of these centers are as far away as Reno and Las Vegas, Nev., and San Pablo, Santa Rosa and Ukiah, Calif. "The Presidio's DOC handles the contract requirements for all of these posts."

The units will send their requests to DOC in the mail or hand-carry the requests.

There is more to the job of contracting than just asking someone to do some work. Comparison shopping, and product and cost analysis must be performed before any contract can be awarded. Dixon and Bracken agreed that commercial activity (CA) requests are the most difficult facet of their job.

Before a contract is issued for services, DOC will perform a CA study to determine if it is cheaper for the government to use civilian contractors or let government workers perform the job.

Bracken explained it this way:

"Take, for instance, Supply and Services. The CA study would determine if it is cheaper for government employees to run the supply operation or if it would be more cost effective to have a private contractor run the plant."

Presently, DOC is performing CA studies for the post laundry facility and for the engineering activity.

Automated data processing (ADP) purchases are a tough row to hoe for DOC. All of the computer purchases for the Presidio's activities and its satellite units are handled by DOC.

"It's complicated," Dixon said, "because many people don't have the full knowledge of their data processing needs."

"To adequately make a computer purchase, we need to know what the user intends to do with the equipment."

"For instance," she continued, "we may get a request for an IBM front-end processor. The requestor should know all of the functions of this equipment, so that we can compare prices with other companies. If the requestor or activity doesn't give us any background information about the system's functions and how it will be used, we won't have any guidelines to follow to determine the best prices in the market."

Dixon said that DOC also performs a cost analysis study for some equipment to determine if it would be less expensive to lease, lease-to-own, or make an immediate purchase of the requested equipment.

"Some people may consider all of these steps as being time consuming," Dixon said, "but these measures are designed to protect the government and the people we contract with."

Dixon said computer contracts are more difficult than fixed-price contracts because computer equipment is extremely complex. But DOC also handles contracts for services that hardware can't perform.

Janitorial, custodial and grounds maintenance contracts are handled by DOC.

"We even do dry cleaning contracts," Bracken said. "The post laundry facility doesn't perform dry cleaning services. You may take your clothes there to be dry cleaned, but that service is actually performed by a dry cleaning service in San Francisco that we have contracted to do the work."

DOC contracts for civilians to man the dining facilities on post, and contracts companies to transport and temporarily house recruits that are just entering the service from their Military Entrance Processing Stations (MEPS). The MEPS contracts are renewed monthly.

DOC issues the contracts for construction projects on post. Dixon said the Department of Engineering and Housing (DEH) performs surveys for a proposed construction project to estimate the project's cost to the government. DOC then compares the government estimate to the estimates given by competing contractors to



Maria E. Sermeno is one of the clerk typists who insures the smooth flow of documentation through DOC. A deaf mute, she has been in contracting 14 and one-half years.

determine how the contract will be awarded.

"We also have a contract for mortuary services for anyone who is in the military," Dixon said. DOC also contracts for car rentals and for retreading tires.

Considering that many of these contracts are on-going and are handled simultaneously, DOC's task is monumental. Their administrative and purchasing staffs are inundated with paperwork.

"Every time someone calls to check on something it costs us a few minutes of work time," Bracken said. "There are only four clerk typists in the whole directorate, and they are under a lot of pressure. We are presently switching to a fully automated system, the Standard Army Automated Contracting System (SAACONS) which will tie in all sections of the directorate and will cut down processing time."

The automation will bring more than a welcome relief of the load that DOC carries. By turning the contracting division into a separate directorate, the purchasing of equipment and the contracting of services can now be fully automated to provide a faster, more efficient response to the Presidio's needs.

## Military sets precedent for public in AIDS testing

by Evelyn D. Harris

Public health officials have decided to encourage people seeking family planning services, prenatal care or drug treatment to be tested for AIDS. However, they do not endorse mandatory tests for them or tests for all those applying for marriage licenses or admitted to hospitals.

The officials announced their position following a recent forum on the disease sponsored by the Centers for Disease Control. Air Force Lt. Col. John Herbold, a senior policy analyst for preventive medicine and health promotion with the Office of the Assistant Secretary of Defense for Health Affairs, said the recommendations were in line with Department of Defense positions.

In some ways, Herbold said, civilian officials have followed the military's lead. Although AIDS screening for military members is mandatory, a precedent can be found for it in such procedures as man-

datory vaccinations for military members. Both procedures are necessary to protect service members.

"We don't want to send someone with a potentially compromised immune system into field conditions in parts of the world with a high risk of endemic disease or minimal medical support. We also don't want to put infected individuals into a situation where unscreened blood transfusions may be required," Herbold said.

Military family members asking for certain services in the military medical system may be screened voluntarily after giving their consent. Officials at the forum recommended voluntary screening for women of child-bearing age in communities with a high rate of AIDS. DoD Health Affairs officials recommend no such distinction—that testing be offered, but not required, for any woman seeking prenatal services as a

"standard of care." Under "standard of care," an individual can refuse to be tested and still receive care. AIDS testing is also the recommended standard of care for those being treated for drug abuse and sexually transmitted diseases other than AIDS.

Herbold said that media reports that the military is planning a dramatic change in its policy regarding those who test positive for AIDS are overstated and that no big change is expected. "Fitness for duty will still be the primary factor determining whether an individual testing positive for the HIV (Human Immunodeficiency Virus) antibody is retained or not. A medical board will thoroughly review the person's case before making a decision. An individual who can still perform the mission will not be discharged based on antibody positivity alone," Herbold said.

"AIDS screening" is actually a test for the presence of the antibody to Human Immunodeficiency Virus, which causes AIDS. It is extremely difficult and expensive to detect the AIDS virus itself, so screening tests look for the antibody.

Screening of the active duty force began in early 1986. Since then, approximately 1.3 million people have been tested—569,158 in the Army; 531,430 in the Navy and Marine Corps; and 173,484 in the Air Force. The overall positive rate is one to two per 1,000 individuals. The rate for the Navy and the Marine Corps is 0.21 percent; the Army, 0.14 percent; and the Air Force, 0.13 percent. Because the age and sex distribution of people tested may vary among the services, rate comparisons would be inappropriate.

Service members confirmed to be infected with HIV receive extensive evaluation, psychological support and treatment facilities. The military has been screening all potential recruits for HIV antibody positivity since October 1985. Between Oct. 15, 1985, and Sept. 30, 1986, 641,220 potential recruits were screened. Of these, 976 were confirmed as antibody positive by the Western blot test—an overall rate of positivity of 1.5 per 1,000 individuals, or 0.15 percent. People who test positive are not accepted into the military.

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# Clearing up "gray areas" in new dental plan

by Bob Close

The Dependent Dental Insurance (DDI) program is automatically enrolling family members of United States service members through June 30, 1987. Benefits will be available under the dental plan on Aug. 1, 1987. Unfortunately, there is some confusion surrounding DDI, according to MSgt. Reginald Ward, chief dental NCO of the Dental Activities Center (DENTAC) here.

"The program is an insurance policy, similar to the insurance policies offered to employees of civilian companies," explained Ward. "A soldier pays \$3.93 for one family member (age four and up) and \$7.86 for more than one family member to be covered under the plan. If you've got more than two family members in the program, you still only pay \$7.86. The premiums are deducted from the soldier's base pay each month."

Children under age four can be enrolled, but you must request enrollment for them. A handicapped child over age 21 or a student up to age 23 may also be enrolled according to CHAMPUS officials.

Dentists and dental hygienists participate in the program under an agreement with the contractor, Delta Dental Plan of California, and are called "providers." The contractor is required by the contract to provide a list of providers within a 10-mile radius of the military installation, according to Ward.

The Office of the Civilian Health and Medical Program of the Uniformed Services (OCHAMPUS) will maintain copies of the list which will be available sometime during June according to Charlene Mccray, OCHAMPUS Health Benefits Advisor at Letterman Army Medical Center (LAMC).

"You can always write the contractor for information on providers beyond the 10-mile radius," said Ward. "Also, there is a toll-free number available to soldiers and their family members participating in the program."

If there is a dentist that you would like to see who is a non-participating dentist (not a provider), that dentist can submit a claim to cover the services up to the amount Delta Dental allows.

"If a non-participating dentist charges more than the allowed fee, then the difference will come out of the pocket of the beneficiary," Ward said.

"Providers, on the other hand, have agreed with Delta Dental that they will provide the service for Delta Dental's rate," according to Ward.

If a soldier's family members live in an area where there is no military installation, the family members may go to a local dentist who will submit a claim to Delta Dental. This process is the same as using a dentist who is not participating in the program (not a provider). Similarly, a service member whose family is receiving dental care on the military installation, but one child is attending school away from the area, may enroll that one child, according to Ward.

However, all eligible family members must be enrolled if any member is enrolled, in most circumstances, according to CHAMPUS officials.

Under DDI, routine diagnostic services such as oral examinations, radiographs, tests and lab exams are free (tests and lab exams must be provided in connection with other authorized procedures).

No restorative services are totally covered. Restorative services and other services are cost shared. The beneficiary will pay 20 percent if a provider is being used.

"Under the 80-20 percent plan silver (amalgam) and white (resin) fillings are covered. So are stainless steel crowns for baby teeth, pin retention (pins used to reinforce the tooth to help fillings hold) and repairs to dentures.

"There are many treatments that are not covered, such as crowns, fixed bridges, root canals," said Ward, "which is why they list the ones that are covered. The brochures will list all the items that are covered, if it's anything not listed, you know it's going to cost you. You're going to have to pay attention to it. You can also contact the contractor who will tell you what is or is not covered.

"When you're receiving treatment and you have a question, ask your dentist, 'Is this covered?'" stressed Ward. "By doing this, you will be sure of any financial liability before the treatment has been completed. If the proposed treatment seems unnecessary or unusually costly, you would be well advised to seek a second opinion from another dentist. In these instances, a second opinion may be obtained from a military clinic in your area. You should check with your servicing clinic."

An individual who is covered by the dental plan can still use the Army's dental facilities for procedures not covered by the insurance policy. Treatment will be on a space-available basis, after active-duty military personnel. Family members

who wish to receive dental treatment, whether enrolled in DDI or not, have the same priority level under the space-availability program. If other priorities prohibit your treatment, and DDI doesn't cover the treatment you desire, the only option is to go out to civilian dentists, in which case you will not be reimbursed, according to Ward.

The sign-up process is automatic under the Defense Enrollment Eligibility System (DEERS). If you have family members listed on the DEERS, you will automatically be enrolled. If you do not wish to participate in the program you must disenroll. This can be done through your local unit. The forms can be picked up at, and submitted right through, your unit.

You must enroll for a period of not less than two years. If you disenroll, it will be one year until you are again eligible to enroll. Family members will be continued in the dental plan even if transferred to another duty station within the U.S. However, if dental care is provided by the military dental facility at your new installation, you may disenroll from the program. This has to be done within 90 days of the reporting date to the new station, Ward said.

"In order to be in the program you must have six months left as of August 1 until your End of Term of Service (ETS) date," Ward said. "Then, it's a two-year program. They are giving the people with less than two years left the full benefit of the insurance policy because it's a new program."

Once the program is underway, if you feel that one of your benefits has been denied, there is an avenue of appeal. First, you can go to the contractor. Then if it's greater than \$50 and their decision wasn't in your favor, you can appeal higher to the Office of Civilian Health and Medical Program of the Uniformed Services (OCHAMPUS). The appeal to OCHAMPUS is final if it is in your favor or if the amount in dispute is less than \$300.

"Remember, this program is new, so there are still some gray areas and minor details that need clarification and it will take some time to work the bugs out," said Ward.

"Although this program is not part of CHAMPUS, it is being administered by OCHAMPUS," said Mccray.

For more information about DDI, contact the LAMC Dental Clinic at 561-3922, or the CHAMPUS advisor at 561-4923.

## Vote on a slogan

# Contest challenges U.S. in a new way

Can you think of a catchy phrase that just might inspire someone to get out and vote? The Federal Voting Assistance Program (FVAP) is participating with the 50 states and U.S. territories in a national voter slogan contest.

All military people (active, Reserve and retired), family members, Department of Army civilians and their families and all U.S. citizens overseas are eligible to participate.

The winners from each state and the (FVAP) will compete for the honor of having their slogans used in the national "get-out-the-vote" media campaign for 1988.

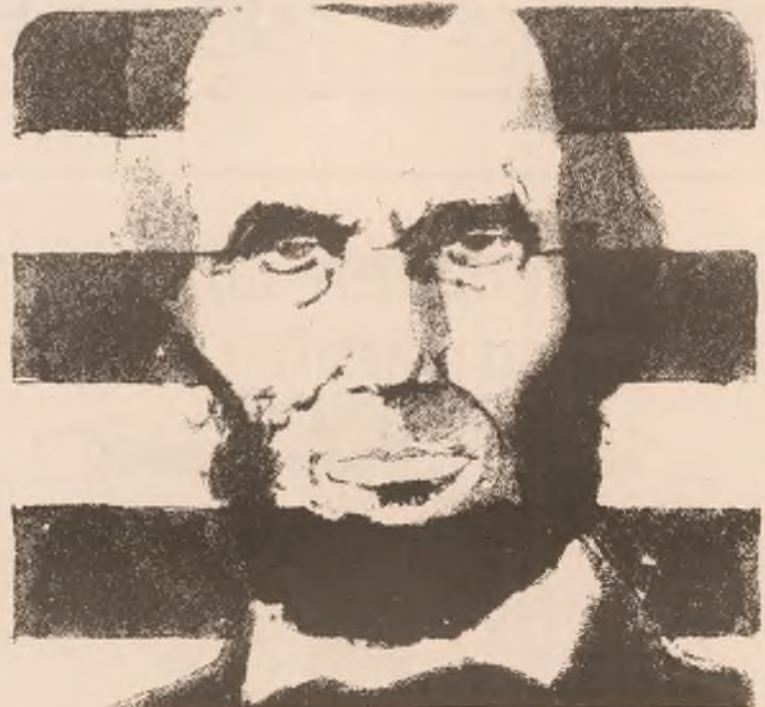
The contest is intended to increase awareness of voting importance. The winning slogan will be an integral part of the 1988 Department of Defense media campaign to "get-out-the-vote". The slogan will appear on posters, voter manuals, publications, and other media materials.

Last year the winning slogan was "America by Choice...not Chance. Vote.", submitted by Lt. Col. Richard P. D'Elia.

To participate in the contest conducted by the Department of Defense, send your slogans or artwork (although artwork is not necessary for consideration) to:  
Federal Voting Assistance Program  
Office of the Secretary of Defense  
Room 1B457, Pentagon  
Washington D.C. 20301

Include your full name and address on the envelope. Entries should be submitted on 8½ x 11-inch paper only. There is no limit to the number of slogans that may appear on the same sheet of paper. All slogans must be received by August 1, 1987 to be considered.

For more contest information or any voting-related questions, write or call the Federal Voting Assistance Program at Autovon 225-0664.



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# Community Calendar

## Bridge Weekends

The Exploratorium joins the rest of San Francisco in a celebration of bridges this weekend and Thursday evening. The Exploratorium will pose some of the scientific, engineering and aesthetic questions involving bridges as a commemoration of the Golden Gate Bridge's 50th anniversary.

The Bridge Weekend activities will take place from 10 a.m. to 5 p.m. each day and are included in the price of admission to the Exploratorium.

Call 563-7337 for a final schedule of the weekend's lectures and events.

## Separation briefing

All soldiers honorably separating (though not retiring) from the Army during the months of May, June, July and August are required to attend a pre-separation briefing at the Golden Gate Community Club on May 19 from 8 a.m. to noon. Spouses are welcome to attend. For more information, call the Soldier Support Branch at 561-4664 or 561-4665.

## Vehicle registration

The Vehicle Registration Section, Office of the Provost Marshal, will register privately owned vehicles (POVs) Saturday, from 11 a.m. to 2 p.m.

During the upcoming Golden Gate Bridge celebrations the Presidio will be closed for the weekend of May 23 through 25; POVs need to be registered as soon as possible.

## Give glasses so others can see

Presidio Girl Scout Troop 10 will be collecting used eyeglasses during the next two weeks as a service project. Containers will be placed at the three post chapels.

The glasses will be donated to the "Flying Doctors," a local organization, which has them cleaned, tested and the prescription computerized.

The "Flying Doctors" go to underdeveloped countries where, as part of their service, they examine eyes and write prescriptions for glasses. These prescriptions are matched on the computer with those available in the United States, and the glasses are then delivered to a needy person.

All prescriptions are needed and will be put to good use.

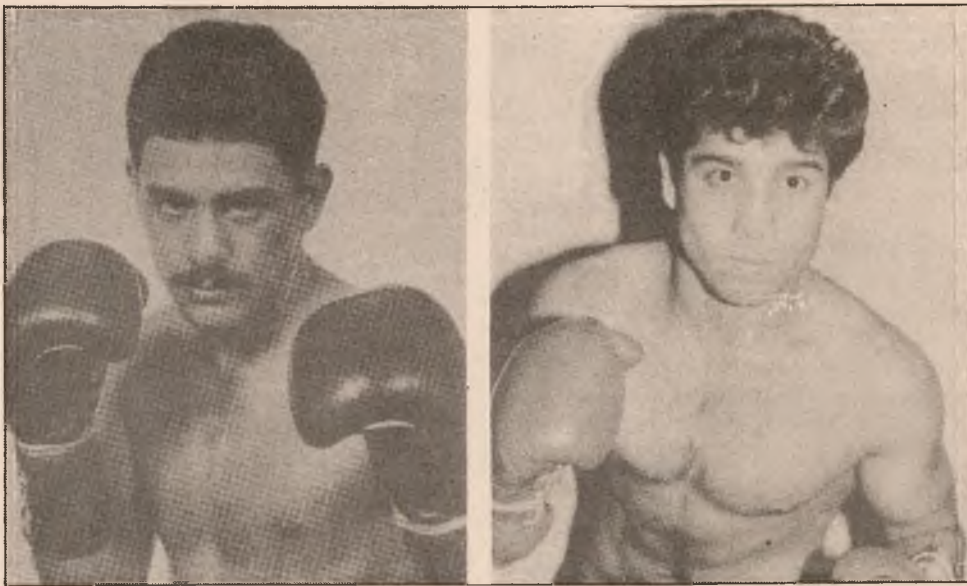
## Golden Gaters go to Santa Cruz

The Golden Gaters will take a train trip from Roaring Camp to Santa Cruz on May 23. A barbecue will be held at a member's house upon return.

For more information, call Pat Pavlisin at the Post Chapel at 561-4711.

## "Hiroshima" in concert

The popular jazz/fusion group, "Hiroshima," will perform in a benefit concert for the Asian American Theatre Company tomorrow



## LARRY VILLARREAL V.S. ERNESTO LANDEROS Boxing

Stop by the ITT Office for your free tickets to Oakland Live Boxing on Wednesday at 8 p.m. The California State Title Lightweight Championship Main Event between Larry Villarreal and Ernesto Landeros will be held at the Henry J. Kaiser Convention Center, Oakland Auditorium.

row at 8 p.m. in the Masonic Auditorium in San Francisco.

Opening for "Hiroshima" will be local comedians, Linda Hill and Diane Amos. More special guests will be announced.

Tickets are \$50, which includes a gala reception with "Hiroshima" before the concert; \$20 for the concert only. Concert-only tickets are available through all BASS outlets.

For gala tickets and more information, call the Asian American Theatre Company at 346-8922.

## Teen dance

Youth Activities and the Enlisted Spouses Club are sponsoring a teen dance May 22 at the Log Cabin, bldg. 1229. This dance is for I.D. card holders and one guest 13 to 18 years of age.

The dance is from 7:30 to 11 p.m. and the cost is \$2 per person. There will be a door prize and dance contest, so don't miss the fun!

For more information, call 561-5143.

## Office aide

The Presidio Thrift Shop needs an office aide who has some knowledge of computers, cashing and book-keeping.

For more information, call Pam Meyer at 922-3384.

## Computer exhibit

The Department of Design and Industry in the School of Creative Arts will present an exhibition and demonstration of computer-aided drafting on May 20 and 21 from 9 a.m. to 7 p.m. in the Student Union facility at San Francisco State University. The exhibit will include mockups, models and prototypes which are designed to solve industrial design problems as well as graphic reproductions, desktop publishing and other computer applications. Admission is free.

For more information, call the Department of Design and Industry at 469-2211.

## Country-Western dance lessons

The Recreation Center is holding Country and Western dance classes; no partner is needed for dancers. Learn the "Cotton-eyed Joe" on Thursday, and the country waltz on May 28. Classes are held at the Golden Gate Community Club, bldg. 135. Cost for the lessons is \$5 per class. The instructor is Randy Johnson.

## 'Baby Expo' comes to Oakland

A "Baby Expo" is coming to the Oakland Coliseum complex on May 16 and 17. The event will begin at 10 a.m. and last until 4 p.m. each day.

More than 100 exhibits will display the latest and most innovative products and services for babies, small children and parents. Also, there will be speakers and workshops addressing important issues for today's families.

Play areas for children will be provided at the Baby Expo. Call 444-SHOW for more information.

## YA needs sports director

Youth Activities (YA) is looking for a qualified person to run a sports camp from July 6 through 24. You must have experience with team sports, baseball, basketball, soccer and in working with youngsters. Pay will be determined by experience and qualifications. Call YA for more information at 561-5143 or 561-5910.

## Olympic tickets

The 1988 Winter Olympics set for February 13 through 28 in Calgary, Canada, are selling fast.

If you'd like to attend, contact any travel agency or write:

Olympic Tickets, Post Office Box 1988, Stn M, Calgary, Alberta T2P4E7 or call (403) 270-6088. All

tickets will be sold on a first come, first served basis.

## Set the stage for talent

Do you have a unique talent as a lighting or sound designer or technician? The 1987 FORSCOM Festival of Performing Arts is looking for you! Volunteers are needed to design, set up and operate the lights and sound for the performance on June 11.

If you would just like to lend a helping hand as an usher, your assistance would be greatly appreciated as well.

Anyone interested is welcome to attend the technical meeting on May 28 at the Golden Gate Community Club's Green room at 6 p.m., or call 561-4630.

## German Headstart classes starting

A German Headstart class will be held at the Army Education Center, bldg. 1216, from Wednesday through July 15. The class will meet Mondays and Wednesdays from 6 to 8:30 p.m. The class is offered for soldiers, adult family members and Department of Army civilians on orders for Germany, but others can enroll on a space-available basis.

The class offers an excellent opportunity to learn practical German—for instance, learning to tell time, ask directions, order a meal, shop, travel, exchange dollars and much more. There is no charge for the course. Books and materials will be provided by the Education Center.

For more information, call the Education Center at 561-2974 or 561-4445.

## SFSU summer courses on post

San Francisco State University summer on-post courses will begin June 1. **Introduction to Critical Thinking (Philosophy 110)** will meet on Mondays and Wednesdays from 6 to 8:45 p.m. and fulfills a general education requirement for a bachelor's degree.

**General Psychology (Psychology 200)** will meet on Tuesdays and Thursdays from 6 to 8:45 p.m. This course fulfills a social science requirement for a bachelor's degree and also is a required course for nursing majors.

Most soldiers are eligible for tuition assistance and pay only \$24 or \$60, depending on rank and years of service. The tuition is \$240 for non-military and is open to all adults.

For more information, call or visit the Fort Scott Education Center, bldg. 1216, at 561-2974 or 561-4445, or the LAMC Education Center, bldg. 1007, at 561-3692 or 561-4030.

## Arts and Crafts Center closure

The Arts and Crafts Center, bldg. 122, and the Automotive Skills Center, bldg. 662, will be closed May 23 in observance of Memorial Day.



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.



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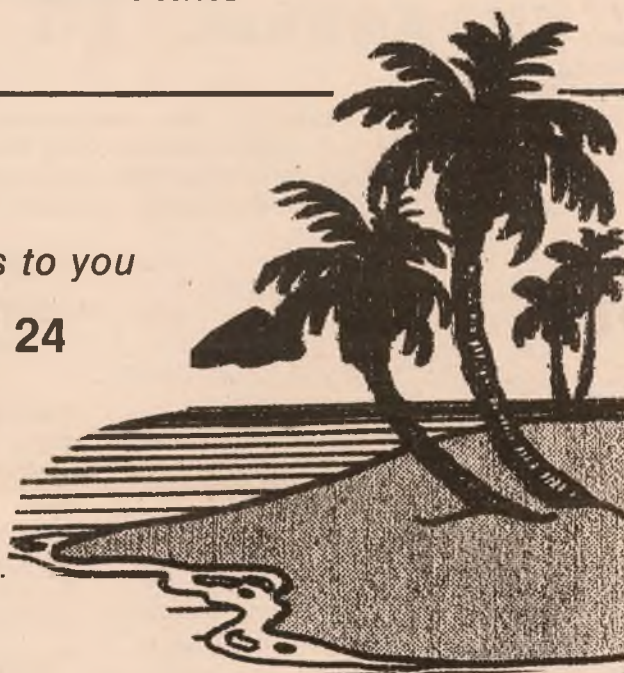
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# Sports



## High jumper flies at Modesto meet

At the S&W Modesto Invitational Track Meet May 9, Army athletes fared well in several of the events. In the Open High Jump event, Chris Bonner approaches the jump set at 7'4 1/4", the height needed to qualify for the Nationals. At right, Bonner misses the jump by a hair, but he won the event with a jump of 7'2".



photos by Debbie Robinson

## Sports Notes

### LAMC repeats as volleyball champs

Last week LAMC's Company B defeated Community Recreation Division (CRD) in three games by a score of 15-8, 14-16, 15-11 to become Presidio's intramural volleyball champions.

Earlier results in the double elimination tournament, which was held at the main post gymnasium May 4 through 6, are as follows:

#### May 4

Co. B, LAMC vs. 16th AG (Postal), 15-5, 18-16.

W-Sector vs. LAIR, 13-15, 16-14, 16-14.

USAG vs. LEC, 16-14, 15-13.

DLI-SF No. 1 vs. CRD, 7-15, 15-13, 17-15.

Co. B, LAMC vs. W-Sector, 15-8, 15-6.

USAG vs. DLI-SF No. 1, 15-10, 15-5.

#### May 5

LAIR vs. 16th AG (Postal), 11-15, 15-6, 15-11.

CRD vs. LEC, 15-1, 15-15.

LAIR vs. DLI-SF No. 1, 15-9, 15-10.

CRD vs. W-Sector, 15-6, 15-8.  
Co. B, LAMC vs. USAG, 15-4, 15-12.  
CRD vs. LAIR, 15-10, 15-8.

#### May 6

CRD vs. USAG, 15-9, 15-13.  
Co. B, LAMC vs. CRD in the championship match. The score was 15-12, 14-16, 15-11.

SSgt. Tony Fegurgur, Co. B, LAMC was named Most Valuable Player for the tournament. Congratulations to Co. B, LAMC on their hard-earned win!

### Intramural softball begins

There are 19 teams in this year's softball league, and Medical Service Corps (MSC) seems to have started out the season the way they finished last year with a victory over USMEPCOM, 15-5.

Other scores from last week's play were:

Co. A, LAMC 11, DLI 9; AAFES 6, USAG 13; USAISC 13, LCA 7; LAIR 22, Finance 0; Co. A, LAMC 9, LEC 6; Co. B, LAMC 10, DOL 0; DEH 14, LEC 13; Co. B, LAMC 9, USMEPCOM 4, FBI 11; USAG 10; Sixth U.S. Army 10, Coast Guard 0.

### Next week's schedule:

Field No. 1  
LEC vs. 864th Engineers... 5:30 p.m.  
Sixth U.S. Army vs. USAG... 6:30 p.m.  
LCA vs. DLI-SF... 7:30 p.m.  
Field No. 2  
Finance vs. MSC... 5:30 p.m.  
LAIR vs. FBI... 6:30 p.m.

#### Tuesday

Field No. 1  
Coast Guard vs. Co. A, LAMC... 5:30 p.m.  
LCA vs. 864th Engineers... 6:30 p.m.  
LAIR vs. USAG... 7:30 p.m.  
Field No. 2  
DEH vs. AAFES... 5:30 p.m.  
Co. B, LAMC vs. Sixth Army... 6:30 p.m.

#### Wednesday

Field No. 1  
DEH vs. USMEPCOM... 5:30 p.m.  
USAISC vs. FBI... 6:30 p.m.  
Coast Guard vs. MSC... 7:30 p.m.  
Field No. 2  
DOL vs. Co. A, LAMC... 5:30 p.m.  
SFMID vs. AAFES... 6:30 p.m.

### Softball field reservations

The Fort Scott softball fields for intramural softball practice are now available for teams who have made reservations. Reservations are for

one hour only and they must be used before another reservation will be issued.

Call the Sports Branch at 561-4131 for more information.

### Tennis court closes

Tennis court No. 5 on Arguello Blvd. (next to the Red Cross building), is closed for court surface repairs until further notice. For more information call the Sports Branch at 561-4131.

### Golf standings

As of May 7, LAMC Team No. 2 had retained the lead in intramural golf. They are ahead of the pack with 39 and one-half points.

LAMC Team No. 1 had 30 and one-half points.

Readiness Group-PSF had 30 points.

USAG had 26 and one-half points.

Sixth U.S. Army had 26 points.

LEC had nine points.

### Youth baseball

Youngsters between the ages of 11 and 14 can play baseball on the Presidio. Youth Activities is still recruiting players. The fee is \$15.

For more information, call Youth Activities at 561-5143.

### At the movies

#### Presidio Theatre

Fri, May 15	The Golden Child (PG-13)	7 p.m.
Sat, May 16	Blind Date (PG-13)	7 p.m.
Sun, May 17	Blind Date (PG-13)	7 p.m.
Mon, May 18	Blind Date (PG-13)	7 p.m.
Tue, May 19	Nightmare on Elm Street II—Freddie's Revenge (R)	7 p.m.
Thu, May 21	Crocodile Dundee (PG-13)	7 p.m.
Fri, May 22	Crocodile Dundee (PG-13)	7 p.m.

#### Schwartz Theater

Mon, May 18	Witchboard (R)	7 p.m.
Wed, May 20	Blind Date (PG-13)	7 p.m.
Thu, May 21	Nightmare on Elm Street (R)	7 p.m.
Hamilton Theater		
Fri, May 15	Invasion U.S.A. (R)	7 p.m.
Sat, May 16	Camel Boy (G)	1 p.m.
Sat, May 16	The Three Amigos (PG)	7 p.m.
Wed, May 20	That's Life (PG-13)	7 p.m.
Thu, May 21	Wise Guys (R)	7 p.m.
Fri, May 22	An American Tail (G)	7 p.m.



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## Zenith 19" remote control color TV (example)

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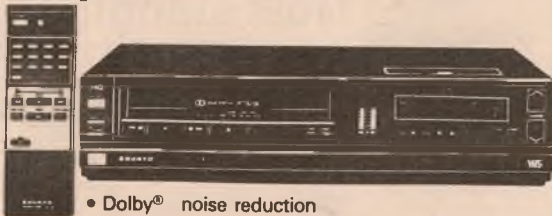
## Sanyo 120 watt stereo rack system (example)

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## Sanyo stereo format VCR (example)



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- Infrared remote control with direct access tuning
- 3 speed record/playback

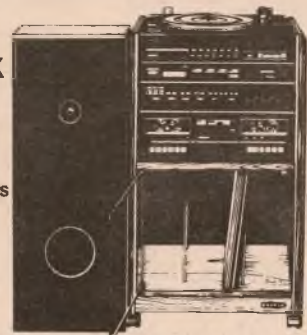
## Zenith 25" console color TV (example)

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## Sanyo 25 watt stereo rack w/dual cassette deck (example)

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- 12 station memory presets
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- Semi auto turntable



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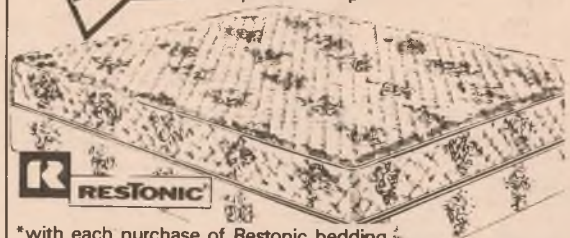


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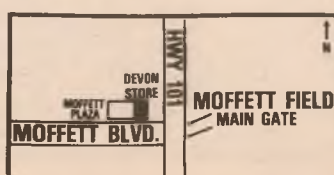


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# Star Presidian

Vol. 30, No. 19

"Published in the interest of the people of the Presidio of San Francisco."

May 22, 1987

## News Briefs

### Commissary closes

The Presidio Commissary will close Tuesday in observance of the Memorial Day holiday.

### Military payday changes

Beginning with the September 1987 end-of-month pay period, all Department of Defense service members will be paid on the first day of the following month. This change is mandated by U.S. Congress.

The military services still will be authorized to advance payday up to three days when the first of the month falls on a weekend or holiday, except for the month of September. Mid-month paydays are not affected by this change.

The change also will affect the delivery dates of allotment checks, causing some arrival dates to be delayed by one or two days.

The first four end-of-month paydays affected by this change are:

Pay period	Payday
September 1987	Oct. 1, 1987—Thursday
October 1987	Oct. 30, 1987—Friday
November 1987	Dec. 1, 1987—Tuesday
December 1987	Dec. 31, 1987—Thursday

### Services scheduled at Fort Baker Chapel

On Sunday a Protestant service will be held at the Fort Baker Chapel at 11 a.m. There usually is only one Protestant service there a month, but because of the traffic from the Golden Gate Bridge birthday celebration, the Fort Baker Chapel will be used.

### Blue Cross rep answers questions

Bernice Morgan, a Blue Cross Blue Shield representative, will be at the Presidio Civilian Personnel Office, June 30, to answer questions from individuals about their policies. Anyone who would like to see Morgan should bring all pertinent paperwork relating to their question or problem. For an appointment call Diane Nishimoto at 561-5757.

### Presidio transport helps out during birthday weekend

Presidians won't have to drive anywhere for the Golden Gate Bridge ceremonies on the post.

The Transportation Motor Pool (TMP) will provide special shuttle service Sunday for **Presidians only**. Two military buses will serve the post along the regular route from 10 a.m. to 10 p.m. However, the buses will not make trips off-post, nor will it stop at the Defense Language Institute (DLI) or the Golden Gate Bridge toll plaza. All other stops on the regular route will be serviced.

Presidio families can leave their cars in the driveway and leave the driving to TMP. The shuttles can be expected to arrive at stops approximately every 25 to 30 minutes. A military I.D. will be required to board the bus.



Star Presidian file photo

A lone bugler plays "Taps" at a Memorial Day service in honor of our fallen heroes.

## Presidians remember

### Memorial Day: think of heroes, safety during holiday

by Debbie Robinson

Memorial Day gives us a chance to honor service members who gave their lives while serving their country. Also it marks the beginning of summer; a time for celebrating life by having picnics, parties, and simply, a good time.

The unfortunate reality of Memorial Day festivities though, is that many people tend to throw their cares to the wind; they have a little bit too much fun, which often leads to disaster.

Army Chief of Staff Gen. John A. Wickham Jr. sends a Memorial Day Holiday safety message which hopefully will serve to make us all a little more safety conscious during this weekend. He said that from 6 p.m. on May 8 to 6 p.m. on May 10, 1987, eight Forces Command (FORSCOM) soldiers died in five separate auto accidents. Alcohol was involved in four of the accidents and excessive speed was involved in the other.

It would have been so easy to avoid such ac-

cidents if these soldiers had thought first about the consequences of drinking and driving. Driving in San Francisco can be enough of a challenge without impairing your driving abilities by drinking alcohol.

On Memorial Day, Monday, the Presidio will honor our fallen heroes with a ceremony sponsored by the San Francisco Citizens' Committee for the Proper Observance of Memorial Day.

A parade will start off the ceremony at 10:15 a.m., traveling from the main parade grounds parking lot to the ceremony site at the cenotaph of the San Francisco National Cemetery. (A cenotaph is a monument built in honor of people buried elsewhere.)

The parade will include the Sixth U.S. Army Band, the Presidio Color Guard, the Veterans' Organization Color Guards and the Veterans' March Units.

please see page 2



# Opinions

## Tough standards make NCOs top-notch

by CSM Louie J. Mazzo

In order to reach the level of success and unit readiness established for their organizations, all noncommissioned officers must measure their leadership by motivation, esprit, experience and judgement in determining readiness and success. Factors not easily measured must also be considered: how well are squad leaders, section leaders and soldiers trained; does the organization have high esprit and determination for success; can a junior noncommissioned officer become an effective, qualified leader. These are key factors a senior noncommissioned officer must emphasize in order to help his commander bring his organization to a high degree of success.

Readiness also can be improved by: the senior noncommissioned officer enforcing policies and standards; encouraging and absorbing feedback, thus improving the soldiers and training readiness of the organization and success in mission accomplishment.

Military history shows that leadership often is the deciding factor in combat. A unit may have the

essential element of combat readiness—sufficient soldiers, equipment and even training—but without a skilled leader the unit may fail. On the other hand, there are examples of highly successful units where soldiers, equipment and training were in short supply, and these shortages were offset by a skilled, imaginative leader who did the most with what he had—experience, judgement, and the ability to inspire his unit to heroic levels of mission accomplishment.

Leadership is not easy to measure or judge. It is an essential characteristic of a senior noncommissioned officer which brings all these factors to a winning combination.

A senior noncommissioned officer can help his commander be successful with the policies he establishes and enforces; by organizing and prioritizing the unit; by inspiring his people to be proud, disciplined, professional, skilled soldiers.

You, as noncommissioned officers, can improve the readiness and success of your training. Readiness is like a chain, only as strong as its

weakest link. A study of what makes superior units and organizations reveals they excel in all things. The senior noncommissioned officer can assist and guide all subordinates and seniors to excel.

A senior noncommissioned officer must be dedicated. Dedication is a firm belief in the Army, its mission, way of life, and your role in it. It is the end result of competence and responsibility.

So, what is a noncommissioned officer? A noncommissioned officer is a technician, a supervisor, a manager, an expert in the artifacts of war, a leader of men and a soldier in the service of his country. Few other callings ask so much of an individual. Is it any wonder the noncommissioned officer is called the backbone of the Army?

Here is Gen. Omar N. Bradley's definition of leadership: "Leadership in a democratic Army means firmness, not harshness; understanding, not weakness; justice, not license; humanness, not intolerance; generosity, not selfishness; pride, not egotism."

## Ramblin' Sam "Will you be at the Golden Gate Bridge celebration, and why or why not?"



Pvt. 2 Kim Bridges, U.S. Army Garrison: "Yes. We're going to have duty."



Jack Stallcup, Directorate of Logistics, Resources Management Division: "Yes, probably. It promises to be fun and entertaining."



PFC David Disselhorst, Clinical Investigations, Letterman Army Medical Center, Co. B: "No. We're going out of town."



SFC Vicky Coalter, Preventive Medicine Service, Letterman Army Medical Center: "Yes. I think everyone should participate in it when you have a chance like this."

## Presidians remember continued from page 1

While the parade is marching up to the cemetery there will be a ceremony at the Tomb of the Unknown Soldier which also is in the cemetery. A wreath will be laid on the tomb by a representative of the American Gold Star Mothers.

At the cenotaph there will be band music, a Memorial Address, and a reading of the Gettysburg Address among other events. At noon there will be a 21-gun salute.

While Memorial Day is a chance to honor those

who died for our country, we might all take a few seconds to think about those killed because of reckless driving or driving under the influence of alcohol. Thinking about it first might help avoid accidents and save lives in the long run.

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# Etc.

## TAKE A BITE OUT OF CRIME

### Don't become a victim

by John Flynn

This weekend is going to be filled with activities that some of us will remember for the rest of our lives. Unfortunately not everyone's memories will be pleasant ones. The Provost Marshal's Office would like

to remind you that along with the thousands of celebrants will come those that will take advantage of the situation to steal your valuables.

To prevent yourself from becoming a victim you should lock your car doors, place your valuables out of sight or in the trunk, and park in places that will be monitored by police. While walking, women should keep a firm hold on their purses and men should carry their wallets in their front pockets. Carry only small amounts of cash.

With the thousands of expected

visitors, you should arrange a location and time for members of your family to meet in case you are separated.

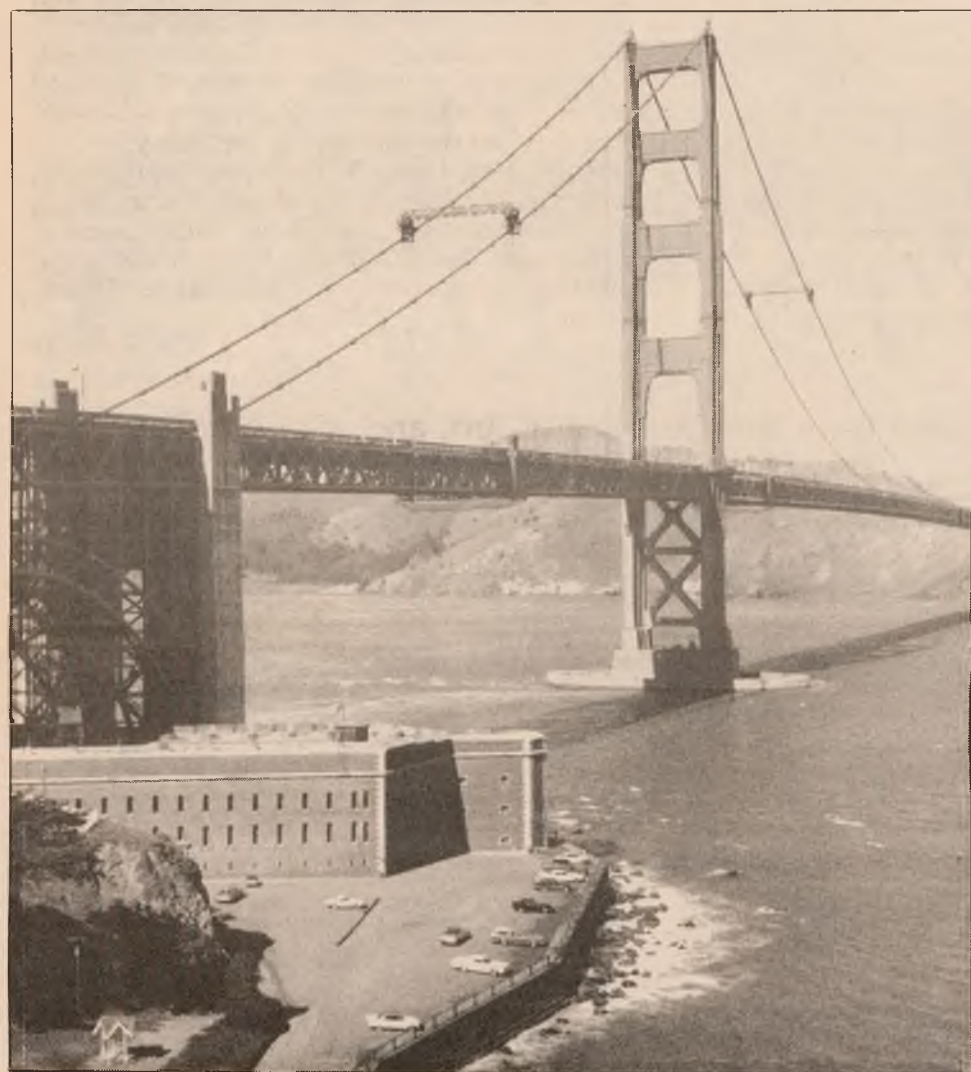
While attending the activities the people who are here to serve you, Military Police and firemen, would appreciate your cooperation. Support people will be there to enhance your "Bridge" experience, but their most important duty will be to provide for your safety. Parking will be at a minimum so take public transit or the post shuttle.

Presidio housing occupants should

be careful to lock up bicycles and other items that could be easy to take. Remember, crime never takes a holiday!

### Crime report

- There was one report of a theft of a secured motorcycle.
- There was one report of an unsecured building.
- There was one report of theft of a secured tool box.
- There was one report of an unsecured bicycle.



To enjoy your "Bridge" weekend, make plans for transportation, emergencies.

## Plan ahead for weekend

by Jim Hudgins

This Sunday, one of the most interesting and entertaining events to hit San Francisco in the last several decades will occur. I'm referring to the 50th Birthday Celebration for the Golden Gate Bridge. This issue of the *Star Presidian* will give you detailed schedules of events and their locations; events that will last from the crack of dawn until late in the evening. As I said earlier, this will be extremely interesting and entertaining; truly an occasion to remember. However...

The crowds anticipated will dwarf even those immense numbers of San Franciscans who attend the annual Fourth of July celebration. The only way that our beleaguered military police can ensure the safety of these thousands upon thousands of guests, as well as provide some normalcy for our own residents, is to implement a strict 'limited access' policy for all vehicular traffic attempting to enter the installation.

Starting at midnight, Saturday, only vehicles that display a valid Department of Defense (DoD) registration sticker, or those drivers who produce a valid DoD identification card, will be allowed entrance to the Presidio by military police. There

will be traffic control points at every installation entrance point. This policy will be rigidly followed until midnight, Sunday.

What this means to you readers is this—don't plan on driving into the Presidio on May 24 unless you *absolutely* have to. Even those vehicles allowed onto the post cannot be guaranteed a parking place. MP's will be tagging and towing unauthorized and illegally parked vehicles. A good view of the fireworks is nice, but is it really worth this type of aggravation?

Our suggestion to all of you faithful *Star Presidian* readers is to utilize other forms of transportation that day. If you live on post, leave your cars in the driveway. Use the Presidio shuttle bus, or walk.

DoD civilians should stay with friends on post or use the shuttle service being provided by local transit companies. Do yourselves a favor, and while you're at it, do your friends and coworkers a bigger favor—advise everyone you know who is coming to enjoy the day's activities, **don't drive if you don't have to!** I, personally, do not enjoy being stuck in traffic jams. Don't let this ruin what can be a very memorable day for you and your family.

## PSF

### IDEAS OF EXCELLENCE PROGRAM



This week's Idea of Excellence comes from Douglas Herrick, of the Civilian Personnel Office. His idea is to begin a post-wide light duty program to reduce the costs from workmen's compensation claims on post. The light duty program would allow civilian employees who are injured on the job to be temporarily

re-assigned to suitable positions that require less strenuous physical activity, in lieu of workmen's compensation.

Herrick said that agencies that use such programs (such as the Post Office) have reported a substantial reduction in the time an employee stays off the job and in real dollar costs.

## Conserve water

The Presidio Fire Department asks that housing area residents conserve water Sunday. The request is being made because of the

possibility of fires starting from the fireworks demonstration, which is part of the bridge celebration.

## On the Lighter Side







# The stage has gone. Now what?

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counts, a checking account that pays dividends and more.

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# Spot checks help keep PSF vehicles safe

## Surprise inspections prevent problems

story and photo by Bob Close

If you drive a military vehicle, you may find yourself pulled over at a check point, while your vehicle is thoroughly inspected under a new program initiated by the Presidio Directorate of Logistics (DOL), Maintenance Division. The program is designed to insure that military vehicles used on this post are safe to operate, according to Jerome Smith, chief of the Quality Assurance Branch, who is the chief inspector during these spot checks.

"We are inspecting all of the military vehicles on post. That would include Transportation Motor Pool (TMP) vehicles, Department of Engineering and Housing (DEH) vehicles, and vehicles belonging to the active-Army units assigned on post or any Reserve units that may come on post to do what they have to do," said Smith.

"Operators or users are responsible for checking their vehicle before they use it," Smith said. "The inspectors are looking at the same items to make sure the proper checks are being performed."

"The Military Police are assisting DOL-Maintenance. We're looking at the driver's license to make sure it's valid. We're insuring the driver is qualified to operate that piece of equipment. We're also checking the dispatch record to make sure it is made out for that particular day and filled out correctly," said Sgt Kevin Rumpf, traffic NCOIC, Provost Marshal's Office (PMO). "If the operator of a vehicle is not qualified to operate that particular piece of equipment or does not have a valid military vehicle operator's license, then we will just lock up that vehicle right on the site."

Those who have been stopped have had good reactions so far. Some have made the comment that it was a very good idea that a team is out checking the vehicles. All in all, the operators seem to feel it's a good program, said Smith.

All of the inspectors performing the roadside inspections are from the Department of Logistics-Maintenance Division. Each have been given training from the California Highway Patrol (CHP) on what the highway patrol actually looks at. If these vehicles were driven on public roadways and stopped by highway patrolmen, some of the problems found on the vehicles would result in a citation being issued to the operator, according to Smith.

"The driver we stopped whose vehicle's tire core was showing through would automatically have been issued a \$40 fine if the CHP had stopped the vehicle," said Smith.

"If we find a problem during the inspection,



Wayne Szeto, general equipment repair inspector, looks for deficiencies on a military vehicle.

we'll take different action depending on the problem's seriousness," said Smith. "Say a vehicle has one headlight burned out. We would note it on our pre-printed checklist and the operator would be told that item would have to be fixed. After we have inspected the vehicle, we would direct the individual to report back to the TMP or wherever they're from at the end of the day to correct whatever we find. It should be corrected at the end of that day. However, if we find a safety problem, such as a vehicle without brakes, then the vehicle would be put out of service. The only way the vehicle would be moved would be if the unit responsible for it came and towed it away or came to fix it on site."

Operators are given a copy of a check sheet showing everything that is wrong with their vehicle. That check sheet has the vehicle number, the operator's name, their office telephone number and the organization where they work. Another copy is channeled through the chain of command to the post commander. Then it is channeled back to the operator's organization to make sure the problem has been corrected, according to Smith.

"The Transportation Branch chief must sign off on whatever deficiency or shortcoming has

been noted if it's a TMP vehicle. If it's an active Army unit, then it is the responsibility of the commander to sign off. Then these sheets are sent back through the channels to show that the problem has been corrected," said Smith.

"This inspection program will be conducted indefinitely. When it will end depends on the results of the inspection," said Richard Gore, deputy director for the DOL.

### Items to be inspected during the DOL-Maintenance Division spot checks:

**Operation of:** lights, gauges, switches, warning lights and devices such as the four-way flashers, windshield wipers and washers, mirrors, horn, brakes, steering system.

**Condition of:** vehicle glass, the battery (corrosion or leakage, battery terminals' tightness), tires (proper inflation, excessive wear), mufflers and the exhaust system (noise and leakage), body damage, coolant leaks, engine oil leaks, engine oil level, transmission fluid level, radiator level, brake fluid level within the brake master cylinder.

**Presence of:** tire changing equipment (jack and lug wrench), properly inflated spare tire.

# No need for alarm in case of fire

by Pleasant Lindsey

The Presidio's new radio controlled, computer programmable fire alarm system is in place and 80 percent of the alarms are already on line.

The new radio alarm system includes street boxes and indoor of the old street box fire alarms have systems for buildings on the post. All been replaced.

The replacement began in July

1986 and the system has been installed throughout the Presidio.

Capt. Frank Rihtarshich, of the Presidio Fire Department, said installing the new system in the post's housing areas was a top priority.

"The new alarms in the housing areas are on line now," he said.

"There will be more alarm boxes functioning now than there were in

the past."

Rihtarshich said that the old hard-wire cable system was vulnerable to power failures and physical damage. The new system was designed to eliminate those problems.

"The new system is radio-transmitted," he said. "When the alarm's handle is pulled, a message is sent to the computer at the fire sta-

tion. The computer then sounds the alarm."

The new alarms are meant to be back-up systems for the telephone. In an emergency, residents should call 561-5656 for fire, ambulance, or emergency service. However, Presidians can feel safer knowing that there are functioning, reliable alarm systems in place.




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# U.S. Army Presidio of San Francisco California



## Legend

1. Main stage location

2. Food Concessions.

(NOTE: PSF service/youth groups will have their own concessions in the PSF portion of Crissy Field)

3. Souvenirs: "Friends of the Golden Gate Bridge."

4. Restrooms

5. Water stations

6. Emergency services

7. Antique aircraft displays

8. Parachutists' landing zone

9. VIP bleachers

10. Backstage area

11. Carnival

12. Coast Guard and aircraft demonstrations off Crissy Field

13. Antique car displays (Marina Green)

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# Schedule of Events

## Saturday

Vintage aircraft display .....all day  
Carnival.....all day

## Sunday

Vintage aircraft display .....all day  
Carnival.....all day  
Bridgewalk and Opening Ceremony.....6 to 8 a.m.

Military and high school bands will begin playing at about 5:30 a.m. and will continue to entertain throughout the Bridgewalk from three stationary locations at each end of the bridge.

Six marching bands representing the original Bridge District counties and Pottstown, Penn., will participate in the walk.

Opening ceremonies will begin at 6 a.m. They are scheduled for only 15 minutes to provide as much time as possible for walking on the bridge. Ceremony participants will include a joint Color Guard, patriotic music by a military band, prayer, speeches and the cutting of the log on the north end of the bridge and chains on the south end of the bridge. The log and chain cutting activities will emulate the 1937 opening. The ceremonies at each end of the bridge will occur simultaneously.

A Missing Man formation fly-over will follow the opening ceremonies (weather permitting). There will be a 50-gun salute, fog horns sounding off and lots of balloons.

Steerman fly-by.....between 6 and 6:30 a.m.

A mass Steerman (biplane) will fly over the bridge as part of the opening ceremony.

Cavalcade of Cars.....9:30 a.m. to 3 p.m.

The Cavalcade of Cars consisting of 200 vintage automobiles ranging from Studebakers to Accords from the years 1925 to 1937 will line up at the Presidio Bowling Center parking lot at 6 a.m. At 9:30 a.m., the Cavalcade of Cars will precede northbound traffic onto the bridge. After crossing the bridge, it will precede southbound traffic.

From the bridge the cars will go to the large Marina Green and be on static display until 3 p.m.

Bridgefeast.....11 a.m. to 10 p.m.

The Bridgefeast will be set up at Fort Point, Crissy Field, Small Marina Green, Large Marina Green and Great Meadow.

Bridgefeast is a multi-cultural feast featuring 60 of San Francisco's most renowned and ethnically diverse restaurants. Clusters of large, white tented pavilions will be placed along the waterfront offering food and beverages from the Celebration's official sponsors. In addition, licensed products will be sold at all Bridgefeast locations.

Golden Regatta.....11:45 a.m. to 2 p.m.

There will be a Golden Regatta in San Francisco Bay consisting of several large ships and approximately 300 classic yachts and pleasure boats, led by the "Californian," the 145-foot official state tall ship.

Among the large ships will be two or three naval ships and the SS Kojima of the Japan Maritime Safety Agency. The Coast Guard Cutter Morganthau and the USS Excel and USS Constance, two minesweepers, will be the "traffic cops."

The parade route for the Golden Regatta will begin off Yellow Bluff, between the bridge and Sausalito, proceed under the bridge near the North Tower and then proceed eastward under the bridge, pass Crissy Field, the Marina, North Point, turn parallel to the city front and conclude after passing under the San Francisco-Oakland Bay Bridge.

Navy ships open.....10 a.m. to 4 p.m.

Navy ships will be open at Piers 25, 30, 32 and 45.

Wings of Gold Airshow.....2 to 4 p.m.

The airshow will be performed simultaneously at four locations: Marin headlands, Crissy Field, Aquatic Park, Fisherman's Wharf and the Berkeley Marina.

The airshows begin with a formation fly-over consisting of 50 classic and antique aircraft and 50 warbirds—all of 1930s through 1940s vintage. Shows will last approximately one hour.

Immediately following the fly-over will be a 1930s old-fashioned airshow consisting of vintage aircraft and World War II warbirds performing daredevil aerobatic routines.

## Entertainment at other locations

Aquatic Park.....1 to 4:30 p.m.

Air Force, Navy and Marine bands will perform a variety of music including patriotic, San Francisco, jazz and concert.



The Golden Gate Bridge looks remarkable even while under construction in t



Star Presid

Vintage aircraft like these will be a part of the Golden Gate Bridge birthday c

Great Meadow at upper Fort Mason.....1 to 6 p.m.

San Francisco Scene will include an array of San Francisco talent.

11 to 11:45 a.m.....De Zevensprong Holland American Club  
of Seattle and Cornmashers—Appalachian Cloggers.  
11:50 a.m. to 12:30 p.m.....Los Danzantes Folkloricos with Mariachi Azteca.  
12:35 to 12:50 p.m.....Chitresh Das Dance Company.  
12:55 to 1:25 p.m.....Oberlin Dance Company of San Francisco  
1:50 to 2:30 p.m.....Tropical Sounds with dancers.  
2:45 to 2:55 p.m.....Chinese Folk Dance.  
3:15 to 3:30 p.m.....Rosie Radiator—tap dancers.  
3:45 to 4:25 p.m.....Swing Fever with Mary Stallings.  
4:30 to 5 p.m.....Glide Ensemble.  
5:05 to 6 p.m.....Seoul City Musical Troupe.





he early '30s.

photo courtesy of Photo Lab. TASC



ian file photo

Star Presidian file photo

celebration. Sunday night's fireworks should be a spectacular highlight of the birthday bash.

## Large Marina Green

All day events include: Antique car display of 150 vehicles, Dixieland bands and Golden Gate Bridge 1937 cheerleaders.

Americana on the Green is a colorful pageant of family entertainment featuring marching bands, dancers, recreation and sports groups from throughout Northern California performing in an atmosphere reminiscent of an old-fashioned May Day celebration. Visitors will be invited to enjoy and participate in the activities as they promenade by the bay and picnic on Marina Green.

1 p.m. . . . . Pottstown, Penn., High School Marching Band and Northern California Combat Model Airplane Demonstration Team.

1:15 p.m. . . . . Mira Loma High School Marching Band.

1:30 p.m. . . . . Capuchino High School Marching Band, Dos Pueblos High School Jazz Band and World Champion Frisbee Dogs.

1:45 p.m. . . . . San Francisco City Freedom Day Marching Band and Twirling Corps, San Francisco Flag Team and Dos Pueblos Concert Band.

2 p.m. . . . . San Francisco Hoover Middle School Jazz Band, National Champion Acro Sport Team, Riata Ranch Cowboy Girls Trick Ropers and the Outdoor Recreation Bike and Skate Demonstration Team of San Francisco.

2:15 p.m. . . . . Foothill High School Show and Marching Band.

2:30 p.m. . . . . San Francisco Aptos Middle School Jazz Band, Northern California Combat Model Airplane Demonstration Team and All-Star Professional Street Demonstration Skateboarders.

3 to 5 p.m. . . . . Fortuna and Arroyo High School Marching Bands, San Francisco Mission High School Jazz Band, Matt Plendle, the Hula Hoop Champion, Cardio Kids Jump Rope Demonstration Team and Quick Silver and Kitemakers of San Francisco demonstration.

3:15 p.m. . . . . National Champion Acro Sport Team with Dan Hoff, Riata Ranch Cowboy Girls Trick Ropers.

3:30 p.m. . . . . California High School Marching Band, Richmond High School Jazz Band, the Outdoor Recreation Bike and Skateboard Demonstration Team of San Francisco.

3:45 p.m. . . . . San Ramon High School Marching Band and Matt Plendle the Hula Hoop Champion.

## Small Marina Green . . . . . 1 to 5 p.m.

On the part of Marina Green adjacent to St. Francis Yacht Club there will be an array of entertainment for the very young and the young-at-heart featuring an old-time "backyard circus," jugglers, marionettes and mimes.

The half-hour circus performances are scheduled on the hour. This backyard circus is more imagination than daring. No animals—just children in costumes creating their own event.

Ten to 15 clowns, mimes, face-painters, balloon blowers, stilt-walking magicians and jugglers will provide strolling entertainment.

Dana Smith and his performing dog, Sunshine, will be on hand to perform.

A guest Japanese craftsman who blows wheat gluten into animal shapes will perform demonstrations at a small table in the central west area of the green.

## Crissy Field . . . . . 3 to 9:30 p.m.

The show will be called the San Francisco Scene, and will include an array of San Francisco talent.

**Military Demonstrations:** Military teams will perform between shows demonstrating a number of operational capabilities. Examples include Coast Guard Search and Rescue, Special Operations parachute water jumps and a fly-over of military aircraft.

2 p.m. . . . . U.S. Army Band

2:30 p.m. . . . . Peninsula Banjo Band

2:55 p.m. . . . . The Flips

3:05 p.m. . . . . Murphy's Irish Dancer

3:45 p.m. . . . . Taiko Do Jo

4:15 p.m. . . . . Samba de Alegria

4:45 p.m. . . . . The Flips

5 p.m. . . . . Dinosaurs

5:30 p.m. . . . . The Flips

5:45 p.m. . . . . Zazu Pitts Memorial Orchestra

6:40 p.m. . . . . Toni Marti and Dick Crest

6:45 p.m. . . . . Sal Carson

6:50 p.m. . . . . Event of the Year, Dick Crest

7:20 p.m. . . . . Joel Grey, Dick Crest

8 p.m. . . . . San Francisco Symphony

8:45 p.m. . . . . Tony Bennett, San Francisco Symphony

9 p.m. . . . . speeches

9:15 to 9:42 p.m. . . . . Fireworks and bridge lighting

## Fort Point

10:30 a.m. to 1 p.m. . . . . the Cal Carson Trio will play and there will be original songs and poetry about the Golden Gate Bridge.

12:30 p.m. . . . . presentation of excerpts from "San Francisco USA."

1 to 1:20 p.m. . . . . The San Francisco Synthesizer Ensemble.

1:30 to 5 p.m. . . . . Turk Murphy Tribute—Dixieland and jazz concert.

1:30 to 2:15 p.m. . . . . Bert Carelli and the Royal Street Band.

2:15 to 3 p.m. . . . . The Golden State Jazz Band.

3 to 4 p.m. . . . . Don Neely's Royal Society Jazz Orchestra.

4 to 5 p.m. . . . . Pat Yankee with Phil Howe and the Jazz Band.

## Turk Murphy Concert (tentative) . . . . . 2 to 5 p.m.

Turk Murphy will be guest of honor at Fort Point in a re-creation of the concerts he performed there. Entertainment also will include the performance of original songs people have written about the Golden Gate Bridge. There also will be recitation of original poetry about the bridge and reminiscences of the original bridge workers about their bridge building experiences.

## Monday

Carnival . . . . . all day



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# Clinic keeps workers in the swing of things

story and photo by Bob Close

Occupational health can be traced way back in history. Although she may not have called it "occupational health," even Florence Nightingale practiced it when she treated injured soldiers to allow them to return to the battlefield according to Barbara Conte, registered nurse, Occupational Health Clinic.

"The Occupational Health Clinic (OHC) exists for the benefit of the employees to help them get through the day if they become ill. Each of the three occupational health nurses take care of Presidians, civilian and military," said Conte.

The clinic provides relatively swift medical care. If there are any occupational injuries or illnesses, either military or civilian, we look after them. It also provides a place for people to come for palliative medical care (care that relieves without curing), according to Conte.

"We help to relieve discomfort from symptoms of minor illnesses. So, rather than an employee taking a day off to go and see a physician, there may be something we can do for them here that keeps them at work. Palliative treatment is for all government employees on the Presidio. It doesn't matter if the civilian employees are appropriated fund or non-appropriated fund employees," Conte said.

"We want people to know that the Occupational Health Clinic is on the post. Supervisors should encourage their employees to come here.

"Any employee who becomes ill is encouraged to check in through the OHC. If they become acutely ill, Letterman Army Medical Center (LAMC) Emergency Room helps us out," said Conte.

"Hopefully, we can save both the employee and the Army money by reducing lost time away from the job. We can treat a minor injury right here; therefore, an individual doesn't have to take time off to go to his own physician. The United States Government is responsible to pick up the tab for occupational injuries; so we either provide care in the OHC or we refer them to LAMC. So we save the Army time and money.

"For example, if something happened at work where a loud noise was involved and a man developed a problem with his hearing. Rather than having to go to his doctor, he could come to the Occupational Health Clinic. He, in turn, would be referred to the Audiology Department. This man could be taken care of rather speedily without any expense to him," Conte said.

"During our medical surveillance we pick up health problems that aren't job related. We've found tumors and cardiac conditions that might have gone undetected for quite a while. So, we're able to benefit the health of those we serve in more ways than just occupationally," said Tye Hasler, registered nurse, Occupational Health Clinic.

An employee is encouraged to report to the occupational health nurse as soon as she finds out she is pregnant. The nurse will determine if she has hazardous exposures where she works, according to Conte.

"This way we can try to make sure that



Occupational Health nurse Barbara Conte takes Marjorie Fields' blood pressure.

nothing damaging happens to them or the child they are carrying," said Conte.

Medical Surveillance means more than waiting for an employee to walk through the door of the office, according to Conte.

The OHC does not prescribe drugs, but does have a supply of non-prescription medication. The clinic can only provide enough medication to get an employee through the day, according to Conte.

## What can the OHC do?

"We can dress burns, remove sutures, change dressings, and treat insect bites, sore throats and allergies.

"We perform pre-employment physicals and job reassignment physicals.

"We conduct a medical surveillance program, monitoring all potential health hazards at the job site. We monitor auto mechanics, welders and others in jobs where the risk of problems is high. The soldier that works next to the civilian; and the civilian who works next to the soldier get the same medical surveillance," stressed Conte.

"We make field trips and work-site visits to actually see where the employee works. We work closely with Industrial Hygiene and the Safety Office in this program. We're trying to make the working environment a safer and more healthy place," Conte said.

"OHC is also involved in infection control or 'epidemiology,'" said Conte. "We try to see if there is a trend; then we investigate to see why this is happening."

"If an employee comes to us with a problem, not occupationally related, that's longstanding and isn't severe," said Conte, "we advise him to

check with his physician. If it's a new employee who might not have a medical care provider yet, we can help with appropriate referrals."

The OHC is a new clinic, not a new service. It moved to the post in October of last year. The OHC was located next to Preventive Medicine, which is in bldg. 1801, next to the Defense Language Institute, but the feeling was the nurses needed to be where the employees are, so we moved in next to the Dermatology Clinic, said Conte.

The close proximity is a big advantage for us now. When an employee came to see us in bldg. 1801, they had to travel about three miles," said Conte. "This location also gives the advantage of being close to the hospital which supports all our activities. We utilize Letterman's clinics and we work very well with them. It's really very handy. We're also easy to find now."

Employees are encouraged to use the Occupational Health Clinic and Letterman before seeking treatment from any other medical provider. They can go to their own medical provider, but the Occupational Health nurse encourages the employee to see her first, perhaps saving time and money, according to Conte.

"Our hours are Monday through Friday, 7:30 a.m. to 4 p.m.," said Conte. "If an individual has a problem while working on the Presidio and the Occupational Health Clinic is not open, they should go directly to LAMC Emergency Room."

"We want everyone to use the OHC," said Conte.

The Occupational Health Clinic is located in Room 113 of bldg. 1013. An Occupational Health nurse can be reached during the hours listed above by calling 561-4633.

## Best federal workers to get awards

Attention all Presidio supervisors! Do you have an employee you consider an outstanding worker? Are you willing to put it in writing? If the answer to both of these questions is yes, then the 1987 Federal Employee of the Year program is for you.

This contest, sponsored by the San Francisco Bay Area Federal Executive Board (FEB), seeks out both military and civilian workers who have demonstrated a high caliber of performance and dedication in a given field or who have rendered voluntary time and service to the community in which they live. Any of

the 100,000 employees working or living in the nine-county Bay Area are eligible for nomination.

The competition is divided into 11 categories: Administrative, clerical, equal opportunity, handicapped, law enforcement, management, professional, scientific, service to the community, technical, and trades and crafts.

Once the 33 finalists (three for each category) are selected, they are asked to attend a luncheon in their honor in September at which publicity photos are taken. During the next month, the screening process will

take place to determine the 11 winners. The actual announcement will be made, in front of family, friends and co-workers, at the FEB awards ceremony to be held during November at the Herbst Theatre in San Francisco.

Nominations and instructions have been distributed and are available from the Civilian Personnel Office, Management Employee Relations Division, bldg. 37, second floor. Deadline for nominations is June 10. For more information, call David Davies at 561-2991 or 561-2256.



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# Community Calendar

## Teen dance offers fun

Youth Activities and the Enlisted Spouses Club is sponsoring a teen dance today only at the Log Cabin, bldg. 1229. This dance is for ID-card holders and one guest ages 13 to 18 years old.

The dance is from 7:30 to 11 p.m. and the cost is \$2 per person. There will be a door prize and dance contest, so don't miss the fun! For more information call 561-5143.

## Learn the piano

Both beginning and intermediate piano lessons are offered by Marsha Johnson in the Green Room at the Golden Gate Community Center, bldg. 135. Classes meet Wednesdays and Thursdays, from 4 to 9 p.m. The cost is \$8.50 per one-half hour. Call 561-2000 for an appointment.

## Enlisted Spouses plan meeting

The next Enlisted Spouses Club social meeting will be held June 1 at 852D MacArthur at 7 p.m. Makeup consultant, Debbie Walker, will do a "Glamour Makeover Presentation," and there will be door prizes and free samples. Also refreshments will be served.

All enlisted spouses are invited to attend. Come and learn more about the Presidio Enlisted Spouses Club. For more information call 563-4873.

## Boardsailing classes offered

Learn one of the Bay Area's most popular sports. Classes in boardsailing will be held June 6 and 7 from 8:30 a.m. to 1:30 p.m. The cost is \$55 which includes professional instruction, equipment, certification and transportation to the instruction site.

For more information call Outdoor Recreation, bldg. 92 at 561-4324 or 561-4356.

## Salmon fishing trip scheduled

Outdoor Recreation has chartered a fishing boat for June 14. Spend the day catching salmon and enjoying the sea breeze! The cost is \$35 to include rod and reel, two two-pound weights, bait, hooks, fish cleaning and bagging and transportation to Fisherman's Wharf. The one-day license (\$4) and additional weights (\$1.50 each) are not included.

We will be departing from the Outdoor Recreation parking lot at 5:30 a.m. and returning around 3 p.m.



Star Presidian file photo

A member of the Golden Knights parachute team floats to the ground with a patriotic flair. A group of former Golden Knights will perform at this weekend's celebration.

Dress warmly and bring a bag lunch.

For more information call Outdoor Recreation, bldg. 92 at 561-4324 or 561-4356.

## Workshop to help managers

Joy Schroder will hold a workshop Thursday for managers and supervisors (second level or higher equivalent) who have position management responsibility. For example, those with authority to design positions and change organizational position structure.

The workshop is designed to cover current Department of Army position management policies, goals and initiatives and will include several case studies.

The workshop will be held from 8 a.m. to 4 p.m. in the Civilian Personnel (CPO) Training Room, bldg. 37. Please submit your written nominations early to the Training and Development Branch, CPO, at 561-2554 to reserve space. Class size is limited to 24 people, and an advanced reading assignment is included.

## Rec Center tours

The following tours will be offered by the Recreation Center from June through August: On June 6 the Santa Cruz Beach and Boardwalk; on June 20 a Marine World Africa USA tour is scheduled; a Winery tour to Sonoma is set for June 27; on July 18 there will be a Sausalito Volksmarch tour and Bay Model tour; July 23 is the Port of Oakland tour; on August

1 is the Lake Tahoe Volksmarch tour; the Hearst Castle tour is Aug. 15 and on Aug. 29 we've scheduled the Russian River Wine tour and St. Helens Volksmarch. For information on these tours call the Recreation Center at 561-5420 or 561-2000, Tuesday through Saturday, from 2 to 9 p.m. The Recreation Center and ITT Office will be closed tomorrow for the Memorial Day weekend.

## Can you drown?

If so, why not learn how to swim? The post swimming pool will offer a Red Cross adult swimming course beginning Thursday from 6 to 7 p.m. After that, the classes will be held Mondays and Wednesdays for 8 to 10 weeks. Call the swimming pool for registration at 561-3673.

## Golden Gaters go to Santa Cruz

The Golden Gaters will take a train trip from Roaring Camp to Santa Cruz tomorrow. A barbeque will be held at a member's house upon return.

For more information, call Pat Pavlin at the Post Chapel at 561-4711.

## SFSU summer courses on post

San Francisco State University summer on-post courses will begin June 1. Introduction to Critical Thinking (Philosophy 110) will meet on Mondays and Wednesdays from 6 to 8:45 p.m. and fulfills a general

education requirement for a bachelor's degree.

General Psychology (Psychology 200) will meet on Tuesdays and Thursdays from 6 to 8:45 p.m. This course fulfills a social science requirement for a bachelor's degree and also is a required course for nursing majors.

Most soldiers are eligible for tuition assistance and pay only \$24 or \$60, depending on rank and years of service. The tuition is \$240 for non-military and is open to all adults.

For more information, call or visit the Fort Scott Education Center, bldg. 1216, at 561-2974 or 561-4445, or the LAMC Education Center, bldg. 1007, at 561-3692 or 561-4030.

## Arts and Crafts Center closure

The Arts and Crafts Center, bldg. 122, and the Automotive Skills Center, bldg. 662, will be closed May 23 in observance of Memorial Day.

## Office aide

The Presidio Thrift Shop needs an office aide who has some knowledge of computers, cashing and book-keeping.

For more information, call Pam Meyer at 922-3384.

## Set the stage for talent

Do you have a unique talent as a lighting or sound designer or technician? The 1987 FORSCOM Festival of Performing Arts is looking for you! Volunteers are needed to design, set up and operate the lights and sound for the performance on June 11.

If you would just like to lend a helping hand as an usher, your assistance would be greatly appreciated as well.

Anyone interested is welcome to attend the technical meeting on May 28 at the Golden Gate Community Club's Green room at 6 p.m., or call 561-4630.

## Olympic tickets

The 1988 Winter Olympics set for February 13 through 28 in Calgary, Canada, are selling fast.

If you'd like to attend, contact any travel agency or write:

Olympic Tickets, Post Office Box 1988, Stn M, Calgary, Alberta T2P4E7 or call (403) 270-6088. All tickets will be sold on a first come, first served basis.

## At the movies

### Presidio Theatre

Fri, May 22	Crocodile Dundee (PG-13)	7 p.m.
Sat, May 23	Star Trek IV: The Voyage Home (PG)	7 p.m.
Sun, May 24	Star Trek IV: The Voyage Home (PG)	7 p.m.
Mon, May 25	Star Trek IV: The Voyage Home (PG)	7 p.m.
Tue, May 26	Making Mr. Right (PG-13)	7 p.m.
Wed, May 27	Making Mr. Right (PG-13)	7 p.m.
Thu, May 28	Nightmare on Elm Street 3: Dream Warriors (R)	7 p.m.

### Schwartz Theater

Mon, May 25	Crocodile Dundee (PG-13)	7 p.m.
Wed, May 27	Star Trek IV: The Voyage Home (PG)	7 p.m.
Thu, May 28	Making Mr. Right (PG-13)	7 p.m.

### Hamilton Theater

Fri, May 22	An American Tail (G)	17 p.m.
Sat, May 23	Rainbow Brite and the Star Stealers (G)	1 p.m.
Sat, May 23	The Fly (R)	7 p.m.
* Wed, May 27	51 Pick-up (R)	7 p.m.
* Thu, May 28	The Best of Times (PG-13)	7 p.m.

\*This is the last week that the Hamilton Theater will show movies on Wednesday and Thursday.



# Officers' Club

This advertisement is for Officers' Club members and guests only.

**THIS WEEKEND!**

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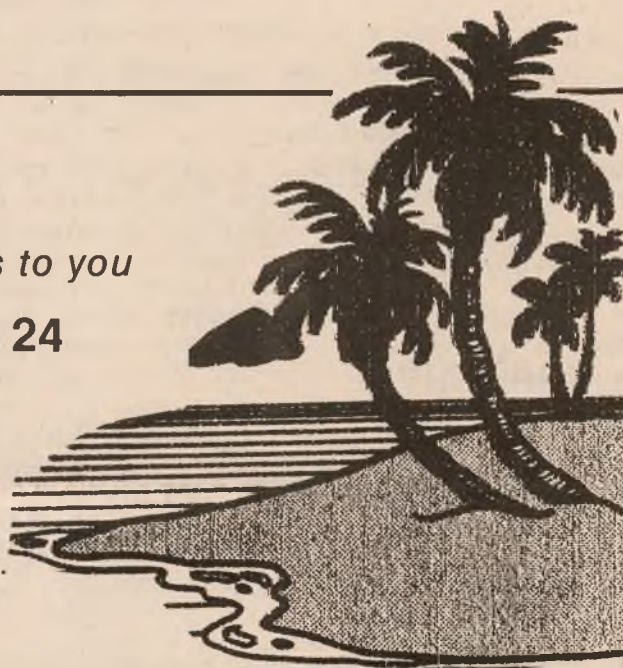
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# Sports

## Bay to Breakers bedlam fills city streets

story and photo by Pleasant Lindsey

**Automobile traffic** came to a standstill and the Bay Area Rapid Transit (BART) system lost electrical power on part of its rail system, but these problems were largely ignored by the partying throng that mobbed the polo field at Golden Gate Park at the end of the 76th Bay to Breakers Run on May 17.

Well, it was a race for some; for others, it was a happening. Just about anyone who could walk, run, or roll took part in the annual event.

The runners started from Spear and Howard avenues at 8 a.m., worked their way up Hayes to Golden Gate Park and finished at Ocean Beach. Despite the chill, participants yelled aggressively with each other and with the spectators on the streets as they made their way through the course.

The serious runners started the race at the front, led by a squad of motorcycle policemen and ambulances. Behind them came the spectacle.

**Wonder Woman was there;** men in grass hula skirts and women dressed in red devil costumes were there; human centipedes depicting airliners and the Golden Gate Bridge were there. One centipede was described by spectators as being about 75 yards long!

Last year some cross country skiers slipped through the course. They were back again this year, too.

By the way, not everyone started the race from the beginning. People were jumping into the fray from the sidelines throughout the course.

And one participant swam the race. When the race started, he turned and went the other way and jumped into the bay. He swam from The Embarcadero, through the Golden Gate, and finished at Ocean Beach near the race's finish line.



The Bay to Breakers Run gives runners of every caliber a chance to participate. You don't have to be fast, you just have to be ready for a "different" kind of running experience!

**The winners of the race** were Mexico's Arturo Barrios and the defending Boston Marathon Champion, Rosa Mota. Both runners were in their first Bay to Breakers Run.

Presidians helped form the Human Wall that held back the crowd at the start of the race and some manned the water stations at the end. The water stations were hard pressed to maintain their supply of water because of the vast number of runners.

SP4 Angie Collins, of 16th AG (Postal), was one of the Presidians who took part in the race. She said there were so many people in this year's race that those in the middle of the pack had to wait for the crowd of runners in front of them to thin out

before the rest of the participants could start running.

After the race the crowd of professional, would-be and wanna-be runners moved onto the polo field at Golden Gate Park for T-shirts, refreshments and prizes, and the awards ceremonies. The Presidio Color Guard, joined by representatives of the Air Force, Navy and Marines, presented the colors as a Marine Corps band played the "Star Spangled Banner."

**An estimated 300,000** runners, spectators and partiers gathered on the polo field to relax, barbecue and people-watch at the conclusion of San Francisco's biggest people mover, the Bay to Breakers Run.

## Sports Notes

### Power volleyball comes to Presidio

The Armed Forces volleyball team, featuring the best the services can offer, will be practicing in Gym No. 1 tomorrow at 3 p.m.

At 5 p.m., the Mather volleyball team, winners of four consecutive national titles, will take the court and play a practice game against the Armed Forces team. The Mather team, coached by C. R. Ignacio, will include Pat Powers, a member of the 1984 United States Olympic volleyball team and the 1986 Player of the Year.

Both teams are scheduled to compete in the U.S. National Championships at the University of California, Berkeley, Monday through May 30.

Admission is free, so come and see what power volleyball is all about and watch the national champions in action.

For more information, call Bobbie Gascon at 561-4120 or 561-5032.

### Intramural softball

In intramural softball this week, several teams continued to hold onto their undefeated status. Co. A, LAMC, Co. B, LAMC, and LAIR all are at the top of the list; they all have maintained a perfect record four games into league play.

Here are the standings as of May 16:

Team	Won	Lost
Co. A, LAMC	4	0

Co. B, LAMC	4	0
LAIR	4	0
MSC	3	0
DEH	3	0
SFMID	2	0
Sixth U.S. Army	1	0
USAISC	3	1
DLI-SF	1	1
FBI	1	1
AAFES	1	2
USAG	1	2
DOL	1	2
Coast Guard	0	3
Finance	0	3
USMEPCOM	0	3
LCA	0	4
LEC	0	4
864th Engineers	0	0

### Last week's results

SFMID 15, LCA 2; LAIR 11, DOL 1; DEH 19, Finance 9; USAISC 11, Coast Guard 10; Co. B, LAMC 6, FBI 2; MSC 7, LEC 5; LAIR 13, AAFES 7; Co. A, LAMC 16, LCA 4; DEH 12, DOL 2; SFMID 19, Finance 1; DOL 5, USAISC 4; Co. B, LAMC 9, USAG 5; DEH 18, Coast Guard 6; DLI 13, LEC 10; MSC 15, LCA 10; LAIR 6, USMEPCOM 2; Co. A, LAMC 24, Finance 0; and USAISC 16, AAFES 9.

### Next week's schedule

#### Tuesday

Field No. 1	
USMEPCOM vs. SFMID	5:30 p.m.
LAIR vs. Sixth U.S. Army	6:30 p.m.
USAISC vs. Co. B, LAMC	7:30 p.m.
Field No. 2	

AAFES vs. Co. A, LAMC	5:30 p.m.
Finance vs. LEC	6:30 p.m.

#### Wednesday

Field No. 1	
864th Engineers vs. SFMID	5:30 p.m.
DOL vs. DLI	6:30 p.m.
Coast Guard vs. 864th	7:30 p.m.
Field No. 2	
DEH vs. USAG	5:30 p.m.
AAFES vs. MSC	6:30 p.m.

#### Thursday

Field No. 1	
Co. A, LAMC vs. USMEPCOM	5:30 p.m.
SFMID vs. FBI	6:30 p.m.
Coast Guard vs. LEC	7:30 p.m.
Field No. 2	
Finance vs. LCA	5:30 p.m.
USAISC vs. Sixth Army	6:30 p.m.

### Intramural golf

LAMC's smooth swing puts them on top of the Intramural Golf League. Standings as of May 14 are:

LAMC, Team No. 2	had 40 points.
LAMC, Team No. 1	had 38½ points.
Sixth U.S. Army	had 35 points.
USAG	had 34½ points.
Readiness Group, PSF	had 33 points.
LEC	had nine points.

### Golf schedule for June 4

Readiness Group, PSF vs. LAMC	No. 1.
Sixth Army vs. LAMC	No. 2.
USAG vs. LEC.	
Golf matches begin at noon.	

### Post golf team

Low-handicap golfers are encouraged to compete in the Northern California Military Golf League. Upcoming matches are:

June 19	at the Lawrence Links Golf Club, McClellan AFB.
July 17	at Mather AFB.
July 24	at the Presidio Golf and Country Club.
Aug. 7	at Moffett Field NAS.
Sept. 11	at the Bayonet, Fort Ord.
Oct. 16	at the League Championship, La Contenta Golf Country Club.
For more information,	call SFC Pahl at 561-6219 or Jim Ragasa at 561-5238.

### Softball field reservations

The Fort Scott softball fields for intramural softball practice are now available for teams who have made reservations. Reservations are for one hour only and they must be used before another reservation will be issued.

Call the Sports Branch at 561-4131 for more information.

### Tennis court closes

Tennis court No. 5 on Arguello Blvd. (next to the Red Cross building), is closed for court surface repairs until further notice. For more information call the Sports Branch at 561-4131.



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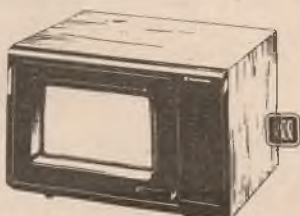


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## Samsung slimline VCR

(example) • Front loading system • 14 day/6 event programmable • 3 speed record/playback • 9 key/11 function wireless remote control



## Kenwood audio video receiver

(example) • 55 watts per channel • 3 video/inputs • Quartz synthesized FM/AM tuner • 5 band graphic equalizer • CD input



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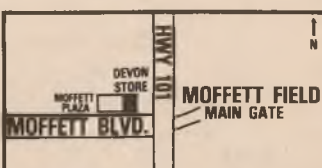
(example) • Vertically arrayed speaker • 12" woofer • 150 watt capability

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### How about a beer?

Teens say 'No' to alcohol, drugs, **page 5**

**PSF construction:** New CDC helps children, parents, **page 5**

**Bridge birthday:** 800,000 show their devotion, **page 7**

# Star Presidian

Vol. 30, No. 17

"Published in the interest of the people of the Presidio of San Francisco."

May 29, 1987

## News Briefs

### Officer Candidate School

The Soldier Support Branch will hold an Officer Candidate School selection board at the Military Personnel Division, bldg. 87, on July 29 at 8 a.m.

Prospective applicants are encouraged to bring or send applications to the Soldier Support Branch, bldg. 86, first floor. The deadline for submitting applications is July 24 at 4 p.m.

All applications must be prepared and assembled according to Army Regulation (AR) 351-5.

Call SP4 Arnold Gyant at 561-4663 or 561-4664 for more information.

### Blue Cross rep answers questions

Bernice Morgan, a Blue Cross/Blue Shield representative, will be at the Civilian Personnel Office tomorrow, Saturday, to answer questions from individuals about their policies. Anyone who would like to see Morgan should bring all pertinent paperwork relating to their question or problem.

For an appointment, call Diane Nishimoto at 561-5757.

### Dinner dance slated

The 353rd Psychological Operations Battalion (PSYOP Bn.; Reserves) will host its formal Dining-Out Dinner Dance June 5. The dinner dance will begin at 6 p.m. at the Golden Gate Community Club, and will honor the families and friends of the unit who have supported the Army Reserve program and the 353rd PSYOP Bn., in particular.

Dress blues or mess uniforms are required for this formal affair. Enlisted members may wear dress blues or dress green uniform with white shirt and bow tie.

For more information, call the unit administrator at 561-5395.

### Presidio families win command praise

The following people were selected for the month of May to represent the Presidio in the Quarters of Excellence program:

- Maj. Ronald and Olivia Houseworth at 541A Presidio Blvd.
- Maj. Lynn F. and Janet Dragoo at 541B Presidio Blvd.
- Maj. Henry T. and Magdalene A. Howell at 428A Amatury Loop.
- Maj. Dennis A. and Gretchen G. Runyon at 428B Amatury Loop.
- SFC Michael J. and Elizabeth J. Collins at 852D MacArthur Ave.
- Maj. Charles E. and Ann Marie Fetterolf at 1251A Armstead Rd.

Congratulations to these families who have made their quarters' beautiful appearance a priority; therefore, showing us they have pride in themselves and the Presidio.

## Murder trial ends Soldier guilty, faces "life"

by Liz Greeley

**O**n May 21 at the Presidio, PFC Leon Tarver, 27, was convicted by a general court-martial of unpremeditated murder in the Dec. 31, 1986, slaying of Lt. Col. William F. McAllister, 45. Tarver also was convicted by the court of fraudulent enlistment.

Tarver was sentenced to reduction to the grade of E-1, forfeiture of all pay and allowances, confinement for life and a dishonorable discharge.

According to SSgt. John B. Bayne of the Staff Judge Advocate's Office, Tarver probably will serve his sentence at the U.S. Disciplinary Barracks at Fort Leavenworth, Kan.

McAllister was stabbed in the Post Exchange Mall at approximately 2:45 p.m. on New Year's Eve. When it happened, a number of medical personnel who were in the area rendered first aid and an ambulance was called. McAllister was rushed to the Letterman Army Medical Center (LAMC) Emergency Room, but efforts to revive him on the operating table were unsuccessful. LAMC physicians officially pronounced him dead at 4:29 p.m.

McAllister was the Presidio's deputy director of Reserve Component Support at the time of his death.

According to evidence presented during Tarver's court-martial, held May 2 through May 21 on post, he was on medical hold at LAMC because he had been diagnosed as having symptoms of mild schizophrenia.

"Schizophrenia was not the issue—the prosecution conceded the fact that Tarver had schizophrenia—*degree* was the issue," said Capt. Lawrence D. Kerr, an assistant trial counsel.

"One of the things that made this case unique," Kerr said, "was the military has just adopted a new sanity test, patterned after the sanity test enacted by Congress for the federal courts following the [John] Hinckley trial. This is the first case in which the Army has used the new sanity test [technically, the new standard for "Lack of Mental Responsibility"]."

"It's a question of degree; the test is whether, as a result of a severe mental disease or defect at the time of the offenses, the accused was unable to appreciate the nature and quality or wrongfulness of his conduct."

When asked how he felt now the court-martial was over, Kerr said, "I think that the jury heard all the evidence, and they made a fair and just decision. This is literally what we hoped for."

According to Lt. Col. Howard Curtis, Presidio's Staff Judge Advocate, the next step under the Rules for Courts-Martial will be a review of the entire trial record by the general court-martial convening authority. If he approves the court's findings and sentence, then Tarver's conviction most likely will be reviewed by the appellate courts.



Meanwhile, unless the conviction is disapproved by the convening authority or overturned on appeal, "He [Tarver] will be eligible for parole consideration in approximately 10 years under current standards," Kerr said.



# Opinions

## You could be just a drink from death

by Liz Greeley

Sulfur smoke drifted around 1st Lt. Joe Allen's feet as he stood in line trying to remember why he was here. And where was *here*?

Before long a man came down the line; he seemed to be checking names and histories. Soon it was Joe's turn.

"1st Lt. Joseph A. Allen, U.S. Army right? You can call me Harv, Joe."

"What am I doing here, and what's going on?" Joe asked anxiously.

Harv put his clipboard on his hip. "You mean you don't remember a thing about the car accident, Joe? You really should watch that drinking and driving, by the way. It'll get you in trouble every time. As far as *where* you are—you're in Hell, Joe."

"Hell?!!!"

Harv cracked his gum once and said, "You know, nine out of 10 people who come through here are sur-

prised, just like you. Of course, *some* of them expect it; but most are surprised, even shocked.

"Well, I've got other people to check in..."

"Wait! Please, tell me why I'm here," Joe begged.

"Well...okay. I kind of like you, Joe, so I'll answer your questions.

"You went to the Christmas party at the BOQ and had a little too much to drink. Actually, you had a lot too much to drink. Then you tried to drive home to Larkspur, but you crashed on the Golden Gate Bridge. You died instantly. But that's not why you're here."

"Why am I here then?"

"You were too drunk to remember, huh? You crashed into another car head-on; the Williams family car," Harv said, looking at his watch.

Joe swallowed hard. His voice was husky as he asked, "What happened to the Williams family?"

He wasn't at all sure he wanted to know, but he did know he *had* to find out.

"They were killed; all of them. Irving, his wife, Emily, 11-year-old Crissy and 3-year-old Irving Jr. burned to death; trapped inside their car. That's why you're here," Harv said matter-of-factly.

Joe was crying in agony. Harv started to walk away, but Joe caught his sleeve.

"Wait...so now I burn in Hell throughout eternity, is that it?"

"Nah, that burning stuff went out centuries ago, but you *are* guilty of four murders if you don't count yourself.

"Let's see...according to your disposition form, you've been sentenced to relive the car crash throughout eternity. Only this time, you'll remember the crash in detail.

"Each time you'll see your car swerve into oncoming traffic, and you'll see the Williams' faces just

before the crash. Then you'll see the car burn and the family trying to get out of the doors...but they're jammed shut. Then the flames engulf the car. You'll even hear their screams.

"The soul in eternal torment, as promised," Harv said, looking down at his clipboard, checking off boxes.

Joe sank to his knees, weeping.

"But I didn't know I was too drunk to drive! I sure never thought anyone else would be hurt," Joe wailed.

"Yeah. Funny thing about that—no one ever does," Harv murmured as he walked farther down the line.

*(All characters depicted are fictitious and are not intended to resemble anyone at the Presidio of San Francisco or elsewhere. However, anyone who thinks they may have a problem with alcohol should call an Alcohol and Drug Abuse counselor at 561-3784—your call will be kept confidential.)*

## Ramblin' Sam

"How could your unit be better trained?"



PFC Joseph Sommers, heavy equipment operator, 864th Engineers: "We should go to the field more."



Sgt. Becky Smith, reassignment NCOIC, PSC: "Instead of training two hours a week, we should train one full day a month."



Sgt. Maj. Laszlo Kuti, sergeant major, Readiness Group-PSF: "We need to teach individual tasks and follow up with collective tasks to give meaning to the individual tasking. We should have the soldier demonstrate his ability to operate in a field environment."



Maj. David Waggoner, chief, Training Branch, Plans, Operations and Management Division, Sixth U.S. Army: "Cross training is the key. It should be 50 percent of the training you do so you're prepared for any situation. Also, the use of time, leadership and quality in training. These three are the key."

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# Etc.

## Bridge has special meaning

by Bob Close

Early on the morning of its 50th birthday party, I looked at the Golden Gate Bridge and wondered what made it so special. Just so many hunks of steel, held together by rivets and welds, supported by steel cables which cross a body of water.

Ah, but this bridge is much more than that, as the saying goes, the sum is greater than its parts. This bridge is special. In fact, somehow calling it simply a bridge seems not enough. This bridge is a monument. A monument symbolizing the American way. The American struggle incarnate; a dream that some said could never be realized was transformed into a functioning structure, and more than that, a beautiful structure.

Each moment Joseph Strauss and others agonized over the plans, each

drop of sweat from the brows of the workers who built it, each yard of its span over which a driver has carefully maneuvered a vehicle, and each evening some romantic has held a lover while watching a glowing red sun dip into the ocean between its towers, is a tribute to an engineering marvel and work of art.

This bridge represents the product of forethought, planning and engineering, the toil of labor and industry at its best, transportation in its function and certainly beauty in its aesthetic design.

The next morning, when the celebration had ended and the smoke from the fireworks cleared the view, I couldn't help but look again at the red bridge illuminated against the dark clouds and say, like so many others, "Isn't my bridge special."

## On the Lighter Side



photo by Bob Close

## Memorial Day services

Patriotic Presidians and San Franciscans attended Monday's Memorial Day services at San Francisco National Cemetery.

## Fire safety tip

The fire tip for this week is so simple, everyone can do it. If you should be so unfortunate as to actually catch on fire, you can help yourself with the easy stop, drop and roll method. You would im-

mediately stop what you're doing, drop to the ground, cover your face with your hands, and roll over to smother the flames. It's as easy as that!

## PSF IDEAS OF EXCELLENCE PROGRAM



This week we have another money-saving idea for the Presidio. It's from Dennis MacPherson, Fire Prevention and Protection, Directorate of Engineering and Housing (DEH). MacPherson said that there should be a system where public announcements for Presidio activities could be displayed in strategic spots on post.

The announcements would be hung up on banners with the Presidio logo between two poles that would be erected for that purpose. There could be a pulley system for putting up and taking down the banners and a locking device on the pulleys to keep anyone from tampering with them.

Some strategic locations for the announcements would be the

Lombard Gate entrance, the Mason Street entrance, the 25th Street entrance, and across from the main gym on Lincoln Boulevard. Presently, you can find banners at these spots on special occasions, but the present system entails more work. It takes time and manpower to erect the banners that are used now, and with the new system, that hassle could be eliminated.

Also, the new system would keep us from hanging banners on buildings. This standardized system would give a more impressive appearance.

Congratulations, MacPherson, for an idea that can help present the Presidio and Presidio activities in a more professional light, and save money too!





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# Presidio Services

## New child center begins to shape up

story and photo by Pleasant Lindsey

Good news for users of the Child Development Center (CDC)! The new facility is taking shape right on schedule. Construction workers are near the halfway point on the structure which is designed to accommodate about 250 children.

With 18,750 square feet of space, the new building will be divided into sections for infants, toddlers, preschoolers and children of elementary school age.

The building's floor slab has been set, and its outside utility lines have been hooked into place. The new phase of construction consists of finishing the roof and putting the wall panels in place.

After the roof and walls are completed, contractors will complete the interior of the building. Landscaping of the surrounding area will be performed at the same time.

David L. Warner, assistant master planner, Directorate of Engineering and Housing, said the contract for construction of the building was awarded in November and work on the site began soon afterward. He estimated the building's cost at about \$2 million.

Warner said the CDC's present site is divided between four buildings which were built about 80 years ago. They were originally used as cavalry barracks.

John Gunnarson, director, Child Development Services, said that CDC's present site contains numerous problems.

"These buildings present a safety hazard," he explained. "They are situated on both sides of the street and the children have to cross the

street to get from one building to the next.

"The old buildings also have numerous entrances. That not only presents a problem for monitoring the children, it also makes the center vulnerable." He said the new facility will have one main entrance that will provide better security. The other doors will exit directly onto an enclosed playground.

Gunnarson said the old buildings, which are made of wood, are not as safe as the new building will be. He said the old buildings' heating, plumbing and electrical systems are poor.

"The wiring system in these old buildings present a fire risk," he said. "However, the new building will be non-combustible."

Gunnarson added that the new CDC complex also will have better playground facilities for the children.

"Here [at the present site] we have no infant playground at all," he said.

One more advantage to having the new building is it will be right next door to the Post Library, which will be easily accessible to the children.

Warner said the new facility probably will be completed by October. When it is finished, it will be another plus for a Presidio service that already has gained positive recognition from the Department of Defense (DoD).

Earlier this month, DoD used two military installations that provide top quality child care to produce video tapes that will be used for training of child care providers. For the Navy they chose Moffett Field. The Army's representative was the Presidio Child Development Center.



The construction crew installs a duct system and prepares to set the roof and outside walls into place.

## Just Say No!

### Presidio club helps kids cope with peer pressure

story by Pleasant Lindsey

**What can you do** when you're at a party and all of your peers bug you to take a drink? Just say "No!" What do you say when someone at school offers you a sample of the latest fad drug? Just say "No!"

Cheryl Smith, Charles Dasher and Robbie Brown are the guiding force behind a new youth movement on the Presidio, the "Just Say No!" club. A national organization, "Just Say No!" clubs are groups of children between the ages of 7 and 14 who work together to resist the peer pressure of using alcohol, tobacco and illegal drugs.

The club is headquartered in Walnut Creek, Calif. The national organization is about three years old, but the chapter on post is barely a month old. It is based in the Pershing housing area and boasts 23 members in its ranks.

Smith said the club was started here to provide an affordable activity with a positive influence that focuses its attention on a narrow concept—just saying 'No!'

"After I heard about the organization, it became a personal interest of mine," Smith said. "I have two daughters who are reaching the age where they are influenced by the actions of others,

and I thought this would be a worthwhile program for them."

Smith said the program started in the Pershing neighborhood because, "...We had to start somewhere." However, the club is formed to include all Presidio youth. There is no initiation fee, no dues and therefore there is no dent in parents' pockets, she said.

The club offers a number of activities to strengthen its members' determination to say "No!"

Smith said there are educational activities that help develop friendships among members, help members develop a sense of responsibility to themselves and others, and inform the youths about the dangers of substance abuse.

**Smith said the** club also teaches its members the "three steps to say No."

"Step one is being aware that there is a problem with substance abuse," Smith said. "Step two is spreading the news. Once the members learn of the hazards of drinking, smoking and drugs, they should warn their peers."

"Step three is setting the example. The members are taught to say 'No' to peer pressure."

Smith said the "Just Say No!" club has set up recreational activities that help form positive attitudes.

**"We may go** to Letterman Army Medical Center's (LAMC) children's ward to visit the sick, or participate in a clean-up project in the housing areas," Smith said. "Our activities allow the youth to give something of themselves."

Smith said the group wants parents to take an active part in the club. The club sponsors family events and activities, and offers "homework" assignments to the youth members to reinforce positive attitudes and steer youth away from substance abuse.

"Alcohol, drug, and tobacco abuse is a very big problem among teenagers," Smith said. "We target the 7- to 14-year-old age group because they are just learning [about the world in general]. We can educate the youth about the dangers of substance abuse during their preteen years and show them that there is a better way."

Perhaps you know someone who has been under a lot of peer pressure who has dabbled in substance abuse. Why not tell them about the youth organization on post that can teach them how to say "No!"

For more information about the "Just Say No!" club, call Cheryl Smith at 751-6218.



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# Photo Feature



Hundreds of thousands of people squeeze onto the bridge for the "Bridgewalk."

## Celebrants mob bridge, Crissy

story and photos by Bob Close

The Golden Gate Bridge's birthday celebration experienced a throng estimated at 800,000 making its way onto its deck; a morning and afternoon filled with an antique automobile procession, an airshow, a carnival, musical entertainment, a regatta and much more; and a fireworks and bridgelighting finale that none who saw will soon forget.

Each Presidian can be proud of the support rendered to the Golden Gate's party. Presidians were an integral part of the planning

and execution of a fitting tribute to the bridge that rests on Presidio land. Many Presidians will be able to say at the 100th Anniversary of the bridge, "Not only was I at the 50th Anniversary, but I was a part of it." The Military Policemen who helped control the crowd and the traffic, the Ceremonial Platoon members who fired a salute volley, the shuttle bus drivers, the Sixth U.S. Army Band, and many others can stand tall for having done their part in this memorable event.



Soldiers from the Special Forces Group rappel onto the beach near Crissy Field.



Antique aircraft once again grace Crissy Field, this time for display at the Golden Gate Bridge birthday celebration.



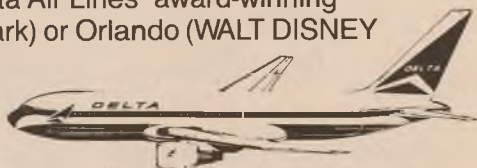
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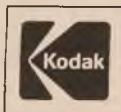


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## TEENAGERS WANTED

The U.S. Department of Agriculture is conducting a study to determine the amount of muscle, water and fats in the body of teenagers. Participation requires an orientation and test session of about 4 hours. \$25 is given for completion. For more information, call 556-1249.



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# Community Calendar

## YA needs sports director

Youth Activities (YA) is looking for a qualified person to run a sports camp from July 6 through 24. You must have experience with team sports, baseball, basketball, soccer and in working with youngsters. Pay will be determined by experience and qualifications.

For more information, call YA at 561-5143 or 561-5910.

## Chess tournament

On June 13, there will be a chess tournament at the Golden Gate Community Center. All Presidians are welcome to attend.

## Whitewater rafting

Enjoy running the rapids on the American River June 27. The cost is \$65, which includes professional guides, rafting equipment, transportation and a buffet lunch. The trip leaves from Outdoor Recreation at 6:30 a.m. and returns at about 8:40 p.m. A \$30 deposit will reserve a space.

For more information, call or come by Outdoor Recreation, bldg. 92, 561-4324 or 561-4356.

## Bike-a-thon helps Cancer Society

Bicycle riders ages 12 and older are invited to sign up now for the American Cancer Society's third annual LifeCycle Bike-a-thon in Golden Gate Park June 14.

Riders who sign up by June 5 will receive a commemorative T-shirt. Registration fees are \$15 for adults and \$8 for junior riders aged 12 to 18.

All participants may attend a free, post-ride picnic in Marx Meadow, and all will be eligible to compete for prizes including a trip for two to Disneyland, a backroads inn trip to Santa Ynez and a backroads camping trip to Point Reyes.

Riders will have a choice between a short ride of 5.5 miles through the park, or a 17-mile ride through the park and around Lake Merced. The courses open at 9 a.m. and close at 4 p.m.

Information and registration forms are available at the American Cancer Society office at 973 Market Street, between Fifth and Sixth Streets in San Francisco, or call 974-1592.

## Summer fun for Presidio kids

Child Development Services, Arts and Crafts Branch and Youth Ac-



Photo by Steve Metcalf

## "Always"

SP4 John Davis, of 16th AG (Postal) and Deborah Jacobs, a Department of Army civilian, perform at the tryouts for the 1987 Forces Command Festival of Performing Arts at the Golden Gate Community Club. The "real thing" is slated for June 11 at the club at 7:30 p.m. The show will feature soldiers from a number of Presidio units. The evening also includes dinner, which begins at 5 p.m. Call 561-3992 for more information.

tivities will have registration for their summer programs on Thursday at Gym No. 1. Registration will be from 7:30 to 9 a.m., 11 a.m. to 1:30 p.m., and 3:30 to 5 p.m.

For more information, call 561-5143, 561-3588 or 561-4497.

## Presidio youth shows talent

Youth Activities will present their Spring Recital Sunday at Schwartz Theater from 3 to 4 p.m. The program will include performances from Youth Activities' pre-ballet, ballet and karate classes as well as the adult ballet group. Admission is free.

For more information, call 561-5143.

## Escort needed for local kids

A mature adult is needed to escort three children (boy, 11; girls nine and seven years old), from San Francisco to Boston via a non-stop commercial airline flight. The flight would be departing San Francisco August 4 and returning August 24. Airfare for the trip would be substantially subsidized.

Call Jana L. Malkasian at 526-9509 after 6 p.m.

## Single parents

Single parenting is becoming more prevalent in the military. To assist the growing active duty single parent population, Family Service

Centers at Treasure Island and Naval Air Station Alameda have organized a support group.

The group is designed to discuss issues significant to military single parenting, and provide a supportive environment where parents can express concerns. Single parents share solutions for coping with the situations unique to them.

The group meets in the Family Service Center Conference Room, NAS Alameda, on the fourth Tuesday of each month, from 6:30 to 8 p.m. The next meetings are June 23 and July 28.

For more information, call the FSC at NAS Alameda at 869-4111.

## Scholarship winners

Are you one of the many people who supported the fund-raising activities of the Presidio Officers' Wives' Club (POWC)? Activities such as the James Jewelry Show and Sale, the Christmas Craft Bazaar, the Christmas Wrap or the Art Show and Sale?

If you did, you will be pleased to know that your help paid off. The POWC Welfare Fund paid out more than \$4,100 to such organizations as Army Destaff, the Christian Childrens' Fund and the Bay Area USO. On the Presidio, money went to the Cub Scouts, Letterman Army Medical Center, Army Community Service Christmas gifts for the Veterans Administration Hospital

and the Presidio Army Museum.

Also, it gives us great pleasure to announce the six recipients of the \$500 a piece POWC scholarships. They are: Thomas G. Reddy III, son of Col. Thomas and Cheryl Reddy; Martha Ann Emory, wife of Maj. Emory; Amber Valenti, daughter of Col. Fred and Arietta Valenti; Heather Ann Rose, daughter of Col. Lewis and Marcia Rose; Ann Wells, wife of Sgt. John Malinowski; and Mary Kathryn Kelley, daughter of Lt. Col. Kevin and Rosemary Kelly. Students and parents or spouses attended the last POWC luncheon to receive recognition for their outstanding work.

The POWC would like to give a special thanks to the judges for their time and effort. Thank you, Chaplain (Col.) Edward J. Christoph, Bill Clyde and Barbara Engelhardt.

## ITC demonstration

The Logistics International Training in Communications (ITC), in association with the Presidiannes ITC, are sponsoring a demonstration that will show how ITC meetings should be conducted. The meeting is Wednesday at 4 p.m. in the Conference Room, bldg. 651, Logistic Control Activity. Come to the meeting and see how ITC can help you increase your communications skills.

For more information, call Cher Church at 561-5775, or 561-5776.

## Boardsailing classes offered

Learn one of the Bay Area's most popular sports. Classes in boardsailing will be held June 6 and 7 from 8:30 a.m. to 1:30 p.m. The cost is \$55 which includes professional instruction, equipment, certification and transportation to the instruction site.

For more information call Outdoor Recreation, bldg. 92 at 561-4324 or 561-4356.

## Salmon fishing trip scheduled

Outdoor Recreation has chartered a fishing boat for June 14. Spend the day catching salmon and enjoying the sea breeze! The cost is \$35 to include rod and reel, two two-pound weights, bait, hooks, fish cleaning and bagging and transportation to Fisherman's Wharf. The one-day license (\$4) and additional weights (\$1.50 each) are not included.

We will be departing from the Outdoor Recreation parking lot at 5:30 a.m. and returning around 3 p.m.

## At the movies

### Presidio Theatre

Fri, May 29	Nightmare on Elm Street III: The Dream Warriors (R)	7 p.m.
Sat, May 30	Lethal Weapon (R)	7 p.m.
Sun, May 31	Lethal Weapon (R)	7 p.m.
Mon, June 1	Lethal Weapon (R)	7 p.m.
Tue, June 2	Three for the Road (PG)	7 p.m.
Wed, June 3	Soul Man (PG-13)	7 p.m.
Thu, June 4	Tin Men (R)	7 p.m.

### Schwartz Theater

Mon, June 1	Nightmare on Elm Street III: The Dream Warriors (R)	7 p.m.
Wed, June 3	Lethal Weapon (R)	7 p.m.
Thu, June 4	Three for the Road (PG)	7 p.m.

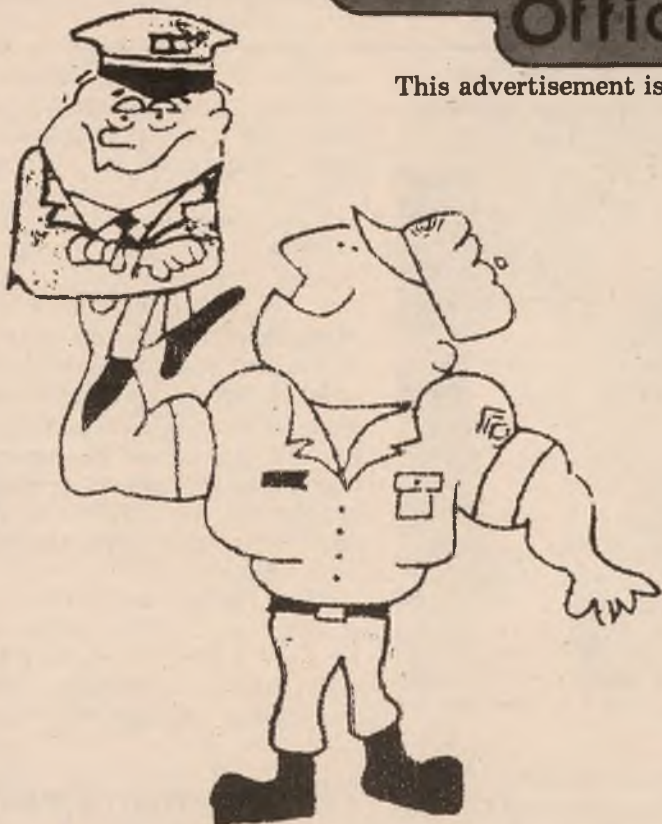
### Hamilton Theater

Fri, May 29	Jumpin' Jack Flash (R)	7 p.m.
Sat, May 30	Gremlins (PG)	1 p.m.
Sat, May 30	Jumpin' Jack Flash (R)	7 p.m.



## Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.



### Right Arm Night

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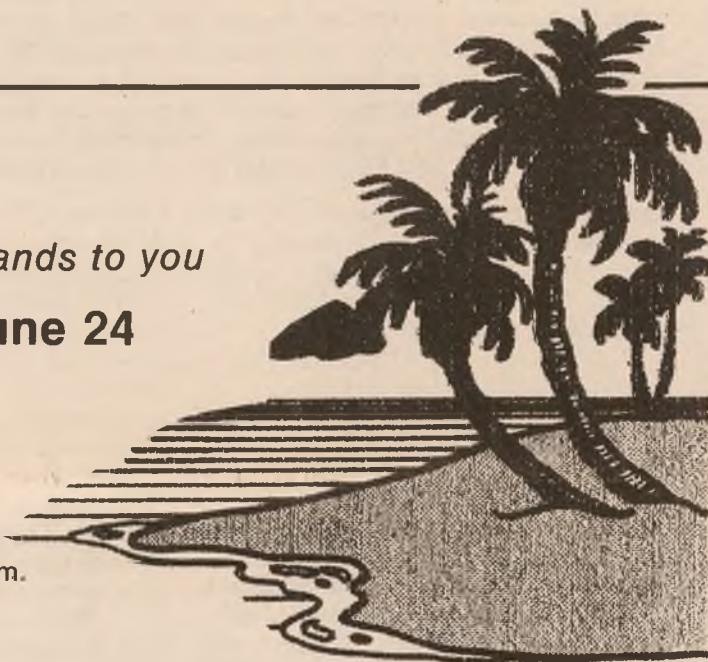
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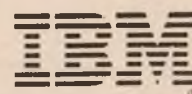
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# Sports

## All-terrain vehicles can endanger riders

"They may look like overgrown 'big wheel' riding toys, but all-terrain vehicles are anything but harmless playthings," said Jerald Anderson, DoD's deputy director for safety and occupational health policy.

An all-terrain vehicle is a motorized, off-road vehicle designed to travel on three or four low-pressure tires. Last year, more than half a million were sold.

Tragically, not everyone who bought one was aware that the vehicles need to be handled with care.

According to the Consumer Product Safety Commission, 644 Americans died and 230,000 were injured in all-terrain vehicle accidents during the past five years. Almost 50 percent of the casualties involved children aged 16 and under. Children 12 and under accounted for 135 of the deaths, or 21 percent.

Anderson said statistics aren't kept in such a way to show if any all-terrain vehicle accidents involved military children. But, he stressed, the vehicles are popular in states where military people are stationed.

Anderson said all-terrain vehicles are used in several military jobs. People who ride them at work include installation law-enforcement, perimeter and beach patrols, combat-control teams and explosive ordnance disposal groups.

The military users are thoroughly trained, and there have been no military all-terrain vehicle fatalities on the job in the past 2½ years. However, two service members have died in off-duty recreational all-terrain vehicle accidents.

Almost 75 percent of all-terrain vehicle accidents involved three-



wheeled models tipping over. "Three-wheeled ATVs (all-terrain vehicles) have a very high center of gravity — they're easy to overturn," said Anderson. And carrying a passenger on one increases the odds. Another problem, said Anderson, is operating them on public streets (where they are illegal) because they're low, and auto drivers can't see them.

Rural terrain has its own hazards.

A 7-year-old Arkansas girl hit a tree. Her all-terrain vehicle overturned on top of her and crushed her. Other off-road fatalities have occurred when all-terrain vehicles hit objects such as a tree stump, a

chain and a fallen tree branch. Some young riders have been crippled when their vehicles overturned on private dirt or gravel roads and crushed their legs.

In 1985, a congressional committee recommended that the Consumer Product Safety Commission outlaw all-terrain vehicles for riders under 12, and that 12- to 16-year-olds be licensed only after they had taken training classes. It also recommended the recall of three-wheelers, 80 percent of those currently in use.

The commission opted to request the industry to voluntarily cease marketing all-terrain vehicles intended for use by children under

12. If that doesn't work, the commission may move to ban them from the marketplace. A commission task force concluded that children under 12 are unable to operate any size all-terrain vehicle safely.

While the sale of three-wheelers hasn't been banned, the safer four-wheel models are accounting for a growing percentage of sales.

The manufacturers have stepped up their safety education program through the Specialty Vehicle Institute of America, an organization founded in 1983 to promote the safe use of their products.

The institute sponsors rider training courses with trained instructors. The toll-free number to find a course near you is 1-800-447-4700. Also available are booklets for rider self-training and one parents can use to train their children.

Since 1986, all-terrain vehicles have been labeled with special warnings, including recommended ages for young riders.

Protective equipment and clothing are very important. "Dirt bikers and motocross riders on TV wear helmets and leather," said Anderson. "Kids see these 'role models' and follow their good example."

All-terrain vehicle riders should wear helmets and either a face shield or goggles. A long-sleeved jersey and long pants are necessary for the minimum level of protection, but off-road riding gear — pants with knee pads, a jersey with shoulder pads — is better.

Gloves will protect hands in case of a spill, and boots will prevent feet from slipping off the footrests.

American Forces  
Information Service

## Sports Notes

### Intramural softball

The intramural softball league is well into its season and the team that held onto the lead this week is Medical Service Corps (MSC) with seven wins and no losses. Other records as of last week:

Team	Won	Lost
Co. A, LAMC	6	0
Co. B, LAMC	6	0
DEH	5	1
USAISC	4	1
SFMID	2	1
DLI-SF	2	1
864th Engineers	2	1
LAIR	5	2
AAFES	2	3
USAG	2	3
FBI	1	3
USMEPCOM	1	3
DOL	1	4
LEC	1	4
Coast Guard	0	5
Finance	0	5
Sixth U.S. Army	2	1

LCA.....0.....6

### Last week's results

LEC 10, 864th Engineers 0; Sixth U.S. Army 14, USAG 12; DLI 22, LCA 0; MSC 11, Finance 5; LAIR 21 FBI 2; Co. A, LAMC 13, Coast Guard 3; 864th Engineers 13, LCA 3; USAG 17, LAIR 7; Finance 5, MSC 11; LAIR 21, FBI 2; DEH 12, AAFES 2; Co. B, LAMC 11, Sixth U.S. Army 2; USMEPCOM 14, DEH 3; USAISC 7, FBI 0; MSC 12, Coast Guard 2; Co. B, LAMC 8, LAIR 3; 864th Engineers 18, Finance 0; MSC 14, DOL 9; AAFES 15, SFMID 13; DEH 11, FBI 7; Co. A, LAMC 14, DOL 6.

### Next week's schedule

#### Monday

Field No. 1  
DEH vs. Co. B, LAMC.....5:30 p.m.  
DOL vs. 864th Engineers.....6:30 p.m.  
864th Engineers vs. MSC.....7:30 p.m.

#### Field No. 2

SFMID vs. USAG.....5:30 p.m.  
AAFES vs. DLI-SF.....6:30 p.m.

#### Tuesday

##### Field No. 1

USAISC vs. LAIR.....5:30 p.m.  
Co. A, LAMC vs. FBI.....6:30 p.m.  
DOL vs. LEC.....7:30 p.m.

##### Field No. 2

DEH vs. Sixth U.S. Army.....5:30 p.m.  
Coast Guard vs. LCA.....6:30 p.m.

#### Wednesday

##### Field No. 1

SFMID vs. Co. B, LAMC.....5:30 p.m.  
Co. A, LAMC vs. USAG.....6:30 p.m.  
Sixth Army vs. USMEPCOM.....7:30 p.m.

##### Field No. 2

864th Engineers vs. DLI-SF.....5:30 p.m.  
AAFES vs. 864th Engineers.....6:30 p.m.

#### Thursday

##### Field No. 1

USMEPCOM vs. DLI.....5:30 p.m.  
MSC vs. FBI.....6:30 p.m.  
DOL vs. LCA.....7:30 p.m.

#### Field No. 2

Coast Guard vs. Finance.....5:30 p.m.  
DEH vs. LAIR.....7:30 p.m.

### Softball field reservations

The Fort Scott softball fields for intramural softball practice are now available for teams who have made reservations. Reservations are for one hour only and they must be used before another reservation will be issued.

Call the Sports Branch at 561-4131 for more information.

### Tennis court closes

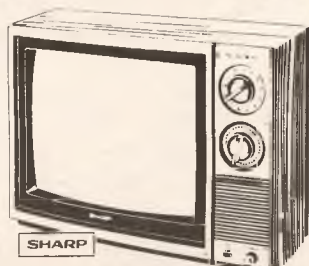
Tennis court No. 5 on Arguello Blvd. (next to the Red Cross building), is closed for court surface repairs until further notice. For more information call the Sports Branch at 561-4131.



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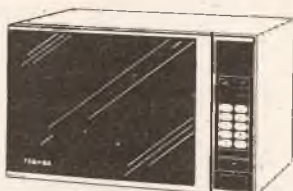
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**Sharp 13" color TV** (example) • Auto color system • Auto fine tuning • Rapid on picture and sound



**Sanyo compact stereo with digital PLL tuning** (example) • 10 station memory presets • Scan tuning • 5 band graphic equalizer • Dual cassette deck with high speed dubbing, Dolby® noise reduction and continuous playback



**Toshiba extra large microwave** (example) • Features "Jet Defrost" system • 1.6 cu. ft. capacity, space saving design • 9 separate power levels • Electronic touch control keys • Features rotary arm microwave distribution system



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**Panasonic 20" TV monitor receiver** (example) • Square corner picture tube • Compufocus video system • 20 key random access remote control • 155 channel cable compatible • Programmable scan • Sleep timer



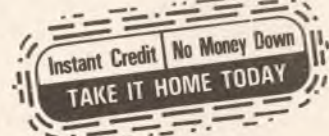
**Toshiba VHS VCR** (example) 117 channel cable compatible • 7 day/4 event programmable • HQ image enhancing circuitry • 15 function wireless • Auto power on/off



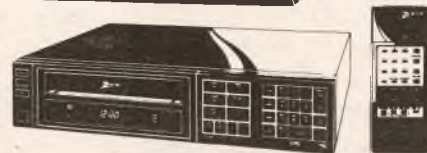
**Clarion AM/FM stereo cassette receiver** (example) • 12FM/6AM touch button memory • Auto reverse cassette deck • 25W X 2 or 6 W X 4 power output • Dolby® B/C noise reduction



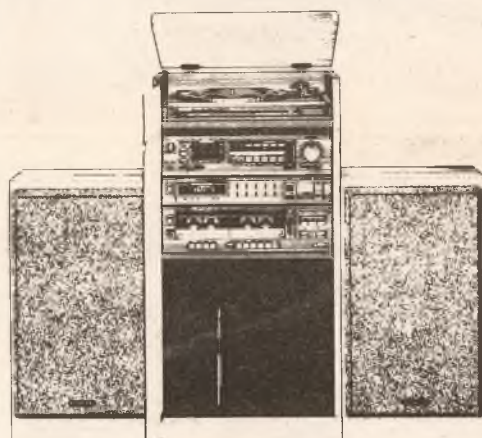
**14kt chains, diamond trio set and diamond pendant**  
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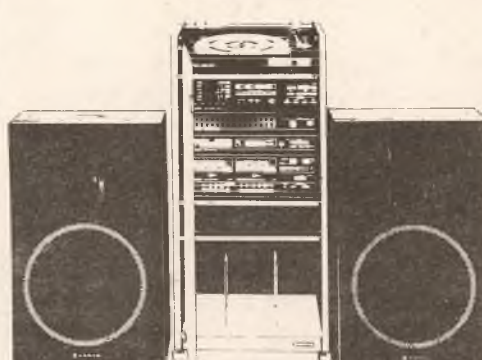
**TAKE IT HOME  
TODAY!**  
**LOOK WHAT  
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CAN GET  
YOU!**



**Zenith 4-head Hi-Fi VCR** (example) • 14 day/4 event auto record with simplified direct input programming • 108 channel cable ready • HQ circuitry • "Music Scan" tape search • Auto power on with auto play • Instant record • VCR remote control also operates Zenith remote control TV's



**Kenwood 100 watt stereo rack system** (example) • Quartz synthesized FM/AM digital tuner with 16 pre-sets • 7 band graphic equalizer • Dual cassette with Dolby® noise reduction • Semi automatic turntable • 12" 3-way speaker system • Light teak grain cabinet



**Sanyo 120 watt stereo rack system** (example) • 120 watts per channel • AM/FM stereo synthesized tuner with 18 station pre-sets • 7 band graphic equalizer • Dual cassette deck with continuous playback, high speed dubbing, Dolby® noise reduction • Semi automatic belt driven turntable • 3-way 15" woofers

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# Star Presidian

Vol. 30, No. 18

"Published in the interest of the people of the Presidio of San Francisco."

June 5, 1987



Soldiers prepare to come to attention during Sixth U.S. Army commanders', both past and present, review of the troops.



Lt. Gen. James E. Moore, Sixth U.S. Army's new commander (left), Maj. Thomas F. Cole, Commander of the Troops, and (then) Lt. Gen. Fred F. Woerner after reviewing the troops during the May 30 ceremony.

## Sixth U.S. Army welcomes new commander

story and photos by Liz Greeley

Lt. Gen. James E. Moore Jr. assumed command of Sixth U.S. Army from Lt. Gen. Fred F. Woerner in a Presidio ceremony held on May 30 at 2 p.m.

Moore arrived at Sixth U.S. Army from Korea, where he was Commander of the Combined Field Army.

During his career, he has held a number of key positions including duty as Deputy Director, then Director of Operations, Readiness and Mobilization in the Office of the Deputy Chief of Staff for Operations and Plans in Washington, D.C.; and Commanding General, 7th Infantry Division, Fort Ord, Calif.

A graduate of the U.S. Military Academy, Moore held a number of significant assignments before arriving at Sixth Army. In Vietnam, he served as a brigade S-3 (training and operations officer), and then commanded the 1st Battalion, 35th Infantry. In Europe, he was an operations of-

ficer with the United States European Command.

Stateside, he commanded the Basic Combat Training Brigade at Fort Ord. While at Fort Ord, he also served as the commander of Readiness Group (Provisional), and commanded the 1st Brigade of the 7th Infantry Division before moving to Washington.

After his assignment as deputy to the Director of the Army Staff (Staff Action Control) in the Office of the Chief of Staff, he was made Assistant Division Commander of the 2nd Infantry Division in Korea.

Moore's awards and decorations include: the Silver Star, the Legion of Merit with two Oak Leaf Clusters, the Meritorious Service Medal, several Air Medals and the Army Commendation Medal with Oak Leaf Cluster. In addition, he is authorized to wear the Combat Infantryman and Senior Parachutist Badges and the Ranger Tab.

As Sixth U.S. Army Commander, Moore will be

responsible for the training and readiness of Army Reserve and Army National Guard forces in the 12 western states which comprise Sixth Army.

His predecessor, Woerner, was promoted to general by U.S. Forces Command Commander Gen. Joseph T. Palastra Jr. during the change of command ceremony.

Effective tomorrow, Woerner will replace Gen. John R. Galvin as Commander in Chief of Southern Command in Panama. Galvin will become Supreme Allied Commander in Europe.

Woerner goes to his new command well prepared. Before he took command of Sixth Army on March 31, 1986, he was Commander of Army Forces in Panama and was responsible for the Army's Security Assistance Program for Latin America. An expert on Latin America, he has studied in Colombia and Uruguay, served in Guatemala and directed Latin American Studies at the Army War College.

## Mayor commends MP hit by drunken driver

On May 28, Mayor Dianne Feinstein commended PFC Jon E. Squier of the 571st Military Police Company, Fort Ord, Calif., for his heroic efforts to stop a car from plowing into a crowd at the Golden Gate Bridge celebrations at Crissy Field the evening of May 24.

The mayor, who was nearby at the time, visited the injured MP at Letterman Army Medical Center (LAMC) to make a presentation as Squier's father looked on.

"PFC Squier noticed a car weaving erratically through the Crissy Field parking lot and rushed to wave down the driver and stop him from plowing into people enroute to the performance," Feinstein said. "He put himself directly in front of the moving vehicle, was hit and thrown over the car."

Other MPs pursuing the vehicle moved in,

stopped the vehicle and arrested the driver, who was taken into custody. On May 26 he was charged with felony drunken driving along with two other charges.

Squier is being treated at LAMC for compound fractures in one leg, simple fractures in the other leg, serious damage to his knees and head lacerations.

"San Francisco is deeply indebted to PFC Squier for his heroism," Feinstein said, presenting him with a key to the city at his hospital bedside, "and we are proud to express our appreciation for his brave actions."

The Provost Marshal's Office currently is interviewing witnesses to determine if a military award for his actions is appropriate, according to Sgt. Maj. Dan L. Folan.



Mayor Feinstein presents the key to the city to PFC John E. Squier.



# Opinions

## Constitution has special meaning for soldiers

by Dan Coberly

Imagine this scene:

You and a friend are dining at a local restaurant. Several policemen enter and force you and the other diners to line up against a wall, ID cards in hand.

You, your friend, and a few other people are pushed out the door and into a waiting van. There is no explanation. You don't know where you are going, and you don't know why. By now, you're pretty scared and you begin to wonder if you'll ever be seen or heard from again.

There are many countries in the world where such scenes are repeated almost daily. Luckily, America isn't one of them. Americans aren't marched off to work camps, tortured, confined without trial, or otherwise unlawfully searched or seized. Americans are free from such actions, because the Constitution guarantees their freedoms. And the Constitution works because soldiers like you, along with our elected officials, are sworn to uphold and defend it.

Tens of thousands of Americans have given their lives to create our democracy under the Constitution. Millions of loyal men and women have fought and died to keep it. The willingness of those soldiers to defend the principles of democracy for us, and to uphold the Constitution, should make us all more determined to fight for it.

The Constitution can be thought of as a list of America's values, which are, and always have been, the Army's values.

**American and Army values** ensure your rights as a citizen. Few countries in the world today offer you religious freedom; freedom of speech, press and assembly; freedom to petition the government for redress of grievances; and freedom to be secure in peace and prosperity and to have equal justice under the law.

The civil-rights movement and student protests of the 1960s and '70s could not have occurred without the power of the Constitution. Martin

Luther King Jr. knew and understood that and used it to prove that in America one person *can* make a difference by peacefully exercising his or her constitutional rights.

By supporting the Constitution as a citizen-soldier, you keep those rights for yourself and ensure they exist for others. You are part of an elite group representing less than four-tenths of one percent of Americans who train to fight so other citizens don't have to.

By the time America declared its independence, it was nothing more than what we now would call an underdeveloped country. Unlike other world nations of the time, America had no capital; was heavily in debt; and had few roads, factories or other sizable assets of importance. But there was one more thing it didn't have...it also had no king.

The American people would turn out to be the country's most important asset. They were able to

form a meticulously limited government. They were able to write a constitution and a bill of rights unlike any the world had ever seen.

Two hundred years ago in Philadelphia and Virginia, those people began to talk in detail about individual liberties, dignity of the individual and justice for all in an effort to write America's Constitution. The revolutionary words and ideas soon would spread like wildfire.

**Writing the Constitution** in 1787 was a new task for men. It was the first balanced structure of power between the government and the people in which liberty, equality and justice were rights for all citizens. When it was finished, it was called "*Novus ordo seclorum*," the "New order of the ages," a phrase you'll find engraved on dollar bills.

Soldier-statesmen and civilians alike counted on the political wisdom and involvement of average citizens to make things work. Hence, the Constitution guarantees we are all somebody in the political process, because the founding fathers knew that in a free society each individual is an essential ingredient, indispensable to the whole.

Thomas Jefferson and James Madison believed the people would see to it that men "of virtue and talents" would occupy political office. When occasional corrupt persons came into power, Jefferson and Madison believed an outraged American public could sooner or later peacefully remove them from office, something which can happen only in a free society where every citizen's voice counts.

Its framers recognized that citizens have the right to petition to alter the Constitution, but they made it difficult to do so. More than 7,000 amendments have been proposed; 33 have been passed by Congress, but only 26 have been ratified.

Most important are the first 10 amendments, called the Bill of Rights. They protect individual liberties such as freedom of religion, speech and

please see Constitution on page 3



## Ramblin' Sam

"What is your idea for beautifying the Presidio?"



SP4 Betty Summerlin, Drug and Alcohol counselor, Co. B, Letterman Army Medical Center: "This post is already beautiful. The only thing I could suggest is better litter pick-up in the housing area."



SP4 David Harper, dental technician, U.S. Army Dental Laboratory, Alameda: "I don't know. It's the nicest post I've ever seen. I can't think of anything aesthetically wrong with it."



Cliff Moore, caretaker, San Francisco National Cemetery: "Preserve it the way it is, but build a bike lane or a joggers lane. But, I think it's pretty beautiful the way it is."



Chaplain (Lt. Col.) Roger Ramsel, Letterman Army Medical Center: "I just came from the Arizona desert and it looks beautiful the way it is. You don't have to do anything to it for me."

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# Etc.

## Constitution continued from page 1

press. They grant citizens the right to peacefully assemble and petition the government. They also prohibit unreasonable search and seizure of people and property, outline rights of citizens in criminal cases, guarantee the right to confront accusers, and mandate the right to a fair trial by jury.

We also extend many of those rights to our country's visitors.

**Aleksandr Solzhenitsyn**, the famed Russian writer, for example, often has been called the "foremost literary conscience of our age." Yet it is primarily in his new home of America where his voice is most freely heard.

His home government viewed him as a dissident...a man with dangerous ideas. They feared his thoughts. But in the United States, he is free to make his opinions known, and even criticize the United States, because the Constitution guarantees such free speech.

Today, the Constitution is the oldest written constitution still in effect.

**It's important to note** that when American colonists fought and died to establish and preserve the principles of human freedom, the Constitution was not yet written. Still, American patriots understood what they were fighting for and never wavered in their commitment...nor should you. It is well to remember the cannonballs which exploded on the Revolutionary battlefields looked just as formidable and destructive to our ancestors as nuclear bombs do to us.

Our nation has proven in both situations that good soldiers are necessary to keep the United States strong and free as a beacon of liberty and democracy. You, the soldiers of today training hard to protect your country, must make yourselves into citizen-soldiers equal to your predecessors if our Constitution is to survive.

(The above article was written by SFC Dan Coberly, FORSCOM newspaper supervisor and a former *Stars and Stripes* correspondent.)

## TAKE A BITE OUT OF CRIME

### Skateboarders beware

by John Flynn

California Vehicle Code (CVC) 21967 gives the power to local governments to adopt rules and ordinances prohibiting persons from riding or propelling skateboards on roadways.

Presidio Supplement to Army Regulation 190-5 states "Skateboards will not be utilized on any roadway nor shall they be used on any sidewalk within 30 feet of any pedestrian or in any parking lot during such time as the parking lot is in use for the parking of vehicles."

Until recently the Military Police have allowed skateboarders a little leeway in regard to this regulation. But due to an increase in skateboard-related complaints, the Provost Marshal has instructed Military Police to strictly enforce this regulation.

Starting today, skateboarders found in viola-

tion of these regulations will be cited on DA Form 1408 (Armed Forces Traffic Citation). This ticket is used by Military Police in much the same way as the "Written Warning" is used by civilian police officers. The citation will be kept on file at the Provost Marshal's Office (PMO). If the offender is stopped a second time the MP has the option of issuing a Department of Defense Form 1805 (Federal Magistrate Citation). This will result in a \$10 fine.

The goal of the Military Police is not to ruin a child's good time but rather to prevent a tragic accident. If you have any questions about skateboards or any other matter, call the MP Station at 561-2251 or 561-HELP.

### Crime report

- A civilian was apprehended for drunken and disorderly conduct.
- An attempted robbery was reported.
- A Fort Dix, N.J., soldier was apprehended for desertion.
- A Presidio soldier was apprehended for desertion.
- Two larcenies of unsecured money were reported.
- An accidental damage to government property incident was reported.

## PSF IDEAS OF EXCELLENCE PROGRAM

This week's money-saving idea come from Capt. J. Hawley at the Directorate of Engineering and Housing.

In the short time that I have been here, a few key obstacles seem to be blamed for many of the installation's woes. The one which I hear the most often is, "There is not enough manpower to support it." Too often, this is not true, and the real reason is that the person is looking for an "out," but sometimes it is a valid obstacle.

With the Civilian Employment Level being lowered each year, Gramm-Rudman causing other budget cuts, and the Army's Family Action Plan stressing more options for the soldier, it seems that the manpower problem will get worse before it gets better. Most of the Presidio jobs are service-type jobs so that means we must serve the customer as well but with less. In order to do this, we have to use all our available resources to get our job done.

We have a resource here at the Presidio which many other installations do not have: a tremendous retiree population. To my knowledge, we do not actively seek to tap this resource. The Air Force has been doing it for some time with great success, from what I hear. They have been using volunteer retirees to man the customer desk and phones at Space A counters for the MAC flights. Their rationale is similar to what we could use:

1. Retirees know the "system" and can relate

better to the servicemember than someone who doesn't.

2. They are "free" labor.
  3. Retirees have a great wealth of knowledge which can be shared and they are more than willing to share.
  4. They have expertise in areas in which we may desperately need help.
  5. Retirees get great satisfaction putting something back into a system in which they spent a large part of their life.
  6. It gives active and retired a feeling of belonging.
  7. Many retirees would give up a considerable amount to help servicemembers.
  8. In general, retirees have more patience and understanding and therefore, are great dealing with customers.
- We could establish a program in which retirees could volunteer their time to help in areas where we need help. Why don't we start to tap these resources? It would be relatively simple to get word to the retirees. (The Air Force sends notes with retirement checks.)
- Positions which could be targeted for assistance from retirees could be: simple customer areas such as answering phones on the work order desk; light secretarial tasks; volunteer positions in ACS or Red Cross; maybe even light manual tasks. This does not include



## News Briefs

### New SMA announced

The Army's top enlisted position will go to CSM Julius W. Gates, who succeeds the current Sergeant Major of the Army, Glen E. Morrell, upon the latter's retirement June 30.

Gates, currently serving in Korea as the Eighth U.S. Army's Command Sergeant Major, was chosen for the Pentagon post from a number of soldiers nominated by commanders throughout the Army.

The 45-year-old veteran with 28 years of active service saw two tours in Vietnam and three tours in Germany. He served as Command Sergeant Major of the 2nd Battalion, 50th Infantry; 2nd Armored Division (Forward); and 3rd Infantry Division in Germany as well as in that capacity with the U.S. Army Sergeants Major Academy at Fort Bliss, Texas.

His decorations and awards include the Bronze Star Medal, Purple Heart, Meritorious Service Medal (five times), Air Medal, Army Commendation Medal (four times), Army Achievement Medal, Combat Infantryman Badge and Master Parachutist Badge.

In his new duties, Gates will serve with the Army Chief of Staff in Washington, acting as the senior enlisted advisor on matters pertaining to enlisted soldiers.

Army News Service

### Finance and Accounting Office closes

The Finance and Accounting Office will be closed from 12:15 to 4:15 p.m. on June 19. Only emergency payments will be processed during the closure. For more information, call Sgt. Maj. Lucie O'Ferrall at 561-2029 or 561-2975.

### Military payday changes

Beginning with the September 1987 end-of-month pay period, all Department of Defense service members will be paid on the first day of the following month. This change is mandated by U.S. Congress.

The military services still will be authorized to advance payday up to three days when the first of the month falls on a weekend or holiday, except for the month of September. Mid-month paydays are not affected by this change.

The change also will affect the delivery dates of allotment checks, causing some arrival dates to be delayed by one or two days.

The first four end-of-month paydays affected by this change are:

Pay period	Payday
September 1987	Oct. 1, 1987—Thursday
October 1987	Oct. 30, 1987—Friday
November 1987	Dec. 1, 1987—Tuesday
December 1987	Dec. 31, 1987—Thursday

areas where the retiree may be an expert based upon his/her experiences before retirement.

I think that a small pilot program (for example, at the work order desk) at the Presidio (PSF) would have some very definite benefits:

- a. If successful, PSF could really capitalize on it by publishing it in the *Army Times* and various other DA-related publications. PSF would then be in a leadership position having shown a willingness to innovate. It would reflect favorably on us all.
  - b. The soldier and his/her family would be better served, directly in line with the DA's Family Action Plan goals. This has side benefits such as better retention and higher productivity.
  - c. We would better use our available resources.
  - d. It could free up our trained personnel to do the things which require more training.
- I suggest that PSF appoint someone to establish a pilot program. What have we got to lose besides some lost effort? We have a tremendous amount to gain.





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# Army told to reduce its officer strength

by Bob Close

Congress has passed a bill which forces the Department of Defense (DoD) to cut its officer strength. A *Star Presidian* staff member talked with CWO 3 D. M. Phelps, chief of Personnel Operations and Strength Management, about the effect this will have on the Presidio.

**"What is your role in officer reduction for the Presidio?"**

Phelps: "Basically, to do the best I can to get the maximum number of officers to coincide with our authorized positions and get them assigned to the right jobs."

**"What are the latest figures on the reduction?"**

Phelps: "This reduction is being done incrementally. The latest figures are 1,575 commissioned officers in Fiscal Year 1987 and another 1,000 plus in Fiscal Year 1989. Over the same period, we're going to lose about 2,000 warrant officers. So if the current figures hold true, the grand total will be 4,500 to 5,000."

**"How are these officers being selected for reduction?"**

Phelps: "I think the Department of the Army (DA) and DoD are doing everything possible to minimize the impact on officers on active duty."

"They're reducing the number of new officers being commissioned from the various schools and procurement programs. They're encouraging some selective early retirements. They're encouraging some officers who don't plan to make the Army a career to leave prior to the completion of their obligated service. In some cases, they are giving waivers to officers with service obligations caused by Permanent Changes of Station, promotions, things like that."

"The remainder cut primarily will come as a result of promotion boards. They will try to identify the least productive officers in the least critical career fields."

**"When you say the 'least critical career fields,' will this be done by branch?"**

Phelps: "Sure."

**"And the branch that will be hit hardest?"**

*Call the Spy Hotline*

## Reporting espionage can halt it

by Richard Holk

**D**o you know a spy? Even if you don't think so, you might know someone who is selling out your country. Your life could be in their hands.

A new pilot program has just started throughout the United States to help you report spies and suspicious behavior, according to officials of the U.S. Army Intelligence and Security Command (INSCOM) in Arlington, Va.

The number of Americans prosecuted for spying against their country has increased tremendously in the past few years. Most espionage cases became known because someone reported the suspicious behavior to the proper authorities, the INSCOM official said.

So many people were arrested and prosecuted for espionage in 1985 that the news media called it "The Year of the Spy." But not all spies have been caught.

**C**onsider these facts:

- Soviet tanks are equipped with sophisticated range finders that are carbon copies of lasers designed for our own new tanks.
- The Soviet MiG-25 fighter has radar similar to the one in our Air Force's F-15. The MiG-25's missile is a duplicate of ours.
- Seventy percent of the designs for our Airborne Warning and Control System may have gone to the Soviets even before it flew. Now they have their own version.

The list continues to grow. These and many similar weapons were developed in the United States. Now their copies are a threat to us. The Soviets wouldn't have most of them had it not been for American spies.

INSCOM works closely with the Federal Bureau of Investigation, but the task isn't easy.

Phelps: "I couldn't tell you which branch. I'm talking in terms of strength figures. You always have imbalances between branches, some branches are overstrength and some understrength. They are going to try to target those branches that are overstrength, yet...retaining the best qualified officers."

**"Is there a way for an officer, who for some reason wishes to be released from the service, to do so as a result of this reduction in officer strength? If so, is it anything unique to this circumstance?"**

Phelps: "The procedure has always been in place for an officer to request an early release from their obligated tour. Generally, we're talking about junior grade officers in their first four or five years of service. The change is that DA is being more liberal in approving the exceptions for early release."

**"Do you see the promotion pyramid getting steeper?"**

Phelps: "I think it's too early to predict that. If you reduce the officer corps, then obviously there are fewer opportunities for promotion. If you reduce the total number of officers, there are fewer people you will be competing with. I don't think we can say at this point that it's going to be that much tougher to be promoted."

**"Do we have any idea what the effect will be on the Presidio?"**

Phelps: "It's too early to tell. DA is looking at converting some officers' positions to civilian and eliminating some altogether. They're doing a lot of research right now to get feedback on what the impacts would be. It is a lengthy process determining which positions will be affected."

"In terms of numbers [how many positions will be affected on the Presidio], if you take the number of positions that are going to be eliminated from the Army, and you spread them worldwide, the impact on an installation like the Presidio, with its relatively small staff, should be fairly minimal—ones, twos, threes, something like that."

**"If an individual was worried about his or her position being eliminated, is there any way that**

**person could be reassured?"**

Phelps: "This is not something that has anything to do with the individual that may be in a position or scheduled to go to a position. It's going to be strictly based on review of organizational functions. It will be a decision by commanders and senior managers on which positions could be spared without adversely affecting the mission."

"Individuals shouldn't become too anxious or too apprehensive about their security. I don't think their career opportunities are going to be significantly changed. People who do well in their jobs, do well in their careers, have job security. Those people who haven't done so well should know who they are. They're less secure anyway, whether we're reducing strengths or not."

**"Have there been any major reorganizations that are related to the strength reduction?"**

Phelps: "No. Congress has directed DoD to reduce the number of officer positions. Last year, coincidentally, we all went to a standard installation organization. This is a model for the staff activities on an Army installation so the same activities are doing the same kinds of functions and providing the same services. Again, coincidentally, that's probably going to make it easier for the Army to identify the positions that may be reduced or eliminated."

**"Are the enlisted ranks being reduced similarly?"**

Phelps: "There are no actions going on right now that I know of."

**"How will this affect the Reserve Components?"**

Phelps: "Indirectly, they are going to benefit. There probably will be more officers, and perhaps better qualified officers available to the reserves who want to continue their affiliation with the Army. Some officers leaving active duty early to pursue another career interest may want to continue their affiliation with the Defense Department and may go in to the reserves."

**"As far as strength figures, I don't believe there is going to be any effect."**



**Anyone could be a spy.**

ing and carries around miniature cameras and a small tape recorder all the time? **Report it.**

• Have you seen anyone returning a document to the safe just as they're coming in for work? Does this same individual work very late at night? Is he or she always interested in the work of other people? Does he or she always make "just an extra copy for the files"? **Report it.**

• Do you have a friend who innocently asks for an official telephone book, an installation map or a list of organizations on post? **Report it.**

If you think you know a spy or someone who has been contacted by a spy, call the 902nd Military Intelligence Group, located at the Presidio, at 561-4815. Or call this toll-free number: 1-800-CALL SPY (1-800-225-5779). It will be answered 24 hours a day.

Espionage is a war. It's a silent war, but people die. Help make America more secure.

The limited number of agents can't counter the threat alone. The Army needs your help to find those spies and put them out of business.

Whether you're a driver, cook, intelligence specialist, clerk, paratrooper or anything else, a spy could be interested in you. No matter what you may do in the Army, you know something a spy wants to know.

Recently, a spy asked a young soldier to get information on unit deployments, especially of airborne troops. Instead of giving the spy what he wanted, the soldier told Army intelligence agents.

**W**hat if he had become a spy? How many lives could have been lost when the unit deployed on a major exercise or in wartime?

Every soldier is a target for Soviet intelligence agents. the KGB thinks all soldiers can be bought for about twice their annual salary. The money might look good, but it's a high price for selling our your country.

INSCOM officials outlined the kinds of behavior a spy looks for and how some spies act. If these situations sound familiar, report them:

- Do you know anyone who takes unexplained short trips out of the country? If a soldier says he's going to Idaho for the weekend—but returns with a sombrero, Hong Kong clothes, or foreign currency—you should be suspicious. **Report it.**
- Does a soldier where you work get long distance calls from people with foreign accents; or the caller sounds suspicious and won't leave a message? **Report it.**
- Someone in the club brags about working on something classified and sensitive. Has this soldier also told an agent or a spy? Does the soldier confide to you, after a few drinks, that he or she is working on a special project that is really important? **Report it.**
- Does a friend seem overly interested in spy-



## CLERICAL and SUPPORT PERSONNEL

Earn Extra \$\$\$ in your  
off-duty hours

French Hospital Medical Center, located near the Presidio, seeks clerical and support personnel for the following per-diem positions:

**ADMITTING CLERK** Experience in public contact; type 50 WPM.

**CLERK SPECIALISTS** Experience with public and heavy phones; computer familiarity helpful.

**MEDICAL TRANSCRIBERS** Previous experience and type 60-85 WPM.

**REGISTRATION TECHNICIANS** Clerical experience with public contact in medical setting.

**MEDICAL RECORDS TECHNICIAN** Experience in medical records desirable.

**TRANSPORTATION AIDE** 1 yr. hospital transportation experience.

**SECURITY GUARD** 2 yrs. law enforcement experience req. Hospital exp. preferred.

## MEDICAL PROFESSIONALS & PARA- PROFESSIONALS EARN EXTRA \$\$\$ IN YOUR OFF-DUTY HOURS

French Hospital Medical Center, located near the Presidio, seeks medical professionals and paraprofessionals for the following per diem positions:

**LVNs:** CA license; some exp. required.

**MENTAL HEALTH COUNSELORS:** Inpatient psych. exp. required.

**OCCUPATIONAL THERAPISTS:** AOTA registered & recent exp. required.

**ORTHOPEDIC TECHNICIAN:** CPR certification & recent exp. required.

**RESPIRATORY CARE PRACTITIONER:** CA license & recent exp. required.

**RADIOLOGIC TECHNOLOGIST:** CRT & ARRT certified; experience.

**LAB ASST./PHLEBOTOMIST** In/out-patient phlebotomy experience; charting, specimen processing.

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# Cabaret

## Presidio showcases its talent

by Liz Greeley

**W**ilkommen, bienvenu, welcome! Right this way, your table is waiting!

Sit down, relax and enjoy yourself at the 1987 Forces Command Festival of Performing Arts! The festival will be held Thursday at 7:30 p.m. in the Golden Gate Community Club, bldg. 135.

Soldiers and Department of the Army civilians will perform to showcase their talent and audition for the All-Army Talent Show.

The evening's entertainment features soldiers and civilians from a number of Presidio units: Letterman Army Medical Center; 16th AG (Postal); Sixth U.S. Army; Co. D, 864th Engineers; the Staff Judge Advocate Office and the U.S. Military Entrance Processing Command.

Two FORSCOM judges will be at the FREE talent show. If any of the acts is chosen by the judges, they will perform in the

All-Army Talent Show held at Department of Army Headquarters in September. According to ITT's Char Morrison, there are some quite talented acts performing Thursday!

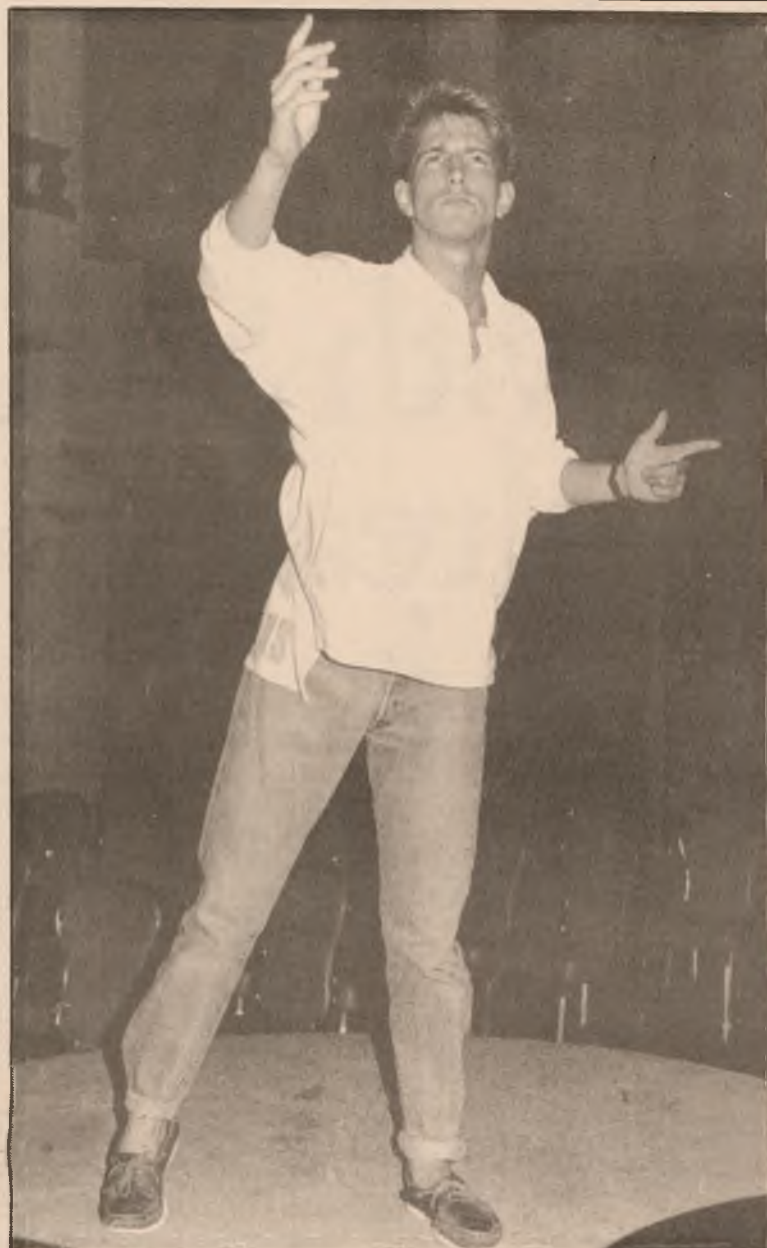
On the technical crew, CWO 3 Eddie Mallard, 902nd Military Intelligence Group; and Bob Stutz, Co. G, Defense Language Institute-San Francisco; will be working on sound. Meanwhile, PFC Sabrita Gordon and PFC Valerie Jackson, both from 16th AG (Postal), are the technical assistants on the lights. A detail from the 864th Engineers is lending a hand by transporting a part of the set.

The Golden Gate Community Club will serve dinner at 5 p.m., and the band starts playing at 7:30 p.m.

Remember, old chum, life is a cabaret. Come to the cabaret!



DA civilian Julie Harrosh from USMEPCOM (U.S. Military Entrance Processing Command) sings "Hey, Big Spender" from the play, "Sweet Charity."



photos by Steve Metcalf  
SP4 Steven Morrison from LAMC performs a comedy routine called "Hot Lead and Cold Feet."



Emcee SFC Pam Murray from LAMC helps out Sgt. Jewel Hanson, also from LAMC, with his song.



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French Hospital Medical Center,  
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ing professionals for per diem posi-  
tions in the following areas:

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**Nursing Relief Supervisor**

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ting.

**Acute Hosp. (Med/Surg)**

**PACU (Recovery Room)**

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# Community Calendar

## Officers' Wives 'Welcome Tea'

The women of the Presidio Officers' Wives' Club invite all officers' wives to a Welcome Tea for Joan Moore, wife of Lt. Gen. James E. Moore Jr., the new Sixth U.S. Army commander. The tea will be held June 18 from 2 to 4 p.m. at the home of Brig. Gen. Walter J. Bickston, 341 Infantry Terrace, on the Presidio.

## Presidio Museum closes

The Presidio Army Museum, bldg. 2, is closed today.

## Chess Tournament for Presidians

A chess tournament will be held on June 13 at the Golden Gate Community Center. All Presidians are welcome to attend.

## Recreation Center offers tours

The following tours will be offered by the Recreation Center from June through August: tomorrow a group is going to the Santa Cruz Beach and Boardwalk; on June 20 a Marine World Africa USA tour is scheduled; a winery tour to Sonoma is set for June 27; on July 18 there will be a Sausalito Volksmarch tour and Bay Model tour; July 23 is the Port of Oakland tour; August 1 is the Lake Tahoe Volksmarch tour; the Hearst Castle tour is Aug. 15 and on Aug. 29 the Recreation Center has scheduled a Russian River Wine tour and St. Helens Volksmarch.

For information on these tours, call the Recreation Center at 561-5420 or 561-2000, Tuesday through Saturday, from 2 to 9 p.m.

## Arts and Crafts Center classes

The Presidio Arts and Crafts Center has a wide variety of classes. Most classes are scheduled from 6:30 to 9:30 p.m. Classes are held in the Arts Center, bldg. 122, at the corner of Lincoln and Riley Avenues. Advance registration and payment is required for all classes.

Classes include ceramics: slip casting/pouring only, ceramic decorating techniques on greenware, decorating techniques on bisque, air-brushing underglazes, pottery, Raku, ceramic jewelry, wood for beginners, oil painting and many more.

For more information, call 561-4497.



photo by Steve Metcalf

## 'Cabaret'

The gang's all here! The gang (and Char Morrison) is the performers at the Presidio's talent show Thursday night at the Golden Gate Community Club at 7:30 p.m. Any acts chosen by the two FORSCOM judges at the Festival of Performing Arts will perform in the All-Army Talent Show held at DA Headquarters in September. And word has it that the Presidio has some contenders!

## Escort needed for local kids

A mature adult is needed to escort three children (boy, 11; girls 9 and 7 years old), from San Francisco to Boston via a non-stop commercial airline flight. The flight would leave San Francisco Aug. 4 and return Aug. 24. Airfare for the trip would be substantially subsidized. Call Jana L. Malkasian at 526-9509, after 6 p.m.

## YA needs sports director

Youth Activities (YA) is looking for a qualified person to run a sports camp from July 6 through 24. You must have experience with team sports, baseball, basketball, soccer and in working with youngsters. Pay will be determined by experience and qualifications.

For more information, call YA at 561-5143 or 561-5910.

## Blue Cross rep answers questions

Bernice Morgan, a Blue Cross/Blue Shield representative, will be at the Civilian Personnel Office tomorrow, Saturday, to answer questions from individuals about their policies. Anyone who would like to see Morgan should bring all pertinent paperwork relating to their question or problem.

For an appointment, call Diane Nishimoto at 561-5757.

## Litter pick-up changes

Civilian contractors now will pick up litter and will be on-call to pick up items such as packing boxes, grass clippings and old furniture, according to Lowell E. Whiteaker, chief of Contract Services and Utility Sales Branch.

Requests for all litter pick-up and on-call collections should be directed to the Contract Services and Utility Sales Branch, Directorate of Engineering and Housing at 561-6000, 561-3769 or 561-6026.

## Presidio needs volunteers

The following agencies have volunteer job opportunities:

- Youth volunteer coordinator/soccer coaches, Youth Activities, 561-5143.
- Cashier/office helper/taggers, Presidio Thrift Shop, 922-384 (Tuesday through Thursday).
- Docents/library assistants/writers, Fort Point, and Army Museum Association, 921-8193.
- Office help/receptionist/ticket person, U.S.O., 561-3436.
- Social event chairperson/publicity chairperson, Enlisted Spouses Club, 922-8147.

• Officer clerk and typist/Welcome Committee/Food Basket Program/Star Presidian distribution/mayors, Army Community Services, 561-5156 and 561-5057.

• Field trip chaperones/classroom aides, Child Development Services, 561-3588.

## Bike-a-thon helps Cancer Society

Bicycle riders ages 12 and older are invited to sign up now for the American Cancer Society's third annual LifeCycle Bike-a-thon in Golden Gate Park June 14.

Riders who sign up today will receive a commemorative T-shirt. Registration fees are \$15 for adults and \$8 for junior riders, ages 12 to 18.

All participants may attend a free, post-ride picnic in Marx Meadow, and all will be eligible to compete for prizes including a trip for two to Disneyland, a backroads inn trip to Santa Ynez and a backroads camping trip to Point Reyes.

Riders will have a choice between a short ride of 5.5 miles through the park, or a 17-mile ride through the park and around Lake Merced. The courses open at 9 a.m. and close at 4 p.m.

Information and registration forms are available at the American Cancer Society office at 973 Market Street, between Fifth and Sixth Streets in San Francisco, or call 974-1592.

## Boardsailing classes offered

Learn one of the Bay Area's most popular sports. Classes in boardsailing will be held tomorrow and Sunday from 8:30 a.m. to 1:30 p.m. The cost is \$55 which includes professional instruction, equipment, certification and transportation to the instruction site.

For more information call Outdoor Recreation, bldg. 92, at 561-4324 or 561-4356.

## Fire tip

Smoking can be a real fire hazard if you're not careful about how you extinguish your cigarette or cigar. This week's fire safety tip explains how to be a "safe smoker." It may sound like a contradiction in terms, but for those who smoke, it's reality.

Make sure you extinguish cigarettes in large, deep ashtrays. Check under the sofa and chair cushions for smoldering cigarette butts before going to bed; and never smoke in bed!

## At the movies

### Presidio Theatre

Fri, June 5	Closed	
Sat, June 6	The Secret of My Success (PG-13)	7 p.m.
Sun, June 7	The Secret of My Success (PG-13)	7 p.m.
Mon, June 8	The Secret of My Success (PG-13)	7 p.m.
Tue, June 9	Starship (PG)	7 p.m.
Wed, June 10	Police Academy IV (PG)	7 p.m.
Thu, June 11	Police Academy IV (PG)	7 p.m.
Fri, June 12	Police Academy IV (PG)	7 p.m.

### Schwartz Theater

Mon, June 8	Tin Men (R)	7 p.m.
Wed, June 10	The Secret of My Success (PG-13)	7 p.m.
Thu, June 11	Starship (PG)	7 p.m.

### Hamilton Theater

Fri, June 5	Star Trek IV (PG)	
Sat, June 6	Wild Pony (G)	7 p.m.
Sat, June 6	Star Trek IV (PG)	1 p.m.
Fri, June 11	About Last Night (R)	7 p.m.



# Presidio of San Francisco Officers' CLUB

This advertisement is for Officers' Club members and guests only.

## MEMBERSHIP NIGHT

Wed., June 17

Featuring a SPECIAL MENU and  
WINE TASTING

**\$5**

Two for one  
Members can only bring one guest

Dance to the music of GGG Productions 5 to 10 p.m.

*Hawaiian  
Luau*

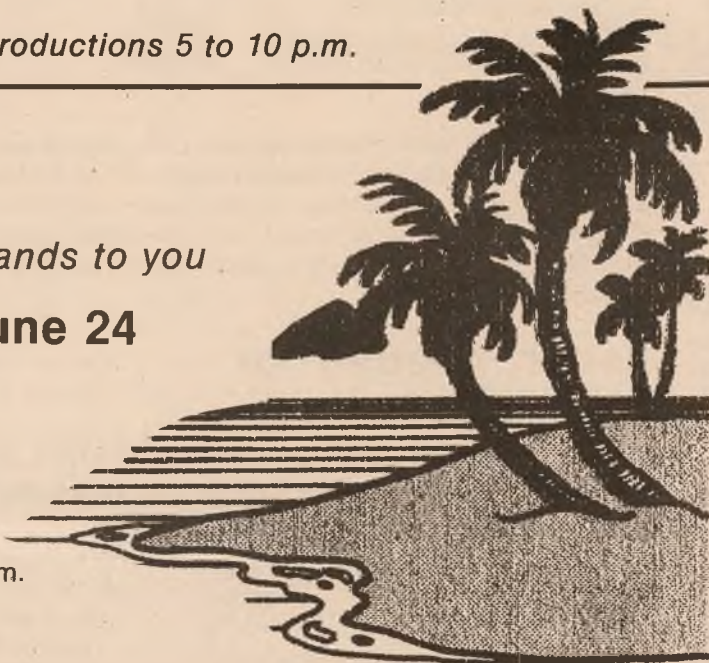
From the Islands to you

Wed., June 24

6 to 10 p.m.

'Aloha' Hula shirts plus live Hawaiian music  
by the NIKO BROTHERS. Floor show starts at 8:30 p.m.

Call 921-1612 for reservations



## ATTIC LOUNGE

D.J. Music every Friday  
7 p.m.-Midnight

## GAME ROOM NOW OPEN

in the ATTIC LOUNGE

Restricted to members and their  
guests only. No one under 21 years of  
age will be admitted.



## SUNDAY BRUNCH

10 a.m. to 2 p.m.

## FULL SERVICE MENU BREAKFAST

Mon. thru Fri.  
6:30 to 9 a.m.

## Central Mexican Cooking



featuring Specialty Dishes  
**Chalupitas • Chimichangas  
Gorditas • Fajitas**

**CRAB ENCHILADAS** Fri., Sat., Sun  
**DAILY LUNCH & EARLY DINNER SPECIALS**

### Merchant Special

**Chimi Burrito** — flour tortilla  
stuffed with beef or chicken, rice and beans;  
garnished with guacamole, sour cream and tomatoes.

**\$4.95**

**Happy Hour: 4:30-6:30 Daily**

**2414 Lombard Street (at Scott) • San Francisco**  
**931-6659 • Open 6 days a week • closed Mondays**

## The Study of Body Composition or How Fat are You?

Are you a healthy teenager between 12 and 19 years of age? Are you interested in earning \$25 for only 4 hours of work? If so, then we are looking for you! The U.S. Department of Agriculture is conducting a body composition study of teenagers. To be eligible you must be a healthy teenager between 12 to 19 years of age. The study is scheduled to start June 15.

The object of the study is to determine proportions of muscle, water and fat in the body of the average teenager. Considerable research has been carried out on normal, healthy adults and scientists have a good understanding of the proportions of the body's composition. However, similar research on children and teenagers is not as extensive.

The composition of the body compartments can be measured by a number of techniques. The most accepted techniques is that of underwater weighing. This procedure requires the volunteers to submerge in a tank of warm water for 3 to 5 seconds. While the volunteer is underwater a recording of their weight is made. This is the

underwater weight and, surprisingly, is only about 3 to 5 pounds compared with the individual's normal weight.

The simple "sinking" or "floating" comparison is what is being done when someone is underwater weighed.

Other techniques for body composition analysis include the measurement of body water, body potassium, body electrical conductivity, etc. All of which are used to assess different components of the body.

As a result of participation in the project, each teenager will receive a written statement of their body composition including the amount of muscle, water and fat. In addition, a payment of \$25 is given for completion of all procedures.

If you are interested, contact the U.S. Department of Agriculture's Western Human Nutrition Research Center in the LAIR facility here on the Presidio. Further information is available by calling 556-1249.



# Sports

## Armed Forces Team competes in Nationals

story and photo by Bob Close

The Armed Forces Men's Volleyball Team finished 24th in the standings and the women came in 21st in the "Nationals by the Bay" Championship held in Berkeley, Calif. May 24 to 28, according to John Funes, assistant coach for the men's team and Presidio sports specialist.

Being selected to play on the Armed Forces Team requires success at the interservice level, Funes said.

"First there are the interservice championships, which were held at Fort Lewis, Wash., this year. For three days we played against the Navy, the Marines and the Air Force. From those teams, they picked an All-Star Armed Forces Team. Each branch of service picked their own all-stars. Navy won the interservice championships this year.

"The coach of the team that wins the interservice championships is automatically selected to coach the Armed Forces Team," Funes said.

"They try whenever possible to get at least one representative from each service. There are 11 members on the Armed Forces Team for the nationals. It is made up of five sailors, four airmen and two soldiers. The Marines are not represented."

"We finished the interservice championships May 15. We had one week of training and went right into the nationals," Funes said.

"There is a lot of teamwork in volleyball. It's six guys out on the court. The longer you can practice and the more you can play together, the better," he said. "You have an area 30-by-30 feet to cover. Everybody has got to move like clockwork. When you've got six guys who have been playing together for



A member of the Men's Armed Forces Volleyball Team spikes the ball during the National Championships held in Berkeley.

most of the season it makes a big difference compared to a bunch of all-stars trying to play together."

This is not the first time the Armed Forces Team has gone to the nationals with little time together as a team, according to Funes.

"Two weeks is the longest since 1964 that the all-stars have been able to play together. That year the team won the Military Olympics in volleyball, which is unusual considering the quality of the teams fielded by the other countries which recruit for their team," Funes said.

Height is one thing this year's Armed Forces Team is lacking, he said.

Despite their lack of size, he thinks the Armed Forces Team has been playing well.

"The team has been doing very well up to this point. We hold our own very well considering that our team is so small," Funes said.

The lack of height also makes strategy important for the Armed Forces Team, he said.

"Since our team is so small, we're forced to rely on quickness, creating

situations that put us one-on-one with the opponents," he said. "We've got a two-man passing system and our formations are very deceiving. Many times our opponents have trouble distinguishing who the hitters are."

Now that the nationals are over, the Armed Forces Team will go back to Fort Lewis and train for one more week, according to Funes.

The final stop for the Armed Forces Team will be in Turkey for the Military Olympics which take place next week.

### John Funes

by Bob Close

Playing volleyball at the national level is nothing new to John Funes, assistant coach for the Armed Forces Volleyball Team and Presidio sports specialist.

"Before I retired out of the service, I played 17 years on the All-Army Team. Out of those 17 years, I was on the Armed Forces Team 15 years. Once I retired, I started coaching. This is my seventh year coaching the Army Team and the fourth time I've been involved in coaching the Armed Forces Team...sometimes as a coach and sometimes as an assistant. I coached the Armed Forces women one year.

"In my first 10 years playing on the Armed Forces Team, we never placed worse than fifth. It was always a very strong, competitive team," Funes said.

Now Funes uses his competitiveness and knowledge of technique to help others succeed in the sport he knows so well.

## Sports Notes

### Softball players battle it out

Two intramural softball teams are still fighting for the lead in league play. As of May 29, both Co. A, LAMC, and Medical Service Corps (MSC), were unbeaten with records of eight wins and no losses each.

Team	Won	Lost
Co. B, LAMC	7	0
DEH	6	1
SFMID	4	2
Sixth U.S. Army	4	1
DLI-SF	3	1
USAISC	4	3
LAIR	5	3
864th Engineers	3	2
USAG	2	4
AAFES	2	5
USMEPCOM	2	4
FBI	2	4
DOL	1	5
LEC	2	5
Coast Guard	1	6
LCA	1	6
Finance	0	7

### Results of last week's games:

USMEPCOM 18, SFMID 13; AAFES 6, Co. A, LAMC 21; Sixth U.S. Army 10, LAIR 2; LEC 20, Finance 6; Co. B, LAMC 14, USAISC 11; 864th Engineers 8, SFMID 9; DOL 1, DLI-SF 14; Coast Guard 7, 864th Engineers 19; AAFES 2, MSC 12; Co. A, LAMC 16, USMEPCOM 11; Finance 2, LCA 18; SFMID 16, FBI 6; USAISC 6, Sixth U.S. Army 9; Coast Guard 6, LEC 5.

### Next week's schedule:

#### Monday

Field No. 1  
SFMID vs. Sixth U.S. Army 5:30 p.m.  
AAFES vs. LEC 6:30 p.m.  
Co. A, LAMC vs. Co. B, LAMC 7:30 p.m.  
Field No. 2  
USMEPCOM vs. 864th Engineers 5:30 p.m.  
MSC vs. USAG 6:30 p.m.

#### Tuesday

Field No. 1  
DEH vs. USAISC 5:30 p.m.  
FBI vs. DLI-SF 6:30 p.m.  
AAFES vs. LCA 7:30 p.m.

Field No. 2  
DOL vs. Finance 5:30 p.m.  
SFMID vs. LAIR 6:30 p.m.

#### Wednesday

Field No. 1  
Co. A, LAMC vs. Sixth Army 5:30 p.m.  
USMEPCOM vs. LEC 6:30 p.m.  
DLI-SF vs. USAG 7:30 p.m.

Field No. 2  
MSC vs. Co. B, LAMC 5:30 p.m.  
FBI vs. 864th Engineers 6:30 p.m.

#### Thursday

Field No. 1  
DOL vs. Coast Guard 5:30 p.m.  
SFMID vs. USAISC 6:30 p.m.  
USMEPCOM vs. LCA 7:30 p.m.

Field No. 2  
Co. A, LAMC vs. LAIR 5:30 p.m.  
AAFES vs. Finance 6:30 p.m.

### Tennis court closes

Tennis court No. 5 on Arguello Boulevard (next to the Red Cross building), is closed for court surface repairs until further notice.

For more information, call the Sports Branch at 561-4131.

### Softball field reservations

The Fort Scott softball fields for intramural softball practice are now available for teams who have made reservations. Reservations are for one hour only and they must be used before another reservation will be issued.

Call the Sports Branch at 561-4131 for more information.

### Bowling congratulations

The Management of Presidio Bowling Center would like to take this opportunity to congratulate the Presidio Strikers, who took first place in the 1987 San Francisco Bowling Association's 52d Annual City Tournament. The team members are: Earl Gravile, James Robb, R. J. West, Jessie Heredia and Curtis Looney.

Congratulations to you all.



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SERVICE EMPLOYEES**

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\$25 OR LESS  
PER MONTH  
CAN GET  
YOU!**



## Toastmaster deluxe compact microwave

(example) • Ten power levels • Touch pad controls • Automatic defrost cycle • Removable glass tray for easy clean-up



## Pioneer front-mount cassette with Super-tuner III

(example) • 18 FM/6 AM station presets • 20 watts per channel • Automatic seek/local seek tuning • Auto replay deck • Liquid crystal display • Separate bass and treble controls

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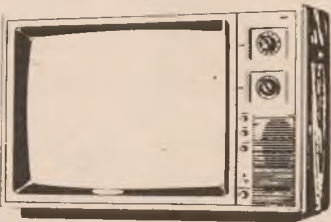
## 14kt gold diamond 1/10 ct. engagement rings

Our diamonds are analyzed by independent gemologists for top quality and value. FREE sizing and FREE appraisal certificate.

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\$35 OR LESS  
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LOOK FOR MANY OTHER UNADVERTISED SPECIALS TOO NUMEROUS TO MENTION



## KTV 19" color TV

(example) • Rapid on picture and sound • Automatic line tuning

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## Sharp HQ VCR

(example) • HQ system plus dual comb filter • 13 function remote control • Large operating function display • 2 speed video search • 14 day/2 event programmable • 110 channel cable compatible • Auto power on/auto rewind



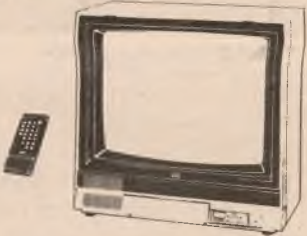
## Soundesign stereo with tower speakers

(example) • Dual cassette deck • 5 band graphic equalizer • High speed tape dubbing • Tower speakers • Semi automatic two speed turntable

# SALE

**NO DOWN PAYMENT!**

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## JVC 19" remote TV

(example) • Multi function on screen display • Sleep timer for automatic shut-off • Return channel simplifies switching between two channels • Random access remote control operates 112 channel synthesizer tuner • High tech black cabinet with monitor look

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## 14kt gold diamond 1/5 ct. engagement rings

Our diamonds are analyzed by independent gemologists for top quality and value. FREE sizing and FREE appraisal certificate.

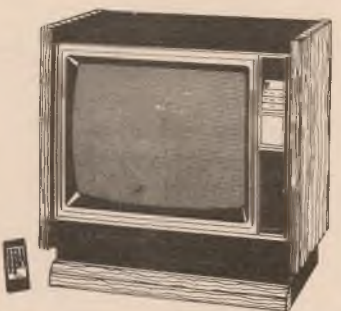


## Sanyo 120 watt stereo rack system

(example) • 5 band graphic equalizer • AM/FM stereo synthesizer tuner • Dual transport stereo cassette deck • Semi automatic turntable • 3-way speaker system

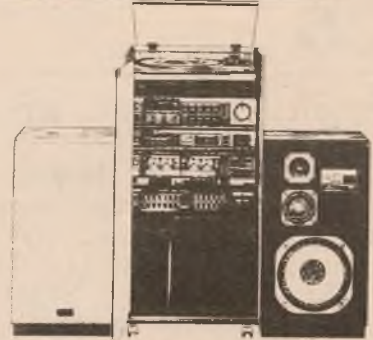
**TAKE IT HOME TODAY!**

**LOOK WHAT  
\$75 OR LESS  
PER MONTH  
CAN GET  
YOU!**



## Sanyo 25" console with remote control

(example) • Direct access infrared remote control • 112 channel cable ready • Automatic shut-off timer on remote • Auto color control • Contemporary pedestal base



## Kenwood 125 watt stereo rack system

(example) • Precision belt-drive FG servo system auto return turntable • Quartz synthesized FM/AM digital tuner • Preset LED's and stereo indicator • 7 band stereo graphic equalizer • 140 watt maximum input power speaker system • Dual cassette deck

Instant Credit No Money Down  
TAKE IT HOME TODAY



## 2 pc. Contemporary sectional

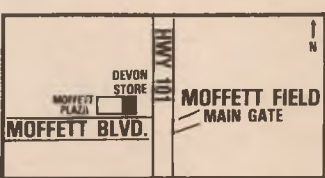
(example) Choice of luxurious fabrics to blend with all decors. Perfect for any living room area.

HOME ENTERTAINMENT, STEREO'S, TV'S, VCR'S, JEWELRY, APPLIANCES, FURNITURE



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WE FINANCE ALL QUALIFIED MILITARY & CIVIL SERVICE EMPLOYEES



**S.F. Mayor:** Thank you,  
Presidio, thank you,  
**page 3**

**Doctors leave:** Baby  
clinic's appointments  
change, **page 5**

**Track:** women  
break records,  
**page 11**

# Star Presidian

Vol. 30, No. 24

"Published in the interest of the people of the Presidio of San Francisco."

June 19, 1987

## Seminar goal: Make SF171 impressive

story and photo by Pleasant Lindsey

**R**eady for that step to a higher job level? Your application for employment could be the difference between a higher paying job and a "sorry Charley." The federal employment application seminar on Monday could be your ticket to a better salary.

The Presidio office of the Federal Women's Program (FWP) is sponsoring quarterly seminars for military and civilian employees, and family members on the Presidio. The seminars will give training on job motivation and advancement.

The theme for Monday's seminar is "Upward Bound: Getting There the 'Write' Way." It will be held in the Audiovisual Theater, bldg. 603, from 11:30 a.m. to 1:30 p.m. Participants are asked to bring a sack lunch and their federal employment application, Standard Form (SF)171, as the seminar will focus on the SF171.

**A**ngela Love, FWP manager, said now is the time to learn how to fill out those federal employment applications correctly.

"This seminar will provide tips or suggestions to be used when filling out SF171s," she added. "The seminar will show how to use past experience to get certain jobs, what type of references employers are looking for and key words to use when filling out applications."

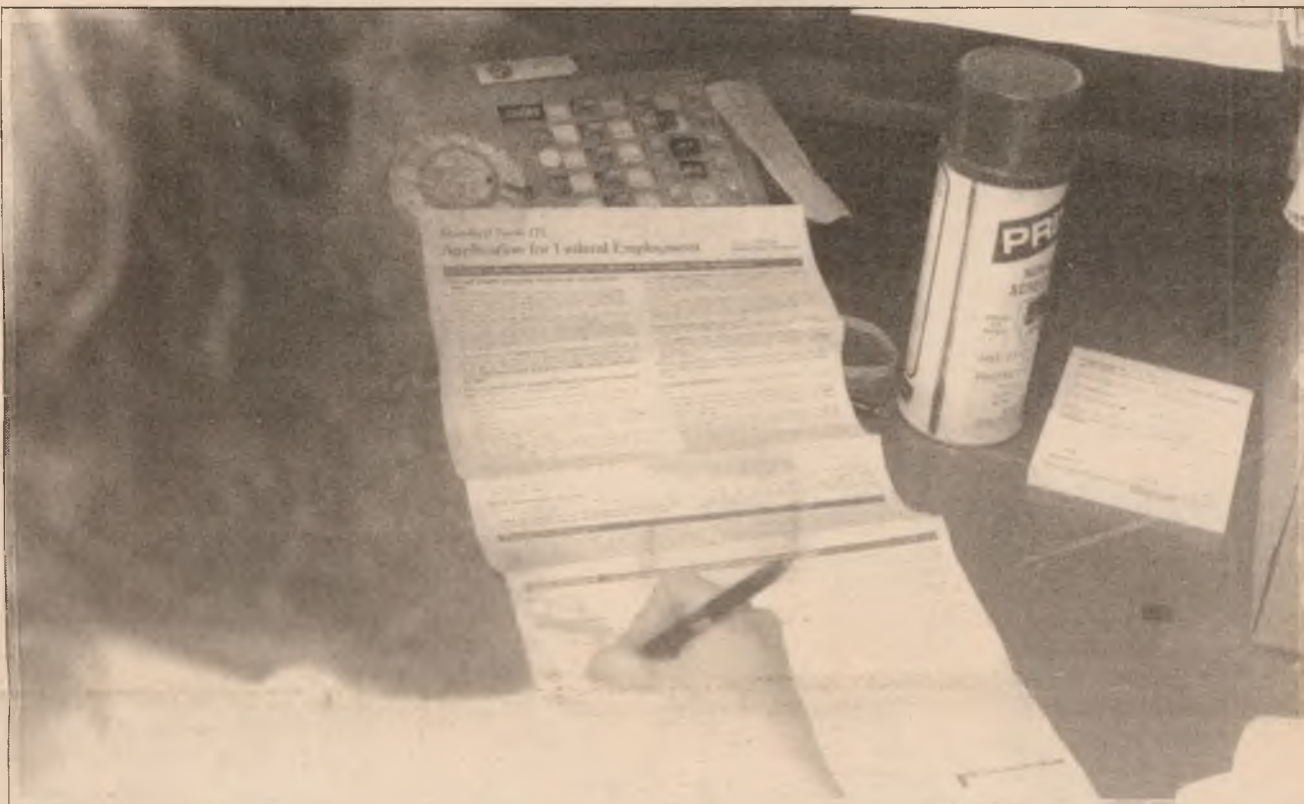
Love added that many people are not trained to express themselves effectively in a job-seeking environment. The seminar has self expression tips as well.

"The seminar will show applicants how to effectively communicate orally, in writing and interpersonally," she said. "The interpersonal communications skills are necessary for job success."

But what could be so hard about filling out a job application? According to Love, filling it out isn't the problem—making it impressive, is.

"In a lot of cases the SF171 is the first thing the employer will see," Love said. "If it is neat and impressive, it makes you stand out before the interviewer and will make the employer want to look at you."

According to Debra Baganulo, co-chairperson for the seminar and FWP member, workshops such as this have been sought by a number of job applicants.



Come to the seminar Monday and get the "tips" to get ahead.

"This is something a lot of people ask for," she said. "Some people are better at self expression than others, and the seminar is designed to give people help with self communication so they can get the better jobs."

The seminar will provide more than lectures. Participants will be able to keep the materials and handouts the seminar uses for future reference.

**A**nother plus for those who attend the lecture is that it will be conducted by people who deal with employment issues daily.

"The seminar will be conducted by people from the Civilian Personnel Office (CPO)," Love said. "They are personnel specialists, people who have plenty of experience with SF171s."

The conductors will include Celia Fauntleroy, chief of Recruitment and Placement, CPO, and Gloria Dixon, of CPO's Special Examining Unit. A third instructor is Marjorie Hill, chief of the Manpower, Equipment and Documentation Division, Directorate of Resource Management (DRM).

Love said people who attend the seminar can draw from the instructors' experience, and this is part of the reason participants should take their SF171s with them to the seminar.

"It takes longer than an hour to effectively fill out an SF171," Love said. "The application can be filled out properly at the seminar with the personnel specialist giving personal tips along the way."

Love said that one of the main objectives of FWP is employment for women, and seminars such as this one are based on relative issues that apply specifically to women.

"Through the FWP and workshops such as this we can help women get the jobs in the higher pay grades," she said.

But the men haven't been forgotten.

**B**"This is for all employees," Baganulo said. "Everyone can benefit."

So if you are looking for that new, higher paying job, the FWP seminar Monday could provide you with the edge to get ahead.

## News Briefs

### PLDC bus service

In order to better serve the military community during PLDC (Platoon Leader Development Course) graduations, the Transportation Division will provide a 44-passenger bus which will leave the Transportation Motor Pool (TMP), bldg. 639 at 7:30 a.m. on the following dates: June 27, July 31, Sept. 4 and Oct. 9.

Soldiers, family members and civilian employees who want to attend the graduation ceremonies may board the PLDC Bus at the TMP parking lot. The bus will leave Fort Ord, Calif., about 45 minutes after each ceremony.

This service will be on a "first come, first

serve" basis. Civilians must produce either a family member or Civil Service ID card.

### Commissary closure

The Presidio Commissary will be closed on Saturday, July 4, 1987, for the observance of Independence Day.

### Return crutches, canes

Letterman Army Medical Center (LAMC) has issued a plea for anyone having crutches or canes to please return them.

Capt. Wayne Richardson, assistant administrator from the Department of Physical

Medicine and Rehabilitation said normally crutches and canes are to be returned to LAMC within 30 days.

If you have had either crutches or a cane longer than that or have some you no longer need, please return them to either the Physical Therapy Clinic, Emergency Room or Orthopedic Clinic at LAMC.

### Hispanic Heritage volunteers?

Plans now are being formulated to celebrate Hispanic Heritage Week and volunteers are please see page 3



# Opinions

## TAKE A BITE OUT OF CRIME

### Sharing the road

The key to traffic safety for both motorists and motorcyclists is the ability to recognize each other on the road, and to respect each other.

Drivers in automobiles tend to look for other cars and do not look for motorcycles thus, drivers of automobiles see what they expect to see. The key to traffic safety for both the automobile driver and motorcyclist is to recognize each other and share the roadway.

One way to accomplish this recognition is that motorists must learn to look for motorcycles and yield to their right of way. Motorcyclists must make themselves visible by wearing brightly colored clothing and reflective vests.

Being seen: the motorists must look for motorcycles and expect to see them. As a motorcyclist, realize that you are relatively inconspicuous in traffic. Make yourself more visible with bright-colored clothing, a reflective vest and your

headlight on at all times. Use hand signals to augment the electric turn signal.

The requirements for operating a motorcycle on all military facilities, for all military and civilian personnel (including both employees and family members), are (a) wear an approved helmet, a shirt or jacket, and long legged pants, leather boots or shoes and a high visibility garment such as a reflective vest; (b) turn on the headlights; (c) have a rearview mirror mounted on each side of the handlebars; (d) the use of headphones and earphones is prohibited while riding. It is highly recommended that Presidio personnel also use these safety measures while they are operating a motorcycle on civilian roadways.

Summer and motorcycle season is upon us, so the Provost Marshals Office, Presidio of San Francisco, is providing safety tips and statistics for you and your family. The bottom line is, "we want you and your family to be safe," and to make our post safe and accident free. The people of the Presidio are our most precious asset. Let's do our part for safety.

### Helmet use: Some Statistics to think about

Source: The Washington Post, June 4, 1986

- Mile for mile, a motorcycle rider is between 10 and 15 times more likely to die in a crash than is an automobile passenger.

- Since 1976, almost 45,000 Americans have been killed in motorcycle crashes.

- Motorcycle riders not wearing helmets are three times more likely to suffer a fatal head injury than riders wearing helmets.

- Only 19 states require all motorcyclists to wear helmets, compared with 47 states a decade ago.

- The U.S. Department of Transportation estimates that if every motorcyclist wore a helmet, between 1,000 and 1,500 lives would be saved each year.

- A helmet use law took effect in Maryland in 1968. Over the next decade, fatalities from motorcycle crashes averaged 40 per year. In 1979 the law was weakened to cover only those Under 18. In 1980, the number of motorcyclists killed in accidents jumped to 98.

- Louisiana is the only state to reinstate a helmet use law after repealing it in the 1970s. In 1982, the first year after re-enactment of the law, fatalities in motorcycle accidents in Louisiana decreased 30 percent, even though motorcycle registrations increased 6 percent.

- A large portion of the cost of motorcycle accidents is borne by taxpayers. A study done at the University of California at Davis found that hospital costs per injured motorcyclist averaged \$17,704. Seventy-two percent of that cost was paid by the state.

## Ramblin' Sam

"How would you improve the next ARTEP?"



2nd Lt. Mary Van Atta, executive officer, 16th AG: "We need to train more on the importance of security procedures and defensive perimeters for a field postal unit. Also, we should have more NBC training."



Sgt. Arlene McPhee, operations NCO, 16th AG: "I would set up the operations tent and the security perimeters as soon as we arrived in the field. From that point we would be ready for full postal operations from the time the ARTEP begins until it ends."



PFC James Hunt, Ceremonial Platoon, Headquarters Company, USAG Presidio: "I would choose a site with better terrain features. The site we used was more suited for desert training. Also, I would include more people from our platoon for the next ARTEP."



SSgt. Charles Johnson, platoon sergeant, Ceremonial Platoon: "I would give the Ceremonial Platoon more input on the planning of the ARTEP, and give the soldiers more training time in advance. We only had one month to prepare for this last ARTEP."

## 'Happy Birthday' sad when sung to oneself

by Jim Hudgins, Chief, Community Services

There's something disconcerting, even sad, about singing "Happy Birthday" to oneself. And yet, that's what usually happens every June 12th on most Army installations. Most Americans do not realize what an important day this is, or else it would not have to be shared with "Flag Day"...another holiday important enough to be honored on its own merit, but isn't.

On June 15, I attended an outstanding ceremony, one that was planned to the last detail and featured rousing music, colorful bunting and flags, and stirring speeches. Since I work at the Presidio, I knew that the reason for this ceremony was to honor the 212th Birthday of the United

States Army. Everyone in the packed theater knew why we were celebrating. The only problem is that we may have been the only ones in the entire Bay Area who consciously understood the relevance of the Day and why it was too important to overlook.

Because of what I do for a living, I attend many ceremonies and special events. I thought yesterday's ceremony was one of the best that I have attended in several years.

It bothered me, however, when the audience, most of whom were in uniform, was invited to sing "Happy Birthday." Under the "Total Army" concept, civilian employees are considered an important part of the Army family. Ergo, we were all

standing there singing to ourselves.

My contention is this—the freedoms we enjoy, such as being allowed to gather in the theater, was largely gained and kept for us for the last two centuries by American soldiers. Over a million military casualties have been suffered by our country, mostly Army personnel. They have suffered and endured; sacrificed and overcome. Damn...the least that could be done is to have other Americans sing a little ditty once a year, and mean it when they say "...Happy Birthday, dear Army..." I, for one, will never overlook what this service has meant to our nation and its survival. So, for what it's worth...Happy Birthday, U.S. Army, and here's to the next 212 years!

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# Etc.

## Letter from the Mayor

May 29, 1987  
Col. Joseph Rafferty  
Commanding Officer  
The Presidio of San Francisco  
Building 220  
San Francisco, California 94129

Dear Colonel Rafferty:

I appreciate your accompanying me this morning at Letterman Army Hospital to visit PFC Jon E. Squier—so unfortunately injured Sunday during the Golden Gate Bridge celebration.

Colonel, allow me to express San Francisco's official thanks to the Presidio, the MPs and all those under your command who did so much to make the bridge celebration the success it was. Your people performed in the very best traditions.

While personally thanking PFC Squier and Sgt. Robert Kellogg, I want to extend that appreciation to all the MPs who worked so long and hard to help coordinate the events.

As always, the Army came through when it was needed—with flying colors.

Warm regards,  
Yours sincerely,  
Dianne Feinstein  
Mayor of San Francisco

## Community will market ACS

by Pleasant Lindsey

Army Community Service (ACS) is looking for a new marketing slogan that will reflect its growing role in the community and its dedication to Army families, and you can help!

ACS will be 22 years old on July 25, and has kept to its theme of self-help, service and stability for over two decades.

That theme appears on the ACS emblem. The new slogan will not replace the theme, but instead will become part of the new information and marketing plans for ACS.

In a message sent to major Army commands from Headquarters, Department of the Army, dated May 6, the new slogan will appear on ACS posters and publications Army wide, and will be used in conferences and workshops. The new slogan will come from the community, according to Starrine Cheek, Army Family Advocate, Presidio ACS.

"We will be sending out fliers to the entire Presidio community asking them for their suggestions for a new slogan," she said. ACS will have drop-off points around the post for the Presidio community's convenience, she added.

Cheek said that the Headquarters, Department of the Army has a set of rules that must be followed for the new slogan. The slogan should reflect the character of ACS and match the ACS slogan of self-help, service, stability. Also, the slogan should indicate the help and service that ACS provides to the community.

Because ACS is a community service, the entire Presidio community is eligible to participate in the contest. This includes soldiers and officers in active duty and Reserve units, retired Army

members and their immediate family members.

Department of the Army (DA) civilians also are members of our community. They, their families and ACS volunteers are eligible to submit ideas for slogans.

Cheek said ACS will be giving out a standard form that will include the participant's name and mailing address on the cover sheet, and a space for the person to list their relationship to the Army. The second page will be the actual entry form.

Cheek said the best entries will be chosen from these forms and judged. Presidio ACS volunteers will choose three slogans from all of the entries that best describe ACS. ACS will give prizes for the three winning entries.

Because it is an Army wide program, the three winning entries will be sent to HQDA to be judged against entries from other ACS offices on other posts. Cheek said the winner of HQDA's judging will get special recognition.

"The winner of HQDA's judging will be flown to Washington, D.C., and will receive special recognition from the commanding general of the U.S. Army Community and Family Support Center," she said. "We want the community to mail entries early so that we can send the best ones to HQDA by July 15." The winning slogan will be announced at ACS's annual training workshop Aug. 23 through 28, in Alexandria, Va.

So now is the time to show appreciation for ACS and help celebrate its 22nd birthday by writing out those new slogans. That trip to Washington could be yours.

For more information about the ACS slogan contest, contact Starrine Cheek at 561-5057.

## Do-It-Yourself Corner

### Keep hand tools free from rust

The basement where most tools are generally kept is probably the worst place to keep them. Few basements are dry enough. A jar of silica gel or magnesium chloride in each drawer will help dry the air. Wipe metal parts of your handtools with a rag saturated with light

machine oil or WD-40.

Nothing is as bad for your saw as your own perspiration-laden fingerprints. These help generate rust. Try not to touch the blade any more than necessary; wipe after handling.

If your tools do rust, there are several dependable rust removers

that will work, unless corrosion has pitted the metal. Keep a bottle of rust remover on hand and a package of fine steel wool to use it with.

Store tools carefully. Chisels and other keen-edged tools should be in individual compartments where edges won't be dulled against metal objects. Planes should be laid on their sides. Drills and bits may be racked, rolled in oil canvas, or laid carefully in a wood-lined drawer. Even files will become dull if left in dusty or greasy places. Rack up handsaws or store

them in slotted drawers.

Check wood handles for splinters or rough spots. Fine sanding followed by a light wiping with linseed oil will keep handles trim.

Accurate work with cutting tools such as saws, chisels, planes, files, gouges, knives, scrapers and screwdrivers demands sharpness. Of all these, only the handsaws may need a professional's touch for sharpening. The others you can keep keen yourself.

## Don't be fooled by fire danger

by Frederick Bartow, fire inspector

Fire danger is just around the corner!

The grass still may be green in some places and temperatures haven't reached the scorching stage yet, but don't let that fool you. The lush rolling hills and mountains of California are drying out fast, resulting in a potentially destructive fire hazard.

The relative lack of rain this season, particularly the past couple of months, has increased the fire danger. Fire departments from around the state are concerned about the possible serious fire season this summer.

State fire officials are urging residents who live in these areas to take the time and make the effort now to clean up danger spots around their homes. The action taken today may wind up protecting property and lives during a summer wildfire.

Officials advise people to clear away grass and

weeds within 30 feet of their home, or 100 feet if the house is on a steep slope; cut off dead limbs that overhang any buildings, trim limbs that are within 10 feet of a chimney and make sure the chimney outlet has a one-half inch mesh screen over it and is in good repair; remove lumber or wood stacked near the house; sweep needles or leaves off the roof and out of rain gutters; and make sure the house address is posted so firefighters can find the residence in an emergency.

Every year warnings are issued about the dangers of the approaching fire season, but many people simply don't pay attention. Why not help prevent a disaster from happening by taking measures to protect yourself?

Rural residents who want more information may contact the Presidio Fire Department or their local fire department.



Firemen cut through roof of burning house.

## News Briefs continued from page 1

needed desperately for ideas and committees.

For more information, please call SFC R. L. Keating or Gina M. Razel at 561-3701.

## Finance closes

The Finance and Accounting Office will be closed today from 12:15 to 4:15 p.m. for Organizational Day. Only emergency payments

will be processed during the closure.

For more information, call Sgt. Maj. Lucie O'Ferrall at 561-2029 or 561-2975.



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6/15

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## Other News

# Contest sponsors seek voter slogan

"Of the Issues and the Candidates, Take Note—Then Vote."

No, that's not a winning entry in a previous year's voting contest. But if you think you have something like it, or even better, you should know that the Federal Voting Assistance Program is eager to consider it as part of a national voter slogan contest recently announced.

The contest, jointly sponsored this year by the Federal Voting Assistance Program (FVAP) and the National Association of Secretaries of State, covers the 50 states and U.S. Territories. It's open to all servicemembers (active, reserve and retired), their family members, federal employees (and their families), and all U.S. citizens overseas.

Program officials explain that winners from each state and from the FVAP participation will compete for the honor of having their slogans used

in the national "Get-Out-The-Vote" media campaign.

What's more, the winning slogan will be an integral part of the Defense Department's 1988 media campaign for "Getting Out The Vote." You'll see the slogan on posters, voter manuals, promotional literature and other media material.

What do the winners receive in prizes? For starters, the originator of the top-place slogan will receive a Certificate of Recognition from the Secretary of Defense. The second-place winner and Honorable Mentioned winners also will be specially recognized.

As in the past, the contest is designed to expand citizens' awareness of the importance of voting in all elections. In the 1986 contest, more than 10,000 entries were received. The winning slogan, "America By Choice...Not Chance. Vote.," was

submitted by Lt. Col. Richard P. D'Elia.

All entries from defense personnel should be addressed to the Federal Voting Assistance Program, Office of the Secretary of Defense, Room 18457, The Pentagon, Washington, D.C. 20301. Officials point out that artwork may accompany the submissions but is unnecessary for the slogan's consideration.

Entrants should include full name and mailing address on the entry and envelope. Entries should be submitted on standard letter-size paper only, upon which may appear any number of slogans. The contest deadline for receipt of entries is August 1.

Army News Service

# TOPS puts officers in executive positions

by Ruann Newton

If you are an officer or senior NCO who plans to leave the service in the next five years, you may find the lecture "Marketing Yourself for a Second Career," particularly helpful.

Colonel Doug Carter, U.S. Air Force retired, Director of the Retired Officers' Association Officer Placement Service (TOPS) will present "Marketing Yourself for a Second Career" at the Main Post Theater, July 21, at 3 p.m. Spouses are also invited to attend since they play an important role in the job search process.

TOPS officials report their organization has placed over 2,500 officers into executive jobs and indirectly placed another 3,000 to 3,500 through its counseling service, resume critique service, research library, and this lecture program and

that they have worked with over 700 employers and executive search firms throughout the country and overseas during their 29 years of service.

For the retiring officer and senior NCO the military services provide outstanding presentations which include such subjects as VA retirement benefits, survivor benefit plans (SBP), education, pay and social security. However, these usually do not include such things as "Marketing Yourself for a Second Career."

Although officers and NCOs know there are many anxieties, traumas and problems associated with leaving the military service TOPS has found:

The average officer and NCO usually are unprepared to begin an effective job search.

Nine out of ten officers will write an initial resume that is not competitive or marketable.

Most retirees do not have any idea about rejection shock, the hidden job market, networking, salary negotiation and perks, broadcast and sales letters, professional career counselors and executive search firms.

A surprising number do not know how to dress for or participate in a successful interview.

Many officers and NCOs wait until they retire before attempting to enter the civilian job market and this is a drastic mistake.

Many will be taken in by career counselors and executive search firms that are not fee paid by the employer and, as a result, will expend large sums of money with no positive

results.

The officer or NCO who knows little or nothing about the civilian job market will normally be overqualified and underpaid in the first job he or she accepts.

Colonel Carter does not promise to find anyone a job, but he does guarantee to get individuals started in the right direction in the initial stages of the job search. The transition from active duty to the civilian sector is seldom smooth, therefore, most officers and senior NCOs will benefit from all the professional help they can acquire. This lecture is presented free of charge. For further information, contact Norman C. Fleming, Presidio Retired Services Officer, 561-3183 or 561-2721.

# Pediatrics clinic changes to 'appointments-only'

Effective July 1, the Pediatrics clinic at Letterman Army Medical Center will go to an appointments-only basis, according to Capt. Michael N. Decesare, chief of Administrative Services.

He said there also will be additional changes due to the loss of a number of doctors. He added that although the clinic will be on an appointment-only basis, there will be a large percentage of each day's appointments reserved as "same day" appointments to accommodate acute medical problems.

Same day appointments may be scheduled starting at 7:30 a.m., Monday through Friday, by calling Central Appointments at 561-5324. Routine follow-up appointments for chronic conditions may be made by calling the same number, although a one- to two-week waiting time should be expected.

Also beginning July 1, acute trauma, such as lacerations, sprains and suspected fractures will be cared for in the Letterman Emergency Room.

Well baby examinations will continue to be scheduled through Central Appointments for infants 2, 3, 7, 12 and 18 months of age. The well child immunizations at 15 and 24 months can be obtained on a walk-in basis from 9 to 11:30 a.m., and from 1 to 3:30 p.m., Monday through Friday.

School, camp and athletic participation physicals for family members ages 4½ to 18 years may be scheduled through Central Appointments on an as-available basis. These physicals will not be scheduled during the month of July. People anticipating a need for physicals during that time should be sure to schedule a physical exam appointment during the month of June.



"They do make scales like they used to. Unfortunately, they don't make people like they used to."



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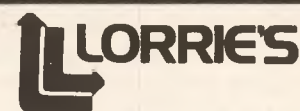


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# Parks RFTA sets 'Excellence' standard

story and photo by  
Pleasant Lindsey

"Why wait for help from others when you can help yourself and save money at the same time?" That reasoning seems to be the driving force behind the steady improvement program that's going on at Parks Reserve Forces Training Area (RFTA).

The people at Parks are building facilities for training and improving recreation and housing areas for their own families as part of a self-help program for the training area.

Take for instance their newest playground. After using their own money to buy the equipment, the training area built the playground instead of contracting someone to do the job. Also, Parks is in the process of putting together a complete recreation center that will include exercise stations to promote physical fitness.

Capt. David Moeller, operations officer, said the Parks community has saved the government money by

finding help from within its community.

"We are so far from the Presidio that we have to do a lot of work by ourselves," he said. "For example, we've gone to the Navy and the Army Reserves for help, and we've received some free help from the city [of Dublin]."

Moeller said that the city gave Parks free dirt for a berm on the range and built the berm free of charge. The city maintains half of the berm, saving maintenance costs, Moeller said.

Also, free dirt is being added to existing berms on three ranges and one training area.

Moeller said Parks bought 44 electric ceiling fans and some curtains for its dining facility. Troop labor installed the fans and put up the curtains; and more furniture was added to the facility through a free donation.

Parks also got a little help from



Residents of Parks RFTA have painted the trim of their homes to help beautify the neighborhood.

the Presidio itself. The 864th Engineers created a training classroom and helped build three outdoor mess shelters. The people at Parks painted the shelters.

Parks personnel have rebuilt and painted towers on their firing ranges, built equipment storage sheds, landscaped training areas and made some of the signs on the facility.

While beefing up their training facilities with their own sweat and muscle, the people at Parks also turned their attention to their own living quarters.

"We've put up decorative fences

around offices and certain billets, and painted many buildings with our own money," Moeller said. Some families are using their own money to buy paint and equipment to decorate the trim on their houses and add brightness to their living quarters.

It seems Parks RFTA has come up with a big idea of excellence. Instead of spending a lot of government money on contracts, Parks is saving money by tackling many of the maintenance and refurbishing jobs on its own.

## Speech pathology staff helps build self-worth

In today's society, people who communicate well are perceived by others as being brighter and better adjusted. School grades tend to be based on one's command of written language (the 3R's).

Children who speak and respond well to others' speech, from infancy, receive more attention, praise, and stimulation from others, and tend to have higher feelings of self-worth.

Since communication is an increasingly prized attribute in our society, what about the 5 to 10 percent of the population who have speech or language disorders?

It has been found that approximately 50 percent of juvenile delinquents have language or learning problems. Adults who lose their communicative ability are commonly put into the background of their families' and friends' lives. They are made to feel worthless.

Children who are difficult to understand or failing academically are frequently ignored or teased in the classroom. They learn early in that they are different, or "failures."

To help overcome these problems, the Speech-Language Pathology (SLP) Clinic at Letterman Army Medical Center (LAMC) treats a wide variety of speech and language problems for both children and adults. Generally, all disorders seen can be categorized as articulation, voice, fluency or language disorders.

For instance, two-year-old children not saying a number of two-word sentences are seen, as are even younger children, at high risk for problems due to conditions such as cleft palate, cerebral palsy or encephalitis.

Preschoolers who are unintelligible or who construct sentences poorly, or school children with a learning disability are also on the caseload. Both children and adults may stutter or have voice problems, such as nodules on their vocal cords.

Once a person has acquired language abilities, he may lose them due to stroke or head injury. While he may never reach his original level of competence, therapy may help him work around the deficits and use what residual speech and language

he does have. Someone can lose the ability to speak due to laryngectomy (removal of the "voice box" or larynx, containing the vocal cords).

There are various methods of rehabilitation for laryngectomy, including a somewhat new surgical procedure which allows the person to talk with the use of a plastic shunt which carries lung air to the throat. Otolaryngology performs the surgery and Speech-Language Pathology then conducts the short-term therapy.

Childhood disorders of articulation or language and stuttering may persist into adulthood. These are problems for which many active duty service members are seen.

Probably the most common question the public asks speech-language pathologists is, "What should I do when a stutterer cannot get a word out—do I say the word or not?" The answer for most people who stutter is: do not say the word for him. We can say "for him" because there are four times as many male stutterers as female.

The LAMC Speech-Language Clinic is fairly unique in providing an eight-week course of stuttering therapy for active duty personnel who are temporarily attached here for that purpose. The Navy, Marines and Air Force also send many of the participants.

Voice problems are an occupational hazard for such people as chaplains and drill sergeants. These problems generally can be treated quite effectively with therapy rather than surgery with a compliant patient; otherwise, therapy is necessary following surgery to prevent recurrence.

Recently the SLP clinic has begun providing evaluation and treatment for severe swallowing problems due to neurologic disease or head and neck surgery.

Jean Nisbet, M. Ed., is director of Speech-Language Pathology, and Sara Spencer, M.S., is the staff speech-language pathologist. Generally, the clinic has one to three Speech-Language Pathology graduate students serving internships. This is considered a prized setting due to the diversity of the caseload.

Only two concerns, swallowing disorders and voice problems, require a physician referral and mandatory viewing of the vocal cords by an otolaryngologist prior to a Speech-Language Pathology appointment. Otherwise, patients or their family members may make appointments by calling the clinic at 561-4950 or 561-5267.

(Story courtesy of the LAMC *Fog Horn*.)



photo by Stan Moore

Listening intently to a delayed auditory feedback (DAF) machine is Seaman Wilfrid Alvarez, USN. Working with him is Sara Spencer, staff speech-language pathologist. The DAF slows Alvarez' rate of speech to facilitate fluency.



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# Community Calendar

## Sailing classes

Treasure Island Yacht Club will offer basic sailing classes starting on July 6.

The \$40 course will last for four weeks. The eight hours of classroom instruction will be given during the first week of the course. It will be followed by 12 hours of on-the-water instruction over the following three weeks.

Each student will be taught sailboat rigging and nomenclature, the techniques of how to sail and water safety. After successful completion of the course the student will be qualified as an "A" Novice Skipper and may sail Rhodes 19 sailboats in the area between Treasure Island and Berkeley and Emeryville.

Sign-ups for the course can be made at Treasure Island Marina or by calling 765-5065. The first meeting will be at 5 p.m. June 6, at the Treasure Island Yacht Club building just outside the gate to the Naval Station Treasure Island. Classes are limited to active duty and retired military personnel and their family members.

More advanced instruction and qualification on larger boats are also available, including "B" Cruising Skipper and Spinnaker sailing. "D" Senior Skipper instruction will be available later this summer.

Experienced sailors who would like to instruct are welcomed. The compensation is equal time on any of the boats the instructor is qualified on for his or her own recreational use.

For further information contact Lisa P. Hill, training captain, weekdays at 772-0302 or autovon 859-0302. The number for the Treasure Island Marina is 765-5065.

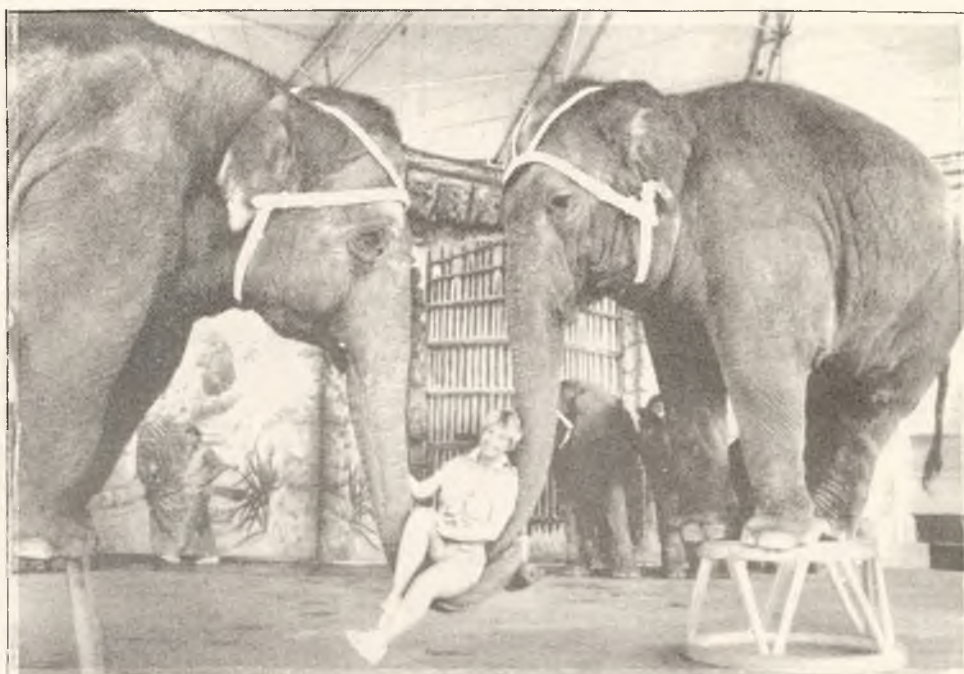
## Crisis-Line volunteers

Individuals are needed to help man the Presidio Crisis-Line. Army Community Services (ACS) will train people interested in volunteering.

People interested in volunteering for the crisis line will attend training which includes: developing listening and telephone counseling skills and how to refer clients to appropriate military and civilian support services.

Active duty, reserve and retired military and their family members and DoD civilians are eligible to participate.

Training will be held on June 24 from 5:30 to 9:30 p.m., on June 27 from 8:30 a.m. to 4:30 p.m. and on June 29 from 5:30 to 9:30 p.m.



ITT is selling discount tickets to Marine World Africa USA. The discount rate for adults is \$11.75, children, \$7, and seniors over 60 years of age, \$7. ITT is located in bldg. 135 and open Tuesday through Saturday from 9:30 a.m. to 6 p.m. Call 561-3992 for more information.

Contact Karen Kaho at ACS 561-5155 or 561-5156 for an application.

## Blue Cross, Blue Shield rep here

Bernice Morgan, a Blue Cross, Blue Shield representative, will be at the Presidio Civilian Personnel Office from 9 to 11 a.m. on Tuesday, June 30 to meet with Presidians who have questions or problems concerning their insurance policies.

Employees interested in talking with Morgan should contact Diane Nishimoto at the Civilian Personnel Office at 561-5757 to make an appointment. They should also bring to the interview all pertinent paperwork relating to their question or problem.

(The date of this visit was incorrectly published in an earlier edition of the *Star Presidian*.)

## Family Housing hours

The Family Housing Office, Assignments and Terminations Section has changed to a summer schedule. They are now open to walk-in customers from 9 a.m. to 3:30 p.m. They will continue to receive phone calls from 7:30 a.m. to 4:15 p.m. For more information call Annette C. Malkiel at 561-2040 or 561-3452.

## Summer ballet

Ballet classes for youths 6 through 19 years of age will be con-

ducted this summer starting in July.

A class for beginners will be held from 3 to 4 p.m., Thursday or Friday at the cost of \$30 per month, or \$36 for both days. For advanced students, classes are from 4 to 5 p.m. for the same fee structure as beginners. Classes are held at the Fort Scott Ballet Studio, bldg. 1390. The instructor is Helen Piernik.

For more information, call Youth Activities at 561-5143.

## Theater Arts classes

Theater arts classes are being offered for children and teens this summer.

Classes are: Creative Dramatics for children, ages 6 through 8 and 9 through 11; One-Act Play for Teens, Theatrical Make-up and Modeling, ages 12 through 18. The cost for each class is \$25.

For more information, call 561-2000 or come by the Golden Gate Community Club, Green Room, bldg. 135, during duty hours.

## Get help as a single parent

Single parenting is becoming more prevalent in the military. To assist the growing active duty single parent population, Family Service Centers (FSC) at Treasure Island and Naval Air Station (NAS) Alameda have organized a support group.

The group is designed to cover issues significant to military single

parenting and provide a supportive environment where parents can express concerns. Single parents share solutions for coping with the situations unique to them.

The group meets in the Family Service Center Conference Room, NAS Alameda, on the fourth Tuesday of each month, from 6:30 to 8 p.m. The next meetings are Tuesday and July 28. Call the FSC at NAS Alameda at 869-4111 for more information.

## White water rafting trip

Enjoy running the rapids on the American River on June 27! The trip cost is \$65 which includes professional guides, rafting equipment and a buffet lunch. The group will leave from Outdoor Recreation at 6:30 a.m. and return about 8:40 p.m. A \$30 deposit will reserve a space on the trip.

For more information, go by Outdoor Recreation, bldg. 92, or call 561-4324 or 561-4356.

## Kids need escort

A mature adult is needed to escort three children (boy, 11; girls 9 and 7 years old), from San Francisco to Boston via a non-stop commercial airline flight. The flight would be departing San Francisco Aug. 4 and returning Aug. 24.

Airfare for the trip would be substantially subsidized. Call Jana L. Malkasian at 526-9509, after 6 p.m.

## Presidio needs many volunteers

The following agencies have volunteer job opportunities:

- Youth volunteer coordinator/soccer coaches, Youth Activities 561-5143.
- Cashier/office helper/taggers, Presidio Thrift Shop, 922-3384 (Tuesday through Thursday).
- Docents/library assistants/writers, Fort Point and Army Museum Association, 921-8193.
- Office help/receptionist/ticket person, U.S.O., 561-2436.
- Social event chairperson/publicity chairperson, Enlisted Spouses Club, 922-8147.
- Office clerk and typist/Welcome Committee/Food Basket Program/*Star Presidian* distribution/mayors, Army Community Service, 561-5156 and 561-5057.
- Field trip chaperones/classroom aides, Child Development Services, 561-3588.

## At the movies

### Presidio Theatre

Fri, June 19	Malone (R)	7 p.m.
Sat, June 20	The Aristocats (G)	7 p.m.
Sun, June 21	Extreme Prejudice (R)	7 p.m.
Mon, June 22	Extreme Prejudice (R)	7 p.m.
Tue, June 23	Campus Man (PG)	7 p.m.
Wed, June 24	Cyclone (R)	7 p.m.
Thu, June 25	Platoon (R)	7 p.m.
Fri, June 26	Platoon (R)	7 p.m.

### Schwartz Theater

Mon, June 22	Malone (R)	7 p.m.
Wed, June 24	The Aristocats (G)	7 p.m.
Thu, June 25	Campus Man (PG)	7 p.m.

### Hamilton Theater

Fri, June 19	Platoon (R)	7 p.m.
Sat, June 20	Follow That Rainbow (R)	1 p.m.
Sat, June 20	Platoon (R)	7 p.m.



## Presidio of San Francisco Officers' CLUB

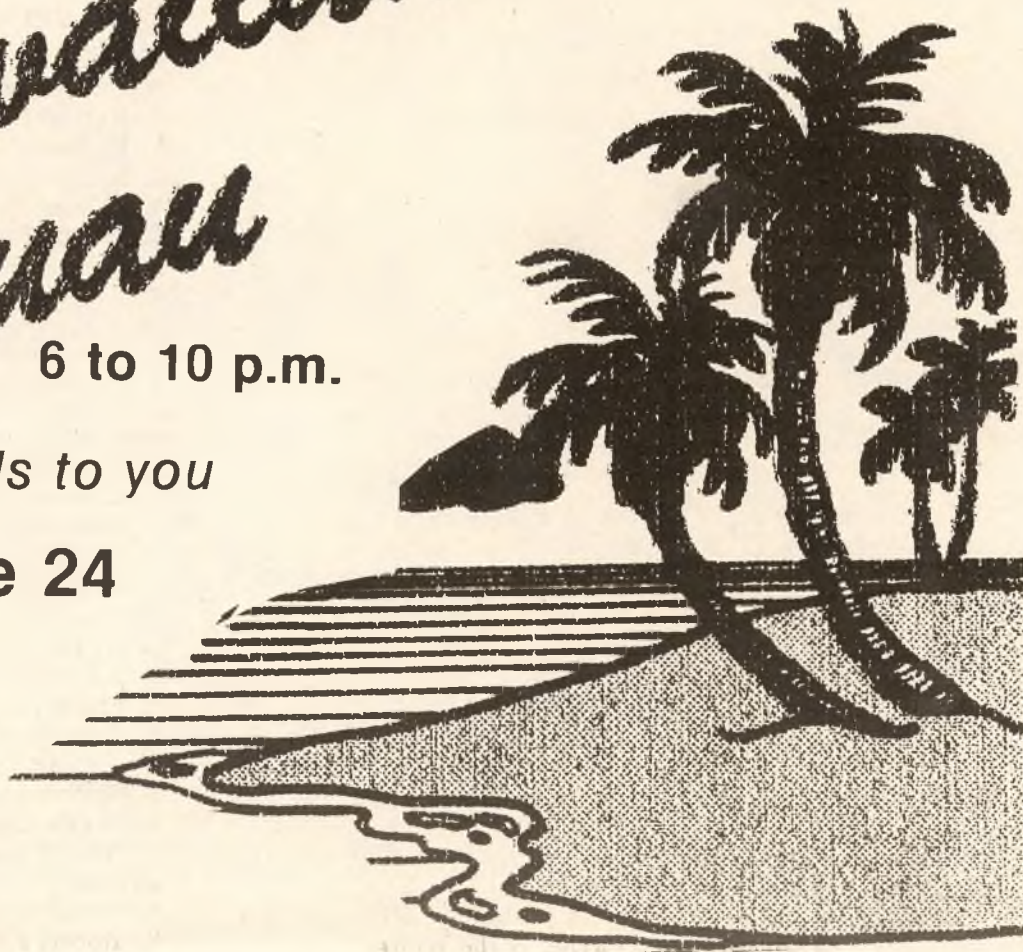
This advertisement is for Officers' Club members and guests only.

# Hawaiian Luau

6 to 10 p.m.

From the Islands to you

Wed., June 24



'Aloha' Hula shirts plus live Hawaiian music  
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Call 921-1612 for reservations

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age will be admitted.



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Mon. thru Fri.  
6:30 to 9 a.m.

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# Sports

## Army women blow away all challengers

The All-Army Women's Track Team blew away the competition at the Armed Forces Track and Field championships in Hayward, California, June 10 and 11.

Thomas Johnson, of Headquarters Company, USAG Presidio, helped the men's team roll to a second place finish, just one point behind Air Force.

The meet, held at California State University, showcased the talents of Army's Lori Bearson, who broke two records at the meet.

In June 10's individual events, Bearson ran the 1,500 meter race in a record 4:26.82.

On June 11, Bearson crossed the finish line alone in the 3,000 meter race for a record time of 9:32.40, beating her teammate and second place finisher Carey Hill by 24 seconds.

The men's 4x400 (1,600) meter relay team posted a record as well. Johnson, Theron Brown, Forika McDougald, and Willie Caldwell sprinted the distance to beat the Air Force team by four seconds with a time of 3:07.80.

Here are the official results of the meet:

Final team scoring (men) 1. Air Force 77; 2. Army 76; 3. Marine Corps 44; 4. Navy 21.

Final team scoring (women) 1. Army 74; Air Force 48; Marine Corps 32; Navy 4.

### Fri., June 10

#### Individual results (men)

##### 100 Meter

	Time
1. Robert Love, Marine Corps	10.69
2. Marceline Martinez, Marine Corps	10.86
3. James Smith, Army	10.92

##### 400 Meter

1. Alonzo Babars, Air Force	46.22
2. Thomas Johnson, Army	46.98
3. William White, Air Force	47.00

##### 1500 Meter

1. Ron Harris, Navy	3:49.36
2. Robert Langstaff, Air Force	3:50.79
3. Tom Laffey, Air Force	3:58.99

##### 3000 Meter Steeplechase

1. Bret Hyde, Air Force	8:49.01
2. Bill McCormack, Navy	8:57.40
3. Martin Beauchamp, Army	9:03.70

##### 10,000 Meter

1. Mark Donahue, Navy	29:58.0
2. Joseph Molloy, Army	31:33.10
3. Paul Hough, Air Force	31:52.10

##### 4x100 Meter Relay

1. Marine Corps 40.65. (Marcelino Martinez, Robert Love, Robert Foster, Robert Kettrell).	
2. Army 40.81. (James Smith, Jeff Waldo, Gary Wallace, Calvin Brooks).	
3. Air Force 41.83. (Miquel Williams, Titus Evans, Douglas Cayne, Willie White).	

##### Hammer Throw

1. Kenneth Johnson, Air Force	193' 11"
2. Doug Applegate, Air Force	143' 11"
3. John Rose, Marine Corps	133' 5"

##### Discus

1. Frank Gross, Air Force	163' 1"
2. Horace Pendergrass, Army	162' 0"
3. John Rose, Marine Corps	140' 3"

##### High Jump

1. Leo Williams, Navy	7' 2 1/4"
2. Chris Bonner, Army	7' 1/4"
3. Clyde Harp, Army	7' 1/4"

##### Long Jump

1. Ralph Spry, Army	25' 2"
2. Howard Allen, Marine Corps	24' 8"
3. Curtiss Miles, Army	24' 1/4"

##### 110 Meter High Hurdles

1. Michael Benjamin, Army	14.01
2. Theron Brown, Army	14.14
3. Michael Honnick, Marine Corps	14.56

#### Individual results (women)

##### 100 Meter

1. Kim Parrish, Army	12.30
2. Vivienne Britton, Army	12.64
3. Elizabeth Crowder, Marine Corps	13.19

##### 400 Meter

1. Gail Conway, Air Force	55.04
2. Jennifer Kurdi, Marine Corps	55.48
3. Barbara Fogel, Air Force	57.20

##### 1500 Meter

1. Lori Bearson, Army	4:26.82 (record)
2. Laura Hinkley, Marine Corps	4:49.43
3. Nicki Anderson, Air Force	4:49.63

(Note: Old record was also Bearson, 1986: 4:28.76.)

##### 5000 Meter

1. Carey Hill, Army	17:50.32
2. Laura Hinkley, Marine Corps	18:01.86

3. Brenda Walton, Navy	18:23.88
------------------------	----------

### Sat., June 11

#### Individual results (men)

##### 200 Meter Run

1. Katrial Berry, Marine Corps	21.60
2. William White, Air Force	21.66
3. Alonzo Babars, Air Force	21.70

##### 400 Meter Hurdle

1. Theron Brown, Army	50.41
2. Forika McDougald, Army	53.20
3. Kenneth Lewis, Marine Corps	54.76

##### 800 Meter Run

1. Thomas Johnson, Army	1:49.86
2. Dan Rojas, Air Force	1:51.09
3. Mark Young, Marine Corps	1:52.44

##### 5000 Meter Run

1. John Stokka, Air Force	14:42.73
2. Charles Potter, Army	14:47.56
3. Martin Beauchamp, Army	14:56.41

##### 4x400 Meter Relay

1. Army 3:07.80 (record). (Brown, Caldwell, Johnson, McDougald).	
--	--

##### Shotput

1. Kevin McGinnis, Air Force	55' 6 1/4"
2. Frank Gross, Air Force	53' 10 1/2"
3. John Rose, Marine Corps	51' 3 1/4"

##### Pole Vault

1. Shannon Sullivan, Air Force	16' 0"
2. Bryan Carrell, Marine Corps	15' 7"
3. Kristof Szabadhegy, Army	15' 0"

##### Javelin

1. Francisco Mari, Army	203' 3"
2. Robert Eamon, Air Force	200' 5"
3. Mike McPhail, Navy	198' 6"

##### Triple Jump

1. Charles Swindell, Army	52' 6 1/2"
2. Roger Bennett, Army	52' 3/4"
3. Leonard Vance, Air Force	52' 3/4"

#### Individual results (women)

##### 100 Meter Hurdle

1. Renba Toliver, Air Force	14.89
2. Vivienne Britton, Army	14.91
3. Joan Rangitsch, Navy	15.67

##### 200 Meter

1. Kim Parrish, Army	24.70
2. Jennifer Kurdi, Marine Corps	25.10
3. Vivienne Britton, Army	25.50

##### 800 Meter

1. Gail Conway, Air Force	2:05.49 (record)
2. Jennifer Kurdi, Marine Corps	2:13.99
3. Lisa Henderson, Army	2:17.18

(Note: Old record was by Gail Conway, Air Force, 1985: 2:08.47)

##### 3000 Meter

1. Lori Bearson, Army	9:32.40 (record)
2. Carey Hill, Army	9:56.80
3. Anneta Weber, Air Force	10:11.60

(Note: Lori Bearson, Army, broke her own record set in 1986: 9:43.90)

##### Discus

1. Marilyn Senz, Army	139' 10"
2. Mary Manning, Air Force	127' 10"
3. Coralisa Sheppard, Army	119' 1"

##### High Jump

1. Carey Hill, Army	5' 7 3/4"
2. Patricia Reed, Army	5' 5 3/4"
3. Jackie Mitchell, Marine Corps	5' 5 3/4"

##### Javelin

1. Marilyn Senz, Army	153' 11"
2. Coralisa Sheppard, Army	149' 6"
3. Diane Elwer, Air Force	131' 9"



## Sports Notes

### Summer youth sports camps

Youth Activities will be sponsoring sports camps in July. The first

week, July 7 to 10, will be golf at the Presidio Golf Course from 2 to 5 p.m. for ages 10 to 17. Cost is \$20.

The second week, July 13 to 17, is basketball in Gym No. 2 from 9 a.m.

to noon for ages 8 to 14. Cost is \$20.

The third week, July 20 to 24, is baseball at Pop Hicks Field, from 9 a.m. to noon for ages 8 to 14. Cost is \$25.

The fourth week, July 27 to 31, is soccer at Paul Goode Field, from 9 a.m. to noon for ages 8 to 14. Cost is \$25.

For more information, call Youth Activities at 561-5143 or 561-5910.



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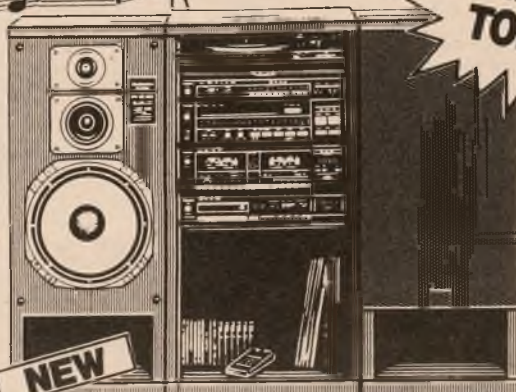
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**TECHNICS 110 WATT STEREO WITH WIRELESS REMOTE**  
(example) • Quartz digital synthesized tuner • High speed edit dual cassette deck • 20 step programming compact disc player • Semi-automatic belt drive turntable



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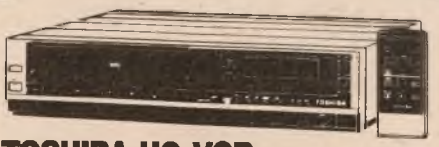
(example) • Multi-function on screen display • Sleep timer for automatic shut-off • Return channel simplifies switching between two channels • Random access remote control operates 112 channel synthesizer tuner • High tech black cabinet with monitor look

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**ZENITH HI-FI 4 HEAD VCR**  
(example) • 14 day/4 event direct input programming • 108 channel tuning • HQ circuitry • "Music Scan" tape search • Auto power on



**TOSHIBA HQ VCR** (example)  
• 117 channel cable compatible • 7 day/4 event programmable • HQ image enhancing circuitry • 15 function wireless remote control • Auto power on/off

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(example) • 4 1/2" B&W picture tube • Dual cassette/recorder with high speed dubbing • AM/FM stereo with 3 band graphic equalizer • Detachable 2-way speakers • AC/DC operation

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**SANYO 25 WATT STEREO RACK**

(example) • 5 band graphic equalizer • PLL synthesizer digital tuning • 12 station memory presets • High speed dubbing dual cassette deck • Semi-automatic turntable

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(examples) Clarion 25 watt cassette receiver w/Dolby<sup>®</sup> B+C NR and 12 FM/6 AM presets • Removable chassis —ALSO— Clarion 6" X 9" ultra high power 4-way car stereo speakers



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• Receives VHF channels 2-13; UHF 14-83 • 1.1" speaker • 25" rod antenna • Backlight, carrying case, stereo headphones and batteries included

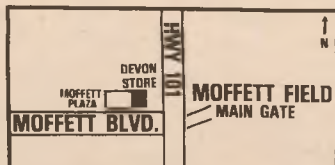


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**Appropriated Funds:** cuts will affect the entire Presidio community, **page 5**

**Bn commander:** Battalion greets new leader, **page 5**

**Track stars:** how does it feel? **page 11**



# Star Presidian

Vol. 30, No. 25

"Published in the interest of the people of the Presidio of San Francisco."

June 26, 1987

## News Briefs

### Sergeants: Make it Happen

Sarge, good old Sarge. What would you do without him? He's so essential to the unit....

If you want to find out just *how* essential, check out the videotape "Sergeants: Make it Happen" from TSC.

(No, it's *not* one of those boring videos the Army wants you to see because it tells you all the things they think you should be doing; no sermons.)

This video is an upbeat, 15-minute tape of REAL sergeants telling it like it is. Both the Secretary of the Army and Sergeant Major of the Army endorsed it as a "must see" for all soldiers.

If you want to check out the videotape, just refer to SAVPIN No. 705831DA, TVT No. 22-17 when ordering it from TSC.

Remember how Sarge told you he can walk on water...if really *necessary*? Well, now you can find out how he did it on that last training exercise...you remember.

### Hispanic Heritage volunteers?

Plans are now being made to celebrate Hispanic Heritage Week and volunteers are needed desperately for ideas and committees.

For more information, please call SFC R.L. Keating or Gina M. Razel at 561-3701.

### PLDC bus service

In order to better serve the military community during PLDC (Platoon Leader Development Course) graduations, the Transportation Division will provide a 44-passenger bus which will leave the Transportation Motor Pool (TMP), bldg. 639, at 7:30 a.m. on the following dates: July 31; Sept. 4; and Oct. 9.

Soldiers, family members and civilian employees who want to attend the graduation ceremonies may board the PLDC Bus at the TMP parking lot. The bus will leave Fort Ord, Calif., about 45 minutes after each ceremony.

This service will be on a "first come, first serve" basis. Civilians must produce either a family member ID card or Civil Service ID card.

### Commissary closure

The Presidio Commissary will be closed July 4 for the Independence Day observance.

### Return crutches, canes

Letterman Army Medical Center (LAMC) asks anyone who has LAMC crutches or canes they no longer need to please return them.

Capt. Wayne Richardson, assistant administrator for the Department of Physical Medicine and Rehabilitation said crutches and canes normally should be returned to LAMC within 30 days.

If you have had either crutches or a cane longer than that, or you just have some you no longer need, please take them to either the Physical Therapy Clinic, the Emergency Room or the Orthopedic Clinic at LAMC.

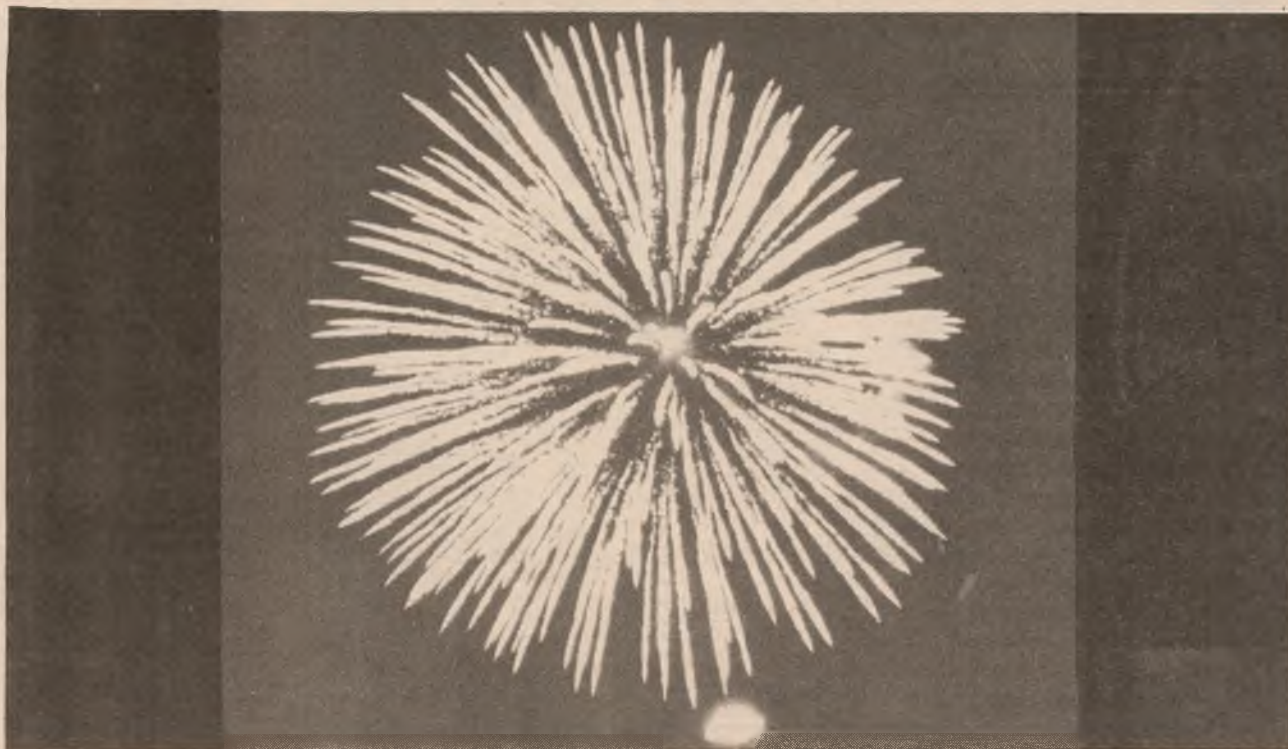


photo by Pleasant Lindsey

Bring walking shoes to 4th of July celebration because parking will be limited.

## Make 4th of July plans now

by Joseph F. Sweeney

The annual Independence Day celebration again will be held at Crissy Field on July 4 and hosted by the Golden Gate National Recreation Area (GGNRA). Though the event is hosted by GGNRA and sponsored by the San Francisco Chronicle, the Presidio of San Francisco will provide support requested by GGNRA.

The celebration begins at 2 p.m. with a procession followed by an introduction by the Post Commander and a 50-gun salute, interspersed with brief statements about each of the 50 states of the union. In addition, the Sixth U.S. Army Band will perform in concert.

Other musical entertainment and concession stands will be open and available until about 9 p.m. (or nightfall), when a 20-minute fireworks display ends the day's activities with a sparkling finish.

For those concerned about parking, both the

Presidio and Fort Baker will remain open to public access until all *legal* parking areas are full. Once all parking areas are occupied, access to the post will be open *only* to pedestrians, municipal buses, emergency vehicles, taxis, bicyclists and DoD personnel. This plan is designed to ensure free access to emergency vehicles, pedestrian safety and efficient traffic flow.

Presidio and Fort Baker residents who want to have off-post guests visit their homes for the day's events should pick up the appropriate pass from the Vehicle Registration Office of the Provost Marshal's Office, bldg. 36.

In addition, shuttle buses will be operating on post that day to help people get to the fireworks.

After the fireworks are over, both Gorgas and Mason Streets will be open to one-way traffic going east, toward the Marina District.

Any changes to this plan will be published in the July 2 issue of the *Star Presidian*.

## Dental plan costs those who wait

by Evelyn D. Harris

Soldiers who do not want their families enrolled in the new uniformed services Dependents' Dental Insurance plan must notify their finance office before **Tuesday**. Otherwise, eligible families will be enrolled automatically.

The first monthly premium—\$3.93 for one family member; \$7.86 for two or more—will be deducted from paychecks in July for benefits beginning Aug. 1. Only services obtained from civilian dentists on or after Aug. 1 will be paid for by the plan.

Active duty families who are enrolled still will be able to get dental care on a space-available basis at military medical facilities, but only for emergency care and services not covered by the new program.

The dental program's preventive, diagnostic and emergency benefits include:

- Routine oral exams, including teeth cleaning;
- Fluoride treatment;
- Routine dental X-ray;
- Laboratory exams; and
- Emergency minor treatment for pain.

Restorative services will include fillings, stainless steel crowns for baby teeth and repairs to dentures.

Some examples of dental services not covered are braces, tooth extractions, root canals, porcelain or gold crowns, dentures and cosmetic dental services.

Again, families enrolled still will be eligible for space-available care from military dental facilities.

American Forces Press Service



# Opinions



Army Chief of Staff John A. Wickham retired June 23.

Star Presidian file photo

## Wickham bids farewell to soldiers, civilians

**A**fter 41 years in uniform, I leave active service with mixed emotions of pride, respect and some regret. First, there is great pride in what we have achieved together in defense of our nation. Second, there is tremendous respect and admiration for what you, individually and collectively, have accomplished and are on the verge of achieving. Last, there is a sense of regret as I shall no longer share with you the triumphs, the challenges and the camaraderie of an active soldier's career.

Over the course of these past 41 years, sometimes in combat and crises but mostly in peacetime, we have accomplished many things and made an important difference in our nation's security. The Army continues to grow in combat capabilities and readiness because history tells us that being ready for war is the best way to assure the peace. Our ethic of service still

prizes loyalty, integrity, duty and selfless commitment to excellence and our leaders at all levels practice and mentor these values daily. Soldiers and their families share a quality of life worthy of their sacrifices, and they give faithful service in return. These are achievements in which each of you can take great pride.

Under the strong leadership of Secretary Marsh and [new Chief of Staff] Gen. Carl E. Vuono, I know you will continue to make history. You are a good Army on the threshold of greatness. Your spirit, patriotism, and vigilance will safeguard the blessings of life, liberty and the pursuit of happiness for our children and for succeeding generations of Americans. Our future is in very good hands. Thanks from the bottom of my heart for your loyalty and support during my stewardship.

## Ramblin' Sam

"How do you think the public views the Army today?"



SP4 Robert Hansen, assistant S-4, Headquarters Command Battalion: "I'd say that 45 percent of the people out there truly know why we are here...to protect the Constitution."



SSgt. Germaine Flores, animal care specialist, 109th Veterinary Medicine Detachment, Los Alamitos Calif.: "The public doesn't know about the peace-time Army. There aren't any wars involving the Army right now, therefore the public thinks we aren't doing anything."



SP4 Johnnie Davis, postal clerk, 16th AG (Postal): "The public has a misconception about the men and women who make up the Army. I have found that many civilians think that women in the Army are different from all others, and they think the men lean toward violence...they don't know the true Army at all."



SFC Robert Southard, battalion maintenance NCO, Headquarters Command Battalion: "The majority of the public doesn't understand the hardships that soldiers experience such as family separations, lack of housing and moving your children from one school to another. We don't seem to be truly appreciated until the bullets start flying."

## Worth Repeating

"Health is the thing that makes you feel that now is the best time of the year."

—Franklin P. Adams, Journalist

"An expert is one who knows more and more about less and less."

—John Jay Chapman, lawyer and writer

"Truth often suffers more by the heat of its defenders, than from the arguments of its opposers."

—William Penn, founder of Pennsylvania

"Through the centuries of crises the American tradition has demonstrated . . . that freedom is the ally of security—and that liberty is the architecture of abundance."

—John F. Kennedy

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# Etc.

## Do-It-Yourself Corner

### How to select tools

It is possible to drive a nail by hitting it with a rock, turn a screw by fitting a thin dime into the slot, even crimp a wire splice with your teeth. But who'd want to do it that way?

Some people strangely manage to get along without any tools at all...not even a screwdriver or pair of pliers. Apparently they never break anything, fix anything or make anything.

The facts probably are that they either shell out a lot of dough for handyman repairs or just let everything go to pot and fix things with old string and chewing gum.

Then there's the other extreme, the collectors who buy and bring home every tool that strikes their fancy, even if they don't know what to do with it. They stash it away in hope it will come in handy some day. When the time comes, it's unlikely they can dig out of the mess the one or two items needed to do the job.

In this many-sided game, the right place is in the middle. That means owning the tools that meet your particular needs whether it's a \$25 assortment for the young apartment-dweller or a well-fitted shop for the person who lives in a home and can tackle any woodworking or mechanical task.

However, you should take advantage of the versatility of certain tools to serve additional purposes, and remember you can rent special tools for one-time use. But the basic tools cost so little, it's silly not to have the ones you'll need—even those that will be used only occasionally.

Which tools should you own? How do you select them for quality and widest versatility? Where to keep them safe and available?

A practical approach to tool selection must consider the varied needs of the individual. Thus, classifications have been devised and tool assortments worked out for each. These recommendations are not haphazard, but are compiled on the basis of actual experience plus extensive inter-



views with people like yourselves.

Select your category from the chart, then study the recommendations given. Also, look through the descriptions of other tools so you become familiar with their functions and can add some of those to your collection when the need arises.

This is a chart of some basic tools. Next week's article will cover some of the more advanced tools a handyman or handywoman needs.

#### Group 1: Minimum assortment

Claw hammer	6-foot rule or tape	putty knife
Screwdrivers, small, medium	small block plane	scratch awl
Slip-pliers		

#### Group 2: Handy apartment tools

Screwdrivers, large and small Phillips	level	6-foot rule or tape
Claw hammer	wood chisel	scratch awl
Hand drill with bits	pliers, slip-joint, needle-nose, wire-stripper	putty knife
Coping saw		

## PSF IDEAS OF EXCELLENCE PROGRAM

Lori Kicinski from the Ideas of Excellence Office submitted the idea of putting welcome/information packets at the San Francisco airport USO for incoming soldiers. She stated that the packets should include a map, a description of the various methods of transportation, 24-hour phone numbers and a simplified step-by-step inprocessing diagram.

David Ciechanowski, chief of Army Community Services, thanked Kicinski for her idea and said when he discussed the idea with Relocation Program Coordinator Cathi Nesmith, she also thought it was a good idea. The idea has been accepted and

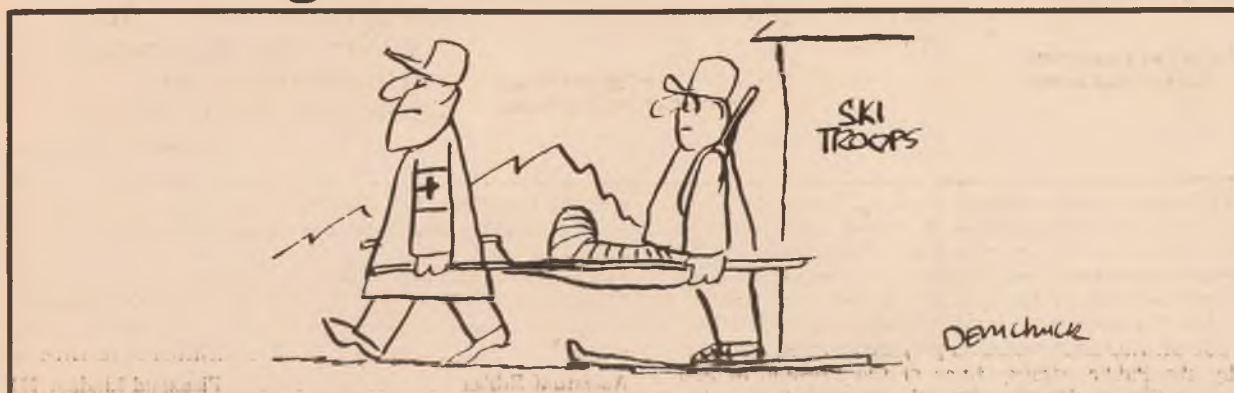
Nesmith took packets to the USO on June 17.

While talking to the USO representative, they also discovered there is a Military Personnel Assistance Officer on duty at the airport USO during normal duty hours. The person provides transportation assistance and contacts the incoming soldier's unit.

The USO is open 24 hours, and provides transportation information and other traditional USO services around the clock. Neither the USO nor the Presidio provide transportation or funds for buses or taxis. It is the soldier's responsibility to ensure adequate travel funds.



## On the Lighter Side



## News Briefs continued from page 1

### Graphics self-help

The post Training Service Center (TSC) Graphics Department has a new self-help service program available for units that need graphics done quickly.

The self-help service is located in the basement of bldg. 35 and has plenty of materials and design aids for people who want to do small jobs without waiting all day.

If your office needs charts, nameplates, signs, or other types of graphic aids, you can go to the self-help center and produce them yourself. Jim Gross is available to give advice and assistance to anyone who uses the center.

"This service is primarily for units or offices that want or need a small amount of graphics in a short time," Gross said. "Instead of waiting for the graphics department to do the job, people can come to the self-help center, fill out a work order, and do the job themselves."

The Graphics Self-help Center is open Monday through Friday from 7:30 a.m. to noon and from 1 p.m. to 3:30 p.m. For more information, call Jim Gross at 561-2951, 561-3847 or 561-6021.

### Slides for the Post Guide

The Public Affairs Office currently is working on a new Post Guide. The publisher has stated we can use more color pictures in the guide this year.

If you have slides which depict the activities of your organization that you would like considered for the guide, please send them to Kay Couch-Lopez, Chief, Command Information, bldg. 37.

We are also looking for a cover shot—this can be anything that is a good representation of what the Presidio is, does or how it looks. We will consider slides of the Golden Gate Bridge, but we are looking for other subjects.

All submissions should be 35mm or larger transparencies and should be submitted no later than July 10. For more information, please call Couch-Lopez at 561-5463.

### Blue Cross, Blue Shield rep here

Bernice Morgan, a Blue Cross, Blue Shield representative, will be at the Presidio Civilian Personnel Office from 9 to 11 a.m. on Tuesday to meet with Presidians who have questions or problems concerning their insurance policies.

Employees interested in talking with Morgan should call Diane Nishimoto at the Civilian Personnel Office at 561-5757 to make an appointment. They should also bring to the interview all pertinent paperwork relating to their question or problem.

### Fire safety tip

by Fredrick Bartow, Presidio fire inspector

The Presidio Fire Department recently responded to reports of a buzzing fire alarm and smoke coming from a family's quarters. When the Fire Department arrived they discovered the smoke was not from a fire, but from a consumer-type fumigator. The residents were using the fumigator to get rid of insects.

Fumigators (aerosol or non-aerosol) should be used with extreme caution; read the directions carefully. Most fumigators require the user to extinguish all open flames and to turn off smoke detectors before using them.

Because fumigators have a smoky appearance, be sure to tell neighbors before using them. Better yet, why not call Entomology at 561-2453 and let them take care of any bug problems? It is a lot safer and more efficient.



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# 'People come first,' says new Bn commander



Lt. Col. Timothy P. Gilbert: "Soldiers are people."

story and photo by Liz Greeley

**H**e may not have the shiniest boots in the United States Army, but if you ever want to see your reflection, well... Yes, he's a spit-and-polish officer, a West Point graduate, yet an officer with a humanitarian philosophy that says "people come first."

He is also the new Headquarters Command Battalion Commander, Lt. Col. Timothy P. Gilbert. Gilbert assumed command from Lt. Col. William A. McKelvey III in a ceremony on June 11.

## Beliefs

"I believe in looking out for soldiers and looking out for their welfare. I am also going to be trying to balance that with the real purpose soldiers

are on the Presidio, which is to support the installation and the soldiers who are on it."

Soldiers, and how they should be treated, seems to be Gilbert's favorite topic. However, the concept of "Our Army" is central.

"One of the things I like to talk about is 'Our Army.' What I want to do is to get people thinking in the mode of ownership, so it's a *personal* thing. So they will want to take care of the installation, the things on it—that is, assume a personal ownership."

"What we're striving for is excellence," he said.

He said that he wanted to train soldiers as leaders, to teach them the necessary skills; to provide training and professional development.

## Soldiers

"I also want to sensitize supervisors and managers and leaders, both in and out of units with soldiers, to the concept of what soldiers are, what they should be and how they should be treated."

"The idea is to ensure our soldiers are treated with dignity," he said. "Soldiers are people. Sometimes some of us lose sight of that fact and treat them as *things* instead of people."

Gilbert said it is important to energize, challenge and support soldiers—soldiers need to be inspired. He also said he was against public chewings out and that he would prefer to deal with problems quietly on a human level.

"I also think that soldiers are special—for a variety of reasons. Each has stepped forward and taken an oath. They volunteered; all the more reason to treat them with respect. They have pledged themselves and their services to their country. They are here because they have chosen to be, not because they have been directed to be."

"Being a soldier should be exciting and fun and challenging," he said.

And Gilbert said he plans to make sure such an environment will exist for Presidio soldiers. He also plans to make sure *everyone* contributes to making the Presidio and the Army a better place to be.

"It would not be surprising for me to go around and confront individuals and ask them what they have done to make Our Army better," he said.

Gilbert said he believes in an open-door policy where "people come first; paperwork can be done later." Using an open-door policy, he said he can resolve problems and share information more easily. He said the intent is that he be available.

And though he said he isn't going to pamper them, he said it's important to remember, "Soldiers are someone's daughter and someone's son."

## Progress

Most of all, Gilbert would like to see a soldier progress personally and professionally *because* he or she came *here* to the Presidio of San Francisco. Progress might be finishing high school or some college courses, on a personal level. On a professional level, progress might translate into making E-6, Soldier of the Month or just becoming a better soldier than when he or she arrived.

"I think the saddest thing that can happen here is a soldier who walks away with nothing more than what he arrived with. That is a shared failure," he said.

He also said he wants to sensitize all military and civilian supervisors to look out for the soldier in order to see to it they gain from being here.

If soldiers are better people when they leave, "that is the acid test," he said.

## Exemplary

Above all else, he believes in *leading* soldiers, and leading them by example...whether that leader is another soldier or a civilian.

"Such as a leader comes to work on time, does their best, works diligently and does not leave till the end of the day. He or she tells the new, young soldier what the standard is, and they look for things that need to be done. Setting the example; that's very important. Every military and civilian has that responsibility—to set the example."

"We're all in this together and it's 'Our Army,'" he added.

## Cuts hurt programs for soldiers, families

# Morale, Welfare, Recreation activities lose funds

by Pleasant Lindsey

**A**ppropriated funds support will be pulled from clubs, movie theaters, bowling alleys and other activities on 130 Department of Defense installations in large metropolitan areas on Oct. 1, and the Presidio is one of the posts that will feel these cuts.

The cutback of Appropriated Funds [APF] could cause some activities to be shut down, and could bring higher fees and cutbacks in services.

An article in the April 13 issue of "Army Times" listed more than 130 installations from all four branches of the military that would be affected by this loss.

"Congress designated the Presidio as being one of the installations that is in a major urban area," said Dutch Bowen, assistant director of Community Activities in the Directorate of Personnel and Community Activities. "We won't receive as much of the APF [tax dollars] as we used to."

Last year, the House and the Senate agreed that no Appropriated Funds would be used to support money-making Morale, Welfare and Recreation [MWR] activities on installations in large urban areas after Sept. 30, 1987.

"The impact will be primarily felt in our money-making facilities," Bowen explained. "Congress has voiced the opinion that we should be able to get some of our MWR support from the San Francisco area."

**T**hat being the case, Presidio soldiers may have to seek some of their already available recreation off post.

"San Francisco has some nice restaurants and theaters. But when you consider this city has the second highest cost of living index in the nation

and its economic cost to the soldier, it is hard to agree with that thought," Bowen said.

"It's going to require some thinking about costs. Some things will cost more," he added.

According to the "Army Times" article, activities that will be affected by the cuts include military clubs, stables, golf courses, movie theaters, cabins and cottages for temporary lodging and video arcades.

When the defense budget was put together last year, Congress said installations in large metropolitan areas will have to rely on Non-Appropriated Funds [NAF]. NAF is money that is earned through admission fees, user fees and the sale of goods and services.

**H**owever, not all facilities on the post will be cut off. Child care, youth programs, family service centers and hobby shops will continue to receive limited appropriated funds, according to Bowen.

Still, the appropriated fund cuts will place a heavy burden on what Bowen described as an already overtaxed situation.

In a letter to U.S. Army Forces Command (FORSCOM), signed by Col. Joseph V. Rafferty, post commander, it was pointed out that the Presidio has a free-food program, supported by donations, that supplements the needs of soldiers on post because similar activities in the city are either overburdened or soldiers are not eligible for the programs.

The letter pointed out this is the only program of its type in FORSCOM. The program is necessary because of the expensive San Francisco economy which tends to make the Presidio an

isolated community. The letter also stated the cost of living here should make Congress remove the Presidio from the list of installations in large metropolitan areas.

The letter cited further problems that budget cuts will have in areas of extreme importance to Presidians.

For example, it said the Outdoor Recreation Center will be unable to replace some of its equipment, the Sports Branch will reduce services because of the lack of supplies and operating hours for the Post Library will have to be reduced.

Bowen said that the MWR budget is handled by a "One Fund" concept that pools money from many activities into one fund which can be used to move enough funds to all, or most, activities keep them functioning.

**U**nfortunately, some activities will face Appropriated Fund personnel changes as well. As the law stands now, no Appropriated Fund civilian positions in revenue-generating activities, which becomes vacant can be filled by another Appropriated Fund employee. Only Non-Appropriated Fund employees can be used as replacements, and their income cannot be supplemented with Appropriated Funds.

Tough times are coming for everyone. Bowen said the Presidio community will have to work together to ride out this budget crisis.

"Presidians should get out and support their MWR activities as best they can," Bowen said. "Presidians will have to be patient with us during our readjustment, and help us with their support and suggestions. We're going to try to make the impact on the soldier's pocket as slight as possible."



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## Show-offs

# Presidio talent grabs hearts, cheers

story and photos by Liz Greeley

**A**ccording to the song "Cabaret," life is a cabaret. Maybe so, but on the Presidio it only lasted the evening of June 11...but what an evening it was!

Few people would have guessed the Presidio possessed so much talent. SFC Pam Murray from LAMC was the master of ceremonies for an evening filled with singers, comedians, a clogger (that's dancing, folks) and a tap dancer.

Some of the most notable performances included Julie Harrosh, a DA civilian from U.S. Military Entrance Processing Command (USMEPCOM), singing the evening's theme song "Cabaret" along with "Big Spender" from the musical, "Sweet Charity," later in the show.

The crowd was visibly touched by the romantic "Always," sung by SP4 John Davis of 16th AG (Postal) and Deborah Jacobs.

SP4 Steven Morrison, another LAMC soldier, had everyone's attention with his comedy routine called "Hot Lead and Cold Feet." Doubtless, everyone was impressed with the sound effects he used, especially for his guns. For example, there was the *whoosh* of twirling revolvers, the *click* of the hammers being pulled back and...well, you get the idea.

Davis came back a little later in the show to sing "Gethsemane" from the rock musical, "Jesus Christ Superstar," which was a *performance* indeed.

Then came family member Michael Williams clogging to "You Should Hear How She Talks About You." An intricate and pro-

fessional clogger, Williams has performed on television.

### Intermission

In the second half of the show, Harrosh sang "Big Spender" and LAMC SFC Marie Harry, an obvious crowd favorite, sang a medley of "Send in the Clowns" and "Summertime."

The show ended with a tap dance and song routine by Sgt. Tracy N. Wieland from LAMC. Wieland sang and tap-danced to George M. Cohen's "Over There."

The show ended, but the event wasn't over. It was time for the performers to meet the judges.

The two Forces Command (FORSCOM) judges explained that they had toured a number of installations already and still had many to visit. Once they finished their tour, they would make recommendations to FORSCOM. Therefore, based on their recommendations (and a videotape taken of the entire show), FORSCOM might select one of the "Cabaret" performers to play Washington, D.C. in September.

Meanwhile, the Presidio had judges of their own watching the show who rated each performer.

And the results of the Presidio talent show are:

**Julie Harrosh**, a DA civilian from USMEPCOM, won **first place**.

Family member **Michael Williams** captured **second place**; and

LAMC's **Marie Harry** took **third place**.



SFC Pam Murray serves a Master of Ceremonies.



Michael Williams dances an intricate clogging routine to "You Should Hear How She Talks About You."



Julie Harrosh sings "Big Spender" to a rapt audience.



SFC Marie Harry sings a medley of "Send in the Clowns" and "Summertime."



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# Community Calendar

## Ballet

Ballet classes will be offered this summer starting July 2 for youths from 6 to 19 years old.

A class for beginners will be held from 3 to 4 p.m. on Thursdays or Fridays for \$30 a month, or \$36 a month if beginners want to take both Thursday and Friday classes.

Advanced students' classes will be from 4 to 5 p.m. with the same fee structure as for beginners.

Classes will be held at the Fort Scott Ballet Studio, bldg. 1390, and the instructor is Helen Piernik.

For more information, call Youth Activities at 561-5143.

## Family Housing hours

The Family Housing Assignments and Terminations Section has changed to a summer schedule. They now are open to walk-in customers from 9 a.m. to 3:30 p.m. They will continue to receive phone calls from 7:30 a.m. to 4:15 p.m.

For more information, call Annette C. Malkiel at 561-2040 or 561-3452.

## Office aide

The Presidio Thrift Shop needs an office aide who has some knowledge of computers, cashing and book-keeping.

For more information, call Pam Meyer at 922-3384.

## Recreation Center tours

The following tours will be offered by the Recreation Center from June through August: a winery tour to Sonoma is set for tomorrow; on July 18 a Sausalito Volksmarch and Bay Model tour will be held; July 23 is the Port of Oakland tour; Aug. 1 is the Lake Tahoe Volksmarch tour; the Russian River Wine tour and St. Helena Volksmarch are scheduled for Aug. 29.

For more information about these tours, call the Recreation Center at 561-5420 or 561-2000, Tuesday through Saturday from 2 to 9 p.m.

## Sailing classes

Treasure Island Yacht Club will offer basic sailing classes starting July 6.

The \$40 course will last four weeks. The eight hours of classroom instruction will be given during the first week of the course. It will be followed by 12 hours of on-the-water instruction during the next three weeks.

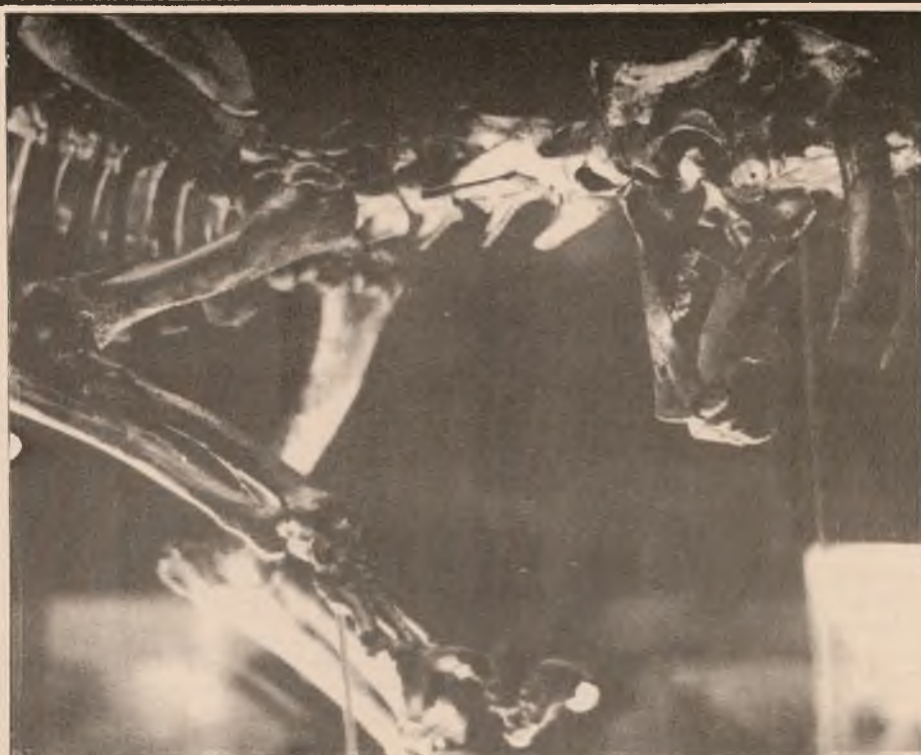


photo by Liz Greeley

## Diets are fine, but...

Actually, you should go to the Academy of Sciences in Golden Gate Park to find out what really killed sabre-toothed tigers.

Each student will be taught sailboat rigging and nomenclature, the techniques of how to sail and water safety. After successfully completing the course, the student will be qualified as an "A" Novice Skipper and may sail Rhodes 19-foot sailboats in the area between Treasure Island and Berkeley or Emeryville.

People may sign up for the course at the Treasure Island Marina or by calling 765-5065. The first meeting will be at 5 p.m. at the Treasure Island Yacht Club building, just outside the gate to the Naval Station Treasure Island. Classes are limited to active duty and retired military people and their family members.

More advanced instruction and qualification on larger boats are also available, including "B" Cruising Skipper and Spinnaker sailing. "D" Senior Skipper instruction will be available later this summer.

Experienced sailors who would like to teach are welcomed. The compensation is equal time on any of the boats the instructor is qualified on for his or her recreational use.

For more information, call Lisa P. Hill, training captain, weekdays at 772-0302.

## Summer Reading Club registration

Registration will begin Monday for the Presidio Post Library System's "Year of the Reader" Summer Reading Club.

For more information, call the Main Post Library, bldg. 386, at 561-5037 or 561-3448.

## Over 30 Summer Basketball League

People who are more than 30 years old can sign up now for the Over 30 Summer Basketball League. Teams are limited to five players per team and team rosters are due by Tuesday at 1 p.m.

The league meeting also will be held on Tuesday at 1 p.m. in Gym No. 1, bldg. 63.

All games will be played during lunch hours.

For more information, call John Funes at 561-5032 or 561-4131.

## Summer Basketball League

People who are interested in signing up for the Summer Basketball League must have team rosters turned in by close of business today.

The league meeting will be held on Tuesday at 1 p.m. in Gym No. 1, bldg. 63.

## Intramural Golf

The next Intramural Golf match is scheduled for noon, July 9, and the Commander's Annual Golf Tournament is rescheduled for Aug. 12, at 8 a.m. Both events will be held at the Presidio Army Golf Course.

## Summer Day Camp in July

A Youth Activities-sponsored Day Camp for children ages 6 through 12 will be held 10 a.m. to 2 p.m., Monday through Friday, July 6 through 31.

Activities will include arts and crafts, games, field trips and story telling.

For more information, call 561-5143 or 561-5910.

## Teen dance tonight

A dance will be held tonight for teens, ages 13 through 18, at the Log Cabin.

The cost is \$2 and is for dependent ID card holders and one accompanied guest.

## Youth soccer registration

The Youth Activities youth soccer sign-ups will be held in July. Registration will be held from 7:30 a.m. to 4:15 p.m., Monday, Wednesday and Friday, and from 7:30 a.m. to 5:15 p.m., Tuesday and Thursday.

Leagues will be formed for age groups 4 and 5, 6 and 7, 8 and 9, 10 and 11, and 12 and 13.

There is also a \$20 registration fee. Also, for registration, bring a copy of your youngster's birth certificate and a one-by-two-inch photo.

For more information, contact Youth Activities, bldg. 1331 at Fort Scott, 561-5143 or 561-5910.

## Fourth of July Softball Tourney

People may now sign up for the 4th of July Softball Tournament. All teams taking part in the 1987 Presidio Softball Program are eligible to sign up.

The entry fee is \$50, and the deadline is today. The tournament meeting will be held at noon on Tuesday at Gym No. 1, bldg. 63.

For more information, call John Funes at 561-4131 or 561-5032.

## Summer ballet

Ballet classes for youths 6 through 19 years of age will be conducted this summer starting in July.

A class for beginners will be held from 3 to 4 p.m., Thursday or Friday at the cost of \$30 per month, or \$36 for both days. For advanced students, classes are from 4 to 5 p.m. for the same fee structure as beginners. Classes are held at the Fort Scott Ballet Studio, bldg. 1390. The instructor is Helen Piernik.

For more information, call Youth Activities at 561-5143.

## At the movies

### Presidio Theatre

Fri, June 26	Platoon (R)	7 p.m.
Sat, June 27	The Gate (PG-13)	7 p.m.
Sun, June 28	The Gate (PG-13)	7 p.m.
Mon, June 29	The Gate (PG-13)	7 p.m.
Tue, June 30	Street Smart (R)	7 p.m.
Wed, July 1	The Allnighter (PG-13)	7 p.m.
Thu, July 2	Gardens of Stone (R)	7 p.m.
Fri, July 3	Gardens of Stone (R)	7 p.m.

### Schwartz Theater

Mon, June 29	Extreme Prejudice (R)	7 p.m.
Wed, July 1	The Gate (PG-13)	7 p.m.
Thu, July 2	Street Smart (R)	7 p.m.

### Hamilton Theater

Fri, June 26	Something Wild (R)	7 p.m.
Sat, June 27	Jewel of the Nile (PG)	1 p.m.
Sat, June 27	Aliens (R)	7 p.m.





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## Sports

## Track stars explain what it's like to compete



Lori D. Bearson

story and photos by Liz Greeley

**T**hey're lean, they're agile and they're hungry. "They" are Lori D. Bearson and Vivienne M. Britton, two members of the Women's All-Army Track Team. The team was based on post, practiced and competed in the Bay Area, and left the Presidio on June 12.

**Lori Bearson**

Lori Bearson is assigned to the 527th Military Intelligence Battalion in Heidelberg, Germany. At the Armed Forces Track and Field Championship in Hayward, Calif., June 10 and 11, she set a 1,500-meter meet record with a time of 4:26.82 seconds and a 3,000-meter meet record with a 9:32.4 time.

In her second year competing in Armed Forces Track and Field, how does she feel about it?

"It's a good experience. It gives you a good opportunity to run against some good competition, travel and offers you the opportunity to better your talents.

"I had actually thought I had peaked in college, but I'm finding I'm breaking my times," Bearson said.

And the worst thing about being on the team?

"Well, I'm king of frustrated right now because I know I'm capable of running much faster, but it's a matter of just getting into some competitive races.

"I've been trying to qualify for TAC, but I haven't met the qualifying standards; I think it's just a matter of getting into some good, competitive races. In distances, especially, it's hard to drop a lot of time unless you're pulled along by a good pack of people," she said.

(TAC stands for The Athletic Congress. Athletes who want to compete in national championships must meet TAC standards.)

"Today [June 11] in the 3,000 [meter race], I'll have a couple of girls who'll give me some good competition—one's my teammate—and I'm not so concerned today in the 3,000 about my time as I'm concerned with running a good tactical race. Which means I'm not so concerned with my time as I am with winning it—that means concentrating on the people I'm running with rather than the clock," Bearson said.

**Vivienne Britton**

Vivienne M. Britton has been competing on All-Army teams since 1983, and this is not her first visit to the Presidio.

Britton competed in the long jump in Hayward on June 10, winning the event with a meet record jump of 19 feet, 5 3/4 inches. Then she and her teammates went on to set a meet record in the 400-meter relay with a time of 47.2. Britton's teammates were: Lisa Henderson, Cynthia Swift and Kim Parrish.

What makes Britton run...and jump?

"I guess I just like the competition.

"Running is okay, you'll do some of that running down to the [long jump] pit. My interest mostly lies in the long jump.

"When I have a good jump and I'm up in the air it feels funny like, 'Whoa, what am I doing up here?'" she said.

**Britton also said** it's good to get away from the job for a while. In her case, the job is as a prescribed loading and listing clerk for the 7th Signal Unit in Washington, D.C.

Pluses?

"As far as the long jump goes, it's something I like doing. As far as the team goes, that helps you come down to compete here for a month; compete against some world-class athletes. That gives you a chance to improve your time or length.

"The down-side would be if you had a bad day and it's not going. That stuff happens. You get used to it or you don't," she said.

Britton also wants to qualify for TAC. At present, her personal record is 19' 7 3/4". However, she needs to jump 20' 8" to qualify in TAC, she said.

What are her immediate goals?

"**Right now**, my intention is to go back, get in a couple of meets and qualify for the

Olympic trials," she said.

And Bearson?

"I plan on going back to Germany and run in their summer track season over there and hopefully get into some good meets where I can bring my times down," she said.

As far as the track and field program goes, both Bearson and Britton had some comments about it.

"I didn't find out about it [the program] until 1982 when I went to Germany and I ran in a couple of meets there and they told us about it," Britton said.

"It was a good experience. It has helped a lot during my time running. It keeps me in shape, and it's a good way of getting away from the job for a while."

"I like competing," Bearson said. "When I graduated from college, I didn't compete for two years. I never thought of competing again until I got in the Army.

"I didn't realize the Army had the program until I was in the Army, so I think it's a great opportunity. It gave me new challenges. I guess I got the hunger back for new competition."



Vivienne M. Britton

**Softball schedule****Monday****Field No. 1**

Sixth U.S. Army vs. LCA.....5:30 p.m.

MSC vs. Co. A, LAMC.....6:30 p.m.

FBI vs. AAFES.....7:30 p.m.

**Field No. 2**

USAG vs. DOL.....5:30 p.m.

DLI-SF vs. SFMID.....6:30 p.m.

**Tuesday****Field No. 1**

864th Engineers vs. DEH.....5:30 p.m.

Co. B, LAMC vs. Coast Guard.....6:30 p.m.

LEC vs. USAISC.....7:30 p.m.

**Field No. 2**

Sixth U.S. Army vs. Finance.....5:30 p.m.

LCA vs. LAIR.....6:30 p.m.

**Wednesday****Field No. 1**

USAG vs. USMEPCOM.....5:30 p.m.

DLI-SF vs. MSC.....6:30 p.m.

FBI vs. USMEPCOM.....7:30 p.m.

**Field No. 2**

864th Engineers vs. Co. A, LAMC.....5:30 p.m.

Co. B, LAMC vs. AAFES.....6:30 p.m.

**Thursday****Field No. 1**

LEC vs. SFMID.....5:30 p.m.

Sixth U.S. Army vs. DOL.....6:30 p.m.

864th Engineers vs. Sixth U.S. Army.....7:30 p.m.

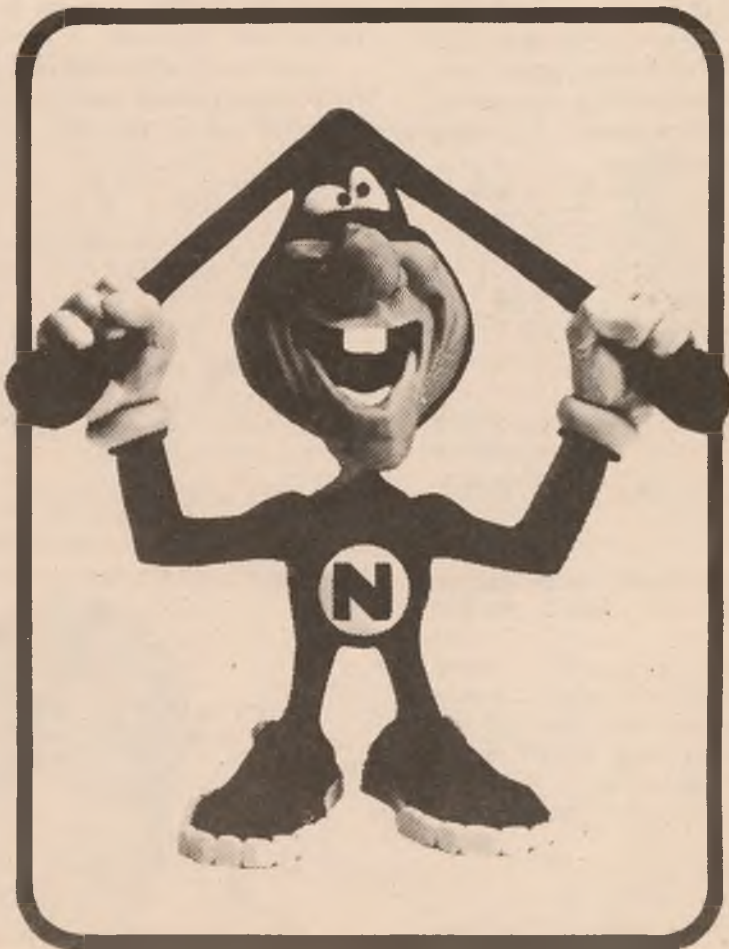
**Field No. 2**

LCA vs. DEH.....5:30 p.m.

LAIR vs. Coast Guard.....6:30 p.m.



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# Star Presidian

Vol. 30, No. 26

"Published in the interest of the people of the Presidio of San Francisco."

July 3, 1987



Numbers on the map indicate the amount of parking spaces available for July 4 celebration.

## Parking limited for explosive celebration

by Liz Greeley

Fireworks and the Fourth of July! But on the Presidio, fireworks and the dry grass and shrubbery on post (and sub-posts) are a deadly combination—that's why fireworks are banned.

No one wants to deny anyone the joy of watching fireworks, in fact the Presidio is *the* place to be to watch the best display in the Bay Area!

Every year the San Francisco Chronicle (in cooperation with the National Park Service, Golden Gate National Recreation Area and the Presidio) sponsors the Independence Day entertainment and fireworks display at Crissy Field.

No one will be denied the joy of fireworks—just come to Crissy Field to watch, and Presidians won't even have to drive. (See page three for the shuttle bus schedule.)

The entertainment begins with a 2 p.m. procession by the U.S. Park Police Mounted Color Guard, Chinese Folk Dance Association, the Sixth U.S. Army Band, KNEW Hot Bus and more! The procession will be followed by a 2:20 p.m.

50-cannon Salute to the Nation.

This year's entertainment at the Main Stage includes:

Masters of Ceremonies: KNEW 91/AM radio personalities Bill Collins and Marty Sullivan;

2:45 p.m.—Chinese Lion Dance;

3 p.m.—California Cowboys (a country band from Fremont);

3:50 p.m.—J. C. Burris (blues harmonica player);

4:40 p.m.—Good Ol' Persons (a bluegrass band);

5:30 p.m.—Culture Clash (a Mission District comedy troupe);

6:05 p.m.—Don Neely's Royal Society Jazz Orchestra;

7 p.m.—Dominique DePrima, "The Constitution Rap";

7:20 p.m.—Cris Loiter and the Hangouts (a local rock act); and

8:25 p.m.—the Sixth U.S. Army Band.

Over at the Children's Stage will be: Master of Ceremonies Gary Lapow, folk artist and composer of children's songs;

3:30 p.m.—Gary Lapow;

3:45 p.m.—Ray Jason (juggler);

4:20 p.m.—Walden Marionettes;

5 p.m.—*Los Campesinos de Michoacan* (a Mexican fiddle and harp band);

5:50 p.m.—Ray Jason;

6:30 p.m.—Gary Lapow; and

7:15 p.m.—the Good Ol' Persons.

Finally, at 9 p.m., the Chronicle fireworks begin, choreographed to music for the first time and simulcast on KNEW!

Since this is a popular annual event, you *should* be concerned about parking. During the celebration, both the Presidio and Fort Baker will remain open to the public until all *legal* parking areas are occupied. Once all the parking areas are full, the post will be open only to pedestrians, municipal buses, bicyclists, emergency vehicles, taxis and DoD personnel.

The map above shows the parking areas open to the general public.

Happy 4th of July, America!



# Opinions

## Let's give honor where honor is due

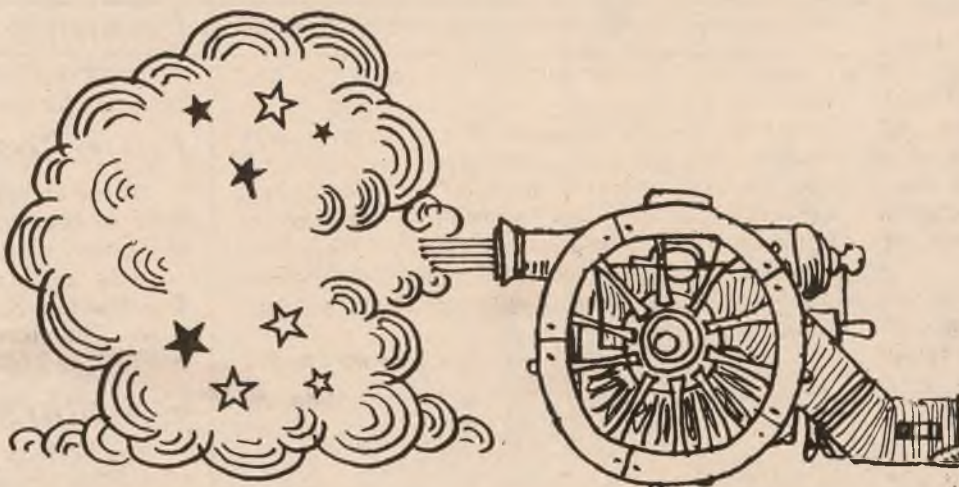
By Pleasant Lindsey III

**BOOM!...Wow!** Feel the walls shake...listen to the windows rattle. It must be that time again.

Every time I work late it catches me off guard. I almost jump through my PC whenever I hear it. Don't let me have a cup of coffee or a can of soda in my hand...heaven forbid, it would be all over my desk!

Of course, this evening-shock only occurs when I'm indoors. Whenever I'm outside the building at this time of day, I expect this event to occur. I am not shocked by it at all when I'm outside.

The funny thing is, when I look out my office window at this time of day I sometimes see men and women in uniform (officers, enlisted) hurrying to step indoors for that "important meeting." Or, some will stop what they are doing, look around to see what everyone *else* is doing (and to determine if they are being watched), then they'll duck into their cars or



scurry into the nearest doorway for refuge.

What are these people afraid of? It never bothers me when I'm outside. In fact, I was trained to give honor where honor is due. I don't run...I don't hide. When that time comes I'm always ready to stand and "face the music."

What music you may ask? You mean, you folks still don't realize what I'm blabbering about? I'm talking about 5 p.m....1700...**RETREAT!**

When that cannon sounds off at 5 p.m. (and the flag detail is never late) every soldier on post who hears it should turn toward the flag or the direction from which they heard the

cannon fire, come to the position of attention, and present arms while the flag is lowered and retreat is being played.

On some posts I have seen traffic come to a complete stop during retreat. Since this is an open post, that isn't always possible (or feasible).

But because this is an open post there will always be civilians watching every step you take, every move you make. So let's look sharp, people. Presidio soldiers are always on display.

When 5 p.m. comes and that cannon sounds, let's render the proper courtesy and respect to our nation's flag, our country, our people, our uniform—and ourselves.

Don't run and hide...but stand tall and proud, and render the proper salute.

**Give honor where honor is due.**

## Ramblin' Sam

"How do you think the appropriated fund reduction will affect you?"



Dave Ciechanowski, chief, Army Community Services (ACS): "If the resources are cut, some services will have to be cut. Cutting services affects the quality of life."



Sue Kelly, financial counselor, ACS: "It is my opinion that Presidio soldiers will see a change in hours and availability of their traditional recreational facilities. We depend on the Presidio."



SP4 Louis Kay, enlisted records specialist, Personnel Service Center: "If funds are cut for activities that soldiers and their families use, it will create a hardship, especially for enlisted soldiers. We can't afford to go into San Francisco to meet our families' needs. The cost of living in San Francisco is too high."



SP4 Charles A. Wells, finance specialist, Finance and Accounting Division: "It will have an adverse effect on the programs the military tends to enjoy. Many of our activities could cost more to use. San Francisco's economy is high and we're in a low-income bracket by comparison."

## How to stifle the misinformation cycle

by Malcolm L. Spencer

**A**t one time or another, we all have been on the receiving end of the wrong information, the wrong number or the wrong direction. It seems that many people, soldiers or civilians, feel compelled to provide an answer, right or wrong.

This feeling of having to give an answer or to pass on information even when we're not positive that the data we're providing are accurate is a

total disservice to our soldiers and to ourselves.

The effect of misinformation is to set in motion actions that will have the net result of causing frustration, anger, resentment and, worst of all, a feeling that the system really doesn't care. Time is wasted, and opportunities are lost. Hopes are raised unnecessarily.

**For example:** "Sure, you can get assigned to the embassy in Paris.

Just fill out this form 4187." Unfortunately, what sometimes occurs is that the cycle may be repeated not once but many times. Eventually, the person on the receiving end gives up and almost certainly will be an ETS statistic.

There is no deep secret about how to break the cycle of misinformation, disappointment, etc. The answers are plain and fairly simple: listen actively, search, check, and provide an answer.

One reason for listening carefully and actively is to make sure that we really know what the question is. Often the real question may be buried and require patience to discover. Once the question is completely understood, the hardest part is over.

**Finding out the answer** to a question, simple or complex, takes research. Checking a regulation, asking someone who should know the

**see Misinformation page 3**

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## Etc.

## Misinformation continued from page 2

answer, or has already received it, are ways to find the answers. Most times, it means being humble enough to say, "I don't know, but I'll make sure you get the data." Or, "I know just who can help; let's go see him." There are lots of variations, but each involves knowing the following: what's being asked for (information, procedures, protocol, etc.); analyzing whether we really have the information readily available; and linking the requestor up with a proven source of the information.

One fairly critical step in the process is to ask yourself objectively (especially if you're the middle man, i.e., conduit for the response), "Do I really

believe this?" Sometimes even "experts" make mistakes, and it's worth double-checking.

Soldiers and their leaders, or anyone else who needs information, have a right to expect an accurate and timely response. We all, from time to time, are providers as well as recipients of information. Sometimes the information is needed to help influence careers, get additional training or sometimes just to help complete a task. We'll have a healthier, happier service if sound information-providing becomes one of our most important missions.

Army News Service

## Shuttle bus service

The Transportation Motor Pool (TMP) will provide bus service for military personnel, their family members and government ID card holders on the 4th of July. Buses will run every 30 minutes starting at 2 p.m. The bus drivers will take a break from 6:10 p.m. to 6:55 p.m., and bus service will resume at 7 p.m.

Two buses will be serving the housing areas on both sides of the Presidio. Soldiers from the Defense Language Institute-San Francisco may catch the bus at bldg. 1401 on Washington Avenue. The complete bus schedule is as follows:

**Bus 1: 2 p.m. (and every 30 minutes thereafter)**

Letterman Army Medical Center (LAMC)

Bldg. 514 Simonds Loop

Bldg. 531 Simonds Loop

Bldg. 537 Simonds Loop

Liggett Circle area

Portola Circle area

MacArthur Circle area

Quarry and Fernandez

Presidio and Funston

Infantry Terrace

Main flagpole

Main bus stop

Crissy Field gate

**Bus 2: 2 p.m. (and every 30 minutes thereafter)**

Stilwell Hall, bldg. 650

Kobbe Avenue area

Storey Avenue area

USAR Center

Bus shed/Pershing and Lincoln

Bus shed/1496 Pershing

Bus shed/1497 Pershing

Bus shed/1498 Pershing

Pershing and Lincoln

Upper parking lot, DLI-SF

Washington area, bldg. 1409

Washington area, bldg. 1401

Washington area, bldg. 411

Main flagpole

Main bus stop

Bldg. 650

## Fireworks

by Frederick Bartow, fire inspector

The Presidio Fire Department would like to remind our readers that the sale, storage, possession or use of fireworks of any kind is strictly prohibited within the confines of the Presidio, including all family quarters areas.

If you intend to celebrate the 4th of July holiday at some other area of the state, be sure to check the local ordinance concerning the use of fireworks. Remember, it is against California state

law to possess, sell or use illegal fireworks. If you intend to buy fireworks, be sure that it is the safe and sane type and has the California State Fire Marshal Seal imprinted on the box.

In California last year, there were 947 fireworks-related fires, with a dollar loss of nearly \$1.5 million and 323 people injured.

So please use extreme caution this 4th of July. Adult supervision is a must when using fireworks.

## Do-It-Yourself Corner

## How to select tools

Last week's article included the basic tools needed for home repairs—both a general minimum assortment and basic apartment tools.

This week's list includes the tools homeowners

## Group 3: Home minimum maintenance tools

All the tools in Group 2	Caulking gun	Try square
Carpenter's saw	Set of six wood chisels	Scraper
Adjustable wrench	Brace and bits	Wall knife
Pinch bar or crowbar		

## Group 4: The ship-shape home dweller

Screwdrivers, full sets including Phillips	Paint brushes	Crowbar and Pinch-bar
Hammers: claw and tack	Sanding block and sandpaper	Putty knife, wall knife, scrapers

will need whether they just do minimum maintenance around the house or want to get into home projects.

Pliers: slip-joint, needle-nose and wire-stripper	Back saw and miter box	Ratchet and set of deep well sockets
Wrenches, adjustable and open end	Try square, large square	Stapling gun
Wood chiseis, full set	Two pipe clamps	Caulking gun
Block plane	Two C-clamps	Workbench with vise
1/4" drill, set of bits	Folding rule or tape	Two nail sets, center punch
Carpenter's saw, hacksaw, keyhole saw	Plumb bob and level	Ladder
Electric jig saw	Soldering gun	Propane torch

## News Briefs

## Commissary closure

The Presidio Commissary will be closed on Saturday for the Independence Day observance.

## Four Seasons moving

At the end of the business day on Saturday, the Four Seasons Store will close to re-open in its new home, bldg. 230, on July 11 at 9:30 a.m.

Bldg. 230 is next to the main service station. The Garden Shop will stay open during the move. The store's new phone numbers will be 563-2042 and 563-2310.

## Scholarship awarded

The Presidio Enlisted Spouses' Club awarded a \$500 scholarship to Darlene Ramsay on June 15.

Ramsay is the daughter of Presidio residents SFC Walter Ramsay and Sylvia Ramsay.

Formerly a Florida resident, Ramsay recently graduated from Galileo High School in San Francisco. While at Galileo, Ramsay was active in ROTC and attained the rank of major and platoon leader.

Aside from her scholastic achievements, Ramsay also was selected for her commitment to the community where she has served as a Sunday school teacher and as secretary to the Presidio Teens' Club.

She plans to enroll in City College of San Francisco and pursue a bachelor's degree in nursing, hoping to enter the Army as an officer.

## Do you owe Uncle Sam money?

As a reminder, failure to pay the government within 30 days of notification of indebtedness will result in a \$15 service charge, a \$20 penalty fee (if delinquent more than 90 days) and interest charged at the Annual Percentage Rate of 7 percent.

Effective yesterday, July 1, Finance and Accounting started deducting these charges for non-settled prior year travel advances. Only one letter of notification of indebtedness will be sent to the debtor.

## Slides for the Post Guide

The Public Affairs Office currently is working on a new Post Guide. The publisher has stated we can use more color pictures in the guide this year.

If you have slides which depict the activities of your organization that you would like considered for the guide, please send them to Kay Couch-Lopez, Chief, Command Information, bldg. 37.

We are also looking for a cover shot—this can be anything that is a good representation of what the Presidio is, does or how it looks. We will consider slides of the Golden Gate Bridge, but we are looking for other subjects.

All submissions should be 35mm or larger transparencies and should be submitted no later than July 10. For more information, please call Couch-Lopez at 561-5463.

## IDEAS OF EXCELLENCE

This week's idea is from Capt. Stanley A. Miller from Headquarters Company, U.S. Army Garrison.

Miller suggests the numerous junked and abandoned cars behind Pershing quarters 1539 be removed. This would remove both a safety hazard and help beautify Pershing quarters.

Miller further recommends making a survey of the entire Pershing area for other abandoned vehicles.

Lt. Col. Randy E. Hoff, Provost Marshal, responded, "Great idea! Consider it done."



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# People

## Good soldiers show initiative, are ready to lead

story by Pleasant Lindsey

**W**ork hard, keep physically fit and maintain a good moral character and you will be a good example of the best soldier in the world—a soldier in the U.S. Army.

In reality, there is more to it than dressing and looking neat. But the proper wear of the uniform is one of the basic things a soldier masters if he or she wants to succeed in today's Army.

Without the basics such as neat appearance, physical fitness and positive attitude, a soldier's chances for success diminish as others who are willing to go that extra mile get promoted. And that extra mile can be taken right on the job site.

"A good soldier is a person, who is willing to give a full day's work," said SGM Thomas Ouweleen, from the Deputy Chief of Staff, Personnel Office (DCSPER) at Sixth U.S. Army. "A soldier's job does not begin at 9 a.m. and end at 5 p.m.—it's 24 hours per day. The soldier has to be assertive and innovative, be a self-starter and show some type of leadership ability."

"The initial impressions I get from soldiers are appearance and attitude," said SGM Ted L. Disney, of the Reserve Component Adviser's Office, Sixth U.S. Army. "A good soldier shows enthusiasm for his or her work, looks for ways to help out and follows the directions given."

Positive attitudes apply to the office environment as well as the field environment. After all, a soldier must always be ready to fight.

**"A soldier has to be proficient** at all times in his common task skills and his technical skills," Ouweleen said. "At the same time, the soldier must be able to maintain a balance between the two."

"Too many times you run across a soldier who has spent too much time as a desk jockey and has



become stagnant. A good soldier takes the time to show leadership and creative ability."

A good soldier will build up technical skills by seeking out the necessary education he or she needs to move to a higher job skill level. No soldier wants to remain at the same level throughout a career.

Ouweleen said the soldier who is *willing* to lead is the one who will be *chosen* to lead. But to be chosen, the soldier also has to be noticed, to stand out in the crowd. A soldier's attitude will draw attention when used properly.

"There are two ways to gain attention," Disney explained, "and that's with positive attitudes and negative attitudes. A soldier can learn a lot about leadership by seeking out a role model and study-

ing his or her positive attitudes and habits. Watch how the role model handles responsibility. Leadership is delegated—seek it out. You've got to live what you want to be."

That being the case, there are times when it would benefit the soldier to be the role model for others. Taking charge during physical training exercises or helping fellow soldiers with drill and ceremony routines are excellent examples of being a role model. And everyday physical appearance is another area where a soldier can set a positive example and stand out from the crowd.

**"Physical fitness is a must** for today's Army," Ouweleen said. "A good soldier is willing to keep himself in shape. A physically fit soldier has a sharp appearance and looks good in uniform. A soldier must be able to pass the PT test for promotion. Also, soldiers who don't have a neat appearance or don't wear the uniform properly will not be recommended for promotions by promotion boards."

In other words, a good soldier pays attention to detail. Disney quoted another leader when he said, "You play the way you practice." A good soldier practices at being a better soldier at all times.

"Each person has pre-learned attitudes that the military cannot change," Disney noted. "But a good soldier learns to modify his behavior and actions in such a way that he can turn failure into a learning experience."

It really isn't hard to be a good soldier. But first, you've got to practice the habits and attitudes of good soldiers. That includes having a positive work and training attitude, maintaining a good physical and soldierly appearance, showing initiative and learning from your mistakes.

## Patience gets better results than anger

by Bob Close

Somewhere in Fairytale Land, there are happy, smiling people serving happy, smiling customers. No one is unhappy, and everyone is satisfied with both customers and service.

People being people, this probably will happen *only* in a fairytale. Most of us have waited...and waited...in line behind someone berating a clerk. And most of us have run across the clerk who hasn't been properly trained from time to time...and some who (ahem) have been less than helpful. But have we always been good customers.

In an effort to learn what makes a good customer, we asked for help from representatives from the Training Service Center (TSC); the Field Printing Plant; the Travel Section of the Pay and Examination Branch at Finance and Accounting; the Work Order Desk at the Directorate of Engineering and Housing; and the Enlisted Personnel Branch, Personnel Service Center.

### The good

According to these sources, good customers are:

- Considerate;
- Know what they want and are open to suggestions;
- Make sure their paperwork is in order;
- Polite; and
- Patient.

There are other things to remember for someone who wants to be a good customer so everything can operate smoothly.

Loretta Adank, supervisor of the

Debt Management Section of Travel Pay, said, "They shouldn't assume that we keep extensive files on everybody. We are responsible for approximately 25,000 people, and to keep extensive files on each person would require a warehouse."

MSgt. W. D. Stroud, Non-commissioned Officer in Charge of the Enlisted Personnel Service Center also offered some suggestions.

"Good customers are patient. They also try to explain what they want and don't expect us to read their minds. They are understanding, polite and courteous," he said.

Chris Maxwell, production chief of Television, Photography and Graphic Sections of the Training Service Center, said, "A good customer is considerate of our commitments and restraints."

Maxwell also emphasized proper planning, explaining poor planning and last-minute commitments result in crisis management.

In addition to knowing what they want and being open to suggestions, Field Printing Plant Printing Clerk and Assistant Edward "Eric" Robinson said, "It is also important that they take the time to have the proper approval granted and their paperwork in order."

Not only do these people know what good customers are like, but they have some stories of not-so-nice customers to tell.

### The bad

"From bad customers we often hear: 'My boss outranks your boss, so

you'd better do what I want,'" TSC's Maxwell said.

On the other hand, Adank at Travel Pay said they didn't *have* any bad customers.

"We don't have any bad customers, just confused people who don't understand terms or just need to have some questions answered. A bad attitude that I have heard a lot, though, is, 'I've been in the Army 20 years and I've never had to do it that way,'" she said.

But what if you really believe *you* tried, and the customer service personnel just weren't helpful?

### The solution

George Brumfield, a maintenance mechanic at the Night Work Order Desk at the Directorate of Engineering and Housing has a suggestion for customers who have a complaint.

"It helps when customers report their complaints to us; it's hard to fix something you don't know about," he said.

Over at the Personnel Service Center, Stroud suggested, "That person should go to the team leader and then to me. They shouldn't holler and cuss at a clerk; you don't solve much that way. If there's a problem, deal with it in a nice tone. There is a way to solve problems."

For customers, the clear emphasis is on patience, courtesy and being polite. When you think about it, it sounds a lot like what it takes to serve customers well.

Perhaps, like so many things, good customer service is a two-way street.





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# Intelligence

## Artificial intelligence won't replace men

by Tom Joyce

**T**here is nothing else quite like a human brain. It can store a thousand times more information than any computer mankind could ever hope to build. It allows us to blend information and make split-second decisions. But there is a limit to how much information most people can absorb at one time to make those decisions.

Creating an artificial human with the ability to think has not only been the subject of many a Hollywood movie script, but also of serious scientists. Although the term "artificial intelligence" is just now coming into the vocabulary of the average American, serious work has been done in the field since the late 1950s.

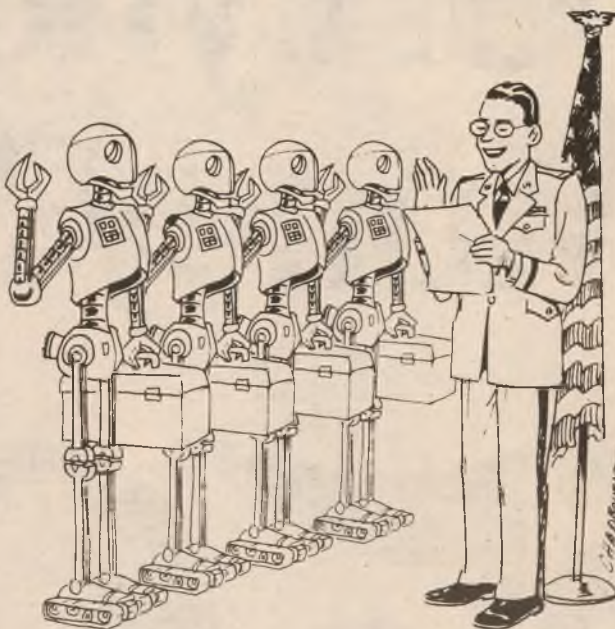
Larry Porter is an electronics engineer at one of Aeronautical Systems Division's four Air Force Wright Aeronautical Laboratories at Wright-Patterson Air Force Base, Ohio. Each laboratory is devoted to research aerospace technology. Porter said artificial intelligence not only will play a major role in aircraft operations, but eventually will touch some aspect of each of our lives.

Today, artificial intelligence takes the form of "expert" systems or computer software that mimic the knowledge and thought processes of human experts.

"Computers today are very rigid," explained Porter. "That is, they will do only what you tell them to. They have very low intelligence. Artificial intelligence attempts to re-create the human thought process so a computer can make decisions as a human would."

The real breakthrough in this effort came in the mid-1970s, said Porter, when expert systems were first tested. Scientists discovered they could interview a person who is an expert in a particular field, computer-code that person's expertise and use it to aid in decision making.

There are now more than 600 systems of this type being used in medicine, oil exploration, maintenance and other fields.



"One early expert system is being used to aid physicians to diagnose and select therapies for patients with blood diseases," said Porter. "It carries on an interactive dialogue with the physician and is capable of explaining its reasoning."

The Department of Defense is involved in research to make the best use of expert systems. The Aeronautical Systems Division has several ongoing programs to take advantage of artificial intelligence. They are expected to improve operational performance of weapon systems, reduce their development and manufacturing time and costs, and make future systems more efficient.

One artificial intelligence program now in development will eventually monitor more than 19,000 separate potential fault points in the B-1B bomber's avionics, flight control and propulsion

systems. When the aircraft returns for maintenance, the central integrated test system will already have located problems behind any faults that register.

But don't expect to find a thinking robot under your Christmas tree any time soon. Even though great strides have been made in the field in recent years, Porter said there is a lot of research still to be done.

"For one thing, the systems in which we expect to use artificial intelligence will be required to make split-second decisions," said Porter. Computers that can make decisions in almost real time do not exist. "We're still working on that," he said.

Also, current expert systems generally function on information taken from only one person. "How do you code information from 70 different experts—many of whom disagree?" Porter said. "And how do you provide a system that will take information by sight and voice and use it to make decisions?" Those research and development programs are in their infancy.

Maybe the largest and most ambitious program that will use artificial intelligence is the pilot's associate, an undertaking that could help pilots make critical decisions in combat.

The pilot's associate will function much like added crew members. The different expert systems would provide the single-seat fighter pilot with information that a co-pilot, engineer, navigator or weatherman would provide.

Looking into the distant future, Porter said the next-generation artificial intelligence systems will be capable of learning.

"But along each step of the way, the main focus of this research will continue to be helping the human, not replacing him," Porter said.

American Forces Information Service

## Protect yourself from coercion

by Donna Bolinger

Long before Ronald Pelton was convicted in 1985 for selling U.S. military secrets to the Soviet Union, many of his former co-workers at the National Security Agency knew he was broke and heavily in debt.

But only after his arrest did it become clear that Pelton's indebtedness, coupled with his knowledge of top-secret military communications information, made him ripe for recruitment by Soviet Intelligence.

Identifying individuals most vulnerable to espionage—and whenever possible, offering them help—is one of the main objectives of the Department of Defense Personnel Security Program.

DoD directive 5200.2-R, which governs this program, urges people holding security clearances to report behavior that could make them vulnerable to blackmail or coercion. The directive also calls on co-workers, commanders and managers to report such behavior by others who hold clearances.

Although on the books since 1979, the directive was recently broadened in response to recommendations of the DoD Security Review Commission, better known as the Still Commission.

Among the factors specified in both the original and the revised directive as potential vulnerabilities: severe indebtedness, mental or emotional problems, drug or alcohol abuse, emotional conduct and sexual misconduct.

The element of the revised directive that has raised the most controversy, both within and outside the Defense Department, is an expanded definition of "sexual misconduct."

The directive describes it as "acts of sexual misconduct or perversion indicative of moral tur-

pitude, poor judgment, or lack of regard for the laws of society."

Such behavior, the directive specifies, includes: prostitution, sexual harassment, spouse swapping, orgies, sodomy, child molestation, exhibitionism and incest. It also includes adultery "that is recent, frequent and likely to continue and has an adverse effect on good order or discipline within the workplace."

The image of "Big Brother" forcing employees to divulge their most intimate secrets—or even more offensive, those of another—has caused considerable public outcry. The directive's most vocal opponents have been gay rights groups, who view it as anti-gay.

DoD security policy specialist Peter Nelson stressed that the DoD personnel security program has little interest in, and does not intend to stand in judgment of workers' adult sexual relationships.

What DoD is concerned about, he said, is the potential impact of certain behavior on national security. This means behavior that people are possibly embarrassed about. Concealing it may make them vulnerable to hostile intelligence, Nelson said.

The DoD personnel security program directive encourages all DoD components to set up programs to help employees in sensitive positions who have run into financial, medical or emotional difficulties in their personal lives.

The goal of the regulation, Nelson explained, isn't to strip DoD military, civilian and contractor employees of security clearances.

It's to determine who is potentially vulnerable



to blackmail or coercion before they're pressured into compromising U.S. secrets. Whenever possible, these individuals are to be referred for counseling and assistance. If that's unsuccessful, they may be moved to less sensitive positions or, as a last resort, have their clearances revoked or denied.

By dealing with vulnerabilities at an early stage, workers are less likely to encounter long-term, job-related security problems, the directive said.

"We're not looking to pry into people's personal lives," Nelson said. "We're trying to identify behavior that could lead someone to compromise our most sensitive national secrets."

Bolinger is with the American Forces Information Service in Washington.

Army News Service



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# Community Calendar

## Family Housing hours

The Family Housing Assignment and Terminations Section is now on a summer schedule. The now are open to walk-in customers from 9 a.m. to 3:30 p.m. They will continue to receive phone calls from 7:30 a.m. to 4:15 p.m.

For more information, call Annette C. Malkiel at 561-2040 or 561-3452.

## Recreation Center tours

The following tours will be offered by the Recreation Center July through August: On July 18 a Sausalito Volksmarch and Bay Model tour will be held; July 23 is the Port of Oakland tour; Aug. 1 is the Lake Tahoe Volksmarch tour; and the Russian River Wine tour and St. Helena Volksmarch are scheduled for Aug. 29.

For more information about these tours, call the Recreation Center at 561-5420 or 561-2000, Tuesday through Saturday from 2 to 9 p.m.

## Ballet

Ballet classes are offered this summer starting today for youths from 6 to 19 years old.

Classes for beginners are held from 3 to 4 p.m. on Thursdays or Fridays for \$30 a month, or \$36 a month if beginners want to take both Thursday and Friday classes.

Advanced students' classes are from 4 to 5 p.m. with the same fee structure as for beginners.

Classes are held at the Fort Scott Ballet Studio, bldg. 1390, and the instructor is Helen Piernik.

For more information, call Youth Activities at 561-5143.

## Summer Day Camp in July

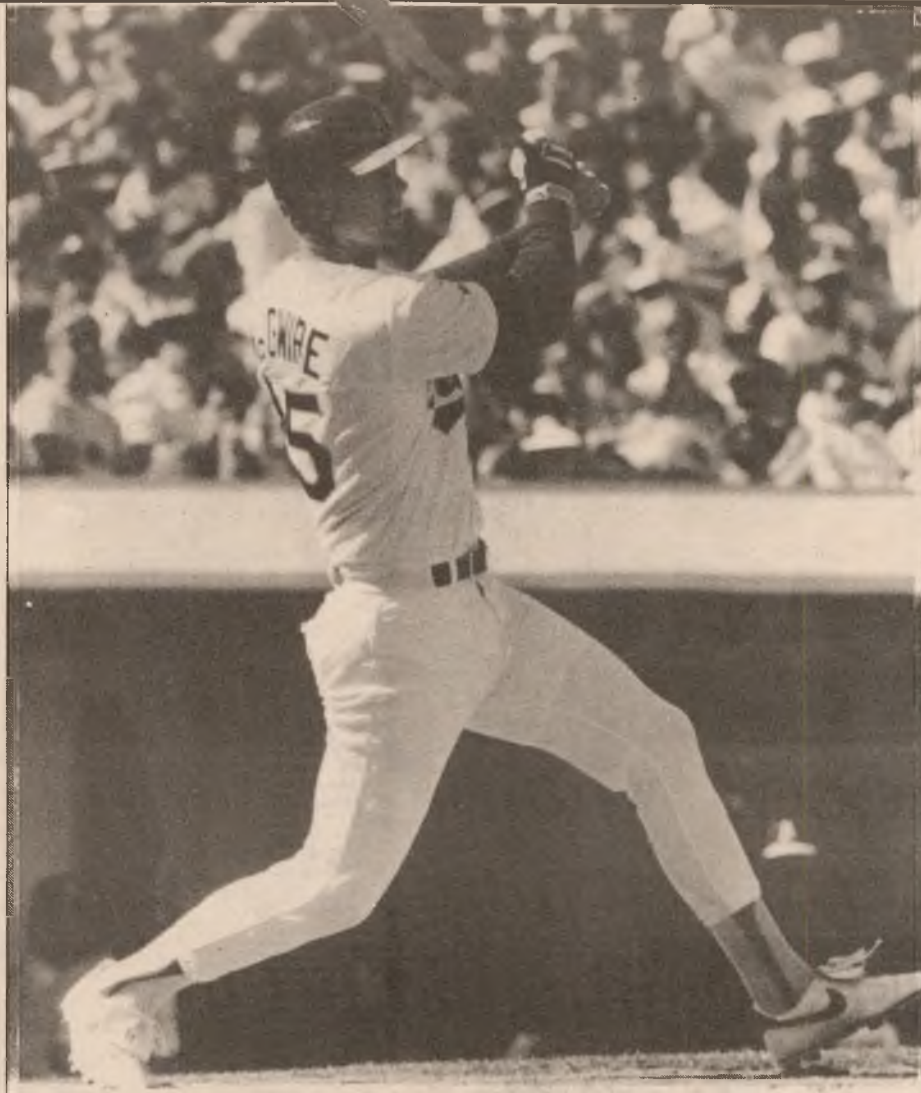
A Youth Activities-sponsored Day Camp for children ages 6 through 12 will be held 10 a.m. to 2 p.m., Monday through Friday, starting Monday and running through July 31.

Activities will include arts and crafts, games, field trips and storytelling.

For more information, call 561-5143 or 561-5910.

## Youth soccer registration

The Youth Activities youth soccer sign-ups will be held in July. Registration Monday, Wednesday



## Oakland A's

You can get tickets for major sports events and other Bay Area activities at the ITT office, Golden Gate Community Club.

and Friday will be held 7:30 a.m. to 4:15 p.m. and Tuesday and Thursday 7:30 a.m. to 5:15 p.m.

Leagues will be formed for age groups 4 through 5, 6 through 7, 8 through 9, 10 through 11, and 12 through 13.

There is a \$20 registration fee. Also, for registration, bring a copy of the player's birth certificate and a one-by-two inch photo.

For more information contact Youth Activities, bldg. 1331, Fort Scott area, 561-5143 or 561-5910.

## Sexual abuse prevention training

The Presidio Child Development Center (CDC) and Army Community Services are offering child sexual abuse prevention training for 3-, 4- and 5-year-olds.

This training is offered to children not attending the CDC or enrolled in part-day or full-day classes at the Center.

The training will be held at the

CDC on July 14 and 15 from 10:30 to 11:30 a.m. A parent permission slip is required. Parents also must attend a parent meeting or attend the training with their child.

For more information, please call the Child Development Center at 561-3588 between 7 a.m. and 5:30 p.m., Monday through Friday.

## LAMC tea

A tea for Judy Shettler, the new LAMC commander's wife, will be held on Wednesday from 2 to 4 p.m. at Aileen McCauley's home at 513A Simonds Loop.

RSVP by Monday by calling: Joan Heydorn at 435-4645, Arleen McCauley at 563-5108 or Shelly Williams at 673-2136.

## Thrift Shop News

The Thrift Shop will be closed July 4 for Independence Day observance, and won't be open on Saturdays in July.

The next Flea Market will be Aug. 1. Bring your ID card and a table, and rent a vendor space for \$5. No reservation needed.

Call 922-3384 for more information.

## Installation Volunteer Coordinator

Applications are being accepted now for the Presidio Installation Volunteer Coordinator (IVC) position. The IVC assists and coordinates with all Presidio agencies which use volunteers. The IVC recruits and places volunteers with agencies best suited to their interests and skills, assists the commander and staff with improving volunteer recognition and helps train volunteers.

The closing date is July 24.

For more information, call the Family Support Division at 561-3701.

## Sailing classes

Treasure Island Yacht Club will offer basic sailing classes next month.

The \$40 course will last four weeks. The eight hours of classroom instruction will be given during the first week of August. It will be followed by 12 hours of on-the-water instruction during the next three weeks.

Each student will be taught sailboat rigging and nomenclature, the techniques of how to sail and water safety. After successfully completing the course, the student will be qualified as an "A" Novice Skipper and may sail Rhodes 19-foot sailboats in the area between Treasure Island and Berkeley or Emeryville.

Sign-ups for the course can be made at Treasure Island Marina or by calling 765-5065. The first meeting will be at 5 p.m. at the Treasure Island Yacht Club building just outside the gate to the Naval Station Treasure Island. Classes are limited to active duty and retired military personnel and their family members.

More advanced instruction and qualification on larger boats is also available, including "B" Cruising Skipper and spinnaker sailing. "D" Senior Skipper instruction will be available later this summer.

Experienced sailors who want to teach are welcome. The compensation is equal time on any of the boats the instructor is qualified on for his or her recreational use.

For more information, call Lisa P. Hill, training captain, weekdays at 772-0302.

## At the movies

### Presidio Theatre

Fri, July 3	Gardens of Stone (R)	7 p.m.
Sat, July 4	Raising Arizona (PG-13)	7 p.m.
Sun, July 5	Raising Arizona (PG-13)	7 p.m.
Mon, July 6	Raising Arizona (PG-13)	7 p.m.
Tue, July 7	Number One With a Bullet (R)	7 p.m.
Wed, July 8	The Wraith (PG-13)	7 p.m.
Thu, July 9	Ernest Goes to Camp (PG)	7 p.m.
Fri, July 10	Ernest Goes to Camp (PG)	7 p.m.

### Schwartz Theater

Mon, July 6	Gardens of Stone (R)	7 p.m.
Wed, July 8	Raising Arizona (PG-13)	7 p.m.
Thu, July 9	Number One With a Bullet (R)	7 p.m.

### Hamilton Theater

Fri, July 3	(Information not available as of press time)
Sat, July 4	
Sat, July 4	



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# Sports

## Posture, exercise can ease back pain

by Evelyn D. Harris

**M**aj. Robert W. Dennis, a physical therapist, stands in front of a crowded classroom in the Pentagon holding a skeleton. He's telling a group of military people and DoD civilians how to stop hurting their backs.

This scene, with or without the skeleton, is being repeated at many DoD worksites these days.

Back injuries account for 29 percent of workers' compensation claims filed by civilians working for the Army. Soldiers can't file such claims, but they're hurting their backs at a high rate as well, say military occupational safety and health officials.

Experts estimate 80 percent of adult Americans will suffer at least one episode of back pain.

But back injury and pain are preventable. That's why DoD health promotion and occupational safety and health people are teaching courses on how to prevent back injury and pain.

According to Dennis, most back pain is not caused by one injury, but is the result of minor repeated traumas to structures in the back. What is sometimes thought to be the incident that caused a back injury simply may be the "last straw" for a repeatedly abused back.

The age for most backs to rebel against mistreatment is somewhere between the late 20s and late 40s.

What is called a "slipped disc" happens when soft material (similar to silly putty in texture, according to Dennis) in the center of one of the spinal column's discs moves out to fill up the cracks created in the disc's

outer ring by various traumas. After a while, the soft material oozes out so that it presses on a nerve, causing intense pain.

Slipped discs and other back problems can be avoided by taking care to do everything—even rest—in a manner that will not injure your back. Here are a few tips from the experts on how to do this:

- Maintain correct posture at all times. Poor posture is the most common cause of back strain and sprains. Most people have a slight hollow spot in the lower back. To maintain correct posture, keep this natural curve, but don't exaggerate it. When standing, lift your chest. This relaxes your shoulders and maintains the lower back curve. When sitting, sit up straight. A rolled 1½-inch towel placed at the lower back incline relaxes the lower back.

- Get enough rest. It is easy to injure yourself when you're tired and tense. But even when you're getting rest, think of your back. The best sleeping position for your back is on your side or your back. If you sleep on your back, you can give the muscles added support by placing a rolled towel in the lower back curve or a pillow under your knees. Sleeping on the stomach is not only bad for the back, but forces you to twist your neck so you can breathe.

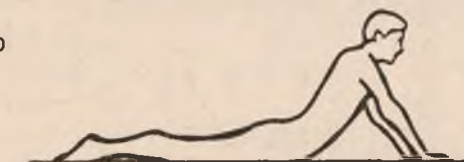
- Pay attention to body mechanics when doing chores. Don't twist your neck and arm to answer the phone, pivot with your whole body. Use a ladder or stool when reaching for an item that is up high; standing on tiptoe to lift something can injure your back or neck.

- Lift properly. Most serious back

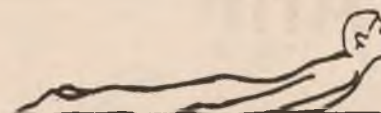
injuries are caused by improper lifting. To lift properly: (1) Keep your lower back bowed in while bending over; (2) Keep the weight as close as possible; (3) While bowing your back, raise up with your head first; (4) Turn with your feet, not just your upper body; and (5) Put the weight down by keeping your lower back bowed in.

### Exercise

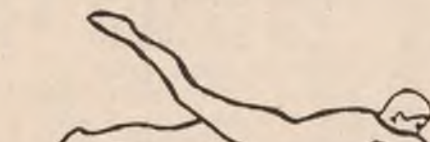
The following exercises will help to maintain normal strength and movement of the spine. Do each 10 times a day and consult your physician if you have any difficulties.



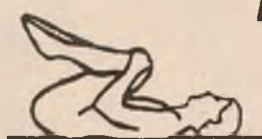
**Press Up**



**Extend Back**



**Leg Extension**



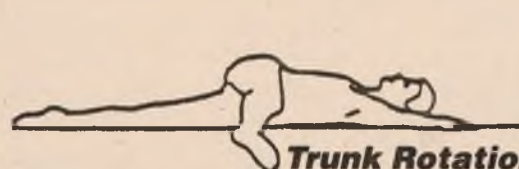
**Knees to Chest**



**Partial Sit Ups**



**Stretching Hamstrings**



**Trunk Rotation**



**One Knee to Chest**

## Sports Notes

### Intramural golf

The next Intramural Golf match is scheduled for noon on Tuesday and the Commander's Annual Golf Tournament has been rescheduled for Aug. 12, at 8 a.m. Both events will be held at the Presidio Army Golf Course.

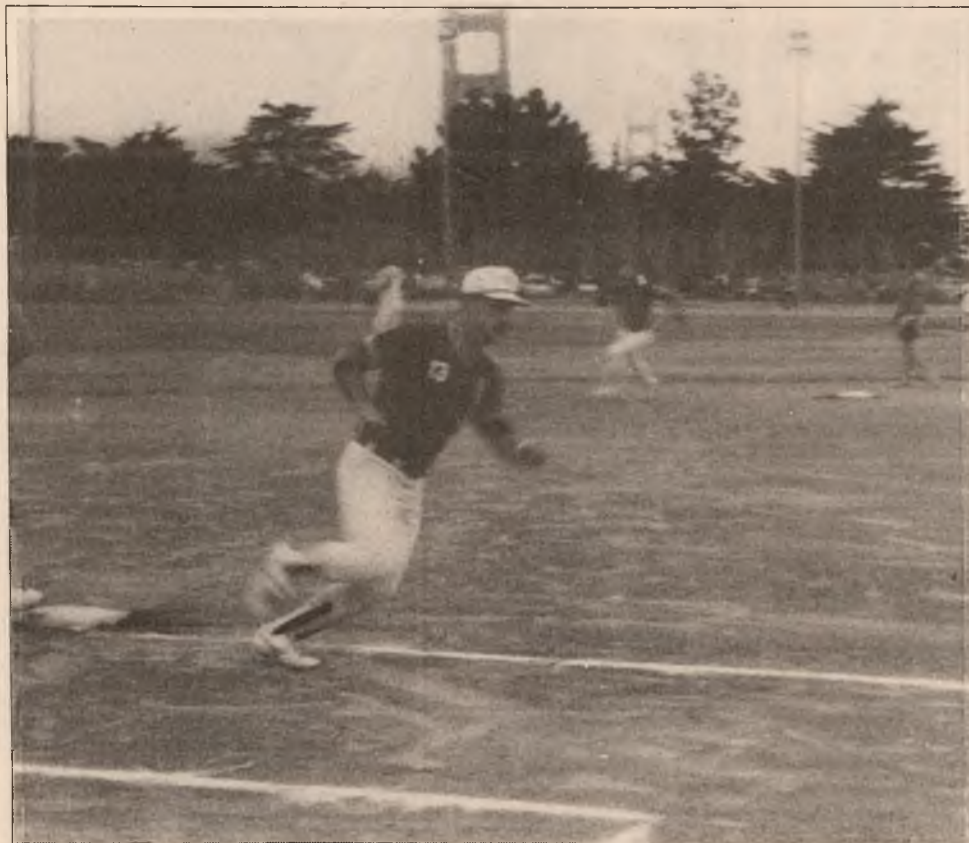
### Intramural Softball League standings

Team	Won	Lost
MSC	15	0
Co. A, LAMC	14	2
Co. B, LAMC	13	3
Sixth U.S. Army	8	3
LEC	9	6
864th Engineers	9	6
LAIR	9	7
DLI-SF	8	6
DEH	8	8
SFMID	7	7
USAISC	7	7
USAG	6	8

USMEPCOM	6	9
LCA	5	9
Coast Guard	4	11
AAFES	4	11
FBI	4	11
DOL	3	12
Finance	2	14

### Last week's softball results

LEC 10, Co. B, LAMC 0; DOI AAFES 6; USMEPCOM 13, DO Co. A, LAMC 14, SFMID 5; US 23, Finance 10; MSC 12, DEH 0; 7, Coast Guard 0; 864th Eng 15, LAIR 5; USAG 10, Finance 11, LCA 1; LEC 10, Sixth U.S. Army 7; FBI 14, DOL 4; MSC 10, SFMID 5; USMEPCOM 5, AAFES 3; 864th Engineers 10, USAISC 4; DLI-SF 8, DEH 2; LEC 9, LAIR 4; Co. B, LAMC 10, Finance 3; USAG 13, Coast Guard 3.



### Zoomin'

Rounding third base is USAG's Ronald Ziemann, one of the players who adds excitement to intramural softball.

photo by Pleasant Lindsey



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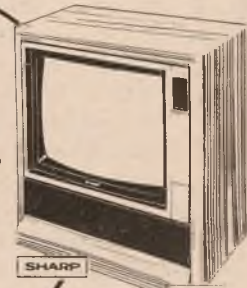
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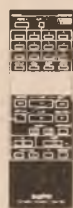
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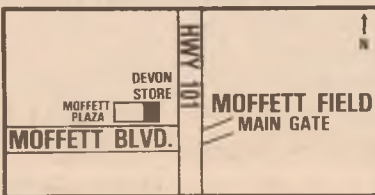
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# Star Presidian

Vol. 30, No. 27

"Published in the interest of the people of the Presidio of San Francisco."

July 10, 1987



Pvt. 2 Jerry Hacker displays a pan of ribs which were later gobbled up by the lunchtime crowd.



SP4 Eddie Calderon is honored at the Soldier of the Month ceremony.



Sgt. Tracy Rogers relaxes a moment with his daughter.

## U.S. Army Garrison sweeps top soldier spots

story and photos by Pleasant Lindsey

A former Nation Guardsman and promising artist captured the post's cooking title in June and gained the recognition of being the top cook on the Presidio.

Pvt. 2 Jerry Hacker, of the Headquarters Company Dining Facility, is the post's new Cook of the Quarter. He is also one of the newest members of the company.

Hacker was a graphics illustrator in the Idaho National Guard for two years before coming to the Presidio. The Army's education and job opportunities persuaded him to leave Idaho behind.

The position of cook was one of the Military Occupational Specialties (MOS) that the Army offered to Hacker.

"The job looked as though it would be a challenge, so I accepted it," he said.

Hacker was assigned to the Presidio in April. Three months on the job may seem like a short time for any soldier to face a review board, but Hacker was recommended by his supervisor, SSgt. Exequiel Enriquez. Since he has been here Hacker has impressed his chain of command with his character.

"Hacker is a very positive soldier who cares about his job and doesn't need a lot of supervision," said Capt. Stanley Miller, Headquarters Company commander. "There are plenty of opportunities to improve a food service facility when you have people like Hacker working for you."

Hacker's coworkers agreed that he always maintains a positive attitude about his duties and they were confident that he would win the review board. Hacker didn't let them down.

"I was confident I could win through study and hard work," Hacker said. "I accepted the offer to appear before the review board because I don't back away from anything."

The Cook of the Quarter board covered cooking procedures as well as the paperwork and administrative procedures used to run a dining facility. For Hacker, the extra studying paid off.

"The hardest part of the review board was the

current events portion," Hacker said. "I'm always reading the newspaper or watching the news because I'm interested in what's going on in the world. But I never really studied for the current events portion."

"I was questioned about general news items, such as the situation in South Korea and the recent rash of pit bull dog attacks. Questions such as these I can handle without studying too much."

Hacker's chain of command helped him study for the review board. He said they were a large part of his success.

"SSgt. Enriquez and 1st. Lt. Clarence Jones, the facility's food service officer, helped me a lot by constantly asking me questions about my cooking skills," he explained. "They grilled me a lot."

In fact, all three winners of the post's review boards in June had supportive chains of command.

"I'm proud of the fact that all three of June's review boards were won by Headquarters Company soldiers, but I'm not surprised," Miller said. "All three winners have good, supportive supervisors and a strong chain of command. As time goes by it could become a frequent occurrence for Headquarters Company to sweep the review boards."

The help from his chain of command wouldn't have been enough to secure a victory, and Hacker said that his first review board did play on his nerves a little bit.

"I had no idea how I would perform or how my competition would perform," he said. "It was like a road race—I couldn't see them behind me, but I felt them coming. Not knowing gave me a motivational edge."

Here's a young soldier who has only been on the job three months, yet he approaches his job like a true professional.

It is not uncommon to hear Hacker say: "I always do the best I can at whatever I do."

### Roger that

The need to succeed could be the driving force behind this hard-charging NCO who continues to be one of the outstanding soldiers on the Presidio.

Sgt. Tracy Rogers of the Ceremonial Platoon, Headquarters Company, added another achievement to his string of presentation victories. This time, Rogers was chosen as the post NCO of the Quarter on June 26.

Since he has been assigned to the Presidio, he has been named the Soldier of the Month, Soldier of the Year and Distinguished Honor Graduate of the Primary Leadership Development Course (PLDC). In fact, his achievements have come to be expected of him.

"Being named NCO of the Quarter was well deserved," said SSgt. Charles Johnson, Rogers' platoon leader. "Sgt. Rogers is a very conscientious, hard worker. He can go as far as he wants in the military."

Rogers more or less blindly walked into his latest accomplishment.

"I intended to take that title eventually, but I had not decided when I would appear before the board," Rogers said. "Then one day the first sergeant [1st. Sgt. Lee Fuhrmann] was asking some other NCOs whether they wanted to appear before the board just as I was stepping into his office. He turned, pointed to me and I said 'Roger that!' The board was only one week away."

Rogers said the board's questions were for the most part based on military knowledge. He said his experiences in the Army enabled him to answer most of the questions with a limited amount of study time.

"I just seemed to know which ones they were going to ask," he said. "They asked questions specifically relating to the topics I studied."

Topics the board members used included land navigation, map-reading, drill and ceremony, and guard duty. Rogers said the contestants had to be knowledgeable in current events and be familiar with the regulations regarding the proper wear of the uniform.

"For the Soldier of the Month Board, the participants had to answer questions in 15 different areas," he said. "For NCO of the Quarter, we only had five areas to study for."

please see page 3



# Opinions

## Hey you! Civil servants stand tall, proud!

by Jim Hudgins

**H**ow many government employees does it take to screw in a light bulb? Those of us in the "system" know that the answer is one, and that one employee will do it efficiently and loyally. However, many people outside of the system, i.e., that great, faceless mass known as "taxpayer," innocently believe it is 355...one to turn the bulb, 54 to process to paperwork and 300 to work under an outside contractor who got the job as the lowest bidder.

I'm being silly...but only a little. I am certain most of you reading this article feel the same way I do about working as a "civil servant." It is an honorable and satisfying calling, one with plenty of challenges and an opportunity to do something for your country without wearing a uniform or carrying a weapon. I feel good about what I do—when I'm with other federal employees or by myself. See if what I'm about to relate doesn't hit you where you live just a little:

You are at a social gathering with people who you are semi-acquainted with, or at a long-planned family reunion with a load of people who you are semi-related to. You know that it's just a matter of time before a smug neighbor (the one with the Great Dane that has a romantic attachment to most of your shrubs) or a smart alecky cousin named Bubba (who spent the happiest seven years of his life in high school) will ask you that dreaded question, "Well, Cuz, what is it that you do for a living?"

This is usually asked after the observation has been made that you've put on a few pounds—but not to worry, on you it looks becoming. The only "becoming" is the fact that you're becoming both tense and a tad nauseated.

Not wanting to appear either unneighborly or a poor relation (although you'd like to send the questioner to a convenient salt mine), you swallow the bile rising in your esophagus and mumble/cough your answer as quickly as possible... "Well, I'm a...ahem...sigh...ah...federal employee." You say this while checking the shine on your tennis shoes

and avoiding eye contact.

As the fear-sweat starts to bead on your upper lip, you pray that if there is a God, he'll make this bozo go on to another subject. But, invariably, the next response is, "Excuse me. I didn't quite hear that...what did you say?"

You know in your heart that he *did* hear you, but for some past sin, you are going to have to

repeat your answer. And you say, in a little louder voice, "Alright, I'm guilty...I work for the government...your taxes pay my salary...I get nine paid holidays a year...*mea culpa, mea culpa!*"

The questioner doesn't say anything right away, but you can tell by his expression—that controlled look one gets when sipping unsweetened lemonade—that you deserved the disdain he's felt for you for some unexplained reason. Oh, well, you didn't really want to be the life of the party, or be remembered in some distant uncle's will.

I say enough is enough! I contend that after years and years of undeserved criticism and scorn, we have been our own worst enemies. We've read so much about abuses in the "system" and heard so many jokes about our ineptness (after all, Senator Proxmire doesn't give awards to steamfitters, does he?) that we tend to accept the abuse. Our attitudes and our work atmospheres need to be uplifted. It's very much like coming home from a hard day at the office and seeing the family dog scurrying away with his tail between his legs. You don't know what he did wrong, but he looks so guilty, you know you are going to step in it sooner or later.

The bottom line is that yes, there are some problems with the "system" and, yes, there are some federal employees who are malcontents and lag-gards. But, by and large, the overwhelming majority of us in government service are dedicated, hardworking individuals who do not deserve the abuse or blame we've been getting from all directions. Nor will the economy be revitalized merely by cutting our salaries.

What I'm suggesting is that we start a campaign to reestablish a little pride in what we do. Don't slouch because you're a government employee, walk tall! Don't hesitate to respond to the question of what you do for a living with a resounding, "I'm a civil servant and damn proud of it!" I can't wait to see that neighbor with the Great Dane or my half-witted cousin at the next reunion. Boy, have I got an earful for them!



## Ramblin' Sam

"Do you have any advice for soldiers who want to be promoted?"



**PFC Cassalena Sparrow**, radio operator, U.S. Army Information Systems Command: "Maintain proper appearance and wear of the uniform, and do your job professionally. Do your best, regardless of the duties."



**SP4 Brian Glarborg**, percussionist, Sixth U.S. Army Band: "The advice given to me was to do well on PT tests, and obtain a good civilian and military education. These things count for promotion points."



**SP4 David Busby**, Ceremonial Platoon, Headquarters Company: "Maintain high standards at job performance, and pursue civilian and military education."



**PFC Thomas Pettiford**, Ceremonial Platoon: "A soldier has to maintain a good military bearing, keep his appearance up to standard, and strive to be the best."

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# Etc.

## Top soldiers continued from page 1

Rogers did have his work cut out for him, though. He said the board members asked fewer questions on fewer subjects than previous boards he has faced. But his competition also came to the board prepared to win.

"I really had some tough competition. I was wondering whether or not I was going to win," he said. "I knew I was going to win all the other boards I've faced in the past, but this time I wondered."

"Our scores were really close. I was surprised I won."

Some surprise. Rogers has appeared before seven presentation boards since he has been here; he has won them all. His success even baffles his wife, Ann.

"I don't know what keeps him going," she said, "but he loves the Army, he loves the competition, and he likes being a soldier."

"He never seems to study too hard for these boards, but he's always prepared to compete."

Altogether, four NCOs appeared before the board: Co. D, 864th Engineers, the Sixth U.S. Army Band, Law Enforcement Company and Headquarters Company.

But when the votes were tallied one NCO came out on top—Sgt. Tracy Rogers. According to Johnson, Rogers is "willing to make the necessary sacrifices to succeed."

## Soldier of the Month

SP4 Eddie Calderon of Headquarters Company, U.S. Army Garrison (USAG), is June's Soldier of the Month. A records clerk in the Personnel Service Center, Calderon is one of three Headquarters Company soldiers who swept June's review boards.

Calderon is preparing for the sergeant promotion board. Part of that preparation was appearing before the Soldier of the Month Board.

"You should do everything you can to get promoted," he said. "Soldier of the Month Boards are a good way to practice for any review board. You learn how to respond to questions from the board and how to present yourself to board members."

Calderon will appear before the Sergeant Review Board on Tuesday.

Calderon has appeared before a review board in the past, but said the boards here are handled more professionally by the board members. He has been stationed in Korea, Okinawa (where he experienced his first review board), as well as other posts in the U.S. He left the Army with the rank of sergeant, but returned from civilian life when he discovered the Army was still in his blood.

"I left because I wanted a change of pace," he said, "but I had gotten so used to the Army's lifestyle and challenges that I had to come back."

Pacing himself for Soldier of the Month made it

easier for him to successfully compete. He said he used the Education Center to study after work, and had about two weeks to prepare for the board.

Calderon said the last time he won Soldier of the Month he received a three-day pass, 30 days off the duty roster and a Certificate of Achievement. He said winning on the Presidio is more lucrative.

Calderon still has three years left in his enlistment, and already has made plans for another lifestyle change.

"Hopefully, I'll be going into the CIA," he explained. "I would have been in already, but I applied too late. But I'm not giving up on my goal of joining the CIA."

Perseverance is a good quality to find in a soldier, and Calderon seems to have the drive to make things happen.

"I'm going to go for the Staff Sergeant's rank before I get out of the Army," he said.

Can he make E-6 in that short time span?

"Sure I can," he said, "I've been on the E-6 list before. I know that in three years I can do it again."

Calderon said review boards such as Soldier of the Month will be a big part of that goal, and other soldiers should participate in such boards.

"It can only help you," he said, "it can't hurt you."

## TAKE A BITE OUT OF CRIME

### Be a responsible pet owner

By John Flynn

Presidio of San Francisco Supplement to Army Regulation 40-1 governs the control of pets on post. The opening statement reads, "It is the policy of this command to permit, with the widest possible latitude, the ownership of privately owned animals for companionship and recreation. Concern for the health, safety and tranquility of the command necessitates specific rules, restrictions and/or prohibitions concerning the responsibilities of animal owners." To put this into plain English, your chain of command wants you to enjoy the privilege of pet ownership, but also wants to ensure the safety and tranquility of those around you. The Provost Marshal has the responsibility to enforce this regulation to ensure the health and safety of all members of the Presidio family.

This regulation holds the owner responsible for the behavior and welfare of his or her pet. Any cat or dog must be kept indoors or secured on the owner's premises. Outdoor housing for pets will be of the portable type and sanitation standards

must be maintained. No quarters occupant shall possess or maintain more than three cats and/or dogs. The only exception to this is a nursing litter not to exceed a three-month duration. Breeding or raising pets on post for the express purpose of profit is prohibited. Dogs AND cats must be on a leash, chain and collar, or respond to voice command at all times or they can be subjected to impoundment by Military Police. The MPs will transport the animal to the Veterinary Clinic where, after payment of a fine to the Presidio Animal Care Fund, they will be released to their owner. On the second occurrence, you will receive a letter through command channels. The third time, you will be ordered to remove the animal from post.

All animals must be registered with the Presidio Veterinary Clinic within 14 days of arrival or when they are three months of age.

Most Presidians are pretty responsible when it comes to the preceding. Incidents of animal bites are relatively low on post. The majority of complaints involve the key word, "tranquility," specifically, barking dogs.

Just pretend that it's 10:30 p.m. You've just put your dog out for the night and have gotten into bed. Fido begins to sound like he's on a foxhunt somewhere in England. It's been a long day and you are just too tired to get up to see what he's excited about. Unfortunately for you, your neighbor has found the energy to dial his phone to complain to the Military Police. If a patrol is available, an

MP patrol will respond to your quarters and inform you that a complaint has been lodged against your dog. If at that time you are able to restore the "tranquility" of your neighborhood, the incident will be recorded in the Military Police Journal. The MP Journal is equivalent to a CQ Journal. If another complaint is registered, then it will be recorded in the Military Police Blotter. From that point on, any complaint registered against your pet will result in a blotter entry. There have been instances where two complaints, made by separate people, have been registered against the same pet within a 24-hour period. On the third instance, you will be ordered to remove the dog (or cat) from post.

PSF Regulation 40-1 contains much more information than what can be covered in a short article. If you have any questions, contact the Crime Prevention Office at 561-5011 or the MP Desk Sergeant at 561-2251.

### Crime report

- A civilian was apprehended for drunken and disorderly conduct.
- The MPs found three buildings unsecured.
- A pair of binoculars was turned into Lost and Found.
- A Schofield Barracks, Hawaii, soldier was arrested by the Sunnyvale Police Department for outstanding warrants and released to the Military Police.
- A garage was burglarized.

## PSF IDEAS OF EXCELLENCE PROGRAM

This week's Idea of Excellence comes from Rochelle Wright of the Directorate of Resource Management (DRM), who suggests a way to save money and manhours when searching for catalog data.

According to Wright, the Up Front Editing Section of the Supply Division, Department of Logistics, could more effectively perform their mission if they had direct access to two different databases (MUFFINS and DELSEA). Currently, they have to physically search for catalog data for

each requirement that is submitted to them. This could take hours to complete. Wright recommends installing a Class A phone line that will have direct access to the databases.

Money would be saved through labor costs because less time would be needed to efficiently process information. The post and its tenant units would benefit as well, since budget offices would be able to fulfill their commitments sooner.

Ideas that save time and money are indeed super. Keep those ideas coming.



## Do-It-Yourself Corner

### Careful cleaning

It's not too late to tackle "spring" cleaning, especially with the good weather we've been having lately.

However, when you do clean (regardless of the season) make sure you read labels before mixing any cleaning solutions or powders with bleach. In particular, be especially careful when cleaning a toilet bowl or mixing a solution for removing mildew.

Many household cleaners contain ammonia which, when mixed with bleach, forms fumes like those of mustard gas. Breathing these fumes can be dangerous and could result in a fatality.



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# 4th of July



The fireworks display bathed Crissy Field in radiant colors.

## Celebration!

story and photos by Pleasant Lindsey

If you weren't at Crissy Field on July 4 then you missed a celebration to remember. The Independence Day entertainment included bands, dancers, puppeteers and jugglers who entertained young and old.

The celebration started at 2 p.m. with a procession led by the U.S. Park Police Mounted Color Guard, Chinese folk dancers and the Sixth U.S. Army Band.

The Ceremonial Platoon of Headquarters Company, USAG, fired a 50-cannon salute to the Nation. That salute may have helped spectators prepare for the fireworks that came later.

A popular San Francisco personality, Dominique DePrima, flawlessly delivered a historical background of the U.S. Constitution. The name of her recital was the "Constitution Rap." Though she is popular for improvising rap songs, DePrima wrote and memorized "Constitution Rap" word for word. And the crowd loved it.

And what a crowd. It looked as if the whole Bay Area had descended on Crissy Field.

As night fell, the Sixth U.S. Army Band once again took to the stage and, with the help of timed cannon fire from the Ceremonial Platoon, ushered in a 15- to 20-minute fireworks display, courtesy of the San Diego Fireworks Company.

We *thought* about saying it was a real blast, but decided against it.



A San Diego Fireworks Company employee loads fireworks launch tubes.



The Ceremonial Platoon fires a 50-cannon salute to each state.



Juggler Ray Jason entertains on the Children's Stage.



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# Community Calendar

## Family Housing hours

The Family Housing Assignments and Terminations Section has changed to a summer schedule. They are now open to walk-in customers from 9 a.m. to 3:30 p.m. They will continue to receive phone calls from 7:30 a.m. to 4:15 p.m.

For more information call Annette C. Malkiel at 561-2040.

## Furniture display

The Presidio will host a Federal Prison Industries, Inc., trade show Monday through July 24 from 8 a.m. to 4:30 p.m. on the second floor of bldg. 914.

Federal Prison Industries, Inc., markets under the name UNICOR. UNICOR manufactures office, dormitory and barracks furniture, drapes, stainless steel kitchen carts, metal lockers, storage shelves; cat walks, and electrical harnesses and cables.

New products on display at the Presidio show will include systems furniture, stacking chairs, and a new line of furniture designed for institutions, dormitories and guest housing.

## Part-time jobs

Looking for a part-time job? There is an excellent opportunity in travel industry sales at the Presidio SATO office. Entry-level part-time positions are available with the opportunity for growth, benefits and career potential.

Interested people may call Kathy Trabitz at the Presidio SATO office at 561-2314.

## Arts, Crafts Center

The Presidio Arts and Crafts Center is offering a wide variety of classes. All classes are scheduled from 6:30 to 9:30 p.m. unless otherwise stated. Classes are held in the Arts and Crafts Center, bldg. 122, at the corner of Lincoln Boulevard and Riley Avenue. Advance registration and payment is required for all classes.

Classes include Ceramics: slip-casting/pouring only, will be taught on Aug. 5. There is a \$2.50 fee, plus supplies, which average around \$10. Ceramic Decorating Techniques on Greenware will be offered on Aug. 12 for a \$2.50 fee plus supplies. Decorating Techniques on Bisque, will be offered on July 22 and Aug. 19, also for a \$2.50 fee, plus supplies. Airbrushing Underglazes will be taught July 29 and Aug. 26 for a \$2.50 fee plus supplies. Pottery will be taught July 31 through Sept. 7 for a \$10 fee plus supplies. Raku will be taught on July 18 and Aug. 29 from 10 a.m. to 3 p.m. The fee will be \$10, which includes glazes and firing.



photo by Pleasant Lindsey

## New cooks!

Everyone needs an occasional day off, so Co. D, 864th Engineer Commander, Capt. John F. Duffy made sure the cooks got July 2 off. In their place, 12 people, all of the 864th officers (including 1st Lt. Michael Manley checking the chicken) and some of the senior enlisted non-commissioned officers, took their place...beginning at 5 a.m. Food Service Officer 1st Lt. Doyle Stewart said, "These guys [the cooks] work seven days a week. With their current schedule, they only get two weekends off per month." The day off was Duffy's way of giving the cooks some special recognition.

Please bring a pot-luck contribution for lunch! Wood Safety is offered on Thursdays from 6:30 to 8:30 p.m. for free! This is a single-session, on-going class. Wood: Beginners is offered on Fridays, July 31 through Aug. 28. The fee is \$6, plus wood. Glass Jewelry will be taught on Tuesday from 6:30 to 9 p.m. and on Aug. 11. The \$3 fee includes all supplies and firing. No experience is necessary! Oil Painting is an on-going class offered on Thursdays from 6 to 9 p.m. for a \$1 fee. Students must provide their own supplies. Matting and Framing will be taught Aug. 5 and 19, Sept. 5 and 19. (Each class is two consecutive Wednesday evenings.) The fee is \$7 and supplies are extra.

## Kids!

Ceramics for Kids will be taught July 21 through 31, Tuesdays through Fridays, from 1 to 3 p.m. The \$15 fee includes all supplies. Children's Film Making will be taught Aug. 4 through 14, Tuesday through Friday, from 1 to 3 p.m. The \$15 fee includes all supplies.

For more information, call 561-4497.

## Installation Volunteer Coordinator

Applications now are being

accepted for the Presidio Installation Volunteer Coordinator (IVC) position.

The IVC assists and coordinates all Presidio agencies which use volunteers. The IVC recruits and places volunteers with agencies best suited to their interests and skills, assists the commander and staff with improving volunteer recognition and helps train volunteers.

The closing date for the position is July 24.

For more information, call the Family Support Division at 561-3701.

## Mandatory briefing

All soldiers honorably separating (though not retiring) from the Army during August, September, October or November are required to attend a pretransition briefing at the Golden Gate Community Club.

The meeting will be held on Aug. 19 from 8 a.m. to noon. Spouses are welcome to attend. Briefing topics are designed to help soldiers make the transition to civilian life.

For more information, call the Soldier Support Branch at 561-4664 or 561-4665.

## Litter pick-up

Litter pick-up and on-call collection once were done by Post Police and DEH (the Directorate of

Engineering and Housing). Litter pick-up included packing boxes, grass clippings, etc., which now is being done by civilian contract.

Requests for all litter pick-up and on-call collection should be made to Contract Services and Utility Sales Branch, DEH. Please call 561-6000, 561-3769 or 561-6026.

## Youth soccer registration

The Youth Activities Youth Soccer sign-ups are being held this month. Registration on Mondays, Wednesdays and Fridays will be held from 7:30 a.m. to 4:15 p.m., and Tuesdays and Thursdays from 7:30 a.m. to 5:15 p.m.

Leagues will be formed for age groups 4 and 5, 6 and 7, 8 and 9, 10 and 11, and 12 and 13.

There is a \$20 registration fee. Also, for registration, bring a copy of your child's birth certificate and a one-by-two-inch photo.

For more information, call Youth Activities, bldg. 1331 at Fort Scott, at 561-5143 or 561-5910.

## Sexual abuse prevention training

The Presidio Child Development Center (CDC) and Army Community Services are offering child sexual abuse prevention training for 3-, 4- and 5-year-olds.

This training is offered to children not attending the CDC and those enrolled in part-day or full-day classes at the Center.

The training will be held at the CDC on Tuesday and Wednesday from 10:30 to 11:30 a.m. A parent permission slip is required. Parents also must attend a parent meeting or attend the training with their child.

For more information, please call the Child Development Center at 561-3588 between 7 a.m. and 5:30 p.m., Monday through Friday.

## Officer Candidate School

The Soldier Support Branch will hold an Officer Candidate School Selection Board at the Military Personnel Division, bldg. 87, on July 29 at 8 a.m.

Prospective applicants are encouraged to bring or send applications to the Soldier Support Branch, bldg. 86, first floor. The deadline for submitting applications is July 24 at 4 p.m.

All applications must be prepared and assembled according to Army Regulation (AR) 351-5.

Call SP4 Arnold Gyant at 561-4663 or 561-4664 for more information.

## At the movies

### Presidio Theatre

Fri, July 10	Ernest Goes to Camp (PG)	7 p.m.
Sat, July 11	Ishtar (PG-13)	7 p.m.
Sun, July 12	Ishtar (PG-13)	7 p.m.
Mon, July 13	Ishtar (PG-13)	7 p.m.
Tue, July 14	Hot Pursuit (PG-13)	7 p.m.
Wed, July 15	No Mercy (R)	7 p.m.
Thu, July 16	Creepshow 2 (R)	7 p.m.
Fri, July 17	Creepshow 2 (R)	7 p.m.

### Schwartz Theater

Mon, July 13	Ernest Goes to Camp (PG)	7 p.m.
Wed, July 15	Ishtar (PG-13)	7 p.m.
Thu, July 16	Hot Pursuit (PG-13)	7 p.m.

### Hamilton Theater

Hamilton Theater information not available at press time. For all movie information, call Hamilton Special Services at 885-5962.



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# Sports

## Golfers win for Army

by Liz Greeley

Could the winners of the Seventh Annual Army Emergency Relief Golf Tournament have had some help? No, no, not foul play...but perhaps some favoritism...from above?

Is it coincidence that the foursome consisting of Father Edward Christoph, Edward Begley, George Morrison and Henry Fisher won the tournament with a score of 60? No, it's not just coincidence...talent, expertise and skill certainly played their role.

There were a total of 23 foursomes playing in the July 1 tournament which started with a shotgun start at 12:30 p.m.

Each foursome paid a \$40 entry fee to participate in the event which was designed as a fund-raiser for Army Emergency Relief (AER).

For those who aren't well-acquainted with AER, it is a private, non-profit organization which provides emergency financial help to soldiers and their families, both active duty and retirees. In times of

distress or misfortune, AER is there to help with interest-free loans or outright grants. They also have an undergraduate educational assistance program for soldiers' family members.

So the golfers weren't there just for a tournament, they also were helping the Army family. But their efforts were not unrewarded.

The Pentagon Federal Credit Union donated \$100 to the first place winners and all of the foursomes received a prize donated by merchants and other golf courses throughout the San Francisco Bay Area.

And what did the soldier and his family get? Since all tournament proceeds went to AER, altogether the tournament garnered about \$2,500 for AER, according to Tournament Chairman Bert Strucel.

Though Strucel was the tournament chairman, he was helped by the overall coordinators of the event, Army Community Services.



photo by Stan Moore

A golfer concentrates on a putt during the July 1 AER golf tournament.

by Sixth U.S. Army's Dennis Pfaltzgraff on July 2 are a prime example of why his team is winning. He had plenty of help. For Sixth U.S. Army, winning seems to be the *only* reason to play the game.

After beating DOL 19-0 in the 6:30 p.m. game, Sixth U.S. Army repeated their performance at 7:30 p.m. by whipping the 864th Engineers 15-0.

Sixth U.S. Army maintained their high standing in the league with aggressive running and tough defense. Line drives seem to be the only way to beat these guys. Just about anything hit in the air appears to be tracked with radar by their ranging outfielders.

In the second game, the 864th threatened to blow Pfaltzgraff's shutout on a number of occasions, but deep fly balls killed all of their rallies. Meanwhile, Sixth U.S. Army's batters found all the gaps in 864th's defense with tough ground balls, sizzling line drives and runners who didn't know the meaning of the word "stop."

With a 2-0 lead in the top half of the fourth inning, Sixth U.S. Army loaded the bases and added two more runs on a fly ball and an infield out. The 864th was unable to score in the bottom half of the inning, and when

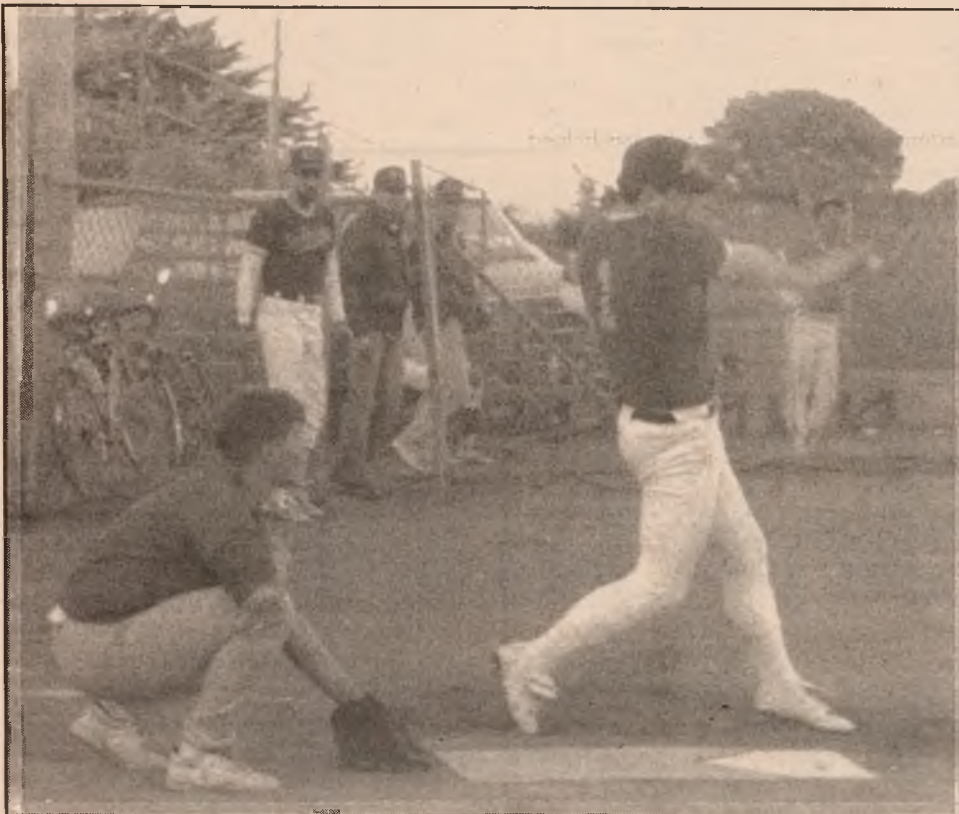
they took to the field in the fifth, they were immediately hit with cannon fire.

Sixth U.S. Army's Russell Von Drake started the fireworks with a single. Kenny Chrissman hit a double to left field and almost ran up Von Drake's back trying to stretch it into a triple. With runners on second and third, Jerry Taylor doubled to score Von Drake and Chrissman. Taylor scored on Dave Bellerud's hit to give Sixth U.S. Army a 7-0 lead.

The 864th's best chance to get even came in the bottom half of the sixth inning. With two out and runners on first and second, 864th loaded the bases when Von Drake bobbled a throw from short center field. The inning ended with a fly ball to left field. Sixth U.S. Army's outfielders were everywhere that night.

Sixth U.S. Army scored again in the seventh inning and walked away with their second shutout of the night.

The standings show they have quite a way to go before they catch the LAMC teams (Co. A and Co. B) or MSC (Medical Service Command). However, Sixth U.S. Army is playing better than .700 and are in a comfortable position among the top 10 teams in the league.



Sixth Army's Dave Bellerud sends a fly ball to left field allowing Jerry Taylor to score the seventh run of their 7:30 p.m. game on July 2.

## 6A makes baseball drama

story and photo by Pleasant Lindsey

Few softball teams can be

called classic—in fact, none come to mind. But the two shutouts pitched

## Sports Notes

### Fourth of July softball

Co. A, LAMC joined forces with Co. B, LAMC, calling themselves the A-Bombers. They captured the fifth annual Presidio Fourth of July softball tournament by going undefeated in six games at the Fort Scott football fields. Sixth U.S. Army was the second place team, LAIR placed

third and LEC finished fourth.

The tournament started July 3 with two pools of four teams each playing a single round robin. The top two teams from each pool advanced into the double elimination playoffs which started yesterday.

### Friday and Saturday Pool play

**Pool A**  
LAIR 2, USAG 1; A-Bombers 12,

LCA 2; USAG 8, LCA 7; A-Bombers 5, LAIR 4; A-Bombers 15, USAG 5; and LAIR 7, LCA 0.

### Pool B

Sixth U.S. Army 9, LEC 1; ALL (an all Puerto Rican team) 9, MSC 3; LEC 15, ALL 3; MSC 13, Sixth U.S. Army 5; LEC 7, MSC 6; and Sixth U.S. Army 9, ALL 5.

### Double elimination playoff

A-Bombers 4, LEC 0; Sixth U.S. Army 5, LAIR 0; A-Bombers 18, Sixth U.S. Army 2; and LAIR 11, LEC 6.

### Semi-finals

Sixth U.S. Army 17, LAIR 14.

### Finals

A-Bombers 4, Sixth U.S. Army 3.



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# Star Presidian

Vol. 30, No. 28

"Published in the interest of the people of the Presidio of San Francisco."

July 17, 1987

## News Briefs

### Part-time jobs

Looking for a part-time job? There is an excellent opportunity in travel industry sales at the Presidio SATO office. Entry-level part-time positions are available with the opportunity for growth, benefits and career potential.

Interested people may call Kathy Trabitza at the Presidio SATO office at 561-2314.

### Job vacancy

Find accounting interesting? There is an opening for an Accounting Technician (GS-525-4) at Fort Baker. Some typing is involved.

For information about qualifications call Maria Priddle at the Civilian Personnel Office at 561-2595.

### Four Seasons' new home

The Four Seasons Store has reopened in its new home, bldg. 230, next to the main service station. The store's new phone numbers are 563-2042 and 563-2310.

### Officer Candidate School

The Soldier Support Branch will hold an Officer Candidate School Selection Board at the Military Personnel Division, bldg. 87, on July 29 at 8 a.m.

Prospective applicants should bring or send applications to the Soldier Support Branch, bldg. 86, first floor. The deadline for submitting applications is July 24 at 4 p.m.

All applications must be prepared and assembled according to Army Regulation (AR) 351-5.

Call SP4 Arnold Gyant at 561-4663 or 561-4664 for more information.



Theodore Kazear clears pine needles from headstones. Members of Cub Scout Troop 77, Presidio, worked for more than three hours in the cemetery.

## Scouts recover forgotten corner of Presidio

story and photo by Pleasant Lindsey

Local scouts tackled a massive clean-up job in the post's pet cemetery July 11 and did their part to help beautify the Presidio.

Cub Scout troop 77, from the Presidio of San Francisco, worked three hours clearing weeds and debris from the grounds of the Presidio Pet Cemetery.

The clean-up project was the idea of John T. Adams, the lay minister of the protestant service at the Post Chapel. He also is the chapel's gardener.

Adams suggested the project to the troop's leaders, and told the scouts that people had decided long ago that they would be responsible for maintaining the cemetery.

A plaque stands at the entrance to the cemetery and reads: "Military personnel stationed at the Presidio once buried their deceased pets in this burial plot. Grave markers were provided by the pet owners. The cemetery is operated by the post veterinarian and is maintained by private funds and local scouts."

However, it has been some time since anyone maintained the grounds.

"Well, that hasn't been done here for years," Adams said, "so I suggested to one of the scout leaders that this would be a nice project for the boys."

Adams and his wife sponsored the boy's lunch by donating money to provide hot dogs, snacks

and sodas. He said it was nice to see young Presidians working to beautify the post.

"The post commander wants everyone to help keep the Presidio looking beautiful," Adams said, "but this was the forgotten corner of Presidio. Now it is being remembered by the Cub Scouts of Troop 77."

Realizing how hard it is to keep a child's attention focused on one subject, Adams and some parents expressed surprise at the amount of work the boys did.

"They have been working like Trojans," Adams said. "The boys filled more than 50 garbage bags while cleaning out the cemetery. By the way, those were 30-gallon bags."

The scouts worked from 10 a.m. until noon, and the cemetery looked remarkably different after they left.

Where there were weeds, they left smooth earth and grass. Where there were layers of pine needles, the boys uncovered grave markings that probably hadn't been seen for a long time. The clean-up took a lot of hard work, but that is nothing new to the scouts of Troop 77.

The boys are involved in other projects on post as well. Den leader Linda Holmes said Troop 77 has delivered Christmas trees on post, and is actively involved in newspaper and aluminum can recycling with other Youth Activity groups.

But the boys have plenty of hands to donate to worthy causes. Holmes said Troop 77 consists of

four dens with a total of thirty boys between the ages of 6 and 10 years. The Cub Master is Hugh Holmes and their chairperson is Tom Watt. Most of the scout's activities take place on the post.

"The den leaders will hold weekly meetings at their homes," Holmes said. "Once a month, the entire troop gets together for a pack meeting in the Scout house on post."

Den leader Betsy Odom said activities such as the cemetery clean-up are planned at such meetings. However, she added, this is the first clean-up project that Troop 77 has done.

Den leader Janice George said the clean-up was a good way to give the boys a break from recycling and give them a chance to work on a special project.

"I'm really surprised at the way they have tackled the job," George said. "They have worked very hard and worked well as a unit."

The boys seemed to be as enthusiastic as their parents and leaders were.

"It's a nice project," said 10-year-old Daniel Odom, a Webelos Scout. "It helps make the place look better."

"It's [the cemetery] pretty old—I found a tombstone that is 30 years old."

The Cub Scouts did such a nice job of cleaning the pet cemetery that visitors now may appreciate one of the post's treasures in a corner of the Presidio that was remembered by Troop 77.



# Opinions

## Leaders encourage and inspire others

by Chaplain Thomas Shepherd

Twenty-one years ago I was mowing the grass on a warm, summer's day at Panzer Casern near Stuttgart, Germany.

Some of the "old soldiers" among us now will recall that uniform standards were much more rigid in the early '60s, so when I took off my starched fatigue shirt and continued to mow the lawn, I attracted the attention of a passing lieutenant.

I don't recall the officer's name; I know he was one of the lieutenants assigned to our unit. But what I do recall, 21 years later, was the way he approached my out-of-uniform status.

"Come on now," he said gently. "Get your shirt back on, Shepherd. You're too good a soldier to do this."

Today, no one would question a hard-working, detail soldier (with a push mower on a steep slope) taking off his battle-dress uniform blouse. In those days, it was a uniform violation. But that's not the point. What I recall after so many years is that the lieutenant reminded me that I was a good soldier and I ought to know better.

In my two years with that battalion, that was the only compliment I received by anyone in authority—and it came as part of "counseling" because I had messed up. By contrast, when I made specialist four they just handed me orders.

We've all been on the receiving end of the other

kind of counseling session. It's easy to find fault with subordinates, to fly into a rage and "chew" people out who have little recourse but to keep silent. After a leader has been burned a few times by subordinates lying or omitting facts, it becomes easy to assume everyone working for you is deceitful. It's a lot easier to harangue and harass than to inspire and encourage.

### Others first

But leadership requires a value system that puts others first. Nobody ever said being a leader in the U.S. Army was going to be easy. When leaders take the time to listen and inspire their subordinates to trust them, they do three "dangerous" things.

- First, they risk getting to know their soldiers. Too many leaders worry that if they get to know their people, they may weaken because they are personally involved with the troops. Psychological studies show just the opposite—leaders who know and are known well by their subordinates are consistently stronger and more able to summon men and women to great sacrifice during dangerous circumstances or the crunch of work overload.

- Second, leaders who inspire rather than insult make themselves vulnerable to criticism by higher-level leaders who mistake encouragement for weakness and believe in management-by-crisis. Higher-level leaders from the old school are becoming

fewer and fewer as we discover what actually works when dealing with an educated mass of professional soldiers. However, the leader who chooses to selflessly *encourage* and *inspire* rather than apply the quick-fix of instant "tail-chewing" might run afoul of superiors who don't understand positive reinforcement. *It is a risk worth taking.*

- Third, there is the danger that encouragement may not work with everyone. Some people need to be "chewed out," and the perceptive leader will know when to administer the good, old Army tongue-lashing if it is appropriate. To learn more about the interplay between praise and scolding, read "The One-Minute Manager" by Keneth H. Blanchard.

A little praise and encouragement goes a long way. But there is nothing new in this observation. The Book of Proverbs records this admonition to leaders, written almost 3,000 years ago: "If you are wise, it is to your advantage; and if you are arrogant, you alone shall bear it."

Selflessness means willingness to take reasonable risks for the good of the whole. Try a little encouragement, a little praise. You'll be surprised how many people will remember it 21 years later.

(Chaplain Shepherd is assigned to the 3rd Battalion, 60th Air Defense Artillery, 32nd Army Air Defense Command.)

## Ramblin' Sam

"Who do you know who deserves a reward and why?"



Joseph Carotenuto, San Francisco: "Oliver North because of his truthfulness, loyalty and the trauma he's going through. He's being forthright in showing the fallacies of Congress."



Earlyn Boyd, secretary, Defense Investigative Services: "George Choi, who works with me at DIS. He's a good worker and overall nice guy. A real 'people person.' Everyone who meets him, likes him."



Sgt. Claude Hampton, Personnel Administrative Specialist, LAIR: "A lot of soldiers at the Presidio don't get the proper recognition they deserve. They should be recognized and awarded for duties far beyond those that they are required to perform."



Sgt. Clinton E. Plumlee, psychiatric specialist, LAMC: "Mitzi Waterman because I'm a jerk and she puts up with me."

### Worth Repeating

"Failure is only the opportunity to begin again more intelligently."

—Henry Ford

"Cook's lament: Taste makes waist."

—Anonymous

"If I'd known I was going to live so long, I'd have taken better care of myself."

—Leon Eldred, writer

"A good folly is worth whatever you pay for it."

—George Ade, humorist

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# Etc.

## TAKE A BITE OUT OF CRIME

### Abandoned vehicles seized

by John Flynn

In response to a number of inquiries regarding abandoned vehicles, the following Provost Marshal Policy is provided:

Whenever the Military Police Desk Sergeant receives a complaint that a vehicle has been abandoned, either from a concerned citizen or from an MP patrolman, the complaint plus a description of

the vehicle and its location is entered into a log book maintained on the Military Police Desk. A warning sticker is affixed to the windshield of the vehicle indicating that it is being investigated as abandoned. After a 10-day waiting period has passed the vehicle can be impounded.

During the waiting period, the property custodian will attempt to determine the registered owner and lien holder, if any. If successful, a registered letter is sent advising that the vehicle will be towed if it isn't moved. The Presidio has a blanket purchase agreement with the Atlas Towing Company. If the abandoned vehicle is located on the Presidio or Fort Mason, Atlas Towing is contacted and tows the vehicle, under Military Police supervision, to the MP impoundment lot at Battery Caulfield. The Presidio pays for the tow. If the vehicle is located on any other subinstallation, such as Fort Baker, then arrangements are made

to use a military wrecker.

In either case, a Military Police Report is made and a copy is sent to the California Department of Motor Vehicles to direct anyone reporting the vehicle as stolen to the Military Police. After 120 days the vehicles are eligible for release to the Defense Property Disposal Office. If you have any questions concerning abandoned vehicles, contact the MP desk sergeant at 561-5011.

### Crime report

- One soldier was apprehended for DUI (driving under the influence).
- Three buildings were found unsecured.
- There was one report of larceny of government property.
- One soldier was reported as Absent Without Official Leave.

## Effective wildfire prevention

by Frederick Bartow, fire inspector

Two seconds of thought can save 2,000 acres of forest from fire. Answer these five simple questions and find out if you are an effective part of the wildfire prevention team.

#### 1. Do you follow camping fire safety rules?

Clear a safe area before starting a campfire. Don't leave any fire until it's completely extinguished.

#### 2. Do you ever throw burning objects from a moving vehicle?

Never throw lighted cigarettes, cigars or other materials out of the car window as you're driving.

#### 3. Do you check fire conditions before burning anything outdoors?

If it's a hot, dry or windy day, wait until the danger is reduced. Don't forget to get a burning permit first.

#### 4. Have you checked to make sure your equipment (chain saw, etc.) has an approved spark arrester?

Almost every type of equipment should have an approved spark arrester. Check it each time you use equipment in wildland areas. Do not use equipment when fire danger is high.

#### 5. When you visit wildland areas, do you park in a safe place?

Don't park cars or other vehicles on dry, grassy areas. Hot mufflers and exhaust pipes can start a fire you won't even see—until it's too late!

## Do-It-Yourself Corner

July has started out dry, so now is the time to research what you are planning to grow. For example, find out about the recommended spacing between rows of plants, etc. Small plants have few roots, so they need to be watered every day that it doesn't rain, to establish a good root system. It usually takes about three weeks for small plants to establish a good root system, so water them diligently.

## Use extra care with CHAMPVA claims

People eligible for the Civilian Health and Medical Program of the Veterans Administration need to take a little extra care when filing claims.

The form used is the same as for CHAMPUS, the yellow Claim Form 500. But special attention needs to be paid to Blocks 8 and 11. If these blocks are not filled out correctly, the claim will be rejected and sent back to the patient or sponsor, causing an unnecessary delay in the processing of the claim.

In Block 8, write or type in whatever number appears on your sponsor's CHAMPVA card. It may be his or her Social Security num-

ber or a different number, depending on how the file was originally set up by the VA.

In Block 11, be sure to check the small "VA" box.

Otherwise, fill out the form as you normally would when seeking cost-sharing of medical care from either CHAMPUS or the Veterans Administration.

CHAMPVA claims must be sent to the same claims processors who handle CHAMPUS claims. When you complete your CHAMPVA claim form, send it to the CHAMPUS processor for the state where you received the care, regardless of where you live.

The following persons are cov-

ered by CHAMPVA, as long as they are not eligible for CHAMPUS and are not eligible for Medicare (Part A):

☐ The spouse or child of a veteran who has a total disability, permanent in nature, resulting from a service-connected disability; and

☐ The surviving spouse or child of a veteran who died as a result of a service-connected disability or who at the time of death had a total disability, permanent in nature, resulting from a service-connected disability.

Through CHAMPVA, the Veterans Administration helps pay for medical services and supplies

obtained from civilian sources. The benefits are the same as those under CHAMPUS except for the following:

☐ You don't need a non-availability statement; and

☐ You are not eligible for the Program for the Handicapped.

For more information on CHAMPVA, write:

CHAMPVA Registration Center  
Veterans Administration Medical Center  
1055 Clermont St.  
Denver, CO 80220  
Or call: 1-800-331-9935 (within Colorado, 1-800-843-5710).

## Mortgage interest ruling

by Hal Haskins

Service members who receive tax-free housing allowances and who do not reside on a federal base will be permitted to deduct mortgage interest and property taxes on their homes, the Internal Revenue Service announced recently.

This reverses a 1983 ruling that ministers could not deduct interest and taxes on a personal residence purchased with tax-free housing allowances. Although the 1983 ruling mentioned ministers only, the question had arisen as to whether or not it applied to service members, since they, too, received a tax-free housing allowance.

The 1986 provision clarifies this point by specifically stating that service members (as well as ministers) are now permitted to deduct mortgage interest when receiving tax-free housing allowances.

The provision applies also to past tax years as well as current and future years.

If you did not claim mortgage interest or property taxes on a tax return filed for a previous year and claiming them now would mean less tax, file an amended return—Form 1040X. The amended return must be filed within three years from the date the original return was filed or two years from when you paid the tax, whichever is later.

Forms and assistance may be obtained at a local branch of the Internal Revenue Service. Their telephone numbers are listed in the blue pages of U.S. telephone directories. If you're stationed overseas, your installation finance office can provide the forms.

American Forces Information Service



## PSF IDEAS OF EXCELLENCE PROGRAM

Notice anything new recently? What about the number of people taking an active part in improving the quality of life on post? Presidians are coming up with ingenious ways to beautify the post, and save money and labor costs on the job. You may have developed an idea that would benefit the post in a big way.

"But what do I do with it?" you may ask. Send it to the Ideas of Ex-

cellence Office. The Ideas Office recently acquired the post Suggestion Program. Therefore, activities on post (this includes both soldiers and civilians) should submit all suggestions to the Ideas for Excellence Office, Management Division, Directorate of Resource Management.

For more information about Ideas for Excellence, call 561-IDEA.



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# Money

## Figure COLA before choosing retirement system

by Liz Greeley

**Everyone** wants a comfortable old age, and which retirement system you choose *now* will make a difference. Will it be FERS (Federal Employees Retirement System) or CSRS (Civil Service Retirement System)? Well, there are many things you should consider before you choose.

One important item to consider before you decide to opt for either FERS or CSRS is how the Cost-of-Living Allowance (COLA) is figured in each case.

For example, the FERS Transfer Handbook states: "Once you start receiving retirement benefits, the CSRS part of your benefit will receive full cost-of-living adjustments (COLAs) right away, even if you are receiving your CSRS benefit before you could have under CSRS rules. The FERS part of the benefit won't be eligible for a cost-of-living adjustment until you reach age 62. Then, the adjustment usually will be 1 percent less than the rate of inflation."

All right, but what does this mean to *me*, you ask.

Sorry, we can't tell you that (each case is different), but we *can* give you an example.

### Kate Windsor

You may remember Kate from last week's retirement system discussion. At any rate, Kate currently is 33 years old with 13 years in Civil Service. Let's see how the different COLA rates affect her retirement dollars, assuming inflation is 4 percent each year for the purposes of this example.

How will inflation and COLA rates affect Kate in the year 2009 if she remains in CSRS and retires at age:

**55**

Things have changed in the 21st century, but inflation is still around and so is Kate. She retired as a GS-11 and plans to spend her retirement years working in her garden. Though her retirement is \$20,300 a year, they're year 2009-dollars—inflation has taken its toll on their buying power.

Fortunately, even though Kate put 5 percent of

her pay in the Thrift Plan, she also had other investments. Kate doesn't feel worried about her retirement; she's looking forward to it.

But how has the cost of living affected her retirement income by the year 2016, when Kate is:

**62**

Kate now is receiving \$27,782.11 a year, because she has received a 4 percent COLA each year since she retired.

Kate tells her friends she is glad she stayed with CSRS. Plus, she adds, if she had retired this year, she would be getting \$20,400 a year under FERS.

Of course, what Kate usually forgets to tell her friends (she is getting on you know—not senile, just more interested in her begonias these days) is she would be getting \$20,200 if she were retiring *now* under CSRS—\$200 a year less than retiring under FERS at 62.

But Kate is healthy...how will she fare a few years from now, when she's

**72**

Frankly, Kate has become a feisty little lady with little patience. (Her long-time friends say she never *had* any patience to begin with.)

Kate now gets \$42,769.18 from CSRS. It sounds like a lot, but Kate would be the first to tell you that inflation in 2026 means those dollars go only as far as they did way back in 2009, when she retired.

But what Kate has never bothered to think about is how the annual 4 percent inflation rate would have affected her if she had retired under the FERS system. One percent less a year makes a difference after awhile.

### CSRS vs. FERS

If Kate had decided to retire at age 62 under CSRS, then she now would be getting \$29,900.90 a year. On the other hand, if she had retired under the FERS system, she would be getting \$27,414.83 a year now.

This difference is especially important because, though Kate contributed 5 percent of her salary into the CSRS every year, if she had switched to



FERS she would have contributed 10 percent of her income (for the purposes of this comparison)...starting out with \$200 *more* in retirement income under FERS when she retired at age 62.

But remember, Kate already had 13 years in CSRS in 1987 when all civil servants were asked to choose between the two retirement systems.

Still, it does serve as a vivid example of the difference 1 percent can make in the cost of living.

*(Editor's note: This article is predicated upon the premise that a journalist not only can operate a calculator, but figure 4 percent interest each year, add that to the year's income, and then figure the next year's interest.)*

## Presidio student wins college scholarship

story and photo by Pleasant Lindsey

The road to a higher education will be easier to travel for a Presidian who was rewarded for her commitment to the community in a scholarship ceremony June 15.

Darlene Ramsay, 17, was awarded the Presidio Enlisted Spouses' Club Annual Scholarship of \$500 which she will use to pursue a bachelor's degree in nursing.

Ramsay was a student at Galileo High School in San Francisco for three years. During the school year she was in the ROTC program, earned the



Darlene Ramsay shares a laugh with her neighbor, Andrea Mueller, 4.

rank of major and served as her unit's adjutant officer. She also was a platoon leader and was placed in charge of the female barracks when her unit took its annual one-week trip to Fort Ord, Calif.

Ramsay's family is from Pinellas Park, Fla. She said the West Coast is a nice place to visit, but Florida will always be home.

"I'm used to having land surrounding the house, not living in houses that are stuck right next to each other like they are in San Francisco," she said. "But I do like the Presidio. It has a nice, homey atmosphere."

Ramsay said she plans to return to Florida to further her education. But she has chosen to get started at a small college to get her basic education out of the way.

"I'm going to start my education at the City College of San Francisco," she said. "I'll transfer to the University of South Florida in Tampa to earn my degree."

She added that her father, SFC Walter Ramsay, who works at Oakland Army Base, may be moving to another post soon. She said it would be easier for her to transfer from one small college to another before she has to turn her attention to the requirements for her degree.

Ramsay's goal is to become a pediatric nurse, something she always has wanted to do.

"I like children," she explained. "I've always wanted to work with children in some way, and I really don't want to do anything else."

Her work with children in her neighborhood and other community activities helped Ramsay win

the scholarship. She also had to convince the Enlisted Spouses' Club that she was worthy of the award.

"I wrote an essay to explain how the scholarship would help me reach my goals," she said. "They chose the winner based on the essays submitted, the applicants' success in school and involvement in school activities, and involvement in the community."

Ramsay also has been a Sunday School teacher and the secretary of the Presidio Teens' Club.

Such leadership qualities may become handy when Ramsay steps into the career of her dreams. In fact, she already knows where to find a job opening.

"I'm considering joining the Army as an officer," she said. "The Army is a good place to start a career." She added that the Army could help her with the education she needs to get started.

"I don't have any other scholarships yet, so once I get into college I'm going to apply for a two- or three-year scholarship from the Army." Ramsay said she couldn't get many of the scholarships she found in the area because she didn't meet any of the qualifications set aside for minority students.

But will that stop her from reaching her goal? Not likely. Ask her what she will do with her life and she will answer with a conviction that suggests what she says will come true: "I'm going to be a pediatric nurse. That's all I've ever wanted to do."



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# Self-help

## Shop saves time

story and photos by Steve Morey

If you need quick help with a graphics project and don't know where to go, head on over to the basement of the Training Support Center's (TSC's) Graphics Branch. Within the brightly lit and spacious rooms of the Self-help Shop, you'll find, free of charge, everything needed for any layout or design project, big or small.

James W. Gross, coordinator of the Self-help Department is there to cheerfully assist you. Gross usually can be found producing design and print layouts for TSC's Graphics Branch. But, when his expertise and guidance are needed in the basement, Gross is willing to help.

The Self-help Shop opened June 1, 1987. Its services are available to both DA civilian and military clients.

One of the time-saving machines located in the shop is a headline-making device which quickly produces any standard size headline. The headline is conveniently displayed on a handy, white tape which can be easily transferred onto your layout sheet.

There's also a reproduction machine large enough to copy blueprints in seconds; but gentle enough to handle transparencies measuring 8-by-11-inches.

The Self-help Shop provides all necessary tools and materials for the beginning designer or the experienced layout specialist.

If you need to complete a project for your supervisor in a moment's notice, or you just want to create posters for the office, the Self-help Shop is awaiting your arrival. However, Gross stresses that all projects should be military-related.

Here is a new service for the Presidio. The smiling face of Jim Gross awaits you at the Graphics Branch Self-help Shop.

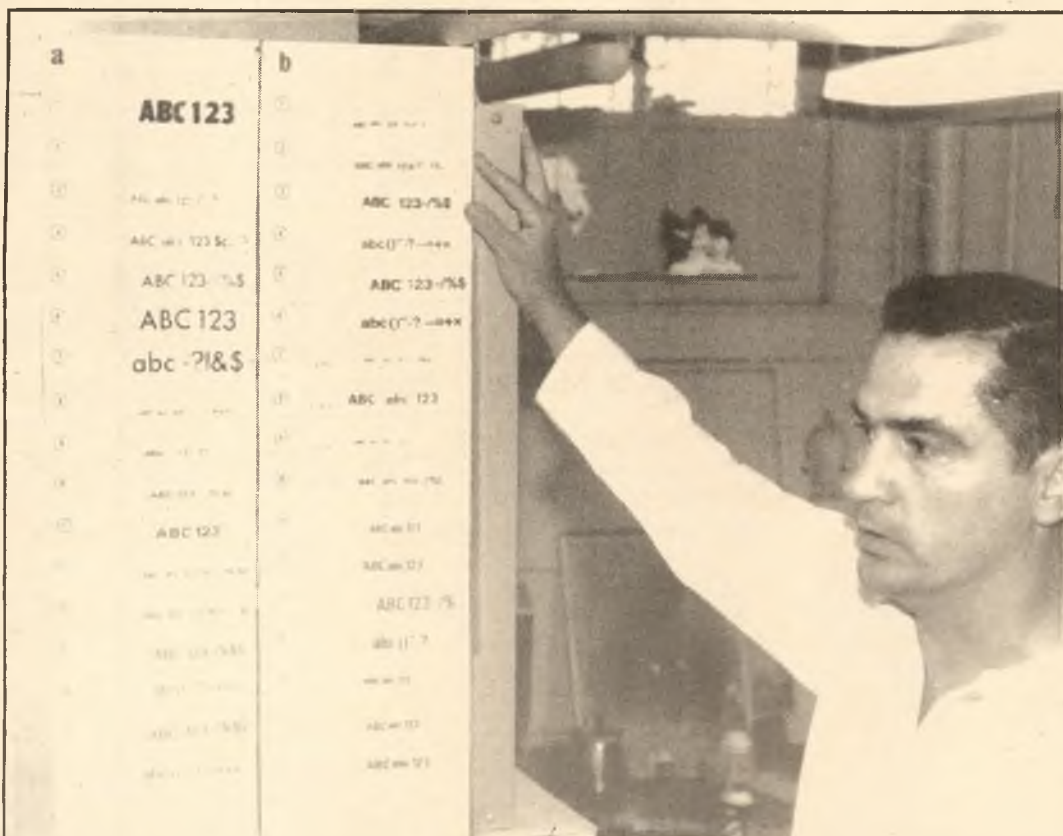
For more information, call Gross at 561-2951 or 561-3847.



James W. Gross, Self-help Shop coordinator, supervises SP4 Cynthia A. Johnson as she adjusts a headline.



Johnson types out a headline as Gross looks on.



Gross shows the many styles and sizes of headlines available at the Self-help Shop.



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# Community Calendar

## Family Housing hours

The Family Housing Assignments and Terminations Section has changed to a summer schedule. They are now open to walk-in customers from 9 a.m. to 3:30 p.m. They will continue to receive phone calls from 7:30 a.m. to 4:15 p.m.

For more information call Annette C. Malkiel at 561-2040.

## Golden Gaters

The Golden Gaters will cruise and dine all the way from Pier 43 and one-half to Jack London Square on July 24. The boat trip, dinner at the Emperor Chinese Restaurant, a glass of champagne, and the tax and tip are included in the \$25 charge. Anybody who has a military affiliation, is over 40 and currently single is eligible to attend. The Golden Gaters are sponsored by the Presidio Post Chapel and Oakland Army Base.

## Rec Center tours

The following tours will be offered by the Recreation Center from July through August: The Bandits Volksmarch Club is sponsoring a walk tomorrow at the Bay Model Center in Sausalito. Participants may start anytime between 8 a.m. and 1 p.m.

Thursday is the Port of Oakland tour; Aug. 1 is the Lake Tahoe Volksmarch tour; the Russian River Wine tour and St. Helena Volksmarch are scheduled for Aug. 29.

For more information about these tours, call the Recreation Center at 561-5420 or 561-2000, Tuesday through Saturday from 2 to 9 p.m.

## Arts, Crafts Center

The Presidio Arts and Crafts Center is offering a wide variety of classes. All classes are scheduled from 6:30 to 9:30 p.m. unless otherwise stated. Classes are held in the Arts and Crafts Center, bldg. 122, at the corner of Lincoln Boulevard and Riley Avenue. Advance registration and payment is required for all classes.

Classes include **Ceramics**: slip-casting/pouring only, will be taught on Aug. 5. There is a \$2.50 fee, plus supplies, which average around \$10. **Ceramic Decorating Techniques on Greenware** will be offered on Aug. 12 for a \$2.50 fee plus supplies. **Decorating Techniques on Bisque**, will be offered on July 22 and Aug. 19, also for a \$2.50 fee, plus supplies. **Airbrushing Underglazes** will be taught July 29 and Aug. 26 for a \$2.50 fee plus supplies. **Pottery** will be taught July 31 through Sept. 7 for a \$10 fee plus supplies.



## Giddyap!

Tickets for Old California Celebrations, sports events, concerts and tours are available at the ITT Office, bldg. 135.

Want to learn Raku? Raku will be taught tomorrow and Aug. 29 from 10 a.m. to 3 p.m. The fee will be \$10, which includes glazes and firing. Please bring a pot-luck contribution for lunch! **Wood Safety** is offered on Thursdays from 6:30 to 8:30 p.m. for free! This is a single-session, on-going class. **Wood: Beginners** is offered on Fridays, July 31 through Aug. 28. The fee is \$6 plus wood. **Glass Jewelry** is taught on Tuesdays from 6:30 to 9 p.m. on Aug. 11. The \$3 fee includes all supplies and firing. No experience is necessary! **Oil Painting** is an on-going class offered on Thursdays from 6 to 9 p.m. for a \$1 fee. Students must provide their own supplies. **Matting and Framing** is taught Aug. 5 and 19, Sept. 5 and 19. (Each class is two consecutive Wednesday evenings). The fee is \$7, and supplies are extra.

## Kids!

Starting Tuesday, **Ceramics for Kids** will be taught through July 31, Tuesdays through Fridays, from 1 to 3 p.m. The \$15 fee includes all supplies. **Children's Film Making** will be taught Aug. 4 through 14, Tuesday through Friday, from 1 to 3 p.m. The \$15 fee includes all supplies.

## Special deals

**Custom framing**: Orders will be taken every Thursday from 5 to 10 p.m., and Saturday from 9 a.m. to 1 p.m. Compare with downtown prices then come back and SAVE! **Custom Engraving**: Bring in your camera-ready work, or ideas, and have multi-colored brass plaques made for any

occasion. **Custom T-Shirts**: Here's where you can get custom screen-printing for either yourself or your organization.

For more information, call 561-4497.

## Installation Volunteer Coordinator

Applications now are being accepted for the Presidio Installation Volunteer Coordinator (IVC) position. The IVC assists and coordinates all Presidio agencies which use volunteers. The IVC recruits and places volunteers with agencies best suited to their interests and skills, assists the commander and staff with improving volunteer recognition and helps train volunteers.

The closing date is July 24. For more information, call the Family Support Division at 561-3701.

## German Headstart

Starting July 29, a German Headstart class will be held at the Army Education Center, bldg. 1216, on Mondays and Wednesdays from 6 to 8:30 p.m. through Sept. 23.

The class is offered primarily for soldiers, adult family members and Department of the Army civilians on orders for Germany, but others can enroll on a space-available basis. There is no charge for the course. Books and materials will be provided by the Education Center.

For further information or to

enroll, visit the Education Center or call 561-2974 or 561-4445.

## Mandatory briefing

All soldiers honorably separating (though not retiring) from the Army during August, September, October or November are required to attend a pretransition briefing at the Golden Gate Community Club.

The meeting will be held on Aug. 19 from 8 a.m. to noon. Spouses are welcome to attend. Briefing topics are designed to help soldiers make the transition to civilian life.

For more information, call the Soldier Support Branch at 561-4664 or 561-4665.

## Youth soccer registration

The Youth Activities Youth Soccer sign-ups are being held this month. Registration on Mondays, Wednesdays and Fridays will be held from 7:30 a.m. to 4:15 p.m., and Tuesdays and Thursdays from 7:30 a.m. to 5:15 p.m.

Leagues will be formed for age groups 4 and 5, 6 and 7, 8 and 9, 10 and 11, and 12 and 13.

There is a \$20 registration fee. Also, for registration, bring a copy of your child's birth certificate and a one-by-two-inch photo.

For more information, call Youth Activities, bldg. 1331 at Fort Scott, at 561-5143 or 561-5910.

## Living history

Want to re-live history? Tickets are available for Old California Celebrations, a recreation of a rural celebration in California that was performed during the period between the 1840s and the 1870s. Just visit the ITT Office, bldg. 135, and pick up your \$6.50 ticket.

## Thrift Shop news

The next Flea Market will be Aug. 1. Bring your ID card and a table, and rent a vendor space for \$5. No reservation is needed.

Call 922-3384 for more information.

## Property Book Office closure

The Consolidated Property Book Office will be closed Monday through July 24 while the office relocates to bldg. 901.

The office will reopen July 27 in its new location.

For more information, call Lawrence D. Moller at 561-3111 or 561-3480.

## At the movies

### Presidio Theatre

Fri, July 17	Creepshow 2 (R)	7 p.m.
Sat, July 18	Harry and the Hendersons (PG)	7 p.m.
Sun, July 19	Harry and the Hendersons (PG)	7 p.m.
Mon, July 20	Harry and the Hendersons (PG)	7 p.m.
Tue, July 21	The Hanoi Hilton (R)	7 p.m.
Wed, July 22	My Demon Lover (PG-13)	7 p.m.
Thu, July 23	Mannequin (PG)	7 p.m.
Fri, July 24	Mannequin (PG)	7 p.m.

### Schwartz Theater

Mon, July 20	Creepshow 2 (R)	7 p.m.
Wed, July 22	Harry and the Hendersons (PG)	7 p.m.
Thu, July 23	The Hanoi Hilton (R)	7 p.m.

### Hamilton Theater

Fri, July 17	Mannequin (PG)	7 p.m.
Sat, July 18	Matinee to be announced	
Sat, July 18	Mannequin (PG)	7 p.m.
Fri, July 14	Over the Top (PG)	7 p.m.



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# Sports

## Register youth now

story and photo by Steve Morey

They may not possess the polished talents of Larry Bird or the finesse of Nancy Lopez. But they do possess the desire and determination to improve their skills within their respective sports.

These aspiring young athletes are children who participate in Youth Activities (YA) Sports Camps here at the Presidio.

The Sports Camps are not new to YA this summer. Mary C. Metheany, Youth Sports Director, supervises all sports for children, ages 6 through 14.

Metheany explained the objectives of the camps. "The children are given intense, specific instructions on a particular sport. This is followed by strategies, and then playing the game itself."

For instance, children have been participating in the basketball camp since July 13. Basketball skills and strategies of the game are being taught to the children by Matt Carlson, Youth Summer Sports Camp Director.

Basketball camp ends today, but the participants, all Army children, will have even played in scrimmages against each other, said Carlson.

The cost of entering a child into a sports camp is nominal compared to camps outside of the Presidio, said Metheany.

Nonetheless, "It's still a challenge to keep children involved in Presidio Youth Activities. The private and public schools Presidio children attend offer stiff competition for the

children's time," Metheany said.

One way YA does this, said Metheany, is to continue to keep costs to the participants as low as possible.

For example, the golf and basketball camps were \$20 per individual, including equipment, for approximately 12 hours of instruction. And the upcoming baseball and soccer camps offer 15 hours of individualized instruction. The cost is \$25 per child for each sport.

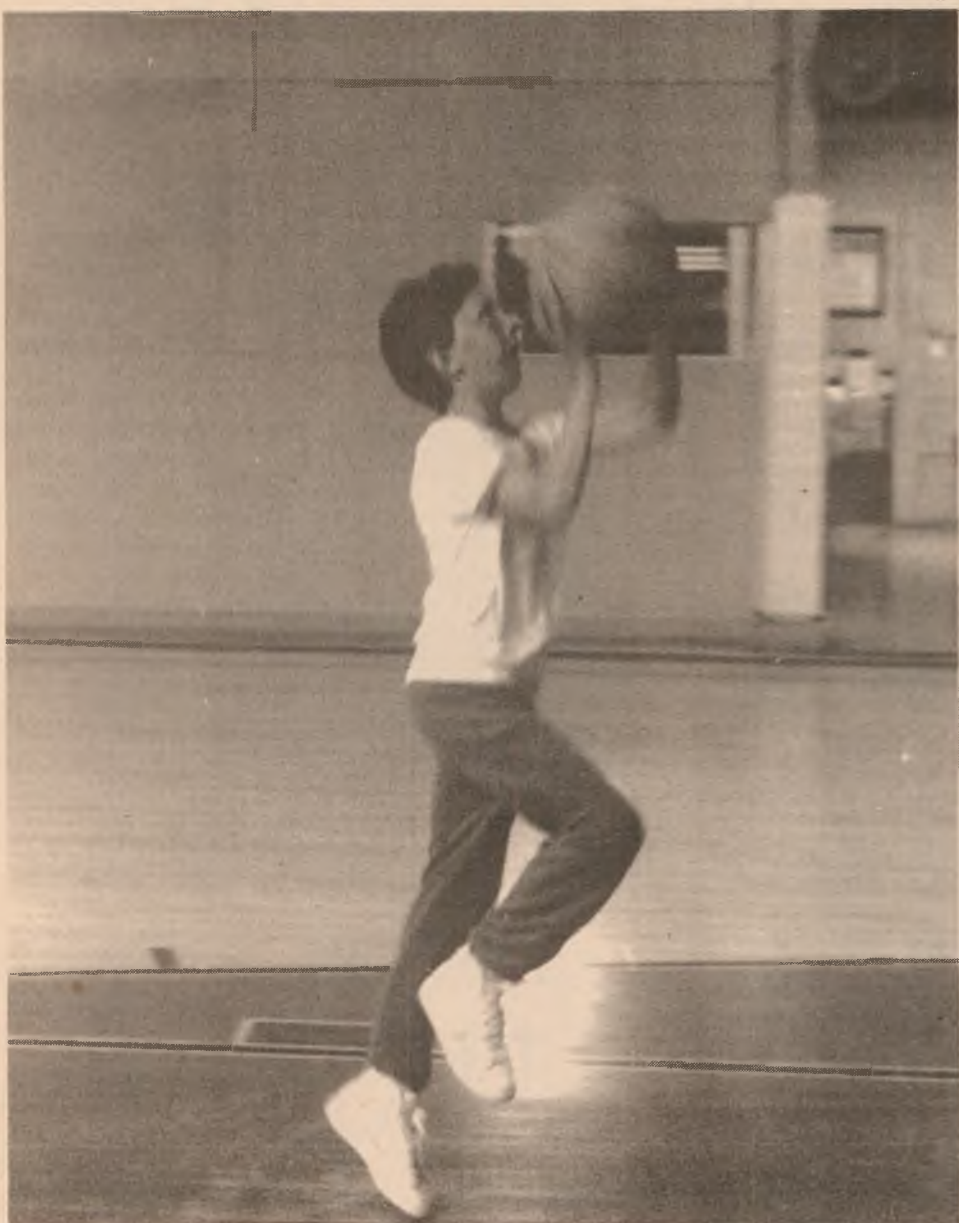
Baseball camp runs Monday through July 14; and soccer camp begins July 27 and ends July 31.

YA offers a wide range of programs besides the Summer Sports Camps. These include, but are not limited to: day camps, being held only through July; league soccer registration during July for the fall season; and various classes which run the length of the summer, such as swimming and tennis.

Metheany urges parents to call YA to register their children for upcoming summer programs. On the average, more than 600 children participate in YA events each year, she added.

The participants, like those in Summer Sports Camps this year, are giving it all they've got to be the best they can. Who knows? Maybe the next "Larry Bird" will be....

For more detailed information concerning upcoming dates, costs and age requirements of each program, contact Metheany, or Eric Davis, Youth Director, at 561-5143 or 561-5910.



Presidian Kent Ely drives for a layup during Youth Activities Basketball Camp.

## Sports Notes

### Post Softball Championship

The annual post season championship softball playoffs will start Monday and continue through July 29 at the Fort Scott Fields. The exciting action will involve the top 12 teams from regular season play. First round action starts at 5:30 p.m. Monday on both fields.

The weather will play a factor at the Presidio version of Candlestick Park. Cool strong winds, low fog or bright sunshine (fickle weather) will test each player.

Pretournament favorites are the top three teams in the league—Co. A and Co. B, LAMC and MSC. Upsets can occur as LAIR, DEH and Sixth U.S. Army are long shots to upend the top teams.

### World Military Track Championship

The long military track season ended in victory for Thomas Johnson of USAG at the World Military Track and Field Championship held in Warendorf, West Germany. His hard work and dedication resulted in victory in the 1600-meter relay for the U.S. team. His 400-meter sprint of 45.7 seconds on the third leg of the relay opened up the race after a tight battle between the West German and

American teams. His leg was the fastest of the race, as he handed off to teammate Alonzo Babers (Olympic 400 meter champion) who coasted to victory for the meet record time of 3:05.7.

In earlier competition Johnson won his semi-final of the 800 meters in 1:51.14. With a light breeze ruffling the flags of the 33 countries in attendance, Johnson later broke the meet's 800 meter record.

Johnson ran a controlled effort as he cruised past the 400 meter mark in 52.5 seconds. He was in good tactical position as he waited until the 600-meter mark to explode into action. There were five runners still in contention as he eased away slightly into a three-meter lead. Finnish runner Ari Suchonen caught Johnson at the top of the home stretch. Both runners gallantly gave it their all as Suchonen edged Johnson by two meters in a time of 1:47.10 to 1:47.33. Their time broke the meet record with Johnson running a personal best by 2 and one-half seconds and qualifying for next year's Olympic Trials.

### Summer Basketball League

The Summer Basketball Program is in full swing with eight teams in the three-on-three half court competi-

tion and nine teams in the full court league. The three-on-three league consists of players over 30 years old playing during the lunch hour at Gym No. 1. The teams play up to 21 points. Each basket made counts as 1 point. The full court competition will be played in the evening with intramural rules.

### Results of last weeks games

#### Half court

DCSPER 21, LAMC No. 1 13; MI BN 21, Born of War 19; Mail and Distribution 21, LCA 2; LAMC No. 3 21, LAMC No. 2 0; DCSPER 21, MI BN 18; Born of War 21, LAMC No. 3 7.

#### High scorers

MI BN, David Moore, 11; Born of War, James Buckles, 10.

#### Full court

Camp Parks 51, Co. A, LAMC 45; DLI 2, USAG 0; Co. B, LAMC 50, DOL 46; USAISC 66, Sixth U.S. Army 46; DLI 67, LAMC No. 3 58; Sixth U.S. Army 66, USAG 39; DOL 45, Co. A LAMC 38; USAISC 58, Co. B LAMC 47.

#### High scorers

DLI, Reginald Thomas 32; USAISC, Jeffery Anderson, 31; Sixth U.S. Army, Elvis Williams, 21.

### Next week's schedule

#### Monday

LAMC vs. Born of War, 11:30 a.m.; MI BN vs. LAMC No. 1, noon; DLI vs. Co. B LAMC, 5 p.m.; LAMC No. 3 vs. Co. A LAMC, 6 p.m.; Camps Parks vs. Sixth U.S. Army, 7 p.m.

#### Tuesday

DCSPER vs. Mail and Distribution, 11:30 a.m.; LAMC No. 3 vs. LCA, noon; DOL vs. USAG, 5 p.m.; DLI vs. Co. A, LAMC, 6 p.m.; Sixth U.S. Army vs. Co. B, LAMC, 7 p.m.

#### Wednesday

Top four teams playoff (Over 30 league), 11:30 a.m. through noon; USAISC vs. USAG, 5 p.m.; Sixth U.S. Army vs. Co. A, LAMC, 6 p.m.; DOL vs. LAMC No. 3, 7 p.m.

#### Thursday

11:30 a.m. through noon, top four teams continue playoffs; DLI vs. Camp Parks, 5 p.m.; Co. B, LAMC vs. Co. A, LAMC, 6 p.m.; USAISC vs. LAMC No. 3, 7 p.m.

#### July 27

Over 30 league semifinals, 11:30 a.m.; LAMC No. 3 vs. Camp Parks, 5 p.m.; DOL vs. DLI, 6 p.m.

#### July 28

Over 30 league finals, 11:30 a.m.; USAG vs. LAMC No. 3, 5 p.m.; Co. B, LAMC vs. Camp Parks, 6 p.m.; Sixth U.S. Army vs. DOL, 7 p.m.; USAISC vs. DLI, 8 p.m. (final game of season).



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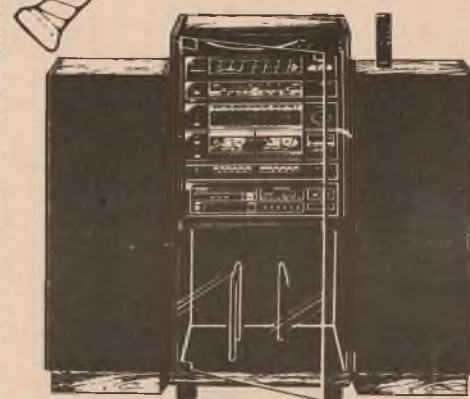


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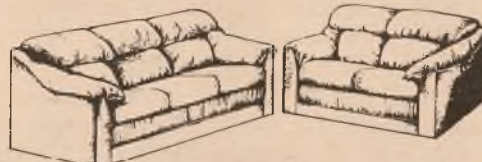


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# Star Presidian

Vol. 30, No. 29

"Published in the interest of the people of the Presidio of San Francisco."

July 24, 1987

## News Briefs

### G.I. Bill limits

Soldiers interested in using either their *old* or *new* G.I. Bill benefits need to be aware of some very important dates and time limits. Most soldiers who entered the Army before Jan. 1, 1977 are covered by the old G.I. Bill. Educational benefits will expire on Dec. 31, 1989, for those who leave the Army before July 1, 1988.

Soldiers remaining on active duty who have not had a break in service since Oct. 19, 1984, will be eligible for a combination of educational benefits under the old and the New G.I. Bill. Combined benefits can be used beginning Jan. 1, 1990 and terminate ten years after separation from the Army.

New G.I. Bill participants who entered the service after June 30, 1985 may begin applying for benefits after two years whether they remain on active duty or separate from the service. For more information, contact an education counselor by calling or visiting the Fort Scott Education Center, bldg. 1216, 561-2974 or 561-4445; or the LAMC Education Center, bldg. 1007, 561-3692 or 561-4030.

### Dependents need Social Security number

Now that your 1986 federal income tax return is done, probably the last thing you want to hear about is a new requirement for filing 1987 returns.

True, but the Tax Reform Act of 1986 requires, starting next year, that you show a Social Security number for each family member age 5 and over listed on your return. And because of expected delays in issuing Social Security numbers, military and civilian families are urged to apply soon for children or other family members who do not have one. (See related story, pg. 8).

If you live in the continental United States, request an application form SS-5 from your local Social Security office. Return or send the completed application to any local Social Security office.

Families overseas should contact a local personnel office for an application form SS-5FS and any necessary additional assistance. Forms can also be obtained from U.S. diplomatic and consular offices.

Applications require proof of the dependent's date of birth, identity and U.S. citizenship or lawful alien status. Generally, if the person was born in the United States, his or her birth certificate will serve as proof of age and citizenship. Another document, such as a military I.D. or a school record, is needed for identity. If it is necessary to forward this information, certified copies can be used.

### Voting slogan contest

August 1 is the deadline for submitting slogans for the national Federal Voting Assistance Program Contest.

Military personnel, federal civilians and their dependents are eligible to compete in the Federal Voting Assistance Program contest.

The purpose of the contest is to increase awareness of the importance of voting in all elections, whether held in off- or on-years. The winning slogan will be used in the 1988 Department of Defense media campaign to "get out the vote."

Certificates of recognition will be awarded to submitters of the top entries.

see Briefs, page 3



UNICOR manufactures a wide range of products including office furniture, graphic illustrations and signs, and supplies for dining facilities.

## Federal supplier courts post

by Pleasant Lindsey

Having problems with local suppliers shipping equipment to you on time? Perhaps you've overlooked the advantages of acquiring supplies and equipment directly from government suppliers and manufacturers. These companies are set up to insure that government workers get the tools they need to get the job done, and one of these manufacturers is UNICOR.

UNICOR recently ended a display on the Presidio in bldg. 918 that gave workers and managers on post a chance to see the office equipment they have to offer.

UNICOR is the trade name of the Federal Prison Industries. UNICOR is a wholly owned government corporation which was established in 1934 as part of the Federal Prison System. Its mission is to productively employ inmates, but at the same time UNICOR is able to manufacture high quality products for government businesses at competitive prices.

What may make this particularly attractive to offices on the Presidio is the fact that UNICOR has local offices in Livermore, Calif., near Parks Reserve Forces Training Area. So they are easily accessible. Now that they have publicly shown the Presidio what they have to offer, UNICOR has gained some name recognition.

In fact, if one Presidian had not explained to them the problems that can be encountered with local suppliers, UNICOR and the Presidio may have never met.

Ernest J. Martinez, the chief of editing and local purchase branch of Supply and Services, Directorate of Logistics, said he initially contacted UNICOR because he had some requests for their furniture.

"I told them the problems I was having with local purchases because we were going to the open market to buy supplies," Martinez said. "They told me that UNICOR is on a mandatory schedule, even above GSA (Government Service Ad-

ministration), because UNICOR is also a government service."

Martinez explained that a company which is on a mandatory schedule receives bids for products before other companies do. Unfortunately, UNICOR wasn't well known on the Presidio.

Martinez and UNICOR's marketing specialist Bill G. Milbourn developed the idea of putting UNICOR on display to let Presidio workers know that there is a government supplier with offices nearby available to them. The display included catalogues, order forms, brochures detailing the products the company produces, and office furniture. With corporate headquarters in Washington, D.C., UNICOR has seven divisions that together produce a vast assortment of products.

UNICOR manufactures graphics, metal and wood products such as desks and food carts, as well as plastic and optical products. Yes, optical products.

UNICOR designs and makes designer style frames and lenses for prescription and non-prescription glasses and safety glasses, and they manufacture combat helmets for the Army. UNICOR also manufactures draperies, gloves, and textile related products. However, the display they held on the Presidio focused on their office furniture.

Furnishings included computer work desks, professional work stations and an assortment of office chairs and accessories. UNICOR even sold some of their furnishings during the display.

UNICOR's manufacturing and marketing practices give inmates a skill and a head start in the market place. They also give government offices an alternative to looking for equipment from local suppliers. That's why they had the furniture display on the Presidio—to let office managers know that they are there.

Anyone interested in learning more about UNICOR can call Bill G. Milbourn at 449-8143.



# Voices

## Children alone easily lured by strangers



by Rudi Williams

Stymied by seven unsolved child murders, Oakland County, Michigan law enforcement officials conducted "Operation Police Lure" in 1977 to gather data on how the children were lured to their deaths.

Hundreds of children were interviewed in grades four through nine in 54 schools throughout the country, which uncovered 782 *unreported* incidents of attempted or actual molestations.

After the incidents were screened and analyzed ABC Television News' 20/20 investigative reporter Ken Wooden compiled the findings into a test he called "Lures of Death."

Wooden, founder of the National Coalition for Children's Justice and the National Child Victim Computerized Network, gives the test to law enforcement officials, civic groups and military family-oriented organizations around the country.

According to the test, children between 10 and 12 years old are the prime targets of child molesters and abductors. Fifty-seven percent of the children affected are in that age group. Only 13 percent were 14 to 16 years old, and 6 percent were 6 to 8 years old.

The gender of the victims is about even—51 percent female and 49 percent male. But girls report instances of molestation four times more often than boys. Wooden says the reason is that "boys fear restrictions and closer supervision by their parents."

The pretense of love and affection is one of the

most effective lures. A child of divorced parents can easily fall prey to molesters and abductors who offer kindness and understanding. "The more bitter the divorce the easier and quicker it is to seduce the child," Wooden said.

Wooden finds it "strange" that 45 percent of the incidents occur during the months of March and April. Thirteen percent happen in January and February, 12 percent during May and June, and 9 percent during September and October. Incidents in July, August, November and December are not mentioned in the test.

Children walking or playing alone between the hours of 3 and 6 p.m. who appear to be neglected or unkempt (shirts or pants not ironed for instance), loners or those with psychological problems are primary targets. More than 40 percent of the incidents happen during those hours—22 percent occurred between noon and 3 p.m., 8 percent between 6 and 9 p.m. and 5 percent between 9 a.m. and noon.

Based on Operation Police Lure, 99 percent of the child molesters and abductors are white. Police officials found that the majority of the crimes in Oakland County were committed by white males about 40 years old, married, with two children. But Wooden said "The age of the offenders has been going down in recent years. They are now between the ages of 20 and 30 years old—people who grew up during the years of sexual permissiveness."

This age group commits 51 percent of the  
*see Innocence, page 3*

## Ramblin' Sam

"Which retirement plan do you think will be better for you—FERS or CSRS and why?"



Marie Zenk, outprocessing clerk, Military Pay Division, AFO: "Both programs are very good. I'm with FERS but, if I had the choice, I would go with CSRS. It costs more; but, in the long run, the benefits are better."



Linda A. Omega, central appointments supervisor, LAMC: "I would really like to stay with CSRS because I like to save money. But, first, I need to read more about the advantages of both programs."



Frederick H. Horton, communications branch chief, USAISC: "I feel that after serving the government for 34 years the benefits will be greater if I stay with CSRS. There's no need for me to switch to FERS."



Gil B. Delcid, employee development specialist, Training and Development Division, CPO: "I plan on staying with CSRS because it will be to my advantage in the long run. I've been with the government about 14 years. It would be a disadvantage to switch now."

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# Etc.

## Innocence continued from page 2

crimes against children. Those between the ages of 30 and 40 are now committing 27 percent of the incidents, while 40 to 50-year-olds account for 13 percent. Nine percent of the crimes are committed by "others."

Twenty-nine percent of the molesters and abductors lured children by asking for help (mainly

directions), 3 percent offered a bribe (candy), 4 percent used coercion or force and 2 percent offered to take the child's picture.

Wooden says most child molesters use some type of symbol or badge of authority to deceive the victim: A Roman Catholic collar, rabbi's garb, the Bible, a police badge or shirt or a red light on an

unmarked car. He emphasized that many of these items can be obtained easily.

"Assistance" lures, such as offering to help find a lost puppy or asking for directions are very effective. "Children should be taught to tell strangers to get another adult to help them," he adds.

American Forces Press Service

## TAKE A BITE OUT OF CRIME

### Lock it or lose it!

by John Flynn

Recently, the Military Police have found a number of unsecured buildings. It only takes a couple of minutes to check the windows and doors of your area to ensure that everything is secure.

If you have any questions concerning the security of your building refer to the last Physical Security Inspection that was conducted. This inspection will list the major deficiencies

that could not be corrected on the spot. A work order should have been submitted by your office with a copy furnished to the Physical Security Section, on anything that covers the repair of any device or item that was listed as a deficiency.

Look around your office; are there busted windows or door locks that don't work? Physical security is really nothing but common sense. Just put yourself in the crooks position; how would you get into your building? No building can be made 100 percent secure but you can make it hard enough that the crook will go to an easier target. After all, criminals have never been known for their hard work and diligence.

Picture this: when you enter your office in the morning you notice that

something about it is different. Then you notice that your typewriter, computer, copymachine, and your government vehicle keys are gone. OK, who's idea of a joke is this? Then that sickening feeling begins to come over you as you remember that you are the hand receipt holder. You call the MPs and when the investigator arrives he states that he couldn't find any signs of forcible entry which would mean that the perpetrator probably just walked or climbed in. When the report of survey officer is appointed he will have no choice but to find you liable for the loss.

So how can you protect yourself? First of all insure that your building is secured when you aren't there during non-duty hours. If you are a hand receipt holder and you do not have

control over all of your property you should hand-receipt the property down to the user level. You should inventory your property on at least a monthly basis. Finally, you should think like a criminal and identify discrepancies in your security program. The Physical Security Section will conduct a courtesy inspection of any activity. Remember, criminals always go for the easy targets.

### Crime report

- A soldier reported that his unsecured wallet was stolen.

- A Ft. Knox soldier was apprehended by MPs for being A.W.O.L.

- Two buildings were found unsecured by MPs.

- One DA Civilian was apprehended for forging government checks.

## Outdoor cooking safety

by Frederick Bartow, Fire Inspector

For a safe and fun barbecue make the following tips part of your cookout routine:

**Pick a safe spot:** Choose a well-ventilated area for grilling. Don't light a fire where a flare-up could ignite nearby greenery. Make sure the grill is placed on a flat surface.

**Lighting the briquettes:** Light the charcoal briquettes with an electric charcoal starter or liquid, solid or wax starters. Allow liquid starters to soak into the briquettes for one minute before lighting. Or, use self-lighting briquettes. They're pre-soaked and require only a match for starting.

Never use kerosene or gasoline to start a fire. Never pour fuel or starter fluid on hot charcoal briquettes.

**Cooking with gas:** If you have a gas grill you'll avoid the hassle of fire-starting, but before lighting your fire, be sure to check all valve connec-

tions and hoses to make sure they are properly connected.

**Keep your distance:** Work with long-handled utensils especially designed for grilling. Sturdy gloves and cooking mitts prevent unnecessary burns.

**Up in flames:** To reduce flare-ups, reduce the melting fat that causes them by using lean ground meats and trimming as much fat as possible from meat cuts. If you have a flare-up, lower the heat by moving the food away from the coals or the coals away from the food. As a last resort, remove the food from the grill and spritz the fire with a little water from a pump-spray bottle.

**Putting out the fire:** To put out the fire after grilling, simply cover the grill or leave an open grill alone and let the fire consume the briquettes. Or, extinguish briquettes by using tongs to place them individually in a bucket of water. Never pour water on the briquettes in the grill and never pour the briquettes into a pail of water.

## Briefs continued from page 1

During the 1986 poster contest, the winning slogan, "America by choice...not chance. Vote!" was submitted by Lt. Col. Richard P. D'Elia.

Entries should be submitted on letter-sized paper before Aug. 1 to:

Federal Voting Assistance Program  
Office of the Secretary of Defense  
Room 1B457

Pentagon, Washington, DC 20301

For more information about the contest, contact the program office at (202) 695-0664 or AUTOVON 225-0664.

## Get fit, earn \$1,000 too!

Are you a healthy woman between the ages of 25 and 35 who thinks that earning \$1,000 by improving your level of fitness sounds good? Read on.

Additional volunteers are needed for an exercise study to be conducted at the U.S. Department of Agriculture's Western Human Nutrition Research Center located in the Letterman Army Institute of Research (LAIR) facility here at the Presidio.

To be considered for the program, you must be a healthy woman, 25 to 35 years of age, and must be able to participate in a supervised exer-

cise workout on a treadmill or bicycle ergometer. Also, you must take your meals from the metabolic kitchen every day for the entire 70 days of the study. The study is scheduled to begin on Aug. 11 and to finish on Oct. 18.

The object of the study is to determine how exercise affects energy metabolism. During the course of the study they will monitor energy expenditures, how your body responds to a glucose challenge, whether you use glucose or fat for energy during exercise, and the rate at which your body fat is released for energy.

During the exercise programs you will be allowed to choose meals from a variety of foods and beverages that will be made available to you by the study. You will need to be at LAIR for breakfast and dinner, but you may select lunch and snacks to eat away from the Center.

So, if you're interested in:

- becoming aerobically fit
- earning \$1,000 for your effort
- having meals prepared for you at no cost

the exercise study may be for you. Call between 8 a.m. and 5 p.m. for more information at 566-1075 or 566-1249. Ask for information on the Exercise Study.

## PSF IDEAS OF EXCELLENCE

Would you like to see a helpful alternative to the basic test-and-study method of learning about Army Correspondence as defined by Army Regulation (AR) 340-15? Much of the information about Army correspondence that is taught by the Fort Scott Education Center is not used daily by most secretaries and office clerks on post, according to Sandra L. Bruno of the Civilian Personnel Office. However, Bruno has developed an idea that could fill any gaps that the present course has.

Bruno suggests holding an informal class once a month that would cover only the basics of correspondence preparation. The class need not be longer than an hour and a half to two hours, and the instructor would not be required to give tests or issue typing samples. Bruno clarified that it is *critical* for new employees to learn about the actual preparation and format of Army correspondence.

### Helpful tips

Bruno said the present course requires class members to be tested after certain blocks of instruction. Also, the class members type samples of Army correspondence to make certain they are following the correct procedures. With the addition of an informal class, Bruno said, office workers would have a chance to learn helpful hints and tips that the instructors have learned through their experiences.

Short classes such as this could save costs by reducing the required amount of manhours away from the office that is needed to attend the present course, which lasts four days per week. Managers would be more inclined to allow employees to attend a two hour class, Bruno said, because the workload of many administrative personnel does not permit them to be away from their office for an extended length of time.

Bruno's suggestion has been approved, and the first class is tentatively scheduled to be held in August or September after the format and the schedule have been arranged. It just goes to show that the best ideas come from people who submit them. *Have you submitted yours?*

For more information about the Presidio Ideas of Excellence Program, just call 561-IDEA.



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# Health

## AIDS: Soldier refuses to admit defeat

by Marian L. Smith

A member of the Presidio community is fighting a vigorous battle against a much publicized illness that has struck fear in the hearts of many. Yet, this fighter refuses to admit defeat.

"I am a success story," declared SP4 Wayne Steinhorst. He celebrated his fifth anniversary of fighting this disease with a party July 7.

Steinhorst has Acquired Immune Deficiency Syndrom (AIDS). He is currently a patient at Letterman Army Medical Center (LAMC) at the Presidio of San Francisco, waiting for a medical board. A medical board is a series of medical exams and consultations to determine the medical benefits a soldier will receive when he or she is medically discharged from the Army.

The 24-year-old was trained as a finance clerk. He joined the Army in June 1981, right after graduation from Van Buren Vocational School in his native San Francisco. After basic training at Fort Leonard Wood, Mo., and Advanced Individual Training at Fort Benjamin Harrison, Ind., he was assigned to U.S. Army Garrison on the Presidio of San Francisco. Steinhorst then left for the 18th Finance Section in Frankfurt, Germany, they moved to Vint Hill Farms Station, Va. He returned to the Presidio May 1 as a patient at LAMC.

Steinhorst was diagnosed as having AIDS while he was with U.S. Army Garrison (USAG), June 25, 1982. "I was experiencing rapid weight reduction, constant fevers, chills, nausea and dizziness," he explained. "At first they thought it was a flu or hepatitis. Drs. Conrad Casavante and R.C. Rodgers, from the University of California at

San Francisco, eventually took over my case. They found that I had the AIDS virus and a low T-helper cell count."

Steinhorst spent four months in the hospital. "They said I'd be medically retired if I didn't bring myself back up, so I did."

With the knowledge that he had AIDS, turbulent thoughts whirled through his mind. He was only 19 years old when he found out.

"I thought about suicide. I thought, 'Should I kill myself before it kills me?' A lot of thoughts ran through my head. It took me three months to figure out that I'm going to live." He continued with a smile, "I'm still here. I'm still fighting."

Since he's been at LAMC, Steinhorst's days are quite routine. He gets up around 6 a.m. and watches the news while he sips his morning coffee. Later in the day, he likes to get "out and about" and go shopping or just walking around the city.

To stay healthy, Steinhorst takes vitamin C and B-complex vitamins. Since his diagnosis in 1982, he has suffered only from common colds and sinusitis. He is given T-helper cell count tests on a regular basis for monitoring purposes.

He said he's seen a change in the way the Army is handling its AIDS patients. "In 1982, the nurses were scared. They didn't even want to talk to me. They were scared because they weren't sure how AIDS was transmitted then. The Army is helping people out a lot now, compared to 1982. The Army's a lot more compassionate now. They provide you with psychological and group therapy, as well as safe sex education. I definitely think everyone should use condoms," he added. "Everyone thinks the Army kicks you out. They

don't. They medically retire you. The Army has the best policy in the military."

Steinhorst attributed his success to his great mental attitude. "Having the right mental attitude has helped me out a lot," he said. He also gives a lot of credit to his family for their strong support. "At first my family was very scared. There is no cure, and you never think it will happen to your family. They've given me a lot of emotional support."

Steinhorst also gives credit to SFC Benny Pangdan, NCOIC of 10 East, and his staff. "They are very helpful and caring, and the nursing staff is wonderful. They make you feel comfortable."

Steinhorst's current doctor is Dr. Amy Kadakia, the Attending AIDS physician at LAMC. "She and her co-worker, Lt. Col. William Byrne, are two of the best I've ever seen," he said.

Steinhorst hopes to work as a civilian on the Presidio. "Hopefully, I'll be able to put my six years of finance to work," he said. Steinhorst is scheduled to be medically discharged in August.

Steinhorst was in Washington, D.C., June 3 to 15 for testing. "They put me on a drug that's supposed to prevent pneumocystic pneumonia, an opportunistic disease that attacks people with AIDS. I'll be on that program for three years," he explained.

With all the tests and treatments and new discoveries in the fight against AIDS, Steinhorst still believes it is his mental attitude that helps the most.

"I've been fighting this thing for five years, and I'm going to keep fighting," he declared.

(Courtesy of LAMC Foghorn)

## Military HIV education program mandatory

by Evelyn D. Harris

On April 20, 1987, Secretary of Defense Caspar W. Weinberger signed a revised policy concerning service members infected with human immunodeficiency virus, the virus that causes AIDS.

Assistant Secretary of Defense (Health Affairs) Dr. William Mayer outlined the policy revision on April 22, which has several changes from the original policy established in October 1985. Among the changes are:

□ Members infected with HIV cannot be assigned outside the continental United States. Previously, infected members could have been deployed at their service's discretion.

□ Case contact information must be shared with civilian authorities. Previously, sharing the information was voluntary.

□ Mandatory testing of civilians is prohibited. However, a task force will look at certain settings where testing of civilians may be necessary; for example, civilians working "hand-in-glove" with the military overseas where there is a high rate of endemic disease or access to medical care is limited.

□ The policy mandates an aggressive HIV education program, to follow U.S. Public Health Service guidelines.

According to Air Force Lt. Col. John Herbold, senior policy analyst for preventive medicine and health promotion, the revised policy in many cases compiles existing

issues into one document. Such issues include testing and disposition of reservists, ROTC members, service academy cadets and officer candidate or training school members.

In addition, the new HIV policy spells out specifically that "fitness for duty" is the servicewide criteria for determining whether to separate antibody-positive active duty personnel following a medical evaluation. The guidance on fitness for duty was previously drawn from policy on all disabilities.

All applicants for military service, including applicants for the Reserve components and ROTC, will continue to be tested and will be denied entrance into the armed forces if confirmed positive.

Enlisted members who are in officer candidate programs will be disenrolled immediately from the program. Those with no previous military experience will be discharged. Those candidates who have completed their initial-entry training before entering the candidate program will follow service regulations. In any case, if being HIV-positive is the sole basis for discharge, the service will issue an honorable discharge.

ROTC students will be disenrolled at the end of the academic term or semester during which they are confirmed HIV-positive. Those who receive financial support from ROTC will continue to do so until the end of the term in which they are disenrolled. They will not

have to pay it back.

Cadets and midshipmen at service academies will be discharged. However, the service secretary or his designated representative may delay separation until the end of the academic year. Students granted such a delay in their final year may graduate without being commissioned and then discharged. They would receive an honorable discharge if being HIV positive is the sole basis for discharge.

The policy also affects antibody-positive individuals in DoD programs leading to appointments as specialists such as physicians, dentists, lawyers and chaplains. These individuals would also be discharged at the end of the term in which they are confirmed positive. Financial assistance would end at the same time.

According to Mayer, the rationale for not accepting HIV-positive individuals for military service is:

- the potential medical costs to DoD and the possibility that the individuals will not complete their service commitment;
- the danger to individuals in receiving live-virus immunizations;
- the individuals' inability to be blood donors on the battlefield; and
- the fact that there presently is no way to tell who among the infected individuals will progress to clinical disease and who will remain healthy.

While the revised policy does not require testing of civilians, those

who are entitled to care at military facilities may be offered HIV screening. Examples would include HIV screening at sexually transmitted-disease clinics, alcohol and drug rehabilitation units and prenatal care. However, these patients would have the right to refuse testing.

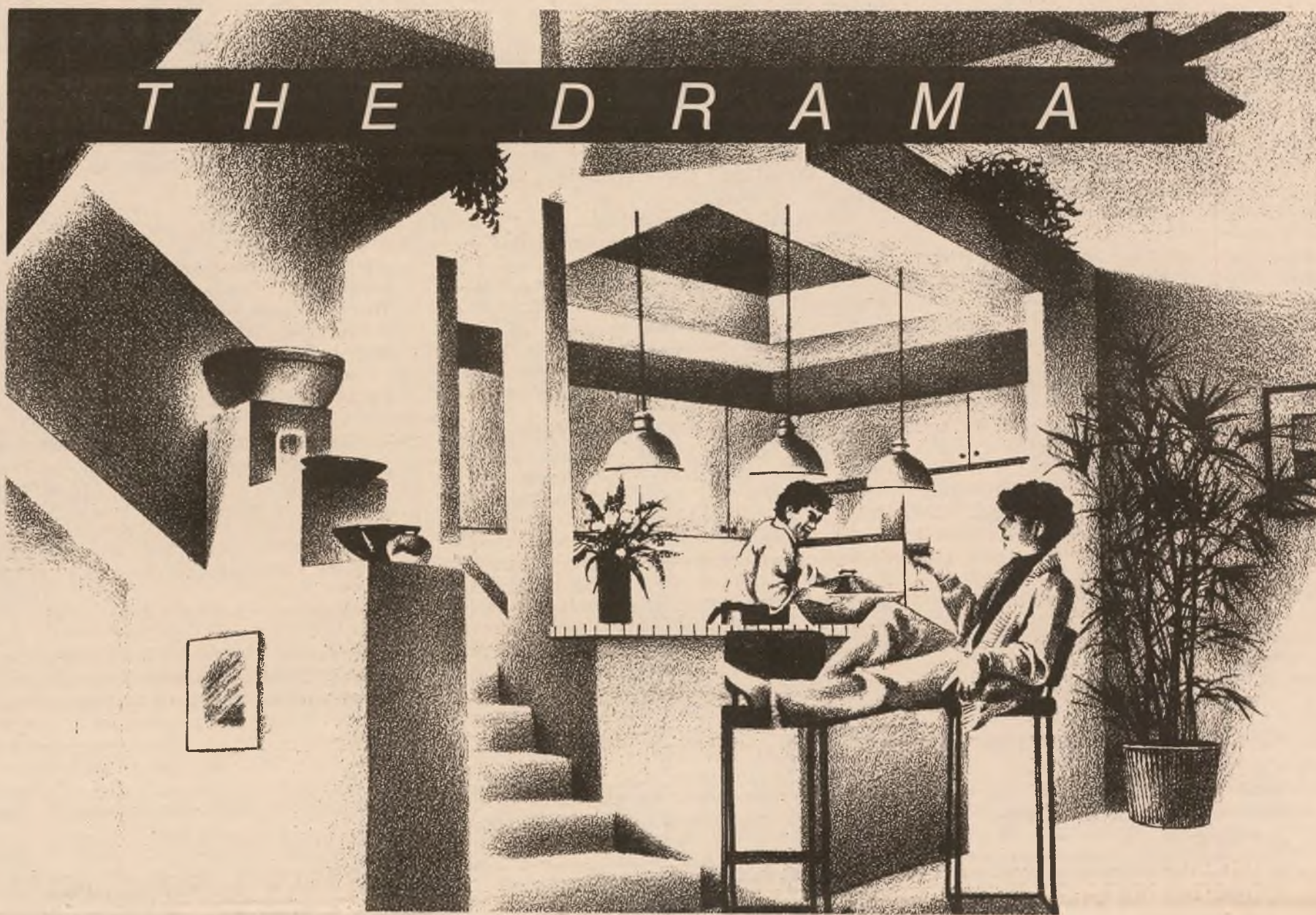
When military health officials confirm that an individual is antibody-positive, that person will be counseled on precautions and hygiene measures to reduce the risk of transmission. In addition, the individual's sexual contacts will be notified without identifying the HIV-positive person and will be offered counseling. Women will be advised of the risk of transmission to the fetus during pregnancy. To protect the blood supply, persons who are HIV-positive will be notified that they cannot donate blood and will be placed on a permanent donor-deferral list.

Educating service members on high-risk behavior for becoming infected with and spreading the virus is an important part of the new policy, said Herbold. DoD uses educational materials that follow guidelines set by the U.S. Public Health Service. Among the pamphlets are almost 500,000 copies of the *Surgeon General's Report on Acquired Immune Deficiency Syndrome*.

In addition, DoD is using commercial films such as *Facts Over Fears* and the American Red Cross' *Beyond Fear*.

American Forces  
Information Service





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# File job complaints within thirty days

by Manuel Facundo, EEO Officer

Any employee, former employee, or applicant for employment at the Presidio of San Francisco, who believes he or she has been discriminated against because of race, color, religion, sex, age, national origin, physical or mental handicap, and/or reprisal in an employment matter subject to the control of the Presidio of San Francisco, may file an

individual complaint of discrimination.

Before a formal complaint can be filed, the complainant must first present the matter to an Equal Employment Opportunity (EEO) Counselor for inquiry within 30 calendar days from the date of the alleged discriminatory event, the effective date of a personnel action, or the date that the aggrieved person became

aware or reasonably should have become aware, of the discriminatory event or personnel action.

An employee or applicant who believes he or she has been discriminated against should contact the EEO Officer at 561-2035 or 561-2022, who will refer or assign an EEO Counselor for precomplaint counseling.

The following are EEO Counselors

assigned to the Presidio of San Francisco:

- Cecilia J. Real, Directorate of Resource Management, bldg. 34;
- Liz E. Cochran, USAISC, bldg. 67;
- Mark R. Antell, Logistics Control Activity, DARCOM, LCA, bldg. 650;
- Lois P. Thompson, USA 6th Recruiting Bde (Western), Fort Baker, bldg. 638.

## Steps in individual complaints of discrimination

	Time Limits
1. Employee or applicant must see EEO counselor or EEO officer.	Within 30 calendar days after the alleged discrimination, personnel action, or when the complainant becomes aware or reasonably should have become aware of the action.
2. EEO counselor makes inquiry, tries to resolve complaint informally, conducts final interview, and, if complaint is not resolved, gives complainant written notice of right to file formal complaint.	Within 21 calendar days after matter first called to EEO counselor's attention.
3. Complainant files formal complaint (DA Form 2590-R) in writing with EEO officer or other designated official. Must advise EEO officer if he or she obtains legal or other representation.	Within 15 calendar days after receipt of the Notice of Final Interview or if final interview not held, anytime after 21 days from initial contact with the EEO counselor.
4. EEO officer accepts or rejects the formal complaint in whole or in part.	Within 5 calendar days after receipt of complaint.
5. EEO officer sends file to USACARA requesting assignment of an investigator if any part of complaint is accepted. If complaint is rejected, EEO officer notifies complainant and representative.	Within 3 calendar days after acceptance
6. USACARA investigator completes investigation and sends ROI to activity.	Within 45 calendar days from assignment
7. USACARA ROI furnished to complainant and an adjustment meeting offered.	Within 5 calendar days after receipt of USACARA ROI.
8. If adjustment meeting held and adjustment reached—	
a. Written agreement specifying terms of proposed disposition is signed by both parties. Copy is given to complainant.	
b. Activity Commander takes action agreed upon.	
9. If adjustment meeting is not held or no adjustment is reached—	
a. Activity Commander issues a proposed disposition, including finding issues of discrimination and proposed remedial action including appeal rights.	Within 20 calendar days from receipt of USACARA ROI.
b. Complainant informed of right to request EEOC hearing or Army decision without hearing.	Within 20 calendar days from receipt of USACARA ROI.
c. If complainant fails to respond, Activity Commander adopts proposed disposition as final Army decision and notifies complainant and representation.	Within 15 calendar days after notice proposed disposition.
d. If complainant asks for decision without hearing, EEO officer sends complaint file (original and one copy) to EEOCCRA.	Within 15 calendar days after notice proposed disposition.
e. If complainant requests hearing, EEO officer requests complainant's examiner from EEOC.	Within 15 calendar days after notice proposed disposition.
10. Hearing held and findings and recommendations sent by EEOC complaints examiner to EEOCCRA.	
11. Army final decision by the Director of EEO to include appeal right.	Within 180 calendar days after the date that the formal complaint was filed or 30 days after receipt of the examiner's report recommending a finding of discrimination
12. Appeal to EEOC:	
a. Complainant sends notice of appeal to EEOC with copy to EEOCCRA.	Within 20 calendar days after receiving Army final decision.
b. Complainant sends statement or brief to support appeal of Army decision to EEOC, with a copy to EEOCCRA.	Within 30 calendar days after filing Notice of Appeal.
13. Civil action by complainant:	
a. Before final Army decision.	After 180 calendar days after filing formal complaint.
b. Instead of appeal to EEOC after Army final decision.	Within 30 calendar days after receiving Army decision.
c. Before EEOC final decision or appeal.	After 180 calendar days after filing appeal to EEOC.
d. After EEOC final decision on appeal.	Within 30 calendar days after receiving EEOC decision.

### Note:

In age complaints, a complainant must appeal the Army decision to the EEOC before filing a civil action in a Federal District Court.



## Social Security numbers

# How the 1986 Tax Reform Act affects your child

by Patricia F. Halsey, SJA

**R**epresentatives from the Social Security Administration (SSA) will be on post in bldg. 223 on Aug. 20 and 21 from 9 a.m. to 3 p.m. to process President's applications for their children's Taxpayer Identification Numbers (TIN).

The Tax Reform Act of 1986 requires that all children five years and older *must* have a TIN to be claimed as exemptions on their parent's 1987 income tax return.

Legal Assistance is hosting the Social Security Administration and is making appointments for the application service. The service will be available Aug. 20 and 21 from 9 a.m. to 3 p.m. at the Legal Assistance Office, bldg. 223.

To take advantage of this service, call 561-4273 and make an appointment. You also should gather the proper documentation (as listed) before coming to your appointment.

**Evidence of birth date and citizenship for children born in the U.S.A.**

Submit one of the following documents established before the child is 5 years old:

- Public record of birth is preferred and should be submitted if at all possible;

- Religious record of child's birth or baptism; or

- Hospital record of child's birth.

**Evidence of birth date and citizenship for children born outside the U.S.A.**

Submit either a:

- U.S. Consular report of birth; or
- Child's foreign birth certificate

and one of the following:

- a. U.S. citizen ID card;
- b. Certificate of citizenship;
- c. U.S. passport; or
- d. Naturalization Certificate.

**Evidence of identity for all children**  
One of the following documents is required for your child:

- Military ID card;
- School record;
- School ID card;
- School report card;

- U.S. passport;
- U.S. citizen's ID card;
- Adoption record;
- Church membership or confirmation record;
- Medical records;
- Vaccination certificate;
- Insurance policy;
- Day care or nursery school record;

- Child's membership record in Boy Scouts, Girl Scouts or other youth organization; or
- Any other document which gives identifying data sufficient to establish proper identification.

**Evidence of Legal Guardianship or Legal Custodianship**

- Court documents awarding guardianship; or
- Court documents appointing custodianship.

**Evidence of parents', Legal Guardian's or Legal Custodian's identity**

Submit one of the following documents:

- Military ID card;

- Driver's license;
- State ID card;
- Voter's registration;
- Marriage record;
- Divorce decree;
- U.S. passport;
- Medical records; or
- Insurance policy.

Do not submit photocopies of documents. You must provide the original document or a copy certified by the AGENCY WHICH ISSUED IT. The Social Security Administration will return any document you provide.

You can pick up an application from Legal Assistance prior to your appointment. It takes five minutes for the Social Security Administration to process your complete application. You should call 561-4273 to make an appointment.

(Editor's note: Patricia F. Halsey is the chief of the Client Services Branch at the Office of the Staff Judge Advocate.)

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# Community Calendar

## Job vacancy at Fort Baker

The Civilian Personnel Office (CPO) is currently seeking an Accounting Technician (Typing) GS-525-4 to work at Fort Baker. For information on qualification requirements call Maria Priddle at 561-2595.

## Summer Day Camp

Youth Activities Branch is sponsoring a Day Camp for children ages 6 to 12 years which started July 6 and will continue through July 31. The camp includes a variety of activities such as arts and crafts, games, field trips and story telling. The cost is \$10 per week per child. Times for the camp are 10 a.m. to 2 p.m., Monday through Friday. For more information call Youth Activities Branch at 561-5143 or 561-5910.

## Create portfolios

San Francisco Recreation and Park's Photography Center, 50 Scott Street, is offering a class entitled "Portfolio Development" on Tuesdays, 7 to 9:30 p.m. beginning Tuesday.

This is a new course for photographers who want to show their ideas and concepts in a series of photographs. Total design presentation samples will be shown. Students will submit their own work and portfolios for development and critique.

For more information, call the San Francisco Recreation and Park Department's Photography Center at 558-4346, Monday through Thursday, 4:30 to 9:30 p.m. or Friday through Sunday, 11 a.m. to 5 p.m.

## Junior Tennis Tournament

Youth Activities will be sponsoring a tennis tournament Thursday, Friday and Saturday at Fort Scott Tennis Courts. Registration is \$5.

You may sign up for singles and doubles, ages 8 through 18, at the Youth Activities Office, bldg. 1331. Deadline for registration is Monday. Call 561-5143 for further information.

## Scouting Directors

The Boy Scouts and Girl Scouts Programs on the Presidio are in need of Directors for the 1987-88 school year. Each director will be in charge of organizing the programs for the school year and working with the Bay Area Councils. If you are interested in volunteering, please call Youth Activities at 561-5143 or 561-5910.



## Purrr...

Trainer Bill Fleming and Serang enjoy a cozy moment at Marine World Africa USA. Visit the ITT Office, bldg. 135, for tickets to events in the Bay Area.

## Theme walk

There will be a free docent-led Theme Walk at the Strybing Arboretum featuring the Succulent Garden on Aug. 8.

The tour leaves at 1 p.m. from the Strybing Store located at the main entrance to Strybing Arboretum, 9th Avenue and Lincoln Way in Golden Gate Park.

A plant sale will also take place in the Courtyard of the Helen Crocker Russell Library of Horticulture in the Arboretum from 10 a.m. to 1 p.m.

For more information, please call the Strybing Arboretum Society at 661-0668 or 661-1316.

## Installation Volunteer Coordinator

Applications now are being accepted for the Presidio Installation Volunteer Coordinator (IVC) position. The IVC assists and coordinates all Presidio agencies which use volunteers. The IVC recruits and places volunteers with agencies best suited to their interests and skills, assists the commander and staff with improving volunteer recognition and helps train volunteers.

The closing date is today. For more information, call the Family Support Division at 561-3701.

## Recreation Center tours

Aug. 1 there will be a Lake Tahoe Volksmarch tour. The Russian River Wine tour and St. Helena

Volksmarch are scheduled for Aug. 29.

For more information about these tours, call the Recreation Center at 561-5420 or 561-2000, Tuesday through Saturday from 2 to 9 p.m.

## German Headstart

Starting Wednesday, a German Headstart class will be held at the Army Education Center, bldg. 1216, on Mondays and Wednesdays from 6 to 8:30 p.m. through Sept. 23.

The class is offered primarily for soldiers, adult family members and Department of the Army civilians on orders for Germany, but others can enroll on a space-available basis. There is no charge for the course. Books and materials will be provided by the Education Center.

For further information or to enroll, visit the Education Center or call 561-2974 or 561-4445.

## Arts and Crafts

The Presidio Arts and Crafts Centers offers a wide variety of classes, which are scheduled from 6:30 to 9:30 p.m., unless otherwise noted.

Classes are held in the Arts Center, bldg. 122, at the corner of Lincoln Boulevard and Riley Avenue. Advance registration and payment is required for all classes.

Classes include:  
**Ceramics**—slip-casting/pouring, will be taught Aug. 5. There is a \$2.50 fee, plus supplies which cost about \$10.

**Ceramic Decorating Techniques on Greenware** will be offered on Aug. 12 for a \$2.50 fee plus supplies.

**Decorating Techniques on Bisque** will be offered Aug. 19 also for \$2.50, plus supplies.

**Airbrushing Underglazes** will be taught Wednesday and Aug. 26 for a \$2.50 fee plus supplies.

**Pottery** will be taught July 31 through Sept. 7 for a \$10 fee plus supplies.

Want to learn Raku? Raku will be taught Aug. 22 from 10 a.m. to 3 p.m. The fee will be \$10, which includes glazes and firing. Please bring a pot-luck contribution for lunch!

**Wood Safety** training is offered on Thursdays from 6:30 to 8:30 p.m. This is a single-session, on-going class. **Wood: Beginners** will be offered on Fridays, July 31 through Aug. 28. The fee is \$6 plus wood. **Glass Jewelry** will be taught on Aug. 11 from 6:30 to 9 p.m. The \$3 fee includes all supplies and firing. No experience is necessary! **Oil Painting** is an on-going class offered on Thursdays from 6 to 9 p.m. for a \$1 fee. Students must provide their own supplies. **Matting and Framing** is scheduled for Aug. 5 and 19, Sept. 2 and 16. (Each class is two consecutive Wednesday evenings.) The fee is \$7, and supplies are extra. **Kids! Ceramics for Kids** started July 14 and will be taught through July 31, Tuesdays through Fridays, from 1 to 3 p.m. The \$15 fee includes all supplies. **Children's Film Making** will be taught Aug. 4 through 14, Tuesday through Friday, from 1 to 3 p.m. The \$15 fee includes all supplies.

## Custom deals

**Custom framing:** Orders will be taken every Thursday from 5 to 10 p.m., and Saturday from 9 a.m. to 1 p.m. Compare with downtown prices, then come back and save!

**Custom Engraving:** Bring in your camera-ready work, or ideas, and have multi-colored brass plaques made for any occasion.

**Custom T-Shirts:** Here's where you can get custom screen-printing for either yourself or your organization. For more information, call 561-4497.

## Family Housing hours

The Family Housing Assignments and Terminations Section has changed to a summer schedule. They are now open to walk-in customers from 9 a.m. to 3:30 p.m. They will continue to receive phone calls from 7:30 a.m. to 4:15 p.m.

For more information call Annette C. Malkiel at 561-2040.

## At the movies

### Presidio Theatre

Fri, July 24	Mannequin (PG)	7 p.m.
Sat, July 25	The Believers (R)	7 p.m.
Sun, July 26	The Believers (R)	7 p.m.
Mon, July 27	The Believers (R)	7 p.m.
Tue, July 28	American Ninja II (R)	7 p.m.
Wed, July 29	The Stepfather (R)	7 p.m.
Thu, July 30	Hoosiers (PG)	7 p.m.
Fri, July 31	Indiana Jones and the Temple of Doom (PG)	7 p.m.

### Schwartz Theater

Mon, July 27	My Demon Lover (PG-13)	7 p.m.
Wed, July 29	The Believers (R)	7 p.m.
Thu, July 30	American Ninja II (R)	7 p.m.
<b>Hamilton Theater</b>		
Fri, July 24	Over the Top (PG)	7 p.m.
Sat, July 25	Christmas Mountain (G)	1 p.m.
Sat, July 25	Over the Top (PG)	7 p.m.
Fri, July 31	The Golden Child (PG-13)	7 p.m.



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# Sports

## Fresh bench unseats the unbeaten!

story and photo by Steve Morey

Basketball coaches on every level of play speak of the importance of having a "good bench." That doesn't mean a bench made of solid oak with a fresh coat of paint.

No, a good bench refers to a team's reserve players waiting to substitute for their starting teammates.

In the full court competition of the Presidio Men's Summer Basketball League, having a good bench seems to be vital for success.

In the 7 p.m. game, July 20, a battle ensued between Camp Parks and Sixth U.S. Army, with a 55-47 victory going to Sixth Army. And, yes, Sixth Army had a solid, well-rested bench while Camp Parks began the contest with only five players.

This game was important because, with the win, Sixth Army moved into a first place tie with Camp Parks. Both teams are 4-1.

Sixth U.S. Army controlled the game from the opening tip-off. Patrick Hopper, leading scorer in the game for Sixth Army with 16 points, appropriately sank their first basket.

However, it was two minutes before any more points were put up on the board. This was the result of missed shots by both teams and ball-handling problems by Camp Parks on several fast-break attempts.

Then, at 11:22 of the first half, Sixth Army's Anthony Howard sank a 3-point bomb to give his club an 8 to 6 lead, which they never relinquished.

With the score 16-10, Sixth Army, Howard filled the hoop with another 3-pointer to make it 19-10. Camp Parks' David McCoy answered with a bucket and seconds later fed to Ed Melendez for an easy layup. Down by only five, 19-14, Camp Parks was

making an attempt to tie the game.

But Sixth Army went on a binge, outscoring Camp Parks 15 to 6 with the brunt of the points shared by Hopper, Howard and Elvis Williams.

Halftime ended with Sixth Army on top, 34-20.

Camp Parks used the break to go over second half strategies and to welcome a sixth man to their bench. Still, Sixth Army had twice the players to call on. As a result, Sixth Army was well-rested throughout the hard-played second half.

Nevertheless, Camp Parks started the final half with a fury. Paul Matthew's left-handed swisher in heavy traffic drew a foul. He sank the free throw and, after a Sixth Army turnover, assisted on a McCoy bucket, pulling Camp Parks to within nine, 34-25.

At that point, Sixth Army's Hopper revved up his team with a strong offensive rebound and layup; and moments later, at the 9:52 mark, hit an outside jumper.

The scoreboard read Sixth Army 42, Camp Parks 30. Then Matthew drove the lane for two Camp Parks points after a Sixth Army hoop.

Following a Sixth Army timeout at 8:48, scramble play began with both sides looking for a consistent scorer. The teams exchanged baskets as Sixth Army controlled a 12-point lead for nearly three minutes.

With the score 49-36, Sixth Army, Camp Parks' Matthew sank a 3-pointer to bring his team to within 10. And with McCoy at the line to shoot two, the game's leading scorer (17 points) had a chance to close it to eight.

But the usually reliable Camp Parks player missed both free throws. Sixth Army decided not to



Camp Park's Michael Brown, 4, rockets above Sixth U.S. Army players.

take any chances at that point and went into a stall game.

Sixth Army's Dale Kennedy and Carmen Tucker controlled the ball, using quick passes to avoid the defensive charges of Camp Parks.

The delay worked for Sixth Army as Camp Parks was forced to foul and, in the process, tired out from a lack of bench help. Sixth Army led 53-45 with one minute to play.

The teams traded hoops for the final score of 55 to 47.

Other leading scorers for Sixth Army were Howard, 12, and Williams, 10. For Camp Parks, it was

Matthew putting in 14.

Bench strength proved to be the key in Sixth Army's win. They were able to substitute freely throughout the game; whereas Camp Parks was forced to use, for the most part, a five-man lineup.

The action should intensify now that Sixth Army has tied Camp Parks for first place. Camp Parks may need a full compliment of players to survive the heated battles to come.

July 20, Sixth Army showed what a solid, well-rested bench can accomplish—a hard-fought win.

## Sports Notes

### Post tennis tournament

The Sports Branch will conduct a tennis tournament for the Presidio military community. The tournament will be conducted during normal off-duty hours and weekends from Aug. 21 through 30. The double elimination tournament will consist of six divisions. Participants must lose twice before being eliminated.

Commander's Cup points will be awarded for participation and the order in which the competing units finish.

The tournament will consist of the following divisions (four players/teams are required in a division in order for it to be conducted):

- Men's Open—19 years and older;
- Men's Senior—40 years and older;
- Women's Open—19 years and older;
- Men's Doubles, Open—19 years and older;
- Men's Doubles, Senior—40 years and older;

- Mixed Doubles—19 years and older.

This tournament is open to all active duty personnel, Department of the Army (DA) civilians and military family members (19 years and older) who are assigned or attached to the Presidio of San Francisco. Awards will be presented to the top two finishers in each division.

Sign up for the tournament at Gym No. 1, bldg. 63; Gym No. 2, bldg. 1152, or call 561-5032. The entry deadline is Aug. 17. Also, the mandatory rules interpretation meeting will be held at noon, Aug. 17, at Gym No. 1.

### Summer basketball league

USAISC suffered their first loss in more than a year. Camp Parks defeated USAISC 65-53.

In the 30 and older half court competition, the Mail and Distribution team leads the pack with a 5-0 won/loss record. Trailing close behind

is Sixth U.S. Army DCSPER at 5-1, and MI BN with a 4-1 record.

### Last week's results Three-on-three, 30 years and older

DCSPER 21, LCA 7; MI BN 21, LAMC NO. 3 0; LAMC No. 1 21, LAMC No. 3 0; Mail and Distribution 21, Born of War 16; DCSPER 21, LAMC No. 3 14; MI BN 21, LCA 20; Mail and Distribution 21, LAMC No. 1 11; Born of War 21, DCSPER 19; Mail and Distribution 21, LAMC No. 3 8

### Standings as of July 17 (three-on-three)

Team	W	L
Mail and Distribution	5	0
Sixth U.S. Army, DCSPER	5	1
MI BN	4	1
Born of War	3	2
LAMC No. 1	2	3
LCA	2	3
LAMC No. 3	1	5
LAMC No. 2	0	7

### Summer basketball league

USAISC 63, Co. A, LAMC 45; Co. B, LAMC 81, USAG 22; Camp Parks 65, USAISC 53; Co. A, LAMC 48, USAG 27; Camp Parks 63, USAG 30; USAISC 76, DOL 39; Co. B, LAMC 69, LAMC No. 3 53.

### Summer league standings

	W	L
Camp Parks	4	1
USAISC	4	1
Co. B, LAMC	3	1
Sixth U.S. Army	4	1
DLI	2	1
Co. A, LAMC	1	3
DOL	1	3
LAMC No. 3	0	3
USAG	0	5

### Next week's games

**Monday**  
LAMC No. 3 vs. Camp Parks...5 p.m.; DOL vs. DLI...6 p.m.

**Tuesday**  
USAISC vs. DLI...5 p.m.; Co. B, LAMC vs. Camp Parks...6 p.m.; Sixth U.S. Army vs. DOL...7 p.m.; USAG vs. LAMC No. 3...8 p.m.



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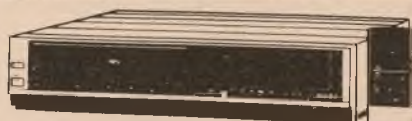
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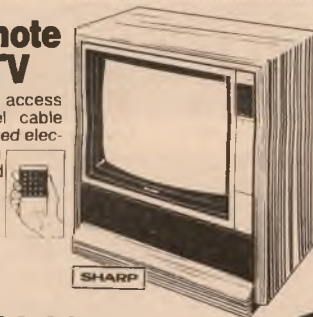
**Sanyo 120 watt stereo rack system**



(example) • 120 watt stereo integrated amplifier • 7 band graphic equalizer • AM/FM stereo PLL synthesized tuner • Dual transport stereo cassette deck • Semi-automatic turntable

**Sharp 25" remote control color TV**

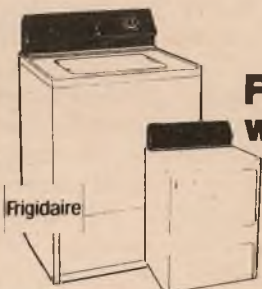
(example) • 17 key random access remote control • 110 channel cable compatible • Quartz synthesized electronic tuning system • Built-in auto color/tune tuning • Tinted high contrast picture tube



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(example) • 19" MTS color tv monitor with 139 channel coverage • FM AM stereo receiver with clock timer • Dual cassette with high speed dubbing • 5 band graphic equalizer • Tower speaker system

**Technics 110 watt remote control stereo w/CD**

(example) • 32 key wireless remote control • Compact disc player with double oversampling • High speed edit dual cassette deck with Dolby® B NR • Quartz digital synthesized tuner • Belt driven semi-automatic turntable • 3 way 12" tower speaker system



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**Contest closes Thursday, July 30th, 1987**

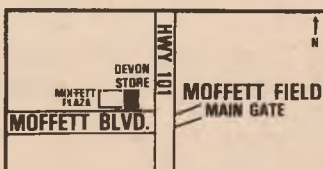
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**Decathlon:**  
alphabet runs amok,  
**page 11**

# Star Presidian

Vol. 30, No. 30

"Published in the interest of the people of the Presidio of San Francisco."

July 31, 1987

## PM leads MPs through post streets with torch

story and photo by Steve Morey

Members of Presidio's Military Police (MP) were out in force the morning of July 25. However, speeding cars and burglaries were not the focus of their attention.

Instead, Lt. Col. Randy E. Hoff, provost marshal, and his staff of military police concentrated their efforts on running about three miles.

The six men ran up and down steep hills, across the deserted streets, and along the breezy

sidewalks of Lincoln Avenue on the Pacific side of post. They were hustling to raise money for the California Special Olympics.

The Presidio MPs were part of the Law Enforcement Torch Run, sponsored in part by the International Association of Chiefs of Police. Hoff and his men were asked by the San Francisco Police Department (SFPD) to officially start the first leg of the run. Three days later a grand victory celebration was held in Los Angeles, almost 600 miles from San Francisco.

At 7:30 a.m., the Special Olympic torch was lit and the runners began their scheduled three-mile jaunt toward the 25th Avenue gate.

Once there, they passed the torch to the SFPD. The police officers accepted the torch in full stride from the MPs, who appeared to be satisfied with their efforts.

"It feels great to help out others who are less fortunate than myself," said Sgt. Chris M. Ludwig. "I wish more people understood the importance of events like this." Ludwig added that part of the problem lies within the realm of people not knowing what the Special Olympics are all about.

Children and adults with mental retardation are members of California Special Olympics, and other Special Olympic groups throughout the nation. There are a total of 30,000 California natives who are participants in California Special Olympics.

Special Olympics provides year-round sports training and athletic competition in a variety of Olympic-type sports for participants. The sporting events develop their physical fitness, helps them to demonstrate courage and experience joy in friendly competition.

But Special Olympians need monetary, as well as emotional support from their communities to train and compete for different events throughout the year, Hoff said.

see Torch, page 3



Lt. Col. Randy E. Hoff, carrying torch, and Sgt. Chris M. Ludwig lead post MPs at the start of the run to raise money for Special Olympics.

## News Briefs

### Quarters of Excellence

Eight Presidio families won recognition for their efforts to help beautify the post when their homes were named as Quarters of Excellence for July.

The winners included three officers and one NCO from Letterman Army Medical Center (LAMC), an NCO from Headquarters Company and one officer each from Sixth U.S. Army, Letterman Army Institute of Research (LAIR)—and the U.S. Navy.

The families were recognized by Col. Joseph V. Rafferty, post commander, for the quality and appearance of their quarters. It takes a lot of work to make a set of quarters stand out from the rest.

MSgt. David A. Hoskil and his wife replaced weeds with grass and planted flowers to make their living area more attractive and were awarded for their efforts. Hoskil said "If a person is persistent they can get the job done."

Also cited was Lt. Col. Harry K. Fellows, who gave his wife Donna most of the credit for planting the flowers around their home. "She's the one with the green thumb. She has planted a

large assortment of flowers, and their beauty stands out."

Standing out from the crowd can bring a good feeling when the efforts are noticed by others.

"There is a certain amount of pride involved when you keep your quarters looking better than average," said Navy Capt. James M. Tozer, a third winner. "We really appreciate the quality of the Quarters that have been provided for us by the Army and the Presidio."

Would you like to be among the next honorees? Then take the time to look at the winner's quarters in your neighborhood to see how it is done. Listed below are the eight winners for July. The sponsor's unit and neighborhood are listed after the name.

- Lt. Col. Harry K. and Donna Fellows, Sixth U.S. Army Engineers, 1814-B Wyman Avenue;

- Capt. James L. and Christine Cockrell, Letterman Army Medical Center (LAMC), 962 Lincoln Boulevard;

- Capt. Timothy B. and Tonda Richards, LAMC, 1421-A Compton Road;

- Col. John J. and Nila Kearny, Letterman Army Institute of Research, 343 Arguello Boulevard;

- Navy Capt. James M. and Beverly Tozer, Navy Medical Clinic Command, 532-A Sherman Road;

- Col. Raymond and Mona Cherrington, LAMC, 532-B Sherman Road;

- SFC Ronald and Kathleen Wilson, LAMC, 749-A Portola Street; and

- MSgt. David A. and Eloise Hoskil, Headquarters Company, USAG, 859-D MacArthur Avenue.

### Parts delayed

The delay in obtaining automotive parts has made it difficult to provide enough military vehicles to fulfill mission requirements on post, according to Richard L. Hosking of the Transportation Motor Pool (TMP). The parts delay is affecting the time it takes to repair deadlined vehicles. It also has caused a shortage of vehicles.

TMP requests supervisors to monitor their

see Briefs, page 3



# Voices

## Bearing endangered, courtesy seems lacking



photo by Steve Morey  
Sgt. James E. Murphy, Headquarters Company, greets an officer with a sharp salute.

by Pleasant Lindsey

Ever wonder how the military practice of saluting began? There are a couple of theories devoted to the subject, but no one seems to know its true origin.

Some say assassinations were so common in the ancient Roman empire that a citizen had to approach an official with his right arm raised to show he wasn't carrying a weapon (guess they didn't believe in left-handed people in those days).

It also has been suggested that knights in armor raised their visors with their right hand when greeting others.

Whatever its origin, the salute has become a part of military life that cannot be ignored.

Another thing that cannot be ignored is the proper time to salute (put your glasses on because we're consulting the field manual on this). Now you've probably heard that old saying, "When in doubt, salute." Actually it's a pretty good rule, since it's better to be caught giving respect than it is to be caught ignoring it. But let's consult the official book so we can eliminate any confusion.

If during the course of human events you should happen to lay your hands on a copy of Army Field Manual (FM) 22-5, please open it to Appendix A, paragraph 2.a, where you will find (and I quote):

"Army personnel in uniform are required to Salute when they meet and recognize persons entitled (by grade) to a salute except when it is inappropriate or impractical (in public conveyances such as planes and buses, in places such as inside theaters, or when driving a vehicle)."

### Avoidance

Now let's take a closer look at that paragraph. Do you see anything, any phrase, any word that suggests it is safe to *cross the street* to avoid saluting? No? That's because it isn't in there. But if it isn't in the manual, then why do I see it happening? Why do I hear senior NCOs complaining about the offense? Why do I hear officers complaining?

There is no excuse for not giving respect (courtesy) where respect is due. FM 22-5 lists everything you need to know about proper saluting procedures. For instance, paragraph 2.a says that a salute is also rendered:

- When the National Anthem, "To the Colors", "Hail to the Chief," or foreign national anthems are played;
- To uncased National Colors outdoors;
- On ceremonial occasions (which are described in chapter nine of the manual);
- At reveille and retreat;
- When sounding honors;
- When pledging allegiance to the U.S. flag outdoors;
- When turning over control of formations;
- When rendering reports; and
- To officers of foreign nations.

Are you with me so far? Most of us (supposedly all of us soldiers) have followed each of these guidelines at one time or another. And, FM 22-5 outlines the inappropriate times for saluting. That's right, the inappropriate times.

see Salute, page 3

## Ramblin' Sam

"What do you know about the USO?"



Pvt. 2 Theresa R. Welsh, Korean student, Defense Language Institute-San Francisco: "Seeing Bob Hope on TV and in World War II pictures in my dad's Life magazines. I've also seen USO stations at the airports."



Luz M. Johnson, budget analyst, Criminal Investigation Division: "USOs have been around since World War II. They were great for the GIs' morale. It's an important organization to soldiers and it needs our support—whenever the USO asks for it."



Susan K. Zelnik, automated data processor, Letterman Army Institute of Research: "I know that Bob Hope has been one of the biggest contributors throughout the years. USOs also are found in all of the major cities where there are military bases. And military personnel are always welcome there."



Capt. Dennis C. McCoy, administration chief, Deputy Chief of Staff-Information Management, Sixth Army: "The USO is a service organization established during World War II which does great things for our people in uniform. I've always supported them. At the USOs overseas, there's always someone there to help."

## Constitution not boring—it's America's theme

by Evelyn McNulty

Want to know a quick way to put someone to sleep? Tell them you're writing a series of articles about the 200th anniversary of the Constitution. I had dinner with a friend the other night and was full of enthusiasm about my new project. He was

not. It was an early evening—he developed a headache.

I recently read a book by Michael Kammen called, "A Machine That Would Go of Itself: The Constitution in American Culture," in which Kammen suggests, "Most of us do not adequately unders-

tand the Constitution."

Perhaps this is because we find it boring, I thought. But why should we find the document that's supposed to be the very "cornerstone" of our government boring?

see Constitution, page 3

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# Etc.

## Salute continued from page 2

If you aren't reporting to an officer or for pay, you don't salute indoors. A person carrying articles with both hands isn't required to salute.

Now, I'm expecting, no I'm **LOOKING** for letters to the editor in response to this next statement. A-2.b, fourth sentence: "Salutes are not required when either the senior or the subordinate is wearing civilian clothes."

It doesn't say don't do it—but I'd like for you to give me some feedback. Would saluting in such a situation be just as courteous: yes or no.

Now, I could continue on with other rules regarding salutes, but Appendix A covers four pages. Perhaps you would care to get with the training sergeant or the first sergeant of your unit so you can read the rules for yourself.

Not knowing about courtesy is no one's fault but your own. Don't get caught with your hand down!

## Constitution continued from page 2

We don't necessarily conjure up a mental picture of the Constitution every time we abide by or appeal to its provisions. A closer look at the Constitution would not prove to be a boring experience at all—it is our common heritage, what makes us American.

Meanwhile, take this test:

The Constitution begins in which of the following ways?

- A. Four score and seven years ago...
  - B. In accordance with the principles of a free and democratic people...
  - C. We the People...
  - D. When in the course of human events...
- Congressional bills to raise revenue, including

## PSF IDEAS OF EXCELLENCE PROGRAM

Notice how attractive quarters seem to have one thing in common? It's the landscaping. Attending to details outside the home (the lawn and surrounding areas) draws attention to the quarters, and a well-landscaped area makes the entire property look good.

Unfortunately, it is sometimes hard to get flowers, shrubs and other items to help beautify the area. That's why this week's Idea of Excellence stands out.

This week's idea comes from Col. D. Peter Gleichenhaus, deputy commander, Presidio of San Francisco. He suggests providing shrubs and bushes to post residents. According to his idea, residents would be allowed to order the plants through the Self-help facility, pick them up when

they arrive, and plant the shrubs and bushes themselves.

Gleichenhaus noted that under current procedures post residents must buy plants on their own, and in some cases, choose not to make improvements to their living areas. Also, work orders for improvements sometimes are placed on a low priority.

Gleichenhaus' idea will help eliminate these problems. The appearance of quarters (and, in turn, the post as a whole) will be upgraded by using quality flora to beautify the post.

Want to do your part to upgrade the quality of Presidio life? Follow Gleichenhaus' example and submit those ideas! Just call 561-IDEA. Your idea will be greatly appreciated.

military expenditures, must:

- A. Originate in the Senate.
- B. Originate in the House of Representatives.
- C. Come from Presidential initiative.
- D. Originate from a joint resolution of the House and Senate.
- E. The Constitution does not specify where these bills must originate.
- F. Originate from the Joint Chiefs of Staff for military expenditures.

The provision for the U.S. Army as an institution:

- A. Can be found in Article One.
- B. Can be found in Article Two.
- C. Can be found in Article Three.

D. Is included in the Second Amendment.

E. Is not specifically provided for in the Constitution (a little-known fact).

(Quiz courtesy of The Carrier, a Navy newspaper published for Naval Air Station Alameda. However, we do admit to embellishing just a little.)

Those of you who feel confident about your answers, please mail them (a "shotgun" envelope is fine) to the Star Presidian, ATTN: Editor, bldg. 37, Room 215, Presidio of San Francisco, CA 94129.

For the test answers, see next week's edition of the Star Presidian.

## TAKE A BITE OUT OF CRIME

### Madmax, a reality?

by John Flynn

Some of you may remember the "Mad Max" movie where after a third world war the highways were ruled by gangs of motorized outlaws who would shoot and rob the gasoline of anyone who entered their territory. In the past three weeks there have been four incidents of highway shootings on California highways. Until recently the affected area was

just Southern California, but the incident in Redwood City brings it just a little too close to home.

From the little information that has been gathered by the police, the shootings seem to be caused by flared tempers when one motorist cuts in front of another or fails to yield the right of way. It has probably crossed the mind of every motorist who has been "wronged" by another that "if only I was driving a big truck then..." Well, you can fill in the rest. Fortunately, our better judgment steps in and we calm down and just let it go.

The highway gunmen apparently have lost the capability to control their emotions. The best way you can protect yourself from these in-

dividuals is to drive as courteously as possible and if you are cut off or if somebody fails to yield to you just let it go.

Another good idea is to allow more driving time when you suspect traffic will be heavy. If you think you are being followed, the best thing you can do is drive to the nearest police station, emergency room, or any other public place that would be open. Forget about carrying a concealed gun to protect yourself—it is against the law. If you see something suspicious on the road, try to get the license number and report it to the highway patrol or local police agency.

Hopefully the Redwood City incident will be the last, but these common sense measures might prevent

you from being the next victim.

**Special note:** In response to numerous requests about skateboards, the following information is provided. Presidio regulations require all those who are riding skateboards to ride on the sidewalk or empty parking lots *only* and to dismount when within 30 feet of a pedestrian.

### Crime report:

- One sailor was apprehended for DUI (Driving Under the Influence).
- A wallet was turned in to Lost and Found.
- An employee reported that money was taken from her unsecured purse.
- Two buildings were found unsecured by Military Police.

## Briefs continued from page 1

drivers and missions and to see to it that vehicles are returned as soon as possible (when the mission is completed). The dispatch office will redispach the vehicle for a waiting mission.

For more information about signing for vehicles, call TMP dispatch at 561-2505 or 561-3533. It is nonproductive to use a vehicle for a few hours and then let it sit idle the rest of the day.

### College credit

The American Council on Education (ACE) has approved 42 PLATO courses for college credit. The courses are self-paced and delivered by computer. Students combine the computer instruction with textbook exercises and test modules.

Students who successfully complete courses are awarded from one to eight semester hours of college credit. The ACE, through its Registry (credit bank), records the credit recommendations. Students can then transfer the credit earned to the college or university of their choice.

"To transfer credits you must have a place to store them," explained Pat Farrell of the

Army Education Center. "Since we are not a college we don't have the means to store the accumulated credits. Using the ACE Registry will let students keep their credits on file so they can have them transferred to a college or university on a later date." The college will evaluate the credit toward a degree or certification.

There is no charge for the courses, but students may have to purchase their own books in some instances. There is a *one time* charge of \$25 to open an account in the ACE Registry. Farrell said the \$25 covers the range of courses that are accredited by ACE and doesn't affect the number of courses the student takes.

"It is not mandatory to be registered," Farrell said, "it is up to the student to use the Registry. But it is a good program."

Credit courses are available in computer programming languages, communication skills, management, finance, mathematics and sciences. The courses are available to soldiers, their adult family members and Department of the Army (DA) civilians.

For more information, visit the Army Education Center, Fort Scott, bldg. 1216 or call 561-2974 or 561-4445.

## Torch continued from page 1

The Law Enforcement Torch Run, which took place July 25 through July 30, was designed to raise the money that will send members to the 1987 International Summer Games at Notre Dame, South Bend, Ind.

This was the first year the Presidio MPs were involved in a fund-raising activity for the Special Olympics. The Law Enforcement Company donated \$200 for their fellow MPs' efforts.

"The Special Olympics is a very worthwhile cause," said Hoff. "The Olympic-like events keep handicapped people involved in competitive sports and helps to build their self-esteem as well."

Hoff added that he felt all runners enjoyed themselves that cool, sunny morning, knowing that their efforts were for a very good cause.

The other four participants in the torch run were SFC David Hayes, SFC Michael Boyd, Sgt. David Hall and Cpl. Daniel Jubber.

The MPs efforts will help California Special Olympic participants make it to South Bend, Ind., for the 1987 International Summer Games. And the good feeling of helping someone less fortunate may stay with them for some time.



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# War and Peace

## Spouses' pot luck leaves playthings for patients

story and photos by Steve Morey

**“W**e decided to take time off to play.” So they held an assembling party at Letterman Army Medical Center's (LAMC's) pediatric ward. What, you ask, was an assembling party?

It was a pot-luck luncheon where members of the Presidio's Enlisted Spouses Club assembled toys and furniture they had previously donated. The recipients of the sturdy, brightly colored plastic playthings are children with appointments at the clinic.

Anna Waller, vice-president of the club, said the money for the toys was raised through various fund-raising events.

Included in the long list of club-sponsored money-raisers were numerous bake sales, organized by Kathy Wilson, president and chairperson of the ways and means committee.

The most productive of these bake sales was held during the Golden Gate Bridge Birthday Celebration, May 23. Members diligently arrived at the bridge at 4 a.m., armed with an assortment of home-baked goodies.

The money raised by this bake sale and others like it has been donated to organizations such as the Edgewood Day Treatment Center; Presidio chapter of the Red Cross; the post USO; and the Presidio Army Museum.

The gifts can be in the form of a check, or, as in the case of the donation to the pediatric ward, usable items for the organization's members.

However, Maj. Janice Collins, head nurse,



Janise Robb and Andrea Collins test the Enlisted Spouses Club's donations.

pediatric clinic, stresses that the newly donated toys are for patients' use only.

“We don't want the clinic to be used as a drop-off point or a nursery for non-patient children,” Collins said. “The toys and furniture are not to be

used by non-patients.”

The multi-colored toys consisted of about one dozen durable, plastic cars and trucks designed for the younger-than six age group. The children's plastic “furniture” included a picnic table and combination slide and tree-house.

Club members Waller, Lynne Hancock, Terrie Satterfield and Joyce Robb had an *especially* fun time piecing together the tree-house. Once the proper tools were located, the children at the clinic enjoyed a well-made mini gym set.

Hancock, who coordinated the assembling party at the pediatric clinic, also was in charge of donations to other groups within LAMC.

“We have \$120 worth of new T-shirts to give to the newborn nursery; and a new, portable VCR stand to donate to the pediatric ward as well,” Hancock said.

The VCR stand will hold the VCR component the Club donated last year, she added.

Technically, the Club is on summer break until their next meeting and bake sale in September. However, the women are busy donating gifts that they worked so hard to make possible.

“Most of the women go on vacation during the summer months so it's difficult to get everyone together for meetings,” Robb pointed out.

But the group is always ready to put forth that extra effort to help out a needy organization. Thus, the assembling party.

When the members of the Enlisted Spouses' Club “take time off to play,” worthwhile organizations benefit from their fun.

## Facts Americans should know about the Vietnam War

(Editor's note: This article of Vietnam Conflict facts was compiled by John Lundberg of the Military District of Washington Public Affairs Office.)

As an increasing number of books and movies focus on the Vietnam Conflict, a surprising number of Americans know little about the conflict that preoccupied America for 16 years. The following is basic information about America's longest and most controversial military engagement.

- 2.7 million Americans served in Vietnam from 1959 to 1975.

- 58,132 Americans lost their lives as a result of Vietnam; 300,000 were wounded, 80,000 of them severely; and 2,436 remain unaccounted for. Twelve-and-a-half percent of those who died were black, out of an age group that comprised 13.5 percent of the American male population.

- Despite the unpopularity of the conflict and the uncertain ends for which it was fought, a 1980 Harris Poll of Vietnam veterans, the most comprehensive one to date, showed that:

- 91 percent were “glad they had served their country.”

- 80 percent disagreed with the statement, “The United States took unfair advantage of me.”

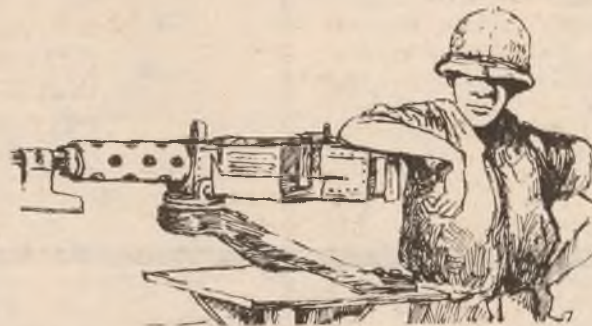
- 74 percent “enjoyed their time in the service.”

- 72 percent strongly agreed with the statement, “The trouble in Vietnam was that our troops were asked to fight in a war which our political leaders in Washington would not let them win.”

- A 1985 Washington Post/NBC poll showed that Vietnam veterans were more likely than their peers to have gone to college, own a home or earn \$30,000 a year or more. A majority of Vietnam veterans said they benefited from being in Vietnam, and weren't bothered by the fact that others had avoided military service in Vietnam.

- U.S. Bureau of Justice statistics show that Vietnam veterans are less likely to be in prison than their non-veteran peers.

## Lest we forget



- Two-thirds of those who served in Vietnam were volunteers, compared with two-thirds who were drafted in World War II.

- The average age of Americans who fought in Vietnam was 19, compared with an average age of 26 for those who fought World War II.

- 150 Americans won the Medal of Honor for heroism in Vietnam.

- 636 American POWs, some of whom had been held by the Communists for up to seven years, returned to the United States with honor after the conflict.

- The conflict began with impressive U.S. public support; and as late as 1968, 53 percent of Americans favored stronger military action.

- The first American ground troops arrived in Vietnam in March 1965. At the peak of the fighting in 1969, the United States had 550,000 troops fighting the conflict.

- American ground forces defeated the Viet Cong and North Vietnam Army in every major encounter of the war—from the Drang Valley in 1965 to the Tet Offensive in 1968 and the Easter offensive in 1972.

- Three theories developed by experts about why U.S. objectives in the conflict weren't reached are: the United States didn't clearly articulate a national objective for Vietnam or a strategy for

achieving the objective; the President committed the nation to war without involving Congress and the people in the process; the North Vietnamese, who lost an incredible 600,000 combat soldiers in the war, the equivalent to the United States losing 10 million, were absolutely determined to continue fighting.

- Once the war was over, the North Vietnamese abolished the Viet Cong and its political arm in the south, the National Liberation Front, and took over the country.

- About 20 percent of the American Vietnam veterans experienced readjustment problems after they came home from the war. The National Academy of Science estimates that 25 percent of returning World War II soldiers had emotional difficulties upon return.

- Today, despite abundant natural resources, Vietnam is one of the 20 poorest nations in the world. The per capita availability of rice is below that of India and Bangladesh.

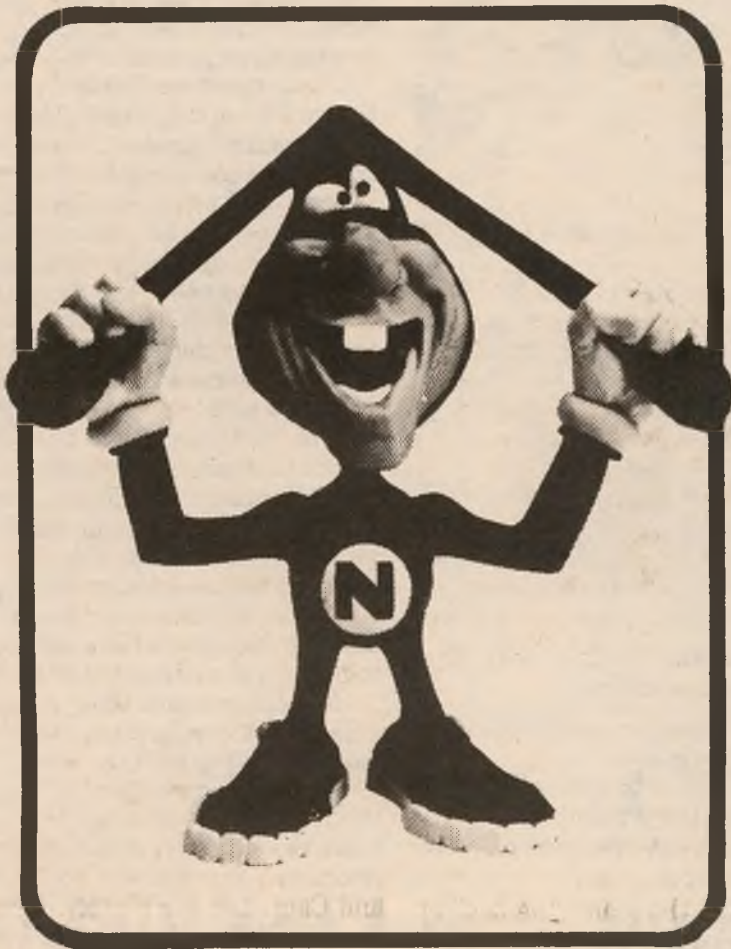
- 730,000 Southeast Asian refugees have settled in the United States since the end of the Vietnam Conflict—468,000 from Vietnam, 147,000 from Laos and 115,000 from Cambodia. The refugees have adjusted remarkably well. They have a higher employment rate than that of the U.S. population as a whole, and their children have done well in school.

- The Vietnam Conflict period bought time for other Southeast Asian countries—particularly Indonesia, Malaysia, Thailand and Singapore—to develop and strengthen themselves politically and economically.

- During the decade following the end of the Vietnam Conflict (1975 to 1985), East Asia has replaced Western Europe as America's leading overseas trading partner. During this decade, the non-communist Association of Southeast Asian Nations (ASEAN) grew at an average economic rate of 7 percent in real terms after inflation—about twice the global average.



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# Heroes

## Presidians promote self-help projects on post

story and photos by Steve Morey

The hard work of "heroes" at the Presidio isn't too difficult to notice. It's a matter of knowing where to look.

For instance, behind the Publication Building, close to Highway 101, lies a well-groomed garden filled with colorful flowers and plants.

Some of the plants you can find there are geraniums, California poppies, yuccas and an occasional rosebush.

You'd never know it, but the garden used to be a haven for large rocks, weeds and other garbage. But through the efforts of a Supply and Services civilian employee, a veritable wasteland was turned into an eye-pleasing garden of color.

Ray Shelmerdine, who will be retiring today, has devoted his after-work hours on Tuesdays and Thursdays, and weekends, beautifying his work environment.

Shelmerdine has also donated his own materials and plants for the cause.

He has been helped by a fellow worker, Marguerite Jackson, and customers who have donated flowers to be planted in the "hidden" garden.

"This is part of our 'five-year project' because it may take awhile to spruce up the entire area around the building," said Shelmerdine.

Although Shelmerdine will be leaving, his work will be continued by Jackson and other employees of Supply and Services.

Shelmerdine is one of the many "heroes" at the Presidio who's efforts won't go unnoticed even after he retires.

Within the Fort Scott area, work is underway for a new Self-Help U-Do-It Center, across the street from the Mini Post Exchange.

The project is the result of a decision by the post commander, Col. Joseph V. Rafferty, to

help Presidians save money through do-it-yourself home repairs.

Work on the center began at the end of March, 1987. At this time, however, a specific completion date is not yet known.

When the project is finished by Company D, 864th Engineers, anyone on post will be able to participate in self-help home repairs.

Dave E. Erwin, project manager, Directorate of Engineering and Housing, said the center will be beneficial to both the Army and those people living on post.

"The center will allow people living in Army housing to take care of minor maintenance problems. Instead of paying a private contractor by the hour for labor," Erwin said, "housing residents will be able to do it themselves."

Materials and home improvement training will be made available at the center for people interested in fixing or improving their living quarters.

Erwin said the Directorate of Resource Management (DRM) did a study and found that 9.2 man years have been spent on self-help projects at the Presidio.

He said he hopes that with the addition of the center the Army can utilize and increase those many hours. This would save the Army the continual expense of hiring private contractors, Erwin said.

Supervising the 864th Engineers is company commander, Capt. John F. Duffy; and Capt. Lee W. Wymer, Headquarters Command Battalion.

The Self-Help U-Do-It Center and the colorful flower gardens near Supply and Services are products of some of the many "Heroes" at the Presidio.

If you have any Ideas for Excellence, and you'd like to be a "hero," call the Ideas for Excellence program at 561-IDEA.



Soldiers from Co. D, 864th Engineers, clear the way for soon-to-be-opened Self-help U-Do-It Center.



Marguerite Jackson and Ray Shelmerdine water the flower garden behind the Publication Building.



Dave E. Erwin, project manager, points out stages of Self-help project to Capt. John F. Duffy, commander, Co. D, 864th Engineers.



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# Community Calendar

## Job vacancy at Fort Baker

The Civilian Personnel Office (CPO) is currently seeking an Accounting Technician (Typing) GS-525-4 to work at Fort Baker. For information on qualification requirements call Maria Priddle at 561-2595.

## Successful play

"How to Succeed in Business Without Really Trying," the musical comedy satire about the methods and mores of Big Business will be presented by the Young People's Musical Theatre Company today and tomorrow at 8 p.m.; Sunday at 2 p.m. and Monday at 8 p.m. which will be an understudy performance. All performances will take place at the Randall Junior Museum, 199 Museum Way off Roosevelt Way. Admission is \$3 for adults and \$1 for children under 12.

For more information, call the Drama and Dance Advisory Committee of the San Francisco Recreation and Park Department at 558-3601 or the Randall Junior Museum at 863-1399.

## Become a super clerk!

The Fort Scott Education Center, bldg. 1216, offers free classes in typing, word processing and preparing corrected correspondence from Aug. 18 to Oct. 15. Military Correspondence meets Tuesday through Friday, 7:30 to 9:30 a.m. This course will cover format for military letters, messages, endorsements, disposition forms and memos.

Beginning and Intermediate Typing and Introduction to Word Processing meet Tuesday through Thursday, 9:30 to 11:30 a.m. and Friday 9:30 to 10:30 a.m. To enter Intermediate Typing you must already know the keyboard and type 20 words per minute; to enter Word Processing you must type 40 words per minute. Register now by calling 561-2974 or 561-4445. Open to soldiers, Army civilians and adult family members.

## Scouting Directors

The Boy Scouts and Girl Scouts Programs on the Presidio are in need of Directors for the 1987-88 school year. Each director will be in charge of organizing the programs for the school year and working with the Bay Area Councils. If you are interested in volunteering, please call Youth Activities at 561-5143 or 561-5910.



## What's shakin'?

Explore Golden Gate Park and discover the arts, flora and fauna that will turn the trip into an adventure!

Star Presidian file photo

## Fall classes begin

City College of San Francisco begins fall semester classes on the Presidio Aug. 17 and Presidians must register by Thursday to ensure a class space. Courses available for beginning college students include:

- Word processing (Wordstar);
- Microcomputer Applications for Business;
- Personnel Management for Supervisors; and
- IBM PC DOS Operating System.

Some previous knowledge is helpful in Microcomputer Database and Accounting for Supervisors. Courses cost \$5 to \$15 for California residents and soldiers (families included) assigned to the Presidio on or after Aug. 18, 1986.

Register now at the Fort Scott Education Center, bldg. 1216, or call 561-2974 or 561-4445. Students also can be registered at the LAMC Education Center, bldg. 1007. LAMC's phone numbers are 561-4030 or 561-3693.

## Ooops!

Last week, the *Star Presidian* misprinted the phone numbers for the U.S.D.A. exercise study. The correct numbers are 556-1075 or 556-1249.

We apologize for the error.

## Recreation Center tours

Aug. 1 there will be a Lake Tahoe Volksmarch tour. The Russian River Wine tour and St. Helena

Volksmarch are scheduled for Aug. 29.

For more information about these tours, call the Recreation Center at 561-5420 or 561-2000, Tuesday through Saturday from 2 to 9 p.m.

## German Headstart

Starting Wednesday, a German Headstart class will be held at the Army Education Center, bldg. 1216, on Mondays and Wednesdays from 6 to 8:30 p.m. through Sept. 23.

The class is offered primarily for soldiers, adult family members and Department of the Army civilians on orders for Germany, but others can enroll on a space-available basis. There is no charge for the course. Books and materials will be provided by the Education Center.

For further information or to enroll, visit the Education Center or call 561-2974 or 561-4445.

## Arts and Crafts

The Presidio Arts and Crafts Centers offers a wide variety of classes, which are scheduled from 6:30 to 9:30 p.m., unless otherwise noted.

Classes are held in the Arts Center, bldg. 122, at the corner of Lincoln Boulevard and Riley Avenue. Advance registration and payment is required for all classes.

Classes include:

Ceramics—slip-casting/pouring, will be taught Aug. 5. There is a \$2.50 fee, plus supplies which cost about \$10.

Ceramic Decorating Techniques on Greenware will be offered on Aug. 12 for a \$2.50 fee plus supplies.

Decorating Techniques on Bisque will be offered Aug. 19 also for \$2.50, plus supplies.

Airbrushing Underglazes will be taught Wednesday and Aug. 26 for a \$2.50 fee plus supplies.

Pottery will be taught July 31 through Sept. 7 for a \$10 fee plus supplies.

Want to learn Raku? Raku will be taught Aug. 22 from 10 a.m. to 3 p.m. The fee will be \$10, which includes glazes and firing. Please bring a pot-luck contribution for lunch!

Wood Safety training is offered on Thursdays from 6:30 to 8:30 p.m. This is a single-session, on-going class. Wood: Beginners will be offered on Fridays, July 31 through Aug. 28. The fee is \$6 plus wood. Glass Jewelry will be taught on Aug. 11 from 6:30 to 9 p.m. The \$3 fee includes all supplies and firing. No experience is necessary! Oil Painting is an on-going class offered on Thursdays from 6 to 9 p.m. for a \$1 fee. Students must provide their own supplies. Matting and Framing is scheduled for Aug. 5 and 19, Sept. 2 and 16. (Each class is two consecutive Wednesday evenings.) The fee is \$7, and supplies are extra. Kids! Ceramics for Kids started July 14 and will be taught through July 31, Tuesdays through Fridays, from 1 to 3 p.m. The \$15 fee includes all supplies. Children's Film Making will be taught Aug. 4 through 14, Tuesday through Friday, from 1 to 3 p.m. The \$15 fee includes all supplies.

## Custom deals

Custom framing: Orders will be taken every Thursday from 5 to 10 p.m., and Saturday from 9 a.m. to 1 p.m. Compare with downtown prices, then come back and save!

Custom Engraving: Bring in your camera-ready work, or ideas, and have multi-colored brass plaques made for any occasion.

Custom T-Shirts: Here's where you can get custom screen-printing for either yourself or your organization. For more information, call 561-4497.

## Family Housing hours

The Family Housing Assignments and Terminations Section has changed to a summer schedule. They are now open to walk-in customers from 9 a.m. to 3:30 p.m. They will continue to receive phone calls from 7:30 a.m. to 4:15 p.m.

For more information call Annette C. Malkiel at 561-2040.

## At the movies

### Presidio Theatre

Fri, July 31	Indiana Jones and the Temple of Doom (PG-13)	7 p.m.
Sat, Aug. 1	The Witches of Eastwick (R)	7 p.m.
Sun, Aug. 2	The Witches of Eastwick (R)	7 p.m.
Mon, Aug. 3	The Witches of Eastwick (R)	7 p.m.
Tue, Aug. 4	Hard Ticket to Hawaii (R)	7 p.m.
Wed, Aug. 5	Hard Ticket to Hawaii (R)	7 p.m.
Thu, Aug. 6	Death Before Dishonor (R)	7 p.m.
Fri, Aug. 7	Benji the Hunted (G)	7 p.m.

### Schwartz Theater

Mon, Aug. 3	The Stepfather (R)	7 p.m.
Wed, Aug. 5	The Witches of Eastwick (R)	7 p.m.
Thu, Aug. 6	Hard Ticket to Hawaii (R)	7 p.m.

Schedule for Hamilton Theater not available at press time.



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# Sports

## How do you spell 'champion' in 10 letters?

story and photos by Steve Morey

He competes in a sport with as many events as there are letters in his last name. But his last name isn't Jones or Smith. In fact, *pronouncing* his last name can prove to be an event in itself.

Kristof Szabadhegy (that's 10 letters, count 'em) is an Army second lieutenant who performs the 10-event contest popularized by Bruce Jenner in the 1976 Olympics....

The grueling decathlon.

The 6-foot-2-inch, 200-pound

Szabadhegy is temporarily assigned to the Presidio until Aug. 20. But his training and meet schedules have kept the All-Army track competitor busy.

During the second week of June, Szabadhegy was in Hayward, Calif., where he represented the All-Army track team at the Army-hosted interservice meet. He then went to San Jose, Calif., for the National Track and Field Championships.

Following the nationals, he participated in a decathlon clinic at the Olympic Training Center in Colorado Springs, Colo. And, from July 22 through 26, Szabadhegy could be found competing in the Olympic Festival in Durham, North Carolina.

As of July 25, Szabadhegy was in first place after the first set of five events. He had amassed 4,128 points while winning two events and placing second in three others.

Training programs and actual events like these will help prepare Szabadhegy for the Olympic Trials to be held in 1988. This one-time shot determines who will represent the United States in the 1988 Olympics in Seoul, South Korea.

Szabadhegy hopes to be the U.S. decathlon representative.

"I'm going to give it my best shot," he said. "It [the trials] is all based on one meet, and with a few breaks, I think I'll have a good chance at qualifying."

Szabadhegy didn't begin serious decathlon training until he entered the University of Pennsylvania on an ROTC scholarship. Before that, he had participated in high school high jump and shot-put competition.

The following are the 10 events of the decathlon and Szabadhegy's best in each:

100-meter jump...11.18 seconds  
Long jump.....24'7"

Shot-put.....47'2"  
High jump.....6'8"  
400-meter run....49.55 seconds  
110-meter high hurdles  
.....14.40 seconds  
Discus throw.....152'  
Pole vault.....15'9"  
Javelin.....170'  
1500-meter run

.....4 minutes, 20 seconds  
"[A decathlon athlete] must try to reach a balance with all of the events. He can't afford to have any weak events," Szabadhegy said.

According to Szabadhegy, his most successful event to date is the long jump. But the event he finds most *enjoyable* is the pole vault.

"When you're vaulting, it's a great experience soaring high above the field," the blond-haired athlete said with a grin.

He participates in the decathlon because, simply, he enjoys it. The personal satisfaction of attaining goals for each event also keeps Szabadhegy motivated.

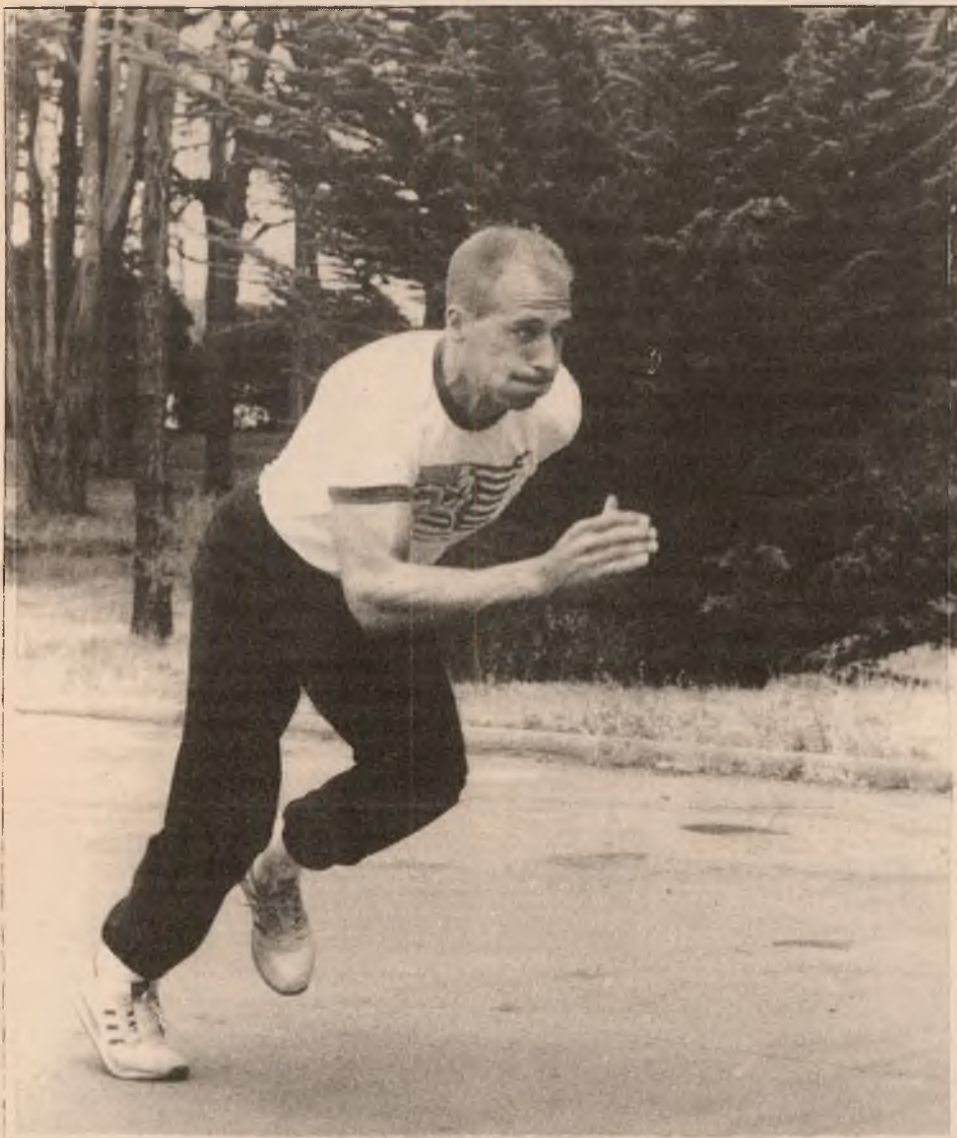
For instance, he hopes eventually to surpass 16 feet in the pole vault and run under 11 seconds in the 100.

A major contributor to Szabadhegy's athletic success has been his military training. "The Army has provided the necessary discipline for me to balance academics and athletics," he said.

The Elite Athlete's Program provides an Army athlete with the opportunity to train for his or her sport where the athlete works. Szabadhegy should be a member of this program within a few months.

His last name may contain 10 letters. And it may be difficult to pronounce.

But no matter how you look at it, S-Z-A-B-A-D-H-E-G-Y spells decathlon success.



Kristof Szabadhegy practices his launch from the starting blocks.

## Sports Notes

### Post tennis tournament

The Sports Branch will conduct a tennis tournament for the Presidio military community. The tournament will be conducted during normal off-duty hours and weekends from Aug. 21 through 30. The double elimination tournament will consist of six divisions. Participants must lose twice before being eliminated.

Commander's Cup points will be awarded for participation and the order in which the competing units finish.

The tournament will consist of the following divisions (four players/teams are required in a division in order for it to be conducted):

- Men's Open—19 years and older;
- Men's Senior—40 years and older;
- Women's Open—19 years and older;
- Men's Doubles, Open—19 years and older;
- Men's Doubles, Senior—40 years and older;
- Mixed Doubles—19 years and older.

This tournament is open to all active duty personnel, Department of the Army (DA) civilians and military family members (19 years and older) who are assigned or attached to the Presidio of San Francisco. Awards will be presented to the top two finishers in each division.

Sign up for the tournament at Gym No. 1, bldg. 63; Gym No. 2, bldg. 1152, or call 561-5032. The entry deadline is Aug. 17. Also, the mandatory rules interpretation meeting will be held at noon, Aug. 17, at Gym No. 1.

### Commander's Golf Tournament

Entries are being accepted for the Commander's Annual Golf Tournament to be held at the Presidio Army Golf Course on Aug. 12. First tee-off time is 8 a.m. The tournament is open to all active duty soldiers, DA civilians and family members who are 20 years old or older and who are assigned or attached to the Presidio.

The tournament will consist of the following divisions:  
Men

- Open (29 years old and younger)
  - Senior (30 years old and older)
- Women
- Open (29 years old and younger)
  - Masters (30 years and older)

The Callaway system will be used for people who do not have an established handicap at the Presidio Army Golf Course. Players can sign up for the tournament at Gym No. 1, bldg. 63 or Gym No. 3, bldg. 1226; or call 561-5032 or 561-5328.

### Summer basketball league

The Summer Basketball Program is just about over as three teams lead the pack with only one loss. Camp Parks (5-1) and Co. B, LAMC (6-1) played each other July 28. The victor (unknown at press time) will join USAISC (6-1) as one of the first place contenders.

In the halfcourt 30 and Older League (three-on-three), Sixth U.S. Army DCSPER took the league title with a 6-1 record. There was a three-way tie for second place between Born of War, Mail and Distribution and Military Intelligence Battalion

(MI BN). They shared 5-2 records and will battle each other in a double-elimination tournament. The finals will be held Monday at 11:30 a.m. in Gym No. 1

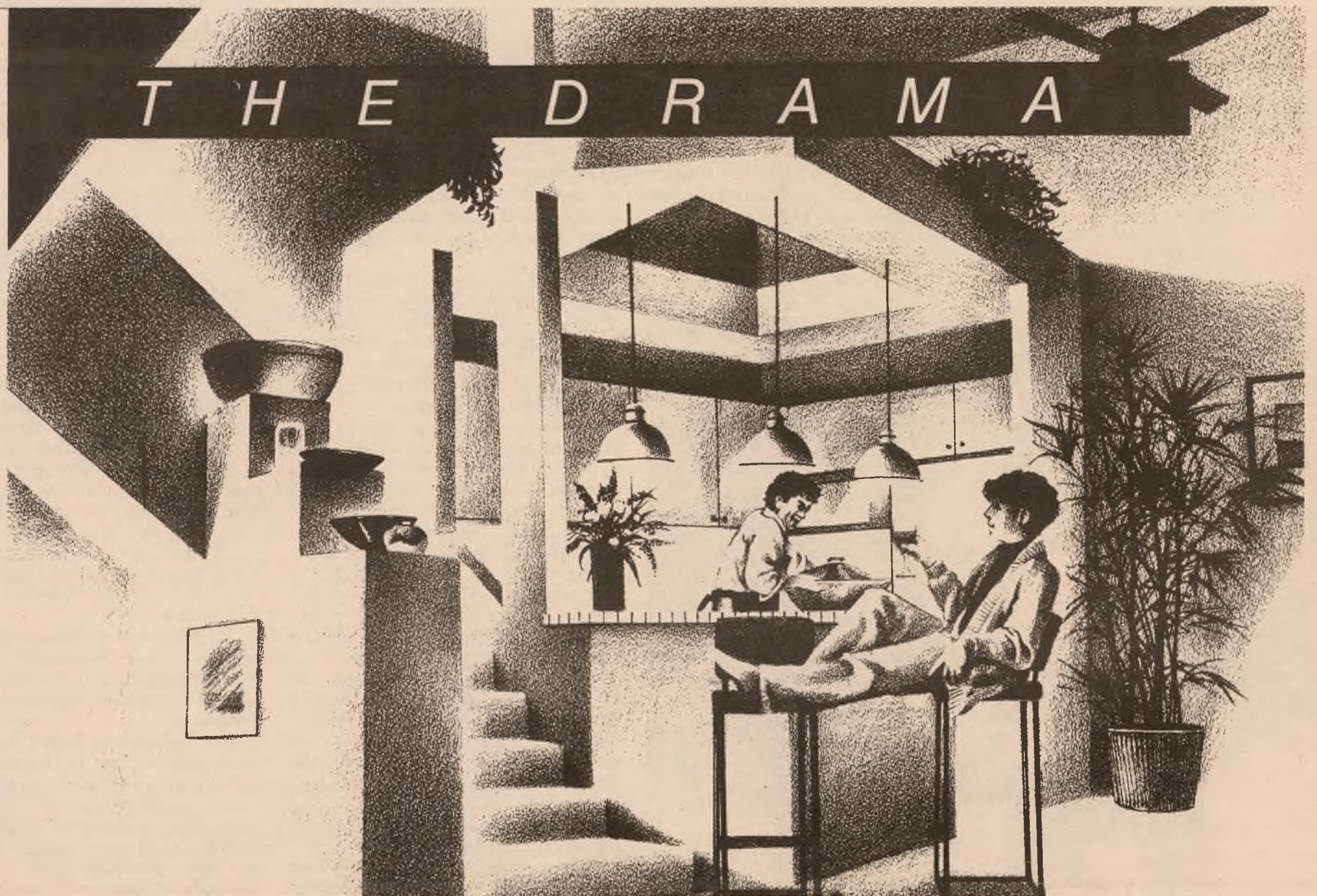
### Standings (three-on-three)

	W	L
DCSPER.....	6	1
Born of War.....	5	2
Mail & Distribution.....	5	2
MI BN.....	5	2
LAMC No. 1.....	3	4
LCA.....	3	4
LAMC No. 3.....	1	6
LAMC No. 2.....	dropped out	

### Summer league standings

	W	L
USAISC.....	6	1
Co. B, LAMC.....	6	1
Camp Parks.....	5	1
Sixth U.S. Army.....	5	2
Co. A, LAMC.....	3	5
DLI-SF.....	2	4
DOL.....	2	4
LAMC No. 3.....	1	5
USAG.....	1	5





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**BAY POINTE** The long-awaited Bay Pointe community, in convenient Refugio Valley Ranch above Hercules, is now open for sales.

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To visit Bay Pointe in Refugio Valley Ranch, take I-80 north to the Hercules exit. Go to Sycamore Avenue. Turn left. Follow Sycamore to Refugio Valley Road and turn right. Follow the signs to Bay Pointe. Open daily 10 a.m. to 6 p.m. Call (415) 799-4266.



*BAY POINTE*

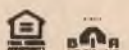
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**New Corp:** MI battalion  
new name, destiny,  
page 5

**Tioga Pass:** 864th  
tackles mountains,  
forests, page 7

**DCSPER:** Three-on-three  
champs,  
page 11

# Star Presidian

Vol. 30, No. 31

"Published in the interest of the people of the Presidio of San Francisco."

Aug. 7, 1987

## Cycle classic cuts through post, curbs traffic

by Jim Hudgins

Attention Presidio residents! The fifth stage of the Coors Classic cuts its way through the post at 11 a.m. Sunday as 100 world-class cyclists compete to see who is the best in this 10-stage event.

Presidio youth groups and the Club system will be the only groups selling refreshments that day. The event is expected to generate funds for the post's youth organizations. But traffic flow could be a problem for those who don't plan ahead.

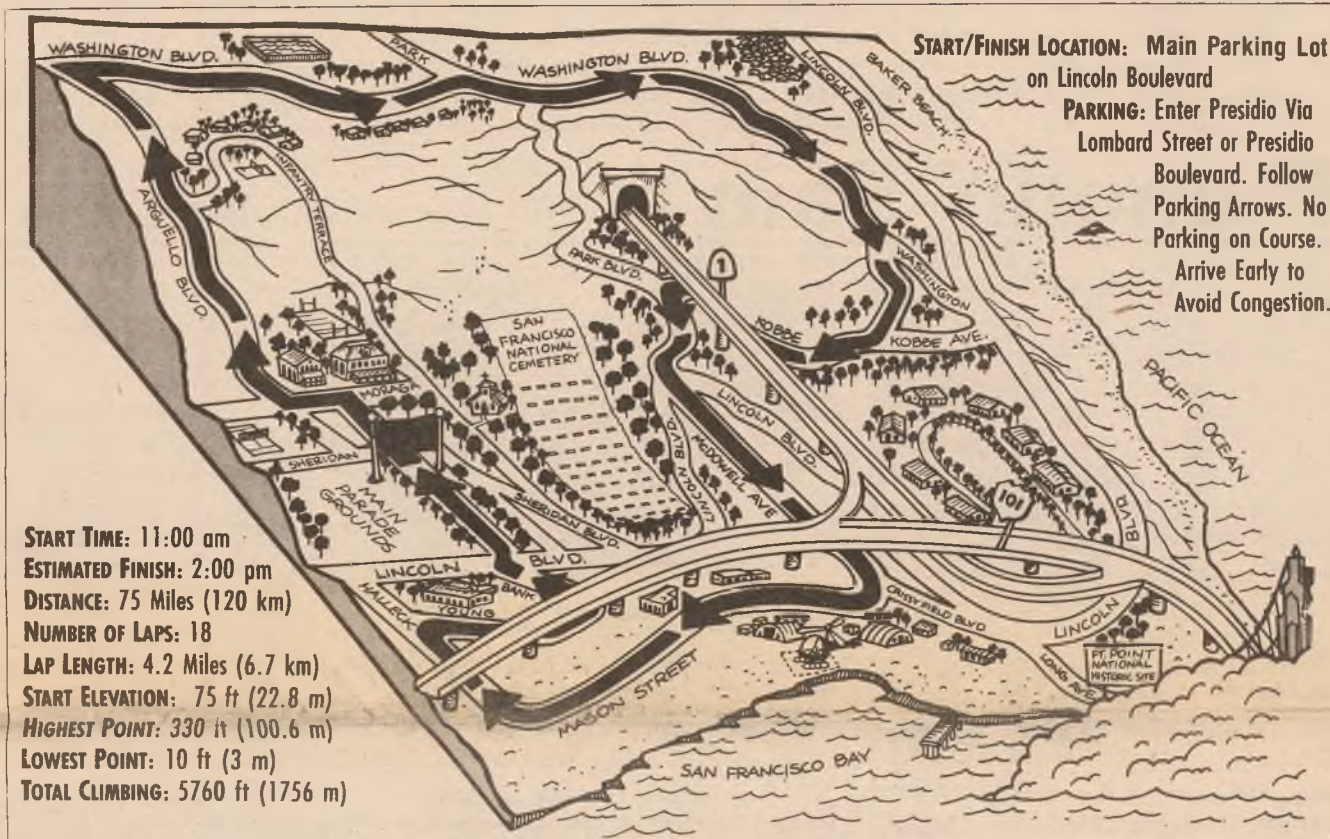
The start/finish line will be in the main parking lot, and about 20,000 spectators will be on hand. The race runs from 11 a.m. through 2 p.m., but traffic will be affected from as early as 10 a.m. until about 4 p.m. because of the way the race course has been set up. The course will have a big effect on housing areas along Washington Boulevard, Kobbe Avenue, Amatury Loop and Infantry Terace.

Traffic won't be stopped, but long delays can be expected. Military Police and course monitors will be on hand Sunday for traffic control and directions.

The 1987 spectator's guide for the Coors Classic shows the race course is designed for power bikers. The course finishes with an uphill climb.

The spectator's guide lists the Presidio as a site chosen because of its terrain, the pattern of the roads, and because spectators have easy access to the course. The course is 4.2 miles long and requires 18 laps from start to finish.

Starting from the main parking lot, the course makes its way up Arguello Boulevard, turns right on Washington, and meanders through the hilly terrain of the Presidio until it gets to Kobbe



Map shows route of Coors Classic. Spectators have easy access to the course. Map courtesy of Cycling Magazine

Avenue. From Kobbe the cyclists make their way to Park Boulevard, turn left on McDowell Avenue, and race to Mason Street on Crissy Field.

The racers head east on Mason to Halleck, south from Halleck to the Post Office on Lincoln,

and back to the main parking lot across the street.

There will be plenty of vantage points for spectators. No one is allowed to park on the course. Efforts will be made to keep spectators away from housing areas.

## News Briefs



Reservists attack barbecue with relish.

### Doing something different

The Headquarters Company Dining Facility treated more than 200 soldiers to an outdoor barbecue July 30, surprising and earning the praise of U.S. Army Reserve soldiers from Parks Reserve Forces Training Area (RFTA).

The visit by the Parks trainees was a coincidence, but for some of them, lunch became a blessing in disguise.

The group of reservists numbered about 35 soldiers, and apparently the word spread around post about the barbecued ribs and chicken the dining facility had prepared for lunch. Accord-

ding to SSgt. Exequiel Enriquez, the dining facility's NCOIC, more than 200 people were served for that particular meal. That didn't bother the reservists, though.

The reservists, most of whom were administrative specialists (71L) in training from different units in southern California, were visiting the Presidio to get a glimpse of what their jobs would be like in the real world (as opposed to a classroom).

As it turned out, some cooks had been training in the dining facility at Parks and the reservists had become their "guinea pigs." For them, the lunch prepared by Headquarters Company's cooks was a huge success.

"It gives us a chance to enjoy the weather, instead of being cooped up inside all day," said SSgt. Anita Edgebough, an instructor at the 6227th School, USRF, located in the 900 area on the Presidio. "It seems to make the meal taste better."

"We have a school of cooks at Parks right now and we've had our meals prepared by them for the past 17 days. We've gone through some changes with the food."

MSgt. John Lujon, NCOIC of the group, said there was no comparison.

"You've got some fantastic food here," he said. "When we dismounted from the bus and saw what was sitting before us, we couldn't wait to dig in. Our hats are off to the cooks...they've

done a good job."

Enriquez said more outdoor barbecues are planned.

"We're trying to have cookouts once a month," he explained. "Of course, the weather is an important factor. But we set aside the last weekday of each month to serve our meals outside. The soldiers seem to enjoy it."

The students from Parks RFTA certainly did.

### No electricity

A major electrical shutdown will hit the Presidio's Fort Scott area, cutting power for four hours on two separate days.

The electrical power will be shut off in four different zones on Aug. 16 and 23. The shutdown for each zone is expected to last no more than four hours, but zone B-1 (explained below) may be back on line within two hours to minimize the effect that electrical loss will have on the post's exchanges.

Lowell Whiteaker, chief, Contract Services and Utility Sales Branch, Department of Engineering and Housing (DEH) said the shutdown is part of an engineering study.

"We are checking all circuits and components to come up with an accurate, one-line diagram of the post's electrical system," Whiteaker said. "The diagram will make it easier

see Briefs, page 3



# Voices

## Constitution: document shapes our freedom

by Pleasant Lindsey

What do you know about the Constitution of the United States?

Did you know that the final draft carries 40 signatures of the first political leaders of our country? Did you know that the Constitution established the U.S. Post Office, and that counterfeiting was listed as a crime?

Did you know that Article XIX of the Constitution, ratified in 1920, reads: "The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex"? For that matter, how many of you out there are registered voters?

I'll talk about voting in a later issue—it's a pet peeve of mine. But since I've got your attention let

me remind you that Article XVI reads: "The right of citizens of the United States, who are eighteen years of age or older, to vote shall not be denied or abridged by the United States or by any State on account of age." Do you know when this Article was ratified? The answer will appear in next week's issue of the *Star Presidian*.

As a document, the Constitution makes some interesting reading. One can find out why Presidents serve no more than two terms in office; what is the easiest way to become a U.S. citizen; and the official date and time that Presidential terms begin and end.

In the previous issue of the *Star Presidian* we asked a number of questions to test your knowledge of the Constitution. Here's a reprint of

the questions, with the answers included.

**Q. How does the Constitution begin?**

**A.** "We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America."

**Q. Congressional bills to raise revenue, including military expenditures, originate where?**

**A.** "All Bills for raising Revenue shall originate in the House of Representatives; but the Senate may propose or concur with Amendments as on other Bills." (Article I, Section 7)

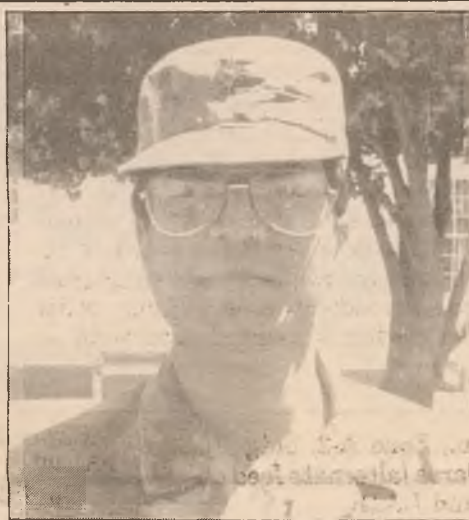
*please see Constitution, page 3*

## Ramblin' Sam

"Do you salute when wearing civilian clothes? Why or why not?"



**Sgt. Denise Slade, acting NCOIC Adult Internal Medicine, LAMC:** "Yes, it shows respect and courtesy, regardless of whether or not the soldier is in uniform. And if you recognize an officer in civilian clothes, you should salute as well."



**SP4 Tajammul Hussain, military personnel specialist, promotions clerk, USAG:** "If I know the officer I'll salute, regardless of whether the officer is in civilian clothes or not. I'll salute out of proper respect. The same is true if I'm in civilian clothes."



**Sgt. James DoBynes, personnel NCO (USAG) Presidio:** "It depends on the person to whom I'm saluting. Officers in civilian clothes deserve the respect of a salute. It shows military courtesy. On a military post, when I'm in doubt, I salute out of response."



**Pvt. 2 John R. Caraugh, pediatrics technician, Letterman Army Medical Center (LAMC):** "When you recognize a person in civilian clothes as an officer, you should salute. I haven't seen this done too often around post. I do, though: and also when I'm in civilian clothes and the officer is in uniform."

## Marsh: 'The world must know... 'This we'll defend.'

by Donna Bolinger-Miles

"I do solemnly swear that I will support and defend the Constitution of the United States. . . ."

These are the words spoken by every recruit entering the U.S. armed forces and every service member during re-enlistment. In taking this oath, members of the U.S. military accept a special obligation to protect the document that has served as the foundation of American government for 200 years.

On Sept. 17, the bicentennial of the signing of the Constitution, many of America's men and women in uniform around the world will once again reaffirm their commitment to the document they have sworn to protect.

Reaffirmation ceremonies are scheduled at many military installations, in addition to speeches, lectures, art and science exhibits and band concerts focusing on the bicentennial celebration.

As they raise their right hands and speak the words of the oath, service members will reaffirm the intentions of delegates at the 1787 Constitutional Convention in Philadelphia.

They will make the same promise uttered by George Washington and every American president since, by every member of Congress and the U.S. Supreme Court and by hundreds of thousands of American veterans.

But most importantly, they will once again accept their special

obligations and responsibilities to protect the Constitution "against all enemies, foreign and domestic."

In taking the oath, they will set themselves apart as official guardians of a blueprint of government that represents freedom and opportunity for individual achievement. They will promise to sacrifice whatever is necessary to ensure the survival of its principles.

"You're different from other citizens who did not take that oath," according to Secretary of the Army John O. Marsh Jr.

"They share with you the benefits of what you swear to defend," Marsh said. "You have put it on the line for other people because you understand the high importance — to yourself and your family

— of what you are trained and ready to defend."

"We in this generation must not shirk our responsibilities any more than did those courageous men of 200 years ago," he noted. "As we face the great threats to our peace and security, we acknowledge that around the world we are known as champions of freedom and democracy. Our vision must be the vision of Madison; our character that of Washington."

"The world must know we are dedicated to our Constitution and way of life, and to the world we'll continue to declare that 'this we'll defend,'" said Marsh.

**American Forces Information Service**

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# Etc.

## Constitution continued from page 2

Q. The provision for the U.S Army as an institution can be found where?

A. Article I, Section 8, paragraph 12. It reads: "The Congress shall have Power To lay and collect Taxes, Duties, Imports and Excises, to pay the Debts and provide for the common Defence and general Welfare of the United States;...To raise and support Armies, but no Appropriation of

Money to that Use shall be for a longer Term than two Years;...(Now you know why the defense budget is always in the news.)

Reading the Constitution will shed some light on how our government was formed, where our rights as citizens come from, and why we enjoy so much freedom in this country.

In following issues the *Star Presidian* will con-

tinue to deliver important facts about our country's greatest document as we celebrate the bicentennial of the U.S Constitution.

(Don't be alarmed by some of the awkward spelling in the Constitution. In their day, writers capitalized most nouns and pronouns. See, you've just learned something else!)

## TAKE A BITE OUT OF CRIME

### Crosswalk safety

by Dennis O'Brien

"Everywhere you look, there are crosswalks," stated one driver as he drove from one end of the post to the other. But the driver also stated, "that almost half" the people that he has observed, use the crosswalk. And what about the other half?

"They probably use the quickest way to get from one point to another."

Consider the crosswalk in front of the MP Station, adjacent to the fire department; there is a crosswalk but it has been observed that people crossing the street between bldg. 35

and the corner of West Halleck have decided to make their own unofficial crosswalk.

Then there is the parking lot across the street from the former Wells Fargo Bank. Pedestrians are often seen taking a short cut to the snack bar and crossing where they are unseen by motorists because of a corner, putting their lives in the hands of a driver who probably is not really paying full attention to his or her driving. There are other places on post such as the areas around LAMC and adjacent to the Post Headquarters building where pedestrians seem to dart out from nowhere.

The California Vehicle Code (CVC) 21950 defines the crosswalk as "that portion of a roadway included within the prolongation or connection of the boundary lines of sidewalks at intersections where the intersecting roadways meet at approximately right angles, except the prolongation

of such lines from an alley across a street or any portion of the roadway distinctly indicated for pedestrian crossing by lines or other markings on the surface.

"The driver of a vehicle shall yield the right-of-way to any pedestrian crossing the roadway within any marked crosswalk or within any unmarked crosswalk at an intersection, except as otherwise provided in this chapter.

"The provisions of this chapter shall not relieve a pedestrian from the duty of using due care for his or her safety. No pedestrian shall suddenly leave a curb or other place of safety and walk or run into the path of a vehicle which is so close as to constitute an immediate hazard. No pedestrian shall unnecessarily stop or delay traffic while in a marked or unmarked crosswalk. Every pedestrian upon a roadway at any point other than within a marked crosswalk or

within an unmarked crosswalk at any intersection shall yield the right-of-way to all vehicles upon the roadway so near as to constitute an immediate hazard."

What does this all mean? Well, the guidelines are set as to where a crosswalk should be and it is the pedestrian's responsibility to use the crosswalk with extreme care. But it also spells out that pedestrians should exercise due care when crossing outside the sidewalk.

So remember, crosswalks are there for a reason.

### Crime report

- A man's wallet was turned in to Lost and Found.
- A soldier was apprehended for assault.
- Two traffic accidents were reported.

## Briefs continued from page 1

for DEH to pinpoint any problems that develop in the system." Also, it will provide a clear description of the system which can be referred to for future construction projects.

The schedule for the electrical shutdown follows:

### Electrical shutdown schedule

Aug. 16, 12:30 to 4:30 p.m., Zone B-2: 100, 300, 400 areas; street lighting; bldgs. 34, 35, 36, 37, 38 and 1047; Field Maintenance shops; Crissy Field area, south.

Aug. 16, 7:30 to 11:30 a.m., Zone B-1: 200, 600, 900, 1000, 1100 areas; Main post; Crissy Field area, north; Cemetery buildings; Ruger and bldg. 1040.

Aug. 23, 12:30 to 4:30 p.m., Zone A-1: LAMC; Presidio Park water pumps; 1200, 1300, 1400, 1600 and 1700 areas; street lighting; Battery Caulfield; and bldg. 352.

Aug 23, 7:30 to 11:30 a.m., Zone A-2: bldg. 70; Gym No. 1; 100, 300, 400 area (alternate feed only); 500, 700, 800 areas; and LAIR.

## Legal education

The Judge Advocate General is accepting applications for the Army's Funded Legal Education Program (FLEP). Under this program the Army will select up to 10 Army officers to attend law school at government expense while on active duty.

This program is open to active duty Army officers who want to serve as Judge Advocates (military lawyers) and will have at least two, but not more than six, years of total active duty service at the time the legal training starts. The six-year prerequisite includes combined service as an officer and an enlisted soldier. Further eligibility requirements and the application pro-

cedures are set forth in Army Regulation (AR) 351-22.

Eligible officers should immediately register for the next Law School Admission Test (LSAT). The original application must be received by the Office of the Judge Advocate General, Headquarters Department of the Army (HQDA), by Nov. 1. The application must be sent through channels (including the officer's branch manager in MILPERCEN). Therefore, applications should be submitted well in advance of the deadline date.

Also, officers who are accepted for FLEP training are committed to a two-year service obligation for each year spent in law school under the program.

Interested officers should contact Col. Howard Curtis, Staff Judge Advocate, Headquarters Presidio of San Francisco at 561-5591 or 561-5592 for more information.

## PSF IDEAS OF EXCELLENCE PROGRAM

Who do you turn to when the personal computer in your office goes on the fritz? Trained technicians are required to fix today's machines. Most of us are not qualified to perform substantial repairs on computer equipment and waiting for the repairman to arrive could take weeks. But there may be a solution to the problem.

R. D. Gore, of the Directorate of Logistics, has developed an idea that would eliminate wasted time waiting for repairs. Gore suggests establishing a two- to three-year repair effort for automation equipment within the Directorate of Logistics' Maintenance Division. Automation equipment would include display monitors, PCs, printers and computer-related equipment.

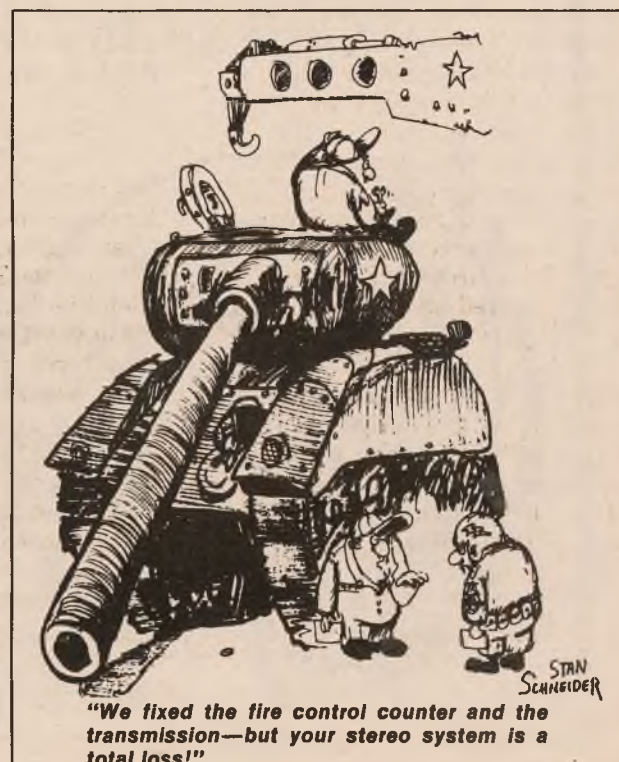
According to Gore, the Maintenance Division already has the capability for making repairs. With some training and test equipment, rapid repairs of vital, mission-essential equipment can

be accomplished. Gore stated initial repairs would be made on a test basis and suggested using the Garrison's IBM PCs to evaluate the success of the idea.

Gore's idea could have a big impact on cost-effectiveness. He estimated that \$100,000 to \$200,000 could be saved in the first year of the plan, and equipment down-time would be decreased significantly.

Gore's idea also would cut down on paperwork. Currently, one-time, expensive contracts are being awarded for repairs. That means each repair requires a Procurement request. Gore's idea would have most PC maintenance jobs performed by an in-house staff.

This is one idea that can be appreciated in many of the offices on post. Perhaps your idea could be equally appreciated. To find out, call the Ideas of Excellence program at 561-IDEA.





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# Soldiers

## Modern spy corps protects national security

story by Steve Morey

Military Intelligence spies sweep across the roofs of buildings chasing down "criminals" who have violated national security. The James Bond-like figures are dashing and debonair, dressed in tuxedos and handy with sophisticated devices.

Welllllll, not *exactly*.

The group consists of men and women; soldiers (commissioned and enlisted) and civilians; and tactical and strategic specialists—encompassing the active Army, Army Reserve and the National Guard forces.

Members of the newly-designated Military Intelligence (MI) Corps (Counterintelligence [CI]) (Counterespionage [CE]) at the Presidio are part of the 902nd Military Intelligence (MI) Group.

Before its official activation on July 1, the former MI Branch consisted of soldiers and civilians dedicated primarily to their specific units, groups, and geographic areas.

Now, according to Maj. Edward J. Menard, executive officer, MI Battalion (CI) (CE), the Corps can operate more as a "big family."

"Although we've only been functioning as a corps for about a month," Menard said, "I believe, in the long run, it will add to the morale and cohesion of our personnel."

### Savvy

The MI Branch, estimated by Menard as the seventh largest in the Army, also celebrated its 25th anniversary the day it became known as the "MI Corps."

Up until 1962, MI consisted mostly of Army reserve soldiers. However, during the Army's experiences in Vietnam, Menard said, "the need for highly-trained intelligence soldiers was proved to the Army."

The fascinating aspect of MI, he said, is the requirement for personnel to be well-educated and trained in fields such as imagery and signals intelligence.



"Our people must be warmer than rocks," Menard added emphatically. By this he meant that his soldiers must have the savvy and skills to carry out their sophisticated missions.

Most visible to the military community are MI's investigations, operations, and security training of soldiers.

MI, under the U.S. Army Intelligence and Security Command, has a force of 16,500 soldiers around the world to carry out such missions.

Nationally, the MI Battalion has detachments from New England to California. Soldiers perform frequent temporary duty assignments (TDY) as members of MI.

At the Presidio, MI works with all other units to enhance security and provide general support at the corps level and above, Menard said.

At times, however, the military community gets MI confused with Presidio's Criminal Investigative Division (CID). Menard pointed out that CID deals with felony crimes committed by Army soldiers; whereas MI handles national security crimes.

"We work closely with, but are not a part of

CID," Menard emphasized. He went on to say that in many respects MI is like an Army FBI, investigating hostile intelligence activities.

Another interesting facet about MI, Menard said, is that "We see the same people over and over while covering assignments. Friendships, both professional and personal, develop over a period of time." This helps to establish the big family concept of the MI Corps, he added.

In the process of completing their missions, the MI "family" even saves the taxpayers money.

"We screen soldiers who need security clearances *before* they are trained for a job," said Menard, "to avoid possible security violations which may exclude them after they are trained and on the job." This saves money for the Army by avoiding costly, unnecessary training of soldiers. Thus, the taxpayer saves as well.

### Checkmate

According to Menard, the entire framework of MI can be likened to that of a game of chess. "Our basic mission is checkmate," he said pointedly.

Similarly, the distinctive MI Corps Insignia (crest) symbolizes the mission of MI. Menard explained that the knight, or horse, is surrounded by a skeleton key, representing intelligence or knowledge; and a bolt of lightning, representing the signal intelligence functions of the corps.

The military community's *image* of MI Corps members may not coincide with MI's actual duties. In fact, Menard said an MI worker is evaluated on how well he or she retains and analyzes information.

"And, to a greater extent," he added, "on how well he or she performs tedious, but necessary, paperwork."

This may not sound like the resume of James Bond. But it's *real*. And the people are real, too. The MI Corps is keeping our national security safe and sound.

## New general honored

by 91st Division PAO Staff

A ceremony honoring the new Assistant 91st Division (Training) Commander, Brig. Gen. Kent H. Hillhouse, was held Sunday, Aug. 2, at Fort Baker in Sausalito, Calif.

The event began at 3 p.m. as the 91st Division (TNG) honored its newest General Officer with an 11-gun salute.

Hillhouse was honored with a formation which included Headquarters, 91st Division (TNG), the 91st Division Band, the 91st Division Pipes and Drums and a color guard from the division's leadership academy at Parks Reserve Forces Training Area, Dublin, Calif.

The ceremony was attended by the Deputy Commander of Sixth U.S. Army, Maj. Gen. and Mrs. Thomas F. Cole, former 91st Division Commander Maj. Gen. and Mrs. Edwin Taylor, Col. and Mrs. Joseph V. Rafferty, Commander of the Presidio San Francisco and other distinguished guests.

The 91st Division Band played "Ruffles and Flourishes," "The General's March," "To the Colors," and the National Anthem after which they sounded the first 11-cannon salute for Hillhouse.

Hillhouse, 43, is the second youngest general officer in the U.S. Army Reserve.



Photo courtesy of 91st Division PAO

Brig. Gen. Kent H. Hillhouse observes 11-gun salute in his honor.

## Army saves families money

by Rudi Williams

The military services are making life easier for families of service members on unaccompanied tours. Those already living in government quarters may be permitted to remain there while the soldier is away.

This saves military families and the government thousands of dollars in moving expenses and reduces the number of times families are uprooted when sponsors are assigned to isolated areas.

"When soldiers receive orders for overseas, they should get in touch with their Military Personnel Office," said Capt. John W. Bradley III, chief, Officer Personnel Branch, Presidio San Francisco.

The local office will give the necessary information, he said.

"I think it's important to keep families in touch with the military community," Bradley said.

A program like this reinforces support for the Army family and it's a comfort knowing his family has a place to stay, Bradley said.

"Homebasing" is a term used by Army personnel managers for service members who are slated for return to the same base following a remote overseas tour. The Army also has a program called "advance assignment" tours. Under these programs, service members are told where they will be stationed when they finish their short tour.

Since these soldiers know where their next assignments will be, their families can move to that location and set up housekeeping, instead of moving to a different area and having to move again when their sponsor returns.

Soldiers can sign up for homebasing or the advance assignment program. Officials say either program will "save soldiers money on moving expenses and reduce the number of times families have to relocate."

Under the advance assignment program, families who don't already live in post housing are not eligible for government quarters until the soldier returns from an overseas assignment.

"If they're already living on post, they can choose to remain in those quarters until the soldier returns from his assignment," said Sgt. Maj. Marino A. Fiesel, assignment procedures officer, Army Military Personnel Center, Alexandria, Va.

The names of those who move to the new assignment area are put on the family housing waiting list. Their name will be near the top of the list by the time the soldier finishes his or her overseas tour.

The aim of these programs is to save soldiers and the government money and to make it easier for families to deal with separations.

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# Blue skies

## Earthmovers shake up snow-capped mountains

story and photos by Steve Morey

Amid the breathtaking mountains of the Sierras and the placid woodlands of Inyo National Forest roared the mighty machines of Presidio's Earthmoving Platoon, Company D, 864th Engineer Battalion.

The sky was blue and the water of the lakes and streams was crystal clear. But one hundred feet away the dust flew, and the sweat rolled down the soldiers' faces.

Inyo National Forest Park Service needed, among other things, a 2.9-mile stretch of road "graded" and a parking lot enlarged to twice its size.

A total of 40 864th soldiers, including 10 from the Maintenance Section and eight from the Second Vertical Platoon, were called on to do the job.

Officially designated as the "Tioga Pass Construction Project," the month-long construction venture is scheduled to be completed Aug. 14.

As of July 29, under the guidance of the on-site officer-in-charge, 1st Lt. Sunny Yi, the

soldiers had installed 27 new culverts, which are drains which cross under a road. The engineers also had removed 22 tree stumps, subgraded and compacted (graded) more than half of Saddlebag Lake Road and upgraded 6,000 feet of trench excavation.

Whew!

"We're ahead of schedule on the work for the parking lot," said Sgt. Gregory Dominique, despite having to make four, three-hour trips a day with 20-ton trucks to the gravel borrow site. Dominique supervises each of the project's work areas whenever Yi or Staff Sgt. James King, NCOIC, are busy with other duties.

The 864th is coordinating their efforts with George Lanyon, project engineer, U.S. Department of Agriculture Forest Service.

"Within two years, Inyo National Forest Park Service hopes to have Saddlebag Road and the parking lot completely paved with asphalt," Lanyon said. This would make it much more enjoyable for those traveling up

the road, he said.

The soldiers are working an average of 14 hours a day, six days a week under sunny, 80-degree skies. At night, however, the temperature dips to the low teens, King said.

"The first week we were here it was very cold," he said. "There were even a few snow flurries falling."

Tioga Pass, located near the California-Nevada border and 10,000 feet above sea level, also introduced the soldiers to the thin air of the mountains.

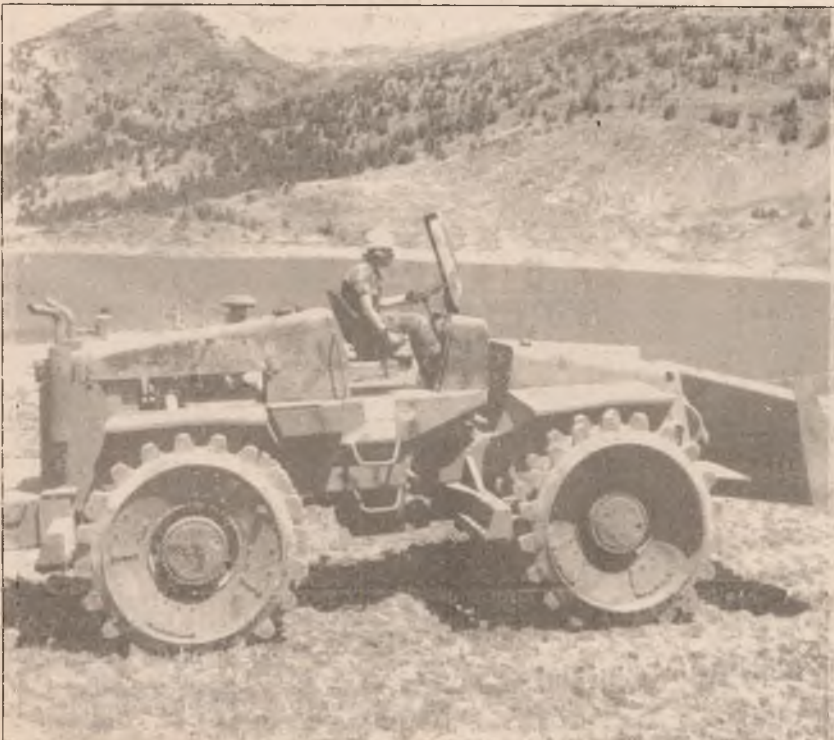
"All of us experienced shortness of breath the first week. A few soldiers even suffered minor cramps," King said. However, he said the soldiers have adjusted and, at the most, get slightly winded climbing the steep hills.

By Aug. 14 the 864th Earthmoving Platoon should be back at the Presidio. They'll be leaving snow-capped mountains, gentle waters and peaceful woods.

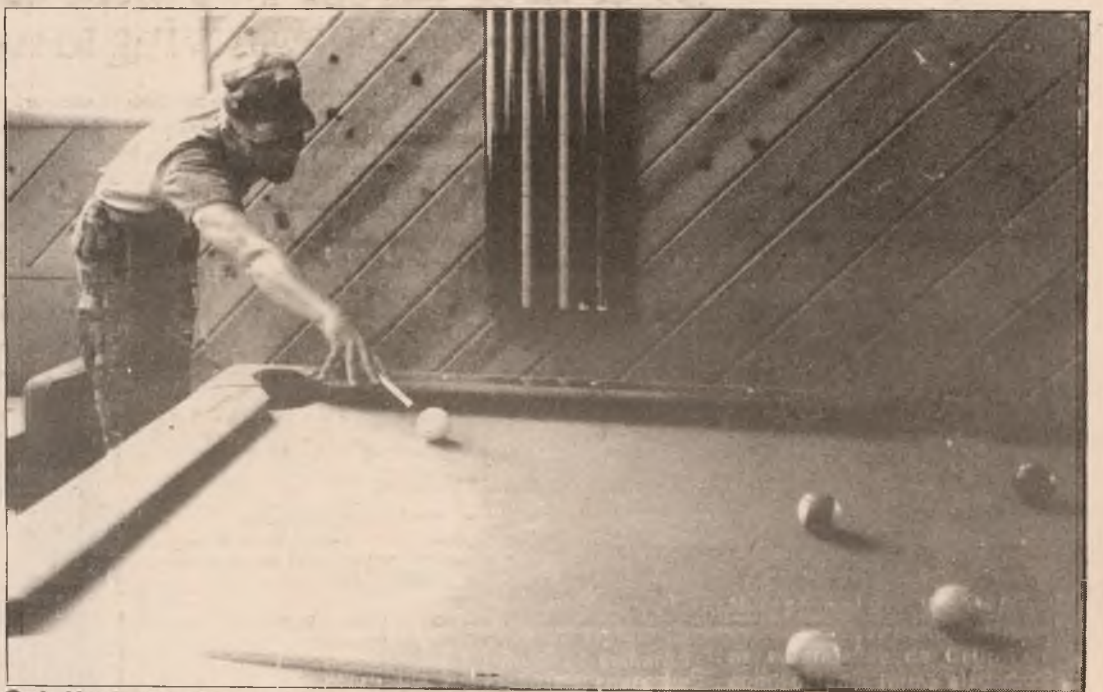
It may be said that they couldn't have worked in a more beautiful environment.



Engineers remove old culverts (foreground) and replace them with new ones.



PFC Tenneson Nash compacts the soil with a "BOMAG" machine to leave a solid foundation for parking lot.



Cpl. Kevin Prochnow takes a break from working in thin mountain air.



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# Community Calendar

## Presidio night with the Giants

Plans are ongoing for this year's edition of "Presidio Night With The Giants." It will take place on Friday evening, Aug. 28. The Giants' opponents that night will be the World Champion New York Mets! Tickets are now available at the ITT Office in the Golden Gate Community Center.

A section of the lower reserved seating section at Candlestick Park behind first base has been set aside for Presidians. These tickets have been discounted to \$6 each.

Look for more information in future *Star Presidians* about a salute to the installation as part of the pre-game ceremony, and about transportation from the Presidio to and from the ball park.

## Living history

Want to re-live history? Tickets are available for Old California Celebrations, a recreation of a rural celebration in California that was performed during the period between the 1840s and the 1870s. Just visit the ITT Office, bldg. 135, and pick up your \$6.50 ticket.

## Labor Day Softball Tourney

The Presidio Labor Day Softball Tournament will be held Sept. 4 through 7. Units may augment their teams with players from other units. The tournament entry fee is \$50.

For more information, call the Sports office at 561-4120 or 561-5032.

## \$1,000 woman

Are you a healthy woman willing to earn \$1,000 for exercising?

Volunteers are needed for an exercise study conducted at the U.S. Department of Agriculture's Western Human Nutrition Research Center in Letterman Army Institute of Research (LAIR) on post. The study begins Tuesday and lasts through Oct. 18.

Volunteers must be healthy women, 25 to 35 years of age, and must be able to participate in a supervised exercise workout on a treadmill or bicycle ergometer. Breakfast and dinner will be provided by the study at their metabolic kitchen for the entire 70 days of the study.

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Call 556-1075 for information. Ask for the Exercise Study.

## Golden Gaters

The Golden Gaters will travel this month to Bothe Park in Napa Valley for a brown bag picnic lunch and then to Spring Mountain winery for a tour and wine tasting. Spring Mountain is where the TV show, Falcon Crest, is filmed. We will leave Presidio of San Francisco Officers' Club at 9 a.m. and Oakland Army Base at 9:30 a.m. The date: Aug. 15; the cost: \$10. This covers all drinks, transportation, parking fees for the bus and entry fee to Spring Mountain. Want to join us? If you have a military affiliation and are single, please do. Call Pat at the Presidio Post Chapel 561-4711 for your reservation.

## Youth matinees

The Community Life Program (Mayors) and the Enlisted Spouses' Club is sponsoring matinee movies for youths Tuesday and Aug. 18 and 25. The cost for feature movies is \$1 and transportation is available to and from the housing areas. Each Tuesday matinee will be shown at 1:15 p.m.

For more information about bus schedules, call the Army Community Service Community Life Office at 561-5057.

To find out what movies are showing, consult the movie schedule in this paper.

## German Headstart

Starting Wednesday, a German Headstart class will be held at the Army Education Center, bldg. 1216, on Mondays and Wednesdays from 6 to 8:30 p.m. through Sept. 23.

The class is offered primarily for

soldiers, adult family members and Department of the Army civilians on orders for Germany, but others can enroll on a space-available basis. There is no charge for the course. Books and materials will be provided by the Education Center.

For further information or to enroll, visit the Education Center or call 561-2974 or 561-4445.

## Youth Soccer

The Youth Activities Youth Soccer sign-ups will be held today until 4:15 p.m. If players are still needed to fill slots in any of the age groups, the deadline will be extended.

Leagues are formed for age groups 4 and 5, 6 and 7, 8 and 9, 10 and 11, and 12 and 13. Also, volunteer coaches are needed for all age groups.

There is a \$20 registration fee for all age groups older than 6. For age groups 4 and 5, the fee is \$13.50. Also, for registration, bring a copy of your child's birth certificate and a one-by-two-inch photo.

For more information, contact Youth Activities, bldg. 1331, Fort Scott area, at 561-5143 or 561-5910.

## Arts and Crafts

The Presidio Arts and Crafts Center offers a wide variety of classes, which are offered from 6:30 to 9:30 p.m., unless otherwise noted.

Classes are held in the Arts Center, bldg. 122, at the corner of Lincoln Boulevard and Riley Avenue. Advance registration and payment is required for all classes.

Classes include:

**Ceramic Decorating Techniques on Greenware**, which is offered Wednesdays for a \$2.50 fee plus supplies.

**Decorating Techniques on Bisque** will be offered Aug. 19 also for \$2.50, plus supplies.

**Airbrushing Underglazes** will be taught Aug. 26 for a \$2.50 fee plus supplies.

Pottery will be taught today through Sept. 7 for a \$10 fee plus supplies.

**Want to learn Raku?** Raku will be taught Aug. 29 from 10 a.m. to 3 p.m. The fee will be \$10, which includes glazes and firing. Please bring a pot-luck contribution for lunch!

**Wood Safety** training is offered on Thursdays from 6:30 to 8:30 p.m. This is a single-session, on-going class.

**Wood: Beginners** will be offered Fridays from today through Aug. 28. The fee is \$6 plus wood.

**Glass Jewelry** will be taught on Tuesday from 6:30 to 9 p.m. The \$3 fee includes all supplies and firing. No experience is necessary!

**Oil Painting** is an on-going class offered on Thursdays from 6 to 9 p.m. for a \$1 fee. Students must provide their own supplies.

**Matting and Framing** is scheduled for Sept. 5 and 19. (The class is two consecutive Wednesday evenings.) The fee is \$7, and supplies are extra.

**Children's Film Making** will be taught today and Tuesday through Friday, from 1 to 3 p.m. The \$15 fee includes all supplies.

## Special deals

**Custom framing:** Orders will be taken every Thursday from 5 to 10 p.m., and Saturday from 9 a.m. to 1 p.m. Compare with downtown prices then come back and SAVE!

**Custom Engraving:** Bring in your camera-ready work, or ideas, and have multi-colored brass plaques made for any occasion.

**Custom T-Shirts:** Here's where you can get custom screen-printing for either yourself or your organization.

For more information, call 561-4497.

## Job vacancy at Fort Baker

The Civilian Personnel Office (CPO) is currently seeking an Accounting Technician (Typing) GS-525-4 to work at Fort Baker. For information on qualification requirements call Maria Priddle at 561-2595.

## Scouting Directors

The Boy Scouts and Girl Scouts Programs on the Presidio are in need of Directors for the 1987-88 school year. Each director will be in charge of organizing the programs for the school year and working with the Bay Area Councils. If you are interested in volunteering, please call Youth Activities at 561-5143 or 561-5910.

## At the movies

### Presidio Theatre

Fri, Aug. 7	Benji the Hunted (G)	7 p.m.
Sat, Aug. 8	The Chipmunk Adventure (G)	7 p.m.
Sun, Aug. 9	Roxanne (PG)	7 p.m.
Mon, Aug. 10	Roxanne (PG)	7 p.m.
Tue, Aug. 11	Ghostbusters *	1:15 p.m.
Tue, Aug. 11	Crocodile Dundee (PG-13)	7 p.m.
Wed, Aug. 12	Crocodile Dundee (PG-13)	7 p.m.
Thu, Aug. 13	Steele Justice (R)	7 p.m.
Fri, Aug. 14	Steele Justice (R)	7 p.m.

### Schwartz Theater

Mon, Aug. 10	Benji the Hunted (G)	7 p.m.
Wed, Aug. 12	The Chipmunk Adventure (G)	7 p.m.
Thu, Aug. 13	Roxanne (PG)	7 p.m.

### Hamilton Theater

Fri, Aug. 7	Outrageous Fortune (R)	7 p.m.
Sat, Aug. 8	Karate Kid II (PG)	1 p.m.
Sat, Aug. 8	Karate Kid II (PG)	7 p.m.
Fri, Aug. 14	Black Widow (R)	7 p.m.

\*rating not available



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\*Daily flights based on June 10th schedule. Certain flights do not operate on weekends and some weekday exceptions apply. All fares and schedules are subject to change without notice.

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# Sports

## DCSPER tramples LAMC for three-on-three crown

story and photo by Steve Morey

DCSPER overpowered LAMC No. 1, 21-6, to take the Half-court, 30 and Older Basketball League Championship at Presidio's Gym No. 1 Aug. 3.

Three DCSPER players took turns controlling the game with a combination of outside jumpers, driving layups and strong, inside rebounding.

Tony Travis (6 baskets), Vernon Sim (6) and Hugh Holmes (5) led DCSPER to an undefeated tournament record. DCSPER also suffered only one loss during the regular season.

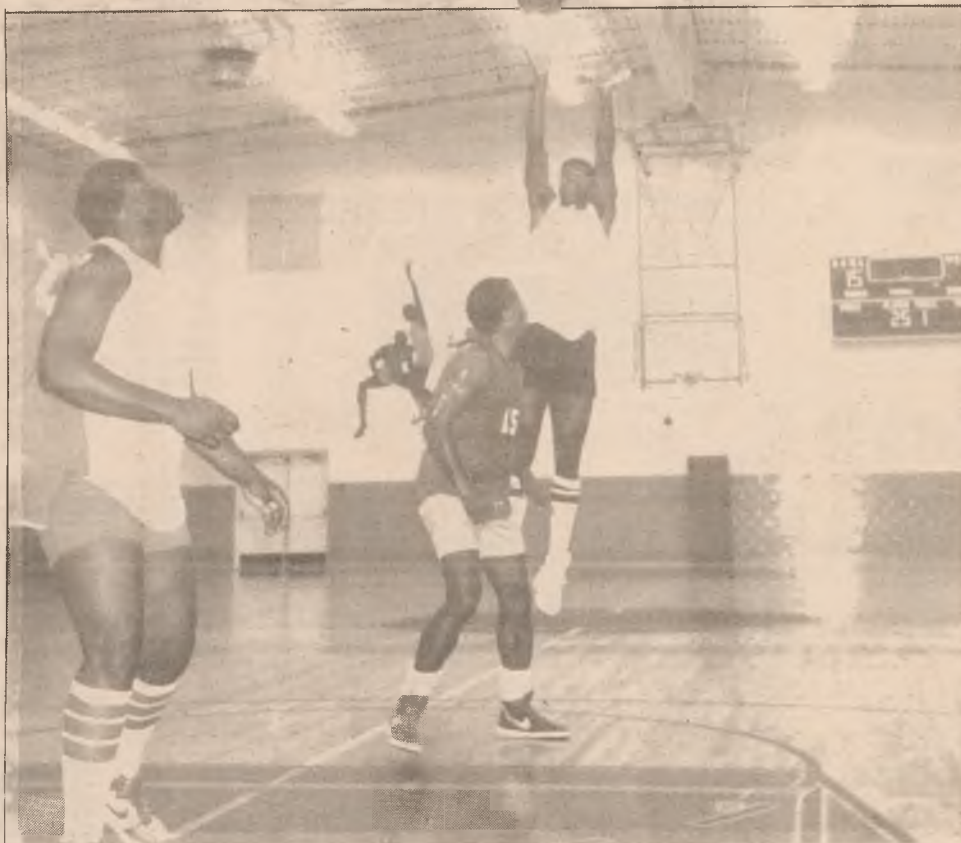
Lunchtime league games are played with three-man teams, awarding one point per basket. If the shooting team makes the basket, they are given the ball at half-court to attempt another point. The first team to sink 21 baskets, wins.

LAMC No. 1, winners of the Spring Half-court Championship, were without one starting guard against DCSPER; and one other player, Bill Evans, played with a broken finger.

Add to that DCSPER's formidable and rested three-man bench, and you have a lopsided DCSPER victory.

DCSPER opened the game with Holmes sinking the first bucket. Then fellow teammates Sim and Travis combined for a bucket, and DCSPER led 2-0.

LAMC No. 1 answered as Jerry Garnett hit an outside jumper. However, after two missed LAMC shots, Travis made the score 3-1, DCSPER, on a short jumper.



Bill Evans (22), LAMC No. 1, launches a jumper over DCSPER's Tony Travis. Evans' finger cast (left hand) didn't stop him from playing.

Both teams were fighting for inside positions, looking for that easy feed to their big men up front. But, again, the long outside jumper was the shot, proven by LAMC's Charles Jones. The early score read DCSPER 3, LAMC No. 1 2.

Holmes took the first "shift" of DCSPER's attack. He hit a jumper;

snatched a rebound and laid it in; and, on a fine pick by Sim, rolled in a third hoop.

And after a Travis score, it was a quick 7-2, DCSPER. LAMC's Charles Jones injured his ankle on the play, and it seemed the hospital team needed a staff of doctors to keep them healthy.

But DCSPER appeared to be ready to handle the Los Angeles Lakers. At least the desire to win was reflected in their faces.

Travis sank three outside jumpers to begin his DCSPER "shift" while LAMC sank two buckets to keep within 6, 10-4.

After a LAMC timeout, DCSPER went back to their hot man of the moment. Travis sank a short jumper and, after some fancy dribbling, lost his defender for another bucket.

The score remained 13-4 for about two minutes, as neither team could score. Then, DCSPER outscored LAMC 8-2 for the rest of the game.

The third and final "shift" for DCSPER was controlled by Vernon Sim. He hit an easy layup off the glass, assisted by Travis. Then, taking a page out of Earvin "Magic" Johnson's playbook, he floated a "mini-hook" through the net. He finished his scoring for the game with a short jumper, and the game ended the way it started—with a Holmes bucket.

Tom Robinson, Presidio's Chief of Recreation, was on hand to award trophies to the champs, DCSPER, and to the tournament runner-up, LAMC No. 1.

The Presidio is now looking forward to the Full-Court League playoffs. It will behoove teams to have well-rested and healthy reserves as evidenced by the Half-Court Championship Aug. 3.

## Sports Notes

### Summer Basketball League

It's play-off time for the top six teams in the Summer Basketball League. League leaders USAISC and Camp Parks are seeded number one and two. Company B, LAMC, and Sixth U.S. Army are rated as the dark horses. DOL and Company A, LAMC, will be in there fighting and can upset the tournament seeds.

Summer Basketball Championship action being played on Monday and Wednesday evening in Gym No. 1 with games scheduled at 6 p.m. and 7 p.m. Come root for your favorite teams and watch the best basketball players on the Presidio go for the gold.

### Presidio Sports Tournaments

Sign up now and compete in the following Sports Tournaments.

**Commander's Golf Tournament**, Aug. 12, Presidio Army Golf Course, first tee-off time 8 a.m. Open to all active duty soldiers, DA civilians and family members who are 20 years old or older, and who are assigned or attached to the Presidio.

Players can sign up for the tournament at Gym No. 1, bldg. 63 or Gym No. 3, bldg. 1226; or call 561-5032 or 561-5328.

**Post Tennis Tournament**, Aug. 21 through 30. Double elimination, Men's Open—19 year-olds or older; Men's Seniors—40 year-olds or older; Women's Open—19-year-olds or older; Men's Open Doubles; Men's Senior Doubles; Women's Doubles; and Mixed Doubles. Open to all active duty soldiers, DA civilians and family members who are 19 years old or older, who are assigned or attached to the Presidio.

Sign up for the tournament at Gym No. 1, bldg. 63, Gym No. 2, bldg. 1152, or call 561-5032. Entry deadline is Aug. 17. Mandatory rules and pairing meeting will be held at noon, Aug. 17, at Gym No. 1.

### Gym closure

Due to electrical shut-down, Gym No. 1, bldg. 63, will open at noon instead of 9 a.m. on Aug. 23.

### Intramural softball

Intramural softball is over, with the top 12 teams competing for Post Softball Championship honors. There was no undefeated team after the last pitch was thrown. MISC was the 1986 League Champion; they shortened their name this year to MSC and again won the league title.

### Final league standings

Team	W	L
MSC	17	1
Sixth Army	15	3

Co. A, LAMC	15	3
Co. B, LAMC	14	4
LEC	13	5
DLI-SF	12	6
LAIR	11	7
DEH	10	8
USAG	9	9
864th Engineers	9	9
USAISC	8	10
USMEPCOM	8	10
SFMID	7	11
FBI	6	12
LCA	5	13
AAFES	4	14
DOL	3	15
Finance	2	16
Coast Guard	2	15

### Post softball championship

The Post Softball Championship was played on July 20 through 29.

Game scores are as follows:  
DEH 9, LEC 7; USMEPCOM 7, USAISC 5; DLI-SF 18, USAG 5; LAIR 6, SFMID 5; MSC 12, DEH 1; Sixth Army 10, USMEPCOM 7; Co. A, LAMC 16, DLI-SF 6; Co. B, LAMC 3, LAIR 5; USAG 2, DEH 8; USMEPCOM 10, SFMID 4; Sixth Army 14, MSC 7; Sixth Army 15, Co. A, LAMC 4; Co. A, LAMC 9, Sixth Army 3; DLI-SF 10, LEC 4; Co. B, LAMC 7, USAISC 6; USMEPCOM 13, DEH 4; DLI-SF 8, Co. B, LAMC 7; MSC 1, Sixth Army 0; Co. A,

LAMC 16, LAIR 4; LAIR 10, DEH 1; Sixth Army 12, DLI-SF 6; Co. A, LAMC 10, MSC 0; Sixth Army 5, LAIR 2.

Co. A, LAMC sent defending Post Champions MSC into the losers bracket, and Sixth Army also defeated MSC to go into the Championship round. Sixth Army roughly handled Co. A, LAMC, by a score of 15-4 for the right to play a rubber game.

In the second game, which counted for first place and the championship, Co. A, LAMC unloaded the bats to take the championship by a score of 9-3.

### Nautilus weight training instruction

Gym No. 1, bldg. 63 has the latest in weight training equipment, the Nautilus exercise machines.

These user-friendly machines are set up in a circuit that exercises the majority of your body's muscles. This form is helpful to serious athletes as well as the average person.

To safely use these exercise machines, each person must attend an instructional class held on Fridays at 5 p.m.

For more information, call Charles Hurd at 561-4131 or 561-5032.



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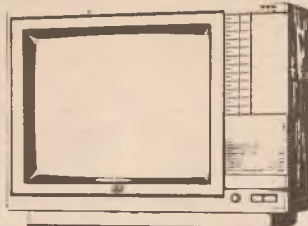
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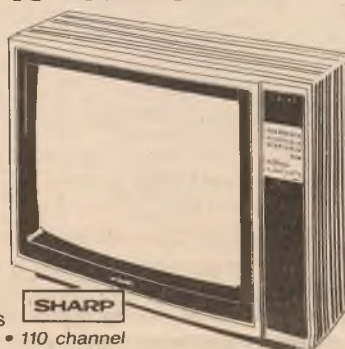
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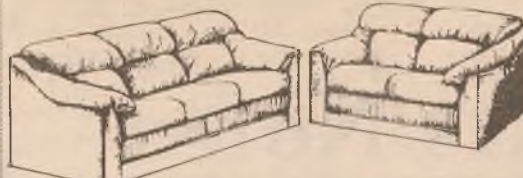
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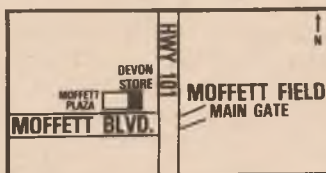
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# Star Presidian

Vol. 30, No. 32

"Published in the interest of the people of the Presidio of San Francisco."

Aug. 14, 1987

## Competitive language student takes SOM title

story and photo by W. Allen Kenitzer

The July soldier of the month has switched hobbies, from competing in integral calculus to reading comic books...in Korean.

PFC Larry D. Bilderback, Company H, is a Korean language student at the Defense Language Institute-San Francisco (DLI-SF).

He began collecting comic books a few years ago and today, Bilderback has accumulated nearly a thousand. Although he is studying a foreign language, he hasn't given up his hobby. He continues to collect and read comic books in Korean.

"They're a good source of keeping up on the [Korean] vocabulary because they're very trendy," he said.

Bilderback has been a student at DLI for the past 11 months. Although Korean is one of the tougher courses there, Bilderback is doing extremely well; to date, he has a 90 average.

"He's the kind of young man who likes to excel," said 1st Sgt. Richard E. Young, Company H, DLI. "He's proven that by competing for soldier of the month."

At DLI, Korean is a one-year course and Bilderback says he's really enjoying it. He's just two weeks from graduation.

"In the classroom, we try to speak the language about 80 percent of the time and outside the classroom, among ourselves, we try to speak at least 20 percent of the time in Korean," Bilderback said.

Bilderback said he applied for Soldier of the Month to accelerate his promotion to specialist four and, of course, for the recognition.

Regardless of his past accomplishments, winning Soldier of the Month was something Bilderback wasn't quite sure of.

"I thought I had a pretty good chance at getting Soldier of the Month on the company and battalion level," he said, "but I wasn't sure about post."

"I was kind of nervous for the company and battalion boards but, by the time the post board (was held), I felt pretty comfortable."

"I studied and I pretty well knew the stuff when I went in there," Bilderback said. "I was more worried about my presentation than I was the knowledge."

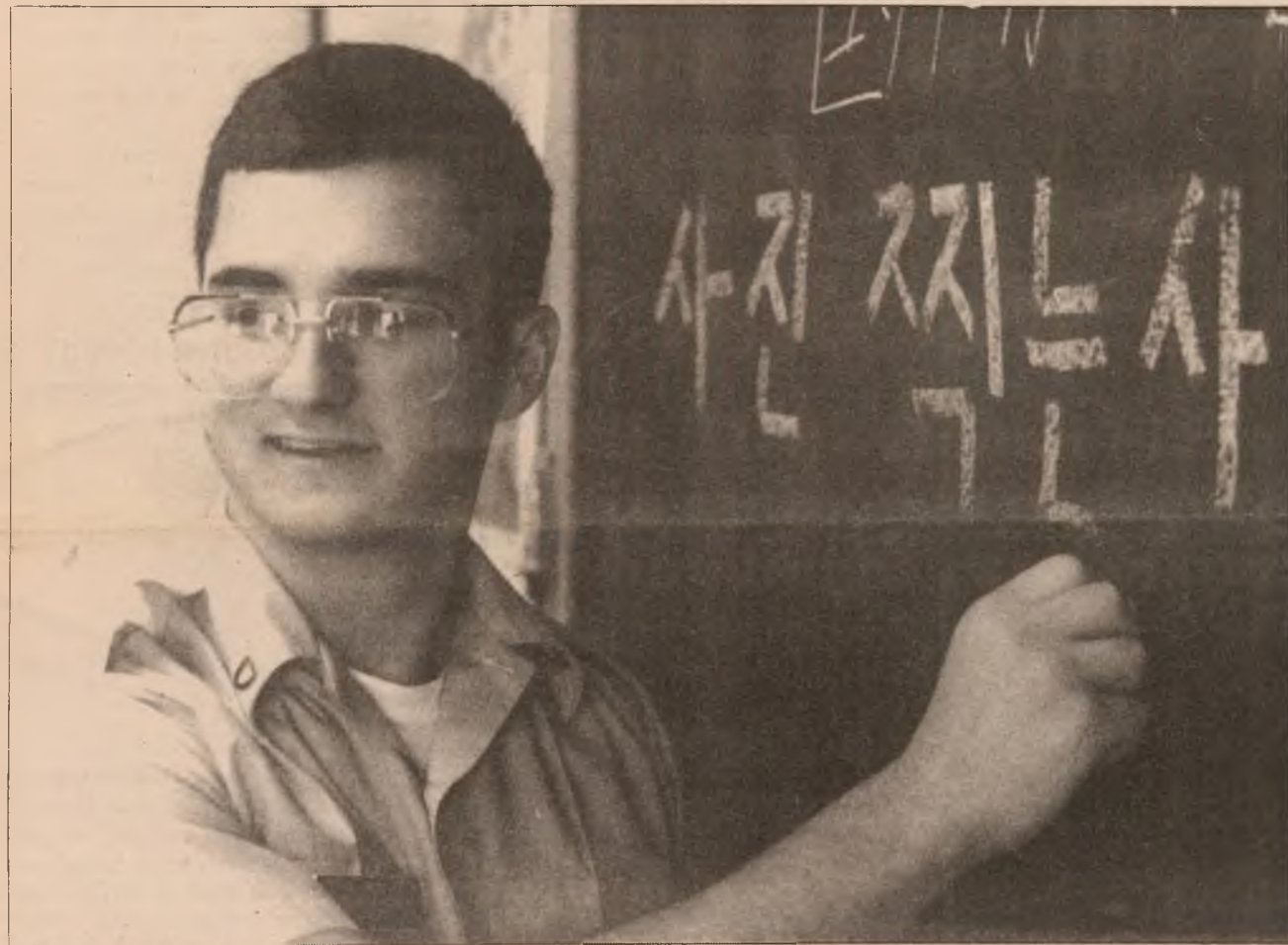
"Now I'm really proud of it, and I'm hoping it will help me in the future."

However, Bilderback's desire to excel probably won't end after his training at DLI. Following graduation, he goes to Advanced Individual Training (AIT). He's currently on projected orders for Korea after that.

By his own definition, he is ambitious and has some definite plans for the future.

"Once I set a goal, I try to follow through with it," he said. "While I'm in Korea, I'd like to get some college credits and if I can get enough, I'm going to apply for Officer Candidate School (OCS)."

Whether it's increasing his comic book collection to more than a thousand or enrolling in OCS...whatever the future holds for this Soldier of the Month, his ambitious and competitive nature could be the driving force behind his continued success.



PFC Larry Bilderback, Korean language student, explains character writing.

## Open letter to Presidio community from Commander

During the past few days, there has been much coverage in the news media concerning the Presidio and the situation surrounding incidents of child abuse at our Child Development Center discovered last November. I want to provide the community with the status of the case.

In the course of the pediatric treatment of our children, the primary physician has discovered evidence of a sexually transmitted disease known as chlamydia in three children as of August 12. I reported this development in a letter dated July 24 to parents. In that letter, I indicated that we had two confirmed cases. An additional case has been identified since that time. I can assure you that these children are receiving ap-

propriate medical treatment for this disease.

Despite rumors to the contrary, the investigation has disclosed no confirmed instances of child abuse at the Presidio of San Francisco Child Development Center since the initial report in November 1986.

The extensive media coverage was not as a result of any new developments. It was as a result of an article published in the San Jose Mercury News involving me several weeks ago. The article was published on Sunday, August 9 and was picked up by many representatives of the press. We welcomed the opportunity to explain what was and is happening in relation to our Child Development Center.

There was an unfortunate report about a possible AIDS case among the children involved. Letterman Army Medical Center has confirmed that only one child required testing beyond a preliminary screening test for HIV (AIDS). The definitive test was negative. That information was received just prior to my meeting with several representatives of the television media.

Let me assure you that the FBI has been involved in this investigation ever since the first case became known to us in November. I am confident that the FBI is conducting the investigation in a thorough and deliberate manner. I am also convinced that the Office of the United States Attorney will do all within its

power to ensure that the needs of justice are served.

We look at the increased media coverage of this case as an opportunity for us to communicate with parents of children who have attended our child care facility. We continue to urge parents to observe their children and to take note of any changes in their behavior. If you have any reason to suspect that your child could have been a victim of sexual abuse at the Center, or for that matter anywhere, we urge you to contact Social Work Services at Letterman Army Medical Center at 561-2174.

Sincerely,  
**JOSEPH V. RAFFERTY**  
Colonel, United States Army  
Commanding



# Voices

## 200-year-old document supports our nation

by Colette Banks

**"T**he Constitution is a guide which I will never abandon," said George Washington.

Our first president had strong belief in and sincere admiration for the Constitution of the United States. I wonder what his comments would be if he knew of the relationship between today's citizens and the Constitution? He probably would be shocked to know that many Americans are not familiar with the contents of the Constitution; many are unsure of their rights guaranteed by the document, and some are just not interested.

When Americans lose interest in the Constitution, they lose their understanding of their government. We as Americans should review the meaning of the Constitution of the United States. If we learn how it relates to our present lives, then it will continue to work for us as it has for so many years.

When we begin our educational process, one of our first encounters is with our historical roots. During that adventure, we learn about the Constitution—its contents, who wrote it, the purpose it serves and how it applies to us. We recite parts of the document and participate in activities pertaining to it.

If you ask the first person you meet how many amendments there are to the Constitution, that person probably would stumble through a few numbers and then confess to not knowing the answer. Most of us would have to plead guilty to that ignorance. Americans have allowed one of the most important documents that ever existed to become a stranger.

The Constitution is continuously used in our judicial system; but what about daily experiences with the law, such as traffic violations, warrants for arrests, search and seizures, and discrimination? How many of us actually know, at the moment we are confronted, whether or not our rights under the Constitution are being applied? A few people might ask questions, but not many. Most of them blindly accept actions taken against them. Would they do so if they knew their constitutional rights?

In addition to our rights as individuals, the guidelines for the executive, legislative and judicial branches are of great importance when it comes to the development, growth and stability of our country.

The Constitution allows us to select different

people with separate ideas if we don't like the previous office holder. Would we see change as quickly as we witness it now if we didn't have that option? What type of growth pattern would our country experience?

There are no absolute answers. But we must realize that a document written 200 years ago has managed to remain the supporting element for our nation in spite of our neglect.

But can we depend on that to continue? Our freedom of choice in the future might very well depend on our knowledge about the power of our Constitution.

Even if every American cannot remember the Constitution article by article and amendment by amendment, we should continue to educate ourselves about its purpose so that we will not lose our ability to choose good leaders. If we don't do it for our own sakes, we should do it for the sake of our children's future.

You owe it to yourself to celebrate the Bicentennial of the Constitution of the United States by learning more about America's lawbook.

FORSCOM  
Public Affairs Office

## Ramblin' Sam

"How can we get more people to give blood?"



Chris S. Burton, lifeguard, San Francisco: "We could offer them money; or even some type of meal ticket each time they donate blood. A lot of people are scared of the possibility of catching AIDS."



SP4 Louis Kay, personnel records specialist, Military Personnel Center: "I think section supervisors should set an example by giving blood first and then encourage the junior enlisted to follow their example. They should explain to people that giving blood *won't* affect their health."



Capt. Sheldon M. Korn, Pastoral Care, Chaplain's Office, Letterman Army Medical Center: "We should explain to them the inter-human dependence that we all have for each other. Blood is the source of life. It cannot be manufactured—it can only come from us. The highest honor and deed is to give blood; thus, we are giving the gift of life."



Libbie A. Timmons, registered nurse, San Francisco: "When I was in college, we [students] were paid about \$15 each time we donated blood; it worked. Now, the fear of AIDS has inhibited people from donating blood because of the possibility of contaminated blood products." (Note: Donors need not worry—new needles are used on donors and then *thrown away*.)

## Constitution quiz tests knowledge of history

Here is a chance to find out how much you really know about the U.S. Constitution. The following questionnaire and survey is adapted from a national survey sponsored by the Hearst Corporation.

1) The Constitution of the United States was written in 1787. What was the purpose of the original U.S. Constitution?

A To create a federal government and define its powers.

B To declare independence from England.

C To create the 13 original states.

D To make George Washington the first president.

The majority of Americans (54 percent) know the purpose of the original Constitution was to create a federal government. One in four incorrect-

ly says the Constitution's purpose was to declare independence from England.

2) Which of the following phrases is found in the U.S. Constitution?

A "The consent of the governed."

B "Life, Liberty and the pursuit of happiness."

C "All men are created equal."

D "Of the people, by the people, for the people."

E None of the above.

The answer is "None of the above." A, B, and C are found in the Declaration of Independence. D is found in the Gettysburg Address. A majority of Americans wrongly guessed that each phrase was in the Constitution.

3) Which of the following best describes the Bill of Rights?

A The first 10 Amendments to the original Constitution.

B A preamble to the original Constitution.

C Any bill involving personal rights that passes through Congress.

A majority of Americans (59 percent) don't know what the bill of Rights is. The correct answer is A. Twenty-seven percent of the people polled thought it was the preamble to the Constitution, and 19 percent thought it was personal rights that pass through Congress.

4) The U.S. Constitution establishes English as the national language, requiring that it be used in schools and government. (true or false)

False. Unfortunately, 64 percent of the people see Quiz, page 3

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# Etc.

## Quiz continued from page 2

American public wrongly believes English was established as the national language by the Constitution.

5) The U.S. Constitution can be amended by two-thirds of both houses of Congress, provided that three-fourths of the states approve. (true or false)

True. Three-fourths (76 percent) of the American public got this one correct.

6) How many amendments are there to the U.S. Constitution?

A One to 10.

B 11 to 20.

C 21 to 30.

D More than 30.

There are 26 amendments to the Constitution. Only 34 percent correctly give 21 to 30 as the number of amendments.

7) The President can suspend the Constitution in time of war or national emergency. (true or false)

False. Yet, nearly half (49 percent) of the American population incorrectly believes the President can suspend the Constitution in time of war or national emergency.

8) The U.S. Constitution permits a state to establish a death penalty as punishment for certain crimes. (true or false)

True. The U.S. Constitution does permit individual states to establish a death penalty for certain crimes. Most Americans (83 percent) answered this question correctly.

9) The U.S. Constitution permits a state to legalize marijuana within its borders. (true or false)

True. The majority of Americans (68 percent) are not aware that a state can legalize marijuana

within its borders.

10) The original U.S. Constitution left voting requirements up to the individual states. (true or false)

True. And, two-thirds of the American public answered this one correctly. However, only 21 percent know that states can require citizens to take literacy tests before they may become registered voters.

Keep this survey handy. You may be surprised how many people know or don't know what you have just learned.

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## TAKE A BITE OUT OF CRIME

### Quarters lock-outs

by Denis O'Brien

Imagine your small child playing on the floor of your quarters and you step outside for a moment to check the mail when the child accidentally closes the door. Or you're in a hurry to get to an appointment and you're late. You lock your door, only to realize that you left your keys in the quarters. What do you do? During duty hours, you can call the Work

Order Desk at 561-4505. This service will then initiate a service order and at the same time, contact one of the two locksmiths who will arrive and unlock your quarters.

After normal duty hours and on weekends, you can call the Staff Duty Officer at 561-3601 or 561-2045. The Staff Duty Officer will notify the Presidio Fire Department who will send a firefighter to the DEH lock shop, try to find your quarters key and return to the fire department with that key. In the meantime, the Staff Duty Officer will contact the MP Desk and will have an available MP patrol take the key to your quarters and let you in.

All of the above examples of lockouts happen at least eight times a

day, but letting you into your quarters requires that you provide the responding individual a form of identification, such as an identification card or driver's license and most of all, that you have a government-installed deadbolt lock on your door.

You can go to an off-post establishment to buy a lock for your quarters, but according to AR 420-70, paragraph 2-19 A, "installation and maintenance of locks, latches, or other locking devices on doors are facilities engineer responsibilities." If you buy and install your own lock, obviously, one of the above responding agencies won't have a key to your quarters. By calling the Work Order Desk, you can have an approved lock installed by a facilities engineer

locksmith. Also, by going to DEH Monday through Friday from 3:30 to 4:15 p.m., you can have additional keys made for your quarters. When an approved lock is installed, one or more duplicate keys are kept on hand in the lock shop so the responding agency can properly let you in.

### Crime Report:

- One soldier was cited for failure to provide an animal with food and water.
- Two bicycles were reported as stolen.
- One car stereo was reported stolen.
- Nine buildings were found unsecured by Military Police.

## Eight homes named Quarters of Excellence

Two families from Sixth U.S. Army, including one in which both spouses are soldiers, are among those named as having Quarters of Excellence for the month of August.

Also included were the quarters of soldiers from Letterman Army Institute of Research (LAIR), Letterman Army Medical Center (LAMC), U.S. Army 6th Recruiting Brigade (Western), USACID, and the Defense Language Institute-San Francisco (DLI-SF). The winners and their neighborhoods are listed below.

If you happen to drive by the winners homes, why not stop and take a look at what they did to win. Who knows, you may be among next month's winners.

### Winners for the month of August

Maj. Gary D. and Jeannine Foster, Sixth U.S. Army, 402-A Washington Boulevard;

Col. Thomas H. and Rosemary Journey, LAMC, 543 Presidio Boulevard;

Lt. Col. William J. and Chistine Ely, 6th Recruiting Brigade, 1324-B Hitchcock;

Lt. Col. John S. and Lynda G. Williamson, DLI, 1403-A Washington Boulevard;

Maj. Peter C. and Mary Simonsen, 1815 Brown Street;

Sgt. Alexander and Cheryl Cababongan, LAIR, 829-A Fort Barry;

Lt. Col. Robert G. Johnson, USACID, 629-A Fort Baker; and

SFC Dominga and SSgt. Morena Villanueva, Sixth U.S. Army, 743-A Portola.

## Residential fires top list:

by Frederick Bartow, Fire Inspector

Last time we talked about multiple-death fires in residential properties. This week, we'll discuss the causes and children.

Most of the fires involving unattended or unsupervised children were caused by heating equipment or started by the children themselves while playing with matches or lighters. Six heating related fires involving children caused 30 deaths and six fires started by children playing killed 20 people in the United States. In fact, heating was the major cause of all multiple-death fires in residential properties last year, even those that did not involve unattended children. Forty-four heating-related fires killed 170 people.

More than three-quarters of these fires involved auxiliary heating devices, such as portable electric heaters, kerosene heaters and wood stoves, being installed too close to combustibles—or combustibles had been placed too close to these devices.

Still others occurred as a result of improper fueling. Eight people died in South Carolina when someone tried to rekindle a fire in a woodstove

with gasoline.

In Minneapolis, three children were killed in a bedroom fire. The fire was started by a little girl who had rolled up a piece of paper and lit it while pretending to smoke a cigarette. The child dropped the burning paper which ignited nearby combustibles. The children were unable to extinguish the fire themselves, and were afraid to call their mother because they thought they would be punished.

The mother became aware of the fire when she noticed black smoke at the ceiling level. She ran to the bedroom but could not get in because neither door to the bedroom had a knob. Before the fire the family had used utensils, such as silveware, to open the door, but at the time of the fire the mother did not have the presence of mind to use one. When the door did somehow open, only one child was able to escape before it closed again, trapping the three remaining children.

At this point, the mother took the child who had escaped and fled downstairs to the first-floor apartment and called the fire department. Unfortunately, conditions on the second floor had deteriorated to such an extent that the other children could not be rescued.



"Let's be democratic about this. Those who want Private Cano to work through the weekend, raise your hand!"



## News Briefs

### PX Service Station closed

The Presidio PX Service Station, bldg. 206, will be closed tomorrow through Monday. A leak was found in one of the tanks at the main service station and the remaining tanks will now be tested for leakage.

### Newcomers' Welcome coffee

The Presidio Officers' Wives' Club would like to invite all newcomers who have arrived in the past year to a "Welcome Coffee" on Aug. 26, from 10 a.m. to noon at the home of Joan Moore, wife of Lt. Gen. James E. Moore Jr., Commander of Sixth U.S. Army.

### Wearing of ID tags

Many recent deaths in the U.S. Army have required the use of Military Identification Tags (dog tags) to support the positive ID process. Army Regulations (AR) 640-3, para 5-18 (ID cards, tags and badges) specifically states: "Personnel will wear their tags at all times when in the field, when engaging in field training, when traveling in aircraft, and when outside the 50 United States."

### Three PSF soldiers go to '87 Army Soldier Show

Three soldiers were selected from the 1987 Army Soldier Show; Sgt. Tracy N. Wieland, 1st Lt. Clare Flammang, and Capt. Mark Berry. The soldiers were selected from the Presidio of San Francisco's entry in the 1987 FORSCOM Festival of Performing Arts. The 1987 Army Soldier Show is to be held in Washington, D.C., and will open the 33rd annual meeting of the Association of the United States Army. The Secretary of the Army has invited the Secretary of Defense and the President of the United States to attend the opening. Following the performances the show will tour CONUS (Continental United States) installations.

Congratulations and "Break a leg" in Washington, D.C.!

### OCS local selection board

The Soldier Support Branch will hold a local Officer Candidate School selection board at the Military Personnel Division on Aug. 25 at 8 a.m., bldg. 87.

Prospective applicants are encouraged to bring or send applications to the Soldier Support Branch, bldg. 86, 1st floor. The deadline for submitting applications is Aug. 21 at 4 p.m.

All applications will be prepared and assembled in accordance with AR 351-5. If you have any questions about the upcoming board, please call SP4 Gyant at 561-4663 or 561-4664.

### ARCOM seeks former soldiers

The 97th U.S. Army Reserve Command, headquartered at Fort Meade, Md., is trying to locate its former commanders, general officers, senior Army advisors, chiefs of staff and supervisory staff administrative assistants to complete a VIP address list.

People who filled any of the above positions with the ARCOM or the 97th Infantry Division are asked to send their name, former position, current address and phone number to:

Headquarters, 97th USACOM  
Attn: AFKA-ACD-PA, Dekalb USARC,  
Fort Meade, MD 20755-5340.

For more information, call Public Affairs specialist Kathy Vantran at (301) 677-5048.

### Reserve component commissary use

Officials at the U.S. Army Troop Support Agency have issued additional guidelines for reservists who shop in Army commissaries.

Individual Ready Reservists and Individual Mobilization Augmentees on active duty training and annual training who do not have December's Leave and Earnings Statement use their Armed Forces Identification Card (Reserve), ADT/AT orders and memorandum from the U.S. Army Reserve Personnel Center (USARPERCEN) St. Louis, to gain entrance to the commissary.

Their family members must present a photo identification card (passport or driver's license), copy of the soldier's orders and USARPERCEN memo.

Reservists training as a unit use their December 1986 LES to gain access to the commissary. The LES is marked in the individual's unit with a rubber stamp that includes 14 commissary entitlement blocks with spaces for printing the date of each visit, listing names of authorized family members and the name of the member's administrative unit and a space for a unit authenticating signature.

The number of active duty service days actually performed in 1986 is validated in the unit. If this total is less than 14, the unit will "X" out and date the appropriate number of commissary entitlement blocks.

The reservist must present the original, stamped LES and a valid Armed Forces Identification Card (Reserve) when entering the commissary. Authorized family members must present the same original LES and a photo identification card (driver's license, passport).

The commissary identification checker will "X" out and date stamp one entitlement block for each time the National Guard/Reserve soldier or family member shops in the commissary. More than one visit a day equates to

one entitlement block being annotated.

Since March 30, reservists have been allowed to shop in commissaries as many as 14 days annually, on days of their choosing. The intent of the new law, mandated by the 1987 Defense Authorization Act, was to permit a more equitable and flexible shopping schedule. The old policy allowed them to shop only when on active duty for 72 or more hours for as many as 14 days.

Additionally, Reserve Officer Training Corps members serving during a six-week summer encampment may shop in the commissary whenever their tour of duty is in excess of 30 consecutive days. Duty orders and another form of identification, e.g., driver's license, are required for entry.

### No electricity

A major electrical shutdown will hit the Presidio's Fort Scott area, cutting power for four hours on two separate days.

The electrical power will be shut off in four different zones Wednesday and Aug. 23. The shutdown for each zone is expected to last no more than four hours, but zone B-1 (explained below) may be back on line within two hours to minimize the effect that electrical loss will have on the post's exchanges.

Lowell Whiteaker, chief, Contract Services and Utility Sales Branch, Department of Engineering and Housing (DEH) said the shutdown is part of an engineering study.

"We are checking all circuits and components to come up with an accurate, one-line diagram of the post's electrical system," Whiteaker said. "The diagram will make it easier for DEH to pinpoint any problems that develop in the system. Also, it will provide a clear description of the system which can be referred to for future construction projects."

The schedule for the electrical shutdown follows:

Wednesday, 7:30 to 11:30 a.m., Zone B-1: 200-600 900, 1000, 1100 areas; Main post; Crissy Field area, north; Cemetery buildings; Ruger and bldg. 1040.

Wednesday, 12:30 to 4:30 p.m., Zone B-2: 100, 300 400 areas; street lighting; bldgs. 34, 35, 36, 37, 38 and 1047; Field Maintenance shops; Crissy Field area, south.

Aug. 23, 12:30 to 4:30 p.m., Zone A-1: LAMC; Presidio Park water pumps; 1200, 1300, 1400, 1600 and 1700 areas; street lighting; Battery Caulfield; and bldg. 352.

Aug. 23, 7:30 to 11:30 a.m., Zone A-2: bldg. 70; Gym No. 1, 100, 300, 400 area (alternate feed only); 500, 700, 800 areas; and LAIR.

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# Women

## Renne: 'Women are as qualified as men.'

by W. Allen Kenitzer

Recently she's been trying to convince people that "she isn't one of the boys."

It's true, she's not. In fact, she is San Francisco's City Attorney, Louise Renne, and the only woman candidate for mayor.

Renne is scheduled to be the keynote speaker at a breakfast Aug. 26, in celebration of "Women's Equality Day," which is the anniversary of women's right to vote. The topic of her speech is "Upward Bound: Freedom and Equality for All—200 years later."

Renne's involvement with women's equality began in 1961 when she graduated from law school. Then, she began looking for a job in private practice; however, women lawyers were not accepted.

In spite of the difficulties, Renne was able to find work. She began her career as a young attorney for the Kennedy Administration working in the area of civil rights.

"I'm glad to say that circumstances have changed since I first became a lawyer 26 years ago," Renne said.

"Although I graduated very high in my class, it was very, very, difficult to initially find a job," she said.

Today, many law firms not only have women associates but, an increasing number of women partners as well, she said.

Renne has been a long time advocate of equal rights for women in all fields.

To a certain extent though, there are still barriers that have to be broken and women have to work twice as hard to be accepted, she said.



Louise H. Renne will be the keynote speaker for the Women's Equality Day breakfast, Aug. 26.

"Before, women were automatically being excluded from even consideration...now, at least they're being considered and in considering their qualifications, women are clearly as qualified as men," she said.

Although Rene grew up and went to school in the east, she says she is a "westerner" at heart.

"I love San Francisco. I came here along with my family 23 years ago and I found the city to be one of great opportunity," she said.

San Francisco's door of "great opportunity" has obviously been opened to Renne. Holding the position of City Attorney for San Francisco, which she calls the city's "largest law firm," is quite an accomplishment and can generate a lot of stress. But for Renne, stress is the last thing on her mind.

"I really don't have time to think about it [stress]," she said, "but, I do try to have a good laugh from time to time."

Renne said the reason for her success can be attributed to her family.

"My parents were always very supportive of my efforts as I was growing up," she said, "they always stressed getting an education."

"My husband and children also have been tremendously supportive. That often makes all the difference in the world," she said. "Being in the public life is not easy."

"Often times, no matter what you do, you get criticized. Even though, now I can roll with the punches pretty easily, it's difficult for family to see somebody they love on the receiving end," Renne said.

"Rolling with the punches" is similar to the advice Renne would give women entering the work force today, she said.

"Decide what it is you want to do...and even if you're not sure...try it. Also, I can't stress enough the ability to get the best possible education."

The "Women's Equality Day" breakfast begins at 7:30 a.m., Aug. 26, at the Presidio Officers' Club.

## Coordinator seeks volunteers to help community

story and photo by Steve Morey

"The more you put in, the more you get out."

This popular adage is believed and supported by Sara Anderson, Presidio's new Installation Volunteer Coordinator.

Anderson's job is to manage, operate and administer the Installation Volunteer Coordinator (IVC) program on post. The program is under the direction of the Family Support Division.

"Volunteers are self-motivated and are a vital part of the military community," Anderson said. "You'd be surprised at how many volunteers work on the Presidio." She added that the Army has realized volunteers do make a difference in how well the military community functions.

Anderson, who began her job Aug. 10, is in charge of nearly 800 volunteers. During the month of March, post volunteers worked a collective total of 9,177 hours. (These figures are taken from the April, 1987 Volunteer Service Report).

Anderson stated several reasons why people volunteer. "They [volunteers] have special and unique services that they need to put to use. These talents are not normally met through their jobs," she said.

"But it really comes down to people giving of themselves selflessly," she added. "People feel that they are enhancing their lives by volunteering."

Some volunteers place their volunteer experiences on their resumes for future job consideration. They also may receive occasional discounts on services and products from participating businesses, she added.

All of these reasons contribute to a volunteer's participation in Presidio's volunteer program.

Add to that on-the-job incentives that volunteers receive from their supervisors. "Basically, incentives are in the form of appraisals and feedback," Anderson said.

"Volunteers should be continually recognized by the military community," she emphasized. "If they're recognized more often, more people may come out and volunteer."

If you would like to become a Presidio volunteer, call Anderson at 561-2442. You'll need to set up an interview with her at the IVC office, located in the basement of bldg. 223. The volunteer center is open from 7:30 a.m. to 2:15 p.m., Monday through Friday.

During the interview, your hobbies, goals and the most desired volunteer position must be listed on a registration form. From there, Anderson will try to match your skills and experience with an appropriate volunteer placement.

For example, volunteers are needed for the soon-to-be-opened, remodeled U-Do-It Self-Help Center. The two jobs are "volunteer clerical assistant" and "volunteer stock clerk assistant."

"At the present time, the U-Do-It center has only one volunteer who is handling a variety of jobs," Anderson said. "Once the center's remodeling is completed, we hope to have an all-volunteer staff trained and ready to serve the Presidio."

In regards to future plans or changes, Anderson said she wants to start recruiting heavily for Presidio volunteers in early September. She hopes to use "connections" establish-

ed at LAMC to help with her search for volunteers.

"In the meantime," she said, "I'll try to get to know as many people on post as possible. I was here one-and-a-half years ago when I worked at Letterman Army Medical Center [LAMC] as a volunteer."

Volunteers. People who may be overlooked at times for the selfless work they do to help better the Presidio community.



Florence Page and Margaret Walsh of the Red Cross bring comfort to Rahad Sumpter in the Pediatric Clinic, LAMC.



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# International cyclists iron out Presidio hills



The Headquarters Company Dining Facility, bldg. 101-B, is converted into a press room where cyclists Jeff Pierce, Andreas Kappes (with interpreter) and Italy's Paolo Rosola field questions.

story and photos by Steve Morey

The streets of the Presidio were transformed into a 75 mile European-style bicycle racing track Aug. 9 as the post played host to the Coors International Bicycle Classic.

You could emphasize the "classic."

Presidians were teated to the international flair of bicycle road racing. You could see they enjoyed every second of it by judging the smiles and continuous applause of the crowd.

The cheering reached a crescendo as racers Andreas Kappes and Jeff Pierce sprinted spoke-to-spoke, uphill to the finish line.

Kappes, who is from West Germany, edged out San Diego, Calif. native Pierce, to win the San Francisco Presidio Circuit Race. The hilly, 4.2-mile circuit, was circled 18 times by the riders.

The Presidio was picked to host the fourth and newest stage (of 19 stages) because race officials preferred the post's road network, terrain and easy spectator access.

Spectators, including race fans from around the world, watched as the 100 cyclists hugged the corners of Park Boulevard and climbed the steep inclines of Arguello Boulevard.

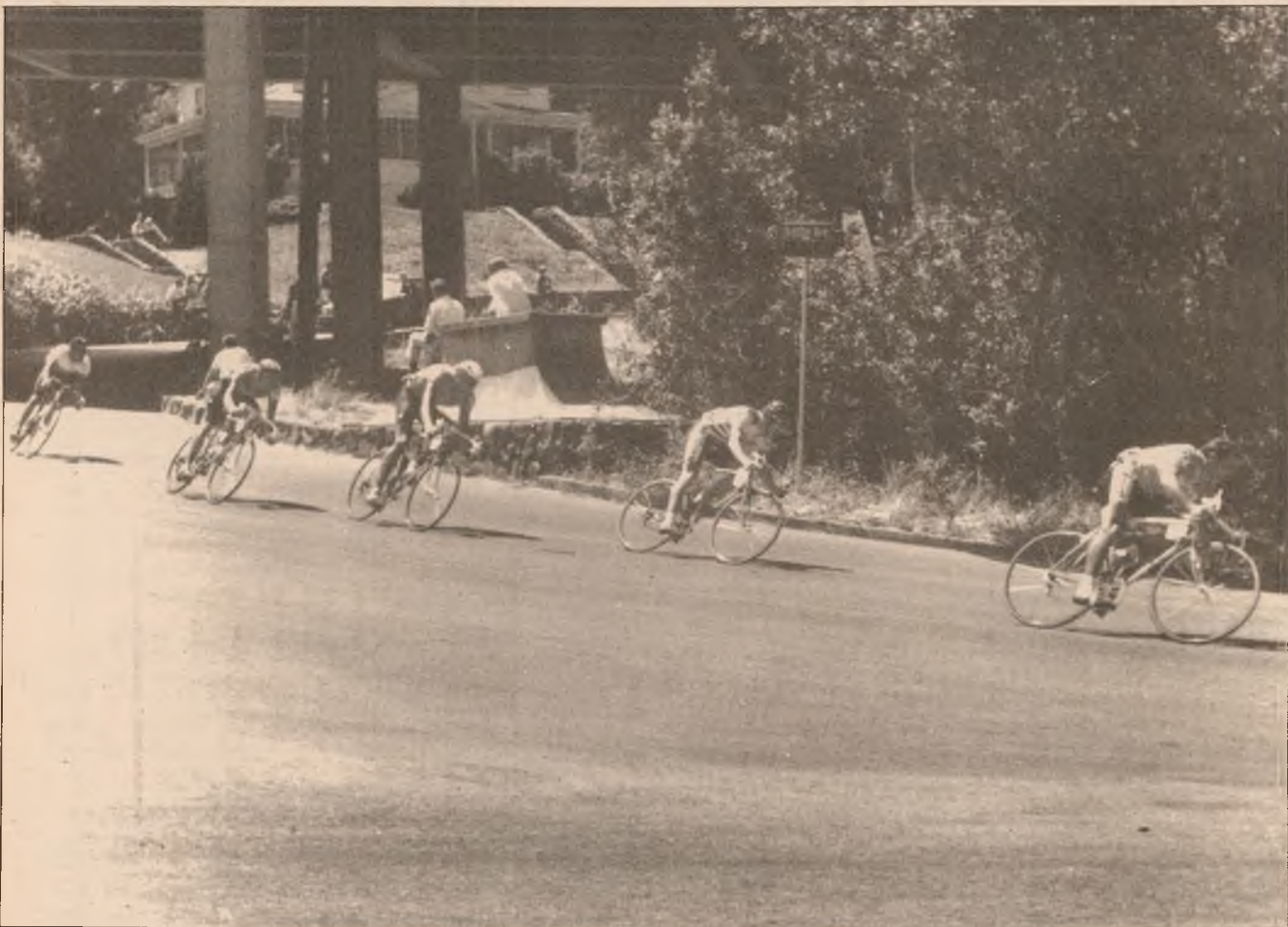
Golfers at the Presidio Golf Course kept an eye on the action as the cyclists sped along Washington Boulevard. And residents of the housing areas followed the action from their lawns and porches.

You could say they had "front row seats."

Vehicular traffic around and across the race course was controlled by post military police; and by a crew of about 50 red-shirted race officials, some armed with bull-horns.

Traffic seemed to run smoothly throughout the race with a few minor slowdowns. Sunny skies, international competition and enthusiastic race fans were all a part of the scene.

Who knows? The Coors International Bicycle Classic may become an annual summer event at the Presidio.



Cyclists speed beneath the Highway 1 overpass and race down Kobbe Avenue.



Hundreds of cycling fans line Montgomery Street in front of the Criminal Investigation Building.



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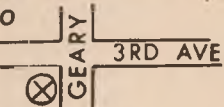
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# Community Calendar

## Presidio Night with the Giants

Presidio Night with the Giants tickets are now on sale at the ITT Office. The Giants are playing the Mets on Friday, Aug. 28 at 7:35 p.m. at Candlestick Park. The tickets are for Lower Reserve seats, Section 17 and are selling for \$6.

The ITT Office is located in bldg. 135, in the left alcove off the main lobby. Operating hours are Tuesday through Saturday, 9:30 a.m. to 6 p.m., closed from 1 to 2 p.m.

## Living history

Want to re-live history? Tickets are available for Old California Celebrations, a recreation of a rural celebration in California that was performed during the period between the 1840s and the 1870s. Just visit the ITT Office, bldg. 135, and pick up your \$6.50 ticket.

## On-post college opportunities

San Francisco State University will offer three courses on the Presidio beginning Aug. 31. **Communicable Diseases—Emphasis on AIDS (BIO 326)** meets at LAMC from Aug. 31 to Oct. 21 on Mondays and Wednesdays from 5 to 7:45 p.m. **Sociological Perspectives (SOC 105)** meets at Fort Scott from Sept. 1 to Oct. 22 on Tuesdays and Thursdays, from 6 to 8:45 p.m. **First Year Written Composition (ENG 114)** meets at Fort Scott from Sept. 1 to Dec. 8 on Tuesdays, 6 to 8:45 p.m.

Each course awards three college credits and promotion points. Sociological Perspectives and First Year Written Composition are requirements for any degree and are appropriate for a beginning college student. Communicable Diseases is a more advanced course and requires prior knowledge of human biology.

Full tuition is \$240 per course. For enrollment information, call or visit a counselor at the LAMC Education Center, bldg. 1007, at 561-4030 or 561-3969 or the Fort Scott Education Center, bldg. 1216, at 561-2974 or 561-4445.

## Golden Gaters

The Golden Gaters will travel this month to Bothe Park in Napa Valley for a brown bag picnic lunch and then to Spring Mountain winery for a tour and wine tasting. Spring Mountain is where the TV show, Falcon Crest, is filmed. We will leave Presidio of San



San Francisco Giants pitcher Atlee Hammaker and catcher Bob Melvin have lunch with SSgt. Charles Johnson (back turned) and Sgt. Tracy Rogers in Headquarters Company Dining Facility.

Francisco Officers' Club at 9 a.m. and Oakland Army Base at 9:30 a.m. The date: Aug. 15; the cost: \$10. This covers all drinks, transportation, parking fees for the bus and entry fee to Spring Mountain. Want to join us? If you have a military affiliation and are single, please do. Call Pat at the Presidio Post Chapel 561-4711 for your reservation.

## Youth matinees

The Community Life Program (Mayors) and the Enlisted Spouses' Club is sponsoring matinee movies for youths Tuesday and Aug. 25. The cost for feature movies is \$1 and transportation is available to and from the housing areas. Each Tuesday matinee will be shown at 1:15 p.m.

For more information about bus schedules, call the Army Community Service Community Life Office at 561-5057.

## Children's art

Noted sculptor Ruth Asawa will hold free art workshops for children of all ages from 11 a.m. to 5 p.m. daily during the San Francisco Fair, Aug. 27 to 30. The workshops will be sponsored by the San Francisco Recreation and Park Department in their Children's Area on the second floor of the Civic Auditorium.

Visitors to the Children's Area will be able to join Ruth Asawa in creating a variety of artworks—paper hats, leaf prints and cherry blossom branches to take home as souvenirs from the fair, as well as contributing to three baker's clay murals to be permanently displayed in Recreation and Park Department facilities.

## German Headstart

Starting Wednesday, a German Headstart class will be held at the Army Education Center, bldg. 1216, on Mondays and Wednesdays from 6

to 8:30 p.m. through Sept. 23.

The class is offered primarily for soldiers, adult family members and Department of the Army civilians on orders for Germany, but others can enroll on a space-available basis. There is no charge for the course. Books and materials will be provided by the Education Center.

For further information or to enroll, visit the Education Center or call 561-2974 or 561-4445.

## Arts and Crafts

The Presidio Arts and Crafts Center offers a wide variety of classes, which are offered from 6:30 to 9:30 p.m., unless otherwise noted.

Classes are held in the Arts Center, bldg. 122, at the corner of Lincoln Boulevard and Riley Avenue. Advance registration and payment is required for all classes.

Classes include:

**Ceramic Decorating Techniques on Greenware**, which is offered Wednesdays for a \$2.50 fee plus supplies.

**Decorating Techniques on Bisque** will be offered Wednesday, also for \$2.50, plus supplies.

**Airbrushing Underglazes** will be taught Aug. 26 for a \$2.50 fee plus supplies.

**Pottery** will be taught today through Sept. 7 for a \$10 fee plus supplies.

**Want to learn Raku?** Raku will be taught Aug. 29 from 10 a.m. to 3 p.m. The fee will be \$10, which includes glazes and firing. Please bring a potluck contribution for lunch!

**Wood Safety training** is offered on Thursdays from 6:30 to 8:30 p.m. This is a single-session, on-going class.

**Wood: Beginners** will be offered Fridays from today through Aug. 28. The fee is \$6 plus wood.

**Oil Painting** is an on-going class offered on Thursdays from 6 to 9 p.m.

for a \$1 fee. Students must provide their own supplies.

## Roller skating to Treasure Island

The Youth Activities Branch is sponsoring a roller skating trip to Treasure Island on Aug. 23 from 1 to 3 p.m. The trip is for children ages 6 to 12 years and the cost is 75 cents if you provide your own skates and \$1.25 to rent skates. Departure will be from Gym No. 1, located at Lincoln Blvd. at 12:15, and returning at 3:45 p.m. The sign-up deadline is Thursday.

For more information, call Youth Activities at 561-5143.

## Back to School Dance

The last Teen Dance of the summer for young people ages 13 to 18 years will be held on Aug. 28 at the Log Cabin from 8 to 11 p.m. The cost is \$2 per person and is open to ID card holders and one accompanied guest only. So come out and dance to the latest sounds.

## Presidio 10 Run honors Constitution

This year's "Presidio 10" Run, sponsored by the *Guardsmen*, will be held on Sunday, Aug. 23. This 10-mile run starts and finishes on Graham Street, between Sixth Army headquarters and the Centennial Tree. Proceeds from this annual event are used to send needy San Francisco children to summer camps.

In honor of the Bicentennial of the United States Constitution, this event has been designated as the installation's official athletic activity commemorating the bicentennial. There will be a military division in this year's run, and a challenge has been given to each military service in the Bay Area to provide the best team of runners.

Those soldiers interested in competing in the military division should contact the Sports Director, Bobbie Gascon, at 561-5032. For more information, call *The Guardsmen* at 781-6785.

## Scouting Directors

The Boy Scouts and Girl Scouts Programs on the Presidio are in need of Directors for the 1987-88 school year. Each director will be in charge of organizing the programs for the school year and working with the Bay Area Councils. If you are interested in volunteering, please call Youth Activities at 561-5143 or 561-5910.

## At the movies

### Presidio Theatre

Fri, Aug. 14	Steele Justice (R)	7 p.m.
Sat, Aug. 15	Predator (R)	7 p.m.
Sun, Aug. 16	Predator (R)	7 p.m.
Mon, Aug. 17	Predator (R)	7 p.m.
Tue, Aug. 18	Top Gun (PG-13)	1:15 p.m.
Tue, Aug. 18	Predator (R)	7 p.m.
Wed, Aug. 19	The Golden Child (PG-13)	7 p.m.
Thu, Aug. 20	The Squeeze (PG-13)	7 p.m.
Fri, Aug. 21	The Squeeze (PG-13)	7 p.m.

### Schwartz Theater

Mon, Aug. 17	Steel Justice (R)	7 p.m.
Wed, Aug. 19	Predator (R)	7 p.m.
Thu, Aug. 20	The Golden Child (PG-13)	7 p.m.

### Hamilton Theater

Fri, Aug. 14	Black Widow (R)	7 p.m.
Sat, Aug. 15	Follow That Bird (G)	1 p.m.
Sat, Aug. 15	Black Widow (R)	7 p.m.
Fri, Aug. 21	Hoosiers (PG)	7 p.m.
Sat, Aug. 22	Top Gun (PG-13)	1 p.m.
Sat, Aug. 22	Hoosiers (PG)	7 p.m.



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\*Daily flights based on June 10th schedule. Certain flights do not operate on weekends and some weekday exceptions apply. All fares and schedules are subject to change without notice.

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# Sports

## Two more teams dropped from championship

story and photo by Pleasant Lindsey

USAISC and DOL advanced to the next level of the Summer Basketball League Aug. 10, eliminating Co. A, LAMC and Camp Parks.

In the first game, DOL was led by D. Bartholomew with 20 points to barely beat Camp Parks, 44 to 42. Considered by some spectators to be an upset, the game highlighted the difference between a steady team and an emotional one.

Camp Parks started the game with good ball control, but foul trouble plagued them most of the game. Verbal battles with the referees resulted in a technical foul called against Camp Parks' Rudy Russell, who just happened to be talking to someone in the stands about a previous game. The referee thought Russell was talking about his officiating and called the technical.

Camp Parks' momentum went downhill from that point. Their teammates couldn't keep a handle on the ball, and DOL continued to take chances and hit their shots when they counted. The loss made Camp Parks the first team to be eliminated during the week. Camp Parks' David McCoy led all scorers with 24 points.

The second game of the evening pitted two of the stronger teams in the league against each other, and USAISC came out on top, whipping Co. A LAMC 81 to 70.

USAISC, led by Jeff Anderson's 22 points and Rodney Joyner's 18,

had to come from behind on more than one occasion as LAMC put their run-and-gun offense to work.

Although USAISC had the bigger guys, both teams found themselves scoring in spurts during the first half, with neither side hitting the basket consistently.

By the second half, however, both teams found their shooting eye. LAMC's John Faulker displayed his patented 360-degree pivot while adding six points to his team's score. He rarely gave USAISC anything to defend against. LAMC's Andre White continued to penetrate USAISC's defense to feed his team's scorers, and with 8:21 remaining in the game LAMC had a 58 to 53 lead. But three minutes later USAISC's big men tied the score at 62 even.

As the game came to the wire, LAMC's fast breaks told on them, and USAISC manufactured some fast breaks of their own. With 2:56 remaining in the game and LAMC leading 70 to 68, USAISC spent 53 seconds in LAMC's end of the court before adding two more points. The delaying tactic seemed to unnerve LAMC, and each time they turned over the ball they would look up to see Joyner standing under an open net.

USAISC fired 13 unanswered points in the final two minutes to make LAMC the second team to be eliminated for the week.



USAISC's Rodney Joyner (15) leaps above his teammates' protection to drop in two points.

## Sports Notes

### Norcal Post Bowling Team

A 24-game roll-off will be held for active duty soldiers assigned or attached to the Presidio to select the PSF Norcal Traveling Bowling Team. Soldiers desiring to compete in the roll-off must have a 1987-87 league average of 165 or higher. Roll-off dates will be Aug. 26, 27, 28 and Sept. 1, 2 and 3. Roll-offs start at 3 p.m. each date. The entry closing date is Aug. 24.

The Norcal League will start on Sept. 20. For more information, call Bobbie Gascon at 561-5032 or 561-4120.

### Intramural Bowling League

Entries now are being accepted for units and activities that want to participate in the 1987-88 PSF Intramural Bowling League. The organizational meeting is scheduled for Sept. 1 at 1:30 p.m. at Gym No. 1. All active duty soldiers, DA civilians and family members 19 years and older assigned to the Presidio are eligible to participate.

For more information, call Bobbie Gascon at 561-4120 or 561-5032.

### Gym closure

Due to electrical shut-down, Gym

No. 1, bldg. 63, will open at noon instead of 9 a.m. on Aug. 23.

### Presidio Sports Tournaments

Sign up now and compete in the following Sports Tournaments.

**Post Tennis Tournament**, Aug. 21 through 30. Double elimination, Men's Open—19 year-olds or older; Men's Seniors—40 year-olds or older; Women's Open—19-year-olds or older; Men's Open Doubles; Men's Senior Doubles; Women's Doubles; and Mixed Doubles. Open to all active duty soldiers, DA civilians and family members who are 19 years old or older, who are assigned or attached to the Presidio.

Sign up for the tournament at Gym No. 1, bldg. 63, Gym No. 2, bldg. 1152, or call 561-5032. Entry deadline is Aug. 17. Mandatory rules and pairing meeting will be held at noon, Aug. 17, at Gym No. 1.

### Summer basketball

It's upset time in the Presidio Summer Basketball Play-offs as Sixth Army knocked off USAISC 68-63, and Co. B, LAMC overpowered Camp Parks 75-59 to send the league leaders into the loser's bracket in the Summer Double Elimination Basketball Tournament. The finals are scheduled for 6 p.m., Wednesday, at Gym No. 1.

### Game results

Sixth Army 75, DOL 57; Co. B, LAMC 64, Co. A, LAMC 51; Sixth Army 68, USAISC 63; and Co. B, LAMC 75, Camp Parks 59.

### Post tennis tournament

The entry deadline for the Post Tennis Tournament is Monday. Players must sign up for the tournament at Gym No. 1, bldg. 63, or Gym No. 2, bldg. 1152. Entrants may also call 561-5032.

### 16-inch Softball League

Eight teams are competing in the 16-inch Softball League being played at Fort Scott softball fields on Tuesday and Thursday evenings at 5 and 6 p.m. Sixth U.S. Army, the defending champions, will have all their big bats banging away at a ball that looks like a balloon floating to the plate. MEPCOM will be one of the

#### Tuesday

Post Women's Team vs. MEPCOM.  
LAIR vs. LCA.  
Garrison vs. CPO.  
Sixth Army vs. DEH.

#### Thursday

LAIR vs. DEH.  
Sixth Army vs. Garrison.  
LCA vs. MEPCOM.  
Post Women's Team vs. CPO.

There will be a mandatory rules and pairing meeting in Gym No. 1 on Monday.

### Labor Day Softball Tourney

The Presidio Labor Day Softball Tournament will be held Sept. 4 through 7. Units may augment their teams with players from other units. The tournament entry fee is \$50.

For more information, call the Sports office at 561-4120 or 561-5032.

teams trying to take the crown away from Sixth Army. DEH, USAG, LCA and LAIR will act as the spoilers. Rounding out the league and newcomers to the intramural program are CPO and the Post Women's Softball Team.

Games are scheduled as follows:

Field No. 1	5 p.m.
Field No. 1	6 p.m.
Field No. 2	5 p.m.
Field No. 2	6 p.m.
Field No. 1	5 p.m.
Field No. 1	6 p.m.
Field No. 2	5 p.m.
Field No. 2	6 p.m.



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# Star Presidian

Vol. 30, No. 33

"Published in the interest of the people of the Presidio of San Francisco."

Aug. 21, 1987

## Soldiers swear oath to values

story and photo by Pleasant Lindsey

The Secretary of the Army addressed an attentive audience in the post theater Aug. 19 and explained the Army's ties to the Constitution and the importance of values in the country and the Army in particular.

The Honorable John O. Marsh, Jr., spoke to a full house in the Presidio Theatre and, with the help of an audiovisual program, explained how the Army's emphasis in positive values shapes better leaders and citizens.

Marsh said our country is in a constant struggle with contrasting values, and pointed out that soldiers in the Army take an oath to defend one of the most positive set of values developed by any country—the U.S. Constitution.

The Army's theme for 1987 is the Constitution. Congress has mandated that the Army implement programs to observe the signing of the Constitution.

"Twenty-three of the signers served during the Revolutionary War," Marsh said. He said they formed a majority in the 40-member Constitutional Congress in 1787; yet they, like the other signers, placed the will of the people first and did not try to use their majority for personal gain.

Marsh said that the Constitution is a unique document in that it is a statement of goals and purposes of the American people. These goals are listed in the Preamble of the Constitution, which reads:

"We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America."



The Honorable John O. Marsh, Jr., Secretary of the Army, and Col. Joseph V. Rafferty, post commander, exit the Presidio Theatre after Marsh's speech on values and the Constitution, Aug. 19.

Marsh also described the Constitution as being a contract between the people and the government; a way of life; a document that provides opportunity, and; a flexible system of government, balanced and checked by three branches of government. These branches are, of course, the Legislative, Judicial and Executive branches.

Marsh noted that one of the first things a soldier does when joining the Army is to take an oath. However, that oath is not to the government, not to the state or the President, but to the protection of the Constitution. The oath is to a set of values.

"The Constitution recognizes two military powers in America," Marsh said. "It has a provision for states to maintain militias and it gives Congress the power to raise and finance an Army."

Marsh said the Army's job is to defend the nation, support the policies of the government in foreign affairs, and maintain the values expressed in the Constitution.

"Where members of the U.S. Army go," Marsh said, "they take their values and the Constitution with them."

## ROTC helps sky-high college tuition, fees

by Jim Aiello

Sending a student to college this coming fall semester will cost 10 percent more than it did last year. Students and parents are slowly being priced out of the college market. One way for students (and for parents), to finance their way through college is with a Reserve Officer Training Corps (ROTC) Scholarship offered by the Army, Navy and Air Force. Scholarships can provide a means to obtain a college degree, a commission as a second lieutenant or ensign and the skills to become a leader.

The scholarships will pay for all or a portion of the college tuition, educational fees, textbooks and supplies. In addition, students receive up to \$1,000 each year while the scholarship is in effect. An additional advantage

is taking ROTC scholarships at selected colleges where they will pay all or a portion of the room and board. This can effectively make a scholarship worth \$50,000, \$60,000 or more after tuition, books and fees are included.

The military obligation is basically the same depending on whether flight or special schools are attended after graduation and commissioning. Generally, once a student graduates he or she will be commissioned as a second lieutenant with either a four-year active duty obligation or an eight-year Reserve or National Guard obligation. The duty preference will depend upon the student's grades, performance in ROTC and the needs of the service. For example, the Army

is permitting no more than 50 percent of its ROTC cadets to become active duty (full-time) officers. Students who are qualified can pursue graduate school or medical school.

Four-year scholarship applications are now available to high school seniors. Other students (those in college now) can apply for two- and three-year scholarships at the local college with an ROTC detachment this coming fall (i.e., San Jose State University, University of San Francisco, UC-Berkeley, etc.)

To be competitive for a four-year scholarship, one needs to do well on the SAT test (average score for the Army is 1,240), be active in school and the community, and pass a physical exam and an interview.

Students must be U.S. citizens to qualify. Two- and three-year scholarships have slightly different criteria.

If you are either a high school or college student, or the parent of a college bound family member, ROTC scholarships (Army, Navy or Air Force) may be the ticket for the student who wants to learn leadership skills and become more competitive in the job market.

More information regarding deadlines, applications, and the U.S. Military Academy can be obtained by calling collect to Lt. Col. John Shirley or Capt. Jim Aiello at 567-ROTC or 567-3038, or writing Northern California Goldminers; Army College ROTC; bldg. 1750; Presidio of San Francisco, CA 94129.

## Presidio Night with Giants—first come, first served

Tickets are still available for Presidio Night with the Giants, Aug. 28, at the ITT Office. This year's game will feature the '86 world champion New York Mets at 7:35 p.m. at Candlestick Park. The tickets are for the Lower Reserve seats, Section 17 along the first base line, and are selling for only \$6.

Last year, the Giants hosted the Montreal Expos, beating them 1-0 in 12 innings. Giants pitcher Vida Blue pitched no-hit baseball through seven

innings and allowed only one hit through nine. More than 500 Presidians attended last year's game, and with the Giants making a run for the National League West pennant the available tickets on post could be in short supply for this year's game with the Mets.

Presidians don't have to worry about transportation to the game. Bus transportation will be available in the Main Parking Lot by the Bicentennial Tree, as well as the Log Cabin at Fort Scott.

The buses will leave from these areas at 5:30 p.m. No reservations are necessary—first come, first served.

Get your tickets now.

The ITT office is located in bldg. 135, in the left alcove off the main lobby. Operating hours are Tuesday through Saturday, 9:30 a.m. to 6 p.m., closed from 1 to 2 p.m.



# Voices

## Army builds bridge between nation's documents

by J. C. Bean

The Army has been building a bridge between Yorktown, Va., and Philadelphia since 1981. That's when the Army's leadership focused on the role of Yorktown in Army history. This particular bridge, however, calls for no engineers. Instead, you'll find Army leaders, historians, public affairs specialists, soldiers, family members and community officials worldwide reviewing plans for one of the most important annual celebrations sponsored by the Army. No longer does the Army wait every 50 years to recognize the famous Battle of Yorktown.

A desire for independence and self-rule inspired our nation's birth. Many of those settlers who had boarded ships bound for America hoped that the distance between the mother country and the New World would bring ultimate freedom from arbitrary government. The Atlantic's vastness, however, did little to fulfill their dream. The British persisted in their desire for colonial rule.

From 1607 on, the colonies grew both in area and population. As the settlers soon found out, England resisted giving up control of the colonists' lives. Instead, the British government began to tighten the political screws. Fed up with this tyrant, the colonists armed themselves and united against British dominance. Beginning with the Revolutionary War's first shot, fired in 1775, the six years of fighting culminated at Yorktown.

Historians consider the battle as the "bridge" linking our nation's two founding documents. The steadfastness of soldiers in the Continental Army and Militia 206 years ago was manifest as they cemented the foundation upon which the nation was built. With every fallen American soldier, each life gave way to purpose. By defeating the British, these soldiers fulfilled their pledge to support the Declaration of Independence. Putting the closing words of that document into practice, these soldiers saw their sacred honor become more important than wordly possessions.

### Balances

Their ultimate victory did not end the pursuit for self-rule, however. More than half the 40 signers of the Constitution had served in the Continental Army or Militia—five of them fought on the battlefield of Yorktown. As civilians afterwards, all 23 soldier-statesmen helped lead and direct our infant nation.

The signers set the stage for a strong central government. Their new government would prove to be unique.

There would be checks and balances of power. The government would have three branches: executive, judicial and legislative. Congress would decide on how much money would be spent for defense. The President, a civilian, would be Commander In Chief of all the military.

But most important, no rights of either states or citizens were stripped in the government-forming process. Thus, the freedoms for which the colonial soldiers fought have been preserved in words that cross the centuries and leave an everlasting mark on history.

Today, wherever you see the Army's flag, you see a remembrance of Yorktown. Of the flag's 168 streamers, "Yorktown 1781" is the only one that by regulation must be displayed and have the most visibility.

On Oct. 19, the annual event known as Yorktown Day will be celebrated throughout the Army. This year's event should prove to be especially memorable, for it will follow the mid-September festivities associated with the 200th Anniversary of the Constitution's signing.

Moreover, as we review the chronology of events, we should remember the dedication and sacrifices made by the citizen-soldiers on that field in 1781 and thousands of others.

Behind the scenes, men and women supported the Army in less visible ways. Some raised food. Others made uniforms or cared for the wounded. Were it not for their combined efforts and mutual desire for independence and freedom, we might never have had a constitution-signing to commemorate on Sept. 17.

(J. C. Bean is an associate editor with the Armed Forces Press Service.)

## Ramblin' Sam

"If you had the chance, would you like to be an astronaut? Why or why not?"



Rose G. Relampagos, clerk typist, USAISC: "No, because I'd be too scared."



Stanley A. Williams, engineer, Presidio Fire Department: "Yes, I would love to be an astronaut because I'd get a chance to see the world as it really is from above."



PFC Kevin L. Aphrop, audio and television production specialist, LAMC: "Yes I would, just for the experience—as long as you brought me back."



Sgt. Varnard Caldwell, NCOIC, Television and Audiovisual, LAMC: "I sure would because the pay is beautiful and the experience of being an astronaut would be exciting. I'd also want to see if there's life elsewhere."

## Alcoholism—illness becomes living "nightmare"

by Liz Greeley

A 10-year-old girl crawls onto the sofa with Mommy, because she can't sleep. She has a fever, and it's 3 a.m.

Daddy is still awake and sitting in the big armchair in the living room.

The little girl gets comfortable, and she and her mother talk quietly. Her father sits in the armchair staring off into space in an alcoholic stupor.

Suddenly the quiet of a moment before shatters like a breaking window. Quicker than a lightning flash Daddy has crossed the room and is choking Mommy.

The little girl is petrified. She watches her mother's face turn bright red and an upraised hand ever so slowly crumples.

Her father is the strangest part of this terrifying scene; it doesn't make sense to her. Daddy doesn't seem to be angry—his face has no expression at all. He isn't even looking at Mommy...he's looking through her at some distant point.

As Mommy's upraised hand finally lowers, the little girl's mind begins to function again. Her first thought: "Oh my God, Mother's dead."

But Daddy releases his chokehold.

Mommy breathes in a gasp of fresh air, and Daddy returns to his chair to continue to stare into space.

Bizarre? Yes. A nightmare? Yes. A fictionalized version of what could happen in an alcoholic's home? No.

As creative as I like to think myself, I didn't dream up this scenario. I've described what I remember as a terrified and dumb-struck little girl 23 years ago.

see Alcoholism, page 3

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# Etc.

## Alcoholism continued from page 2

I've often wondered what, if anything, went through my father's mind at the moment he attacked my mother. For the first time in my life, I began to understand what people meant when they said they "didn't know what they were doing." That night I didn't see my father strangling my mother in an alcohol-fogged passion—I saw an emotionless stranger choke her with no apparent provocation.

What happened? I still don't know; I never had the nerve to ask my father. Then he died five years later in an alcohol-related car accident.

However, that incident gives you some idea of what it's like to live with an alcoholic.

My mother coped as best she could, but it left her preoccupied with her problems. That left my brother and I alone to cope with my father's drinking as best *we* could. Coping with alcoholism is hard and confusing for a 10-year-old girl and an 8-and-a-half-year-old boy.

**I can't speak for my brother;** but I seriously contemplated suicide *many* times, especially over the next two years. The main problem with suicide was the strongest drug we had in

the house was Sominex (even at 12 I didn't think that would work) and, if I somehow succeeded, it would *kill* my mother. She would blame herself...she always did...for everything.

So we survived...barely, but we did survive. Did it leave scars? Oh yes.

My mother, in my opinion though not hers, hates men. "They're all rats, Liz," she's often said.

My brother is an alcoholic who is unable to keep a job. He finally stopped trying to find one some years ago. He now lives with my mother.

And me? Yes, I have scars too. I'm a teetotaler who finds it extremely difficult to really trust anyone else. I've survived on *my wits alone* for too long; it warps your outlook. And like most children of an alcoholic family, I've had to guess at what "normal" is, though I figured out long ago that "Father Knows Best" is *not* the way most children are brought up.

**Even with these and other scars,** there's a lot to be said for surviving the experience.

Nietzsche is supposed to have said, "That which does not kill us makes us stronger." I believe that.

And I *don't* believe God, however one might perceive the concept, is cruel. I *do* believe each of us experiences certain things in order to learn. I know this may sound strange.

In my case, perhaps I was meant to learn not to hate, but to understand my father was a man who suffered too. And perhaps I was meant to learn not to judge people. All these lessons are written in the Bible and elsewhere, but perhaps it takes an object lesson to bring the lesson home.

**Whatever the case,** the people at the Alcohol and Drug Abuse Prevention Control Program (ADAPCP) can help you whether you're an alcoholic or a family member of one. It's important for the entire family to receive treatment.

If you're an alcoholic, don't kid yourself about what you have—it affects too many people's lives for that kind of self-delusion—people who love and depend on you. Remember, whether it's drugs or alcohol, treatment is confidential.

The life you save may not only be your own—it may be your family's lives as well.

Call an Alcohol and Drug Abuse Counselor at 561-5446 or 561-2485. Call NOW.

## College program offers classes at ed. centers on post

On post this Fall, San Francisco State University SFSU Extended Education program will be offering BIO 326-Communicable Disease with emphasis on AIDS. The course will cover the background and history of communicable diseases with particular study directed to the disease AIDS and its impact on society. You don't need any previous college courses in biology to enroll. The

course runs Aug. 31 through Oct. 21, Mondays and Wednesdays, 5 to 7:45 p.m. at LAMC.

Other SFSU classes to be offered are ENG 114-First Year Comp I, Sept. 1 to Dec. 8, 6 to 8:45 p.m.; SOC 105-Sociological Perspectives, Tuesday and Thursdays 6 to 8:45 p.m., Sept 1 through Oct. 22; PSY 456-Psychology of Human Sexual Behavior, Mondays and Wednesdays, 5 to 7:45 p.m. Oct. 26 to Dec. 21; GEOL 102-Introduction to

Oceanography, Tuesdays and Thursdays, 6 to 8:45 p.m., Oct. 26 to Dec. 21; and FILM 101-Introduction to Film, Mondays and Wednesdays, 6 to 8:45 p.m., Oct. 26 to Dec. 21.

To register, visit your nearest Army Education Center, bldg. 1216, 7:30 a.m. to 8 p.m., Monday through Thursday and 7:30 a.m. to 4 p.m. on Friday; or bldg. 1007, 7:30 a.m. to 4:15 p.m.

## TAKE A BITE OUT OF CRIME

### School safety

Late August and early September mark the end of summer vacation and the start of a new school year for most children. The number of children walking and bicycling to and

from school and the appearance of school buses on the highway make the school year an important time for motorists and parents to take special precautions.

One out of every two pedestrian accidents involves a child under the age of 15, and most of them happen on the way to or from school. These accidents could be reduced if motorists and parents became more aware of the potentially dangerous conditions that exist during school hours.

All motorists must exercise special

caution during the school year and be alert for the following:

- Reduction in speed limits in school zones;
- Crossing guards and safety patrols;
- Children crossing unguarded streets;
- Youngsters darting out between parked cars; and
- School buses loading or unloading students.

Children may be preoccupied with new friends, teachers and school sub-

jects instead of their personal safety. Remember, children generally depend on motorists to drive safely and watch out for *them*.

(Note: The above information was extracted from Army Family Safety Bulletin Fall 1987.)

### Crime report:

- One soldier was apprehended for Driving Under the Influence.
- Three buildings were found unsecured by Military Police.
- A purse was turned in to Lost and Found.

## Army reaches for final frontier

story by Steve Morey

So you want to be an astronaut, eh?

If so, Presidio's Military Personnel Center (MILPERCEN) is waiting for you to fill out an Army astronaut candidate application. You must be on active duty or reserve component status to be considered as a candidate by the National Aeronautics and Space Administration (NASA).

The Army will select astronaut nominees in December, and a final listing will be forwarded to NASA by January 1988, said U.S. Army Space Agency officials.

Army nominees selected by NASA as candidates will receive a one-year shuttle crewmember training and evaluation assignment.

After the year's evaluation, successful candidates will be selected as astronauts in July of 1989.

There are actually two positions you may apply for—pilot astronaut and mission specialist. Both positions require that the applicant have at least a bachelor's degree in engineering, biological or physical science, or mathematics.

Aspiring pilot astronauts should have a minimum of 1,000 hours of pilot-in-command in high performance jet aircraft and the ability to pass a NASA Class I flight physical. Pilot candidates should be between 5' 4" to 6' in height.

NASA officials also prefer that candidates have flight test experience and an advanced degree or

equivalent experience in an academic discipline.

Additional mission specialist criteria require that nominees have at least three years of related experience in the bachelor degree areas listed above. They must be able to pass a NASA Class II flight physical and be 5' 4" to 6' in height.

Pilot experience is *not* required to apply and compete as a mission specialist.

Blank NASA forms can be requested by writing:

Astronaut Candidate Program  
Mail Code AHX  
NASA-Johnson Space Center  
Houston, Texas 77058, or:  
Commander, USAMILPERCEN  
ATTN: DAPC-DPZ-AV  
200 Stovall St.  
Alexandria, VA 22332-0400

Packets sent through the proper channels must arrive at the MILPERCEN address before Oct. 15.

Questions about the Army astronaut candidate selection program can be directed to Aviation Plans and programs, USAMILPERCEN, AUTOVON 221-8156, Commercial (202) 325-8156.

Active Army and Reserve component soldiers at the Presidio who are interested in becoming astronauts should get their applications as soon as possible.

If you're deemed qualified by NASA and Army Space Center officials, you could be the first Presidian in space.

## PSF Ideas of Excellence

Doesn't it feel funny when you are running along the side of the road and a vehicle zooms past you as if it were in a race at Daytona?

It feels even worse when the vehicle is approaching from behind and you are running in a platoon, company or battalion formation. Such drivers pose a hazard to runners who are meeting their physical training (PT) requirements.

Capt. Joseph F. Sweeney, Provost Marshal's Office, has submitted an idea that could make the streets safer for runners during their PT periods. Sweeney suggests the road guards wear special vests that have the words "10 MPH WHEN PASSING" or "PASS AT 10 MPH MAX" printed on them in bright, fluorescent lettering.

Sweeney said that civilians who travel through the Presidio tend to drive by formations at excessive speeds.

Sweeney said the Military Police (MPs) support both the Sixth U.S. Army and the Headquarters Command Battalion muster runs; however, the MPs can't support every agency conducting physical training on a daily basis.

The lettering on the vests could prove to be a boon to soldiers who are running in PT formations. Not only will the drivers be able to see the road guards, they also will see the rules for themselves—10 MPH WHEN PASSING. Hopefully, the drivers will act accordingly.





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# Health

## Blood runs short, gift of life needed

by W. Allen Kenitzer

Try to imagine yourself or someone you know becoming involved in a serious automobile accident and being rushed to a hospital emergency room. In a situation such as this, a blood transfusion is usually needed immediately.

Many of us assume hospitals have ample supplies of blood. But, let's suppose that the hospital didn't have the type of blood you needed.

Bay Area blood banks have a desperate need for blood, and it is an ongoing problem.

On the morning of Aug. 12, the Irwin Memorial Blood Bank in San Francisco opened their doors with virtually no type "O" negative blood. Since then the situation has improved; but it still remains serious.

"It's very bad right now," said Cami Keyes, field consultant, Irwin Memorial Blood Bank. "We're in an emergency state. We've absolutely no 'O' negative blood."

"That means that hospitals don't have any; we don't have any; and there's none to be had," she said. "We've exhausted our donor base, so we're turning to the community."

Among the different types of blood, "O" negative is called the universal type. In cases of trauma injuries such as an accident or shooting, the hospital can't take the time to determine the victim's blood type. They automatically receive "O" negative blood.

During the summer months, regular donors leave for vacation, and colleges and high schools are not in full session so blood drives are not conducted there. Additionally, businesses are reluctant to hold blood drives. They are already short-staffed because many employees are on vacation.

Keyes said another factor affecting donations is that people also believe their blood type, such as type "O," is common and consequently is not needed. *This is not true.* In fact, since type "O" is the most common blood type, it is usually the one most often in demand. Within this past year, type "O" blood has been in chronic short supply.

At the Presidio's Letterman Army Medical Center (LAMC), blood drives are not conducted because they don't have a blood bank.

"All the blood drives done on post right now are conducted by the Irwin Memorial Blood Bank," said Col. (Dr.) Robert Fellini, Director of Health Services and Chief of Preventive Medical Services,



photo by Ginger K. Cooper

The needle used by this donor won't be used again. The needle will be destroyed.

LAMC. "They conduct a blood drive every month," he said, "but they divide it into three groups consisting of the Defense Language Institute, LAMC/Letterman Army Institute of Research, and the Presidio."

"We do have a program where people who donate at Irwin are able to get credit for what they donate; therefore, we don't have to pay replacement fees to Irwin," he said.

However, Fellini also said there is a great need for blood in our area.

"Blood banks are finding themselves in severe shortages," he said. "It's a real problem."

Why is there such a tremendous shortage of blood?

### Elusive reasons

Misconceptions about the possibility of contracting AIDS from donating blood also has been a factor affecting blood donations.

"AIDS has not been transfused since we started testing," Keyes said. "People need to know that if they're healthy and they're safe donors, they need to donate blood. This ensures that the blood out there is safe."

Meanwhile, the city of San Francisco continues to have a high rate of trauma incidents; such as shootings, stabbings, automobile accidents, attempted suicides and other traumatic injuries.

"Every day in San Francisco there are two major accidents," Keyes said. "One's a car accident

and one's a knifing or a shooting, and they all require blood. Usually people don't think about that."

The Irwin Memorial Blood Bank needs 500 units of blood per day, or 10,000 units per month, to serve the 41 hospitals in their eight county area. They serve a population of nearly 1.32 million people.

### The need

Another holiday weekend will be here soon and traffic accidents increase during these three-day weekends. Consequently, an ample supply of blood is needed very soon.

"Over a three-day weekend, accidents just about double," Keyes said. "Because of that, we have to build up a good reserve before the weekend."

The Irwin Memorial Blood Bank is holding a blood drive today from 7 a.m. to 2 p.m., and if you're one of those people who hasn't donated in the past 56 days, now's your chance. The holiday weekend is only two weeks away.

Even if you have never given before, think about it—seriously. Maybe you'll never be involved in a serious automobile accident and need the blood yourself. *Maybe.* But maybe someone you know will need a blood transfusion someday. You could save someone else's life. Remember, there is no substitute for blood, when blood is needed.

Give blood today.

## Protect skin from harmful rays when tanning

by Evelyn D. Harris

American Forces Information Service

Heading to the beach to soak up some rays sounds like a good way to achieve that golden, California look. But wait—you may get more than you bargained for.

Klaus Goette, chief of Dermatology Service, Letterman Army Medical Center (LAMC), said that on a yearly outpatient basis five to six people are treated at LAMC for severe sunburn. He said excessive exposure to the sun causes premature aging, wrinkling of the skin, and allegedly, skin cancer.

More than 90 percent of the 450,000 new cases of skin cancer that will be diagnosed this year will develop in parts of the body directly exposed to the sun. Skin cancer is the most common form of cancer, and the number of cases increases every year.

One type of cancer, melanoma, is potentially fatal. About 22,000 new cases of melanoma are reported every year, resulting in as many as 5,500 deaths. The rate of melanoma cases is

almost three times what it was 10 years ago. The disease is also affecting a younger age group than before. This can partially be attributed to the fact that tanning has become fashionable in this century.

Fair-skinned people, particularly blondes and redheads, are at more risk for skin cancer than others. They lack sufficient melanin, a pigment substance that filters out the sun's rays. People who work outdoors are also more at risk. However, no one, no matter how dark his skin, is immune. Since overexposure to the sun is the main cause of basal and squamous cell cancer and is believed to be the cause of melanoma, skin protection is important.

### Protection

Soldiers should keep in mind that disrespect of the sun can harm their career. Soldiers are subject to disciplinary action for reporting to duty with an incapacitating sunburn.

According to Lt. Col. (Dr.) George Winton, assistant chief dermatologist at Walter Reed Army Medical Center, Washington, D.C.,

the military sponsored some early research to develop modern sunscreens. Here are some tips for saving your skin.

- If you feel you must get a tan, do so gradually, giving yourself a little more exposure every day. This allows your skin to thicken, providing more protection.

- If possible, avoid the sun, or limit yourself to 15 minutes of exposure during the hours of 10 a.m. and 3 p.m. Ultraviolet rays are strongest during those hours.

- Use a sunscreen. Para-AminoBenzoic-Acid (PABA) is the most common effective ingredient in sunscreens, but a few people are allergic to it. Winton recommends using sunscreens that contain cinnamate if you're allergic to PABA. Both sunscreens are available in popular brands.

- Most sunscreens carry a number indicating the degree of protection they provide. Goette said that a low sunscreen factor lotion such as No. 6 may be adequate for darker-skinned people, but light-skinned people need

lotions with higher factors (No. 10, No. 15) for the necessary protection against the sun's harmful rays.

- Goette absolutely does not recommend tanning salons because damaging rays from the artificial sunlight still are present. He said the idea of ultraviolet rays being safe is a misconception.

- Winton warned that sunbathers should be careful on cloudy days—ultraviolet rays can get through clouds.

- Goette said baby oil offers no protection from the sun's rays. And sunscreen washes off after swimming or perspiring heavily.

- The sun's reflection off of water or concrete can cause burning.

- According to Winton certain drugs, such as tetracycline, can make your skin more susceptible to burns.

Be attentive to the condition of your skin. Get to know your own pattern of moles, freckles and beauty marks. If you spot any change in the size, color, texture or shape of your marks, see a doctor. Don't fiddle around with the sun.



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# Dawgs switch identity to Charlie

story and photo by Steve Morey

Hello, Charlie

In ceremonies the morning of Aug. 17, Company D, 864th Engineer Battalion, was redesignated Company C as part of an Army-wide move to realign the combat-heavy engineer structure.

As a result, all D companies within the structure will be deactivated.

"We've accomplished quite a bit as Delta Company," said Capt. John F. Duffy, company commander. "Of course, we'll continue to do a good job as Charlie Company."

Joining C Company, with its "illustrious history," will necessitate a change in administrative operations, mainly paperwork.

"We'll try to continue with 'business as usual' but there will be a great deal of administration transition," Duffy said. Some of the paperwork includes personnel record and file changes, bumper numbers on military vehicles and letterhead changes on company stationery.

Basically, whatever "D" Company was inscribed on must be switched to "C" Company.

"We'll try to complete the change as timely as possible," said Duffy. "We'll just give groups of soldiers a stencil and a can of paint and have them make the necessary changes on [company] signs," he added.

Duffy said he will coordinate all changes

with his staff at the next company leaders meeting.

The change in company designation has caused the soldiers to feel a bit of remorse, the commander said. "Some of the guys [soldiers] have been here for years and, like the rest of the company, will always be 'Delta Dawgs' at heart," Duffy pointed out.

But, he said that over time the soldiers will begin to slowly accept, and be proud of, "Charlie Company." Even the company mascot, Rambo, will be affectionately known as "Canine Charlie."

Similarly, the company troops will be known as "Charlie Dawgs."

Duffy hopes the majority of the transformation of company designation will take no longer than one month and a half.

Longer-term changes will involve C Company's change of Table of Organization and Equipment (TO&E), authorizing the company to acquire additional equipment and to realign Military Occupational Specialties (MOS) of their personnel to meet the standards of the TO&E.

"Whether we're Delta or Charlie Company, we can still provide outstanding support to the Presidio and the sub-installations here," said Duffy. "Our soldiers will continue to beautify and upgrade the facilities on the post for the benefit of every Presidian."

The Presidio says farewell to the *Delta* Dawgs and hello Charlie.



The sign in front of the company prominently displays C Company's new designation.



Capt. John F. Duffy unfurls the company's new guidon.



Some of Charlie Company's first awards are presented to members of the crew that worked on a project in Tioga Pass, Yosemite National Park.



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# Community Calendar

## Rent an RV

Outdoor Recreation has a newly acquired Recreational Vehicle, a 24-foot Southwind.

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Come down and visit your Outdoor Recreation equipment check-out center and see what is available for your leisure off duty time.

For more information, call 561-4324 or come by Outdoor Recreation, bldg. 92 between 8:30 a.m. and 5 p.m. Monday through Friday, 9 a.m. to 1 p.m. Saturday, and 1 to 5 p.m. Sunday and holidays.

## Back to School Dance

The last Teen Dance of the summer for young people ages 13 to 18 years will be held on Aug. 28 at the Log Cabin from 8 to 11 p.m. The cost is \$2 per person and is open to ID card holders and one accompanied guest only. So come out and dance to the latest sounds.

## Presidio 10 Run honors Constitution

This year's "Presidio 10" Run, sponsored by the *Guardsmen*, will be held on Sunday. This 10-mile run starts and finishes on Graham Street, between Sixth Army headquarters and the Centennial Tree. Proceeds from this annual event are used to send needy San Francisco children to summer camps.

In honor of the Bicentennial of the United States Constitution, this event has been designated as the installation's official athletic activity commemorating the bicentennial. There will be a military division in this year's run, and a challenge has been given to each military service in the Bay Area to provide the best team of runners.

Those soldiers interested in competing in the military division should contact the Sports Director, Bobbie Gascon, at 561-5032. For more information, call *The Guardsmen* at 781-6785.

## Scouting Directors

The Boy Scouts and Girl Scouts Programs on the Presidio are in need of Directors for the 1987-88 school year. Each director will be in charge of organizing the programs for the school year and working with the Bay Area Councils. If you are interested in volunteering, please call Youth Activities at 561-5143 or 561-5910.



## Rip!

Jeffrey Leonard is one of the Giants' stars who will be swinging against the Mets Aug. 28, on Presidio Night with the Giants.

## Children's art

Noted sculptor Ruth Asawa will hold free art workshops for children of all ages from 11 a.m. to 5 p.m. daily during the San Francisco Fair, Thursday through Aug. 30. The workshops will be sponsored by the San Francisco Recreation and Park Department in their Children's Area on the second floor of the Civic Auditorium.

Visitors to the Children's Area will be able to join Ruth Asawa in creating a variety of artworks—paper hats, leaf prints and cherry blossom branches to take home as souvenirs from the fair, as well as contributing to three baker's clay murals to be permanently displayed in Recreation and Park Department facilities.

## German Headstart

A German Headstart class is be-

ing held at the Army Education Center, bldg. 1216, on Mondays and Wednesdays from 6 to 8:30 p.m. through Sept. 23.

The class is offered primarily for soldiers, adult family members and Department of the Army civilians on orders for Germany, but others can enroll on a space-available basis. There is no charge for the course. Books and materials will be provided by the Education Center.

For further information or to enroll, visit the Education Center or call 561-2974 or 561-4445.

## Youth matinees

The Community Life Program (Mayors) and the Enlisted Spouses' Club is sponsoring matinee movies for youths Tuesday. The cost for features movies is \$1 and transportation is available to and from the hous-

ing areas. Showtime is 1:15 p.m.

For more information about bus schedules, call the Army Community Service Community Life Office at 561-5057.

## Arts and Crafts

The Presidio Arts and Crafts Center offers a wide variety of classes, which are offered from 6:30 to 9:30 p.m., unless otherwise noted.

Classes are held in the Arts Center, bldg. 122, at the corner of Lincoln Boulevard and Riley Avenue. Advance registration and payment is required for all classes.

## Lake Tahoe rentals

If you would like to get away from the big city life, don't forget about Outdoor Recreation's townhouse on the Tahoe Keys and the house on silverwood Circle and Sky Meadows Court in South Lake Tahoe.

These units may be rented by the day or for a maximum of seven consecutive nights.

Cost for these units on Sunday through Thursday nights are \$50 per night; Friday, Saturday and nights preceding holidays are \$70 per night.

For eligibility and detailed information, call 561-4324 or come by Outdoor Recreation, bldg. 92.

## Electricity shutdown

Electrical power will be shut down Sunday in the following areas on post:

7:30 to 11:30 a.m., Zone A-2: bldg. 70; Gym No. 1; 100, 300, 400 area (alternate feed only); 500, 700, 800 areas; and LAIR.

12:30 to 4:30 p.m., Zone A-1: LAMC; Presidio Park water pumps; 1200, 1300, 1400, 1600 and 1700 areas; street lighting; Battery Caulfield; and bldg. 352.

Lowell Whiteaker, chief, Contract Services and Utility Sales Branch, Department of Engineering and Housing, said the shutdown is part of an engineering study to determine a one-line diagram of the post's electrical system.

## Correction

One of the winners of Quarters of Excellence had his name misspelled in our newspaper. SFC Ben Villanueva, who's first name was misspelled, is also a two-time winner of this award. Villanueva is assigned to the Readiness Group and his wife, SFC Morena Villanueva, is assigned to Sixth U.S. Army.

## At the movies

### Presidio Theatre

Fri, Aug. 21	The Squeeze (PG-13)	7 p.m.
Sat, Aug. 22	Dragnet (PG-13)	7 p.m.
Sun, Aug. 23	Dragnet (PG-13)	7 p.m.
Mon, Aug. 24	Dragnet (PG-13)	7 p.m.
Tue, Aug. 25	Star Trek III*	1:15 p.m.
Tue, Aug. 25	Star Trek IV: The Voyage Home (PG)	7 p.m.
Wed, Aug. 26	Innerspace (PG)	7 p.m.
Thu, Aug. 27	Innerspace (PG)	7 p.m.
Fri, Aug. 28	Innerspace (PG)	7 p.m.

### Schwartz Theater

Mon, Aug. 24	The Squeeze (PG-13)	7 p.m.
Wed, Aug. 26	Dragnet (PG-13)	7 p.m.
Thu, Aug. 27	Star Trek IV: The Voyage Home (PG)	7 p.m.

### Hamilton Theater

Fri, Aug. 21	Hoosiers (PG)	7 p.m.
Sat, Aug. 22	Top Gun (PG)	1 p.m.
Sat, Aug. 22	Hoosiers (PG)	7 p.m.
Fri, Aug. 28	Lethal Weapon (R)	7 p.m.

\* no rating available



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# Sports

*Sixth Army, champs!*

## LAMC doesn't cut mustard, plays catch-up

by Steve Morey

Sixth U.S. Army defeated Company B, LAMC, 73-52, to win the Summer Basketball League Championship at Gym No. 1, Aug. 19.

Both teams were rated as dark horses entering the tournament and proved their worth by going head-to-head in the finals.

LAMC took a quick, 4-2 lead on two buckets by Shawn Turner sandwiched around a hoop by Sixth Army's Elvis Williams. But the lead vanished just as quickly as it had appeared.

Sixth Army made sure their troops never trailed again.

Behind two, three-point bombs of Aaron Sumler and the ball miscues of LAMC, Sixth Army soared to a 15-9 advantage. Sumler was also the recipient of a court-long, football pass

which he promptly deposited through the iron.

LAMC decided to call a timeout at the 9:06 mark of the first half to regroup. They returned, intent on working the ball around to the open man with passes and picks.

Sixth Army spoiled their efforts by intercepting three of their errant passes and turning the steals into points. At 7:58, the game's leading scorer, Carmen Tucker, staked the champions to a 21-9 lead with a jumper from the side.

The well-attended crowd, vocal throughout the contest, voiced its approval of Sixth Army's point surge.

Tucker, who scored 20, and his teammates, proceeded to add to their lead by outscoring LAMC 9-5 in a four-minute span. Tim Madison

drove the length of the court for two and was then fouled, making the free throw, and giving Sixth Army a 30-14 lead.

Foul-shooting became the name of the game for both teams as players were getting hacked and held and hampered by defenders.

Unfortunately, the teams seemed to be missing most of their free-throws. LAMC was able to come back with a scoring spree of their own, however, and trailed Sixth Army 36-25 at halftime.

The second half opened with another scoring stretch by LAMC which had the hospital team down by only eight, 44-36, at 9:17.

Sixth Army's William Travis sank a smooth jump shot and later hit an outside jumper to give his team a

54-42 lead. Between Travis' shots, LAMC's Donald Ballard hit two driving layups and Sixth Army's Anthony Leach and Patrick Hopper combined for seven points.

With time running out, desperation three-point shots were attempted by LAMC but didn't find the mark. Sixth Army controlled the ball and waited for LAMC to foul, which they did.

Backed by foul-shooting and easy, breakaway layups, Sixth Army closed out the game outscoring LAMC, 19-10, for the final score of 73-52.

Sixth Army seemed to be in control of the game from the start as LAMC played catch-up ball from the middle of the first half.

Leading scorers for Sixth Army were Tucker, 20, and Hopper, 16.

## Sports Notes

### Norcal Post Bowling Team

A 24-game roll-off will be held for active duty soldiers assigned or attached to the Presidio to select the PSF NORcal Traveling Bowling Team. Soldiers desiring to compete in the roll-off must have a 1987-87 league average of 165 or higher. Roll-off dates will be Wednesday, Thursday, and Aug. 28 and Sept. 1, 2 and 3. Roll-offs start at 3 p.m. each date. The entry closing date is Monday.

The Norcal League will start on Sept. 20. For more information, call Bobbie Gascon at 561-5032 or 561-4120.

### Intramural Bowling League

Entries now are being accepted for units and activities that want to participate in the 1987-88 PSF Intramural Bowling League. The organizational meeting is scheduled for Sept. 1 at 1:30 p.m. at Gym No. 1. All active duty soldiers, DA civilians and family members 19 years and older assigned to the Presidio are eligible to participate.

For more information, call Bobbie Gascon at 561-4120 or 561-5032.

### Monday Night Mix Bowling League

Bring a friend and your bowling ball for an evening of fund and fellowship starting at 6 p.m. on Aug. 31 at the Presidio Bowling Center. A league will be formed with a starting date of Sept. 14.

All interested bowlers should call Bobbie Gascon, 561-5032 or 561-4120, for more information.

### Gym closure

Due to electrical shut-down, Gym No. 1, bldg. 63, will open at noon instead of 9 a.m. on Sunday.



photo by Steve Morey

Zion Siony Zodak takes advantage of a vacant court on post, court No. 9. The Post Tennis Tournament is being held today through Aug. 30. Call 561-4120 to find out where and when your favorite player will be competing on post.

### Sixteen-inch Softball

LCA spotted DEH four runs, then exploded for five runs of their own in the second inning for an early 5-4 lead. DEH regained the lead 6-5 in the third inning. DEH was held scoreless for the the next three innings while the big bats of LCA sounded off in the fifth, scoring four big runs to post a 10-6 victory over DEH.

In other games, CPO blasted LAIR 12-7. Defending champions Sixth U.S. Army had no mercy for the post women's team, needing only

five innings for a 14-4 win, then defeated LCA 11-4 for their second win. Garrison's two wins for the week included a 7-0 win over MEPCOM and an 11-1 trouncing of DEH.

### Standings as of Aug. 17

Team	W	L
Sixth Army	2	0
Garrison	2	0
CPO	2	0
LCA	1	1
LAIR	1	1
Post Women's Team	0	2
MEPCOM	0	2
DEH	0	2

### Next scheduled games

<b>Tuesday</b>	
LAIR vs. Sixth Army	Field No. 1 ..... 5 p.m.
Post Women's Team vs. Garrison	Field No. 1 ..... 6 p.m.
LCA vs. CPO	Field No. 2 ..... 5 p.m.
<b>Thursday</b>	
DEH vs. CPO	Field No. 1 ..... 6 p.m.
Garrison vs. LAIR	Field No. 2 ..... 5 p.m.
LCA vs. Post Women's Team	Field No. 2 ..... 6 p.m.

### Commander's Cup Golf Tournament

The 1987 Commander's Cup Golf Tournament was held on Aug. 12 at the Presidio Army Golf Course. A record 56 golfers participated under nice, sunny weather. Awards were presented after the completion of the tournament by the Post Commander, Col. Joseph V. Rafferty. He presented the following individual awards:

#### Callaway Division

#### Low Net

1st Place—Jeffrey Kang, Co. A, LAMC, 71;  
2nd Place—Dale Litney, 74.

#### Low Gross

1st Place—Bill Ely, 6th Recruiting Brigade, 84;  
2nd Place—Joe Krogman, Co. B, LAMC, 85.

#### Senior Division

(40 years and older)

#### Low Net

1st Place—Chaplain Christoph, HQ USAG, 70;  
2nd Place—Joseph Barr, USAISC, 72.

#### Low Gross

1st Place—John Vigna, LAIR, 81;  
2nd Place—Joseph Rafferty, HQ USAG, 87.

#### Open Division

(39 years and younger)

#### Low Net

1st Place—Keith Chapman, LAIR, 67;  
2nd Place—Robert Keating, HQ, USAG, 73.

#### Low Gross

1st Place—Mark Strickland, Co. H, DLI, 73;  
2nd Place—Armando Laurel, Sixth U.S. Army, 87.

The Intramural Golf League awards were also presented by Rafferty. Headquarters USAG was the league champion. The team includes Robert Keating, Richard Hurlburt, Mike Whitten, Reggie Johnson, Ed Begley and Rafferty.

The second place team was LAMC No. 1, which featured Richard Sajac, Joe Krogman, Mike Decesare, Steve Costa and Bill Shafter.

### Flag football

Entries are now being accepted for units and activities that want to participate in the 1987 Intramural Flag Football League. A rules interpretation meeting will be held by the Golden Gate Officials' Association at 1 p.m., Aug. 28 in bldg. 63, Gym No. 1. Units entering a team must have a team representative at this meeting. Commander's Cup points will be awarded for attending the meeting.

For more information, call Charles Hurd at 561-4120 or 561-5032.

### Labor Day Softball

The Presidio Labor Day Softball Tournament will be held Sept. 4 through 7. Units may augment their teams with players from other units. The tournament entry fee is \$50.

For more information, call the Sports office at 561-4120 or 561-5032.

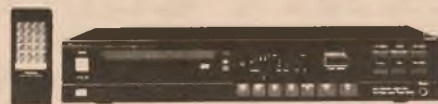


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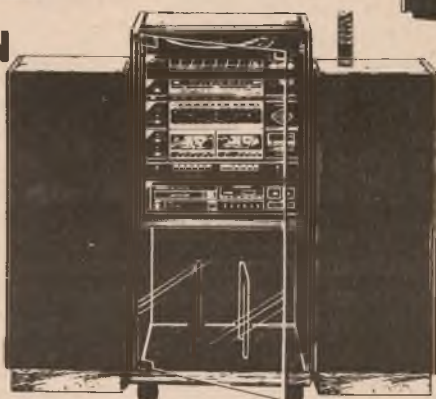
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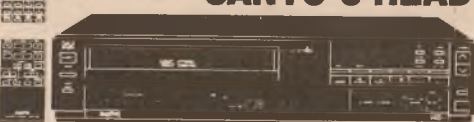
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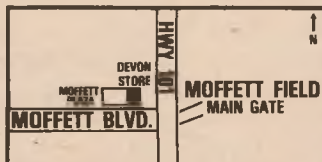
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# Star Presidian

Vol. 30, No. 34

"Published in the interest of the people of the Presidio of San Francisco."

Aug. 28, 1987

## New twist—tree cuts down man!

story and photos by Steve Morey

A cyclist visiting the Presidio Aug. 23 was temporarily pinned down on the sidewalk near the San Francisco National Cemetery when a 60- to 65-foot pine tree lost its moorings and crashed to the ground.

William Wright, of Newport Beach, Calif., suffered minor cuts and bruises on his hands, left

elbow and left knee, and was treated at the scene by members of the Presidio Fire Department (PFD).

Wright's bicycle was extensively damaged as the front wheel absorbed the brunt of the tree's weight.

The freak accident occurred about 12:20 p.m. as

Wright and a friend, Peter W. Estabrook of San Francisco, were cycling west on the sidewalk on Lincoln.

"I was riding along with Pete when I heard a noise to my right," Wright said. "I looked up, and the next thing I saw was the tree falling toward me. I tried to turn left as hard as I could; but it was too late. The tree was over me."

Estabrook's, who was riding a few feet in front of Wright, stopped his bike and returned on foot to see Wright picking himself up from the branches.

"I couldn't believe what had happened but was relieved that Bill was all right," Estabrook said.

The fallen tree blocked both lanes of Lincoln between Sheridan Avenue and Crissy Field Avenue. Presidio's Military Police arrived at the scene to reroute traffic moments after the tree fell.

Two other visitors to the Presidio were in their car about 50 feet behind the cyclists and were witnesses to the unusual event.

Dave and Gilly Cox, from Surrey, England, were, at first, concerned about the oncoming traffic as they saw the tree fall "like slow motion." But their attention shifted to the sidewalk as they noticed the cyclists.

"I thought the man [Wright] would be seriously hurt," Gilly Cox said. "But he stood up among the fallen limbs and started to shake the branches off of him."

Dave Cox said, "If Gilly and I were going a few seconds faster in our car the tree would have fallen on us, too."

Gilly Cox tended to Wright with a towel dipped in cool water from their cooler while they waited for the PFD to arrive.

Once members of the PFD had treated Wright they ripped off the tree's branches with a power saw and removed the branches and debris from Lincoln.

Traffic on Lincoln resumed approximately two hours later.



William Wright gets first aid treatment from Presidio fireman.



Sawdust flies as firemen work to remove fallen tree from the street.

## Army helps soldier continue school through reenlistment

by Dianne D. Logan,  
Education Services specialist

SSgt. Christopher Clayton of Letterman Army Institute of Research (LAIR) is on his way back to school this fall under the Army's Education Reenlistment Option. This particular reenlistment incentive program began in April. Clayton is one of 200 soldiers Army-wide selected by the Department of the Army to attend fulltime schooling this fiscal year. He has been assigned to LAIR for the past three years as a Health Physics Specialist. He will soon begin classes at Georgia Institute of Technology in Atlanta, Georgia.

Clayton recently reenlisted to complete his degree. The Army has given SSgt. Clayton the opportunity to go

back to school for two full years and complete his Bachelor's in Health Physics at his former school.

The Education Reenlistment Option program is open to eligible soldiers, staff sergeant and below, with less than 10 years of service and a GT score of at least 110. There are no waivers. The soldier draws base pay and, if the program of study is Military Occupational Specialty (MOS) related, also receives authorized allowances. The soldier will bear all the tuition costs. If eligible, VA benefits may be used. Applicants must be accepted at a regionally accredited university or college. Presidio soldiers within a year of terminating their service with the Army

(ETS) may apply for this option through their re-enlistment NCO. Army Education Center counselors will assist applicants in selecting and applying to a college. The counselor also writes a letter which accompanies the packet to DA. The Retention NCO forwards the packet, which includes the school's acceptance letter, a financial statement, the degree program of study, number of courses to be taken during the one or two year period, and beginning and ending dates of the program. DA approval takes approximately two weeks. When approval is granted, soldiers have 30 days in which to re-enlist for this option.

Clayton strongly encourages any

soldier who is interested in the program to "start early—do not wait until the last minute expecting to receive this option." The program is highly competitive and is limited to 400 spaces in fiscal year 1988.

This is an excellent degree completion program for the initial or mid-term. Soldiers may also use it to enter college for the first time. Unless satisfying a degree completion requirement for a bachelor's degree, applicants will be approved for one year of fulltime schooling. Soldiers must reenlist for three years in return for one year of schooling or six years for two years of schooling. The schooltime is inclusive in the reenlistment time.



# Voices

## Soldiers should be training, not picking litter

by Steve Morey

Upon receiving my orders to come to the Presidio my first reaction was, "Fantastic! What a beautiful area to be working in." And I was right. I'm literally surrounded by the Pacific Ocean and San Francisco Bay and, from my barracks window, I can see the Golden Gate Bridge and Alcatraz Island. I couldn't ask for anything more breathtaking.

But then there's the garbage.

I'm not talking about massive heaps of refuse on post or anything like that. What concerns me, and maybe even *you*, is the loose floating papers and cups; the cigarette butts dotting the sidewalks and streets; and the assorted debris scattered among the bushes and trees.

Again, this isn't a major crisis or catastrophe. But the cause of the litter strewn about post is my main worry.

Litter, debris, garbage, refuse—call it what you want. It's not put on post by tiny, green elves in the wee hours of the morning to spoil the beauty of our environment. Nay, the dirty deed is performed by Presidians who are unaware of the damage they're doing to our immediate surroundings.



Currently, litter pickup is being done by civilian contract. *Ideally*, this post could do without a hired crew or a volunteer force (i.e. post police) to pick up trash.

The best force we can "hire" is, (you guessed it), us!

Let's not be "like the next guy" and drop our lunch scraps on the ground; or casually toss, through our car window, cigarette butts or fast food bags because "it won't make a difference anyway."

We, as Presidians (soldiers and civilians alike), should take pride in our military community. Our post's appearance is important because we are visited by tourists every day of the week. What they see is what we show them.

If we do our part to refrain from littering, our post will be that much more beautiful.

The next time you're about to let loose with a candy wrapper or paper cup, look around for the nearest trash can. Or hold onto your "prized possession" until you're able to dispose of it properly.

And if you notice litter outside of your building, take the time to pick it up as well.

In the end, the image of the Presidio will benefit; likewise, *you* will benefit—if you have pride in your military community.

## Ramblin' Sam

"What is the function of the Army Reserves and the Army National Guard?"



SP4 Karen Griffith, unit clerk, USADENTAC (dental activity unit): "To support and back up the active Army component. I'll be a part of them real soon."



SP4 Michael Sims, research assistant, LAIR: "To supplement the total fighting force of the U.S. Army; and during emergencies they supplement and perform tasks that the Army doesn't perform, such as helping out during a national disaster."



SP4 Derrick Hinton, pharmacy technician, In-Patient Pharmacy, LAMC: "The reserves maintain a ready alertness in a time of national crisis; and the National Guard is prepared to step in during a community crisis. Both components provide extra support in time of war."



Terri L. Curd, technician, reservist, 7th Psychological Operations Group: "In the event of military action the main task of the Reserves is to support the U.S. Army in any fashion that is necessary to protect the United States' principles and way of life. The National Guard functions to protect the perimeter of the United States in the event of war."

## AUSA Defense Report: 'Employers support Guard

Since 1973, when our country ceased reliance on conscription (the draft) to obtain our military manpower, we have found it necessary to assign increasingly important roles to the National Guard and the Reserve Forces. Today, one out of three Americans in uniform is a member of the National Guard or Reserve, a citizen-volunteer whose military duty is a demanding commitment in addition to the member's full-time career and family responsibilities.

The increasing emphasis on assignment of missions to the reserve components requires that they be fully manned and equipped and that they steadily improve their standards of training, readiness and preparedness. These requirements have extended reserve component training time

and have increased the numbers in the Reserve and National Guard ranks which, in turn, has exposed more and more civilian employers to the unique character of the citizen-soldier.

These days, employers have a critical role in maintaining the personnel strength of the National Guard and Reserve. Research conducted for the Department of Defense discloses that Guard members and Reservists are far more likely to remain in military service when their employers support their participation. Other studies have concluded that nearly a third of those who choose to leave the Guard and Reserve do so because of conflicts between the full-time demands of their civilian employment and the part-time responsibilities of their military duties.

For the most part, those employers who have shown a reluctance to provide positive support to their citizen-military employees are the ones who, for whatever reason, have not had the opportunity to become fully informed about how the Guard and Reserve are so directly participating in our national defense and why the commitment of their employee is so vitally important.

The National Guard and the Reserves are effective forces today not only through the efforts of the 1.6 million dedicated part-time professionals who would quickly become full-time fighters for freedom in an emergency, but also because of the understanding, cooperation and encouragement of so many thousands of their civilian employers.

And every one of them deserves our salute.

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# Etc.

## News Briefs

### Patient Medical Advisor

The revised and updated edition of Letterman Army Medical Center's (LAMC) Patient Medical Advisor is hot off the press. This 53 page pamphlet is an outgrowth of the most widely accepted concept in medical care: patient participation. This guide to self-treatment lists many conditions for which you can treat yourself or your family members at home.

For each condition, a description, treatment, recommended drugs, if any, and the circumstances in which a doctor should be seen are explained. At the end of the pamphlet is a list of common "over-the-counter" drugs with proper usages and dosages. These drugs can be purchased at a PX or dispensed at the pharmacy without a doctor's prescription.

LAMC's staff is dedicated to excellence in medical care. Your participation in maintaining your own health will benefit not only you and your

family, but those who need to use LAMC's medical resources for major medical problems.

Copies of the Patient Medical Advisor are available at the Information Desk, at Outpatient Clinics and the Army Community Center.

### Cancellation service

Letterman Army Medical Center, (LAMC) has started a new service that allows patients to cancel appointments *after* normal duty hours.

LAMC has installed an answering machine in Patient Appointment Service that allows patients to cancel appointments during evenings, holidays and weekends.

"Originally, patients could only call during business hours because that was the only time we had anyone available to answer the phones," said Ed Reid, assistant supervisor, Patient Appointments. Now, patients can call and leave their name, sponsor's social security number, doctor or

clinic name, date and time of appointment.

The appointment will be cancelled the same or next duty day. The number for the recorder is 561-4945. All patients are urged to use the new cancellation service so that appointments can be offered to other patients who have an immediate need for an appointment. However, patients won't be able to use the recorder to reschedule appointments.

"Patients will still have to call the Patient Appointment Service to make a new appointment," Reid said. The numbers to call for making appointments are 561-5342 or 563-5342.

### MPD limited staffing

The Military Personnel Division will be operating with minimum staffing on Friday for participation in the Headquarters Presidio of San Francisco Organizational Day Activities. ID Card Section will remain open for business as usual.

## TAKE A BITE OUT OF CRIME

### Home security

by John Flynn

A prowler enters someone's home every 15 seconds! Next time, it could be your home or barracks room. Of the \$400 million worth of goods stolen each year, only 5 percent is recovered. Despite all the publicity concerning the effectiveness of high-tech alarm systems, the best precautionary measures are still old fashioned common sense and a good, modern lock.

### Discourage burglars

You can't make a house absolutely burglar proof, but you can decrease the opportunity available to a burglar by taking precautionary measures now. Burglars avoid delay, risk, or noise. If you make entry simple, then you increase your chances of being victimized.

Make him think you're home even when you're not. The average burglar probably will know the same tricks; but without spending the time to study your habits, he would much rather try a house that is obviously

vacant.

1. Leave some lights on while you're away. If it's just for the evening, leave on a light that prevents him from peeking in to see if you are really home. If your absence is going to be for an extended length of time, you should purchase some small appliance timers and hook them up to the lamps in your house. Try to set the timers for the approximate times that you would normally have the lights on when you are really home. You might also consider the installation of exterior lights. Exterior lights remove the thief's cover of darkness, and he doesn't want to work under a spotlight.

2. Don't allow newspapers or mail to accumulate while you are gone. Notify your post office to hold your mail and your newspaper carrier to hold your papers. In the summer arrange to have your lawn watered and mowed.

3. Be wary of strange phone calls aimed at finding out when you will not be home. Don't fall for a call that tells you that you have won a valuable prize; often, burglars count on your greed to get you to tell them when you will be home and when you won't.

4. Don't let a stranger inside unless he can show identification indicating that he has legitimate reason to be there. All DEH employees carry

a DEH ID card. If you have doubts about someone, call their employer.

### What you can do

1. Participate in community crime prevention programs such as the neighborhood Watch, and Operation Identification. For more information on these programs, telephone the Presidio Crime Prevention Office at 561-4925 or 561-5011.

2. If you witness a crime or something that looks suspicious call the police.

3. Be suspicious if someone offers you an item at a bargain price under unusual circumstances...it may be stolen property. Buy only from bonafide dealers. In addition it is against both military and civilian laws to receive stolen property.

### What if you meet a burglar?

If, when you return from a trip there are obvious signs of a burglary, DO NOT ENTER your home!!! Call the military police from a neighbor's house and wait until they arrive. If you return to the house you might run into the burglar or the police might mistake you for one while the real burglar escapes. If you are already in your house and you have to deal with a burglar face to face, be cooperative but try to remember what he looks like—his approximate height, weight, and how he's dressed

to aid the police in his capture. Don't pull a gun or weapon on him; he might respond with his own or take yours away. Don't fight him unless you are attacked; in that event remember, you are fighting for your life. Use every means available.

### If you are robbed:

Notify the police at once. Inventory your property regularly and keep the list in a safe place so that the police can immediately place the items into the National Crime Information Computer (NCIC). This will allow any police department in the country to identify the property as being stolen. If your property is engraved with your driver's license number and state, the process will work even better.

Notify your insurance company. Use your inventory to prepare a complete list of the stolen property. Give the claims representative any purchase receipts you have for the stolen items. Answer all questions and cooperate fully for quickest possible handling of your claim.

### Crime report

- A civilian was arrested for driving under the influence of alcohol.
- One soldier was apprehended for being Absent Without Official Leave (AWOL).
- One stolen vehicle was recovered by Military Police.

## PSF Ideas of Excellence

Imagine sitting in your office area and having a one-on-one conference with the Presidio Commander. This idea is not so far fetched and can be accomplished through what is called "TELECONFERENCING."

R. D. Gore, PSF Department of Logistics (DOL), has submitted an idea that could improve "communications" here at the Presidio, save time, and wipe out the well known "Rumor Network."

TELECONFERENCING is the process where one individual, such as Col. Joseph V. Rafferty, PSF Commander, would appear in front of a T.V. or video camera and the signal would be sent to viewers via a cable system or telephone line. Additionally, the conference may be set up so viewers can ask questions to the speaker.

Gore said the purpose is to improve communica-

tions between the commander by speaking to soldiers and DA civilians on a more personal basis. Command emphasis on subjects such as Equal Employment Opportunities (EO), Handicapped Awareness, and Federal Women's Week, could be greatly enhanced.

The Commander's visibility would increase, and so would downward communications within the organization, he said. In addition, work time would not have to be sacrificed because of trips to the Post Theater for training or conferences, Gore said.

Although the Presidio currently has teleconferencing capabilities, the program will be greatly enhanced with the installation of the new telephone switch in April of 1988.



### The littlest volunteer...

Just thought you'd like to see the post's youngest volunteer, Keith B. "B. J." Ulrick, Jr., 3. B. J. delivers the *Star Presidian* in his neighborhood. "I use my rainbow bike, and I take them to all the houses on the street," he said. "I can do it all by myself."





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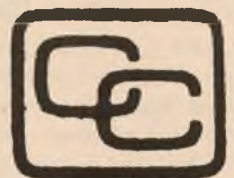
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# Woman finds better career opportunities in Army

story and photo by Pleasant Lindsey

A German Language student won the post's Soldier of the Month award for August, snapping a string of battalion-level victories by another company at her school.



Pvt. 2 Kathy M. Cann describes the spirit that snapped a rival company's winning streak in Soldier of the Month competition.

Pvt. 2 Kathy M. Cann, Company G, Defense Language Institute-San Francisco (DLI-SF), is permanently assigned to the 24th Psychological Operations Company, Denver, Colo. Cann is from Indian Hills, Colo., a "little, tiny town outside of Denver, ... in the mountains.

"My parents own a horse ranch there," Cann said. "About the biggest thing in the town is the firehouse."

Obviously, Cann found bigger things with the Army. After all, winning Soldier of the Month at DLI had become a habit for members of a different company. But Cann found that winning didn't have to be difficult.

"I talked to my platoon sergeant about it, and he let me know that it is a good way to practice for review boards, earn promotions and get myself known by my company commander and my first sergeant," she said. "Then it turned into a competition where we had to beat Company H. It had been eight months since any of the other companies had beaten Company H for the battalion Soldier of the Month award.

"The post board was just the next step."

Cann said she joined the Army because it gave her a chance to learn foreign languages and earn money for a college education. She discovered the Army offers more for women who are seeking careers.

"I talked to an Air Force recruiter who basically told me that I couldn't follow the career goals that I wanted," Cann said. "However, the Army offered tuition assistance and language training. I was assigned to a good Reserve unit in Colorado, and I'll be on Active Duty until I finish my military education."

Cann will attend the school for Psychological Operations Specialist after her graduation from DLI.

Foreign languages appear to be one of her major interests. Cann said she was able to speak Spanish before she joined the Army Reserves, but wanted to learn other languages as well. When she enlisted she chose to learn German.

"My grandparents are German, and that's a major reason why I chose that language," Cann said. "But if I get the chance I'd like to learn French as well."

Cann said that the opportunity to learn languages and travel to foreign countries could make her consider joining the Active Army.

"I've given a lot of thought to joining the Active Army, especially if I knew that I would get a European tour," Cann said. "And, maybe a bonus."

Still, education and a secure future seem to be her primary concerns.

"I want to get a college degree sometime within the next 10 years," she said. "I want to major in languages or foreign relations, something that would help me should I decide to transfer into the diplomatic corps."

But for now Cann is concentrating on graduation from DLI-SF. She said she has been so busy with her studies that she hasn't found the time to pursue her hobbies—snow skiing and riding horses.

She said she would like to continue her travels to other countries as well. Cann was fortunate enough to attend school in Lima, Peru, studying Spanish. A Peruvian friend of hers in Denver helped Cann make the right connections and gain an experience some people only dream about.

"Traveling in South America isn't very expensive, and doesn't have to be dangerous...as long as you travel in pairs," she said.

And to think some of us spend our leave time at home.

## DRG system expected to save millions yearly

The Civilian Health and Medical program of the Uniformed Services (CHAMPUS) reminds military families that on Oct. 1, 1987, most hospitals in the 50 states, the District of Columbia and Puerto Rico will be paid a preset price for inpatient costs for covered services, regardless of the cost of care. The CHAMPUS Diagnosis-Related Group (DRG) system is expected to save the government more than \$200 million each year and will mean lower cost-shares for retirees and their families, since the total amounts allowed for hospital payment will be reduced.

CHAMPUS published its proposed rule on DRGs in the *Federal Register* on June 3. The public was asked to comment on the proposed

rule until July 6, when the comment period closed. CHAMPUS is seriously considering the substantial number of industry comments received. As a result of the review, CHAMPUS may make some changes in its final rule, which is scheduled to be published Tuesday.

Under the new DRG system, all beneficiaries other than active-duty family members will pay only a fixed, daily amount, no matter how expensive the care, for each admission to a hospital subject to DRGs. The exact amount of the flat, daily payment has not yet been established. Active-duty families will continue to pay \$25 for each admission or a daily fee, whichever is greater.

Since Jan. 1, federal law has re-

quired that hospitals participating in Medicare, and almost all do, also must participate in CHAMPUS. These hospitals must agree to accept the CHAMPUS payment as their full fee and collect only the patient's cost-share. This means that in a participating hospital the CHAMPUS patient will be protected from having to pay any amounts for covered services that are more than the CHAMPUS-determined allowable DRG payment.

CHAMPUS beneficiaries also should be aware that the DRG system will not specify a number of authorized days in the hospital. If a CHAMPUS beneficiary is sicker than the average patient, his or her cost-share for care in a participating

hospital will be only the daily amount. However, if the beneficiary chooses to go for a nonparticipating hospital or gets care that is not covered by CHAMPUS, the beneficiary will be responsible for costs above the flat, daily amount.

The new CHAMPUS DRG system will not affect certain services, such as psychiatric and substance abuse services, kidney acquisition costs, and heart and liver transplants. And certain hospitals, such as psychiatric; long-term care; rehabilitation; sole community and cancer hospitals; Christian Science and sanatoria; and district parts of a hospital providing psychiatric, rehabilitation, and alcohol and drug services will not be affected.

## Family members enrich lives of Presidio children

by John R. Gunnarson  
director, Child Development Services

Presidio family members will have the opportunity to earn money at home, provide an important community service, and learn about child development through training provided by the Presidio's Family Child Care Program.

This program is a part of Child Development Services (CDS) and it trains, certifies, and monitors family child care providers who care for children in their homes. Pre-certification training for the program will be held Sept. 15 through 18, from 9 a.m. to 4 p.m. each day in bldg. 563. All four training days are required to

complete training.

The Family Child Care (FCC) Program is based on Army Regulation (AR) 608-10 and local guidelines. This quarters-based child care provides developmental care and a choice for parents. The FCC Program sets minimum standards in the areas of health, safety, and developmental programming for the home-based providers.

According to Karen Jupe, FCC Program Director, the program helps potential providers meet these standards by giving them training in

child development, first aid, cardiopulmonary resuscitation (CPR), prevention of child abuse and neglect, business practices, and a wide range of other resources. The classes are taught by CDS staff and other Presidio professionals.

"Health and safety are very important, but providing an enriching developmental environment is essential too," Jupe said. "Many children are with their child care providers for the majority of their waking hours. It is not enough that they are simply watched all day—the provider needs

to be knowledgeable and interested in the positive development of children.

"Providing challenging and rewarding activities can make a big difference in children's development."

If you are interested in being a child care provider in your own home, you can obtain all information by calling Jupe at 561-4712. Certification is mandatory for those wishing to offer child care in their quarters on the Presidio of San Francisco and its sub-posts. Uncertified child care in quarters may be punished by the loss of those quarters.





SSgt. Katherine Tolliver listens as SP4 Theresa Amadora, Sixth U.S. Army, explains the proper way to apply a field dressing.



SP4 David Busby has camouflaged himself well enough to almost fool the camera lens. Can you see him?



PFC Troy Lyles, Law Enforcement Company, positions a Claymo



# Common Tasks tackled on Battery Howe-Wagner

**P**residio soldiers proved their mettle Aug. 18 through 22 by showing off their skills and common tasks knowledge on the Battery Howe-Wagner area of Fort Scott.

Soldiers between the ranks of private and sergeant first class, from the post and its tenant units, descended on the site to reinforce and evaluate their training during the Army's annual Common Task Testing (CTT).

The units that participated included Company C, 864th Engineers; Law Enforcement Company; Oakland Army Base; Headquarters Company and Sixth U.S. Army.

The weather was chilly when the testing began Aug. 18, but the temperature continued to climb and the atmosphere was unusually nice throughout the week. That in itself was a welcome change for soldiers from the post, most of whom are used to training in windier, chillier temperatures in the Fort Scott area. Of course, no amount of air conditioning can cool off a soldier who is wearing a MOPP suit.

MOPP (Mission-Oriented Protective Posture) testing alone challenged soldiers in seven different skills. The skills included putting on the complete suit in eight minutes (no small feat), skin and equipment decontamination, wearing and maintaining the protective mask, and giving emergency aid to a buddy who has been injured in a chemical attack.

Sounds like a lot of stuff? That wasn't even half of it.

These soldiers also had to prove that they could read a map, give first aid to heat or frostbite victims, and apply field dressings.

And, credit must be given to the testers who conducted and supervised the test. It was apparent that these soldiers in particular had to be highly trained and motivated to successfully grade and evaluate other soldiers from so many different units.

It was a good week for soldiering.



Two MPs race the clock while trying to properly don their masks.



re mine.



Sgt. Katherine Harper says, "You better know your stuff," when you enter her station. Here, she waits to evaluate a soldier's ability to give emergency aid to a buddy in a chemical environment.



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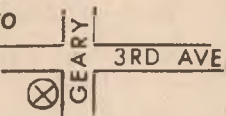
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# Community Calendar

## Attention all first grade boys

Join Tiger Cubs and become part of Cub Scout Pack 77 on Tuesday at 7 p.m. at the Scout Hut, bldg. 661. Each boy and their sponsor (parent or guardian) attend monthly meetings following the Tiger Cub activities. Boys are recognized for their achievements. Membership is \$10.

For more information call Diane Lemeley at 563-6481.

## Youth Activities information night

The Youth Activities Branch is sponsoring an information and registration night Sept. 16 at the Gym No. 1 from 5:30 to 8:30 p.m. This is an opportunity for families to meet and receive information on youth and family-oriented activities on the Presidio. Parents are also able to register their children for programs and get information on various interesting and rewarding volunteer positions. The youth organizations participating are the Girl Scouts, Boy Scouts, Cub Scouts, Camp Fire Group, Aquarius Swim Club, Child Development Center, Chapel Youth, Arts and Crafts Center and Fencing Club.

For more information, call Youth Activities Branch at 561-5143.

## Youth Bowling League sign-ups

The Youth Activities Branch is forming a Bowling League on post for ages 6 through 18 years. Registration is tomorrow at the Bowling Center, bldg. 1387, from 9 a.m. to 1 p.m. This league is open to active duty military, retirees, and DoD civilian family members—both boys and girls.

For more information, call 561-5143.

## Swim Club coach needed

The Aquarius Swim Club is looking for an aquatics head coach. Experience and references are required. This is a coed youth team which practices weekdays from 4 to 6 p.m. at the Presidio pool.

For more information, call Youth Activities at 561-5143.

## Girl Scouts

The San Francisco Girl Scout Council and a number of Presidio volunteers will hold a general meeting for the 1987 school year at



## Faire

Eat, drynke and be merrie at the Renaissance Pleasure Faire. Tickets are available at the ITT Office, located in bldg. 135, in the left alcove off the main lobby. Operating hours are Tuesday through Saturday, 9:30 a.m. to 6 p.m.; closed from 1 to 2 p.m. Call 561-3992 for more information.

the Religious Activity Center Sept. 9, from 7 to 8 p.m. Girl Scouting is for ages 5 to 17; Daisies for age 5 or kindergarten; Brownies for grades 1, 2, and 3; Juniors for grades 4 and 5; Cadettes for grades 6, 7 and 8; and senior grades 9 to 12. If you have a daughter interested in Girl Scouting and also are interested in volunteering, please plan to attend. This year the director's position and troop leader positions need to be filled.

For further information, call Youth Activities at 561-5143.

## German Headstart

A German Headstart class is being held at the Army Education Center, bldg. 1216, on Mondays and Wednesdays from 6 to 8:30 p.m. through Sept. 23.

The class is offered primarily for soldiers, adult family members and

Department of the Army civilians on orders for Germany, but others can enroll on a space-available basis. There is no charge for the course. Books and materials will be provided by the Education Center.

For further information or to enroll, visit the Education Center or call 561-2974 or 561-4445.

## Auto Safety Hotline

The National Highway Traffic Safety Administration has established a toll-free complaint hotline for drivers in the United States (including the Virgin Islands and Puerto Rico) to solve personal auto safety problems.

Hotline operators provide callers with information on motor vehicle safety recalls, car crash test results and other information. They'll also

take consumer complaints about possible safety defects.

The number is 800-424-9393. In metro Washington, D.C., call 366-0123. For hearing impaired: 800-424-9153, or 755-8919 in the Washington area.

For more information, write to: National Highway Traffic Safety Administration, Auto Safety Hotline/NEF-11-HL, 400 Seventh Street, S.W., Washington, D.C. 20590.

## Flea Market

A Thrift Shop Flea Market is scheduled for Sept. 5. Bring a table, valid military ID and rent a vendor space for \$5.

Eligible consignors with PCS orders may call for a special appointment to consign up to 50 items for sale between 8:15 and 9:45 a.m. Tuesdays, Wednesdays and Thursdays. Additional appointments may be scheduled if needed.

Thrift Shop hours are Tues., Wed., and Thurs., 10 a.m. to 2 p.m., and the first Saturday of each month from 10 a.m. to 1 p.m. The Thrift Shop is located in bldg. 204.

For more information, call Adeline Michel at 922-3384.

## Lake Tahoe rentals

If you would like to get away from the big city life, don't forget about Outdoor Recreation's townhouse on the Tahoe Keys and the house on silverwood Circle and Sky Meadows Court in South Lake Tahoe.

These units may be rented by the day or for a maximum of seven consecutive nights.

Cost for these units on Sunday through Thursday nights are \$50 per night; Friday, Saturday and nights preceding holidays are \$70 per night.

For eligibility and detailed information, call 561-4324 or come by Outdoor Recreation, bldg. 92.

## Rent an RV

Outdoor Recreation has a newly acquired Recreational Vehicle, a 24-foot Southwind.

Cost is \$60 per day and 10 cents per mile.

Come down and visit your Outdoor Recreation equipment check-out center and see what is available for your leisure off duty time.

For more information, call 561-4324 or come by Outdoor Recreation, bldg. 92 between 8:30 a.m. and 5 p.m. Monday through Friday, 9 a.m. to 1 p.m. Saturday, and 1 to 5 p.m. Sunday and holidays.

## At the movies

### Presidio Theatre

Fri, Aug. 28	Innerspace (PG)	7 p.m.
Sat, Aug. 29	Robocop (R)	7 p.m.
Sun, Aug. 30	Robocop (R)	7 p.m.
Mon, Aug. 31	Robocop (R)	7 p.m.
Tue, Sept. 1	Outrageous Fortune (R)	7 p.m.
Wed, Sept. 2	Jaws—The Revenge (PG-13)	7 p.m.
Thu, Sept. 3	Jaws—The Revenge (PG-13)	7 p.m.
Fri, Sept. 4	Jaws—The Revenge (PG-13)	7 p.m.

### Schwartz Theater

Mon, Aug. 31	Innerspace (PG)	7 p.m.
Wed, Sept. 2	Robocop (R)	7 p.m.
Thu, Sept. 3	Outrageous Fortune (R)	7 p.m.

### Hamilton Theater

Fri, Aug. 28	Lethal Weapon (R)	7 p.m.
Sat, Aug. 29	Mystery of the Million Dollar Hockey Puck (PG)	1 p.m.
Sat, Aug. 29	Lethal Weapon (R)	7 p.m.
Fri, Sept. 4	Burglar (R)	7 p.m.



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## Sports

# 'Presidio 10' Run celebrates Constitution

by Jim Hudgins

The running of the seventh annual "Presidio 10" Run Aug. 23 was distinctive for several reasons. Coordinated by the *Guardsmen*, an organization of young, Bay Area business professionals, this year's event attracted several thousand participants. The sky was sunny and clear and the installation seemed to sparkle more than usual.

Most importantly, however, was the fact that this year's run commemorated the Bicentennial of the Constitution. This was reflected in the race's logo of a running shoe with the Department of the Army seal for the Bicentennial prominently shown.

Also, each runner was presented with a Department of the Army certificate of participation in this "official" run for the Bicentennial celebration.

The winner of the race, George Hernandez, came all the way from Sparks, Nev., to compete in what is becoming one of the Bay Area's favorite road races. He ran the ten-mile course in 51 minutes and 41 seconds.

Headquarters Command Battalion and other Presidio personnel added to the commemoration by providing historic flags and patriotic bunting along the start and finish areas on Graham Street. Provost Marshal personnel fired the salute battery at Pershing Square to start this event.

Money raised by the *Guardsmen* by this, and other events, are used to send needy San Francisco area youth to summer camp. All in all, it appeared that a good time was had by everyone in attendance.



First-place finisher, George Hernandez, reaches for the sky as the Presidio 10 Run crowd on Graham Street cheers him on. Hernandez' official time was 51:41.

## Sports Notes

### Norcal Post Bowling Team

A 24-game roll-off will be held for active duty soldiers assigned or attached to the Presidio to select the PSF NORCAL Traveling Bowling Team. Soldiers desiring to compete in the roll-off must have a 1987-87 league average of 165 or higher. Roll-off dates will be today, Tuesday, Wednesday and Thursday. Roll-offs start at 3 p.m. each date.

The Norcal League will start on Sept. 20. For more information, call Bobbie Gascon at 561-5032 or 561-4120.

### Labor Day softball

Entry deadline is Tuesday. Tournament entry fee is \$50, payable to the Installation Morale Support Fund.

### Intramural Bowling League

An organization meeting for the Intramural Bowling League will be Tuesday at 1:30 p.m. at Gym No. 1. All units/activities entering a team must have a representative at this meeting. League rules and by-laws, election of officers, bowling fees and awards will be on the agenda. All active duty soldiers, DA civilians and family members 19 years and older assigned to the Presidio are eligible to participate.

For more information, call Bobbie Gascon at 561-4120 or 561-5032.

### Hui-O-Hawaii Friday Bowling League

This new league starts Sept. 11 and the organizational meeting will be held at 5 p.m. that same day at the

Presidio Bowling Center.

For more information, call Bobbie Gascon at 561-5032 or 561-4120.

### AUSA/PSF Labor Day Softball Tournament

Wind up the 1987 softball season by competing in the Association of the United States Army (AUSA)-PSF Labor Day Tournament. The tournament is open to all people who participated in the PSF softball program or anyone 19 years and older assigned to the Presidio.

Form your own team and take part in a fun tournament designed for Presidio personnel only. Individual and team awards will be provided by the AUSA.

For more information call John Funes at 561-4120 or 561-5032.

### PSF Tennis Championship

The Post Tennis Championship kicked off last week with 63 participants entered. Competition is being held in five divisions: Men's Open, Women's Open, Senior's, Open Doubles and Mix Doubles.

Advancing to the quarter finals after three days of play in the Men's Open Division will be David Ivey vs. Joe Gleichenhaus; Tony Fegurur vs. Stephen Morey; Steve Metcalf vs. Dennis Uldricks; Paul Jacobs vs. Douglas Noetzelman.

In the Women's Division, Marie May and Relea Clow will battle in the finals of the winners bracket with the loser moving into the loser's bracket and maybe getting another chance to avenge the loss in this double elimination tournament. The favorite to capture the crown in the Senior Division is Peter Gleichenhaus.

In the mixed doubles competition,

the teams of Peter and Barbara Gleichenhaus and Paul Jacobs and Bea Carpenter should be in the finals this Saturday. The Men's Doubles competition is too hard to call.

Finals are scheduled for Saturday with the Mixed Doubles at 9 a.m., Women's Finals at 11 a.m., Senior

Finals at 1 p.m., Open Finals at 3 p.m. and Open Doubles at 4:30 p.m.

All final matches will be played at Infantry Terrace tennis courts located behind the Post Library. Come and watch the best of the Presidio tennis players and enjoy a day out in the sun.

### Results as of Aug. 23

#### Open Division

Todd Lewis over Mark Berry, 6-2, 6-1;

Ricardo Roses won by default over Thomas Hart;

Stephen Morey over Andrew Wingstrom, 6-1, 6-2;

Douglas Jenkins won by default over Mark Phillips;

David Ivey over David Mills, 6-0, 6-4;

Michael Sheckler over Ken Clow, 6-3, 7-5;

Steve Metcalf won by default over Rick Collins;

Franklin Krogman defeated Mike Trahe, 6-1, 6-4;

Dennis Uldricks defeated Mike Brenand, 6-0, 6-2;

Paul Jacobs defeated Steven Sutley, 6-3, 6-3;

Joe Grippaldi defeated Edward Martone, 5-7, 6-0, 6-3;

Sam Garrett won by default over Russell Ronneberg;

Joe Gleichenhaus defeated Michael Sheckler, 6-3, 6-2;

Tony Fegurur defeated Todd Lewis 5-7, 6-4, 6-4;

Stephen Morey over Ricardo Roses, 5-7, 6-2, 6-1;

David Ivey over Douglas Jenkins 6-0, 6-3;

Dennis Uldrick over Franklin Krogman, 6-3, 6-2;

Paul Jacobs over Joe Grippaldi, 6-2, 7-5; and

Douglas Noetzelman over Sam Garrett, 6-1, 6-4.

#### Senior Division

Anthony Harrison won by default

over Fred Muller;

Peter Gleichenhaus over Clinton Boyd, 6-0, 6-1;

William Heydorn over Donald Maggard, 1-6, 6-3, 6-4;

Robert Hall won by default over Roger Villafior;

Peter Gleichenhaus over Anthony Harrison, 6-1, 6-1; and

Donald Maggard won by default over Roger Villafior.

#### Women's Division

Henrietta Wiley over Elisa Donatelli, 6-3, 6-3;

Marie May over Barbara Gleichenhaus, 6-4, 5-7, 6-1;

Relea Clow over Ruth People, 6-2, 6-1;

Marie May over Henrietta Wiley, 6-4, 6-3;

Relea Clow defeated Nancy Garrett, 6-4, 6-0;

Barbara Gleichenhaus defeated Elisa Donatelli, 6-2, 6-2; and

Marie Refuerzo defeated Ruth People, 6-2, 6-3.

#### Open Doubles

Mike Brenand and Felicio won by default over Thomas Hart and Hans Schmidt;

Todd Lewis and David Ivey over Stephen Morey and Michael Sheckler 6-7, 6-1, 6-4;

Tony Fegurur and Douglas Neotzelman over Mike Brenand and Felicio, 6-4, 7-5;

Dennis Uldricks and Russell Ronneberg defeated Andrew Wingstrom and Mike Trahe 6-1, 6-2; and

Peter and Joe Gleichenhaus defeated Joe Grippaldi and Mark Phillips, 6-2, 6-1.



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**Reach out:** post phones touch 50th year, page 3

**PT:** Garrison passes the test, page 7

**He's back:** Jimmy the Freak returns, page 11

# Star Presidian

Vol. 30, No. 35

"Published in the interest of the people of the Presidio of San Francisco."

Sept. 4, 1987

## USMEPCOM reaffirms oath in City Hall

story and photos by Pleasant Lindsey

Headquarters, Western Sector U.S. Military Entrance Processing Command (USMEPCOM) personnel will be reaffirming their oath to the Constitution at San Francisco's City Hall on Thursday in accordance with a Department of Army (DA) guidance that requests soldiers to actively observe the bicentennial of the nation's Constitution.

The reenlistment ceremony for Western Sector's CSM Jerry S. Sodosky will take place at noon and will lead into the Reaffirmation of Oath Ceremony.

SFC Larry T. Russell, administrative NCOIC and event coordinator, said the DA message requests that military personnel observe the Constitution's bicentennial at a time of their choosing between Armed Forces Day, May 16, and the bicentennial date, Sept. 17.

"We opened the observance to all 22 MEPS (Military Entrance Processing Stations) in the Western Sector," Russell said, "but this particular ceremony is for those of us who work here at headquarters."

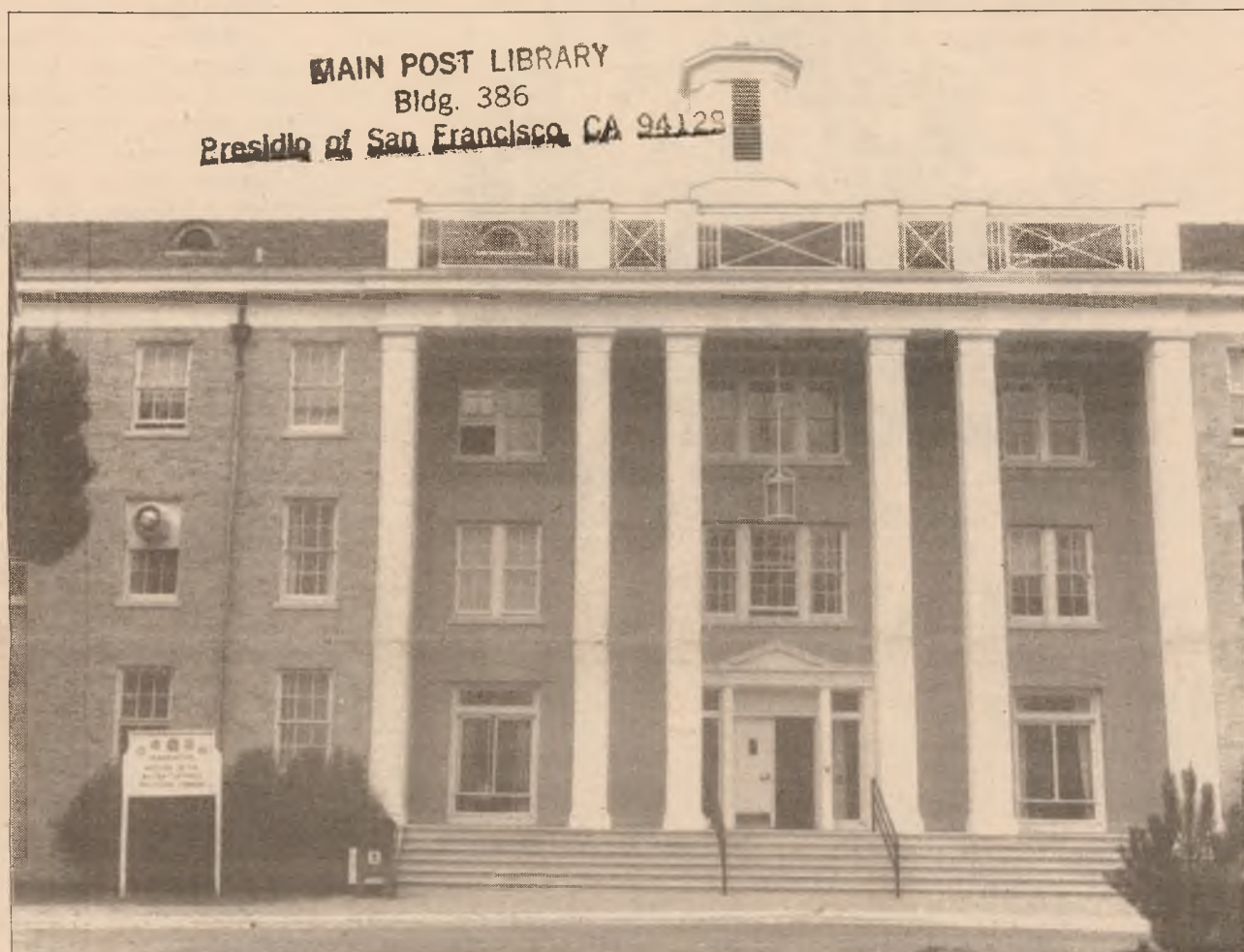
The ceremony will be open to visitors; however, City Hall employees will still be working during this time, therefore, there won't be any seating arrangements for spectators.

But anyone who witnesses the ceremony probably will see military and national pride at its finest.

To start the ceremony, the Sixth U.S. Army Band will play the theme from *Patton* as USMEPCOM's military personnel file into the Rotunda, led by Navy Capt. B. A. MacDonald, Western Sector Commander.

After the National Anthem is played, the band will play the service songs of the four military branches served by USMEPCOM—The Army, Marine Corps, Navy, and Air Force. Next, Sodosky will take the Oath of Reenlistment.

Afterward, MacDonald will lead the assembly on the Oath of Reaffirmation, which closely resembles the oath all soldiers take when they first enter the Army. The oath reaffirms the military member's obligation to serve the country, and support and defend the Constitution of the United



Unknown to many Presidians, the headquarters of the 22 MEPS stations located in the western half of the United States and Guam is located on post in bldg. 1808.

States against all foreign or domestic enemies.

The ceremony will give Western Sector USMEPCOM the chance to show its true colors. Seven flags will be displayed at the ceremony. The flags of all four military branches will be flanked by the United States flag, and the California state flag on one side and the USMEPCOM flag on the other. Members from the four branches will wear their equivalent of the Class "A" uniform.

Located in bldg. 1808, next to the Defense

Language Institute-San Francisco, Headquarters, Western Sector USMEPCOM is staffed by personnel from all four branches of the military. It commands and controls the 20 MEPS and two substations that are located in the western half of the United States and Guam.

The MEPS are responsible for administering aptitude tests, medical examinations, and administrative processing of qualified applicants for enlistment in the United States armed forces.

## Army contracts for cleaning quarters relieves PCS burden

Beginning Oct. 1, Army posts have access to a new program for contract-cleaning of quarters for soldiers who are making a Permanent Change of Station (PCS) move. But it may take some ingenuity to get the program started here.

Quarters occupants still will be responsible for basic cleaning tasks such as sweeping and vacuuming floors and rugs, and washing tile and bathroom fixtures, etc. But the bulk of the cleaning will be performed by contract personnel.

The program provides for contract-cleaning of government-

owned or leased quarters when soldiers are moving on PCS orders. This does not apply to people moving from government housing to privately rented housing, according to officials with the U.S. Army Corps of Engineers.

"We've received guidance which informed us that this program will not be funded and that funds will have to be drawn from other sources," said Edward Stovall, chief, Housing Division for the Presidio. "Army Regulation (AR) 210-50 gives us the authority to find ways of handling this situation in a high cost

area. It is a challenge that will be met."

The new program was tested in Europe two years ago as part of the model installation program. The test showed that contract-cleaning eliminated the soldier's worries about "white glove" inspections when preparing to move.

The test also showed that the government could save money because contract-cleaning would reduce the number of days that soldiers would be authorized for temporary lodging allowances. (However, the lodging allowance is only

authorized for soldiers stationed overseas, and it will be cut from 10 days to three days.)

Remember, occupants of government quarters are ultimately responsible for the cleaning and care of their quarters. But they won't have to worry about getting the "white glove treatment" when they prepare to move.

"It's FORSCOM's goal to have the program going by March 1988," Stovall said, "but we're going to try to beat that goal."

American Forces Press Service



# Voices

## Nation's leaders vigorously pursue full account of MIAs

Of more than 3 million Americans who served in Southeast Asia, 2,413 are still missing or unaccounted for. Their families and friends wonder, day in and day out, year after year, when—or if—they will hear if their loved ones are dead or alive.

Among those waiting are the families of Air Force Col. Robert

Anderson, Navy Capt. Harley Hall and Air Force Col. David Hrdlicka.

Anderson was flying an F-4E aircraft over North Vietnam on Oct. 6, 1972, when he and his crew were forced to eject. His crewman was captured immediately and repatriated in 1973. No information has been provided on Anderson.

Hall's aircraft was downed by enemy fire on Jan. 27, 1973, over South Vietnam. He and his crewman were seen ejecting with deployed parachutes and Hall was seen disengaging his parachute on the ground. Hall's crewman was captured, taken to Hanoi and released later that year. Yet the Vietnamese government has not provided information on Hall.

Hrdlicka's parachute was seen opening after ejection from his F-105D aircraft over northern Laos. A flight member reported seeing Hrdlicka being led away by natives and U.S. officials obtained a postcapture photo of him. Yet his fate remains unknown.

Resolving the fate of America's missing has been declared a high national priority by President Ronald Reagan.

First priority is to obtain the release of Americans who may still be held. Serious efforts are also being made to achieve the fullest possible accounting for the missing and the return of the remains of those who died.

Regan pledged in 1981 that "the full resources of the United States government are committed to this ef-

fort and the United States will take decisive action on any report which can be confirmed of an American serviceman still held prisoner in Indochina."

Since then, the fate of nearly 100 Americans has been resolved—the largest number since the war's end. While encouraging by previous standards, the progress remains painfully slow.

The Indochinese countries have denied knowledge of any Americans still being held. However, the governments of Vietnam and Laos have acknowledged the possibility that some Americans might be alive in remote areas, outside their governments' control or authority.

Vietnam and Laos have agreed that accounting for the missing is a humanitarian issue and that they will cooperate in resolving it. In July 1985, Hanoi announced its intention to resolve the issue by the end of 1987—an ambitious goal no longer expected to be met.

The most recent development in the POW/MIA issue is the recent meeting between a delegation led by retired Gen. John W. Vessey Jr. and Vietnamese officials. The meeting

see MIAs on page 3



## Ramblin' Sam "What is the most important thing you can give to your country? Why?"



**Lisa Hernandez, housewife, Presidio:** "Your time. I like to volunteer, so the best way to give of my time is to volunteer for activities on post."



**Janice Morris, secretary, Headquarters, Sixth U.S. Army:** "Pay taxes. The government needs the money to pay the bills. Since I have no desire to join the Army, I feel that this is the only thing I can do to help out."



**SSgt. Barzel McKinney, unit clerk, Defense Language Institute-San Francisco:** "To serve in the Army because I'm really risking my life to show that I care for my country. We're [soldiers] doing it for the country, not selfishly for ourselves. I think that's important."



**Lt. Col. Chip R. Chagnon, staff integrations officer, Deputy Chief of Staff Resource Management, Sixth U.S. Army:** "I believe you should give of your specific talent, whatever it may be. Don't hold back. If everybody contributes their talents, the world would be a better place. Give it your best shot."

## Did you know?

First American POW in Vietnam:  
**Spec. 4 George G. Fryett Jr., USA**  
(Dec. 26, 1961, to June 24, 1962)

Americans still unaccounted for in Southeast Asia:  
**2,413**

Longest-held American in Vietnam:  
**Lt. Col. Floyd Thompson, USA**  
(March 26, 1964, to Feb. 16, 1973)

War with the largest number of American POWs:  
**World War II**  
(130,201 captured)

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# Etc.

## TAKE A BITE OUT OF CRIME

### Don't get conned

by John Flynn

Free enterprise—the open market. It's the American way and most of the time it works. Unfortunately, it works for dishonest businesses as well as honest ones. Unscrupulous businesses don't mind taking advantage of an unwary customer. "Let the Buyer Beware" is their motto—and you might be the buyer.

Repair frauds are simple to execute but difficult to detect. Some

crooked repair people don't fix the problem but they charge you anyway. Some use inferior parts and others charge you for work that you didn't expect. Some even do "insurance work"—they'll repair one thing, but cause something else to go wrong so that you'll return soon.

How can you protect yourself from repair fraud?

1. Shop around. Ask friends, neighbors, or co-workers for references. When you find repair people that you trust, stick with them.

2. Don't try to diagnose the problem yourself unless you're an expert. The mechanic may take your advice, even if it's wrong. If you do know exactly what the problem is, don't tell the mechanics. Wait and see if their recommendations agree with

your diagnosis. That way you'll know whether needless repairs are suggested.

3. Try to get several detailed written estimates before any work is done. Compare job descriptions and materials to be used. Be sure to ask if there is a charge for estimates.

4. Ask for the old parts to make sure that replacements were really installed.

5. Make sure you get a guarantee on any work that's done.

6. Before you pay, make sure that the work was done. Take your car for a test drive. Plug in the refrigerator. Test the TV.

7. Some state laws require auto firms and other kinds of professional services to be licensed or certified.

If you do suspect that you have

been conned or are unhappy with services that you have received, contact the local Better Business Bureau or Consumer Affairs Office. It can help steer other people away from dishonest companies or businesses.

You can also complain to the store or business. Sometimes a mistake looks like a swindle. They may be willing to settle your complaint or they may be able to identify and fire a dishonest employee.

### Crime report:

- One privately-owned vehicle was reported damaged.
- One unattended wallet was reported stolen.
- One civilian was apprehended for DUI.
- One soldier from Fort Leavenworth was apprehended for desertion.

## News Briefs

### ITC

International Training in Communication (ITC), has two local chapters at the Presidio. The purpose of this organization is to provide experience and training in communication skills, public speaking, briefing techniques, leadership and evaluation skills. Participation in ITC provides a method for self-development in leadership as well as communication skills.

Membership fees are nominal. Both clubs invite visitors to their meetings. The Logisticals ITC Club meets every third Wednesday in bldg. 651, second floor conference room, from 6 to 9 p.m. September and October meetings will be held from 5 to 8 p.m. The point of contact is Cher Church at 561-5775. The Presidiannes ITC Club meets on the second and fourth Tuesday in bldg. 135, from 4:45

to 6 p.m. The point of contact is Anne Greich at 583-0398.

### Need a job?

The Presidio Thrift Shop is accepting applications for a bookkeeper. Job requirements: full charge of all accounts including consignments, taxes, and general ledger, IBM computer experience with some knowledge of LOTUS 1-2-3. Call Pam Meyer at 922-3384 or send a resume to: Presidio Thrift Shop, P.O. Box 29094, Presidio of San Francisco, CA 94129.

Also, the Thrift Shop is accepting applications for an office aide. Job requirements: assist manager and bookkeeper with general office duties. Again, call Pam Meyer at 922-3384 or send a resume to: Presidio Thrift Shop, P.O. Box 29094, Presidio of San Francisco, CA 94129.

### Stop smoking class

Reservations now are being accepted for the American Cancer Society's stop smoking class beginning Tuesday, in downtown San Francisco.

The class will meet from 6 to 8 p.m. on Tuesdays and Thursdays for three consecutive weeks. All sessions will be held at the American Cancer Society headquarters at 973 Market Street, between 5th and 6th streets.

For those who prefer to quit on their own, the Cancer Society has a videotape self-help program, available on loan from the local office.

A \$27.50 donation is requested to cover the cost of materials for those who join the class. A similar donation is requested for loan of the videotape.

Smokers may call the Cancer Society at 974-1592 for more information.

### MIAs continued from page 2

resulted in "detailed, candid and constructive" talks on POW/MIAs and other humanitarian issues.

Complicating the matter is Vietnam's effort to tie information about America's missing to U.S. economic assistance. Secretary of State George Shultz recently told a gathering of the National League of Families of American Prisoners and Missing in Southeast Asia that such an arrange-

ment is unacceptable.

"Humanitarian reciprocity is one thing, but any attempt to trade information on our missing men for economic aid is another. We cannot agree to this," he said.

Shultz dispelled claims made by some people that the POW/MIA issue is part of a history that the United States must put behind and forget.

"That counsel is unacceptable—to the president, to me, to the govern-

ment and to the American people," he said. "We too are anxious to move on, but not at the expense of the missing, their families and our history."

President Reagan pointed to one group that deserves special recognition, not just on National POW/MIA Recognition Day, but every day. "The one group that deserves our thanks most of all—the real heroes in this: the fathers and mothers, the wives, the sons and daughters, and other relatives of our POWs and

MIAs," he said.

"They never gave up; they never stopped loving. And on behalf of every American, I want to promise each of them today, we mean to end your heartache and uncertainty. We will vigorously pursue the answers you seek and deserve. We will apply every resource we can to achieve the fullest possible accounting of your relatives still missing in Southeast Asia."

American Forces Press Service

## Ancient phone system reaches 50

by Steve Morey

The year was 1937.

Shirley Temple and Clark Gable were box office stars. The jitterbug dance was popular among teens. The New York Yankees were World Series champs. The Hindenburg exploded, and Amelia Earhart disappeared over the Pacific Ocean. And, of course, the Golden Gate Bridge officially opened.

One other not-so-famous event which occurred in 1937 affected the way Presidians communicated with each other and with others off post. The Army installed new, electromechanical switches for Presidio's telephone system.

At that time, the Presidio had the state-of-the-art telephone system.

Fifty years later, the post is replacing this obsolete system with a modern, electronic and computerized switching system.

Phil Jordan, inside plant chief, United States Army Information Systems Command (USAISC), Presidio, explained the upgrade.

"The almost \$280,000 cost of the system changeover at the Presidio is part of a \$134 million

program to upgrade 38 Army phone systems," Jordan said.

Jordan said that during September USAISC will adjust power and make other initial changes to prepare for the system switchover.

The post should be functioning under the new system by April, 1988.

However, Jordan said USAISC won't be able to replace each and every phone system on post by April unless his crew is assisted by Army-hired, private contractors. Still, the new system will be an improvement when it comes on line.

The new Electronic Switching System (ESS) features touch-tone dialing, call-forwarding and call-transfer, speed calling, conferencing and digital data access. The new system also is allowing telephone users faster access to off-post trunk lines (direct switchboard hookups) for voice and data transmission.

Jordan said special telephone user training will be provided for Presidians.

Currently, 25 posts nationwide are operating with the new telephone systems, including two California posts—Fort Ord and the Presidio of Monterey.

### Ideas of Excellence Program

This week's idea comes from Will Weber of DEH, who suggests that Outdoor Recreation obtain a portable trailer-mounted barbeque. It could be added to their wonderful array of equipment used to support large outdoor activities endorsed by DA and the Post Commander and also Sixth U.S. Army.

This would improve morale and won't be rented or obtained otherwise than when it is needed.

The initial investment in a grill of this type would be approximately \$2,400. The nonappropriated funds invested would have to be recovered within three years. Anticipated rental would be 26 times each year. This would require Outdoor Recreation to charge \$30 per year to recover investment.

The proposal is a very good idea and will be included in the capital expenditures for the next budget.

If you have an idea that you believe would benefit the quality of life on post send it to Presidio Ideas of Excellence, bldg. 220, room 104; or call 561-IDEA.



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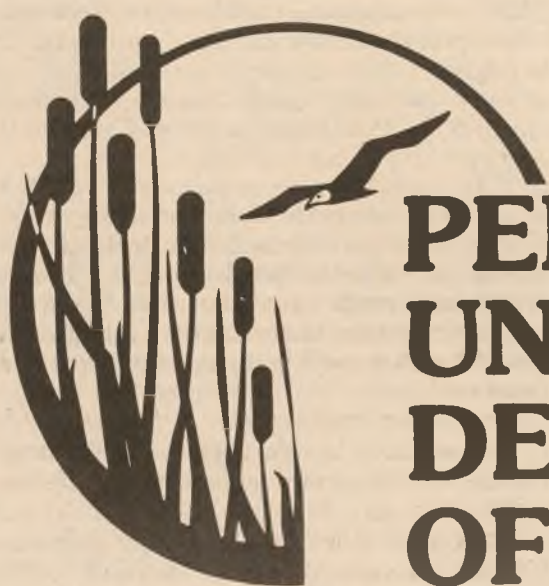
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# Presidians make their presence known, can't help Giants

story and photo by Steve Morey

All of the essential elements were at Candlestick Park, Aug. 28, for 1987's edition of "Presidio Night with the San Francisco Giants."

The traditional heavy fog and gusting winds prevailed. The Sixth U.S. Army Band and Presidio's Color Guard performed pre-game ceremonies and Post Commander Col. Joseph V. Rafferty threw out the first ball. Nearly 500 Presidians were a part of the 39,000-plus spectators in the stands, braving the wind and cold.

Then there was a guy named Gooden.

New York Mets pitcher Dwight Gooden to be exact. The Mets star shut out the Giants, 4-0, giving up only four hits and going the distance to improve his record to 12-4.

The Giants' only player with success against Gooden was left-fielder Mike Aldrete, who had three hits in four at-bats plus a stolen base.

Mike LaCoss, Giants pitcher, is known for his success in tossing in inclement weather. He had kept the Mets off the scoreboard for five frigid and fog-filled innings.

But, as the sixth inning began, the mist lifted and Met's third baseman, Howard Johnson, picked on a LaCoss pitch and drove it into the upper deck, right field.

Presidians, sitting in three lower-deck sections along the right field foul line, had a good view of the rocket which Johnson launched.

The Mets added their final three runs in the ninth inning after it was apparent that Gooden's



Pitche: Mike LaCoss seems to be standing in awe as Col. Joe V. Rafferty, post commander, fires the first pitch of the game to Giants' catcher Bob Brenly.

nighttime record would climb to an unheard of 52-10.

Despite the loss, the Giants stayed in first place, two-and-a-half games ahead of the Houston

Astros in the National League West Division.

At next year's Presidio Night, the Giants will try to provide that one element that was missing this year: a victory.

## CHAMPUS: file other insurance policy claims first

Let's say Jane Jones (a Presidio wife) received medical treatment from a civilian health care provider, then filed a claim with CHAMPUS for sharing the cost of the medical bills.

Let's also say that Jane happens to have a private health insurance policy—a Blue Cross policy or the like—through her civilian job.

Does Jane know that, under CHAMPUS rules, she must file a claim with her other health plan *first* (unless it's a CHAMPUS supplement or Medicaid), before filing the CHAMPUS claim?

Furthermore, does Jane realize that she must tell CHAMPUS about her other health insurance by filling in the proper block on the CHAMPUS claim form? And that she must also send to CHAMPUS a copy of the private health plan's explanation of what it paid for the medical care?

Too many CHAMPUS-eligible people don't understand the rules

that apply when they have a civilian health policy in addition to CHAMPUS health benefits. And, knowing the rules can be a money-saver. Coordination of the payment of health benefits so that there's no duplication between CHAMPUS and private health insurance saved taxpayers more than \$270 million in unnecessary health care costs avoided, in Fiscal Year 1986.

Here's what to do if you have both CHAMPUS eligibility and health care coverage through an employer, an association, or a private insurer:

1. After getting the medical treatment you need, file a claim with your other insurance *before* filing a CHAMPUS claim (exception: if your other plan is specifically designated as CHAMPUS supplemental policy, you may file with CHAMPUS first).

2. When your other insurance has paid everything it's going to pay, go ahead and file the CHAMPUS claim

(or, your civilian doctor or hospital may do it for you).

3. When filling out the CHAMPUS Claim Form 500, be careful to complete Block 14 correctly. This is where you tell CHAMPUS you have other insurance (it's Block 8 on the CHAMPUS Claim Form 501/HCFA 1500). It alerts the CHAMPUS claims processor to look for certain other documents that should be attached to the claim. If your other insurance is a CHAMPUS supplemental policy, you should also write that information into Block 14a on the CHAMPUS Claim Form 500.

4. After completing the CHAMPUS claim form, attach a copy of the itemized bill for the care, and a copy of the other health plan's statement of how much it paid (the "explanation of benefits", or EOB). This is necessary in order for the CHAMPUS claims processor to determine how much of the amount remaining unpaid (if any) it should pay for

covered care.

5. When the CHAMPUS claim has been filled out completely and accurately, attach the required documentation from your other health plan, as discussed above. Don't forget to sign the claim form! Send it to the claims processor for the state in which you received care. If there are no problems with the claim (missing information, etc.), it should be processed within about three weeks from the day the claims processor receives it.

**NOTE:** Former military spouses who are eligible for CHAMPUS benefits are in a slightly different situation. They are *not* eligible for CHAMPUS if they have health care coverage through a civilian employer. If their other health insurance is an individual policy and is not employer-sponsored, eligible former military spouses may still receive CHAMPUS benefits.

## Professional workshops give huge advantage to workers

story by Steve Morey

Organizational politics is the name, and being a winner in this type of office dynamics is the game.

On post Wednesday, the Federal Women's Program (FWP) from Presidio's Equal Employment Office (EEO), will hold two "Lunch and Learn" workshops. One will deal with the subject of "How to win at organizational politics."

The workshop will be held from 11:30 a.m. through 1:30 p.m. at Letterman Army Medical Center's (LAMC) Torney Theater, bldg. 110, first floor.

At the same time, in Presidio's Theater, FWP will also sponsor a workshop designed to help people complete federal employment Standard Form 171 (SF 171).

Both workshops require that participants bring their own lunch. Additionally, Angela Love, FWP manager and EEO specialist, requests that those people who attended the last SF 171 workshop attend the other.

"This way, new people will get a chance to listen and learn about the proper way to fill out the SF

171," Love said. "So we want to see new faces at both workshops."

The organizational politics meeting will consist of a five-person panel who will give presentations for one hour; and then field questions from the audience during the final half of the workshop.

The panel will consist of the following Presidians; Marjorie Hill, Directorate of Resource Management; E'Lane Bielicki, Directorate of Logistics; Mark Antell, Logistic Control Activity; Randy Becket, Directorate of Engineering and Housing; and SFC Don Samaniego, United States Sixth Recruiting Brigade, western sector.

Love said, "A lot of people connote politics as being bad, as game-playing. Although politics may be thought of as a game, it just doesn't stop there."

According to Love, just showing your face each day at work to your supervisors is political. Things people say, or don't say, to coworkers is political, she said.

"Being political is being aware. Some

employees don't even know where they stand, or what their purpose is, in their organization," Love explained.

Love went on to say that the panel members will discuss different areas of organizational politics, depending on each member's area of expertise.

Love encourages both women and men to attend the workshops. The last quarterly SF 171 workshop was attended by 95 people; and some were even turned away because of limited space.

"We'll be able to accommodate a larger [SF 171] crowd because we'll be in the large post theater," Love said.

You must register for *either* workshop, by phone, to Love at 561-2022 or 561-2035 *no later than close of business today*. FWP will accept late registration on a first come, first served basis.

Pack your lunch and head on over to either LAMC's Torney Theater or the Post Theater Wednesday, at 11:30 a.m. Learn how to fill out the all-important SF 171 or find out how you can win at organizational politics.





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# Garrison troops "knock 'em out" at PT test

story and photos by Pleasant Lindsey

More than 100 enlisted and commissioned soldiers braved three days of the thick morning fog to prove they were physically fit for today's Army.

The soldiers and officers of Presidio's Headquarters Command "knocked 'em out" in full force Aug. 31, and Sept. 1 and 2. They were being tested for the basic three exercises—situps, pushups and the two-mile run.

A total of 130 soldiers took the PT test, and a couple of them got perfect scores. SFC Gerald Gallegos and Maj. Thomas Blain both scored 300 points. And, though she didn't get a perfect score, SP4 Winona Bronson must be recognized for leading in every category for females.

In fact, two female soldiers made it to the 270-and-higher category. Bronson scored a total of 289 points, and was followed closely by SP4 Kelly McGuinness, who scored 286.

But leaders of individual events should be mentioned as well. Therefore, here are the stats for the Garrison's high scorers.

## Pushups

Male: Gallegos, 100 repetitions.

Female: Bronson, 59 reps; SP4 Tuwanna Woodson, 58 reps.

## Situps

Male: SP4 Kevin Lane, 89 reps.

Female: Bronson, 80 reps.

## Two-mile run

Male: PFC Thomas Johnson, 11:43.

Female: Bronson, 16:10.



SSgt. James Powell keeps his eye on SP4 Primo Anabeza's form for pumping out pushups.



Pvt. 2 Gerald Hacker crosses the two-mile mark in a blur with a rapid time of 11:57.



1st Lt. Lillian Dixon "knocks out" a few repetitions as SSgt. Shirley Smith keeps the count.



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# Community Calendar

## MPD limited staffing

The Military Personnel Division (MPD) will be operating with minimum staffing, on Friday for participation in the Headquarters Presidio of San Francisco Organizational Day Activities. ID Card Section will remain open for business as usual.

## Youth Activities information night

The Youth Activities Branch is sponsoring an information and registration night Sept. 16 at the Gym No. 1 from 5:30 to 8:30 p.m. This is an opportunity for families to meet and receive information on youth and family-oriented activities on the Presidio. Parents are also able to register their children for programs and get information on various interesting and rewarding volunteer positions. The youth organizations participating are the Girl Scouts, Boy Scouts, Cub Scouts, Camp Fire Group, Aquarius Swim Club, Child Development Center, Chapel Youth, Arts and Crafts Center and Fencing Club.

For more information, call Youth Activities Branch at 561-5143.

## Swim Club coach needed

The Aquarius Swim Club is looking for an aquatics head coach. Experience and references are required. This is a coed youth team which practices weekdays from 4 to 6 p.m. at the Presidio pool.

For more information, call Youth Activities at 561-5143.

## Girl Scouts

The San Francisco Girl Scout Council and a number of Presidio volunteers will hold a general meeting for the 1987 school year at the Religious Activity Center Sept. 9, from 7 to 8 p.m. Girl Scouting is for ages 5 to 17; Daisies for age 5 or kindergarten; Brownies for grades 1, 2, and 3; Juniors for grades 4 and 5; Cadettes for grades 6, 7 and 8; and senior grades 9 to 12. If you have a daughter interested in Girl Scouting and also are interested in volunteering, please plan to attend. This year the director's position and troop leader positions need to be filled.

For more information, call Youth Activities at 561-5143.

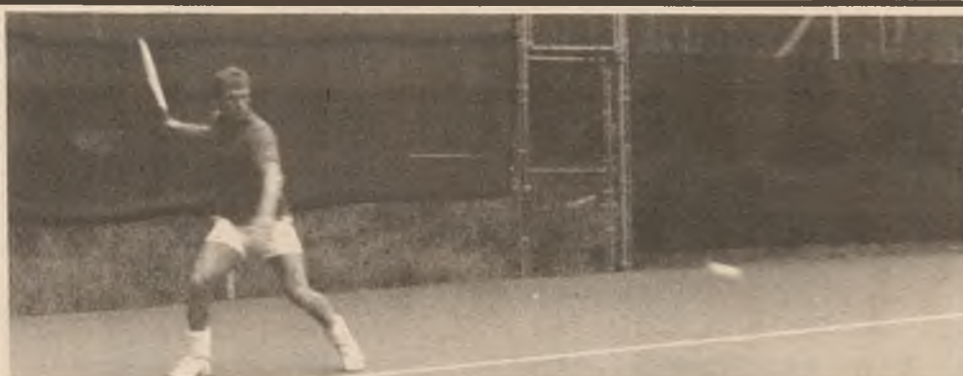


photo by Steve Morey

Joe Gleichenhause moves to return an opponent's drive in the Post Tennis Tournament.

## RAC Open House

The Religious Activities Center (RAC) will be hosting an Open House Sept. 13, from 10 a.m. to noon at bldg 682.

At this time you can register your children for this year's C.C.D. and Sunday Church School Programs. Also, you will have an opportunity to meet the directors of these programs and see where your children's classrooms are.

We're still in need of some teachers and helpers for these programs. If you are interested please phone Doris Munstermann at the RAC at 561-3535. We are looking forward to this year as we joyfully serve the Lord.

## S.F. Zoo

The San Francisco Zoo is located at Sloat Boulevard and 45th Avenue. The zoo is open every day of the year from 10 a.m. to 5 p.m.

Admission is \$3.50 for adults and free for children under 16 when accompanied by an adult. San Francisco Zoological Society members are also admitted free. Admission for seniors is \$1 for a quarterly pass.

The new Storybox Zoo Keys are available for \$1.50 at the Zoo Shop and at cafes and kiosks throughout the zoo. Visitors with old Zoo Keys may trade them in for new lifetime keys at no charge. Proceeds from the sale of Zoo Keys support the work of the San Francisco Zoological Society.

## Tennis lessons

Eight hours of free tennis lessons for beginners are being offered by the Sports Branch for soldiers and family members assigned to the Presidio. Classes will be held from 11 a.m. to noon. Soldiers will have first priority.

For more information call Bobbie Gascon at 561-4120 or 561-5032.

**Need to have repairs done in your quarters? Just dial 561-4505! That's the new number for the DEH Workorder Desk. And, they are staffed around the clock to allow you to call any time, day or night.**

## Coffee Call

The Presidio Enlisted Spouses Club will hold their first monthly Coffee Call on Sept. 14, from 7 to 9 p.m., in bldg. 3, Fort Point Army Museum Conference Room.

Club membership is open to enlisted spouses of active duty and retired members of all service branches. Bring a friend.

Upcoming activities, including outings and fundraisers, will be discussed at the meeting.

## LAMC Cancellation service

LAMC has installed an answering machine in Patient Appointment Service that allows patients to cancel appointments during evenings, holidays and weekends.

"Originally, patients could only call during business hours because that was the only time we had anyone available to answer the phones," said Ed Reid, assistant supervisor, Patient Appointments. Now, patients can call and leave their name, sponsor's social security number, doctor or clinic name, date and time of appointment.

The appointment will be cancelled the same or next duty day. The number for the recorder is 561-4945. All patients are urged to use the new cancellation service so that appointments can be offered to other patients who have an immediate need for an appointment. However, patients won't be able to use the recorder to reschedule appointments.

"Patients will still have to call the Patient Appointment Service to make a new appointment," Reid said. The numbers to call for making appointments are 561-5324 or 563-5324.

## Fall activities sign-up

The Letterman Auxiliary and the Presidio Officers' Wives Club invite all spouses to attend the annual fall activities sign-up coffee. The event will be held Thursday between 10 a.m. and 1 p.m. at the Presidio Officers' Club. Along with club sign-up, many interesting activities, classes, and post and area information will be offered.

Please join in the fun. It's all free, and reservations are not required.

Anyone interested in giving a course this fall in such areas as cooking, crafts, arts, exercise, etc., should contact Arleen McCauley at 563-5108 or Bonnie Brutting at 668-3218.

## At the movies

### Presidio Theatre

Fri, Sept. 4	Jaws: The Revenge (PG-13)	7 p.m.
Sat, Sept. 5	Beverly Hills Cop II (R)	7 p.m.
Sun, Sept. 6	Beverly Hills Cop II (R)	7 p.m.
Mon, Sept. 7	Beverly Hills Cop II (R)	7 p.m.
Tue, Sept. 8	Beverly Hills Cop II (R)	7 p.m.
Wed, Sept. 9	Lethal Weapon (R)	7 p.m.
Thu, Sept. 10	Adventures in Babysitting (PG-13)	7 p.m.
Fri, Sept. 11	Adventures in Babysitting (PG-13)	7 p.m.

### Schwartz Theater

Mon, Sept. 7	Jaws: The Revenge (PG-13)	7 p.m.
Wed, Sept. 9	Beverly Hills Cop II (R)	7 p.m.
Thu, Sept. 10	Lethal Weapon (R)	7 p.m.

### Hamilton Theater

Fri, Sept. 4	Burglar (R)	7 p.m.
Sat, Sept. 5	Buck Privates (G)	1 p.m.
Sat, Sept. 5	Burglar (R)	7 p.m.
Fri, Sept. 11	Raising Arizona (PG-13)	7 p.m.



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## Sports

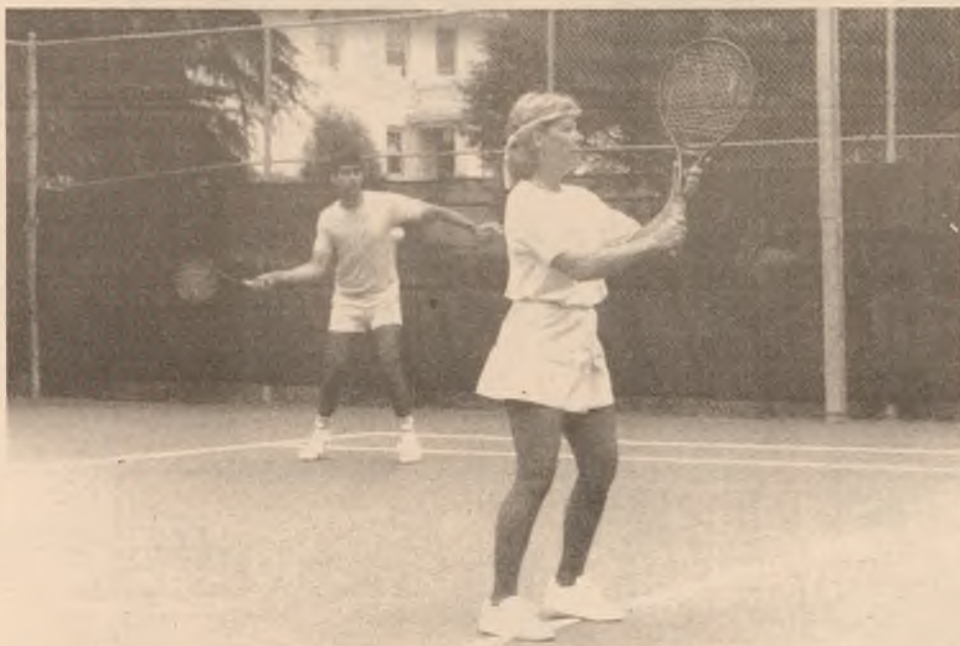
## Tournament gets hot, no love served here

story and photo by Steve Morey

The 1987 Post Tennis Tournament finals were held Aug. 29 on court no. 2 near Infantry Terrace.

All divisions were double-elimination because of an overabundance of players entered.

The day began at 9 a.m. with the Mixed Doubles match, played under foggy skies. The team of Peter and Barbara Gleichenhaus lost, 6-1, 7-6, to Paul Jacobs and Beverly Carpenter; but it was only the first loss for the Gleichenhauses.



Paul Jacobs prepares to return the serve as his partner, Beverly Carpenter, gets set. Jacobs and Carpenter won the Mixed Doubles final.

Therefore, the two sets of opponents played the deciding match the following day, Aug. 30. Jacobs and Carpenter were the more balanced of the teams again, winning 6-3, 6-4.

The Women's Open division featured Relva Clow versus Henrietta Wiley. Clow used a continual attack of shots to Wiley's backhand at the baseline and an occasional drop shot to defeat Wiley, 6-3, 6-2.

Neither player could hold service in the first set. Clow was steady at the baseline and seemed to get to everything hit at her.

Wiley, meantime, used powerful groundstrokes to all parts of her opponent's court which Clow tracked down consistently.

Down 5-3, Wiley was serving to try and pull within one game. But after a hard fought deuce point, Wiley double-faulted at advantage Clow.

In the Men's Senior division, it was all Peter Gleichenhaus as he "took command" of the match from the outset, beating a game Anthony Harrison, 6-1, 6-0.

Gleichenhaus used a variety of passing shots, top-spin lobs and lunging volleys to defeat his net-charging

opponent.

Gleichenhaus teamed with his son, Joe, for the Men's Open Doubles against David Ivey and Todd Lewis.

At 3-1, second set, the four were at the net volleying and half-volleying in rapid succession. The classic doubles point ended when Joe Gleichenhaus placed a volley between his opponents which neither could play.

The younger Gleichenhaus ended the set and match with a powerful ace that slipped by as Lewis watched helplessly.

The highlight of ten hours of matches was the Men's Open Singles which pitted David Ivey against Paul Jacobs. After nearly two-and-a-half hours of rallying and sweating, Jacobs prevailed, 4-6, 6-4, 6-4.

Both players were all over the court making shots which would have made Ivan Lendl and John McEnroe take second looks.

It was Jacobs, though, who made a minimum of double-faults and unforced errors combined with powerful groundstrokes and well-placed serves.

In all, more than 80 matches were played in the post tournament by 30-plus players.

## Jimmy the Freak's NFL lineup for '87

**Helloooo, everybody**...it's hard to believe that another football season is just around the corner. Seems like only yesterday that the Giants smeared the Broncos into the turf like old cigar butts. It appears that the NFC will dominate again this year, as well. So, let's take the tarp off the old crystal ball and see what Uncle Jimmy can predict for the coming season...

### NFC West

1. San Francisco...Bill Walsh fits the remaining pieces into his championship puzzle. Only massive injuries can derail the 'Niners.
2. New Orleans...Tough defense, and a so-so offense. Still, a happy year for the fans of the Big Easy.
3. Los Angeles Rams...If Dickerson and Everett have big years, the Rams could be second. If they get hurt, or don't perform...Georgia the Owner may wish to move next door to the Raiders in the gravel pit down the street!
4. Atlanta...At this writing, Chris Miller is still unsigned and David Archer is still the leader. David Archer!!! Ho, boy...

### NFC Central

1. Chicago...Even with no quarterback, the Bears would win 12 or 13 games with their defense. With an average quarterback, they will win this weak division by four games.
2. Minnesota...A good offense, if Tommy Kramer doesn't O.D. on the good life.
3. Tampa Bay...I know this is a bit high, but look at the alternatives. Check your Blue Cross coverage, Vinny!
4. Detroit...This is a pretty bad team, and I ain't

Lion.

5. Green Bay...The way this team plays would turn Vince Lombardi's stomach.

### NFC East

1. New York Giants...This could be the toughest division in all of football. The Giants will win by a game or two over the Redskins...if the toxic landfill doesn't get them first.
2. Washington...A definite wild card team for the playoffs, the 'Skins are better than anything the AFC has to offer.
3. Philadelphia...Buddy Ryan still doesn't have the type of team he wants; these guys still have some morals and a sense of fair play.
4. Dallas...Looks like a long year for the cowed boys...Danny White and the Seven Dorks! If he had any, Tom Landry would lose his hair over this bunch.
5. St. Louis...The stocks go up—the Cards go down. The temperature goes up—the Cards go down. Anything goes up, the Cards go south. Guess what's going up now...the coach's blood pressure, no doubt.

### AFC West

1. Denver...Elway or the highway! Best balanced team in the conference.
2. Seattle...If Jeff Kemp plays more than Krieg, they just could come in first.
3. San Diego...The Chargers are starting to act like the word "defense" isn't a dirty word. If they can keep the other team under 30 points, they got a shot!
4. Los Irwindale Raiders...Save your bucks in Walla Walla. If the bribe's big enough, Al Davis

just might move his team there!

5. Kansas City...Most of the team knifed their last coach in the back...this year they do it to their fans.

### AFC East

1. Miami...I wish Don Shula would take up politics...no matter what happens, he always finds a way to win!
2. New York Jets...This team is a lock as a wild card team for the AFC playoffs. Look for a big year by Ken O'Brien.
3. New England...Steve Grogan battles Steve Young for the title of best substitute quarterback in football.
4. Buffalo...One year, Jim Kelly will have a decent supporting cast and the Bills will make the playoffs...but not in your lifetime, Bunky!!
5. Indianapolis...Hopefully Mrs. Irsey will take the team over in her divorce settlement. The Colts deserve to have something positive come out of their losing relationship with her old man!

### AFC Central

1. Cincinnati...The Bengals are this-s-s-s close to being the best team in the AFC. That would make them about the eighth best team in the NFL.
2. Cleveland...I thought very highly of Bernie Kosar until I read that he *likes* to live in Cleveland. The boy's not wrapped real snug, is he??
3. Pittsburgh...The Steelers will be tough and rough and nasty...but they won't win as many as they lose.
4. Houston...With all the millions they paid for this team, don't you think that the Oilers' owners deserve a little something better??

## Basketball team coaches needed

The Presidio Sports Branch is looking for individuals interested in coaching the 1987-88 Men's or Women's Basketball Teams that will be competing in tournaments against military and civilian teams throughout Northern California. In-

terested players are urged to contact the Presidio Sports Director, Bobbie Gascon, at 561-5032 or 561-4120.

## Hui-O-Hawaii Friday Bowling League

This new league starts Sept. 11 and the organizational meeting will be held at 5 p.m. that same day at the

Presidio Bowling Center.

For more information, call Bobbie Gascon at 561-5032 or 561-4120.

## Golf lessons

Get involved in a lifetime sport. Free golf lessons for beginners are being offered by the Sports Branch for soldiers assigned to the Presidio.

Sign up by calling the Sports Branch at 561-4120 or 561-5032.

## Intramural flag football league

Eleven teams will be competing in the Presidio Intramural Flag Football League scheduled for kick-off with practice games on Tuesday at Fort Scott Athletic Field. Games will be scheduled on Tuesday and Thursday evenings at 5, 6, and 7 p.m. League play will start on Sept. 15.



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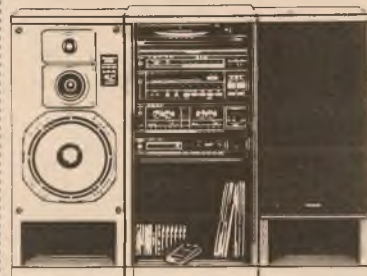
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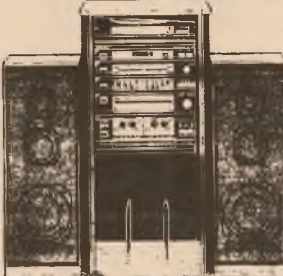
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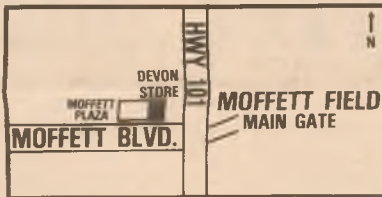
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**Feature: Reservist  
breeds buffalo,  
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**Sports: A-Bombers  
explode,  
page 11**

# Star Presidian

Vol. 30, No. 36

"Published in the interest of the people of the Presidio of San Francisco."

Sept. 11, 1987

## News Briefs

### Pope lands on post

One of the world's most heralded religious leaders will land on the Presidio this week, just one of many stops in a 10-day whirlwind tour of North America. But this particular stop will not be for a public audience.

The entire Crissy Field area of the Presidio of San Francisco will be closed to vehicular and foot traffic on Thursday for the arrival of Pope John Paul II.

Commuters who use Crissy Field to get to work will have to use alternate routes to get to their jobs. Drivers will be able to use Lombard Street Gate, Presidio Boulevard Gate, Arguello Boulevard Gate and 25th Avenue Gate.

However, some gates will have limited access or no access at all. Drivers should pay particular attention to the restrictions that will be enforced at certain entrances and exits.

Gates to the Presidio from the Golden Gate Bridge at Merchant Road and South Vista Point will be closed from 8 a.m. to approximately 5:30 p.m. when the Pope leaves. The Marina Gate will be closed the entire day, and the Gorgas Gate will close at 8 a.m. to all incoming traffic.

The Transportation Motor Pool (TMP) will be actively supporting the Pope's arrival; therefore, there won't be any shuttle bus service for the Presidio, Forts Baker and Barry, and Hamilton Army Air Field.

The Presidio will not be open to the public for viewing the Pope.

### Activities Day

Presidio Activities Day will be held Sept. 23 this year and promises to be an exciting day for everyone.

So all Presidians may attend the festivities, whether military or civilian, Post Commander Col. Joseph V. Rafferty has declared a training holiday starting with the 10:30 a.m. FOCUS '88 briefing at the Post Theatre.

FOCUS '88 kicks off the day of rest, recreation and fun with a slide presentation showing Presidians' many accomplishments in the past year and

*please see News Briefs page 3*



Lt. Col. Randy Hoff, Provost Marshal, presents an award to Heather Foley, 9, as her father, Inspector Timothy Foley, watches.

## Girl's keen eye nabs suspect

story by John Flynn  
photo by Stan Moore

A young San Francisco resident spotted a "bad guy" that city police had been looking for in connection with crimes on the Presidio and pointed him out to her father, an inspector with the San Francisco Police Department. Unfortunately for the suspect, the girl's father had just been describing the suspect's photo as being the picture of a "bad guy".

Heather Foley, 9, was honored recently at the monthly awards ceremony held at the Golden Gate Community Center. Heather was honored for her assistance in the arrest of a suspect wanted in connection with a series of burglaries committed on the Presidio.

Some people stumble into heroic situations. But young Heather was literally driven to her date with destiny.

At 2:30 p.m., July 31, Heather was riding with her father, Inspector Timothy Foley. Her father

had laid a photo of the crime suspect on the seat of the car. When Heather asked her father who was in the photo, he jokingly told her that it was a "bad guy" and to let him know if she ever saw him. Guess what happened next.

They had only driven down the street a few feet further when Heather spotted the suspect standing on the street and told her father. Foley radioed for assistance and then arrested the suspect. In addition, a subsequent interview of the suspect yielded *two additional* suspects. Heather's keen awareness was handsomely rewarded.

The Presidio showed its appreciation and told Heather "thank you" in a special way. Lt. Col. Randy Hoff, post Provost Marshal, presented Heather with a certificate and a savings bond from the staff of the Provost Marshal's Office (PMO). McGruff the Crime Dog gave her a McGruff Doll, and Arietta Valenti from the Presidio Officers' Wives' Club presented Heather with a savings bond and a basket of flowers.

## CHAMPUS new payment system takes effect Oct. 1

CHAMPUS published its final rule on the new diagnosis-related group (DRG) payment system in the Sept. 1, *Federal Register*. The new hospital payment system, under which most hospitals in 49 states, the District of Columbia and Puerto Rico will be paid a pre-set rate for inpatient services, will be effective for admissions occurring on or after Oct. 1, 1987.

Maryland, which is exempt from Medicare's DRG system, requested and received an exemption from CHAMPUS.

CHAMPUS estimates that the new payment system will result in a savings of \$150 million in the next year. Hospitals will get a fixed payment, regardless of the actual costs of care they provide. And CHAMPUS families will save money because when overall CHAMPUS allowances are lower, the beneficiary's cost-share is also lower.

For each admission to a hospital subject to the DRG system, all beneficiaries other than active-

duty dependents will pay the lesser of 25 percent of the billed charges or a fixed, daily amount (\$175). This is a change from the cost-share described in the DRG proposed rule, published on June 3, 1987. CHAMPUS revised the rule to protect all beneficiaries from having to pay more than they would have under current CHAMPUS procedures. Active-duty families will continue to pay \$25 for each admission or a daily fee, whichever is greater.

CHAMPUS will pay a fixed rate for treating beneficiaries with the same diagnoses. The fixed rate is an average of what it costs to treat patients in each diagnostic group, no matter how long they stay in the hospital. Patients are classified into groups based on the principal diagnosis (the main reason for being admitted to the hospital), the kind of operation or procedure, age, sex, and discharge status (whether a patient has been released from the hospital, transferred to another hospital or

died in the hospital).

CHAMPUS patients who are sicker than the average patient will not be required to go home before they're ready. Hospitals will be compensated for longer stays that are medically necessary. The DRG system does not specify a certain number of authorized days in the hospital. However, if a beneficiary chooses to go to a non-participating hospital or gets care that is not covered by CHAMPUS, the beneficiary will be responsible for the additional costs.

The new CHAMPUS DRG payment system does not affect certain services, such as psychiatric and substance abuse services, kidney acquisition costs, and heart and liver transplants. And certain hospitals, such as psychiatric, long-term care, rehabilitation, sole community, cancer and children's hospitals, Christian Science sanatoria and district parts of a hospital providing psychiatric, rehabilitation and alcohol or drug services, would not be affected.



# Voices

## POW remembers harsh realities of war

by Donna Bolinger-Miles

National POW/MIA Recognition Day is Sept. 18. It's a day set aside to remind people of the pain and suffering that thousands of American prisoners of war endured in all the wars in which the United States has participated.

It is also a day established by Congress and proclaimed by the president to call attention to the fact that 2,413 American military men and women and civilians are still missing or unaccounted for in Southeast Asia.

The story of Jose Anzaldua is one shared by the prisoners of all American's wars—a story of courage and survival of the human spirit.

Anzaldua was a 19-year-old Marine Corps corporal serving as a tactical advisor in South Vietnam when he was captured by the Viet Cong on Jan. 17, 1970.

Like some 142,000 American prisoners of World Wars I and II and the Korean and Vietnam conflicts, capture for Anzaldua didn't mean the end of combat. It represented the beginning of a whole new war—a war of survival.

Initially confined in a small jungle camp in South Vietnam near the Laotian border, Anzaldua fought a daily war against hunger and disease. His diet was restricted to one-half cup of dry rice per day and whatever rodents and insects he could



catch. He dropped nearly 100 pounds from his 6-foot-2½-inch frame.

In addition to malnutrition, Anzaldua fought off malaria, dysentery and intestinal worms.

"Our living conditions were nothing short of

downright survival," he said. "We had a day-to-day ongoing battle to survive. Helping each other was the only way to do it. What you couldn't do by yourself, you could do as a group."

Despite the prisoners' efforts to help each other, only 12 of the 26 Americans originally confined in the camp lived.

After two years there, Anzaldua and his fellow prisoners were transferred to "Plantation Gardens," a large prison camp outside Hanoi. Starving and sickly, the barefoot prisoners were forced to walk day and night through 900 miles of jungle until they crossed the demilitarized zone into North Vietnam.

At night, Anzaldua carried one of the prisoners who suffered night blindness due to vitamin A deprivation. When a larger man could walk no further, Anzaldua and another American prisoner helped carry him over the miles.

"There was no doubt in my mind that if one of us couldn't walk, we would have been shot," he said.

When they arrived at Plantation Gardens, the prisoners found better living conditions but were exposed for the first time to physical abuse. Anzaldua spent a year, off and on, in solitary confinement. When he refused to make anti-war

*please see POW/MIA page 3*

## Worth Repeating

"Being confined like an animal in barbed wires, I've always had the greatest need to have openness—just freedom to be able to do as you please. It's one of the most precious things. It's worth suffering anything to preserve it."

—Morris Shoss,  
World War II POW,  
Confined two years

"I think freedom is the most important word in the English language. We can lose our families, our fortunes, our health, but when one loses his freedom, there is nothing else."

—Ralph Levenberg,  
World War II POW,  
Confined four years

"The one thing in this country is freedom of a flavor no one else has ever tasted."

—Daniel Steckler,  
World War II POW,  
Confined four months

"Freedom is being able to say and think and do those things that I believe."

—Nick Rowe,  
Vietnam POW,  
Confined five years

"I eat, I sleep, I breathe freedom. Until you've lost it, you don't know what it is."

—Everett Alvarez Jr.,  
Vietnam POW,  
Confined 8½ years

## In or out of uniform, be a soldier first

by Steve Morey

During the Labor Day weekend, I participated in a sporting event commonly referred to as a "kid's game." It was there that I was witness to a good (or bad) example of how soldiers can lose their military bearing.

My definition of "military bearing" includes ideas such as "not losing your cool," maintaining your soldierly discipline even under stress; and, conducting yourself the same way out of uniform as you would in uniform.

What I saw the afternoon of Sept. 6 definitely didn't meet this criteria.

No matter how an opposing team, whether civilian or military, provokes a soldier during a sporting event, the soldier should remember that he or she is a *soldier* first.

Always.

I like to win at sports just as much as the next person—losing is not fun. But, if you must lose, do it in a manner which you can be proud of.

If you're a soldier who is proud of tussling and rolling around in the dirt with opposing players, and the sport isn't wrestling or full-contact football, then I believe you're wrong.

I honestly was going to forget about the Labor Day incident and let it pass without comment.

But I recently overheard several soldier-players gloating and bragging about the "brawl" they were involved in and how exciting it was to be there.

They also were distorting the facts of the situation which led to the bench-clearing free-for-all.

I was there and, believe me, their behavior was actually embarrassing. That's if you take the role of a United States soldier seriously.

Hopeful, all soldiers do.

The scuffle also produced at least two injured soldiers—one seriously—and caused a lengthy delay in the resumption of the game.

Not all players were troublemakers. Some members of each team tried to keep the peace. The individuals involved should know which category they fall into.

The fall flag-football season is set to begin this month. Let's hope that when the action gets heated and the adrenalin starts to flow, the soldier-players remember one important thing.

Be a soldier first.

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# Etc.

## POW/MIA continued from page 2

statements, the North Vietnamese repeatedly burned his back with cigarettes.

Anzaldua said three things helped him survive his imprisonment: love for his family, lessons the Marine Corps had taught him about sticking together and the Code of Conduct.

He tried to adhere as strictly as possible to the code and encouraged his fellow prisoners to do so. This caused his captors to single him out for additional punishment and torture.

"I went through some things as a result of trying to live by it, but it was worthwhile, because the code really helped me through," he said. "Just like the values the Marine Corps had instilled in me, it gave me something to hang onto to get me through."

Anzaldua was freed in March 1973 in the last wave of Operation Homecoming, following the signing of the Paris peace accords. After nine months of convalescent leave, he returned to active duty and received a battlefield commission for his conduct as a prisoner of war.

Fourteen years later, Anzaldua—now a major serving at Camp Pendleton, Calif.—still clings to the principles that guided him through his POW days. He frequently shares his message with military groups.

"You have to have faith in this country and its leadership and the military and its leadership," he said. "The freedoms we have in this country are precious. They're worth protecting and, if necessary, worth suffering for."

American Forces Information Service

## TAKE A BITE OUT OF CRIME

### Don't shoplift!

Shoplifters cost you more than \$16 billion each year. Retailers set their prices based on the profit they would like to make on sales. Shoplifting "steals" the retailers' profits, so they must raise the price to recover those profits. Additionally, retailers must spend more money for security measures to curtail shoplifting.

Shoplifting is done for a variety of reasons. Some people shoplift for a living, taking mostly expensive items for resale. Others do it for the excitement and the challenge, thinking it is impossible that they will be caught. This is especially true with adults, as their motive is rarely for significant gain.

At the Presidio, better than 90 percent of shoplifted items are valued at less than \$20. Of all of the larcenies committed on post last quarter, 42 percent of them were shopliftings.

Don't think that your position or service career will save you from prosecution by the Army and Air Force Exchange Service (AAFES). The

Military Police have processed a broad spectrum of offenders.

Children fall into a special category of shoplifters where girl shoplifters outnumber boy shoplifters 4-to-1. Many children do not fully understand our value system and therefore do not understand the consequences of their action. Soldiers are reminded that they are responsible for the actions of all of their family members.

The PX establishments have fully trained store detectives on duty. All cases are subject to prosecution. **Don't shoplift. It is a crime!**

## PM office closure

The Provost Marshal office will be closed on Sept. 25, in observance of the Military Police (MP) anniversary. MP desk operations will continue as normal.

### Crime report:

- One building was found unsecured by Military Police.
- One soldier was apprehended for Driving Under the Influence (DUI).
- One soldier was apprehended for assault.
- One family member was apprehended for assault.
- One housebreaking was reported to Military Police.

## News Briefs continued from page 1

what Rafferty hopes the post will accomplish in the new fiscal year. The slide presentation should last about an hour.

The rest of the day is dedicated to food, fun and frolic with entertainment provided as well.

At noon, the activities begin on the grassy area in front of the Civilian Personnel Office (CPO) building. Some of the activities include:

- A 5-mile unit guidon race from noon to 12:30 p.m.;
- A four-person team Izzy Dizzy relay race at 12:30;
- A potato-sack relay race with six-person teams at 1;
- A closest-to-the-pin golf tournament at 1:30; and
- A unit tug-of-war at 3.

Ongoing activities will include: drawings every 15 minutes for a free ski weekend at Tahoe and \$100 spending money; a dunk tank; volleyball; horseshoes; board games; and a salami toss (kosher, of course).

Time off from work, games, sun and fun...who could resist?

## Recreation Center closes

Effective Sept. 18 the Recreation Center, located in the Green Room of the Golden Gate Community Club/NCO Club, bldg. 135, will close its doors.

Reservations for the Log Cabin (Community Center) will be handled by the Outdoor Recreation Branch, Community Recreation Division. For reservations and information call Michael Stieber at 561-4384 or 561-4324.

## Job vacancies

### Supply Specialist

Starting today the Property Control Branch, Supply and Services Division, Department of Logistics (DOL) of Presidio is looking for a **supervisory general supply specialist, GS-2001-11**. The area of consideration for this position is Army-wide, so you need to act now.

This position requires three years of **general experience** and three years of **specialized experience**. **General experience** is progressively responsible experience in administrative, professional, investigative, or other responsible work which has provided the applicant with a general knowledge of one or more aspects of the supply field. **Specialized experience** is experience which provided an extensive knowledge of supply management; knowledge of overall inventory management systems, methods and techniques; and/or knowledge of overall distribution facilities and storage management systems, techniques and methods.

Applicants must have served at least one year

at or above the GS-9 level in the Federal Service. For more information contact Elaine Mayers, personnel staffing specialist, at 561-5752.

Complete qualification requirements are outlined in the X118 Qualification Standards and are available for review in the Civilian Personnel Office, bldg. 37.

### Records Librarian

Letterman Army Medical Center (LAMC) has an opening for a **medical records librarian, GS-669-11**. The area of consideration for this position is also Army-wide.

Applicants must have successfully completed the program of study in an approved school for medical records librarians. Also, applicants are required to have at least three years of full time, progressive experience in work related preparation and maintenance of medical records which has provided a thorough knowledge of medical terminology and medical records procedures. At least two years of this experience must have been gained in a medical records department which uses modern, generally accepted record techniques and procedures.

In addition, applicants must have three years of professional library experience, and must have served at least one year at or above the GS-9 level in the Federal Service.

For more information call Celia Fauntleroy, chief, Staffing Section, at 561-5753.

Complete qualification requirements are outlined in the X118 Qualification Standards and are available for review in the Civilian Personnel Office, bldg. 37.



photo by Pleasant Lindsey

SP4 Winona Bronson and Cpl. Cindy Angkahan show SP4 Caroline Harris where to roll the ball. The bowling tournament was part of Headquarters Company's Organization Day, Sept. 4.

## PSF Ideas of Excellence

This week's idea comes from Bob Mahoney, Public Affairs Office, Presidio of San Francisco. Mahoney suggests that the Presidio Mayors Program be expanded to include an off-post mayor to represent families who live off of the installation.

Mahoney said that such a move could expand the communications capability with all segments of the community.

David Ciechanowski, Chief, Army Community Service, replied that Carla Hoxie, the Outreach Program Coordinator has identified the majority of the families living off post and is conducting a needs assessment to effectively

design a program to meet the needs of these families. Her goals are to improve the quality of their lives by connecting them to services enjoyed by the on post families, and to help them feel more a part of the "Army Family."

"As this program develops and more off post families become involved in installation activities, there will come a time when it will be feasible to recruit an off post mayor and we will make it one of the CLP goals to do so," he said. "In the meantime, Mrs. Hoxie will attend the Community Action Council meetings and Mayors Council meetings as a representative of the junior enlisted off post families."

"Thank you again for your suggestion and your concern for the off post families."



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Oakland, CA 94621  
**(415) 568-6272**



# Bison brings in bucks, no 'beefalo' here

by Margaret Liebchen Fort Huachuca PAO

One thing leads to another, said Maj. Michael Bryan, explaining what he was going to do with the paycheck he would receive for being on active duty for two weeks.

"This trip's funding some buffalo," he said.

Bryan is an individual mobilization augmentee in the U.S. Army Reserves, assigned to U.S. Army Garrison Fort Huachuca. He is assigned there on a regular basis as part of a team of Individual Ready Reserve soldiers.

In private life, Bryan is an investigator with the Colorado Department of Social Services in Denver. He has been in the Reserves since 1974 and considers his part-time job a paid vacation with retirement benefits. He was on active duty for just under three years.

"I'm extending the benefits of my active duty time," he said, prosaically.

And that's where the bison come in. Bryan took his Army Reserve earnings and bought two American buffalo yearlings to raise, for he and a partner are in the part-time farm and ranch business. They own 320 acres in northeast Colorado.

"We call it Timberella," he said.

Bryan chose buffalo because he was looking for projects that do not require full-time care, and buffalo were an answer.

"You just leave them alone," he said, pointing out that when the American West was opened, buffalo were native animals that existed very well on what was available.

What they do need, he said, are strong fences, for buffalo do not like to be confined.

"If they like what's on the other side of the fence they'll go right through it," Bryan said. "You have to give them plenty of room and make them content."

His version of contentment is a fence built of four feet of woven wire topped by a foot of barbed wire, all strung between poles 14 to 16 feet apart.

He is also experimenting with a one-two strand electric wire stung three feet within the outer fence. Buffalo, he said, are known for their high jumping, rather than their broad jumping.

Bryan stresses that a bison is not a tame animal.

"You never turn your back on one," he said. He herds his buffalo with a pickup truck—something he can jump into and run away in, fast—and has his water supply near the corral so that he can handle the animals easier.

"You don't go out and whistle and expect them to come running," he said.

His first pair ran the other way three weeks after arriving. They finally settled down 14 miles away. It took a few days and a team of cowboys on horseback to round them up.

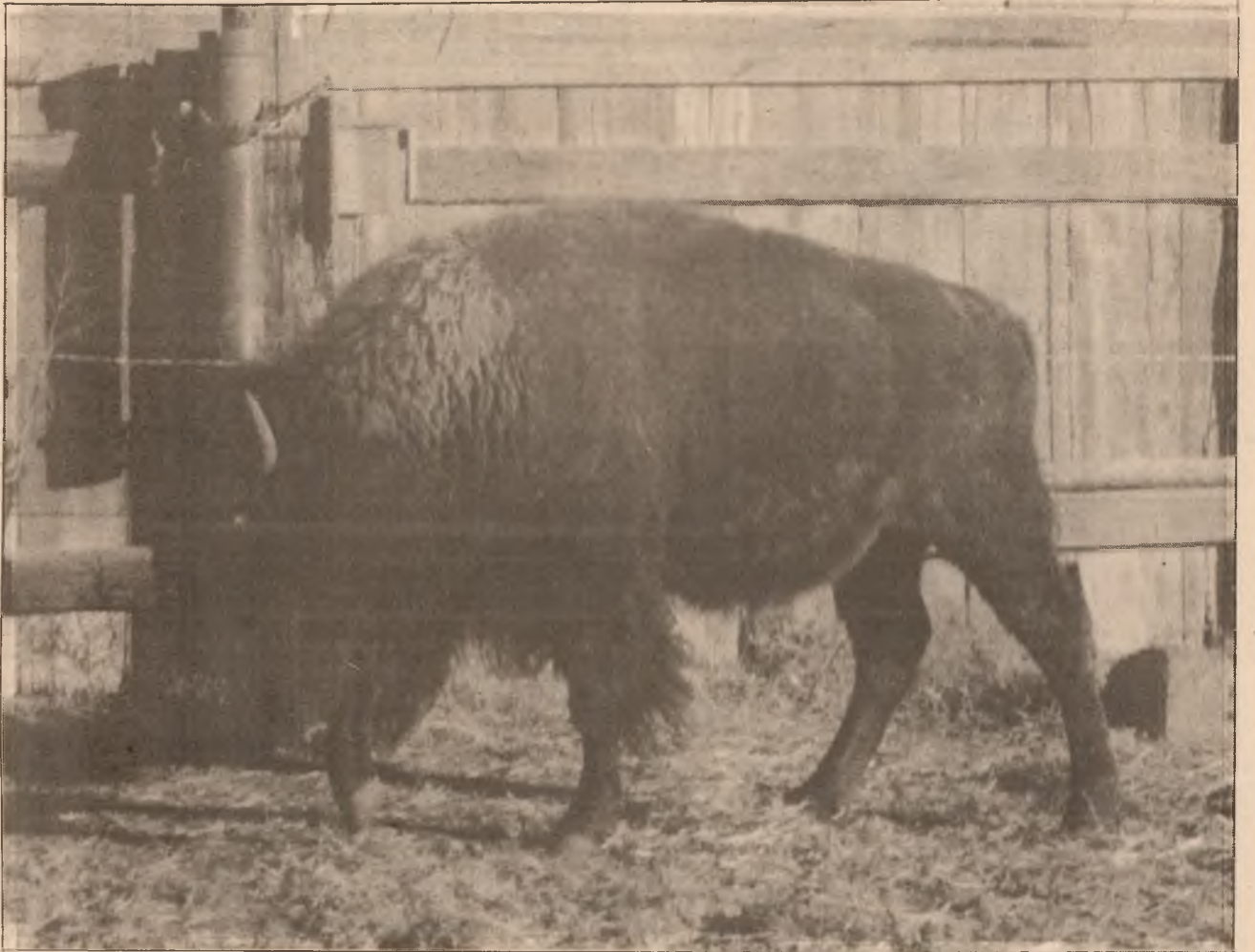
Viewing the bison roundup amidst his millet field, a local farmer told Bryan there was no need to apologize for all the commotion.

"It's the most exciting thing we've had here all summer," he said, "better than a rodeo."

Everything that Bryan knows about bison he learned from what he calls his buffalo manual, a booklet published by the American Buffalo Association. Bryan is a member of this association and attends their meetings to learn more about raising and marketing the animals. The association is against "beefalo," the offspring of cattle and buffalo, their reasoning being, "Why have the diluted version when you can have the real thing?"

Bryan likes the fact that the real thing is very hardy. If he had cattle instead of bison, he said he'd have to run out in the middle of a blizzard to look after them. Buffalo take care of themselves.

Bryan does not ignore the business opportunities in raising and marketing bison. He will eventually have 20 to 25 head and sell buffalo by



Buffalo need strong fences because they do not like to be confined. "If they don't like what's on the other side of a fence, they'll go right through it," Bryan says.

the side, cut up for the customer. It sells at a higher price per pound than beef, he said, because it is a popular health food that is very low in fat and cholesterol.

In fact, a recent United States Department of Agriculture study found that buffalo meat actually lowers cholesterol more effectively than drugs prescribed for the same purpose, Bryan said.



Bryan's experiment in the part-time farm and ranch business includes turkeys grown without antibiotics or other chemicals and marketed fresh to the consumer.

Meat will not be the only product for sale on Bryan's ranch.

"There's a market for every piece of the buffalo," he said. For example, the prime winter hides become rugs, wall hangings or throws that are sold in gift shops or to individuals. The horns are made into powder horns or gun racks.

Even the buffalo chips are sold—packaged as fertilizer, or, according to the *Wall Street Journal*, offered in some circles laminated, with embedded pen sets, at \$17.50 each.

Bryan even intends to collect the wool that the buffalo sheds in the spring. He knows a place in Michigan that weaves blankets and robes of bison wool.

One of the most appealing things about the buffalo, according to Bryan, is that each animal is a walking tax shelter. The shaggy beasts depreciate 100 percent over five years—if they are kept that long.

Profit on a 3-year-old bull calf averages nearly \$1,000 for meat alone—500 pounds of meat with a hanging weight price of \$2 per pound, according to the *Milwaukee Sentinel*.

In addition to raising bison, Bryan and his partner are developing other projects that do not require constant supervision. Among these are crops such as alfalfa, wheat and millet, and the raising of turkeys and pheasants.

"It's an experiment," he said. "You do a little of this, a little of that."

Some of this and that includes turkeys that will be naturally grown without antibiotics or other chemicals and marketed fresh, direct to the consumer.

Bryan has never lived on a farm. However, he reasons that since some of those who did are moving to town, he now has a chance to try out his city ideas on how to make a profit.

"You go in there with a business sense and do things on a small scale and hopefully, don't lose your shirt. You learn as you go, with one eye on the range and the other on your U.S.D.A. 'How to Farm' manual," he said.

"My friends think I'm crazy."

Other than peer opinions, Bryan said that a big problem weekend farmer-ranchers face is predators. He considers it a challenge to plan systems, livestock and equipment so that varmints cannot take over when no one is watching.

"You plan so that most of what you've left one weekend will be there the next," he said.

And that's the way it goes.



# 16th AG beats Egypt's heat, tackles Ge



PFC Valerie Jackson takes a break from the heat of postal work.



Cpl. Victor Bermudez dresses the entrance to his living quarters with rocks.

by Steve Morey  
photos by Gerald Higdon

Members of Presidio's 16th Adjutant General (AG) Detachment (Postal) Company have returned to the post following their biennial "Brightstar '87" mission in Cairo-West, Egypt, July 27 through Aug. 23.

But if you want to ask them about their desert adventures you'll have to hurry.

The postal company will be heading to West Germany Wednesday to participate in the Army's annual Return of Forces to Germany (REFORGER) campaign. They are scheduled to return to the Presidio at the beginning of November.

After a quick breather, the postal unit will begin preparations for "Operation Pallet", Nov. 12, 1987 through Jan. 3, 1988 in support of the Joint Military Postal Activity (JMPA). JMPA will operate out of San Francisco and handle the increase of holiday postal activity throughout all areas of the Pacific Ocean.

"For all intents and purposes, the company will close its doors Tuesday until Jan. 3, 1988," said 1st Lt. Randy Hart, company commander.

"We 'make our money' on exercises like Brightstar and REFORGER," explained Hart. "Traveling, and participating in live missions pumps up our people and makes them feel good about themselves."

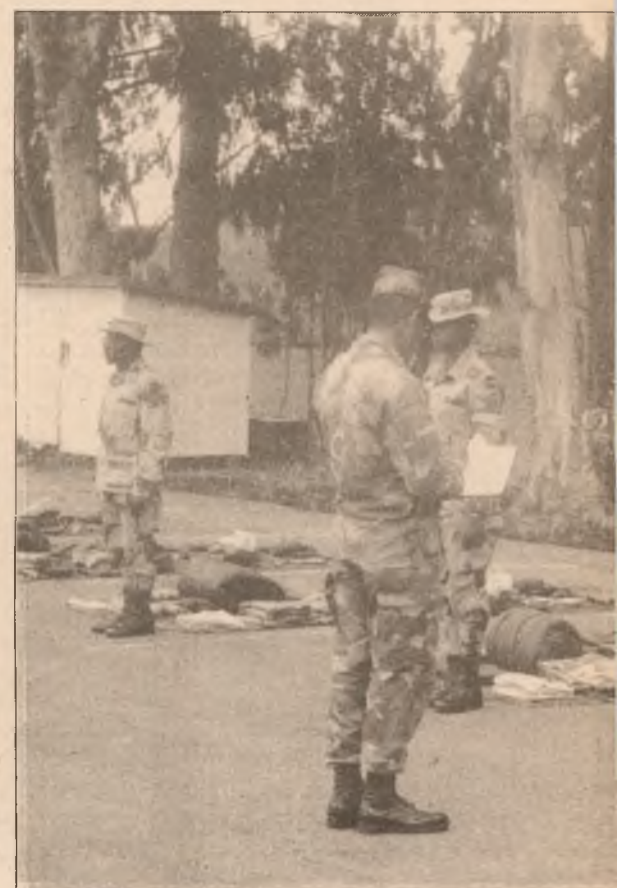
Brightstar '87 required that the eight postal members endure a total of 63 traveling hours, including airlift stopovers both in the United States and abroad.

Especially tiring was the 45 hours spent returning to the Presidio, said Staff Sgt. Gerald Higdon.

"All of the participants in Brightstar '87 handled themselves very well under stress," Higdon said.

Hart echoed that statement, adding that Brightstar '87 "was a resounding success; and my soldiers did a real super job. The mission has received extremely favorable reviews from 3rd Army Headquarters."

Hart credits the pre-planning efforts and the hard work of the company as the main



Lt. Col. Timothy P. Gilbert, commander, Head AG's troops before their trip.



# Germany next

reasons for a successful mission. The eight members, who were attached to the 377th Theater Army Area Command (TAACOM) in Cairo, included Hart, Higdon, Cpl. Victor Bermudez, SP4 Angela Collins, SP4 Johnnie Davis, SP4 Shadonna Johnson, SP4 Amanda McGurer, and Pfc. Valerie Jackson.

Working 12-hour days, seven days a week, the soldiers performed their postal duties at four different locations in Egypt. The main American Post Office (APO), actually 45 miles west of Cairo, was the center of 16th AG's activity.

The postal company also deployed between two and six people to the American embassy in Cairo; two people to the Port of Alexandria; and assisted the Air Force postal unit, who also participated in Brightstar '87.

The mission, completed in 120 to 130 degrees Fahrenheit during the daytime hours, provided challenges to the soldiers.

Collins said the biggest adjustment for her was the necessity to drink four to five quarts of water everyday; and to diligently swallow her daily pills to prevent malaria.

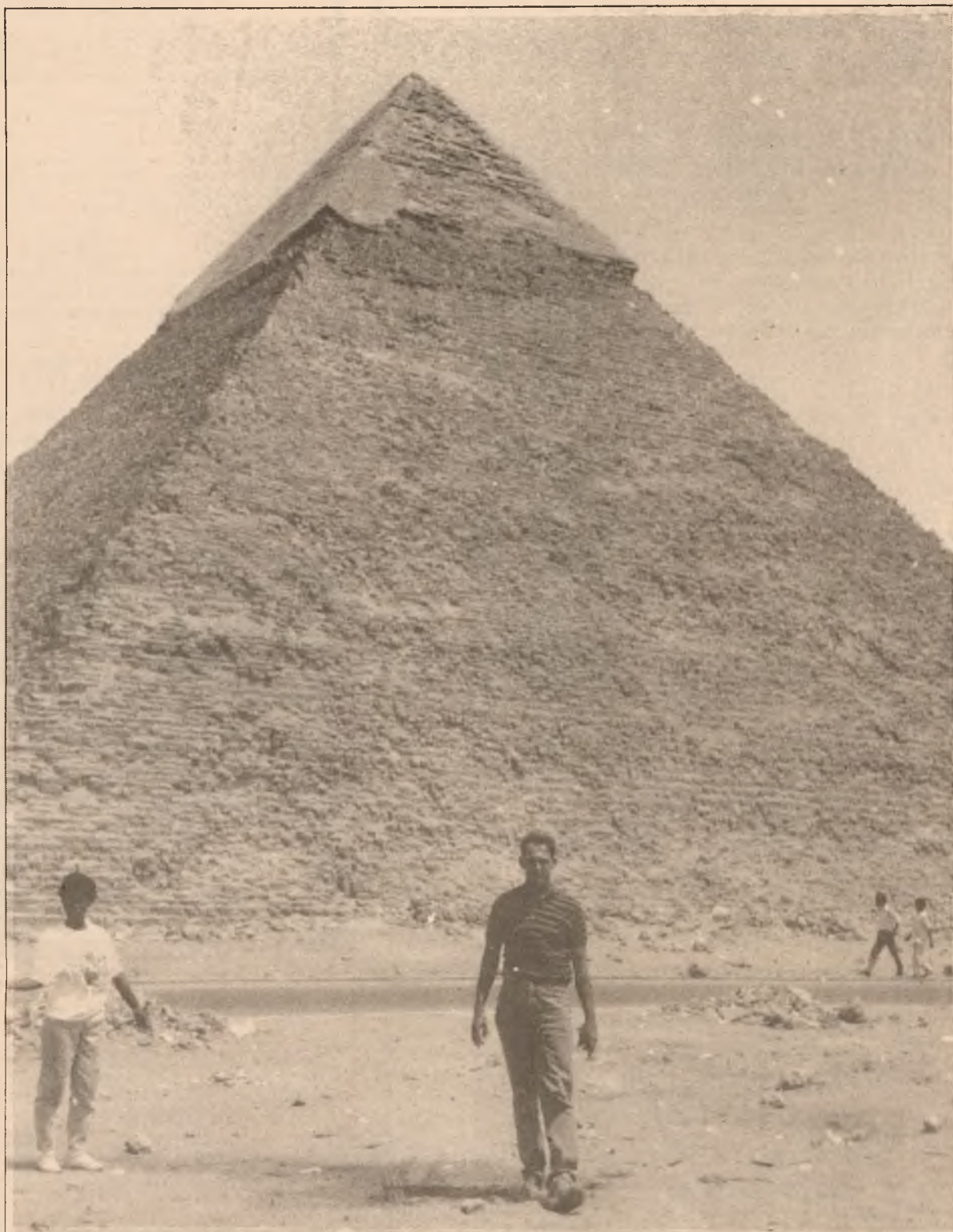
"The last time I drank that much water was in basic training," Collins said.

For Jackson, a primarily meal-ready-to-eat (MRE) menu was the biggest challenge for her. "Everybody else threw their MREs on top of the tents to heat up. It worked well," she said.

Hart provided soldiers with tarps for tent floors, where the soldiers slept and ate; a refrigerator and portable stove for food storage and preparation; and, for entertainment, volleyball and horseshoe equipment and a movie projector.

"We were known as the 'Hilton of Egypt' to other troops in the area," Hart said. Hart emphasized again that the successful Brightstar '87 was due to detailed pre-planning and the effort and "professionalism" of his troops.

"They [16th AG soldiers] made my job much easier. I'm very proud of their efforts and commend them for their super professionalism," concluded Hart.



SP4 Angela Collins and 1st Lt. Randy Hart take time to check out a big rock pile, one of the Great Pyramids of Egypt.



quarters Command Battalion, inspects 16th



Cpl. Victor Bermudez and SP4 Shadonna Johnson found time to mug the camera while off-loading their equipment and gear.



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# Community Calendar

## Looking for work?

Job listings, resume help, information & referral and placement are part of the San Francisco USO's Job Search Program. We specialize in helping spouses of military personnel find jobs. USO also gives away free movie passes for the Regency I, II & III. Our regular hours are Tuesday through Friday, 9 a.m. to 4 p.m. We are looking for volunteers to help us stay open on Mondays. Phone 561-2436.

## Youth Activities information night

The Youth Activities Branch is sponsoring an information and registration night Wednesday at the Gym No. 1 from 5:30 to 8:30 p.m. This is an opportunity for families to meet and receive information on youth and family-oriented activities on the Presidio. Parents are also able to register their children for programs and get information on various interesting and rewarding volunteer positions. The youth organizations participating are the Girl Scouts, Boy Scouts, Cub Scouts, Camp Fire Group, Aquarius Swim Club, Child Development Center, Chapel Youth, Arts and Crafts Center and Fencing Club.

For more information, call Youth Activities Branch at 561-5143.

## Swim Club coach needed

The Aquarius Swim Club is looking for an aquatics head coach. Experience and references are required. This is a coed youth team which practices weekdays from 4 to 6 p.m. at the Presidio pool.

For more information, call Youth Activities at 561-5143.

## Lake Tahoe rentals

If you would like to get away from the big city life, don't forget about Outdoor Recreation's townhouse on the Tahoe Keys and the house on silverwood Circle and Sky Meadows Court in South Lake Tahoe.

These units may be rented by the day or for a maximum of seven consecutive nights.

Cost for these units on Sunday through Thursday nights are \$50 per night; Friday, Saturday and nights preceding holidays are \$70 per night.

For eligibility and detailed information, call 561-4324 or come by Outdoor Recreation, bldg. 92.



photo courtesy San Francisco Zoo

## What did you say?

The San Francisco Zoo's new Storyboxes tell fun facts about animals at the zoo in four languages—English, Spanish, Cantonese and Tagalog.

## S.F. Zoo

The San Francisco Zoo is located at Sloat Boulevard and 45th Avenue. The zoo is open every day of the year from 10 a.m. to 5 p.m.

Admission is \$3.50 for adults and free for children under 16 when accompanied by an adult. San Francisco Zoological Society members are also admitted free. Admission for seniors is \$1 for a quarterly pass.

The new Storybox Zoo Keys are available for \$1.50 at the Zoo Shop and at cafes and kiosks throughout the zoo. Visitors with old Zoo Keys may trade them in for new lifetime keys at no charge. Proceeds from the sale of Zoo Keys support the work of the San Francisco Zoological Society.

## Tennis lessons

Eight hours of free tennis lessons for beginners are being offered by the Sports Branch for soldiers and family members assigned to the Presidio. Classes will be held from 11 a.m. to noon. Soldiers will have first priority.

For more information call Bobbie Gascon at 561-4120 or 561-5032.

## Exploratorium events

The San Francisco Exploratorium, 3601 Lyon St. (just outside the Presidio), salutes the San Francisco International Blues Festival Saturday and Sunday, with a screening of

films that span the last 50 years and include the classic "St. Louis Blues" with Bessie Smith, made in 1928, and Bay Area filmmaker Reginald Brown's 1983 documentary "I Remember Beale Street." This film chronicles the musical history of Memphis' musical landmark. It also includes "Piano Players Rarely Ever Play Together," by Stevenson J. Palfi, on New Orleans pianists—Professor Longhair, Allen Toussaint and Tuts Washington.

The Exploratorium will feature "Exploring Genetics: Sickle Cell Anemia," Sept. 12 and 13, an event which includes a rap contest, storytelling, special exhibits and lectures.

For more information on Exploratorium events, call 563-7337.

## RAC Open House

The Religious Activities Center (RAC) will be hosting an Open House Sunday, from 10 a.m. to noon at bldg. 682.

At this time you can register your children for this year's C.C.D. and Sunday Church School Programs. Also, you will have an opportunity to meet the directors of these programs and see where your children's classrooms are.

We're still in need of some teachers and helpers for these programs. If you are interested please phone Doris Munstermann at the RAC at

*Need to have repairs done in your quarters? Just dial 561-4505! That's the new number for the DEH Workorder Desk. And, they are staffed around the clock to allow you to call any time, day or night.*

561-3535. We are looking forward to this year as we joyfully serve the Lord.

## Coffee Call

The Presidio Enlisted Spouses Club will hold their first monthly Coffee Call on Monday from 7 to 9 p.m., in bldg. 3, Fort Point Army Museum Conference Room.

Club membership is open to enlisted spouses of active duty and retired members of all service branches. Bring a friend.

Upcoming activities, including outings and fundraisers, will be discussed at the meeting.

## LAMC Cancellation service

LAMC has installed an answering machine in Patient Appointment Service that allows patients to cancel appointments during evenings, holidays and weekends.

The appointment will be cancelled the same or next duty day. The number for the recorder is 561-5945. All patients are urged to use the new cancellation service so that appointments can be offered to other patients who have an immediate need for an appointment. However, patients won't be able to use the recorder to reschedule appointments.

"Patients will still have to call the Patient Appointment Service to make a new appointment," Reid said. The numbers to call for making appointments are 561-5324 or 563-5324.

## Rent an RV

Outdoor Recreation has a newly acquired Recreational Vehicle, a 24-foot Southwind.

Cost is \$60 per day and 10 cents per mile.

Come down and visit your Outdoor Recreation equipment check-out center and see what is available for your leisure off duty time.

For more information, call 561-4324 or come by Outdoor Recreation, bldg. 92 between 8:30 a.m. and 5 p.m. Monday through Friday, 9 a.m. to 1 p.m. Saturday, and 1 to 5 p.m. Sunday and holidays.

Happy 40th Birthday  
Doug Herrick  
from  
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Thu, Sept. 17	The Untouchables (R)	7 p.m.

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## Sports

## A-Bombers blasts to top in Labor Day softball

story and photos by Steve Morey

## The Setup

Presidio's 1987 Labor Day Softball Tournament, held at the Fort Scott diamonds Aug. 29 through 31, was won by the A-Bombers as they compiled a 6-1 record.

The double-elimination tourney, co-sponsored by the Association of the United States Army (AUSA), featured the A-Bombers 9-7 win over Sixth Army in the final playoff game. The two teams faced each other in a semi-final duel which Sixth Army won, 8-2, to force the rematch.

The tournament format consisted of Pools A and B where each team played a minimum of three games against teams in their respective pool.

The top two finishers of each pool were then entered in the double-elimination playoff system. Sixth Army, with a 6-3 overall tournament record, defeated All-+1, 6-5, in a tie-breaker for the second playoff spot out of Pool A.

A-Bombers, meanwhile, won Pool B outright with a 3-0 record and a 35-7 runs-scored advantage over opponents LCA, LEC and Mis.

## The Game

Sixth Army went up 2-0 after a scoreless A-Bombers top of the first.



Sixth U.S. Army's Russell Vondrak races to third base while A-Bombers shortstop Louis Reese (20) throws to second baseman Mark Gordon.

The bottom of the inning featured a highly disputed double play call upon an error by A-Bombers left-fielder, Kevin Krench.

The end result was Sixth Army's Jerome Smith, right-centerfielder, and John Tiamanglo, second baseman, scoring the game's first runs. A-Bombers answered with a run in the top of the second.

Louis Reese, shortstop, slammed a ground-rule double over the short left-field fence, and moved to third on a single by Shawn Kramer, third baseman.

Reese scored on [second baseman], Mark Gordon's sacrifice fly.

Both teams failed to score their next at-bats with the score remaining 2-1, Sixth Army, heading into the bottom of the third.

Sixth Army went ahead, 3-1, when Smith led off with a line single and, after a fly out, scored on a single by Anthony Survine, left fielder.

However, A-Bombers asserted themselves in the fourth as they scored four runs to lead, 5-3. The runs scored on three singles, a double and two run-scoring, bases-loaded walks given up by Sixth Army's pitcher, John Keefer.

But the Sixth Army crew fought back to tie it at 5-all in their half of

the fourth. Patrick Tweedy, third baseman, started the scoring with a shot to center and scored on first baseman, Maurice Borden's, double.

Borden moved to third on a ground out and scored on a single by designated hitter, James Alexander.

Leading off the A-Bombers' fifth inning, Reese hit a shot which scooted past right fielder, Russell Vondrak. The fleet-footed Reese came all the way around to score his team's sixth run.

The A-Bombers held Sixth Army scoreless in the fifth and sixth innings while adding another run in the sixth on an RBI single by Chris Brown, [right fielder].

The exciting seventh inning had all the makings of a championship ballgame. A-Bombers padded their lead to 9-5 on another hit by Reese and a double by Krench accounting for the first run. Kramer singled to score Krench for the second run.

Sixth Army opened the seventh determined to pull themselves up to tie A-Bombers. Lead-off man Keefer reached first on Kramer's error.

Keefer scored on singles from Alexander and Pride Nichols, shortstop. Alexander scored Sixth Army's final run on a sacrifice fly to make the final score 9-7, A-Bombers.

## Jimmy the Freak's picks of the week

there, this could be your year to howl.

Davis' Raiders are settling to the bottom faster than cast iron bait, McMahon can toss the bull, but not a football, and Big Bob is being taken to the cleaners big-time by his ex-wife. Makes ya feel good all over, doesn't it???

**San Francisco 30,  
Pittsburgh 13**

The quality of the quarterbacking will make at least a two touchdown difference in this game. The Goodyear people are coming in to instruct Bill Walsh on how to tether "Blimp" Paris to the offensive line. The guy shouldn't be given a jersey number, he should get his own zip code.

**Miami 34,  
New England 24**

Just when you thought the Patsies were getting their act together, they do something to disrupt the mood of the team. Coach Ray, "Liar, Liar, Your Pants Are On Fire" Berry cut the union rep and said that the move

was not politically motivated. Right, Ray...and Khaddafy's an Eagle Scout!

**New York Giants 20,  
Chicago 16**

Do you want to know how they used to play football in the "old days" of the NFL? This one should register about 7.5 on the Richter Scale. One less turnover will mean the difference.

**Cleveland 27,  
New Orleans 20**

The Browns are for real. Although Bernie Kosar looks like Harpo Marx on growth drugs, he can really throw the old pigskin. The Saints will get better as the year goes along...maybe even into a wildcard berth.

**Cincinnati 34,  
Indianapolis 13**

I really believe that Gary Hogeboom injures himself on purpose. He has a lot of scruples and I think that it really bothers him having to try to win for a sleazeball like Boisterous Bob Irsey. The Bengals

are going to prove to be one of the best two or three teams in the AFC.

**Denver 24, Seattle 23**

The only difference will be the home field advantage. John Elway will have Hall of Fame statistics this year. This could very easily be a preview of the AFC championship. The Boz will have little impact, except on Colorado barbers.

**Washington 37,  
Philadelphia 17**

You can bet the farm on this one! The Buddy system hasn't been a very big success as yet. But things will get better...around 1995! If hot air equalled victories, we could send the Super Bowl trophy to the Ryan house today.

**Upset of the Week:  
St. Louis 27, Dallas 20**

The cowed boys are looking a little ragged around the old campfire. I think it's time for Coach Landry to circle the wagons or head'em out. If Danny White is the answer, then it must have been a stupid question.



## Hellooo, everybody!!!

Another football season is upon us. Although the threat of a strike looms, there are some positive notes about this upcoming season. Howard Cosell is still not in the broadcasting booth, Arena Football is finished for the year, "The Fridge" is not in every other commercial on television, and the Raiders have as much chance as the Little Sisters of the Poor of reaching the Super Bowl. For anyone who thinks of Al Davis as Khomeini's illegitimate son, or Jim McMahon as the reincarnation of Bozo the Clown, or Bob Irsey as a poster boy candidate for Preparation H...hang in

## Basketball team coaches needed

The Presidio Sports Branch is looking for individuals interested in coaching the 1987-88 Men's or Women's Basketball Teams that will be competing in tournaments against military and civilian teams throughout Northern California. In-

terested players are urged to contact the Presidio Sports Director, Bobbie Gascon, at 561-5032 or 561-4120.

## Golf lessons

Get involved in a lifetime sport. Free golf lessons for beginners are being offered by the Sports Branch for soldiers assigned to the Presidio.

Sign up by calling the Sports Branch at 561-4120 or 561-5032.

## Softball showdown

The Senior NCO Platoon/Officers and the 1st Platoon of Headquarters Company were tied as the point leaders of the company's Organization Day, Sept. 4.

Most of the points were accumulated in softball, volleyball and bowling events. Extra points were added from closest-to-the-pin golf and eight-ball pool. Competition was by platoon.

Third place went to 2nd Platoon; Ceremonial Platoon was fourth; 3rd Platoon was fifth; and Sixth U.S. Army was sixth.

The Senior NCOs/Officers and 1st Platoon will decide the overall winner in a softball showdown Monday, at 5 p.m., on the Fort Scott Softball Field.





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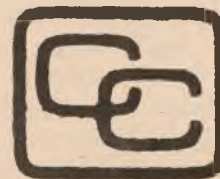
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**Facets:** more than one side to Army, **page 5**

**Commander's Cup:** USAG is '87 champion, **page 9**

# Star Presidian

Vol. 30, No. 37

"Published in the interest of the people of the Presidio of San Francisco."

Sept. 18, 1987

## Hispanic Heritage week continues on post

story and photo by Steve Morey

National Hispanic Heritage Week on post officially began Sept. 14 with a lunchtime presentation at Presidio's Audiovisual Auditorium.

The slide show and narration, entitled "Colombia—Land of Contrast," was provided by Fernando Cruz, Ph.D., special projects officer of the Spanish Department, Defense Language Institute, (DLI) San Francisco.

Cruz's presentation explained the different ethnic groups, cultures, climates and lifestyles of the South American country. The Bogota, Colombia native also used transparencies to compliment his energetic discussion.

Cruz dedicated the presentation to his wife, Gloria, who works for the personnel department of Headquarters, Western Sector U.S. Military Entrance Processing Command (USMEPCOM). She assisted her husband during the presentation.

Cruz will also participate in a musical-cultural program today, at 12:30 through 3:30 p.m., in bldg. 1805, on the DLI complex.

Today's program will focus on terrorism, education, archaeological sites and a brief portion of Cruz's Colombian presentation.

Cruz has an obviously proud interest in giving lectures about his native land. But it was during

basic training at Lackland Air Force Base (AFB), Texas that Cruz became an official United States citizen.

"It was really funny," Cruz said. "I needed to have my picture taken as a requirement for U.S. citizenship. I was nearly bald from the haircut I had just received. Plus I had to run three miles to Kelly AFB with a clean shirt [to change into for the photo session] under my arm."

"Then I had to run back to Lackland in time for formation. I guess you could say I really earned my U.S. citizenship," Cruz commented.

To this day, Cruz uses that photograph for his official visa identification.

As a U.S. citizen, Cruz has taken advantage of what the United States has to offer, both militarily and in the civilian sector.

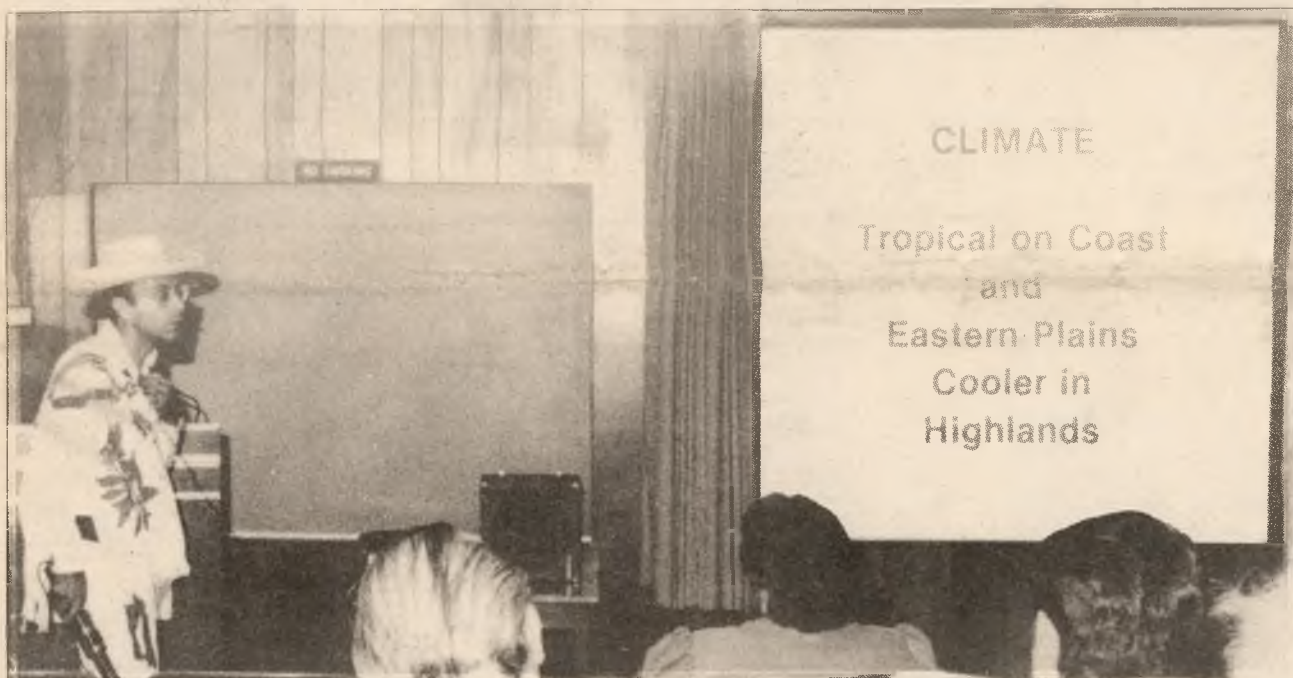
Cruz has completed extensive studies at four different colleges and universities throughout the nation. He also served a five-year stint in the U.S. Air Force, from 1972 through 1977, at Seymour Johnson Air Force Base (AFB), N.C.

Cruz said it's important that the Army recognizes week-long ethnic celebrations each year; but wishes more people would attend the planned events.

"When I was in the Air Force, I had to attend a mandatory 'Race Relations Program,'" he said. "The Army should institute a similar program, maybe an 'Ethnic Awareness Week' to educate first-line supervisors."

"Then, if any of the supervisors' personnel are of a certain ethnic origin," Cruz added, "the supervisors can help to educate and inform personnel of annual events of which they may be interested."

The celebration of Hispanic Week will conclude Wednesday during Presidio's Activities Day festivities.



Fernando Cruz, Ph.D., explains some of the highlights and contrasts of Colombia, South America.

## Commander outlines Child Development Center changes

Recent media attention on the Presidio's Child Development Center has raised many questions in the community concerning the safety of the children placed under the care of the center.

According to Colonel Joseph V. Rafferty, post commander, a series of actions have been taken to insure that children using the Center are safe.

Reports continue to surface and some families believe that abuse has occurred among children left at the Center after November 1986, the time prior to which all of the incidents were believed to have occurred. All reports of this nature have been followed up by the Criminal Investigation Command and the Federal Bureau of Investigation. In each of these reports, there has been nothing identified that indicates that any abuse had occurred.

"During this entire situation, we have continually looked at policies

and procedures at the Center. We have been visited by a number of teams from both US Forces Command (FORSCOM) and Department of the Army (DA) and have implemented a number of changes based on these reviews and visits."

Rafferty outlined many of the significant changes that have been instituted including staffing levels, employee background checks, physical plant changes and a new quality assurance program that will monitor all aspects of the Child Development Center program at the Presidio.

Rafferty says that the new quality assurance program has been established between the Child Development Services and Letterman Army Medical Center and will incorporate a variety of factors in its monitoring of the Center. It will use the reports developed by the review teams from FORSCOM and the DA, as well as non-Army guidelines such

as the Early Childhood Environmental Rating Scale and the University of Minnesota Abuse Risk Assessment Tool.

"We believe that these changes are contributing greatly to the overall safety of the facility."

"We expect our staffing to increase by six people this fall."

He added, "We have always conducted the required amount of pre-employment checks. In December 1986, the local Criminal Investigation Command began complete background investigations of current CDC employees, making additional checks in April of this year."

"In August 1987, as part of its continuing cooperation with the Federal Bureau of Investigation, the CID began revalidating background information for former and all current CDC employees. We plan to make such checks on an annual basis."

In referring to physical plant changes, Rafferty points out that

"Several facility changes have also been initiated. Doors to toilet facilities in toddler and preschool age bathrooms have been removed. The preschool hourly classroom was relocated to the center's main building in June of this year."

"Observation windows are available for parents to observe into child activity areas."

Rafferty also indicated that the University of Minnesota Abuse Risk Assessment Tool was applied during May and June of this year and resulted in several immediate changes in the operation of the facility. Among the changes instituted as a result of this study was required sign-in and visible passes for all visitors, consistent monitoring of children using toilet facilities and implementation of additional safety education training for children.

All staff at the Presidio's Child Development Center are required to

*please see Changes, page 3*



# Voices

## Highly decorated Hispanic unit fights for freedom

by Rudi Williams

April 5, 1951, is a date Carmello Camacho, 62, will never forget.

He was scared when he boarded the troop ship at San Juan, Puerto Rico. He was scared when the ship docked at Pusan, South Korea, 28 days later. He was scared when he walked down the gangplank as an Army band played *Sidewalks of New York*. He was scared for the entire seven months he fought in the Korean War.

Camacho, then 25, was among more than 7,000 "first replacements" aboard a troop ship bound for the all-Puerto Rican 65th U.S. Infantry Regiment (The Borinqueneers) in Korea. The 65th was a part of the 3rd Infantry Division.

Nightfall had come when the ship carrying Camacho and the other replacements docked at Pusan. It was after midnight when the troops reached the 65th's headquarters. "The idea was to replace all Puerto Ricans in Korea after they had served 18 months," Camacho recalled. "Some of those who got an assignment to a unit the next morning were dead by five o'clock that afternoon. Three days passed before I was assigned to the 65th."

Some of Camacho's fright waned after about

three weeks. "They were serving us breakfast from a moving truck; as it passed your foxhole, you climbed out to get your food," said Camacho. "A lieutenant from Kentucky was hit by a sniper's bullet right by the truck. We didn't even hear any noise and didn't know where the shot came from."

"I said to myself, if my time comes, what can I do," said Camacho, of Upper Marlboro, Md. "We were under enemy fire a lot; we were running...moving up and down...moving up and down...."

There were hundreds of heroes like Camacho. Some survived, some died. But the "regiment was given little recognition outside of the Puerto Rican press," said the unit's former commander, retired Army Brig. Gen. W. W. Harris.

The 65th participated in nine major campaigns during the Korean War. Its credentials; 5,905 enemy killed; 2,086 captured; a Presidential Unit Citation; a Meritorious Unit Commendation; and two Republic Korea Unit Citations.

The Puerto Rican soldiers earned four Distinguished Service Crosses and 124 Silver Stars for bravery, among other decorations.

"In the second week of June 1951, the heights overlooking the village of Chorwan, Korea—the

center of the Iron Triangle—were taken by the all-Puerto Rican 65th U.S. Infantry Regiment. The Chinese withdrew to the North, and from that point on the war wound down to the peace table. This was the final combat action of the hard-fighting 65th," its commander has written.

Gen. Douglas MacArthur said in Tokyo on Feb. 12, 1951: "The Puerto Ricans forming the ranks of the gallant 65th Infantry on the battlefields of Korea...are writing a brilliant record of achievement in battle, and I am proud indeed to have them in this command. I wish that we might have many more like them."

The unit was established March 2, 1899, as the Puerto Rico Regiment of Volunteer Infantry. It was reorganized and redesignated on July 1, 1901, as the Puerto Rico Provisional Regiment of Infantry. It became the 65th Infantry on Sept. 14, 1920.

The unit underwent several redesignations, inactivations and activations during the next 60 years until it was reorganized on Feb. 29, 1980, to consist of the 1st and 2nd battalions, elements of the 92nd Infantry Brigade of the Puerto Rican National Guard.

Armed Forces Information Service

## Ramblin' Sam

"How should our POW/MIAs be recognized?"



Char Morris, theater specialist, Community Recreation Division: "We should encourage U.S. Congressmen to keep open peaceful negotiations with the Vietnamese government for the release of POWs; and information about those MIA."



Col. James Phillips, deputy chief of staff, personnel, 63rd ARCOM, Los Alamitos, Calif.: "Obviously, the most important thing we can do is to have our POWs released; and, in regard to those missing in action, we should support their families when they need help."



SP4 Crystal Davis, personnel records specialist, COMPACT: "We should have a military ceremony, complete with a band, in honor of the POW/MIAs. And having a day (Sept. 18) designated for them gives honor as well."



Alan Lyon, budget assistant, Directorate of Resource Management: "That's a tough question, something I definitely have to sit down and think about. In our hearts and minds, though, we should think about them everyday."

## Letter to the editor—reaction to editorial on conduct

Last week you had the opportunity to read an article where one person gave his opinion of how to and how *not* to act like a soldier. The writer of that article witnessed an event where he saw, in his opinion, several soldiers clearly demonstrate how *not* to act like soldiers. I *disagree* with him. I was also at that event and I saw only one example of how *not* to act like a soldier.

The event was a brawl that broke out in the Labor Day softball tournament. I am not writing to justify the incident, I am writing to stand up for the men who stood up behind me.

When the commotion started, my friends saw a situation where I was getting the raw end of the deal. They did what soldiers are supposed to do. They took action. They also displayed teamwork and courage in coming to the aid of a fellow soldier. As the story stated, some of the soldiers defended

me while others tried to restore order, but all took action.

I should say, almost all took action. One soldier decided it was safer to sit on the bench—the author of last week's editorial. He was right about being a witness to the event...that's *all* he was. If he didn't like what was happening he had the opportunity to do something to remedy the situation. Instead of taking action he chose to judge others who *were* taking action.

Also, he stated in his article that we were bragging about the incident and distorting the facts. The whole situation erupted because of a misinterpretation. Those things usually happen in the heat of battle. The author of the story gave the impression that there were cold hard facts and he was the only one who knew what the facts were.

About the so called bragging: There was some

boasting but it wasn't about the brawl itself. We were bragging about how we all stuck together. Personally, I think teamwork is something worth bragging about.

Again I would like to state that I am *not* justifying what happened. I just think that my teammates were unjustly attacked [in print] and I just want to say that although the brawl may not have been right, my teammates were right in coming to the aid of a fellow soldier.

Michael Cahill  
SP4, U.S. Army

(Editor's note: Next week's Ramblin' Sam question—"What is soldierly conduct?")

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## Activities Day begins with Focus '88

Terry Lowry, San Francisco television personality, will highlight the kickoff of the annual Activities Day program scheduled for the parade ground beginning at noon Sept. 23.

Lowry, who for years had been the co-host of "A.M. San Francisco" along with her husband, Fred La Cosse, on KGO-TV, Channel 7, will join in festivities which will start the annual event.

A native of Oakland who has lived in the Bay Area all her life, Lowry will join Col. Joseph V. Rafferty, post commander, on the bandstand for opening ceremonies.

Long recognized for her interest and work in the Hispanic community, Lowry, whose mother is a native of Durango, Mexico, said that the Activities Day program has a "decided Hispanic flavor to it" which is personally pleasing.

Mariachi bands and Hispanic foods will be featured for the event which begins in the post theatre with Focus 88 at 10:30 a.m. and then proceeds to the parade ground. There a series of activities including potato sack races, the unit guidon race, izzy-dizzy race, closest-to-the-pin golf, board walk, pass the apple relay, unit/directorate tug-a-war, plus the ever-popular dunk tank.

On-going activities include volleyball, horseshoes, board games in the tent and a tantalizing salami toss.

All offices are expected to attend Focus '88.

Team activities begin at noon and the various races last until 4 p.m.

Throughout the day the Mariachi band will perform and food of various ethnic backgrounds will be available.

Food available from Hispanic countries will include:

**Changes** continued from page 1

wear name tags. Center management staff conducts random "walk-throughs" of the center. Additional unannounced inspections by the Directorate of Personnel and Community Activities as well as the Presidio's Inspector General are made on a regular basis.

"From December 1986 through May 1987, 130 Child Development Center personnel and school aged children received training in child

abuse prevention," according to Rafferty. "We will continue this program."

Other measures taken recently include a Sept. 3 visit by the Children's Self-Help Project, a private nonprofit organization. This group led a discussion group of school aged children and trained Child Development Center staff on how to talk to children about the current situation at the Center.

Rafferty concludes by saying that



Terry Lowry joins Col. Joseph V. Rafferty, post commander, for opening ceremonies of Activities Day.

**El Salvador** (Consular participation): Food—papas (fried meat turnover); drink—orchata (fruit milk shake);

**Puerto Rico:** Food—tamales (Puerto Rican style); drink—coquito (coconut, rum and cinnamon);

**Chile** (Consulate participation): Food—empanadas (meat pies); drink—tamarindo (fruit drink);

**Espana:** Food—Tortilla de patata (potato tortillas);

**Argentina:** Food—dulce de batata/membrillo (sweet potato paste/quince);

**Colombia** (Consulate participation): Food—pinolitos (ripe green bananas rolled in meat, dipped in egg batter and fried); drink—Colombian coffee; and

**Mexico:** Food—galletas (assorted cookies).

**Confirmed "dunk tank" celebrities will be:**

Col. Rafferty, 12:30 p.m.;  
Col. Gleichenhaus, 12:40 p.m.;  
CSM Carvalho, 12:50 p.m.;  
Lt. Col. Curtis, SJA, 1 p.m.;  
Mr. Morrison, DRM, 1:10 p.m.;  
Col. Devine, DLI-SF, 1:20 p.m.;  
Maj. Day, DPMTSEC, 1:30 p.m.;  
Lt. Col. Williamson, DLI-SF, 1:40 p.m.;  
Lt. Col. Razel, IG, 1:50 p.m.;  
Capt. Polomski, Ideas of Excellence, 2 p.m.;  
Mr. Gore, DOL, 2:10 p.m.;  
Mr. Sheffer, DOIM, 2:20 p.m.;  
Mr. Bowen, ADCFA, 2:30 p.m.;  
Lt. Col. Gilbert, HQ Command, 2:40 p.m.;  
Maj. Belin, DOIM, 2:50 p.m.;  
Col. Goff, DEH, 3 p.m.;  
Mr. Leu, CPO, 3:10 p.m.;  
Maj. Hoff, PMO, 3:20 p.m.;  
Capt. Martin, DPMISEC, 3:30 p.m.;  
Lt. Col. Meyer, DPCA, 3:40 p.m.;  
Lt. Col. Begley, DRM, 3:50 p.m.;  
Capt. Arthur, HQ Command, 4 p.m.;  
Capt. Thomas, HQ Command, 4:10 p.m.

"We are hoping that Activities Day, an authorized DoD activity, to which *all* military personnel and civilian employees of the post are invited to participate, will be a tremendous success," said Mark Gumbiner, Chief, Family Services Division.

"I believe the numerous actions taken to date, both large and small, have been comprehensive, practicable and effective toward the objective of taking every reasonable precaution to run a safe Child Development Center at the Presidio of San Francisco. We have received considerable assistance from Department of the Army, US Forces Command, and other outside agencies. I believe we have used that help well.

"We make frequent unannounced

visits to the facility to insure that our procedures are being rigidly followed. We welcome concerned visitors. We continue to make further improvements as practicable and meritorious ideas surface.

"Finally, the Letterman Commander and I believe that the quality assurance program we initiated using senior members of the medical staff at Letterman has the potential to make significant contributions here and throughout the Army."

## News Briefs

### Pharmacies computerize

During the period of Monday through Sept. 28, all military pharmacies in the San Francisco Bay Area, including Letterman Army Medical Center (LAMC), will undergo a major computer conversion. This will have a significant impact on the provision of pharmacy services during that time, probably resulting in longer than normal waiting times for prescription processing.

Furthermore, the computer will be *completely* shut down from noon Sept. 25 to noon Sept. 28, and the pharmacy will not be able to process any refill prescriptions, either called-in or brought-in, during that time. Only new prescriptions will be filled during that 72-hour period.

If you are due for a refill during this time, the LAMC pharmacy suggests that you come in to the pharmacy a week earlier to obtain your medications.

The pharmacy regrets any inconvenience this computer change-over may cause, but these modifications will improve the system so the pharmacy can provide better and faster service to you in the future.

Any questions concerning this matter should be addressed to a member of the pharmacy staff at 561-3069 or 561-2976.

### Recreation Center closes

Effective Sept. 18 the Recreation Center, located in the Green Room of the Golden Gate Community Club/NCO Club, bldg. 135, will close its doors.

Reservations for the Log Cabin (Community Center) will be handled by the Outdoor Recreation Branch, Community Recreation Division. For reservations and information call Michael Stieber at 561-4384 or 561-4324.

### Sixteen-inch softball

by Steve Morey

U.S. Army Garrison won the 16-inch Softball League Championship Sept. 3 when they defeated LCA, 21-2 at the Fort Scott softball fields.

The lopsided victory was fueled by Garrison shortstop, Mike Cahill, and pitcher, Daniel Walker. Cahill was three-for-five, including a double, triple and home run, and scored three runs in the leadoff batting position.

Walker provided four-hit pitching and added a couple of hits and two runs scored to help Garrison's offensive attack.

In order to get to the finals, Garrison beat perennial foe Sixth Army, 6-4, in the semifinals. In that game, Garrison scored all of their runs in the

first three innings and then played stellar defense to turn back Sixth Army.

See related story, page 9

### PSF Idea of Excellence

This week's idea comes from Jon H. Bode, USAISC. Bode is familiar with a practice used in other Civilian Personnel Offices (CPO) that he feels could be used here just as effectively.

Bode suggests that all local area jobs in CPO's reception area be placed in a binder marked "COMMUTING AREA". This is done in many other CPOs according to Bode, and the practice would help job applicants who are unwilling or unable to move or relocate.

The response to Bode's suggestion came quickly. As of Sept. 14, a new binder was in place in CPO's Job Information Center specifically for vacancy announcements from Federal agencies within the San Francisco Bay Area.

We know there are more suggestions out there—keep them coming. To submit your Idea of Excellence, just dial 561-IDEA, or visit the Presidio Ideas for Excellence office, bldg. 220, room 104.



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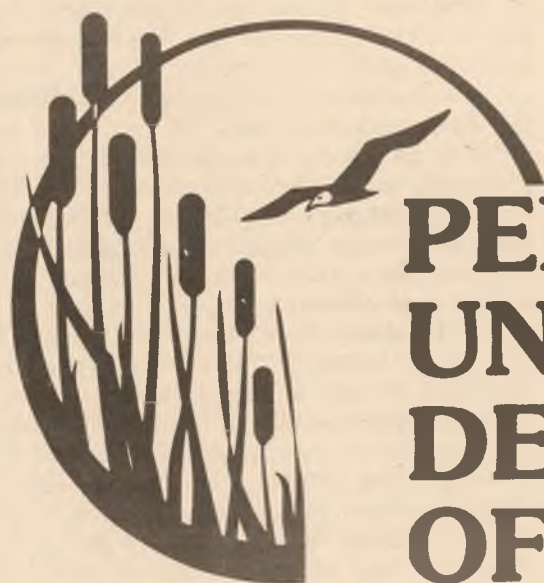
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# Facets

## Military develops new aircraft for all services

By Tom Joyce  
American Forces Information Service

A new aircraft that combines the best features of a helicopter and a turboprop airplane is undergoing full-scale development for final testing. Called a tilt-rotor, the aircraft could find its way into the armed forces inventory as early as 1993.

The V-22 Osprey is the first weapon system designed to meet the needs of each service. It can lift like a helicopter and has the high speed and long range of a turboprop aircraft.

During takeoff, the two wing-mounted engine rotors point upward and allow the Osprey to take off like a helicopter. Once airborne, the engines rotate forward — the maneuver takes less than 12 seconds — and the Osprey flies like a conventional aircraft. As a turboprop, the Osprey can cruise at more than 275 knots.

The Marine Corps, the first service scheduled to receive the new aircraft, will use its 552 Ospreys to replace 20-year-old CH-46E helicopters. This version of the Osprey will carry 18 to 24 Marines out to a 200-nautical-mile radius or external loads of up to 10,000 pounds. The Marine tilt-rotor will deliver



The Osprey weapon system is designed to meet the needs of each service.

two waves of Marines ashore in less than 90 minutes.

Marine Corps Col. Harold Blot, program manager for the V-22 program, outlined the aircraft's many features.

"The V-22 will fly twice as far as the CH-46 in the same amount of time without refueling. The engines can carry the same load in hotter weather at higher altitudes. It can fly at low levels at night and has the power and lift capability to climb over or go around bad weather," Blot said.

Blot said that any aircraft that performs the mission of the Osprey is guided by three principles:

- ☐ Don't get shot;
- ☐ If you do, stay in the air; and
- ☐ If the first two fail, be able to walk away.

When flying like an airplane, said Blot, the Osprey makes only one-fourth the noise of a CH-46, but flies twice as fast. "Most helicopters get identified and shot at because of the noise they make," said Blot. What this means is that

enemy gunners will have only one-eighth of the attack time they have had with the CH-46.

The Navy, executive agent for the program, intends to purchase 50 of the aircraft for combat search-and-rescue. They will also be used to retrieve special warfare units. The Navy HV-22A will be able to fly within a 460-mile radius and be able to rescue up to four people.

The Air Force is scheduled to buy 80 CV-22A Ospreys for use in special operations missions. This Osprey will carry up to 12 troops over a 500-nautical-mile radius.

The Army will use 231 MV-22s to augment its medium-lift force and for medical evacuation.

The Army and Air Force are scheduled to begin receiving Ospreys during fiscal 1994, while the Navy and Marine Corps will have them as early as fiscal 1993.

The tilt-rotor, which began through Department of Defense/NASA-sponsored research and development in the mid-1950s, is technology unique to the United States. The culmination of more than 30 years of research, the Osprey is an aircraft Blot said will fulfill critical requirements in each service.

### What people don't see

## Gospel service celebrates anniversary in Ft. Scott Chapel

by Pleasant Lindsey

Newcomers to the Presidio might be alarmed at the feelings that many in the Bay Area community have about the military. Although Presidio troops actively participate in community functions (by request no less) the military in general tends to receive a bad rap.

But Presidians are proud to participate when the community calls on them, and with good reason. We are citizens, too.

But did you know that the Presidio is becoming known for more than parades, ceremonies, and being the Headquarters of Sixth U.S. Army?

One of the Presidio activities that San Franciscans are becoming aware of is sponsored by the Chaplains Office—namely, the Fort Scott Gospel Service.

The Fort Scott Gospel Service is designed to be a church away from home. Guided by the Rev. Douglas Landrum, the service promotes fellowship, Bible studies, evening prayer services and a youth ministry.

"Through the gospel service we are trying to offer the variety of fellowship opportunities that many Presidians experienced in their churches at home," said Landrum, who is an ordained minister as well as an education counselor (sergeant first class) at Letterman Army Medical Center. "Our motto is 'Save one through Jesus Christ.'"

Interestingly, the present worship service evolved from a much smaller role.

The fellowship began as a weekly Bible study group. The study group was structured to aid the spiritual growth of soldiers of the Presidio and their family members. As the spiritual bond of the

group's members grew stronger, the fellowship progressed into a Sunday afternoon worship service in the Fort Scott Chapel.

In fact, the gospel service is still growing.

Landrum said he brings the worship service to the attention of others and personally asks soldiers to attend the service. Landrum said the service is open to the entire Presidio community. "The members come from various Protestant backgrounds, which gives the service a special flavor, yet makes it nondenominational," he said.

In fact, it is that special flavor that separates the Gospel Service from other services.

"Technically, a Gospel service is a general Protestant service," said Chaplain (Col.) David W. Hoh, Sixth U.S. Army. Hoh has worked with Gospel services in the past, particularly during the period when he served as the Presidio's Post Chaplain.

Hoh said Gospel services tend to work a little differently than many Protestant services.

"Gospel services tend to be a bit longer than other church services, and yet the services seem to be more exuberant," Hoh said. "For instance, the Gospel Service here on post has been going very well. The service gets good participation from soldiers on post, and they cooperate with other worship services on post as well as with churches in the San Francisco community."

It is enthusiasm such as this that helps to make the Presidio known throughout the city.

When Landrum visits churches in San Francisco the Gospel Service's choir or deacons sometimes accompany him. And one of the first things he mentions during those visits is that the

people accompanying him are mostly soldiers in the U.S. Army.

This is a different view of the Army than many people are accustomed to.

When someone says the word "army" most of us probably think of foot soldiers, and little else. But the freedom of religious worship is guaranteed in the United States Constitution, and the Army (especially the post chaplains of the Presidio of San Francisco) takes an active part in providing its soldiers with generous opportunities to fulfill their religious needs.

Thus, the Gospel Service has found its niche on the Presidio.

"The service has a definite place on a post like the Presidio," Hoh said. "The members function well as a tight-knit unit and their success should be encouraged."

Success appears to be one of the major goals of the Gospel Service.

"We are always looking for new people who would like to worship with us, lend us their voices in song, or who are just looking for a church home away from home," Landrum said.

"Our goal is to bring one new person to worship service each Sunday."

To celebrate the success of their mission the Fort Scott Gospel Service will mark their first anniversary on Sept. 27 at 3 p.m. The service will include speakers and choirs from churches in the San Francisco community and will conclude with dinner in the Log Cabin.

Apparently, when someone uses the phrase "citizen soldier" San Franciscans need look no further than the Presidio to find good examples.





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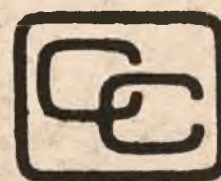
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# USMEPCOM Western Sector proves Constitution is alive



Civilian workers stand in awe of the colorful, uniform manner in which Headquarters, Western Sector USMEPCOM presented its Oath of Reaffirmation ceremony.

story and photo by Steve Morey

San Francisco City Hall lunchtime passers-by, Sept. 10, were treated to a ceremony in which multiservice personnel reaffirmed their commitment to the U.S. Constitution.

Members of Headquarters, Western Sector U.S. Military Entrance Processing Command (USMEPCOM), resplendent in the colorful uniforms of their respective service, were issued the Oath of Reaffirmation by Navy Capt. B. A. MacDonald, Western Sector Commander.

The Oath of Reaffirmation closely resembles that of the *reenlistment* oath which MacDonald administered to Western Sector's CSM Jerry S. Sodosky.

The reenlistment oath is the pledge all prospective armed service personnel take upon entering either the Army, Navy, Marine Corps or Air Force.

MacDonald was flanked by the colorful flags of the four military branches; the U.S. flag; the California state flag; and the USMEPCOM flag.

Additionally, the Sixth U.S. Army Band played a variety of musical numbers, including the four service songs, the theme from *Patton*, and closed with a stirring rendition of the theme from *Rocky*.

MacDonald also spoke about the U.S. Constitution and how important it is that Americans remember the foundation of the Constitution.

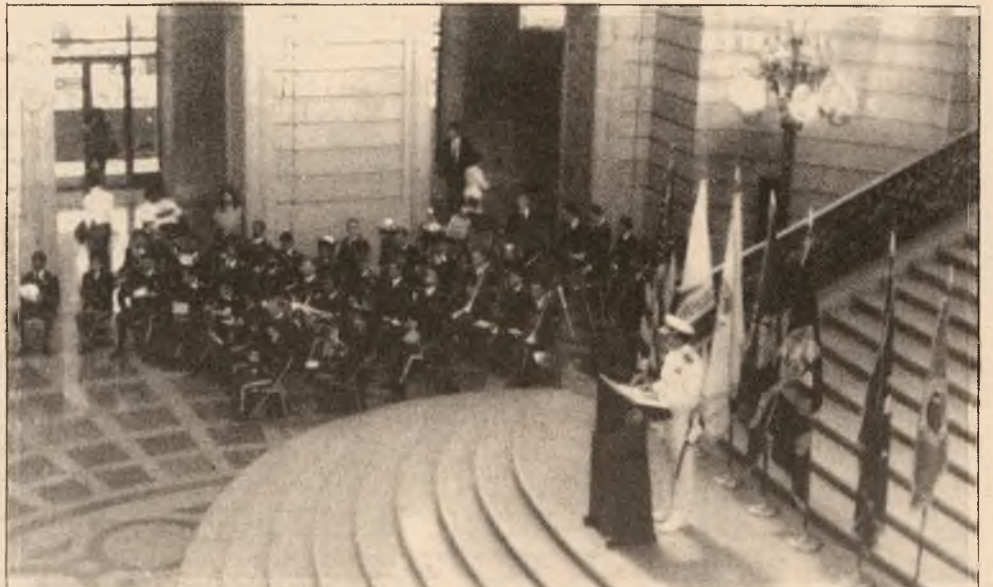
"The 'common defense' clause of the Constitution is essential to the very foundation of our country's principles," MacDonald said, "and must be provided, not merely promoted."



CSM Jerry S. Sodosky reenlists as City Hall employees look on.



Members of Headquarters, Western Sector USMEPCOM recite the Oath of Reaffirmation with hands raised.



The Sixth U.S. Army Band waits for its cue as Navy Capt. B. A. MacDonald points out the importance of the Constitution.



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# Sports

## Football kicks off Commander's Cup series



Quarterback Cedric Archie, 864th Engineers, Team No. 2, evades USAG's Rick Theilen (left) and Brian Hutwagner (right). 864th won 19-7.

story and photo by Steve Morey

Corps of Engineers (COE) scored a last-second touchdown to defeat DLI, 28-22, to open up play Sept. 15 in Presidio's Intramural Flag Football League at Fort Scott Athletic Field.

With 22 seconds remaining in the game and his team down, 22-21, COE quarterback, Philip Carr, flipped a short pass over the middle to receiver Scott Bloomer, who was running a crossing pattern near DLI's goal line.

Bloomer took the pass in stride and, avoiding the outstretched arm of a defender, raced into the end zone to lift his team to a thrilling come-from-behind victory.

COE could not convert the extra point.

DLI had gone ahead, 22-19, on a 35-yard pass-and-run from quarterback Anthony Brown to receiver Barzelle McKinney.

McKinney twisted and churned his way across the field, crossing COE's goal line with 4:00 to play in the 3. DLI converted the extra point a pass, good for one point.

COE received the kickoff and marched down the field under the guidance of Carr's passing and running. Carr was intercepted in the end zone by DLI's John Simmons but, instead of downing the ball for a touchback, Simmons tried to run out of the end zone.

Simmons fumbled the ball in the end zone for a safety, and then DLI had to punt the ball back to COE.

From midfield, COE mounted its attack for the winning touchdown drive which had the COE bench whooping and hollering with delight on every play.

### Next week's schedule

#### Tuesday

LEC vs. Co. A, LAMC, 5:30 p.m.;  
Co. C, 864th Engineers vs. LAMC, 6:30 a.m.;  
LAIR vs. USAG, 7:30 p.m.

#### Thursday

6th U.S. Army vs. DLI-SF, 5:30 p.m.;  
Co. C, 864th Engineers No. 2 vs. USAISC, 6:30 p.m.;  
Co. C, 864th Engineers No. 1 vs. COE, 7:30 p.m.

### Five in a row!

## USAG clinches '87 cup by 39 points

Headquarters Company, USAG sports teams clinched the 1987 Commander's Cup Championship for the fifth consecutive year, finishing about 40 points more than their nearest competition, Company B, LAMC.

The last sports event which counted in the Cup standings was the Presidio Tennis Tournament, held Aug. 21 to 30; but USAG appeared to run away with the title *before* the tennis tournament began.

Commander's Sports Cup Points were awarded for:

- Participation in each sport.
- Attendance at clinics and organizational meetings for each sport.

• Final league standings and order of finish for team and individual type sports.

• Participation on Post Level, All-Army and higher level competition.

The Commander's Sports Cup competition begins with each flag football season. Other sports are basketball, December through March; cross-country race, November; volleyball, March through May; racquetball, April; softball, May through September; and tennis, August.

### Final standings

Team	Points
USAG	193
Co. B, LAMC	154

LEC	140
Co. A, LAMC	104
LAIR	81
6th U.S. Army	75
USAISC	70
Co. G, DLI-SF	55
6th U.S. Army Band	54
16th AG (Postal)	54
Co. H, DLI-SF	51
SF MI	49
Co. D, 864th Engineers	45
DENTAC	30
MEPCOM	28
Readiness Group	25
6th CID	21



**HELLO-O-O, again, everybody...**my first set of published predictions were not too successful, although I *did* pick the "Upset of the Week" correctly when the Cardinals mauled the Cowboys. Due to limited space, not all of my predictions can be printed each week. All of my other guesses...er, I mean, my enlightened predictions, were completely correct...take my word for it! After watching the highlights of

## Jimmy the Freak's picks of the week

several games this past weekend, I got the distinct impression that a lot of players are keeping one eye on the football, and the other on the strike line that's being formed to the left. Wise up, guys...don't be bullied into doing something that kills the sport just because a bozo ex-lineman who was stupid enough to work for Al Davis for over a decade says it's the right thing to do. Davis should have made the guy wear a helmet, don't ya think??

**San Francisco 27, Cincinnati 20**

The 'Niners will do to the Bengals what their baseball counterparts did to the Reds...let'em get close, then break their hearts. Bill Walsh will get the team sky-high, or else look for massive changes in the starting line up.

**Chicago 31, Tampa Bay 9**

Steve DeBerg may have gotten five touchdown passes last week, but

that was against the Falcon Atlanta team, not the Big Boys from Chicago. If you really think that the Bucs have any chance at all in this game, I want to talk to you about some beachfront property outside of Reno!

**Denver 41, Green Bay 10**

Speaking of routs...this game has all of the markings of another "Massacre in Milwaukee". Forrest Gregg must feel like Custer did when he told his men not to take any prisoners. Poor Coach Gregg...his best players are either in jail, or should be.

**Cleveland 27, Pittsburgh 17**

What you are seeing here is not a case of sour grapes...the Steelers were lucky to catch the 'Niners in a self-destruct mode. If Pittsburgh had to rely on their own offense to win games, then Coach Noll would be looking for another quarterback in a

hurry. Mark Malone is to professional quarterbacking what Joan Collins is to marital stability.

**Washington 30, Atlanta 10**

If the Falcons play as badly against a good team like the Redskins as they did against the lowly Bucs last week, then a disaster of major proportions is likely. General Sherman will seem like Mother Theresa in comparison to what the 'Skins defense will do to David Archer and company.

**Upset of the week:**

**Detroit 24,**

**LA Irwindraiders 20**

Chuck Long is due for a big game, and the Raiders are due for a letdown. After all, that was only the Green Bay Pack-'em-up-and-forget-'ems that they beat last weekend. Al Davis and Los Angeles...talk about your "trash sports".



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# Community Calendar

## YA fall classes

Youth Activities is sponsoring a number of classes this fall. Most classes start this week. Classes include **Karate**, held on Mondays and Wednesdays, from 6 to 7 p.m. at Gym No. 2. The class costs \$20 for eight lessons.

This is one activity that will tone and strengthen the body, but there's more. Youth Activities also sponsors dance classes.

**Pre-ballet** is offered on Mondays at the Log Cabin at 1 and 2 p.m., and 3 p.m. for returning students. This class costs \$18 per month. **Tap Dance** is also offered on Mondays at the Log Cabin at 4 p.m. and costs \$24 per month to attend.

**Ballet** will be held at bldg. 1390 on four levels of difficulty:

- Beginners on Fridays from 4 to 5 p.m. at a cost of \$30 per month;
- Beginners up to two years of experience on Tuesdays from 4 to 5 p.m. and Fridays from 5 to 6 p.m. for \$36 per month;
- Intermediate level on Mondays, and Thursdays from 4 to 5 p.m. for \$36 per month; and
- Point shoes on Mondays, Tuesdays and Thursdays from 5 to 6:15 p.m. for \$42 per month.

Starting Saturday, **Jazz Dance** will be held in bldg. 1390 (the building that sits west of the Fort Scott Chapel). The 1 p.m. classes will be for ages 6 through 12, and the 2 p.m. classes will be for ages 13 through 18. The charge is \$15 for six lessons.

For more information about dance classes, call Youth Activities at 561-5143 or stop by bldg. 1331.

## Parent Effectiveness class

Child Development Services will offer Parent Effectiveness classes beginning Sept. 30, from 7 to 9:30 p.m. Classes will be held at the Child Development Center, bldg. 563. The 24 hours of instruction (10 sessions) will focus on listening skills (yours and your child's), problem ownership, active listening, and problem solving. Karen Jupe, director, Family Child Care Services, will instruct the class. Registration is being accepted at the Family Child Care Office, bldg. 567, or at the reception desk in bldg. 569. For additional information call Jupe at 561-4712.

## Swimming, tennis

Swim classes will begin at the Post Swimming Pool on Saturdays star-



photo courtesy Gus Bower Productions

## Transamerica Open

Jimmy Connors is only one of many celebrities to be seen at the Transamerica Open Tennis Tournament being held at the Cow Palace. The ITT Office has discount tickets for the Semi-finals on Oct. 3 at 1:30 p.m. The price is \$13, reduced from \$15 for Dress Circle seating. ITT is located in bldg. 135, in the left alcove off the main lobby. Operating hours are Tuesday through Saturday, 9:30 a.m. to 1 p.m. and 2 to 6 p.m. Call 561-3992 for more information.

ting Sept. 26. Classes will be held at 9, 10 and 11 a.m. for all levels. All classes will be conducted under the American Red Cross guidelines. The classes cost \$30 for 10 lessons.

Tennis classes will be held at the Fort Scott Tennis Courts on Mondays and Wednesdays. The beginner's class starts at 4 p.m., and the 5 p.m. class will be for intermediate students. The classes begin Monday and cost \$20 for eight lessons.

To find out more about these classes call the Youth Activities Center at 561-5143 or visit the center in bldg. 1331, in the Fort Scott area.

## Swim instructors, lifeguards needed

Youth Activities is looking for qualified swim instructors and

lifeguards for their fall Swimming Program. If you hold a W.S.I. Certification, advanced lifesaving, first aid, and CPR certification, then you may be eligible to work this position. These are paid part-time positions. Those who are interested should call Youth Activities at 561-5143 or 561-5910.

## Youth soccer

Youth Activities is looking for a few more soccer players and volunteer coaches to help strengthen its teams. If you have the energy, they have the slot for you!

Leagues are formed for age groups 4 and 5, 6 and 7, 8 and 9, 10 and 11, and 12 and 13.

Registration for ages 8 and older is only \$20; the younger age groups can participate for \$13.50.

*Need to have repairs done in your quarters? Just dial 561-4505! That's the new number for the DEH Workorder Desk. And, they are staffed around the clock to allow you to call any time, day or night.*

Be sure to bring a copy of your child's birth certificate and a one-by-two-inch photo when you come to register.

For more information, call Youth Activities, bldg. 1331, Fort Scott area, at 561-5143 opr 561-5910.

## Basketball coach needed

The Sports Branch, CRD is seeking qualified individuals to coact either the Post Men's or Women's Basketball Team during the upcoming season. Please contact the Sports Branch office at 561-4120 or 561-5032.

## Golf lessons

Get involved in a lifetime sport. Free golf lessons for beginners are being offered by the Sports Branch for soldiers assigned to the Presidio.

Sign up by calling the Sports Branch at 561-4120 or 561-5032.

## LAMC Cancellation service

LAMC has installed an answering machine in Patient Appointment Service that allows patients to cancel appointments during evenings, holidays and weekends.

The appointment will be cancelled the same or next duty day. The number for the recorder is 561-5945. All patients are urged to use the new cancellation service so that appointments can be offered to other patients who have an immediate need for an appointment. However, patients won't be able to use the recorder to reschedule appointments.

"Patients will still have to call the Patient Appointment Service to make a new appointment," Reid said. The numbers to call for making appointments are 561-5324 or 563-5324.

## Run for your life program

An incentive awards program is available to all runner's on post. The Run For Your Life program rewards runner's as they accumulate daily miles toward specific mileage goals. Colorful patches and certificates are given for 50, 100, 200, 300, 400, 500, 750, 1,000 and 2,500-plus miles. Runners keep their own log sheet and can accumulate up to five miles a day credit.

Further enhance your running in our runner's paradise by signing up at Gym No. 1, bldg. 63 or by calling 561-4120.

## At the movies

### Presidio Theatre

Fri, Sept. 18	Full Metal Jacket (R)	7 p.m.
Sat, Sept. 19	Spaceballs (PG)	7 p.m.
Sun, Sept. 20	Spaceballs (PG)	7 p.m.
Mon, Sept. 21	Spaceballs (PG)	7 p.m.
Tue, Sept. 22	Who's That Girl (PG)	7 p.m.
Wed, Sept. 23	Northshore (PG)	7 p.m.
Thu, Sept. 24	Revenge of the Nerds: Nerds in Paradise (PG-13)	7 p.m.

### Schwartz Theater

Mon, Sept. 21	Full Metal Jacket (R)	7 p.m.
Wed, Sept. 23	Spaceballs (PG)	7 p.m.
Thu, Sept. 24	Who's That Girl (PG)	7 p.m.

### Hamilton Theater

Fri, Sept. 18	No Mercy (R)	7 p.m.
Sat, Sept. 19	Return of the Pink Panther (G)	1 p.m.
Sat, Sept. 19	No Mercy (R)	7 p.m.
Fri, Sept. 25	Where the River Runs Black (PG)	7 p.m.





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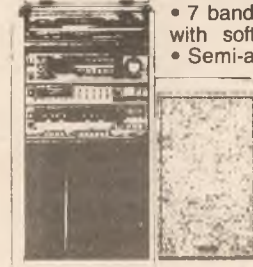
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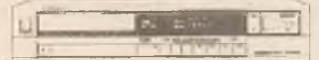
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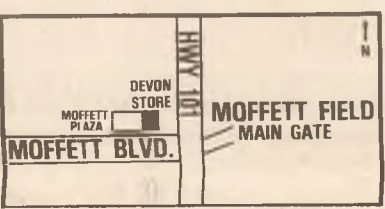
All entries for THIRD WEEK OF CONTEST must be received by close of business Friday, September 25th, 1987. No purchase necessary.

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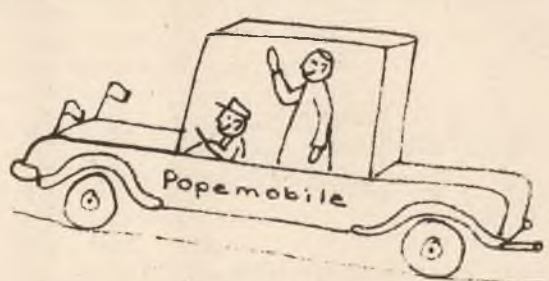
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Expires October 15, 1987



Pope John Paul was on the post yesterday, but he didn't have time to stop in at the Officers Club for some of that good food!

Today while he is celebrating Mass at Candlestick Park, you can have your own celebration in our dining room. In fact, why not celebrate today, tomorrow and Sunday and by all means spend at least one of those days having dinner at the club. Should someone ask why you're there, you tell them, John Paul sent you.

We join the Presidio and the City of San Francisco in welcoming Pope John Paul II to our paradise by the Bay.

**Presidio of San Francisco Officers' Club**

Call for reservations

921-1612



**Payday:** dates change  
for soldiers, civilians,  
page 3

**Soldiers:** new  
protection for Army,  
page 5

**Pope:** Pontiff  
enters city via post,  
page 7

# Star Presidian

Vol. 30, No. 38

"Published in the interest of the people of the Presidio of San Francisco."

Sept. 25, 1987

## Fire guts historic site, building destroyed

story and photo by Pleasant Lindsey

A two-alarm fire roared through one of the post's historical sites around dawn Sept. 22, disrupting family services and leaving close to \$750,000 worth of damage in its wake.

The early morning fire gutted the offices of Army Community Services (ACS), bldg. 566, Ruger Street, destroyed files and office equipment, and injured nine firefighters.

The fire was caused by a faulty electrical system.

"An electrical outlet shorted out," explained Assistant Chief Eugene Day, Presidio Fire Department. "The electrical fire smoldered for a few hours before it could be detected. But there was enough of a draft coming in from beneath the floor of the building that the heat quickly transferred to an open flame."

The fire was first reported to the Presidio Fire Department at 4:45 a.m. Day said the fire department received a number of calls about smoke in the area, plus a call from the San Francisco Fire Department saying that they had received similar calls.

"We rolled on a smoke investigation alarm and the San Francisco team rolled simultaneously," Day said. "We had two engines and one rescue vehicle at the scene, and San Francisco sent two ladder trucks and three engines total."

Day said the fire was a two alarm blaze, but two of the San Francisco engines stood by as a precaution. The fire was brought under control at 5:45 a.m., and the mopping-up operation continued for about another hour-and-a-half. The fire took its toll on firemen as well.

Nine firemen were treated for injuries, most of them smoke related.

Presidio fireman Stanley Williams suffered steam burns, cracked ribs and lacerations when the fire took a turn for the worse.

"The fire managed to get behind us," Day said, "and fireman Williams was forced to jump through a window to safety. Another fireman broke his fall, but Williams still had to be taken to Letterman Army Medical Center (LAMC) for treatment."

A second Presidio fireman, Britton Smith, was found to be suffering from burns and severe smoke inhalation and was sent to his personal doctor for



Presidio firemen vent the roof over what is left of the Army Community Services building. The fire, which was caused by a faulty electrical outlet, left close to \$750,000 worth of damage in its wake.

treatment. He is now on medical leave. Five other firemen, including one from the San Francisco Fire Department, were treated for slighter degrees of smoke inhalation, and another San Francisco fireman was treated for a sprain.

But, considering what they had to put up with, Day described the firefighter's actions as heroic.

"One of the first things we did when we arrived on the scene was to protect the exposure of the adjacent building," Day explained. "We contained the fire to the building of origin. There was no damage to any other structure."

But the damage to the ACS building was

dramatic. Only the day before, the building housed the administrative offices of the Army Family Advocacy and Army Emergency Relief programs, financial planning and retiree services, and the Presidio Mayors program. After the fire, all that remained was a charred crumbling shell. Furniture and office equipment were completely destroyed.

The wood-sided structure had been built around 1903. Replacement value for the building itself was determined to be about \$600,000. The contents of the building were estimated to be worth another \$140,000.

## News Briefs

### Commissary groundbreaking

The groundbreaking ceremony for the new Presidio Commissary will take place Thursday at 2 p.m. behind the old Four Seasons Store on Old Mason Street (just west of the PX).

The ceremony's participants will include the post commander, Col. Joseph V. Rafferty; Lt. Gen. James E. Moore, Jr., Sixth U.S. Army commander; and the Sixth U.S. Army Band.

Although the construction work has already begun, this will be the official groundbreaking ceremony. All Presidians are welcome to attend.

### Bridge-to-Bridge Run

On Sunday, the annual "Bridge-to-Bridge" Run

will be held. The run is held by KNBR-Radio for the benefit of the Special Olympics and attracts up to 7000 Bay Area runners. Part of the race's route passes through the Presidio. Presidians should be alert to the passage of these runners between 9 and 11 a.m. in the Crissy Field area and along Lincoln Boulevard between the Post Headquarters building and McDowell Avenue. Roads will not be closed, but traffic may be slightly delayed during the hours of the race.

### Thrift shop news

The Thrift Shop, located in bldg. 204, is open Tuesday, Wednesday, Thursday, from 10 a.m. to 2 p.m., and the first Saturday of each month from 10

a.m. to 1 p.m. Eligible consignors are reminded the consignment desk closes one hour prior to the Thrift Shop closing time. Everyone is welcome to buy.

For more information, call 922-3384.

### Flea Market

The Thrift Shop Flea Market is scheduled for Oct. 3. Bring a table, valid military I.D. card and rent a vendor space for \$5. An additional fee will be collected for extra space.

### Uniform wear-out dates

The following clarifies the information published in **Briefs on page 3**



# Voices

## Red Cross works through your strong support

The Combined Federal Campaign is coming soon. Red Cross could use your help.

In 1986 the American Red Cross spent more than \$69 million to meet the needs of the nation's armed forces, veterans, and their families, according to RoseMary Jurney, Station Chairman, Letterman Army Medical Center (LAMC), Presidio of San Francisco, American Red Cross.

More than 2.4 million services were provided to military personnel, veterans and their families by nearly 47 thousand volunteers (including federal employees). Approximately \$20 million was given in direct financial assistance through the program. Locally, 89 servicemembers were loaned \$36,230 while 29 servicemembers were given grants totaling \$11,457. According to RoseMary Jurney, in-

dividual assistance to military personnel and their families is a responsibility mandated to the Red Cross by Congress.

The Red Cross provides a wide range of services to military personnel and their families, including helping to solve personal and family problems, relaying emergency messages such as the verification of the need for emergency leave, providing financial assistance for emergency travel, and helping with emergency transportation.

The funds used to provide these services come entirely from voluntary contributions. These services are also dependent upon the volunteer support given by the many military personnel, government employees, and their families on military installations.

American Red Cross volunteers at LAMC

served 36,743 hours to assist service members, veterans and their families, according to Jurney. More than 40 newly-recruited volunteers joined the Red Cross last year and received special training to qualify them to serve as volunteers in the following areas: blood services, nursing, youth, health and safety, and more. Worldwide, 46,815 volunteers gave their time to the American Red Cross Services to the Armed Forces and Veterans program.

"It should be pointed out," said Jurney, "that the American Red Cross is totally dependent on individuals for contributions of time and money. The Red Cross receives no government funds to support these services."

## Ramblin' Sam

"What is good soldierly conduct?"



Sgt. Holly Grabow, physical security inspector, Provost Marshal's Office: "Soldierly conduct means carrying myself with pride and dignity while in uniform and also in civilian clothing."



Freda Wright, housewife and jobseeker: "Soldierly conduct would be for someone who wears his uniform well and takes pride in the duty he performs; and who makes his meetings on time as well."



George Weippert, management analyst, DCSREM: "Soldierly conduct is, simply, good citizenship conduct. Plus, a soldier is highly visible to the community. He represents not only the Army, but his country."



SP4 Elvis Williams, protocol driver, Sixth U.S. Army Protocol: "I think soldierly conduct would mean showing discipline and respect to persons with higher rank than myself and carrying myself in a 'good conduct' fashion."

## Absentee ballots make your voice heard

by Linda D. Crenshaw  
Legal Assistance Officer  
Office of the Staff Judge Advocate

This year we celebrate the bicentennial of the United States Constitution. The Constitution created a system in which the power flows from the people to the state. We, the people, power the nation.

Soldiers and their families protect the freedom and plentitude of our nation each day in the performance of daily duties, maintaining a strong defense. We must also protect our freedom and plentitude by refueling

the nation from within. Our votes are the fuel that powers the nation.

As we celebrate the birthday of the Constitution, we reflect upon the power of our vote. As soldiers away from home we must prepare for voting by requesting absentee voter registration forms and ballots. Now is the time to make these requests and the following are some things you will need to consider as you apply for your absentee ballot.

Send your request for forms and ballots to your state of legal residence; your unit voting officer or the Legal Assistance Office can pro-

vide you with the proper address. Your legal residence for voting purposes is the state where you have a true, fixed, and permanent home or ties, and to which, whenever absent, you intend to return. It is the address that generally ties you as the voter into the precinct in which you intend to vote; the proper term for legal residence is "domicile." You can only have one domicile, although you may have several residences. Residence is a temporary place, while your domicile is your permanent home. Your legal residence is your state of domicile, your permanent home.

Many soldiers no longer have an address of their own in the state that they claim as their domicile. Someone in this situation should use the last address they had in their state of domicile.

It should be noted that if you are claiming to have a domicile in a specific state for voting purposes, you also may be declaring yourself a legal residence (domiciliary) of that state for purposes of state income tax. Should you have any questions regarding your state of legal residence, call the Legal Assistance Officer at 561-4273.

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Editor SP4 Pleasant Lindsey III  
Assistant Editor SP4 Steve Morey

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## Etc.

# Pay dates change for post soldiers, civilians

Beginning with the September end-of-the month pay period, soldiers will be paid on the first day of the following month, rather than on the last of the pay period month.

This change is mandated by Congress and will affect all active-duty servicemembers.

The military services will be authorized to advance paydays up to three days when the first day of the month falls on a weekend or holiday, except for the month of September. Permitting payment on a preceding workday for the September pay period may be authorized only by the office of the Secretary of Defense.

The first 14 paydays under the new requirement include the following for 1987:

Pay Period	Payday
September	Oct. 1—Thursday
October	Oct. 30—Friday
November	Dec. 1—Tuesday
December	Dec. 31—Thursday
May	June 1—Wednesday
June	July 1—Friday
July	Aug. 1—Monday
August	Sept. 1—Thursday

September.....Oct. 3—Monday  
October.....Nov. 1—Tuesday

Mid-month payments will not be affected. Taxable wages will continue to be based on the 12 pay periods covering the January-through-December paydays.

Army personnel officials say the new schedule of dates will affect the delivery dates of allotment checks, causing some arrival dates to be a day or two later than arrival dates under the current system.

As a result of these changes, officials say soldiers should be especially careful in handling personal finances. For example, the funds for the September pay period will not be deposited into soldiers' accounts until Oct. 1. Any checks written ahead of that date, in anticipation of funds being deposited by Sept. 30, could bounce, causing problems for soldiers in their personal finances.

## Civilians

Department of the Army has directed a standard civilian payday for all DA employees based on several operational and internal control considerations. These include the new reporting re-

quirements of the Thrift Savings Plan and the Federal Employees Retirement System, as well as reducing overtime in the Civilian Pay Section. The payday will be the 12th calendar day following the close of the pay period. (It is currently the 10th calendar day.) Checks will be dated for payday. This policy will be implemented for employees paid by the Presidio Finance Office on the pay period ending Oct. 24, 1987. Checks that would have been received on Saturday or Monday (Oct. 31 or Nov. 2) should be received on or about Tuesday or Wednesday (Nov. 3 or 4). These checks will be dated Nov. 5, 1987. The paydays for the rest of the calendar year are as follows:

Pay Period Ending	Payday
Sept. 26	Oct. 6
Oct. 10	Oct. 20
Oct. 24	Nov. 5
Nov. 7	Nov. 19
Nov. 21	Dec. 3
Dec. 5	Dec. 17
Dec. 19	Dec. 31

For more information, call the Pay and Examination Branch at 561-5803.

## TAKE A BITE OUT OF CRIME

### Bicycle safety

For a number of years now, the bicycle has been undergoing a phase of popularity. More and more people are discovering that you cannot beat the bike for convenience, exercise, fun and transportation without causing air pollution and without the cost of

gas, insurance, or maintenance.

As a cyclist, you can enjoy a lot of advantages but careless behavior can cause those advantages to turn into problems. Be responsible for your own safety.

- Know and obey traffic laws.
- Plan safe routes.
- Inspect your bike for mechanical problems and repair them.
- Wear highly visible clothes and a helmet.
- Drive on the right side of the road with the flow of traffic.

- Anticipate weather conditions.
- Use hand signals to let others know your intentions.
- Use a rucksack, carrier or basket when carrying articles.

By following these tips and constantly analyzing the conditions around you, you have the tools to make the necessary decisions and adjustments to avoid conflicts with objects and other vehicles.

Also, protect your investment by registering your bike with the

Military Police Vehicle Registration Office, first floor, bldg. 36. EVERY TIME that you leave your bike **LOCK IT!**

For more information contact the Crime Prevention Office at 561-5011.

## Crime report

- Two soldiers were apprehended for being A.W.O.L.
- One mailbox was destroyed by vandalism.
- There was one report of fire.

## Briefs continued from page 1

ed in the Aug. 1987 edition of the Army Personnel Bulletin:

The OG-507 and OG-107 (Female) fatigues, shown in Chapter 31, AR 670-1, Wear and Appearance of Army Uniforms and Insignia, are no longer authorized for wear after Sept. 30 (Wednesday).

The OG-107 jungle fatigues which soldiers have bought to wear as a personal uniform item are no longer authorized for wear after Wednesday. Those OG-107 jungle fatigues issued as organizational uniforms by the commander will continue to be authorized for wear when prescribed by the issuing commander. There is no wear-out date for the organizational OG-107 jungle fatigues.

The Army authorized females to wear the pants to the old AG-344 pantsuit and the skirt to the old AG-344 uniform to be worn as Class B uniforms (Paras 16-8 and 16-10, AR 670-1). These uniform items will no longer be authorized for wear after Wednesday. As of Thursday, females will be required to possess one AG-344 Class Jacket, two AG-344 classic slacks, and two AG-344 skirts. The classic slacks and skirts are authorized to be worn as Class B uniforms. The old pants to the pantsuit are easily identifiable because of the side zipper and flared bottoms.

Soldiers with questions should go through their Chain of Command.

## Attention Army mechanics

Are you interested in being certified by the National Institute for Automotive Service Excellence (NIASE)? You need two years of hands-on experience (or a combination of education and experience) and passing scores on a set of tests. The Fort Scott Education Center will order the tests which you can take the week of Nov. 10. You must order the tests by Tuesday.

To be certified as an Auto Mechanic you must pass tests in engine repair, engine performance, suspension and steering, brakes, automatic transmission/transaxle, manual drive train and axles, electrical systems, and heating and air conditioning for a cost of \$90. Truck Mechanics must pass tests in gasoline engines, diesel engines, electrical systems, drive train, brakes, and suspension and steering for a cost of \$70. Certification tests are also available in Body Repair and Painting and Refinishing.

Call or see your education counselor at Fort Scott, bldg. 1216, 561-2974, or LAMC bldg. 1007, 561-4030.

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Classes will be held on Oct. 13, 20, 23 and 27, from 6:30 p.m. to 9:30 p.m. at the Community Center (Log Cabin), bldg. 1299. The day hike to the Marin Headlands is on Oct. 24. Backpacking trips will be Oct. 30 & 31 and Nov. 1.

Cost for the classes, day hike and weekend backpacking trip is just \$100, payable upon sign-up.

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# Soldiers

## New masks fit better, have two voicemitters

by Tom Joyce

American Forces Press Service

Army and Marine Corps personnel will begin receiving new chemical and biological protective masks next June. The masks will replace the current series of masks, which the Army has used for more than 25 years.

The M-40 will be used by all ground personnel and the M-42 by combat vehicle crewmen.

Francis A. Martin, chief of the Mask Management Office for the Army Chemical Research, Development and Engineering Center, Aberdeen Proving Ground, Md., said the new-generation masks will increase the likelihood a soldier will survive in battle.

"The protective mask is the individual soldier's first line of defense against chemical and biological attack," said Martin. "These new masks will provide greatly enhanced face, eye and respiratory protection to the soldier."

"The masks provide a leak-proof seal on the face of every soldier, male or female, to protect against toxic vapors, aerosols and liquid agents. They allow wearers to accomplish the mission with a minimum of interference."

"To accomplish this, the mask also has to be compatible with the equipment the soldier will use. It must be able to work for eight to 12 hours; it must provide minimum breathing resistance and clear, unobstructed fields of view; and the user must be able to communicate on the battlefield. These masks meet those requirements," Martin said.

The new masks have a silicon face piece and use the rigid binocular lens system of the M-17 series



photo courtesy of AFPS

Shown here is the new M-40 mask, which will replace masks that have been in use for the past 25 years.

mask. Other features include a front voicemitter (voice transmitter) that makes it much easier to communicate by amplifying the user's voice. Another feature is a side voicemitter that will allow the soldier to better use field telephone headsets while talking directly to another person.

"However, I think the improvement soldiers and Marines will notice most is the improved fit," said Martin. "There are many more women in the services today, and the M-40 provides an improved fit across all facial configurations and sizes."

The mask comes in three sizes and is designed to fit soldiers through a spectrum of climates and combat environments.

These new masks have room for optical inserts. Larger than a contact lens and smaller than a traditional pair of glasses, the inserts match a soldier's prescription. As soon as the mask is put on, the 40 percent of soldiers who use glasses will have better vision.

The filters for the M-40 series masks are not only mounted on the outside of the mask, but can be mounted on either the left or right side, accommodating left- and right-handed shooters. The filters are also interchangeable with the NATO filters.

The M-42, to be used by combat vehicle crewmen, resembles the M-40. However, it has the filter mounted at the end of a hose connected to the facepiece with a quick-disconnect for use with vehicle filter systems. It also comes equipped with a microphone to communicate with other members of the crew.

The first known gas masks were issued to Allied troops during World War I for protection against poison gas. That protection, circa 1915, consisted of chemically treated cotton tied over the mouth.

During World War II, respirators with activated charcoal filters were used by troops on both sides even though poison gas was not used.

## New GI Bill is permanent

The current GI Bill became a permanent educational benefit for service members when President Ronald Reagan signed it into law on June 2 after a successful two-year trial period.

The program affects those who came on active duty after June 30, 1985, certain persons on active duty eligible for Vietnam-era GI Bill benefits, and reservists. Service academy graduates and ROTC scholarship recipients, however, are not eligible for the benefit.

**Active Duty (after June 30, 1985).** Those who elect to enroll in the program pay a non-refundable \$100 per month for 12 months. In return, they receive \$300 a month for 36 months when they've completed at least three years service and are enrolled full time in a college or vocational school. A reduced monthly benefit is paid for part-time enrollment. Recruits whose initial obligation is less than three years receive \$250 a month after serving two years on active duty.

Service members can begin using the current GI Bill after two years of active duty—that is, while still in the service. But benefits expire 10 years after last discharge or release from service.

**Vietnam Era (prior to Jan. 1, 1977).** Service members who were on active duty between March 31, 1966, and Dec. 31, 1976, are covered by the Vietnam-era GI Bill. They can use this benefit until Dec. 31, 1989. After that time, they may convert to the current GI Bill provided they were on active duty from Oct. 19, 1984, to June 30, 1985, and had at least three years active duty service after June 30, 1985, with no break in service.

Those who convert will receive \$300 a month for 36 months plus a monthly benefit of half the amount they were entitled to under the old bill.

For example, a member with two dependents is entitled to \$510 per month under the Vietnam-era GI Bill. After converting, the member would receive \$555 a month (\$300 plus half of \$510).

**Reservists.** The current GI Bill also includes a provision for reservists. Those who enlist, re-enlist or extend in the Selected Reserve for at least six years after June 30, 1985, are eligible. They can begin receiving educational benefits under the bill after 180 days in the Selected Reserve.

The reservists receive \$140 a month for up to 36 months of full-time schooling. The total educational benefit is \$5,040, and there is no individual contribution.

**Veterans Educational Assistance Program (Jan. 1, 1977, to June 30, 1985).** Service members on active duty during this period are not eligible for the current GI Bill. Instead, they are covered by the Veterans Educational Assistance Program.

Under this program, the government contributes \$2 in educational benefits for every \$1 contributed by the member. The maximum total of government plus member contributions is \$8,100.

Persons eligible for the Veterans Educational Assistance program cannot convert to the current GI Bill and must use their Veterans Educational Assistance Program educational benefits within 10 years of leaving the service. Enrollment was closed March 31, 1987.

American Forces Press Service

## Post honors POW/MIAs, Philippines vet speaks

The ceremony for POW/MIA Day was held Sept. 18 at 3:45 p.m. at Pershing Square. The invocation was given by the post chaplain, Col. Edward J. Christoff. The guest speaker was Jose Aquino.

Aquino's message was about his experiences as a prisoner of war (POW) in the Philippines. He was taken prisoner by the Japanese

Imperial Army and held in Camp O'Donnell and Camp Tarlac in the Philippines.

When he was captured, Aquino was a member of Battery D, 92nd Coast Artillery Corps (Philippine Scouts), a component of the U.S. Army, Fort Mills, Corregidor.

Aquino currently resides in San Francisco with his wife and two sons.



photo by Steve Morey

The guest of honor, World War II POW Jose Aquino, is flanked by Brig. Gen. George M. Baxter, Chief of Staff, Sixth U.S. Army; Lt. Gen. James E. Moore, Jr., Sixth U.S. Army commander; and Col. Joseph V. Rafferty, post commander, Presidio.



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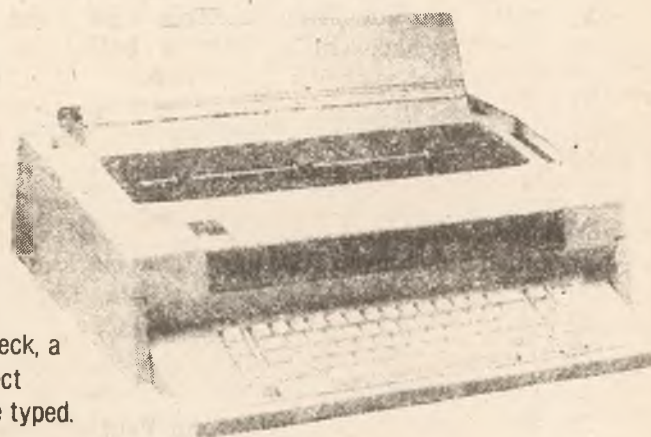
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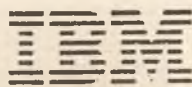
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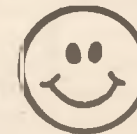
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# Presidio welcomes Pope to 'City by the Bay'

story and photos by Steve Morey

Pope John Paul II, spiritual leader of an estimated 866.7 million Roman Catholics worldwide, began his San Francisco area visit amid tight security Sept. 17 with a helicopter touchdown on Presidio's Chrissy Field.

Karol Joseph Wojtyla [Voy-tee-wah], the first Polish pope and the first non-Italian since 1522, arrived on post shortly after 5 p.m. following his visit to Monterey.

The pope's visit to San Francisco was part of a 10-city, 11-day trip throughout North America, including a final stopover Sept. 20 at Fort Simpson, Northwest Territories, Canada.

The pope was greeted at Chrissy Field by 15 dignitaries representing the Church, city and state governments and the military.

The first person to welcome John Paul to the "City by the Bay" was San Francisco Archbishop John R. Quinn.

Quinn greeted the pontiff with a hug as John Paul exited the U.S. Marine Corps helicopter. The pope continued along the red carpet and was given the official state of California welcome by Lt. Governor Leo McCarthy; and the official city of San Francisco greeting by Mayor Diane Feinstein.

Among the military present were Col. Joseph V. Rafferty, post commander; Lt. General James E. Moore, Jr., commanding general, Sixth U.S. Army Presidio; Rear Admiral Robert L. Toney, U.S. Navy commander, naval base, San Francisco; and Capt. Joseph F. Sweeney, deputy provost marshal, Presidio.

Sweeney reported that 263 military personnel were either actively providing security or were on standby. Also providing support was the Presidio Fire Department, two ambulances from Letterman Army Medical Center (LAMC) and the U.S. Coast Guard.

The Coast Guard lined the Crissy Field coastal waters with 11 boats to establish a safety zone from Baker Beach to the Ft. Mason area.

Sweeney said that between 200-500 Presidians gathered at the established viewing area. They weren't disappointed as the pope passed by in the Popemobile on his way to view the Golden Gate Bridge.

"Exciting." "Impressive." Just two of the words used to describe the visit of the pope by Presidians Nancy MacDonald, Kathy Knight, Eileen Williams and Lisa Quigley and their 14 children.

"It would have been nice if the pope could have circled the viewing area once or twice," said Knight. But they all agreed that seeing the pope was a "once in a lifetime event."

Covering the pope's Presidio visit were 72 members of the national and international media positioned approximately 100 feet from the official reception area.

Most members of the media followed the pope as he continued on his pilgrimage throughout San Francisco's downtown streets.

Pope John Paul II departed San Francisco the afternoon of Sept. 18 for Detroit, Mich. following a mass at Candlestick Park.



Marine honor team held the doors for the Pope when he exited the helicopter on Crissy Field.



The Marine Corps helicopter that ferried the Pope to the Presidio from Monterey, Calif., lands at Crissy Field.



Pope John Paul II (standing in security car) leaves the reception committee that included Lt. Gen. James E. Moore, Rear Adm. Robert L. Toney, and Col. Joseph V. Rafferty.



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# Sports

## LAIR bumps off 864th with rampaging offense

by Steve Morey

LAIR outscored 864th Engineers, Team No. 1, 40-28, to win a rain-soaked, seesaw battle Sept. 22 during the second week of play in Presidio's Intramural Flag Football League at Fort Scott Athletic Field.

The high-scoring affair featured five touchdown passes by LAIR's quarterback, John Vigna; and three scoring throws and one bootleg touchdown by 864th's Rudy Russell.

Vigna added a touchdown run as well in the closing seconds of the game to seal LAIR's victory.

Both teams seemed to have no trouble negotiating quick turns and spins on the soggy turf created by a game-long blowing drizzle.

After the engineers failed to score during the game's opening drive, LAIR used the remaining first quarter to mount their attack.

The drive culminated with a Vigna touchdown pass to Alex Cabongan on the first play of the second quarter. The point-after-touchdown pass was good and LAIR led, 7-0.

However, 864th answered with a Russell scramble and throw to receiver, Donald Garrigan, for a touchdown. Russell ran the ball in for two points for the point-after-touchdown and 864th went ahead by one, 8-7.

The exciting first half featured five of the game's six lead changes, including a desperation touchdown bomb from Russell to Carlton Perry with only nine seconds left on the clock.

At halftime, 864th led, 22-19.

But LAIR took the second half kickoff and marched downfield supported by the arm of Vigna. He connected with big man Kevin Brooks for a score and then threw to Ed Potanko for the point-after-

touchdown. LAIR led, 26-22.

864th relied on Russell to regain the lead as the swift quarterback darted and dodged his way 40 yards for a 28-26 engineer lead. The point-after-touchdown was missed.

The 864th squad would score no more points as LAIR put across two unanswered touchdowns in the fourth quarter to put the game in the bag.

Although the game was a good example of how to run a productive offense, it did have one key defensive play. LAIR's Brooks intercepted a Russell pass in the fourth quarter as 864th tried to drive down the field to tie the game.

The defensive gem led to Vigna's touchdown dash down the right sideline to ice the game for LAIR.

In the earlier games Sept. 22, Company A, LAMC shutout LEC, 33-0; and USAISC defeated LAMC, 13-8.

### Jimmy the Freak

## What if they held a game and nobody came?



If you're wondering what good the Pope's visit did for the Bay Area, just ask the 49ers! And I didn't even know that Jerry Rice was Catholic!!! Anyway, I will provide you with some of my typically-enlightened predictions for this coming weekend, although it looks as if a players' strike is a lock. The thing that really bothers me about this whole situation is the fact that the "fans", you know, the slobs like you

and me who *pay the freight for these bozos*, are hardly ever mentioned. It appears to me that we have two sides who are so selfish and egotistical that they think the world revolves around them and all other problems pale in comparison. Sorry, Jack...as far as I'm concerned, you players and owners can stick the old pigskin where the sun will never shine...Here's what *would* have happened if the situation were different!

**San Francisco 31, Philadelphia 17**

The Eagles did the 'Niners a favor by beating the Saints, but there's no way that Buddy Ryan would out-think Bill Walsh. "High tech" over Neanderthal any day.

**Chicago 27, Detroit 6**

No secret here, gang. A very good team against a very bad team. Chuck

Long probably voted for a strike *twice*, just so he wouldn't have to face that nasty Bears' defense.

**New York Giants 34, Miami 24**

The Giants need a win, badly. No way the Super Bowl champs will be 0-3...Bill Parcells would eat copies of each of the 37 books written by his team, page by page, in frustration.

**Washington 28, New England 13**

The Patsies do very well against teams in their own, relatively weak division. This week, they have to play with the Big Boys...and will return to Chowdertown with a few bloody noses and bruised egos (lucky for them there is a strike).

**Cincinnati 34, L.A. Rams 17**

The Bengals would be purrrfectly

outraged over their last second loss to the 49ers and would take out their frustrations against the Ewes of Smogland. If the Rams can keep this up, or down, that is, they may be able to join their baseball counterparts in last place. Nice thought, n'est ce pass??

**Denver 24, Cleveland 21**

The closest game of the week. This game would have been like the one that the Broncos won in the playoffs last year...close to the last second. Elway over Kosar by an eyelash.

**Upset of the Week**

**Houston 27, L.A. Raiders 20**

Everybody else is losing in L.A., so why not the Raiders? They've been winning with mirrors against very weak teams, so they just don't deserve to be 3-0. Besides, Al Davis is unbearable enough when his team is down.

## Sports Notes

### Flag football

The 1987 Flag Football season started off with a wimper in the first game as Lewis Pugh (LAMC) did not get to show his 1987 form as Sixth U.S. Army forfeited the first game.

DLI-SF played the Corps of Engineers (COE) in the second game. Each team tested each other, until the defending champions COE got it together. They did this without their number one passer and receiver, Jim Trauynner and John Hood.

The passing of Phillip Carr got them started to victory. The passing and running of DLI's Anthony Brown almost pulled it out, as COE had to score a touchdown in the last two minutes of the game to win 28 to 22.

The final game saw Company C, 864th Engineers No. 2 battle USAG. The USAG team was weak with few returning players from last year's teams. Quarterback Rudy Russell, transferred to 864th from USAG.

USAG could not handle the pass-

ing of Cedrick Archie. He ran for 1 touchdown and passed for two more to Travis Dandridge. But USAG did get their first points of the season with a pass from Patrick Hopper to James Alexander. Final score: 864th 21, USAG 7.

**Future games at Fort Scott Field**

**Tuesday**

LAIR vs. Co. A, LAMC... 5:30 p.m.

USAG vs. LAMC... 6:30 p.m.

Co. C, 864th Eng. vs. LEC. 7:30 p.m.

**Thursday**

Co. C, 864th Eng. vs. DLI-SF. 5:30 p.m.

LAIR vs. USAISC... 6:30 p.m.

USAG vs. COE... 7:30 p.m.

### Fleet Week Challenge Run

The U.S. Navy has issued a running challenge to all community runners to participate in the annual Fleet Week Five-mile Challenge Run.

The race will be held on Sunday, Oct. 11, at 8 a.m. The quick and

scenic course starts at Crissy Field on the Presidio and goes along the Marina, Fort Mason and the Embarcadero to the finish line at Pier 32.

Transportation will be provided back to the Presidio. The Post Running Team is seeking interested runners to compete in the team event.

The Post Running Team was the top military team and (second overall) last year. For further information contact Bob Darling, Gym No. 1, bldg. 63, 561-4120 or 561-5032.

### Basketball coach needed

The Sports Branch, CRD is seeking qualified individuals to coach either the Post Men's or Women's Basketball Team during the upcoming season. Please contact the Sports Branch office at 561-4120 or 561-5032.

### Golf lessons

Get involved in a lifetime sport. Free golf lessons for beginners are be-

ing offered by the Sports Branch for soldiers assigned to the Presidio.

Sign up by calling the Sports Branch at 561-4120 or 561-5032.

### Run for your life program

An incentive awards program is available to all runner's on post. The Run For Your Life program rewards runner's as they accumulate daily miles toward specific mileage goals. Colorful patches and certificates are given for 50, 100, 200, 300, 400, 500, 750, 1,000 and 2,500-plus miles. Runners keep their own log sheet and can accumulate up to five miles a day credit.

Further enhance your running in our runner's paradise by signing up at Gym No. 1, bldg. 63 or by calling 561-4120.



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# Community Calendar

## YA fall classes

Youth Activities is sponsoring a number of classes this fall. Most classes start this week. Classes include Karate, held on Mondays and Wednesdays, from 6 to 7 p.m. at Gym No. 2. The class costs \$20 for eight lessons.

This is one activity that will tone and strengthen the body, but there's more. Youth Activities also sponsors dance classes.

Pre-ballet is offered on Mondays at the Log Cabin at 1 and 2 p.m., and 3 p.m. for returning students. This class costs \$18 per month. Tap Dance is also offered on Mondays at the Log Cabin at 4 p.m. and costs \$24 per month to attend.

Ballet will be held at bldg. 1390 on four levels of difficulty:

- Beginners on Fridays from 4 to 5 p.m. at a cost of \$30 per month;
- Beginners up to two years of experience on Tuesdays from 4 to 5 p.m. and Fridays from 5 to 6 p.m. for \$36 per month;
- Intermediate level on Mondays, and Thursdays from 4 to 5 p.m. for \$36 per month; and
- Point shoes on Mondays, Tuesdays and Thursdays from 5 to 6:15 p.m. for \$42 per month.

Starting Saturday, Jazz Dance will be held in bldg. 1390 (the building that sits west of the Fort Scott Chapel). The 1 p.m. classes will be for ages 6 through 12, and the 2 p.m. classes will be for ages 13 through 18. The charge is \$15 for six lessons.

For more information about dance classes, call Youth Activities at 561-5143 or stop by bldg. 1331.

## Parent Effectiveness class

Child Development Services will offer Parent Effectiveness classes beginning Sept. 30, from 7 to 9:30 p.m. Classes will be held at the Child Development Center, bldg. 563. The 24 hours of instruction (10 sessions) will focus on listening skills (yours and your child's), problem ownership, active listening, and problem solving. Karen Jupe, director, Family Child Care Services, will instruct the class. Registration is being accepted at the Family Child Care Office, bldg. 567, or at the reception desk in bldg. 569. For additional information call Jupe at 561-4712.

## Swimming, tennis

Swim classes will begin at the Post Swimming Pool on Saturdays star-



photo courtesy City College of San Francisco

## "Wasted"

The west coast premiere of Fred Gamel's play about how a squad of Marines in Vietnam are affected by the news of the assassination of Martin Luther King plays in the City Theatre, City College of San Francisco, Oct. 9 to 18. For tickets and information, call 239-3132.

ting Sept. 26. Classes will be held at 9, 10 and 11 a.m. for all levels. All classes will be conducted under the American Red Cross guidelines. The classes cost \$30 for 10 lessons.

Tennis classes will be held at the Fort Scott Tennis Courts on Mondays and Wednesdays. The beginner's class starts at 4 p.m., and the 5 p.m. class will be for intermediate students. The classes begin Monday and cost \$20 for eight lessons.

To find out more about these classes call the Youth Activities Center at 561-5143 or visit the center in bldg. 1331, in the Fort Scott area.

## Swim instructors, lifeguards needed

Youth Activities is looking for qualified swim instructors and lifeguards for their fall Swimming Program. If you hold a W.S.I. Certification, advanced lifesaving, first aid, and CPR certification, then you

*Need to have repairs done in your quarters? Just dial 561-4505! That's the new number for the DEH Workorder Desk. And, they are staffed around the clock to allow you to call any time, day or night.*

## Holiday drawing for Tahoe rentals

Due to the high demand of Outdoor Recreation's rental units at Lake Tahoe during Nov. 25 through 28, 1987 and Dec. 18, 1987 through Jan. 2, 1988, a holiday drawing will be in effect. Sign-ups are as follows:

- Oct. 1—PSF Active duty only
- Oct. 15—Active duty other installations
- Oct. 29—Retired military personnel
- Nov.—Reservist and DAC's on PSF

Registration may be done by telephone or in person at the Outdoor Recreation Center, bldg. 92, for date(s) desired.

Normal reservation system applies for all other dates.

For additional information call or come by Outdoor Recreation, 561-4324, bldg. 92.

## LAMC Cancellation service

LAMC has installed an answering machine in Patient Appointment Service that allows patients to cancel appointments during evenings, holidays and weekends.

The appointment will be cancelled the same or next duty day. The number for the recorder is 561-5945. All patients are urged to use the new cancellation service so that appointments can be offered to other patients who have an immediate need for an appointment. However, patients won't be able to use the recorder to reschedule appointments.

"Patients will still have to call the Patient Appointment Service to make a new appointment," Reid said. The numbers to call for making appointments are 561-5324 or 563-5324.

## Teen dance

Youth Activities is sponsoring a Teen Dance, Saturday night at 8 p.m., in the Log Cabin.

## Gospel Service Anniversary

The Fort Scott Gospel Service celebrates its first anniversary Sunday, beginning with a dinner in the Log Cabin at 1 p.m. The celebration will continue in the Fort Scott Chapel after dinner. The entire Presidio community is invited to attend.

## At the movies

### Presidio Theatre

Fri, Sept. 25	Revenge of the Nerds: Nerds in Paradise (PG-13)	7 p.m.
Sat, Sept. 26	La Bamba (PG-13)	7 p.m.
Sun, Sept. 27	La Bamba (PG-13)	7 p.m.
Mon, Sept. 28	La Bamba (PG-13)	7 p.m.
Tue, Sept. 29	The Lost Boys (R)	7 p.m.
Wed, Sept. 30	The Lost Boys (R)	7 p.m.
Thu, Oct. 1	Superman IV (PG)	7 p.m.
Fri, Oct. 2	Superman IV (PG)	7 p.m.

### Schwartz Theater

Mon, Sept. 28	Revenge of the Nerds: Nerds in Paradise (PG-13)	7 p.m.
Wed, Sept. 30	La Bamba (PG-13)	7 p.m.
Thu, Oct. 1	The Lost Boys (R)	7 p.m.

### Hamilton Theater

Fri, Sept. 25	Where the River Runs Black (PG)	7 p.m.
Sat, Sept. 26	(matinee to be announced)	1 p.m.
Sat, Sept. 26	Where the River Runs Black (PG)	7 p.m.





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**Fire: Are  
you prepared? page 3**

**Employees: PSF sets  
standard for handicapped  
employees, page 5**

**Activities Day:  
Annual event huge  
success, pages 6, 7**

# Star Presidian

Vol. 30, No. 39

"Published in the interest of the people of the Presidio of San Francisco."

Oct. 2, 1987

## Presidians mobilize to clean up post

The period of Oct. 13 through 20 has been designated Post Fall Clean-up Week. Presidians at the Presidio and Forts Barry, Baker and Mason will conduct a clean-up campaign to remove trash and other litter that has accumulated. The objective is to beautify and clean up these areas.

Assigned and tenant units will police designated areas (see accompanying map). Trash will be collected and removed to dump site (marked 'X' on map). Commanders and Directors will allow their personnel who live on this installation one-half day (see schedule at end of this article) to conduct clean-up of their quarters' grounds. The project point of contact will be SSgt. James E. Powell, Department of Engineering and Housing (DEH), who should be contacted concerning any questions that may arise or for inspection purposes. The units are responsible for policing of all trash/litter to include limbs that have fallen from a tree and may be handled by soldiers manually. Units will be supplied plastic bags.

The following units are responsible for policing areas shown on accompanying map and removing trash to dump site: Headquarters Command Battalion, Letterman Army Medical Center (LAMC), Letterman Army Institute of Research, U.S. Army Information Systems Command, U.S. Army Intelligence Command, U.S. Army Criminal Investigations Command, and Defense Language Institute.

DEH and Housing will act as project point-of-contact, monitor dumpsters for trash pick-up, and issue plastic refuse bags.

The clean-up will be publicized in the Weekly Bulletin and the *Star Presidian*.

Sixth Recruiting Brigade and 91st Division  
please see **Clean-up**, page 3



Cesar's Latin All-Star Band performs distinct brand of Mariachi music.

photo by Pleasant Lindsey

## Federal grand jury indicts former PSF worker

Gary Hambricht, a former employee of the Presidio of San Francisco Child Development Center, was indicted Wednesday by a Federal Grand Jury in San Francisco, according to Joseph P. Russoniello, the U.S. Attorney for the Northern District of California.

The 12-count indictment charges Hambricht with 10 counts of violating various sections of the United States Code. The indictment is the result of an extensive investigation by the Federal Bureau of Investigation and the Army Criminal Investigation Command into allegations that child molestation had occurred at the Center last year.

On Friday evening at 7 p.m. in Schwartz Theater, Letterman Army Medical Center, representatives of the U.S. Attorney's office and the FBI will conduct a special meeting for families who have been involved in the alleged incidents of child sexual abuse at the Center.

The meeting is for concerned families of the Presidio community and will not be open to the general public.

Russoniello said that the investigation indicated no reason to suspect that any current or former child care center employees were involved. He also added that, based on this investigation, both he and the FBI feel that the Center is a safe place for parents to leave their children.

According to Russoniello, conviction for these charges could result in penalties as high as 96 years in prison and a \$3 million fine.

Hambricht had previously been indicted on December 30, 1986 for allegedly molesting a three-year-old child.

That indictment was dismissed on March 20 following a decision by the U.S. Attorney's office that the child could not be legally qualified to testify and a ruling on the part of the Federal

Judge assigned to the case that statements made by the child to his parents and others could not be introduced under any available exceptions to the hearsay rule.

Russoniello feels that since that time, that child has developed sufficient maturity to be considered a credible witness. Additionally, the other victims identified in the indictment add additional weight to the government's case.

Before including any of the individual children as victims in the indictment, the FBI obtained the permission of their parents and received their consent for the children to be called as witnesses in the case.

The U.S. Attorney also indicated that since Hambricht had previously been charged and was not thought to be a "flight risk", arrangements were made with Hambricht's attorney for him to surrender to Federal authorities today.

## News Briefs

### Subsistence expense limit

Seventy-five dollars—that's the limit by law. Travelers and Order Issuing Authorities should be aware that a number of requests for increases in subsistence expense limitations for soldiers have been submitted to the Finance Center during recent months, according to the Presidio Finance and Accounting Office. Unfortunately, the limit cannot be increased. The current limit is \$75.

The \$75 amount is mandated by law and can't be changed. Furthermore, no provisions exist to allow an exception to the policy. Requests for rates in excess of \$75 can't be honored and should not be forwarded to the Finance Center.

### Ohio elections

Ohio voters cast their ballots in general elections on Nov. 3, in municipalities across the state. They will elect mayors, members of city and village councils, other city officers, judges, members of boards of education and other offices.

Presidio soldiers and their family members who are residents of Ohio may register and vote in the election by filing a Federal Post Card Application (FPCA). Unregistered Ohio citizens must submit a completed FPCA to their county board of elections 30 days before the election. Those who are already registered in the state should make sure their FPCA is received no later than three days before

the election. However, unregistered soldiers need not fret over the timeliness of their mail outs.

There is an exception made to the 30 day deadline for soldiers and their family members. They don't have to be registered under Ohio law to vote; their FPCAs will be accepted so long as they reach the county election board three days before the election. Just be sure to allow time for the ballot to be processed before the deadline.

For more information, write to Director, Federal Voting Assistance Program, Department of Defense, Room 1B457, Pentagon, Washington, D.C., 20301. Prospective voters may call the voting assistance program on AUTOVON 225-0663 or commercial (202) 695-0663.



# Voices

## LCA cited for reasonable accommodation

by Ann Williams

Logistic Control Activity (LCA), a tenant activity of the Presidio, has been recognized by the State Department of Rehabilitation for outstanding contributions in the field of reasonable accommodations. Why? Because workers with various disabilities are employed throughout LCA.

The working atmosphere is free from bias or harassment. Fellow employees are compassionate and considerate, thus offering great support services. Training and development is offered continuously. Upward mobility within the organization has caused handicapped individuals to work to their highest potential. Jobs have been restructured in order to bring applicants with minimum requirements into the job. Equipment such as TDY's, interpreter services, and assistive device to facilitate the performance of employee job duties are bought by component or welcome on premises for use by employee.

Worksite modification such as the building of ramps, extension of restrooms, and allocations of special parking place are permitted. And during the interviewing process the applicant is encouraged to contribute valuable input.

This component, commanded by Col. Joel E. L. Roberts, was toured by the Honorable Commis-

sioner Debra Phillips, St. Louis Commission for the Disabled, and an expert on reasonable accommodations. A Special employee herself, she remarked upon leaving LCA, "this is achieving *FULL* employment of persons with disabilities."

A handicapped person is defined as one who has a physical or mental impairment which substantially limits one or more of such person's major life activities, has a record of such an impairment or is regarded as having such an impairment. Physical and mental impairment is defined in the code and in general covers just about any impairment one may have. Major life activities means functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning and working.

Title V Section 504 of the Rehabilitation Act of 1973 incorporates the language of Titles VI and IX of the Civil Rights Act of 1964, which guarantees equal treatment of racial minorities and women, in order to extend those guarantees to all handicapped persons. One of the mandates under Section 504 is equal opportunity and non-discrimination in employment to achieve the objective of equal opportunity for the handicapped individual.

Section 504 requires employers to make

reasonable accommodation to the known physical or mental limitations of a disabled applicant or employee. Reasonable accommodation may be defined as efforts made on the part of the employer to remove artificial or real barriers, which prevents or limits the employment and upward mobility of disabled persons.

Following are some of the more commonly encountered areas where employers often need to extend reasonable accommodation efforts in order to fulfill their obligation in the implementation of 504 regulations: accessibility; job application process; job specifications; interviews; workplace facilities; equipment; job site modifications; support services; schedule restructuring; job restructuring; working atmosphere; development and training; upward mobility.

The employer owes a 504 obligation only to handicapped persons who are qualified if, with reasonable accommodation to the handicap, he/she is able to do the essential function of the job.

(Ann Williams is the Special Emphasis Coordinator for the Civilian Personnel Office.) and assistive devices.

## Ramblin' Sam

"How valuable are handicapped employees?"



PV2 Pamela Coney, personnel records clerk, PSC: "They're very valuable because they put forth all they've got while working to overcome their handicap. They make the best of their chance to work and also help others as well."



SP4 Keliy McGuinness, personnel records clerk, PSC: "They're valuable because they offer a great deal of spirit and dedication to their work. I work with a handicapped person who works as hard as anyone."



Lorraine Fields, lead operator, USAISC: "I used to volunteer my time working with handicapped people. They are just as valuable as those who possess all of their facilities. Sometimes handicapped people perform their duties better than those who aren't handicapped."



The Rev. Gaudencio Mondragon, Roman Catholic priest, the Philippines, visiting Presidio on way to Mexico: "They are very valuable because working gives them the chance to enjoy life and see the world. Handicapped people are able to use their brains, their hearts and their hands while working. Employers should help them get to and from work by providing the necessary vehicles."

## Obscene callers feel powerful by annoying others

by John Flynn

Presidio residents reported 13 harassing or obscene phone calls in 1987, while AT&T reported 13 million such calls.

People who receive obscene and abusive calls are male as well as female. Such calls vary considerably but may include: adolescent pranks, silent calls, breathers, obscene remarks and threats. These calls may come just once or repeatedly. The behavior of many abusive or obscene callers is too irrational to include

repeat calls. They often tend to dial at random, or look for obvious women's listings in the phone book.

When repeat calls are made they usually involve angry neighbors, fired or disgruntled employees, or ex-lovers who use the phone to torment someone.

It is usually safe to assume that the problem of harassing or obscene phone calls will never go beyond the call. The typical obscene phone caller

is usually suffering from an overwhelming sense of isolation from others. When he or she makes the call he is most likely to be at an emotional peak and if he succeeds in frightening, angering or just annoying another person, a sense of power is felt.

The most effective means of combating obscene or threatening calls is not to respond at all. If the call is repeated, you should notify the Military Police and then the phone

company who will put a trap on the line. The trap does not monitor the conversations on your line but it does identify the number from where the call was originated.

Stopping the problem of harassing or obscene phone calls is nearly impossible. The telephone is a universal open access instrument. If you receive unwanted calls notify your local police and the phone company.

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# Etc.

## Clean-up continued from page 1

(Training) will clean up the Fort Baker area and place trash in bags alongside curbs for pick-up.

All units will use designated dump sites for disposal of trash. Dumpsters in housing areas are not to be used.

All commands and agencies will complete policing of their assigned areas by Oct. 20, with the exception of LAMC, which will conclude their clean-up no later than Oct. 24.

Command inspections will be conducted throughout the clean-up period.

Housing occupants will be released from their place of work in order to conduct housing area clean-up as listed in the following schedule:

Oct. 13—1500, 1 to 100, 300 and 700 areas;

Oct. 14—500, 800 and 400 areas;

Oct. 15—900, 1000 and 1200 areas;

Oct. 16—1300, 1400, 1700 and 1800 areas;

Oct. 19—500 (Fort Baker), 600 (Fort Baker), 800 (Fort Baker), Fort Barry and Fort Mason areas.

Scheduled clean-up hours will be 12:30 to 4:30 p.m.

## Article 15 update

Specialists Four and below with less than three years' active federal service no longer will have Article 15's placed in their official military personnel files.

Records of such non-judicial punishment now will be kept at the soldier's unit for two years and then be destroyed according to a new policy.

The files change, officials say, allows for minor mistakes early in a soldier's career without jeopardizing one's long-term potential for promotion and selection for service schools.

Officials note that the change in policy is not retroactive prior to the effective date of Aug. 10.

## Families plan fire escapes

by Fred Bartow

"Play It Safe...Plan Your Escape!" during Fire Prevention Week, Sunday through Oct. 10, advises the the Presidio Fire Department and the National Fire Protection Association. This year's event focuses on home fire escape planning and preparedness, according to Bill Williams, Presidio Fire Department fire chief, and encourages families to set aside time during the week to develop and practice a home fire escape plan.

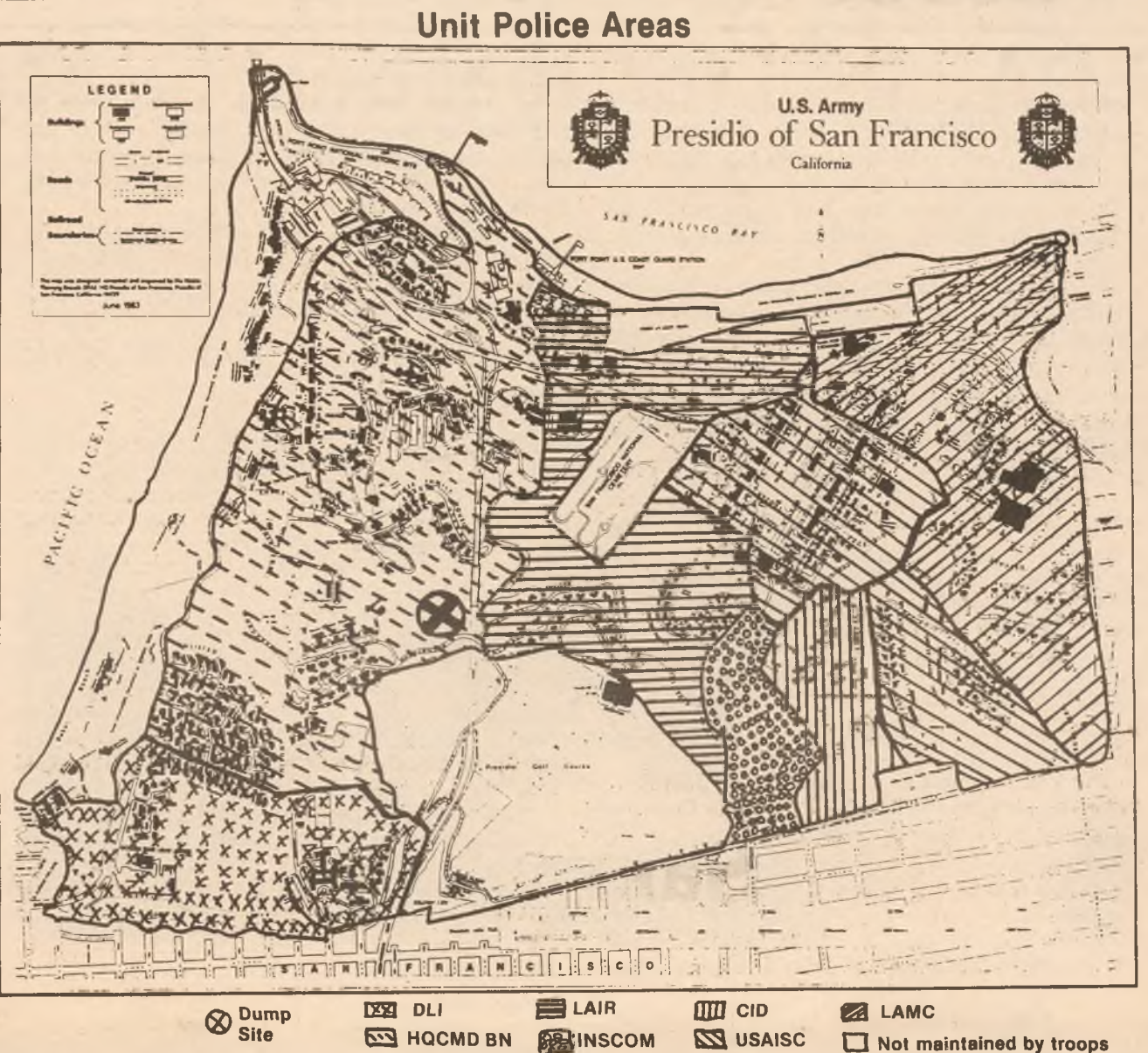
"Each year, thousands of people die in the U.S. as a result of fire," said Williams. "Most of those people—more than 80 percent—die in the home. That's why it's important for families to spend some time to plan how they would escape in case a fire strikes," he said.

Traditionally, communities across the country have set aside 8 p.m. on Wednesday of Fire Prevention Week to develop a home fire escape plan. The family then has the remainder of the week to make sure everyone is familiar with the plan and has sufficient time to practice.

Each member of the family old enough to understand should help plan what they will do in the event the home catches on fire. Every family household should have a pre-arranged fire escape plan designed for their home. At least two exits or escape routes should be considered for each and every bedroom. The fire department will help you design this plan. The plan should be practiced by the family at least twice a year.

Carefully explain this evacuation plan to your family. Ensure that each member can "sound an alarm" to evacuate. This signal could be blowing a whistle, knocking on walls, shouting or striking a pan. Once the alarm has been given, everyone should evacuate the house immediately, regardless of whether you see flames or not.

If possible, you should sleep with hallway doors open and bedroom doors closed. This will allow smoke to immediately reach your smoke detector



## PSF Idea Of Excellence

This week's idea is from Sgt. Holly L. Grabow, Law Enforcement Company.

"I am new to the Presidio, but have visited the Community Club on several occasions. The Club could draw in more business if a wider variety of music was played, and the job of disc jockey (D.J.) was offered to some of the troops.

"The cost of paying the D.J. could be cut in half when offered as a part-time job to a soldier or family member to supplement the family income, as well as establish a tie to our units.

"Example: Say I was a D.J.; my friends would come to laugh and joke with me, and bring spouses and friends. This would bring more business and a greater feeling that this club belongs to us [soldiers]. I saw this work in the European theater and it should work here."

Grabow received this response from the Golden Gate Community Club management:

"Thank you for taking the time to write to the Ideas of Excellence Program your views concerning the Community Club.

"At this time the Community Club is using two D.J.s on a regular basis. Both of them are currently active duty soldiers: an E-8 and an E-7. They both do a fine job and bring in a good share of their friends and soldiers every night that they play.

"We welcome the opportunity to hear other talented D.J.s whom we know are out there and are always interested in new ideas for generating interest in our Club.

"If you know of anyone interested in playing that has a new concept or a different way to bring in the troops, we would be happy to sit down and talk.

"Thanks again for your time and concern."

SSgt. Russ J. Garber

Assistant Club Manager



# Future sergeant major of Army starts climb to top

story and photo by Steve Morey

The winner of Presidio's Noncommissioned Officer (NCO) of the Quarter (July through September) is not a soldier who likes to blow his own horn.

But, then again, he is.

Sgt. Frank R. McConnell plays trombone for the Sixth U.S. Army Band, combining a hectic six day a week work schedule with his family life.

Some people might say McConnell would be justified if he patted himself on the back once or twice.

McConnell said the band performs concerts and ceremonies for both the military and civilian sectors of the community. Two of his fondest memories include a 1983 performance before the

premier of China and the 50th Anniversary of the Golden Gate Bridge May 24.

"We are TDY (temporary duty) fairly often, away from the post three to 10 days at a time," the soft-spoken sergeant said.

In March, 1988 McConnell, his wife, Yvette, and their 19-month daughter, Moriah, will be expecting a new addition to the family. You can bet that McConnell will be just a "tad" bit busier with a new son or daughter.

McConnell said his wife was instrumental in helping him study for the NCO of the Quarter board Sept. 7. It was the second time he applied for the post's award (the first time was June, 1987).

He also appeared before the E-6 (staff sergeant)

promotion board prior to appearing before the Sept. 7 NCO of the Quarter board. McConnell, who has been an E-5 for about two years, is awaiting the results of the promotion board.

McConnell, who enjoys rappelling during his free time, also received assistance in studying from Sgt. Kenneth Lidrbauch, operations sergeant for the band. Lidrbauch drilled the candidate with questions regarding leadership, guard duty, equal opportunity, map reading and customs and courtesies.

As a result of his wife's and Lidrbauch's "tutoring," McConnell said he felt confident and well-prepared going before the board.

"They did most of the work," McConnell modestly admitted.

But it will be McConnell who will be heading to Fort Benning, Ga. November 13 to attend U.S. Army Infantry School and U.S. Army Airborne School. He also hopes to earn a bachelor's degree in a dual-major of history and political science. These achievements will help McConnell achieve his goal of becoming the sergeant major of the Army.

"That's if I don't apply for Officer Candidate School (OCS)," he confidently adds. If he becomes a commissioned officer, he'd like to retire as, at least, a major.

McConnell said his proudest achievement as a soldier is performing the duties of squad leader.

"I've always had good squad leaders to help me out with soldierly tasks," he said. "Most soldiers look up to squad leaders as role models. Having a helpful and respected squad leader makes all the difference in the world when it comes to being a successful soldier."

McConnell seems to be well on his way to success as his achievements are doing the talking for him.

He's doing more than blowing his own horn.



Sgt. Frank R. McConnell slides through a rehearsal on the trombone.

# Soldier of the Month pushes for excellence

story and photo by Steve Morey

Consider this—you are working toward a college degree, yet you're faced with a unique challenge. How would you like to have a job with a work schedule so hectic that you would barely have enough time for one college course per semester?

September's Soldier of the Month (SOM), PFC Heather J. Ungersma, likes the challenge of being a soldier in the U.S. Army.

"It's a challenge to be a soldier," Ungersma said as she reflected upon her brief but fast-paced 14 months in the service. "I've got a chance to see the world. I eventually would like to see England," she added.

Ungersma, who is assigned to the Law Enforcement Company (LEC), works for Presidio's Military Police as a road patroller but hopes to eventually become a drill sergeant.

Ungersma looks forward to being a drill sergeant, bringing in "raw recruits and seeing them come out soldiers eight weeks later. Just seeing them progress as the days go by would be a satisfying experience."

The blond-haired, Indianapolis, Ind. native applied for the company's SOM in mid-August upon the insistence of her squad leader, SSgt. Edward Griffin, who has since left LEC.

"He told me it was a good idea so I thought I'd give it a shot," Ungersma recalled. And the "shot" paid off for the soldier who won the company level honor and then Headquarters Command Battalion's SOM award.

By the end of August, Ungersma was ready to start studying for the post's award. She received plenty of assistance from others in her company, especially two individuals she proudly mentioned.

"Sgt. [David] Hall and SSgt. [Paul] Coons devoted a lot of time helping me study," Ungersma said. They quizzed her on subjects ranging from drill and ceremony to military leadership and military justice. The intense hours of preparation and studying paid off as Ungersma was

chosen number one over three other SOM candidates.

"I felt confident going before the SOM board because of all the studying I did," she said.

Ungersma, who enjoys all sports, especially water skiing and softball, is familiar with the subject of studying. She is currently enrolled in an English course at the Army Education Center.

The course, which teaches students the fundamentals of essay and composition writing, is offered by San Francisco State University.

Currently, Ungersma's hectic and fluctuating work schedule prohibits her from enrolling in more than one course per term. "I hope to work into a staff position at the MP station; then I'll have more time to devote to education," she said.

She hopes to obtain a bachelor's degree in criminology while contemplating reenlisting in 1989 after her initial three-year enlistment.

"Who knows what will happen six, seven years down the road," Ungersma said quizzically. If and when she leaves the Army, she hopes to use that potential criminology degree toward a civilian investigator position.

Winning the SOM award will help her future chances for promotion and will garner the respect and recognition of fellow soldiers, she said.

The ceremony honoring Ungersma as September's Soldier of the Month will take place Oct. 13, 9 a.m. at the Golden Gate Community Club.



PFC Heather J. Ungersma takes a break in her hectic day with a game of pool in Law Enforcement Company's day-room.



# Post operator sees success, not handicap

story by Pleasant Lindsey

Imagine having an illness so threatening that it could claim your life at almost anytime. Should you give up, or should you live life to the fullest and be as productive as possible?

Loren Lent has chosen to be as productive as possible.

Lent, 22, is an operator with the Presidio Telephone Exchange and has been employed on the post for about four months. Despite his handicap, Lent showed his coworkers that he is capable of holding a job. And it was strong support from Presidians who care that helped him prove his worth.

"Ann Williams from the Civilian Personnel Office contacted me to see if I had a suitable position for a disabled veteran," said Maj. James Belin, deputy director, Directorate of Information Management. The first place I put him was in the information center."

In fact, his boss moved Lent to the telephone exchange after he complained that he didn't feel useful in his previous job.

According to Belin, "Lent came to me and said 'I'm not as busy as I'd like to be.'"

"I want to work," Lent said. He was still adjusting to his handicap.

Lent had been in the Army for four years. He was a Military Intelligence code interceptor stationed in Hawaii when he first learned about the affliction that would change his life.

## Unexpected

While spending time at home on Christmas leave he explained to his family doctor that he had been experiencing recurring headaches. To his dismay, he discovered that he had a brain tumor. But, he said, the Army carried a large portion of his burden.

"The Army paid all bills within a week after I received them," he said. "The Army even sent me a check to reimburse me for the expenses I paid for the initial checkup."

Lent was sent to Letterman Army Medical Center (LAMC) for treatment. He said the doctors at LAMC turned out to be the best in their field. "I'm extremely grateful for my doctor, Maj. Richard C. Cooper," Lent said. "He's done a lot for me. He performed the surgery on me."

To be more accurate, Lent's doctor performed surgery on him four times. He added that Dr. (Maj.) and Dr. (Lt. Col.) William C. Bergman, chief of LAMC's neurosurgery department, shared responsibility for his treatment.

"I owe my life to these guys," he said. And one would have to understand the seriousness of his



Loren Lent: "I'm going to beat the odds."

handicap to appreciate his feelings.

"It's not one solid mass," Lent explained. "The tumor is kind of like a spider, with fingers everywhere. I really can't explain it except to say that it's inoperable; it can't be removed."

Lent said that all the treatment that can be done, has been done. But he decided to face this challenge head-on.

"The doctors didn't want me to know the seriousness of my situation," Lent confided, "but I dug up a medical book and found out the exact problems with this. It's called an astrocytoma grade two. It's a slow growing cancer, but that also makes it harder to kill."

## Adjustment

Lent suffered the discomforts of radiation treatments for six weeks and had to ride the bus to get to and from the hospital.

"I had just bought a brand new four-wheel-drive Nissan truck, and had to give it back to the bank," he said. "I had never owned a car before and had no idea that I would be discharged from the Army when I bought the truck."

"Once I was discharged I could no longer afford the truck, and the medication I was using prevented me from legally driving anyway."

But Lent didn't let the cancer get the best of his spirits. Now he's being productive and it is keeping his emotions up.

"This job is totally new to me, but I like it here," Lent said. "I guess it's because I like to talk."



Maj. James Belin, deputy direction DOIM: "Handicapped employees tend to be more stable."

"And, it's a challenge. I can't be the type of person to just sit around and do nothing. There are some days when it gets real crazy around here."

Belin said that Lent's positive attitude is common to most handicapped workers he has seen.

"You find that handicapped employees tend to be more stable in doing their jobs," Belin said. "They seem to have less nonproductive time than some of the other employees."

## Goals

Lent said he won't be wasting any time at all. He has goals to reach and promises to himself to keep.

"My ultimate goal is to own my restaurant by the time I'm 30 years old," he said.

"And I'm going to beat the odds those doctors gave me. Instead of sitting around at home all day, I'm going to work to make some money."

Lent appears to be off to a good start on achieving that goal, and said he is grateful to the Army for helping his fight for life.

The Presidio can say that it won't turn its back on a fellow soldier in need. It can also say that it won't hesitate to hire the handicapped.

"I have found that our handicapped employees are very productive to our organization overall," Belin said. "I think that wherever a unit or directorate can find a spot to hire a handicapped individual, they should try and do so."

# PSF leads FORSCOM as employer of handicapped

story and photo by Steve Morey

Civilian Personnel Office (CPO) on post has helped to establish the Presidio as a leading employer of the handicapped among U.S. Army Forces Command (FORSCOM) installations.

According to John Campbell, chief, Recruitment and Placement Division, CPO, the Presidio more than meets the Army's goal of hiring handicapped people.

Almost eight percent of Presidio's workforce qualifies for handicapped employment, close to double the Army goal.

"In fact," Campbell said, "the Presidio has employed more handicapped people than any other employer in the entire state of California the past two years."

Most of the handicapped employees on post can be found working for Headquarters Company, USAG; and Letterman Army Medical Center (LAMC), Campbell said.

However, Campbell pointed out that handicapped employees are also clerks, computer programmers and receptionists.

"The types of jobs and units handicapped people work for on post are varied, pretty well spread out throughout the Presidio," he said.

One person who fits into this category is Civilian Personnel Office's (CPO) Charles Agnew. Agnew is a staffing clerk who is on-the-job training to be a staffing assistant. He suffers from muscular dystrophy.

"Charles' handicap does not hinder his job performance," Campbell said. "He's had to deal with the public on many occasions and has performed exceptionally well."

"In fact, he's helped out in other areas of CPO, especially during emergencies."

The increased opportunity for handicapped people in the United States to achieve quality work status and pay was made possible by the passage of the Rehabilitation Act of 1973. This bill held that the federal government should be a model for state and city governments, as well as private industry, for the hiring of handicapped people.

Campbell said that the Army,

especially the Presidio, has done a good job to uphold the letter of the law when hiring the handicapped.

"We really have to thank the

supervisors and managers of each unit who have helped by giving handicapped individuals a chance to work," Campbell said.



John Campbell and Charles Agnew joke about past job-related experiences.





Soldiers from Company C, 864th Engineers, set up the bandstand and picnic area in the wee hours of the morning. photo by Pleasant Lindsey

## PSF Acti Hispanic

by Pleasant Lindsey

**B**ring on the clouds, the f winds and pit the element barbecue, a live band and ple competition. Which do you t

Presidians braved the elem enjoy the Sept. 23 Activities parade grounds. This year, th featured a Hispanic Ethnic C observance of National Hisp

Local television personalit the hostess. Marimba bands captive audience, and foods v flavor were given out freely.

There was plenty of other



Capt. Byron Ramirez (arms accepting the first place tr



Headquarters Company pulls its way to victory in the tug-of-war contest. They took second place in overall competition. photo by Steve Morey

Steve Sauafea of Outdoor R with the beat.



# Activities Day ends Heritage Week

og and the chill  
nts against tasty  
nty of inter-unit  
hink will prevail?  
nents in mass to  
Day on the Presidio  
he annual event  
Celebration theme in  
anic Heritage Week.  
y Terry Lowry was  
entertained a  
with a Hispanic  
food and quality

competition between the post's units. Company G, Defense Language Institute-San Francisco won the unit guidon race and took first place overall. Headquarters Company took second place in the tug-of-war competition, first place in the potato sack race and second place overall. And there was the dunk tank. Col. Joseph V. Rafferty, Presidio post commander, was the first one on the wet seat and was promptly dunked by the first person to try. About 20 people in all took turns sitting on the wet seat. The comradery continued throughout the afternoon. It was a nice way to spend the workday.



photo by Steve Morey

KGO-TV's Terry Lowry (right) acknowledges the appreciation of Presidians for her efforts as hostess of Activities Day. Presidio Post Commander, Col. Joseph V. Rafferty, presented the plaque.



(raised), commander, Company G, DLI-SF, shows his pleasure after trophy form Presidio Post Commander Col. Joseph V. Rafferty.



photo by Pleasant Lindsey

CSM Anthony F. Costa, Headquarters Command Battalion, heads for the big splash in the dunk tank.



photo by Pleasant Lindsey

recreation, and Sports Branch's Bobbie Gascon barbecue and party





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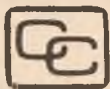
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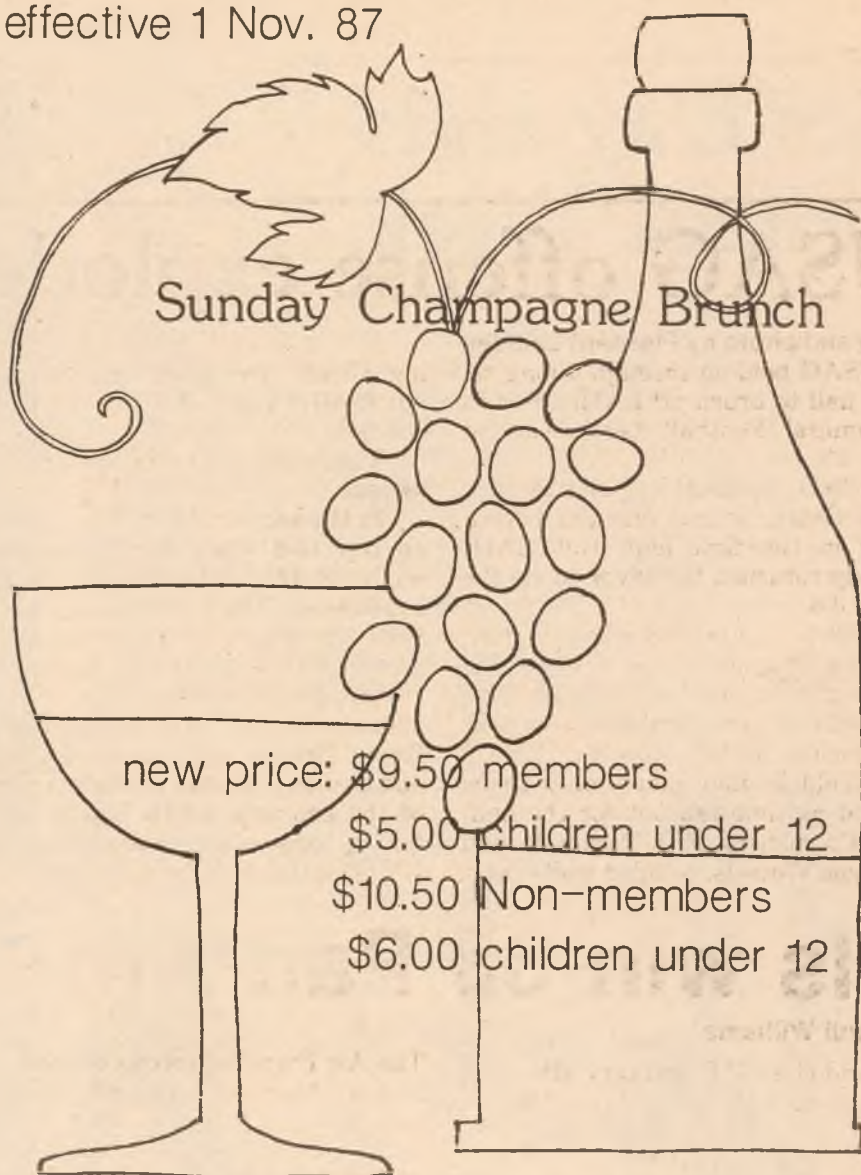


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# Sports

## USAG offense explodes to victory over LAIR

story and photo by Pleasant Lindsey

USAG held on through a long second half to brush off LAIR 15-14 in Intramural Football League action Sept. 29.

USAG, guided by quarterback Mike Cahill, scored one touchdown early in the first half. But LAIR quickly returned the favor to tie the game 8-8.

USAG's John Bradley sacked LAIR's Charles Barba to stop one scoring drive, and LAIR paid USAG back—at a cost. On the the next possession, Cahill marched USAG downfield in four plays, only to be sacked as time ran out for the half. LAIR's rushers, Eric Tarlowski and Dwayne Wessels, collided while sack-

ing Cahill. Tarlowski was knocked out (really) and had to be carried off the field.

Thankfully, his injury wasn't serious.

In the second half, USAG jumped on top 15-8 when Cahill connected with Brian Hutwagner for a touchdown. The USAG defense then went to work, repeatedly batting away LAIR's passes.

But LAIR managed to score with 29 seconds left in the game when Kevin Brooks split three defenders and hauled in a pass in the left corner of the endzone. LAIR had to settle for a one-point conversion, and USAG walked off the field victorious.



USAG's Mike Cahill sprints past LAIR's Kevin Brooks for a two-point conversion.

## GIs win 33 Pan Am medals, eye Olympics

by Rudi Williams

World-class U.S. military athletes garnered more medals in the 10th Pan American Games than all but seven of the participating 38 North and South American countries. The Pan Am competition, held every four years, will be the largest amateur sporting event in the world in 1987.

"We were going against world-class athletes from 38 Western Hemisphere nations, and our athletes did quite well," said Tom Hlavacek of the Armed Forces Sports Office. "If the armed forces would have entered a team, it would have taken eighth place overall."

Military athletes won 33 medals—17 gold, nine silver and seven bronze. They won 65 medals in the 1983 Pan Am Games—37 gold, 21 silver and seven bronze. "But they included DoD civilians and dependents in the 1983 figures. We didn't do that this time. All of the winners we listed are active duty military or members of the Reserves," said Hlavacek.

Army athletes garnered the lion's share of medals—15 gold, eight silver and six bronze. The Navy won one gold and one silver.

The Air Force captured one gold and the Marine Corps took one bronze.

Military athletes earned gold medals in team handball, Greco-Roman wrestling and trap, skeet, small-bore, pistol and air-pistol shooting. They won silver medals in basketball, Greco-Roman wrestling and trap, skeet, small-bore, and rapid-fire pistol shooting. Bronze medals were captured in boxing, judo, Greco-Roman wrestling and small-bore and rapid-fire pistol shooting.

At least three competitors well on the way to gold medals almost succeeded.

All five judges had voted unanimously to give light heavyweight Army Pfc. Andrew Maynard the first of a scheduled three rounds against Cuban world-champion boxer Pablo Romero. But Maynard's quest for gold was halted early in the second round, not by a Romero knockout punch, but by a sprained right ankle.

Maynard, who said he "comes to a fight . . . combat ready," had reportedly injured his ankle while playing recreational basketball.

Ranked as the No. 1 light

heavyweight nationwide and No. 2 in the world, Maynard had to settle for a bronze medal in the Pan Am Games.

When he is not training or boxing, Maynard is a cook with Headquarters and Headquarters Company, 1st Battalion, 10th Infantry, at Fort Carson, Colo. His next stops include the national championships starting in April en route to the 1988 Summer Olympics.

Heavyweight Army Pvt. Michael Bent, a member of the Individual Ready Reserve, was outboxed by 1986 world champion Felix Savon of Cuba. Bent said he tried to outbox Savon, but the Cuban "turned the tables on me," and by the time he adjusted to the situation, it was too late.

Bent, of Cambria Heights, N.Y., also won a bronze medal. He, too, plans to fight in trials for the Summer Olympics.

The basketball player highly sought after by the pros, Navy Ensign David Robinson, teamed with Danny Manning of Kansas (each scored 20 points) in a second-half defense and rebounding effort that helped the United States squeeze past a determined Puerto Rico 80-75.

"It's not a good feeling when you're coming down the stretch and you let them come from 13 down."

That's just what happened in the gold-medal game against Brazil two days later. The United States held a 20 point lead at halftime. Robinson fouled out in the second half and the Brazilians went on a shooting rampage, handing the United States its biggest Pan Am basketball upset since 1971, also at the hands of Brazil.

The score: 120 to 115.

"The Brazilians play with a lot of excitement and emotion," Robinson said during a press conference the day before the final game. "I guarantee you if I play 20 or 30 minutes, you're going to see a performance."

Perform he did. In 15 minutes of play, Robinson scored 20 points and grabbed 10 rebounds before fouling out. But instead of taking home a gold medal, Robinson and his teammates had to settle for a silver.

He's now back at his Navy job at Kings Bay, Ga., driving about 45 miles after work to practice for the Summer Olympics trials. Along with the other military hopefuls, he'll be looking for gold again in the 1988 Olympic Games.

American Forces  
Information Service

## Sports Notes

### Run for your life program

An incentive awards program is available to all runner's on post. The Run For Your Life program rewards runner's as they accumulate daily miles toward specific mileage goals. Colorful patches and certificates are given for 50, 100, 200, 300, 400, 500, 750, 1,000 and 2,500-plus miles. Runners keep their own log sheet and can accumulate up to five miles a day credit.

Further enhance your running in

our runner's paradise by signing up at Gym No. 1, bldg. 63 or by calling 561-4120.

### Fleet Week Challenge Run

The U.S. Navy has issued a running challenge to all community runners to participate in the annual Fleet Week Five-mile Challenge Run.

The race will be held on Sunday, Oct. 11, at 8 a.m. The quick and scenic course starts at Crissy Field on the Presidio and goes along the

Marina, Fort Mason and the Embarcadero to the finish line at Pier 32.

Transportation will be provided back to the Presidio. The Post Running Team is seeking interested runners to compete in the team event.

The Post Running Team was the top military team and (second overall) last year. For further information contact Bob Darling, Gym No. 1, bldg. 63, 561-4120 or 561-5032.

### Golf lessons

Get involved in a lifetime sport. Free golf lessons for beginners are be-

ing offered by the Sports Branch for soldiers assigned to the Presidio.

Sign up by calling the Sports Branch at 561-4120 or 561-5032.

### Basketball coach needed

The Sports Branch, CRD is seeking qualified individuals to coach either the Post Men's or Women's Basketball Team during the upcoming season. Please contact the Sports Branch office at 561-4120 or 561-5032.

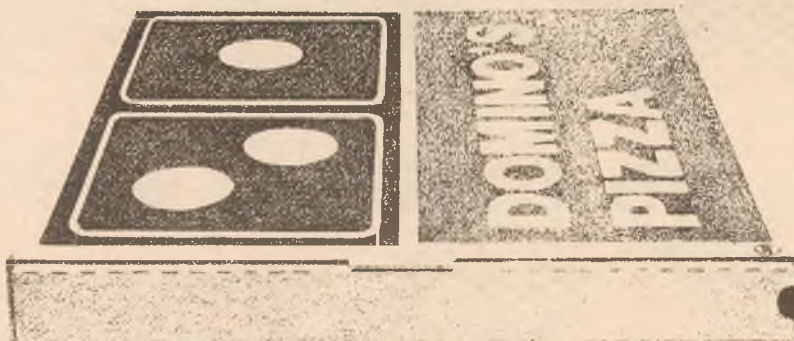


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# Community Calendar

## Christmas Bazaar

The Presidio Officer's Wives Club and the LAMC Auxiliary invite you to show off your arts and crafts, and here's how you can do it. Just reserve a table for the Christmas Bazaar which will be held Nov. 13 and 14.

Just call Virginia Buckels at 331-5124, or Joan Ray at 346-9805 for more information.

## Mandatory briefing

All soldiers honorably separating (not retiring) from the Army during the months of October, November, and December are required to attend a pretransition briefing at the Presidio Religious Activities Center on Oct. 22 from 8 a.m. until noon. Spouses are welcome to attend.

Soldiers who ETS (term of service expires) in January are also encouraged to attend. Topics are designed to assist in making the transition to civilian life. This briefing is mandatory in accordance with Army Regulation (AR) 635-10. For more information, contact the Soldier Support Branch, ATTN: AFZM-PA-MS, Commercial 561-2151 or AUTOVON 586-2151.

## Education assistance

E.D. COMPU-DIVERSE Services announces its availability to students for assistance in obtaining scholarships, financial aid, part-time jobs and other sources of funding for formal, vocational and specialized education needs.

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For more information call Elena D. DeVance at 931-4962.

## Holiday drawing for Tahoe rentals

Due to the high demand of Outdoor Recreation's rental units at Lake Tahoe during Nov. 25 through 28, 1987 and Dec. 18, 1987 through Jan. 2, 1988, a holiday drawing will be in effect. Sign-ups are as follows:

Oct. 15—Active duty other installations

Oct. 29—Retired military personnel

Nov.—Reservist and DAC's on PSF



Col. Joseph V. Rafferty, Presidio post commander, shows his appreciation for the outstanding participation by Presidians on Activities Day.

photo by Steve Morey

Registration may be done by telephone or in person at the Outdoor Recreation Center, bldg. 92, for date(s) desired.

Normal reservation system applies for all other dates.

For additional information call or come by Outdoor Recreation, 561-4324, bldg. 92.

## Looking for work?

Job listings, resume help, information & referral and placement are part of the San Francisco USO's Job Search Program. We specialize in helping spouses of military personnel find jobs. USO also gives away free movie passes for the Regency I, II & III. Our regular hours are Tuesday through Friday, 9 a.m. to 4 p.m. We are looking for volunteers to help us stay open on Mondays. Phone 561-2436.

## Bridge to Excellence

The San Francisco Chapter of Federally Employed Women invites you to the Western Regional Training Program, **Bridge to Excellence**, Oct. 22 through 24, at the Presidio. Registration for the three day program is \$75. This price covers the workshops and lunch on Oct. 23.

To register, call Eleanor Castorena at 561-2022.

## Basketball practice

Post basketball practice starts on Oct. 13, at Gym No. 1, bldg. 63, from 5 to 7 p.m. for men and 7 to 9 p.m. for women. Active duty soldiers and family members 19 years and older are still needed for both teams. Call Sandy Cornett at 561-4120 for more information.

## Aerobic-dance classes

Aerobic-dance classes are available to the Presidio community at Gym No. 1, bldg. 63. These fun classes are open to all adults and levels of fitness. Participants are encouraged to exercise at their own pace. You can join on any class by registering with the sports staff at the class. Classes are held on Monday through Thursday from 11:30 a.m. to 12:30 p.m. and 4:30 to 5:30 p.m. The first introductory class is free! The cost is only \$3.50 per class on a drop-in basis; or \$3 per class (monthly fee in advance).

For more information, call 561-4120 or 981-0111.

## Litter pick-up

Litter pick-up and on-call collection requirements that were previously accomplished by post police and DEH personnel (packing boxes, grass clippings, old furniture etc.) are now being done by civilian contract. Requests for all litter pick-up and on-call collection requirements should be directed to the Contract Services and Utility Sales Branch, DEH.

For more information, call 561-6000, 561-3769, or 561-6026.

## Beach clean-up

The Presidio Dive Club, the Conquistadores Del Mar, invites you to participate in the California Coastal Commission's second annual beach clean up on Oct. 17. Those interested in helping should meet at the Fort Point fishing pier at 9 a.m. After the clean up, there will be a pot luck lunch for all the volunteers. Bring a dish to share with others. Soft drinks will be provided. For more information, call Tom Halsey at 561-4115.

## Giants tickets

The ITT Office has a limited number of tickets available for the National League championship series and the World Series. However, there is only one way to get your hands on them—you must call ITT for more information at 561-3992.

ITT is located in bldg. 135, in the left alcove off the main lobby. Operating hours are Tuesday through Saturday from 9:30 a.m. to 1 p.m., and 2 to 6 p.m. Hurry, the play-offs are around the corner.

Psssst! Want some tickets to the National League playoffs or the World Series? Just visit the ITT Office at bldg. 135, or call 561-3992 for more information.

## At the movies

### Presidio Theatre

Fri, Oct. 2	Superman IV(PG)	7 p.m.
Sat, Oct. 3	The Living Daylights (PG)	7 p.m.
Sun, Oct. 4	The Living Daylights (PG)	7 p.m.
Mon, Oct. 5	The Living Daylights (PG)	7 p.m.
Tue, Oct. 6	Summer School (PG-13)	7 p.m.
Wed, Oct. 7	Summer School (PG-13)	7 p.m.
Thu, Oct. 8	No Way Out (R)	7 p.m.
Fri, Oct. 9	No Way Out (R)	7 p.m.

### Schwartz Theater

Mon, Oct. 5	Superman IV (PG)	7 p.m.
Wed, Oct. 7	The Living Daylights (PG)	7 p.m.
Thu, Oct. 8	Summer School (PG-13)	7 p.m.

### Hamilton Theater

Hamilton Theater schedule not available at press time.



# DEVON'S OCTOBERFEST of SAVINGS

## NFL PICK with the PROS II Contest



Look for the "NFL Pick with the Pros II" display at your local DEVON STORE for complete entry forms and full contest rules.

**GRAND PRIZE:**  
a brand new  
1988 Chevrolet Corvette

Enter this week and you may

### WIN

FIFTH WEEK PRIZE  
**WIN a Zenith Compact VHS Camcorder with auto focus**

All entries for FIFTH WEEK OF CONTEST must be in by Friday, October 9th, 1987.



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D. Herringbone HB050LOVE or BGD040 18" for **17<sup>48</sup>\***  
plus tax per mo.  
SALE \$279.96 Def. Pmt. \$314.64

## ZENITH 25" REMOTE CONTROL CONSOLE

- Chromacolor contrast picture tube
- Electronic tuning • 178 channel capability • Programmable favorite channel scanning • Auto control color system • Flashback



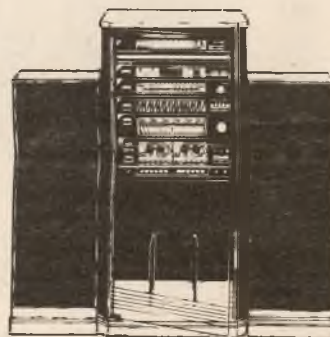
## SOUNDESIGN 19" AUDIO VIDEO SYSTEM

- 19" color tv monitor with 139 channel coverage with wireless remote control
- Stereo AM/FM receiver • 5 band EQ • Dual cassette deck with high speed dubbing
- Semi-automatic turntable • Tower speakers



## PANASONIC 20" MONITOR/RECEIVER W/REMOTE CONTROL

- Square corner picture tube
- CompuFocus video system
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- Sleep timer • Programmable scan • Rapid tune

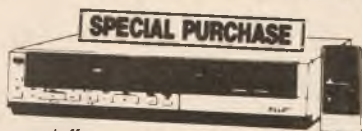


## SOUNDESIGN STEREO RACK SYSTEM WITH TOWER SPEAKERS

- Dual cassette deck with high speed dubbing • 5 band graphic equalizer
- Semi-automatic, two speed turntable

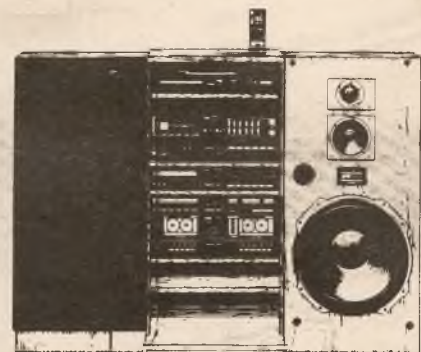
## 4 HEAD VCR

- HQ pro image enhancer
- 17 function wireless remote control • 7 day/4 event programmable • 117 channel cable compatible • Auto power on/off



## SANYO 130 WATT STEREO WITH REMOTE CONTROL & TOWER SPEAKERS

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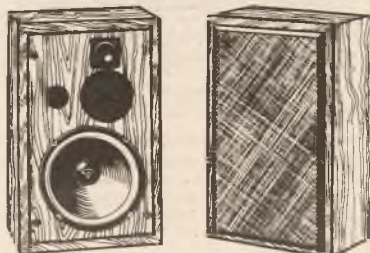
## SANYO VHS FORMAT VCR

- 365 day/4 event programmable • Remote timer • 111 channel synthesized tuner • HQ picture enhancement • 26 button infrared remote control • Auto power on/playback/rewind • Timer power back-up

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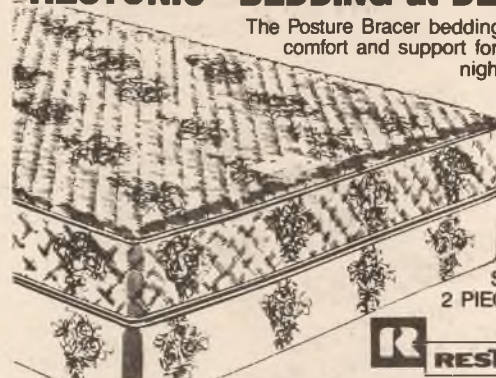
## \$200 OFF

REGULAR PRICE ON  
**ANY CERWIN VEGA SPEAKERS IN STOCK**

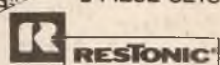


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The Posture Bracer bedding assures comfort and support for a restful night's sleep.



SOLD AS  
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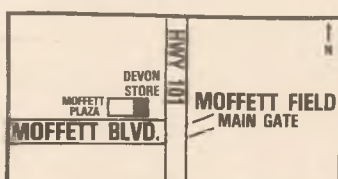


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Multiply monthly payments by 18 months for total cost. Price may vary depending on local sales tax.

SALE ENDS OCTOBER 8th, 1987



**Lifestyles: Presidians**  
show peace, love,  
page 5

**Crew-served fun:**  
*Real* soldiers  
survive, pg. 7

**Champion: Presidian**  
wins the gold,  
page 9

# Star Presidian

Vol. 30, No. 40

"Published in the interest of the people of the Presidio of San Francisco."

Oct. 9, 1987

## New commissary features high tech systems

story and photo by Steve Morey

The Presidio *officially* began construction of a new, \$11.1 million commissary during an afternoon ceremony Oct. 1 behind the old Four Seasons Store on Old Mason Street.

The modern building will replace the old, wood-sided commissary, built in 1917 and located between Allen and Mason Streets near the Marina Gate.

The new commissary will have 93,240 total square feet of space and a parking lot which will accommodate 350 vehicles.

The old building has 2,854 less total square footage and 103 fewer parking spaces.

The new facility's Spanish architectural design of white stucco walls and burnt-orange roof tiles will match that of existing buildings on post.

According to resident engineer, George E. Lehtinen, U.S. Army Corps of Engineers, Sacramento District, Presidio, the front entrance of the new commissary will face the Presidio Main Post Exchange (PX).

"The PX and the new commissary will share the parking spaces within what will essentially be a shopping mall complex," Lehtinen said.

As with any major construction project, the possibility exists for traffic congestion around the work site. But Lehtinen said he sees no real traffic problems.

"The idea of building the commissary near the PX was to provide Presidians with one-stop shopping. The area is actually isolated from main post," he said.

Lehtinen went on to say that the contractors have had no problems with traffic while their workers travel to and from the site with their trucks.

"There's no problem now—and there shouldn't be a problem later," he said.

The addition of a new commissary on the Presidio is part of a post-wide effort to upgrade the quality of living for all Presidians, Lehtinen said.

"The Child Development Center is nearing completion and enlisted barracks are scheduled to be built soon as well," he explained. "These projects, added to daily OM (operations and maintenance) work most people don't see, contribute to the quality of life of the Army family."

The new commissary will also feature customer services not found at the old commissary. These include a deli, a bakery and electronic front-end scales for quick product weighings.

The new building will heat and cool itself with mostly recycled air from its refrigeration compressors and refrigerated display cases, respectively.

And Presidians can expect to spend less time waiting in line as a result of the 17 checkout counters scheduled to be built—three more than the old commissary.

The total cost of the project will be paid for from a 5-percent surcharge added to commissary purchases.

However, the Presidio will save time and money by using 5,931 square feet of space from an existing cold storage plant.

The bulk of an additional 55,917 square feet of space will be occupied by the sales and front-end area and the warehouse area. The administrative offices, preparation areas, refrigeration rooms, corridors and rest rooms will occupy the remaining 31,392 square feet of space.

The contract for the commissary construction was approved by the U.S. Army Troop Support Agency, Fort Lee, Va. and awarded Aug. 17.

The work is scheduled to be completed December, 1988.

The participants in the groundbreaking festivities Oct. 1 included Lt. Gen. James E. Moore, Jr., Sixth U.S. Army commander, Col. Joseph V. Rafferty, post commander, Col. Charles M. Wiker, commander, Western Commissary Command and Joe Walton, who represented the S.J. Amoroso Construction Company, contractors for the commissary.

(Commissary facts and figures from Public Affairs Office, U.S. Army Troop Support Agency, Fort Lee, Va.)



photo by Steve Morey

Actors Mark Harmon and Sean Connery walk past bldg. 35 in a scene for the upcoming Paramount Pictures' release, "Presidio." The movie is a contemporary action-drama being directed by Peter Hyams, who is known for his past work on the movies "2010" and "Running Scared." The movie is scheduled to open next June, and will feature Presidio soldiers as extras.

## News Briefs

### SQT classes

The Finance and Accounting Office will conduct SQT classes for MOS 73C (finance clerk) every Tuesday from now through March 1988 at the Transition Point, Oakland Army Terminal. The classes will be from 6:30 until 11 a.m. Transportation to Oakland will be provided but prior arrangements must be made. Interested soldiers should call SGM Lucie O'Ferral at 561-2029 or 561-2927; or SFC Kenneth Goetz in Oakland at 466-3410 or 466-3330.

### Exchange hours change

Beginning Oct. 17, the Presidio Exchange (PX) will have new operating hours. The main exchange and the Four Seasons Store will be open from 9 a.m. to 5 p.m., Monday through Saturday; and 10 a.m. to 6 p.m. on Sunday.

**NOTE:** The commissary will be open Tuesday, the day following the Columbus Day holiday, from 10 a.m. to 2 p.m.

### Retiree Council meets

The Army Chief of Staff's Retiree Council meets annually to discuss problems or suggested improvements concerning the Retirement Services Program. If you have an idea for improving services or have experienced a problem which would affect either retired or active duty soldiers, Army-wide, call the Retirement Services Office at 561-3183.



# Voices

## Handicapped not hired because of unknown fear

by Liz Greeley

Boy, am I in a fix...it's Handicapped Awareness Week, and I don't know what to say. It's not that I don't have opinions about the handicapped. Anyone who has ever read one of my editorials knows a lack of opinions about *anything* has never been one of my problems.

It's just that everyone knows by now handicapped people are just like you and me...(Wait a minute, that doesn't count; I'm handicapped too.) Well then, people know handicapped people are *people* too, and there's no reason to be afraid of them or refuse them a job....

Ahhh! That's it! You see, strange as it may seem so near the 21st century, some people *don't* know they needn't fear the handicapped.

It's hard to believe; but true. Some people are *afraid* of handicapped people. And it seems unlikely people would give jobs to people they fear. I can give you some examples of fear at

work.

### Unknown

One day I was just about to get on the 38 Geary bus when a man in a motorized wheelchair tried to say something, and moved his hand toward his pocket. Truthfully, I didn't know what he was saying, but it seemed clear he wanted me to reach into his pocket. I reached into his pocket, and found the correct change for his bus fare, so I put it in his hand. Then we all got on the bus. I thought of it as a simple courtesy.

But as I was getting on the 38, a woman leaned over to me and said, "You were very brave."

Now I know she meant her comment as a compliment, but I wasn't "brave." Bravery is when you overcome your own fears in a dangerous situation to accomplish something. But I wasn't afraid of a man in a wheelchair! What danger could he possibly represent!

But that's what I mean; there are still unlightened people out there who think they have something to fear from a man in a wheelchair. I guess it's one of those ingrained cultural things...but why don't people just stop and *think* for a moment?

Now don't think I came to the conclusion people fear the handicapped from one incident; I didn't.

### Caring

Much later, I was heading for the same bus stop when I saw the man in his motorized wheelchair. But since he only had partial use of the hand on the controls, he had run his chair into a wall and tipped it over.

People were standing around and watching. There were about six or eight people there doing nothing but watching the man trying to call for help. I keep thinking of the movie, "The Elephant Man," when I remember this scene.

I went and *tried* to right his chair

for him. Do you have any idea how much those motorized wheelchairs weigh? I'm a strong, but average-sized woman. However, I noticed a car which seemed to be circling, looking for a parking space.

The next thing I knew, a young man (with what looked like a military haircut) was on the other side of the wheelchair. Together we righted the chair, then the young man thanked me and disappeared.

I admit I don't understand why anyone should be afraid to help a man in a wheelchair. Someone using a cane wouldn't have to worry about this kind of treatment.

I guess that's why the Army has a Handicapped Awareness Week...to remind all of us that people like that man (or any other handicapped person, whether it's a visible handicap or not) need not be feared. And if there's no reason to fear a handicapped person, why not hire a person who can do the job...handicapped or not?

## Ramblin' Sam

"What is a good way to conserve energy? Why?"



SSgt. Earl Kang, team "B" supervisor, COMPACT: "A good way to conserve energy is, when not using something, just turn it off! Saving energy means saving the country."



Mary Beene, house-hunter, Presidio: "Turn off the lights when you're not in the room and always be conscious of energy use, making sure that all appliances, etc. are functional."



SP4 Arnold V. Gyant, personnel actions specialist, COMPACT: "We should remember small things like turning out the lights after leaving a room. Then, I believe we can make energy conservation a concept we can all participate in."



Pedro Alverio, sports assistant, Presidio: "I guess we should turn out the lights in a room when not needed; or the T.V. when we're not watching it. And when we water our lawns, we shouldn't leave the sprinkler on all day."

## Federal employees help raise \$3.1 million for CFC

by Sharon E. Everett

As human needs in the Bay Area and around the world grow, so does the need for charitable giving. Through the Combined Federal Campaign, we have an opportunity to support many fine organizations—not just the international agencies, such as CARE, Oxfam, or the American Ireland Fund, but also local groups like the Community Music Center, Shanti Project, and Big Brothers/Big Sisters, right here in the Bay Area. The Combined Federal Campaign really is about "Caring For Community."

The Combined Federal Campaign (CFC) began in 1957 when President Dwight D. Eisenhower declared that charitable help among Federal

employees should be organized beyond the traditional coffee can that was passed around to help communities during times of disaster. The Federal Office of Personnel Management was charged with developing policies and procedures for organizing fundraising drives among federal employees. The result was a well-orchestrated and effective effort through local Federal Executive Boards, which include high-ranking officers of the numerous Federal agencies.

A CFC Cabinet, made up of Federal Executive Board Members, administers the campaign with the help of a Principal Combined Fund Organization (PCFO), which must bid

for the job. This year marks the 20th Anniversary of the United Way, and it is the PCFO for 1987-88.

The 1987-88 CFC is cause for excitement and challenge among federal employees who want to prove once again that they believe in "Caring for Community." This is a nationwide campaign, involving federal employees at every level, in every agency and in every state.

Locally, Federal employees are encouraged to exceed what they accomplished last year—an impressive \$3.1 million collection—all of which went to Bay Area charities designated by the fund's donors. This year's goal is \$3.5 million. We can achieve this very easily if the more

than 85,000 federal employees in the Bay Area counties (San Francisco, Marin, San Mateo, Alameda and Contra Costa) make a minimum donation of one hour's pay per month.

The 1987-88 Bay Area contingent of the CFC was officially launched on Oct. 7. This year's CFC Chairman, Mike Howland, San Francisco Director of the U.S. Small Business Administration, is at the helm. Howland said, "Though many agencies are involved, the CFC organization is fine-tuned,—carefully structured and monitored so that funds go virtually from pocket to charity—that's our goal and that's the bottom line."

**Sixth U.S. Army Public Affairs Office**

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## Post runners get second chance to show up Navy

Fleet Week '87 gets off to a spine-tingling start when the U.S. Navy Flight Demonstration Team, the Blue Angels, return to the Bay Area tomorrow. With them, they bring to town their new F/A-18 Hornet aircraft and an array of aerial wizardry to excite the senses.

Fleet Week, San Francisco's annual tribute to the U.S. Navy, runs from tomorrow to Thursday, providing local citizens with the opportunity to view firsthand, the equipment and personnel of the world's largest seagoing service.

In addition to the Blue Angels, the week's festivities include a 13-ship parade through the Bay, featuring "San Francisco's Own," the USS Carl Vinson, small boat rides and a circus of other events to capture the imagination.

Vinson is scheduled to lead the procession of ships under the splendor of the Golden Gate Bridge at 11 a.m. tomorrow, launching the sequence of events precluding the Blue Angels. Included are a fly-by of vintage aircraft and parachute show at the Municipal pier, a passover by a C-9 from NAS Alameda-based transport squadron VR-55, and an aerial acrobatics demonstration over the Bay.

The Blue Angels will take to the skies between the Golden Gate and the Bay Bridge at 12:30 p.m. For viewing the Navy's "Ambassadors of Goodwill", Crissy Field, the Marina Green, Aquatic Park, Pier 39 and along the San Francisco Embarcadero are recommended. KNBR-68 Radio will broadcast the show live.

At 1 p.m., Special Boat Unit Eleven will be offering small boat rides from Pier 39 until 5 p.m. All ships moored at the San Francisco piers will be available for public touring from 3 to 6 p.m. that day. Both rides and tours will continue throughout the week.

Highlights later in the week include the Fleet Week Challenge Five Mile Run/Walk at 8 a.m. on Sunday. The Presidio was the top military group in last year's race and rated second overall. The race will begin at Crissy Field and the general public is welcome to participate. Entry fee is \$7 in advance, \$10 the day of the race.

Presidio runners could make Fleet Week extra special—for the second year in a row.

Public Affairs Office, NAS Alameda

## TAKE A BITE OUT OF CRIME

by John Flynn

### Auto insurance

Buying automobile insurance is required by law. In California the minimum personal liability coverage you must have is \$15,000. Personal liability insurance protects the driver in the event that he is sued for any injury or property damage he causes while driving his car.

Since the cost of driving and maintaining an automobile is not cheap, many soldiers try to limit their costs any way that they can by buying the

cheapest insurance levels that they can, or worse yet, by not buying insurance at all. Car insurance isn't a tangible product so it's easy to be tempted to buy the absolute minimum. You don't miss anything until you have an accident.

Collision insurance is designed to protect you against the cost of replacing your car in case of collision. All banks require this coverage to be in effect for the duration of their car loans. What many soldiers don't understand is that this is the most expensive part of their insurance policies.

Traffic accidents happen to both good and bad drivers at any time or place. Imagine finding yourself responsible for the wreckage of two new cars. A liberal estimate of

replacement cost could be \$30,000. Even worse, what if you find that you have just rear-ended that 88 Mercedes that you were trying to get a good look at? Your \$15,000 personal liability insurance policy would be inadequate in the terms of property damage alone. Not to mention your responsibility if the other driver was injured. Should the court award the driver a large amount of money 50 percent of your wages could be garnished and your financial situation could be ruined for the rest of your life.

The irony of car insurance is that the type of coverage that you need the most, liability, is the cheapest. A \$200,000 policy would cost you an average of less than \$70 a year. If you still think that you are a good driver

and that you can't afford the additional coverage, you should consider raising your deductible and putting those funds towards increased liability insurance.

All personnel who wish to register a vehicle on Post must show proof of insurance at the time of registration. As the old saying goes—don't be penny wise and pound foolish.

### Crime Report

- There was one report of theft of an unsecured wallet.
- A soldier from Fort Bragg turned himself in for A.W.O.L.
- One soldier was apprehended for assault.
- One family member was apprehended for assault with a deadly weapon.

## Fire department conducts inspections next two weeks

The Presidio Fire Department has been conducting inspections in post quarters and will continue through Oct. 20. Normal hours for inspections are 9 to 11:30 a.m. and 1 to 4 p.m., Monday through Friday. Residents who aren't available through the week can call the fire department at 561-4220 for a weekend inspection.

Following is a schedule of the remaining inspections:

**Today** 1 to 4 p.m.  
537 A-b, 539 A-B, 542 A-B, 547, 549, 551 A-B, 1710 A-D, and 1717 A-D.

**Tuesday** 9 to 11:30 a.m.  
808 A-D, 810 A-D, 1501 A-D, 1502 A-D, 1506 A-F, and 1510 A-B.

1 to 4 p.m.  
816 A-D, 818 A-D, 850 A-B, 1512 A-D, 1515 A-F, 1519 A-F, and 1521 A-D.

**Wednesday** 9 to 11:30 a.m.  
855 A-D, 857 A-D, 1528 A-D, 1532 A-D, 1536 A-D, and 1543 A-D.

1 to 4 p.m.  
860 A-D, 863 A-D, 864 A-B, 1546 A-D, 1550 A-D, 1556 A-F, and 1566 A-F.

**Thursday** 9 to 11:30 a.m.  
952, 953, 958, 959, 961, 962, 1569 A-H, and 1571 A-H.

1 to 4 p.m.  
964, 966, 1001 A-B, 1003 A-B, 1572 A-D, 1575 A-H, and 1577 A-H.

**Oct. 16** 9 to 11:30 a.m.  
1809, 1811, 1813 A-B, 1815 A-B, 1579 A-H, 1583 A-D, and 1584 A-D.

1 to 4 p.m.  
1300 A-B, 1304 A-B, 1314, 1322, 1334 A-D, 1588 A-H, 1589 A-B, and 1591 A-J.

## USO gives every dollar back to military

by William H. Morgan

The Combined Federal Campaign (CFC) has begun and USO-Bay Area can use your help. During the last year USO-Bay Area served over 150,000 individuals personally and presented USO shows to an estimated audience of 300,000. Eighteen of those shows were during Army Days '87. Thirty five dependents secured employment in the private sector with USO-Bay Area assistance.

USO-Bay Area receives less than 10 percent of its budget from CFC contributions, but returns every dollar back to members of the military and their families. The rest of the budget comes from direct private citizen contributions, a United Way allocation, City and County of San Francisco Publicity and Advertising Fund Grant, foundations, corporations and civilian and military service organizations.

USO is the only civilian organization whose sole mission is to provide services to members of the active military and their families. USO-Bay Area

receives no government funds nor any from USO World Headquarters, Washington. The five military services are precluded by law from making monetary grants to USO, but can and do provide critically needed in-kind-services.

USO at the Presidio assists military dependents with Job Search. Job Search includes counseling in resume preparation, application completion, interview techniques and searching out job vacancies primarily in the private sector. Free and discount tickets valued at nearly \$200,000 were distributed from the Presidio office of the USO. USO's at San Francisco and Oakland Airports and Travis Air Force Base provide the military traveler with almost every necessity while in transit—from passport and visa assistance to a fresh pamper or bottle of milk for an infant.

USO has been a "Home Away From Home" for military personnel since 1941.

(William H. Morgan is the executive director of Bay Area USO, Inc.)



photo by Steve Morey

SP4 Caroline Harris, Headquarters Company, USAG, Presidio of San Francisco, seems to have her own theatrical advice for actor Mark Harmon during break in filming for Paramount Pictures' "Presidio."



# PSA Gives You Four Reasons To Ask For A Three-Day Pass.

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# Presidians show love to San Francisco

story and photo by Tom R. MacKenzie

Two members of Sixth U.S. Army served communion with Pope John Paul II at Candlestick Park in San Francisco, Sept. 18.

SSgt. Glen Hood, of the 353rd Psychological Operations (Psy Ops) Battalion, Sixth U.S. Army, and Maj. Edwin Millson, of Headquarters, Sixth U.S. Army, both based at the Presidio, were chosen to join a group of about a thousand Catholic priests and lay ministers to celebrate communion during the Pope's mass at Candlestick Park in San Francisco.

When 70,000 people join together to celebrate mass with the Pope, it's an entirely different experience as compared to a "packed" stadium for a ball game.

"This is the most electrifying religious activity I've ever felt," said Hood as thousands shared communion at the papal mass.

Hood, a former Air Force sergeant and Vietnam veteran, has led a fascinating life filled with brushes with politics, religion, higher education (he is working on a Ph.D.), and social contribution. His education in sociology has paved the way for a challenging mixture of Army Reserve activities and as a volunteer lay minister at Laguna Honda hospital.

When Hood's business day as an investment analyst ends, he volunteers to help patients at the hospital. His weekends, when not committed to his Army Reserve duties, are jam packed with jogging, scuba diving, helping elderly patients cope with medical problems and teaching swimming to blind children. Hood has recently submitted an application to become an officer in the Army Reserve.

Asked if being a military intelligence soldier in the Army and being a lay minister in the Catholic church is a contradiction, Hood replied, "My job in

the unit is providing people in other countries with information on what is available—education, government, health care—to show what we have done in the United States and what could be possible elsewhere."

While Hood was the only Reserve soldier serving communion at the Papal Mass, another participant from the Presidio, Millson, chief of the evaluation branch of training at Sixth U.S. Army, was also honored as a Eucharistic Minister at the mass.

"I didn't know if I was going to a ball game or a mass...it was definitely a mass," said Millson. "This whole thing was actually very moving. It reminded everyone what the church is made of...all kinds of people."

Presidio Religious Center leaders Doris Musterman and Linda Holmes also braved the bustling early morning crowds to serve as Eucharistic Ministers at the emotional event. About 20 soldiers from the Presidio escorted officials during the mass.



SSgt. Glen Hood serves communion during Pope John Paul II's mass at Candlestick Park in San Francisco.

## Survey shows Army smokers drop 41 percent

by Evelyn D. Harris

On Nov. 19, 1987, Americans on military installations across the United States and overseas will take part in the 11th annual Great American Smokeout.

Since the first effort in 1976, which was billed by the American Cancer Society as "an upbeat, good-natured effort to encourage smokers to give up cigarettes for 24 hours," the smokeout has attracted greater attention and more participants every year. Department of Defense health promotion officials have worked closely with the American Cancer Society to plan this year's smokeout, which promises to be no exception to the "bigger and better" rule.

Smokeout 1986 set an all-time record for participation. The 23.8

million smokers who tried to quit during the day-long event represented more than 43 percent of the nation's 54.5 million smokers.

This year's theme is "Take a Breather," and that's just what DoD hopes its smoking members will do. The goal of the 1987 Great American Smokeout is to get at least one in every five smokers to give up cigarettes from midnight Wednesday to midnight Thursday, Nov. 19. The idea is for smokers to prove to themselves they can abstain for 24 hours.

In March of 1986, Secretary of Defense Caspar Weinberger issued a health promotion directive on smoking and other health risk behaviors. It focused in large part on smoking prevention and cessation programs.

As a result of this directive, all branches of the military have been actively planning new smoking control initiatives for military personnel, retirees, their families and civilian employees.

The American Cancer Society has offered training to military and DoD civilian personnel as "Fresh Start" facilitators to conduct ongoing smoking cessation clinics at military installations in the United States and overseas.

According to the 1985 worldwide DoD survey on cigarette use in the armed forces, smoking in all services at all paygrades averaged 46 percent. Although the 1986 figures for all services are incomplete, the trend is encouraging. Smokers in the Air Force in 1986 were down to

31 percent (from 39 percent in 1985). The Army dropped to 41 percent, compared to 52 percent the year before.

In 1985, 54 percent of Navy personnel and 43 percent of Marine Corps personnel smoked. When released, the 1986 figures are expected to be lower.

Although DoD is doing what it can to discourage non-smokers from starting and to support smokers' efforts to quit, cigarettes are still sold in military commissaries at prices 26 to 42 percent lower than civilian store prices because they are not subject to state and local excise taxes. However, as of October 1987, overseas commissaries will no longer sell tobacco products to anyone under 18.

**Armed Forces Information Service**



Artist's rendition of new commissary. (From Public Affairs Office, U.S. Troop Support Agency, Fort Lee, Va.)



S. J. Amoroso Construction Company workers clear away area for new commissary.





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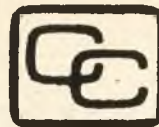
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# High speed tactics tie survival to training

story and photos by Pleasant Lindsey and Steve Morey

The serenity of Parks Reserve Forces Training Area (RFTA) was invaded Sept. 29 through Oct. 7 by Presidio soldiers participating in a field training exercise (FTX).

Soldiers from Cermonial Platoon, Headquarters Company, U.S. Army Garrison, Headquarters Command Battalion and Company C, 864th Engineers Battalion staged live ambushes, reconnaissance missions and air mobile attacks.

They also received hands-on survival techniques training which included use of primitive medicine, water procurement, fire building and signaling, shelter construction, rope knot tying, and gathering of food.

The FTX, implemented by Headquarters Command Battalion, was designed to give the soldiers realistic battle and survival experience.

Both the engineers and the USAG platoon consist of soldiers with varied military occupational specialties (MOS's), which would be useful in a real war.

"You train in peace like you fight in war," said Capt. Richard Thomas, command battalion assistant S-3. "We're trying to show the soldiers situations which are possible during wartime."

Thomas and Capt. Alan D. Arthur, command battalion S-3, arranged a hypothetical World War III scenario for the week-long training period.

Fourteen Ceremonial Platoon soldiers, posing as the enemy trapped behind the "line," conducted reconnaissance missions and an ambush against the engineers of Company C.

The engineers, led by company commander, Capt. John F. Duffy, were assigned to construct two projects while at Parks RFTA.

One project was a dirt-berm 35 feet tall, 80 feet wide at the base and 100 feet long, located behind the 300-meter targets on one of Park's M-16 rifle ranges. The second was a concrete pad, approximately 20 feet in length, which needed 11 cubic yards of concrete to fill the wood and wire mesh frame set by the soldiers.

The plan of attack had two Army UH-60A (Blackhawk) helicopters provide the "bad guys" with air support to and from their ambush site. The ambushing soldiers hid among the bushes and tall grass of a stream running alongside a dirt road. All of a sudden, they were fired upon (with blanks, of course!) from a passing truck filled with Company C engineers traveling to a work area.

The engineers returned fire and even managed to ambush the ambushers with a second

truckload of soldiers from the rear.

Ceremonial Platoon, led by Lt. Cassidy, company executive officer, regrouped his men. They were able to "kill" two enemy soldiers as they beat a hasty path back to the landing zone to await the Blackhawks.

As anticipated by the soldiers, the helicopter rides were the highlight of their ambush training experience.

"I'd been in a 'Huey' [UH-1H] before when I was stationed in Germany," said SP4 Glenn Wilmes. "But the Blackhawks are more mobile and are able to accelerate much faster."

Meanwhile, the command staff continued to quiz the soldiers of both units on basic battle situations and survival tactics.

Lt. Col. Timothy P. Gilbert, battalion commander, and Maj. Bradley W. Miller, battalion executive officer, were on hand to monitor the training of the soldiers. Gilbert also accompanied Ceremonial Platoon when the soldiers ambushed the engineers; and both were on hand when the troops received survival training.

"The command leaders are actually working with us, offering their knowledge and experience in different situations," said SP4 Robert Halverson.

"That's what I've liked the best about this FTX," Halverson said.



photo by Steve Morey

The Company C, 864th Engineers use a scraper to remove tons of dirt while creating berms for rifle ranges at Parks RFTA.



photo by Pleasant Lindsey

The soldiers of Ceremonial Platoon exchange MOPP gear in a simulated exercise. These soldiers get a lot of hands-on experience from Headquarters Command Battalion officers.



photo by Pleasant Lindsey

SP4 Robert Halverson, Headquarters Company, practices giving hand signals for helicopter approaches and landings. This was part of the Ceremonial Platoon's training exercise.



photo by Steve Morey

Soldiers from Company C, 864th Engineers patrol the road near their construction site in anticipation of another raid.



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# Sports

## Premier tennis player brings home gold

story and photo by Pleasant Lindsey

The Presidio Sports Branch labels him as the post's premier tennis player, describing his strokes as strong and quick. And virtually every year he collects medals to prove them right.

Letterman Army Medical Center's (LAMC) Nick Lapins earned two silver medals and one gold medal while helping the Army Tennis Team win the Armed Forces Tennis Championship at Fort Eustis, Va. Lapins holds the rank of colonel, and is the assistant chief of LAMC's Dermatology department.

"The silver medals were for individual competition, and the gold was for the team competition," Lapins said.

### Battles

In the first part of the championship, teams representing each branch of the military battled it out for team points. Lapins said that within three days each branch played against the players from from all the other branches to determine the team champion, in this case the Army.

Then the individual tournament begins.

"In each category of individual play, each player has to work his or her way up to the finals," Lapins said. "So there were a number of winners."

Categories were separated by age, sex, singles and doubles. Lapins, 43, won the silver medals in singles and doubles competition. His doubles partner was Bill Malkemes of Fort

Knox, Ky. The last time these two shared the court was in 1975. Since then, Lapins has been to the All-Army competition 11 times.

"Since 1979, I've been in the competition every year," Lapins said. He also competed in 1975 and 1977. During this time he has accumulated six silver and six gold medals.

Lapins has been at or near the number one ranking in the Army's junior veteran category since turning 35.

"There are about seven or eight guys in my age category from different Army posts who are quite good," Lapins said. "I had to play my doubles partner for three sets before I beat him for the number one ranking."

If this trend keeps up, the Presidio may become the place to be for Army athletes, regardless of the sport. Lapins is one more Presidian who knows the value of being on a winning team.

### Devoted

Lapins played team tennis in high school and college, but didn't become a serious devotee of the sport until he had joined the Army.

"I got serious about the game late," Lapins explained. "I've become more serious about tennis since turning 30 than I ever was before. As a kid I was interested in basketball, and I learned tennis on my own."

"Living in Seattle where the weather is unpredictable didn't help my interest in the sport. But when I got stationed in Texas where it was

sunny I found that there was a big interest in tennis.

"Now I think tennis is the perfect game, especially for older people. A person can get a good workout and it's a fun way to stay in shape."

Lapins didn't play in the 1987 Presidio tournament because of conflicting tournament schedules, he said. He's won the post tournament every time he has entered. And don't be surprised if winning seems like a habit to him. Lapins takes this sport seriously.

"I hope to be playing this sport until I die," he said matter-of-factly.

Does that sound a little zealous? Well, Lapins apparently isn't alone when it comes to loving tennis. Some of his fellow players aren't ready to quit either.

### Maturity

Lapins said one of the nice things about tennis is that players can stay within their age groups and still find competitive opponents as they get older.

As Lapins recalled: "I was at a national grass courts tournament for players over 40 years old, in Santa Barbara, Calif. this past spring where this guy was talking about the number of tournaments in different age categories. He said that there would be future tournaments for people in their eighties."

Can you imagine anyone being that fanatical about a sport?

Said Lapins, "A couple of us looked across the table at each other and said 'See you there!'"



Col. Nick Lapins displays the two silver medals and the gold medal he won in the Armed Forces Tennis Championship.

## Sports Notes

### Play ball

by Steve Morey

Intramural Flag Football League play on post was halted Oct. 1 as a new officials' contract was processed by the Community Recreation Division for the Sports Branch.

A new contract was awarded Oct. 7, according to Robert Darling, Jr., acting sports director, so the football referees should return to the gridiron in time for Tuesday's games.

Almost 200 flag football players were affected by the postponement, Darling said.

The Sports Branch will revise the schedule to make-up the six missed games, Darling said. Teams will play on Wednesdays in addition to the normal playing days of Tuesday and Thursday. The revised schedule will be followed for approximately two weeks.

As of Sept. 29 action, Co. C, 864th Engineers, were in first place with two wins and no defeats. Co. A, LAMC and LAIR were tied, 3-1, for second place in the 11-team league.

The old officials' contract expired Sept. 30.

### Run for your life program

An incentive awards program is available to all runner's on post. The Run For Your Life program rewards runner's as they accumulate daily miles toward specific mileage goals. Colorful patches and certificates are given for 50, 100, 200, 300, 400, 500, 750, 1,000 and 2,500-plus miles. Runners keep their own log sheet and can accumulate up to five miles a day credit.

Further enhance your running in our runner's paradise by signing up at Gym No. 1, bldg. 63 or by calling 561-4120.

### Fleet Week Challenge Run

The U.S. Navy has issued a running challenge to all community runners to participate in the annual Fleet Week Five-mile Challenge Run, Sunday. The Post Running Team is seeking interested runners to compete in the team event.

The Post Running Team was the

top military team and (second overall) last year. For further information contact Bob Darling, Gym No. 1, bldg. 63, 561-4120 or 561-5032.

### Post basketball

Practice for the post's basketball teams begin Tuesday, at Gym No. 1, bldg. 63. Practice for the men's team will be from 5 to 7 p.m., and the women will practice from 7 to 9 p.m. Active duty soldiers and family members 19 years and older are eligible for both teams. Sign up now by contacting Sandy Cornett at 561-4120.

### Gym closes

Gym No. 1, bldg. 63 will be partially closed to conduct testing of U.S. Military Academy candidates on Oct. 18. The basketball court, weight room and exercise room will be closed until noon or until testing is completed. All other sections of the gym will be open. For your convenience, Gym No. 2, bldg. 1152, will be open from 9 a.m. until noon on this day only.

### Gym Columbus Day hours

The post gymnasiums will change their hours for the holiday weekend. On Columbus Day (Monday), Gym No. 1, bldg. 63 will be open from 9 a.m. to 4:30 p.m. The Swimming Pool, bldg. 1151, will be open from noon to 4 p.m. Effective today, Gym No. 3, bldg. 1226 will be closed permanently.

### Golf lessons

Get involved in a lifetime sport. Free golf lessons for beginners are being offered by the Sports Branch for soldiers assigned to the Presidio.

Sign up by calling the Sports Branch at 561-4120 or 561-5032.

### Basketball coach needed

The Sports Branch, CRD is seeking qualified individuals to coach either the Post Men's or Women's Basketball Team during the upcoming season. Please contact the Sports Branch office at 561-4120 or 561-5032.

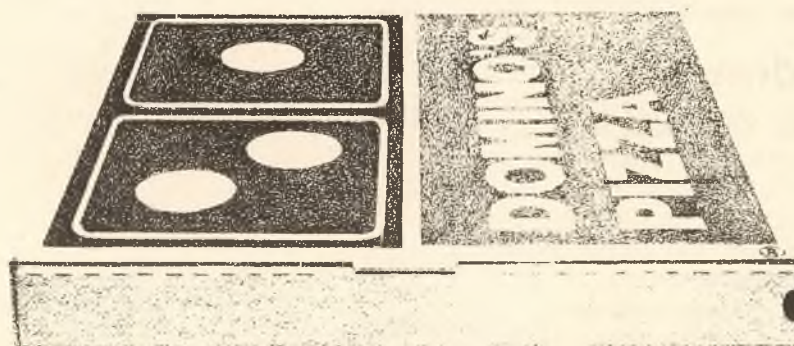


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# Community Calendar

## ACS Loan Closet

Do you have items from the Army Community Services (ACS) Loan Closet? If so, ACS needs your help in getting them returned to bldg. 914 (behind the Clothing Sales Store), to make them available to other families newly arrived to the Presidio. Because of the recent fire, most of the remaining loan closet items were either destroyed or damaged beyond repair.

Won't you please save us the time of using our card file to recall all overdue loans and return them to the location above?

Thank you for your cooperation.

## Volunteers needed

The Sept. 22 fire that destroyed the former Army Community Services (ACS) building has left ACS in desperate need of help and support from the Presidio community. ACS has always been there for Presidians, and is looking for a helping hand in their relocation. ACS needs help in the following areas:

- Remodeling and decorating;
- Organizing files and retyping files that have been burned;
- Front desk help;
- Volunteer coordinator to organize existing volunteers and recruit new ones; and
- Loan Closet volunteers.

Also, ACS needs area rugs and pictures for their new offices in bldg. 914. Volunteers or donors should call ACS at 561-5155.

## Bridge to Excellence

The San Francisco Chapter of Federally Employed Women invites you to the Western Regional Training Program, **Bridge to Excellence**, Oct. 22 through 24, at the Presidio. Registration for the three day program is \$75. This price covers the workshops and lunch on Oct. 23.

To register, call Eleanor Castorena at 561-2022.

## Beach clean-up

The Presidio Dive Club, the Conquistadores Del Mar, invites you to participate in the California Coastal Commission's second annual beach clean up on Oct. 17. Those interested in helping should meet at the Fort Point fishing pier at 9 a.m. After the clean up, there will be a pot luck lunch for all the volunteers. Bring a dish to share with others. Soft drinks will be provided. For more information, call Tom Halsey at 561-4115.



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## Holiday drawing for Tahoe rentals

Due to the high demand of Outdoor Recreation's rental units at Lake Tahoe during Nov. 25 through 28, 1987 and Dec. 18, 1987 through Jan. 2, 1988, a holiday drawing will be in effect. Sign-ups are as follows:

Oct. 15—Active duty other installations

Oct. 29—Retired military personnel

Nov.—Reservist and DAC's on PSF

Registration may be done by telephone or in person at the Outdoor Recreation Center, bldg. 92, for date(s) desired.

Normal reservation system applies for all other dates.

For additional information call or come by Outdoor Recreation, 561-4324, bldg. 92.

## Free classes for supervisors

The Education Center offers free clerical skills classes to help you train new employees and upgrade or update the skills of your clerks and secretaries. Beginning and intermediate typing, preparation of Army correspondence and word processing meet mornings from Oct. 20 to Dec. 18. Classes are open to soldiers and adult family members as well as civilian employees. To enroll or obtain more information, call 561-2974 or 561-4445.

## Enlisted Spouses Club meets

The next monthly meeting of The Presidio Enlisted Spouses Club will

be held on Oct. 19 at 7 p.m. in the Army Museum Conference Room, bldg. 3 on Funston Avenue. After the business meeting, there will be a jewelry display and sale by Cher Church of Cher's Collectibles.

Our next bakesale will be Oct. 22 at LAMC. We will be located on the first floor by the passenger elevators, from 7:30 to 11:30 a.m.

This year the Presidio Enlisted Spouses Club is proud to help with SFC & Mrs. Ronald Wilson's "Halloween Haunted House" at 749 A Portola St. on Oct. 31 from 6 to 9 p.m.

## Roller skating at Treasure Island

The Youth Activities Branch is sponsoring a Roller Skating Trip to Treasure Island on Oct. 17 from 4 to 6 p.m. The activity is for ages 6 to 12 years and the cost is 75 cents if you provide your own skates, and \$1.25 to rent skates. Departure is from the main Gym located across from the Army Museum at 3:30 p.m. and returning at 6:30 p.m. The deadline for sign-up is Oct. 16. For more information contact Youth Activities Branch at 561-5143.

## Mandatory briefing

All soldiers honorably separating (not retiring) from the Army during the months of October, November, and December are required to attend a pretransition briefing at the Presidio Religious Activities Center on Oct. 22 from 8 a.m. until noon. Spouses are welcome to attend.

Soldiers who ETS (term of service expires) in January are also encouraged to attend. Topics are designed to assist in making the transition to

civilian life. This briefing is mandatory in accordance with Army Regulation (AR) 635-10. For more information, contact the Soldier Support Branch, ATTN: AFZM-PA-MS, Commercial 561-2151 or AUTOVON 586-2151.

## Clerical classes

Here is a chance to improve your clerical skills. Classes will be given at the Army Education Center, bldg. 1216, in the Fort Scott area for **Beginning and Intermediate Typing, Military Correspondence and Introduction to Word Processing**, from Oct. 20 through Dec. 18.

**Beginning typing** students will learn to type an average of 20 words per minute. **Intermediate typing** is an advanced class where the students will type 40 or more words per minute. **Introduction to Word Processing** will be open to students who can type at 40 words or faster, and will feature the **Writing Assistant** program on a personal computer. These three classes will meet Tuesdays through Thursdays, from 9:30 to 11:30 a.m., and Fridays from 9:30 to 10:30 a.m.

The fourth class offered, **Military Correspondence**, will show the proper format for letters, messages, disposition forms and memorandums. This class will meet Tuesday through Friday from 7:30 to 9:30 a.m. Students must have the ability to type.

## City College classes offered

There's still time to sign up for the following courses from City College of San Francisco: **Oct. 19 to Dec. 14, Microcomputer Applications for Business, Bus 60, 3SH**, is an introductory course in the use of microcomputer applications software for business. The class meets Mondays and Wednesdays, 6 to 9 p.m. **Accounting for Supervisors, Bus 206, 3SH**, is part of a seven-course certificate program in supervisory practices. Bus 201 is a prerequisite for students to enroll in this course. Class meets Mondays and Wednesdays, 6 to 8 p.m. Cost for each class is \$15 for California residents and \$291 for non-residents. Army tuition assistance pays 75 percent or 90 percent of these charges for eligible soldiers. For further information or to enroll, call or visit a counselor at the Education Center, bldg. 1216, 561-2974 or 561-4445, or the LAMC Education Center, bldg. 1007, 561-3692 or 561-4030.

## At the movies

### Presidio Theatre

Fri, Oct. 9	No Way Out (R)	7 p.m.
Sat, Oct. 10	Stakeout (R)	7 p.m.
Sun, Oct. 11	Stakeout (R)	7 p.m.
Mon, Oct. 12	Stakeout (R)	7 p.m.
Tue, Oct. 13	Disorderlies (PG)	7 p.m.
Wed, Oct. 14	Nadine (PG)	7 p.m.
Thu, Oct. 15	Can't Buy Me Love (PG-13)	7 p.m.
Fri, Oct. 16	Can't Buy Me Love (PG-13)	7 p.m.

### Schwartz Theater

Mon, Oct. 12	No Way Out (R)	7 p.m.
Wed, Oct. 14	Stakeout (R)	7 p.m.
Thu, Oct. 15	Disorderlies (PG)	7 p.m.

### Hamilton Theater

Hamilton Theater schedule not available at press time.



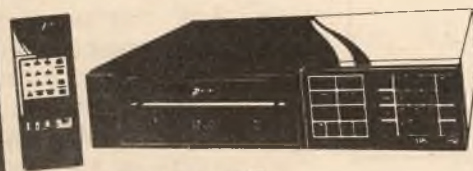
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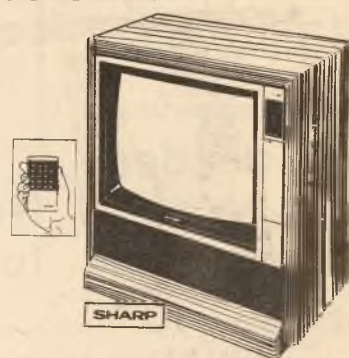
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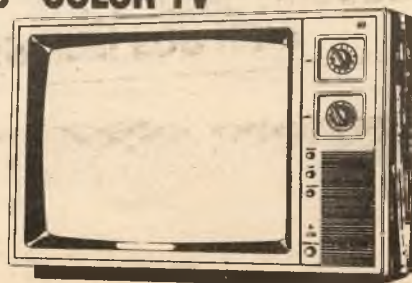
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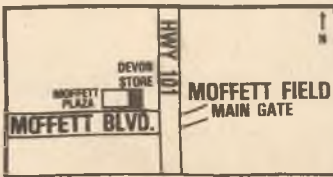


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**FEW:** Federal women march forward, page 5

**LAMC:** Appointments made easier, page 7

**Fleet Week:** Presidio rewrites challenge, page 9

# Star Presidian

Vol. 30, No. 14

"Published in the interest of the people of the Presidio of San Francisco."

Oct. 16, 1987

## Fire damages CDC, arson suspected

Story and photo by Steve Morey

An early morning fire Oct. 13 caused an estimated \$60,000 structural damage to a classroom within one of the post's buildings currently occupied by the Child Development Center (CDC).

Smoke detectors within bldg. 572, Ruger Street, one of four buildings within the CDC complex, set off a direct link-up alarm at Presidio's Fire Department at 4:26 a.m.

The building was unoccupied at the time.

There is a suspicion that arson was the cause of the fire, according to acting Public Affairs Officer Jim Hudgins. He said that an investigation determined that a "liquid accelerant" was found at the scene of the fire.

The CDC fire occurred exactly three weeks after an electrical fire gutted nearby bldg. 566, the former offices of Presidio's Army Community Services (ACS). The Sept. 22 blaze caused \$750,000 damage, injured nine firefighters and forces the relocation of ACS to bldg. 914.

Because arson is suspected, investigators at press time were re-examining the cause of the Sept. 22 fire that destroyed the ACS building.

The fire Oct. 13 was controlled by firefighters by 4:50 a.m., Hudgins said. The fire extensively damaged one of four classrooms within the building and caused heat and smoke damage to a second classroom, Hudgins said.

"Damage was limited to the center of the building, thanks mostly to firewalls and fire doors which had been added to the building," said William J. Williams, Jr., fire chief, Presidio Fire Department.

No one was injured as firefighters worked quickly to extinguish the fire in the 84-year-old structure. A new CDC is currently under construction near Moraga Avenue and is expected to be completed in the near future.

Part-day, preschool classes, which were to be held in the most heavily damaged classroom, were cancelled for the day but resumed Oct. 14.

"I think the most amazing thing about the fire," said Diana Curl, CDC director, "is the way the firewalls and fire doors contained the fire."

"I believe it's an incredible example of good fire prevention."

Curl said that the fire destroyed plastic, children's furniture and classroom equipment; but did not affect any files or records.

"All of our administrative records are kept in our main office," Curl said. CDC's main office was unaffected by the fire because the office is in the

building next door, bldg. 569.

Hudgins said cleanup of the building would begin immediately in order to reopen the unaffected classrooms as soon as possible.

The kitchen within the fire-damaged building was reopened Oct. 14 and the staff resumed hot meal preparations for the children.

The wood-sided structure was originally built as a barracks unit in 1903.

The amount of damage to the contents of the building is unknown.



Members of the Criminal Investigation Division, the Presidio Fire Department and the Military Police survey the damage to bldg. 572.

## Surviving disaster, ACS rises from ashes

story and photo by Steve Morey

Presidio's Army Community Services (ACS) will rise from the ashes of the Sept. 22 fire just as new vegetation sprouts from the ground after a forest fire.

Just ask ACS employees Starine Cheek and Sue Kelly.

"We look at the fire as challenging, not depressing," said Cheek, who is the acting chief of ACS.

Kelly, who is the financial affairs coordinator for the family-oriented service organization, agreed. "The day after the fire we held a staff meeting and agreed that the fire was no excuse for not doing our job."

"We may be limited but we still have the best resource—ourselves," said Kelly, who has been with ACS for more than two years.

The fire destroyed bldg. 566, Ruger Street, former home of ACS of-

fices, and caused \$750,000 damage to the historical building. Nine firefighters were injured as they battled the early morning, two-alarm blaze.

Furniture, office equipment and ACS loan closet items were completely destroyed in the fire along with materials and paperwork from some of ACS's community program.

"Most of our records and files were in steel file cabinets. They were damaged but can be reprinted," Cheek said.

Ironically, ACS's *Relocation Program* was hurt most by the fire. Kelly said that nearly all of the program's materials and paperwork were on top of workers' desks when the fire broke out.

As a result, those people who volunteered their time to help type will be receiving a call from ACS shortly.

"We haven't forgotten about them," Cheek said. "We'll get in touch with them as soon as we possibly can."

### Support

The two ACS staffers said ACS is going through a grieving process similar to that of a family losing their home. Consequently, staff members have received an outpouring of help from Presidians.

"A lot of soldiers have volunteered to help with the cleanup and reorganization into the new ACS building (bldg. 914, south of the Military Clothing Sales store)," explained Cheek. "They've told us it's their chance to return the favor to ACS."

ACS has also received continual support from organizations such as the Officer's Wives Club, Presidio Enlisted Spouses Club, Thrift Shop

Board, Letterman Army Medical Center Women's Auxiliary and Presidio mayors.

"That's just a partial list. I apologize if I've forgotten anyone," said Cheek, who has worked for ACS for more than three years.

Support from the military community has helped to reinforce the family idea of ACS, Kelly said. "The chance to build something new, something positive on the Presidio will unite the community," she said.

"The aesthetics of ACS is so important because we're the first thing most new Presidians see when they get here," Kelly continued. "In the meantime, while we move into our new building, it's hard for our staff to tell people, 'Sorry, we don't have any welcome packets to give out.'"

"It really hurts us to say that," she said.

please see page 3



# Voices

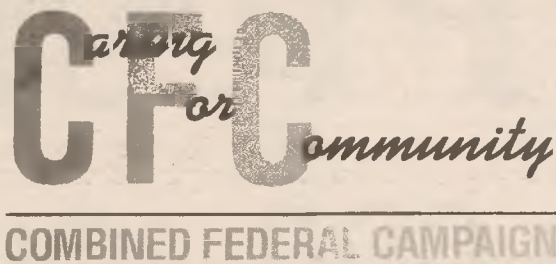
## CFC drive outgrows coffee can tradition

The Combined Federal Campaign (CFC) kicked off Sept. 12 and has been going strong for over a month. But it is not time to stop yet—donations to charitable organizations are still needed to top the \$3.1 million federal employees raised for the 1986-87 campaign. Organizations that benefit from the donations include the Arthritis Foundation, St. Jude Children's Research Hospital, the Lupus Foundation of America, the USO, and the American Red Cross.

The civilian chairman for the '87-'88 CFC is Michael Howland, San Francisco district director, U.S. Small Business Administration.

This year's campaign theme is "Caring for Community," and the goal is to top last year's campaign revenues of \$3.1 million by a healthy 10 percent. There are other objectives for this campaign.

"I want to see greater employee involvement at all levels of the campaign," said Howland, "and I would like to see Federal employees receive greater recognition for the caring people that we are."



### 85,000 contributions

Participating agencies range from the Environmental Protection Agency (EPA), Postal Service and Veteran's Administration to the military and every agency in between. All together, there are over 85,000 Federal employees who will be asked to dig into paychecks and pockets to help the charity of their choice.

According to key fund raiser Judi Holley, a Social Security Operations Officer, "Even though

our ranks have been reduced by six percent since last year, we expect a tremendous response. That's because many of our employees, especially in the mid-income range, have a history of digging in when times are tough. They are our biggest contributors. The average employee gift is \$68, which amounts to a dollar or two from each paycheck, so it really adds up. And, our people get to see the results of their charitable contributions right in their neighborhoods. This campaign is unique in that employees can designate funds for any organization they choose."

### Coffee can alternative

The CFC has grown steadily since its inception in 1957 when President Dwight D. Eisenhower made an official declaration that charitable help among Federal employees must be organized beyond the traditional coffee can that was passed around to help communities during times of disaster and epidemics of any size.

## Ramblin' Sam

"What would you do if you witnessed a hit-and-run accident?"



**Danny Dadios, supervisor of mechanical engineering, DEH:** "I would get the license plate of the hit-and-run car and report it to the police. I would just be doing my job as a good citizen."



**SSgt. John Taimanglo, finance advisor, Readiness Group, Sixth U.S. Army:** "The first thing I'd do is report the accident to the military police; and then I'd wait around to explain *exactly* what I saw."



**Molly Dobrowski, housewife-nurse, Washington D.C.:** "I would try to get the plate number of the car and then I'd report it to the police. I would also try to help the person who was the victim of the accident."



**Lori Maree, budget assistant, Directorate of Resource Management:** "I'd report the accident to the military police, giving them the license plate number and description of the hit-and-run car."

## Presidio Red Cross aids 1,500 soldiers, family members

by Patricia A. McSwayne

1446 members of the armed forces and their families were helped by the American Red Cross at Letterman Army Medical Center (LAMC), Presidio of San Francisco during the last year, according to RoseMary Jurney, Red Cross station chairperson.

Among the 1446 armed forces personnel and their families aided by the Red Cross at the Presidio, 381 were helped in obtaining verification for emergency leaves and extensions, and 558 military personnel and their families were assisted with com-

munication services. Worldwide, 342,083 persons in this category were assisted with emergency travel.

It is important to remember that these services are made possible by contributions from the American people through local fund campaigns. The Red Cross receives no funds from the government to provide these services.

The American Red Cross spent nearly \$872 million in meeting human needs (including blood and blood products and public health and safety education) to millions of Americans last year, according to Jurney.

Disaster victims, members of the armed forces and their families, veterans and their families, and sick and injured patients needing blood were the primary recipients of Red Cross assistance.

Red Cross aid also went to the elderly, handicapped, terminally ill, institutionalized, homeless, and to young people in need of services.

According to Jurney, Red Cross public education courses in first aid, cardiopulmonary resuscitation (CPR), nursing, water safety, boating safety, nutrition, high blood pressure, AIDS public education information,

and other health-related subjects were given to millions of Americans throughout the country. Locally, more than 400 people were served.

"These services were provided by more than 1.4 million direct-service volunteers in all 50 states and United States possessions," Jurney said. The Red Cross maintains a network of nearly 2,900 chapters, 57 regional blood services and 444 field stations around the world.

These services are made possible through the voluntary contributions made during the Combined Federal Campaign.

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## ACS continued from page 1

### Rebirth

The physical appearance of ACS offices in bldg. 914 also reflect the image of the Presidio and ACS in particular. Therefore, Cheek and Kelly have requested donations of carpeting, area rugs, curtains, plants,

pictures—anything that Presidians are able to give.

"We need to fine tune our working environment," Cheek said. "That includes getting more typewriters to go along with the volunteers we have waiting to type."

ACS considers bldg. 914 to be a

temporary office site until the post's master construction plan can be reviewed to find an alternate location.

Meanwhile, ACS is accepting donations of time and effort along with items for their loan closet and office areas.

"We ask that those people who

have overdue loans from the ACS loan closet please return those items," Cheek said.

To volunteer time or items, call ACS at 561-5057 or 561-5156. You can help ACS be the budding flower to rise from the ashes.

## News Briefs

### Energy awareness

The Directorate of Logistics, Presidio of San Francisco, is sponsoring the Presidio Energy Conservation Award. The award will be given to the Presidio organization (director, command, or non-Department of Defense organization) with the best new idea for energy conservation which will be used within that organization *during the next year*.

This will be the first award for what will become an annual event. The award will be presented to the head of the winning organization by the post commander during Energy Awareness Week, Oct. 26 through 30.

Ideas for energy conservation should be submitted on a disposition form (DF) to the Directorate of Logistics, PSF, ATTN: DL-RM-IEC, bldg. 220. Ideas should be turned in no later than the close of business on Oct. 22 to be considered for this year's award.

### Selective reenlistment

Soldiers in military occupational specialties (MOSs) who are eligible for the Selective Reenlistment Bonus (SRB) program, and whose enlistment contracts expire in October, November or December, may extend their enlistments until Jan. 31, 1988—in the hope that legislation will be signed to reinstate the bonus program.

The legislative authority to give the bonuses and give reenlistment contracts for the Bonus Extension and Retraining (BEAR) program expired Oct. 1, because Congress failed to enact a law covering the programs, according to Maj. Allen Deutsch, a staff officer in the Army's Office of the

Deputy Chief of Staff for Personnel.

Deutsch said that the SRB payments will still be sent to soldiers with contracts signed before Sept. 30. Also, soldiers enrolled in the BEAR program before Sept. 30 who have completed their schooling and committed themselves to re-enlist will receive their bonuses.

Soldiers may continue to apply for the BEAR program, according to Deutsch. Applications will be processed through the Totally Army Personnel Agency in Alexandria, Va. However, approval will not be granted until the program is re-started by Congress.

### Flu shots

Starting Monday, Influenza vaccinations—flu shots—will be given to active duty soldiers at the Allergy and Immunization Clinic, bldg. 1016, between 8 a.m. and 3:30 p.m., Monday through Friday. Retired soldiers, family members and civilian employees can also receive flu shots on Mondays and Wednesdays between 8 a.m. and 3:30 p.m.

Soldiers are required to have their medical records or the yellow shot card with them to get the vaccination. Family members, retired soldiers and civilian employees must show consent forms to the clinic staff before they can receive the shot.

Questions about Influenza vaccinations can be answered by calling the Allergy and Immunization Clinic at 561-4311 or 561-4394.

### GGNRA meeting

The Golden Gate National Recreation Area (GGNRA) Advisory Commission will meet on Nov. 10, at bldg. 201, GGNRA Headquarters, at

Fort Mason in San Francisco at 7:30 p.m. to hear presentations and public comment on issues relating to the Golden Gate National Recreation Area.

The main agenda item will be an update on plans for development of Crissy Field, with particular emphasis on a proposal to relocate the GGNRA central maintenance facility to a site adjoining Fort Point. Plans for the GGNRA portions of Crissy Field are being developed with the assistance of John Northmore Roberts Landscape Architects and Land Planners of Berkeley, Calif., under the auspices of the Golden Gate National Park Association. The San Francisco City Planning Commission staff has also participated in the formulation of this plan.

Along with GGNRA's Crissy Field planning effort, the Directorate of Engineering and Housing (DEH) at the Presidio of San Francisco has been developing plans for Army lands in the Crissy Field area. The Army and the National Park Service have coordinated preparation of the plans to assure that the requirements of both the Army and the National Park Service are addressed in development of this critical urban shoreline.

The meeting will include a Superintendent's Report on GGNRA general superintendent Brian O'Neill.

This meeting is open to the public, and the public may express their views. Anyone wishing to receive more information on this meeting or who wants to submit written statements may contact the Staff Assistant, Golden Gate National Recreation Area, Bldg. 201, Fort Mason, San Francisco, CA 94123, telephone (415) 556-4484.

## Crime triangle runs public safety

All crimes require three things to occur; Desire, A Victim, and the Opportunity.

### Desire

Criminal desire is developed by the reward, either monetarily or psychologically, as in the case of vandalism. We can reduce the criminal's desire by refusing to buy fenced goods and by imposing stiff sentences on those that are caught.

### Victims

It seems as if some people are just asking for trouble. They constantly refuse to heed the warnings of their supervisors or the Military Police when they are told to secure their property. Unfortunately some people are unable to care for themselves or are too naive to recognize the problem. An example of this would be an elderly person. We must all look out for the welfare of the elderly by assisting them in securing their property and encouraging them to consult attorneys before making investments.

### Opportunity

You should secure all property and mark it with your social security or driver's license number. More importantly, you should keep a written record of all of your property in a safe place. Pictures of your property would also be a good idea. If you have signed for government property make sure that you do a daily inventory of the items you

are responsible for. That's not to say that you do it by serial number on a daily basis; just visually check to see if its all there and in good condition.

When people become victims their morale is significantly lowered and it affects their job performance. Our soldiers and employees should feel safe when they are working and living on the Presidio.

### PMO alert

The Provost Marshal's office would like your assistance in locating transients whom you suspect to be living on the Presidio. Call the MP desk sergeant and he or she will dispatch a patrol to escort the individual, process the offender and release him or her to the post boundary. If while being processed the individual is determined to be mentally unsound the transient is released to the San Francisco Police Department.

### Crime report

- A stereo cassette player was reported stolen from an automobile.
- One soldier was apprehended for shoplifting at the Main PX.
- An alert soldier foiled an auto burglary in the Pershing housing area.
- A stolen vehicle was recovered by the Military Police.

### PSF Idea of Excellence

This week's Idea of Excellence comes from CSM John P. Carvalho, Headquarters, Presidio of San Francisco. Carvalho, suggests constructing a sidewalk for the Lombard Gate.

Presently, there are only paths at the gate—paths worn through the grass by people who must use the gate to get to work. The worn paths have an unkempt appearance, but a sidewalk would enhance the entrance's look.

Carvalho's idea has been approved, and the Directorate of Engineering and Housing has submitted a work order for the task. According to a reply to Carvalho signed by Col. Joseph V. Rafferty, the sidewalk should be completed by the second quarter of the fiscal year.



"Let me examine that last clip, Halverson."





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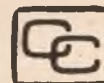
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# Advancements

## Federally employed women holds annual training program

story and photo by Steve Morey

The San Francisco Chapter of the international organization, Federally Employed Women (FEW), which is based on the Presidio, will hold its annual Regional Training Program Oct. 23 and 24 at the Golden Gate Community Club.

Registration and a reception will take place at the Presidio Officers' Club Thursday at 5 p.m.

The theme of this year's training agenda is "Bridge to Excellence" and will feature Congresswoman Barbara Boxer as the guest speaker at Friday's luncheon.

FEW is a *private*, non-profit, non-partisan voice of more than 700,000 women in federal service which promotes opportunity and equality for women in government.

Its members include women *and* men, military and civilian, state and local employees and managers and staffers.

The San Francisco chapter has 60 paid members, one-third of which are active in monthly meetings.

Nancy Freeman, parliamentarian and past president of San Francisco's chapter, has been an active member of FEW for four years. She is the budget officer for the Engineering Resources Management Division of the Directorate of Engineering and Housing (DEH) on post.

Freeman said her duties as "parliamentarian" are to keep the procedures and business portion of chapter meetings running smoothly.

"What I enjoy most about FEW meetings is that we can meet people from other organizations and areas," Freeman said. "This 'networking' adds to the flavor of the meetings and lets us better communicate our organizational needs and wants."

Organizations represented at many of the San Francisco chapter's meetings on post include the U.S. Postal Service, Housing and Urban Development, Golden Gate National Recreation Area, the U.S. Mint and the Veteran's Administration.

Freeman said that almost all federal agencies and many local governments are represented by FEW members at local chapter meetings. Additionally, many members of FEW are Equal Employment Opportunity (EEO) officers who are familiar with grievance procedures and the federal retirement system, she said.

"FEW can use the expertise of its many members to lobby Congress, *outside* of the government structure," Freeman said. "Unlike the Federal Women's Program (FWP), which is part of the federal system, we can fight for what is fair to FEW members."

A subject such as sexual harassment on the job, Freeman explained, can be brought to the attention of Congressmen by FEW members. While both FEW and FWP strive to advance career opportunities for women in government service, Freeman added, FEW is the "*sole, independent voice*" of federal women working around the world.

Each of the 200-plus FEW regional chapters sponsors annual training programs. In addition, the international headquarters in Washington,

D.C. holds an annual conference.

Topics covered at FEW training programs include "Women and the Law," "Computers," "Grievances," "Communications," and EEO updates.

"We try to set up programs to meet the needs of our members," Freeman said.

FEW encourages all U.S. armed forces members to join, she said, citing the fact that a national FEW officer is a member of the military.

Presidians who want more membership information or training program details can call Eleanor Castorena at 561-2022 or 561-2035; Lois Marks at 561-7127; or Evon Riley at 561-4755 or 561-4756.

Registration fee for the two-day conference is \$75; or \$12 for Friday's luncheon *only*.



Nancy Freeman: "FEW is the sole, independent voice of federal women."

## Army develops protective eyewear that can stop bullets

by Evelyn D. Harris

Anytime is a good time to think about what you can do to save your windows to the world, your eyes.

Uncle Sam is already doing his part—to the extent of developing glasses that stop .22-caliber bullets fired from 30 feet.

However, the glasses are not intended to stop a bullet, so if you are issued some, don't go out and test them on yourself or a buddy. What the glasses (ballistic/laser protective spectacles) are intended to do is reduce injuries in the event the wearer is hit by dust, shrapnel or laser beams.

Eye injuries accounted for 9 percent of the combat-related injuries in Vietnam and 7 percent of the injuries to Israeli fighters in the

1982 Israel-Lebanon War. During peacetime training, 50 percent of weapon-related injuries are to the eye, caused by small missiles or flying fragments moving at moderate to slow speeds. They are the most preventable type of eye injuries.

"We are not calling these glasses bullet-proof, only impact-resistant," said Army Capt. Francis McVeigh, an expert on eye-related topics at the Academy of Health Sciences at Fort Sam Houston, Texas. Students there will be taught to adjust, fit and repair the glasses.

The Army purchased about 100,000 of the glasses in September 1987 for issue to contingency forces over the next 18 months. If the intended users like the glasses,

they will become standard issue for appropriate soldiers and Marines and possibly sailors and airmen.

The glasses will have a low price tag considering all they can do. They will cost less than a pair of high-fashion sunglasses. Some 40 times as impact-resistant as standard eyewear made of crown glass, the glasses are really an eyewear system consisting of one pair of clear glasses, with prescription lenses if needed, a pair of bronze glasses, a carrying case and two neck straps.

The prescription lens portion will fit into a gas mask. In addition, a shield clips onto the glasses and protects against laser beams. The ballistic protective eyewear, made of polycarbonate, provides the im-

pact resistance.

The eye system comes with a technical manual that explains care, use and assembly. Care is relatively easy—all components of the unit can be washed with mild soap and warm water, rinsed with warm water and air dried. In addition to protecting against battlefield dangers, the bronze glasses provide protection against bright sunlight.

The spectacles were made through the combined efforts of the Army Medical Materiel Development Activity, Fort Detrick, Md., the Army Natick (Mass.) Research, Development and Engineering Center and a contractor, the American Optical Corporation.

American Forces Press Service



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# Health

## Central Appointments upgrades patients' service

by Michael J. Foster

Have you had difficulty getting that exact physician appointment you wanted at Letterman Army Medical Center (LAMC) or gotten tired of the busy signal that almost always seems to be present when trying to make an appointment? Well, making appointments through the Central Appointments System doesn't always have to be a trying experience. With a little information and some understanding of the appointment process, anxiety and frustration can be lessened. Remember, the staff at LAMC is sincerely concerned about your well being and would like patients to get through the appointing process as easily as possible, so that your medical condition can be expertly treated by the medical staff.

There are more than 40 services or clinics at LAMC for which appointments must be made. In a typical month, the seven full-time clerks make over 6,500 appointments, register over 600 new patients and answer more than 7,000 calls for general information. More than 15,000 telephone contacts are made

every single month.

To help provide access to the appointment service, ten telephone lines are incorporated into an electronic call sequencing machine which allows the dialer to call one telephone number (561-5324) and to have his or her call answered in the order in which it was received by the machine. When all appointment clerks are busy, the sequencer automatically places you on hold and plays a prerecorded message, which provides pertinent information.

So now that you know a little about the office and its system, the obvious question is "How do I avoid being placed on hold for such a long time?"

The answer to this is simple. The best way not to be put on hold for too long is to avoid calling when phone lines are particularly busy. Normally, the busiest time of the month is Monday morning and the beginning of the month. Patients should avoid these times unless you are asked to call during one of these periods by an appointment clerk. Another way to cut down on waiting time and free-up valuable telephone lines is to have

your information ready when you call. Have your medical card out. Have paper and pencil handy. If you were given a consultation sheet, be ready to read information from that sheet to a clerk, if asked. And by all means, if it's a follow-up appointment, know your doctor's name and the name of the clinic that you need. It takes a lot of time to look at a patient's records for missing information—time that other patients could use to make their appointment.

Finally, if you are making an appointment for another person, or if you have a certain time frame in mind, let the clerk know that before you start making appointments.

Once your call has been received by the appointment office, your request will be processed as expeditiously as possible in an attempt to match your needs with the appointments which are available. The appointment clerks are trained and knowledgeable in most hospital clinic appointment policies, and will always offer you the first available appointment unless you specify otherwise. Keep in mind that the Central Appointments staff is there to provide you, the patient, a

service. Although they can't meet every patient request, they will attempt to accommodate you to the maximum extent possible. If you have a general information question you should more appropriately call hospital information at 561-2605 or 561-2155.

One last hint about the Central Appointments Office: If you are a long distance telephone caller (outside area code 415) who does not want to be placed on hold by the electronic call sequencer, a special line has been installed that will not place you on hold and won't run up your telephone bill! The phone will ring in the Central Appointments Office until a clerk is available to answer. The phone number is (415) 561-4289.

If you have any suggestions, comments or complaints, please feel free to write to:

Central Appointments  
LAMC  
PSF, CA 94129-6700

(Editor's note: Capt. Michael J. Foster is the chief of the Ambulatory Care Support Branch, Letterman Army Medical Center)

## CHAMPUS explains policies, gives money saving tips

### CHAMPUS outpatient deductible starts over

As of Oct. 1, the CHAMPUS deductible for outpatient care started over for the new fiscal year. This means that from now through Sept. 30, 1988, you pay the first \$50 (for one person), or the first \$100 (for a family) worth of allowable outpatient and medical bills.

Send in your claims as you normally do, and your state or area's CHAMPUS claims processor will keep track until you've met your deductible amount for the year. If you have other insurance that pays part of your outpatient bills, attach a copy of the statement which shows how much they paid to your claim.

### Save money: Call your HBA

Recently, a military spouse called CHAMPUS headquarters in Colorado from Florida—to ask for

some CHAMPUS claim forms.

We don't know how much the telephone call cost. But she could have saved most or all of the expense by contacting someone closer to home: her nearest Health Benefits Advisor.

Health Benefits Advisors may be military or civilian. They may be found at Uniformed Services hospitals and clinics, and at other military activities as well. They can answer questions about your entire military health benefits package—not just CHAMPUS. And, they generally have supplies of helpful publications such as the CHAMPUS Handbook and a variety of fact sheets, and CHAMPUS claim forms.

So, the next time you need information about CHAMPUS or your other military health benefits, or you need a couple of CHAMPUS claim forms,

check with your nearest HBA. He or she will be glad to help.

### Child can lose CHAMPUS eligibility by marrying

If the child of an active-duty or retired member of the Uniformed Services marries someone whose dependents are *not* eligible for CHAMPUS, that child loses CHAMPUS eligibility at one minute after midnight on the day after the day of marriage.

But if the marriage is ended before the child is 21 years old, he or she may again become eligible for CHAMPUS at one minute past midnight on the day after the marriage legally ends. The renewed eligibility continues up to age 21, if the child doesn't remarry before that time. If the marriage ends *after* the child's 21st birthday, CHAMPUS eligibility won't be reinstated.



Gee, officer, what sign?

photo by Steve Morey

F18 Hornet ignores 35 mile-per-hour speed limit during the Navy Blue Angels' practice runs over Crissy Field Oct. 9. The following day, the Blue Angels performed a 30-minute aerobatic routine for Fleet Week over the same area.



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## Sports

## 864th proves No. 2 is better than No. 1

story and photo by Steve Morey

A "friendly" battle took place the evening of Oct. 13 between the two Company C, 864th Engineers football teams in the Presidio Flag Football League.

Undefeated Team 2 used three Cedric Archie touchdown passes to outlast Team 1, 18-10.

After going up 6-0 on Archie's first touchdown toss (the extra point was missed), Team 2 intercepted a Rudy Russell pass at midfield.

However, instead of heading toward Team 1's endzone, Team 2 was penalized on three consecutive plays. Archie and company appeared to be out of scoring range on third

down when the fleet quarterback scrambled to his left and heaved a bomb to David Murray.

Murray grabbed the ball at the 10-yard line and outraced two defenders to run the score to 12-0. Again, Team 2 missed the point after attempt.

Team 1 drove back down the field on the strength of Russell's legs as he combined two running plays to put his team at their opponent's 5-yard line.

The drive stalled there, but Team 1 gained a reprieve when David Lovell sacked Archie in the end zone for a safety. The score stayed at 12-2, Team 2, until the fourth quarter when

Team 2 followed an apparent game plan by missing their third straight extra point for the final score of 18-10, Team 2.

Although one of the "Teams" lost, the 864th Engineers, as a whole, won, as Team 2 remained undefeated in the league.

Team 1 scored a touchdown and extra point (running) to pull to 12-10.

On the touchdown play, Russell darted and deked his way down the left sideline from 20 yards out.

The game's final score was a long pass from Archie to Travis Dandridge as Team 1 sent two extra blitzers into Team 2's backfield.

## Presidio runners top Fleet Week field

by the Presidio Sports Branch

An Army of Presidians conquered the day in the U.S. Navy's annual Fleet Week Challenge Run on Oct. 11, when about 1,000 runners rambled along the five-mile course from Crissy Field to the finish line at Pier 32, beyond the Bay Bridge.

Individual and team victories were Presidio's as the Army stole the limelight. The overall victor was Bob Darling of the Presidio Sports Branch who strode to an easy win by 18 seconds with a time of 25:43. The Presidio running team passed a dozen other teams to reach the overall team championship.

Darling said the post running team has a high level of individual physical fitness buffs. Their self-preparation helped them outshine other runners.

According to Darling, "It's a dedicated team and the members train on their own time to achieve a high state of fitness. Individual fitness has many faces and job backgrounds on the Presidio."

To clarify that statement, Darling mentioned some of the occupations represented by runners who form the nucleus of the running team.

There's Lon Kincannon, a research specialist from Letterman Army Institute of Research (LAIR); Francisco Diaz of Company A, Letterman Army Medical Center (LAMC); dental assistant Jim Warmanski of Dental Activity (DENTAC); Sam Rojas of Company A, LAMC, who works in the pharmacy; and Dan Smith of LAIR, who works in the blood research department.

These aren't all of the runners from Presidio who participated, however.

Darling said many Presidians, led by Joseph V. Rafferty and Peter Gleichenhaus, ran for their personal fitness and enjoyment, either with their units or individually, in the Fleet Week Challenge.

"From the top to the bottom, the Presidio of San Francisco showed many fine examples of physical fitness," Darling said.

Darling recommends getting a physical checkup from your doctor, and ordering a copy of the Department of the Army (DA) Pamphlet 350-21, Family Fitness Handbook. Then, said Darling, you can be a part of the Presidio's fit-to-win attitude.



## Jimmy the Freak's picks of the week

How did I do last week with my predictions? I can't remember any of the scores...or many of the players, for that matter. I *did* learn one lesson. If I want the Raiders to lose, all I have to do is predict that they will win. What a contrary bunch! During the brief time that I viewed their game on the tube, I got the distinct impression that their "replacement" players were playing with a lot more enthusiasm than the "regular" players, such as Howie Long. Long should have been tossing around the Broncos like so many Raggedy Andy dolls. Instead, he looked like the little kid who got sent to the school dance and was going through the motions to get his parents off his back.

As much as I dislike "Crisco" Al Davis, he always worked hard to put a quality team on the field—no matter how distasteful their personality. Some of the current teams couldn't

beat Oklahoma or Nebraska, let alone a fully-staffed Giants or Bears team. It must be eating Davis up inside. Hmmm. Maybe there is a benefit to this strike after all!!!

San Francisco 28,  
St. Louis 13

Who ya going to favor—Joe Montana or a reject quarterback from Boston College? The guy shouldn't be playing football anyway. He should be a beat cop in "Southie." Look for three or four touchdown passes against that weak Cardinal defensive backfield.

New York Giants 7,  
Buffalo 6

Bill Parcells is too good of a coach to ever be saddled with an 0-5 team. George Young gave him some real bow-wows as replacement players,

but the Bills should have been put to sleep.

Indianapolis 23,  
Pittsburgh 20

Never in my wildest dreams would I have guessed that I would be favoring the Dolts for a game that could put them in first place after a month of play. Look for that renowned intellect, Bob Irsey to save a bunch of money by keeping most of the strikebreakers. What the hay... they're playing better than the high priced spread.

Detroit 27,  
Seattle 20

Break up the Lions!! The Cats are on a roll...this victory will be their second of the season. What a bonanza! After the Tigers broke every Michigander's heart, they deserve a little uplift.

Chicago 34,  
New Orleans 23

I think that Mike Ditka planned for this strike just so he could unload Doug Flutie without having to admit that he made a stupendous mistake in believing that he is a legitimate professional quarterback. Talk about your Madison Avenue All-Americans!! The guy couldn't lead a team out of a broom closet.

Washington 28,  
Dallas 17

It doesn't matter that the Redskins are playing with less talented personnel. It doesn't matter that Danny White is leading the Cowboys. Anytime White lines up against the 'Skins he transforms into an even more inept player. He sort of resembles Khaddafy at the frontlines..all bluster and no substance.

## Intramural Football League schedule

Tue., Oct. 20

USAG vs. USAISC, 5:30 p.m.;  
COE vs. Co. C, 864th Engineers No. 1, 6:30 p.m.; and  
LAMC vs. LEC, 7:30 p.m.

Wed., Oct. 21

USAG vs. DLI-SF, 5:30 p.m.;  
LAIR vs. Co. C, 864th Engineers No. 2, 6:30 p.m.; and  
LEC vs. 864th Engineers No. 1, 7:30 p.m.

Thu., Oct. 22

Co. A, LAMC vs. LAMC, 5:30 p.m.;  
COE vs. LAIR, 6:30 p.m.; and  
USAG vs. 864th Engineers No. 1, 7:30 p.m.

Tue., Oct. 27

Co. A, LAMC vs. DLI-SF, 5:30 p.m.; and  
USAISC vs. 864th Engineers No. 2, 6:30 p.m.

Wed., Oct. 28

DLI-SF vs. 864th Engineers No. 2, 5:30 p.m.;  
Co. A, LAMC vs. 864th Engineers No. 1, 6:30 p.m.; and  
COE vs. USAG, 7:30 p.m.

Thu., Oct. 29

DLI-SF vs. LAIR, 5:30 p.m.;  
LEC vs. USAISC, 6:30 p.m.; and  
COE vs. 864th Engineers No. 2, 7:30 p.m.

Tue., Nov. 3

864th Engineers No. 1 vs. USAISC, 5:30 p.m.;  
Co. A, LAMC vs. USAG, 6:30 p.m.; and  
864th Engineers No. 2 vs. LEC, 7:30 p.m.

Thu., Nov. 5

864th Engineers No. 1 vs. DLI-SF, 5:30 p.m.; and  
COE vs. LAMC, 6:30 p.m.



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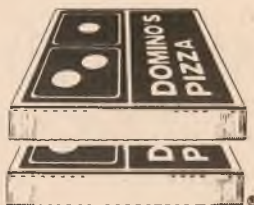
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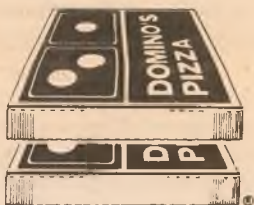
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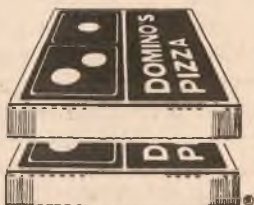
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# Community Calendar

## ACS Loan Closet

Do you have items from the Army Community Services (ACS) Loan Closet? If so, ACS needs your help in getting them returned to bldg. 914 (behind the Clothing Sales Store), to make them available to other families newly arrived to the Presidio. Because of the recent fire, most of the remaining loan closet items were either destroyed or damaged beyond repair.

Won't you please save us the time of using our card file to recall all overdue loans and return them to the location above?

Thank you for your cooperation.

## ACS says 'Thank you'

The staff of Army Community Service would like to offer their heartfelt gratitude to the Presidio community for their assistance and understanding since the fire and subsequent relocation of our office to bldg. 914.

We would like to thank Chief Bill Williams and the Presidio Fire Department for their heroic efforts to control the extent of the damage, their kindness and understanding offered to the ACS staff. All too often the Presidio fire department is taken for granted and not given the credit for the outstanding job that they do.

Thanks is also offered to the volunteers both in uniform and out who pitched in and assisted in getting records out of the building. The efforts of the military units who so generously donated troops and trucks to assist in our relocation is deeply appreciated.

To the many folks who pitched in to wash smoke damaged loan closet items and other equipment our thanks. Army Community Service exists to serve you the Presidio Community.

We are deeply appreciative of the community's support during this challenging time.

The Army Community Service Staff

## Volunteers needed

The Sept. 22 fire that destroyed the former Army Community Services (ACS) building has left ACS in desperate need of help and support from the Presidio community. ACS has always been there for Presidians, and is looking for a helping hand in their relocation. ACS needs help in the following areas:

- Remodeling and decorating;
- Organizing files and retyping



photo by Steve Morey

## Beautiful

Actor Mark Harmon seems to be enjoying one of the Presidio's spectacular sunsets while taking a break during the filming of scenes for Paramount Pictures' "Presidio". This scene was being filmed in front of the Officers' Club.

files that have been burned;

- Front desk help;
- Volunteer coordinator to organize existing volunteers and recruit new ones; and
- Loan Closet volunteers.

Also, ACS needs area rugs and pictures for their new offices in bldg. 914. Volunteers or donors should call ACS at 561-5155.

## Bridge to Excellence

The San Francisco Chapter of Federally Employed Women invites you to the Western Regional Training Program, **Bridge to Excellence**, Oct. 22 through 24, at the Presidio. Registration for the three day program is \$75. This price covers the workshops and lunch on Oct. 23.

To register, call Eleanor Castorena at 561-2022.

## Enlisted Spouses Club meets

The next monthly meeting of The Presidio Enlisted Spouses Club will be held on Oct. 19 at 7 p.m. in the Army Museum Conference Room, bldg. 3 on Funston Avenue. After the business meeting, there will be a jewelry display and sale by Cher Church of Cher's Collectibles.

Our next bakesale will be Oct. 22 at LAMC. We will be located on the first floor by the passenger elevators, from 7:30 to 11:30 a.m.

This year the Presidio Enlisted Spouses Club is proud to help with SFC & Mrs. Ronald Wilson's "Halloween Haunted House" at 749 A Portola St. on Oct. 31 from 6 to 9 p.m.

ween Haunted House" at 749 A Portola St. on Oct. 31 from 6 to 9 p.m.

## Free classes for supervisors

The Education Center offers free clerical skills classes to help you train new employees and upgrade or update the skills of your clerks and secretaries. Beginning and intermediate typing, preparation of Army correspondence and word processing meet mornings from Oct. 20 to Dec. 18. Classes are open to soldiers and adult family members as well as civilian employees. To enroll or obtain more information, call 561-2974 or 561-4445.

## Roller skating at Treasure Island

The Youth Activities Branch is sponsoring a Roller Skating Trip to Treasure Island on Oct. 17 from 4 to 6 p.m. The activity is for ages 6 to 12 years and the cost is 75 cents if you provide your own skates, and \$1.25 to rent skates. Departure is from the main Gym located across from the Army Museum at 3:30 p.m. and returning at 6:30 p.m. The deadline for sign-up is Oct. 16. For more information contact Youth Activities Branch at 561-5143.

## Mandatory briefing

All soldiers honorably separating (not retiring) from the Army during the months of October, November, and December are required to attend a pretransition briefing at the

Presidio Religious Activities Center on Oct. 22 from 8 a.m. until noon. Spouses are welcome to attend.

Soldiers who ETS (term of service expires) in January are also encouraged to attend. Topics are designed to assist in making the transition to civilian life. This briefing is mandatory in accordance with Army Regulation (AR) 635-10. For more information, contact the Soldier Support Branch, ATTN: AFZM-PA-MS, Commercial 561-2151 or AUTOVON 586-2151.

## Clerical classes

Here is a chance to improve your clerical skills. Classes will be given at the Army Education Center, bldg. 1216, in the Fort Scott area for **Beginning and Intermediate Typing, Military Correspondence and Introduction to Word Processing**, from Oct. 20 through Dec. 18.

**Beginning typing** students will learn to type an average of 20 words per minute. **Intermediate typing** is an advanced class where the students will type 40 or more words per minute. **Introduction to Word Processing** will be open to students who can type at 40 words or faster, and will feature the **Writing Assistant** program on a personal computer. These three classes will meet Tuesdays through Thursdays, from 9:30 to 11:30 a.m., and Fridays from 9:30 to 10:30 a.m.

The fourth class offered, **Military Correspondence**, will show the proper format for letters, messages, disposition forms and memorandums. This class will meet Tuesday through Friday from 7:30 to 9:30 a.m. Students must have the ability to type.

## Halloween activities

Youth Activities will be sponsoring a Teen Dance on Oct. 30 from 8 to 11 p.m. at the Log Cabin. The dance is for ages 13 to 19 and each youth is allowed to bring one guest for admission fee of \$2 each. Please come in costume. For more information call 561-5143.

The Religious Activities Center will be sponsoring a Halloween Carnival on Oct. 31 from 6 to 8 p.m. This is free and for all ages. Please come in costume. For more information call 561-3535.

The Wilson Family on Portola will be sponsoring their annual Haunted House. This activity will be on Oct. 31 from 6 to 9 p.m. at 749-A Portola Street. This is free and for all ages. Come in costume. For more information call 922-8147.

## At the movies

### Hamilton Theatre

Fri, Oct. 16	Can't Buy Me Love (PG-13)	7 p.m.
Sat, Oct. 17	Masters of the Universe (PG)	7 p.m.
Sun, Oct. 18	Masters of the Universe (PG)	7 p.m.
Mon, Oct. 19	Masters of the Universe (PG)	7 p.m.
Tue, Oct. 20	Monster Squad (PG-13)	7 p.m.
Wed, Oct. 21	The Secret of My Success (PG-13)	7 p.m.
Thu, Oct. 22	House II: The Second Story (PG-13)	7 p.m.
Fri, Oct. 23	House II: The Second Story (PG-13)	7 p.m.

### Schwartz Theater

Mon, Oct. 19	Can't Buy Me Love (PG-13)	7 p.m.
Wed, Oct. 21	Masters of the Universe (PG)	7 p.m.
Thu, Oct. 22	Monster Squad (PG-13)	7 p.m.

### Hamilton Theater

Fri, Oct. 16	Tin Men (R)	7 p.m.
Sat, Oct. 17	Transformers (G)	1 p.m.
Sat, Oct. 17	Extreme Prejudice (R)	7 p.m.



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Schedules are subject to change without notice.

**PSA**

Now our smile is even wider.





**Money:** New bank opens on post, page 5

**Diet:** Cancer foundations warn of risks, page 8

**Photo feature:** Soldiers sling 83 tons, page 9

# Star Presidian

Vol. 30, No. 42

"Published in the interest of the people of the Presidio of San Francisco."

Oct. 23, 1987

## News Briefs

### Arson now suspected in Sept. 22 fire

Fire investigation results at Army Community Service (Building 566)

Further investigation into a Sept. 22 fire which extensively damaged bldg. 566 at the Presidio of San Francisco now indicates that the probable cause was arson. The building housed a portion of the Army Community Services office.

Based on preliminary investigation, faulty electrical wiring in the 84-year-old building was originally believed to have caused the fire which did more than \$700,000 in damage. However, following the Oct. 13 suspected arson of a nearby building housing part of the Presidio Child Development Center, the investigation of the earlier fire was intensified, including analysis by the Federal Bureau of Alcohol, Tobacco and Firearms (ATF) at its Treasure Island laboratory. Investigation into both fires continues by ATF with the assistance of the FBI and Army Criminal Investigation Command.

### Military school buses

Parents of children who use the Presidio buses for school transportation are now required to fill out an information sheet and return it to the Transport Branch, bldg. 639, or Army Community Service, bldg. 914, by Nov. 1. Forms are available at these offices.

This form is in addition to the busing request forms which families were asked to complete in September. This information will be used to compile a notification roster. Failure to provide this information could result in possible disruption of bus service.

### Flu shots given daily

Influenza vaccinations—flu shots—are given Monday through Friday to active duty soldiers at the Allergy and Immunization Clinic, bldg. 1016, between 8 a.m. and 3:30 p.m. Retired soldiers, family members and civilian employees can also receive flu shots on Mondays and Wednesdays between 8 a.m. and 3:30 p.m.

Soldiers are required to have their medical records or the yellow shot card with them to get the vaccination. Family members, retired soldiers and civilian employees must show consent forms to the clinic staff before they can receive the shot.

Questions about Influenza vaccinations can be answered by calling the Allergy and Immunization Clinic at 561-4311 or 561-4394.

### SF-171 workshop opens

An SF-171 workshop is scheduled for Nov. 6, from 11:30 a.m. to 1:30 p.m. in the Presidio Theatre. The workshop is hosted by the Presidio chapter of the Federal Women's Program Committee. The workshop is designed to show job applicants how to "bring out their assets" when filling out the SF-171 job application form. Participants will learn how to effectively project themselves on the form, how to update the form regularly, and learn the true purpose of the SF-171.

please see page 3



SP4 Michael J. Johnson, Cook of the Year, prepares meat dish for Company C. 864th Engineers Dining Facility.

## 864th soldier 'Cook of Year'

story and photo by Steve Morey

Can you imagine having to cook three meals a day for 75 to 100 soldiers for 12 days straight? You'd also be required to prepare each separate recipe exactly the same way each time. Add to that, there could be days in your kitchen when the heat and steam would leave you drowning in your own sweat.

If you can meet the above criteria and still serve your customers with a smile, and you're not already a 94B, you may want to switch military occupational specialties (MOS).

SP4 Michael J. Johnson, Company C, 864th Engineers Battalion, met and exceeded those standards and was chosen as the post's 1987 Cook of the Year.

Johnson, 36, was deemed the top cook over two candidates, PFC Gerald Hacker and SP4 James Clark, from Headquarters Company, United States Army Garrison (USAG).

The testing for the post's top culinary honor took place Oct. 19 at USAG's Dining Facility.

Johnson, who was born in Providence, R.I., edged out Hacker by two points on the written exam. He credited his success on the exam to three events which occurred simultaneously at the beginning of October.

"Our entire company went on a field training

exercise (FTX) at Camp Parks (Parks Reserve Forces Training Area) so we had to close up shop on post," Johnson explained. "While I was out at Parks I received valuable experience in field kitchen and field food preparation.

"As it turned out, there were quite a few questions on the exam pertaining to field-related matters. So, right there I had an advantage over Hacker," who, said Johnson, has had no actual field cooking experience.

The post's top cook continued: "At the same time, Hacker was working three meals a day, seven days a week (at USAG's dining facility) to accommodate for our facility being shut down. He wasn't able to really rest or study for the cook of the year exam.

"But what really made the difference was the fact that I was also preparing to study for the E-5 (promotion) board as well. I was used to staying up late and studying. Kind of like cramming for finals in college," said Johnson, a former student at Western Washington University, located in Bellingham, Wash.

One week after Johnson appeared before the E-5 board he was set to take the cook-of-the-year exam.

"It was more or less like I was on a roll,"

please see page 3



# Voices

## Get involved—don't leave neighbors in distress

by Liz Greeley

I believe most soldiers in the Army realize they, as individuals, represent the United States Army to most people...especially 8-year-old boys. But on the Presidio, at least one soldier is not setting a good example as an individual, much less as a soldier.

On Oct. 9 (a Friday) at roughly 2 p.m., a male soldier driving an Army van hit Lisa and Steve Quigley's silver Chevy passenger van, parked behind their quarters, causing a great deal of damage. When Lisa called the *Star Presidian* offices though, I think she was worried more about the damage done to her 8-year-old son who saw a soldier hit the family van and drive away before he was caught.

According to Lisa Quigley, the Army is the world to her son, and she's worried about what he will "learn"

from this experience. She and her husband have been diligently telling him if he makes a mistake to just tell the truth; lying will only make it worse. And now what kind of example has this soldier set for her son?

If the soldier had just come to the door and told Lisa what had happened and he was sorry, etc., she said that would have been it, as far as she is concerned. Instead, she has the MPs looking for the soldier, the Transportation Motor Pool looking for him and she's offering a \$100 reward to anyone who has information leading to the identification of this soldier.

For anyone interested in the reward and who may have seen something on Friday, the accident occurred to the silver van parked behind quarters 11A. A family

member can identify a description of the soldier, though he cannot supply a name to go with the face. So if you can help, call Lisa Quigley at 921-7355 from 9 a.m. to noon or 6 to 8 p.m.

Did I mention the soldier was driving an Army van which resembles what Lisa's son described as looking like a moving truck? Or what Lisa describes as looking like a UPS truck...except Lisa's son saw "U.S. Army" printed on the side.

Lisa said her neighbors have given her great support, but she wonders about the community as a whole—could someone who is a member of the Army community (a soldier at work, a DA civilian or a passerby) have seen something? Lisa feels sure *someone* must have seen the accident...there are too many people who work near her house; too

many passersby. Could it be they don't want to get involved—or they just can't be bothered?

I can't help but recall the Kitty Genovese murder a number of years ago. For those who don't recall—or were too young to remember—Kitty Genovese lived in New York when she was attacked and brutally murdered. That might not seem so strange...except that her neighbors watched her being murdered. I don't recall how many neighbors saw the murder, but it was something like 20 or 30 people who watched a man stab her, heard her screaming for help, *knew* their neighbor, and who stood at their windows and just *watched*.

As Lisa said, *her* neighbors have helped as much as they are able, but she feels the Presidio community is the world in microcosm...and that

please see page 3

## Ramblin' Sam "What do you think about the movie "Presidio," being filmed on post?"



Theresa Pettway, clerk typist, LCA: "I wish I could have seen them filming but I had classes to attend up at Fort Scott. If I had been in the movie it would have been great!"



Ador Calica, military personnel clerk, DPCA: "It's a nice change of pace for the post and seeing movie actors in person is great! You also get the chance to see how the film industry makes their films."



PFC Lisa M. Clark, permanent change of station clerk, PSC: "I think it's exciting to be around the filming of a movie. You get to meet a lot of people who actually make the movie. And some of the male crew members are cute!"



PFC Greg Love, road patroller, Military Police: "I think it's great. It gives the post an added attraction for tourists. Although it's meant more work for us (Military Police), I did have the chance to participate in the movie as an extra."

## People who need help get it through CFC drive

by Sharon Everett

"The Combined Federal Campaign is a mission at home as well as abroad."

So says Charles Butler, one of eighteen loaned executives to the Combined Federal Campaign (CFC). (Butler is one of four executives loaned from the Navy.)

Butler came to the Bay Area from Yankton, South Dakota, in 1944. He worked for 42 years at the Naval Air Rework Station (now the Naval Aviation Depot) at Alameda, retiring two years ago. For the past three years,

he has served as a loaned executive for the CFC.

"I got involved when the Federal Executive Board sent out their letter to all of the commands," Butler explained. "They send this letter out every year. It's about five pages long and details the loaned executive's responsibilities and the kind of person they are looking for. All of the loaned executives are evaluated at the end of the campaign."

With a financial goal of \$3.3 million and 350 charities to work

with, you can imagine that Charles Butler is a very busy man indeed! He (like all of the loaned executives) has received special training to work with the CFC. Butler has already reviewed last year's financial records and researched the area's accounts (67 for the Navy alone) with the Federal agencies. He will soon be organizing training for the coordinators and key workers at each account, and giving them all the supplies they will need for CFC. That's no small task when you consider that each agency has a

coordinator, as well as one key worker for every twenty people! As the money comes in, Butler will also maintain financial records and monitor each account.

Charles Butler wants us all to know that "The Combined Federal Campaign is an opportunity for you to put money back into the community where you live and work. There are so many cases right here, and with 60 percent of the money remaining in the community, it's heartwarming to see people who need help get it!"

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# Etc.

## Cook of the Year continued from page 1

Johnson laughed. "The experience of working with the field equipment and the pressure of studying for two months for the E-5 board helped a lot."

Pressure is a familiar word to Johnson as he exhibited his ability to cook at the FTX site under sunny skies and temperatures reaching 105 degrees Fahrenheit.

"The temperature inside the mess tent must have reached 120 degrees at times," the cook winced as he recalled serving meals to the engineers at Parks.

The cooking specialist said, "The greatest challenge of being a cook is to constantly put out quality meals time after time the *same* way—day in, day out. It's like a basketball player putting the ball through the hoop during practice."

Just like the 30 points a basketball player may score in a game, Johnson looks for a similar reward.

"The everyday compliments we [cooks] receive from people passing through the [meal] line is our

reward," he said. "We work hard at it so it's nice to have our efforts appreciated on a daily basis."

Johnson, who has been with Company C for almost one year, likes to escape the heat of the kitchen whenever he has an open slot in his busy schedule.

He enjoys fishing off the shores of Baker Beach, reading Agatha Christie mystery novels and attending movies at the Presidio Theater.

"I really would like to fly-fish because I bought myself a flyrod this summer; but I haven't had a chance to use it," Johnson said.

"I also would like to write. Not necessarily mystery stories but some type of prose, possibly fiction novels," he said.

As for Johnson's cooking abilities and knowledge, there's nothing fictional about his hard work and sheer desire to prepare quality meals.

The next time you see the cook of the year show your appreciation for a job well done with a simple, "Dinner was great, Mike."

The 1987 Commander's Cup Ceremony will be held Tuesday at 9 a.m., in Gym No. 1, bldg. 63. Headquarters Company USAG will receive the trophy for the *fifth year in a row!*

## PSF Idea of Excellence

This week's idea is from James M. Duggins, Department of Engineering and Housing (DEH). Duggins suggests including a map of the Presidio of San Francisco in the next update of the post's telephone directory. The map would greatly assist the directory's users in locating the post's facilities, housing areas, activities and points of interest.

If you have an idea that would benefit the quality of life on post, tell the Presidio Ideas Office by calling 561-IDEA.

## News Briefs continued from page 1

The workshop also covers the critical elements of selling yourself in today's job market—the job search, interviewing techniques and writing good resumes.

### AIDS workshop

The American Red Cross and Youth Activities Branch will co-sponsor a two-part AIDS Education workshop in bldg. 97 for interested parents and teens on the Presidio. The first segment of the workshop will be held for parents and other adults on Oct. 27, from 10 a.m. until noon. The second workshop will be Nov. 10, from 4:30 to 6:30 p.m., for teens ages 13 to 19 years old. The workshops will be conducted by Dr. Amy Kadakia, a staff member at Letterman Army Medical Center. To get more information about the workshops call the Red Cross at 561-2188 or call Youth Activities at 561-5143.

## GGNRA meeting

The Golden Gate National Recreation Area (GGNRA) Advisory Commission will meet on Nov. 10, at bldg. 201, GGNRA Headquarters, at Fort Mason in San Francisco at 7:30 p.m. to hear presentations and public comment on issues relating to the Golden Gate National Recreation Area.

The main agenda item will be an update on plans for development of Crissy Field, with particular emphasis on a proposal to relocate the GGNRA central maintenance facility to a site adjoining Fort Point. Plans for the GGNRA portions of Crissy Field are being developed with the assistance of John Northmore Roberts Landscape Architects and Land Planners of Berkeley, Calif., under the auspices of the Golden Gate National Park Association. The San Francisco City Planning Commission staff has also participated in the

formulation of this plan.

Along with GGNRA's Crissy Field planning effort, the Directorate of Engineering and Housing (DEH) at the Presidio of San Francisco has been developing plans for Army lands in the Crissy Field area. The Army and the National Park Service have coordinated preparation of the plans to assure that the requirements of both the Army and the National Park Service are addressed in development of this critical urban shoreline.

The meeting will include a Superintendent's Report from GGNRA general superintendent Brian O'Neill.

This meeting is open to the public, and the public may express their views. Anyone wishing to receive more information on this meeting or who wants to submit written statements may contact the Staff Assistant, Golden Gate National Recreation Area, Bldg. 201, Fort Mason, San Francisco, CA 94123, telephone (415) 556-4484.

## Get involved continued from page 2

world could stand some improvement. While her neighbors wouldn't just watch and say nothing, what about the people working in the office building near her house (it's very close)—didn't *anyone* see anything? Even someone crossing the street?

If someone saw an Army vehicle hit a family van and drive away, how far away is it until part of the Presidio community becomes like

Kitty Genovese's neighbors? And what does this say to Presidio children...all Presidio children?

When a soldier in a military vehicle is involved in a hit-and-run, you have to ask yourself not only what's happening to community pride, but what's happening to military pride and ethics.

Say it ain't so, G.I. Joe.



Turn clocks BACK this Sunday

## TAKE A BITE OUT OF CRIME

### Trick-or-Treat

by James Frazier

Halloween is traditionally a fun day of the year for everyone. Trick or treating can be fun and, at the same time, lead to serious injury or death. The trick is to be aware and take safety precautions to prevent any possible accidents.

Our community is only as safe as you make it. Let's join in the fun and have a safe Halloween. This day of the year involves adults and children creating the Halloween atmosphere of treating kids and playing games on each other for a thrill. Fun can be had

without creating dangerous situations: common sense must be used.

The Provost Marshal's Office suggests you follow the trick-or-treat tips presented below to ensure a safe and enjoyable Halloween for all children.

When selecting your child's costume ensure that it is fireproof and reflective. If the costume is homemade, give your child a flashlight or a disposable "Glo-Lite" to make them visible at night. For younger children ensure that their name, address, and phone number is placed on their costume.

An adult or parent should go along with the trick-or-treaters to supervise their activities. To make it more enjoyable, the adult should dress in a costume too. Adults can provide valuable services assisting and supervising trick-or-treat activities. Also, adults can judge which houses are

best for trick-or-treating and can provide immediate assistance or information should problems arise.

If your children go trick-or-treating on their own give them a safety briefing before they go. Plan routes for your children to follow. Encourage a group-buddy system, and do not let your younger children go out of the immediate neighborhood without adult supervision. Tell your children to walk on the sidewalk and stay in well lighted areas. Tell your children to be polite, and to look for a policeman if lost or scared.

The goodies children gather while trick-or-treating should be checked by parents before allowing children to eat them. The best way to make sure temptation does not get the best of your children before they get home is to give them several of their favorite treats to take trick-or-treating with them. This will help ensure that they

are eating safe goodies, and will save the other treats for parents to inspect.

As for trick-or-treaters at your own home, have a good supply of treats, keep your house well lighted and attended, and be friendly towards the trick-or-treaters. Listen and watch for signs of vandalism.

Report suspicious activity to the Military Police at 561-2251 or 561-2252. Have fun and help us have a safe Halloween.

### Crime report

- A soldier surrendered himself for being AWOL.
- Persons unknown stole a purse which was left unsecured at the Golden Gate Community Club.
- A soldier was cited for DUI.
- A retired service member was charged with assault with a deadly weapon.



# Energy conservation saves dollars, benefits post

by Pleasant Lindsey

Energy Awareness Week begins Monday on the Presidio and will feature exhibits about energy conservation at different locations on the post throughout the week.

This is the second year that the Presidio will observe Energy Awareness Week. Last year, the post set up centralized displays, open to the public, that depicted a number of ways Presidians could conserve energy.

However, according to Rob Van de Loo, energy coordinator, Department of Logistics (DOL), this year's displays will move from one location to another.

"Our post has a large administrative and residential community," Van de Loo said. "The first segment of people I want to reach are the military families.

"We have over 1,300 quarters here," he said. Therefore, the displays for Energy Awareness Week will be placed at locations that are frequented by residents.

Displays will be set up at the PX (Main Exchange), the Golden Gate Community Club, the Officers' Club, the AAFES Cafeteria and Letterman Army Medical Center (LAMC).

"These are places that our residents visit during the week," Van de Loo said. "The exhibits will be fully staffed while they are up, and will direct the visitors' attention to energy conservation in our daily lives."

Van de Loo said that because the post's offices and housing areas are old, Presidians should be especially careful with energy use. Even the newer housing areas were built before the 1960s, at a time when energy conservation wasn't a priority. Buildings weren't being constructed for energy efficiency.

"We are trying to show residents what they can do to make their quarters more energy efficient,"

Van de Loo explained. "Also, we have a lot of civilians on post. One of our exhibits will feature Rides for Bay Area Commuters, and will show how sharing rides can help lower a commuter's fuel bill.

"Transportation is an important segment of energy use. Cal Trans will have an exhibit to show the advantages of mass transit."

The emphasis on lowering energy consumption is fast becoming Department of the Army (DA) policy, according to Al Paniccia, energy engineer, Department of Engineering and Housing (DEH).

"Forces Command (FORSCOM) has mandated a one percent per year reduction of energy consumption from 1985 to fiscal year 1995," Paniccia said. "DA assigned a goal to FORSCOM, and FORSCOM has passed it on to the post. The program is Army wide, so every installation will be doing something to cut energy use."

For all intents and purposes, Van de Loo and Paniccia are the energy guys for the Presidio. They are trying to build interest in energy conservation and make Presidians aware of things they can do to lower energy consumption.

"The final payoff is that our tax dollars will be better spent," Paniccia said. The money saved can be used for morale support funds. Still, it's hard to keep energy conservation in people's minds. Already, Presidians are helping Paniccia and Van de Loo spread the word.

DEH and the Presidio mayors are working together on one of the displays this week.

They [the mayors] are the largest family member organization," Paniccia said. "They are the advocates for everyone who lives in housing. They live there; they know the problems, and they are obviously interested in what goes on in the community.

"We want to keep the community involved with this program. We will be attending some of the mayors' community meetings, and we intend to

work with the mayors program on a long-term basis."

Van de Loo said they plan to begin "area-type auditing" to locate energy waste problems in housing areas, and they plan to help residents find ways to make their quarters more energy efficient.

Besides the displays on post, there will be activities in the Golden Gate Community Club on Oct. 30 from 11 a.m. to 1:30 p.m. to bring the week to a close. There will be exhibits and guest speakers, and the Sixth U.S. Army Musical Combo will play in the ballroom, starting at 11 a.m.

Following is the schedule of exhibits for Energy Awareness Week.

## Energy Awareness Week displays

### Monday

11 a.m. to 1 p.m.: Cal Trans; DaHon California display at the PX;

1 to 3 p.m.: Mayors; DEH at the Officers' Club.

### Tuesday

9 to 11 a.m.: Rides for Bay Area Commuters at the PX;

11 a.m. to 1 p.m.: Mayors; DEH; Rides for Bay Area Commuters; and PG&E at the Cafeteria.

1 to 3 p.m.: Rides for Bay Area Commuters at LAMC.

### Wednesday

11 a.m. to 1 p.m.: Save Energy display at the PX; Cal Trans at LAMC; Mayors and DEH in the Cafeteria; and PG&E at the Officers' Club.

### Thursday

11 a.m. to 1 p.m.: Save Energy display in the PX; Mayors, DEH and PG&E at LAMC; Cal Trans and DaHon California in the Cafeteria.

### Oct. 30

11 a.m. to 1 p.m.: Cal Trans, PG&E, Mayors and DEH in the Golden Gate, NCO and Enlisted Clubs.

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Saturday, October 31, 1987

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Succulent Prawns (they escaped the dreaded sea monster), Fresh Veggies, Fries. \$11.50

Swamp Trout (up from the dark deep), Fresh \$11.00  
Veggies, Baked Potato.

Count Dracula's famous Transylvania Lamb Stew \$8.95  
(just like his mother tried to make), Fresh Veggies.

Ghoulish desserts include Pumpkin Pie with a scoop of ice cream, or a slab of the club's cake with a scoop of ice cream, a deadly combination.



A salad bar is included with dinner  
plus a "No-Ghost" bar, as usual.



Presidio of San Francisco OFFICERS CLUB



# Money

## 'Bank of Year' opens on post in December

by Pleasant Lindsey

Eisenhower National Bank has won approval to open a branch office on the Presidio of San Francisco around Dec. 1 in the office space next door to the Post Office.

The new bank will open in bldg. 210, and will use the area vacated by Wells Fargo Bank in the spring.

The Comptroller of the Currency awarded Eisenhower National the contract to operate as the full service bank on the Presidio. Bids for the contract were solicited nationwide by the Department of the Army (DA).

The bank, headquartered in Fort Sam Houston, Texas, holds an A+ rating. The rating means the bank is in the upper two percentile of the approximately 2,000 in its peer group. The rating takes in-

to account the bank's quality of assets, capital, management, equity and liquidity.

"Eisenhower National Bank was chosen as the '1987 Military Bank of the Year' by DA," said bank president Donald J. Gudinas. The award is presented to the military bank that best serves the needs of military members and the community.

Gudinas said the banks' emphasis is service to the military. In fact, it is operated by former military people like Gudinas, who is a retired brigadier general. Its board of directors includes people who have led successful military careers before embarking on their banking career.

Directors include Charles E. Cheever, Chairman of the Board for the San Antonio Greater Chamber of Commerce and a retired Army Reserve lieutenant colonel; Edward Vogel, a retired major

general and former commander of Brooke Army Medical Center; and Leon Van Autrere, who retired as Sergeant Major of the Army.

Gudinas said the manager for the Presidio branch is also a person with military experience. James T. Lane, the vice president and branch manager, is a former Navy man who operated the 17 military bank facilities in the United Kingdom for the National Bank of Fort Sam Houston.

Gudinas said that except for Lane, the bank's staff will be filled by local hires. He said Eisenhower National regularly hires military family members.

All those who are interested should stop by the bank to pick up an application or call the Fort Sam Houston office for more information at (512) 227-7131.

## Credit union changes system to expand service

by Mary Lynn Stevens

Pentagon Federal Credit Union (PFCU) recently became the first credit union to convert successfully to the Hogan computer software system.

To make the transition from a credit-union system to the Hogan one—which was designed for large banks and runs on IBM equipment—PFCU spent nearly three years. An in-house task force was formed to analyze user needs, compare the credit union's requirements to Hogan specifications, make design modifications and develop a comprehensive training program for over 600 employees in 15 locations around the globe.

"Our newly-converted system is unique in that it was totally user-designed, rather than being limited by technical requirements," said Ronald L. Snellings, PFCU President. "We were committed to making the new system into what we needed, rather than accepting something that was available. To do this, PFCU built a task force which specified, analyzed, tested and controlled the conversion scenario—an accomplishment that we're very proud of," he continued.

Some of the benefits PFCU members are reaping as a result of the new computer system include:

- Share (savings) account dividends are now computed from the day of deposit to the day of withdrawal.
- New products and services, plus changes to existing ones, can be put in place quicker.
- A new automatic transfer system is now available to all members, including those without direct deposit.
- Members may open multiple accounts of the same type.

No large-scale computer conversion proceeds flawlessly, and PFCU experienced its share of problems.

"Operational problems are to be expected," Mr. Snellings said, "but we were fortunate not to have any hardware problems. Some 'bugs' are still being resolved, but the major

task of the first phase of conversion is complete."

This first phase of conversion, which took place in early July, transferred member information and files for the credit union's 370,000 members to the new system. In addition, all deposit products were converted to the new system. This is the largest single step that will be taken.

Phase two will include an automated collection system and loan products.

One of PFCU's unique requirements was the need to operate on "real time," 24 hours a day, six days a week. This is necessary because of the diverse worldwide locations of the credit union's 15 branch offices. While virtually all banks have the luxury of system "downtime" in order to process account transactions, the credit union must be able to operate even while these computer transactions are being run.

One of the reasons the Hogan system was selected was that it allows the flexibility to make system changes easily as new products are introduced. One other important factor was that PFCU management wanted to select a system large enough to be able to handle future growth without the need for another large-scale system conversion.

PFCU's data processing subsidiary, Financial Technologies, managed the conversion and worked alongside the PFCU task force during the entire process.

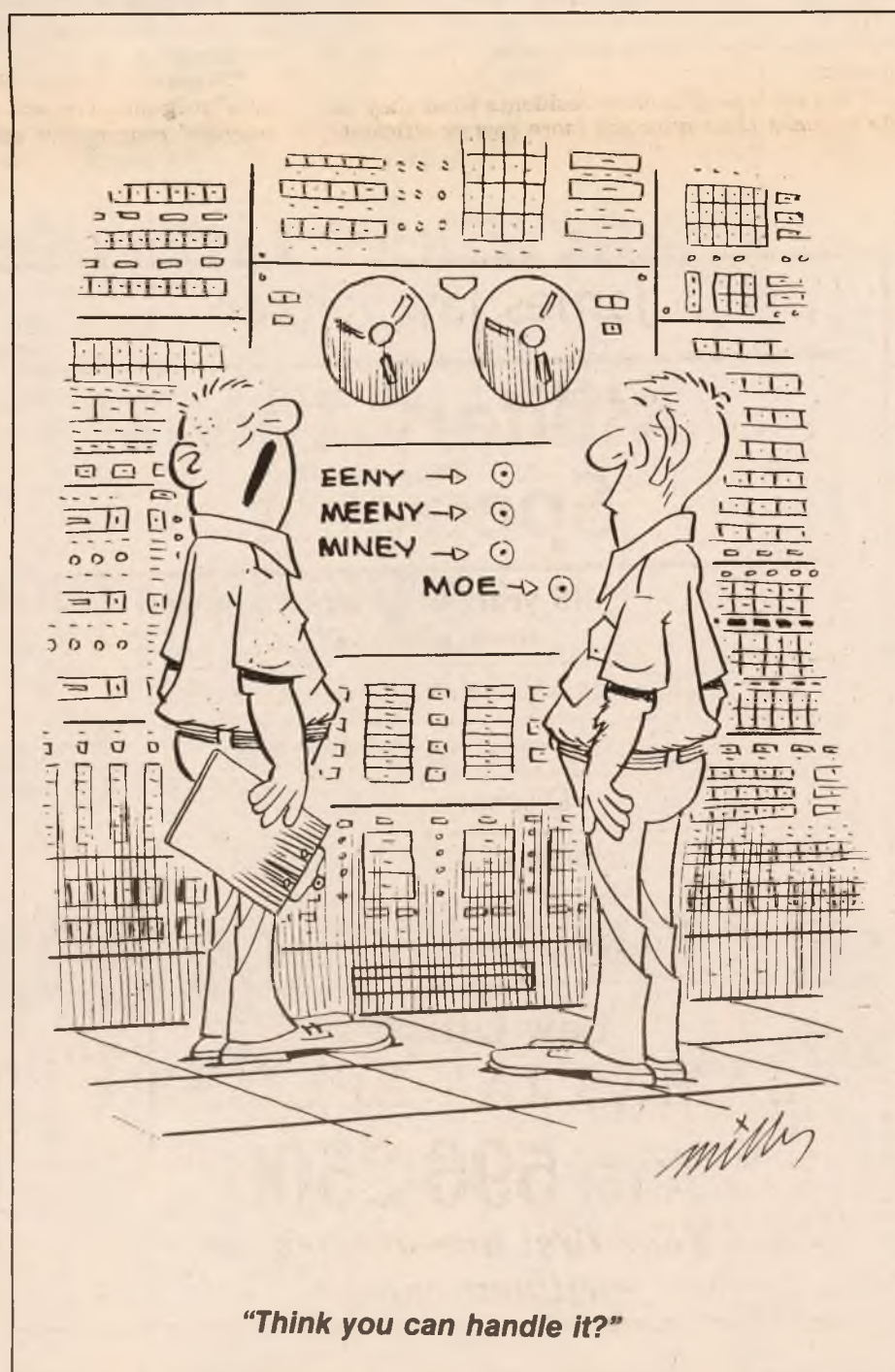
Particular emphasis was placed on training the staff in preparation for conversion. A combination of instructor-led classes, printed materials and computer-based training was designed to give thorough and consistent information to over 600 employees worldwide.

The computer-based training allowed employees to work at their own pace, no matter where in the world they were located. The IBM terminals that were used functioned as textbook, coach and guide.

Pentagon Federal Credit Union is nearly 53 years old, and is the largest credit union serving Army and Air Force personnel worldwide. With its

headquarters in Alexandria, Virginia, PFCU has 15 branch offices and assets of over \$1.3 billion.

Pentagon Federal Credit Union





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# Sports

## CFC 5, 10K Run

All military and federal employees and their families are invited to participate in the 5 and 10K Runs Nov. 7 at Treasure Island.

Registration is from 8 to 9:30 a.m.; the races begin at 10 a.m. Entrance fee is \$10. Winners and participants will receive CFC T-shirts, visors and trophies. Snacks and refreshments will be served.

The races are sponsored by the U.S. Postal Service and hosted by the Navy.

For more information, call CFC representative, Claudia Haas at 765-6216 or 765-6217.

## Free golf lessons

Soldiers! Get involved in a lifetime sport. Free golf lessons at the Presidio Army Golf Course by a teaching PGA professional. Call Sandy at the Presidio Sports Office, 561-4120 or 561-5032 for more information. Lessons will be held on Wednesdays, 4 to 5 p.m. Golf clubs and balls are provided by the Presidio Army Golf Club.

## Flag football standings

	W	L
Co. C, 864th Engineers No. 2	6	0
Co. A, LAMC	5	1
DLI-SF	4	1
COE	4	1
LAMC	5	2
LEC	4	3
USAG	3	3
Co. C, 864th Engineers No. 1	2	3
LAIR	3	4
USAISC (dropped)	0	8
6th U.S. Army (dropped)	0	10

## Last week's scores

LAMC vs. USAG, 14-12; Co. C, 864th Engineers No. 2 vs. Co. C, 864th Engineers No. 1, 18-10; DLI-SF vs. LEC, 34-26; LAMC vs. LAIR, 22-6; Co. C, 864th Engineers No. 2 vs. LAMC, 19-12; and LEC vs. LAIR, 24-19.

The Intramural Flag Football

League is off strike! Sixth U.S. Army and USAISC locked out by management for the rest of the football season.

## Infantry Marathon

The Infantry Marathon and Half Marathon, sanctioned by TAC and an official qualifier for the next Boston Marathon, is scheduled for March 5, 1988 at Fort Benning, Georgia. A \$10 per person entry fee must be postmarked by Feb. 5, 1988. Entry is open to both civilian and military personnel running as individuals and/or members of a team of five. Teams may enter in military, civilian, reserve component, and female division.

For more information, call Bob Darling at 561-2002.

## Wrestling championship

The 1988 FORSCOM Wrestling Championship will be conducted at Fort Campbell, Kentucky, Jan. 22 and 23. All interested active duty soldiers should contact Sandy Cornett at 561-4120 or 561-5032. You may also visit in person at Gym No. 1, bldg. 63.

## Youth basketball, cheerleading

You may sign up at the Youth Activities Office (CYO) through the month of November for Youth Basketball and Cheerleading. Youth Activities Sports will be in the CYO Basketball League for grades 4 through 8 and the San Francisco Park and Recreation Basketball League for ages under 15 and under 17. The registration fee for the CYO league is \$15. Cheerleading is for grades 4 through 10. Registration fee is \$12.50. Both programs will begin practice in December and league play begins January 1988.

So come on out and help. Call Youth Activities at 561-5143 or come by our office, bldg. 1331, Fort Scott.

## Fleet Week Challenge results

The 5-mile Fleet Week Challenge Run was held Oct. 11. Here are the results and finishing times of the winners:

1st—Robert Darling, Jr. . . . 25:33  
2nd—David Monroe . . . . . 26:00  
3rd—Mark Gregor . . . . . 26:01

The Presidio team, consisting of Darling, Lon Kincannon, James

Warmowski, Sam Rojas and Dan Smith took first place with a team average of 28:00.

Second place went to the Port of San Francisco team of James Bloomer, Ken Grace, Mark Conrad, Ivan Graves and Pedro Reyes with a team average time of 28:06.

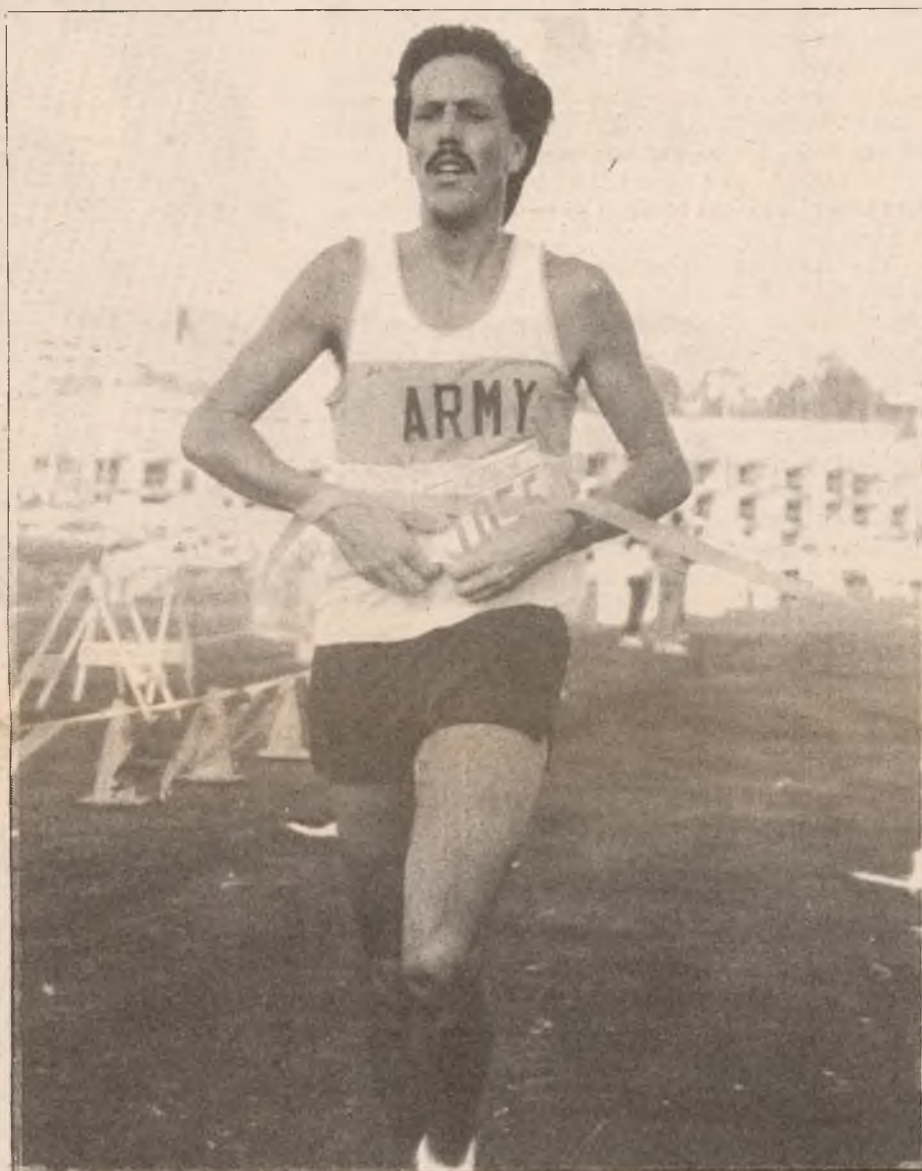


photo courtesy of Gene Cohn Productions

Bob Darling, Jr., Presidio Sports Branch, crosses the finish line for the 25:33 winning time.

# Jimmy the Freak's picks of the week

Helloo again, everybody...Wasn't it nice to see the whipped players come back with their tails between their legs? And wasn't it nice when the overbearing owners gave them a little kick when they were down by denying them a paycheck this past weekend? That's what makes this country so great—two sets of opposing egotists who conveniently forget what makes football so wonderful. IT'S SUPPOSED TO BE A GAME!! Little boys play it, learn to love it, and support the mental midgets with thyroid problems who get paid enormous sums as professionals. Hopefully, after the dust settles from this strike, the owners and players will get together and come to an agreement that considers the American sporting public. Don't kill the golden goose, guys! After all, I only watch college basketball now and never follow the professional bozos. After

the past few weeks, college pigskin is looking better and better....

## San Francisco 27, New Orleans 20

The Niners have the advantage of having more veterans in skill positions prepared for this match since they played the past few weeks. The Saints will be naturally rusty after the layoff. Look for several touchdown passes from Montana to Clark.

## New York Giants 24, St. Louis 10

Look for the Giants defense to treat the Cardinal offense like the Navy treated the Iranian oil platforms. The New Yorkers know that they have to win most of their remaining games to have any hope to make the playoffs. This will be step number one.

## Chicago 34, Tampa Bay 6

Even the Bears' substitute team could beat this Bucs team. Hopefully, Ray Perkins won't play Vinnie Testaverde in this mismatch. Better to save his health for the future when the Bucs could lose by less than three touchdowns. The only thing that Tampa Bay could win this Sunday is either the opening toss of the coin or a contest between weather in both cities.

## Miami 38, Buffalo 17

The strike may have been a blessing in disguise for the Dolphins, because it allowed Dan Marino to rest his surgery-scarred knees for another month. The Bills' defensive backs will get whiplash from turning to watch the ball sail over their heads to open Dolphin receivers.

## New England 34, Indianapolis 14

Rumor is that the good people of Indiana are getting a collection together to fund several moving vans to take the team back to Baltimore in the middle of a dark night. Just picture a mob of irate football fans running Big Bob Irsey out of town on a rail. Better hurry folks...Bob's estranged wife may beat you to it. Indiana University has a better team to watch this year!

## Upset of the week New York Jets 24, Washington 20

Look for the Jets to make media hay with the demise of the Giants. O'Brien will have a bigger day than a sore Schroder.



# Diet

## Adult low fat diets hinder child's development

story and photo by Steve Morey

Many people have recently become aware of the health benefits of a diet lower in fat. High fat diets have been associated with increased risk of stroke, heart attack and cancer. But many people also assume that if a low fat diet is good for an adult, it must also be good for children, including young infants. According to a new booklet from the American Institute for Cancer Research that could be a serious mistake.

Maj. Janice Collins, Head Nurse of Letterman Army Medical Center's (LAMC) Pediatric Clinic, agrees with the institute's findings.

"We don't want to say that fat is better," Collins said, "just that fat isn't as bad as we previously thought."

The American Institute for Cancer Research notes that while adults should limit fat in their diets, fat is an essential dietary element for developing children. Attempting to restrict dietary fat for children under 18 months of age, by limiting them to skim milk or low fat solid foods, may result in babies not getting the fat necessary for normal development of their brains and nervous systems.

Collins said that cholesterol found in necessary dietary fat prevents a process known as "myelin sheathing" from taking place. (Myelin is a white, fatty material that encloses nerve fibers.) Thus, a lack of fat in a child's diet doesn't allow for a complete development of nerves which may cause problems for the developing child.

The Institute's new booklet, *Infant Nutrition: Sound Eating Habits Start Early*, provides basic information on sound nutrition for young children. It notes that babies who are either breast fed or bottle fed on a regular formula will get sufficient amounts of dietary fat for normal development. Problems occur when parents attempt to limit the baby's diet to the low or no fat foods they themselves are eating.

Collins, who is also LAMC's pediatric nurse practitioner and "Well Baby" program supervisor, emphasized the importance of a balanced diet for children.

"Unfortunately, food trends of adults do affect children's diets," Collins said. One of the main points parents should realize, she said, is that children have different dietary needs than adults.

The American Institute for Cancer Research



Teresa Moline, holding her son, John, discusses nutrition with Maj. Janice Collins, head nurse of Letterman Army Medical Center's Pediatric Clinic.

notes that as a baby is switched over to solid foods it is important to begin teaching the child positive eating habits. This includes providing a broad variety of foods, with a special emphasis on fresh fruits and vegetables. It is also a good time to limit sweets. Although even newborn babies seem to be born liking sweets, studies have indicated that what the baby is fed during the first year may influence his or her taste for sweets later on.

"The best method we've [LAMC's Pediatric Clinic] found is education. We're dealing with problems, such as the dietary needs of children, through our "Well Baby Program." LAMC's "Well Baby Program" staff welcomes all Presidians with children who are newborn through 18 months of age.

Those parents with questions about the program may call 561-4268 or 561-3712. However, anyone wanting to make a general appointment

with the Pediatric Clinic should call Central Appointments at 561-5325.

The American Institute for Cancer Research is a national, nonprofit organization which focuses on the relationship between diet and cancer. Through its Dietary Guidelines for Lower Cancer Risk, the Institute has recommended that adults lower their dietary fat intake from the current average of 40 percent of calories to 30 percent or less. It has published *Infant Nutrition* to help make parents more aware of the proper nutritional standards which should apply for children and which can be different from those for adults.

A free copy of *Infant Nutrition* may be obtained by sending a stamped, self-addressed, business size envelope to the American Institute for Cancer Research, Dept. IN9, Washington, D.C. 20069

(Infant nutrition information supplied by American Institute for Cancer Research)

## Eating the 'right' foods can reduce your risk of cancer

The government estimates that 35% of all cancer deaths are related to what we eat. This may seem like a startling statistic, but it actually translates into some encouraging news. The National Foundation for Cancer Research says that by following a few dietary guidelines, you and your family can dramatically reduce your risk of cancer.

While no food can cure cancer by itself, the following contain nutrients and vitamins which can have anti-cancer properties:

- Brussels sprouts
- Broccoli
- Carrots
- Cauliflower
- Lettuce
- Leafy green vegetables
- Whole grain breads & cereals
- Cabbage
- Tomatoes

- Citrus fruits
- Yellow vegetables

Americans tend to eat too many fatty foods, which can contribute to

breast, colon and prostate cancer. By cutting down on fats, you will also avoid obesity, which increases the risk of many forms of cancer. Eat lean meats, fish and poultry.

Incorporating high fiber foods regularly into your diet seems to guard against cancer of the colon.

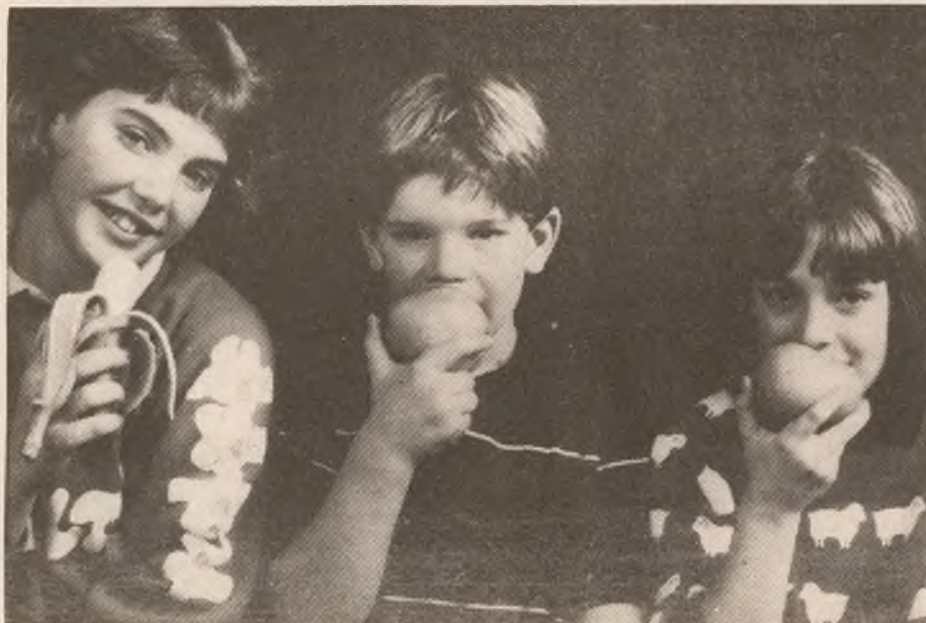
Fiber is readily available in bran cereal. Fresh fruits and vegetables are another good source.

Smoked, salty or nitrite-cured foods should be eaten only in moderation. People who eat these foods frequently have a higher rate of esophagus and stomach cancer.

Finally, take care not to char meat when barbecuing.

Creating an "anti-cancer" diet is an easy, effective measure that everyone can take. It not only makes good sense, it's good science.

National Foundation for Cancer Research



National Foundation for Cancer Research

You're never too young to reap the benefits of an anti-cancer diet.



# Presidio soldiers toss 83 tons of Halloween treats

story by Sharon E. Everett  
photos by Peggy Parks

October 7 and 21, 14 soldiers from Headquarters, Sixth U.S. Army, and Headquarters Command Battalion, USAG Presidio of San Francisco, volunteered their time, effort and "muscle power" to the St. Vincent's orphanage

in Marinwood, near Hamilton Army Airfield, for their annual "Operation Pumpkin Patch." This marks the second year that soldiers from the Presidio have participated in the event.

The soldiers, with the enthusiastic assistance of some residents of St. Vincent's, helped

unload approximately 83 tons of pumpkins over the course of the two days. They were rewarded with a delicious lunch, provided by the orphanage staff, and by the smiles of the happy children.



While civilian volunteers lend a hand, SP4 Arnold Gyant (kneeling) of Presidio's Personnel Service Center helps boy find a pumpkin his size.

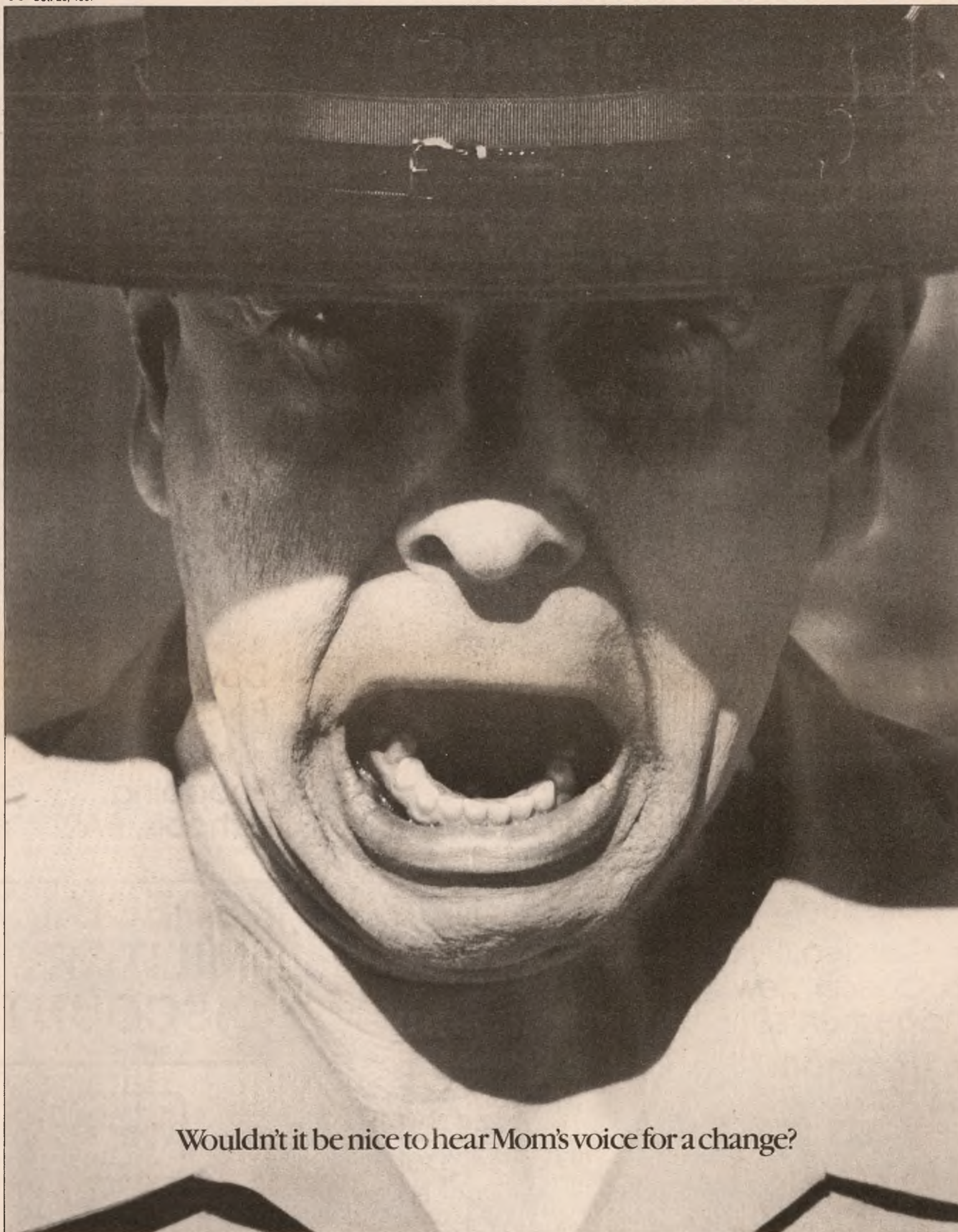


SP4 Julius L. Armstrong III, post Judge Advocate General's office, relieves a St. Vincent's resident of a heavy burden.



Boys from St. Vincent's try to match the actions of Presidio's troops.





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**PSA's Military Fare Requirements:**

Fares listed are one-way and seats are limited. Proper Military I.D. required upon ticketing and check-in. Certain flights do not operate on weekends and some weekday exceptions apply. Schedules are subject to change without notice.

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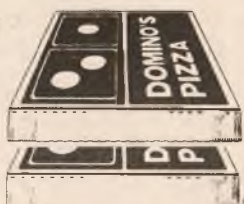
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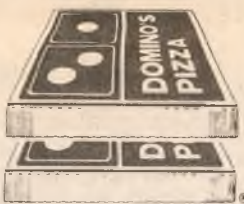
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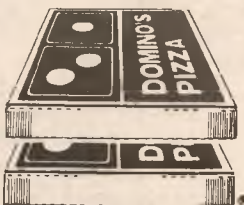
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# Community Calendar

## ACS Loan Closet

Do you have items from the Army Community Services (ACS) Loan Closet? If so, ACS needs your help in getting them returned to bldg. 914 (behind the Clothing Sales Store), to make them available to other families newly arrived to the Presidio. Because of the recent fire, most of the remaining loan closet items were either destroyed or damaged beyond repair.

Won't you please save us the time of using our card file to recall all overdue loans and return them to the location above?

Thank you for your cooperation.

## Volunteers needed

The Sept. 22 fire that destroyed the former Army Community Services (ACS) building has left ACS in desperate need of help and support from the Presidio community. ACS has always been there for Presidians, and is looking for a helping hand in their relocation. ACS needs help in the following areas:

- Remodeling and decorating;
- Organizing files and retyping files that have been burned;
- Front desk help;
- Volunteer coordinator to organize existing volunteers and recruit new ones; and
- Loan Closet volunteers.

Also, ACS needs area rugs and pictures for their new offices in bldg. 914. Volunteers or donors should call ACS at 561-5155.

## Christmas Bazaar

The Presidio Officer's Wives Club and the LAMC auxiliary invite you to show off your arts and crafts, and here's how you can do it. Just reserve a table for the Christams Bazaar which will be held Nov. 13 and 14. Getting a table is only a phone call away.

Just call Virginia Buckles at 331-5124, or Joan Ray at 346-9805 for more information.

## YA recycling

The next Youth Activities recycling pick-up of newspapers and aluminum cans on the Presidio will be Nov. 14 between 9:30 a.m. and 2 p.m. Please have your recyclable goods on the curb in front of your residence by 9:30 a.m., so that the youth group will have ready access to these items. Only aluminum cans and newspapers will be accepted. The areas of pick-up will be the housing areas on the Presidio and Forts Baker, Barry and Cronkhite.



Presidio Commander, Col. Joseph V. Rafferty (left, front), Lt. Col. Timothy P. Gilbert (front), commander, Headquarters Command Battalion, and SGM Anthony F. Costa (left, rear), of Headquarters Command Battalion lead guidon-carrying, cadence-calling Presidio soldiers on final leg of the Fleet Week Challenge run, Oct. 11.

## Free classes for supervisors

The Education Center offers free clerical skills classes to help you train new employees and upgrade or update the skills of your clerks and secretaries. Beginning and intermediate typing, preparation of Army correspondence and word processing meet mornings from today to Dec. 18. Classes are open to soldiers and adult family members as well as civilian employees. To enroll or obtain more information, call 561-2974 or 561-4445.

## Black History Month volunteers

Plans are now being formulated to celebrate Black History Month and volunteers are desperately needed for ideas and committees.

For more information, call Robert Keating at 561-3701.

## Educational opportunities

From now through December, San

Francisco State University offers courses at the Fort Scott Education Center, bldg. 1216, and the education center of Letterman Army Medical Center (LAMC). Courses include:

Film 101—Introduction to Film, Monday and Wednesday, 6 to 8:45 p.m.;

Psy 456—Psychology of Human Sexual Behavior, Monday and Wednesday, 6 to 8:45 p.m.

Both classes strt this Monday and continue through Dec. 21. Also offered is Geol 102—Introduction to Oceanography, on Tuesdays and Thursdays, from 6 to 8:45 p.m. This class begins this Tuesday and ends Dec. 17.

Each of the above classes satisfies the general education requirements in the Humanities, Natural Sciences, or Social Sciences. Courses are open to all adults; tuition is \$240 per course. Most soldiers qualify for 75 or 90 percent tuition assistance. For further information call or visit the Fort Scott Education Center, bldg. 1216, 561-2974 or 561-4445 or LAMC Education Center, bldg. 1007, 561-3692 or 561-4030. Register now!

## Looking for work?

Job listings, resume help, information & referral and placement are part of the San Francisco USO's Job Search Program. We specialize in helping spouses of military personnel find jobs. USO also gives away free movie passes for the Regency I, II & III. Our regular hours are Tuesday through Friday, 9 a.m. to 4 p.m. We are looking for volunteers to help us stay open on Mondays. Phone 561-2436.

## Clerical classes

Here is a chance to improve your clerical skills. Classes will be given at the Army Education Center, bldg. 1216, in the Fort Scott area for Beginning and Intermediate Typing, Military Correspondence and Introduction to Word Processing, from Oct. 20 through Dec. 18.

Beginning typing students will learn to type an average of 20 words per minute. Intermediate typing is an advanced class where the students will type 40 or more words per minute. Introduction to Word Processing will be open to students who can type at 40 words or faster, and will feature the Writing Assistant program on a personal computer. These three classes will meet Tuesdays through Thursdays, from 9:30 to 11:30 a.m., and Fridays from 9:30 to 10:30 a.m.

The fourth class offered, Military Correspondence, will show the proper format for letters, messages, disposition forms and memorandums. This class will meet Tuesday through Friday from 7:30 to 9:30 a.m. Students must have the ability to type.

## Halloween activities

Youth Activities will be sponsoring a Teen Dance on Oct. 30 from 8 to 11 p.m. at the Log Cabin. The dance is for ages 13 to 19 and each youth is allowed to bring one guest for admission fee of \$2 each. Please come in costume. For more information call 561-5143.

The Religious Activities Center will be sponsoring a Halloween Carnival on Oct. 31 from 6 to 8 p.m. This is free and for all ages. Please come in costume. For more information call 561-3535.

The Wilson Family on Portola will be sponsoring their annual Haunted House. This activity will be on Oct. 31 from 6 to 9 p.m. at 749-A Portola Street. This is free and for all ages. Come in costume. For more information call 922-8147.

## At the movies

### Presidio Theatre

Fri, Oct. 23	House II: The Second Story (PG-13)	7 p.m.
Sat, Oct. 24	Hamburger Hill (R)	7 p.m.
Sun, Oct. 25	Hamburger Hill (R)	7 p.m.
Mon, Oct. 26	Hamburger Hill (R)	7 p.m.
Tue, Oct. 27	Back to the Beach (PG)	7 p.m.
Wed, Oct. 28	Back to the Beach (PG)	7 p.m.
Thu, Oct. 29	Born in East L.A. (R)	7 p.m.
Fri, Oct. 30	Born in East L.A. (R)	7 p.m.

### Schwartz Theater

Mon, Oct. 26	House II: The Second Story (PG-13)	7 p.m.
Wed, Oct. 28	Hamburger Hill (R)	7 p.m.
Thu, Oct. 29	Back to the Beach (PG)	7 p.m.

### Hamilton Theater

Fri, Oct. 30	Wanted: Dead or Alive (R)	7 p.m.
Sat, Oct. 31	Toby and the Koala Bear (G)	1 p.m.
Sat, Oct. 31	Wanted: Dead or Alive (R)	7 p.m.



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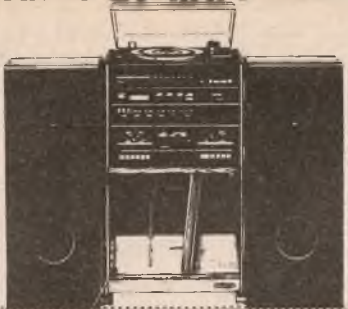
### ZENITH 4 HEAD HQ VCR



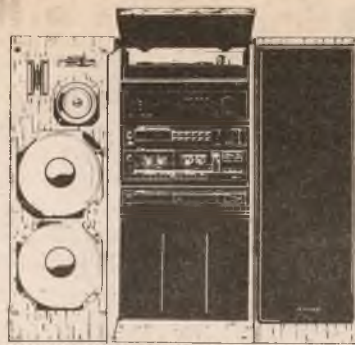
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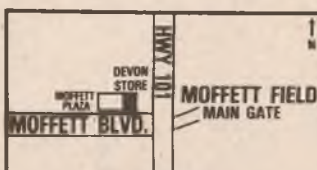


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SALE ENDS OCTOBER 20th, 1987



**Excellence:** Presidians  
beautify post,  
page 5

**Triplets:** ...and  
babies make six,  
page 7

**USAG:** Five-year  
champions honored,  
page 9

# Star Presidian

Vol. 30, No. 42

"Published in the interest of the people of the Presidio of San Francisco."

Oct. 30, 1987

## News Briefs

### Civilian health plan fair

The Civilian Personnel Office (CPO) has scheduled an open season health fair to help Presidio employees choose the proper health plan. Several representatives of various health plans will be available to answer questions from federal employees about the 1988 health plans.

The health fair will be held in CPO's Training and Development Division, bldg. 37, second floor, center wing, on Dec. 3, from 9 a.m. to 4 p.m. Employees who need assistance in choosing a suitable plan will find information and brochures available at CPO.

### Teller machines removed

The Wells Fargo automatic teller machines (ATMs) will be removed from the Presidio on Nov. 16. They will be replaced by ATMs of Eisenhower National Bank, which is due to open in early December.

The new bank will use office space next door to the Post Office in bldg. 210.

The bank will be staffed by local hires. All those who are interested should stop by the bank to pick up an application or call the Fort Sam Houston office for more information at (512) 227-7131.

### Toastmasters meet

The Presidio Toastmasters Club will sponsor a Speechcraft program to improve performance in public speaking, evaluation techniques, business meetings, job interviews, telephone effectiveness and problem solving. The program begins at noon Tuesday and will consist of one-hour sessions for the next eight Tuesdays until Dec. 22. The cost is \$12. Toastmasters general meetings are at noon every second and fourth Thursday. Both the Speechcraft program and Toastmasters general meetings will be held in the classroom of the Civilian Personnel Office (CPO), bldg. 37. To get more information about Toastmasters contact Bud Fleming at 561-3183.

### Family conference

Conference on Military Families aims to put perspective on issues for 1988. Nationally recognized psychiatrists, authors, psychologists, military leaders and educators to address and work with those serving the Bay Area's military families.

The U.S. Armed Services and a Bay Area private psychiatric hospital will host a conference on military families from 8 a.m. to 5 p.m. on Nov. 17, at the Naval Station Treasure Island.

The conference, entitled "Military Families in Perspective, Issues for 1988", will feature an address by Dr. Jerry Lewis, an eminent leader in the field of psychiatry.

Other noted psychiatrists, psychologists, military leaders and educators will be on Treasure Island to speak and to work with military personnel responsible for helping military families in the Bay Area.

For more information or to register, call co-sponsor First Hospital Vallejo, (707) 648-2200, ext. 305. The fee for the conference, which includes a luncheon, is \$15.



photo by Steve Morey

Col. Joseph V. Rafferty (left rear), commander, Presidio of San Francisco, and Lt. Col. Timothy P. McKelvey (left), commander, Headquarters Command Battalion, join 1st Sgt. Lee O. Fuhrman, Capt. Stanley A. Miller, company commander, and their troops, Headquarters Company, USAG Presidio, who proudly display their trophies. Standing on the floor is the Commander's Cup, which Headquarters Company (under the team name, USAG) has won five consecutive years. (Story in sports section.)

## Flight detachment honored, accident-free sixteen years!

by Pleasant Lindsey

The Presidio of San Francisco Flight Detachment won the fiscal year 1986 FORSCOM Commander's Award for maintaining a spotless record that shows no ground or aircraft accidents during the entire year—a record they have maintained for 16 years in a row.

The FORSCOM Commander's Aircraft Accident Prevention Award for fiscal year 1986 was presented to the Aviation Division, Directorate of Plans, Training, Mobilization and Security (DPTMSEC), Presidio of San Francisco. Also known as the Presidio of San Francisco Flight Detachment, the unit is located at Hamilton Army Air Field, Calif.

The flight detachment won the award for Category E type units. Such units include all active TDA (tables of distribution and allowances) units or activities assigned to FORSCOM.

The award is given annually to the active duty or U.S. Army Reserve unit that shows outstanding achievement in aircraft accident prevention, based on fiscal year performance.

Fiscal year 1986 marked the 16th successive year that the flight detachment accomplished all of its missions without any accidents. During the year, the Aviation Division flew close to 500,000 miles, completed 1,042 missions, and transported 2,279 passengers and 39,000 pounds of cargo, according to a letter of nomination from Col. Joseph V. Rafferty, Presidio post commander.

Even more impressive, their missions are not limited to the Presidio of San Francisco.

The Aviation Division is authorized to perform missions in any area within the United States, but their primary operational area is the 15 western states. In this area of the country, the terrain and weather conditions go from one extreme to the other, and there are many high density air traffic

areas to be aware of. Jobs like these require plenty of preparation before they get off the ground.

Rafferty's letter pointed out that safety is the Aviation Division's top priority. They do not fly until even the *smallest* problem is corrected.

But their commitment goes deeper than aircraft safety. With just a small number of assigned personnel, the Aviation Division handles each phase of aviation operations.

The Aviation Division runs and maintains HAAF and an auxiliary helipad. They maintain a fuel storage and dispensing facility, manage airfield crash and rescue operations, airfield maintenance, and flight operations and dispatch. The division's members are also responsible for hosting transit (visiting) aircraft and their crews and passengers. This is all achieved by 27 people. That's right, only 27 people.

Rafferty's letter praised the accomplishments of the Aviation Division and said that through their management of resources and professional conduct they set the FORSCOM standard for Aviation safety.

Their record for the fiscal year was quite an achievement.

The Aviation Division's aircraft recorded 2,378 hours of flying time for fiscal year 1986. They did this with five assigned aircraft, the number they are authorized to maintain. They recorded no fatalities, no injuries, and an accident rate of zero.

"Last year was the 16th consecutive year that the [Presidio] Flight Detachment accomplished all of its missions without a single aviation accident or incident," Rafferty's letter said. "A review of this past year's accomplishments will clearly demonstrate how [the Aviation Division], as a vital member of the Presidio team, has continued to set the standard for other Army aviation units to emulate."



# Voices

## Americans continue to celebrate Constitution

by Donna Miles

In small towns and big cities throughout the United States and at military installations overseas, America celebrated the 200th anniversary of the signing of the Constitution in typically American style.

Patriotic parades, colorful fireworks displays and ringing speeches centered around the document that laid the foundations for a democratic society.

Yet the Sept. 17 celebration of the signing of the Constitution was just one part of a five-year commemoration of the Constitution's Bicentennial.

When the Constitution's drafters put their pens to the 4,440 words that established a federal government of the people, by the people and for the people, they knew they had a long uphill struggle ahead. The Constitution had to win the approval of the states.

The country was sharply divided between those who supported or opposed a strong central government. Some recognized that the first U.S. government, under the Articles of Confederation, was failing. Its chief executive had little authority. Although heavily in debt, the government had no power to raise money for its operations. Worse still, it had no way to correct its own problems. Others, however, feared that a government strong enough to bind the states together as a nation would strip power from the hands of the people.



The delegates agreed that nine of the 13 states should ratify the Constitution for it to become law, starting the new government of the United States on its way.

The celebration of the Constitution's bicentennial follows that document through history, through much debate and discussion. It commemorates the period of American history from December 1787, when Delaware became the first state to ratify the Constitution, to June 1788, when New Hampshire became the ninth.

The celebration culminates on Dec. 15, 1991, the 200th anniversary of the passage of the Bill of Rights, the first 10 amendments to the Constitution.

The Bill of Rights was critical to the passage of the Constitution into law. In fact, some states agreed to ratify the Constitution only on the pro-

mise that it would be amended to explicitly protect individual liberties against the national government. The Bill of Rights answered this promise.

The First Amendment covers the right of freedom of expression, religion, speech, assembly and petition. These freedoms have come to be the heart of American society and the part of the Constitution most frequently copied by other nations.

The Second through Fourth amendments guarantee the right to bear arms, bar quartering of troops in homes without the consent of the owner and protect against unreasonable search and seizure.

The Fifth, Sixth and Eighth amendments protect citizens against arbitrary arrest, trial and punishment. They also prevent "double jeopardy" and self-incrimination and deny the deprivation of "life, liberty or property without due process of law." The Seventh Amendment guarantees the right of a jury trial in all civil cases.

The Ninth Amendment says the rights of the Constitution will not be denied to citizens of the United States. The 10th reserves powers not delegated to the federal government to the states and the people.

Passage of the Bill of Rights, however, didn't mean the work of the Constitution or the United States was finished. The drafters of the Constitution anticipated and provided for change by

see Constitution, page 3

## Ramblin' Sam

"What's the best Halloween costume you've ever seen?"



CWO3 Wayne D. Hamilton, chief of supply team, Readiness Group, Sixth U.S. Army: "Any costume which is in the spirit of fun as long as it's brightly marked so we can see the person (crossing the street)."



SP4 Charles A. Wells, determination and processing clerk, Finance and Accounting Office: "Costumes that are hand-made are the best because they display the creativity and individuality of the person."



Carmella G. Conway, editor, command bulletin, Headquarters, Sixth U.S. Army: "I've seen someone as a shower and once I saw a person dressed as a San Francisco tourist. I thought those costumes were pretty funny."



Nancy A. Kline, military personnel clerk, Reserve Officers Branch, Sixth U.S. Army: "I like to see people dressed as Count Dracula because I'm a big fan of Count Dracula. Last year at a Halloween party I saw several Count Draculas."

## TAKE A BITE OUT OF CRIME

### Presidio security

by James Frazier

In recent weeks incidents that have occurred locally and abroad have brought forth the need to upgrade security at the Presidio, as well as nationally and internationally. The Provost Marshal's Office has tasked the Military Police with additional security measures to further enhance the protection of Presidio residents and property. We at the

Provost Marshal's Office are asking that all residents and employees residing or assigned to the Presidio to join together with the Military Police to become more security conscious. Crime Prevention is everyone's business, not just the police's.

Everyone should be a strong force in their neighborhood and work area by observing and actively participating in crime prevention. Be conscious of suspicious activities in your immediate facility and in your neighborhood.

We all must become aware of the problems and then actively participate in reducing opportunities for criminal activity:

Take that extra minute to ensure that all windows and doors have been

locked when leaving your place of employment or home.

Report suspicious activity and strangers.

Be wary of individuals asking questions concerning security procedures at your place of employment.

Encourage your children to report any suspicious activity to you or the Military Police.

These are just a few ways we as residents can assist the Military Police in upgrading the security at Presidio. Apathy can easily be overcome in a short period of time when individual participation helps lower the crime rate.

Each individual must become aware that he or she can make a difference. Small victories against crime

lead to bigger ones through actual examples. More active participation by everyone on post will decrease opportunities and result in a successful crime prevention operation.

Report all suspicious activities to the Military Police desk sergeant at 561-2251, 561-2252 or 561-2253. For emergency notification dial 561-5656. With a joint effort we can make Presidio a safer place to live and work.

### Crime Report

- Four buildings were found unsecured by the Military Police.

- Person(s) unknown vandalized a privately owned vehicle.

- A soldier was charged with resisting arrest and escape.

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## Constitution from page 2

peaceful means, as the people judged necessary.

James Madison warned the other delegates that "In framing a system which we wish to last for ages, we should not lose sight of the changes which ages will produce."

Madison's warning was heeded by his peers. During the bicentennial celebration, Supreme Court Justice Thurgood Marshall said, "I do not believe

the meaning of the Constitution was forever fixed at the Philadelphia convention. The true miracle was not the birth of the Constitution, but its life, a life nurtured through two turbulent centuries of our making."

Since passage of the Bill of Rights, 16 more amendments have been added to the Constitution to meet the changing needs of America.

Yet the legacy of the Constitution continues. Two hundred years after the delegates of the Constitution Convention left Philadelphia, the Constitution still serves the interests of the people—rich and poor, Northern and Southern, farmers, workers and business people.

And the constitutional celebration continues.

American Forces Information Service

## Army conserves energy to cut costs, maintain readiness

by Rob Van de Loo

Saving energy is saving money. What better principle to promote a personal interest in energy conservation? Army Energy Awareness Week represents a continual commitment by the Army to conserve both energy and money, but also to ensure that there be future supplies to maintain Army readiness. This year's theme is "Energy Security for Peace and Prosperity".

Yes, the Army is very interested in saving money and energy. You can help. You should try, because you are the Army.

Here are some suggestions on ways to save energy in your home. They're not radical suggestions, only things that fit into your normal routine.

### Heating

- Keep thermostat set at 68 degrees Fahrenheit for heating.
- Set thermostat to 55 degrees before going to bed.
- Turn heat off when away for some time.
- Don't heat a house on a marginal day—65 degrees or above—you and the sun provide the heat.
- Close damper or valve in vacant rooms.
- Close windows & doors when heat is on. If one is opened, make sure it's not one above a radiator.
- Close fireplace damper when heat is on.
- Hot water: Set temperature 125 degrees or

less. If there is a dishwasher, 140 degrees or less.

### Water

- When watering lawns, don't allow runoff to reach gutters, driveways or streets.
- Fix leaking faucets and commodes promptly.
- (See other measures in Laundry & Kitchen)

### Electrical

- Turn off lights & appliances if not needed.
  - Compare lumen-per-watt ratings when buying light bulbs. Bulbs with higher ratings are more efficient. Long-life bulbs aren't as efficient as ordinary bulbs.
  - Keep light fixtures clean.
  - Use fluorescent lamps where possible.
- Several products screw into sockets and use only 1/3 the power of old incandescents.
- Don't let outside lights burn all night.
  - Unplug quick-on TV's when away for a time.
- (These sets use power even when turned off)

### Laundry

- Wash & dry only full loads of clothing.
  - Wash at lowest required temperature setting.
  - Hang out heavy items to dry.
  - Clean dryer lint screen regularly.
  - Wash & dry in early morning or late evening.
- (Utilities get a demand "peak" in between)

### Kitchen

- Operate dishwasher with full loads only.

- Don't run water continuously to wash/rinse.
- Wash large pots by hand.
- Don't preheat oven longer than necessary.
- Place pans on correct-sized burners.
- Keep pots covered to boil water.
- Cook the last minute with the oven off.
- Don't put warm items into refrigerator.
- Check refrigerator/freezer seals for fit.

Electric appliances make life easier. They save us from a lot of hard work and provide comfort and enjoyment. Increased earnings and a rise in the standard of living inevitably mean more dishwashers, color televisions, electric toothbrushes and air conditioners. Few people advocate the discontinued use of our convenience appliances and this article certainly does not. It does advocate that they be used intelligently to curb our rising demand and save money and energy.

Take a look at the appliances around your home. Do you leave the lights, radio or television on when they're not in use? Do you fall asleep with the lights and television on? Do you run the dishwasher with just a few dishes? Stop and think what it means if everyone in your neighborhood and the country did the same thing. The unnecessary drain on the nation's energy supply from such actions is enormous.



Frank T. Davis is the guest speaker for Federal Women's Program Committee workshop, Nov. 6.

## Guest speaker visits post

The Presidio chapter of the Federal Women's Program Committee will sponsor a workshop Nov. 6 from 11:30 a.m. to 1:30 p.m. in the Presidio Theatre, and will feature a prominent guest speaker from Washington D.C. Frank T. Davis, Assistant to the Assistant Comptroller General of the United States, will focus on "The Critical Elements of Selling Yourself in the Job Market" which include techniques in job search, resume and SF-171 job application and interviewing. Davis will show participants how to "bring out their assets" when planning a career with the government, whether it's local, state or federal. To register, please contact Angela Love at 561-2022; Nancy McCombs at 221-6809; or Lois Marks at 561-7127.

## PSF Idea of Excellence

This week's idea comes from Kay Terry of the Resource Management Office, Directorate of Personnel and Community Activities (DPCA). Terry suggests that the post recognize a particular group of people who may be taken for granted by Presidians.

It is Terry's idea to include nonappropriated fund (NAF) employees in the Quarterly Incentive Awards Luncheon. Terry said the luncheon does award employees of appropriated fund activities, but NAF employees tend to be ignored.

"We have more than 250 NAF employees on the post," Terry said. "The money they raise on their jobs pays their salary, and they get some funding from the Morale, Welfare and Recreation fund."

Terry said recognizing the efforts of NAF employees will improve morale and make the NAF employees feel closer to the community.

Terry's idea has been accepted by the Ideas of Excellence program and NAF employees will be included in the next awards luncheon which will be held in late November.

If you have an idea that will benefit the quality of life on the post, call the Presidio Ideas Office at 561-IDEA.

## Thank you note to the Presidio...

Colonel Joseph V. Rafferty  
Commanding Officer  
Presidio, San Francisco 94129-5000  
Dear Colonel Rafferty:

I would like to thank you for the Presidio mementos and the distinction of being named "Honorary Presidian."

My time on the base was made unforgettable by all the soldiers and civilians who so graciously offered their support and enthusiasm. Please thank them for me.

Best,

Sean Connery

Ed Note: Other "Presidio" stars, Meg Ryan and Mark Harmon, sent similar notes to the Presidio community.

# Happy Halloween

## Oct. 31





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# Lifestyle

## ACS seeks 'Great American Family' on post

by Anthony Powell

Do you know a family that nurtures individual growth of its members, has strong teamwork in the home, and generously serves others?

Tell Presidio's Army Community Service (ACS) about them and they may be selected for honors in the Great American Family Awards Program, held in cooperation with the American Family Society, the U.S. Army and other participating national organizations.

The post's award ceremony is scheduled for Nov. 24 at the Golden Gate Community Club. The family recognized in the ceremony will represent *all* families in our community—single, two-parent, adoptive, foster-parent, foster grandparent, small and extended families—who quietly live

good lives and make the Presidio a better place to live.

First lady Nancy Reagan has served as honorary chairperson of the program since it was launched in 1982 by the American Family Society, assisted by other national family-serving organizations.

"The family is America's most precious resource" said Mrs. Reagan, noting that "the Awards Program is one way of recognizing the many families across the country who, through inner strength and leadership, enhance the quality of life in their communities and promote pride in our national heritage."

She added that the program "will provide inspiration and encouragement to countless Americans as they

seek to strengthen their own family relationships."

Since 1982, hundreds of families honored in community ceremonies during National Family Week have received special certificates, signed by Mrs. Reagan and by local officials. From these, nine families have been selected each year for national honors at the White House in a ceremony hosted by Mrs. Reagan and emceed by NBC's Willard Scott.

"We are pleased that Great American Families on the Presidio will be honored during National Family Week," comments K. Wayne Scott, President of the American Family Society. "It's a meaningful way to honor deserving, unsung heroes...and through them, all the ex-

emplary families who quietly do so much to strengthen the nation. You're helping build a positive tradition that we hope will continue for generations to come."

To nominate a family for local honors, complete a nomination form (available at ACS or from your area mayor); or mail a note to:

AWARD,  
ACS, Bldg. 914,

Presidio of San Francisco, CA 94129 no later than Nov. 17. Tell how the family you are nominating nurtures individual growth, builds teamwork and serves others. Include your name, address and telephone number, should additional information be required.

## Presidians give post the look of beauty

Ever notice how some homes seem to stand out from all the rest? Even when the houses are built the same way, there is always one house that is more noticeable than the others.

It's the same way on the Presidio of San Francisco. Here, you can always find an example of someone making an extra effort, planting that extra flower, to make their quarters stand out.

Whether it be the sharply trimmed hedges of Col. Raymond Cherrington on Ruger Street, the trim lawns of SSgt. Stephen Amador and MSG Robert Graham on Mac Arthur Drive, or the colorful flowers lining Lt. Col. Joe Bernhardt's stairway, you will find someone doing their part to beautify the post.

Those listed above are among the winners of the Presidio Quarters of Excellence award which is presented by the post commander, Col. Joseph V.

Rafferty, to the Presidio residents who make their quarters stand out.

"My wife and I took the initiative to improve the look of our quarters inside and out," said SFC Bayami San Jose, a two-time winner. "It's the best in the area."

Following is a complete list of this quarter's winners, their spouses, and their jobs.

- Capt. James H. Bland and wife Gloria, 10A Funston Avenue, (LAMC);
- Capt. Timothy Rearden and wife Tammy, 10B Funston Avenue, (LAMC);
- Col. Raymond Cherrington and wife Mona, 532B Ruger Street;
- Lt. Col. Joe Bernhardt and wife Rosario, 631B Fort Baker, (Sixth U.S. Army)
- SFC Bayami San Jose and wife Priscila, 742A Portola Drive, Installation Deputy Training Stan-

dards Officer;

- MSG Robert Graham and wife Gwendolyn, 857C Mac Arthur Drive, (LAMC);
- SSgt. Stephen Amador and wife Karen, 857D Mac Arthur, (Oakland Army Base);
- Col. Michael McCormick and wife Ella, 1314 Kobbe Avenue, (Oakland Army Base);
- Navy PO1 Dennis J. Ryan and wife Barbara, 1530H Pershing, (Alameda NAS, U.S.S. Enterprise);
- SP4 Michael E. Sims and wife Elisabeth, 1711B Baker Court, (LAIR).

Why not take the time to look at the hard work your neighbors have put into their quarters. You may get some ideas that will make you one of the next Quarters of Excellence winners.

## Programs help enlisted reach commissioned rank

by Jim McGowan

Active duty enlisted soldiers considering seeing as a commissioned Army officer now have two programs to assist their move to the officer corps.

The Army's Early-Out for ROTC program and ROTC Active Duty Scholarship program are designed to allow soldiers who qualify to enter college and the Reserve Officers' Training Corps (ROTC) prior to completion of their enlistment. Soldiers are discharged from the Army under the provisions of AR 635-200.

To qualify for the Early-Out for ROTC program a soldier must have completed one year of service and have two years of college credit while meeting normal eligibility requirements.

Additionally, the soldier must be accepted, in writing, by both the college and the professor of military science at the school he or she has chosen to attend.

While attending college a non-scholarship ROTC cadet receives a

\$100 monthly subsistence allowance for a maximum of 10 months each year.

The Army ROTC Active Duty Scholarship program awards two-and three-year scholarships affording former soldiers the opportunity to earn a bachelor's degree and a commission as a second lieutenant in the U.S. Army.

Upon receiving a scholarship, the soldier is discharged from active duty for enrollment in a college or university having an ROTC program.

ROTC scholarships pay the costs of tuition and selected fees while providing an allowance for textbooks. Scholarship cadets also receive a \$100 a month subsistence allowance for a maximum of 10 months each year.

To qualify for an Active Duty Scholarship soldiers must:

- Be a U.S. citizen.
- Be at least 17 years old prior to the date the scholarship is awarded.
- Have completed one year of ac-

tive duty prior to the date of discharge for enrollment in a college or university.

• Have a minimum score of 115 on the General Technical Aptitude (GT) test.

• Have passed an Army Physical Fitness Test (APFT) with a minimum score of 60 in each event.

• Have a minimum collegiate grade-point average (GPA) of 2.0 on a 4.0 grading scale.

• Have a favorable National Agency check and/or Entrance National Agency check.

• Be under 25 years old on June of the year the soldier is commissioned. Soldiers can receive a one-year extension for each year of active service up to a maximum of four years.

• Be accepted as an academic junior for the two-year scholarship or as an academic sophomore for the three-year scholarship by a college offering an Army ROTC program.

• Be favorably recommended by the soldier's commanding officer.

• Be endorsed by a field grade officer.

A second lieutenant receiving his or her commission from the Army ROTC Active Duty Scholarship program incurs an eight-year service obligation which can be fulfilled by serving on active duty, in the National Guard or U.S. Army Reserve.

Applications for an Active Duty Scholarship are available through the post Education Center. Applications must reach U.S. Army ROTC Cadet Command at Fort Monroe, Va. by March 15, 1988.

Soldiers who are enrolled in the new G.I. Bill program may also use educational benefits earned while on active duty for both the scholarship and early-out programs.

For more information on either the Early-Out for ROTC or Active Duty Scholarship programs contact the Fort Scott Education Center, 561-2974; or the Professor of Military Science, Army ROTC, University of San Francisco, CA 94117-1005.

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# Additions



Marc Brouqua, chief of Unaccompanied Personnel Housing, DEH, balances Sara and Jenna (or is that Jenna and Sarah?) while his wife, Margaret, holds Marc, Jr. They were the guests of honor at a baby shower given by DEH employees Sept. 21 in Thompson Hall, Bldg. 1020.

## Triplets!

# Family of three doubles size in less than a year!

story and photo by Steve Morey

...And then there were six.

A line from Agatha Christie's mystery novel, "... And Then There Were None"? Could be. It's more like a description of a growing Presidio family welcoming the addition of triplets.

That's right. Triplets. Marc and Margaret Brouqua, who were married December, 1986, and their 8-year-old daughter, Nicola, were joined Sept. 1 by Marc, Jr., Sarah and Jenna.

Marc Brouqua, who is chief of the post's unaccompanied personnel housing, Directorate of Engineering and Housing (DEH), went from bachelorhood to fatherhood in less than a year.

## Surprise!

"I was single with no other responsibilities besides my own daily needs," he said. "All of a sudden, I'm married and the father of four. Surprisingly, we've all adjusted very well."

The newest members of the Brouqua family were born six weeks premature, Sept. 1, in Kaiser-Permanente Medical Center, San Francisco at 10:30 p.m.

The oldest member of the trio, Marc, Jr., weighed 4 pounds, 11 ounces at birth. His sister Sarah weighed 4 pounds; and Jenna tipped the scales at 3 pounds, 15 ounces.

"The doctors have told us our babies are progressing beautifully," Brouqua said with a proud smile. "When Margaret and I found out eight weeks into her pregnancy [through the use of a sonogram] there were *three* heartbeats [in the womb], we were very surprised—shocked, because we hadn't used any fertility drugs."

"But it was a very pleasant shock," emphasized Brouqua.

At first, Marc said he thought raising three babies would be, well, hair-raising. But Brouqua said, "I'm amazed at how little trouble they really are. The only time they cry is when they're hungry or need to be changed. Other than that they're quiet and well-behaved, just like angels."

## Support

As the expectant parents prepared for the doubling of their family size, they consulted and eventually joined two groups, the Twins Club and the Triplet Connection. These organizations have members who have had "hands on" experience with multiple births within their own families.

Brouqua explained the groups as support-oriented, "someone for my wife and I to talk to for advice and support."

The Brouquas have also been supported by family and friends who have donated baby clothes and furniture. Additional help was offered by DEH employees who organized and "delivered" a baby(ies?) shower Sept. 21 to Brouqua's office in Bldg. 651. Brouqua has worked for DEH for ten years.

The shower was attended by female and male representatives from nearly all of DEH's divisional staffs. A tabletop "money tree" was decorated with generous donations from supportive Presidians.

"I told my wife that the staff was going to throw a shower [for the newborn infants]," Brouqua explained. "When we walked into the room, my wife was overwhelmed at such a large turnout."

Brouqua said he and his wife wish to express their sincere thanks to everyone who has helped

out their family, especially the employees of DEH.

Another special person who deserves recognition for her help, said Brouqua, is Nicola, Margaret's daughter from a previous marriage.

"She's been a great big help to us," he said, adding that Nicola is filling the shoes of a big sister nicely.

## Adjustments

One of the major adjustments for Margaret and Nicola has been familiarizing themselves with their Novato, Calif. residence and an American way of life. The two are natives of East Kilbride, Scotland, where Margaret had kept a long-distance, "pen-friends" relationship with Marc for about a year.

According to Marc, their relationship moved from the pen to the phone and, before you could say "I do," Marc was proposing to his bride-to-be on the Golden Gate Bridge in October, 1986.

"The sun was just going down on the horizon," he said. "It was a beautiful setting (for the proposal)."

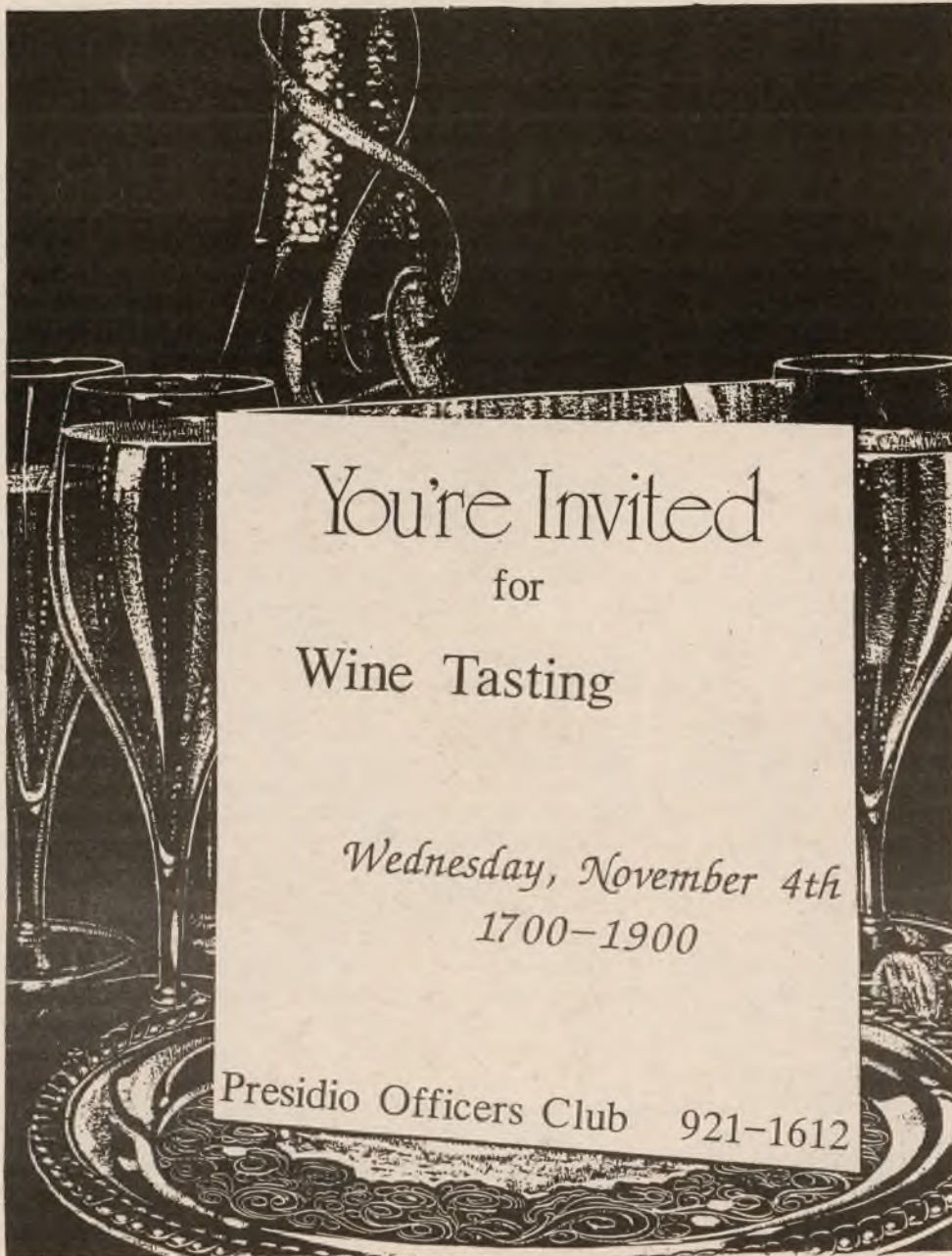
And less than a year later they were blessed with healthy, beautiful triplets.

"Right now, the biggest adjustment for us has been trying to find a new place. We're looking for at least a three-, maybe a four-bedroom house in the area," Brouqua explained.

"But, as can be expected, we're finding the going tough. I think we're going to have to settle for a house fifty or so miles away [from the Presidio]. I'll just have to increase my daily commute to work."

If you'd like to help out the six-member Brouqua clan, call Yvonne Riley at 561-4755 or 561-4756.





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# Sports

## USAG honored for keeping dynasty alive

story and photo by Steve Morey

What do the following 1980s sports teams and individual athletes have in common?

The Chicago Bears football team; tennis stars Martina Navratilova and Boris Becker; the Boston Celtics basketball team; the Edmonton Oilers hockey team; diver Greg Louganis and hurdler Edwin Moses, Olympic champions; Marvin Hagler, boxer; and Presidio Headquarters Company, United States Army Garrison (USAG) soldier-athletes.

They've all maintained a dominance over other teams and players within their respective sports; or, in the case of USAG, a dominance over other units on post.

In a ceremony at the Post Gym Oct. 27, USAG was recognized for keeping their "dynasty" alive in 1987 by clinching the Commander's Cup for the fifth consecutive year.

USAG teams outpointed 16 other units for the honor. Their closest overall competitor, Co. B, LAMC, finished 39 points behind USAG's 193.

Points are awarded to each unit throughout the year for participation in each sport; where they finished in the standings; attendance at mandatory Sports Branch meetings; and participation in All-Army or post sports teams.

USAG placed first in two of the eight events offered by the Sports

Branch, golf and bowling. They finished no worse than fourth in five other sports—football, cross country, volleyball, tennis and softball; and sixth in basketball. It appears that a unit need not win every sport to clinch the Commander's Cup.

Col. Joseph V. Rafferty, post commander, presented USAG's commander, Capt. Stanley A. Miller, with the award during the morning ceremony.

Rafferty also handed 15 Garrison soldier-athlete "all-stars" individual trophies for their participation in post and Army-wide sports.

"Why are sports important to the Army and the Presidio in particular?" Rafferty asked the USAG and Co. B, LAMC soldiers present for the ceremony.

Answers from the athletic elite of each company included: "To build up the morale of the soldiers;" "Sports allow soldiers an opportunity to see how important teamwork is to complete a mission;" and "To keep soldiers out of trouble and in good physical condition."

Rafferty agreed with the soldiers and added that it's important to have fun as well because the "Army is our way of life. It's an important way to demonstrate our excellence as soldiers."

"And it's important to our mission as soldiers in the U.S. Army," Rafferty said.



Col. Joseph V. Rafferty, Presidio post commander, and Capt. Stanley A. Miller, commander, Headquarters Company, USAG Presidio, show off the Commander's Cup. Headquarters Company has won the trophy five years in a row.

Co. B, LAMC's commander, Capt. Franklyn J. Krogman, accepted the runners-up trophy from Rafferty; and Co. B "all-stars" received individual trophies as well.

USAG's 1st Sgt. Lee O. Fuhrmann said sports participation in the Army helps to build team spirit and morale among the players.

"Learning to work together as a team," said Fuhrmann, "moves the soldiers closer to the 'Will to Win,' the battalion's (Headquarters Command Battalion) motto."

Also on hand for the ceremony

were Lt. Col. Timothy P. Gilbert, commander, Headquarters Command Battalion; Thomas Robinson, chief of Community Recreation Division; and Bobbie Gascon, director of sports, Sports Branch.

Rafferty issued a challenge to all other units on post to try and unseat Garrison in 1988 from their five-year reign as Presidio's best sports teams.

USAG will undoubtedly try for a sixth consecutive Commander's Cup to continue one of 1980's greatest dynasties.

## Sports Notes

### Flag football standings

	W	L
Co. C, 864th Engineers No. 2	7	0
COE	6	1
Co. A, LAMC	6	1
DLI-SF	5	1
LAMC	5	1
Co. C, 864th Engineers No. 1	4	4
LEC	5	5
USAG	3	5

LAIR	3	6
USAISC (dropped)	0	9
6th U.S. Army (dropped)	0	10

### Last week's scores

LAMC vs. LEC, 12-0; COE vs. Co. C, 864th Engineers No. 1, 20-14; DLI-SF vs. USAG, 24-19; Co. C, 864th Engineers No. 2 vs. LAIR, 34-28; Co. C, 864th Engineers No. 1 vs. LEC, 21-20; Co. A, LAMC vs. LAMC, 14-6; COE vs. LAIR, 28-0; and Co. C,

864th Engineers No. 1 vs. USAG, 19-14.

### Women's basketball

The Post Women's Basketball Team still needs players. Active duty soldiers and family members 19 years and older are eligible to participate.

For more information, call Sandy Cornett at 561-4120 or visit Gym No. 1, Bldg. 63.

### FORSCOM wrestling

The 1988 FORSCOM Wrestling Championship will be held at Fort Campbell, Kentucky, Jan. 22-23, 1988. All interested active duty soldiers should call Sandy Cornett at 561-4120 or 561-5032, or visit Gym No. 1, Bldg. 63.

## Jimmy the Freak's picks of the week

### Hellooo, everybody!

Okay, the substitute players are now back to their regular jobs—plucking chickens, bagging groceries, steering pedestrians into night spots, and all those other, wholesome pursuits—so we can get back to some serious football! I sat back and pondered what was accomplished by the dreaded "Strike of '87". I strained. I cogitated, I meditated, and even did a little musing...and you know what I came up with? Nothing...absolutely nothing, my dear. The strikers are salving their egos, and pocketbooks, by saying things like "it was good for team unity" or "we will be a better team because of it". Alleyapples!! This season is shot...you can't make proper predictions because of all of the distractions and lost practice time (at least I can blame my poor

record on other people this year). They shot the golden goose, and are crying because it won't lay 24 carat eggs anymore! Let's get on with the games, boys. Otherwise, I may start predicting the outcome of the Pro Bowlers' Tour.

### San Francisco 27, Los Angeles Rams 17

This rivalry has been so intense and combative that a few 49ers came back from L.A. with "war brides". The 'Niners should win this match if only because the Rams are getting along like half are named Hatfield and the rest are named McCoy.

### Chicago 30, Kansas City 13

The Bears have Jim McMahon back at quarterback to get some points on the board. With their

defense, all you have to do is give 'em about 10 points, toss in some raw meat, and wait a couple of hours for a win.

### Washington 28, Buffalo 14

The only way the Redskins can lose this game is if there is an early-season blizzard and they can't land their plane! The Bills will "Butz" their heads against a stone wall in this match.

### Denver 34, Detroit 13

The Lions are quickly becoming the weak link in the NFL. They are already 4 games behind the Bears. At this rate, they should be eliminated from the playoffs by Thanksgiving! Then they can enjoy having turkey for the holiday. After all, **you are what you eat.**

### Miami 34, Pittsburgh 14

Poor Chuck Noll will have to suffer through this game. Not only will the Dolphins outscore his Steelers by a bunch, but he will have to watch Dan Marino and see what a professional quarterback *really* looks like. Take some notes Malone!

### Upset of the week L.A. Raiders 27, New England 17

The Raiders will be smarting from their recent losing streak, and Slick Davis will be pushing for some payback. Besides, those were the Colts that beat the Patsies last week, not the Lombardi-led Packers. (Bob Irsey must have been out of Town!)



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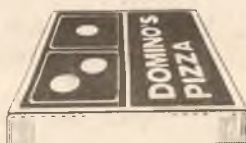
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# Community Calendar

## Ladies night out

The Presidio Enlisted Spouses Club is looking for women interested in forming a bowling league on Monday nights. This is open to any spouse of enlisted soldiers and commissioned officers.

For more information call Lynn Hancock at 921-8616 no later than Nov. 12.

## Christmas and crafts Bazaar

The Presidio Officers' Wives Club and Letterman Auxiliary will sponsor a Christmas and Crafts Bazaar in the Officers' Club Ballroom Nov. 13, from 10 a.m. to 9 p.m.; and Nov. 14, from 10 a.m. to 6 p.m. There will be handmade and commercial gift items, baked goods and a White Elephant table. Admission is free.

## Jewelry display

James Quality Jewelers of Bangkok, Thailand will be at the Officers' Club on Nov. 15, from 11 a.m. to 7 p.m. James features gold and precious jewelry, silver, bronze and brassware.

This event is sponsored by the Presidio Officers' Wives Club, who invites all military, DoD and nonappropriated fund (NAF) personnel to attend.

## OWC luncheon

A luncheon for the Presidio Officers' Wives Club will be held in the Officers' Club Ballroom, Nov. 5. It begins with a social hour at 11:15 a.m., and lunch is served at noon. Reservations can be made today through noon on Nov. 3 by calling Mary Joe Swift at 775-1913 or Ione Andreen at 386-2189.

## Adult Advisory Council

The Adult Advisory Council will hold their next meeting on Nov. 17 at 5:30 p.m. at the Youth Center, Bldg. 1331. All interested parents and adults are encouraged to attend.

## Recycling

Recycling now returns to the Presidio on Nov. 14, from 9:30 a.m. to 2 p.m. Have your old newspapers and aluminum cans out in front of your quarters no later than 9 a.m. The recycling vans will cover all Presidio housing areas including Forts Baker, Barry and Cronkite.

The collections will benefit the Girl Scouts, Cub Scouts, Chapel Youth and Aquarius Swim Club.



photo by Pleasant Lindsey

## GRAARRWWLL!

SFC Ronald Wilson rises from the eery depths to say hello in the Haunted House at 749A Portola Street.

## Black History Month volunteers

Plans are now being formulated to celebrate Black History Month and volunteers are desperately needed for ideas and committees.

For more information, call Robert Keating at 561-3701.

## Free classes for supervisors

The Education Center offers free clerical skills classes to help you train new employees and upgrade or update the skills of your clerks and secretaries. Beginning and intermediate typing, preparation of Army correspondence and word processing meet mornings from today to Dec. 18. Classes are open to soldiers and adult family members as well as civilian employees. To enroll or obtain more information, call 561-2974 or 561-4445.

## Volunteers needed

The Sept. 22 fire that destroyed the former Army Community Services (ACS) building has left ACS in desperate need of help and support from the Presidio community. ACS has always been there for Presidians, and is looking for a helping hand in their relocation. ACS needs help in the following areas:

- Remodeling and decorating;
- Organizing files and retyping files that have been burned;
- Front desk help;
- Volunteer coordinator to organize existing volunteers and recruit new ones; and
- Loan Closet volunteers.

Also, ACS needs area rugs and pictures for their new offices in bldg.

914. If you would like to volunteer or donate items call ACS at 561-5155.

## ACS Loan Closet

Do you have items from the Army Community Services (ACS) Loan Closet? If so, ACS needs your help in getting them returned to bldg. 914 (behind the Clothing Sales Store), to make them available to other families newly arrived to the Presidio. Because of the recent fire, most of the remaining loan closet items were either destroyed or damaged beyond repair.

Won't you please save us the time of using our card file to recall all overdue loans and return them to the location above?

Thank you for your coopertion.

## Get lucky

On Friday the 13th you are only lucky if you are having fun, and fun and games are exactly what is planned for the next Pre-Teen Dance Party on Nov. 13, from 6 to 9 p.m. at the Log Cabin. The dance is for ages 6 to 12 years old, and the cost is \$1 per child. Games, prizes and dancing to the top hits are all a part of this event.

Any parents interested in chaperoning contact Youth Activities at 561-5143.

## Teen Council

The next Teen Council meeting is Nov. 10, after the AIDS Education Workshop, at 5:30 p.m. in the Youth Center, bldg. 1331. The Christmas Dress-up Dance, the Boat Party on the Bay and the council's first skiing trip will be discussed at the meeting.

All teens are welcome to attend and provide some input with the council.

## Halloween activities

Youth Activities will be sponsoring a Teen Dance tonight from 8 to 11 p.m. at the Log Cabin. The dance is for ages 13 to 19 and each youth is allowed to bring one guest for admission fee of \$2 each. Please come in costume. For more information call 561-5143.

The Religious Activities Center will be sponsoring a Halloween Carnival on Oct. 31 from 6 to 8 p.m. This is free and for all ages. Please come in costume. For more information call 561-3535.

The Wilson Family on Portola will be sponsoring their annual Haunted House. This activity will be on Oct. 31 from 6 to 9 p.m. at 749-A Portola Street. This is free and for all ages. Come in costume. For more information call 922-8147.

## Youth Activities classes

Youth Activities is sponsoring various classes that include:

**Karate**—Mondays and Wednesdays, 6 to 7 p.m. in Gym No. 2. Cost is \$20 for 8 lessons.

**Pre-ballet** will be offered Mondays at the Log Cabin at 1 and 2 p.m., and 3 p.m. classes for returning students. Cost is \$18 per month.

**Tap dance** classes for ages 6-19 are Mondays at the Log Cabin at 4 p.m. Cost is \$24 per month.

**Ballet** classes will be held in bldg. 1390 on Fridays from 4 to 5 p.m. Cost is \$30 per month. Ballet for dancers with up to 2 years' experience will be Tuesdays from 4 to 5 p.m. and Fridays from 5 to 6 p.m. Cost is \$36 per month. Intermediate level ballet will be taught Mondays and Thursdays from 4 to 5 p.m. Cost is \$36 per month. Point-shoe ballet is on Mondays, Tuesdays and Thursdays from 5 to 6:15 p.m. Cost is \$42 per month.

**Jazz dance** classes will be in Bldg. 1390 on Saturdays. The 1 p.m. classes are for ages 6-12 and the 2 p.m. classes for ages 13-18. Cost is \$15 for six lessons. More sign-ups are needed for the classes to begin.

**Tennis** lessons for beginners will be given at the Fort Scott tennis courts Mondays and Wednesdays at 4:30 p.m.; lessons for intermediate players will be at 5:30 p.m. Cost is \$20 for eight lessons.

For more information about all classes, call Youth Activities at 561-5143 or 561-5910, or come to bldg. 1331 in the Fort Scott area.

## At the movies

### Presidio Theatre

Fri, Oct. 30	Born in East L.A. (R)
Sat, Oct. 31	Lady and the Tramp (G)
Sun, Nov. 1	The Big Easy (R)
Mon, Nov. 2	The Big Easy (R)
Tue, Nov. 3	Harry and the Hendersons (PG)
Wed, Nov. 4	Police Academy 4 (PG)
Thu, Nov. 5	Nowhere to Hide (R)
Fri, Nov. 6	Nowhere to Hide (R)

7 p.m.  
7 p.m.  
7 p.m.  
7 p.m.  
7 p.m.  
7 p.m.  
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7 p.m.

### Schwartz Theater

Mon, Nov. 2	Born in East L.A. (R)
Wed, Nov. 4	Lady and the Tramp (G)
Thu, Nov. 5	The Big Easy (R)

7 p.m.  
7 p.m.  
7 p.m.

### Hamilton Theater

Fri, Oct. 30	Wanted: Dead or Alive (R)
Sat, Oct. 31	Toby and the Koala Bear (G) 1 p.m.
Sat, Oct. 31	Wanted: Dead or Alive (R)

7 p.m.  
7 p.m.  
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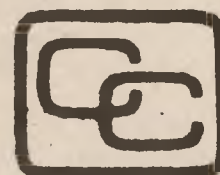
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**CFC:** The time to act is now, page 5

**Haunts:** Goblins galore gather on post, pages 7, 8 and 9

**Sports:** LAMC shuts out USAG, page 13

# Star Presidian

Vol. 30, No. 43

"Published in the interest of the people of the Presidio of San Francisco."

Nov. 6, 1987

## News Briefs

### Attention pre-1984 federal employees

The new Federal Employee Retirement System (FERS) Open Season will end on Dec. 31. Employees hired before 1984 *must* decide whether to stay with the old Civil Service retirement system or switch to the new FERS plan.

All transfer eligible employees should have received a FERS information booklet and an election form (OPM Form 1555). Employees must complete Part I to verify receipt and return it to the Presidio Civilian Personnel Office (CPO).

Part II denotes the election choice, either the old or the new system, and must be completed regardless of choice. The decision, once made, is irrevocable.

Employees who have not received the booklet or who need assistance are encouraged to call Carl Baer at 561-5724.

### Army-Navy Day football game at Cal-Berkeley

The University of California at Berkeley athletic department is offering a special package for Presidians on Saturday, Nov. 14. In honor of Veterans Day Week, there will be a special touch football game preceding the Cal-Arizona State football match at JFK Memorial Stadium in Berkeley. The touch football match will feature an all-star team from the Presidio  
*see Briefs, page 3*



SP4 Lawrence Christopher, carpenter, Company C, 864th Engineers, smooths fresh cement for the floor of the U-Do-It Self-Help Center, Bldg. 1227. The building is scheduled to open between mid-December and early January.

## 864th drives to front of post's CFC campaign

story by Steve Morey

All work and no play....

That's what Company C, 864th Engineers Battalion seemed to be doing most of the time. The Presidio unit could be found on or off post rebuilding roads and parking lots; replacing old culverts with new culverts; remodeling buildings, such as the soon-to-be-opened *U-Do-It Self Help Center* in Bldg. 1227; and the list goes on.

However, Oct. 30 was a day for the engineers to catch up on their rest and relaxation. In the process, they raised more than \$8,100 for the Combined Federal Campaign (CFC).

The engineers were also celebrating "Organization Day" and, at the same time, recognizing the switch from "Delta" to "Charlie" Company which officially took place Aug. 17.

The multi-purpose celebration began with the second annual 864th Engineers Halloween Fun Run at 7:30 a.m. "Charlie" soldiers dressed in a vast array of costumes, performed quasi-warm up exercises and, led by company commander, Capt. John F. Duffy, jogged in formation around the athletic fields in front of the Fort Scott buildings.

Needless to say, their appearance drew stares and smiles from passersby, including Headquarters Company, USAG soldiers who seemed to enjoy the Halloween spirit displayed by the engineers.

Following the fun run, Charlie Company prepared for a celebration which included a meal of grilled hot dogs and hamburgers, cakes and cookies and liquid refreshments.

"We don't have the flexibility of our parent battalion when it comes to days off," explained 1st Sgt. Melvin F. Johnson. "So the first opportunity we had to combine company events before the weather got bad, we jumped at it."

Johnson said that the soldiers have been working very hard and needed to take a break; so they took advantage of a small schedule opening and the dry weather.

Throughout the sun-filled day, the soldiers and their families took part in the "usual" assortment of picnic activities, like softball, volleyball and horseshoes.

Some of the more specialized events on the agenda for engineers only included a tire-rolling contest, move-the-egg-with-a-bucket-loader contest and, the ever-popular, change-the-tires-on-a-truck competition.

But, true to their form, the engineers combined the fun with hard-earned, generous donations for CFC charities. The approximate \$8,100 pledged is not final, said Johnson.

"Not all of our soldiers are here at the party today," Johnson explained, noting that several soldiers were on leave and others were on temporary duty assignments. The first sergeant said he expected the final tally for Company C to reach nearly \$9,000.

The Earthmoving Platoon raised more than 12,500 in pledges, taking company honors for the most money contributed toward the CFC.

According to 1st Lt. Krystal Krull, Company

C's CFC chairperson, the engineers have a good reputation on post as generous donors and fundraisers.

"Our reputation as being 'rough and ready' allows us to do some unconventional things when it comes time to help out the community," Krull said. "And an event like this allows officers, senior NCOs [noncommissioned officers] and the enlisted soldiers to raise the money as a cohesive unit."

Krull went on to say that the engineers can be light-hearted at times but serious when the need arises.

"The soldiers are reading the [CFC] newspapers over and over, looking for their preferred charity," Krull said. "Most of them already know where they would like their money to go."

The top contributing soldiers were each given a home-baked loaf of banana bread and the opportunity to apply one "pie-in-the-face" to any officer or senior NCO.

Sgt. Michael Carino pledged \$720 for the highest individual pledge. Receiving a pie-in-the-face from top engineer contributors were Lt. Col. Timothy P. Gilbert, Headquarters Command Battalion commander, Duffy, Johnson and Sgt. 1st Class Calvin Belcher.

SFC Claudie Stanley took a pie in the face when CWO2 Francis Sloat ducked without warning.

"The objective of our event today," Johnson said, "is to give something back to the soldiers. We know they're going to give [to the CFC]. We just want to reward them for a job well done."



# Voices

## Constitution signer directs U.S. to participate in government

by Liz Greeley

Scene: A DA civilian and a soldier sit on a bench on the Presidio. One of them has a newspaper and is talking to her neighbor.

Civilian: "Boy, would you look at this, Rich? If Congress goes ahead like this, no telling what they'll do next."

Soldier: "Know what you mean. It's always something. But once they're in office, what are you going to do?"

Civilian: "Nothing, I guess. Since we both belong to the government, it's not like we can go on strike or anything."

Soldier: "Don't even let Sgt. Tentpeg hear you say that word! Anyway, it just wouldn't be right."

Civilian: "I hear you, Rich, and I agree. But don't you wish there was something you could do sometimes?"

Soldier: "Sure, but...Aw heck Lucy, let's face it; we're powerless to do anything about the condition this country is in. (Sigh) Nothing either you or I can ever do will make any difference...any difference at all."

Passerby: "Wait just a moment! Did I hear both of you correctly? You're upset about the condition of the country, yet you have both said you can not do anything about it?"

Lucy: "Well, yeah, but who are you?"

Passerby: "Just someone who happened to be

walking by...somebody who, coincidentally, found a civil servant and a man bearing the uniform of this country's Army—both of whom serve the United States—wearing apathy and defeatism hugged close about them like fur cloaks in an Arctic snowstorm. That's who I am."

Rich: (Somewhat angrily) "Well? It's not like we can change anything regardless of what Congress wants to do."

Passerby: "Precisely what do you mean you cannot do anything?"

Lucy: (Heatedly) "Are you simple or something? Weren't you eavesdropping long enough to hear us say we can't strike?! Therefore, we can't exert any pressure on Congress except at election time. Good grief, I thought everybody knew that."

Passerby: "All right, all right. Please calm down. I assure you I had no intention of eavesdropping on a private conversation and I do beg pardon of you both. However, I am well aware civil servants and soldiers cannot strike—I served in the nation's government myself not so very long ago. It's just that this kind of thinking you both have espoused strikes my heart like a serpent's tooth. Of course, there is something you can do!"

Rich and Lucy: (In unison) "What?"

Passerby: "I do not believe this...you really have no idea do you? This proud nation just

celebrated the Bicentennial of the Constitution, and you don't know!! You're both still United States citizens aren't you?"

Rich: "Well, of course."

Passerby: "Then besides voting, you can let your elected representatives know how you feel. For instance, one could write a letter to Senators Cranston or Wilson (I am told they are the gentlemen who serve here) telling them what issue is presently before Congress and how you feel about it. And that is just to begin; there are still members of Congress whom you could write stating how you feel about an issue."

"Now if you wish to play hardball (to use a colloquialism) about a particularly important issue, there is nothing to prevent you from letting said Congressman or woman know they needn't expect your vote during the next election if they choose not to listen to your appeal on behalf of said issue."

Lucy: "Boy, you're sarcastic as H..., uh, the dickens, aren't you?"

Passerby: "Well, perhaps I am, but..."

Lucy and Rich: (In unison again) "PERHAPS?!!!"

Passerby: "Very well, I am. But apathy and defeatism are ill-fitting garments those who serve the government have worn too long; neither of you

see Constitution, page 3

## Ramblin' Sam

"How are you going to observe Veteran's Day, Nov. 11?"



Virginia Dela Cruz, auditor, Headquarters, Internal Review and Audit Compliance: "I'll say a little prayer for all of the deceased veterans."



George McCaffrey, retired, San Francisco: "I'll put my U.S. flag out and check the T.V. programs for Veteran's Day parades and specials."



Pvt. 2 Mark K. Filippini, records clerk, PSC: "If I'm not working I'd like to go look at the World War II Memorial in the Fort Scott area."



SGM. Wayne D. Wallace, administrative projects NCO, MOBPLANS Division, Sixth U.S. Army: "I really don't know. We may have to work that day. I should know what my plans are in a couple of days."

## Youth group learns responsibility, invites others to join

by Jenni Gilbert

There is a group of teens here at the Presidio working to help the military family. We are called the Presidio Post Chapel Youth Group and we work out of the Religious Activities Center (the RAC). We work closely with and are supported by the Post Chaplains, Doris Munstermann (Director of the RAC) and Stephen Miller (Protestant Director of Religious Education). This group is one facet of a multi-faceted Chapel Youth Program, including Sunday morning instruction for both Catholic and Protestants; Sunday evening Confirmation classes for Catholics;

Tuesday evening Protestant Fellowship and Study; and special retreats and events for all faiths. Our meetings are every other Wednesday evening at 7 p.m. at the RAC, Bldg. 682.

This youth group tries to discover projects that will benefit the Presidio community and enable us to go on some great trips. One of these projects is the Parents Night Out. We hope to start the Parents Night Out Program in January. The Parents Night Out is an event where approximately 20 to 30 Presidio teens play games and have activities for 40 to 50 children whose parents then have an

opportunity for a night out. Another project is the Rent-a-worker Program. The teens will do work at your quarters, inside and/or outside for a donation to be used for our trips. We held a Halloween Carnival which was attended by nearly 400 and it was organized and worked by nearly 40 of us teens. We will be having a Christmas event and an Easter event to give kids something to do during vacations. We will be wrapping gifts for the Toys for Tots Program and the Officers Wives VA Hospital Gift Program. Our bake sales are very popular. The biggest ones were at the Golden Gate Bridge Birthday

Celebration and Army Days Celebration.

We go on at least one ski trip to Lake Tahoe in the winter. It's a weekend trip and we have a very good time even though there's adult for every five teens, there's always a snowball fight or two. Our summer trip this year was a week-long white water rafting trip to Oregon. It was quite an experience! The summer of 1986 we took a trip to Yosemite and climbed Half Dome.

(Ed. Note: Jenni Gilbert is president of the Presidio Post Chapel Youth Group.)

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## Constitution from page 2

should ever forget you are American citizens as well. You seem to forget the Constitution applies to you as well as to everyone else. Though you work for the nation's welfare most certainly does not mean you have renounced your rights as citizens; the Constitution still applies to everyone.

"For what other reasons was the Revolutionary War fought other than to secure the blessings of freedom and liberty? And the right to the representation is the guardian of that liberty.

"So I am simply saying we all (those who serve our nation included) have a voice in that government as the Constitution intended; if you have a grievance, use that voice!"

Lucy: "Well, okay, that makes sense, but don't you think you could have made your point without being so sarcastic and angry about it?"

Passerby: "No, I think not; the Constitution is too noble and personally significant a document

for me ever to take its hard-won privileges lightly or forgetfully...or to stand idly by as others do so."

Rich: (A trifle embarrassed) "We really weren't...Hey, you never did tell us what your name is!"

Passerby: "Oh, yes. Please pardon my vehemence, it seems to have caused a momentary breach of etiquette. Again, I beg your pardon. However, since proper introductions haven't been made, I will take your observation as a request for such. Either of you may call me John, John Adams. Might I request your names, Sir and Madam?"

(After introductions are made, the passerby stops in his way, and Lucy turns to Rich.)

Lucy: "John Adams? You don't suppose...but he couldn't be! That was 200 years ago!"

Rich: "Nah, it's just coincidence...uh, I'm sure. But he sure had an odd way of talking, didn't he?"

## Briefs from page 1

opposing a team from Treasure Island. All Presidians are invited to attend this pregame contest. In addition, there will be free bus transportation for those interested in attending. Buses will leave the main gymnasium lot at 9 a.m. Also, Cal-Berkeley is offering discount tickets for the game featuring the Cal Bears

against last year's Rose Bowl representatives, the Arizona State Sun Devils. These tickets are normally \$15, but they are offered to Presidians at \$10. The buses will return to the Presidio following the Cal-ASU game. Tickets are now at ITT. For additional information call them at 561-3992, or call the sports director at 561-5032.

# Presidian's idea creates customer relations training

By Pleasant Lindsey

If you've ever worked in a customer service position then you know that people will always look for one thing—results.

Well, a former Presidio employee, David Ciechanowski, came up with an idea to train Presidio of San Francisco employees how to deal with customers. He suggested conducting half-day seminars to train service providers on the importance of courtesy, cheerfulness and patience when dealing with customers.

Not only was his suggestion for a customer relations training program taken seriously, it has already been tested.

On Oct. 30, the Civilian Personnel Office held its first Customer Relations Training class which was attended by employees from all over the post.

Guess how Ciechanowski ensured that the post would take action on his idea.

"Ciechanowski submitted his suggestion to the Ideas of Excellence Program," said William E. Clyde, chief, Training and Development, Civilian Personnel Office. Clyde was then tasked to develop

the training.

"We got feedback from all of the directorates on post to see what their needs were, then we contracted two instructors from the post's education center to develop a class that would meet the directorates' needs."

Together, they developed an outline and presented a prototype class Oct. 30 for representatives of the post's directorates.

"Twenty-three people attended our first class," Clyde said. he added that the post commander, Col. Joseph V. Rafferty, attended the class as well.

"The objective of the class is to give our employees the necessary tools to deal effectively with irate customers and to give good service under adverse conditions," Clyde explained. He said the class also works to improve the employees' self-esteem and nurture a sense of "team spirit" on the job.

Clyde said the class benefits both military and civilian employees who deal with the public in "customer contact situations".

According to Clyde, the instructors got enough

## Jump-start your car safely

The Northern California Society to Prevent Blindness (NCSPB) reports that battery-related accidents are a leading cause of serious eye injuries. Over 8,000 battery-related eye injuries occur each year, according to the Consumer Product Safety Commission.

"Many of these injuries result from incorrect jump-starting procedures," warns Peter Jamgochian, executive director of the NCSPB. If these gases are accidentally ignited by a spark or open flame the explosion could send battery fragments and battery acid into the eyes. The result can be severe eye damage and vision impairment.

Should an accident occur and battery acid gets into the eyes, immediately flush them with water for at least 15-minutes. Seek emergency medical assistance.

The Northern California Society to Prevent Blindness offers a 4" by 8" vinyl sticker listing step-by-step instructions for safely jump-starting dead batteries. The sticker can be affixed to any clean, dry surface under the hood or kept inside a car's glove compartment.

To obtain a sticker with safe jump-start instructions, send a self-addressed, stamped business envelope to: "Jump-Start", c/o Northern California Society to Prevent Blindness, P.O. Box 18042, San Francisco, CA 94118.

positive feedback from the class members to rate the new program a success. "The schedule is already under development for the remainder of the year," he said.

The Customer Relations Training class is evidence that the Ideas of Excellence Program works to improve the quality of life on the post.

## PSF Idea of Excellence

This week's idea comes from Kathee Jessee of the Civilian Personnel Office. She suggests giving new civilian employees an eight-by-ten card that illustrates all of the ranks in the Army. The card would be given to the civilian employees as soon as they begin working. "Civilians who have never been exposed to the military will have an opportunity to recognize rank on soldiers," Jessee said.

If you have an idea that you believe would improve the quality of life on the Presidio of San Francisco, contact the Presidio Ideas Office at 561-IDEA.



Doris Munstermann, director of Religious Education, Religious Activities Center (RAC), explains Halloween's connect to religion, at the RAC's Halloween Carnival, Oct. 31.

## REWARD \$10,000

For information that leads to the arrest and conviction of person(s) responsible for the fires that damaged Bldg. 566 (Army Community Services), on Sept. 22, 1987; and Bldg. 572 (Child Development Center), on Oct. 13, 1987 on the Presidio.

Any information concerning this matter should be provided to the U.S. Army Criminal Investigation Division (CID), San Francisco Field Office, Presidio of San Francisco, CA 94129-6610. Call 561-5405 or 561-3578 (24 hours); or 561-5406 or 561-3577 (business hours).

Contact Special Agents Stephen H. Penaluna or Robert R. Birck. This reward offer will terminate on Oct. 26, 1988.



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## CFC

## Contributing to CFC—what are you waiting for?

by Sharon E. Everett

What? You still haven't decided what to do about your Combined Federal Campaign allotment? You've got the card—it's even got your name on it. All you have to do is decide how much money to give and where you want it to go. What's holding you back?

Budget cuts? What if you lose your job? Is your CFC contribution still tax deductible? How does this payroll deduction thing work, anyway?

Well, those are all some very valid questions. And we have some answers for you (courtesy of Major Ken Morgan, one of the Army's loaned Executives to the CRF Cabinet).

First let's talk about payroll deduction. Payroll deductions for CFC start in January of each year. The system varies somewhat, depending upon whether the donor is civilian or military. The minimum payroll deduction for a civilian is \$1 per pay period, or \$26 per year. For a military person, it's \$2 per month, or \$24 per year. The moneys are withdrawn starting in January and continue to work through until the end of the year, when they need to be renewed for the subsequent year. Payroll deductions are done automatically upon receipt of the white copy of the pledge card that is forwarded to the pay office, civilian or military.

Then the money is taken out at the end of the month pay check. Should someone retire, have an ETS, transfer, or lose their job, just like anything else in the paycheck, the allotment stops. So, if an individual pledges a \$10 per month payment and they only work half a year, that's \$60 that goes to the CFC, rather than the \$120 which they intended. There's no provision to make double payment. If a person is transferred from one location to another, whether they are civilian or military, the pay continues and that CFC allotment continues as well.

Maybe you're curious about the effects of the new tax laws on your charitable donations. Let's examine that next.

If you are an itemizer, using the long form, there is absolutely no change in the CFC. It's entirely deductible. If you use the 1040 short form or 1040-EZ form, you have a standard deduction. Your gift for the CFC is assumed to be included in that standard deduction. The confusion that arises is that, up until the new tax law this year, in order to promote the volunteer spirit, individuals were allowed to take the contribution to charities in addition to the standard deduction when they filed the short form. As of this year, with the new tax

law, they can no longer do that.

"The thing is that people should not really consider tax deductibility as a measure of what they're going to give the CFC," Major Morgan explained. They should look at the needs of the community; they should look at their feelings towards their fellow man, and use that as their formula for contribution rather than 'Oh, I can use that for a tax deduction.' The tax deduction, with the amount that most people give, is really at the most just a few dollars from their entire tax burden. It isn't really worth thinking about."

This year's Combined Federal Campaign is doing very well, having reached the \$100,000 mark on Oct. 30. This is approximately the same financial position as last year at this time. There are still some organizations that are doing kickoffs, and the money won't really start coming in until five or six days after those kickoffs are completed. Major Morgan estimates that within the next ten days, the 1987/88 CFC donations should hit the \$1 million mark.

Now, come on. We've answered all of your questions. What are you waiting for? Give to the Combined Federal Campaign, and show that you are "Caring for Community."

## New program helps families communicate

The statistics are collected. The tabulations are made. The computers click along, correlating the facts with new data. But to the staff of Child Find of America, Inc., the research collected from their program currently operating in New York and Florida, the real focus is the drama of families in trouble—and Military families, of course, are not immune from marital or family problems.

For the past several months, Child Find of America has been offering a unique service. A new program, entitled A-WAY-OUT, with a toll free telephone number—1-800-A-WAY-OUT—provides parents involved in child custody disputes with an innovative option. Child Find provides a mediation service which can help re-establish communication with the spouse or ex-spouse in the hope that anger and frustration can be dissipated. This may result in the return of the child or children to a more stable and secure environment in which they can maintain contact with both parents. The toll free telephone number is answered by skilled operators ready to set the

mediation process in motion. The program additionally offers access to a sympathetic professional ready to help parents who have already experienced an abduction; provides parents with information on child safety and prevention of parental abductions; continues to assist in initiating procedures to locate a missing child.

It is clear, says Executive Director Carolyn Zogg, that the variety and depth of the problems affecting families is pervasive within our society. Due to Child Find's insistence of confidentiality, only the barest details regarding families involved are made public, but some of the cases which have already surfaced seem to be indicative of some general trends in our society.

For example:

An angry parent threatens to abduct his child because his visitation rights have been ignored.

A mother calls, wanting help in locating her daughter when her ex-husband fails to return the child after a short vacation.

Drug involvement causes a parent

to leave home, taking the children.

Angered by a divorce settlement, a parent flees to another country with two children.

Morally unfit. Drugs. Harrassment. Poor judgement, unfair settlements, anger, ignorance of the law. These are just some of the reasons why parents leave the safety of their homes and jeopardize the emotions of their children to pursue "new" lives. Left behind are a shattered family and unfulfilled dreams.

With Child Find's new program, there is a way out. There are persons ready to help. Whether you are located in New York or Florida, or stationed in Germany, Child Find is ready to provide competent professional help. Child Find is one of the oldest, private, non-profit, national organizations that registers at no fee, searches for, and assists in the location of missing children; provides public education, awareness, and a toll free Continental U.S. hot-line, 1-800-I-AM-LOST. (Overseas, Canada, and Alaska, contact Child Find of America Inc., P.O. Box 277, New Platz, NY 12561)

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Teddy can't help because Teddy doesn't have any answers. Only you, as a parent, have them. In today's world, your child needs real answers to tough everyday questions.

At Child Find of America, Inc. we do more than help locate missing children. Our education programs include counseling, mediation, location and stress programs.

For more information on how you can help, call or write Child Find of America, Inc. at 1-914-255-1848.



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*or*  
*community*

## Headquarters Command Battalion activities

Date/Time	Event	Location	Action				
Nov. 11, 7 a.m.	Type B Inspection	LEC	S-4	Nov. 19, 6:30 a.m.	DCO Troop Construction Breakfast	USAG Dining Facility	Capt. Wymer, C/864
Nov. 11, 8 a.m.	Type B Inspection	C/864	S-3	Nov. 19, 3:45 p.m.	Monthly Retirement Ceremony	Main Parade Field	S-3
Nov. 13, 6 p.m.	HQ Command Bn. Dining In	NCO/Enlisted Club	BN SGM	Nov. 26, all day	Thanksgiving Day	PSF	All units
Nov. 16-20, 8 a.m.-4 p.m.	Air Load Planners's Course	C/864 Classroom	S-3	Nov. 26, 1-4 p.m.	Thanksgiving Day Dinner	C/864, USAG Dining Facilities	S-4
Nov. 16, 6:25 a.m.	BN Muster Run	Bowling Alley	S-3	Dec. 8, 8 a.m.	Type B Inspection	USAG	S-4
Nov. 18, 8 a.m.	Type B Inspection	USAG	S-3	Dec. 8, 7 p.m.	Bay Area Commander's Christmas Concert	Palace of Fine Arts	6th AB



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# Haunts

## Personnel Service Center captures Halloween spirit

by Barry E. Lancaster

The Personnel Service Center (PSC) of the Presidio has a full time mission supporting several different units scattered all over the western part of the United States. But they still manage to have some fun.

Long hours on the job didn't stop PSC workers from getting into the spirit of Halloween and having a little fun while they worked. Civilian and military alike donned costumes of every shape, size and color as they celebrated Halloween on Oct. 30.

The idea was proposed by Maj. Arnold C. Davis, chief of Presidio's Military Personnel Division. The staff responded enthusiastically. At 11 a.m. prizes were awarded for the three best costumes. The judges included Lt. Col. Walter W. Meyer, Directorate of Personnel and Community Activities (DPCA); Rose Marie Sims, DPCA; and SGM Anthony F. Costa, Headquarters Command Battalion.

And the winners were:

- Third place, SP4 Arnold Gyant, Soldier Support Branch;
- Second place, Yvonne Stoval, Administration
- First place, Capt. Pauline Vicenti, Administration.

After the judging was completed and the winners recognized, refreshments were served in the PSC's breakroom. Everyone agreed it was an extreme success. Sgt. Katherine Brown of Headquarters Company summed it all up by saying, "It's wild, totally wild."



SP4 Arnold Gyant gets real excited about Halloween.

photo by Pleasant Lindsey



photo by Steve Morey

Terry Sanders is "mummified" about the whole affair.



# Haunts



Sylvia Ramsay gets trapped in the guillotine.

## Portola Haunted House screams and brains to Pres

story and photos by Steve Morey

During the month of May, 1987, Sgt. First Class Ronald Wilson started to have visions of beheaded human bodies, giant alien beings, banquets of bones and brains and the screams of fear and fun from children and adults.

Throughout the months of September and October, Wilson and 44 other Presidians, including Wilson's wife, Kathy, helped the sergeant turn his visions into reality.

The end result Oct. 31 was the second annual Wilson Family Haunted House at 749-A Portola Street.

Wilson's summer visions were transformed into fall fun for more than 600 children and adult visitors between the bewitching hours of 6 and 9 p.m.

The Haunted House crew used the *entirely* donated supply of gags and goodies to turn the Wilson home into a haven for goblins and ghoulish goings-on.

The Wilson backyard became a graveyard; the basement—a guillotine stand and a banquet room fit for Lon Chaney; and, the garage—a strobe-lighted, fog-filled chamber with a human-sized alien attacking all who dared to enter.

"Once a year I can give something to the community," Wilson said. "It takes a lot of my own time, it's hard work—but it's fun!"

"The toughest thing to do was to coordinate all of the people because so many people helped out."

Each of the Haunted House participants donated whatever they could besides their actual involvement in the ghoulish skits. Nylons, string, cloth, plastic foam (for stuffing aliens), real skeleton bones...and the list goes on.

Ceremonial Platoon, Headquarters Company, United States Army Garrison donated a

casket for the cemetery skits; the all-im and publicity for this year's

The Wilsons also made a ters for children of the Hau who were generously dona energy.

"Kathy and I really app all those involved, especial Youth Activities," Wilson s

"But I'd *especially* like t supporting me. Without r took care of a lot of the be blemis that I didn't even th

What made it all worth was when the Halloween c the sidewalk waiting to House; and the screams children and adults as they

Ron and Kathy Wilson Ron starts to have those vi

A list of some of the Wilsons with Haunted Hou

- SFC Michael and Elizabe
- Kelly Higgins
- SFC David McElfresh an
- Capt. Debbie and SFC R
- SFC Gary and Brenda Fi
- SFC Marion and Betty L
- SSG Brian and Linda Do
- SFC Walter and Sylvia F
- Levonne Marks
- SSG Michael and Astrid
- Paula Gravile
- SFC Jerry Hardison
- SSG William and Karen
- SGT Betsy Schroder
- SGT Ronald and Lynn H



Karen Jacobsen (in coffin) is rudely awakened by the "Grim Reaper".



Sgt. Betsy Schroder ha



# Serves sidians

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ink about."

while, Wilson said,  
rowd started to line  
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of delight of both  
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will relax now...until  
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se who helped the  
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d Cher Church  
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Smith

Jacobsen

ancock



Folks seem to come from "miles around" to join the fun at the Wilson's Haunted House.

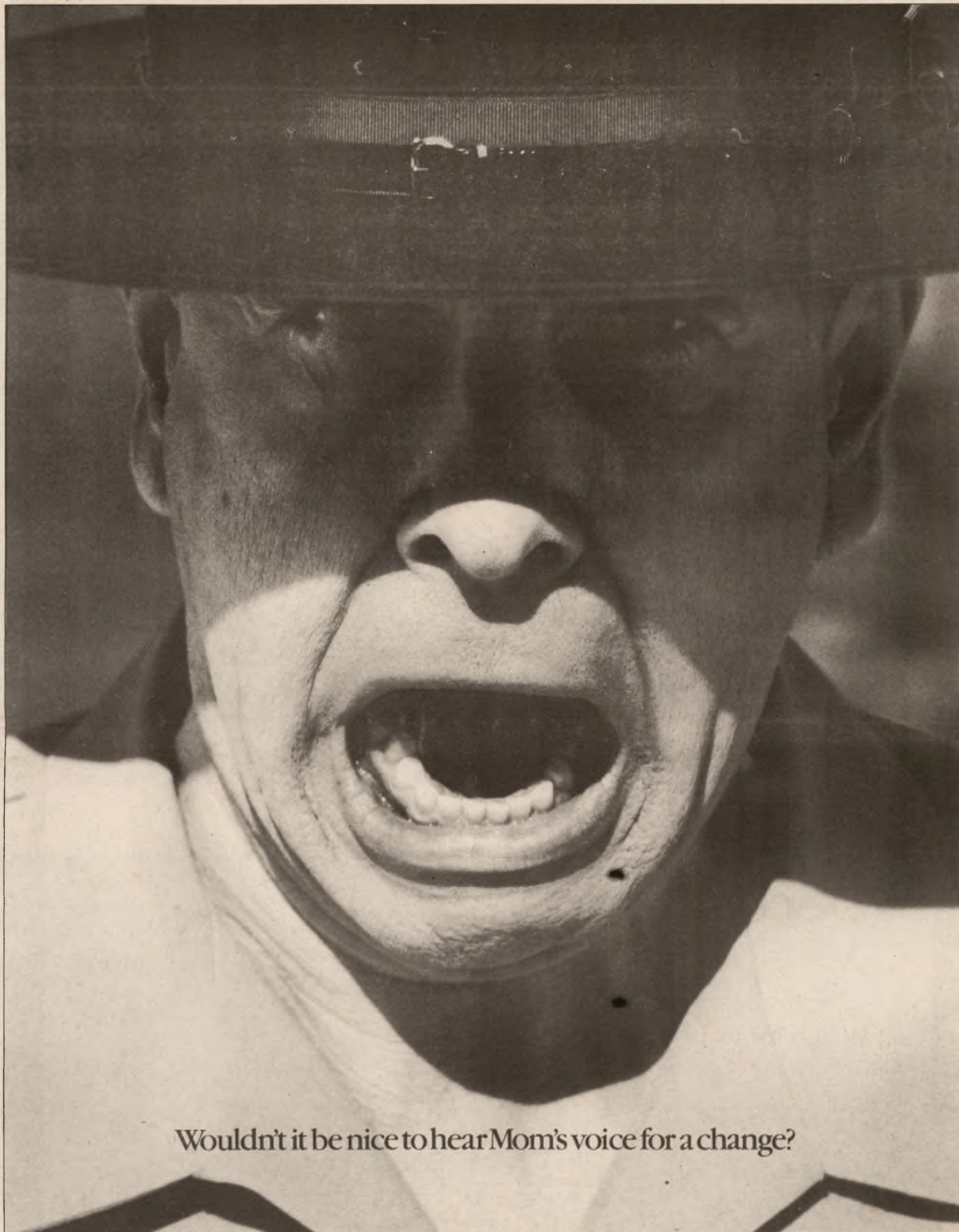


so much fun she lost her head.



Capt. Debbie Hambright (standing) and SFC Walter Ramsay serve "eyes and brains" to visitors. Lynn Hancock is literally the head of the table.





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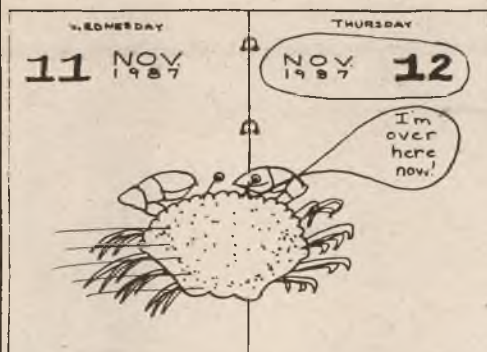
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**CLUB**

The super Seafood Buffet has been moved to Thursday, November 12 from the originally scheduled Wednesday, November 11.

The reason? Wednesday, November 11 is Veterans Day, a celebration near and dear to the hearts of anyone associated with the military.

We, at your Officers Club, are pleased that because of pressure by veterans groups and others, the November 11 date was kept and not moved back to Monday.

Some of you old timers might remember that November 11 used to be Armistice Day, a commemoration of the day that ended the Big Parade, World War I.

Please remember, the Seafood Buffet will be all set for you on Thursday, November 12.

Bon Appetit!

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AGENT



# Sports

## Penalty-prone LAMC flattens USAG

story by Steve Morey

Co. A, LAMC used a balanced running and passing attack Nov. 3 to shutout USAG, 19-0, in Presidio's Intramural Flag Football League.

The penalty-marred contest featured the Co. A combination of quarterback Richard Acuna and receiver John Faulkner as the twosome hooked up for two touchdowns.

The first score for Co. A was set up by two long runs by Faulkner. The halfback used his speed and the size of his offensive line to move his team to USAG's 25-yard line.

Then, Acuna faked a handoff to his other set-back, rolled right and spotted Faulkner out of the backfield. Faulkner caught the ball at the 10-yard line and outraced USAG defenders for the score.

Co. A missed the extra point to lead 6 to 0.

USAG's offense sputtered for the second time in the first half. On a fourth-and-one at their own 19-yard line, the Garrison gang elected to attempt a first down. But the Co. A defense held and took over on downs, deep in USAG territory.

Three plays later, Acuna connected with Eric White in the corner of the endzone for six.

Faulkner added an option pass to John Fitzgerald for the point after. Co. A led, 13 to 0 at halftime.

USAG kept Co. A off the board until the waning seconds of the game when Acuna hit Faulkner with a second touchdown pass. The point after was missed so the final score stood at 19 to 0.

The second half consisted of a stalwart USAG defense and sloppy play by Co. A. It seemed whenever the hospital crew would make an important play, one of their players would be called for a penalty.

Meanwhile, USAG's offense was able to move the ball better against the Co. A defense than it did in the first half. However, quarterback Tony Keiling wasn't able to connect on the all-important touchdown pass to his teammates.

USAG relied on the spirited defensive play of Arnold Gyant, Melvin Todd and Patrick Hopper to break up several of Acuna's throws.

Co. A was able to overcome their mental mistakes against a game but smaller USAG team. Co. A will have to eliminate the penalties against the bigger teams if they expect to advance far into the playoffs.



## Sports Notes

### CRD Sports Branch Turkey Shoot

Win your Thanksgiving turkey in the Sports Branch Annual Turkey Shoot—18 holes in four different divisions. Prizes go to the first and second low net and low gross scorers in each division. Tee-off time is 8 a.m., Nov. 19, on the Presidio Golf Course.

The contest is open to all soldiers, Department of the Army civilians, and family members 19 years and older assigned to the Presidio of San Francisco. An entry fee of \$3 must accompany your entry form. Soldiers' green fees will be paid by the Sports Branch. Civilians and family members will be charged a green fee

of \$7, payable at tee-off time.

For more information contact Jim Ragasa at 561-4120 or 561-5032.

### Basketball season opens

The post basketball teams open their 1987-88 season on their home court Saturday. The women will face Mather Air Force Base at noon, and the men will host Treasure Island at 2 p.m. All home games are held in Gym No. 1, bldg. 63.

### Air Force Academy testing

U.S. Air Force Academy candidates will be tested on Nov. 15 and

West Point candidates will be tested Nov. 22 in Gym No. 1, bldg. 63. The basketball court and exercise room will be closed from 9 a.m. to 12:30 p.m. on these dates. They will reopen after the test is completed. All other parts of the gym will be open as usual.

### Women's basketball

The Post Women's Basketball Team still needs players. Active duty soldiers and family members 19 years and older are eligible to participate.

For more information, call Sandy Cornett at 561-4120 or visit Gym No. 1, Bldg. 63.

### Last week's scores

Company A, LAMC 19, DLI-SF

24; COE 33, USAG 18; DLI-SF 18, Co. C, 864th Engineers No. II 14; COE 16, Co. C, 864th Engineers No. II 8; DLI-SF 20, LAIR 2.

### League standings

	W	L
DLI-SF	8	1
COE	8	1
Co. C, 864th Eng. No. II	7	2
Co. A, LAMC	6	2
LAMC	5	4
Co. C, 864th Eng. No. I	4	4
LEC	4	5
USAG	3	6
LAIR	2	8
USAISC	3	7
6th U.S. Army	0	10

## Jimmy the Freak's picks of the week

### Hellooo, everybody...

I had week for the ole freak right Other than the all-too familiar choke job done by the Raiders I had the rest of my picks turn out as I predicted.

The big news of the week, however, was off the playing fields. Eric Dickerson whined his way off of the West Coast, and found himself employed by the paragon of owners and is now a part of that football hotbed—Indianapolis??? Did it ever occur to you that there really was no reason for the union to strike for a new contract this year—players don't honor them, anyway. They seem to want it both ways—if they don't do well, they are protected by their agreement and get their money, earned or not. If they have a good season, they ignore their commitment and want more and more money. I don't know about you, but I sure couldn't try that with my editor, Ming the Merciless. Oh, well, at least Eric Dickerson will have to deal with Bob Irsay, the Bacchus of the NFL...which serves him right. Ahhh,

there is a God.

### San Francisco 34, Houston 14

Moon over Montana?? Nahhh, just doesn't sound right. The 'Niners are coming together as a team, and, if their running game keeps progressing, they may get more than the 34 points that I'm predicting. The Oilers hit a dry hole this week.

### New York Giants 27, New England 20

The Giants are still desperately seeking a playoff berth. If they can win the remaining games on their schedule, they just might do it. Besides, with an immobile quarterback like Steve Grogan starting for the Patsies, the Giants should blitz them back to Boston.

### Denver 31, Buffalo 13

One of the Bills' secret weapons is the weather in their area. Spell that "L.O.U.S.Y." The only problem for them this week is that the Broncos play in even worse conditions in the Rockies. The only interesting aspect

of this match is the opportunity to watch the two best, young quarterbacks this side of Miami. The Broncos have about a 20-point advantage in defense.

### Cleveland 40, Atlanta 10

The Falcons are battling the Lions and Rams for the "Weak Sister" award in the NFC. If they can lose by 38 points to a mediocre Saints team at home, what chance do they have playing a team like the Browns in Cleveland? Right...slim and none. Take the forfeit route, Coach Campbell.

### Minnesota 28, Los Angeles Raiders 14

I went against my principles going with the Raiders last week and they went into the dumper. Not this week...everytime that I think of the Raiders I think of that old "Fugitive" television show. In that longrunning series, when they finally get the guy they've looked for, it turns out that he's missing an arm. It

seems that the same can be said about this new quarterback, Rusty Hilger. He throws like his arm is in a cast. Hey, Al...give Plunkett another chance.

### Upset of the week No. 1 Indianapolis 24, San Diego 20

Getting Eric Dickerson should perk the whole team up this week. Besides, the Chargers are not really good enough to be 6-1. Look for Dan Fouts to have a mediocre game.

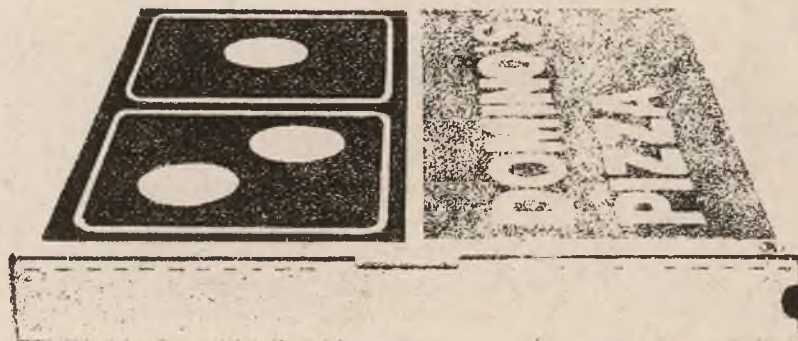
### Upset of the week No. 2 Tampa Bay 27, St. Louis 20

Gene Stallings hasn't got a clue on how to put together a winning team. He ought to get some motivational training from Whitey Herzog. The Cards play just good enough to lose. This would be a good game to have Vinny Testaverde take a few snaps. St. Louis couldn't hurt him, even if the Bucs gave their offensive line the day off.



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# Community Calendar

## Ladies night out

The Presidio Enlisted Spouses Club is looking for women interested in forming a bowling league on Monday nights. This is open to any spouse of enlisted soldiers and commissioned officers.

For more information call Lynn Hancock at 921-8616 no later than Nov. 12.

## Christmas and crafts Bazaar

The Presidio Officers' Wives Club and Letterman Auxiliary will sponsor a Christmas and Crafts Bazaar in the Officers' Club Ballroom Nov. 13, from 10 a.m. to 9 p.m.; and Nov. 14, from 10 a.m. to 6 p.m. There will be handmade and commercial gift items, baked goods and a White Elephant table. Admission is free.

## Jewelry display

James Quality Jewelers of Bangkok, Thailand will be at the Officers' Club on Nov. 15, from 11 a.m. to 7 p.m. James features gold and precious jewelry, silver, bronze and brassware.

This event is sponsored by the Presidio Officers' Wives Club, who invites all military, DoD and nonappropriated fund (NAF) personnel to attend.

## Adult Advisory Council

The Adult Advisory Council will hold their next meeting on Nov. 17 at 5:30 p.m. at the Youth Center, Bldg. 1331. All interested parents and adults are encouraged to attend.

## Recycling

Recycling time returns to the Presidio on Nov. 14, from 9:30 a.m. to 2 p.m. Have your old newspapers and aluminum cans out in front of your quarters no later than 9 a.m. The recycling vans will cover all Presidio housing areas including Forts Baker, Barry and Cronkite.

The collections will benefit the Girl Scouts, Cub Scouts, Chapel Youth and Aquarius Swim Club.

## Correction

The *Star Presidian* erroneously named the commander of Headquarters Command Battalion as Lt. Col. Timothy P. McKelvey on its front page photo. The battalion commander is Lt. Col. Timothy P. Gilbert. We regret the error.



## Splash dancin'

Vigga, the killer whale, sprays a mouthful of water onto surprised spectators at Marine World Africa USA's Killer Whale and Dolphin Show. For tickets, visit the ITT office, Golden Gate Community Club.

## Black History Month volunteers

Plans are now being formulated to celebrate Black History Month and volunteers are desperately needed for ideas and committees.

For more information, call Robert Keating at 561-3701.

## Free classes for supervisors

The Education Center offers free clerical skills classes to help you train new employees and upgrade or update the skills of your clerks and secretaries. Beginning and intermediate typing, preparation of Army correspondence and word processing meet mornings from today to Dec. 18. Classes are open to soldiers and adult family members as well as civilian employees. To enroll or obtain more information, call 561-2974 or 561-4445.

## Volunteers needed

We need your voluntary assistance. We are engaged in a renovation and self-help project in Bldg. 37. On Friday, Nov. 13, we will be doing some painting and, if possible, lay some carpeting. If you have some knowledge in carpet laying or related skills you can donate to us on that day, we solicit your expertise. We can offer you hard work and the satisfaction of seeing a good job done, the opportunity to meet some new people and to enjoy some

refreshments with us. If you are interested, please call CPO, 561-2383, for additional information.

## ACS Loan Closet

Do you have items from the Army Community Services (ACS) Loan Closet? If so, ACS needs your help in getting them returned to bldg. 914 (behind the Clothing Sales Store), to make them available to other families newly arrived to the Presidio. Because of the recent fire, most of the remaining loan closet items were either destroyed or damaged beyond repair.

Won't you please save us the time of using our card file to recall all overdue loans and return them to the location above?

Thank you for your cooperation.

## Let's dance!

On Friday the 13th you are only lucky if you are having fun, and fun and games are exactly what is planned for the next Pre-Teen Dance Party on Nov. 13, from 6 to 9 p.m. at the Log Cabin. The dance is for ages 6 to 12 years old, and the cost is \$1 per child. Games, prizes and dancing to the top hits are all a part of this event.

Any parents interested in chaperoning contact Youth Activities at 561-5143.

## Teen Council

The next Teen Council meeting is Nov. 10, after the AIDS Education Workshop, at 5:30 p.m. in the Youth Center, bldg. 1331. The Christmas

Dress-up Dance, the Boat Party on the Bay and the council's first skiing trip will be discussed at the meeting.

All teens are welcome to attend and provide some input with the council.

## Military school buses

Parents of children who use the Presidio buses for school transportation are now required to fill out an information sheet and return it to the Transport Branch, bldg. 639, or Army Community Service, bldg. 914, by Nov. 16. Forms are available at these offices.

This form is in addition to the bus- ing request forms which families were asked to complete in September. This information will be used to compile a notification roster. Failure to provide this information could result in possible disruption of bus service.

## Youth Activities classes

Youth Activities is sponsoring various classes that include:

**Karate**—Mondays and Wednesdays, 6 to 7 p.m. in Gym No. 2. Cost is \$20 for 8 lessons.

**Pre-ballet** will be offered Mondays at the Log Cabin at 1 and 2 p.m., and 3 p.m. classes for returning students. Cost is \$18 per month.

**Tap dance** classes for ages 6-19 are Mondays at the Log Cabin at 4 p.m. Cost is \$24 per month.

**Ballet** classes will be held in bldg. 1390 on Fridays from 4 to 5 p.m. Cost is \$30 per month. Ballet for dancers with up to 2 years' experience will be Tuesdays from 4 to 5 p.m. and Fridays from 5 to 6 p.m. Cost is \$36 per month. Intermediate level ballet will be taught Mondays and Thursdays from 4 to 5 p.m. Cost is \$36 per month. Point-shoe ballet is on Mondays, Tuesdays and Thursdays from 5 to 6:15 p.m. Cost is \$42 per month.

**Jazz dance** classes will be in Bldg. 1390 on Saturdays. The 1 p.m. classes are for ages 6-12 and the 2 p.m. classes for ages 13-18. Cost is \$15 for six lessons. More sign-ups are needed for the classes to begin.

**Tennis** lessons for beginners will be given at the Fort Scott tennis courts Mondays and Wednesdays at 4:30 p.m.; lessons for intermediate players will be at 5:30 p.m. Cost is \$20 for eight lessons.

For more information about all classes, call Youth Activities at 561-5143 or 561-5910, or come to bldg. 1331 in the Fort Scott area.

## At the movies

### Presidio Theatre

Fri, Nov. 6	Nowhere to Hide (R)
Sat, Nov. 7	Roxanne (PG)
Sun, Nov. 8	The Pick-Up Artist (PG-13)
Mon, Nov. 9	The Pick-Up Artist (PG-13)
Tue, Nov. 10	A Prayer for the Dying (R)
Wed, Nov. 11	Ernest Goes to Camp (PG)
Thu, Nov. 12	Hellraiser (R)
Fri, Nov. 13	Hellraiser (R)

7 p.m.  
7 p.m.  
7 p.m.  
7 p.m.  
7 p.m.  
7 p.m.  
7 p.m.  
7 p.m.

### Schwartz Theater

Mon, Nov. 9	Nowhere to Hide (R)
Wed, Nov. 11	The Pick-Up Artist (PG-13)
Thu, Nov. 12	A Prayer for the Dying (R)

7 p.m.  
7 p.m.  
7 p.m.

Movie schedule not available for Hamilton Theater at press time.





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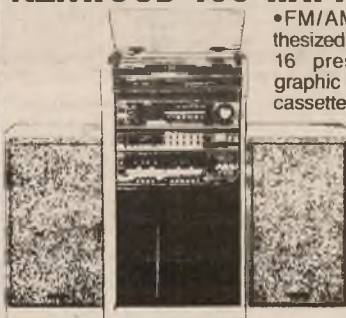


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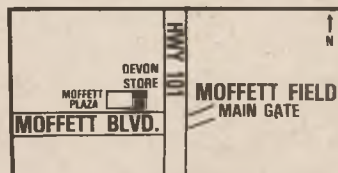


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**Outnumbered:** Officer  
beats odds,  
page 5

**Smokeout:** Give smoking  
a kick in the butt,  
page 7

**Sports:** Treasure  
Island sinks,  
page 13

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# Star Presidian

Vol. 30, No. 44

"Published in the interest of the people of the Presidio of San Francisco."

Nov. 13, 1987

## News Briefs

### Homebased assignments

The Homebase Advanced Assignment Program (HAAP) is open to all soldiers in grades E-5 through E-8 on orders for restricted tours. This is referred to in MILPER message number 88-25. The soldiers who participate must agree to leave their family members at their current duty station if they receive a home based assignment—or move them only to the soldier's next duty station if on an advanced assignment. The U.S. Total Army Personnel Agency (USTAPA) will then issue the HAAP assignment. However, there are other conditions.

USTAPA will only issue the HAAP assignment when there is a vacancy in the soldier's grade and MOS at that location. The primary factors USTAPA uses to determine HAAP assignments are: The needs of the Army; the least cost factor; professional development considerations; regimental affiliations; and individual preference. Those soldiers who don't participate in the HAAP program will be assigned based on the needs of the Army.

### Great American Smokeout

Letterman Army Medical Center will observe the 11th annual Great American Smokeout, Thursday. A station staffed with volunteers will be set up on the first floor of the hospital, from 8 a.m. until 4:30 p.m. The volunteers will hand out literature and to talk with those interested in stopping smoking.

The Great American Smokeout is sponsored by the American Cancer Society and is held each year on the Thursday before Thanksgiving. Smokers can take part in the event by staying off cigarettes from midnight to midnight. Nonsmokers can "adopt a smoker" to help him or her avoid lighting up.

The Great American Smokeout began in 1974 when Lynn R. Smith, editor of the *Monticello Times* (Minn.) sponsored D-Day (for Don't Smoke). In 1976, the idea came to California, where the event was called the Great American Smokeout. The first nationwide smokeout was observed in 1977.

The Presidio version of the Smokeout is sponsored each year by the nursing staff of LAMC's Hematology/Oncology Clinic. All visitors are invited to participate.

### Bridge tickets audited

There has been an increase in the abuse of personnel securing and using Golden Gate Bridge Passes illegally.

Supervisors at every level are reminded that the government-furnished bridge passes which permit cost-free transit over the Golden Gate Bridge must be controlled and used only for official purposes. This includes free transit for the military sponsor who resides north of the Golden Gate during the duty week (Monday through Friday) and at other times when the sponsor is required to travel from home to duty location in connection with official military duty. Bridge passes are not to be used by family members. Sponsors are invited to read PSF

see Briefs, page 3



photo by Steve Morey

Pvt. 2 Melissa Abel: "An E-1 doesn't have to remain . . . an E-1."

## Spanish student named SOM

by Pleasant Lindsey

The post's top soldier for November is a lover of the arts and rigid discipline at the same time. She is also following a dream that will take her into the ranks of the Army's officer corps.

Pvt. 2 Melissa D. Abel, Company H, Defense Language Institute-San Francisco (DLI-SF) was named the Soldier of the Month for the Presidio of San Francisco in a ceremony held in the Golden Gate Community Club, Nov. 10.

Abel is a Spanish language student and is seeking a voice interceptor military occupational specialty (MOS). She said she appreciates fine music, writing, and trying to be the best at everything she does.

Abel has been appearing before review boards since she first joined the Army.

"I tried for the Soldier of the Cycle in basic training," the 22-year-old said. "When my class leader asked me to compete for Soldier of the Month I said, 'Sure.' This was a chance for me to see just how squared away I really am."

"Besides, the review board in basic was manned by the drill sergeants who trained me every day; I was familiar with them. However, the review board here had people I've never seen before. I had to show my pride in the organization—I had to impress them."

Abel said it isn't failure she's afraid of; she just feels that advancement is an important part of life. "An E-1 doesn't have to remain, or think like, an E-1," she said.

### Relax

Abel said she enjoyed preparing for the board. She added that she got a "kick out of the study guides," and she was able to study effectively. She also admitted her secret to remaining calm...jazz music.

"I like jazz," she said. "Actually, I like all types of music, even rock, but I've found that jazz really relaxes me and helps me concentrate."

"If I need ideas for class or something similar, I'll play a little jazz music. It's calm and helps me think better. Classical music has the same effect."

Abel seems to have a profound love for the arts. Besides her love for music, she has done some writing in the past.

"I've written stories and poems," she said. "I used to make cards for holidays and birthdays...but that was a long time ago."

"I never was a good artist as far as drawing was concerned, so I expressed myself in poems."

### Advance

Abel plans to return to college to finish her major in psychology. She was in the Air Force Reserve Officers Training Corps (ROTC) at North Carolina University.

"Unfortunately, the money ran out," she said. "I discovered the two-year Army College Fund, and decided to use it to complete my education. I'll give my two years to the Army, return to school, and hopefully I can join the Army's ROTC program."

see SOM, page 3



# Voices

## American soldiers learn fear in extraordinary ways

by Liz Greeley

**D**ienbienphu, Cu Chi, the Mekong Delta, Chu Lai...another time, Inchon and Pyongyang, Normandy...

So many strange places with so many strange names; yet they're all places we have sent American soldiers.

If you sit down and think about it, you probably will realize one thing immediately—these places all represented extraordinary times in our history as a nation. Okay, that's fairly obvious. Yet there is something else that may *not* be quite so obvious. Each man and woman who served during those extraordinary times is an extraordinary person.

Now, I don't mean because each of them is a bit of living history; though that is certainly true. No, each person who served in one of those many strange, faraway places is extraordinary because they know fear in a way most of us will never know it.

You see, most of the troops, officers and nurses (Yes, I know they were officers, too) sent into war were quite young; in their twenties. And



these young people found themselves trying to deal with patrols, leadership, screaming patients...and fear.

**Fear** Imagine for a moment what it must have been like for some 19-year-old soldier dropped into a jungle and told he must either kill or be killed. What does he feel the first

time a grenade goes off so close he's knocked off his feet? The first time he sees a buddy die of a bullet while on patrol that might have hit him...had he been two steps slower?

**Fear.** How does the young lieutenant feel whose platoon is getting shot to pieces while he's

shouting at them to get under cover? In a safer place, what does he write to the parents of the private who got shot up so badly there isn't much to send home for burial?

**Fear.** How does the nurse feel who has a patient she knows can't survive much longer...and he keeps asking if he'll be all right? How can she tell him the lack of pain below his waist has nothing to do with morphine?

**Fear.** And what is the initial reaction of any Vietnam vet if you were to yell "*Incoming!*" at an odd moment?

Yes, I know I have brought horrible pictures to mind...horrible memories for some; memories they would like to forget.

But if those of us who never served in combat, who were never even stationed in Saigon (which was shelled, though it was well behind enemy lines...well, the enemy didn't pay much attention), are ever to *begin* to understand veterans or appreciate what they experienced, we have to

see Fear, page 3

## Ramblin' Sam

"Do you think 'Friday the 13th' is a bad luck day? Why or why not?"



PFC David Ricketts, computer programmer, SIDPERS: "Certainly not. Any day is a good day when you're in the Army."



PFC Kimberly Bridges, data analyst, SIDPERS: "It's not a bad luck day because we've had a lot of Friday the 13th's and nothing bad has happened."



LaDell Gray, special agent, Defense Investigative Service: "I really think I do, subconsciously, because of tradition and all of the media hype with movies like *Friday the 13th*."



Jeanette Salmeron, receptionist, Nonappropriated Funds Division, Civilian Personnel Office: "It depends on how the day starts out when you first wake up. If it turns out OK or turns out bad, you'll know when you get up in the morning."

## Worth Repeating

"Every kind of peaceful cooperation among men is primarily based on mutual trust and only secondarily on institutions such as courts of justice and police."

—Albert Einstein, physicist

"If you have charm, you don't need to have anything else; and if you don't have it, it doesn't matter what else you have."

—James Matthew Barrie, Scottish dramatist

"The eyes of the dead are closed gently; we also have to open gently the eyes of the living."

—Jean Cocteau, French novelist

"Our policy is directed not against any country or doctrine but against hunger, poverty, desperation and chaos."

—Gen. George Catlett Marshall

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## Briefs *from page 1*

Regulation 55-1, which sets forth procedures for use of bridge passes. Specific attention is directed toward paragraph 8f, page 11. PSF Regulation 55-1 amplifies the provisions of U.S. Public Law 255, date March 14, 1944.

During the next 60 days, personnel in the Movements Branch, Transportation Division, DOL, will be updating the records of individuals receiving Golden Gate Bridge passes. In some cases, additional and/or current information may be required from you. Your cooperation in this matter is greatly appreciated.

## Fear *from page 2*

realize fear was a big part of it.

So why do we honor these people who were afraid?

Because there is no dishonor in knowing fear under the circumstances I've described. It takes far greater character to accomplish your mission if you're afraid—whether it's walking through enemy territory, going on patrol after seeing

your buddy get it or giving some comfort to your patient and moving on to the next—than if you *aren't* afraid. The good Lord only knows how someone could *not* be afraid under these conditions.

In other words, perhaps we honor our veterans of war *because* that young troop was afraid...but he walked down that jungle path anyway.

## SOM *from page 1*

Abel said her goal is to be an officer. It's a dream she's had since the ninth grade. The military system is more or less bred into her life.

"I grew up in the military," Abel said. "My father was in the Marine Corps and I was always impressed with the orderly lifestyle of the Corps. I appreciate the fact that he brought that type of discipline into our home as well. To me, the military experience is the best experience you can get."

"Besides, it was a challenge. I like

challenges—once in a while I need to be pushed to exceed."

Finally, Abel gave credit for her success where she said it was due. If it sounds like a familiar story, Abel seems to have as much religious conviction as her biblical namesake.

"I always give the glory of my success to God," she exclaimed. "He is first in my life. I don't hesitate to say that without Him I probably wouldn't have won."

The young lieutenant *was* afraid...but he didn't let his fear control him and risk his men. And the young nurse's heart stopped beating when that oh-so-young soldier asked about his legs...but she offered him what comfort she could as humanely as possible.

**Fear** is *why* we honor these men and women. Anyone can be a hero if

they aren't afraid.

One more thing: Those of us who never experienced what the combat vets did will never know what it is like to live with that kind of fear day in and day out—yet carry on. I don't care how many times we say, "I understand." We don't.

*We've* never lived with their ghosts.

## PSF Idea of Excellence

This week's idea is from Lt. Col. Walter W. Meyer, who suggests placing a message board outside the Command Conference Room for messages to personnel participating in meetings or conferences.

The savings would be in terms of less interruptions in meetings to deliver messages to participants.

Currently, secretaries from both the Commander's officer and DPCA are asked to pass messages to participants, but not interrupt meetings. A message board would allow secretaries to attach the message to the board; meeting attendees could then check the board, thereby eliminating unnecessary interruptions.

## Congratulations!

...to Loren Lent and Shelley Will. They have announced their wedding for April 9, 1988.



photo by Steve Morey

Workers for the S.J. Amoroso Construction Company, Inc. guide a 75-foot long metal post as it is driven into the ground by a hydraulic pile driver on the construction site of the new Presidio commissary. According to Brad Klung, project engineer, the post will form part of a foundation for testing equipment to be used for structural verification.



"Don't just stand there, Bradshaw, help our new parachute rigger find the door."



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## Outnumbered overachiever overcomes odds

story and photo by Steve Morey

(Part one of two parts.)

"I was born small, born early and born on Friday the 13th." And, to top it off, she's a female officer in a traditionally man's Army.

You might think these odds are almost insurmountable. Instead, 1st Lt. Krystal A. Krull has combined education and experience to take charge of an all-male platoon within an almost all-male company on post.

Krull said her soldiers just expect her to guide them, and provide them with information needed to perform their various construction jobs.

"My troops don't expect me to do their jobs for them," the green-eyed lieutenant said.

Krull's two dozen soldiers are the engineers of the post's First (Vertical) Platoon, Company C, 864th Engineers Battalion. As platoon leader for the past five months, Krull has assisted her "guys" with projects such as the U-Do-It Self Help Center in Bldg. 1227.

### Overachiever

"I certainly don't mind being a female officer in charge of an all-male engineer platoon," Krull said. "We—and I use the 'collective we'—can consider this a learning experience.

"I know that they (Company C engineers) certainly had their own preconceived notions about my coming in (to take over as First Platoon leader). I've heard about some of their (notions) and we've had a few laughs over them," the 25-year-old officer said.

"I've never been intimidated by it because everything that I've chosen to do so far in my military career has been in a non-traditional field," Krull explained.

Indeed, the five-foot, nine-inch, blond-haired Loveland, Colo. native has a self-admitted history of being an overachiever.

"(My parents) had no preconceived notions about what they wanted their kids to be (Krull has one older sister). They just wanted (us) to do the best that (we) could," she said. "When it turned out I was a bit of a 'holy terror', a 'wild child', they let me run...and directed my actions toward sports and things like that.

"Then they found out I was an overachiever," Krull said.

### Outnumbered?

With visions in her mind of flying high-speed jets, Krull graduated from high school in 1980 and entered the U.S. Air Force Academy. But the Air Force deemed her injured knees (from playing basketball too risky and medically discharged her.

"I figured I was going to be a civilian forever," Krull said.

Still eyeing a military career, Krull was recruited by the Army during her second year at Colorado State University, Colo. She accepted the offer and, before 1984 was over, Krull had completed two years of the Army Reserve Officers' Training Corps (ROTC) and earned a bachelor's degree in civil engineering.

"I graduated sigma cum laude (and I was) the only woman engineer in my class," Krull recalled with an ear-to-ear grin. "The Army was just totally ecstatic, my ROTC class was ecstatic and my own college was ecstatic because I was the only one out of my department to get that (honor)."

The distinguished graduate then headed to Fort Belvoir, Va. for Engineers' Officer Basic Course (EOBC).

"There were about 120 men and three women," in her class, Krull said matter-of-factly, raising the tone of her voice with the word "and", much like a drill sergeant winding down a cadence.

The "Charlie Dawg" lieutenant



photo by Steve Morey

1st Lt. Krystal A. Krull mixes the "mud" (spackling compound) to be used as a first coat over the taping job of SP4 Mark R. Widner, Vertical Platoon technical supervisor for the U-Do-It Self Help Center construction project.

said she is used to being outnumbered when it comes to gender. "I've been outnumbered all throughout college and the Air Force Academy—everywhere!" she said, laughing and running her hand through her short, straight blond hair.

### Technical Enrichment Program

In December, 1984, with only one day's notice, she applied for the Army's experimental Technical Enrichment Program (TEP).

"As I understood it," Krull explained, "(TEP) is the Army's attempt to balance out their expertise in the hard sciences; whereas a lot of times they consult or hire outside people. The Army is trying to make us all on the same level of physicians." According to Krull, the Army sends its doctors to some of the

best medical schools to become specialists.

Krull said there were approximately 32 other lieutenants throughout the country who participated in TEP in early 1985. Each officer who qualified for the test program applied to a top United States graduate school within their field. Following the officers' completion of their respective degree, they were placed in troop units throughout the nation to offer their soldierly and scholarly expertise to soldiers.

The lieutenant graduated in early 1987 from the University of California, Berkeley's graduate program with a master of science in civil engineering.

(Next week, Krull discusses "Charlie Dawgs" and "Women in the Army.")

## CPO vacancies

These are some of the vacancies listed by the post's Civilian Personnel Office (CPO).

USAISC-Presidio, Resource Management and Plans Division, is looking for an **Information Resource Manager, GS-301-12**. The closing date for applications is Dec. 7, and the area of consideration is Army-wide.

**Requirements:** Three years of general experience *plus* three years of specialized experience (specialized experience is administrative, program, or managerial experience in a type of work or combination of functions directly related to the duties of this position). Applicants must have serv-

ed at least one year at or above the GS-11 level in the federal service.

**Engineering Project Assistant, GS-303-4/5/6**, at the Department of Engineering and Housing (DEH), Engineering Plans and Services Division, Engineering Services Branch. The closing date for applications is Nov. 24, and the area of consideration includes all organizations receiving civilian personnel service from CPO.

**Requirements:** For GS-4, one year of general experience *plus* one year of specialized experience;

For GS-5, one year of general experience *plus* two years of specialized experience; and,

GS-6, requires one year of general and

2½ years of specialized experience.

**Staffing Assistant, GS-203-5 (target 7)**. Located at the Division of Personnel and Community Activities (DPCA), Assistant Director for Civilian Personnel. The closing date is Nov. 19; the area of consideration is Presidio only.

**Requirements:** GS-5, one year of general experience, 1½ years specialized experience *plus* ½ year of directly related experience (three years total).

**Supervisory Alcohol and Drug Program Specialist, GS-101-12**, DPCA, Human Resources Development Division, ADAPCP. The area of consideration is Presidio only, and

the closing date for applications is Nov. 23.

**Requirements:** Applicants must have served at least one year at or above the GS-11 level in the federal service, and must have three years of general experience *plus* three years of specialized experience.

**Note:** Complete qualification requirements and education substitution for each of these positions are outlined in X118 Qualification Standards and are available for review in the CPO. Applicants can call the personnel staffing specialist, Jackson Roach, at AUTOVON 586-5750, or commercial (415) 561-5750.

### Headquarters Command Battalion activities

Date/Time	Event	Location	Action	Date/Time	Event	Location	Action
Nov. 13, 6 p.m.	HQ CMD BN Dining In	NCO/Enl. Club	BN SGM	Nov. 19, 6:30 a.m.	DCO Troop Construction Breakfast	USAG Dining Fac.	Capt. Wymer
Nov. 16-20, 8 a.m.-4 p.m.	Air Load Planner's Course	C/864 Classroom	S-3	Nov. 19, 3:45 p.m.	Monthly Retirement Ceremony	Main Parade Field	C/864
Nov. 16, 6:25 a.m.	BN Muster Run	Bowling Alley	S-3	Nov. 26, all day	Thanksgiving Day	PSF	All units
Nov. 18, 8 a.m.	Type B Inspection	USAG	S-3	Nov. 26, 1-4 p.m.	Thanksgiving Day Dinner	C/864f, USAG Dining Facilities	S-4





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# Army reflects public's attitude on smoking

## SURVEY OF ATTITUDES TOWARD SMOKING



Should smokers refrain from smoking in the presence of nonsmokers?

	AGREE		DISAGREE		NO OPINION	
	1983	1985	1983	1985	1983	1985
Current Smokers	55%	62%	39%	37%	6%	1%
Nonsmokers	82%	85%	14%	15%	4%	0%
Former Smokers	70%	78%	22%	22%	8%	*
<b>All Adults</b>	<b>69%</b>	<b>75%</b>	<b>25%</b>	<b>24%</b>	<b>6%</b>	<b>1%</b>

\*less than 1/2 of 1 percent

Survey by The Gallup Organization, Inc.  
Source: American Lung Association

Partners in fitness and health.  
That's how you might describe the relationship between the Army and the American Cancer Society, especially regarding their joint role in explaining and countering the dangers of smoking.

For the Army's part, it's "Controlling Smoking Policy" and "Antitobacco-Use Program," now in their second year, have seen the number of smoking soldiers decline to fewer than 50 percent of the soldier population. That represents a reversal of the picture painted two years ago by Maj. Bruce Murphy, who monitors the policy and program for the Army's Deputy Chief of Staff for Personnel.

"We can attribute this turnaround to a number of factors," he said. "Helping the soldier become more aware of the health hazard inherent in tobacco use certainly has played a part. We've done this through a poster campaign, through educational articles carried in Army periodicals, and through such health promotion measures as prohibiting the sale of tobacco products to persons under the age of 18 at Post Exchanges and Commissaries."

For its part, the American Cancer Society once again is inviting all Army people to take part in the society-sponsored Great American Smokeout Day, Nov. 19—the 11th such annual event aimed at encouraging smokers to give up cigarettes for a 24-hour period.

According to Gail Traylor, staff nurse of LAMC's Hematology/Oncology clinic, there should be ample participation by Presidian. Traylor said the Smokeout campaign was very successful on post last year.

"We had a very constant crowd all day long," Traylor said. "This year we will have a 'Smokebusters' mascot helping us with the campaign on LAMC's first floor."

Army News Service

# Thousands die from smoking-related diseases

By Evelyn D. Harris

Here are some of the latest tobacco and health-related findings, from the Office of the Assistant Secretary of Defense (Health Affairs) and the American Cancer Society:

- More than 320,000 Americans will die prematurely this year of diseases linked to smoking.

- The Office of the U.S. Surgeon General estimates that 60,000 Americans will die this year from chronic obstructive respiratory conditions such as emphysema and chronic bronchitis. Between 80 and 90 percent of these deaths are attributable to smoking and, therefore, can be considered preventable and premature.

- According to a 1985 survey by the National Center for Health Statistics, 43 percent of black men and 33 percent of black women smoke versus 35 percent and 30 percent of white men and women, respectively. However, black smokers tend to smoke less than white smokers. Only 11.6 percent of black males consume 25 or more cigarettes a day; the same consumption for white males is 36.3 percent. For black female smokers, 5.3 percent smoke 25 or more cigarettes a day, whereas for white women it's 21.7 percent.

- Smoking is less prevalent among officers in all branches of the service. Among officers, according to a 1985 survey, smoking rates ranged from about 14 percent in the Air Force to about 23 percent in the Army.

- The same survey found the highest rates of smoking in all branches of the armed forces in pay grades E-7 through E-9. At these levels, 49 percent of Marine Corps personnel, 50 percent of Air Force personnel, 54 percent of Navy personnel and 63 percent of Army personnel smoked in 1985.

- DoD permits designated smoking areas in eating facilities, common work areas and waiting rooms of medical treatment facilities only where space and ventilation are adequate to provide a healthful environment for non-smokers.

- Smoking increases the risk of stroke, according to Framingham Heart Study researchers, who published their findings this year in the *Journal of the American Medical Association*.

- Smoking is on the decline. Americans smoked 584 billion cigarettes in 1985, down from 594 billion in 1984, according to the U.S. Department of Agriculture.

- Formal military child-care programs in all services will be using a smoking prevention package for preschoolers. Called "Starting Free—Good Air For Me," the package includes hand puppets and fun activities in an upbeat prevention program for children aged 3 to 5. This is connected with the services' goals to be smoke-free by the year 2000 and to have a smoke-free Class of 2000 (children born in 1982).

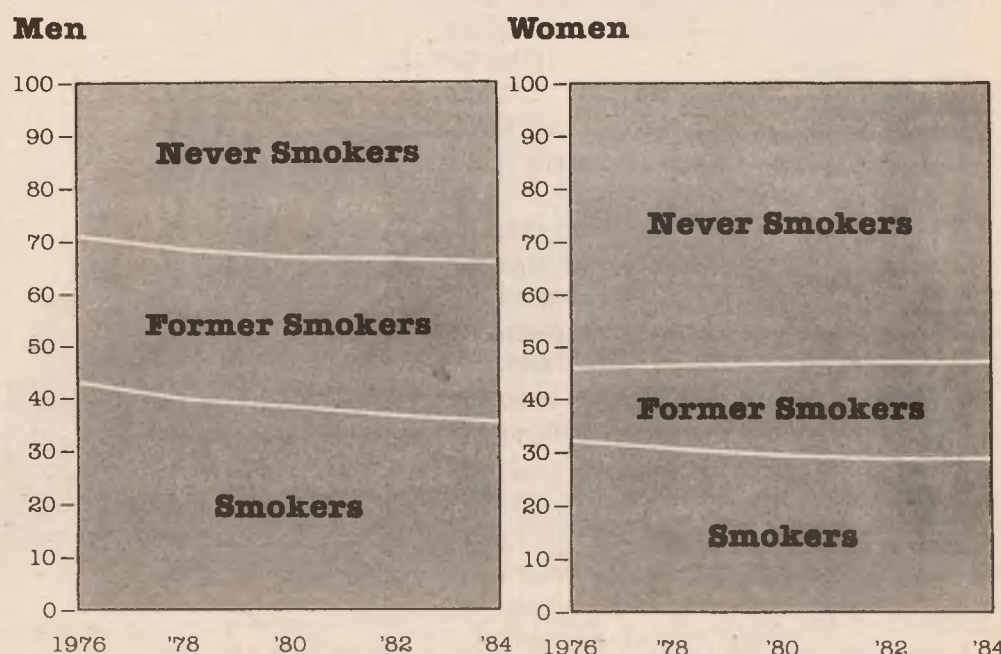
- Smokeless tobacco (snuff and chew-

ing tobacco) is linked to oral cancer. According to the *Journal of the American Medical Association*, the use of smokeless tobacco products increased steadily from 295 million cans in 1978 to 481 million cans in 1985. In 1986, a National Institutes of Health paper noted a disturbing trend—many smokeless tobacco users were young. Some local studies have reported use by as many as 40

percent of high school boys, and one state found significant use by kindergarten-age children. Following a 1986 federal law requiring smokeless tobacco products to carry warning labels about the health hazards of their use, the largest manufacturers' snuff sales have declined by 3.7 percent.

American Forces Information Service

## PERCENTAGE OF SMOKERS AND NONSMOKERS, 1976-1984



Source: National Health Interview Survey (U.S. - DHHS NCHS 1984).



# Tenant unit beautifies buildings on post

story and photo by Steve Morey

In a tradition started four years ago by the commander of tenant unit Logistic Control Activity (LCA), employees have taken pride in keeping their corner of the post looking good.

LCA offices occupy the two white-stuccoed and red-tiled buildings located on Mason Street near Crissy Field Avenue. (LCA supplies a data base service to customers worldwide and moves more than five million Army requisitions throughout the supply pipeline every year.)

If you happened to drive or walk past buildings 650 and 651 the morning of Oct. 30, you would have seen over a dozen LCA employees trimming and watering the grass, picking up litter and tilling the garden soil.

According to Kerlene Coote, writer-editor for LCA's Resource Services Office, the mostly civilian unit has always received very good cooperation from its employees when they are asked to beautify their work surroundings.

"Four years ago, Col. [Carl] Little [then LCA commander] asked his staff to help beautify the grounds around our buildings by picking up trash, watering the lawns and weeding the flower gardens," Coote said. "Employees also brought plants, small trees and bushes to work which they replanted in the garden areas.

"The response of our people was tremendous. When our current commander, Col. [Joel E. L.] Roberts, took over he continued the ongoing cleanup project."

The commander notifies employees of a selected cleanup day and time, which is usually during the morning, Coote explained. They bring their "grubbies" (work clothes) with them and, at the designated time, go to work.

"We're on a corner where there's a lot of traffic [vehicles and pedestrians]," said Gary Axelson, chief of Resource Services Office.

"Over the weekends, more litter seems to be scattered around the grounds than during the week," Axelson said. "So we're usually busy

Monday mornings policing the litter."

Axelson said LCA uses unit funds to purchase gardening tools and supplies from the post's Self-Service Supply Center. LCA staffers attack the weeds and litter with rakes, shovels, grass trimmers and then stuffs the debris into plastic bags using leather work gloves.

The groundskeeping efforts of LCA employees supplements the weekly groundwork by Presidio's Directorate of Engineering and Housing (DEH). DEH handles the grass cutting, shrubbery trimming and large tree limb removal.

"Years ago, this area [around buildings 650 and 651] was a forgotten corner of the post," said Lt. Col. Henry J. Hayes, chief of LCA's Customer Assistance Division. "Weeds, trash and other debris were common."

"Looking back on that, Presidians can now see a well-maintained and cultivated area which everyone can be proud of, especially our staff."

What Presidians can't see from the street is the ongoing interior maintenance within the LCA buildings. This includes a recent paint job, replacement of old furniture and new carpeting.

"We like to take pride in both the exterior and interior of our buildings," Coote said. "It makes us feel good about ourselves and our unit—inside and out."

Staffers at LCA seem to enjoy helping to beautify their work environment. Charlotte Taylor, a logistic management specialist for the Customer Assistance Division, said the cleanup project is hard work but a lot of fun, too.

"I live in an apartment so I don't get to work in the yard at all," Taylor explained. "And besides, I enjoy gardening."

Paul Pardi, operations research analyst for the System Development and Analysis Division, agreed that unit cleanup projects are hard work. "But it helps to make our work environment better."



Sgt. 1st Class Raymond Ferreira and Charlotte Taylor, of LCA's Customer Assistance Division, attack weeds and debris with shovel and rake.



## Take this!

Although this looks like a photo of a tip-off, Raven Brown (32), actually leaps over three defenders to score two points for the Presidio Women's Team. Unfortunately, they lost to the Flyers, 78-36.

## REWARD \$10,000

For information that leads to the arrest and conviction of person(s) responsible for the fires that damaged Bldg. 566 (Army Community Services), on Sept. 22, 1987; and Bldg. 572 (Child Development Center), on Oct. 13, 1987 on the Presidio.

Any information concerning this matter should be provided to the U.S. Army Criminal Investigation Division (CID), San Francisco Field Office, Presidio of San Francisco, CA 94129-6610. Call 561-5405 or 561-3578 (24 hours); or 561-5406 or 561-3577 (business hours).

Contact Special Agents Stephen H. Penaluna or Robert R. Birck. This reward offer will terminate on Oct. 26, 1988.



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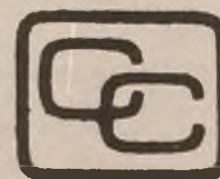
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## Sports

## Treasure Island sunk

## Presidio blows Pirates out of the water

story by Steve Morey  
photo by Pleasant Lindsey

Presidio's independent Men's Basketball Team opened their 1987-88 season Nov. 7 with a convincing 108 to 87 thrashing of the Treasure Island Pirates before a home crowd in the Post Gymnasium.

Jeff Anderson led all scorers with 42 points as he worked the Presidio fast break offense. Anderson, who appears to be Presidio's driving force for the upcoming season, balanced his scoring between the two 20-minute halves.

The 15 red-and-white clad Presidio players not only outnumbered the Pirates on the scoreboard but on the bench as well. The six, blue-and-gold uniformed Pirate players seemed to be a disciplined crew, working the ball around to the open man at every opportunity.

But, as the afternoon game wore on, the Pirates hit the poop deck and succumbed to the onslaught of a stronger and taller Presidio bench.

Leading the tall trees of Presidio was Elvis Williams, who scored 10 points and grabbed numerous rebounds away from Pirate players. James Winbush and James Williams—the "James Gang"—also cast shadows over the visiting Treasure Island players.

The Presidio team went with a zone defense throughout the contest, using the combination of Elvis Williams and the James Gang, and the quickness of Dale Kennedy and Anderson, to hold the Pirates to 27 points through more than 16 minutes of first-half play.

At the same time, Anderson and company poured in 46 points. The game's high scorer was almost perfect in the game from the free-throw line, hitting four-of-four shots at one point.

The four freebies were granted Presidio because the Pirate coach received two technicals for unsportsmanlike bench conduct.

Presidio's Kim Grantham came off the bench to add a twisting layup or two; and Kennedy scored almost half of his 19 points in the first half while dishing off several passes for easy buckets.

The Pirates, working a man-to-man defense, closed to within 10 at the half, 52 to 42. They used a variety of Herman Brooks' driving layups and Rick Prattrick's three-point bombsto put a bit of a scare into the Presidio bench.

Brooks scored 19 points for the game; and Prattrick added 13 for the Treasure Island team.

But the Presidio men opened a fast-paced second half out-scoring their opponents, nine to two, in the first two-and-a-half minutes.

The Pirates relied on their ball-control offense to slow things down. Byron Thomas, who led the Pirates in scoring with 32 points, seemed to come out of nowhere to pull his team to within five, 64 to 59 at about the 13:00 mark.

Again, Anderson spurred his team on with cross-court, driving layups and quick, accurate passes to his teammates. One play had Anderson grabbing a defensive rebound and feeding a court-long pass to Cliff Jones for an easy two.

The closest the Pirates could get to the Presidio scoring machine for the rest of the game was 11 points at 11:43. By then, the Presidio men were leading 72 to 61 and seemed to never look back.

The teams traded hoops during the wide-open, waning minutes of the game as Presidio led by as many as 23 points. The teams walked off the court after shaking hands, with the scoreboard reading: Home, 108, Visitor, 87.

*Moe's Mumbblings...* (This section of the sports will



Treasure Island player, No. 25, Rick Prattrick, and two teammates appear helpless as No. 12, Kim Grantham, Presidio Men's Team, soars toward the basket for two first-half points.

feature a brief commentary about each Presidio basketball game covered by Star Presidian sports reporter, Steve Morey.)...Presidio very strong and tall up front...Anderson a force to be reckoned with...Defense needs work on covering the man with the ball...Fast breaks looked good, but a slow pace could work as well...Overall, a giant step in the right direction...

## Sports Notes

## West Point Academy testing

Gym No. 1, Bldg. 63 will be used to test candidates for West Point Academy on Nov. 22. The basketball court and exercise room will be closed from 9 a.m. until 12:30 p.m. They will

reopen after the tests are completed. All other parts of the gym will be open as usual. Gym No. 2, Bldg.

## Free golf lessons

Soldiers! Get involved in a lifetime sport. Free golf lessons at the

Presidio Army Golf Course by a teaching PGA professional. Call Sandy at the Presidio Sports Office, 561-4120 or 561-5032 for more information. Lessons will be held on Wednesdays, 4 to 5 p.m. Golf clubs and balls are provided by the Presidio Army Golf Club.

## Ladies night out

The Presidio Enlisted Spouses Club is looking for women interested in forming a bowling league on Monday nights.

For more information call Lynn Hancock at 921-8616 no later than Nov. 12.

## Jimmy the Freak's picks of the week

**Hellooo, everybody...**...last week was an interesting one in the NFL. The Chargers continue to do it with mirrors, the Rams are adding some disgusting smells to the L.A. smog, the Cowboys got recalled by Detroit, and the Falcons are playing like someone dropped massive doses of valium in their Gatorade. Although the Bears won again, it was only by the hair on their chinny, chin, chin. Right now, it appears that the strongest teams in the entire league are...now don't snicker...the 49ers, the Browns and...believe it or not...the Eagles. Although Buddy Ryan has the personality of a seeping abscess, the guy *can* coach. Look for the boys from Philly to continue to play like they really want to make the playoffs. A win this weekend against the Giants should put them over the top.

**San Francisco 34,**

## New Orleans 21

Joe Montana has been playing like he's trying to make the All-Universe team. If the Saints couldn't beat the 'Niners in their own stadium playing on "goofy grass," there's no way they can win on the natural surface at Candlestick Park. Look for a big game from Jerry Rice on offense, and Ronnie Lott on defense.

San Diego 28,  
L.A. Raiders 17

You have to feel sorry for Tom Flores. The guy is a class act as a person and as a coach. He has put up with a no-class character like Al Davis, and now his team is playing like silver-and-black wimps. Tom must feel like a hydrant at a dog show. The good news is that Marc Wilson will start at quarterback. The bad news is that Marc Wilson *has* to start at quarterback.

**Miami 30,**

## Indianapolis 17

Somebody has to be over the .500 mark in this division, so it might as well be the team with the best quarterback. The deciding factor in this game will be whether or not Eric Dickerson fumbles more often than Dan Marino throws interceptions.

Minnesota 40,  
Tampa Bay 20

The Vikings have been playing very well the last few weeks. As for the Bucs, any team that can lose to a bad team like the Cardinals, and do it by giving up 28 points in ten minutes, doesn't deserve any respect. The Bucs set back *real* football by a decade with their inept performance last Sunday. I'll bet you didn't know that the word "Tampa" is the Seminole word for "eunuch?" Watch these bozos, and you'll see why the name fits.

**Philadelphia 24,**

## New York Giants 20

The only difference between these teams is that the Giants will not have their best quarterback playing. Phil Simms' presence would have meant a victory over the Eagles. With Jeff Rutledge at the helm, look for the Ryan bunch to squeeze out a slim win. Speaking of slim, have you caught the way Buddy Ryan looks in a pair of exercise pants? Looks like someone tried to stuff the Goodyear blimp into some spandex.

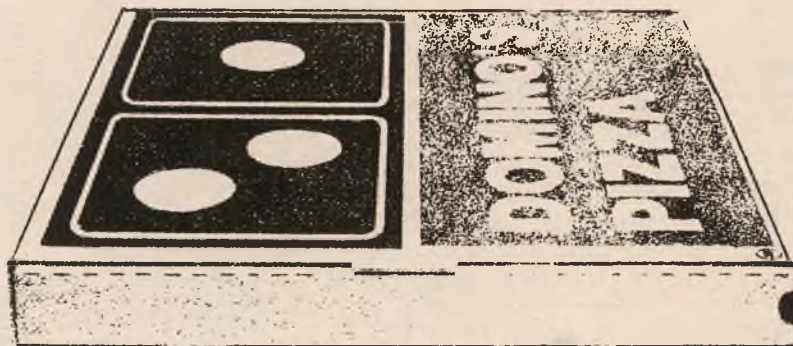
Upset of the week  
Denver 27, Chicago 17

The Broncos end the magic spell that the Bears have played under for the past few weeks. After their poor game against the Bills, look for Elway and company to play a strong game in front of the home crowd. McMahon will get McMugged.



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# Community Calendar

## Christmas and crafts Bazaar

The Presidio Officers' Wives Club and Letterman Auxiliary will sponsor a Christmas and Crafts Bazaar in the Officers' Club Ballroom today from 10 a.m. to 9 p.m.; and Saturday from 10 a.m. to 6 p.m. There will be handmade and commercial gift items, baked goods and a White Elephant table. Admission is free.

## Jewelry display

James Quality Jewelers of Bangkok, Thailand will be at the Officers' Club on Sunday from 11 a.m. to 7 p.m. James features gold and precious jewelry, silver, bronze and brassware.

This event is sponsored by the Presidio Officers' Wives Club, who invites all military, DoD and nonappropriated fund (NAF) personnel to attend.

## Adult Advisory Council

The Adult Advisory Council will hold their next meeting Tuesday at 5:30 p.m. at the Youth Center, Bldg. 1331. All interested parents and adults are encouraged to attend.

## Recycling

Recycling time returns to the Presidio Saturday from 9:30 a.m. to 2 p.m. Have your old newspapers and aluminum cans out in front of your quarters no later than 9 a.m. The recycling vans will cover all Presidio housing areas including Forts Baker, Barry and Cronkite.

The collections will benefit the Girl Scouts, Cub Scouts, Chapel Youth and Aquarius Swim Club.

## Turkey Shoot

This is a reminder to all Presidio golfers. Sign up now for the Thursday Turkey Shoot Golf Tournament. Tee off time is 8 a.m. Contestants must sign up prior to tee off time. Sign up now before it's too late!

All active duty soldiers assigned or attached to the Presidio, their family members, 19 years or older, and Department of the Army civilian employees are eligible to play in the tournament.

Golfers can sign up for the tournament at their units or at the Sports Office, Gym No. 1, Bldg. 63. Jim Ragasa, the golf coordinator, is the point of contact and can be reached at 561-4120 or 561-5032.



photo by Harold Edgerton

## Jack of Hearts

The Jack of Hearts is ripped in half by a .30 caliber bullet. This is part of a stop-action photo exhibit at the Palace of Fine Arts.

## Discount tickets

The ITT Office is offering an array of discount tickets for upcoming events. Brief descriptions of these events are listed below. ITT is located in Bldg. 135 (Golden Gate Community Club) in the left alcove off the main lobby. Operating hours are: 9:30 a.m. to 6 p.m., Tuesday through Saturday. Phone number is 561-3992.

## Dickens Christmas Faire

The Dickens Christmas Faire is running weekends through Sunday, Dec. 20 at Pier 45, Fisherman's Wharf. The fair, which is being held indoors, is open 10 a.m. to 9 p.m. Saturdays and 10 a.m. to 7 p.m. on Sundays. Some of the Victorian highlights are: The Children's Christmas Pantomime; Music Hall Sing-A-Longs; Winter Waterfront Marketplace of Rare Crafts; and Feast Foods of the Season. Participants are invited to dress for the Victorian holidays. Tickets are available at ITT for \$8.50.

## Warriors basketball

Enjoy Warrior Basketball with the ITT office. A great selection of tickets are on hand. Plan on visiting this office soon, as the most popular games, such as the Los Angeles Lakers and the Boston Celtics, go quickly. So, "What are you waiting for?" Call ITT right now at 561-3992.

## Welcome Packets here!

ACS has the newest edition of Welcome Packets free for Presidians in Bldg. 914. If you're new on post, or even if you've been here for awhile,

*The Presidio Commissary will be closed on Nov. 26 to observe Thanksgiving Day.*

drop by the ACS offices and pick up a packet.

Each packet offers maps, phone numbers and other valuable information for Presidians who want to know their post even better.

## ACS Loan Closet

Do you have items from the Army Community Services (ACS) Loan Closet? If so, ACS needs your help in getting them returned to bldg. 914 (behind the Clothing Sales Store), to make them available to other families newly arrived to the Presidio. Because of the recent fire, most of the remaining loan closet items were either destroyed or damaged beyond repair.

Won't you please save us the time of using our card file to recall all overdue loans and return them to the location above?

Thank you for your cooperation.

## Youth basketball, cheerleading

You may sign up at the Youth Activities (YA) Office through November for Youth Basketball and Cheerleading. YA Sports will be in the CYO Basketball League for grades 4 through 8; and the San Francisco Park and Recreation Basketball League for ages 17 and under. The CYO registration fee is \$15 and the S.F. Park and Recreation League fee is \$10.

Cheerleading is for grades 5 through 10. The registration fee is \$12.50.

Both programs will begin practice in December and league play begins in January. Volunteer coaches and

supporters are needed for these programs.

For more information, call Youth Activities at 561-5143 or come by the Sports office in Bldg. 1331, Fort Scott area.

## Military school buses

Parents of children who use the Presidio buses for school transportation are now required to fill out an information sheet and return it to the Transport Branch, bldg. 639, or Army Community Service, bldg. 914, by Monday. Forms are available at these offices.

This form is in addition to the bus-ing request forms which families were asked to complete in September. This information will be used to compile a notification roster. Failure to provide this information could result in possible disruption of bus service.

## Youth Activities classes

Youth Activities is sponsoring various classes that include:

**Karate**—Mondays and Wednesdays, 6 to 7 p.m. in Gym No. 2. Cost is \$20 for 8 lessons.

**Pre-ballet** will be offered Mondays at the Log Cabin at 1 and 2 p.m., and 3 p.m. classes for returning students. Cost is \$18 per month.

**Tap dance** classes for ages 6-19 are Mondays at the Log Cabin at 4 p.m. Cost is \$24 per month.

**Ballet** classes will be held in Bldg. 1390 on Fridays from 4 to 5 p.m. Cost is \$30 per month. Ballet for dancers with up to 2 years' experience will be Tuesdays from 4 to 5 p.m. and Fridays from 5 to 6 p.m. Cost is \$36 per month. Intermediate level ballet will be taught Mondays and Thursdays from 4 to 5 p.m. Cost is \$36 per month. Point-shoe ballet is on Mondays, Tuesdays and Thursdays from 5 to 6:15 p.m. Cost is \$42 per month.

**Jazz dance** classes will be in Bldg. 1390 on Saturdays. The 1 p.m. classes are for ages 6-12 and the 2 p.m. classes for ages 13-18. Cost is \$15 for six lessons. More sign-ups are needed for the classes to begin.

**Tennis** lessons for beginners will be given at the Fort Scott tennis courts Mondays and Wednesdays at 4:30 p.m.; lessons for intermediate players will be at 5:30 p.m. Cost is \$20 for eight lessons.

For more information about all classes, call Youth Activities at 561-5143 or 561-5910, or come to Bldg. 1331 in the Fort Scott area.

## At the movies

### Presidio Theatre

Fri, Nov. 13	Hellraiser (R)	7 p.m.
Sat, Nov. 14	Innerspace (PG)	7 p.m.
Sun, Nov. 15	Surrender (PG)	7 p.m.
Mon, Nov. 16	Surrender (PG)	7 p.m.
Tue, Nov. 17	Three O'Clock High (PG-13)	7 p.m.
Wed, Nov. 18	The Believers (R)	7 p.m.
Thu, Nov. 19	Best Seller (R)	7 p.m.
Fri, Nov. 20	Best Seller (R)	7 p.m.

### Schwartz Theater

Mon, Nov. 16	Hellraiser (R)	7 p.m.
Wed, Nov. 18	Surrender (PG)	7 p.m.
Thu, Nov. 19	Three O'Clock High (R)	7 p.m.

### Hamilton Theater

Fri, Nov. 13	Predator (R)	7 p.m.
Sat, Nov. 14	The Aristocats (G)	1 p.m.
Sat, Nov. 14	Project 'X' (PG-13)	7 p.m.



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**Camaraderie:** NCOs honor tradition, page 9

**Sports:** Presidio women tame hawks, page 13

# Star Presidian

Vol. 30, No. 45

"Published in the interest of the people of the Presidio of San Francisco."

Nov. 20, 1987

## News Briefs

### Bridge tickets audited

There has been an increase in the abuse of personnel securing and using Golden Gate Bridge Passes illegally.

Supervisors at every level are reminded that the government-furnished bridge passes which permit cost-free transit over the Golden Gate Bridge must be controlled and used only for official purposes. This includes free transit for the military sponsor who resides north of the Golden Gate during the duty week (Monday through Friday) and at other times when the sponsor is required to travel from home to duty location in connection with official military duty. Bridge passes are *not* to be used by family members. Sponsors are invited to read PSF Regulation 55-1, which sets forth procedures for use of bridge passes. Specific attention is directed toward paragraph 8f, page 11. PSF Regulation 55-1 amplifies the provisions of U.S. Public Law 255, date March 14, 1944.

During the next 60 days, personnel in the Movements Branch, Transportation Division, DOL, will be updating the records of individuals receiving Golden Gate Bridge passes. In some cases, additional and/or current information may be required from you. Your cooperation in this matter is greatly appreciated.



photo courtesy of Gerald Higdon

SP4 Johnnie Davis records the money collected from a busy day in a field post office.

## 16th AG moves mail for largest REFORGER

by Samuel M. Simpson

Neither rain or sleet or the muddy roads found in the Bergen area will stop the U.S. mail from being delivered. Postal services for REFORGER soldiers in the Bergen/Munster area were provided by a rapid deployment postal unit. Guess who.

The 16th AG Detachment (Postal), supporting REFORGER, traveled a long way from its home station of the Presidio of San Francisco. The 16th was attached to 7th Support Command whose responsibility was the Redeployment Assembly Areas (RAA). The detachment worked directly for the 1st Postal Group Europe, and provided mail services for thousands of redeploying REFORGER troops on their way home.

All postal services normally available at an Army Post Office (APO) were provided to soldiers redeploying through several locations operated by the 54th Area Support Group. Stamps, money orders and parcel post services were available for

mailing home souvenirs. Paper, tape and twine were even provided for wrapping these packages. In addition to outgoing mail services, the 16th served as the incoming mail facility in Hoerston, Kohlenbissen, Trauen, Oerbke and Ostenholtz camps (which are RAA locations).

"We handled close to 1000,000 pounds of outbound mail," said 1st Lt. Randy Hart, 16th AG Detachment commander.

"While the troops were in the field, most of our business consisted of letter mail. But once the REFORGER troops moved back to the rear areas our volume picked up dramatically."

All mail to and from Germany passed through Offenbach, near Rhine/Main Air Force Base. A daily run was made to Rhine/Main and back for the 16th and other postal units in the area. This service was the responsibility of the 37th Transportation Command.

For this exercise the 16th used postal equipment provided by the U.S. Army Postal Group, Europe in

Schwetzingen, an element of the 1st Personnel Command. At the time of departure from California, similar equipment belonging to the 16th was on its way back from an exercise in Egypt.

2nd Lt. Mary Van Atta, Custodian of Postal Effects of the unit, was based in Hoerston Camp and was responsible for the daily operations and accountability of financial instruments. She said her greatest challenge was making funds secure in a field environment.

"She probably had the toughest job in the exercise," Hart explained. "She was responsible for maintaining about \$15,000 worth of postal stock. She was the one who issued it to the postal unit's finance clerks, and she was the one who had to account for the money."

"Our finance clerks put in close to 12 hours per day, for seven days a week," he added.

Hart credited two volunteers from the Presidio for helping with those mail runs. SP4 Timothy Ramback and SP4 Michael Kelly, from

Company C. 864th Engineers, Presidio, volunteered to join 16th AG in the REFORGER exercise.

"They were probably as busy as anyone we had," he said. "They had super attitudes, and drove all over Germany for us—not once did we hear them complain."

Supervising the personnel who processed the outgoing mail was Sgt. Arlena McPhee, Operations NCO. Once mail was received from the U.S. Army Postal Group, McPhee oversaw the distribution of mail between units and the daily runs to sub sites to deliver and pick up mail.

Van Atta said "This is a learning experience."

"As an active Army unit in training status the chance to perform our deployment mission adds to our readiness, [our ability] to go where needed."

They were a key element of the services being provided by the 54th Army Service Group for soldiers redeploying from participation in REFORGER '87.



# Voices

## The victors are ones who never give in

by Liz Greeley

*Never give in, never give in, never, never, never—in nothing great or small, large or petty.*

Winston Churchill

There is a great deal of pain in this world. Everyone who has been on this planet for any length of time has felt it in varying degrees. But that's not what bothers me now.

What bothers me is that joy is taken for granted so often. Even pains, aches, heartaches—severe or mild—are seldom considered in the context of what *might* have been. Not "I would have gotten that promotion if only I hadn't had that heart attack when I did," but "I *survived* that heart attack!" Sometimes I think even miracles are overlooked, but, most often, the really horrible things that *could* have happened aren't considered as part of the equation.

**For example.**

Three years ago last month I semi-woke up from a coma in the Intensive Care Unit of a local hospital. A doctor or someone asked me how old I was. I said, "Twenty-six." They didn't ask

me any more questions for several hours because I was 30 at the time.

Eventually, I came around and a nurse took off the heart monitors and catheters, and I was moved to a ward where I spent the next two and a half weeks.

**One of things** that sticks in my mind is how puzzled my nurses were. I asked the most puzzled nurse what confused her so. She said something like, "But aren't you upset?"

I replied, as nearly as I can remember, "No. Why should I be?"

Now, I was not being sarcastic. I really didn't understand why she should be surprised by my attitude. It seemed perfectly logical to me that I should be glad I hadn't *died*. I can only assume the nurse thought this was an unusual attitude based upon her experience with other patients.

**I have since learned** the way I see a situation and the way someone *else* sees the same situation are more often than not...well, different. Somehow, my point of view is a little

off kilter from most people's...but you've probably noticed this before.

However, even if I had not been thankful to wake up *alive*, my roommates would have caused me to consider any complaints toward life I might have harbored.

One roommate had a bad case of pneumonia...and a loving husband who visited her often. I envied her loving spouse, but without rancor.

**Ahh...but my other** roommate. She was a charming woman, intelligent, with a lovely teenaged daughter. She had cancer.

After the nausea passed, they wanted to send her home—and she was terrified. My roommate with pneumonia told me the woman with cancer had gone in the bathroom and made herself sick so they *wouldn't* send her home. I don't believe either of us told the doctors or the nurses, though I can't be sure. My memory of that time is not reliable.

In any event, I'm sure she had her reasons for being afraid to go home...terror that deep has to have

its roots in something.

**And the point?** In this situation I had much for which to be thankful—I was alive and I didn't have cancer—a chronic illness but nothing fatal. Also, it was nothing that couldn't be dealt with now that I knew what I had. (The name of the illness isn't important to this editorial and most people [excepting LAMC doctors] wouldn't recognize it.)

Even more to the point, we *all* have something for which to be thankful. It's just a matter of how you look at things. Personally, I'd rather count my blessings than try and figure out how many awful, *terrible* things had happened to me.

But sometimes terrible, *awful* things happen—things which can't be described as anything other than tragic. What then?

Never give in. Never give in to self-pity; never give in to feelings of defeat; never give in to feelings of inadequacy; never give in to guilt feelings....

**Never...give...in.**

## Ramblin' Sam

"What will you give thanks for on Thanksgiving Day, 1987?"



Georgina Tagaloa, stocker, Main Post Exchange: "I'll give thanks to still be living; and for my family, who will be visiting me from Los Angeles. I'm very thankful for that."



Staff Sgt. Richard H. Jennings, station commander, U.S. Army Recruiting Station, San Francisco: "I'll give thanks to God for my family, this great country of ours and the Army, of course!"



Derrell A. Barr, driver-operator, Presidio Fire Department: "I guess my health. I'm in a lot better shape now than I was three or four years ago. I've started to take more interest in my appearance and health."



SP4 William E. Nickens, color guard member, Headquarters Company, USAG: "I'm going to give thanks for getting custody of my children; and that my dad (who has cancer) is still alive. And it's great to be here on the Presidio!"

## Youths break law with skateboards on post

by James Frazier

A small boat-shaped piece of wood. A pair of roller skate wheels attached to the front and rear of the wood. A steep hill and a child and you now have what is fast becoming the number one pasttime for children. Skateboards can be found in any city or town in any state in the United States.

There are skateboard competitions offered across the nation where youths compete in a variety of skateboard events. There has even been talk of skateboarding being an event in future Olympics, but this is

the good side of skateboards; there is a dark side. In recent weeks and at an alarming rate, the Provost Marshal Office has received complaints of youths skateboarding in the streets. This is not only extremely dangerous, but also against the law.

PSF Supplement 1 to AR 190-5 states that skateboards will not be used on any roadway nor shall they be used on any sidewalk within 30 feet of any pedestrian or in any parking lot during such time as the parking lot is in use for the parking of vehicles.

### Violation

The penalty for violating this regulation is that the offender will be issued a DD Form 1408 US Armed Forces Traffic Ticket. The child and the skateboard will be taken to the parent. A copy of the DD Form 1408 will go to the sponsors unit commander and a copy will be kept on file at the Provost Marshal Office.

Repeated occurrences and non-compliance with the regulation could result in nonjudicial punishment under the UCMJ against the sponsor.

Skateboarding can be fun when care is taken to follow rules, regula-

tions and when it's done safely. Parents are encouraged to become actively involved in educating children and ensuring that safety is provided to, not only our children, but all residents working and living at the Presidio and surrounding community.

### Crime Report

- Person(s) unknown stole sixteen champagne glasses from the Log Cabin.

- A service member was charged with Assault.

- Eight POV's were tagged as abandoned.

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## Army closes child care center

The Department of the Army announced Nov. 16 that the Presidio's Child Development Center will be temporarily closed at the end of the business day today.

The decision was based on the findings and recommendations made by the Army's Child Care Evaluation Team which visited the Center Nov. 5 and 6.

The 16-member team, made up of child care specialists, safety experts, engineers, a child psychiatrist, lawyer, community health nurse and a family advocacy representative, inspected the Presidio's current facility and the Family Child Care Program. They were to determine whether the Center met Army standards necessary to provide a satisfactory program.

During the inspection, the team found that the Center was substandard in several areas. Although nothing was found that could not be corrected with time, the decision was made by the Army's Child Care Action Group, chaired by the Army's Deputy Chief of Staff for personnel, to temporarily close the facility.

The team did report that, based on their review of the Center and information provided by the Federal Bureau of Investigation and the Army's Criminal Investigation Command, there is no evidence of on-going child abuse at the Center.

An Ad-Hoc group of parents has been meeting with the Presidio Commander daily since the an-

nouncement in an effort to seek solutions to this action. Two parents have gone to Washington, D.C., at their own expense, to discuss the decision to close with senior Army leadership and Congressional representatives.

Efforts are being made to assist parents whose children are affected by the closure to find alternative day care arrangements for their children. These alternatives include placement in the home-based Family Child Care program or through referrals to off post child care facilities.

According to Karen Jupe, director of Family Child Care at the Presidio, a total of 10 children had been placed in alternative child care facilities by the morning of Nov. 18. Approximately 50 were referred to other facilities. The remaining parents affected by the closure were being contacted to determine their specific needs in an effort to assist them with the placement of their children.

Questions regarding this closure can be directed to Jupe at 561-4712 or 561-3568.

Meanwhile, the Presidio leadership is assessing the detailed findings of the team to assess the scope of corrections needed to bring the Center into compliance with Army standards. Efforts will be made to insure that the period of closure for the Center will be as short as possible.

(Ed. note: This is the latest information available at presstime, Nov. 18.)

## PSF Idea of Excellence

This week's idea comes from Beverly Ramsay of Army Community Services (ACS). Ramsay suggests that residents be allowed to pick up fuses from the Department of Housing and Engineering (DEH). The way it stands now, residents have to call for an electrical worker to make a housecall to replace blown fuses.

Ramsay's idea suggested that it would cost less for a resident to go to DEH than it would for an electrician to visit quarters. Under the current procedure, residents make a call to DEH when a fuse blows in quarters. DEH electrical workers must then drive to the quarters to replace the fuse—after duty hours probably costs more, she said.

Ramsay's idea has been approved. With the opening of the new Self-Help Center (scheduled for mid-December), this facility will stock various sizes of fuses that will be available for purchase to Presidio quarters residents. Residents will also be able to keep extra fuses on hand for emergencies.

If you have an idea that you think would improve the quality of life on the Presidio of San Francisco, submit it to the Ideas Office, Bldg. 220, or call 561-IDEA.

THE WHITE HOUSE  
WASHINGTON

### Thanksgiving Day Message for the Armed Forces, 1987

On Thanksgiving Day, Americans pause wherever they may be to thank God for all the blessings He grants us and our land of liberty. Around our Nation and around the world, you who defend us in arms pause, too -- in thanks, in prayer, in thoughts of home. As your Commander in Chief, I'm proud to express to you the heartfelt appreciation of the American people for hearing and answering our country's call. You who safeguard our blessings, and the families who support and inspire you in your many responsibilities, are yourselves a true blessing to this land.

You amplify our debt of gratitude with your every deed of solemn duty. In barracks and bunkers, on flight decks and parade grounds, in command centers, cockpits, and engine rooms, you daily carry out your mission to preserve and protect our security, our liberty, and our bounty. You make routine the exemplary self-sacrifice and devotion to duty that have always been the watchwords of the American military. That dedication has carried our country through periods of crisis and peril, purchasing, often at great cost, the security that enables all our citizens to pursue their lives in liberty and peace.

Happy Thanksgiving to all of you and to your families. To those of you serving on ships at sea and at isolated or dangerous outposts around the globe, Nancy and I send our very special greetings.

Ronald Reagan

## Christmas lights banned

by Rob Van de Loo

Last year's holiday lighting policy forbidding the use of exterior Christmas lights on the Presidio and its sub-installations has been reevaluated and will again be in effect for the upcoming holiday season. There are reasons why the policy was initiated and why it is important that it remain in effect.

The Department of the Army's goal is to reduce energy consumption. With that goal in mind, U.S. Army Forces Command (FORSCOM) has mandated a reduction in energy usage for the Presidio of San Francisco and other installations under their control. The reason for energy reduction is simple—to keep a tighter control over the Army's outlay of tax dollars.

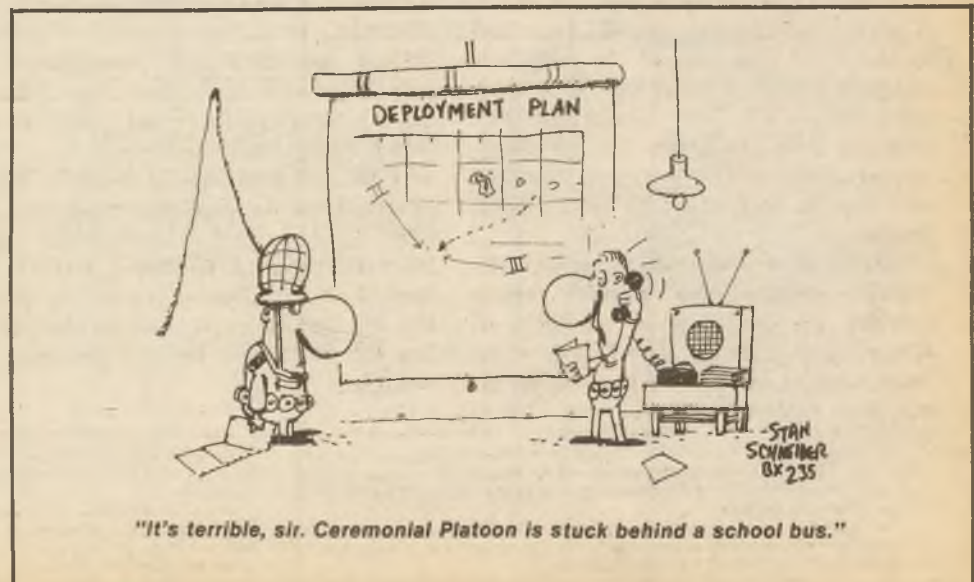
The Army's budget (and that of all other federal entities) have recently come under close scrutiny. The post's energy bills are paid with our taxes.

Exterior lighting during the Holidays would cost between \$5,000 and \$14,000 (depending on the number of hours and days it is allowed) by DEH estimates; and even though that seems a small figure in comparison with many types of government expenditures, it still represents real tax dollars. We cannot spend taxes in such a way.

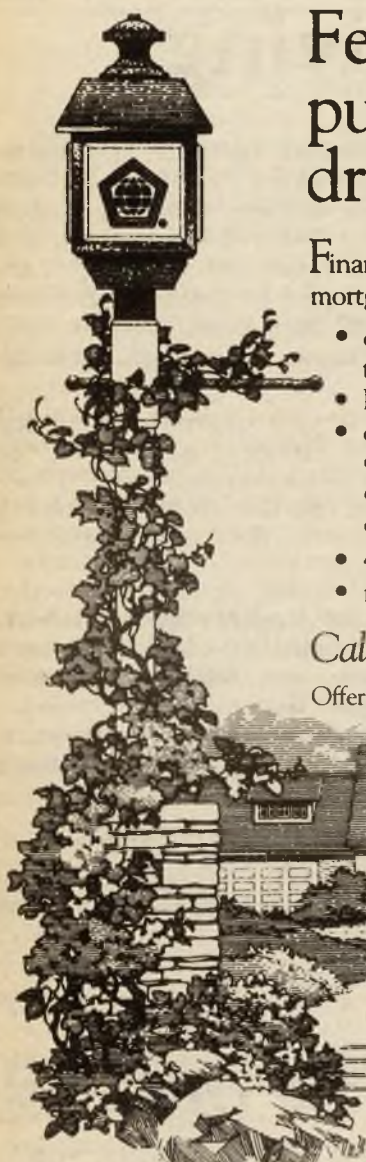
**No individual exterior electrical displays will be permitted.** However, there will be several central displays on post for everyone's enjoyment.

Even though you cannot use electricity, you can certainly be as clever and creative as you'd like with your outdoor decorations. Perhaps not as spectacular as electric displays, these displays can truly convey the spirit of the Holiday's to family, friends, and passersby.

(Ed. Note: Rob Van de Loo is the Energy Coordinator for the Presidio of San Francisco.)







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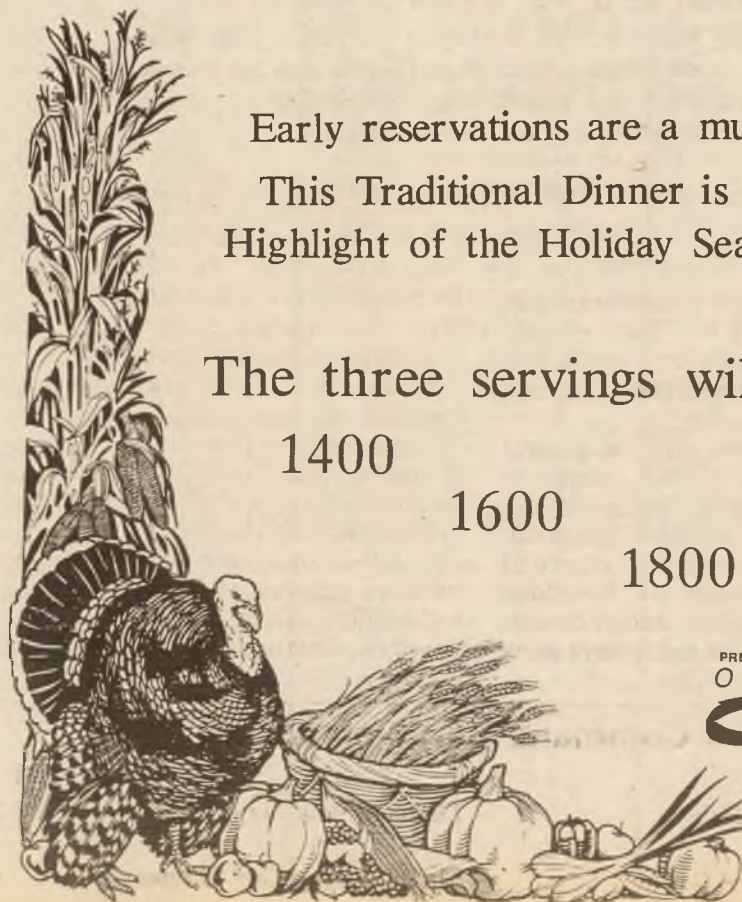
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# Thanksgiving

## The whole world celebrates Thanksgiving

by Donna Miles

This Thanksgiving, as you sit down to a table laden with turkey and all the trimmings, you'll be sharing in one of the world's oldest traditions—the harvest festival.

Many Americans think of Thanksgiving, the day of thanks first celebrated by the Pilgrims at Plymouth Rock, as a uniquely American holiday. Yet America's Thanksgiving is similar to ancient as well as modern-day festivals celebrated around the world in gratitude for a good growing season.

The ancient Greeks celebrated a nine-day harvest festival in honor of Demeter, their goddess of agriculture. So important was this observance that armies would stop fighting to share in the celebration.

In similar fashion, the Romans paid tribute to Ceres.

Since biblical days, the Jews have celebrated the week-long Feast of Tabernacles, or Sukkot, in the fall to mark the end of the farming season. This festival, still celebrated today, is a time of feasting, partying and thanksgiving. Another Hebrew harvest festival, Shavuot, the Feast of Weeks, is celebrated in the spring.

During the Middle Ages, the Anglo-Saxons celebrated the Feast of Harvest Home when the last grain was loaded for storage. People from the village went into the fields to decorate the load with ribbons and flowers, dancing around it and singing songs of thanks. The celebration continued long after the last grain was stored away.

In nearby Scotland, the harvest celebration was known as "kirk" and included special church services and a hearty feast.

The Aztecs of Mexico observed their corn harvest with more ceremony than festivity. Each year, a young girl was beheaded in honor of Xilonen, the goddess of the new corn. The Pawnee Indians had a similar ritual. The Cherokees of the American Southwest, in contrast, observed the corn harvest with the festive green corn dance.

Even with the industrialization of the Western world, harvest time continues as a cause for celebration and thanksgiving.

Germany's popular celebration of the barley and hops harvest, Oktoberfest, is known worldwide for its abundance of beer, food, singing and dancing. Although literally called the "October festival," the Oktoberfest is usually held in late September when the first new beer of the season comes of age. The celebration, once confin-



ed to the city of Munich, has spread throughout Germany.

Many European harvest festivals take place on Nov. 11 in honor of St. Martin of Tours, Martinmas, patron saint of beggars. During medieval times, the wealthier people of Germany, France, Holland, England and the countries of central Europe offered a share of their harvest to the poor in honor of St. Martin. Today, St. Martin's Day is a cross between Thanksgiving and Halloween. Roast goose is traditionally served at the day's feasts. In some European towns, children dress as beggars and go door to door carrying lighted lanterns and "begging" for fruit, cake and candy.

The people of Japan celebrate rice harvests at regional festivals held throughout the fall. The Sku-kaku-sai festivals feature parades, floats, campfires and lanterns.

Like the Japanese Sku-kaku-sai festivals, many harvest celebrations are observed on a regional, rather than national, basis.

One example is the English Mop Fair, celebrated at the harvest's end in Stratford-on-Avon, home of William Shakespeare. The festival began hundreds of years ago, when servants and farm hands were hired by the year. Landowners and workers alike went into town, landowners to hire new workers and workers to find new jobs. Shopkeepers in Stratford-on-Avon held a fair for the crowd that poured into town. The name "Mop Fair" was inspired by the mops carried by women servants. Today, the festival features food, music, dancing and amusement rides.

In southern Spain, natives and tourists alike join in the Fiesta de la Uva, or Festival of the

Grapes, in the town of Jerez de la Frontera. Farmers and winemakers celebrate the mid-September grape harvest with a thanksgiving service in the cathedral, followed by a parade, horse races and bullfights. Lively guitar music, singing and dancing are all part of the festival. Similar celebrations are held throughout southern Spain, but few are as well known as the one in Jerez de la Frontera.

The people of Bern, Switzerland, celebrate the onion harvest every November. The celebration stems back to the early 1400s, when Bern was almost destroyed by fire and the people of nearby Fribourg helped rebuild the city. In appreciation, Bern opened its markets to the farmers of Fribourg to sell their big agricultural product, onions. Today, the onion celebration is still held in the Bern market square. Children dress up as onions, and onions are served in just about every method imaginable.

Borrowing from many of these celebrations, the Pilgrims introduced Thanksgiving to the fledging American colonies. Since then, Thanksgiving has become one of America's best-loved and most widely celebrated holidays.

Just as the people of America borrowed the concept of Thanksgiving from other countries, they have shared their special way of celebrating it around the world.

Perhaps one of the most memorable examples of this took place in 1942 at Westminster Abbey in London. More than 3,500 American troops stationed in England during World War II jammed into the historic church for Thanksgiving Day services. The service was the first time anything but a Church of England service had been held at the abbey's altar in nine centuries.

As American GIs sang "The Star-Spangled Banner" and "America the Beautiful" at Westminster Abbey, they demonstrated the one characteristic that has given Thanksgiving Day a special significance for Americans.

Thanksgiving has meant more than just a celebration of the blessings of nature—to the Pilgrims at Plymouth Rock, to World War II GIs at Westminster Abbey and to Americans celebrating it today, whether at home or overseas.

It is a day of reflection on all that America has—freedom as well as bounty—and a time to give thanks, as a nation and a people.

American Forces Information Service

## CPO vacancies

These are some of the vacancies listed by the post's Civilian Personnel Office (CPO).

USAISC-Presidio, Resource Management and Plans Division, is looking for an **Information Resource Manager, GS-301-12**. The closing date for applications is Dec. 7, and the area of consideration is Army-wide.

**Requirements:** Three years of general experience plus three years of specialized experience (specialized experience is administrative, program, or managerial experience in a type of work or combination of functions directly related to the duties of this position). Applicants must have serv-

ed at least one year at or above the GS-11 level in the federal service.

**Engineering Project Assistant, GS-303-4/5/6**, at the Department of Engineering and Housing (DEH), Engineering Plans and Services Division, Engineering Services Branch. The closing date for applications is Nov. 24, and the area of consideration includes all organizations receiving civilian personnel service from CPO.

**Requirements:** For GS-4, one year of general experience plus one year of specialized experience;

For GS-5, one year of general experience plus two years of specialized experience; and,

GS-6, requires one year of general and

2½ years of specialized experience.

**Biological Laboratory Technician, GS-404-7**. Located at Letterman Army Institute of Research (LAIR), Directorate of Environmental Hazards, Pathology Division, Presidio of San Francisco. The closing date for applications is Nov. 27. The area of consideration for this position includes qualified employees served by the post's CPO.

**Requirements:** GS-7, two years of general experience, plus three years of specialized experience (five years total).

**Supervisory Alcohol and Drug Program Specialist, GS-101-12**, DPCA, Human Resources Develop-

ment Division, ADAPCP. The area of consideration is Presidio only, and the closing date for applications is Nov. 23.

**Requirements:** Applicants must have served at least one year at or above the GS-11 level in the federal service, and must have three years of general experience plus three years of specialized experience.

**Note:** Complete qualification requirements and education substitution for each of these positions are outlined in X118 Qualification Standards and are available for review in the CPO. Applicants can call the personnel staffing specialist, Jackson Roach, at AUTOVON 586-5750, or commercial (415) 561-5750.

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Nov. 26, all day

Thanksgiving Day

PSF

All units

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The Eisenhower National Bank was first chartered on June 12, 1973 and opened on that date in a small temporary building with five employees. The

first permanent structure opened for business in May 1975 and the building was doubled in size in 1983. The staff at the main office now numbers 48.

The bank was named for Dwight David Eisenhower—soldier, statesman, and the 34th President of the United States.

Colonel Robert L. Bennett, USAF (Retired), served as the bank's first president from the bank's opening in 1973 until his retirement Jan. 1, 1984. The presidency was then assumed by Donald J. Gudinas, Brigadier General U.S. Army (Retired), who currently holds the post. Gudinas retired from the Army in January 1983 after serving for over 30 years, both as an Infantry officer and as a Finance Corps officer. He holds an MBA in Banking and Finance from St. Mary's University, San Antonio, Texas.

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# Stress: An Essential Function of Living

Anxiety and tension, otherwise known as stress, are essential functions of living, just as hunger and thirst. Without stress, we would not be prepared to avoid and overcome situations harmful to ourselves and our families. Primarily, tension and anxiety are our self-protective reactions when we are confronted by threats to our safety, well-being, happiness and self-esteem—threats such as illness, accidents, violence, financial trouble, problems on the job or at home.

The response to these threats must often be thought out on the spot. What is right one day may be wrong the next. What is an acceptable response in the home may be unacceptable in school or at the office. What may be correct in one social group may bring resentment and ridicule in another.

Everybody is confronted by threats. Everybody experiences stress. Yet there are times when we become tense and anxious where no adequate threat exists. This may happen when we have been through a period of trouble or exhausting work, are worn out and on edge and cannot reason things out or control our feelings as we do when we are rested and in good condition. Often, anxiety and tension may be produced as a result of some experience in a person's background which created a sensitivity to a threat which may have little effect on others.

The average human being has the capacity to live through emotionally upsetting situations, even crises, and to bounce back when they are over. It is important to recognize that occasional bouts of anxiety and tension are quite normal and need not be a cause for additional concern. The time to become watchful is the time when emotional upsets

come frequently, shake us severely and persist.

Here are a few simple actions which may help you on a day-to-day basis to combat stress and ease your tensions.

## Escape for a while

Sometimes, when things go wrong, it helps to escape from the painful problem for awhile. Lose yourself in a movie, book, game or take a brief trip for a change of scene. But be prepared to come back and deal with your difficulty when you are more composed and when others involved are in better condition to deal with it.

## Work off your anger

If you feel like lashing out at someone who has provoked you, try holding off that impulse for awhile. In the meantime, do something constructive with the pent-up energy such as some physical activity, a hobby or exercise.

## Do something for others

If you feel yourself worrying about yourself all the time, try doing something for somebody else. You'll find this will take the steam out of your own worries and give you a feeling of having done well.

## Take one thing at a time

For people under tension, an ordinary work load can sometimes seem unbearable. Remember to prioritize projects, doing only the most urgent things first and setting aside the rest to be done at a later time.

## Shun the "superman" urge

Some people expect too much from themselves and get into a con-

stant state of worry and anxiety because they think they are not achieving as much as they should. No one can be perfect in everything. Decide which things you do well, and then put your major effort into these.

## Go easy with your criticism

Some people expect too much from others, and then feel frustrated, let down and disappointed when another person does not measure up. Instead of being critical about the other person's behavior, search out the good points and help develop them.

## Schedule your recreation

Many people drive themselves so hard that they allow themselves too little time for recreation—an essential for good physical and mental health. For such people, a set schedule and routine will help, allowing definite hours when they will engage in something they enjoy.

Often emotional difficulties arise out of problems, such as financial worries, trouble on the job, problems with children and parents or marital trouble. However, if emotional disturbances become too distressing to the person or to others, we should recognize and deal with them as mental illnesses requiring professional treatment. If you are concerned about yourself, a member of your family or a friend who shows signs of severe, prolonged disturbance, the thing to do is to seek professional help.

The quest for peace of mind and good mental health is universal. Yet very few people possess all the internal qualities or find themselves in external circumstances that automatically assure peace of mind. We have to work to achieve it. This means a better understanding of ourselves and others, working out

our problems by ourselves when we can and seeking assistance from others when we need to. It means finding the proper social and health services in our communities to help us with the problems we cannot handle alone.

For more information about stress and tension, send a self-addressed, stamped envelope for a free copy of *How to Deal With Your Tensions* brochure to the National Mental Health Association, 1021 Prince St., Alexandria, VA 22314-2971.

## WHAT HAVE YOU DONE FOR YOUR MIND LATELY ?



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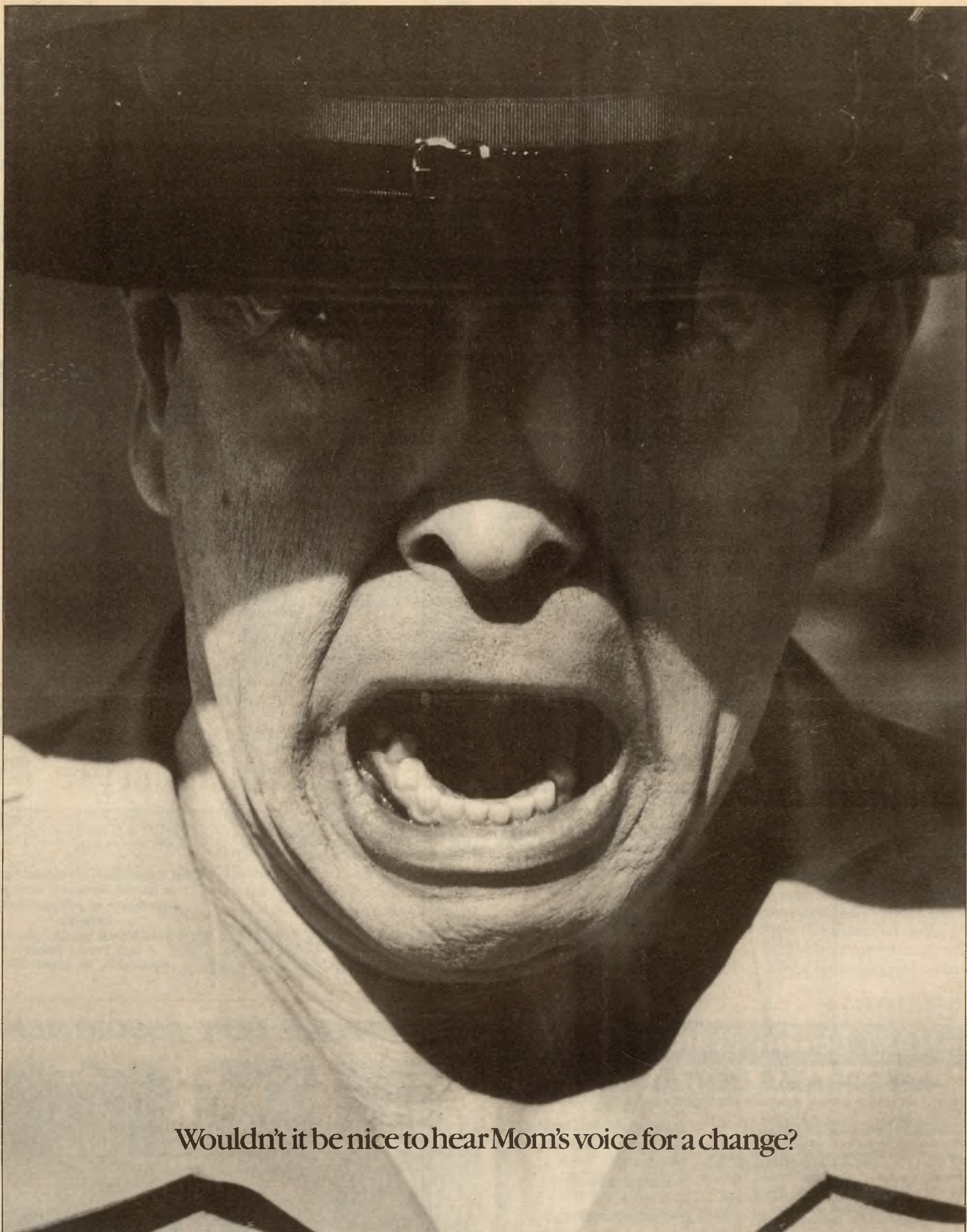
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# Camaraderie

## Post combines Army Family Week with Thanksgiving

Army Family Week will be celebrated on post Sunday through Nov. 28 as Presidians look forward to discounted services, food specials and family-oriented activities.

Post organizations will offer events such as a cookie and cake tasting, discounted car brake service, a visit by Santa Claus, Thanksgiving Family Dinners, a tax preparation workshop, discounted family bowling, appearances by McGruff the Crime Dog and free use of the golf driving range.

Presidians should consult the below schedule for dates, times and places of all events planned for the week-long celebration.

### Chapel

**Sunday:** Chaplain, Army Family Sunday Protestant Services, 11 a.m. at the Main Post Chapel; 11 a.m. at the Fort Scott Chapel. Catholic Services, 9 and 11 a.m. at the Chapel of Our Lady.

**Sunday School/CCD Army Family Emphasis,** 9:30 a.m. at the Religious Activities Center. Parents are invited. Catholic CCD is at 11 a.m.

**Wednesday:** Family Thanksgiving evening service at the Main Post Chapel at 7 p.m.

**Thursday:** Thanksgiving evening dessert, 8 p.m. at the Main Post Chapel. Also there will be a Marriage Enrichment Retreat at Point Bonita.

### AAFES

#### Main Exchange

**Sunday:** Cookware special.

**Monday:** Balser cookie and cake tasting day.

**Tuesday:** Army Family of the Year Award at the NCO Club, 2 p.m. The whole Presidio community is invited.

**Wednesday:** Beverage sale.

**Nov. 28:** Santa comes to town.

### Main Cafeteria

**Sunday through Nov. 28:** Daily food specials.

### Main Service Station

**Sunday through Nov. 28:** \$10 off complete brake job.

### Theaters

**Sunday through Nov. 28:** Children age 12 and under admitted free with paying parent.

### Four Seasons

**Sunday through Nov. 28:** 20% off family board games.

### Clubs

#### NCO Club

**Monday:** Monday Night Football on wide-screen TV beginning at 4:30 p.m. in the lounge. Free hot dogs. (This is an on-going event).

**Thursday:** Family Night, featuring hamburger, fries and Coca Cola for \$1.99 per person; the 2nd hamburger is only one cent. (This is an on-going event).

#### Officers' Club

**Sunday:** Family buffet dinner for members and guests. Menu features prime rib, chicken, etc, 5 to 8 p.m.

**Thursday:** Thanksgiving dinner for members and guests, 2 to 4 p.m. and 6 p.m. Reservations are required.

#### Golf Club

**Nov. 27:** Free use of driving range by active duty military and their family members all day.

### HQ Command Battalion

**Thursday:** U.S. Army Garrison Mess Hall, Bldg. 101 Thanksgiving Family Dinner from 1 to 4 p.m.

### JAG

**Monday and Wednesday:** Internal Revenue Service presentation on new tax laws for all members of the Presidio community at the Post Theatre from 11 a.m. to noon. The presentation will feature a guest speaker, handout literature and a slide show.

**Tuesday:** Social Security Administration will process Social Security number application for Presidio community children in the Staff Judge Advocate's office from 1 to 3:30 p.m. Bring your child's U.S. birth certificate or proof of U.S. citizenship and one other form of identification, such as school records, immunization card, baptism certificate, etc. Parent identification is also required, such as military ID or drivers license. Call 561-4273 or 561-2925 for an appointment, or walk in on Tuesday.

### Provost Marshal's Office - Crime Prevention

**Monday, Tuesday and Wednesday:** McGruff Crime Dog personal appearance, child identification program (fingerprinting and ID cards), bicycle registration, and crime prevention literature handouts. Events take place in Bldg. 36.

### Bowling Alley

**Sunday:** Family Bowling Fun. Adult and youth tournament for prizes. Cost is 50 cents per person per game, at the Presidio Bowling Center, starting at noon.

### Package Beverage Store

**Tuesday through Nov. 28:** Free potato chips with purchase of any 2-liter size Coke, Pepsi or Seven-Up. Reduced prices on selection of wines and distilled spirits.

## Battalion NCOs dine in tradition and style

by Steve Morey

The NCOs of Headquarters Command Battalion, Presidio of San Francisco, showed what true camaraderie is all about.

The inaugural NCO Dining In was held at the Golden Gate Community/NCO Club Nov. 13. It was the first event of its kind on the Presidio, yet the event itself is traditional.

According to SGM Anthony F. Costa, Headquarters Command Battalion, the dining in tradition dates back to the Revolutionary War when enlisted soldiers would gather to share their meals. The NCO Dining In will become an annual event on the post.

The dress code for the event was formal, and participants wore either dress blue uniforms or class A uniforms with white shirt and bowtie. The evening's main course included prime rib with all the trimmings. The guest of the mess was CSM James A. Whiteford, Sixth U.S. Army, and CSM John P. Carvalho, USAG Presidio, was the guest speaker.

Costa said that all of the dining in traditions were observed, including the use of a "Grog Bowl." In this case, the Grog Bowl was a toilet bowl filled with punch. The bowl was donated by Costa, and Company C, 864th Engineers' 1st Sgt. Melvin Johnson and SFC Calvin C. Belcher.

Opening ceremonies were performed



photo by Stan Moore

1st Sgt. Lee O. Fuhrman, Headquarters Company, adds octane to the Grog Bowl.

ed by the Headquarters Company Color Guard and the Sixth U.S. Army Band.

"We held the dining in for one reason only—the battalion's NCOs,"

Costa said. "They should feel good about themselves. They have been chosen by the Army to represent and lead the soldiers. This dining in is for them—to honor one another."

Costa added that other traditions will be observed on the post, including an annual dining out to begin in the spring. In a dining out event, spouses are invited to join the NCOs.



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# Sports

## Presidio sinks TI

by Michael Fortson and  
Marian L. Smith

The Presidio was involved in a historic football game Nov. 14. Athletes from the Presidio flag football league participated in a one-time flag football game against the Navy's team from Treasure Island. The game was held at the UC Berkeley Memorial Stadium as yellow-jacketed Cal Bear students watched and awaited their upcoming game against the Arizona Sun Devils. The Army sank the Navy, 14-7.

The Navy team featured Napoleon McCallum, former Naval Academy and Los Angeles Raider Star running back as their quarterback. Since changing duty station, McCallum has been unable to play for the Raiders, but even his presence on the field could not sail the Navy to victory.

Army received the first break of the game as Daryl Lucas of DLI picked off a McCallum throw and returned it to the Navy's 20 to set up the Army's first score. David Murray of the 864th Engineers caught a deflected pass from Army quarterback Rudy Russell, also of 864th, in the end zone for six. The extra point attempt was wide left.

The Army defense kept pressure

on McCallum, not allowing him to find his receivers. Elwood Thomas and Michael Fortson of LAMC applied pressure from the line, both finishing with two quarterback sacks.

In the second quarter the Army scored again. With some running help from LAMC's John Faulkner, the Army found itself on the Navy's 10. Cedric Archie of the 864th scored on a 10 yard run. Thomas scored the two point conversion to put Army up 14-0 at the half.

The third quarter was a defensive struggle as neither team mounted a serious drive.

Early in the fourth quarter, McCallum finally found an open receiver on a 50-yard bomb of a broken play for a touchdown. The extra point was good.

That was the last time the Navy was to hit the scoreboard, as the Army held them to their loss.

Other Presidio players include Wendell Boykin, Trenton Gatling, Robert Smalley and John Bello, coach, from LAMC, Anthony Gibbs and Ron Ziemann from HQUSAG, Doug Betz, Bob Sanders and Leonard Shamburger of the 864th Engineers and Anthony Brown and Algernon Vest from DLI.



Anita Dixon maneuvers around three Hawks defenders in Presidio's 78-71 victory Nov. 14.

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## Sports

Hawks plucked!

## Presidio women clip wings of Travis AFB

story by Steve Morey  
photos by Pleasant Lindsey

Presidio's Women's Basketball Team overcame a 13-point, first half deficit Nov. 14 to defeat the women "Hawks" of Travis Air Force Base (AFB), 78 to 71, before a cheering, partisan crowd in the Main Post Gym.

The showdown at noon pitted two teams both looking for their first victory of the young season. The Presidio women relied on a second half scoring binge by Anita Dixon to tally their first win.

Dixon, who led all scorers with 30 points, played the seesawing, second half with four fouls. Knowing that one more foul would have put her on the bench, Dixon seemed to pick and choose the right times to play aggressively.

Things looks bleak in the first half for the post women as the Hawks' offense flew around the court and appeared to have the Presidio women's defense off balance.

Travis AFB's lanky center, Valerie Nealy, and hot-shooting Chris Rowzee each scored 10 points for the game, with most of their hoops coming in the first half.

The Presidio women, down 34 to 21 at 4:12 of the opening 20 minutes of play, slowly chipped away at the Hawks' lead. Raven Brown and Barbara Daniels combined court-long layups and deadly outside shooting to clip the Hawks' wings.

Brown had 19 points for the game, and Daniels had 12, including two three-point shots which appeared to jumpstart the Post Gym crowd.

At halftime, the Travis women led 40 to 37.

The Presidio women went ahead, 47 to 46, to lead for the first time since their first half four-to-two margin. They led until the 6-minute mark when the Hawks' April Harding banked a shot in off the glass to lift her team to a 62 to 61 lead.

The remainder of the game featured driving layups and strong rebounding by Dixon; and clutch shooting by Diane France of the Hawks as she came off the bench to score a Hawks' game-high 12 points.

With the score tied at 69-all with less than



Barbara Daniels (25) is hot from the outside, but...

three minutes to play, Presidio's Aundra Davis hit a jumper. Then, after getting the ball again, she was fouled by Leslie Abraham. Abraham fouled out and watched from the bench as Davis made both free throws.

The post women led 73 to 69 and proceeded to



...Travis' Valerie Nealy (dark) finds a way to reject Daniels' success.

play keep-away to run the clock down, never to trail again.

Moe's Mumblings...Extremely hard-fought, well-played game on both sides...Dixon showed her skill by playing the second half in foul trouble...Presidio crowd very enthusiastic.

## Jimmy the Freak's picks of the week

**Hellooo, everybody...!** Not a bad week for "The Freak," although some of the favorites went into the dumper. Miami's Dolphins played like dead fish, and the 49ers struck "fool's gold." That's what's so interesting about this season...there's a good chance that on any given Sunday, any team can play as ineptly as any other team. I guess that's another definition of parity. Pete Rozell would be very happy to have all of the teams in the NFL (excepting the Raiders, of course) finish their seasons with an 8-8 record and have playoffs for the playoffs. Ug...what an ugly thought...having to watch the Lions play the Packers for a third time in one season. I don't mean to be a little smug, but I am spoiled by watching "professional" football and I do not appreciate watching some of the teams in the league tap dance their way through the year, collecting big paychecks, and taking six-month vacations. Although Buddy Ryan has the personality of an open sore, you have to admire his demand for athletic perfection and attention to detail. Hmmm, I wonder if he'd be interested in running for public office? Just wondering....

### San Francisco 35, Tampa Bay 14

The 'Niners had every opportunity to beat the Saints last weekend and effectively end the race for the NFC West title. Don't look for them to fold this week against Tampa Bay. Although they've had more success than they deserve, this Sunday the Bucs stop here.

### Philadelphia 30, St. Louis 10

Coach Ryan is probably chewing nails (and defensive backs) during practice this week. Instead of closing ground on the very-beatable Redskins, the Eagles let their game against the Giants slip away. Against the weak Cardinals, Ryan's Rowdies will pound out a convincing win. I wonder if the Cardinals are checking the real estate section of the Baltimore newspapers to see about their next homes?

### Chicago 37, Detroit 6

Mike Ditka was mighty upset over the Bears' loss to the Broncos. Translated, that means that he will be all over the team at practice this

week...like Ted Kennedy with a Supreme Court nominee...getting his team ready for the Lions. Considering the way the Detroiters have played, shouldn't take much.

### Denver 27, Los Angeles Raiders 17

The biggest advantage that the Broncos have in this match is that they have a quarterback with NFL ability. I've said it before, but if Marc Wilson is the answer...then it must have been a very stupid question. If the Raiders keep playing as poorly as they have, the L.A. Coliseum people will help them pack for Irwindale.

### Upset of the Week No. 1 Houston 27, Cleveland 23

The Oilers are for real. Their defense is strong, and their offense is just good enough to outscore the Browns. Plus, the game will be played in dry conditions. If the game had been scheduled for that slop they call a field in Cleveland, I would have reversed my prediction.

### Upset of the Week No. 2 Buffalo 28,

### New York Jets 16

The Jets have been inconsistent all year, and the Bills have really played well the past few weeks. They beat the Broncos and beat the spread against the Browns. Look for a big game by Jim Kelly. By the way, did Mark Gastineau sign to play this year? Funny...I haven't seen him in a play since last year.

### Upset of the Week No. 3 New York Giants 24, New Orleans 15

With Phil Simms back in control, look for the Giants to exert themselves. The Saints were lucky to score any touchdowns against the 49ers last week, and you're not going to beat the Giants with just a bunch of field goals.

### Upset of the Week No. 4 Kansas City 10, Green Bay 10

I put this down as an upset because watching these bunch of bozos try to play football is bound to upset your stomach. Woossss... what's that smell? I must be downwind from Arrowhead Stadium!



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# Community Calendar

## Correspondence update class

The Education Center will conduct a special class highlighting recent changes to AR 340-15, Preparing and Managing Correspondence, on Dec. 4, from 8 to 10 a.m. This free course is designed for supervisors, chief clerks, secretaries and others responsible for correct Army Correspondence. To enroll, call 561-2974 or 561-4445.

## OWC luncheon

The December Luncheon of the Presidio Officers' Wives' Club will be held on Dec. 3 in the ballroom of the Officers' Club. Social hour begins at 11:15 a.m. with luncheon following at noon. A short musical program and carol singing will be given by the Presidio Singers. Call Mary Joe Swift at 775-1913 or Ione Andreen at 386-2189 for reservations.

## Thanksgiving meal reservations

Reservation for the Thanksgiving day meal should be made through the Bn S-4 office today, Friday, in Bldg. 1214. Reservation requests should indicate desired dining sessions. Reservations are on a first come first serve basis, due to limited seating. Call 561-6209 for more information.

## Inprocessing change

Effective Monday, Nov. 23, all LAMC students, two week, and short tour Army Reserve Officer and enlisted personnel will be inprocessed through the Active Army Officer Branch or Active Army Enlisted Personnel Branch rather than the Active/Guard Personnel Service Support Team. The location will remain the same, Bldg. 87. Point of contact for Officer personnel is Capt. Bradley 561-4487, Enlisted Personnel is MSG Rozmaryn, 561-2741.

## Welcome Packets

ACS has the newest edition of Welcome Packets free for Presidians in Bldg. 914.

Each packet offers maps, phone numbers and other valuable information for Presidians who want to know their post even better.

## Discount tickets

The ITT Office is offering an array of discount tickets for upcoming events. Brief descriptions of these events are listed below. ITT is located in Bldg. 135 (Golden Gate Community Club) in the left alcove



### Smooch!

Artemus, a 600-pound California Sea Lion, greets visitors to Marine World Africa USA's Sea Lion Show. Tickets for Marine World and other activities can be purchased at the ITT office, Golden Gate Community Club.

off the main lobby. Operating hours are: 9:30 a.m. to 6 p.m., Tuesday through Saturday. Phone number is 561-3992.

### Dickens Christmas Faire

The Dickens Christmas Faire is running weekends through Sunday, Dec. 20 at Pier 45, Fisherman's Wharf. The fair, which is being held indoors, is open 10 a.m. to 9 p.m. Saturdays and 10 a.m. to 7 p.m. on Sundays. Some of the Victorian highlights are: The Children's Christmas Pantomime; Music Hall Sing-A-Longs; Winter Waterfront Marketplace of Rare Crafts; and Feast Foods of the Season. Participants are invited to dress for the Victorian holidays. Tickets are available at ITT for \$8.50.

### Warriors basketball

Enjoy Warrior Basketball with the ITT office. A great selection of tickets are on hand. Plan on visiting this office soon, as the most popular games, such as the Los Angeles Lakers and the Boston Celtics, go quickly. So, "What are you waiting for?" Call ITT right now at 561-3992.

## Youth basketball, cheerleading

You may sign up at the Youth Activities (YA) Office through November for Youth Basketball and Cheerleading. YA Sports will be in the CYO Basketball League for grades 4 through 8; and the San Francisco Park and Recreation Basketball

League for ages 17 and under. The CYO registration fee is \$15 and the S.F. Park and Recreation League fee is \$10.

Cheerleading is for grades 5 through 10. The registration fee is \$12.50.

Both programs will begin practice in December and league play begins in January. Volunteer coaches and supporters are needed for these programs.

For more information, call Youth Activities at 561-5143 or come by the Sports office in Bldg. 1331, Fort Scott area.

## What's doing in parks

### Saturday

9:30-11 a.m.: Tennis Lessons, 9 to 17 years; bring one can of tennis balls. J.P. Murphy Playground, 1960 9th Avenue.

10 a.m.: Artist Guild of San Francisco Art Show, through Sunday in Huntington Park, California & Taylor Streets.

10:30-11:30 a.m.: Pee Wee Fun Time, 6 to 12 years in Miraloma Park, Omar & Sequoia Ways.

10:30 a.m.-1:30 p.m.: Free Plant Walks, Strybin Arboretum Society. Meet at the Strybing Store, Strybing Arboretum and Botanical Gardens, 9th Avenue and Lincoln Way, Golden Gate park.

11 a.m.-4:30 p.m.: Visitation Valley Schoolyard, 6 to 12 years. Kickball, drawing, outdoor games.

Free 55 Scherwin Street.

11 a.m.- 5 p.m.: Carriage rides in the park. The tour leaves from the Japanese Tea Garden. Call 761-8272 for information, Golden Gate Park.

### Sunday

7-10 a.m.: Nike-San Francisco Half Marathon, starting at Kennedy & Stow Lake Drives, Golden Gate Park.

11 a.m.-5 p.m.: Open Gym, Racquetball, Weightroom, 10 years & up, Mission Recreation Center, 2450 Harrison Street.

1 p.m.: Golden Gate Park Band Concert, conducted by Robert Hansen, Bandshell, Golden Gate Park.

### Thursday

8:30 a.m.-5 p.m.: Visit the Japanese Tea Garden, free, Tea Garden Drive, Golden Gate Park.

9 a.m.-5 p.m.: Visit the Conservatory of Flowers, free, John F. Kennedy Drive, Golden Gate Park.

## Youth Activities classes

Youth Activities is sponsoring various classes that include:

**Karate**—Mondays and Wednesdays, 6 to 7 p.m. in Gym No. 2. Cost is \$20 for 8 lessons.

**Pre-ballet** will be offered Mondays at the Log Cabin at 1 and 2 p.m., and 3 p.m. classes for returning students. Cost is \$18 per month.

**Tap dance** classes for ages 6-19 are Mondays at the Log Cabin at 4 p.m. Cost is \$24 per month.

**Ballet** classes will be held in Bldg. 1390 on Fridays from 4 to 5 p.m. Cost is \$30 per month. Ballet for dancers with up to 2 years' experience will be Tuesdays from 4 to 5 p.m. and Fridays from 5 to 6 p.m. Cost is \$36 per month. Intermediate level ballet will be taught Mondays and Thursdays from 4 to 5 p.m. Cost is \$36 per month. Point-shoe ballet is on Mondays, Tuesdays and Thursdays from 5 to 6:15 p.m. Cost is \$42 per month.

**Jazz dance** classes will be in Bldg. 1390 on Saturdays. The 1 p.m. classes are for ages 6-12 and the 2 p.m. classes for ages 13-18. Cost is \$15 for six lessons. More sign-ups are needed for the classes to begin.

**Tennis** lessons for beginners will be given at the Fort Scott tennis courts Mondays and Wednesdays at 4:30 p.m.; lessons for intermediate players will be at 5:30 p.m. Cost is \$20 for eight lessons.

For more information about all classes, call Youth Activities at 561-5143 or 561-5910, or come to Bldg. 1331 in the Fort Scott area.

*The Presidio Commissary will be closed on Nov. 26 to observe Thanksgiving Day.*

## At the movies

### Presidio Theatre

Fri, Nov. 20	Best Seller (R)
Sat, Nov. 21	The Principal (R)
Sun, Nov. 22	The Principal (R)
Mon, Nov. 23	The Principal (R)
Tue, Nov. 24	Predator (R)
Wed, Nov. 25	Predator (R)
Thu, Nov. 26	The Big Shots (PG-13)
Fri, Nov. 27	The Big Shots (PG-13)

### Hamilton Theater

Fri, Nov. 20	Angel Heart (R)	7 p.m.
Sat, Nov. 21	Swiss Family Robinson (G)	1 p.m.
Sat, Nov. 21	Creepshow II (R)	7 p.m.



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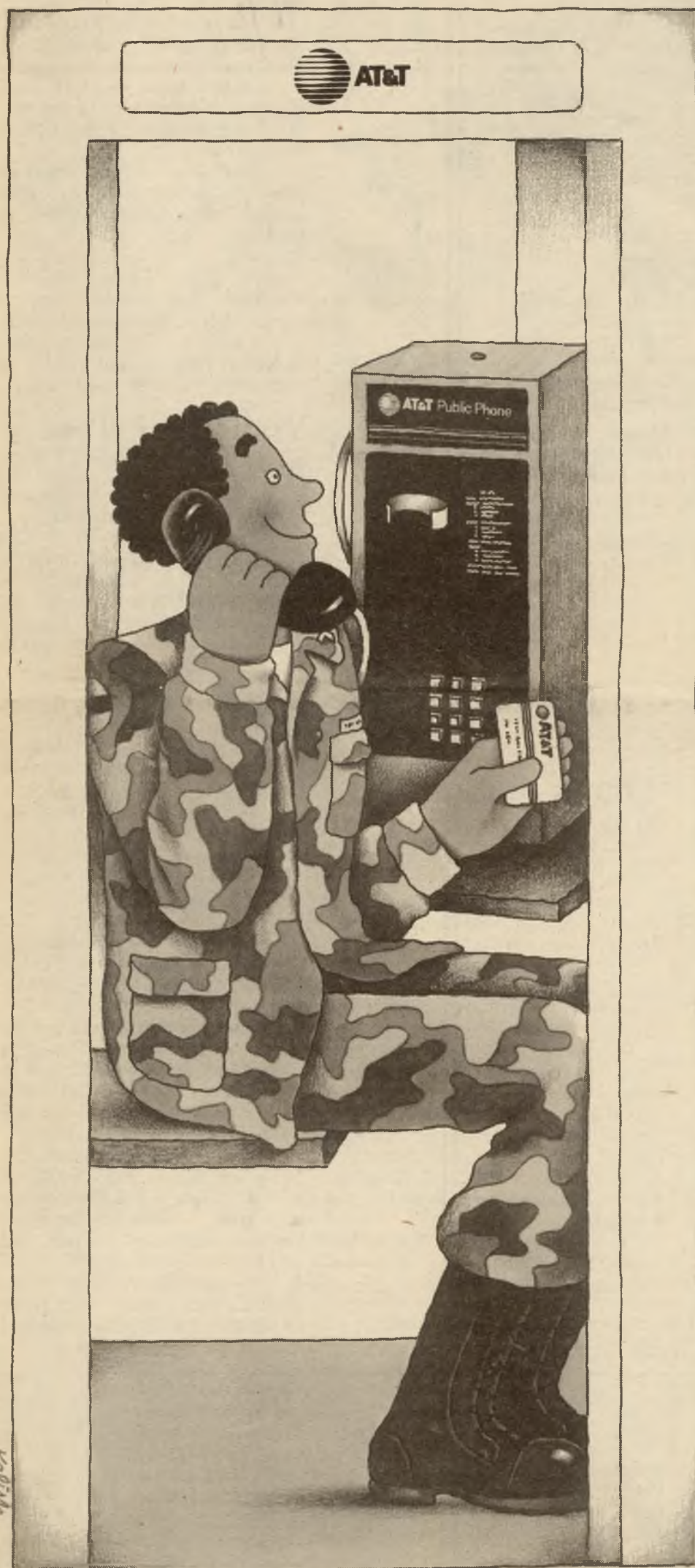
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**Today's Army: Women**  
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**Football champs:**  
COE takes crown,  
**page 12**

# Star Presidian

Vol. 30, No. 46

"Published in the interest of the people of the Presidio of San Francisco."

Nov. 27, 1987

## News Briefs

### Civilian time cards

Time cards are due into the Civilian Pay Section, Finance and Accounting Office on the preceding Friday when there is a holiday scheduled during time card week. During the holiday season, the schedule for the following pay periods is:

Pay period ending	Time cards due
Dec. 5	Dec. 7
Dec. 19	Dec. 18
Jan. 2	Jan. 4
Jan. 16	Jan. 15

### Register children for S.F. school district

Registration in the San Francisco Unified School District for the 1988/89 school year has already started. Registration for the assigned school is done at the school on a first come, first served basis.

The Presidio is divided into three elementary school zones, and assignments are based on the address of family quarters. Registration should be done immediately for children entering Kindergarten because space is limited in San Francisco for this age group. Parents should call Army Community Services at 561-5057 or 561-5156 to get the name of the school that serves their area, or call one of the following schools for information:

Alamo, 752-8244; Cabrillo, 752-9237; or Golden Gate, 931-0449.

Registration for a school other than the assigned school (such as Argonne, John Sweet, Lilienthal, or Sherman), requires an optional enrollment request. This request is obtained and submitted at the school of choice until Dec. 18. After this date, requests can be taken to 170 Fell Street, Room 10A, no later than Dec. 27.

Only families who have moved to San Francisco after this deadline will be allowed to apply for an OER after this date.

see Briefs, page 3



David Kovacs (in dad's lap) leads the family in a participatory song called *Popcorn*.

## Presidio picks top family

story by W.C. Wellever

The Great American Family on the Presidio was honored Nov. 25.

Each post in the Army has its own winner, and Presidio's representative is the family of Major Tony and Genevieve Kovacs. Their name will join the names of other posts' honorees and an overall winner will be decided in Washington, D.C., in the spring.

The Kovacs learned they were selected when their oldest daughter answered a call from Anthony Powell, director of the Presidio Mayors program on Nov. 20. They were nominated by Col. James W. Tyler, Deputy Chief of Staff, Training, Sixth U.S. Army.

The Kovacs encourage their children to be well rounded individuals and try a variety of activities. In turn, the children have advanced educationally, athletically, spiritually and musically.

The family also manages to display a form of teamwork in their home life. The children hold jobs and earn money to help buy clothes and pay for activities the family enjoys. This helps relieve some of the financial burden of raising seven children.

The Kovacs make time shared at home quality time. And their life outside the home is shared as well, whether it's going to a family member's athletic events, taking one to practice or participating in Scouting and school activities.

The family is involved in many activities that provide friendship and service. Both parents hold responsible positions in their church, The Church of Jesus Christ of Latter Day Saints (Mormon). Tony Kovacs also serves as Scoutmaster and has been an assistant soccer coach this year. Genevieve is a PTA volunteer, serving as a fund raising chairperson. She also volunteers in

see Family, page 3

## Post builds new, modern center for children

By now Presidians who use the Main Library on post have grown accustomed to seeing construction crews working on a new structure on the old softball fields west of the library. But did you know that the nearly completed, modern building is the site of the new Presidio Child Care Center?

The new center is designed for one purpose only—child care. The whole area, including the landscaping, has been constructed with the safety and care of children in mind.

On the outside the center will feature five fully equipped playgrounds to accommodate children of different age groups. The areas will be fenced in, and the construction crews already have some of

the playground equipment in place.

Also, some of the shrubbery that will decorate the site can be seen at the location, ready for planting. The center will also feature a few trees and a huge lawn in the rear.

Inside, the construction crews are putting the finishing touches on the building.

One of the things the crew is finishing now is the modern kitchen facility.

According to David Delepine, superintendent of the site, work crews are beefing up the ceiling of the kitchen and the hallway now, then they will continue with the rest of the kitchen.

"It doesn't make sense to put a kitchen in if you don't have a ceiling,"

Delepine explained. He said the ceiling areas are designed to connect and have added strength for protection. Because of the size of this particular phase in the construction work, it will take them some extra time to complete the kitchen area.

In fact, everything will be located under one roof at the new center. The old child care center was housed in four different buildings.

"The layout of the new building and the use of space are the main improvements this facility will have over the old one," Delepine said. "The old buildings were retrofitted for child care use, whereas this new facility is specifically designed for children."

"There is only so much you can do with an old, redesigned building. The

new center will be much more serviceable, and is designed in such a way that it has limited applications other than day care because of the way it's built."

Delepine said the structure was "pretty well thought out." The new center has some built-in safety features.

Virtually every room in the building has an emergency exit. There are no rooms or closets that can be accidentally locked, possibly trapping a child inside. All locks require the use of a key. Cabinets are built the same way.

J and K Builders, of Novato, Cal., has the contract to build the new center. Delepine said there are 15 to 20 subcontractors working on the project.



# Voices

## Read labels when shopping for toys

by Evelyn D. Harris

According to the song, it's Santa Claus who's making a list and checking it twice. That's good advice for any gift list — check it twice to make sure the toys on it are safe and age-appropriate.

Play is children's work — and like all workers, they deserve safe tools. According to the Consumer Product Safety Commission, 113,000 people were treated last year for injuries involving toys — 95,000 of them children under 15.

Under a law passed in 1969, the commission can ban potentially hazardous toys. Responsible toy manufacturers have established voluntary safety standards. However, unsafe toys do get in the market, and there may be a delay before they are banned.

In addition, while a toy may be safe for an older child, it can be dangerous to a younger one. Almost any product can be dangerous when misused. Therefore, the

first responsibility for toy safety lies with the parent or guardian. It's as important to supervise children at play and to teach them safety rules as it is to select safe toys.

Here are some more pointers from safety and child-development experts:

❑ Read labels when shopping for toys. The age-recommendation label can help you choose a toy that is safe and appropriate for your child's age. For example, children under 3 should not have toys with parts small enough to swallow. And while a 4-year-old may not swallow the parts of a construction set designed for an 8-year-old, it may be too difficult for him. That can be more frustrating than fun.

❑ The government now severely limits the amount of lead in toy paint. But if you're giving a young child a treasured toy from your own childhood, make sure it has no

lead paint.

❑ Toys with sharp glass or metal edges or with sharp points or prongs are prohibited by law for children under 8. However, older toys may break, exposing sharp edges. Older stuffed toys may have wires that could cut or stab a child if exposed.

❑ Propelled objects and projectiles, such as toy rockets, can injure the eyes. Children should never play with adult lawn darts — and adults should never play lawn darts around young children. Arrows or darts for children should have secure cork or suction cup tips. Avoid toys that might be capable of firing objects not intended for use in the toy, such as pencils or nails.

❑ Loud noises not only get on parents' nerves — they can cause hearing loss in children. Toy caps and other noisemaking guns are required to carry the following

warnings: "Do not fire closer than one foot to the ear. Do not use indoors." Teach your children to heed these warnings — and tell them why that's important.

❑ Electric toys with heating elements are not appropriate for children under 8. Battery-operated electric toys tend to be safer than the plug-in type.

❑ Children should store toys where they can't be stepped on when they are not playing with them. Toys intended for older children, such as chemistry sets, should be stored where younger ones can't get to them.

Other labels to look for are "Flame retardant/Flame resistant" on fabrics and "Washable/hygienic materials" on stuffed toys and dolls.

❑ Look for durable, high-quality toys that will not break in normal use.

**American Forces  
Information Service**

## Ramblin' Sam

"Should women be allowed in combat? Why or why not?"



Mattie D. Spires, clerk typist, Directorate of Resource Management (DRM): "I think they should. They're in the Army and they're trained for combat, aren't they? They should go!"



Capt. Donald A. McCunniff, deputy inspector general, post Inspector General Office: "Yes, I think they should. It's more of a question of how they'll be received by men in combat."



Jerry Sanchez, budget analyst, Budget Division, DRM: "No, They shouldn't be allowed in combat. I would say you would need to be physically strong enough to handle [artillery such as] the large Howitzers and such."



Sheryl B. Tierney, computer programmer analyst, Logistic Control Activity (on maternity leave), with son, Kevin: "I'd have to say yes because I've always believed women should have equal rights; therefore, they should take equal responsibility."

## Make season safe—wear your seatbelt

By James Frazier

Imagine an epidemic that kills 50,000 Americans every year and hospitalizes millions more. Imagine that a free vaccine is available at your fingertips, but you refuse to use it. Unlikely? Not at all. It's happening now. The epidemic is automobile accidents. The vaccine that could drastically reduce their toll is the use of seatbelts and child seat restraints.

The use of seatbelts is a California state requirement, it is also a state requirement that children under the age of four years, or weighing less than 40 pounds be placed in appropriate restraining devices. The use of seatbelts is required by operators

of government vehicles both on and off post, and the state law will be enforced on operators of privately owned vehicles on the Presidio.

The requirements on the use of safety equipment were established to heighten our awareness, and make driving a lot safer. With all the statistical data that supports the use of seatbelts and child restraining equipment, why don't we utilize them? That's a most puzzling question because no one yet has come up with a good reason not to wear them. But that's not to say that we don't come up with excuses not to. Here are some of the most common ones. Is

one of them yours?

• "I don't need seatbelts because I'm a good driver." This may be true, but wearing a seatbelt protects you from other drivers' bad habits.

• "It's better to be thrown clear." Studies show that you're 25 times more likely to be killed or seriously injured when you're "thrown clear" than when you remain inside the vehicle.

• "I just don't believe it will ever happen to me." About one of every two drivers will be in a traffic accident sometime during their lifetime.

• "I always wear seatbelts when I go on long trips or drive fast." Eighty

percent of all automobile accident victims are killed or seriously injured in cars traveling under 40 mph, and 75 percent of the deaths and injuries occur less than 25 miles from home.

These are just a few of the excuses heard every day by people just like you and me, and with each passing day we read headlines that say an accident resulting in death or serious injury could have been prevented if only the occupants had taken the time to buckle up. Let's enjoy the upcoming holiday season and make it safe for everyone, make it a habit to buckle up. Once you get use to it, you won't even notice that you're wearing a seatbelt until it saves your life.

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# Etc.

## Briefs *continued from page 1*

Parents can register their children at the assigned school and make an optional request for another school simultaneously. If the optional school accepts the child, it's up to the parent to decide which school to use. But remember, *Dec. 27* is the deadline for optional enrollment requests.

Parents need to take proof of the child's birthdate, address verification and immunization records with them to register children. For any other information call ACS at 561-5057, 561-5155, or 561-5256.

## New billeting available

Effective now, the Presidio Billeting Of-

fice has 30 adequate hotel rooms for personnel on TDY (temporary duty), ADT (active duty for training) or AT (annual training) status, through a government lease.

The government lease is with the San Franciscan Hotel, which is at 1231 Market Street next to the civic center in downtown San Francisco. There will be a shuttle bus which will take guests from the hotel to the Presidio and back at no charge.

Reservations are to be made with the Billeting reservation clerks at Pershing Hall, telephone numbers: (415) 561-3411 or 561-2096 and AUTOVON: 586-3411 or 586-2096. Reservations may be made up to 60 days in advance.

The main Billeting Office, located at Thompson Hall, Bldg. 1020, will provide statements of nonavailability (SNA's) to personnel staying at the San Franciscan which will allow the individuals to collect their per diem. If rooms are unavailable at the leased hotel then SNA's will also be provided. However, should any of the 30 rooms be available and an individual opts to stay at a different location, then an SNA will not be provided.

Information about the new billeting arrangement can be obtained by calling Laura Cummings, Pershing Hall, at 561-3411 or 561-2096; or Marc D. Brouqua and Evon Riley, main Billeting Office, at 561-4756 or 561-4757.

## Family *continued from page 1*

daughter Amy's kindergarten class two hours each week and in David's preschool class twice each month. Tim has worked on three Eagle Scout service projects. Allyson recently performed a service project for her school to complete requirements for a church award program. The family has a long standing tradition to deliver "goody" plates and sing carols to neighbors at Christmas time.

The Kovacs also welcome new neighbors in to the community by visiting with them and taking a loaf of bread to them as a welcoming gift. It is very common to see several of the neighborhood children at their home playing games and having fun with the other family children. Tony loves gardening and is always sharing the fruits (actual vegetables) of his labor with the neighbors and his co-workers.

But what can be a better way to learn about a family than by introducing each member?

### Children

Mary Anne is two and a half years old and the newest member of the family. She participates in Primary (the church's organization for children ages 18 months to 12 years). She likes to go to sports activities and helps cheer on her brothers' and sisters' at their soccer games.

David Son is three and a half years old. He is a child the Kovacs adopted while they were stationed in Korea. Son Chang Kuen was two months old at the time. The Kovacs changed his name to David in honor of Tony's father who passed away while the family was in Korea. He also participates in Primary and enjoys learning songs. David attends a preschool and likes to be asked "how did school go today."

Amy is five years old. She started playing organized soccer this year to develop her physical abilities. She enjoys singing and recently participated in a local talent show.

Kirsten is eight years old. She is entering her second year in Girl Scout Brownies. She has played soccer for two years in California, and completed the Advanced Beginners Phase in the Red Cross Swim Program. She earned straight A's last year in the second grade.

Jeremy is ten years old. He has been in Cub Scouts for 2 1/2 years. He is currently working on his Webelos Badge and Arrow of Light award. He is very active in athletics. He played for five years on soccer teams, T-ball and Little League Baseball teams in Korea and California, and participated on the Hamilton Elementary School fourth grade basketball team. Also a straight A student, this year he is learning to play the clarinet at school. Last summer he participated in a Red Cross baby-sitting course to prepare him to care for his younger brothers and sisters. He started delivering a weekly newspaper in September of this year to help earn money to pay for a week long environmental science field trip with his school class.

Does this family seem active enough? Read on—there's more.

Allyson is twelve years old. She is a member of the Hamilton Elementary School chorus. Besides singing, she also is learning to play the piano. She has always been at the top of her classes scholastically. She has played for five years on soccer teams in Korea and California and has played four seasons in T-ball and Little League baseball. She competed two years on an organized swimming team, winning several trophies, and in 1984 won a bronze medal in a Junior Olympics swim meet in Japan. She is active in church and has received the "Gospel in Action" award. To earn this award, she had to set and complete goals in four areas: personal, family, church, and community. She has completed the Red Cross baby-sitting course and is very busy as a babysitter.

Tim is fourteen years old. He is the oldest child. He was awarded the Presidential Academic Fitness Award in 1986 (while in 6th grade), and was on the seventh grade honor roll with a 4.0 grade average. He plays the saxophone in his school's advanced and jazz bands. He has been playing soccer for the past five years. Like all of the children, he is spiritually active in church. He has served as the President of the Deacons Quorum (12 to 13 year old boys) in church. He has completed his "Gospel in Action" award, and received his Faith in God Religious Award (LDS) as a Webelos Scout. He is presently a First Class Boy Scout and will complete the requirements for the Star rank in December. He has served as a patrol Leader and is currently the Assistant Senior Patrol Leader in his scout troop. Tim has also completed the Red Cross baby-sitting course and like Allyson, frequently cares for children in the neighborhood. Tim delivered the weekly community newspaper for nearly two years before giving the route to Jeremy in September.

Wife Genevieve has been a member of the Hamilton Elementary School PTA Board for the past three years. She babysits several times a week for three neighborhood children. In the past, Genevieve served as Secretary for the Officer Wives Club when she and Kovacs were stationed in Russelsheim, Germany.

Religion and involvement with the Mormon Church have been an important part throughout Kovacs' life. As a young man, he was a missionary in South America and has since served as a counselor to a Bishop (the leader of a local congregation), and been Sunday School President. He has sung in the choir, and has been called to serve in numerous other positions within the church.

Kovacs has over 15 years of dedicated military service as a commissioned officer. He received his commission through ROTC from Arizona State University. He is presently completing the final phases of his Command and General Staff College correspondence courses.

Kovacs is assigned to Headquarters, Sixth

U.S. Army where he is a Training Evaluation Officer for Inactive Duty Training of National Guard and United States Army Reserve component units. His job has him traveling throughout the Western United States and away from home several weekends each month. He also spends two weeks during the summer evaluating reserve units during their annual training which reduces the amount of time that he can support and participate in his family's activities. This makes the time that he does have available all that more valuable to him to spend with his family.

Monday night is designated as "family night" which is dedicated to family matters. One of the children is elected to conduct the meeting. They have prayer, sing songs, read stories together, discuss activities that are coming up, discuss and solve problems that family members are experiencing.

The beliefs of the Mormon Church and the creed of Scouting are the standards that the Kovacs' family live within concerning the use of tobacco, alcohol, and drug abuse. The threat of peer pressure is always there, but Tony and Genevieve believe they have taught their children how to decide and to know right from wrong.



Ken Davis, paint foreman, W.G. Thompson Company, paints the trim inside one of the rooms of the new Presidio Child Care Center.



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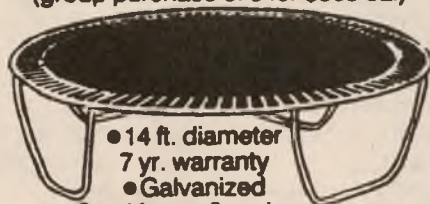
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# Advancements

## Engineer works for personal, professional progress

story and photo by Steve Morey  
(Second of two parts)

During the spring of 1987, 1st Lt. Krystal Krull exited the Army's Technical Enrichment Program (TEP) with a master of science in civil engineering. The Company C, 864th Engineers Battalion, lieutenant was then faced with the challenge of winning the respect of both her Vertical Platoon soldiers and fellow Presidio officers.

She arrived on post around the middle of June, 1987 and quickly realized the importance of her

presence within the military community.

"I think that I realize the significance of this job," Krull said, as she explained her feelings about the "Charlie Dawgs" and "Women in the Army."

### Learning process

"I think that this is one of the jobs which should help to determine the future of women in the Army," she said. "And, fortunately or unfortunately, on the Presidio, this (Krull's engineering assignment with Charlie Company) is very public, very noticeable."

"I would say that that's unfortunate because, for example, at Fort Hood, Texas and Fort Lewis, Wash., there are women engineering platoon leaders," who don't receive the attention Krull said she is receiving at the Presidio.

"They deserve as much, if not more attention, than I do," she said.

"All I can do is to try and make this work," she continued. "I really don't want any glory because the glory is going to come out of here...." Krull said, pointing to her heart, "...when I leave and I know that they [her soldiers] learned something, have grown, and maybe even miss me a little," she added with a slight grin.

"That, probably, is the most satisfaction that I could get out of anything."

The lieutenant, who has been in the Army almost four years, said that women need to understand that combat arms branches of the Army were built around men.

"Is that OK?," she asked. "Sure, you can't change the world in a day," Krull said, "And you can't expect the Army to change tradition overnight."

She went on to say that when she first arrived at the Presidio as the first-ever, female officer-engineer at Charlie Company, some people made, and continue to make, not-so-flattering comments.

"People talk," Krull said. "That's the kind of thing that slows down progress. I needed to learn that that stuff is going to happen. It happens when you go out in the streets. Someone's always going to look at you and say, 'Your hair's too short,' 'Your hair's too long,' or 'You do this or you do that.'"

"You just work around it...this whole thing is a learning process for everybody involved," she said.

"I don't want to get too tied up at work in the technical aspects of, 'Was that discriminatory?'" Krull said. "This is life, and the Army's part of life, things happen, whether you're in the military or not."

### Benefits

One of the benefits of the job comes from

counseling some of her 24 male engineers. "I don't know if being a female hurts or helps the situation," Krull said, "but, so far, the results seem to be encouraging."

"I try to conduct myself professionally," she explained. "Sometimes, while counseling, I put the guard down a little bit more which, I don't know, maybe a male officer wouldn't be able to."

"That's the hard part of this job—judging what is and isn't appropriate regardless of being a male or a female."

Krull said, "I would really rather have my guys know that I'm human than see me as just a 'figurehead.' I feel that's important to me because," Krull's eyes widened as she said, pointedly, "Face it, nobody will talk to you when they need help if you're not approachable."

"And I, as a woman or whatever, I guess as a person, need to be needed. I probably get as much out of the counseling as they do!" she said emphatically.

Krull explained that most men, throughout their lives, and in the Army, are around other men most of the time. Through these interactions different relationships—friend, teammate, coach, father—and behavior patterns are possible.

"But a woman has a fairly limited role among these relationships," Krull said. "And I think that things work out if [women] accept it and recognize that it's there."

"My goal is to work with the gentlemen on expanding our views of what a female can do. Like I said, it's a learning experience for all of us."

As for Krull's most challenging aspect of being an officer, it's "maintaining some sort of focus. I know that I feel sometimes that I have so much to do that I can't possibly do *anything* well....," she said, laughing.

However, the lieutenant said that one thing helps to make it all worthwhile: troop time. "Right now, to be honest, I don't see how it couldn't be the most enjoyable part of my career."

"I try to spend all kinds of time with my troops—and that sounds kind of corny—but I spend more time and get a lot more satisfaction," out of helping soldiers with daily needs.

These include helping the engineers enroll in classes at the Army Education Center; or making sure a soldier and his wife and children get to the Presidio and find a place to live; or helping out a couple with any number of potential problems.

"Ultimately...would my guys follow me [into battle]?" Krull asked. "Right now, I think they would. I feel that if that's the judgment factor [following me into battle], and if they would, then we must be doing something right."



1st Lt. Krystal Krull helps a soldier fill the seams in a ceiling at the new Self Help store.

## CPO vacancies

These are some of the vacancies listed by the post's Civilian Personnel Office (CPO).

USAISC-Presidio, Resource Management and Plans Division, is looking for an **Information Resource Manager, GS-301-12**. The closing date for applications is Dec. 7, and the area of consideration is Army-wide.

**Requirements:** Three years of general experience *plus* three years of specialized experience (specialized ex-

perience is administrative, program, or managerial experience in a type of work or combination of functions directly related to the duties of this position). Applicants must have served at least one year at or above the GS-11 level in the federal service.

**Biological Laboratory Technician, GS-404-7.** Located at Letterman Army Institute of Research (LAIR), Directorate of Environmental Hazards, Pathology Division, Presidio of San Francisco. The clos-

ing date for applications is Nov. 27. The area of consideration for this position includes qualified employees served by the post's CPO.

**Requirements:** GS-7, two years of general experience, plus three years of specialized experience (five years total).

**Respiratory Therapist, GSS-651-7,** located on the Presidio. The closing date is Dec. 14, the publicity zone includes California, Nevada and Arizona. **Requirements:**

At least one year of experience at the grade GS-6, and have a knowledge of care for acute and chronic respiratory disorders.

**Note:** Complete qualification requirements and education substitution for each of these positions are outlined in X118 Qualification Standards and are available for review in the CPO. Applicants can call the personnel staffing specialist, Jackson Roach, at AUTOVON 586-5750, or commercial (415) 561-5750.



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## MOBEX '88

## Units mobilize at Presidio for Proud Scout

story and photos by Steve Morey

Presidio of San Francisco units processed members of the 445th Civil Affairs Company, Oakland Army Base, Nov. 14 and 15 at Parks Reserves Forces Training Area (RFTA) for Exercise "Proud Scout/MOBEX 1988."

The civil affairs company was one of many reserve units chosen by the Department of the Army (DA) to take part in MOBEX '88. The mobilization exercise was designed to test how well the Presidential reserve call-up system would work in the event of war.

From all indications, the Presidio, Parks RFTA and the 445th are prepared and ready to support American forces overseas.

"The exercise is going very well," said Lt. Col. Donald M. Hoag, commander of the 445th Civil Affairs Company, as he watched nearly 100 of his soldiers get in-processed by Presidio personnel.

Seven stations were staffed with members of post units like Staff Judge Advocate, Finance and Accounting, Directorate of Logistics and Army Community Service. The seven stations, organized by Presidio's Directorate of Personnel and Community Activities (DPCA), were located on the second floor of Bldg. 340 at Parks RFTA.

Sgt. 1st Class Joel G. McElhannon, personnel operations NCO, was responsible for moving Presidio personnel and equipment to Parks RFTA.

"I've been very impressed with the preparations of the Presidio and Parks staffs to receive and process our soldiers," Hoag said.

"To the best of my knowledge, we're the only reserve unit (out of 40) within the Presidio area who brought our *whole* unit to participate in this exercise."

The 445th is under the command of the 364th Civil Affairs Brigade, Portland Ore., which in turn is subordinate to the 351st Civil Affairs Command, Mountainview, Ca.

According to a Department of the Army directive, the multi-service, Joint Chiefs of Staff (JCS) worldwide operation was designed to exercise and



SP4 Rory D. Remenak (left), 445th Civil Affairs Company, Oakland Army Base, is interviewed by SP4 Tajammul Hussain, records clerk, Presidio Personnel Service Center.

evaluate plans, policies and operational procedures for responding to selected multi-theater crises.

Presidio personnel operated out of Room 110, Bldg. 220 on post during the two-day exercise as the Support Installation/Coordinating Installation (CI/SI).

The Presidio's job during Proud Scout (as it would be during an *actual* mobilization) was to assist reserve component units, such as the 445th Civil Affairs Company, in Preparation for Overseas Movement (POM).

The Presidio also acted as a Mobilization Operations Center (MOC) during the exercise. Members of the Directorate of Plans, Training, Mobilization and Security (DPTMSEC) handled the command duties during the entire exercise.

During the 12th through 20th days of Proud Scout, members of DOL, TOPCAT and the Directorate of Engineering and Housing (DEH) contributed daily units reports to the MOC.

However, during "actual" exercise days 14 and 15, DPTMSEC and DOL offices were transformed into a Reception Station (RS) to handle the reservists' inprocessing.

Additionally, the Presidio sent an inprocessing and POM team to Parks RFTA the morning of the 14th and completed inprocessing the 445th within five hours.

"The operation has gone smoother than we had expected," Maj. Lewis A. Schatz, 445th's executive officer, said at approximately 3 p.m., two hours into the exercise.

"We were expecting some 'glitches' but we haven't hit any yet," Schatz said. In fact, the company was completely in-processed by the Presidio staff by 5:30 p.m. without any major delays or problems.

This was due in part to the efforts of Presidians such as Master Sgt. Norman G. Michaud, who acted as a Class-1 supply and subsistence supervisor during the exercise.

Michaud, who is actually the post's food service supervisor, said the objective of the Presidio crew at Parks RFTA was "to get as many soldiers processed in the shortest amount of time possible—and as completely and thoroughly as possible as well. We're looking for quality in addition to speed."

Presidio members seemed to be doing just that as 445th soldiers appeared to be moving right along through the seven stations.

"Things are going very smoothly," observed Maj. Dee Garder as she was processed at the SJA station for power of attorney matters. Garder, who is the company's special functions section leader, said it helped that her records were in good shape as well.

"This type of exercise was well past due," she added. "I think the regular Army is starting to look more closely at the reserves as a force capable of mobilizing. Their recognition of us supports the 'one-Army' concept."

According to Maj. Linda Shaver, 445th's operations officer, the company's command staff was expecting some sort of problem when they received the alert to mobilize.

"Once the mission was declassified our personnel were told about the Proud Scout exercise," Shaver said. "We had been selected to be a part of the mobilization exercise and [we] were ordered to report [to Parks RFTA] with personnel and equipment."

"We're pleased with the outcome of the exercise," Shaver said, adding that she was anxious to see how *all* of the company's equipment was going to fit on the trucks.

Maj. Kenneth J. Olsen, mobilization officer, agreed with Shaver, adding that the company "really got the chance to test and load the unit and equipment for the convoy (to Parks RFTA)."

"Since we're expected to support U.S. forces in the Pacific Rim area (countries which touch the Pacific Ocean) within a moment's notice," Olsen said, "we must be able to mobilize quickly in the event of a disaster."

Hoag, the company commander, said, "During an actual war it would take us about two weeks to process and train for overseas duty. This exercise gives us a very good idea of where our weaknesses and strengths are."

Although results of the exercise have yet to be correlated and analyzed, Hoag explained, he expects "extremely positive and upbeat results from Proud Scout '88."

The reservists slept overnight in barracks, awoke the morning of the 15th and prepared to return to Oakland Army Base. Later that afternoon, they left for home in the same manner as they arrived at Parks—in a "convoy."

All in all, it appears that the three organizations proved they have the "can-do" spirit of the U.S. Army.



Pvt. 2 Kenyatta A. Davis, 445th Civil Affairs Company, Oakland Army Base, fills out information for I.D. Card Section's Richard Hollingsworth.



# Clocks cleaned at HAAF

story and photos by Pleasant Lindsey

Feet flew, bodies weaved and heads were rocked with explosive jabs in the gymnasium at Hamilton Army Air Field (HAAF) Nov. 22—but this was *not* a riot. The guys in this fight were battling their way to the Olympic Games.

Hamilton hosted the California State AAU Kung-Fu Championships, Nov. 22. If you've never been to a kick-boxing tournament, then you may have missed one of the most exciting sports pitting man against man.

But first let's make a clarification—kick-boxing is a bit different than a Karate tournament. In a typical Karate match, the opponents try to score points by making light contact and displaying their finesse. However, kick-boxing is what the name implies. It's kick-boxing.

The AAU contestants did everything from flying and spinning in the air while kicking, to mixing it up with their opponents on the ropes. This is the only sport where a good combination could include a left jab, a right hook and a kick in the teeth. Well, some marbles were shaken loose in the tournament.

The tournament was not a military sponsored event, but there are soldiers and sailors stationed in the Bay Area who participate in AAU tourneys.

The tournament Nov. 22 featured coach Julius Young and his team from Treasure

Island Navy Base. His team included Seaman Apprentice Kenneth Kelly, and PO3 Shannon Rochester. These two were fighting for Navy team points and championship points. Plus, Young coaches the bay area's All-Military team.

But the contestants didn't have time to worry about their coaching when they stepped into the ring.

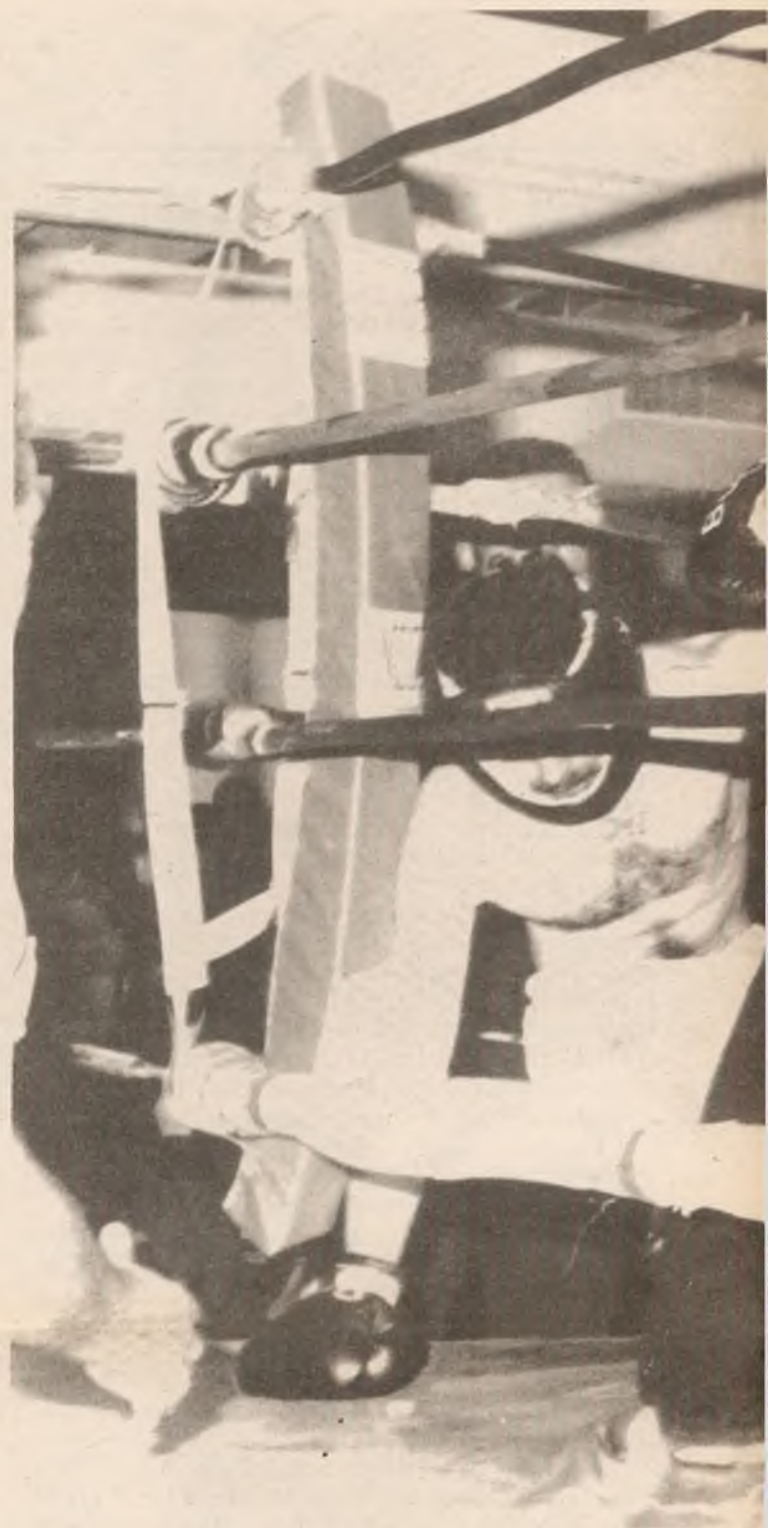
If you like boxing, kick-boxing may prove to be more of a challenge just to watch. The knockout blow can come from any direction and the bout can end quicker than you can blink. Some of the AAU guys were LARGE, and some were deceptively slight.

For instance, Jim Caggert won a two-round match against Ben Rodriguez with a technical knockout that left the stumpy-built Rodriguez a little dazed. If you didn't know that the wiry Caggert weighed as much Rodriguez, you wouldn't have guessed from looking. But, Haggart had the swift kicks and a heck of a right.

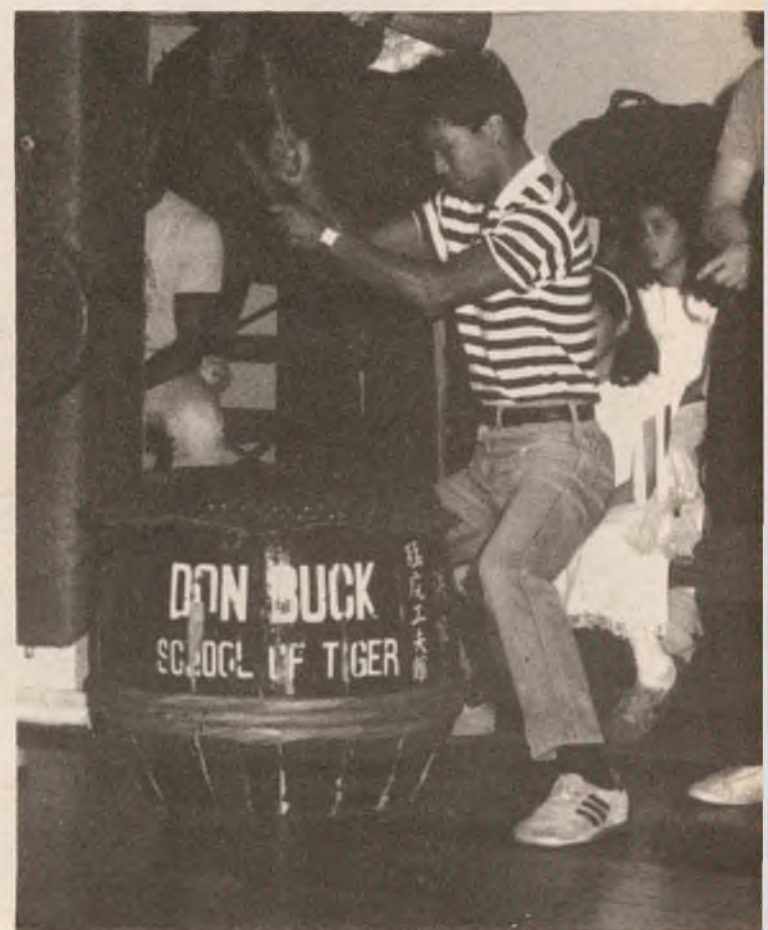
On another card, Luis Altamarino and Joseph Pinchard squared off in the 160 pound weight class. This was the first full-contact bout for either one of them, and during the first round looked like it would be the best fight of the night. However, Altamarino nearly knocked Pinchard out just seconds before the round ended, and the fight was stopped 40 seconds into the second round after Pinchard had been knocked dizzy for the third time in the match.



S. Lima, from Brazil, practices for his first California appearance.



Sean Wheeler decks a dizzy S. Lima in the second round.



Each bout began with a traditional drum roll.

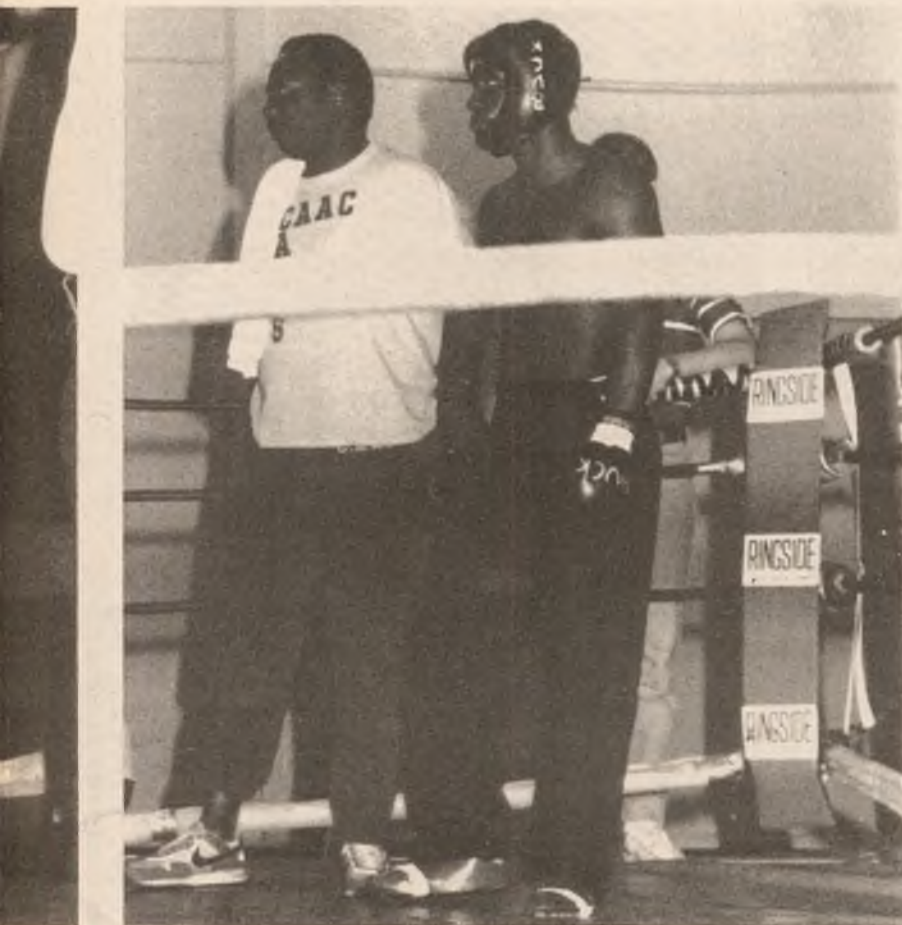




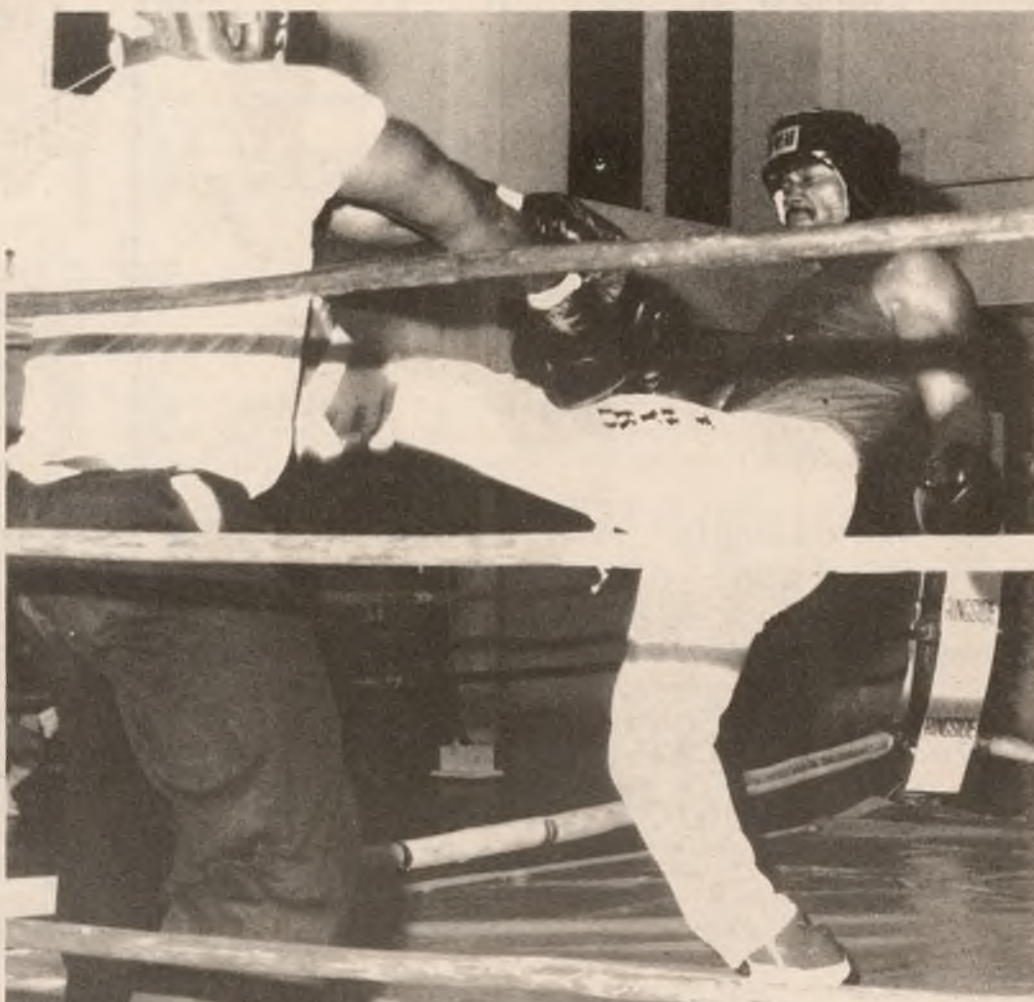
d of their match, for another Navy victory.



Eddie Nishima adjusts his foot pads in the locker room.



Julius Young and his fighter, Sean Wheeler, wait for Wheeler's opponent to enter the ring.



Tim "T" Byrd of Santa Rosa drives back Treasure Island's Kenneth Kelly with a kick to the midsection in their heavyweight battle.



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# Sports

## COE takes doubleheader

story by Steve Morey

Corps of Engineers (COE) swept a flag football "doubleheader" over Defense Language Institute, San Francisco (DLI-SF) Nov. 23 to win Presidio's 1987 Championship at the Fort Scott field.

In the post's version of "Monday Night Football," COE had to come from behind in the last two minutes of both games to take their second consecutive post title.

The second game was necessary by virtue of DLI-SF's 2-0 record in the double elimination playoff system. COE, having lost one earlier postseason game, needed the two victories over regular season champs, DLI-SF, for the championship.

Both games were similar in several ways. Each team's defense, highly regarded by the Presidio Sports Branch (SB), dominated the other's offense for the majority of each game.

Also, COE, the second-place finisher during the regular season, scored the first and last points of both games. Additionally, the teams each featured mobile quarterbacks capable of scrambling for that extra yard when needed.

In the waning moments of the first game, COE's field general, Jim Trautner, bootlegged 25 yards on a fourth down play. This play set up a Trautner-to-Gary Zodrow touchdown pass to tie the score at 13-13.

Trautner then fired a point-after strike to Mark Courting, to complete COE's first come-from-behind victory, 14-13. Courting was voted the most valuable offensive player of the playoffs by the SB staff.

The first game was highlighted by time-consuming offensive drives by both teams. However, as the score may indicate, it was the defenses which prevailed.

Helping to shut down the COE offense was DLI-SF's Clifford Jones, the post-seasons most valuable defensive player.

Jones seemed to cover the entire field, dropping back to cover the deep patterns and rushing forward to thwart COE rushing attacks.

The second game opened with both sides turning the ball over on downs. COE got the ball back and made good on their second first-half possession.

Trautner rifled a 15-yard pass to Mark House as he waited on DLI-SF's goal line.

House leaped high between two DLI-SF defenders to catch the bullet for a touchdown. The extra point pass failed; COE led, 6-0.

DLI-SF quarterback, Tony Brown, brought his team back down the field after the kick off. Brown flipped a screen pass to Jones who used two blockers to advance the ball to the 10-yard line of COE.

On the next play, Brown *faked* the same screen pass, choosing instead to run a quarterback draw up the middle for six points. He followed up the touchdown with a point-after dash to put DLI-SF on top, 8-6.

The second quarter began with COE on the attack. Trautner passed to Courting, Zodrow and Philip Carr to push the ball to DLI-SF's 15-yard line. Another Trautner-to-Courting connection resulted in a COE 12-8 lead as the point-after run failed.

COE *could* have had at least a 16-8 halftime lead if Jones hadn't picked off a Trautner pass at the goal line with 10 seconds left.

The third quarter was a scoreless duel as the big "D" stopped each others' offensive surges.

The final frame of flag football for the season featured a DLI-SF 16-12 lead for most of the quarter. Brown hit Barzelle McKinney for a 32-yard touchdown strike with Brown adding a two-point conversion.

However, COE charged down the field on the running of Trautner. On fourth down, the quarterback scrambled 27 yards for a first-and-goal at the DLI-SF 15 yard line. Then, on a timing pattern, Courting was waiting in the left corner of the end zone for a perfectly thrown Trautner pass.

COE added a point-after pass to close the scoring at 19-16. COE sealed the victory with a last-second Jack Rafferty interception.

Rafferty, who is the engineers' player-coach, attributed his team's championship victories to "awesome defense and an offense (which) scored when it had to."

If you were watching "Monday Night Football" on television Nov. 23, you may have missed the game which was played in your own backyard.



Mary Lynn Bement (30) fires a jump shot for two points in the Presidio Women's 66-60 win over Castle Air Force Base, Nov. 21.

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# Sports

## Sports Notes

### Turkey Shoot golf tournament

The Sports Branch Turkey Shoot golf tournament was held Nov. 19 at the Presidio golf course. Forty-two golfers participated in ideal golfing weather.

The following winners received turkeys:

#### Open Division

##### Low gross

1st place: Mike Stumpko, Co. A, LAMC;

2nd place: Randy Slade, PAGC.

##### Low net

1st place: Gary Burrell, HQ, 6th Army;

2nd place: Keith Chapman, LAIR.

#### Seniors Division

##### Low gross

1st place: Herbert Engelhardt, Co. A, LAMC;

2nd place: Louis Caviglia, HQ, 6th Army.

##### Low net

1st place: Mike Whitten, HQ, USAG;

2nd place: Thomas Robinson, CRD, DPCA

#### Calloway Division

##### Low gross

1st place: Daniel Lee, Co. A, LAMC;

2nd place: Gary Locario, Hosp. Supply.

##### Low net

1st place: Mark Gordon, Co. A, LAMC;

2nd place: John Taimanglo, RGPSPF.

### Christmas bowling tournament

Entries are now being accepted for the Presidio Christmas Handicap Bowling Tournament. Team events

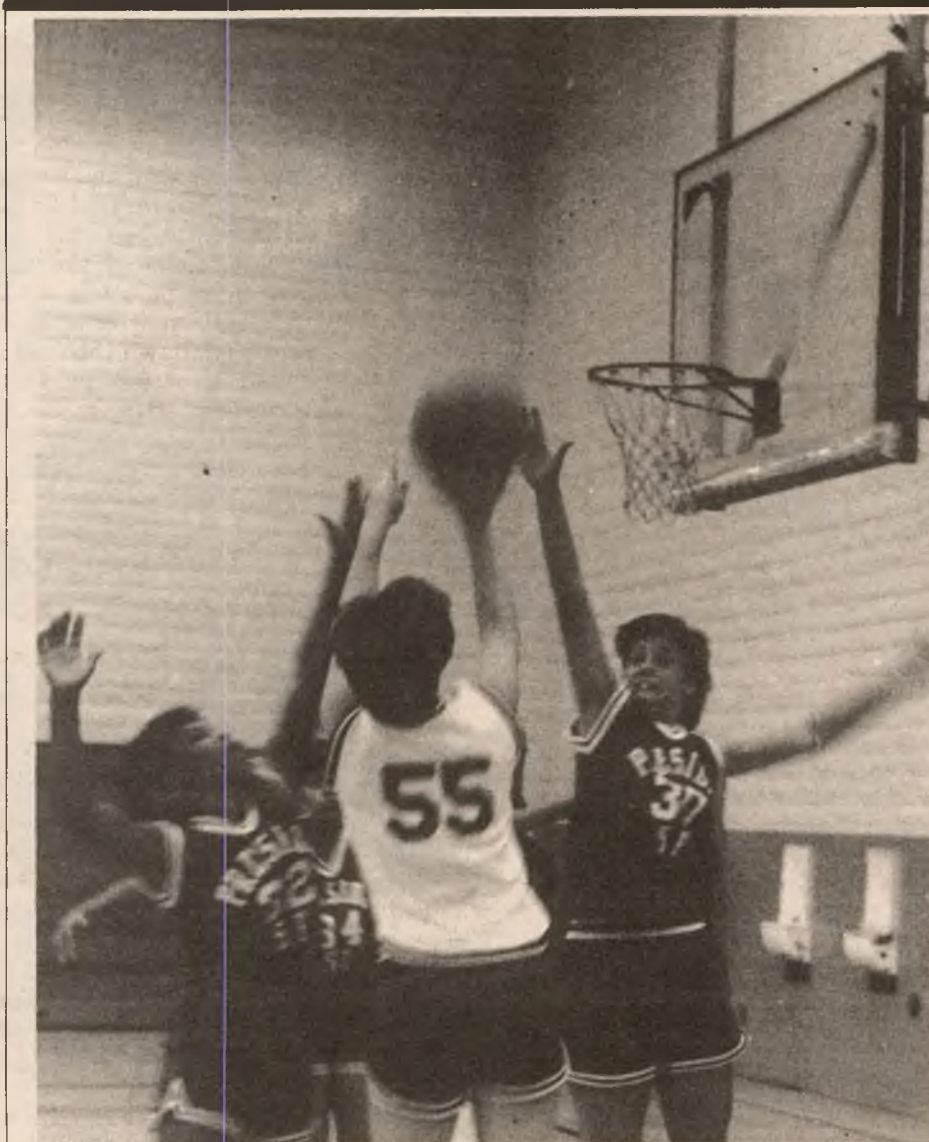
### FORSCOM wrestling

The 1988 FORSCOM Wrestling Championship will be held at Fort Campbell, Kentucky, Jan. 22-23, 1988. All interested active duty soldiers should call Sandy Cornett at 561-4120 or 561-5032, or visit Gym No. 1, Bldg. 63.

(4-person team, male or female) is scheduled for Dec. 21 and 23, starting at 2 p.m., and singles and doubles events are on Dec. 28 and 30, with squad times at 1 and 3 p.m.

Handicaps are based on 80 percent difference of 180 (1986-87) book average; current league average is based on 21 games or more, or 1987 summer league average. Bowlers without an established handicap will bowl scratch. Entry fee is \$5 per event, per bowler. Entry blanks are available at the Presidio Bowling Center on a first come, first served basis. Entry deadline is Dec. 17.

For more information, call Bobbie Gascon at 561-5032 or 561-4128.



Angela Collins (32) and Mary Lou Bement (30) Stop an opponent outside the lane to help maintain their win. The Presidio Women's team is 3-2 for the season.

## Jimmy the Freak's picks of the week



**Hi, Guys...**not such a good week for "The Freak" in picking winners for last weekend's games. The teams are getting so unpredictable that it's nearly impossible to forecast how they will do—it's like trying to predict when federal employees will get their next pay raise—it depends on omens and other factors normal people just cannot fathom. I promise to try harder in the future. I'll read tea leaves...flip tarot cards...use a little windex on my crystal ball...*anything* to get a clearer picture of the NFL.

A few things you can take to the bank are—Al Davis is not sleeping very well, as he attempts to find a

way to get his players to play more viciously with no regard to human decency or pity. Sorry, Al, all of *those* type of people have good jobs with the *I.R.S.* Also, Tex Schramm is straining to find a way to tell Tom Landry that it's not 1975 anymore, and that he has to coach with some 1980's ideas in mind—like overuse Hershel Walker as the Rams did with Eric Dickerson. Finally, Frank Gansz of the Chiefs should be looking in the want ads for next year's job. You just can't talk your way into the playoffs. Hey, Frank...there might be an opening for a television evangelist. Check it out, Bubba...

### San Francisco 27, Cleveland 23

This should be the closest contest played this weekend. Both teams are playoff contenders, and this could very well be a preview of the next Super Bowl. The only difference will be the home field advantage and the fact that Joe Montana has more experience in tight games than "Brillo" Kosar. The Browns should plan on having three or four guys watch Jerry Rice.

### Chicago 34, Green Bay 14

This is the easiest game to call.

The Bears should treat the Packers like loggers at a Sierra Club meeting. Make sure your insurance premium is up to date on Randy Wright. He'll be the "Wright" man in the wrong place.

### Seattle 30, Los Agony Raiders 13

This is getting downright pitiful. The Raiders are so inept that I'm starting to feel a little bit guilty for picking on them and their owner. Wait a minute...maybe not that guilty...it's like that old axiom...*"What goes around, comes around"*. All those years of sticking fingers into facemasks and piling on fallen foes has finally caught up to Davis' demented desperados. The score could be worse for the boys in silver and black.

### Upset of the week No. 1 Cincinnati 27, New York Jets 16

The Jets just do not seem inspired or hungry enough to play hard. Maybe it's the toxic fumes from the garbage dump under their stadium. Anyway, the way they're playing, there's piles of waste on top of the ground as well as beneath it. The Bengals are no great shakes, either...but they will play better if only to save Sam Wyche's job. Look for a monster game by Boomer Esiason.

### Upset of the week No. 2 New York Giants 24, Washington 20

If I had known that Phil Simms would not play against the Saints, I never would have picked the Giants to win. If Simms plays this week, I'll stick with this prediction. If not...pass the war paint and stock up some fire water.

### Upset of the week No. 3 Tampa Bay 28, Los Aggravated Rams 21

I don't know why I pick'em like I do...thinking about the Bucs gives me a warm feeling all over...like a slight case of the flu. Thinking about the Rams gives me hives. Must be allergic to cheap wool.

### Upset of the week No. 4 Pittsburgh 23, New Orleans 19

Let's just hope that there's a blizzard and temperatures nearing zero when these two teams get together in Pittsburgh. The Saints are good in gumbo weather, but a little frostbite and sleet might just put a little crimp in their plans to catch the 49ers.

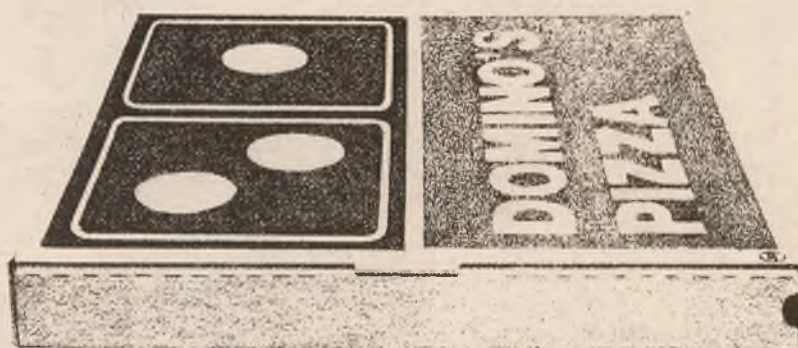


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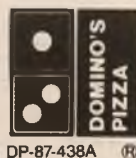
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# Community Calendar

## Swashbucklers

Explorer Post 552 meets each Monday and Thursday in Gym No. 2, Bldg. 1152, from 5:30 to 6:30 p.m., and features a unique *slice* of excitement. Post 552 is dedicated to the fine, swashbuckling art of fencing, or swordsmanship. The post is jointly sponsored by the Boy Scouts of America, the Letterman Fencers' Club and the Presidio of San Francisco.

Foils, masks and jackets are supplied, but you need to purchase your own fencing glove after you join the Post. In fact, you can call Dennis Fong at 922-1159, and he will give you all the information you need about Post 552. If you are between the ages of 14 and 20, you can learn what true swordsmanship is all about.



## Steeriike!

Talk about being in the right place. 1st Sgt. Lee O. Fuhrmann, Headquarters Company, rolls a perfect strike just as the picture is taken. The Family Bowling Fun event at the Presidio Bowling Center signaled the beginning of Army Family Week on post.

through Saturday. Phone number is 561-3992.

## Dickens Christmas Faire

The Dickens Christmas Faire is running weekends through Sunday, Dec. 20 at Pier 45, Fisherman's Wharf. The fair, which is being held indoors, is open 10 a.m. to 9 p.m. Saturdays and 10 a.m. to 7 p.m. on Sundays. Some of the Victorian highlights are: The Children's Christmas Pantomime; Music Hall Sing-A-Longs; Winter Waterfront Marketplace of Rare Crafts; and Feast Foods of the Season. Participants are invited to dress for the Victorian holidays. Tickets are available at ITT for \$8.50.

## Warriors basketball

Enjoy Warrior Basketball with the ITT office. A great selection of tickets are on hand. Plan on visiting this office soon, as the most popular games, such as the Los Angeles Lakers and the Boston Celtics, go quickly. So, "What are you waiting for?" Call ITT right now at 561-3992.

## Youth basketball, cheerleading

You may sign up at the Youth Activities (YA) Office through November for Youth Basketball and Cheerleading. YA Sports will be in the CYO Basketball League for grades 4 through 8; and the San Francisco Park and Recreation Basketball League for ages 17 and under. The

CYO registration fee is \$15 and the S.F. Park and Recreation League fee is \$10.

Cheerleading is for grades 5 through 10. The registration fee is \$12.50.

Both programs will begin practice in December and league play begins in January. Volunteer coaches and supporters are needed for these programs.

For more information, call Youth Activities at 561-5143 or come by the Sports office in Bldg. 1331, Fort Scott area.

## Correspondence update class

The Education Center will conduct a special class highlighting recent changes to AR 340-15, Preparing and Managing Correspondence, on Dec. 4, from 8 to 10 a.m. This free course is designed for supervisors, chief clerks, secretaries and others responsible for correct Army Correspondence. To enroll, call 561-2974 or 561-4445.

## OWC luncheon

The December Luncheon of the Presidio Officers' Wives' Club will be held Thursday in the ballroom of the Officers' Club. Social hour begins at 11:15 a.m. with luncheon following at noon. A short musical program and carol singing will be given by the Presidio Singers. Call Mary Joe Swift at 775-1913 or Ione Andreen at 386-2189 for reservations.

## ACS Loan Closet

Do you have items from the Army Community Services (ACS) Loan Closet? If so, ACS needs your help in getting them returned to bldg. 914 (behind the Clothing Sales Store), to make them available to other families newly arrived to the Presidio. Because of the recent fire, most of the remaining loan closet items were either destroyed or damaged beyond repair.

Won't you please save us the time of using our card file to recall all overdue loans and return them to the location above?

Thank you for your cooperation.

## USO job search

Nine spouses of soldiers have found work in the past seven weeks through USO's Job Search Program. Are you looking for work? Contact Ruth Ann Dorsey at Bldg. 223 (basement), Tuesday through Friday, from 9 a.m. until 4 p.m., or call 561-2436.

## CPO training courses

The Civilian Personnel Office (CPO) Training Calendar of Courses for fiscal year 1988 should be distributed in a few weeks. Meanwhile, here are the upcoming classes for December.

**Beginning LOTUS 1-2-3**, on Wednesday and Thursday, and Dec. 9 and 10, from 7:30 a.m. until 12:30 p.m. Students will learn the basic application and operation of this software. Classes will be held at the Army Education Center (Fort Scott area), Bldg. 1216.

**Pre-Retirement Planning Workshop**, Dec. 7 and 9, from 8 a.m. until 4 p.m. This workshop is offered to employees who are eligible for voluntary retirement within the next five years. This class will be held in the Audio-Visual Auditorium, Bldg. 603.

More information on CPO classes is available by calling the Training and Development Division, CPO, at 561-2554.

## Litter pickup

Litter pickup and on-call collection requirements that were previously accomplished by pot police and DEH personnel (packing boxes, grass clippings, old furniture etc.) are now being done by civilian contract. Requests for all litter pickup and on-call collection requirements should be directed to the Contract Services and Utility Sales Branch, DEH. Please call 561-6000, 561-3769 or 561-6026.

## Thrift Shop

The Thrift Shop is accepting Christmas items on consignment from now through Dec. 17. Located in Bldg. 204, the Thrift Shop is open Tuesday through Thursday from 10 a.m. until 2 p.m., and the first Saturday of each month from 10 a.m. to 1 p.m. The consignment desk closes one hour prior to the Thrift Shop closing time. Phone 922-3384 for more information.

## Commissary hours change

Effective Dec. 15, the Commissary will change its operating hours on *Tuesday only*. The present operating hours (10 a.m. to 6 p.m.) will be changed to 11 a.m. until 7 p.m. The new Tuesday hours will give patrons one additional late shopping night each week.

## Welcome Packets

ACS has the newest edition of Welcome Packets free for Presidians in Bldg. 914.

Each packet offers maps, phone numbers and other valuable information for Presidians who want to know their post even better.

## Discount tickets

The ITT Office is offering an array of discount tickets for upcoming events. Brief descriptions of these events are listed below. ITT is located in Bldg. 135 (Golden Gate Community Club) in the left alcove off the main lobby. Operating hours are: 9:30 a.m. to 6 p.m., Tuesday

## At the movies

### Presidio Theatre

Fri, Nov. 27	The Big Shots (PG-13)	7 p.m.	Tue, Dec. 1	Dirty Dancing (PG-13)	7 p.m.
Sat, Nov. 28	Prince of Darkness (R)	7 p.m.	Wed, Dec. 2	Dirty Dancing (PG-13)	7 p.m.
Sun, Nov. 29	Prince of Darkness (R)	7 p.m.	Thu, Dec. 3	No Man's Land (R)	7 p.m.
Mon, Nov. 30	Prince of Darkness (R)	7 p.m.	Fri, Dec. 4	No Man's Land (R)	7 p.m.



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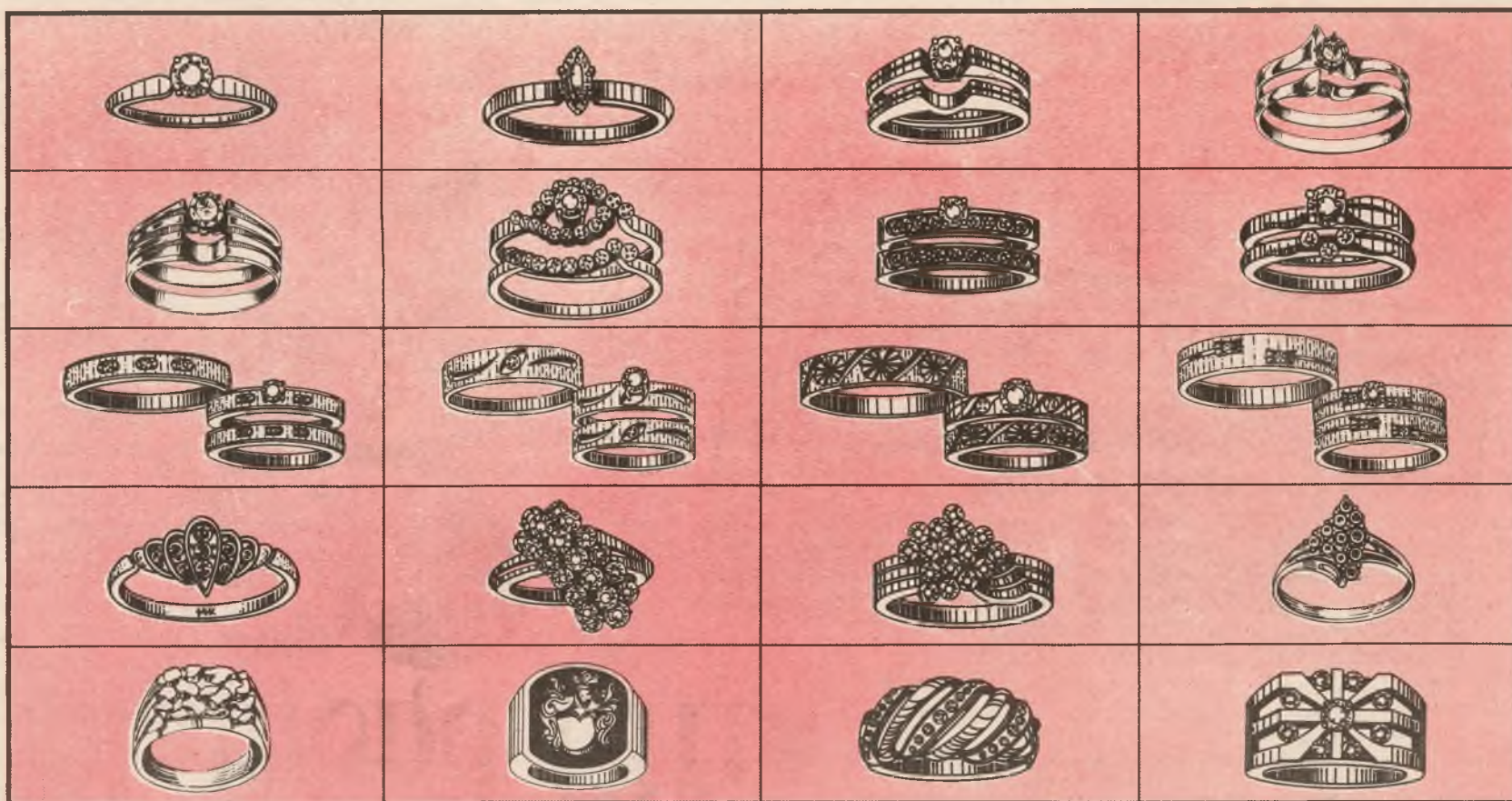
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page 9

**Football:** COE  
post champs,  
page 13

# Star Presidian

Vol. 30, No. 47

"Published in the interest of the people of the Presidio of San Francisco."

Dec. 4, 1987

## News Briefs

### ITT moves

The Information, Tickets and Tours (ITT) Office is relocating Thursday to Bldg. 215, across from the Post Office. ITT's new hours will be from 10:30 a.m. to 1 p.m. and 2 p.m. to 6 p.m. Monday through Friday. ITT offers a wide array of discount tickets to the state's major attractions and special events including Disneyland, Golden State Warriors basketball games, and the San Francisco Ballet's performance of "The Nutcracker." ITT also offers the latest information, maps and publications for lodging across the state.

### Command meets with Presidio parents

The status of the Presidio's Child Development Center will be addressed in a meeting between the Command and concerned parents in a Dec. 11 meeting scheduled for 4:30 p.m. in Schwartz Theater.

The Center, which was closed on a temporary basis on Nov. 25, has been undergoing repairs and cleanup as required by a Department of the Army Inspection and Evaluation Team which visited the facility in early November.

Additionally, 44 members of the Center staff have been involved in intensive training which was also identified as needed by the team.

Parent and soldier volunteers, as well as workers from the Presidio's Directorate of Engineering and Housing, have been working since the center's closure to correct the identified deficiencies.

Once these corrections are made, the Command will request an inspection from US Forces Command (FORSCOM) and, if passed, will reopen as soon as possible. At publication time, it was hoped that the center could reopen as early as Dec. 14.

### Register children for S.F. school district

Registration in the San Francisco Unified School District for the 1988/89 school year has already started. Registration for the assigned school is done at the school on a first come, first served basis.

The Presidio is divided into three elementary school zones, and assignments are based on the address of family quarters. Registration should be done immediately for children entering Kindergarten because space is limited in San Francisco for this age group. Parents should call Army Community Services at 561-5057 or 561-5156 to get the name of the school that serves their area, or call one of the following schools for information:

Alamo, 752-8244; Cabrillo, 752-9237; or Golden Gate, 931-0449.

Registration for a school other than the assigned school (such as Argonne, John Sweet, Lilienthal, or Sherman), requires an optional enrollment request. This request is obtained and submitted at the school of choice until Dec.

see Briefs, page 3



Volunteers paint one of the rooms of the Presidio Child Development Center while more volunteers cover the glass and trim in another room.

## Child Center nears completion

story and photos by Pleasant Lindsey

Soldiers, parents and other volunteers are adding their muscle and time to erase deficiencies and help reopen the Presidio Child Development Center.

Volunteers, along with Presidio of San Francisco Department of Engineering and Housing (DEH) employees, have been making a massive cleanup and improvement drive since the Thanksgiving holidays in an effort to get the Center reopened.

While DEH workers performed maintenance work, 27 soldiers from Company G, Defense Language Institute-San Francisco (DLI-SF) and a host of other volunteers cleaned beneath the buildings, painted rooms and cleared foliage from the areas that make up the center.

Maj. John Davis, Deputy, Director, Plans, Training, Mobilization and Security (DPTMSEC), and Maj. Michael Whitten, Executive Assistant, Presidio Post Headquarters, supervised the project.

"We all grabbed brushes, axes, rakes...whatever was needed to do the work," Whitten said.

Whitten said the post commander, Col. Joseph V. Rafferty, determined that a massive volunteer effort, used together with DEH workers, would be able to accomplish more work in less time than it would take DEH to perform the whole project alone.

"The commander felt that if we had DEH and the Center's staff do all the work, it would take a long time to get the Center reopened," Whitten explained. "With volunteers aiding DEH, the commander hopes to have the Center re-opened in

two weeks."

Whitten said about 60 volunteers initially participated in the restoration effort when the call for volunteers was put out last week.

The call for volunteers was sent out Nov. 24 by Sara Anderson, installation volunteer coordinator. Volunteers started working at the Center on Nov. 27, the day after Thanksgiving, and continued working through the week.

"The weather has caused some problems," Whitten said, "but work has continued through the week and we hope to be able to announce on Dec. 11 that the Center will be reopening."

Whitten said if volunteers are still needed through this weekend Presidians could still have a chance to get involved with this self-help project by calling the Center to donate their time.

"Or volunteers could just come by in their work clothes, ready to pitch in and help," Whitten said.

The initial influx of volunteers has already corrected all of the deficiencies in the playground area, corrected all of the fire hazards in the Child Center area, and removed junk and trash from beneath the buildings.

"We found screens, toys and lumber, all of which are fire hazards, lying under the buildings," Whitten said. "The areas beneath the buildings were fenced in so no children could get injured trying to get to the toys; but the clutter posed a fire hazard, so the soldiers who volunteered went in and cleaned the areas."

Whitten said that deficiencies in the playground area consisted of probable hazards—things that

see CDC, page 3



# Voices

## Pearl Harbor patriots honored Monday

by Steve Morey

December 7, 1941.

Generally speaking, anyone over the age of 30 recognizes this day immediately. However, the date may be relatively obscure to "young" soldiers such as myself. I'm usually reacquainted with this time in military history about a month or so before it is officially recognized each year by United States citizens in ceremonies throughout the country.

One such ceremony Monday will take place at 9:15 a.m. aboard the docked USS Enterprise at Pier 3 in San Francisco Bay. The 85,600-ton Enterprise, the eighth ship in U.S. naval history to bear that name, is the world's first-ever, nuclear-powered aircraft carrier.

Lt. Col. Timothy P. Gilbert, commander, Headquarters Command

Battalion, Presidio, will be one of the guest speakers during ceremonies Monday.

The ceremony, of course, will honor those Americans who fought and died during the brief and bloody battle known as Pearl Harbor.

The sixth Enterprise, a 19,000-ton carrier, was a fortunate non-participant in the morning attack on the U.S. naval base of Oahu, Hawaiian Islands. On the other hand, nearly the rest of the 94 vessels of the U.S. Pacific Fleet were destroyed, including eight battleships.

An overcast Sunday morning 46 years ago might seem like a lifetime ago to some people. Then again the "brief", but surprise, air attack by Japanese bombers which began at 7:55 a.m., probably seemed like an eternity to those Americans

underneath the falling bombs and bullets.

When the Japanese bombers and submarines returned to the open sea after their two-hour attack, they left almost 3,600 Americans dead or wounded. The following day the United States Congress declared war on Japan, officially entering our country into World War II.

I could list facts and figures about the political and military and economic effects of Pearl Harbor and World War II. But I've something more important to say.

You might ask, "What's so important about honoring a battle or a war which occurred almost 50 years ago? Or even 20 years ago? It seems like there's always a day set aside for honoring some war or another."

Veteran's Day. POW/MIA Day.

The reason is simple. We remember our fellow American patriots, who have died while protecting this great country, to keep alive the spirit of freedom we all share and enjoy.

There's no doubting that what happened at Pearl Harbor on December 7, 1941 helped—not hindered, as the Japanese planned—to pull our nation together.

Monday at 7:55 a.m., while you're beginning another work week as a U.S. citizen, pause and reflect. You don't have to be over 30 to appreciate the efforts of the 2,403 Americans who died at Pearl Harbor. They didn't have much of a chance to fight back.

But we have a lifetime to remember—and to silently thank them.

## Ramblin' Sam

"Should Christmas decorations be up this soon? Why or why not?"



Teresa L. Elder, military personnel clerk, Military Personnel Division, DPCA: "Yes, I think they should because it starts to get people in the holiday spirit."



Darren Bartholomew, supervisor, food service company, San Francisco: "Sure. It creates a festive mood at an earlier time so the anticipation and expectations and fun are that much greater."



PFC Debbi K. Horton, reassignments clerk, Enlisted Personnel Branch, PSC: "No. Next week would be better. It's a tradition in my family to wait until two weeks before Christmas."



Maj. Robert J. Harren, chief of analysis branch, DCST, 6th U.S. Army: "Yes. They ought to be up the day after Thanksgiving to get everybody in a holiday mood as early as possible."

## And the soldier dreams of the battles won....

A touch of night on the hilltops gray,  
A dusky hush on the quivering Bay;  
A calm moon mounting the silent east—  
White slave the day-god has released;  
Small scattered clouds  
That seem to wait  
Like sheets of fire  
O'er the Golden Gate;  
And under the heavens growing dim,  
With a seeming pause on the ocean's rim,  
Like a weary lab'er, sinks the sun  
To the booming crash of the sunset gun.

All over the long slopes grown with green,  
With the white tents scattering in between,  
The flickering camp-fires start to glow  
In the groves of the fair Presidio;

While the solemn chord  
Of the evening hymn  
Rolls over the Bay  
Through the twilight dim,  
As the flag comes down to an anthem grand;  
The brave old song of our native land,  
And Angel Isle, when the song is done,  
Booms out "Amen" with it's sunset gun.

The moon rises higher; and duller grow  
The dying hues of the afterglow;  
The darkness falls and the camps grow still;  
While down from his tent on a distant hill  
The bugler sends,  
In a cadence true,  
The long sweet notes of the old tattoo;  
Then the lights go out and the god of sleep

Stands guard o'er all in a silence deep;  
And the soldier dreams of the battles won—  
Old dreams revived by the sunset gun.

Ah, hearts of steel! If we only knew  
The thoughts that come with the soft tattoo.  
The pictured haunts that you sometimes see  
In the dreamy hour when your mind is free  
From the martial hand  
To wistful roam  
To the far-off place  
Which you knew as "home"!  
If we could only know all the tender joy  
When the soldier back to the carefree boy,  
Slips once again when his work is done,  
Long after the boom of the sunset gun.

Anon

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# Etc.

## Briefs *continued from page 1*

18. After this date, requests can be taken to 170 Fell Street, Room 10A, no later than Dec. 27.

Only families who have moved to San Francisco *after this deadline* will be allowed to apply for an OER after this date.

Parents can register their children at the assigned school and make an optional request for another school simultaneously. If the op-

tional school accepts the child, it's up to the parent to decide which school to use. But remember, *Dec. 27* is the deadline for optional enrollment requests.

Parents need to take proof of the child's birthdate, address verification and immunization records with them to register children. For any other information call ACS at 561-5057, 561-5155, or 561-5256.

## CDC *continued from page 1*

one would really have to look for, yet could injure or harm a young child.

Other improvements included repairing floors, redesigning the landscape, upgrading the furnaces, and installing new flues to the furnaces in the buildings plus repairing and redesigning the bathrooms.

"DEH has redone all of the children's bathrooms, giving them a modern facility that meets current child care regulations," Whitten said. He also said that DEH put new guards over the furnaces to eliminate possible fire hazards, repaired the tiles on the floors, and did most of the landscape work. The DLI soldiers also helped with the landscaping.

DEH was responsible for all of the major maintenance work, as well as supplying materials

and tools for the volunteers. Whitten said that some of the volunteers had carpentry or painting experience and pitched in to help with the tougher jobs.

"I can't say enough about the effort that DEH has put into this project," Whitten said. "Any deficiency we found, DEH jumped right on it. There were some things that weren't on the list, but the DEH workers were doing it anyway."

"One of the hard things [the volunteers] had to do was stay out of DEH's way. DEH had the tougher jobs which take longer to accomplish."

Whitten said the parents and soldiers had to learn to work around the DEH employees. "Our volunteers worked so hard that we caught up with DEH's employees."

Whitten said volunteers can still join in to help put the finishing touches on the project.

## Save money!

# Use non-electrical outdoor decorations

by Rob Van de Loo

Last year's holiday lighting policy forbidding the use of exterior Christmas lights on the Presidio and its sub-installations has been reevaluated and will *again* be in effect for the upcoming holiday season. There are reasons why the policy was initiated and why it is important that it remain in effect.

The Department of the Army's goal is to reduce energy consumption. With that goal in mind, U.S. Army

Forces Command (FORSCOM) has mandated a reduction in energy usage for the Presidio of San Francisco and other installations under their control. The reason for energy reduction is simple—to keep a tighter control over the Army's outlay of tax dollars.

The Army's budget (and that of all other federal entities) have recently come under close scrutiny. The post's energy bills are paid with our taxes. Exterior lighting during the Holidays

would cost between \$5,000 and \$14,000 (depending on the number of hours and days it is allowed) by DEH estimates; and even though that seems a small figure in comparison with many types of government expenditures, it still represents real tax dollars. We cannot spend taxes in such a way.

*No individual exterior electrical displays will be permitted.* However, there will be several central displays on post for everyone's enjoyment.

Even though you cannot use electricity, you can certainly be as clever and creative as you'd like with your outdoor decorations. Perhaps not as spectacular as electric displays, these displays can truly convey the spirit of the Holiday's to family, friends, and passersby.

(Ed. Note: Rob Van de Loo is the Energy Coordinator for the Presidio of San Francisco.)

## TAKE A BITE OUT OF CRIME

By Dennis A. O'Brien

Abandoned vehicles are found everywhere on post. You can find them in the housing areas; around the barracks area; near the Auto Craft Shop and in the LAMC parking lot. You can even find them in the area of the Main Post Gas Station; the Post Exchange and on Crissy Field.

During the month of November, 22 abandoned vehicles were removed from their resting spots and towed to the impound yard at Battery Caulfield, awaiting final disposition. The California Vehicle Code (CVC) Section 22523 (b) states that, "No person shall abandon a vehicle upon public or private property without the express or implied consent of the owner or person in lawful possession or control of the property." The fine for the above violation—\$500 per violation.

The first question that everyone might ask is, "What is an abandoned vehicle?"

An abandoned vehicle is a vehicle

left in one location more than seven days. The first procedure that is done in the process of removing an abandoned vehicle is identifying the vehicle as abandoned.

Military Police patrols, while patrolling the Presidio often spot abandoned vehicles. Often though, it's you who notify the MP Station, state that you have observed an abandoned vehicle and that you want something done about it.

Once a vehicle has been declared abandoned, an MP first gets the license number, vehicle identification number (VIN), vehicle description and location of the vehicle. All this information is kept on record at the MP Station. A green abandoned vehicle sticker is placed on the vehicle, in a visible location. Usually, the vehicle will sit there for seven days before being towed. On the seventh day, the vehicle is towed by a contract towing company to the impound yard located at Battery Caulfield. There, the vehicle sits, awaiting final disposition.

The vehicle sits at that location for a period of 120 days. After 120 days, the vehicle is then taken to Property Disposal in Alameda either by a contract towing company or by Co. C, 864th Engineers. During this time frame, a violation notice is mailed to the registered owner, indicating the violation and amount of the fine. Also a Military Police Report is initiated on the vehicle. Other documentation follows so that the vehicle can be moved to Alameda.

Who abandons a vehicle? Often, it's a former Presidian, who has either changed duty stations or has departed from the military. Often it's a civilian, sometimes with no military affiliation who doesn't want the vehicle anymore and decides that the Presidio would make a good dumping ground.

The main reason for abandoning a vehicle is that it doesn't run anymore and the cost of repairing it costs more than the value of the vehicle. Sometimes, the abandoned vehicle is

in good condition; sometimes the vehicle is totally stripped. But regardless of its condition, it is abandoned and appropriately taken care of.

**Remember!** If YOU decide to abandon a vehicle here on the Presidio or a sub-post, think of the consequences: A \$500 fine and a military police report that has been added to your military record. The choice is yours!

## Crime Report

- There were six reports of larceny of private property.
- There were four reports of traffic accidents.
- There were five reports of abandoned vehicles.
- There were five reports of stray animals.
- There was one report of a fire.
- There was a burglary in which the subject was apprehended.

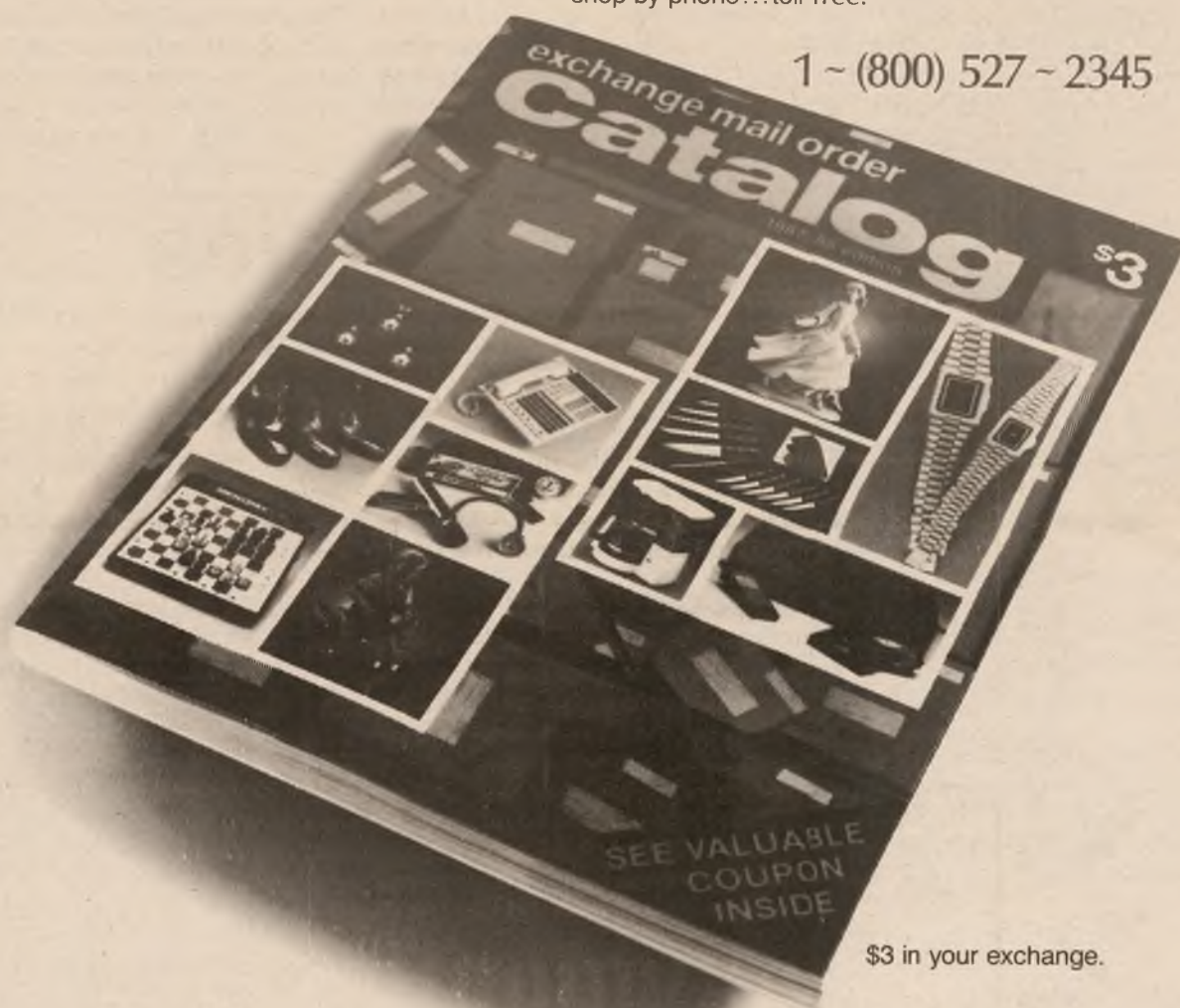
## Owners pay for abandoned vehicles



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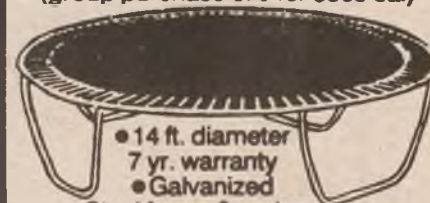
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# Soldiers and Civvies

## Donations to CFC show soldiers, civilians care

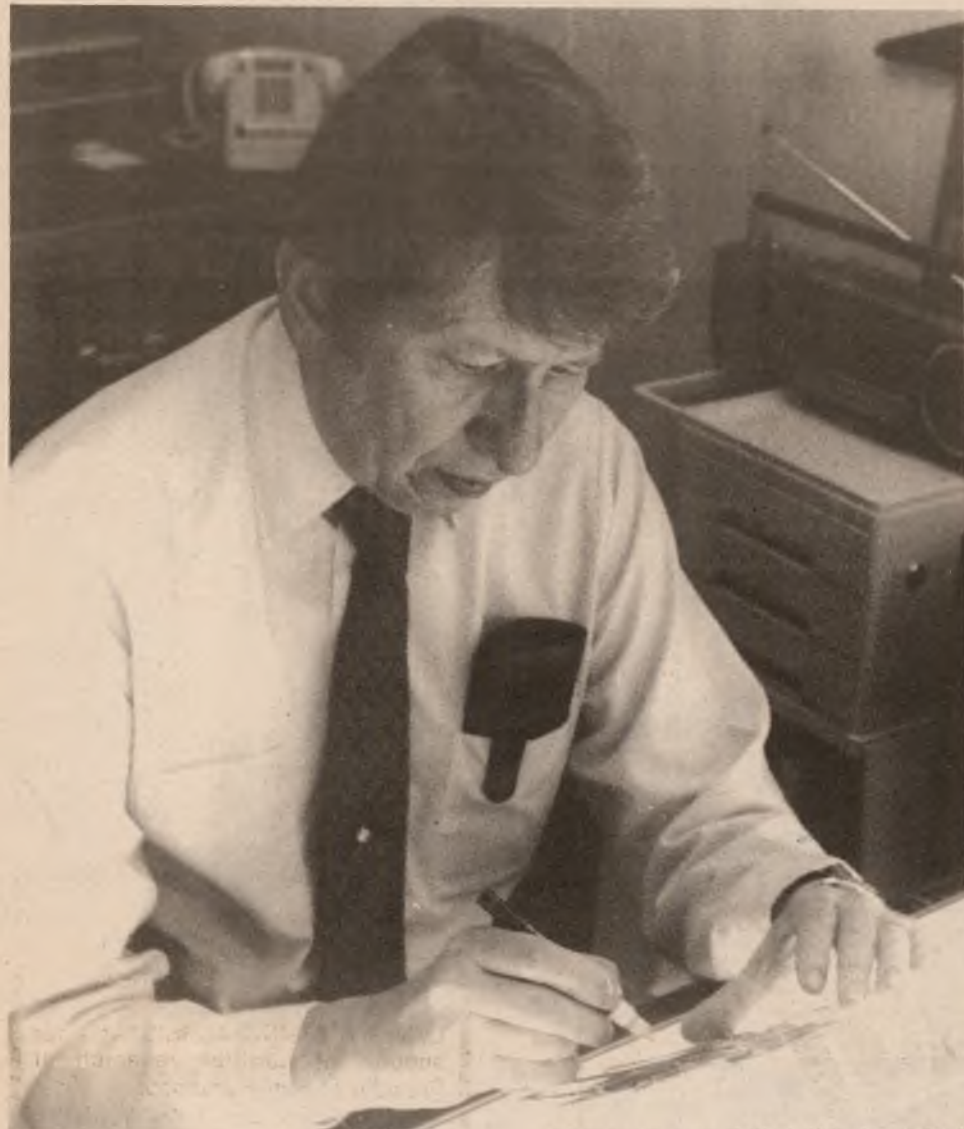


photo courtesy of Sixth U.S. Army PAO

David Davies designs awards and plaques for CFC.

by Sharon Everett

There are many different ways in which people give to the Combined Federal Campaign (CFC). Some donate money, but many Federal employees, like David Davies, also give their time and talents. Davies, a graphic arts specialist for the U.S. Forest Service Regional Office in downtown San Francisco, made his contribution through his art.

Between designing printed materials for the Forest Service recovery program (a reforestation and wildlife shelter project in the aftermath of the many recent forest fires), and many other Forest Service-related artistic projects, Davies spends a lot of time at his drawing board. Yet, he has found the time to get involved with the CFC for the last two years.

"Last year, I put together a brochure. And this year, I submitted proposals and sketches for a wooden plaque and also for a couple of certificates that will be given out to people who pledge and donate some money," Davies explained.

A graduate of the Art Center College of Design, Los Angeles, Davies worked for advertising agencies and publishing companies, as well as freelancing, in many different areas of the United States before beginning work for the Forest Service 17 years ago.

There are many ways of "Caring for Community," as David Davies has shown us. When you receive your CFC donation card this year, please give generously. Make your contribution and show that you care, too.

Sixth U.S. Army PAO

## CPO vacancies

These are some of the vacancies listed by the post's Civilian Personnel Office (CPO).

**USAISC-Presidio, Resource Management and Plans Division** is looking for an **Information Resource Manager, GS-301-12**. The closing date for applications is Monday, and the area of consideration is Army-wide.

**Requirements:** Three years of general experience *plus* three years of specialized experience (specialized experience is administrative, program, or managerial experience in a type of work or combination of functions directly related to the duties of this position). Applicants must have served at least one year at or above the GS-11 level in the federal service.

**Respiratory Therapist, GSS-651-7**, located on the Presidio. The closing date is Dec. 14, the publicity zone includes California, Nevada and Arizona. **Requirements:** At least one year of experience at the grade GS-6, and have a knowledge of care for acute and chronic respiratory disorders.

**Supervisory Staff Administrative Assistant, GS-301-10**, located at the 91st Division (training), 91st Maneuver Training Command, Pleasanton, Cal. The area of consideration is FORSCOM-wide. The closing date for applications is Dec. 16.

**Requirements:** Grade GS-10, 5½ years total experience, to include 2 years of general experience and 3½ years total of specialized experience (to include three different types of specialized experience). Applicants must have served at least one year at or above the GS-9 level in the federal service.

**Personnel Security Specialist, GS-080-9**, located in Headquarters, Sixth U.S. Army, Intelligence and Security Division, Office of the Deputy Chief of Staff, Operations (ODC-SOPS), Presidio of San Francisco. All organizations receiving civilian personnel service from the Presidio are included in the area of consideration. The closing date for applications is Wednesday.

**Requirements:** three years of general experience and two years of specialized experience. Applicants must possess or be eligible for a SECRET clearance, and must have served at least one year at or above the GS-7 level in the federal service.

**Note:** Complete qualification requirements and education substitution for each of these positions are outlined in X118 Qualification Standards and are available for review in the CPO. Applicants can call the personnel staffing specialist, Jackson Roach, at AUTOVON 586-5750, or commercial (415) 561-5750.



photo by Steve Morey

Frances Taong, new account and loan officer for Eisenhower National Bank, explains the financial institution's services to a customer. Eisenhower, Military Bank of the Year for 1987, held its grand opening on post Dec. 3.

### Headquarters Command Battalion upcoming activities and events

Date	Time	Event	Location/Action						
Dec. 5	All day	11B Rappelling/ Confidence Course	Fort Ord, CA	USAG	Dec. 8	9 a.m.	Soldier of the Month Ceremony	NCO/Enl. Club	PAO
Dec. 5	9 a.m. to 1 p.m.	SRT Weapons Qualification	Indoor Range	LEC	Dec. 8	7 p.m.	Bay Area Commander's Christmas Concert	Palace of Fine Arts	6th AB
Dec. 7-8	All day	M16A1 Rifle Qualification	Camp Parks	C/864	Dec. 14	6:25 a.m.	BN Muster Run	Bowling Alley	S-3
Dec. 8	8 a.m.	Type B Inspection	USAG	S-4	Dec. 15	All day	BN Organization Day	Log Cabin	S-1





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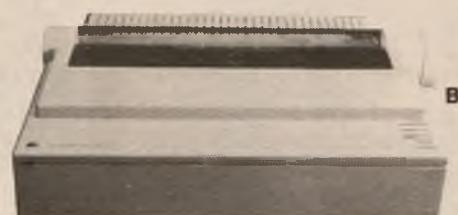
The Apple IIGS Color personal computer takes the Apple® II family to a new level of performance and expandability. It runs most existing Apple IIe and IIc software as much as 2.8 times faster. The video and audio abilities are nothing short of amazing. It has 512K of memory which can be expanded to more than 8 megabytes. The eight expansion slots allow you to add a wide range of peripheral devices.

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# Education

## Two of nation's top schools offer courses on post

by Jeane Redsecker

In a recent survey conducted by the Center for Policy Studies in Education at George Mason University, 62 public college presidents rated California among the top state systems of higher education, more often than any other state!

Two of these schools offer courses on the

Presidio: City College of San Francisco and San Francisco State University. Each term (semester) the post's Education Centers offer a variety of college courses that help soldiers and family members earn credit toward a degree.

Isn't it time you started or continued your college education?

Isn't it time to register for the spring semester? Yes! The time to register is *now*. See an education counselor today about classes that begin in January.

Below is a listing of classes available through the Education Centers on post.

### City College of San Francisco (CCSF)

Class	Date	Time	Description				
BUS 83D Word processing Wordperfect (1 SH)	Jan. 11 - Mar. 9	Mon.-Wed. 5-7:30 p.m.	Word processing and editing on the IBM personal computer using Wordperfect.	Commercial Data Processing (3 SH)	May 11	5-8 p.m.	use of automatic data processing to solve business problems.
BUS 201 Intro to Supervisory Practices	Jan. 11- Mar. 11	Mon.-Wed. 6-8 p.m.	Introductory course covering the responsibilities of a supervisor.	BUS 68 Mathematics of Business (3 SH)	Jan. 12- Mar. 10	Tue.-Thu. 6-9 p.m.	(Note: This course is a prerequisite for BUS 61-Intro to LOTUS 1-2-3 to be offered Fall 1988.)
CIS 1-Programming Basic (3 SH)	Jan. 12- May 25	Mon.-Wed., 6-8 p.m.	(Not a beginning course in computers; knowledge of Algebra is strongly recommended). Elementary computer programming using the computer language, BASIC.	CIS 20-IBM PC DOS Operating	Mar. 14- Apr. 25	Mon. 5-8 p.m.	An introductory course covering the use of the IBM PC DOS operating system.
CIS 30-Intro to	Mar. 7-	Mon.-Wed.	A beginning course in the	BUS 202-Basic Psychology for	Mar. 21- May 25	Mon.-Wed. 6-8 p.m.	Basic concepts of human behavior as they affect the personalities of the supervisor and other fellow employees.

**Note:** Bus. 201 and 202 are part of a seven-course certificate program, *Supervisory Practices*, designed for those preparing for supervisory positions, or presently employed as supervisors wanting to increase their competence. Bus. 207 must be taken last and on campus.

**CCSF tuition:** \$5 per semester hour for up to 9 semester hours for California residents or military and family members with orders dated after January 11, 1987. Others pay \$97 per semester hour. Army Tuition Assistance pays 75 or 90 per-

cent of these charges for eligible soldiers. **Tuition assistance forms must be completed before the first class meeting.**

**Deadline for registration for all computer courses is Thursday.** After that, registration is on a first

come, first served basis if there is space left in the class. Sign up at your Education Center, Bldg. 1007 at LAMC (phone 561-4030 or 561-4692); or sign up in Bldg. 1216, Fort Scott (phone 561-2974).

### San Francisco State University (SFSU)

Class	Date	Time	Description				
BIO 100-Human Biology (4 SH)	Jan. 26- May 19	Tue. 5-7:45 p.m. LAMC, Thu. 6-8 p.m.	Intended for non-biology majors.	Algebra (3 SH)			ponents, radicals, logarithms, system of linear equations, complex numbers, quadratic equations.
PSY 305 Psychology of Love (3 SH)	Jan. 28- May 26	Thu. 6-8:45 p.m.	An exploration of selected scientific and fictional accounts of the nature of love.	ENG 214 Second Year Composition (3 SH)	Feb. 2- May 24	Tue. 6-8:45 p.m.	Prerequisite: Eng. 114 or equivalent. Continued training in expository argumentative composition and critical reading skills through the study of literature.
HIST 110 History of Western Civilization (3 SH)	Jan. 28- May 26	Thu. 6-8:45 p.m.	The growth of the political, economic and cultural institutions of the Western world, from the beginnings to the Renaissance.	HUM 225 Values in American Life (3 SH)	Mar. 7- May 4	Mon.-Wed. 6-8:45 p.m.	The study of values that American thinkers, writers, artists and designers have expressed within a developing culture. Earn humanities credit.
MATH 104 Intermediate	Feb. 2- May 24	Tue. 6-8:45 p.m.	Equivalent to second year high school algebra. Ex-				

**SFSU tuition:** Soldiers eligible for Army tuition assistance pay \$24 or \$60, depending on rank and years of service. All others pay \$240 per course.

Books are extra.

**All tuition forms are due before the first class meeting!**

For information or registration, call or see your counselor at the Fort Scott Education Center (Bldg. 1216); 561-2974; or the LAMC Education Center (Bldg. 1007); 561-4030.

## Like Greeks of old, today's soldier learns from PLATO

By Dianne Logan

Capt. Darlene Gilcreast needed help from the Education Center. She had to take an Introduction to Computers course for her graduate program in nursing but the class times conflicted with her work and school schedule. Adding another course to her already busy schedule was impossible.

Gilcreast's education counselor suggested she study the subject matter on the Education Center's user-friendly PLATO computer and then

take a test in the College Level Examination Program to earn credit recognized by her college. The two PLATO lessons on Basic Computers helped her prepare for the exams. She found the material easy to read and understand, and she could work at her own pace. PLATO courses are packaged to exclude any unnecessary repetition. After the completion of each unit of instruction, the computer tests the student on key points. Only when an individual passes each area does he move on to the next section.

This guarantees that the student is really learning the material.

Gilcreast enjoyed using PLATO. Not only did it help her learn a new subject, it fit into her time schedule at no expense to her. She also had access to qualified, experienced instructors for tutorial assistance. Once the PLATO lessons were completed, Gilcreast had gained the confidence and knowledge to pass the test successfully. Her college then awarded her three college credits for her work.

If you are not in a position to go to

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# Feature

## Presidians gobble up turkey fun

Story by Steve Morey  
photos by Pleasant Lindsey

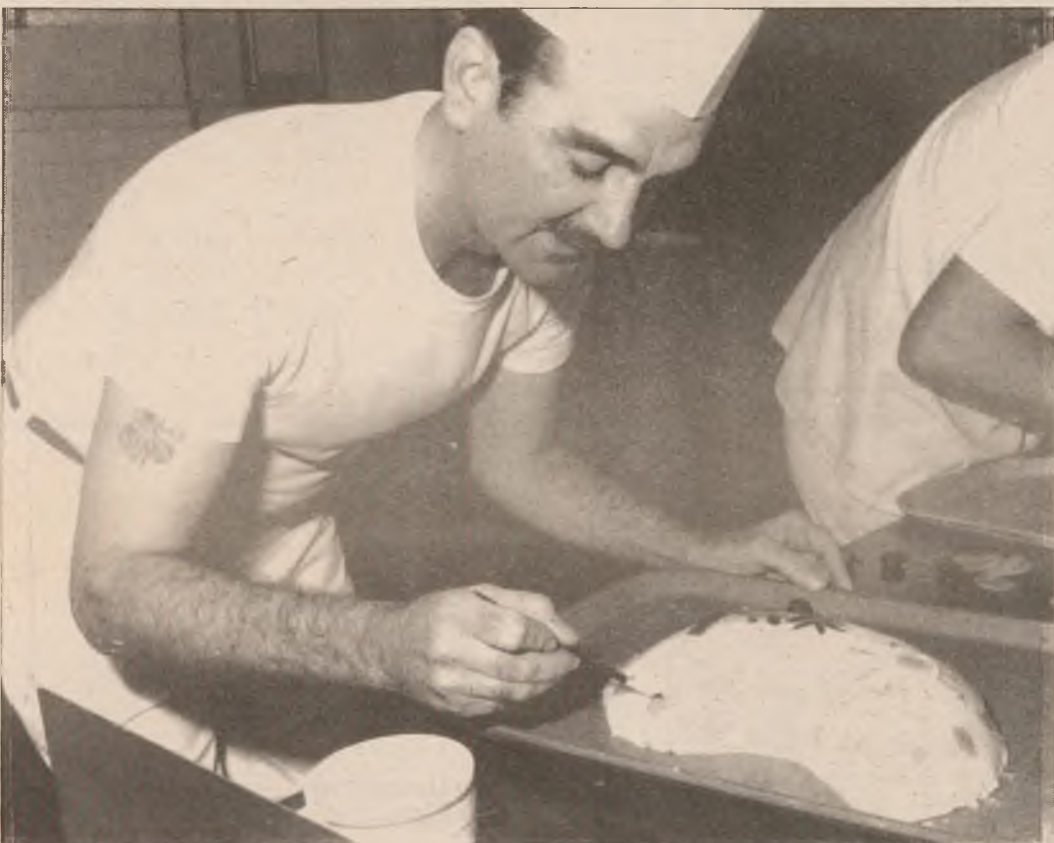
Food, families, fun and worship were all part of Presidio's 1987 Thanksgiving Day, Nov. 26, and Army Family Week, Nov. 22 through Nov. 28.

Presidians, old and young, took advantage of week-long events, activities and specials given by post units. These units included the Chaplain's office, Army and Air Force Exchange Service (AAFES), NCO and Officers' Clubs, Presidio Bowling Alley and Headquarters Command Battalion.

The battalion sponsored a Thanksgiving Day Family Dinner from 1 to 4 p.m. at the U.S. Army Garrison Mess Hall, Bldg. 101. Garrison cooks prepared a meal "fit for an army;" and those Presidians who attended appeared to enjoy every morsel of food.

Meanwhile, AAFES stores offered daily specials and even arranged a visit Nov. 28 by the jolly one himself, Santa Claus.

It seems that Presidians are gearing up for the Christmas holiday season.



PFC Dan Halloran, USAG cook, creates a ham decoration for Thanksgiving Day Dinner in USAG Dining Facility.



SP4 Nicole Hargraves volunteers her culinary talents to help USAG's cooks. Though her hobby is cooking, Hargraves usually spends her day working in Headquarters Command Battalion's S-4 office.



Presidio families kick-off Army Family Week with the Family Bowling Fun program in the Presidio Bowling Center, Nov. 22.





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# Sports

## COE wins football championship



photo by Sam Park

Philip Carr, No. 13, COE, attempts to dodge DLI-SF tacklers Robert Renda, No. 5, and Daryl Lucas during second championship game Nov. 23.



photo by Steve Morey

COE's No. 99, Mark House, and DLI-SF's No. 1, Clifford Jones, await the spiraling football in DLI-SF's endzone. The ball eventually sailed out of bounds as its parachute failed to open.

## Sports Notes

### Christmas tournaments

The Presidio Sports Branch will host several different tournaments during the Christmas holidays. Tournaments are open to all military personnel, family members 19 years or older and Department of the Army civilians who are assigned or attached to the Presidio. All competition will be held Dec. 21 to 23 and Dec. 28 to 30, from 11:30 a.m. through 5 p.m.

Organizational meetings will be held at Post Gym No. 1 as follows:

Racquetball, squash, handball: 11 a.m., Dec. 15;

Volleyball: 12 p.m., Dec. 15; and

Basketball (full court): 12:30 p.m., Dec. 15.

Teams must be comprised of personnel within the same unit/organization.

3-on-3 Basketball (half court): participants must be 30 years old or older: 12:30 p.m., Dec. 15, Post Gym No. 1.

Teams or individuals who wish to participate may enter by calling 561-5032. Entry deadline is Dec. 15.

### Gym No. 2 closed

Gym No. 2 (LAMC) will be closed Friday, Dec. 18 at 12 p.m.

### Beason tries for Olympics

Lori Beason, recently assigned to HQ Co. USAG from Germany under the Army's Elite Athletes Program, wasted no time in making her presence known to the local athletic community with her successful completion of the Nike Half Marathon

(13.1 miles) in Golden Gate Park on Nov. 22. She took advantage of a fast course, favorable conditions and an elite field to finish sixth among the females in a superb time of 1:17.35 (5.55 per mile average). This was her first half marathon as she moved up in distance from her usual 3000 meter and 5000 meter races. Lori will compete in her first marathon Sunday in Sacramento where she is looking to qualify for the 1988 Women's Olympic Trials. She has to run 2:49.59 or better to earn a trip to Pittsburgh in May.

## Jimmy the Freak's picks of the week

### Hellooo, everybody...

Did you catch a whiff of something a little on the gamey side? That, my friends, was from my column in last week's paper. The only upset that was accurate was the tummy ache those woeful predictions gave me. Like I stated then, I did everything I could think of to make my picks more accurate...I used the best tealeaves, simonized the old crystal ball, and sacrificed some small animals to the betting gods...all to no avail. So this week I'm going back to my old system. I'll wander in to work a little late in my usual state of stupor (a stupor even massive doses of caffeine can't dent) and just wing it! Like Mrs. Freak so lovingly says, "Gee, hon, why do you think about this stuff so hard? You don't have the equipment for it..." Anyway, let's give it another try....

**San Francisco 27,  
Green Bay 13**

The 'Niners can't take this game too lightly. The Packers have some things going for them. One: they're

playing at home as the decided underdog. Two: San Francisco may be looking past them to their next game against the Bears, and three, the weather in Wisconsin can be godawful in December, and California players can get cold just from having someone turn down the thermostat in the sauna.

**Dallas 28,  
Atlanta 20**

Even the Cowboys can beat the woeful Falcons. In fact, the Cowboys' cheerleaders could beat the woeful Falcons. I hope that Dallas fans don't get too heady about this game, because this will probably be the Cowboys' last win until 1988.

**Cleveland 34,  
Indianapolis 17**

Although the 49ers "pounded" the Dawgs, the Browns should rebound in that mud and ice pit they call a home stadium. Without Hogeboom, the Colts will be hard pressed to get any passes completed, and, even with Eric Dickerson, no one in the NFL

will win by just rushing the ball.

**Denver 40,  
New England 20**

If the Patsies can't beat a team led by Randall Cunningham, how in the world can they expect to beat a team led by John Elway? Their only hope is to pray for a blizzard so that they can sneak in that convict to handle a snow plow to clear a way for the winning field goal...nahhhh, it's been done!

**Miami 35,  
New York Jets 21**

Look for Marino to start a new streak by throwing a half dozen or so touchdowns against the inconsistent New Yorkers. The Jets never win in Miami, no matter how good or bad the Dolphins are playing. It's like death and taxes...take the bet against the Jets in Florida.

**Washington 33,  
St. Louis 10**

You have to use a real little tomahawk, but you can scalp a Car-

dinal. Ask Neil Lomax how it feels next Sunday evening, because Manley and Company will be on the war path. Hmmm, is Dexter a tribal name? Just wondering....

**Upset of the Week  
Detroit 27,  
Los Angeles Rams 17**

The Lions are due for one good game before the end of the year, and this is it! The Rams have been playing over their horns the past couple of weeks.

**Upset of the Week No. 2  
Buffalo 30,  
Los Angeles Raiders 21**

Do you know the meaning of the word "aberration"? No, no no...it's not what Mr. Davis first said when Al was born. It's what happened in the Raiders' game against the Seahawks. The team will thud back to earth against Jim Kelly and associates. That win against Seattle was like an eclipse or comet sighting...something special that happens very infrequently.



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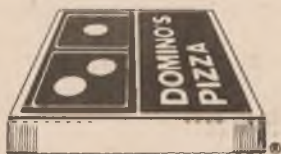
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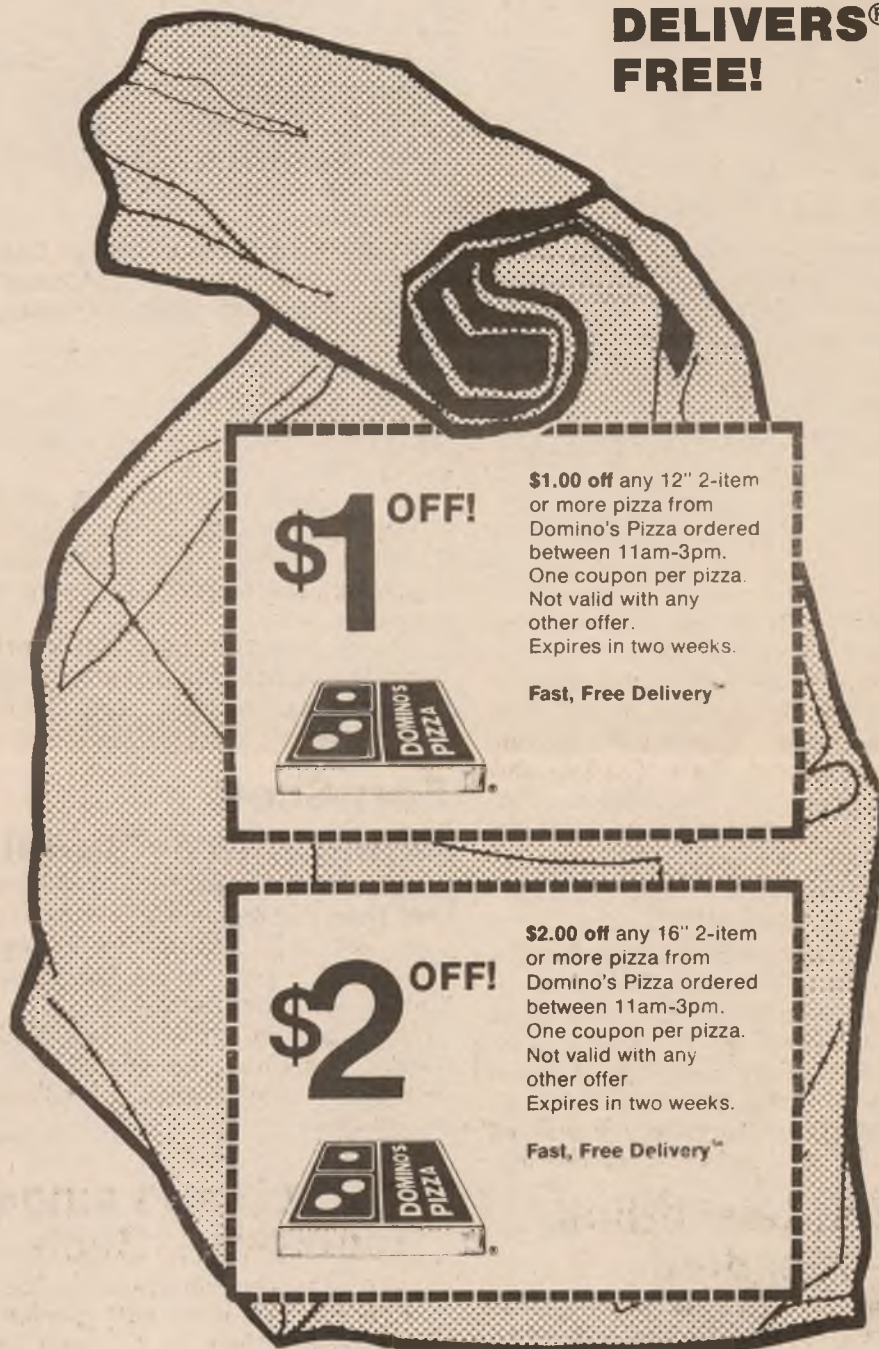
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# Community Calendar

## Swashbucklers

Explorer Post 552 meets each Monday and Thursday in Gym No. 2, Bldg. 1152, from 5:30 to 6:30 p.m., and features a unique *slice* of excitement. Post 552 is dedicated to the fine, swashbuckling art of fencing, or swordsmanship. The post is jointly sponsored by the Boy Scouts of America, the Letterman Fencers' Club and the Presidio of San Francisco.

Foils, masks and jackets are supplied, but you need to purchase your own fencing glove after you join the Post. In fact, you can call Dennis Fong at 922-1159, and he will give you all the information you need about Post 552. If you are between the ages of 14 and 20, you can learn what true swordsmanship is all about.

## Thrift Shop

The Thrift Shop is accepting Christmas items on consignment from now through Dec. 17. Located in Bldg. 204, the Thrift Shop is open Tuesday through Thursday from 10 a.m. until 2 p.m., and the first Saturday of each month from 10 a.m. to 1 p.m. The consignment desk closes one hour prior to the Thrift Shop closing time. Phone 922-3384 for more information.

## Service Director

**Job Opening:** The Presidio Child Development Center is currently hiring two new Child Development Services directors, GS-8. Starting salary is \$20,333 per year. Contact Jackson Roach at 561-5740 for application information.

## Cable Car Carolling

The Post Chapel is sponsoring Cable Car Carolling, Dec. 16. The ride will take carolers through several housing areas on the Presidio while singing Christmas carols and spreading Christmas cheer.

The carolers will leave the RAC, Bldg. 682, at 7 p.m., and will return around 8:30 p.m. for refreshments. Limited space is available, so call 561-3535 to make your reservations.

## Discount tickets

The ITT Office is offering an array of discount tickets for upcoming events. Brief descriptions of these events are listed below. ITT is located in Bldg. 135 (Golden Gate Community Club) in the left alcove off the main lobby. Operating hours are: 9:30 a.m. to 6 p.m., Tuesday



## And baby makes...um...er....

Touchstone Pictures presents Steve Gutenberg, Tom Selleck and Ted Danson in "Three Men and a Baby," directed by Leonard Nimoy. The "baby" was actually played by a set of twins. The movie is now showing in theaters around the Bay Area.

through Saturday. Phone number is 561-3992.

## Dickens Christmas Faire

The Dickens Christmas Faire is running weekends through Sunday, Dec. 20 at Pier 45, Fisherman's Wharf. The fair, which is being held indoors, is open 10 a.m. to 9 p.m. Saturdays and 10 a.m. to 7 p.m. on Sundays. Some of the Victorian highlights are: The Children's Christmas Pantomime; Music Hall Sing-A-Longs; Winter Waterfront Marketplace of Rare Crafts; and Feast Foods of the Season. Participants are invited to dress for the Victorian holidays. Tickets are available at ITT for \$8.50.

## Warriors basketball

Enjoy Warrior Basketball with the ITT office. A great selection of tickets are on hand. Plan on visiting this office soon, as the most popular games, such as the Los Angeles Lakers and the Boston Celtics, go quickly. So, "What are you waiting for?" Call ITT right now at 561-3992.

## Youth basketball, cheerleading

You may sign up at the Youth Activities (YA) Office through November for Youth Basketball and Cheerleading. YA Sports will be in the CYO Basketball League for grades 4 through 8; and the San Francisco Park and Recreation Basketball League for ages 17 and under. The CYO registration fee is \$15 and the S.F. Park and Recreation League fee

is \$10.

Cheerleading is for grades 5 through 10. The registration fee is \$12.50.

Both programs will begin practice in December and league play begins in January. Volunteer coaches and supporters are needed for these programs.

For more information, call Youth Activities at 561-5143 or come by the Sports office in Bldg. 1331, Fort Scott area.

## Fort Scott Christmas program

Fort Scott Gospel Service will present their 2nd annual Christmas Program entitled, "Looking for Jesus," Dec. 20 at 7 p.m. in the Fort Scott Chapel. Everyone is invited.

For more information, call SSgt. Henry Lacking at 561-2021 or 561-2566; or SSgt. Douglas Landrum at 561-3451.

## SFSU chorus sings Beethoven, Bach

The 150-voice San Francisco State University Chorus will perform Beethoven's *Mass in C*, and the *Magnificent* by Johann Sebastian Bach on Tuesday, Dec. 15 at 8 p.m. The program, under the direction of Byron McGilvray and Adrian G. Horn, and accompanied by the University Symphony Orchestra, will be held at McKenna Theater in the Creative Arts Building on Holloway

Avenue. General admission is \$3.50, \$2.50 for students and seniors.

For concert information, or for information on how to join the chorus, call 566-8096.

## Flea market

The Thrift Shop Flea Market is scheduled for Saturday, weather permitting. Bring a table, valid military I.D. card and rent a vendor space for \$5. There are no flea markets scheduled for January.

## Teen gardening

Youth Activities will begin a program for teens who are interested in gardening for payment on the Presidio. Youth Activities will collect names and refer to any interested Presidian who needs some yard work done. So if you are interested in working please call Youth Activities at 561-5143 or 561-5910, or come to the office in Bldg. 1331, Fort Scott Area.

## USO job search

Nine spouses of soldiers have found work in the past seven weeks through USO's Job Search Program. Are you looking for work? Contact Ruth Ann Dorsey at Bldg. 223 (basement), Tuesday through Friday, from 9 a.m. until 4 p.m., or call 561-2436.

## CPO training courses

The Civilian Personnel Office (CPO) Training Calendar of Courses for fiscal year 1988 should be distributed in a few weeks. Meanwhile, here is an upcoming class for December.

**Pre-Retirement Planning Workshop**, Monday and Wednesday, from 8 a.m. until 4 p.m. This workshop is offered to employees who are eligible for voluntary retirement within the next five years. This class will be held in the Audio-Visual Auditorium, Bldg. 603.

More information on CPO classes is available by calling the Training and Development Division, CPO, at 561-2554.

## Commissary hours change

Effective Dec. 15, the Commissary will change its operating hours on *Tuesday only*. The present operating hours (10 a.m. to 6 p.m.) will be changed to 11 a.m. until 7 p.m. The new Tuesday hours will give patrons one additional late shopping night each week.

*The Presidio Commissary will be closed Dec. 25 (Christmas) and Jan. 1 (New Years Day).*

## At the movies

### Presidio Theatre

Fri, Dec. 4	No Man's Land (R)	7 p.m.
Sat, Dec. 5	Like Father, Like Son (PG-13)	7 p.m.
Sun, Dec. 6	Like Father, Like Son (PG-13)	7 p.m.
Mon, Dec. 7	Like Father, Like Son (PG-13)	7 p.m.
Tue, Dec. 8	Near Dark (R)	7 p.m.
Wed, Dec. 9	Near Dark (R)	7 p.m.
Thu, Dec. 10	Dragnet (PG-13)	7 p.m.
Fri, Dec. 11	Dragnet (PG-13)	7 p.m.

### Hamilton Theater\*

Fri, Dec. 4	Robocop (R)	7 p.m.
Sat, Dec. 5	Dot and Keeko (G)	1 p.m.
Sat, Dec. 5	Gardens of Stone (R)	7 p.m.

\*Call 883-0666 for price variations



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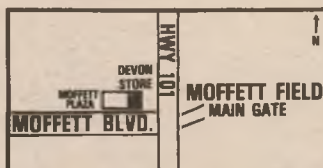
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**Fraud: Cheating  
ends careers,  
page 2**

**CFC: Dig deep  
and help, page 5**

**Feature: Post's  
untouchables.  
page 9**

# Star Presidian

Vol. 30, No. 48

"Published in the interest of the people of the Presidio of San Francisco."

Dec. 11, 1987

## News Briefs

### Hanukkah begins Tuesday

A Hanukkah party for military personnel and their families will be held at noon, Dec. 20, on the post.

Hanukkah, the Jewish feast of lights and rededication, begins Tuesday and will continue through Dec. 23. The eight-day celebration will begin at sundown.

The festival commemorates the successful struggle for religious freedom, led by the Macabees against the Syrians in 165 B.C. The struggle culminated in a victory for the Jewish people who rededicated the Temple in Jerusalem and rekindled the Menorah in the temple's Sanctuary.

The Hebrew word, "Hanukkah" means dedication. The ceremony is also known as "Hag Haurim", or the Feast of Lights, because the Hanukkah candles are lighted each night for the eight-day period. The candles represent at victory of the spirit over might and power.

For more information call Ruth Callmann at 561-4397, before Tuesday.

### MEPS offers jobs

The U.S. Military Entrance Processing Command needs administration specialists, supply sergeants and medics for its 68 stations and two substations in the United States, Puerto Rico and Guam.

Military Entrance Processing Stations (MEPS) screen young men and women who want to join the military, swear in new enlistees, and send them to appropriate training facilities.

MEPS personnel are testers, qualifiers and examiners whose job is to help thousands of potential military members take that first step.

Servicemembers from all four branches of the military staff MEPS locations, including the Headquarters, Western Sector U.S. Military Entrance Processing Command (USMEPCOM), Bldg. 1808, on the Presidio of San Francisco. Headquarters, Western Sector USMEPCOM is responsible for the 22 MEPS stations located in the western half of the United States as well as Guam.

Soldiers willing to accept MEPS assignments need to be "self-reliant" because a majority of the assignments are "far removed from the military privileges soldiers might take for granted." Soldiers receive only their basic pay and allowances. In many locations the *only* housing available will be in the civilian community.

Soldiers interested in a MEPS assignment must hold the rank of sergeant or higher with at least three years in the Army, be a high school graduate and have a minimum of three years remaining after arriving at the assignment.

Soldiers with a record of convictions by court-martial or civil authority, or those with an identified drug or alcohol problem will not be accepted.

Interested soldiers on post should apply through the Personnel Service Center, Bldg. 86. Soldiers can also call Headquarters, Western

see **Briefs**, page 3



Artist's rendition of the post's new commissary. Power will be shut down Sunday to re-route electrical lines for the new commissary. photo courtesy of Troop Support Agency

## Power shuts down on post

A major electrical power shut-down in the main post and the Fort Scott areas is scheduled for Sunday and will last for two or 15 hours, depending on the location.

Officer family housing along Funston Avenue will be among the areas without power for 15 hours.

This will be the first and most important power outage connected with the construction of the new post commissary. The power outage will affect the main post from 1 a.m. to 4 p.m., and power will be cut off in Fort Scott from noon through 2 p.m.

The outage is necessary for construction crews to re-arrange and install new electrical power circuits to the commissary's new site, according to Lowell Whiteaker, chief, Contract Services and Utility Sales Branch, Directorate of Housing and Engineering (DEH).

Street lights on main post will also be out the same time as building lights. The Military Police will have increased patrols in all areas.

The 100, 300 and 400 Family Housing areas will be without electrical power for about two hours. The exact time for the shutdown in this area was not listed at press time, but is estimated to start around noon.

Whiteaker said some offices will receive temporary emergency generators, but these locations only include critical security or communications operations.

"As a rule only critical areas require emergency generators," Whiteaker explained. "Families in housing areas should keep refrigerator doors closed during this period. However, food will keep in a closed refrigerator from 24 to 36 hours."

The outage will only last 15 hours. Also, the outage was scheduled to have as little effect on Presidians as possible. Most Presidians will probably be asleep when the procedure is started.

"We didn't want to do the work during the week," said George Lehtinen, resident engineer, Sacramento District, Corps of Engineers. "We would have to stop business on post."

"That time period was also chosen for the workmen's safety. They must be able to see what they are doing when working with electrical lines."

One of the main power feeders from PG and E will be rerouted during the shutdown. The power lines cross the site of the new commissary and must be moved before the construction company, S.J. Amoroso, can drive the piles for the foundation.

Lehtinen said there aren't enough wires to feed alternate power sources to the whole post.

The areas to be shutdown Sunday *don't* include Bldgs. four through 16, 252 and 230, the Main Exchange, and 1016 and 1063. These buildings, plus three or four others, will have emergency generators.

The surrounding buildings in these areas will *not* have power for 15 hours. This includes much of the Crissy Field area, officer family housing along Funston Avenue, enlisted family housing in the 100 area, and some other buildings around Letterman Army Medical Center, the 900 area and the Coast Guard Station.

The areas to be shutdown for two hours include: Fort Scott; officer family housing in the 1300 and 1400 areas; the post water plant; and the Golden Gate U.S. Army Reserve Center.

Lehtinen said the power outages may not last as long as planned. However, Sunday's actions will only be one example of the amount of work it will take to build a completely modern facility.

"Nothing in the new facility will come from the old commissary," Lehtinen said. "Everything will be state-of-the-art, from the display cases to the service areas."

"It will have a computer to run emergency generators, air conditioning and other controls. Air from the frozen food cabinets will be recirculated for energy efficiency, and the shopper will be able to see all checkout lines from the aisles."

The new commissary will cover 66,000 square feet (a football field only covers 52,800 square feet), will accommodate about 600 customers at once, and will have 280 parking spaces.

By being constructed immediately west of the Main Exchange, the new commissary will make shopping as convenient as regional shopping centers.



# Voices

## AAFES promotes safety with toy purchases

Fifty dead, 1200 injured. Results of a train crash? An earthquake? A small war?

No, simply the approximate number of children harmed by unsafe toys and lack of parental supervision during the past year.

The Christmas season tempts many parents to give in to children's demands for everything seen on TV or on the shelves of a store's toy section. And while there are some very inventive and creative toys on the market, there are also some which could be dangerous for small children.

"Manufacturers can't control the way the toys they make will be used," explains Mr. Rick Amato, Quality Assurance Specialist at HQ Army and Air Force Exchange Service in Dallas, Texas. "There are many well-designed miniature toys which are appropriate for older children, but when left where a younger child could play with them could lead to choking incidents.

"Our policy at AAFES is to check the kinds of toys being proposed by our buyers to see if the items can pass

the choke, poke and bite test. Even after accepting the product, we will occasionally pull an item from existing inventory and retest to make sure it's still safe," said Amato. "We test according to the standards set by the Consumer Product Safety Commission."

When buying for children, it is best to keep in mind the age of the child, his level of development, and whether any other children will have access to the same toys, suggested Amato.

Small children like large, bright objects which are easily moved or make sounds. They like to use their mouths to aid in their exploration and to satisfy curiosity. (The mouth is more tactile than fingers at that age.) Look for water-resistant picture books, simple puzzles, pull toys without sharp edges or removable parts. Don't buy pieces which can be put wholly into the child's mouth. Small toys (or pieces) were involved in a number of choking deaths in 1987.

For toys in general, specialists caution parents to take time in choosing

the right toy for the child's age group. Most toy manufacturers print guidelines on the carton.

"Even if you think your child can master a more advanced toy, remember that he's still a child," Amato said, "and may do something unexpected." Consider supervising younger children while they are using more advanced games.

As for electrical toys, treat them like a household appliance. They should be stored properly to prevent damage to the unit or its wiring. And parents should teach children not to yank on the cord when unplugging the toy.

Examine the toy before giving it to your child. Check the plug and cord as you would any appliance and try out the unit to see that it works properly.

"Make sure there aren't any sharp edges," said Manoj Parikh, a quality assurance laboratory engineer at HQ AAFES.

Caution children not to use the electrical toys near water. "These are not bathtub toys," Amato and Parikh both emphasize.

Table mounted units should be stable enough not to fall off or be knocked on the floor.

For train sets and any other toy that works with a separate transformer, make sure that the cord, plug and terminal connections are in good condition.

Transformers normally become warm when being used, but they have built-in safety features to prevent overheating. However, if your unit becomes very hot to the touch, turn it off and let it cool down.

Reading the manufacturer's description of the toy's safety features is a wise idea.

When dealing with any electrical toy, the specialists caution, if you have a problem, don't try to fix it—return the toy to your Exchange.

Following these safety guidelines can save lives and prevent injuries this Christmas and throughout the year. But there is another benefit AAFES specialists point out: you'll get many more years of use from your purchase and that will save you money.

HQ, AAFES

## Ramblin' Sam "Should Christmas lights be allowed in post housing? Why or why not?"



SFC Don Kuruppu, chief, personnel automated section, PSC: "Yes, but only during the limited time of the holidays and only at night. I see no reason for Christmas lights to be on during the day."



Susan Honeychurch, customer service representative, Eisenhower National Bank: "Yes, because it's a part of 'home' and everybody wants to be a part of home, especially when you're in a military community like we are."



Pvt. Carla Sanders, mail clerk, Mail and Distribution: "Yes, I think they should be allowed because of the Christmas spirit. I'm used to seeing lights during the holidays because my mother always decorates our house every year with a lot of lights."



Roger Zulaica, chief, plans branch, DCSIM, Sixth U.S. Army: "They should be allowed because they show the spirit of Christmas. There should be no reason why lights should be prohibited. But people should keep a close watch on the area around the lights and electrical outlet."

## Chaplains seek donations for Food Basket program

by Steve Morey

Army chaplains always seem to be there when a soldier needs spiritual guidance. According to the Headquarters Command Battalion, USAG chaplain, the holiday season is no exception.

"By Army regulation, the Chaplain's Office handles anything which affects the spiritual welfare of the soldier," Maj. Mark C. Harris explained.

"Since everybody has a spirit," he said, "we're involved!"

The chaplain's staff from "atop the hill" on Fisher Loop is sponsoring the post-wide 1987 Holiday Food Basket Program. According to Har-

ris, project officer for the program, the food basket campaign is designed to help needy soldiers enjoy at least one good meal during the holiday season.

Monetary donations, as well as canned and other non-perishable food, will be used to create an estimated 200 food baskets, Harris said. The money will be used to supply each basket with holiday favorites such as a five-pound canned ham, one 32-ounce can of chicken, cans of vegetables, and a partridge in a pear tree...

Also, each basket will be supplemented with non-perishable food donated by each major unit on post.

The donated food will be collected in large, decorated containers at each participating unit, Harris said, with the respective first sergeants in direct charge of soldier donations.

"The action is conducted on the unit level by the first sergeants. They submit names of people in their unit who they think need help and [then] collect money from the [other] soldiers," Harris said.

"The money is funneled through here [the Chaplain's Office]. We take the money, we buy the food, put it in bags and give it to the units." The bundle of holiday goodies then will be distributed to the needy soldiers at each unit Friday.

Last year's program raised about \$4,500 to provide soldiers with 150 food baskets. Harris said he hopes to surpass those marks to help even more soldiers this holiday season.

of food and money by Presidio soldiers, the chapel will have a designated offering at each of Sunday's religious services on post.

"Additionally, we're soliciting donations from organizations associated with the Presidio such as the Thrift Shop and Creative Cottage (operated by the Officers' Wives Club), and the Association of the United States Army (AUSA).

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## Briefs *continued from page 1*

Sector USMEPCOM at 561-5851 or 561-5891.

### Mandatory briefing

All soldiers honorably separating (though not retiring) from the Army during the months of January, February, March and April are required to attend a pretransition briefing at the Presidio Religious Activities Center, Jan. 12, from 8 a.m. until noon.

The topics discussed are designed to help soldiers make a smooth transition to civilian life. Spouses and commanders are welcome to attend this briefing.

This briefing is mandatory in accordance with Army Regulation (AR) 635-10. For more information, contact SP4 Arnold Gyant, Soldier Support Branch, at 561-2151 or AUTOVON 586-2151.

### Open Season declared

The Thrift Savings Plan Open Season will continue through Jan. 31. Employees covered by FERS or CSRS are eligible to join the Thrift Savings Plan (TSP). There are two open seasons held each year for eligible employees to join the Plan or change participation.

Employees can start contributing or change their contributions only during an open season. The second open season for 1988 will begin May 15.

FERS employees hired before July 1, 1987, are eligible to make contributions to the Plan for the first time or change the choice made during the previous open season. CSRS employees can change a prior election or begin to contribute for the first time.

Eligible employees who want to begin contributing to the Thrift Savings Plan should contact Menda Doria or Maria Mata in the Civilian Personnel Office (CPO) at 561-5724 and request the TSP Open Season Booklet, Election Form (TSP-1) and TSP Designation of Beneficiaries Form (TSP-3). Completed forms must be returned to CPO no later than Jan. 31.

NOTE: Election Forms submitted prior to Dec. 31 will be effective Jan. 3, 1988. Election Forms submitted after Jan. 3 but before Jan. 31 will be effective no later than the pay period following the date the form was accepted.

### PSF Idea of Excellence

This week's idea is submitted by Will Weber, Operations and Maintenance Division, Directorate of Engineering and Housing (DEH).

Weber suggests that DEH should purchase a tapping and line stopping tool for water lines from four to 12 inches in diameter. Such a tool could be purchased from HydraStop, which also supplies a gas line stopping tool.

Weber said the tools have been endorsed at Kirkland Air Force Base, N.M., and videotapes about the tools are available.

Now, you may be asking yourself what is the big deal. It so happens that repairs could be made to the gas and water lines on post without completely shutting down the lines.

According to Weber, sometimes DEH has

spent days looking for valves and trying to isolate problems. By purchasing new line stopping equipment, time and equipment won't be spent searching for valves to shut off, excess water loss will be cut down and energy won't be consumed trying to pump water during repair work.

Weber said a "substantial savings will be gained with the use of these tools."

This is another idea with a focus on quality.

If you have an idea that you believe could in some way improve the quality of life on the Presidio, send your suggestion to the Presidio Ideas Office, Bldg. 220, or call 561-IDEA. Your idea will be greatly appreciated.

## Buy smoke detector as gift

by Fredrick Bartow  
Fire Inspector

We all look forward to the Christmas holiday season as one of the most joyful and festive times of the year, but, as we get caught up in the season's activities, we must not lose sight of the special precautions we must take to keep our homes safe during the holidays.

If we stop to think about the unusual hazards that surround us at this time of the year (a flammable tree in the house, open flames from fireplaces and candles, crowded kitchens, temporary electrical wiring, parties with guests who smoke), it is easy to see why we must be especially alert to avoid turning holiday joy into needless tragedy.

There is one particular precaution the Presidio Fire Department would like to emphasize.

The experience has proven essential to protecting the lives of everyone in your home.

Should a fire occur, early warning and having

two ways out of every room (especially sleeping rooms) are the critical keys to survival. To put it in simple terms, it is essential that you have an operating smoke detector installed in your home and that you develop and practice a home emergency escape plan.

Keep escape routes in mind so they are not blocked. If you rearrange furniture to make room for the Christmas tree, don't forget to have more than one way out of other rooms that may be used as temporary sleeping areas to accommodate overnight guests.

A sad fact is that fire will damage or destroy many homes during the holidays, turning joy into sorrow because people were careless.

Don't let it happen to you! Be aware, stay alert, and have a joyous and fire-safe holiday season.

If you're looking for a last-minute gift, why not consider buying a smoke detector for a house without one? It's one gift that just might save a life.

To our readers: The Star Presidian will not publish Dec. 25 and Jan. 1. Have a happy and safe holidays season.



## TAKE A BITE OUT OF CRIME

Part one  
by Dennis A. O'Brien

Like in the previous article about abandoned vehicles, personnel who depart the Presidio or residents of the City of San Francisco tend to leave their animals on the Presidio. Ever so often, the family dog or cat is abandoned. In this series of two articles, you will not only learn about abandoned animals, but animal control in general.

Every day, Presidians from all parts of the Presidio call the MP station to inform the Military Police that there is a stray animal running around on post. Sometimes, stray cats outnumber stray dogs and visa versa. Unless the animal, when picked up, has some sort of identification tags either from the Presidio vet clinic or some other vet clinic, it is taken to the Presidio vet clinic, Bldg. 668.

The Military Police get calls about stray

## MPs impound abandoned animals

animals 24 hours a day, seven days a week, 365 days a year. Once the animal is reported to be a stray animal, the MP responds and attempts to catch the animal. Sometimes, the animal is tame; other times, it's not. The animal, after being captured, is transported in a MP vehicle to the vet clinic during regular duty hours. There, the animal is placed in a holding cage until veterinarian personnel can identify and take care of the animal.

After duty hours the animal is taken to the MP station, where the MP picks up the key to the closed vet clinic. The MP transports the animal to the vet clinic where the animal is placed in a holding cage and a card is filled out with as much information as possible about the animal.

Unlike during regular duty hours, where the owner can pick up the animal, once placed in the holding cage after duty hours, on weekends and holidays, the animal cannot be released to the owner unless approval is given by the vet clinic personnel. Enough food and water is provided to the animal to sustain it until the next duty day, where proper disposition of the animal is made.

Often Presidians call the MP station to tell them that such animals such as raccoons, skunks, rabbits, foxes, deer and snakes are running around the quarters area. In this case, Facility Engineers

are notified and personnel from Grounds Division respond. Generally, by the time the engineers arrive, the animal is gone. Traps are then placed in the area and once captured, the animal is taken to a wide open area of post, away from the quarters and set free.

Because of the vet clinic on post, the San Francisco Chapter of the SPCA (Society for Prevention of Cruelty of Animals) will not respond to any stray animal.

Often, Presidians themselves take the animal to the vet clinic. But if the MP takes the animal to the vet clinic, whether it be during duty hours or after duty hours, a Military Police Report is initiated. If the owner can be located, the owner is usually charged for violation of Presidio of San Francisco Regulation 40-1.

In Part Two of this series, we will learn the responsibility of the owner and of those who walk animals on the Presidio.

### Crime Watch

- There were four reports of stray dogs.
- There was one family member cited for shoplifting at the Four Seasons.
- A service member was charged with aggravated assault.

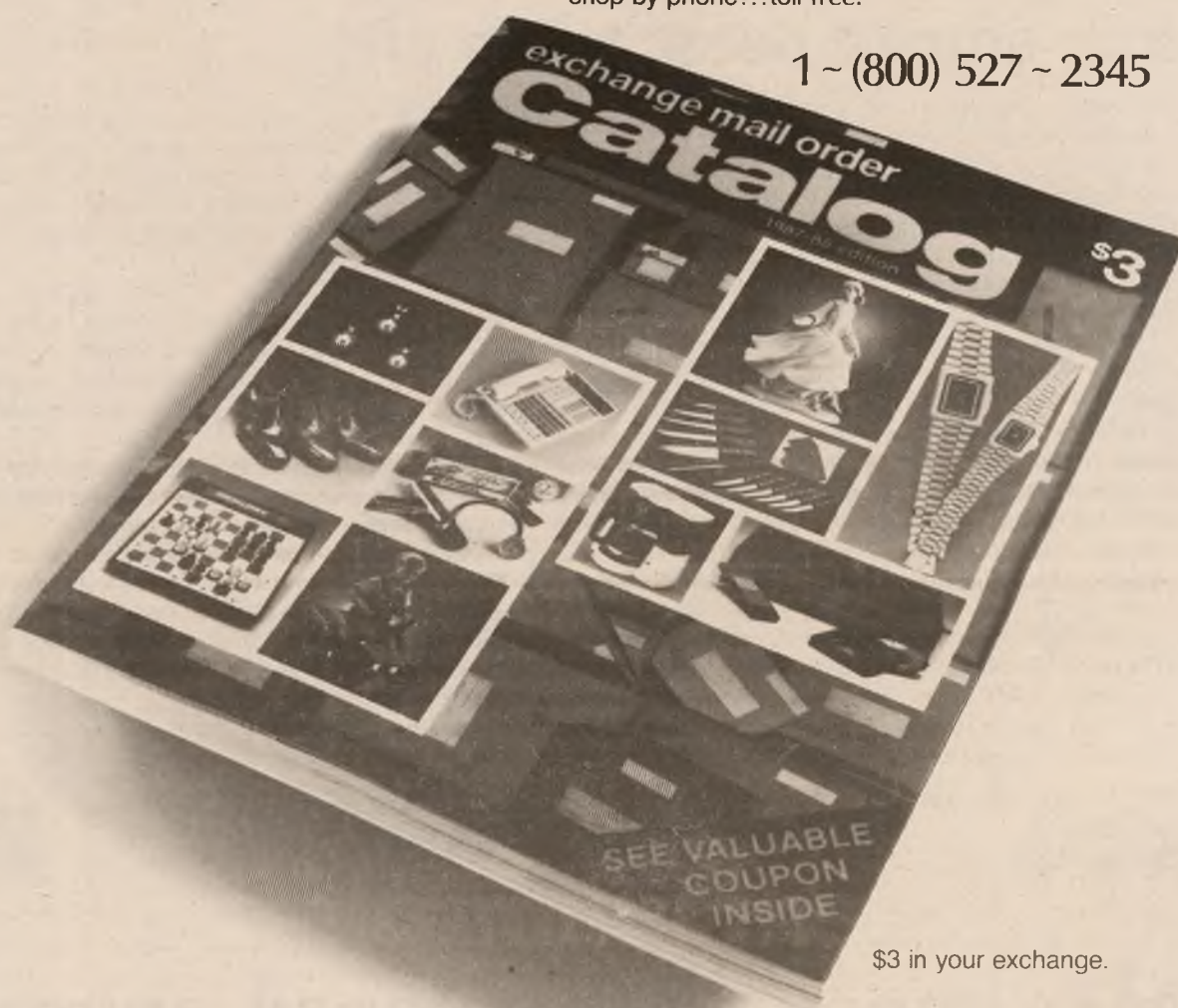


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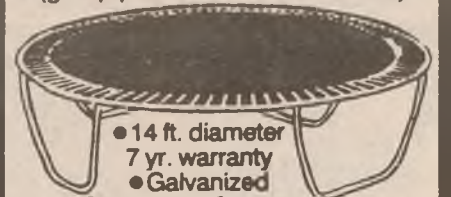
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# Soldiers and Civvies

## CFC deadline extended on post

story by Steve Morey  
photo by Robert Sites

The 1987 Combined Federal Campaign (CFC) on post has been extended until *Friday* because of a lack of "enthusiasm and participation" by the Presidio community, according to the post's CFC coordinator.

"For some reason or other, [we've] had plenty of military participation; but civilian participation has slacked off," explained Lt. Col. Michael B. Dishman, deputy director and reserve affairs advisor for the Directorate of Reserve Components Support (DRCS).

The post's assistant CFC supervisor is SSgt. Clifton Jones, administrative supervisor for DRCS.

Dishman said participation is down in both sectors; but a lack of participation has been more noticeable in the civilian sector.

### \$20,000 less

As of Dec. 4, Presidians, both military and civilian, had contributed \$20,000 less than the 1986 post total of \$43,000. Dishman said this amounts to only a 35 percent participation rate for members of the Presidio community with a vast majority of the money provided by soldiers.

"If we had 75 percent participation we wouldn't have to worry about the CFC on the Presidio," Dishman said.

The CFC, which began more than two months ago, is an annual, nationwide fund-raising event whereby federally-employed workers and military servicemembers donate either a flat sum or a small portion of their paycheck to a charity or charities of their choosing.

One member of each office or unit is designated as the "keyworker" for his or her fellow employees. The keyworker is responsible for providing co-workers with information about CFC and collecting their pledge forms to turn in to Dishman for tallying.



photo by Robert Sites

"Well, Presidio, what amount should we enter on this check?" That seems to be the question being asked by Col. Joseph V. Rafferty, post commander, and SSgt. Clifton Jones, who is administrative supervisor for the Directorate of Reserve Components Support as well as the post's assistant CFC supervisor.

### It's not too late

Jones suggests to those Presidians who haven't donated yet to "think about the needy people out there, those that won't get anything, especially during the holiday season. They're definitely in need."

The four-year assistant CFC coordinator said the fact the campaign runs through the holidays is no excuse for a reduction in civilian donations.

"Holidays have nothing to do with a lack of Presidian support," he said.

### Soldiers lead the way

Whatever the reason or reasons for the decline of donations on post, Dishman said he and Jones would like to have the post reach *at least* the \$43,000 raised last year. Jones was quick to point out how Presidio soldiers have led the way in contributions.

The top contributor on post for 1987 is Company C, 864th Engineer Battalion. As of Dec. 4, the engineers had donated approximately \$7,500.

## CPO vacancies

**Supervisory Staff Administrative Assistant, GS-301-10**, located at the 91st Division (training), 91st Maneuver Training Command, Pleasanton, Calif. The area of consideration is FORSCOM-wide. The closing date for applications is Wednesday.

**Requirements:** Grade GS-10, 5-1/2 years total experience, to include 2 years of general experience and 3-1/2 years total of specialized experience (to include three different types of specialized experience). Applicants must have served at least one year at or above the GS-9 level in the federal service.

**Recreation Specialist, GS-188-5/7**, located in Outdoor

Recreation Branch, Community Recreation Division, Directorate of Personnel and Community Activities (DPCA). All organizations receiving civilian personnel service from the Presidio are included in the area of consideration. The closing date for applications is Thursday.

**Requirements:** For the GS-7, six months of experience must have been at a level of difficulty comparable to the next lower grade or at least one year to the second lower grade in the federal service. GS-7s must have served at least one year at or above the GS-5 level.

**Heavy Mobile Equipment Repairer Foreman, WG-5803-6**,

124th ARCOM, Pleasanton, Calif. area of consideration is Presidio of San Francisco only. The closing date is Dec. 18.

**Requirements:** Ability to supervise; knowledge of equipment assembly, installation, repair; technical practices. (For this position contact Deborah Roberts, Personnel Staffing Assistant, AUTOVON 586-3171, or commercial 561-3171).

**Library Technician, GS-1411-4/5**, located in the Library Branch, Community Recreation Division, DPCA. All organizations served by the post's Civilian Personnel Office are covered by this query. The closing date is Dec. 18.

**Requirements:** GS-4 must have one year of general experience and one year of specialized experience; GS-5 must have one year of general plus two years of specialized experience. For this position contact Elaine Wong, Personnel Staffing Assistant, AUTOVON 586-5750 or commercial 561-5750.

**Note:** Complete qualification requirements and education substitution for each of these positions are outlined in X118 Qualification Standards and are available for review in the CPO. Applicants can call the personnel staffing specialist, Jackson Roach, at AUTOVON 586-5750, or commercial (415) 561-5750.

### Headquarters Command Battalion upcoming activities and events

Date	Time	Event	Location/Action
Dec. 14	6:25 a.m.	BN Muster Run	Bowling Alley S-3
Dec. 15	All day	BN Organization Day	Log Cabin S-1
Dec. 14 to 20	All Day	41st Annual Midwest Band Clinic	Chicago, Ill. PSF
Dec. 17	7:30-11:30 a.m.	Gas Chamber Exercise	Battery Dynamite
Dec. 18-Jan. 3	All Day	Half Day Holiday Schedule	
Dec. 18-Jan. 28	All Day	Post Support	





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# Common cold, flu or allergy—you feel miserable

by Evelyn D. Harris

You don't know if you have a cold, the flu or just an allergy. All you know is you're miserable.

There are ways to tell the three apart, according to Army Dr. (Lt. Col.) William J. Meinert. He heads the Department of Family Practice at the Uniformed Services University of the Health Sciences, Bethesda, Md., and treats patients at DeWitt Army Community Hospital, Fort Belvoir, Va.

Timing is one. "Allergies are usually seasonal. Hay fever sufferers have problems in the spring and early fall. People who are allergic to dust and mold suffer most in the winter, particularly if they have a forced-air heating system," said Meinert.

Colds, on the other hand, are most common from the beginning of the school year in the fall through spring, peaking in the coldest months of January and February. The flu, or influenza, strikes as an epidemic, usually starting in November and continuing through the winter.

Symptoms are another way to tell the differences among the three. Allergy symptoms are limited to congestion, watery eyes and an irritated throat. In addition to these, cold sufferers may often have mild aches and a low fever. The flu is usually more severe, with a sudden, high fever, chills and sweating, cough, muscle aches and pains and headache.

The "common cold" is common. Americans suffer 1 billion colds a year. People don't get more colds in cold weather because getting chilled can give them colds, said Meinert. People live closer together in the winter, passing colds in the best way possible—from hand to hand.

"Although you can get a cold from the droplets released in the

air when someone sneezes, you're much more likely to get it from touching their hands," said Meinert. Often unconsciously, cold sufferers wipe their runny eyes and then touch their neighbors. Cold germs can survive up to three hours on telephone receivers and other surfaces.

The most innocent faces belong to the most guilty parties when it comes to spreading colds. Children, particularly young children in day-care, nursery school and kindergarten, get—and spread—more colds than any other group in the population. "Young children get from eight to 10 colds a year," said Meinert. "Unless Grandma sees

her grandchildren often, she's the least likely to get a cold—people over 65 have fewer colds," he added.

Although colds are seldom life-threatening, Meinert suggests you see a doctor if the infection gets in your lungs or if you develop a fever or severe sore throat. If your mucous is yellow or green, you probably have a bacterial infection that can be treated with antibiotics.

You should watch your baby carefully if he or she has a cold. If you believe the baby has an earache or a sore throat, take him or her to a doctor. Untreated ear infections can lead to deafness. Sore throats can mean a strep infection—which can lead to rheumatic fever, which

damages the heart. Said Meinert, "We probably do more strep throat cultures than we need to—but it pays off because rheumatic fever is now rare in this country."

Croup is another common cold complication for children until about the age of 3. "If your baby is 'barking,' take him to the doctor. Usually the cold air hitting him on the way to the car is enough to stop the croup, but it's best not to take chances," said Meinert. Sitting with your baby in a steamy bathroom will also stop the croup.

The military services usually vaccinate against flu in the middle of October. This year, military people received shots protecting against the A/Taiwan, A/Leningrad and B/Ann Arbor influenza viruses. According to Meinert, "You can't fight a war if half your people have the flu, but the flu is not usually dangerous to healthy young men and women."

"The flu can be life-threatening to the very young, very old and chronically ill," said Meinert. Flu can progress to pneumonia, which can be fatal if not treated. Pneumonia usually strikes suddenly, with shaking chills and sharp pain in the chest. The lungs are congested, and fever can rise to 105 degrees Fahrenheit.

Therefore, the Public Health Service's Atlanta-based Centers for Disease Control recommends flu shots for people with diabetes, cancer or kidney, liver or lung disease, anyone over 65 and health care workers. Meinert also recommends flu shots for smokers and children with any chronic disease. For those who can't get flu shots because of an egg allergy or pregnancy, the drug amantadine can prevent flu if given before exposure or lessen its severity if given after exposure.



## Voucher cheaters lose career for petty bucks

By Tom Joyce

Is an entire career worth the price of a 15-mile cab ride?

Some military personnel apparently think so. After a permanent change of station or temporary duty travel, they decide to ask to be reimbursed for expenses they never incurred. It might be only a few extra bucks, but fraud is fraud.

Travel voucher fraud, while not rampant, still occurs throughout the Department of Defense. During fiscal 1987, DoD spent almost \$3.4 billion in permanent change of station and temporary duty travel costs. And of the thousands who traveled, some couldn't pass up the chance to pocket a few extra dollars. For example:

- An airman on a permanent change of station from the United States to Japan files a travel voucher stating he drove his personal car during his travel in the United States. He is reimbursed for mileage and paid a per diem of \$344 for seven days of travel time.

An investigation shows the airman actually traveled by commercial air in the United States. He is ordered to repay \$181.20, is charged four days leave and receives an Article 15.

- A captain on temporary duty to the United States claims use of a rental car and is reimbursed \$120.50. He is suspected of using the rental car for recreational purposes. An investigation supports the allegation, and the captain is found guilty of filing a fraudulent travel voucher. The captain repays the money, pays a \$2,000 fine and receives

a letter of reprimand.

Col. Patrick Malvaso is director of the Air Force District of Washington Accounting and Finance Office, Bolling Air Force Base, Washington, D.C. His staff of 20 clerks computes more than 600 travel vouchers a day. Clients include the secretary of defense as well as recently arrived service members. He acknowledges that the first line of defense in travel voucher fraud in finance offices around the world is the clerks.

"They are all very bright," he said. "Over time, they develop data banks in their head they use to spot fraud. For example, after filing 5,000 vouchers from Washington, they know how much it should cost for cab fare from National Airport to Mount Vernon, Va. But we'll occasionally still see someone try to claim more than they should." Seasoned veterans in other cities have similar data banks.

DoD has done what it can to make the travel voucher process more efficient. Currently, only reimbursable expenses of \$25 or more require receipts.

Later in fiscal 1988, military personnel should begin filing travel vouchers based on the Lodgings Plus system. This system, currently being used by service and DoD civilians, establishes firm per diem rates for each part of the country and requires receipts for lodging costs.

If the per diem rate is \$65 a day, that means the traveler will be reimbursed no more than \$65 for each day's stay in that area. Should travelers

decide to pay more for meals and lodging, it is at their expense. If they can eat cheaper, it is to their advantage.

"The travel voucher process works on the honor system," said Malvaso. "Over the years, DoD has tried to simplify the process as much as possible. Moving to Lodging Plus for military folks will place all personnel on an equitable system. However, I anticipate there will be more opportunity to fudge the figures."

Malvaso strongly encourages anyone debating the idea of picking up a few bucks to reconsider. "First, unit financial managers review all travel vouchers. And finance clerks have heard and seen everything. If it looks out of place, they will catch it."

Secondly, said Malvaso, fraudulent travel vouchers can be detrimental to a career. "Officers know that if they get caught with a fraudulent voucher, it's the end of their career," he said. "Enlisted personnel can expect to be punished under the Uniform Code of Military Justice."

"In either case, commanders will know you can't be trusted as a person. And that is very important. Once the trust is violated, it's all over."

Malvaso said vouchers can be audited at any time—even after a travel voucher is paid. "You just have to wonder if the dollar amount that may be obtained through the falsified order or voucher is worth the price to pay when you get caught," he said.

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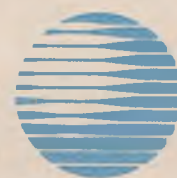
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# Feature

## Watery course is no obstacle for CP

story and photos by Pleasant Lindsey

Like spiders in the water spout, Headquarters Company soldiers drove through a huge storm to mater obstacle courses and dangle like arachnids from a 90-foot tower at Parks RFTA.

The soldiers of the Ceremonial Platoon discovered that an obstacle course can be much

tougher than their normal physical training. Try climbing over logs without using your hands, or walking on rails in the middle of a light shower. Better yet, try running the course for time.

However, the rain put a damper on the second phase of their training—the rapelling course.

Actually, two of the platoon's soldiers got a chance to rapell down the 90-foot wall, followed by a soldier who went along to take photos. Unfortunately, the storm rose to full force while the soldier with the camera was rapelling, and this activity was immediately washed out.



SP4 Primo Anabeza drops spiderlike down the cargo net.



SP4 Julio Gonsalves swings over the last hurdle.



Platoon members check their lines before rapelling. Unfortunately, the rain drowned the exercise.



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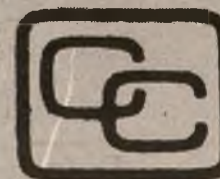
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# Sports

## Time runs out, post men lose

by Steve Morey

The Presidio independent Men's Basketball Team succumbed Dec. 6 to the balanced scoring attack of the University of San Francisco (USF) Intramural Team, 102-100, at the Main Post Gym.

The post men trailed the entire game, at times falling behind as much as 19 points before rallying in the second half to pull within two, 96-94, with 2:34 remaining.

However, the USF men used a ball-control offense to wind down the clock. The post team, down 102-100, did manage to get control of the ball with :04 left in the game but were unable to convert the inbounds pass into a shot at the hoop.

Presidio's Dale Kennedy led all scorers with 26 points while teammates Donald Smith, 14, James Winbush, 12, and Willie MacNeil, nine, rounded out the attack.

USF's fast-breaking offensive punch had Larry Jones with 21; Anthony Mann, 18; and Gus Gomizias, 14 topping the list of six USF players in double figures.

The opening half wasn't too kind to the Presidio bunch as USF shot out to a 17-7 lead five minutes into the game. The visiting team used every imaginable type of fast-break offense against Presidio's man-to-man defense to mount the points on the scoreboard. Presidio was faced with 3-1, 4-1 and even 5-1 breaks during a fast-paced first half

which ended USF, 60-45.

Presidio player-coach, MacNeil, held a lively team meeting at the half which seemed to spark his team into action.

Kennedy, Smith and Michael Hollingsworth combined slick passes, driving layups and power rebounding, respectively, to slowly cut the sizeable deficit to USF 91, Presidio 84.

Unfortunately, at 1:34, Smith fouled out trying to guard Mann on a driving layup. But Presidio kept up the attack with Winbush sinking a bucket and drawing a foul at :44. Winbush sank the free throw and was followed to the line by Kennedy who sank a technical freebie as USF tempers caught the ear of the referee.

Kennedy's solo shot made the score 102-100, USF. Presidio worked the ball around but, in doing so, ran themselves into a hole with only four seconds to go. After a Presidio timeout, the inbounds pass from Kim Grantham to Kennedy consumed the remaining time on the clock.

*Moe's Mumblings...A horrid Presidio first half followed by a gutsy come-from-behind second half...AT least three, earth-shattering dunks by USF's big men—Darryl Dawkins, where are you?...Defense, guys, defense...interesting second-half matchup between All-Army Smith and IBA-hopeful Mann.*

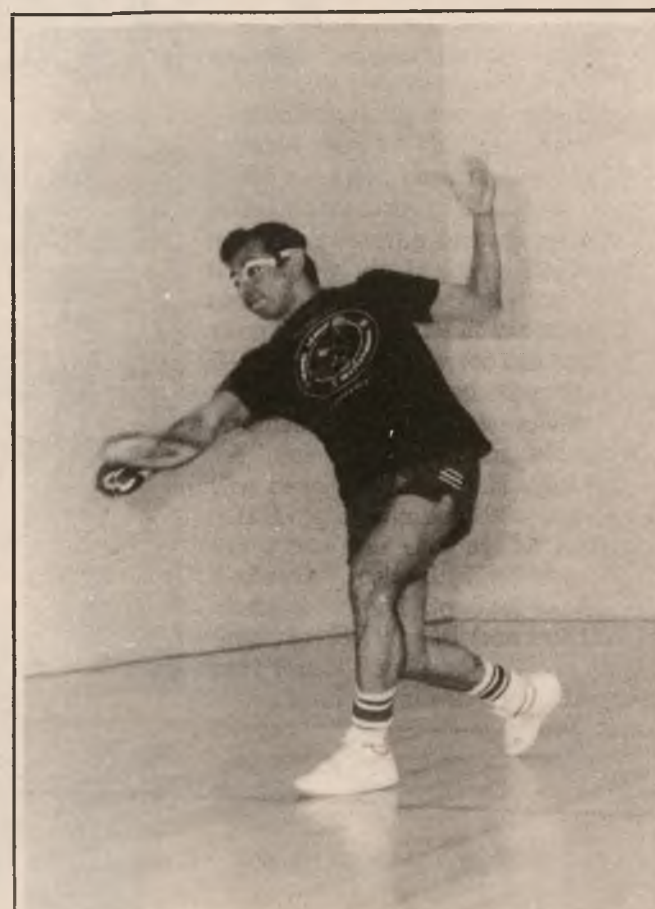


photo by Pleasant Lindsey  
Carlos Farias fires a forehand volley, a weapon that has kept him at the top of the post's racquetball players.

## Sports Notes

### Christmas tournaments

The Presidio Sports Branch will host several different tournaments during the Christmas holidays. Tournaments are open to all military personnel, family members 19 years or older and Department of the Army civilians who are assigned or attached

to the Presidio. All competition will be held Dec. 21 to 23 and Dec. 28 to 30, from 11:30 a.m. through 5 p.m.

Organizational meetings will be held at Post Gym No. 1 as follows:

**Racquetball, squash, handball:** 11 a.m., Tuesday.

**Volleyball:** 12 p.m., Dec. 15; and

**Basketball (full court):** 12:30 p.m., Tuesday.

Teams must be comprised of personnel within the same unit/organization.

**3-on-3 Basketball (half court):** participants must be 30 years old or older; 12:30 p.m. Tuesday, Post Gym No. 1.

Teams or individuals who wish to participate may enter by calling 561-5032. Entry deadline is Tuesday.

### Basketball update

Presidio Post Teams increased their win record this last weekend over Mare Island. The Presidio Women defeated Mare Island 65-46, and the Presidio Men toppled Mare Island 117-112.

## Jimmy the Freak's picks of the week

**Hellooo, everybody!** The way things have been going in the NFL this year, I think we should seriously consider naming Rod Serling as Commissioner, cuz every week is like a trip into the "twilight zone"! The Colts shut down the Browns, the inept Falcons rip up the woebegone Cowboys, the Seahawks fall on their beaks in Pittsburgh, and even the Raiders looked semiprofessional for the second week in a row. It's getting weird out there, folks!! Here I am, trying to make some sense out of all this craziness to come up with predictions that won't go bump in the night. So I'm giving it one more chance...if the following predictions do not work out, blame the players for striking and throwing the whole season into a competitive blender. The entire league has been pureed...and my columns have been a bit overdone.

**San Francisco 27, Chicago 23**

Ooo,ooo...did you see that hit!!!! Ouch!!!!...did you see that block!!!! This most likely will be a preview of

the NFC championship game, and the only difference will be the home field advantage and the possibility that Jim McMahon will be slightly incapacitated by injury. What's that you say?...No, no, no...McMahon has not had 37 different ailments this season. It's only been 36...but there's still a month to go.

**Cleveland 34, Cincinnati 23**

The Browns are too good to fall down and go boom three weeks in a row. I look for Kozar and Company to put together a big offensive show. By the way, did you see how bad the field looked in Cleveland last week? How would you like the guy in charge of the field to be the one to resod your back yard? It looked like green linoleum thrown on top of an ice rink!

**New York Giants 28, St. Louis 13**

The Giants should win most of the remaining games on their schedule, if only to restore a little pride in themselves. Although Neil Lomax is playing at Pro Bowl level (he should be second string to Joe Montana),

he's just a giant among pygmies. This should be a better game next year when it's played in Baltimore.

**Indianapolis 16, Buffalo 13**

Did you hear that Bob Irsey came down to the field and asked the quarterback about changing the coaches? Or something like that...Irsey is to football as Khaddafy is to sanity. Besides, how can I pick the Bills to win. I don't know who they are...are they the team that beat the Dolphins or the team that took a dive against the Raiders?

**Upset of the Week Denver 30, Seattle 17**

How in the world could the Seahawks be favored in this match? Hasn't anyone been watching them over the past couple of weeks?? Their offense is non-existent...in fact they looked "Knoxed" out. If they can make Mark Malone and Marc Wilson look good, just try to imagine how masterful John Elway will appear!!!

**Upset of the Week No. 2 Detroit 30-something, Tampa Bay 20-something**

Other than a few diehards in Motown, who really cares? The Lions get a Christmas present a little early.

**Upset of the Week No. 3 Los Aggravating Raiders 34, Kansas City 33**

Just seeing if you're still awake! The upset here is the fact that you have to swallow that bile and admit that Al Davis pulled a fast one by drafting Bo Jackson. Oh, well...even a blind squirrel will find a nut now and then...and Al is as squirrely as they get.

**Upset of the Week No. 4 Houston 27, New Orleans 21**

I think that all the publicity is getting to the Saints just a tad. They beat the Bucs only because they got several gift touchdowns, and then they gave up 34 points to the same weak team. They should get their act together for the playoffs, however.



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# Community Calendar

## Children's party

Youth Activities is sponsoring a children's Christmas Party on Dec. 19, from 2 to 4 p.m. at the Log Cabin. Games, songs, a puppet show and a visit from Santa are all a part of the festivities. Children ages 3 to 12 years are invited. The party is free, and refreshments will be served.

## Skaters trip in TI

There will be a Pre-teen (ages 6 to 12) and Teen (ages 13 to 19) skating trip to Treasure Island on Dec. 21 and 30, from 1 to 3 p.m. The bus leaves at 12:30 p.m. both days and returns at 3:30 p.m. The cost is 75 cents with skates, \$1.25 without skates. For more information call Youth Activities at 561-5143.

## Museum closed

The Presidio Army Museum will be closed to the public on Sunday and Dec. 18.

## Commissary hours change

Effective Dec. 15, the Commissary will change its operating hours on *Tuesday only*. The present operating hours (10 a.m. to 6 p.m.) will be changed to 11 a.m. until 7 p.m. The new Tuesday hours will give patrons one additional late shopping night each week.

## Thrift Shop

The Thrift Shop is accepting Christmas items on consignment from now through Thursday. Located in Bldg. 204, the Thrift Shop is open Tuesday through Thursday from 10 a.m. until 2 p.m., and the first Saturday of each month from 10 a.m. to 1 p.m. The consignment desk closes one hour prior to the Thrift Shop closing time. Phone 922-3384 for more information.

## Choir carols

The Post Chapel choir will be presenting its annual Christmas Carol Sing Along on Sunday at 7 p.m. in the Main Post Chapel. Now a Presidio tradition, the caroling is an event for the entire family.

This year's offering is a dramatic retelling of the Christmas Story, with the audience playing an important part by singing familiar carols. There will also be readings and presentations by the choir and soloists of the Post Chapel. Several selections from Handel's "Messiah" will be performed.

Everyone is invited to attend this free program.



photo courtesy of Orion Pictures Corporation  
Billy Crystal and Danny DeVito mix it up in a scene from Orion Pictures Corporation's "Throw Momma From the Train." The movie has just opened in the Bay Area.

## Discount tickets

The ITT Office is offering an array of discount tickets for upcoming events. Brief descriptions of these events are listed below. ITT is located in Bldg. 135 (Golden Gate Community Club) in the left alcove off the main lobby. Operating hours are: 9:30 a.m. to 6 p.m., Tuesday through Saturday. Phone number is 561-3992.

### Dickens Christmas Faire

The Dickens Christmas Faire is running weekends through Sunday, Dec. 20 at Pier 45, Fisherman's Wharf. The fair, which is being held indoors, is open 10 a.m. to 9 p.m. Saturdays and 10 a.m. to 7 p.m. on Sundays. Some of the Victorian highlights are: The Children's Christmas Pantomime; Music Hall Sing-A-Longs; Winter Waterfront Marketplace of Rare Crafts; and Feast Foods of the Season. Participants are invited to dress for the Victorian holidays. Tickets are available at ITT for \$8.50.

### Warriors basketball

Enjoy Warrior Basketball with the ITT office. A great selection of tickets are on hand. Plan on visiting this office soon, as the most popular games, such as the Los Angeles Lakers and the Boston Celtics, go

quickly. So, "What are you waiting for?" Call ITT right now at 561-3992.

## Service Director

**Job Opening:** The Presidio Child Development Center is currently hiring two new Child Development Services directors, GS-8. Starting salary is \$20,333 per year. Contact Jackson Roach at 561-5740 for application information.

## Band leaves

The Sixth U.S. Army Band will be on Christmas Blanket Leave from Dec. 21 until Jan. 4.

No bugle commitments or band commitments will be accepted.

## Semi-formal boogie

A Christmas Semi-formal Dance will be held Dec. 18 from 8 to 11:30 p.m. at the Log Cabin. Gifts will be exchanged there as well. At \$3 per person, this dance is open to military I.D. card holders and one guest, 13 to 19 years.

## Fort Scott Christmas program

Fort Scott Gospel Service will present their 2nd annual Christmas Program entitled, "Looking for Jesus," Dec. 20 at 7 p.m. in the Fort Scott

Chapel. Everyone is invited.

For more information, call SSgt. Henry Lacking at 561-2021 or 561-2566; or SSgt. Douglas Landrum at 561-3451.

## SFSU chorus sings Beethoven, Bach

The 150-voice San Francisco State University Chorus will perform Beethoven's *Mass in C*, and the *Magnificat* by Johann Sebastian Bach on Tuesday at 8 p.m. The program, under the direction of Byron McGilvray and Adrian G. Horn, and accompanied by the University Symphony Orchestra, will be held at McKenna Theater in the Creative Arts Building on Holloway Avenue. General admission is \$3.50, \$2.50 for students and seniors.

For concert information or for information on how to join the chorus, call 566-8096.

## OWC College Mixer

The Presidio Officers' Wives Club will be sponsoring their annual College Mixer at the Presidio Officers Club on Sunday, Dec. 27 from 7 to 10 p.m. All Presidio personnel, military and civilian, active and retired, family members who are of college age (18 to 26) are invited. Come make new friends and renew old acquaintances. Please bring any tapes you may have with your favorite music. For further information call Barbara Glichenhaus at 567-0682.

## Be a tree-lighting volunteer

Help decorate the post for Christmas! Report to the Presidio Fire Department on Monday, Tuesday and Wednesday by 8:30 a.m. and bring the whole family.

And, to keep that Christmas spirit flowing, be sure to join us for the big celebration when we light the post's Christmas tree, Dec. 18 at 3:30 p.m.

The more the merrier, so everyone should attend as we light the post this week with Christmas cheer.

## Teen gardening

Youth Activities will begin a program for teens who are interested in gardening for payment on the Presidio. Youth Activities will collect names and refer to any interested Presidian who needs some yard work done. So if you are interested in working please call Youth Activities at 561-5143 or 561-5910, or come to the office in Bldg. 1331, Fort Scott Area.

## At the movies

### Presidio Theatre

Fri, Dec. 11	Dragnet (PG-13)
Sat, Dec. 12	Masters of the Universe (PG)
Sun, Dec. 13	Hiding Out (PG-13)
Mon, Dec. 14	Hiding Out (PG-13)
Tue, Dec. 15	Nightflyers (R)
Wed, Dec. 16	Jaws—The Revenge (PG-13)
Thu, Dec. 17	Someone to Watch Over Me (R)
Fri, Dec. 18	Someone to watch Over Me (R)

### Hamilton Theater

Fri, Dec. 11	Revenge of the Nerds, Part II (PG-13)	7 p.m.
Sat, Dec. 12	Thumbelina (G)	1 p.m.
Sat, Dec. 12	Link (R)	7 p.m.

\*Call 883-0666 for price variations



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**Locked out: keys are inside, your're not, page 7**

**Happy Birthday: Battalion celebrates fourth year, page 9**

# Star Presidian

Vol. 30, No. 49

"Published in the interest of the people of the Presidio of San Francisco."

Dec. 18, 1987

## News Briefs

### Free long-distance calls

American Telephone and Telegraph Co. (AT&T) representatives will be on post offering free long-distance phone-calls to any Presidian, Sunday through Wednesday, at the Main Exchange (PX). There is no obligation to the caller.

The offer is limited to one call per person. But, the caller may dial any number anywhere in the United States.

"We will be available to answer questions about phone service, and help customers with service applications," said AT&T representative Pauline Witts. The AT&T service will be held in conjunction with the PX's telephone sales promotion.

Witts said the free long distance calls, referred to as demonstration calls, are limited to a maximum three minutes by federal regulations. Two phones will be available near the PX's mall entrance, between the customer service desk and the security desk.

Customers must be 18 years or older, or be accompanied by a parent to participate.

Because of the number of customers serviced by the PX, calls must be limited to one per person for the entire four-day period. The representatives will time the calls and will terminate them at the end of three minutes.

Witts said AT&T representatives will return to the post with the same offer on Jan. 26.

### OWC visits hospital

The Officers' Wives' Club is taking cookies, Christmas trees and gifts to hospitalized veterans on their annual Christmas project.

The club is taking Christmas to Fort Miley, the San Francisco Veteran's Hospital, on Monday at 1 p.m. They will be carolling while distributing the gifts to patients in each room.

The Officers' Wives' Club determined last year that they were able to be of help to those veterans who were too sick to be furloughed or who had no place to be furloughed by visiting them during the week of Christmas. The club's gift list includes slippers, pajamas, sweaters, etc; all items needed by patients who will probably receive only one gift for Christmas—a gift from the Officers' Wives' Club.

The club still needs people to carol and help pass out the gifts. Those who wish to participate in this activity should meet club members at 12:30 p.m. Monday in the Outdoor Recreation parking lot to carpool, or at the volunteer office of the Veteran's Hospital at 1 p.m. Gift donations are still being accepted.

The Religious Activities Center is serving as the main drop-off point on post for donations. Gifts do not have to be wrapped; they will be wrapped on Sunday by the teenage youth of the post chapel. The Officers' Wives' Club will continue accepting baked goods until Monday morning.

Although the Officers' Wives' Club spearheads this project, it still requires community participation to be effective. To find out how you can help, call Betty Voris at 285-1551.

see Briefs, page 3



photo by Steve Morey

SP4 Avery R. Abrams (left) and PFC Teddy Taylor, both of Company C, 864th Engineer Battalion, put the finishing touches on a swing set in the Child Development Center's playground.

## PSF child care center reopens

by Pleasant Lindsey

"I am proud to announce that our Child Development Center will re-open at 6:30 a.m. Monday."

That statement set off a thunderous round of applause and answered the lone question of the capacity crowd in the Schwartz Theater as Col. Joseph V. Rafferty, Presidio commander announced on Nov. 11 that the Child Development Center (CDC) passed its inspection by U.S. Forces Command (FORSCOM).

The CDC was closed at the end of the business day on Nov. 20, based on recommendations by the Army's Child Care Evaluation Team. A massive volunteer effort by Presidians erased all deficiencies. The subsequent reinspection gave the post the green light to reopen the center.

Soldiers from Headquarters Command Battalion, Company C, 864th Engineer Battalion, the Defense Language Institute-San Francisco and other units joined parents who use the CDC to make the necessary corrections. Work included landscaping, painting and improving heating and plumbing facilities.

"The volume of work that had to be done was only possible by bringing together a full team, as only the Army can do."

"The workload was in excess of what we were told was needed to be done," Rafferty said.

FORSCOM conducted the inspection Dec. 11. Rafferty said FORSCOM sent personnel from other FORSCOM installations, who worked throughout the week to help the Presidio's employees and volunteers complete the necessary improvements on time. The FORSCOM assistance minimiz-

ed the time that parents were forced to keep their children out of the center, according to Rafferty.

"The inspection was a success, our facilities are in order, and we have our systems in place," Rafferty told the captive audience.

"But I must caution all of us; the reopening is not anything that should suggest complacency on our part," he added.

Rafferty gave a lot of credit for the reopening to a "very dedicated group of temporary duty personnel" who came in to "augment" or beef up the staff. Also, the Presidio is currently expanding the management staff.

The J-1 officer of FORSCOM, Maj. Gen. William Gorley, said it was "difficult to make the initial decision [to close the CDC] during the Thanksgiving period," but felt it was necessary to ensure the quality of day care that Presidians deserve.

"I think that if we had tried to accomplish this feat without help, we never would have reached our goal," Gorley said. But the post got its help from all segments of the Presidio community.

Still, the post needs parental involvement if parents want to see the center's full value. The post as a whole received high praise for a job well done.

"I would very much like to extend my deepest appreciation not only to those who came in from outside, but to those many soldiers who volunteered many hours of time as well as the soldiers who were detailed for long hours to assist with the work that had to be done," Rafferty said.

He went on to thank the engineering staff of the

See CDC, page 3





# Voices

## Drugs + driving = traffic disaster, not holiday fun

by Skip Przybyla

Millions of people use drugs every day and most are unaware that many of these substances affect their driving skills. Alcohol, cocaine, tranquilizers, marijuana, and a variety of other drugs can affect the mental and physical skills needed for safe driving—even some over-the-counter medicines can affect driving.

The effects of a drug vary significantly from one individual to the next, and even vary in the same individual at different times. The driver's age, sex, weight, emotional state, the amount of drug and when it was taken, are all factors which influence the ability to drive safely.

Taking more than one drug at a time is especially dangerous because each one can add to the impact of the other. This is particularly true when one of the drugs is alcohol.

### Alcohol

Alcohol, is a mind-altering drug

that works as a sedative, changes the way a person thinks and acts. It affects judgment and coordination, and is a factor in 50 percent of America's highway deaths. In 1986, more than 23,000 Americans died in alcohol-related crashes.

It is a well-known fact that alcohol increases the sedative effect of tranquilizers and barbiturates (sleeping pills). Mixing these drugs, on or off the road, is extremely hazardous.

Even caffeine, a stimulant in coffee and tea, which is supposed to help the drowsy driver stay alert, cannot make an impaired driver sober. Studies show that caffeine does not improve an inebriated subject's driving. You simply have a wide-awake drunk on your hands.

### Marijuana

Marijuana is also a mind-altering

drug. Its use affects a wide-range of skills needed for safe driving. Quick thinking and reflexes are slowed, causing drivers difficulty in responding to sudden unexpected events. Also, a driver's ability to "track" (staying in lane) through curves, to brake quickly, and to maintain speed and the proper distance between cars is affected.

### Stimulants

Traffic studies link stimulants with an increased tendency to take risks and overestimate driving abilities. Cocaine, the third most common drug involved in traffic accidents, is particularly likely to promote risk-taking. Stimulants also produce a number of changes that can cause serious problems on the road, including anxiety, aggressiveness, irritability, lapses in concentration and attention, and fatigue.

### Other drugs

LSD, PCP, and other illegal hallucinogens distort judgment and reality, cause confusion and panic, and can produce severe mental problems resulting in strange and violent behavior. Clearly, these kinds of drugs could severely impair driving ability.

### Every driver should know

Driving requires a combination of thought and motor skills, a great deal of common sense, and a concern for the safety of everyone on the road. Safe driving requires an observant eye, a steady hand, and a clear head. By mixing drugs with driving, you are only asking for trouble. Why take the risk?

For more information, call: Presidio Alcohol and Drug Assistance Program Telephone: 561-2528 or 561-3784.

## Ramblin' Sam

"What do you want for Christmas?"



Georgia Ferguson, three-years-old, Presidio: "A toy, play kitchen and toy play food."

Jacqueline Murphy, two-years-old, Presidio: "A bicycle and a doll."



SP4 Aaron Bedingfield, operations and training assistant, HQ CO, USAG: "I want to be out of debt for the New Year."



SSgt. Bob White, euphonium player, Sixth U.S. Army Band: "A safe departure to a safe arrival in the Midwest (St. Louis) for a holiday with my parents."

## Enrollments reaffirmed, activities reopened at CDC

by Liz Greeley

On Dec. 11, Col. Joseph V. Rafferty, commander, Presidio of San Francisco, announced Child Development Center (CDC) deficiencies found by the Army Child Care Evaluation Team in November have been corrected and then announced the reopening of the CDC on Dec. 14 at 6:30 a.m. In addition, he announced the reopening of the Presidio Youth Activities Before, After, and Out-of-School Programs.

According to a Child Development Services release, children enrolled in the Child Development Center on Nov. 25 automatically were re-enrolled, but parents who wanted to continue to use the Center had to reaffirm their children's enrollment before the Center reopened on Dec. 14. Parents went to the Child Development Services Administration Office, bldg. 572, to reaffirm their children's enrollment and have questions answered on Dec. 13 from 1 to 6 p.m. Child Development Services opened that day especially for those purposes.

New applications for child care will not be accepted until January 5, 1988. At that time, a prioritized waiting list will be established and used

in filling any vacancies. The priorities were as follows: **priority 1**, sole parents; **priority 2**, dual military parents; **priority 3**, other military parents, **priority 4**, civilian employees.

### Youth Activities

The Youth Activities programs are supervised by the Youth Activities Director and operated by Child Development Services staff members. Children ages six through 12 are supervised in organized activities in accordance with Army regulations. This also means children may not enter or leave bldg. 563 (Youth Activities) without properly signing in or out.

The staff ratio is one staff member to 15 children; this ratio will be maintained and children will not be left unattended.

Out-of-School Program activities, which will be organized and coordinated during the holiday season, will include field trips. However, all field trips will be made exclusively to Presidio facilities and will conform to the Youth Activities policy. According to that policy, parents must be notified and sign parental permission slips before each field trip.

Fees for both the Child Development Center and Youth Activities Before and After-School programs are shown below.

### Monthly fees

Time	1st child	2nd child
3 hours	\$76	\$68
5 hours	\$142	\$128
6 hours	\$168	\$151
7 hours	\$190	\$171
Infants	\$230	\$207
Pre-toddlers	\$240	\$216
Others	\$210	\$189

### Before and After-School

1 hour	\$27	\$24
1½ hours	\$40	\$37
2 hours	\$54	\$39
2½ hours	\$67	\$61
3 hours	\$76	\$69
3½ hours	\$89	\$80
4 hours	\$104	\$94
4½ hours	\$116	\$105
5 hours with meal	\$142	\$128
5 hours without meal	\$130	\$117

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**Briefs** *continued from page 1***Spouse has right to work**  
by Rudi Williams

One of former Secretary of Defense Caspar W. Weinberger's final actions before resigning was signing a memorandum to the service secretaries affirming the right of military spouses to work, attend school or serve as volunteers without interference from commanders.

Weinberger's memorandum was prompted by DoD efforts to improve job opportunities for spouses and by reports of resistance to spouse employment at some military bases.

"The policy of the Department of Defense is that no commander, supervisor nor other DoD official will, directly or indirectly, impede or otherwise interfere with the right of every military spouse to decide whether to pursue and hold a job, to attend school or to serve on a volunteer basis, either on or off base," Weinberger emphasized in the memorandum.

The decision whether to work outside the home, to be a homemaker or to perform volunteer services belongs to the spouse alone, the edict stated.

Weinberger noted that whatever spouses choose to do should not be held against the service member. "No military member will be adversely rated or suffer any adverse consequences from the decision of the member's spouse...nor shall a spouse's employment be a consideration in either assignments or promotions," the letter read.

"Military spouses have a proud heritage of volunteer assistance to their military and civilian communities," Weinberger said in lauding spouses for enhancing the quality of life in their communities through "their contributions in clubs, emergency aid agencies and other family support activities..."

The increasing numbers of military spouses seeking full- or part-time employment "contribute to the financial well-being of their families, often gain a sense of accomplishment and forge links at their workplaces, whether they work in the government or the private sector..." Weinberger said.

A DoD directive will follow the memorandum.

American Forces Information Service

**Child care center** *continued from page 1*

Directorate of Engineering and Housing (DEH) who put in a lot of overtime to work on the maintenance of the buildings.

The reopening project was led by Jan McConnell, director of the child care center at Fort Carson, Colo.

"Everything we've done for the past three weeks has been for the children," she said. McConnell's center was singled out as a model child care facility in a briefing to Army, Navy, Marine Corps and Air Force commanders. The design of her

facility is being reviewed for Army-wide adaptation.

"The Army has a lot of ten minute tapes titled 'You Were There.' That situation applies to the Presidio of San Francisco," Gorley said. He remarked that there was a need for help; for money and for manpower, resources and technical advice. People came from other FORSCOM installations and Presidians volunteered in strength.

To the parents in the audience Gorley said, "You were there."

**Quarters of Excellence**

What a way to end the year—being chosen as having one of the Presidio of San Francisco's "Quarters of Excellence" for December.

Four officers and two enlisted soldiers and their families were honored Dec. 15 for the quality and care that they put into their living areas. Attention to appearance and care of housing areas helps to heighten the overall quality of life on post.

Here are December's winners:

- Maj. Henry T. Howell and wife Magdalene, 428B Amatura Loop;

- Maj. Linda Merwin and children Eliza and Gordon, 1280C Lendrum Avenue;

- Lt. Col. John S. Williamson and wife Lynda, 1403A Washington Avenue;

- Lt. Col. Donald E. Hall and wife Vicki, 1815B Wyam Avenue;

- MSgt. Johnny Chargualaf and wife Grace, 760A Portola Street; and

- MSgt. David A. Holskil and wife Eloise, 859 MacArthur Avenue.

**PSF Idea of Excellence**

This week's idea comes from Lori Kicinski. Kicinski suggests that the post conduct a Parents/Kids Day, where parents may bring their children to the job site. The activity would feature an open line of communication between parents and their children whereby the children would see firsthand what it is that Mom or Dad do, all day long, 40 hours per week.

Kicinski also suggests that this activity would help youth identify where their parents are, and what they do. Also, it would promote a better understanding of the dual career/parent role.

This idea could be conducted during National Children's Week, or during a similar period. But, according to Kicinski, this activity should not be held in conjunction with any organization day or specific event.

In response to Kicinski's idea, the Family Support Division, Directorate of Personnel and Community Activities (DPCA) is planning to have Parents' and Kids' Day in May, during the Month of the Military Child.

Kicinski submitted an idea that she felt could help improve the quality of life on the post. You can do the same by visiting the Presidio Ideas Office, Bldg. 220, or by calling 561-IDEA. Your idea will be greatly appreciated. Go ahead, submit your idea today.



To our readers: The Star Presidian will not publish Dec. 25 and Jan. 1. Have a happy and safe holiday season.

**In memoriam****Lt. Col. Donald M. Hoag**

Memorial services for Lt. Col. Donald M. Hoag, 43, commander, 445th Civil Affairs Company, Oakland Army Base, were held Dec. 12 at the post Main Chapel.

Hoag was among 43 people who died Dec. 7 when PSA flight 1771 crashed in San Luis Obispo as it headed to San Francisco International Airport from Los Angeles.

The reserve officer served for 14 years, from 1972 to 1986, at the Presidio in various positions within the 6211th US Army Garrison.

Following his assignment at the Presidio, Hoag served as the deputy assistant chief of Staff, Personnel and Administration for the 351st Civil Affairs Command, Mountain-

view, Calif. from Jan., 1986 to May, 1987.

Hoag assumed command of the 445th in May, 1987 and recently led his reserve troops through Proud Scout/Mobex '88 Nov. 14 and 15 at Parks Reserve Forces Training Area near Dublin, Calif.

Hoag, who had a total of 20 years of commissioned service within the Army, is survived by his wife, Holly; daughter, Marie; son, Michael; sister, Kathleen E. Dempsey; and mother, Jeanne Mitchell Hoag.

Among those present at the memorial service were Lt. Gen. James E. Moore, commander, Sixth U.S. Army, Presidio; Brig. Gen. Paul E. Vally, commander, 351st Civil Affairs Command; and Col. Joseph V. Rafferty, commander, Presidio.



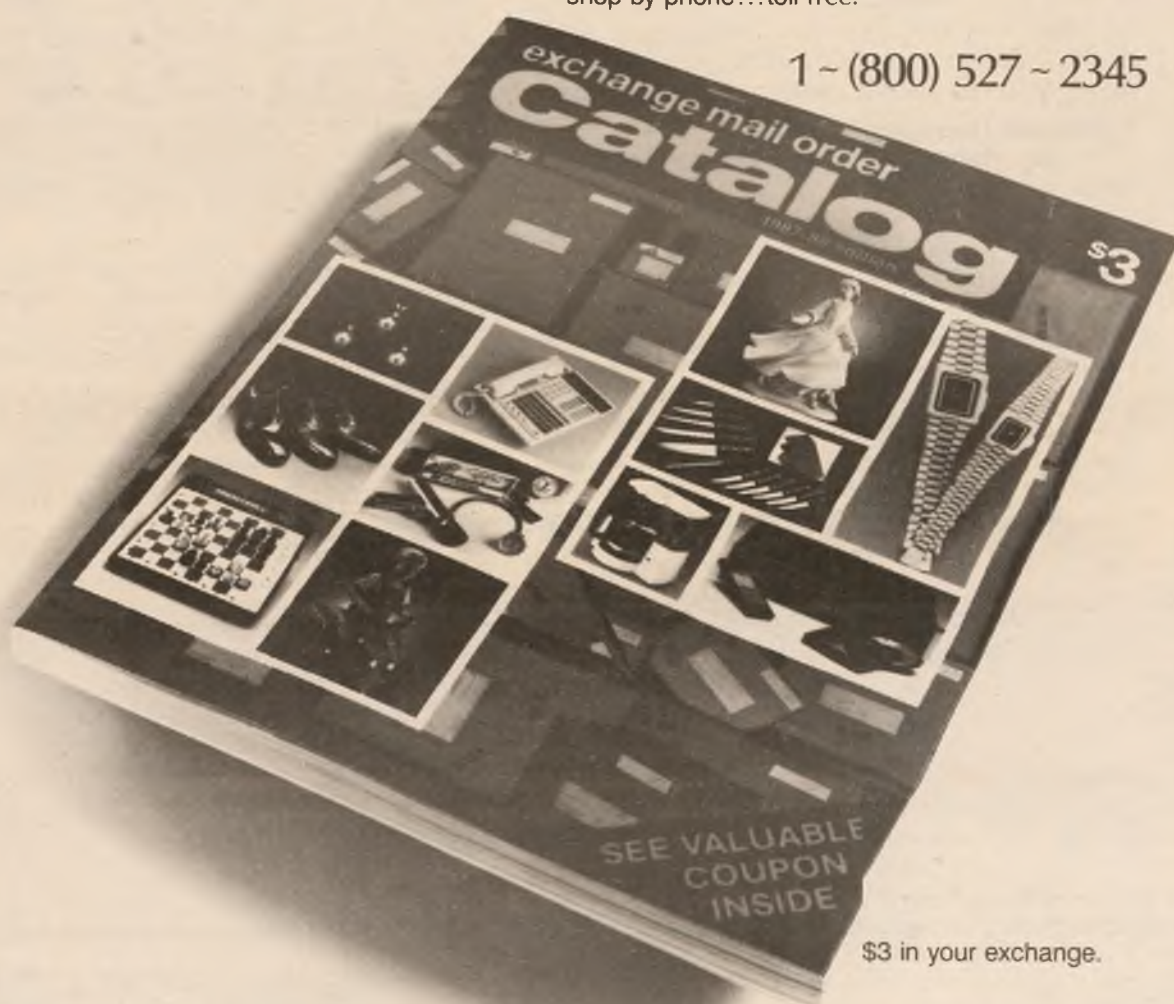


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## Soldiers and Civvies

# Army regs determine value of Christmas gifts

If it's the thought that counts in gift-giving, then that axiom should apply particularly to those gifts given and received among government personnel.

But sometimes too few of us give enough thought to the propriety side of such gift-giving situations as farewells to departing senior officials, retirement ceremonies and send-offs to highers-up headed for Permanent Change of Station.

During these occasions, and particularly during the upcoming gift-giving season, all we need to do to stay on the right side of the propriety line is to get acquainted with the right regulation and to exercise common sense.

That common sense relates to interpreting and applying the guidance published in Army Regulation 600-50 (Standards of Conduct). Occasionally, Army officials are called into cases where there need not have been cause for concern had the parties involved—ranging from general officers to non-commissioned officers—merely taken the time to check out the regulation.

Most officials will tell you that the quickest way to do that is to consult with your unit's Ethics Officer. That person, normally assigned to the Command Staff Judge Advocate's Office, can help you avoid what might turn out to be not just a violation of the "reg" but also a boomerang. Little does it do to plan and produce a special gift-giving ceremony in honor of a revered higher-up if the end result casts embarrassment on both you, the giver, and the receiver.

Now, no-one along the chain of command prefers that you ignore the contributions of, say, a departing battalion commander. Indeed, hardly anyone would fail to acknowledge the spirit of gratitude and camaraderie symbolized by such gifts as artistically designed certificates, unit-

crest-adorned wall plaques and personalized mementoes.

But supposing, for example, that the certificate is to be accompanied by an expensive, custom-made frame—toward which contributions are being solicited from the commander's subordinates. That's a no-no. The expensive frame escalates the certificate's intrinsic value to the point that you must consider the total value of the gift. No longer is it a token. In terms of regulatory guidance, it now becomes a taboo.

Here's some more clarification: don't try to "skirt" the regulation by purchasing gift items at low individual cost when the final gift presented constitutes a complete set that has high dollar value. For example, several subordinate units purchased a golf club for the boss when the overall intent and outcome was an expensive set of clubs. A similar occurrence could involve the purchase of a set of crystal—each unit purchasing a component of the set while the overall cost is several hundred dollars.

Even a farewell luncheon for one's superior can be troublesome, especially if in the funding process someone decides to tack on an extra sum for each attendee to contribute toward the departee's gift. Such captive-donor solicitations must be avoided.

Of course, collecting of funds should be truly voluntary. This means no "fair share" imposed on prospective givers; no records-keeping as to who gives and who doesn't; no other kind of pressure exerted, either by boss or peer. A tell-tale sign of such pressure often is implied by the very expense of a gift that exceeds nominal value.

Sometimes the pressure comes in the form of what may be called "one-upmanship," where two or more elements of a unit strive to outspend each other in bestowing gifts upon the departing commander. Again, this practice can backfire by pro-

mpting an investigation as to impropriety—thus embarrassing everyone concerned.

In their zeal to commemorate their departing commander's achievements, some leaders, who traditionally wield considerable power among the troops, have been known to abuse their authority by staging exorbitant gift fund-raisers. Officials point out that these senior persons, above all, should know better than to subject their subordinates to such a practice as, for example, having the unit's enlisted soldiers try to show up its officers by collecting the most money for the gift.

They all should realize, officials say, that in the final analysis the commander simply may not accept the gift, anyway. If he does, he violates the regulation. All this extra effort and heartache could be avoided if the gift-givers would check first with their ethics counselors.

Once in a while, officials learn of a case where government resources (including property and services) have been used as gifts. For example, mementos have been fashioned out of helicopter rotor blades for presentation to retiring aviators. You may not, ever, consider any government property as communal property for such purposes—no matter how innocent your intent. In the case of wall plaques, this means that the adorning unit crests must be bought, not "lifted" from official supply channels. Having graphics specialists spend government time and materials on preparing farewell portraits, posters and certificates also falls into the no-no category.

The 1986 edition of AR 600-50 is undergoing a revision that will update Army policy on the matter of gift-giving among Army personnel. One of the proposed changes would specify a limitation of the dollar value of gifts. The next edition of the regulation is scheduled for publication in a few months.

Army News Service

## CPO vacancies

**Administrative Technician (typing), GS-303-6**, located at Letterman Army Institute of Research, Directorate of Combat Trauma Management, Military Trauma Research Division, Presidio of San Francisco (PSF). The area of consideration is PSF only. The closing date for applications is Dec. 28.

**Requirements:** One year general experience; 2½ years specialized experience. Applicants must have served at least one year at or above the GS-5 level in the Federal service. For this position, contact Gloria Dixon, personnel staffing specialist, AUTOVON 586-5755, or commercial, (415) 561-5755.

**General Engineer, GS-801-9/11/12**, located at Headquarters, Sixth U.S. Army, Office of the Engineer, Presidio of San Francisco. The area of consideration is Army-wide. The position will remain open until filled.

**Requirements:** For GS-9, at least one year at or above the GS-7 level; for GS-11, at least one year at or above the GS-9 level; for GS-12, at least one year at or above the GS-11 level in the Federal service. For this position, contact Millie Ibe, personnel staffing specialist, AUTOVON 586-5752, or commercial, (415) 561-5752.

**Lead Payroll Clerk, GS-544-6**, located at DRM, F&AD, Pay and Exam Branch, Civilian Pay Section,

Presidio of San Francisco (PSF). The area of consideration is all organizations receiving civilian personnel service from the PSF Civilian Personnel Office. The closing date for applications is Dec. 28.

**Requirements:** One year general experience; 2½ years specialized experience. Applicants must have served at least one year at or above the GS-5 level in the Federal service. For this position, contact Gilbert Catano, personnel staffing specialist, at AUTOVON 586-5752, or commercial, (415) 561-5752.

**Biological Laboratory Technician, GS-404-7**, located at Letterman Army Institute of Research, Environmental Hazards Directorate, Pathology Division, Presidio of San Francisco (PSF). The area of consideration is all organizations receiving civilian personnel service from the PSF Civilian Personnel Office. The closing date for applications is Dec. 28.

**Requirements:** For Grade GS-7, 2 years general experience; 3 years specialized experience comparable in level of difficulty and responsibility to the next lower grade, or 2 years comparable to the second lower grade in the Federal service. For this position, contact Gloria Dixon, personnel staffing specialist, at AUTOVON 586-5755, or commercial, (415) 561-5755.



photo by Pleasant Lindsey

Lt. Col. Timothy P. Gilbert, commander, Headquarters Command Battalion, shouts encouragement to PFC Greg Love of Law Enforcement Company during the Iron Man swimming event.





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## Holiday reminders

# Locked out: 3,000 stuck outside post quarters yearly

by Steve Morey

It's 7:10 a.m. and you've got exactly five minutes to get to formation. You hurry down the stairway, grab your headgear and rush out of your quarters, slamming the door behind you. As you approach your destination you realize you've left your keychain on the dining room table inside your locked quarters. You think, "No problem. I'll just call the MP's when I get home at the end of the day. They should have a few extra minutes to help me get back into my quarters."

Think again.

The Presidio MP's (Military Police) may not have "time" to help you in your time of carelessness. The same could be true for the Presidio Fire Department (PFD) or the locksmiths at the Directorate of Engineering and Housing (DEH).

Anytime you lock your keys inside your post dwelling (whether quarters or guest housing) you may require the services of any or all three of the mentioned Presidio units. Each "lockout" may take anywhere from 20 minutes to several hours to rectify, depending on the personnel available, time of day and if the lockout involves an emergency or life-threatening situation.

The latter two situations usually involve a small child locked inside the dwelling; or a pot of food still bubbling away atop the stove.

According to officials from the Provost Marshal's Office (PMO) and PFD, a lockout involving only an emergency is when their personnel will act swiftly.

Other times, the person locked out must wait until the units' personnel are available.

"We get approximately seven to 10 calls (for lockout assistance) per day, seven days a week," SSgt. Dennis O'Brien, physical security inspector for PMO, said, "most of the calls are received by our staff after duty hours," he said, adding that there isn't any particular time of the year when more lockouts occur.

PMO's crime prevention NCOIC, SSgt. James Frazier, said, "When we get called to assist someone after duty hours, the process becomes more involved. During the day, our MPs can handle the job."

"But after hours, especially in the



**Don't get locked out this Christmas.**

early morning hours, we need the assistance of the Fire Department," Frazier said. "That's when it becomes a problem."

The sergeants explained the procedure for handling a locked-out Presidian, suggested reasons why this occurs and offered helpful hints to help prevent a lockout from happening to you.

**Help!**

If you should happen to be among the nearly 3,000 locked out Presidians every year, your first call (during weekday hours) should be to DEH's work order desk at 561-4505. A staff locksmith is summoned to DEH to pick up the extra key for the person's dwelling. The locksmith then accompanies the person to his or her quarters or guest housing to unlock the door.

However, as Frazier and O'Brien were quick to point out, after duty hours assistance is more complex. A person locked out of his or her dwelling should call the MP desk at 561-2251, 561-2252 or 561-2253. MP personnel would then call the post staff duty officer (SDO).

"(The SDO) is the only person authorized to call the fire department to have them go and get the keys from DEH's key shop," Frazier said. "The fire department brings the entire ring of keys, which must have a thousand keys on it, back to the fire station and calls us."

"We send a patrol over to the station, pick up the keys and go to the person's dwelling to unlock the door," Frazier said the individual must also *produce proper military*

*identification proving he or she lives in the dwelling.*

O'Brien said that many problems can occur during the procedure to assist a Presidian. "Sometimes the person has removed or replaced the standard lock on the door. Since we don't have a copy of the key for that new lock," O'Brien said, "the residence must be forcibly entered by the locksmith the next day, unless it's an emergency which we would handle on the spot. This may cause damage to the building which the resident must pay to repair."

According to Army Regulation (AR) 420-70, Paragraph 2-19.a General, "Installation and maintenance of locks, latches, or other locking devices on doors, built-in closets and cabinets, performing more important duties, approved vendor; a certificate of time frame is the period of Dec. 20 561-4220, or 561-3914."

Frazier said that Presidians who violate this regulation and lock themselves out of their dwelling have the option of forcibly entering their building; or having to pay a civilian locksmith to unlock the door.

"Either way, if that person was less careless, these problems could be avoided," he said.

Frazier added, if a Presidian has a malfunctioning outside door lock—don't "fix" it yourself. He said to call the DEH work order desk for proper repair or replacement.

Another problem with lockouts is when the SDO is making his or her rounds, performing building security checks on post. Frazier said the

locked-out individual must wait, sometimes for an hour or two, for the SDO to return because he or she is the only person authorized to contact PFD.

Additionally, Frazier and O'Brien mentioned PFD and their priorities in terms of answering calls for help on post. Barry Gaab, assistant chief for PFD, said having to go to the DEH key shop may pull department personnel away from an actual Presidio emergency.

**Tie-ups**

"The biggest problem (with a lockout)," Gaab said, "is that it ties up both a Military Police (patrol) unit and one of our fire units for...15 to twenty minutes to a half hour. If you add the time that it takes us to go down to get the key and to send a Military Police unit over here, you're probably talking a good hour of work that could otherwise be spent doing something more productive."

Gaab said there have been times when the rescue squad was at the key shop when PFD had to answer a resuscitation call; or help at an automobile accident on the other end of post. The rescue squad personnel had to lock the key shop and respond, which takes a few extra minutes.

"In a CPR (cardiopulmonary resuscitation) case that three or four minutes is a critical, critical point," Gaab emphasized.

The assistant fire chief said people who lock themselves out of their dwelling should just "think of how many problems are caused, and the number of other services on post which are tied up, just going to get that key."

Although Gaab admits there are legitimate excuses for being locked out of your home, he said the majority of people are careless.

O'Brien and Frazier stressed exactly that point: carelessness, as well as absent-mindedness, as the cause for Presidians who lock their keys inside their home.

As for preventive measures, the PMO sergeants suggest having an extra set of keys handy, possibly leaving them with a trusted neighbor. And by all means, they said, don't replace your current outside door lock with your own lock and key set.

Your forgetfulness in this matter could prevent the MPs or PFD from performing more important duties.

## Use of trees in quarters regulated for Presidians' safety

by Fred Bartow, Fire Inspector

Natural Christmas trees, owing to their susceptibility to fire, should be used for only 15 days. The suggested time frame is the period of Dec. 20 through Jan. 3. Natural trees which are to be installed in a place of assembly (club, church, theatre, dining room, health care or day care facility, and BOQ or BEQ) are to be treated with flame retardant by an approved vendor; a certificate of treatment will be provided to the Fire Prevention and Protection Division. Placement of trees in public assembly

and office areas will be subject to Fire Department inspection and approval. However, it is recommended that an artificial tree, (UL listed) be used instead. Contact the post fire inspector for further information at 561-4220 or 561-3914.

Natural Christmas trees used in quarters should be kept from drying out by means of placing the tree in a stand which has a container full of water. If the tree is kept this way, it will be more resistant to fire. Keep in mind that the natural tree will still be

volatile, and care is essential during its use. All natural trees should be checked daily for excessive dryness (falling needles, brown or loss of color). These trees should be removed or replaced to reduce any hazard regardless of permitted time display periods.

Christmas decorations must be non-combustible. Lights and lighting sets for all trees, natural and man-made, should be UL listed (or equivalent) and in good operating condition. Burning scented or decorative candles and

similar open flame devices in barracks, OQ, and similar sleeping occupancies is prohibited. Trees, both natural and man-made, shall not block exits, aisles, or be close to any ignition source (heater, stove, room lighting, etc.). Christmas tree lighting shall be turned off when unattended. Burning of candles on trees (European custom) is strictly prohibited.

Unit/Building fire marshals and family quarters occupants will ensure that these safety requirements are met and maintained.



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# Feature

## Battalion celebrates birthday with inter-unit competition



photo by Steve Morey

The cooks of Company C, 864th Engineers joined forces to barbecue chicken, make hamburgers and prepare the battalion's birthday cake. These soldiers like the results.

Headquarters Command Battalion celebrated its fourth birthday with a battalion Organization Day, Dec. 16.

Five units competed for points in the day's events. The units included Headquarters Company; Law Enforcement Company (LEC); Company C, 864th Engineer Battalion; 16th Ag (Postal); and the Sixth U.S. Army Band.

The commanders and first sergeants of each unit formed teams and competed in the Commanders/First Sergeants Stakes. LEC won this event which started with the mud pit low crawl, went to the hand grenade toss, and followed by a wheelbarrow race. Then the teams had to assemble and disassemble the M16 rifle. The event was timed.

The Sixth U.S. Army Band won the pool tournament; Capt John F. Duffy and Sgt. Jose Siguera, of 864th won the Iron Man competition; 16th AG (Postal) won the volleyball tournament; the battalion commander, Lt. Col. Timothy P. Gilbert, representing Headquarters Company, won the horseshoes toss; Headquarters Company won the guidon race (rather convincingly); and 864th won the equipment pull and the general purpose tent competition.

The chess competition ended in a tie, but the suspense is still in the air. A tie-breaking competition will be held to determine a chess champion.

864th and Headquarters Company ended the day tied for first place.

SGM Anthony F. Costa, Headquarters Command Battalion, said the weather was a deterrent, but the spirit of the "always ready battalion" made it a success.

"We do a lot of things very, very well," Gilbert said. "Congratulations to every unit that participated, and happy birthday."



photo by Pleasant Lindsey

SP4 Edward Bradshaw and SP4 Matthew Peska, Headquarters Company, sprint from the swimming pool to begin the cross-country leg of their Iron Man event.



photo by Steve Morey

Soldiers from 864th race to erect the general purpose tent.



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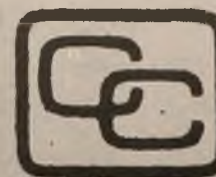
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# Sports

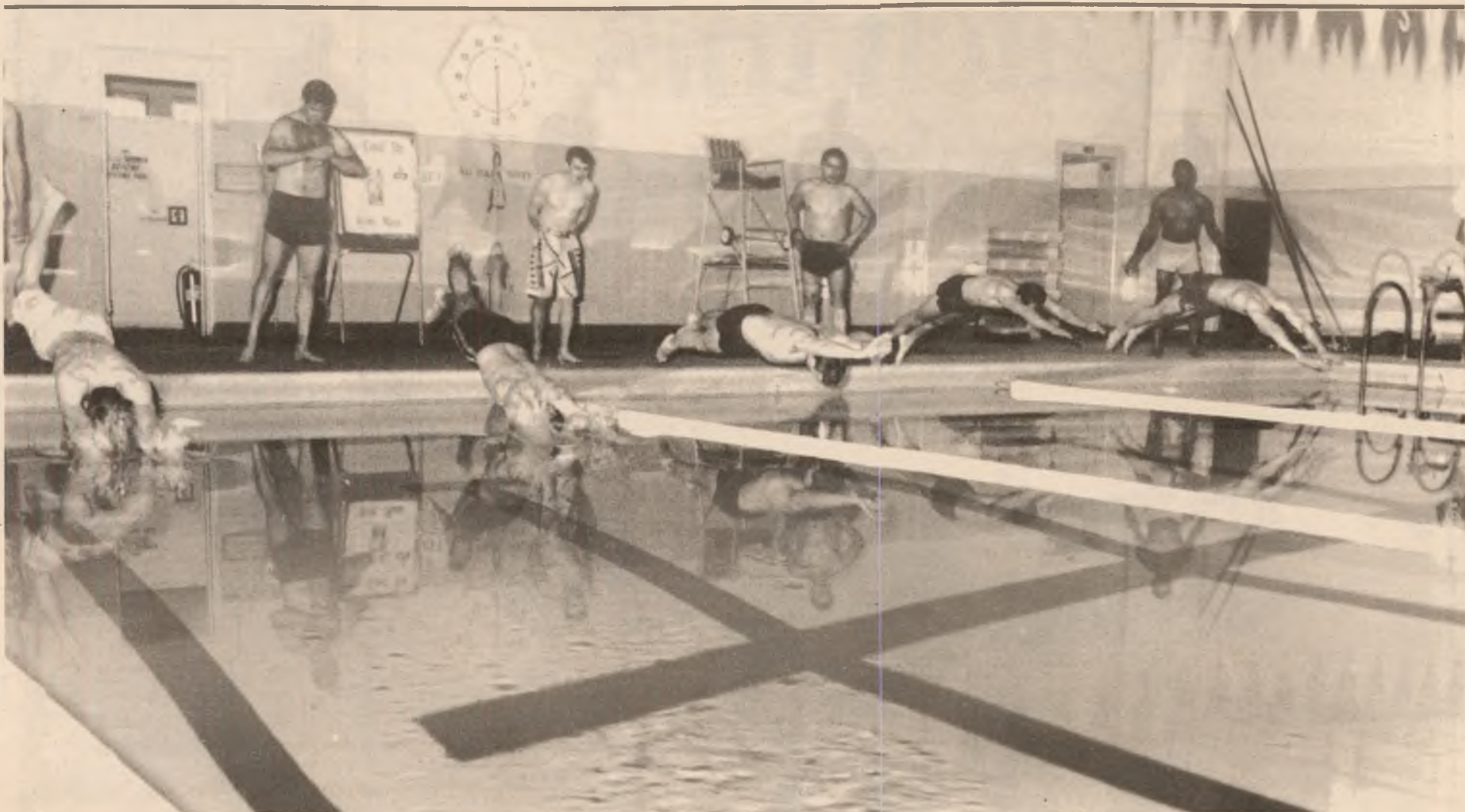


photo by Pleasant Lindsey

Soldiers dive into the first event of the Iron Man competition, one of many events featured in Headquarters Command Battalion's Organization Day.

## Sports Notes

### Christmas tournaments

The Presidio Sports Branch will host several different tournaments during the Christmas holidays. Tour-

naments are open to all military personnel, family members 19 years or older and Department of the Army civilians who are assigned or attached to the Presidio. All competition will be held Monday through

Wednesday and Dec. 28 to 30, from 11:30 a.m. through 5 p.m.

Organizational meetings will be held at Post Gym No. 1 as follows:

Teams must be comprised of personnel within the same unit/organization.

**3-on-3 Basketball** (half court): participants must be 30 years old or older; 12:30 p.m. Tuesday, Post Gym No. 1.

Teams or individuals who wish to participate may enter by calling 561-5032. Entry deadline is Tuesday.

## Slap Morey's picks of the week

**HI FOLKS!!!** I'm filling in for my buddy Jimmy the Freak, as he recovers from a not-so-stupendous record of 3-5 in last week's picks. Poor Jimmy, so close to retirement and the players had to go on strike. He's tried soooooo hard to make the best of a topsy-turvy football season. His crystal ball, tarot cards, voodoo dolls and astrology charts have all failed him. Jimmy's been picking so many upsets lately his stomach decided to follow suit. Oh well, like they say, there's always next year (seems as though those Detroit Lions of mine have been saying that since 1957). In any event, I've gone ahead and picked the winners of next week's games. If you're a betting soul, put all of your money on the Slap. Haven't been wrong on any predictions since Slippery Rock versus Wayne State University in 1964. Then again, I was only a proverbial knee-high at that time so what do I know. I'll tell you what I know: I can back up most of the stuff I write—half the time. Have a fun-

filled, football holiday season. Jimmy should return Jan. 8, if the Bromo-Seltzer works its magic....

### San Francisco 34, Atlanta 28

The 'Niners return to the 'Stick following their earth-shattering slam-dunk of the Bears. Young should throw for three and run for another. Atlanta seems to be happy with their coach after extending his contract another year. Hmmm, let's see, 3-10, 30 percent winning rate, makes sense to me.

### Buffalo 13, New England 10

The Bills win on a last second field goal propelled by a 70-mph gust of wind off of the Great Lakes. New England cries foulplay and revvvvvs up the ol' snowplow to sneak in a field goal of their own. Darn thing conks out, though.

### New Orleans 27, Cincinnati 17

No contest as the cagey Cajun, Bobby Hebert, runs circles around the Bengals. If the weather in the Midwest holds true, it should be right around freezing with two feet of snow on the ground. Hebert is used to the cold—he used to play for the Michigan Panthers, remember?

### Indianapolis 30, San Diego 28

Both teams fighting for first place in their respective divisions. Should be the game of the week to watch. Fouts (is he still playing?) against a very stingy IncY defense. Look for a trick play in this game to turn the tide.

### Cleveland 38, Los Angeles Raiders 20

This one's for Jimmy. If the ol' slap can't predict the Raiders to lose, who can? Berne Kosar will light up the California skies with fireworks as

the little boys in silver-and-black sit back and say, "OOOOH" and "AAAAAAHH."

### Kansas City 27, Denver 26

I honestly don't know why but it looks good. I honestly don't know much about either team, but that's never stopped me before. The Broncos inhale too much of the "Mile-High" air and miss a crucial extra-point.

### Rose Bowl, Jan. 1 Michigan State University 34, Univ. of S. California 22

You read it here first, folks. My boys from East Lansing play their best game ever west of the Red Cedar River. Lorenzo "I deserved the Heisman two years ago" White and cohorts will dig up the turf and spew it in the faces of the Trojans. Funny name for a team. Maybe they should advertise in San Francisco.



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# Community Calendar

## Children's party

Youth Activities is sponsoring a children's Christmas party Saturday from 2 to 4 p.m. at the Log Cabin. Games, songs, a puppet show and a visit from Santa are all a part of the festivities. Children ages 3 to 12 years are invited. The party is free, and refreshments will be served.

## Skaters trip in TI

There will be a Pre-teen (ages 6 to 12) and Teen (ages 13 to 19) skating trip to Treasure Island on Dec. 21 and 30, from 1 to 3 p.m. The bus leaves at 12:30 p.m. both days and returns at 3:30 p.m. The cost is 75 cents with skates, \$1.25 without skates. For more information call Youth Activities at 561-5143.

## Museum closed

The Presidio Army Museum will be closed to the public on Sunday and Dec. 18.

## Commissary hours change

Effective Dec. 15, the Commissary will change its operating hours on *Tuesday only*. The present operating hours (10 a.m. to 6 p.m.) will be changed to 11 a.m. until 7 p.m. The new Tuesday hours will give patrons one additional late shopping night each week.

## West Point Academy testing

Post Gym No. 1, Bldg. 63 will be used for the testing of candidates for the West Point Academy on Jan. 24. The basketball court and exercise room will be closed from 9 a.m. to 12:30 p.m. It will reopen upon completion of the test. All other parts of the gym will be open as usual. Post Gym No. 2, bldg. 1152 will be open on this day from 9 a.m. to 12:30 p.m.

## Dance exercise classes

All aerobics classes will be free Jan. 4 to 7. Join us at 11:30 a.m. or 4:30 p.m., Monday through Thursday. Classes are held in the Nautilus Room. Everyone is invited. Classes are cancelled at 4:30 p.m. from Dec. 14 to Jan. 4. The 11:30 classes will end on Wednesday, Dec. 16 until Jan. 4.

## Discount tickets

The ITT Office is offering an array of discount tickets for upcoming events. Brief descriptions of these



## Run wild

The 12th Annual San Francisco Zoo Run takes place Sunday, January 24. The zoo expects approximately 7,000 people this year, so register now, by calling 661-2023.

events are listed below. ITT is located in Bldg. 135 (Golden Gate Community Club) in the left alcove off the main lobby. Operating hours are: 9:30 a.m. to 6 p.m., Tuesday through Saturday. Phone number is 561-3992.

### Dickens Christmas Faire

The Dickens Christmas Faire is running weekends through Sunday, Dec. 20 at Pier 45, Fisherman's Wharf. The fair, which is being held indoors, is open 10 a.m. to 9 p.m. Saturdays and 10 a.m. to 7 p.m. on Sundays. Some of the Victorian highlights are: The Children's Christmas Pantomime; Music Hall Sing-A-Longs; Winter Waterfront Marketplace of Rare Crafts; and Feast Foods of the Season. Participants are invited to dress for the Victorian holidays. Tickets are available at ITT for \$8.50.

### Warriors basketball

Enjoy Warrior Basketball with the ITT office. A great selection of

tickets are on hand. Plan on visiting this office soon, as the most popular games, such as the Los Angeles Lakers and the Boston Celtics, go quickly. So, "What are you waiting for?" Call ITT right now at 561-3992.

## Service Director

**Job Opening:** The Presidio Child Development Center is currently hiring two new Child Development Services directors, GS-8. Starting salary is \$20,333 per year. Contact Jackson Roach at 561-5740 for application information.

## Band leaves

The Sixth U.S. Army Band will be on Christmas Blanket Leave from Monday until Jan. 4.

No bugle commitments or band commitments will be accepted.

## Semi-formal boogie

A Christmas Semi-formal Dance will be held tonight from 8 to 11:30

p.m. at the Log Cabin. Gifts will be exchanged there as well. At \$3 per person, this dance is open to military I.D. card holders and one guest, 13 to 19 years.

## Fort Scott Christmas program

Fort Scott Gospel Service will present their 2nd annual Christmas Program entitled, "Looking for Jesus," Sunday at 7 p.m. in the Fort Scott Chapel. Everyone is invited.

For more information, call SSgt. Henry Lacking at 561-2021 or 561-2566; or SSgt. Douglas Landrum at 561-3451.

## Achieve better clerical skills

The Fort Scott Education Center, Bldg. 1216, offers free classes in typing, work processing and preparing correct correspondence from Jan. 11 until March 11. Military Correspondence meets Tuesday through Friday, 7:30 to 9:30 a.m. This course will cover forms for military letters, messages, endorsements, disposition forms and memos. Beginning and Intermediate Typing and Introduction to Word Processing meet Tuesday through Thursday, 9:30 to 11:30 a.m., and Friday 9:30 to 10:30 a.m. To enter Intermediate Typing you must already know the keyboard and type 20 words per minute; to enter Word Processing you must type 40 words per minute. Register now by calling 561-2974 or 561-4445. Open to soldiers, Army civilians and adult family members.

## OWC College Mixer

The Presidio Officers' Wives Club will be sponsoring their annual College Mixer at the Presidio Officers Club on Dec. 27 from 7 to 10 p.m. All Presidio personnel, military and civilian, active and retired, family members who are of college age (18 to 26) are invited. Come make new friends and renew old acquaintances. Please bring any tapes you may have with your favorite music. For further information call Barbara Glichenhaus at 567-0682.

## Teen gardening

Youth Activities will begin a program for teens who are interested in gardening for payment on the Presidio. Youth Activities will collect names and refer to any interested Presidian who needs some yard work done. So if you are interested in working please call Youth Activities at 561-5143 or 561-5910, or come to the office in Bldg. 1331, Fort Scott Area.

## At the movies

### Presidio Theatre

Fri, Dec. 18	Someone to Watch Over Me (R)
Sat, Dec. 19	Benji, The Hunted (G)
Sun, Dec. 20	Hello Again (PG)
Mon, Dec. 21 thru Thu, Dec. 24	Closed
Fri, Dec. 25	The Sicilian (R)

7 p.m.  
7 p.m.  
7 p.m.  
  
7 p.m.

### Hamilton Theater

Fri, Dec. 18	Dragnet (PG-13)
Sat, Dec. 19	Allnighter (PG-13)
Sat, Dec. 19	Light of Day (PG-13)
Fri, Dec. 25	The Kindred (no rating)
Sat, Dec. 26	Benji, The Hunted (G)
Sat, Dec. 26	Death Before Dishonor (R)

7 p.m.  
1 p.m.  
7 p.m.  
  
7 p.m.  
1 p.m.  
7 p.m.



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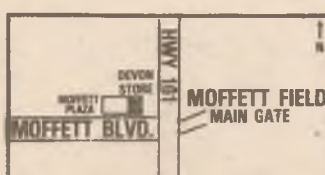
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